# Information-Theoretic Guarantees for Recovering Low-Rank Tensors from Symmetric Rank-One Measurements

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## Abstract

We investigate the sample complexity of recovering tensors with low symmetric rank from symmetric rank-one measurements, a setting particularly motivated by the study of higher-order interactions in statistics and the analysis of two-layer polynomial neural networks. Using a covering number argument, we analyze the performance of the symmetric rank minimization program and establish near-optimal sample complexity bounds when the underlying distribution is log-concave. Our measurement model involves random symmetric rank-one tensors, leading to involved probability calculations. To address these challenges, we employ the Carbery-Wright inequality, a powerful tool for studying anti-concentration properties of random polynomials, and leverage orthogonal polynomial expansions. Additionally, we provide a sample complexity lower bound via Fano's inequality, and discuss broader implications of our results for two-layer polynomial networks. **Keywords:** Symmetric tensors, tensor recovery, rank minimization, covering numbers, low-rank, log-concave distributions.

### 1. Extended Abstract

We study the problem of recovering an unknown, order- $\ell$  tensor  $\mathcal{T}^* \in \mathbb{R}^{d \times \cdots \times d}$  from random measurements of the form

$$Y_i = \langle \boldsymbol{\mathcal{T}}^*, \boldsymbol{X}_i^{\otimes \ell} \rangle, \quad i = 1, \dots, N,$$
(1)

where N is the sample size and  $X_i \in \mathbb{R}^d$  are i.i.d. random vectors with i.i.d. entries sampled from a log-concave distribution on  $\mathbb{R}$ . We assume  $\mathcal{T}^*$  has low symmetric rank, i.e.,

$$\operatorname{rank}_{S}(\mathcal{T}^{*}) := \min\{t \geq 1 : \mathcal{T}^{*} = \sum_{i \leq t} \lambda_{i} \boldsymbol{v}_{i}^{\otimes \ell}, \lambda_{1}, \dots, \lambda_{r} \in \mathbb{R}, \boldsymbol{v}_{1}, \dots, \boldsymbol{v}_{r} \in \mathbb{R}^{d}\} \leq r$$

for some r. This setting arises naturally in the study of higher-order interactions in statistics (Bien et al., 2013; Basu et al., 2018; Hao et al., 2020), where the unknown tensor often exhibits low-rank structure (Sidiropoulos and Kyrillidis, 2012; Hung et al., 2016; Hao et al., 2020). Moreover, our setting is also closely related to the problem of learning two-layer polynomial neural networks, see, e.g., Soltanolkotabi et al. (2018); Du and Lee (2018); Emschwiller et al. (2020); Sarao Mannelli et al. (2020); Kızıldağ (2022); Martin et al. (2024); Gamarnik et al. (2024).

Our main contributions are summarized as follows:

Strong Recovery: We establish that for N = Ω(dr), the symmetric rank minimization program, min<sub>T</sub> rank<sub>S</sub>(T) subject to ⟨T, X<sub>i</sub><sup>⊗ℓ</sup>⟩ = Y<sub>i</sub>, ∀i = 1,..., N, recovers all T\* with probability one. Our proof leverages multiple techniques, including Carbery-Wright inequality for the anti-concentration of random polynomials (Carbery and Wright, 2001), orthogonal polynomial expansions (Lalley; Szegö, 1939), covering number estimates for low-rank tensors (Zhang and Kileel, 2023), and monotonicity of covering numbers (Vershynin, 2018).

<sup>\*</sup> Extended abstract. Full version appears as (K1z1ldağ, 2025).

#### Kizildağ

- Sample Complexity Lower Bound: In a different statistical setting where *T*<sup>\*</sup> is drawn from a discrete space, we establish a sample complexity lower bound: any estimator *T̂* for *T*<sup>\*</sup>, whether deterministic or randomized, incurs an estimation error of at least some δ > 0, unless N = Ω̃(dr<sup>1-γ</sup>), where γ > 0 is arbitrary. To prove this result, we establish a packing number bound for symmetric tensors with low symmetric rank, potentially of independent interest, using a variant of the Gilbert-Varshamov lemma from coding theory (Gilbert, 1952; Varshamov, 1957) derived via the probabilistic method (Alon and Spencer, 2016).
- Implications for Neural Networks: Consider a two-layer neural network of width r, computing ∑<sub>1≤j≤r</sub> a<sub>j</sub><sup>\*</sup>σ(⟨W<sub>j</sub><sup>\*</sup>, X⟩) on input X ∈ ℝ<sup>d</sup>, where W<sub>j</sub><sup>\*</sup> ∈ ℝ<sup>d</sup> and a<sub>j</sub><sup>\*</sup> ∈ ℝ are ground-truth weights, and σ(x) = x<sup>ℓ</sup> is the activation function. Our results provide improved sample complexity bounds in the underparameterized regime, r = O(d<sup>ℓ-1</sup>); they remain competitive in the overparameterized regime, r = Ω(d<sup>ℓ-1</sup>), particularly when a<sub>i</sub><sup>\*</sup> = Θ(1) or when the spectral norm of W ∈ ℝ<sup>r×d</sup> with rows W<sub>j</sub><sup>\*</sup> grows polynomially with max{r, d}.

Our work aligns with a broad literature on low-rank matrix and tensor recovery (Candes and Tao, 2005; Candès et al., 2006; Cai et al., 2010; Eldar et al., 2012; Mu et al., 2014; Rauhut et al., 2017; Cai et al., 2020; Ahmed et al., 2020; Grotheer et al., 2022; Luo and Zhang, 2023). Much of this literature adopts measurement models of form  $Y_i = \langle T^*, X_i \rangle$  for tensors  $X_i$  consisting of i.i.d. sub-Gaussian entries or satisfying the tensor restricted isometry property, simplifying probability estimates. Our approach extends beyond these settings and captures polynomial networks.

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