
High-Dimensional Calibration from Swap Regret

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Abstract

1 We study the online calibration of multi-dimensional forecasts over an arbitrary
2 convex set $\mathcal{P} \subset \mathbb{R}^d$ relative to an arbitrary norm $\|\cdot\|$. We connect this with the
3 problem of external regret minimization for online linear optimization, showing
4 that if it is possible to guarantee $O(\sqrt{\rho T})$ worst-case regret after T rounds when
5 actions are drawn from \mathcal{P} and losses are drawn from the dual $\|\cdot\|_*$ unit norm ball,
6 then it is also possible to obtain ϵ -calibrated forecasts after $T = \exp(O(\rho/\epsilon^2))$
7 rounds. When \mathcal{P} is the d -dimensional simplex and $\|\cdot\|$ is the ℓ_1 -norm, the existence
8 of $O(\sqrt{T \log d})$ algorithms for learning with experts implies that it is possible
9 to obtain ϵ -calibrated forecasts after $T = \exp(O(\log d/\epsilon^2)) = d^{O(1/\epsilon^2)}$ rounds,
10 recovering a recent result of [Pen25].

11 Interestingly, our algorithm obtains this guarantee without requiring access to any
12 online linear optimization subroutine or knowledge of the optimal rate ρ – in fact,
13 our algorithm is identical for every setting of \mathcal{P} and $\|\cdot\|$. Instead, we show that
14 the optimal regularizer for the above OLO problem can be used to upper bound
15 the above calibration error by a swap regret, which we then minimize by running
16 the recent TreeSwap algorithm ([DDFG24, PR24]) with Follow-The-Leader as a
17 subroutine. The resulting algorithm is highly efficient and plays a distribution over
18 simple averages of past observations in each round.

19 Finally, we prove that any online calibration algorithm that guarantees ϵT ℓ_1 -
20 calibration error over the d -dimensional simplex requires $T \geq \exp(\text{poly}(1/\epsilon))$
21 (assuming $d \geq \text{poly}(1/\epsilon)$). This strengthens the corresponding $d^{\Omega(\log 1/\epsilon)}$ lower
22 bound of [Pen25], and shows that an exponential dependence on $1/\epsilon$ is necessary.

23 1 Introduction

24 Consider the problem faced by a forecaster who must report probabilistic predictions for a sequence
25 of events (e.g. whether it will rain or not tomorrow). One of the most common methods to evaluate
26 the quality of such a forecaster is to verify whether they are *calibrated*: for example, does it indeed
27 rain with probability 40% on days where the forecaster makes this prediction? In addition to
28 calibration being a natural property to expect from predictions, several applications across machine
29 learning, fairness, and game theory require the ability to produce online calibrated predictions
30 [ZME20, GPSW17, HJKRR18, FV97].

31 When events have binary outcomes, calibration can be quantified by the notion of *expected calibration*
32 *error*, which measures the expected distance between a prediction made by a forecaster and the actual
33 empirical probability of the outcome on the days where they made that prediction. In a seminal result
34 by Foster and Vohra [FV98], it was proved that it is possible for an online forecaster to efficiently
35 guarantee a sublinear calibration error of $O(T^{2/3})$ against any adversarial sequence of T binary
36 events. Equivalently, this can be interpreted as requiring at most $O(\epsilon^{-3})$ rounds of forecasting to
37 guarantee an ϵ per-round calibration error on average.

38 However, many applications require forecasting sequences of *multi-dimensional* outcomes. The
 39 previous definition of calibration error easily extends to the multi-dimensional setting where pre-
 40 dictions and outcomes belong to a d -dimensional convex set $\mathcal{P} \subset \mathbb{R}^d$. Specifically, if a forecaster
 41 makes a sequence of predictions $p_1, p_2, \dots, p_T \in \mathcal{P}$ for the outcomes $y_1, y_2, \dots, y_T \in \mathcal{P}$, their
 42 $\|\cdot\|$ -calibration error (for any norm $\|\cdot\|$ over \mathbb{R}^d) is given by

$$\text{Cal}_T^{\|\cdot\|} = \sum_{t=1}^T \|p_t - \nu_{p_t}\|$$

43 where ν_{p_t} is the average of the outcomes y_t on rounds where the learner predicted p_t .

44 The algorithm of Foster and Vohra extends to the multidimensional calibration setting, but at the cost
 45 of producing bounds that decay exponentially in the dimension d . In particular, their algorithm only
 46 guarantees that the forecaster achieves an average calibration error of ϵ after $(1/\epsilon)^{\Omega(d)}$ rounds. Until
 47 recently, no known algorithm achieved a sub-exponential dependence on d in any non-trivial instance
 48 of multi-dimensional calibration.

49 In 2025, [Pen25] presented a new algorithm for high-dimensional calibration, demonstrating that it is
 50 possible to obtain ℓ_1 -calibration rates of ϵT in $d^{O(1/\epsilon^2)}$ rounds for predictions over the d -dimensional
 51 simplex (i.e., multi-class calibration). In particular, this is the first known algorithm achieving
 52 polynomial calibration rates in d for fixed constant ϵ . [Pen25] complements this with a lower bound,
 53 showing that in the worst case $d^{\Omega(\log 1/\epsilon)}$ rounds are necessary to obtain this rate (implying that a
 54 fully polynomial bound $\text{poly}(d, 1/\epsilon)$ is impossible).

55 1.1 Our results

56 Although the algorithm of [Pen25] is simple to describe, its analysis is fairly nuanced and tailored
 57 to ℓ_1 -calibration over the simplex (e.g., by analyzing the KL divergence between predictions and
 58 distributions of historical outcomes). We present a very similar algorithm (TreeCal) for multi-
 59 dimensional calibration over an arbitrary convex set $\mathcal{P} \subset \mathbb{R}^d$, but with a simple, unified analysis
 60 that provides simultaneous guarantees for calibration with respect to any norm $\|\cdot\|$. In particular, we
 61 prove the following theorem.

62 **Theorem 1.1** (Informal restatement of Corollary C.5). *Fix a convex set \mathcal{P} and a norm $\|\cdot\|$. Assume*
 63 *there exists a function $R : \mathcal{P} \rightarrow \mathbb{R}$ that is 1-strongly-convex with respect to $\|\cdot\|$ and has range*
 64 *$(\max_{x \in \mathcal{P}} R(x) - \min_{p \in \mathcal{P}} R(x))$ at most ρ . Then TreeCal guarantees that the calibration error of*
 65 *its predictions is bounded by $\text{Cal}_T^{\|\cdot\|} \leq \epsilon T$ for $T \geq (\text{diam}_{\|\cdot\|}(\mathcal{P})/\epsilon)^{O(\rho/\epsilon^2)}$.*

66 Interestingly, the function $R(p)$ and parameter ρ appearing in the statement of Theorem 1.1 have an
 67 independent learning-theoretic interpretation: if we consider the *online linear optimization* problem
 68 where a learner plays actions in \mathcal{P} and the adversary plays linear losses that are unit bounded in the
 69 dual norm $\|\cdot\|_*$, then it is possible for the learner to guarantee a regret bound of at most $O(\sqrt{\rho T})$ by
 70 playing Follow-The-Regularized-Leader (FTRL) with $R(p)$ as a regularizer. In fact, since universality
 71 results for mirror descent guarantee that some instantiation of FTRL achieves near-optimal rates for
 72 online linear optimization (as long as the action and loss sets are centrally convex) [SST11, GSJ24],
 73 this allows us to relate the performance of Theorem 3.1 directly to what rates are possible in online
 74 linear optimization.

75 **Corollary 1.2** (Informal restatement of Corollary C.6). *Let $\mathcal{P} \subseteq \mathbb{R}^d$ be a centrally symmetric convex*
 76 *set, and let $\mathcal{L} = \{y \in \mathbb{R}^d \mid \|y\|_* \leq 1\}$ for some norm $\|\cdot\|$. Then if there exists an algorithm for*
 77 *online linear optimization with action set \mathcal{P} and loss set \mathcal{L} that incurs regret at most $O(\sqrt{\rho T})$,*
 78 *TreeCal guarantees that the calibration error of its predictions is bounded by $\text{Cal}_T^{\|\cdot\|} \leq \epsilon T$ for*
 79 *$T \geq (\text{diam}_{\|\cdot\|}(\mathcal{P})/\epsilon)^{O(\rho/\epsilon^2)}$.*

80 Theorem 1.1 and its corollary allow us to immediately recover several existing and novel bounds on
 81 calibration error in a variety of settings:

- 82 • When \mathcal{P} is the d -simplex Δ_d and $\|\cdot\|$ is the ℓ_1 -norm, the existence of the negative entropy
 83 regularizer $R(x) = \sum_{i=1}^d x_i \log x_i$ (which is 1-strongly convex w.r.t. the ℓ_1 norm with range

84 $\rho = \log d$) implies that the ℓ_1 calibration error of TreeCal is at most $(1/\epsilon)^{O(\log d/\epsilon^2)} =$
 85 $d^{\tilde{O}(1/\epsilon^2)}$. This recovers the result of [Pen25].

- 86 • When \mathcal{P} is the ℓ_2 ball and $\|\cdot\|$ is the ℓ_2 norm, the Euclidean regularizer ($R(x) = \|x\|^2$) implies
 87 a calibration bound of $(1/\epsilon)^{O(1/\epsilon^2)}$ (notably, this bound is independent of d).

88 It should be emphasized here that running TreeCal does not require any online linear optimization
 89 subroutine, nor any knowledge of these regularizers $R(x)$ or optimal rates ρ . TreeCal has no
 90 functional dependence on any specific $\|\cdot\|$. It achieves $\|\cdot\|$ -calibration at the above rate (Theorem 1.1)
 91 for all $\|\cdot\|$ simultaneously. The TreeCal algorithm is nearly identical¹ to the algorithm of [Pen25] –
 92 both algorithms initialize a tree of sub-forecasters and at each round play a uniform combination of
 93 some subset of them (see Figure 1).

94 The novelty in our analysis stems from the observation that TreeCal is simply a specific instantiation
 95 of the TreeSwap swap regret minimization algorithm [DDFG24, PR24] and can be analyzed directly
 96 in this way. In particular, our analysis consists of the following steps:

- 97 1. First, minimizing calibration error can be reduced to minimizing swap regret, generalizing
 98 an idea of [LSS25, FKO⁺25]. That is, it is possible to assign the learner loss functions
 99 $\ell_t : \mathcal{P} \rightarrow \mathbb{R}$ at each round such that their calibration error is upper bounded by the gap
 100 between the total loss they received, and the minimal loss they could have received after
 101 applying an arbitrary “swap function” $\pi : \mathcal{P} \rightarrow \mathcal{P}$ to their predictions.

102 In fact, any strongly convex function R (w.r.t. the norm $\|\cdot\|$) gives rise to one such reduction,
 103 by setting the loss function $\ell_t(p)$ to equal the Bregman divergence $D_R(y_t|p)$.

- 104 2. Second, the TreeSwap algorithm of [DDFG24, PR24] provides a general recipe for converting
 105 external regret minimization algorithms into swap regret minimization algorithms. We obtain
 106 TreeCal by plugging in the Follow-The-Leader algorithm (the learning algorithm which
 107 simply always best responds to the current history) into TreeSwap.

- 108 3. Instead of analyzing the swap regret bound of TreeSwap with Follow-The-Leader (which
 109 may not have a good enough external regret bound, as discussed in Section 3.3), we instead
 110 analyze the swap regret of TreeSwap with *Be-The-Leader* (the fictitious algorithm that best
 111 responds to the current history, including the current round). Though it is not possible to
 112 actually implement Be-The-Leader due to its clairvoyance, we use it as a tool for analysis. We
 113 then relate the calibration error of TreeSwap with *Be-The-Leader* to that of TreeSwap with
 114 *Follow-The-Leader* using the fact that Be-The-Leader and Follow-The-Leader make similar
 115 predictions.

116 In the above step 1, we will choose R to be $\|\cdot\|$ -norm 1-strongly convex, which guarantees that
 117 $D_R(y|p) \geq \|y - p\|^2$. Going through the analysis, this actually leads to the stronger guarantee that
 118 TreeCal minimizes *squared-norm* calibration error.

119 **Theorem 1.3** (Informal restatement of Theorem 3.1). *Fix a convex set \mathcal{P} and a norm $\|\cdot\|$. Assume*
 120 *there exists a function $R : \mathcal{P} \rightarrow \mathbb{R}$ that is 1-strongly-convex with respect to $\|\cdot\|$ and has range*
 121 *$(\max_{x \in \mathcal{P}} R(x) - \min_{p \in \mathcal{P}} R(x))$ at most ρ . Then TreeCal guarantees that the calibration error of*
 122 *its predictions is bounded by $\text{Cal}_T^{\|\cdot\|^2} \leq \epsilon T$ for $T \geq (\text{diam}_{\|\cdot\|}(\mathcal{P})/\sqrt{\epsilon})^{O(\rho/\epsilon)}$.*

123 Note here we have only singly-exponential dependence on $1/\epsilon$. We arrive at Theorem 1.1 as a
 124 corollary of this result by simply applying Cauchy-Schwarz. Finally, we strengthen the lower bound
 125 of [Pen25] by showing an exponential dependence on $1/\epsilon$ is necessary.

126 **Theorem 1.4** (Informal restatement of Theorem 4.3). *There is a sufficiently small constant $c > 0$ so*
 127 *that the following holds. Fix any $\epsilon > 0, d \in \mathbb{N}$. Then for any $T \leq \exp(c \cdot \min\{d^{1/14}, \epsilon^{-1/6}\})$, there*
 128 *is an oblivious adversary producing a sequence of outcomes so that any learning algorithm must*
 129 *incur ℓ_1 -calibration error $\text{Cal}_T^{\|\cdot\|_1} \geq \epsilon \cdot T$.*

130 Unlike the lower bound of [Pen25], this lower bound requires no specialized construction. Instead,
 131 it follows from the original observation of [FV98] that any algorithm for online calibration can be

¹One minor difference is that the algorithm of [Pen25] regularizes each sub-forecaster by slightly mixing their prediction with the uniform distribution, which TreeCal does not require.

used to construct an algorithm for swap regret minimization by simply best responding to a sequence of calibrated predictions of the adversary’s losses. The existing lower bound for swap regret in [DFG⁺24] then immediately precludes the existence of sufficiently strong calibration bounds (e.g., of the form $d^{O(\log 1/\epsilon)}$, which was still allowed by the work of [Pen25]). We discuss additional related work in the appendix.

2 Setup

For a positive integer n , we let $[0 : n - 1]$ denote the sequence $0, 1, \dots, n - 1$, and $[n]$ denote the sequence $1, 2, \dots, n$. We say a convex set $\mathcal{S} \subseteq \mathbb{R}^d$ is *centrally symmetric* if $s \in \mathcal{S} \Leftrightarrow -s \in \mathcal{S}$ for all $s \in \mathbb{R}^d$. A norm $\|\cdot\|$ is a function corresponding to a convex, bounded, centrally-symmetric set \mathcal{S} of the form $\|s\| = \inf \{c \in \mathbb{R}_{\geq 0} \mid s \in c\mathcal{S}\}$. The corresponding *dual norm* is defined $\|v\|_* = \sup \{\langle s, v \rangle \mid \|s\| \leq 1\}$.

2.1 Calibration

We consider the following setting of *multi-dimensional calibration*. Positive integers $d \in \mathbb{N}$ representing the number of dimensions and $T \in \mathbb{N}$ representing the number of rounds are given. We let $\mathcal{P} \subset \mathbb{R}^d$ denote a bounded convex subset of \mathbb{R}^d . An *adversary* and a *learning algorithm* interact for a total of T timesteps; at each time step $t \in [T]$:

- The learning algorithm chooses a distribution² $\mathbf{x}_t \in \Delta(\mathcal{P})$ with finite support.
- The adversary observes \mathbf{x}_t and chooses an *outcome* $y_t \in \mathcal{P}$.

In order for the learner to be calibrated, we would like the average outcome conditional on the learner making a specific prediction p to be “close” to p . We formalize this as follows. For a point $p \in \mathcal{P}$, we define ν_p to be the average outcome conditioned on the learner predicting p , that is:

$$\nu_p := \frac{\sum_{t=1}^T \mathbf{x}_t(p) \cdot y_t}{\sum_{t=1}^T \mathbf{x}_t(p)}. \quad (1)$$

Fix a *distance measure* $D : \mathcal{P} \times \mathcal{P} \rightarrow \mathbb{R}_{\geq 0}$, namely an arbitrary non-negative valued function on $\mathcal{P} \times \mathcal{P}$. Given a distance measure D , we define the *D-calibration error* as follows:

$$\text{Cal}_T^D(\mathbf{x}_{1:T}, y_{1:T}) := \sum_{p \in \mathcal{P}} \left(\sum_{t=1}^T \mathbf{x}_t(p) \right) \cdot D(\nu_p, p).$$

In the event that $D(p, q) = \|p - q\|$, we will write $\text{Cal}_T^{\|\cdot\|}(\mathbf{x}_{1:T}, y_{1:T}) = \text{Cal}_T^D(\mathbf{x}_{1:T}, y_{1:T})$, and we define $\text{Cal}_T^{\|\cdot\|^2}(\mathbf{x}_{1:T}, y_{1:T})$ analogously.

2.2 Regret minimization

For a sequence of actions $p_1, \dots, p_T \in \mathcal{P}$ and loss functions $\ell_1, \dots, \ell_T : \mathcal{P} \rightarrow \mathbb{R}$, we define

$$\text{ExtReg}_T(p_{1:T}, \ell_{1:T}) := \sup_{p^* \in \mathcal{P}} \sum_{t=1}^T \sum_{p \in \mathcal{P}} \ell_t(p_t) - \ell_t(p^*)$$

For a sequence of distributions $\mathbf{x}_1, \dots, \mathbf{x}_T \in \Delta(\mathcal{P})$ and loss functions $\ell_1, \dots, \ell_T : \mathcal{P} \rightarrow \mathbb{R}$, we define

$$\text{FullSwapReg}_T(\mathbf{x}_{1:T}, \ell_{1:T}) := \sup_{\pi : \mathcal{P} \rightarrow \mathcal{P}} \sum_{t=1}^T \sum_{p \in \mathcal{P}} \mathbf{x}_t(p) \cdot (\ell_t(p) - \ell_t(\pi(p))). \quad (2)$$

²Some authors refer to this setting as “pseudo-calibration” or “distributional calibration”, and reserve the term “calibration” for the setting where the learner is required to randomly select a pure forecast $p_t \in \mathcal{P}$ each round instead of a distribution. In Appendix E we describe how to extend our results to this pure-strategy setting of calibration.

Here, we adopt the convention of [FKO⁺25], referring to the latter quantity as *Full Swap Regret* to emphasize that we consider *all* swap transformations $\pi : \mathcal{P} \rightarrow \mathcal{P}$ (instead of e.g. just linear transformations π).

Throughout, we consider the performance of *regret minimizing* algorithms. These algorithms sequentially map loss functions ℓ_1, \dots, ℓ_T to actions p_1, \dots, p_T or action distributions $\mathbf{x}_1, \dots, \mathbf{x}_T$ with the goal of minimizing the above quantities. We consider the performance of these algorithms on adversarially selected loss functions from a set \mathcal{L} . Abusing notation slightly, for an external regret minimizing algorithm $\text{Alg} : \mathcal{L}^T \rightarrow \mathcal{P}^T$, we define

$$\text{ExtReg}_T(\text{Alg}) := \sup_{\ell_{1:T} \in \mathcal{L}^T} \text{ExtReg}_T(\text{Alg}(\ell_{1:T}), \ell_{1:T}) \quad (3)$$

and for a full swap regret minimizing algorithm $\text{Alg} : \mathcal{L}^T \rightarrow \Delta(\mathcal{P})^T$, we define

$$\text{FullSwapReg}_T(\text{Alg}) := \sup_{\ell_{1:T} \in \mathcal{L}^T} \text{FullSwapReg}_T(\text{Alg}(\ell_{1:T}), \ell_{1:T}).$$

We will denote the t th action played by Alg on a sequence of losses $\ell_{1:T}$ by $\text{Alg}_t(\ell_{1:T})$. One important subclass of external regret minimization problems is the setting of *online linear optimization (OLO)*, where all loss functions in \mathcal{L} are linear. Here we slightly abuse notation and identify \mathcal{L} with a subset of \mathbb{R}^d (with the understanding that an element $\ell \in \mathcal{L}$ refers to the linear loss function $\ell(p) = \langle p, \ell \rangle$). Although we will never actually employ any OLO algorithms themselves, the calibration bounds we obtain will be closely related to optimal regret bounds for instances of OLO (we discuss this further in Section 2.4).

2.3 From swap regret to calibration

As noted in [LSS25, FKO⁺25], calibration with a distance measure D that corresponds to a *Bregman divergence* can be written as a full swap regret with loss functions given by the associated *proper scoring rule*. Given a convex function $R : \mathcal{P} \rightarrow \mathbb{R}$, the *Bregman divergence* associated to R , $D_R : \mathcal{P} \times \mathcal{P} \rightarrow \mathbb{R}_{\geq 0}$, is defined as³

$$D_R(y|p) := R(y) - R(p) - \langle \nabla R(p), y - p \rangle$$

Geometrically, this divergence is defined by taking the hyperplane tangent to R at p and computing the difference in height between R and the hyperplane at y (see Figure 2).

When viewed as a loss function in p , the Bregman divergence $D_R(y|p)$ also has the property that it is a *proper scoring rule*. This refers to the fact that if y is drawn from some distribution $\mathbf{y} \in \Delta(\mathcal{P})$, the optimal response p (to minimize the expected loss $D_R(y|p)$) is simply the expectation $\bar{y} = \mathbb{E}_{y \sim \mathbf{y}}[y]$. In particular, we have the following lemma.

Lemma 2.1. *For any $\mathbf{y} \in \Delta(\mathcal{P})$ and convex function $R : \mathcal{P} \rightarrow \mathbb{R}$, let $\bar{y} = \mathbb{E}_{y \sim \mathbf{y}}[y]$. and $\bar{R}(\bar{y}) = \mathbb{E}_{y \sim \mathbf{y}}[R(y)]$. For all $p \in \mathcal{P}$, $\mathbb{E}_{y \sim \mathbf{y}}[D_R(y|p)] = D_R(\bar{y}|p) + \bar{R}(\bar{y}) - R(\bar{y})$. In particular, $\ell(p) = \mathbb{E}_{y \sim \mathbf{y}}[D_R(y|p)]$ is minimized at $p = \bar{y}$ at a value of $\bar{R}(\bar{y}) - R(\bar{y})$ (Figure 3).*

This implies the following connection between full swap regret and calibration.

Lemma 2.2. *Fix any convex function $R : \mathcal{P} \rightarrow \mathbb{R}$. For any sequence of distributions $\mathbf{x}_1, \mathbf{x}_2, \dots, \mathbf{x}_T \in \Delta(\mathcal{P})$ and outcomes $y_1, y_2, \dots, y_T \in \mathcal{P}$, define the sequence of loss functions $\ell_1, \ell_2, \dots, \ell_T$ via $\ell_t(p) = D_R(y_t|p)$. Then,*

$$\text{FullSwapReg}_T(\mathbf{x}_{1:T}, \ell_{1:T}) = \text{Cal}_T^{D_R}(\mathbf{x}_{1:T}, y_{1:T}).$$

2.4 Rates and regularization

In order to reduce our general calibration problem to a swap regret minimization problem (via Lemma 2.2), we will need to construct a convex function R whose Bregman divergence upper bounds our distance measure. It turns out that the optimal choice of such a function is closely related to

³In the event that R is not differentiable, we can replace the $\nabla R(p)$ term with any element of the sub-gradient at p . When \mathcal{P} is not open and p is on the boundary, the $\nabla R(p)$ term represents the inward directional gradient.

the design of optimal regularizers for online linear optimization. In this section, we describe this functional optimization problem and detail this connection.

We say that a convex function $R : \mathcal{P} \rightarrow \mathbb{R}$ is α -strongly convex with respect to a given norm $\|\cdot\|$ if for any points $y, p \in \mathcal{P}$ it is the case that $R(y) \geq R(p) + \langle \nabla R(p), y - p \rangle + \alpha \|y - p\|^2$. Equivalently, the Bregman divergence must satisfy $D_R(y|p) \geq \alpha \|y - p\|^2$. Thus, $\|\cdot\|^2$ -calibration error is bounded by D_R -calibration error if R is $\|\cdot\|$ -norm 1-strongly convex.

Our later analysis will need not only R to be strongly convex with respect to our norm, but for the Bregman divergence to have a small maximal value. Motivated by this, we will say that a convex function $R : \mathcal{P} \rightarrow \mathbb{R}$ has rate ρ with respect to a given norm $\|\cdot\|$ if: (1) R is 1-strongly convex with respect to $\|\cdot\|$, and (2) the range of the Bregman divergence is at most ρ , i.e., $\max_{y,p \in \mathcal{P}} D_R(y|p) \leq \rho$. We define $\text{Rate}(\mathcal{P}, \|\cdot\|)$ to be the infimum of the rates of all 1-strongly convex functions $R : \mathcal{P} \rightarrow \mathbb{R}$.

As mentioned earlier, we call this quantity a “rate” due to its connection with the optimal regret rates for online linear optimization. For a learning algorithm $\text{Alg} : \mathcal{L}^T \rightarrow \mathcal{P}^T$, we defined (in (3)) $\text{ExtReg}_T(\text{Alg})$ to be the worst-case regret against any sequence $\ell_{1:T}$ of T losses. It is known that for any fixed action set and loss set, the optimal worst-case regret bound is of the form $\sqrt{\text{Rate}_{\text{OLO}}(\mathcal{P}, \mathcal{L}) \cdot T} + o(\sqrt{T})$, for some constant $\text{Rate}_{\text{OLO}}(\mathcal{P}, \mathcal{L})$. Formally, we define $\text{Rate}_{\text{OLO}}(\mathcal{P}, \mathcal{L}) = \limsup_{T \rightarrow \infty} \inf_{\text{Alg}} \frac{1}{T} \cdot \text{ExtReg}_T(\text{Alg})^2$.

One important class of learning algorithms for online linear optimization is the class of Follow-The-Regularized-Leader (FTRL) algorithms. Each algorithm in this class is specified by a convex “regularizer” function $R : \mathcal{P} \rightarrow \mathbb{R}$, and at round t selects the action $p_t = \arg\min_{p \in \mathcal{P}} \sum_{s=1}^{t-1} \langle p, \ell_s \rangle + R(p)$. The work of [SST11] and [GSJ24] shows that there always exists some instantiation of FTRL which achieves (up to a universal constant factor) the optimal regret rate of $\sqrt{\text{Rate}_{\text{OLO}}(\mathcal{P}, \mathcal{L}) \cdot T} + o(\sqrt{T})$ defined above. Moreover, the optimal regularizer for this instance can be constructed by solving a similar functional optimization problem over strongly convex regularizers R , as described in the following theorem.

Theorem 2.3. *Let \mathcal{P} and \mathcal{L} be centrally symmetric convex sets. Then, if the function $R : \mathcal{P} \rightarrow \mathbb{R}$ is 1-strongly-convex with respect to the norm $\|\cdot\|_{\mathcal{L}^*}$ and has range ρ (i.e., $\max_{p \in \mathcal{P}} R(p) - \min_{p \in \mathcal{P}} R(p) = \rho$), then $\text{Rate}_{\text{OLO}}(\mathcal{P}, \mathcal{L}) \leq \rho$. Conversely, there exists a function $R : \mathcal{P} \rightarrow \mathbb{R}$ that is 1-strongly-convex with respect to $\|\cdot\|_{\mathcal{L}^*}$ and has range $O(\text{Rate}_{\text{OLO}}(\mathcal{P}, \mathcal{L}))$.*

Proof. The first result (that $\text{Rate}_{\text{OLO}}(\mathcal{P}, \mathcal{L}) \leq \rho$) follows from the standard analysis of FTRL – see e.g. Theorem 5.2 in [H⁺16]. The converse result follows from Theorem 2 of [GSJ24]. \square

Theorem 2.3 allows us to relate the quantity $\text{Rate}(\mathcal{P}, \|\cdot\|)$ to the quantity $\text{Rate}_{\text{OLO}}(\mathcal{P}, \mathcal{L})$ (where \mathcal{L} is chosen to be the unit dual norm ball). Note that there is a slight difference in the two functional optimization problems defined above – the one for $\text{Rate}(\mathcal{P}, \|\cdot\|)$ asks us to bound the range of the Bregman divergence of R , while the one for $\text{Rate}_{\text{OLO}}(\mathcal{P}, \mathcal{L})$ asks us to bound the range of R itself. While these two quantities do not directly bound each other (the negative entropy function $R(p) = \sum p_i \log p_i$ has bounded range over the simplex but unbounded Bregman divergence), we can nonetheless show that optimal solutions to one problem can be used to construct optimal solutions to the other problem of similar quality.

Lemma 2.4. *If the action set \mathcal{P} is centrally symmetric and $\mathcal{L} = \{y \in \mathbb{R}^d \mid \|y\|_* \leq 1\}$ (i.e., the unit ball in the dual norm to $\|\cdot\|$), then $\text{Rate}_{\text{OLO}}(\mathcal{P}, \mathcal{L}) = \Theta(\text{Rate}(\mathcal{P}, \|\cdot\|))$.*

3 Main result

We now describe our main algorithm for calibration, `TreeCal` (Algorithm 1). As we will see, it is equivalent to the `TreeSwap` algorithm for Full Swap Regret minimization ([DDFG24, PR24]; Algorithm 2), where the loss functions are given by appropriate Bregman divergences as determined by Lemma 2.2. Moreover, `TreeCal` is effectively the same as the main algorithm of [Pen25]. However, the perspective that `TreeCal` can be viewed as a particular instance of `TreeSwap` (Lemma 3.2) is novel to this work, and it enables us to tackle a much more general set of calibration problems (Theorem 3.1). We first describe the `TreeCal` and `TreeSwap` algorithms, then state Theorem 3.1 which establishes our main upper bound for `TreeCal`, and finally discuss the proof of Theorem 3.1, which uses the `TreeSwap` algorithm as a tool in the analysis.

3.1 Algorithm description

Given some number of rounds $T \in \mathbb{N}$, **TreeCal** and **TreeSwap** sequentially produce distributions $\mathbf{x}_1, \dots, \mathbf{x}_T \in \Delta(\mathcal{P})$. **TreeCal** receives from the adversary an outcome sequence $y_1, \dots, y_T \in \mathcal{P}$ whereas **TreeSwap** receives loss functions $\ell_1, \dots, \ell_T : \mathcal{P} \rightarrow \mathbb{R}$.

To describe how the algorithms use the adversary's actions to produce the distributions \mathbf{x}_t , we need some additional notation. The algorithms take as input parameters $H, L \in \mathbb{N}$ satisfying $H \geq 2$ and $H^{L-1} \leq T \leq H^L$. We index time steps $t \in [T]$ via base- H L -tuples: in particular, for $t \in [T]$, we let $t_1, \dots, t_L \in [0 : H-1]$ be the base- H representation of $t-1$; we will write $t-1 = (t_1 t_2 \dots t_L)$. For all $0 \leq l \leq L$, for all $k \in [0 : H-1]^l$, let $\Gamma_k^{(l)} \subset [T]$ represent the interval of times t with prefix k . That is, $t \in \Gamma_k^{(l)}$ iff $t_i = k_i$ for all $i \in [1 : l]$. These intervals may be arranged to form an H -ary depth- L tree, where the children of $\Gamma_k^{(l)}$ are $\Gamma_{k_0}^{(l+1)}, \Gamma_{k_1}^{(l+1)}, \dots, \Gamma_{k_{H-1}}^{(l+1)}$.⁴

Both **TreeCal** and **TreeSwap** operate by assigning an action $p_k^{(l)}$ to each node $\Gamma_k^{(l)}$ of the tree, except the root. At time t , both algorithms return the uniform distribution over the actions on the root-to-leaf- t path, namely $\mathbf{x}_t := \text{Unif} \left(\left\{ p_{t_1}^{(1)}, p_{t_1 t_2}^{(2)}, \dots, p_{t_1 t_2 \dots t_L}^{(L)} \right\} \right)$ (see Figure 1). The algorithms differ in how the actions $p_k^{(l)}$ are chosen:

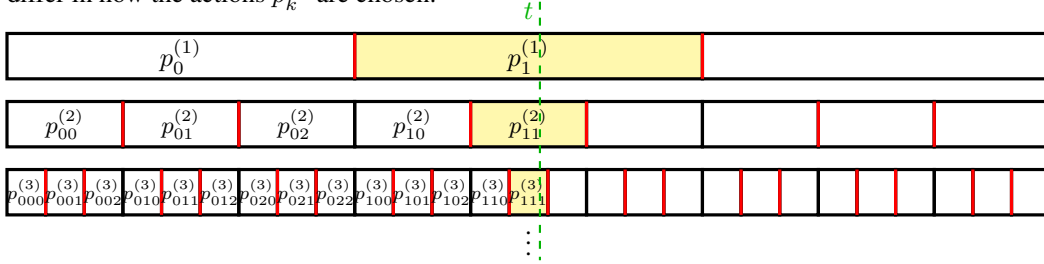


Figure 1: Visualization of the state of **TreeCal/TreeSwap** at time step t (about half-way through the algorithm). For $H = 3$, we depict the intervals Γ of the first three non-root levels of the tree ($l = 1, 2, 3$). Each rectangular node represents an interval, with sibling nodes separated by red lines. We represent the specific time step t via the vertical dashed green line. The yellow intervals it intersects at each level correspond to the nodes on the root-to-leaf- t path. Accordingly, \mathbf{x}_t will be the uniform distribution over the labels p of these yellow intervals. We see that the algorithm has committed to the labels of all intervals that started at or before time t , and has yet to label the future intervals.

- **TreeCal** (Algorithm 1) assigns actions to nodes as follows. For all $1 \leq l \leq L$, $k \in [0 : H-1]^{l-1}$, $h \in [0 : H-1]$, at the start of $\Gamma_{kh}^{(l)}$, **TreeCal** sets $p_{kh}^{(l)}$ to be the average over all y_t that have been observed thus far in the parent interval $\Gamma_k^{(l-1)}$. That is,

$$p_{kh}^{(l)} = \frac{1}{hH^{L-l}} \sum_{i=0}^{h-1} \sum_{t \in \Gamma_{ki}^{(l-1)}} y_t \quad (4)$$

- The more general **TreeSwap** algorithm (Algorithm 2) also takes as a parameter an external regret-minimizing algorithm **Alg**, which operates with horizon of length H : we denote the resulting algorithm by **TreeSwap.Alg**. **TreeSwap.Alg** associates each internal node of the tree, $\Gamma_k^{(l-1)}$ (with $1 \leq l \leq L$), with an instance **Alg**, denoted $\text{Alg}_k^{(l-1)}$. The subroutine $\text{Alg}_k^{(l-1)}$ is responsible for choosing the actions $p_{k_0}^{(l)}, p_{k_1}^{(l)}, \dots, p_{k_{H-1}}^{(l)}$. It does so by responding to the average losses over each of its child intervals. In particular: at the end of each child interval $\Gamma_{kh}^{(l)}$, we pass $\text{Alg}_k^{(l-1)}$ the average loss over that interval. $\text{Alg}_k^{(l-1)}$ then outputs the action $p_{k(h+1)}^{(l)}$ assigned to the next child interval.

3.2 Main result

Theorem 3.1 upper bounds the calibration error of **TreeCal** with respect to the squared norm $\|\cdot\|^2$.

⁴We ignore the truncated branches that exist if $T < H^L$.

Theorem 3.1 (Main theorem). *Let $\mathcal{P} \subset \mathbb{R}^d$ be a bounded convex set and $\|\cdot\|$ be an arbitrary norm. Then, TreeCal (Algorithm 1) guarantees that for an arbitrary sequence of outcomes $y_1, \dots, y_T \in \mathcal{P}$, the $\|\cdot\|^2$ calibration error of its predictions $\mathbf{x}_1, \dots, \mathbf{x}_T \in \Delta(\mathcal{P})$ is bounded as follows:*

$$\text{Cal}_T^{\|\cdot\|^2}(\mathbf{x}_{1:T}, y_{1:T}) \leq \epsilon T \quad \text{for } T \geq (\text{diam}(\mathcal{P})/\sqrt{\epsilon})^{O(\text{Rate}(\mathcal{P}, \|\cdot\|)/\epsilon)}$$

It is straightforward to derive from Theorem 3.1 via an application of Jensen’s inequality an upper bound on the calibration error of TreeCal with respect to the (non-squared) norm $\|\cdot\|$, as stated in Theorem 1.1; see Corollary C.5. In Appendix E, we additionally consider a variant of TreeCal which plays *pure actions* in \mathcal{P} (i.e., not distributions) by sampling from the distributions \mathbf{x}_t for each $t \in [T]$. We show that the *pure calibration* error of this variant can be bounded by a similar quantity to that in Theorem 3.1.

3.3 Outline of the proof of Theorem 3.1

Step 1: Reduction from calibration error to swap regret. Let us choose a convex function $R : \mathcal{P} \rightarrow \mathbb{R}$ given $\mathcal{P}, \|\cdot\|$ as described in Section 2.4. The first step in the proof of Theorem 3.1 is to reduce the problem of minimizing (squared-norm) calibration error to that of minimizing full swap regret for an appropriate sequence of loss functions. In particular, for any sequence $\mathbf{x}_1, \dots, \mathbf{x}_T \in \Delta(\mathcal{P})$ and $y_1, \dots, y_T \in \mathcal{P}$, we have

$$\text{Cal}_T^{\|\cdot\|^2}(\mathbf{x}_{1:T}, y_{1:T}) \leq \text{Cal}_T^{D_R}(\mathbf{x}_{1:T}, y_{1:T}) = \text{FullSwapReg}_R(\mathbf{x}_{1:T}, \ell_{1:T}), \quad (5)$$

where $\ell_t : \mathcal{P} \rightarrow \mathbb{R}$ is the loss function given by $\ell_t(p) := D_R(y_t|p)$: the inequality uses strong convexity of R , and the subsequent equality uses Lemma 2.2.

Step 2: Equivalence with TreeSwap. Thus, it suffices to find an algorithm which minimizes the full swap regret quantity on the right-hand side of (5). Fortunately, the TreeSwap algorithm is known to do exactly this! (See Theorem C.1, from [DDFG24], for a formal statement for the swap regret bound of TreeSwap.) In order to apply the swap regret bound of Theorem C.1, we need to ensure that the TreeCal algorithm is an instantiation of TreeSwap.Alg for an appropriate choice of (a) the loss functions fed as input to TreeSwap and (b) the Alg subroutine. The loss functions have already been defined: given a sequence y_1, \dots, y_T , recall that we chose $\ell_t(p) := D_R(y_t|p)$. Moreover, we let the Alg subroutine be given by *Follow-the-Leader* (FTL), which simply chooses an action at each step minimizing the sum of losses up to the previous time step. The following lemma shows that TreeSwap with the losses ℓ_t and the FTL subroutine produces the same action distributions as TreeCal:

Lemma 3.2. *Let $\mathcal{P} \subset \mathbb{R}^d$ be a bounded convex set and let $R : \mathcal{P} \rightarrow \mathbb{R}$ be a convex function. For a sequence of loss functions $\ell_1, \dots, \ell_H : \mathcal{P} \rightarrow \mathbb{R}$, define $\text{FTL}_h(\ell_{1:H}) = \arg \min_{p \in \mathcal{P}} \sum_{s=1}^{h-1} \ell_s(p)$. For all sequences of outcomes $y_{1:T} \in \mathcal{P}^T$, the action distributions \mathbf{x}_t produced by TreeCal on $y_{1:T}$ equal those produced by TreeSwap.FTL on loss functions $\ell_t(p) = D_R(y_t|p)$ for all t .*

The proof of Lemma 3.2 (given in full in the appendix) is a straightforward consequence of the fact that the Bregman divergence is a proper scoring rule: the action $p \in \mathcal{P}$ minimizing an average of Bregman divergences $D_R(y|p)$ is simply the average of the constituent points y (Lemma 2.1).

Step 3: Applying the swap regret bound of TreeSwap to BTL. Finally, we want to apply the main result of [DDFG24] (restated as Theorem C.1) to bound the full swap regret for the iterates $\mathbf{x}_{1:T}$ produced by TreeSwap.Alg, for an appropriate choice of Alg. The most natural way to do so would be to try to directly apply this result in the case when Alg = FTL (which corresponds to how we actually implement TreeSwap). However, applying this theorem requires an external regret bound on FTL for an arbitrary sequence of losses. While FTL is known to possess strong external regret bounds in some situations (e.g., when all the loss functions are strongly convex), the loss functions $p \mapsto D_R(y|p)$ are not necessarily even convex in p and so it is not a priori clear how to establish such bounds.

Instead, the main idea is to consider the “Be-The-Leader” algorithm BTL, which is the same as FTL but where actions are shifted ahead in time by 1 time step: in particular, the action chosen by BTL at time step h given a sequence $\ell_1, \ell_2, \dots, \ell_H : \mathcal{P} \rightarrow \mathbb{R}$ is $\text{BTL}_h(\ell_{1:H}) = \text{FTL}_{h+1}(\ell_{1:H}) =$

325 $\operatorname{argmin}_{p \in \mathcal{P}} \sum_{s=1}^h \ell_s(p)$. BTL is not implementable since its action at time step h depends on
 326 the (unobserved) loss ℓ_h at that time step. However, since its regret is always non-positive (i.e.,
 327 $\operatorname{ExtReg}_H(\text{BTL}) \leq 0$ for any H), if we apply Theorem C.1 to the algorithm `TreeSwap.BTL`, we get
 328 that $\operatorname{FullSwapReg}_T(\text{TreeSwap.BTL}) \leq \epsilon \cdot T$ as long as $T \geq H^{O(\rho/\epsilon)}$ for any choice of H (the arity
 329 parameter H used in `TreeSwap`). Using (5), this implies that the *calibration error* of the iterates
 330 produced by `TreeSwap.BTL` can also be bounded above by $\epsilon \cdot T$.

331 Of course, this result on its own is uninteresting (since BTL is unimplementable, as mentioned above).
 332 However, the key insight is that we can show that the actions chosen by `TreeSwap.BTL` are close
 333 to (as measured by the norm $\|\cdot\|$) those chosen by `TreeSwap.FTL`, which in turn is equivalent to
 334 `TreeCal` (Lemma 3.2). This closeness is an immediate consequence of the fact that the actions
 335 chosen by FTL for our loss functions $D_R(y_1|\cdot), D_R(y_2|\cdot), \dots$ are simply the empirical average of
 336 all actions $y_1, y_2, \dots \in \mathcal{P}$ of the adversary up to the previous time step.⁵ In turn, we can use this
 337 closeness to show that the calibration error of `TreeSwap.FTL` is close to that of `TreeSwap.BTL`. This
 338 latter part of the argument becomes slightly tricky due to the possibility that different nodes of the
 339 tree might output the same action $p \in \mathcal{P}$; accordingly, we need to work with a *labeled* variant of the
 340 action set and bound the swap regret over this labeled variant; see Appendix C for further details.

341 4 Lower bound

342 To prove our calibration lower bound, we make use of the following swap regret lower bound.

343 **Theorem 4.1** (Theorem 4.1 of [DFG⁺24]). *There is a sufficiently small constant $c_{4.1} > 0$ so that the*
 344 *following holds. Fix any $\epsilon > 0$. For any $d \in \mathbb{N}$, there is a subset $\mathcal{X} \subset [-1, 1]^d$ so that the following*
 345 *holds for any $T \leq \exp(c_{4.1} \min\{d^{1/14}, \epsilon^{-1/6}\})$. There is an oblivious adversary producing a*
 346 *sequence v_1, \dots, v_T with $\|v_t\|_1 \leq 1$ and $\|v_t\|_\infty \leq \max\{d^{-13/14}, \epsilon^{13/6}\}$ for all t , which satisfies the*
 347 *following property. For linear loss functions $\ell(x, v) = \langle v, x \rangle$ for vectors $v \in \mathbb{R}^d$ and $x \in \mathbb{R}^d$, any*
 348 *learning algorithm producing $\mathbf{x}_1, \dots, \mathbf{x}_T \in \Delta(\mathcal{X})$,*

$$\operatorname{FullSwapReg}_T(\mathbf{x}_{1:T}, \ell(\cdot, v_{1:T})) = \sup_{\pi: \mathcal{X} \rightarrow \mathcal{X}} \sum_{t=1}^T \sum_{p \in \mathcal{X}} \mathbf{x}_t(p) \cdot (\langle v_t, p \rangle - \langle v_t, \pi(p) \rangle) \geq \epsilon \cdot T.$$

349 We leverage the classic reduction from swap-regret minimization to calibration [FV98]: by producing
 350 calibrated predictions of the upcoming loss and best-responding to it, we can effectively minimize
 351 swap regret. This is formalized in the following lemma, proved in Appendix D.

352 **Lemma 4.2.** *Fix a set $\mathcal{P} \subset \mathbb{R}^d$, a norm $\|\cdot\|$, and write $D(p, p') := \|p - p'\|$. Suppose that, for some*
 353 *$\epsilon > 0, T \in \mathbb{N}$, there is an algorithm which chooses $\mathbf{x}_1, \dots, \mathbf{x}_T \in \Delta(\mathcal{P})$ and which ensures that for*
 354 *every oblivious adversary choosing $y_1, \dots, y_T \in \mathcal{P}$, we have $\operatorname{Cal}_T^D(\mathbf{x}_{1:T}, y_{1:T}) \leq \epsilon \cdot T$. Then for*
 355 *every set $\mathcal{P}' \subset \mathbb{R}^d$, there is an algorithm which chooses $\mathbf{x}'_1, \dots, \mathbf{x}'_T \in \Delta(\mathcal{P}')$ and which ensures that*
 356 *for every oblivious adversary choosing $y_1, \dots, y_T \in \mathcal{P}$, we have*

$$\operatorname{FullSwapReg}_T(\mathbf{x}'_{1:T}, \ell(\cdot, y_{1:T})) \leq \epsilon \cdot T \cdot \operatorname{diam}_{\|\cdot\|_*}(\mathcal{P}').$$

357 Combining these two ideas, we demonstrate that an algorithm ϵ -calibrated predictions of outcomes
 358 on the simplex in $T \leq \exp(\operatorname{poly}(1/\epsilon))$ rounds could be used in Lemma 4.2 to achieve a swap regret
 359 algorithm contradicting Theorem 4.1. This gives the following (proved in Appendix D).

360 **Theorem 4.3.** *There is a sufficiently small constant $c > 0$ so that the following holds. Write*
 361 *$D(p, p') = \|p - p'\|_1$, and fix any $\epsilon > 0, d \in \mathbb{N}$. Then for any $T \leq \exp(c \cdot \min\{d^{1/14}, \epsilon^{-1/6}\})$, there*
 362 *is an oblivious adversary producing a sequence $y_1, \dots, y_T \in \Delta^d$ so that for any learning algorithm*
 363 *producing $\mathbf{x}_1, \dots, \mathbf{x}_T \in \Delta(\Delta^d)$, $\operatorname{Cal}_T^D(\mathbf{x}_{1:T}, y_{1:T}) \geq \epsilon \cdot T$.*

⁵An observant reader might note that this same argument also lets us provide bounds on the regret of FTL for these losses. One subtlety in the analysis is that we obtain better calibration bounds by bounding the distance between the predictions of FTL and BTL in the $\|\cdot\|$ norm rather than in the losses $D_R(y_t|\cdot)$, and so it is important that we directly analyze `TreeSwap.BTL` instead of `TreeSwap.FTL` (the latter causes us to pick up an extra factor related to the *smoothness* of R).

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A Additional Related Work

There is a large range of other existing work on online (sequential) calibration [Daw82, FV97, FV98, QV21, DDF⁺24, Har22, Fos99, FL99, KF08, MSA07, MS10, AM11, HK12, FH18, LSS24, NRRX23, KLST23, GJRR24, QZ24, ACRS25]. We briefly survey some of these areas below.

Binary outcomes. For binary outcomes (i.e., one-dimensional calibration), classical results of [FV97, Fos99, BM07, AM11] demonstrate that it is possible to efficiently guarantee $O(T^{2/3})$ ℓ_1 -calibration. The optimal possible rates for ℓ_1 -calibration remain a major unsolved problem in online learning. Recently [QV21] improved over the naive lower bound of $\Omega(\sqrt{T})$ by demonstrating a lower bound of $\Omega(T^{0.528})$; this was further improved to $\Omega(T^{0.543})$ by [DDF⁺24], who also improved on the upper bound, demonstrating the existence of an algorithm with $O(T^{2/3-\epsilon})$ calibration for some constant $\epsilon > 0$.

Calibration and swap regret. The connection between calibration and swap regret has been acknowledged since the earliest works on swap regret. For example, the earliest algorithms for minimizing swap regret worked by best responding to online calibrated predictions [FV97] (later algorithms for swap regret minimization, such as [BM07] and [DDF⁺24] obtain better swap regret bounds by side-stepping the need to generate calibrated predictions). In the other direction, several works minimize calibration via relating it to a swap regret that can then be minimized [FKO⁺25, LSS25, AM11, Fos99].

Other forms of calibration. Due to the difficulty of minimizing (high-dimensional) calibration, there has been a line of work on designing forecasting algorithms that minimize weaker forms of calibration that recover some of the important guarantees of calibration (e.g., trustworthy-ness by a decision-maker). These include *distance from calibration* [BGHN23, QZ24, ACRS25], *omni-prediction error / U-calibration* [KLST23, LSS24, GJRR24], *calibration conditioned on downstream outcomes* [NRRX23], and *prediction for downstream swap regret* [RS24, HW24]. Other work focuses on minimizing notions of calibration designed to lead to specific classes of equilibria, e.g. weak calibration [HK12], deterministic calibration [KF08], and smooth calibration [FH18].

B Proofs of preliminary results

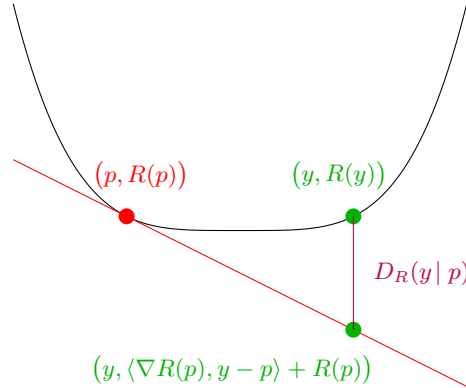


Figure 2: Geometric depiction of the Bregman divergence from p to y .

Proof of Lemma 2.1.

$$\begin{aligned} \mathbb{E}_{y \sim \mathbf{y}}[D_R(y|p)] &= \mathbb{E}_{y \sim \mathbf{y}}[R(y) - R(p) - \langle \nabla R(p), y - p \rangle] \\ &= \overline{R(y)} - R(p) - \langle \nabla R(p), \bar{y} - p \rangle \\ &= D_R(\bar{y}|p) + \overline{R(y)} - R(\bar{y}) \end{aligned}$$

See Figure 3 for a visual proof. □

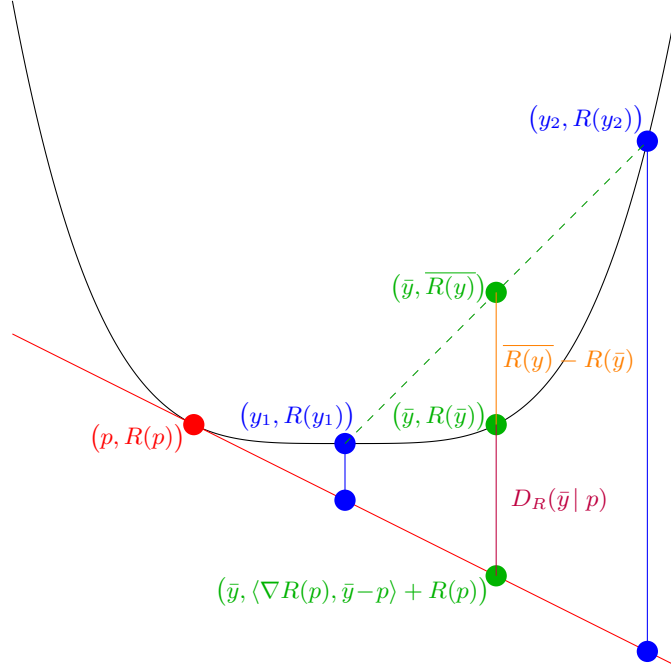


Figure 3: [Proof of Lemma 2.1] the average Bregman divergence (orange + purple) decomposes into the Jensen error (orange) and the Bregman divergence to the mean (purple). For example, when $R(p) = \|p\|_2^2$, $D_R(y|p) = \|y - p\|_2^2$ and we recover the bias-variance decomposition.

814 *Proof of Lemma 2.2.* Fix any $p \in \mathcal{P}$, and consider the quantity $\max_{p^* \in \mathcal{P}} \sum_t \mathbf{x}_t(p) (D_R(y_t|p) -$
815 $D_R(y_t|p^*))$. By considering the distribution \mathbf{y} that has weight $\mathbf{x}_t(p) / \sum_t \mathbf{x}_t(p)$ on y_t , Lemma 2.1
816 implies that this quantity is maximized when $p^* = \nu_p = (\sum_t \mathbf{x}_t(p) y_t) / (\sum_t \mathbf{x}_t(p))$. At this optimal
817 value of p^* , this quantity can be rewritten as:

$$\begin{aligned}
& \sum_t \mathbf{x}_t(p) (D_R(y_t|p) - D_R(y_t|\nu_p)) \\
&= \sum_t \mathbf{x}_t(p) [(R(y_t) - R(p) - \langle \nabla R(p), y_t - p \rangle) - (R(y_t) - R(\nu_p) - \langle \nabla R(\nu_p), y_t - \nu_p \rangle)] \\
&= \sum_t \mathbf{x}_t(p) [(R(\nu_p) - R(p) - \langle \nabla R(p), \nu_p - p \rangle) + \langle \nabla R(\nu_p) - \nabla R(p), y_t - \nu_p \rangle] \\
&= \sum_t \mathbf{x}_t(p) D_R(\nu_p|p) + \left\langle \nabla R(\nu_p) - \nabla R(p), \sum_t \mathbf{x}_t(p) (y_t - \nu_p) \right\rangle \\
&= \sum_t \mathbf{x}_t(p) D_R(\nu_p|p).
\end{aligned}$$

818 (Here the last term vanishes since $\sum_t \mathbf{x}_t(p) y_t = \sum_t \mathbf{x}_t(p) \nu_p$). We therefore have that:

$$\begin{aligned}
\text{FullSwapReg}_T(\mathbf{x}_{1:T}, \ell_{1:T}) &= \sup_{\pi: \mathcal{P} \rightarrow \mathcal{P}} \sum_{t=1}^T \sum_{p \in \mathcal{P}} \mathbf{x}_t(p) \cdot (\ell_t(p) - \ell_t(\pi(p))) \\
&= \sum_{p \in \mathcal{P}} \max_{p^* \in \mathcal{P}} \sum_{t=1}^T \mathbf{x}_t(p) \cdot (\ell_t(p) - \ell_t(p^*)) \\
&= \sum_{p \in \mathcal{P}} \max_{p^* \in \mathcal{P}} \sum_{t=1}^T \mathbf{x}_t(p) \cdot (D_R(y_t|p) - D_R(y_t|\nu_{p^*})) \\
&= \sum_{p \in \mathcal{P}} \sum_t \mathbf{x}_t(p) D_R(\nu_p|p) \\
&= \text{Cal}_T^{D_R}(\mathbf{x}_{1:T}, y_{1:T}).
\end{aligned}$$

819

□

820 *Proof of Lemma 2.4.* Note that if we define $\mathcal{L} = \{y \in \mathbb{R}^d \mid \|y\|_* \leq 1\}$ to be the unit dual norm ball
821 for some norm $\|\cdot\|$, then by duality the norm $\|\cdot\|_{\mathcal{L}^*}$ corresponding to \mathcal{L}^* is simply the original norm
822 $\|\cdot\|$. It therefore suffices to show that given a 1-strongly convex function R with bounded range ρ ,
823 it is possible to construct a 1-strongly convex function R' with bounded Bregman divergence $O(\rho)$
824 (and vice versa).

825 Assume $R(p)$ is 1-strongly convex and satisfies $\max_{p \in \mathcal{P}} R(p) - \min_{p \in \mathcal{P}} R(p) = \rho$. Define $R'(p) =$
826 $4R(\frac{p}{2})$ (since \mathcal{P} is centrally symmetric, $p/2$ is guaranteed to belong to \mathcal{P}). If R is 1-strongly convex,
827 then $R(p/2)$ is $1/4$ -strongly convex, and so $R'(p)$ is also 1-strongly convex. We claim the maximum
828 Bregman divergence of R' is at most $O(\rho)$. To show this, we first argue that for any $z_1, z_2 \in \mathcal{P}$,
829 $\langle \nabla R(\frac{z_1}{2}), z_2 \rangle \leq 2\rho$. To see this, note that since $R(p)$ is convex and has range bounded by ρ , we
830 have that $\rho \geq R(p) - R(\frac{z_1}{2}) \geq \langle \nabla R(\frac{z_1}{2}), p - \frac{z_1}{2} \rangle$. If we set $p = \frac{z_1 + z_2}{2}$, it then follows that
831 $\langle \nabla R(\frac{z_1}{2}), z_2 \rangle \leq 2\rho$. Now, note that

$$\begin{aligned}
\max_{y, p \in \mathcal{P}} D_{R'}(y|p) &= R'(y) - R'(p) - \langle \nabla R'(p), y - p \rangle \\
&= R\left(\frac{y}{2}\right) - R\left(\frac{p}{2}\right) - \frac{1}{2} \langle \nabla R\left(\frac{p}{2}\right), y - p \rangle \\
&\leq \left| R\left(\frac{y}{2}\right) - R\left(\frac{p}{2}\right) \right| + \left\langle \nabla R\left(\frac{p}{2}\right), \frac{y - p}{2} \right\rangle \leq 3\rho.
\end{aligned}$$

832 Conversely, if $R(p)$ is 1-strongly convex and satisfies $\max_{y, p \in \mathcal{P}} D_R(y|p) \leq \rho$, define $R'(p) =$
833 $R(p) - \langle \nabla R(0), p \rangle - R(0)$ (i.e., subtracting a linear function to make zero a minimizer of $R'(p)$).
834 Since R and R' differ by a linear function, R' is also 1-strongly convex. But also, note that
835 $D_R(y|0) = R(y) - R(0) - \langle \nabla R(0), y \rangle = R'(y)$; since D_R is bounded in range by ρ , it follows that
836 so is R' .

837

□

838 C Proof of Theorem 3.1

839 In this section, we prove Theorem 3.1. First, in Appendix C.1, we introduce a slightly stronger notion
840 of calibration error and swap regret to deal with a technicality in the proof. We then give the proof of
841 Theorem 3.1.

842 C.1 Labeled calibration and swap regret

843 **Intuition.** Recall that the TreeCal algorithm labels each interval $\Gamma_k^{(l)}$ of the tree with some
844 action, $p_k^{(l)} \in \mathcal{P}$. At each time step t , the algorithm outputs the uniform distribution over all $p_k^{(l)}$

Algorithm 1 TreeCal(\mathcal{P}, T, H, L)

Require: Action set $\mathcal{P} \subset \mathbb{R}^d$, time horizon T , parameters H, L with $T \leq H^L$.

```

1: for  $1 \leq t \leq T$  do
2:   Write the base- $H$  representation of  $t - 1$  as  $t = (h_1 \cdots h_L)$ , for  $h_1, \dots, h_L \in [0 : H - 1]$ .
3:   for  $1 \leq l \leq L$  do
4:     Write  $k := (h_1 \cdots h_{l-1}) \in [0 : H - 1]^{l-1}$ .
5:     if  $h_{l+1} = \cdots = h_L = 0$  or  $l = L$  then
6:       If  $h_l > 0$ , define  $\nu_{k, h_l-1}^{(l)} := \frac{1}{H^{L-l}} \cdot \sum_{s \in \Gamma_{k, h_l-1}^{(l)}} y_s$ .
7:       Define  $p_{k, h_l}^{(l)} := \frac{1}{h_l} \sum_{i=0}^{h_l-1} \nu_{k, i}^{(l)}$  if  $h_l > 0$ , otherwise choose arbitrary  $p_{k, h_l}^{(l)} \in \mathcal{P}$ .
8:     end if
9:   end for
10:  Output the uniform mixture  $\mathbf{x}_t := \text{Unif}(\{p_{h_1}^{(1)}, \dots, p_{h_1 \cdots h_L}^{(L)}\})$ , and observe  $y_t$ .
11: end for

```

845 with $\Gamma_k^{(l)} \ni t$. When evaluating the calibration error, suppose that the actions $p_k^{(l)}$ are all distinct,
846 for $l \in [L], k \in [0 : H - 1]^{l-1}$ (as we discuss below, this case is in some sense the “worst
847 case”). In this event, each action $p_k^{(l)}$ is compared to the average outcome over the interval $\Gamma_k^{(l)}$:
848 $\bar{y}_k^{(l)} = \frac{1}{|\Gamma_k^{(l)}|} \sum_{t \in \Gamma_k^{(l)}} y_t$. Formally, this would give

$$\text{Cal}_T^D(\mathbf{x}_{1:T}, y_{1:T}) = \sum_{l=1}^L \frac{H^{L-l}}{L} \sum_{k \in [H]^l} D(\bar{y}_k^{(l)}, p_k^{(l)}). \quad (6)$$

849 as each level l action is selected with $\frac{1}{L}$ mass for H^{L-l} rounds.

850 If it happened that two distinct intervals $\Gamma_{k_1}^{(l_1)}, \Gamma_{k_2}^{(l_2)}$ were assigned the same action $p = p_{k_1}^{(l_1)} = p_{k_2}^{(l_2)}$,
851 then the calibration error would be *at most* the quantity on the right-hand side of (6) (by Jensen’s
852 inequality). In particular, rather than having to compare p to two potentially distinct quantities
853 $D(\bar{y}_{k_1}^{(l_1)}, p), D(\bar{y}_{k_2}^{(l_2)}, p)$, the mass placed on p would be categorized under the same forecast and we
854 would only compare p to an appropriately-weighted average of $\bar{y}_{k_1}^{(l_1)}$ and $\bar{y}_{k_2}^{(l_2)}$.

855 For technical reasons, it will turn out to be necessary to upper bound the “worst case quantity” on the
856 right-hand side of (6) (and an analogous version for swap regret), even in the event that the actions
857 $p_k^{(l)}$ are *not all distinct*. To streamline our notation, we introduce a generalization of these quantities
858 which apply for arbitrary algorithms, which we call *labeled* calibration error and *labeled* swap regret.

859 **Formal definitions.** Given a convex set $\mathcal{P} \subset \mathbb{R}^d$, we define its *labeled* extension to be $\bar{\mathcal{P}} :=$
860 $\mathcal{P} \times \{0, 1\}^*$, i.e., elements of $\bar{\mathcal{P}}$ are tuples (p, σ) , where $\sigma \in \{0, 1\}^*$ is a string that is said to *label* p .
861 For a loss function $\ell : \mathcal{P} \rightarrow \mathbb{R}$, we extend its domain to $\bar{\mathcal{P}}$ in the natural way, i.e., $\ell((p, \sigma)) := \ell(p)$
862 for $(p, \sigma) \in \bar{\mathcal{P}}$. Given a sequence of distributions over the labeled extension, $\mathbf{x}_1, \dots, \mathbf{x}_T \in \Delta(\bar{\mathcal{P}})$,
863 and loss functions $\ell_1, \dots, \ell_T : \mathcal{P} \rightarrow \mathbb{R}$, we define

$$\text{FullSwapReg}_T(\mathbf{x}_{1:T}, \ell_{1:T}) := \sup_{\pi : \bar{\mathcal{P}} \rightarrow \bar{\mathcal{P}}} \sum_{t=1}^T \sum_{p \in \bar{\mathcal{P}}} \mathbf{x}_t(p) \cdot (\ell_t(p) - \ell_t(\pi(p))).$$

864 In words, the full swap regret of $\mathbf{x}_{1:T}$ with respect to $\ell_{1:T}$ is defined identically as in (2) except that
865 the swap function π can now depend on the label σ . In particular, the labeled extension allows us to
866 consider a more refined notion of swap regret where identical actions played in different rounds can
867 be swapped (via π) to different alternatives as long as they have different labels.

868 In a similar manner we define the calibration error for a sequence of labeled distributions: given
869 $\mathbf{x}_1, \dots, \mathbf{x}_T \in \Delta(\bar{\mathcal{P}})$ and $y_1, \dots, y_T \in \mathcal{P}$, we define

$$\text{Cal}_T^D := \sum_{(p, \sigma) \in \bar{\mathcal{P}}} \left(\sum_{t=1}^T \mathbf{x}_t((p, \sigma)) \right) \cdot D(\nu_{(p, \sigma)}, p), \quad \nu_{(p, \sigma)} := \frac{\sum_{t=1}^T \mathbf{x}_t((p, \sigma)) \cdot y_t}{\sum_{t=1}^T \mathbf{x}_t((p, \sigma))}.$$

870 The main result of [DDFG24] shows that the swap regret of TreeSwap is bounded, even when one
871 labels the action produced at each node of the tree by the node of the tree. This labeled variant of
872 TreeSwap is given in Algorithm 2. It functions exactly as discussed in Section 3.1, except that the
873 distribution \mathbf{x}_t output at time step t is in $\Delta(\bar{\mathcal{P}})$ instead of $\Delta(\mathcal{P})$. In particular, each $p_k^{(l)} \in \mathcal{P}$ in the
874 support of \mathbf{x}_t is labeled by the tuple $k \in [0 : H - 1]^l$.⁶

875 **Theorem C.1** (TreeSwap; Theorem 3.1 of [DDFG24]). *Suppose that $H, L \in \mathbb{N}$ satisfy $H \geq 2$
876 and $H^{L-1} \leq T \leq H^L$. For bounded convex action set $\mathcal{P} \subset \mathbb{R}^d$ and loss function set $\mathcal{L} \subset$
877 $\{\ell : \mathcal{P} \rightarrow [0, b]\}$, let $\text{Alg}_H : \mathcal{L}^H \rightarrow \bar{\mathcal{P}}^H$ be any algorithm. Then, the labeled TreeSwap algorithm
878 (Algorithm 2) parametrized by $T, H, L, \mathcal{P}, \mathcal{L}, \text{Alg}_H$ outputs labeled distributions $\mathbf{x}_1, \dots, \mathbf{x}_T \in \Delta(\bar{\mathcal{P}})$
879 satisfying the following: for any sequence $\ell_1, \dots, \ell_T \in \mathcal{L}$,*

$$\text{FullSwapReg}_T(\mathbf{x}_{1:T}, \ell_{1:T}) \leq T \cdot \left(\frac{\text{ExtReg}_H(\text{Alg}_H)}{H} + \frac{3b}{L} \right).$$

Algorithm 2 TreeSwap.Alg($\mathcal{P}, \mathcal{L}, T, H, L$), labeled variant (see Appendix C.1)

Require: Action set $\mathcal{P} \subset \mathbb{R}^d$, convex loss class $\mathcal{L} \subset (\mathcal{P} \rightarrow \mathbb{R})$, no-external regret algorithm Alg,
time horizon T , parameters H, L with $T \leq H^L$.

- 1: For each sequence $h_1 \cdots h_{l-1} \in \bigcup_{l=1}^L [0 : H - 1]^{l-1}$, initialize an instance of Alg with time
horizon H , denoted $\text{Alg}_{h_{1:l-1}}$.
 - 2: **for** $1 \leq t \leq T$ **do**
 - 3: Write the base- H representation of $t - 1$ as $t - 1 = (h_1 \cdots h_L)$, for $h_1, \dots, h_L \in [0 : H - 1]$.
 - 4: **for** $1 \leq l \leq L$ **do**
 - 5: Write $k := (h_1 \cdots h_{l-1}) \in [0 : H - 1]^{l-1}$.
 - 6: **if** $h_{l+1} = \dots = h_L = 0$ or $l = L$ **then**
 - 7: If $h_l > 0$, define $\ell_{k, h_l-1}^{(l)} := \frac{1}{H^{L-l}} \cdot \sum_{s \in \Gamma_{k, h_l-1}^{(l)}} \ell_s \in \mathcal{L}$.
 - 8: Define $p_{k, h_l}^{(l)} = \text{Alg}_{k, h_{l+1}}(\ell_{k, 0: h_l-1}^{(l)}) \in \mathcal{P}$. \triangleright The h_l th action of Alg_k given the loss
sequence $\ell_{k, 1: h_l-1}^{(l)}$.
 - 9: **end if**
 - 10: **end for**
 - 11: Output the uniform mixture $\mathbf{x}_t := \text{Unif}(\{(p_{h_1}^{(1)}, h_1), \dots, (p_{h_1 \dots h_L}^{(L)}, h_{1:L})\}) \in \Delta(\bar{\mathcal{P}})$, and
observe ℓ_t . \triangleright Each action $p_k^{(l)}$ is labeled by the sequence k (see Appendix C.1).
 - 12: **end for**
-

880 C.2 Proof of the main theorem

881 First, we recall some definitions from Section 3. For all $l \in [0 : L]$, for all $k \in [H]^l$, let $\Gamma_k^{(l)}$ represent
882 the interval of times t with prefix k . That is, $t \in \Gamma_k^{(l)}$ iff $t_i = k_i$ for all $i \in [1 : l]$. These intervals
883 form an H -ary depth- L tree, where the children of $\Gamma_k^{(l)}$ are $\Gamma_{k0}^{(l+1)}, \Gamma_{k1}^{(l+1)}, \dots, \Gamma_{k(H-1)}^{(l+1)}$. In the
884 calibration setting where the learner receives outcomes $y_{1:T}$, let $\nu_k^{(l)} = \frac{1}{|\Gamma_k^{(l)}|} \sum_{t \in \Gamma_k^{(l)}} y_t$ (as defined
885 on Line 6 of Algorithm 1). In the swap regret setting where the learner receives loss functions $\ell_{1:T}$,
886 let $\ell_k^{(l)} = \frac{1}{|\Gamma_k^{(l)}|} \sum_{t \in \Gamma_k^{(l)}} \ell_t$ (as defined in Line 7 of Algorithm 2).

887 Finally, recall that for an online learning algorithm Alg with time horizon H , we define its action
888 at time step $h \in [H]$ given losses $\ell_1, \dots, \ell_H : \mathcal{P} \rightarrow \mathbb{R}$ by $\text{Alg}_h(\ell_1, \dots, \ell_H)$. If Alg_h only depends
889 on the first g losses, then we will write $\text{Alg}_h(\ell_1, \dots, \ell_g)$. In the proof of Theorem 3.1 we will
890 consider two algorithms in particular; the first, Follow-The-Leader (FTL) is defined as follows: for

⁶Technically, the analysis of [DDFG24] does not analyse the labeled version, but the proof goes through as is
– the only step where labeling changes any of the reasoning in the argument is in Eq. (8) of [DDFG24], where
the upper bound as written in that equation holds even for the labeled version.

891 $\ell_1, \dots, \ell_{h-1} : \mathcal{P} \rightarrow \mathbb{R}$, we have

$$\text{FTL}_h(\ell_1, \dots, \ell_{h-1}) = \operatorname{argmin}_{p \in \mathcal{P}} \sum_{i=1}^{h-1} \ell_i(p).$$

892 The second algorithm we consider is the Be-The-Leader algorithm (BTL), which is defined as follows:
 893 for $\ell_1, \dots, \ell_h : \mathcal{P} \rightarrow \mathbb{R}$, we have

$$\text{BTL}_h(\ell_1, \dots, \ell_h) = \operatorname{argmin}_{p \in \mathcal{P}} \sum_{i=1}^h \ell_i(p).$$

894 Note that since $\text{BTL}_h(\ell_{1:h})$ depends on the unobserved loss ℓ_h at time step h , it is unimplementable.
 895 Nevertheless, it will be useful in our analysis.

896 Next we prove Lemma 3.2, establishing the equivalence of TreeCal and TreeSwap.FTL. In fact, we
 897 establish the stronger claim, which immediately implies Lemma 3.2.

898 **Lemma C.2.** Fix distributions $q_0, \dots, q_h \in \Delta(\mathcal{P})$, and define $\ell_h(p) := \mathbb{E}_{y \sim q_h} [D_R(y|p)]$. Then for
 899 each $h > 0$, $\text{FTL}_h(\ell_0, \dots, \ell_{h-1}) = \frac{1}{h} \sum_{i=0}^{h-1} \mathbb{E}_{y \sim q_i} [y]$.

900 *Proof.* The lemma is an immediate consequence of Lemma 2.1, noting that

$$\text{FTL}_h(\ell_0, \dots, \ell_{h-1}) = \operatorname{argmin}_{p \in \mathcal{P}} \sum_{i=0}^{h-1} \ell_i(p) = \operatorname{argmin}_{p \in \mathcal{P}} \mathbb{E}_{i \sim [0:h-1], y \sim q_i} [D_R(y|p)] = \frac{1}{h} \sum_{i=0}^{h-1} \mathbb{E}_{y \sim q_i} [y]. \quad (7)$$

901 □

902 *Proof of Lemma 3.2.* At time t , both TreeCal (Line 10 of Algorithm 1) and TreeSwap.FTL (Line 11
 903 of Algorithm 2) select $\mathbf{x}_t = \text{Unif} \left(\left\{ p_{t_1}^{(1)}, p_{t_1 t_2}^{(2)}, \dots, p_{t_1 t_2 \dots t_L}^{(L)} \right\} \right)$. It remains to demonstrate that
 904 both algorithms assign actions $p_k^{(l)}$ to intervals $\Gamma_k^{(l)}$ identically. Fixing a choice of $l \in [L]$ and
 905 $k \in [0 : H-1]^{l-1}$, this is an immediate consequence of Lemma C.2 with $q_h = \text{Unif}(\{y_t : t \in \Gamma_{k,h}^{(l)}\})$
 906 and the fact that:

907 • In TreeCal, $p_{k,h}^{(l)} = \frac{1}{h} \sum_{i=0}^{h-1} \nu_{k,i}^{(l)}$ with $\nu_{k,i}^{(l)} = \mathbb{E}_{t \sim \text{Unif}(\Gamma_{k,i}^{(l)})} [y_t]$;

908 • Whereas in TreeSwap.FTL, $p_{k,h}^{(l)} = \text{FTL}_{h+1}(\ell_{k,0}^{(l)}, \dots, \ell_{k,h-1}^{(l)})$ with $\ell_{k,i}^{(l)} =$
 909 $\mathbb{E}_{t \sim \text{Unif}(\Gamma_{k,i}^{(l)})} [D_R(y_t|\cdot)]$.

910 □

911 We are now ready to prove Theorem 3.1.

912 *Proof of Theorem 3.1.* Fix any convex set \mathcal{P} and a norm $\|\cdot\|$, and let $R : \mathcal{P} \rightarrow \mathbb{R}$ be chosen to be
 913 1-strongly convex which has range $\rho > 0$. Lemma 3.2 gives that the actions $\mathbf{x}_1, \dots, \mathbf{x}_T \in \Delta(\mathcal{P})$
 914 are identical to the actions played by TreeSwap.FTL with losses $\ell_t(p) = D_R(y_t|p)$ (Algorithm 2;
 915 we are ignoring the labels here). Thus, from here on, it suffices to bound the calibration error of the
 916 corresponding distributions $\mathbf{x}_1, \dots, \mathbf{x}_T$ of TreeSwap.FTL. The actions $p_{k,h}^{(l)}$ (for $l \in [L], k \in [0 :$
 917 $H-1]^{l-1}, h \in [0 : H-1]$) of TreeSwap.FTL satisfy $p_{k,h}^{(l)} = \text{FTL}_{h+1}(\ell_{k,0}^{(l)}, \dots, \ell_{k,h-1}^{(l)})$.

918 Next, let $\tilde{p}_{k,h}^{(l)}$ denote the corresponding actions played by TreeSwap.BTL, i.e., $\tilde{p}_{k,h}^{(l)} =$
 919 $\text{BTL}_{h+1}(\ell_{k,0}^{(l)}, \dots, \ell_{k,h}^{(l)})$. We let $\mathbf{x}_t \in \Delta(\bar{\mathcal{P}})$ denote the (labeled) distribution chosen by
 920 TreeSwap.FTL (Line 11 of Algorithm 2), and let $\tilde{\mathbf{x}}_t \in \Delta(\bar{\mathcal{P}})$ denote the corresponding distribution
 921 for TreeSwap.BTL. To be concrete, if $t-1 = (h_1 \dots h_L)$, then

$$\mathbf{x}_t = \text{Unif}(\{(p_{h_1}^{(1)}, h_1), \dots, (p_{h_1 \dots h_L}^{(L)}, h_{1:L})\}), \quad \tilde{\mathbf{x}}_t = \text{Unif}(\{(\tilde{p}_{h_1}^{(1)}, h_1), \dots, (\tilde{p}_{h_1 \dots h_L}^{(L)}, h_{1:L})\}), \quad (8)$$

922 We state the below claim, whose proof is deferred to the end of the section. (We remark that the
 923 primary purpose of introducing labeling is so that it is possible to establish Claim C.3.)

924 **Claim C.3.** *It holds that*

$$\text{Cal}_T^{\|\cdot\|^2}(\mathbf{x}_{1:T}, y_{1:T}) - 2\text{Cal}_T^{\|\cdot\|^2}(\tilde{\mathbf{x}}_{1:T}, y_{1:T}) \leq \frac{2 \cdot \text{diam}(\mathcal{P})^2}{H^2} \cdot T. \quad (9)$$

925 The fact that BTL enjoys non-positive external regret (e.g., [SS11, Lemma 2.1] gives that for
 926 an arbitrary sequence of loss functions $\ell_t : \mathcal{P} \rightarrow \mathbb{R}$, the external regret of BTL_H satisfies
 927 $\text{ExtReg}_H(\text{BTL}_H) \leq 0$. Thus, by Theorem C.1, the swap regret of (the labeled version of)
 928 TreeSwap_T applied with $\text{Alg}_H = \text{BTL}_H$ may be bounded as follows: for any sequence of losses
 929 $\ell_1, \dots, \ell_T : \mathcal{P} \rightarrow [0, \rho]$,

$$\text{FullSwapReg}_T(\tilde{\mathbf{x}}_{1:T}, \ell_{1:T}) \leq T \cdot \frac{3\rho}{L}.$$

930 Using Lemma 2.2 and (9), we get that for an arbitrary sequence $y_1, \dots, y_T \in \mathcal{P}$,

$$\begin{aligned} \text{Cal}_T^{\|\cdot\|^2}(\mathbf{x}_{1:T}, y_{1:T}) &\leq 2 \cdot \text{Cal}_T^{\|\cdot\|^2}(\tilde{\mathbf{x}}_{1:T}, y_{1:T}) + \frac{2 \cdot \text{diam}(\mathcal{P})^2}{H^2} \cdot T \\ &\leq 2 \cdot \text{Cal}_T^{D_R}(\tilde{\mathbf{x}}_{1:T}, y_{1:T}) + \frac{2 \cdot \text{diam}(\mathcal{P})^2}{H^2} \cdot T \\ &= 2 \cdot \text{FullSwapReg}_T(\tilde{\mathbf{x}}_{1:T}, D_R(y_{1:T}|\cdot)) + \frac{2 \cdot \text{diam}(\mathcal{P})^2}{H^2} \cdot T \\ &\leq \frac{6\rho \cdot T}{L} + \frac{2 \cdot \text{diam}(\mathcal{P})^2 \cdot T}{H^2}. \end{aligned}$$

931 Given any desired accuracy $\epsilon > 0$, choosing $L = 12\rho/\epsilon$ and $H = \text{diam}(\mathcal{P})/\sqrt{\epsilon}$ gives that we can
 932 guarantee $\text{Cal}_T^{\|\cdot\|^2}(\mathbf{x}_{1:T}, y_{1:T}) \leq \epsilon \cdot T$ as long as $T \geq H^L = (\text{diam}(\mathcal{P})/\sqrt{\epsilon})^{12\rho/\epsilon^2}$. \square

933 *Proof of Claim C.3.* For each $t \in [T]$, we can write $t - 1 = h_1 h_2 \dots h_L$ with $h_i \in [0 : H - 1]$ for
 934 all $i \in [L]$, and $\mathbf{x}_t, \tilde{\mathbf{x}}_t$ are as given in (8). Let us write, for $(p, \sigma) \in \bar{\mathcal{P}}$,

$$\begin{aligned} \nu_{(p, \sigma)} &:= \frac{\sum_{t=1}^T \mathbf{x}_t((p, \sigma)) \cdot y_t}{\sum_{t=1}^T \mathbf{x}_t((p, \sigma))}, & \tilde{\nu}_{(p, \sigma)} &:= \frac{\sum_{t=1}^T \tilde{\mathbf{x}}_t((p, \sigma)) \cdot y_t}{\sum_{t=1}^T \mathbf{x}_t((p, \sigma))}, \\ \nu_\sigma &:= \frac{\sum_{p \in \mathcal{P}} \sum_{t=1}^T \mathbf{x}_t((p, \sigma)) \cdot y_t}{\sum_{p \in \mathcal{P}} \sum_{t=1}^T \mathbf{x}_t((p, \sigma))}. \end{aligned} \quad (10)$$

935 Since each $p_{h_1 \dots h_L}^{(l)}$ and each $\tilde{p}_{h_1 \dots h_L}^{(l)}$ is labeled by $h_{1:l}$ in \mathbf{x}_t and $\tilde{\mathbf{x}}_t$, respectively, it holds that for each
 936 σ of the form $\sigma = h_1 \dots h_L$ (for some $l \in [L]$), there are unique $p, \tilde{p} \in \mathcal{P}$ so that $\nu_\sigma = \nu_{(p, \sigma)} = \nu_{(\tilde{p}, \sigma)}$:

937 in particular, we have $p = p_{h_1 \dots h_l}^{(l)}, \tilde{p} = \tilde{p}_{h_1 \dots h_l}^{(l)}$. We can therefore bound

$$\begin{aligned}
& \text{Cal}_T^{\|\cdot\|^2}(\mathbf{x}_{1:T}, y_{1:T}) - 2\text{Cal}_T^{\|\cdot\|^2}(\tilde{\mathbf{x}}_{1:T}, y_{1:T}) \\
&= \sum_{l \in [L], h_{1:l} \in [0:H-1]^l} \left(\sum_{t=1}^T \mathbf{x}_t((p_{h_1 \dots h_l}^{(l)}, h_1 \dots h_l)) \right) \cdot \|\nu_{h_1 \dots h_l} - p_{h_1 \dots h_l}^{(l)}\|^2 \\
&\quad - 2 \left(\sum_{t=1}^T \tilde{\mathbf{x}}_t((\tilde{p}_{h_1 \dots h_l}^{(l)}, h_1 \dots h_l)) \right) \cdot \|\nu_{h_1 \dots h_l} - \tilde{p}_{h_1 \dots h_l}^{(l)}\|^2 \\
&= \sum_{l \in [L], h_{1:l} \in [0:H-1]^l} \frac{H^{L-l}}{L} \cdot \left(\|\nu_{h_1 \dots h_l} - p_{h_1 \dots h_l}^{(l)}\|^2 - 2 \|\nu_{h_1 \dots h_l} - \tilde{p}_{h_1 \dots h_l}^{(l)}\|^2 \right) \\
&\leq 2 \sum_{l \in [L], h_{1:l} \in [0:H-1]^l} \frac{H^{L-l}}{L} \cdot \|p_{h_1 \dots h_l}^{(l)} - \tilde{p}_{h_1 \dots h_l}^{(l)}\|^2 \\
&\leq \frac{2}{L} \sum_{l=1}^L \sum_{h_{1:l-1} \in [0:H-1]^{l-1}} \text{diam}(\mathcal{P})^2 \cdot H^{L-l} \\
&\leq \frac{2}{L} \sum_{l=1}^L \text{diam}(\mathcal{P})^2 \cdot H^{L-1} \\
&= \frac{2T \text{diam}(\mathcal{P})^2}{H},
\end{aligned} \tag{11}$$

938 where the second-to-last inequality uses that $\sum_{h_l=0}^{H-1} \|p_{h_1 \dots h_l}^{(l)} - \tilde{p}_{h_1 \dots h_l}^{(l)}\|^2 \leq \text{diam}(\mathcal{P})^2$ for all
939 choices of $h_1 \dots h_{l-1}$ (a consequence of Lemma C.4 and Lemma C.2).
940 □

941 **Lemma C.4.** Fix any convex set $\mathcal{P} \subset \mathbb{R}^d$ and a convex function $R : \mathcal{P} \rightarrow \mathbb{R}$. Fix a sequence
942 $y_1, \dots, y_H \in \mathcal{P}$, and set

$$p_h = \frac{1}{h-1} \sum_{i=1}^{h-1} y_i \quad \forall h \in [H], h > 1, \quad \tilde{p}_h = \frac{1}{h} \sum_{i=1}^h y_i \quad \forall h \in [H],$$

943 as well as $p_1 \in \mathcal{P}$ arbitrarily. Then

$$\sum_{h=1}^H \|p_h - \tilde{p}_h\|^2 \leq 2 \cdot \text{diam}(\mathcal{P})^2.$$

944 *Proof.* Note that

$$\tilde{p}_h - p_h = \frac{y_h}{h} - \frac{1}{h(h-1)} \sum_{i=1}^{h-1} y_i,$$

945 which implies that $\|\tilde{p}_h - p_h\|^2 \leq \frac{\pi^2}{6} \cdot \text{diam}(\mathcal{P})^2 < 2\text{diam}(\mathcal{P})^2$. □

946 Applying Cauchy-Schwarz, we get the following corollary,

947 **Corollary C.5.** Let $\mathcal{P} \subset \mathbb{R}^d$ be a bounded convex set and $\|\cdot\|$ be an arbitrary norm. Then, TreeCal
948 (Algorithm 1) guarantees that for an arbitrary sequence of outcomes $y_1, \dots, y_T \in \mathcal{P}$, the $\|\cdot\|$
949 calibration error of its predictions $\mathbf{x}_1, \dots, \mathbf{x}_T \in \Delta(\mathcal{P})$ is bounded $\text{Cal}_T^{\|\cdot\|}(\mathbf{x}_{1:T}, y_{1:T}) \leq \epsilon T$ for
950 $T \geq (\text{diam}_{\|\cdot\|}(\mathcal{P})/\epsilon)^{O(\text{Rate}(\mathcal{P}, \|\cdot\|)/\epsilon^2)}$

951 *Proof.* Using the fact that $\sum_{p \in \mathcal{P}} \sum_{t=1}^T \mathbf{x}_t(p) = 1$ together with Jensen's inequality, we have

$$\begin{aligned} \frac{1}{T} \text{Cal}_T^{\|\cdot\|}(\mathbf{x}_{1:T}, y_{1:T}) &= \frac{1}{T} \sum_{p \in \mathcal{P}} \left(\sum_{t=1}^T \mathbf{x}_t(p) \right) \cdot \|\nu_p - p\| \\ &\leq \sqrt{\frac{1}{T} \sum_{p \in \mathcal{P}} \left(\sum_{t=1}^T \mathbf{x}_t(p) \right) \cdot \|\nu_p - p\|^2} \\ &= \sqrt{\frac{1}{T} \text{Cal}_T^{\|\cdot\|^2}(\mathbf{x}_{1:T}, y_{1:T})} \leq \epsilon \end{aligned}$$

952 for $T \geq (\text{diam}(\mathcal{P})/\epsilon)^{O(\text{Rate}(\mathcal{P}, \|\cdot\|)/\epsilon^2)}$ by Theorem 3.1. Thus, $\text{Cal}_T^{\|\cdot\|}(\mathbf{x}_{1:T}, y_{1:T}) \leq \epsilon T$ for $T \geq$
953 $(\text{diam}(\mathcal{P})/\epsilon)^{O(\text{Rate}(\mathcal{P}, \|\cdot\|)/\epsilon^2)}$, incurring an additional factor of 2 in the exponent constant, as desired. \square
954

955 Finally, for the setting of centrally symmetric \mathcal{P} , we can apply Lemma 2.4 to directly relate this regret
956 bound to the optimal possible rate of an online linear optimization problem.

957 **Corollary C.6.** *Let $\mathcal{P} \subset \mathbb{R}^d$ be a bounded centrally symmetric convex set and $\|\cdot\|$ be an ar-*
958 *bitrary norm. Then, TreeCal (Algorithm 1) guarantees that for an arbitrary sequence of out-*
959 *comes $y_1, \dots, y_T \in \mathcal{P}$, the $\|\cdot\|$ calibration error of its predictions $\mathbf{x}_1, \dots, \mathbf{x}_T \in \Delta(\mathcal{P})$ is bounded*
960 $\text{Cal}_T^{\|\cdot\|}(\mathbf{x}_{1:T}, y_{1:T}) \leq \epsilon T$ *for $T \geq (\text{diam}_{\|\cdot\|}(\mathcal{P})/\epsilon)^{O(\text{Rate}_{\text{OLO}}(\mathcal{P}, \|\cdot\|)/\epsilon^2)}$*

961 *Proof.* Follows immediately by applying Lemma 2.4 to Corollary C.5. \square

962 D Proofs for Section 4

963 In this section, we prove lower bounds on high-dimensional calibration that tell us that in order to
964 achieve calibration error at most $\epsilon \cdot T$, we need to take $T \gtrsim \exp(\text{poly}(1/\epsilon))$. First, in Appendix D.1,
965 we prove a lower bound for ℓ_1 calibration over the d -dimensional simplex, and then, in ??, we prove
966 a lower bound for ℓ_2 calibration over the unit d -dimensional Euclidean ball.

967 D.1 Lower bound on ℓ_1 calibration

968 First, we prove Theorem 4.3 which gives a lower bound on ℓ_1 calibration over the simplex $\mathcal{P} = \Delta^d$.

969 *Proof of Lemma 4.2.* Fix an algorithm Alg which ensures that $\text{Cal}_T^D(\mathbf{x}_{1:T}, y_{1:T}) \leq \epsilon \cdot T$ as in the
970 statement of the lemma. We construct the following algorithm Alg': it simulates Alg, but whenever
971 Alg outputs the distribution $\mathbf{x}_t \in \Delta(\mathcal{P})$, Alg' chooses instead $\mathbf{x}'_t \in \Delta(\mathcal{P}')$, defined by

$$\mathbf{x}'_t(p') := \sum_{\substack{p \in \mathcal{P}: \\ p' = \arg\min_{q \in \mathcal{P}'} \langle q, p \rangle}} \mathbf{x}_t(p).$$

972 To simplify notation, we define $\text{BR}(p) := \operatorname{argmin}_{q \in \mathcal{P}'} \langle q, p \rangle$. It follows that, for any oblivious
 973 adversary choosing a (random) sequence $y_1, \dots, y_T \in \mathcal{P}$,

$$\begin{aligned}
 & \text{FullSwapReg}_T(\mathbf{x}'_{1:T}, \ell(\cdot, y_{1:T})) \\
 &= \sup_{\pi: \mathcal{P}' \rightarrow \mathcal{P}'} \sum_{p' \in \mathcal{P}'} \sum_{t \in [T]} \mathbf{x}'_t(p') \cdot (\langle y_t, p' - \pi(p') \rangle) \\
 &= \sup_{\pi: \mathcal{P}' \rightarrow \mathcal{P}'} \sum_{p \in \mathcal{P}} \sum_{t \in [T]} \mathbf{x}_t(p) \cdot (\langle y_t, \text{BR}(p) - \pi(\text{BR}(p)) \rangle) \\
 &= \sup_{\pi: \mathcal{P}' \rightarrow \mathcal{P}'} \sum_{p \in \mathcal{P}} \left(\sum_{t \in [T]} \mathbf{x}_t(p) \right) \cdot (\langle \nu_p, \text{BR}(p) - \pi(\text{BR}(p)) \rangle) \\
 &= \sup_{\pi: \mathcal{P}' \rightarrow \mathcal{P}'} \sum_{p \in \mathcal{P}} \left(\sum_{t \in [T]} \mathbf{x}_t(p) \right) \cdot (\langle \nu_p - p, \text{BR}(p) - \pi(\text{BR}(p)) \rangle + \langle p, \text{BR}(p) - \pi(\text{BR}(p)) \rangle) \\
 &\leq \sup_{\pi: \mathcal{P}' \rightarrow \mathcal{P}'} \sum_{p \in \mathcal{P}} \left(\sum_{t \in [T]} \mathbf{x}_t(p) \right) \cdot (\|\nu_p - p\| \cdot \|\text{BR}(p) - \pi(\text{BR}(p))\|_*) \\
 &\leq \text{diam}_{\|\cdot\|_*}(\mathcal{P}') \cdot \text{Cal}_T^D(\mathbf{x}_{1:T}, y_{1:T}),
 \end{aligned}$$

974 where in the final inequality we have used the fact that $\|\text{BR}(p) - \pi(\text{BR}(p))\|_* \leq \text{diam}_{\|\cdot\|_*}(\mathcal{P}')$. \square

975 For $p > 0$, $d \in \mathbb{N}$, write $\mathcal{B}_p^d := \{x \in \mathbb{R}^d \mid \|x\|_p \leq 1\}$ to denote the unit ℓ_p norm ball.

976 To map the lower bound Theorem 4.1 from the $\|\cdot\|_1$ -norm unit ball \mathcal{B}_1^d to the simplex and arrive at
 977 the desired contradiction using the above lemma, we use the following.

978 **Lemma D.1.** Fix $d \in \mathbb{N}$, and write $D(x, y) := \|x - y\|_1$ for $x, y \in \mathbb{R}^d$. Suppose that there is an
 979 algorithm Alg for calibration over the domain $\mathcal{P} = \Delta^{2d+1}$ which produces $\mathbf{x}_{1:T}$ given the choices
 980 of an adversary $y_{1:T}$ achieving calibration error $\text{Cal}_T^D(\mathbf{x}_{1:T}, y_{1:T}) \leq R(T)$, for $T \in \mathbb{N}$. Then there
 981 is an algorithm Alg' for calibration over the domain \mathcal{B}_1^d which produces $\mathbf{x}'_{1:T}$ given $y'_{1:T}$ achieving
 982 calibration error $\text{Cal}_T^D(\mathbf{x}'_{1:T}, y'_{1:T}) \leq R(T)$.

983 *Proof of Lemma D.1.* We define a mapping $\psi: \mathcal{B}_1^d \rightarrow \Delta^{2d+1}$ as follows: for $y \in \mathcal{B}_1^d \subset \mathbb{R}^d$, we
 984 define

$$\phi(y)_i = \begin{cases} [y_j]_+ & : i = 2j - 1, j \in [d] \\ [y_j]_- & : i = 2j, j \in [d] \\ 1 - \|y\| & : i = 2d + 1. \end{cases}$$

985 It is straightforward to see that ϕ has a left inverse ψ , defined as follows: for $z \in \Delta^{2d+1}$,

$$\psi(z)_i = z_{2i-1} - z_{2i}, \quad i \in [d],$$

986 so that $\psi \circ \phi(y) = y$ for all $y \in \mathbb{R}^d$.

987 We define the algorithm Alg' as follows: given $y'_t \in \mathcal{B}_1^d \subset \mathbb{R}^d$, it defines $y_t \in \Delta^{2d+1}$ by $y_t = \phi(y'_t)$.
 988 Alg' then feeds y_t into Alg, and if we denote the distribution output by Alg at time step t by \mathbf{x}_t , Alg'
 989 then plays the push-forward measure $\mathbf{x}'_t := \psi \circ \mathbf{x}_t \in \Delta(\mathcal{B}_1^d)$.

990 Our bound on the calibration error of Alg gives

$$\text{Cal}_T^D(\mathbf{x}_{1:T}, y_{1:T}) = \sum_{p \in \Delta^{2d+1}} \left(\sum_{t=1}^T \mathbf{x}_t(p) \right) \cdot \|\nu_p - p\|_1 \leq R(T),$$

991 where $\nu_p = \frac{\sum_{t=1}^T \mathbf{x}_t(p) \cdot y_t}{\sum_{t=1}^T \mathbf{x}_t(p)} \in \Delta^{2d+1}$. For $p' \in \mathcal{B}_1^d$, let us denote $\nu'_{p'} := \frac{\sum_{t=1}^T \mathbf{x}'_t(p') \cdot y'_t}{\sum_{t=1}^T \mathbf{x}'_t(p')} =$
 992 $\psi \left(\frac{\sum_{t=1}^T \mathbf{x}'_t(p') \cdot y'_t}{\sum_{t=1}^T \mathbf{x}'_t(p')} \right)$, using linearity of ψ .

993 We may now bound the calibration error of Alg' by

$$\begin{aligned} \text{Cal}_T^D(\mathbf{x}'_{1:T}, y'_{1:T}) &= \sum_{p' \in \mathcal{B}_1^d} \left(\sum_{t=1}^T \mathbf{x}'_t(p') \right) \cdot \|\nu'_{p'} - p'\|_1 \\ &\leq \sum_{p \in \Delta^{2d+1}} \left(\sum_{t=1}^T \mathbf{x}_t(p) \right) \cdot \|\psi(\nu_p) - \psi(p)\|_1 \\ &\leq \text{Cal}_T^D(\mathbf{x}_{1:T}, y_{1:T}). \end{aligned}$$

994

□

995 *Proof of Theorem 4.3.* Suppose to the contrary that there was an algorithm Alg which bounded
 996 calibration error by ϵT for $T \leq \exp(c \cdot \min\{d^{1/14}, \epsilon^{-1/6}\})$. Then by Lemma D.1, for $d' =$
 997 $\lfloor (d-1)/2 \rfloor$ there is an algorithm Alg' for calibration on the domain $\mathcal{B}_1^{d'} \subset \mathbb{R}^{d'}$ produces $\mathbf{x}'_{1:T}$ given
 998 $y'_{1:T}$ satisfying $\text{Cal}_T^D(\mathbf{x}'_{1:T}, y'_{1:T}) \leq \epsilon \cdot T$ for any $T \leq \exp(c \cdot \min\{d^{1/14}, \epsilon^{-1/6}\})$.

999 We now apply Lemma 4.2 for $\mathcal{P} = \mathcal{B}_1^{d'} \subset \mathbb{R}^{d'}$, the norm given by the ℓ_1 norm $\|\cdot\|_1$, and $\mathcal{P}' :=$
 1000 $[-1, 1]^{d'}$. Note that $\text{diam}_{\|\cdot\|_\infty}(\mathcal{P}') = 1$. Then Lemma 4.2 ensures that there is an algorithm Alg''
 1001 which chooses $\mathbf{x}''_1, \dots, \mathbf{x}''_T \in \Delta(\mathcal{P}')$ which ensures that for every oblivious adversary choosing
 1002 $y''_1, \dots, y''_T \in \mathcal{B}_1^{d'}$, we have $\text{FullSwapReg}_T(\mathbf{x}''_{1:T}, \ell(\cdot, y''_{1:T})) \leq \epsilon \cdot T$.

1003 But if $T \leq \exp(c_{4.1} \cdot \min\{(d')^{1/14}, \epsilon^{-1/6}\})$, we have a contradiction to Theorem 4.1, thus completing
 1004 the proof of the theorem. □

1005 D.2 Lower bound for ℓ_2 calibration

1006 Next, we prove a lower bound for ℓ_2 calibration.

1007 **Theorem D.2.** *There is a sufficiently small constant $c > 0$ so that the following holds. Write*
 1008 *$D(p, p') = \|p - p'\|_2$ and fix any $\epsilon > 0$, $d \in \mathbb{N}$. Then for any $T \leq \exp(c \cdot \min\{d^{1/14}, \epsilon^{-1/7}\})$, there*
 1009 *is an oblivious adversary producing a sequence $y_1, \dots, y_T \in \mathcal{B}_2^d$ so that for any learning algorithm*
 1010 *producing $\mathbf{x}_1, \dots, \mathbf{x}_T \in \Delta(\mathcal{B}_2^d)$, $\text{Cal}_T^D(\mathbf{x}_{1:T}, y_{1:T}) \geq \epsilon \cdot T$.*

1011 *Proof.* Fix $\epsilon > 0$, $d \in \mathbb{N}$, and write $\tilde{\epsilon} = \epsilon^{6/7}$. We may assume without loss of generality that
 1012 $d \leq \tilde{\epsilon}^{-14/6}$, so that $\min\{d^{1/14}, \tilde{\epsilon}^{-1/6}\} = \min\{d^{1/14}, \epsilon^{-1/7}\} = d^{1/14}$: if this were not the case, we
 1013 simply use the adversary resulting from $\tilde{\epsilon}^{-14/6}$ dimensions and project the forecaster's predictions
 1014 down into this lower-dimensional subspace, which can only decrease calibration error. Now suppose
 1015 to the contrary that there was an algorithm Alg which bounded calibration error by ϵT for $T \leq$
 1016 $\exp(c \cdot \min\{d^{1/14}, \epsilon^{-1/7}\}) = \exp(c \cdot d^{1/14})$. Then by Lemma 4.2 with $\mathcal{P} = \mathcal{B}_2^d$ and norm $\|\cdot\| = \|\cdot\|_2$,
 1017 for any subset $\mathcal{P}' \subset \mathcal{B}_2^d$ we get that there is an algorithm which chooses $\mathbf{x}'_1, \dots, \mathbf{x}'_T \in \Delta(\mathcal{P}')$ and
 1018 which ensures that for every oblivious adversary choosing $y_1, \dots, y_T \in \mathcal{B}_2^d$, we have

$$\text{FullSwapReg}_T(\mathbf{x}'_{1:T}, (\langle \cdot, y_1 \rangle, \dots, \langle \cdot, y_T \rangle)) \leq \epsilon \cdot T. \quad (12)$$

1019 On the other hand, the oblivious adversary of Theorem 4.1 guarantees a subset $\mathcal{X} \subset [-1, 1]^d \subset$ and
 1020 an oblivious adversary producing a sequence $v_1, \dots, v_T \in \mathbb{R}^d$ with $\|v_t\|_\infty \leq d^{-13/14}$ for all $t \in [T]$,
 1021 so that

$$\text{FullSwapReg}_T(\mathbf{x}_{1:T}, (\langle \cdot, v_1 \rangle, \dots, \langle \cdot, v_T \rangle)) \geq \tilde{\epsilon} \cdot T \quad (13)$$

1022 as long as $T \leq \exp(c_{4.1} \cdot d^{1/14})$. We have $\|v_t\|_2 \leq d^{1/2-13/14} = d^{-3/7}$ for all t , and scaling \mathcal{X}
 1023 down by a factor of $1/\sqrt{d}$ (i.e., letting $\mathcal{P}' = \mathcal{X}/\sqrt{d}$) and all vectors v_t up by a factor of $d^{3/7}$ (i.e.,
 1024 letting $v'_t = \sqrt{d} \cdot v_t$ ensures that any algorithm producing $\mathbf{x}'_1, \dots, \mathbf{x}'_T \in \mathcal{P}'$ must still have full swap
 1025 regret

$$\text{FullSwapReg}_T(\mathbf{x}'_{1:T}, (\langle \cdot, v'_1 \rangle, \dots, \langle \cdot, v'_T \rangle)) \geq \tilde{\epsilon} \cdot T \cdot d^{-1/14} \geq \tilde{\epsilon}^{7/6} \cdot T = \epsilon \cdot T,$$

1026 but now ensures that $\mathcal{P}' \subset \mathcal{B}_2^d$ and that $v'_t \in \mathcal{B}_2^d$ for all t . By taking $c = c_{4.1}$, this contradicts (12). □

E Pure calibration and pure full swap regret

E.1 Pure calibration

In certain settings of calibration, the learner is required to randomly select a pure forecast $p_t \in \mathcal{P}$ rather than a distribution $\mathbf{x}_t \in \Delta(\mathcal{P})$. In these settings, the above definition of calibration is instead referred to as “pseudo-calibration”. Here, we stick to calling the above calibration, as we believe it to be the more natural definition, and instead refer to this alternative setting as “pure-calibration”. The learning task changes as follows.

At each time step $t \in [T]$:

- The learning algorithm chooses a distribution $\mathbf{x}_t \in \Delta(\mathcal{P})$.
- The adversary observes \mathbf{x}_t and chooses an *outcome* $y_t \in \mathcal{P}$.
- The learner samples $p_t \sim \mathbf{x}_t$.

We adjust the definitions of the “pure average outcome” and “pure-calibration” accordingly:

$$\dot{\nu}_p := \frac{\sum_{t=1}^T \mathbb{1}[p_t = p] \cdot y_t}{\sum_{t=1}^T \mathbb{1}[p_t = p]}, \quad \text{PureCal}_T^D(p_{1:T}, y_{1:T}) := \sum_{p \in \mathcal{P}} \left(\sum_{t=1}^T \mathbb{1}[p_t = p] \right) \cdot D(\dot{\nu}_p, p)$$

Algorithm 3 SampleTreeCal(\mathcal{P}, T, H, L, S)

Require: Action set $\mathcal{P} \subset \mathbb{R}^d$, time horizon T , repetition parameter S parameters H, L with $T/S \leq H^L$.

- 1: Instantiate an instance $\text{TreeCal}(\mathcal{P}, T/S, H, L)$.
 - 2: **for** $1 \leq i \leq T/S$ **do**
 - 3: Let $\mathbf{x}_i \in \Delta(\mathcal{P})$ denote the prediction of TreeCal at step i .
 - 4: **for** $1 \leq j \leq S$ **do**
 - 5: Sample $p_{S(i-1)+j} \sim \mathbf{x}_i$, and observe outcome $y_{S(i-1)+j}$.
 - 6: **end for**
 - 7: Feed the outcome $\bar{y}_i := \frac{1}{S} \sum_{j=1}^S y_{S(i-1)+j}$ to TreeCal .
 - 8: **end for**
-

To obtain a bound on the (expected) pure calibration error, we use a slight modification of TreeCal , namely SampleTreeCal (Algorithm 3). It functions identically to TreeCal except that for each time step t of TreeCal , it samples S actions from \mathbf{x}_t on each of S contiguous time steps. (Hence, TreeCal is used with time horizon T/S .) At a high level, we will use an appropriate concentration inequality to show that the calibration upper bound of Theorem 3.1 implies a *pure calibration* upper bound for SampleTreeCal .

Theorem E.1 (Pure calibration error). *Let $\mathcal{P} \subset \mathbb{R}^d$ be a bounded convex set and $\|\cdot\|$ be an arbitrary norm with unit dual ball $\mathcal{L} := \{f \in \mathbb{R}^d \mid \|f\|_* \leq 1\}$. Then, SampleTreeCal (Algorithm 3, with an appropriate choice of parameters H, L, S) guarantees that for an arbitrary sequence of outcomes $y_1, \dots, y_T \in \mathcal{P}$, the $\|\cdot\|^2$ calibration error of its predictions $\mathbf{x}_1, \dots, \mathbf{x}_T \in \Delta(\mathcal{P})$ is bounded as follows:*

$$\mathbb{E}[\text{PureCal}_T^{\|\cdot\|}(p_{1:T}, y_{1:T})] \leq \epsilon T, \quad \text{for } T \geq \text{Rate}(\mathcal{L}, \|\cdot\|_*) \cdot (\text{diam}_{\|\cdot\|}(\mathcal{P})/\epsilon)^{O(\text{Rate}(\mathcal{P}, \|\cdot\|)/\epsilon^2)}.$$

Proof. The proof uses Theorem 3.1 together with an appropriate concentration inequality, and closely follows that of [Pen25, Lemma 3.4].

Fix any $1 \leq i \leq T/S$ and $1 \leq j \leq S$, and let $\mathcal{F}_{S(i-1)+j}$ denote the σ -algebra generated by $y_1, \dots, y_{S(i-1)+j+1}$ and $p_1, \dots, p_{S(i-1)+j}$; since TreeCal is deterministic, it follows that $\mathbf{x}_1, \dots, \mathbf{x}_i \in \Delta(\mathcal{P})$ are \mathcal{F}_i -measurable. For any $1 \leq j \leq S$, we have that, for any $p \in \text{supp}(\mathbf{x}_i)$,

$$\mathbb{E}[(p - y_{S(i-1)+j}) \cdot \mathbb{1}[p_{S(i-1)+j} = p] \mid \mathcal{F}_{S(i-1)+j-1}] = (p - y_{S(i-1)+j}) \cdot \mathbf{x}_i(p).$$

1055 Fixing any $i \in [T/S]$, By Lemma E.2 applied to the sequence $M_{S(i-1)+j} = (p - y_{S(i-1)+j}) \cdot$
 1056 $\mathbb{1}[p_{S(i-1)+j} = p]$, for $1 \leq j \leq S$ (and the filtration $\mathcal{F}_{S(i-1)+j}$), we see that

$$\mathbb{E} \left[\left\| \sum_{j=1}^S (p - y_{S(i-1)+j}) \cdot \mathbb{1}[p_{S(i-1)+j} = p] - \sum_{j=1}^S (p - y_{S(i-1)+j}) \cdot \mathbf{x}_i(p) \right\| \right] \leq \text{diam}_{\|\cdot\|}(\mathcal{P}) \cdot \sqrt{8S \cdot \text{Rate}(\mathcal{L}, \|\cdot\|_*)}.$$

1057 It follows by summing over the L values of $p \in \text{supp}(\mathbf{x}_i)$ that

$$\begin{aligned} & \mathbb{E} \left[\sum_{p \in \mathcal{P}} \left\| \sum_{j=1}^S (p - y_{S(i-1)+j}) \cdot \mathbb{1}[p_{S(i-1)+j} = p] - \sum_{j=1}^S (p - y_{S(i-1)+j}) \cdot \mathbf{x}_i(p) \right\| \right] \\ & \leq L \cdot \text{diam}_{\|\cdot\|}(\mathcal{P}) \cdot \sqrt{8S \cdot \text{Rate}(\mathcal{L}, \|\cdot\|_*)} \leq \epsilon \cdot S, \end{aligned} \quad (14)$$

1058 as long as $S \geq \frac{8 \cdot \text{Rate}(\mathcal{L}, \|\cdot\|_*) \cdot \text{diam}_{\|\cdot\|}(\mathcal{P})^2 \cdot L^2}{\epsilon^2}$.

1059 The guarantee of Corollary C.5 gives that, as long as $T/S \geq (\text{diam}_{\|\cdot\|}(\mathcal{P})/\epsilon)^{O(\text{Rate}(\mathcal{P}, \|\cdot\|)/\epsilon^2)}$, then

$$\begin{aligned} \text{Cal}_T^{\|\cdot\|}(\mathbf{x}_{1:T/S}, \bar{y}_{1:T/S}) &= \sum_{p \in \mathcal{P}} \left\| \sum_{i=1}^{T/S} \mathbf{x}_i(p) \cdot (p - \bar{y}_i) \right\| \\ &= \sum_{p \in \mathcal{P}} \left\| \sum_{i=1}^{T/S} \frac{1}{S} \sum_{j=1}^S \mathbf{x}_i(p) \cdot (p - y_{S(i-1)+j}) \right\| \leq \frac{\epsilon T}{S}. \end{aligned} \quad (15)$$

1060 By combining Equations (14) and (15), it follows that for an arbitrary adaptive adversary who chooses
 1061 a sequence $y_1, \dots, y_T \in \mathcal{P}$,

$$\begin{aligned} & \mathbb{E} \left[\text{PureCal}_T^{\|\cdot\|}(p_{1:T}, y_{1:T}) \right] \\ &= \mathbb{E} \left[\sum_{p \in \mathcal{P}} \left\| \sum_{t=1}^T (p - y_t) \cdot \mathbb{1}[p_t = p] \right\| \right] \\ &\leq \mathbb{E} \left[\sum_{p \in \mathcal{P}} \left\| \sum_{i=1}^{T/S} \sum_{j=1}^S (p - y_{S(i-1)+j}) \cdot \mathbf{x}_i(p) \right\| + \sum_{i=1}^{T/S} \left\| \sum_{j=1}^S ((p - y_{S(i-1)+j}) \cdot (\mathbb{1}[p_{S(i-1)+j} = p] - \mathbf{x}_i(p))) \right\| \right\| \right] \\ &\leq 2\epsilon T. \end{aligned}$$

1062 The result follows by rescaling ϵ and our choice of $L = O(\text{Rate}(\mathcal{P}, \|\cdot\|)/\epsilon^2)$. \square

1063 As example applications of Theorem E.1:

- 1064 • When $\|\cdot\|$ is the ℓ_1 norm and \mathcal{P} is the simplex, we have $\text{diam}_{\|\cdot\|}(\mathcal{P}) = 1$, $\mathcal{L} = \{f \in \mathbb{R}^d \mid$
 1065 $\|f\|_\infty \leq 1\}$ satisfies $\text{Rate}(\mathcal{L}, \|\cdot\|_*) \leq d$ (as we can take the function $R(x) = \|x\|_2^2$), which gives
 1066 that for $T \geq d^{O(1/\epsilon^2)}$, we can have $\mathbb{E}[\text{PureCal}_T^{\|\cdot\|_1}] \leq \epsilon T$. This result recovers the main upper
 1067 bound of [Pen25] (Theorem 1.1 therein).
- 1068 • When $\|\cdot\|$ is the ℓ_2 norm and \mathcal{P} is the unit ℓ_2 ball, we have $\text{diam}_{\|\cdot\|}(\mathcal{P}) = 1$, $\mathcal{L} = \{f \in \mathbb{R}^d \mid$
 1069 $\|f\|_2 \leq 1\}$ satisfies $\text{Rate}(\mathcal{L}, \|\cdot\|_*) \leq 1$ (as we can take the function $R(x) = \|x\|_2^2$), which gives
 1070 that for $T \geq \exp(O(1/\epsilon^2))$, we can have $\mathbb{E}[\text{PureCal}_T^{\|\cdot\|_1}] \leq \epsilon T$.

1071 E.2 Sequential law of large numbers

1072 Fix a convex set $\mathcal{P} \subset \mathbb{R}^d$ and a norm $\|\cdot\|$ on \mathbb{R}^d . We define

$$\mathcal{R}_n(\mathcal{P}, \|\cdot\|) := \sup_{\mathbf{p}} \mathbb{E}_\epsilon \left[\left\| \frac{1}{n} \sum_{i=1}^n \epsilon_i \mathbf{p}_i(\epsilon) \right\| \right],$$

1073 where the supremum is over all sequences of mappings $\mathbf{p}_1, \dots, \mathbf{p}_n$, where $\mathbf{p}_i : \{-1, 1\}^{i-1} \rightarrow \mathcal{P}$,
 1074 and the expectation is over an i.i.d. sequence of Rademacher random variables $\epsilon = (\epsilon_1, \dots, \epsilon_n)$,
 1075 $\epsilon_i \sim \text{Unif}(\{\pm 1\})$. The below lemma (essentially contained in [RST15]) establishes a martingale law
 1076 of large numbers for \mathcal{P} -valued martingales, in terms of geometric properties of \mathcal{P} and $\|\cdot\|$.

1077 **Lemma E.2** ([RST15]). *Consider a convex set $\mathcal{P} \subset \mathbb{R}^d$ a norm $\|\cdot\|$ on \mathbb{R}^d , and let M_1, \dots, M_n
 1078 denote a sequence of random variables adapted to a filtration $(\mathcal{F}_i)_{i \in [n]}$. Let $\mathcal{L} = \{f \mid \|f\|_* \leq 1\}$ be
 1079 the unit ball of the dual norm $\|\cdot\|$. Then*

$$\mathbb{E} \left[\left\| \sum_{i=1}^n M_i - \mathbb{E}[M_i \mid \mathcal{F}_{i-1}] \right\| \right] \leq \text{diam}_{\|\cdot\|}(\mathcal{P}) \cdot \sqrt{8n \cdot \text{Rate}(\mathcal{L}, \|\cdot\|_*)}.$$

1080 *Proof.* By applying an appropriate translation to \mathcal{P} , we can assume that \mathcal{P} contains the origin. We
 1081 apply Theorem 2 of [RST15] with the domain \mathcal{Z} equal to \mathcal{P} and the function class \mathcal{F} equal to the
 1082 class of mappings $\{z \mapsto \langle z, f \rangle : \|f\|_* \leq 1\}$ indexed by unit-dual norm linear functions on \mathcal{Z} . The
 1083 theorem implies that

$$\begin{aligned} \mathbb{E} \left[\frac{1}{n} \left\| \sum_{i=1}^n M_i - \mathbb{E}[M_i \mid \mathcal{F}_{i-1}] \right\| \right] &\leq 2 \cdot \sup_{\mathbf{p}} \mathbb{E}_{\epsilon} \left[\sup_{\|f\|_* \leq 1} \frac{1}{n} \left\langle \sum_{i=1}^n \epsilon_i \mathbf{p}_i(\epsilon), f \right\rangle \right] \\ &= 2 \cdot \mathcal{R}_n(\mathcal{P}, \|\cdot\|). \end{aligned}$$

1084 Write $\mathcal{L} = \{f \in \mathbb{R}^d : \|f\|_* \leq 1\}$ denote the unit ball for the dual norm $\|\cdot\|_*$. Proposition 16 of
 1085 [RST15] gives that, if there is a function $R : \mathcal{L} \rightarrow \mathbb{R}$ which is 1-strongly convex with respect to
 1086 $\|\cdot\|_*$ and which has range ρ , then $\mathcal{R}_n(\mathcal{P}, \|\cdot\|) \leq \sqrt{\frac{2\rho}{n}} \cdot \text{diam}_{\|\cdot\|}(\mathcal{P})$. In particular, $\mathcal{R}_n(\mathcal{P}, \|\cdot\|) \leq$
 1087 $\text{diam}_{\|\cdot\|}(\mathcal{P}) \cdot \sqrt{\frac{2\text{Rate}(\mathcal{L}, \|\cdot\|_*)}{n}}$. □