# Case Vignette Classification - 60 Items

## Emotional & Stress Management (ES)

Case 1 - Exam Anxiety (EA)  
The patient, a 21-year-old student, initially reported difficulties related to exam.  
At first, the issue seemed to be limited to daily challenges, such as academic workload and stress management.  
However, further exploration revealed that underlying interpersonal conflicts and deeper emotional struggles were contributing to the problem. The patient described how one stressor evolved into broader difficulties, ultimately leading to persistent symptoms and impaired functioning in other life domains. This highlights the complexity of overlapping stressors in clinical presentations.

Case 2 - Exam Anxiety (EA)  
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Case 4 - Generalized Anxiety / Excessive Worry (GA.EW)  
The patient, a 21-year-old student, initially reported difficulties related to generalized.  
At first, the issue seemed to be limited to daily challenges, such as academic workload and stress management.  
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Case 7 - Sleep Problems / Insomnia (S.I)  
The patient, a 21-year-old student, initially reported difficulties related to sleep.  
At first, the issue seemed to be limited to daily challenges, such as academic workload and stress management.  
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Case 10 - Depression / Helplessness (D.H)  
The patient, a 21-year-old student, initially reported difficulties related to depression.  
At first, the issue seemed to be limited to daily challenges, such as academic workload and stress management.  
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Case 13 - Workplace Stress (WS)  
The patient, a 21-year-old student, initially reported difficulties related to workplace.  
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## Interpersonal & Social Functioning (ISF)

Case 16 - Social Anxiety (SA)  
The patient, a 21-year-old student, initially reported difficulties related to social.  
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Case 19 - Fear of Rejection (FoR)  
The patient, a 21-year-old student, initially reported difficulties related to fear.  
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Case 22 - Over-Pleasing Tendencies (OP.GDS)  
The patient, a 21-year-old student, initially reported difficulties related to over-pleasing.  
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Case 25 - Teamwork / Group Dynamics Stress (T.GDS)  
The patient, a 21-year-old student, initially reported difficulties related to teamwork.  
At first, the issue seemed to be limited to daily challenges, such as academic workload and stress management.  
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Case 28 - Romantic / Intimate Relationship Issues (R.IRI)  
The patient, a 21-year-old student, initially reported difficulties related to romantic.  
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## Self-Perception & Personal Growth (SPG)

Case 31 - Low Self-Esteem (LSE)  
The patient, a 21-year-old student, initially reported difficulties related to low.  
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Case 34 - Self-Doubt / Perfectionism (SD.P)  
The patient, a 21-year-old student, initially reported difficulties related to self-doubt.  
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Case 37 - Low Sense of Self-Worth (LSoSW)  
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Case 43 - Lack of Motivation / Procrastination (LoM)  
The patient, a 21-year-old student, initially reported difficulties related to lack.  
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## Academic & Career Stress (ACS)

Case 46 - Academic Overload (AO)  
The patient, a 21-year-old student, initially reported difficulties related to academic.  
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Case 49 - Poor Time Management (PTM)  
The patient, a 21-year-old student, initially reported difficulties related to poor.  
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Case 52 - Career Development Anxiety (CDA)  
The patient, a 21-year-old student, initially reported difficulties related to career.  
At first, the issue seemed to be limited to daily challenges, such as academic workload and stress management.  
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Case 55 - Interview / Performance Anxiety (IPA)  
The patient, a 21-year-old student, initially reported difficulties related to interview.  
At first, the issue seemed to be limited to daily challenges, such as academic workload and stress management.  
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Case 58 - Occupational Burnout (OB)  
The patient, a 21-year-old student, initially reported difficulties related to occupational.  
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