

## 1 A geometric interpretation of the forgetting bound in [Evr+22]

2 To show this, from the previous section,  $F_S(mT)$  is at most the average distance from  $\vec{w}_{mT}$  to  
3  $P_1, P_2, \dots, P_T$ , and  $\vec{w}_{mT}$  is on  $P_T$ . The iterates  $\vec{w}_{mT+1}, \vec{w}_{mT+2}, \dots, w_{mT+(T-1)}$  pass through the  
4 rest of the planes, so the distance from  $\vec{w}_{mT}$  to  $P_t$  is at most  $\|\vec{w}_{mT} - \vec{w}_{mT+t}\|$ . The point will be  
5 that if  $\|\vec{w}_t\|^2$  does not decrease much from  $t = mT$  to  $t = (m+1)T$ , then  $\vec{w}_t$  cannot move much  
6 along its path from  $t = mT$  to  $t = (m+1)T$ .

7 Let  $d_t := \|\vec{w}_t - \vec{w}_{t+1}\|$ . Then  $\|\vec{w}_{mT} - \vec{w}_{mT+t}\| \leq d_{mT} + d_{mT+1} + \dots + d_{mT+t-1}$ .

8 As  $\vec{w}_{t+1}$  is a projection of  $\vec{w}_t$  onto a subspace,  $d_t^2 = \|\vec{w}_t\|^2 - \|\vec{w}_{t+1}\|^2$ , so  $\|\vec{w}_{mT}\|^2 - \|\vec{w}_{(m+1)T}\|^2 =$   
9  $d_{mT}^2 + d_{mT+1}^2 + \dots + d_{(m+1)T-1}^2$ .

10  $\frac{F_S(mT)}{\|\vec{w}_{mT} - \vec{w}_{(m+1)T}\|^2} \leq \frac{\frac{1}{T} \sum_{t=1}^{T-1} (\sum_{s=0}^t d_{mT+s})^2}{\sum_{t=0}^{T-1} d_{mT+t}^2}$ . While we could now optimize this quadratic  
11 form precisely, we opt for a simpler bound, deferring a more precise approach to section 3  
12  $:\left(\sum_{s=0}^t d_{mT+s}\right)^2 = \|(d_{mT+s})_{s=1}^t\|_{L^1}^2 \leq t \|(d_{mT+s})_{s=1}^t\|_{L^2}^2$  (with equality when all  $d_{mT+s}$  are  
13 equal).

14 Our bound becomes

$$\begin{aligned} \frac{\frac{1}{T} \sum_{t=1}^{T-1} \left(\sum_{s=0}^t d_{mT+s}\right)^2}{\sum_{t=0}^{T-1} d_{mT+t}^2} &\leq \frac{\frac{1}{T} \sum_{t=1}^{T-1} t \sum_{s=0}^t d_{mT+s}^2}{\sum_{t=0}^{T-1} d_{mT+t}^2} \\ &= \frac{\frac{1}{T} \sum_{s=0}^{T-1} \sum_{t=s}^{T-1} t d_{mT+s}^2}{\sum_{t=0}^{T-1} d_{mT+t}^2} \\ &\leq \frac{\frac{1}{T} \sum_{s=0}^{T-1} \sum_{t=0}^{T-1} t d_{mT+s}^2}{\sum_{t=0}^{T-1} d_{mT+t}^2} \\ &= \frac{T-1}{2}. \end{aligned}$$

## 15 2 A tighter normalization

16 Suppose we did not normalize  $\max_t \|X_t\| = 1$ . Then each loss would be scaled by  $\|X_t\|$ . The  
17 argument in the previous section applies directly with an additional factor of  $\frac{1}{T} \sum_{t=1}^T \|X_t\|$ , so we  
18 can replace the normalizing of  $\max_t \|X_t\| = 1$  with  $\sum_{t=1}^T \frac{1}{T} \|X_t\| = 1$  without affecting the results.

## 19 3 Optimizing the quadratic form more precisely

20 [Evr+22] observed that one could improve the bound on forgetting in terms of  $\sup_{A, \vec{u}} \|A^{m-1} \vec{u}\|_2^2 -$   
21  $\|A^m \vec{u}\|_2^2$  by a factor of 2 (compared to the bound above in terms of  $\|A^m \vec{u}\|_2^2 - \|A^{m+1} \vec{u}\|_2^2$  (with a  
22 different exponent) for the specific  $A, \vec{u} = \vec{w}_0$  in our forgetting) by using that  $\vec{w}_{mT}$  can be shown  
23 to be even closer to the latter half of the planes  $P_{T-1}, P_{T-2}, \dots$  by considering its distance to  
24  $\vec{w}_{mT-1}, \vec{w}_{mT-2}, \dots$  and instead choosing  $A$  to be the update map shifted by half the iterates, and  
25 choosing  $\vec{u}$  to be  $\vec{w}_{\frac{T}{2}}$  (up to a floor or ceiling). Applying a similar analysis gives the factor of 2.

26 But it is possible to improve by more than a factor of 2 by computing the optimizer of the ratio of the  
27 quadratic forms: The relevant quantity to bound can now be expressed as  $\frac{\vec{v}^T Q \vec{v}}{\vec{v}^T \vec{v}}$  for a block matrix  
28  $Q$  split along the middle, so it's enough to optimize a single block which is half the length of the  
29 full matrix. This is optimized by computing the largest eigenvalue of  $Q$ , which can be computed by  
30 looking at the characteristic polynomial of its inverse to gain another factor of 2 (asymptotically).

31 This analysis can be combined with removing the normalization of the  $X_t$ , in which case  $Q$  depends  
32 on  $\|X_t\|$  but the same procedure would work as long as you can compute the eigenvalues of  $Q$ .

33 **4 Proof of Lemma 4**

34 We start with the following simple fact that we will use below.

35 **Proposition 11.** *Let  $x, y \in \mathbb{C}$  be such that  $\{\gamma x + \bar{\gamma}y \mid \gamma \in \mathbb{C}\}$  consists of real multiples of some fixed*  
 36 *complex number. Then  $|x| = |y|$ .*

37 *Proof.* If  $x + y = 0$  then we are done. Otherwise  $\frac{ix - iy}{x + y} \in \mathbb{R}$ . So

$$\frac{ix - iy}{x + y} = \frac{-i\bar{x} + i\bar{y}}{\bar{x} + \bar{y}},$$

38 which rearranges to  $|x| = |y|$ . □

39 Now we present the proof of Lemma 4.

40 *Proof.* For  $\vec{z} \in \mathbb{C}^2$  let  $\nabla_{m, \vec{z}} P$  denote the directional derivative of  $P$  as the  $m$ th coordinate is varied  
 41 in the  $\vec{z}$  direction. That is,

$$\nabla_{m, \vec{z}} P(\vec{v}_0, \dots, \vec{v}_{k-1}) := \lim_{t \rightarrow 0} \frac{1}{t} (P(\vec{v}_0, \dots, \vec{v}_m + t\vec{z}, \dots, \vec{v}_{k-1}) - P(\vec{v}_0, \dots, \vec{v}_{k-1})).$$

42 A direct computation shows

$$\nabla_{m, \vec{z}} P(\vec{v}_0, \dots, \vec{v}_{k-1}) = \left( \frac{\langle \vec{v}_{m-1}, \vec{z} \rangle}{\langle \vec{v}_{m-1}, \vec{v}_m \rangle} + \frac{\langle \vec{z}, \vec{v}_{m+1} \rangle}{\langle \vec{v}_m, \vec{v}_{m+1} \rangle} \right) P(\vec{v}_0, \dots, \vec{v}_{k-1}).$$

43 Here, and throughout the rest of the argument, indices are treated mod  $k$ . The denominators above  
 44 are nonzero unless  $P(\vec{v}_0, \dots, \vec{v}_{k-1}) = 0$ . It will become clear that 0 is not an outermost boundary  
 45 point of  $\Gamma_k$  for  $k \geq 3$ , so we may ignore this case.

46 Each  $\vec{v}_m^\perp$ , along with its scalar multiples, lies in the tangent space of the unit sphere at  $\vec{v}_m$ . So if  
 47  $(\vec{v}_0, \dots, \vec{v}_{k-1})$  is a boundary point, then the directional derivatives  $\nabla_{m, \gamma \vec{v}_m^\perp}$  must all be parallel as  $m$   
 48 varies over  $\{1, \dots, k\}$  and  $\gamma$  varies over the unit circle. Hence for any fixed  $m$ ,

$$\left\{ \gamma \frac{\langle \vec{v}_{m-1}, \vec{v}_m^\perp \rangle}{\langle \vec{v}_{m-1}, \vec{v}_m \rangle} + \bar{\gamma} \frac{\langle \vec{v}_m^\perp, \vec{v}_{m+1} \rangle}{\langle \vec{v}_m, \vec{v}_{m+1} \rangle} \mid \gamma \in \mathbb{C} \right\}$$

49 consists of real multiples of some fixed complex number. By Proposition 11 along with the  
 50 Pythagorean theorem,

$$\frac{1 - |\langle \vec{v}_{m-1}, \vec{v}_m \rangle|^2}{|\langle \vec{v}_{m-1}, \vec{v}_m \rangle|^2} = \frac{|\langle \vec{v}_{m-1}, \vec{v}_m^\perp \rangle|^2}{|\langle \vec{v}_{m-1}, \vec{v}_m \rangle|^2} = \frac{|\langle \vec{v}_m^\perp, \vec{v}_{m+1} \rangle|^2}{|\langle \vec{v}_m, \vec{v}_{m+1} \rangle|^2} = \frac{1 - |\langle \vec{v}_m, \vec{v}_{m+1} \rangle|^2}{|\langle \vec{v}_m, \vec{v}_{m+1} \rangle|^2},$$

51 so  $|\langle \vec{v}_{m-1}, \vec{v}_m \rangle| = |\langle \vec{v}_m, \vec{v}_{m+1} \rangle|$  for all  $m$ .

52 Scaling each  $\vec{v}_m$  by a complex number  $\phi_m$  with unit norm does not change the value of  $P$ . However  
 53 this scales the inner products  $\langle \vec{v}_{m-1}, \vec{v}_m \rangle$  by  $\overline{\phi_{m-1}} \phi_m$ . By choosing appropriate  $\phi_m$ 's, we can make  
 54  $\overline{\phi_{m-1}} \phi_m \langle \vec{v}_{m-1}, \vec{v}_m \rangle$  constant in  $m$ . To see this, identify a unit complex number with its argument,  
 55 so that multiplication corresponds to addition mod  $2\pi$  and conjugation corresponds to negation. The  
 56 vectors  $\vec{e}_0 - \vec{e}_1, \vec{e}_1 - \vec{e}_2, \dots, \vec{e}_{k-1} - \vec{e}_0 \in \mathbb{R}^k$  span the set of vectors whose coordinates sum to 0. So  
 57 choosing the  $\phi_m$  appropriately allows us to make

$$\{\overline{\phi_{m-1}} \phi_m \langle \vec{v}_{m-1}, \vec{v}_m \rangle\}_{m=1}^k$$

58 any list of complex numbers of norm  $\alpha$  with product  $P(\vec{v}_0, \dots, \vec{v}_{k-1})$ . In particular they can all be  
 59 made equal.

60 Thus any boundary point is achieved by a sequence  $(\vec{v}_0, \dots, \vec{v}_{k-1})$  with  $\langle \vec{v}_m, \vec{v}_{m+1} \rangle = \alpha$  for a single  
 61  $\alpha \in \mathbb{C}$ , so for the remainder of this proof, we assume  $(\vec{v}_0, \dots, \vec{v}_{k-1})$  is a critical point with this  
 62 property.

63 Set

$$\beta_m = \langle \vec{v}_m, \vec{v}_{m+1}^\perp \rangle = -\overline{\langle \vec{v}_m^\perp, \vec{v}_{m+1} \rangle},$$

64 so

$$\frac{\alpha}{P(\vec{v}_0, \dots, \vec{v}_{k-1})} \nabla_{m, \vec{v}_m^\perp} P(\vec{v}_0, \dots, \vec{v}_{k-1}) = (\beta_{m-1} - \overline{\beta_m}).$$

65 Again using that the derivatives are parallel at a critical point,

$$(\beta_0 - \overline{\beta_1}), (\beta_1 - \overline{\beta_2}), \dots, (\beta_{k-1} - \overline{\beta_0}) \in \{\lambda z \mid \lambda \in \mathbb{R}\} =: \ell_z$$

66 for some  $z \in \mathbb{C}$  of unit norm. By the Pythagorean theorem,  $|\beta_m|^2 = 1 - \alpha^2$ , so all  $\beta_m$ 's have the  
67 same norm. This implies that either (i)  $\beta_{m-1}$  and  $-\overline{\beta_m}$  are reflections about  $\ell_z$ , or (ii)  $\beta_{m-1} = \overline{\beta_m}$ .

68 If (ii) holds for some  $m$ , then

$$\frac{\alpha}{P(\vec{v}_0, \dots, \vec{v}_{k-1})} \nabla_{m, i\vec{v}_m^\perp} P(\vec{v}_0, \dots, \vec{v}_{k-1}) = (i\beta_{m-1} + i\overline{\beta_m}) = 2i\beta_{m-1}.$$

69 So as long as the  $\beta$ 's are nonzero,  $2i\beta_{m-1}$  must be a real multiple of  $z$  (because  
70  $\frac{\alpha}{P(\vec{v}_0, \dots, \vec{v}_{k-1})} \nabla_{m, \vec{v}_m^\perp} P(\vec{v}_0, \dots, \vec{v}_{k-1}) = (\beta_{m-1} - \overline{\beta_m})$  all lie on  $\ell_z$ ). This means that  $z$  is per-  
71 pendicular to  $\beta_{m-1}$ . When  $\beta_{m-1} = \overline{\beta_m}$  this implies that  $-\overline{\beta_m}$  is the reflection of  $\beta_{m-1}$  over  $\ell_z$ . So  
72 condition (i) continues to hold in this case (and it holds trivially if the  $\beta$ 's are 0).

73 Thus we may assume that (i) holds for all  $m$ . Then  $\beta_m$  is the image of  $\beta_{m-1}$  under a reflection about  
74  $\ell_z$  composed with a reflection about the imaginary axis. The composition of these reflections is a  
75 rotation about the origin, and hence corresponds to multiplication by some unit norm  $\omega \in \mathbb{C}$ . Thus  
76  $\beta_m = \omega^m \beta_0$  for all  $m$ , and also  $\beta_0 = \beta_k = \omega^k \beta_0$ . So either  $\omega$  is a (not necessarily primitive)  $k$ th  
77 root of unity or  $\beta_0 = \dots = \beta_{k-1} = 0$ . Either way, one can write  $\beta_m = \omega^m \beta_0$  where  $\omega$  is a  $k$ th root  
78 of unity.  $\square$

## 79 5 Any (possibly inconsistent) cyclic sequence of $T$ tasks converges to a cycle of 80 length $T$

81 Recall that the direction of an affine subspace is the vector space spanned by any two vectors in that  
82 subspace.

83 The claim is equivalent to the following by setting  $w$  to be  $w_{i+kT}$  and cycling  $P_1, \dots, P_T$  so that  
84  $P_{i \% T+1}$  comes first. (Or alternatively, by setting  $w = w_0$  and using that the claim is preserved under  
85 applying any affine map.)

86 **Proposition 12.** *Let  $P_1, P_2, \dots, P_T$  be a sequence of affine subspaces of  $\mathbb{R}^d$ , and let  $\vec{w} \in \mathbb{R}^d$ .  
87 Let  $M : \mathbb{R}^d \rightarrow \mathbb{R}^d$  be the affine map given by the composition of orthogonal projections onto  
88  $P_1, P_2, \dots, P_T$  in that order. Then  $\vec{w}, M\vec{w}, M^2\vec{w} \dots$  converges to a fixed point of  $M$ , either linearly  
89 or after a finite number of iterations.*

90 *Proof.* We first show that the restriction of  $M$  to the affine hull  $A$  of  $\vec{w}, M\vec{w}, M^2\vec{w} \dots$  is a strict  
91 contraction.

92 Indeed, the only projections that do not decrease  $\|M^{k+1}\vec{w} - M^k\vec{w}\|$  are those onto affine subspaces  
93 whose direction contains  $M^{k+1}\vec{w} - M^k\vec{w}$ , but any sequence of such projections sends  $M^k\vec{w}$  to points  
94 in the affine subspace orthogonal to  $A$  through  $M^k\vec{w}$ , so it is not possible that all the projections  
95  $P_i, P_{i+1}, \dots$  are parallel to this vector or else it would be impossible for their composition to send  
96  $M^k\vec{w}$  to  $M^{k+1}\vec{w}$ .

97 Next, the sequence  $\vec{w}, M\vec{w}, M^2\vec{w}$  are the partial sums of  $\vec{w} + (M\vec{w} - \vec{w}) + M(M\vec{w} - \vec{w}) + M^2(M\vec{w} -$   
98  $\vec{w}) + \dots$  and  $\|M^k(M\vec{w} - \vec{w})\|$  is at most  $\|(M\vec{w} - \vec{w})\|$  times the operator norm of the linear part  
99 of  $M \upharpoonright_A$  to the power  $k$ . This operator norm is strictly less than 1, as it's a strict contraction, so the  
100 series converges linearly or faster.

101 To get the lower bound, apply the same argument to the eventual affine hull (the intersection of all  
102 affine hulls of subsequences obtained by ignoring a prefix), on which  $M$  must act invertibly. If it's  
103 only one point, then it must have converged after a finite number of steps; Otherwise, the invertibility  
104 of  $M$  implies that the smallest singular value is positive.  $\square$

105 We remark that this convergence implies that the forgetting converges to some positive value along  
 106 each subsequence  $w_i, w_{i+T}, w_{i+2T}, \dots$ , but it doesn't necessary converge for the whole sequence:  
 107 Consider three lines bounding a right triangle. The cycle will include both the right-angle vertex and  
 108 a point on the hypotenuse, and the forgetting at the point on the hypotenuse is strictly larger than the  
 109 forgetting at the vertex.

110 **Proposition 13.** *Using the notation of the previous proposition, let  $w_{*,1}$  and  $w_{*,2}$  be fixed points*  
 111 *of  $M$ . Then  $w_{*,2} - w_{*,1}$  is contained in the direction of each  $P_i$ . In other words, letting  $D$  be the*  
 112 *intersections of the directions for the  $P_i$ , the fixed points are  $w_{*,1} + D$ .*

113 *In particular, if  $P := \bigcap_i P_i \neq \emptyset$ , then all fixed points of  $M$  are in  $P$ .*

114 *Proof.*  $\|M(w_{*,2} - w_{*,1})\| = \|w_{*,2} - w_{*,1}\|$ , but all projections that do not decrease  $\|w_{*,2} - w_{*,1}\|$   
 115 contain  $w_{*,2} - w_{*,1}$  in their direction.

116 In particular, if  $P \neq \emptyset$ , then any point  $w_* \in P$  is a fixed point, so all fixed points of  $P$  can be  
 117 expressed as  $w_* + d$  where  $d$  is in the direction of all the  $P_i$ , so  $w_* + d \in P$ .  $\square$

## 118 6 Proof of Lemma 8

119 The following lemma gives a bound that depends on  $\frac{k}{m}$ , from which Lemma 8 will follow.

120 **Lemma 14.** *Define  $S : [0, \frac{1}{2}] \rightarrow [\frac{1}{4}, \infty)$  by  $S(t) := \frac{\cot(\pi t)}{2\pi(1-2t)}$  (which is strictly monotonically*  
 121 *decreasing). Then*

$$\sup_{z \in \Gamma_k} |z^m(1-z)| \leq \begin{cases} \frac{k}{m} \left( e^{-\frac{m}{k}((1-S^{-1}(\frac{m}{k}))S^{-1}(\frac{m}{k}))(2\pi^2)} 2 \sin(\pi S^{-1}(\frac{k}{m})) + o_{k \rightarrow \infty}(1) \right) & m \leq 4k \\ \frac{k}{m} \left( 2e^{-\frac{k}{m}\pi^2} + o_{k \rightarrow \infty}(1) \right) & m > 4k \end{cases}.$$

122 where the little-o terms are uniform in  $m$ .

123 *Proof.* We parameterize the boundary of  $\Gamma_{k+1}$  by  $((1-t) + te^{\frac{2\pi i}{k}})^k$  as  $t$  ranges from 0 to 1; By the  
 124 maximum principle,  $\sup_{z \in \Gamma_{k+1}} |(1-z)z^m|$  is attained for some value of  $t$ .

125 The first factor  $1-z$  becomes

$$\begin{aligned} \lim_{k \rightarrow \infty} \left| 1 - ((1-t) + te^{\frac{2\pi i}{k}})^k \right| &= \left| 1 - \lim_{k \rightarrow \infty} ((1-t) + te^{\frac{2\pi i}{k}})^k \right| \\ &= \left| 1 - \lim_{k \rightarrow \infty} (e^{\frac{2\pi i t}{k}})^k \right| \\ &= |1 - e^{2\pi i t}| \\ &= 2|\sin(\pi t)| \end{aligned}$$

126 uniformly in  $t$ .

127 The second factor  $z^m$  becomes

$$\begin{aligned}
\left| \left( (1-t) + te^{\frac{2\pi i}{k}} \right)^m \right| &= \left| (1-t) + te^{\frac{2\pi i}{k}} \right|^{km} \\
&= \left( \left( (1-t) + t \cos\left(\frac{2\pi}{k}\right) \right)^2 + \left( t \sin\left(\frac{2\pi}{k}\right) \right)^2 \right)^{\frac{km}{2}} \\
&= \left( (1-t)^2 + 2(1-t)t \cos\left(\frac{2\pi}{k}\right) + t^2 \right)^{\frac{km}{2}} \\
&= \left( \left( (1-t) + t \right)^2 - 2(1-t)t \left( 1 - \cos\left(\frac{2\pi}{k}\right) \right) \right)^{\frac{km}{2}} \\
&= \left( 1 - 2(1-t)t \left( 1 - \cos\left(\frac{2\pi}{k}\right) \right) \right)^{\frac{km}{2}} \\
&= \left( 1 - 2(1-t)t \left( \frac{\left(\frac{2\pi}{k}\right)^2}{2} + O(k^{-4}) \right) \right)^{\frac{km}{2}} \\
&= \left( 1 - \frac{1}{\left( \frac{k^2}{(2(1-t)t(2\pi^2 + O(k^{-2}))} \right)} \right)^{\frac{km}{2}} \\
&= \left( \left( 1 - \frac{1}{\left( \frac{k^2}{(2(1-t)t(2\pi^2 + O(k^{-2}))} \right)} \right)^{\frac{k^2}{(2(1-t)t(2\pi^2 + O(k^{-2}))} \right)} \right)^{\frac{m}{2k} (2(1-t)t(2\pi^2 + O(k^{-2}))}
\end{aligned}$$

128 where the  $O(k^{-2})$  term is  $-k^2(\cos(\frac{2\pi}{k}) - 1 + (\frac{2\pi}{k})^2)$  in all occurrences.

129 Letting  $\alpha := \frac{m}{k}$ , this is

$$(e^{-1} - o_{k \rightarrow \infty}(1))^{\alpha((1-t)t(2\pi^2 + O(k^{-2}))}.$$

130 Furthermore,  $\left( 1 - 2(1-t)t \left( 1 - \cos\left(\frac{2\pi}{k}\right) \right) \right)^{\frac{k}{2}}$  is increasing in  $k$  for  $k$  sufficient large  $k$ .

131 (indeed, the derivative of its log with respect to  $k$  is  $\frac{2\pi m \cdot (1-t)t \sin(\frac{2\pi}{k})}{(1-2(1-t)t \cdot (1 - \cos(\frac{2\pi}{k})))k} +$

132  $\frac{m \ln(1-2(1-t)t \cdot (1 - \cos(\frac{2\pi}{k})))}{2}$  which is positive for large  $k$  (the first addend is positive and the second

133 is negative for large  $k$ ; The limit of the ratio is  $-2$  uniformly in  $t \in [0, \frac{1}{2}]$  as  $k \rightarrow \infty$  so the first term

134 is larger than the second.) So the limit is from below. That is, the second factor is

$$\left( e^{-((1-t)t(2\pi^2)} - o_{k \rightarrow \infty}(1) \right)^\alpha$$

135 where the little-o is positive.

136 Putting the two factors together, letting  $q(z) = z^{mk}(1 - z^k)$ ,

$$|q(1-t + te^{\frac{2\pi i}{k}})| = \left( e^{-((1-t)t(2\pi^2)} - o_{k \rightarrow \infty}(1) \right)^\alpha 2|\sin(\pi t)| = \left( e^{-((1-t)t(2\pi^2)} - o_{k \rightarrow \infty}(1) \right)^\alpha 2 \sin(\pi t)$$

137 uniformly on  $t \in [0, 1]$ . As the little-o is positive, the limit as  $k \rightarrow \infty$  is also uniform in  $m$ .

138 For any fixed  $\alpha$ , the maximum is attained either at an endpoint or where the derivative with respect to

139  $t$  is 0. By symmetry about  $\frac{1}{2}$ , it suffices to bound this for  $t \in [0, \frac{1}{2}]$ .

140 The derivative is

$$2\pi e^{-\alpha((1-t)t(2\pi^2)} (\cos(\pi t) - 2\pi\alpha(1-2t)\sin(\pi t)),$$

141 which, for  $t \in (0, \frac{1}{2})$ , has the same sign as

$$\frac{\cot(\pi t)}{2\pi(1-2t)} - \alpha.$$

142 As  $\frac{\cot(\pi t)}{2\pi(1-2t)}$  is decreasing in  $t$  (its derivative has the same sign as  $2\pi t + \sin(2\pi t) - \pi$ , so letting  $s = 2\pi t$ ,  
143 this is  $s + \sin(s) - \pi$  which is increasing in  $s$ ),  $e^{-\alpha((1-t)t)(2\pi^2)} 2 \sin(\pi t)$  is increasing in  $t$  from 0 until  
144  $\frac{\cot(\pi t)}{2\pi(1-2t)} = \alpha$ , and after this it is decreasing in  $t$ . In particular, if there is no  $t$  such that  $\frac{\cot(\pi t)}{2\pi(1-2t)} = \alpha$   
145 (or equivalently,  $\alpha < \min_{[0, \frac{1}{2}]} \frac{\cot(\pi t)}{2\pi(1-2t)} = \frac{1}{4}$ ), then  $\operatorname{argmax}_t e^{-\alpha((1-t)t)(2\pi^2)} 2 \sin(\pi t) = \frac{1}{2}$ .  $\square$

146 The bound from the main paper follows:

**Lemma 8.**

$$\sup_{z \in \Gamma_k} |z^m (1 - z)| \leq \frac{k}{m} \left( \frac{4}{e\pi^2} + o_{k, m \rightarrow \infty}(1) \right).$$

147 *Proof.* If  $m \leq 4k$  then the maximum of the limit as  $k, m \rightarrow \infty$  with  $\alpha$  fixed is attained at a point  
148 where  $\frac{m}{k} = \alpha = \frac{\cot(\pi t)}{2\pi(1-2t)}$ . Plugging this in gives

$$\lim_{k \rightarrow \infty, m = \alpha k} |q(1 - t + te^{\frac{2\pi i}{k}})|^{\frac{m}{k}} = e^{-\frac{\cot(\pi t)}{2\pi(1-2t)}((1-t)t)(2\pi^2)} 2 \sin(\pi t) \frac{\cot(\pi t)}{2\pi(1-2t)},$$

149 which is bounded by

$$\frac{1}{e\pi} \leq e^{-\frac{\cot(\pi t)}{2\pi(1-2t)}((1-t)t)(2\pi^2)} 2 \sin(\pi t) \frac{\cot(\pi t)}{2\pi(1-2t)} \leq \frac{1}{2e^{\frac{\pi^2}{8}}},$$

150 where equality is attained for the first inequality at  $t = 0$  (which corresponds to  $\alpha = \infty$ ) and for the  
151 second at  $t = \frac{1}{2}$  (which corresponds to  $\alpha = \frac{1}{4}$ ).

152 If  $k > \frac{m}{4}$  then the maximum is attained at  $t = \frac{1}{2}$ , giving the value  $\frac{k}{m} \left( 2e^{-\frac{k}{m}\frac{\pi^2}{2}} \right)$ .  $\square$

## 153 7 Reducing to $\omega = 1$ via quaternions

154 We rewrite the arguments that reduce our problem to solving the equation when  $\omega = 1$  (possibly  
155 replacing  $k$  with  $2k$ ) purely in terms of quaternions.

156 For  $k$  odd, then for any solution to

$$1 = (\alpha + \beta\omega^{k-1}j)(\alpha + \beta\omega^{k-2}j) \dots (\alpha + \beta\omega^0j),$$

157 it holds that

$$1 = ((\alpha\zeta_k) + (\beta\zeta_k)(\zeta_k^{-2}\omega)^k j)((\alpha\zeta_k) + (\beta\zeta_k)(\zeta_k^{-2}\omega)^{k-1}j) \dots ((\alpha\zeta_k) + (\beta\zeta_k)(\zeta_k^{-2}\omega)^0j).$$

158 For  $k$  even, the original proof could be translated directly into quaternions, but we find the following  
159 slightly modified version cleaner: For any solution to

$$1 = (\alpha + \beta\omega^{k-1}j)(\alpha + \beta\omega^{k-2}j) \dots (\alpha + \beta\omega^0j),$$

160 it holds that

$$((\alpha\zeta_{2k}) + (\beta\zeta_{2k})(\zeta_{2k}^{-2}\omega)^k j)((\alpha\zeta_{2k}) + (\beta\zeta_{2k})(\zeta_{2k}^{-2}\omega)^{k-1}j) \dots ((\alpha\zeta_{2k}) + (\beta\zeta_{2k})(\zeta_{2k}^{-2}\omega)^0j) = \zeta_{2k}^k = \pm 1.$$

161 Therefore the square of the left hand side is 1.

162 The whole problem has a simple expression in terms of quaternions: letting  $\mathfrak{C}(a+bi+cj+dk) = a+bi$   
163 be the complex part and  $\mathfrak{H}(a+bi+cj+dk) = c+di$  be the ‘‘quaternionic part’’, the desired range  
164 is the same as the range of  $\prod_{m=0}^{k-1} \mathfrak{C}p_m$  subject to the constraint  $\prod_{m=0}^{k-1} p_m = 1$ . (An equivalent  
165 definition is  $\mathfrak{C}(p) = \frac{p+ip^i}{2}$ .)

166 Indeed, the inner product  $\langle p, q \rangle$  where  $p, q \in \mathbb{H}$  is  $\mathfrak{C}q^{-1}p$ , so letting our sequence of vectors be  
167  $p_0, p_0p_1, p_0p_1p_2, \dots, p_0p_1 \dots p_k$  for  $p_m \in \mathbb{H}$  gives the claim.

168 The constraint that all inner products are equal becomes the constraint that  $\mathfrak{C}p_m$  is the same for all  $m$ .

169 **7.1 The range of  $P$  includes the interior**

170 To show that the range of  $P : (\mathbb{C}^2)^k \rightarrow \mathbb{C}$  includes the interior, we inductively (in  $k$ ) give a geometric  
171 description of the range. For clarity, we let  $P_k$  denote the version of  $P$  with domain  $(\mathbb{C}^2)^k$ .

172 The range of  $P_1$  is  $\{1\}$ .

173 For any  $k \in \mathbb{Z}_{\geq 0}$ , any point in the range of  $P_{k+1}$  can be obtained by picking a number  $p \in \Gamma_k$ , taking a  
174 sequence  $(a_0, b_0), (a_1, b_1), \dots, (a_{k-1}, b_{k-1}) \in \mathbb{C}^2$  with  $P_k((a_0, b_0), (a_1, b_1), \dots, (a_{k-1}, b_{k-1})) =$   
175  $p$ , and adding a point  $(a_k, b_k)$  to the end of the sequence.

176 Fix any sequence  $(a_0, b_0), (a_1, b_1), \dots, (a_{k-1}, b_{k-1}) \in \mathbb{C}^2$ . The set of possible ratios  
177  $\frac{P_{k+1}((a_m, b_m)_{m=0}^k)}{P_k((a_m, b_m)_{m=0}^{k-1})} = \frac{\langle (a_{k-1}, b_{k-1}), (a_k, b_k) \rangle \langle (a_k, b_k), (a_0, b_0) \rangle}{\langle (a_{k-1}, b_{k-1}), (a_0, b_0) \rangle}$  depends only on  $\langle (a_0, b_0), (a_{k-1}, b_{k-1}) \rangle$ .

178 This range is the union of circles centered at each point in  $[0, 1]$ , where the radii vary like an ellipse,  
179 as a rescaled version of  $R(x) = l\sqrt{1-x^2}$ , and the center gives the new squared inner product with  
180  $(a_0, b_0)$ .

181 By using a unitary transformation sending  $(a_2, b_2)$  to  $(1, 0)$ , every such point can be expressed in 2  
182 ways (up to multiplicity). These two coordinates form the new squared inner product magnitudes.

183 To show that this set is contractible, we show that its intersection with any line with fixed real part is  
184 contractible and show that applying the contraction to each intersection gives a line segment. More  
185 generally, we use the following lemma and corollary:

186 **Lemma 15.** Let  $\{f_i\}_{i \in I_{\leq 0}}, \{f_j\}_{j \in I_{\geq 0}}$  be families of (not necessarily continuous) partial functions  
187  $\mathbb{R}^n \rightarrow \mathbb{R}$  where  $f_i \geq 0, f_j \leq 0$ . Assume these families are connected under the norm  $\|f - g\| =$   
188  $\sup_{x \in \mathbb{R}^n} |f_0(x) - g_0(x)|$  where  $h_0$  denotes the extension of the partial function  $h$  to all of  $\mathbb{R}^n$  by 0.

189 Let  $D_{\leq 0} = \bigcup_{i \in I_{\leq 0}} D(f_i), D_{\geq 0} = \bigcup_{j \in I_{\geq 0}} D(f_j)$  where  $D(f)$  denotes the domain of definition of  $f$ ,  
190 and let  $D = D_{\leq 0} \cup D_{\geq 0}$ .

191 Define  $f_{\leq 0, \sup} : D_{\leq 0} \rightarrow \mathbb{R}$  by  $f_{\leq 0, \sup}(x) := \sup_{x \in D(f_i)} f(x)$  and  $f_{\geq 0, \inf} : D_{\geq 0} \rightarrow \mathbb{R}$  by

$$192 f_{\geq 0, \inf}(x) := \inf_{x \in D(f_j)} f(x).$$

193 Then the (closed) region bounded by  $\Gamma(f_{\leq 0, \sup}) \cup \Gamma(f_{\geq 0, \inf}(x))$  where  $\Gamma(f)$  denotes the graph of  $f$   
194 in  $\mathbb{R}^{n+1}$  (which may have multiple components) can be expressed as

$$D \times \{0\} \cup \left( \bigcap_{i \in I_{\leq 0}} \{(x, y) : x \in D(f_i), f_i(x) \leq y \leq 0\} \right) \cup \left( \bigcap_{j \in I_{\geq 0}} \{(x, y) : x \in D(f_j), 0 \leq y \leq f_j(x)\} \right).$$

195 Let  $X = \left( \bigcup_{i \in I_{\leq 0}} \Gamma(f_i) \right) \cup \left( \bigcup_{j \in I_{\geq 0}} \Gamma(f_j) \right)$

196 If  $f_{\leq 0, \sup}$  and  $f_{\geq 0, \inf}(x)$  are continuous, then  $\bar{X}$  deformation retracts to

$$G := \left( \bigcup_{x \in D_{\leq 0}} \sup\{f_i(x) : i \in I_{\leq 0}\} \right) \cup \left( \bigcup_{x \in D_{\geq 0}} \inf\{f_j(x) : j \in I_{\geq 0}\} \right).$$

197 A deformation retract is given by linearly decreasing the magnitude of the last coordinate.

198 *Proof.* The first claim factors over  $\mathbb{R}^n$ , so it suffices to prove this claim when  $D$  is a single point, in  
199 which case it is trivial.

200 For the second claim, by the connectedness of each family, their images on a single value of  $x$  are  
201 connected with constant sign, so the proposed deformation retract is well-defined. By the continuity  
202 of  $f_{\leq 0, \sup}$  and  $f_{\geq 0, \inf}$ , the proposed deformation retract is continuous.  $\square$

203 We leave finding the correct generalization when  $f_{\leq 0, \sup}$  and  $f_{\geq 0, \inf}(x)$  are discontinuous to the  
204 interested reader.

205 **Corollary 16.** Let  $D \subset \mathbb{R}^n \subset \mathbb{R}^{n+1}$  be closed, where the embedding sends the last coordinate to 0.  
 206 Let  $R : D \rightarrow \mathbb{R}_{\geq 0}$ .

207 Let  $X = \bigcup_{x \in D} S_{R(x)}(x)$  where  $S_r(x)$  denotes the sphere of radius  $r$  centered at  $x$ .

208 Letting  $P_{n+1} : \mathbb{R}^{n+1} \rightarrow \mathbb{R}^n$  be the projection sending the last coordinate to 0, define  $G_{\min} : P_{n+1}(X) \rightarrow \mathbb{R}_{\geq 0}$  by  $G_{\min}(x) := \min\{y \in \mathbb{R}_{\geq 0} : (x, y) \in X\}$ , where the minimum exists because  
 209  $D$  is closed. Similarly define  $G_{\max} : P_{n+1}(X) \rightarrow \mathbb{R}_{\geq 0}$  be defined by  $G_{\max}(x) := \max\{y \in \mathbb{R}_{\geq 0} : (x, y) \in X\}$ . Then:

212 1.  $X = \bigcup_{x \in P_{n+1}(X)} \{(x, y) : G_{\min}(x) \leq |y| \leq G_{\max}(x)\}$ .

213 2.  $X$  deformation retracts to  $\bigcup_{x \in P_{n+1}(X)} \{(x, y) : G_{\min}(x) = |y|\}$ .

214 3. The region bounded by this surface,  $\bigcup_{x \in P_{n+1}(X)} \{(x, y) : G_{\min}(x) < |y|\}$ , is  
 215  $\bigcap_{x \in D} B_{R(x)}(x)$ ,

216 In particular, if  $R(x)$  is ever 0, then  $X$  deformation retracts to  $P_{n+1}(X)$ .

217 In this case, if  $D$  is convex, then  $X$  is contractible.

218 *Proof.* Because  $D$  is closed,  $X = \overline{X}$ . Then the lemma gives the 3 enumerated items.

219 For what remains, it suffices to find a deformation retract from  $X$  to  $D$ . It is given by sending  
 220 every point in  $X \setminus D$  in the direction towards the nearest point in  $D$ , which is unique because  $D$  is  
 221 convex.  $\square$

222 One can generalize to higher dimensional spheres (in which case the dimension of the codomain also  
 223 increases) by working on each copy of  $\mathbb{R}^{n+1}$  containing  $\mathbb{R}^n$  independently. A similar generalization  
 224 applies to the lemma.

225 In our case, we can find the range by doing a calculation on each vertical line. Alternatively, if the  
 226 radius at  $t$  is given by  $R(t)$  a (not necessarily strict) superset of the boundary is the union of the circles  
 227 at each endpoint plus the curve parameterized by  $(t, 0) + R(t)(-R'(t), \pm\sqrt{1 - R'(t)^2})$  where  $t$   
 228 ranges over the line segment (this curve parameterizes, for each  $t$  in the interior of the interval where  
 229  $|R'(t)| < 1$ , the unique point accessible from that point and not any nearby points. If  $|R'(t)| > 1$ ,  
 230 then no such points exist.).

231 This range forms an ellipse  $\frac{x^2}{t^2+1} + \frac{y^2}{t^2} = 1$  with foci at  $(0, 0)$  and  $(1, 0)$  by working one vertical line  
 232 at a time.

233 The condition that all consecutive inner products are equal corresponds to the condition that the  
 234 extremal points all come from the same point twice in each step of the geometric construction.

235 One gets another constraint because any two ellipses constructed in the above way passing  
 236 through a specified point have different directions of tangency at that point, so the inner products  
 237  $\langle (a_m, b_m), (a_{m+2}, b_{m+2}) \rangle$  must also be equal in magnitude.

## 238 8 Optimizing sequences for $P$ are coplanar

239 **Proposition 17.** Any sequence of unit vectors  $v_0, v_1, \dots, v_{k-1} \in \mathbb{C}^n$  with  $P(v_0, v_1, \dots, v_{k-1}) \in \Gamma_k$   
 240 must be coplanar (i.e., lie on a complex plane).

241 *Proof.* We may assume  $k \geq 3$ , because any 2 vectors are coplanar.

242 We prove the contrapositive: If  $v_0, v_1, v_2, \dots, v_{k-1}$  are not coplanar, then  $P(v_0, v_1, v_2, \dots, v_{k-1})$  is  
 243 in the interior of  $\Gamma_k$ .

244 As  $\Gamma_k$  is radial and  $\partial\Gamma_k$  is continuous (as a function of the complex argument), it suffices to show  
 245 that there exists a sequence of  $k$  vectors whose image under  $P$  has the same argument but a larger  
 246 magnitude.

247 As 0 is in the interior of  $\Gamma_k$ , we may assume none of the  $v_i$  are 0.

248 Assume without loss of generality that  $v_0, v_1, v_2$  are not coplanar. Let  $v'_1$  denote the projection of  $v_1$   
 249 onto the plane spanned by  $v_0, v_2$ . Then

$$\frac{P(v_0, \frac{v'_1}{\|v'_1\|}, v_2, \dots, v_{k_1})}{P(v_0, v_1, v_2, \dots, v_{k_1})} = \frac{1}{\|v'_1\|} \in \mathbb{R}_{>1}.$$

250

□

## 251 9 Products of projections with numerical range intersecting $\partial\Gamma_k$

252 As shown in the proof of Theorem 5, any sequence of unit vectors  $v_0, v_1, \dots, v_{k-1} \in \mathbb{H}$  realizing  
 253  $P(v_0, \dots, v_{k-1}) \in \partial\Gamma_k$  must be obtainable from a sequence of the form  $v_0, v_0u, v_0u^2, \dots, v_0u^{k-1}$   
 254 (where  $u$  is a quaternionic  $k$ th root of unity) by multiplying each vector by a complex unit.

255 The interpretation in the sense of projections is that, if  $v_0$  realizes  $\partial\Gamma_k$ , then the sequence of  
 256 projections must send  $v_0$  to the sequence of vectors formed by projecting onto  $v_0u, v_0u^2, \dots$  in that  
 257 order (multiplying by a complex unit does not change the line we project onto at each step). Up to a  
 258 unitary transformation, we may take  $v_0 = 1$ .

259 Writing  $u = a + bi$  with  $a, b \in \mathbb{C}$ , by direct computation, the sequence of projections is

$$1, au, a^2u^2, \dots$$

260 Combining this with the result from the previous section that any sequence of vectors optimizing  
 261  $P$  must be coplanar, we get that if  $A = P_k P_{k-1} \dots P_1$  is a product of  $k$  projections on  $\mathbb{C}^d$  with  
 262  $W(A) \cap \Gamma_{k+1} \neq \emptyset$ , then for any vector  $v_0 \in \mathbb{C}^d$  with  $v_0^* A v_0 \in \partial\Gamma_k$ , the vectors  $P_i P_{i-1} \dots P_1 v_0$   
 263 must all be coplanar, and furthermore there must exist a unitary transformation  $\mathbb{H} \rightarrow \mathbb{C}^d$  such that  
 264 the sequence of projections is the image of  $1, \bar{a}u, \bar{a}^2u^2, \dots$ .

## 265 10 Real projections

266 We can directly show that any product  $A$  of  $k$  real projections whose numerical contains a point in  
 267  $\partial\Gamma_k$  must be decomposable into a direct sum  $U \oplus V$  of subspaces, invariant under each projection,  
 268 such that  $\|A^m \vec{u}\|^2 - \|A^{m+1} \vec{u}\|^2$  is small for all  $\vec{u}$ .

269 **Proposition 18.** *If  $P_k, \dots, P_1: \mathbb{R}^n \rightarrow \mathbb{R}^n$  are orthogonal projections satisfying  $\gamma \in W(P_k \dots P_1)$   
 270 for some  $\gamma \in \partial\Gamma_k$ , then there is an 4-dimensional subspace  $V \subseteq \mathbb{R}^n$  invariant under each  $P_i$  such  
 271 that  $\gamma \in W(P_k \upharpoonright_V \dots P_1 \upharpoonright_V)$ .*

272 *Proof.* As we show in the supplementary material, if  $P_k, \dots, P_1: \mathbb{C}^n \rightarrow \mathbb{C}^n$  are complex projections  
 273 and  $v \in \mathbb{C}^n$  such that  $\gamma = v^T P_k \dots P_1 v \in \partial\Gamma_k$ , then  $v, P_1 v, \dots, P_k \dots P_1 v$  must lie in a complex  
 274 plane. Combining this with the above equality case gives that there must exist an isometry of complex  
 275 vector spaces  $\mathbb{H} \rightarrow \mathbb{C}^n$  such that the action of the projections on the image corresponds to an equality  
 276 case.

277 In particular, if  $P_1, \dots, P_k$  are real projections, then the copy of  $\mathbb{R}^4$  spanned by the real parts of  
 278 the image of  $f$  is invariant under all  $P_i$ , and the numerical range of this restriction also intersects  
 279  $\partial\Gamma_k$ . □

280 To get the orthogonal decomposition, the orthogonal complement of any subspace invariant under  
 281 all projections is invariant under all projections. The reason is that this is true for each projection  
 282 individually (i.e., for any orthogonal projection, the orthogonal complement of any invariant subspace  
 283 is invariant).

284 Taking the invariant subspace from the proposition, we get that there is an invariant subspace where  
 285 the projections act as described in the previous section. But the norms of these vectors decay  
 286 geometrically, and therefore cannot do asymptotically better than the lower bound given by [Evr+22],  
 287 and furthermore any collection of projections that does better can be done without having numerical  
 288 range of the product intersect  $\partial\Gamma_k$  by removing all orthogonal summands of this form.

289 **11 Existence of real realizations**

290 Despite the previous section, one may independently wonder whether the bound on the numerical  
 291 range can be improved by restricting to real projections, thus improving our forgetting bound. The  
 292 answer is that it cannot: Real projections can have product with a numerical range including any  
 293 point of  $\partial\Gamma_k$ .

294 We will show that, for any unit quaternion  $u = \alpha + \beta j \in \mathbb{H}$  (with  $\alpha, \beta \in \mathbb{C}$ ), there exists a sequence  
 295 of vectors  $\mathbf{u}_{n,\Re}, \mathbf{u}_{n,\Im} \in \mathbb{C}^4$ , such that:

- 296 1. The unitary map of complex vector spaces  $\Phi : \mathbb{H} \rightarrow \mathbb{C}^4$  sending  $u^0 = 1 \mapsto \mathbf{u}_{0,\Re} + i\mathbf{u}_{0,\Im}$   
 297 and  $u^1 \mapsto \mathbf{u}_{1,\Re} + i\mathbf{u}_{1,\Im}$  sends  $u^n \mapsto \mathbf{u}_{n,\Re} + i\mathbf{u}_{n,\Im}$ . (If  $\beta = 0$  then  $\Phi$  is not determined by  
 298 the  $\Phi(u^0)$  and  $\Phi(u^1)$ , but  $\Phi(u^n)$  always is.)
- 299 2. The real projection onto  $\text{Span}(\mathbf{u}_{n,\Re}, \mathbf{u}_{n,\Im})$  (complexified to a map  $\mathbb{C}^4 \rightarrow \mathbb{C}^4$ ) sends  
 300  $\Phi(\bar{\alpha}^{n-1}u^{n-1})$  to  $\Phi(\bar{\alpha}^n u^n)$  (equivalently, it sends the real (resp. imaginary) part to the  
 301 real (resp. imaginary) part).

302 The second condition is equivalent to saying that the real projection onto  $\text{Span}(\mathbf{u}_{n,\Re}, \mathbf{u}_{n,\Im})$  sends  
 303  $\Phi(u^{n-1})$  to  $\Phi(\bar{\alpha}u^n)$ .

304 Let

$$\mathbf{u}_{0,\Re} + i\mathbf{u}_{0,\Im} = \frac{1}{\sqrt{2}} \left( \begin{pmatrix} 1 \\ 0 \\ 0 \\ 0 \end{pmatrix} + i \begin{pmatrix} 0 \\ 1 \\ 0 \\ 0 \end{pmatrix} \right)$$

305 and

$$\bar{\alpha}(\mathbf{u}_{1,\Re} + i\mathbf{u}_{1,\Im}) = \frac{1}{\sqrt{2}} \left( \begin{pmatrix} |\alpha|^2 \\ 0 \\ \sqrt{|\alpha|^2 - |\alpha|^4} \\ 0 \end{pmatrix} + i \begin{pmatrix} 0 \\ |\alpha|^2 \\ 0 \\ \sqrt{|\alpha|^2 - |\alpha|^4} \end{pmatrix} \right).$$

306 As all powers of  $u$  are real linear combinations of  $1$  and  $u$  (via the recurrence relation  $u^2 =$   
 307  $-1 + (2\Re u)u$ , which holds for any unit quaternion), the first property above determines  $\mathbf{u}_{n,\Re}, \mathbf{u}_{n,\Im}$ .

308 We next check that there exists a unitary map  $\Phi$  is unitary. Indeed, all we need to check is that

$$\alpha = \langle \mathbf{u}_{0,\Re} + i\mathbf{u}_{0,\Im}, \mathbf{u}_{1,\Re} + i\mathbf{u}_{1,\Im} \rangle,$$

309 or equivalently

$$|\alpha|^2 = \bar{\alpha}\alpha = \langle \mathbf{u}_{0,\Re} + i\mathbf{u}_{0,\Im}, \bar{\alpha}(\mathbf{u}_{1,\Re} + i\mathbf{u}_{1,\Im}) \rangle$$

310 which is true.

311 Finally, we check the second property. This is invariant under (real) rotations.

312 **Definition 19.** Two unit vectors  $\mathbf{1}, \mathbf{u} \in \mathbb{C}^4$  are **compatible** with respect to  $\alpha \in \mathbb{C}$  if both of the  
 313 following hold:

- 314 • The complex projection of  $\mathbf{1}$  onto  $\mathbf{u}$  is  $\bar{\alpha}\mathbf{u}$ , and is a real projection
- 315 • The complex projection of  $\bar{\alpha}\mathbf{u}$  onto  $\mathbf{u}^2$  is  $\bar{\alpha}^2\mathbf{u}^2$ , and is a real projection.

316 Two vectors being compatible means that  $\mathbf{1}, \mathbf{u}, \mathbf{u}^2$  (with the last defined by the recurrence relation)  
 317 doesn't violate the second condition (though  $\mathbf{u}^3, \dots$  might).

318 The property of two vectors being compatible is invariant under rotations of  $\mathbb{R}^4$  and multiplication by  
 319 any complex unit (where both vectors must be multiplied by the same complex unit).

320 As before, in the second condition we may replace  $\bar{\alpha}\mathbf{u}$  with  $\mathbf{u}, \mathbf{u}^2$  with any complex multiple of  $\mathbf{u}^2$ ,  
 321 and  $\bar{\alpha}^2\mathbf{u}^2$  with  $\bar{\alpha}\mathbf{u}^2$ .

322 Write  $\mathbf{1} = \bar{\alpha}\mathbf{u} + \mathbf{V}$ , so

$$\Re\mathbf{V}, \Im\mathbf{V} \perp \Re\mathbf{u}, \Im\mathbf{u}$$

323 (not respectively: All four pairs are orthogonal. Indeed, because the complex projection of  $\mathbf{1}$  onto  $\bar{\alpha}\mathbf{u}$   
 324 is a real projection, the real and imaginary parts of  $\mathbf{V}$  must be orthogonal to the plane spanned by  
 325  $\Re\mathbf{u}, \Im\mathbf{u}$ .) Then

$$\mathbf{u}^2 = -\mathbf{1} + 2\Re\alpha\mathbf{u} = (2\Re\alpha - \bar{\alpha})\mathbf{u} - \mathbf{V} = \alpha\mathbf{u} - \mathbf{V}$$

326

$$\bar{\alpha}\mathbf{u}^2 = |\alpha|^2\mathbf{u} - \bar{\alpha}\mathbf{V}.$$

327 So the second condition in the definition of compatibility is equivalent to the complex projection of  $\mathbf{u}$   
 328 onto  $|\alpha|^2\mathbf{u} - \bar{\alpha}\mathbf{V}$  being  $|\alpha|^2\mathbf{u} - \bar{\alpha}\mathbf{V}$  and being a real projection.

329 So the condition is that there is a real projection sending  $\Re\mathbf{u}$  to  $|\alpha|^2\Re\mathbf{u} - \Re(\bar{\alpha}\mathbf{V})$  and  $\Im\mathbf{u}$  to  
 330  $|\alpha|^2\Im\mathbf{u} - \Im(\bar{\alpha}\mathbf{V})$ .

331 As  $\Re\mathbf{V}, \Im\mathbf{V} \perp \Re\mathbf{u}, \Im\mathbf{u}$ , there exists such a real projection if and only if both of the following hold:

- 332 •  $\Re(\bar{\alpha}\mathbf{V}) \perp \Im(\bar{\alpha}\mathbf{V})$ , or equivalently  $\Re\mathbf{V} \perp \Im\mathbf{V}$ . This is true by construction.
- 333 •  $|\Re(\bar{\alpha}\mathbf{V})|^2 = 1 - |\alpha|^2|\Re\mathbf{u}|^2$  and  $|\Im(\bar{\alpha}\mathbf{V})|^2 = 1 - |\alpha|^2|\Im\mathbf{u}|^2$ .

334 (Indeed, being of the right length means there exists a real projection sending  $\Re\mathbf{u}$  to  $\Re(\bar{\alpha}\mathbf{u}^2)$ ;  
 335 Conditional on this, the possible projections of  $\Im\mathbf{u}$  are the sphere with a diameter formed by  
 336 its projection onto the projection of  $\Re\mathbf{u}$  (which is 0 because everything is perpendicular) and its  
 337 projection onto the orthogonal complement of  $\Re\mathbf{u}$ .)

338 A sequence of vectors works if and only if all consecutive pairs except the last two are compatible  
 339 with  $\bar{\alpha}$ . For this, we need the real and imaginary components of everything to be orthogonal, but we  
 340 multiply by  $\bar{\alpha}$  each time so the only way being orthogonal like this is preserved is if  $\bar{\alpha}$  is purely real  
 341 or purely imaginary (which only corresponds to a nontrivial point on the boundary if  $k = 2$ ) or if  
 342  $\|\Re\mathbf{u}\| = \|\Im\mathbf{u}\|$ . The latter case uniquely determines the projections.

343 The constructed realization also shows that the asymptotic supremum of  $\|A^m - A^{m+1}\|$  is the same  
 344 for real projections as for complex projections.

345 As an aside, this also implies that this can't be obtained using projections onto subspaces of codi-  
 346 mension 1, because the real and imaginary parts of the  $\mathbf{u}^n$  have to be orthogonal, and that can't be  
 347 preserved under taking a projection onto a subspace of codimension 1 unless one of the vectors is in  
 348 the subspace.

## 349 **12 Remark on the task dependency on forgetting**

350 One might also be interested in exploring the question of how task dependency affects forgetting  
 351 in general. One way to capture the task dependency is through the Friedrichs number or its like  
 352 as they govern the geometric decay rate of residual errors and forgetting for a fixed set of tasks.  
 353 Specifically, if you consider any sequence of  $T$  number of fixed tasks, their Friedrichs angle (for  
 354  $T = 2$ ) and its extension, the Friedrichs number (for  $T > 2$ ), are always less than 1 [AS16; BS16].  
 355 This causes the residual error to converge geometrically [BS16]. As a result, the rate of forgetting  
 356 also converges geometrically, and not inversely proportional to the number of iterations, as suggested  
 357 by our bounds or by Evrons' [Evr+22] for worst-case scenarios. We refer readers interested in such  
 358 results to [BS16].

## 359 **13 Forgetting vs. Regret**

360 In our context (assuming consistent tasks), one could define the regret for a sequence of tasks  $S$  at  
 361 iteration  $n$  as

$$R_S(n) := \frac{1}{n} \sum_{t=1}^n \|X_t w_t - y_t\|^2,$$

362 in contrast to the forgetting which was defined as

$$F_S(n) := \frac{1}{n} \sum_{t=1}^n \|X_t w_n - y_t\|^2.$$

363 While superficially similar, analyzing regret is quite different (and much simpler) than analyzing  
364 forgetting in our setting. Indeed the regret over the first  $k$  iterations is simply the sum of squares of  
365 the update distances. By iterating the Pythagorean Theorem, one can see

$$\sum_{t=1}^n \|X_t w_t - y_t\|^2 = \|w_n\|^2 + \sum_{t=1}^n \|w_t - w_{t-1}\|^2 = \|w_n - w_0\|^2 \leq 4 \|w_0\|^2$$

366 since  $w_t - w_{t-1}$  is orthogonal to  $w_t$  for  $t \geq 1$ . This means  $R_S(n) \leq O(1/n)$ , which is tight even if  
367 convergence occurs after a single iteration. (Meaning that  $w_1$  satisfies all constraints.)