
EEG Thinking1 Datasets: Think-Count-Recall (TCR) and Read-Write-Type (RWT)

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Abstract

1 EEG-based Brain-Computer Interfaces (BCI) have been widely used in clinical
2 and non-clinical research. In this paper, we present a framework to collect a
3 large amount of EEG data with easy-to-use experiment setup, using non-invasive,
4 wireless, and affordable hardware. Interpretable feedback generated by benchmark
5 machine learning algorithms have been provided to the researchers and end-users.
6 Two existing datasets are used as case studies for the framework: Read-Write-Type
7 (RWT) and Think-Count-Recall (TCR). The goal is to inspire new machine learning
8 approaches for decoding behavior from large-scale EEG data. The framework
9 of experimental design, data collection, data analysis, feedback generation, and
10 community building could pave the way towards a future when everyone can easily
11 use BCI systems every day, similar to smartphones nowadays.

12 1 Introduction

13 Neural interfaces are becoming of increasing interest to industry and having large available datasets
14 could be useful for students and researchers to tease out signals from noisy data. Brain Computer
15 Interfaces (BCI) have been widely used for both clinical and non-clinical applications (Lotte et al.
16 [2018a], Craik et al. [2019]), such as diagnosis of abnormal states, evaluating the effect of the
17 treatments, helping patients with motor disabilities to move a mouse or to control a motorized
18 wheelchair, mental workload, seizure detection, motor imagery tasks (Devlaminck et al. [2010]), BCI
19 based games (Coyle et al. [2013]) and passive BCI. Previous research has reviewed existing datasets
20 in the BCI field, such as Schalk et al. [2004], Lotte et al. [2007], Zhang et al. [2020], Roy et al. [2019],
21 Miller [2019], Kaya et al. [2018], most of the datasets mentioned are collected in research labs or
22 clinical settings with expensive medical equipment and time-consuming setup procedure, under the
23 supervision of clinical professionals. The data collection framework we proposed allows non-expert
24 participants to run the experiment by themselves at home, whenever they have a small amount of time,
25 such as twenty minutes. The visual feedback generated by benchmark machine learning algorithms
26 could help them to perform better in the future sessions.

27 Considering classic datasets in other domains, such as ImageNet for image classification, or MNIST
28 for handwritten digit recognition, more data can be generated directly from the non-expert end users,
29 and more general patterns could be recognized based on such large scale data. With the motivation
30 to gather EEG data with a cheaper, easier and faster approach, we designed a pilot study towards
31 building a large-scale EEG data set, for multi-class classification of user-centered tasks, generated by
32 non-expert end-users. Results of classification with the proposed new data and machine models show
33 a reasonable accuracy (70% to the random 20%), indicating the potential of this framework.

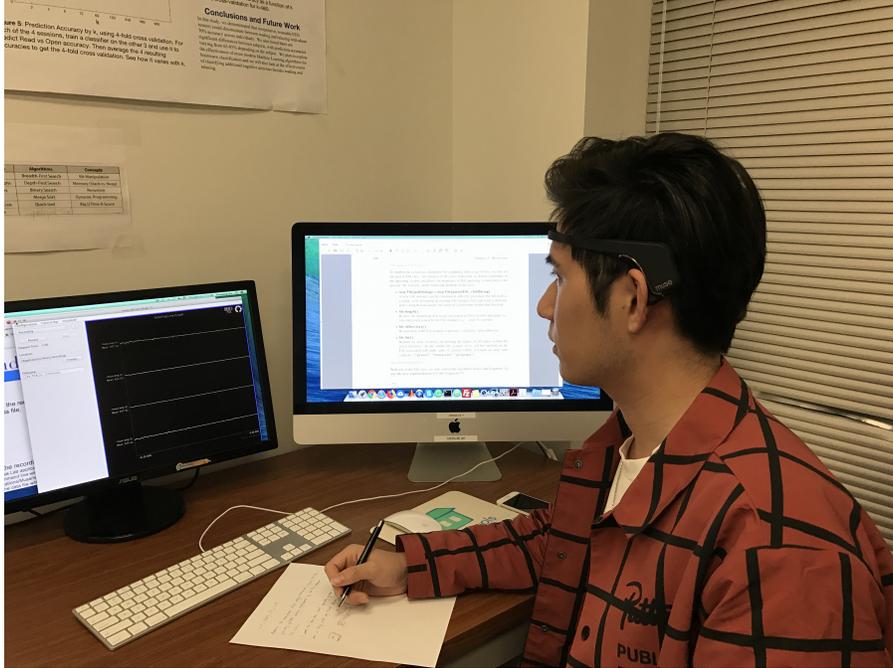


Figure 1: A researcher demonstrating the task "Write", wearing EEG headset.

34 This is an ongoing project and this 'Thinking1' repository currently has four datasets: Read-Write-
 35 Type (RWT, Qu et al. [2020b]), Think-Count-Recall (TCR, Qu et al. [2020a]), Python-Math (Qu et al.
 36 [2018b]), and GRE-Relax (Qu et al. [2018a]). In this paper, we use the two recent experiments, RWT
 37 and TCR, as examples to explain the approach. Details about the data collection, including how the
 38 subjects were recruited under IRB requirements, how long each session was, what kind of visualized
 39 feedback is provided to the subjects, how many EEG sessions were recorded, data cleaning, feature
 40 extraction, and research from benchmark algorithms, are in our previous papers, we also attached an
 41 updated version in the appendix section of this paper to allow readers to replicate these experiments.

42 1.1 Read-Write-Type (RWT)

43 Previous studies (Bird et al. [2018], Qu et al. [2018a]) demonstrated that EEG signals could success-
 44 fully distinguish several kinds of cognitive tasks. Such as programming in Python vs. solving Math
 45 problems; solving Math problems (GRE) vs. solving Reading problems (GRE). These experiments
 46 focused on distinguishing different cognitive tasks, but not on whether different communication
 47 modes may also have a distinguishable impact on EEG patterns. The experiment RWT (Qu et al.
 48 [2020b]) in this data set was designed to test the hypothesis of whether AI based EEG markers
 49 could distinguish both between two modes of communication: typing vs. writing, and between three
 50 cognitive states: reading vs. copying vs. answering. The five tasks are described in Figure 2.

51 1.2 Think-Count-Recall (TCR)

52 Other studies (Lotte et al. [2018a], Lotte [2015], Bird et al. [2018], Qu et al. [2018a], Craik et al.
 53 [2019]) demonstrated that EEG classification was successfully used to distinguish multiple cognitive
 54 tasks. In the TCR experiment (Qu et al. [2020a]), we designed these five user-centered tasks as shown
 55 in Figure 3, abbreviated them as Think (T), Count (C), Recall (R), Breathe (B) and Draw (D). The
 56 task selection is motivated by human memory experiments such as Kahana et al. [2018].

57 2 Methods

58 Such datasets are suitable for machine learning due to its high dimensional and noisy nature, similar
 59 to image recognition problems. There is great potential to provide higher accuracy and more

60 interpretable feedback to both researchers and end-users. For example, in each data point of 1/10
61 second, the raw EEG data is a 4 x 5 matrix, which represents four electrodes and five frequency
62 bands. Such twenty-dimensional data performs well enough (compare to 64 or 128 electrodes medical
63 devices) when applied to mainstream EEG-related machine learning or deep learning algorithms.

64 Each session of these experiments are reproducible with twenty minutes of effort for non-experienced
65 end-users. These human-in-the-loop experimental designs motivated by (LaRocco et al. [2020], Lotte
66 et al. [2018b]), have several advantages. First, the tasks are selected more from the end-users, less
67 from the researchers, similar to the smartphone usage situation now. Secondly, the role of the EEG
68 coach can make the end-user experience much better. Last but not the least, easy-to-understand user
69 feedback could be helpful for the end-user to reduce the noise and focus more on the designed tasks.
70 More details in the previous papers and the appendix section of this paper.

71 2.1 Experimental Design

72 The experimental design is easy to adapt, and the three hundred dollars or less wireless hardware, as
73 mentioned in Ienca et al. [2018], makes it affordable to a broader audience. For example, our research
74 lab has expanded the experiments from just targeting less than twenty students, to a community of
75 more than one hundred students, each of them starts with little or no computer science or neuroscience
76 background, and usually, after at most two to three twenty-minute sessions, they can learn to how to
77 control the noise level, and achieve the desired experimental goals with high accuracy.

78 The sensor hardware research and development have grown rapidly recently (Kübler et al. [2014],
79 Tabar and Halici [2016]), so does the trend of making it more affordable to the non-expert users.
80 After comparing several options, such as devices mentioned in Ienca et al. [2018], we chose the Muse
81 Headset for our experiments, with an affordable price of less than three hundred for each wireless
82 headset. For the design of the tasks, previous research has shown deep learning works well in emotion
83 recognition, motor imagery, mental workload, and seizure detection areas (Craik et al. [2019]), we
84 tried learning, motor-imagery tasks, sleep, and entertainment tasks. In this study, we focused on the
85 learning related tasks college students perform often in their daily lives.

86 2.2 Data collection

87 Data was collected in non-clinical settings, partly in the reserved classrooms or conference rooms in
88 the universities, partly at the participants' home. The size of the data usually is 15 to 20 subjects,
89 five to six sessions for each subject, each sessions varies from five minutes to twenty minutes. For
90 example, the TCR (16 subjects) and RWT (14 subjects) experiment each includes six sessions, each
91 session is five minutes long. Comparing with existing experiments on cognitive tasks mentioned
92 in Craik et al. [2019], Gabard-Durnam et al. [2018], Roy et al. [2019], Pernet et al. [2019], our
93 experimental design and data collection is easier, cheaper and faster. With twenty-minute training,
94 most participants can generate hours of EEG recording data at home with interpretable feedback.

95 The non-invasive, wireless EEG headset usually needs a training session to reduce the noise level.
96 The role of EEG coach was created to smooth the learning curve for first time end-users. The
97 end-users and EEG coaches are fairly compensated under the IRB requirement. More details such as

Read (R) Subjects were asked to read a PDF file displayed on the monitor silently, the PDF file is a
computer science textbook on Data Structures (Sierra and Bates [2003]).

Write Copy (WC) Subjects wrote on a blank white paper with a pen, copying the text from the
same textbook PDF file display on the monitor. As shown in Figure 1.

Write Answer (WA) Subjects wrote an essay using a pen on a blank paper, answering the question:
'Why did you choose your major?'

Type Copy (TC) Subjects copied text from the same textbook PDF file, into a text entry box on the
screen, by typing on a keyboard.

Type Answer (TA) Subjects typed their answers to the question 'What is your academic plan for
this semester?' into a text entry box on the screen.

Figure 2: Tasks in experiment Read-Write-Type (RWT).

- Think (T)** Subjects were asked to think of several (six, seven, eight) random objects, these objects need to be independent of each other. For example, (Sun, Fish, Flower, Table, Student, Car), is a valid set, but (computer, keyboard, monitor, speaker, phone, TV) is not a valid set.
- Count (C)** Subjects counted numbers aloud, from 200 towards 0, each time subtracting by 7, e.g. 200, 193, 186, 179, with eyes open, eyes and jaws movement minimized.
- Recall (R)** Subject recalled the objects they had typed in the Think (T) task, in the correct order, if possible, and entered them in a similar text entry box with a keyboard.
- Breathe (B)** Subjects were instructed to breathe deeply with their eyes open. They were asked NOT to think about any other tasks in this experiment, or anything else except their breath.
- Draw (D)** Subjects were asked to draw the objects they thought about in the earlier task Think (T), with a pen, on a blank A4 paper. The objects text they just entered in T was displayed on the monitor, so they did not need to recall, just focus on drawing.

Figure 3: Tasks in experiment Think-Count-Recall (TCR).

98 IRB approval and instructions given to the participants are included in the appendix section of this
 99 paper. Each headset was connected to a mainstream personal computer through Bluetooth. We use
 100 the software package that comes with the EEG headset (Muse-io and MuseLab) to record the raw
 101 EEG data to the computers. Then the data was processed and Analyze using machine learning and
 102 deep learning algorithms. The visualized feedback is provided to the end-users, EEG coaches, and
 103 researchers to improve the next round of data collection.

104 Before the experiment, the EEG coach helps the end-users to understand the IRB requirements and
 105 make sure they sign the informed consent forms, then explain in detail to the end-users what they are
 106 expected to see and to do during each step. During each session of the experiments, the EEG coach
 107 leads the end-users to the experiment website to fill out the pre-experiment survey, then helps the
 108 end-users to connect the EEG headsets and conduct a test recording for one minute before the official
 109 EEG recording starts, A time-boxed online survey style guide was then used to give the end-user
 110 step-by-step prompt during the experiment, the EEG coach is there for any possible questions. After
 111 the experiment, The EEG coach makes sure the end-user fill out the post-experiment survey and
 112 help them better understand the visual feedback. Also, the EEG coach keeps track of the notes for
 113 the entire process and communicates with the researchers regularly to deal with pop-up issues and
 114 maintain a frequent-asked-question (FAQ) list.

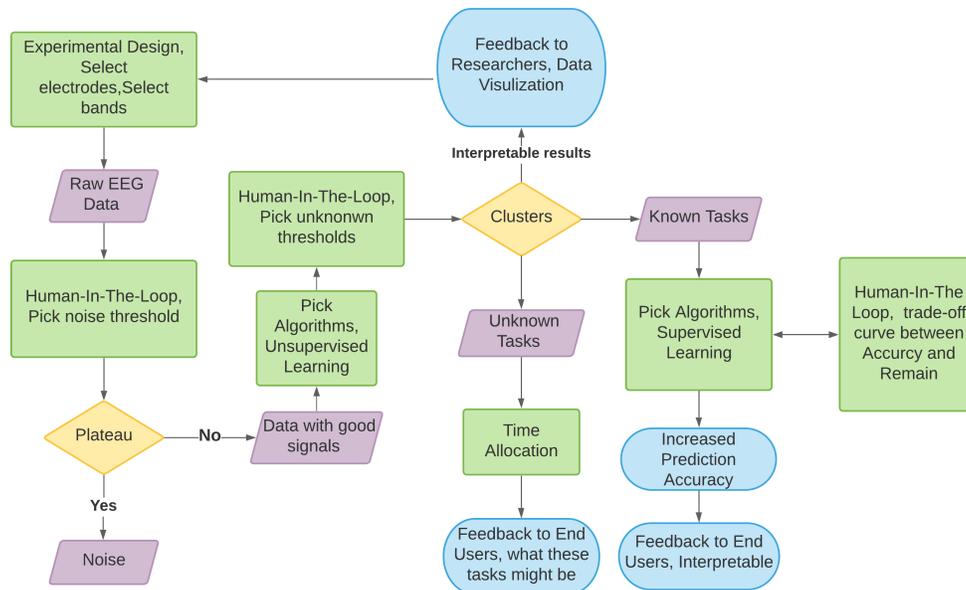


Figure 4: Data analysis framework.

115 **2.3 Data analysis framework**

116 New ways to analyze EEG data have been developed recently, such as Chevalier et al. [2020], Roc
 117 et al. [2020], Sabbagh et al. [2019], Tu et al. [2019]. In our experiments, as Figure 4 shows, the raw
 118 EEG data were first visualized to allow researchers to define the threshold to remove the noise, here
 119 we used the plateau threshold to determine whether a certain time window of signals is considered
 120 noise. Then we first used unsupervised learning algorithms, such as K-means, to cluster the data
 121 points, then we visualized the clustering result and made it interpretable to the researchers and
 122 end-user. For the designed tasks, we then used supervised learning, such as Random Forest or Long
 123 Short-Term Memory (LSTM) to predict the tasks. For the unknown tasks, we put a marker on the
 124 visual feedback to the end-user to ask what may happen during that time period. More details about
 125 these steps are in the appendix section of this paper.

126 By Human-In-The-Loop (HITL) it means the researcher, EEG coaches, and end-users and making
 127 data-driven decisions based on visualized feedback. The researchers bring together the existing
 128 knowledge about this experiment and help the EEG coaches and end-users to perform better in
 129 the next session. The EEG coaches guided the end-users to master how to use EEG hardware and
 130 software necessary to perform the designed tasks. The end-users learn from the researchers and
 131 the EEG coaches to use the EEG-based on BCI in their daily life as the experiments designed, and
 132 provide valuable feedback to the researchers to develop new and improved experiments.

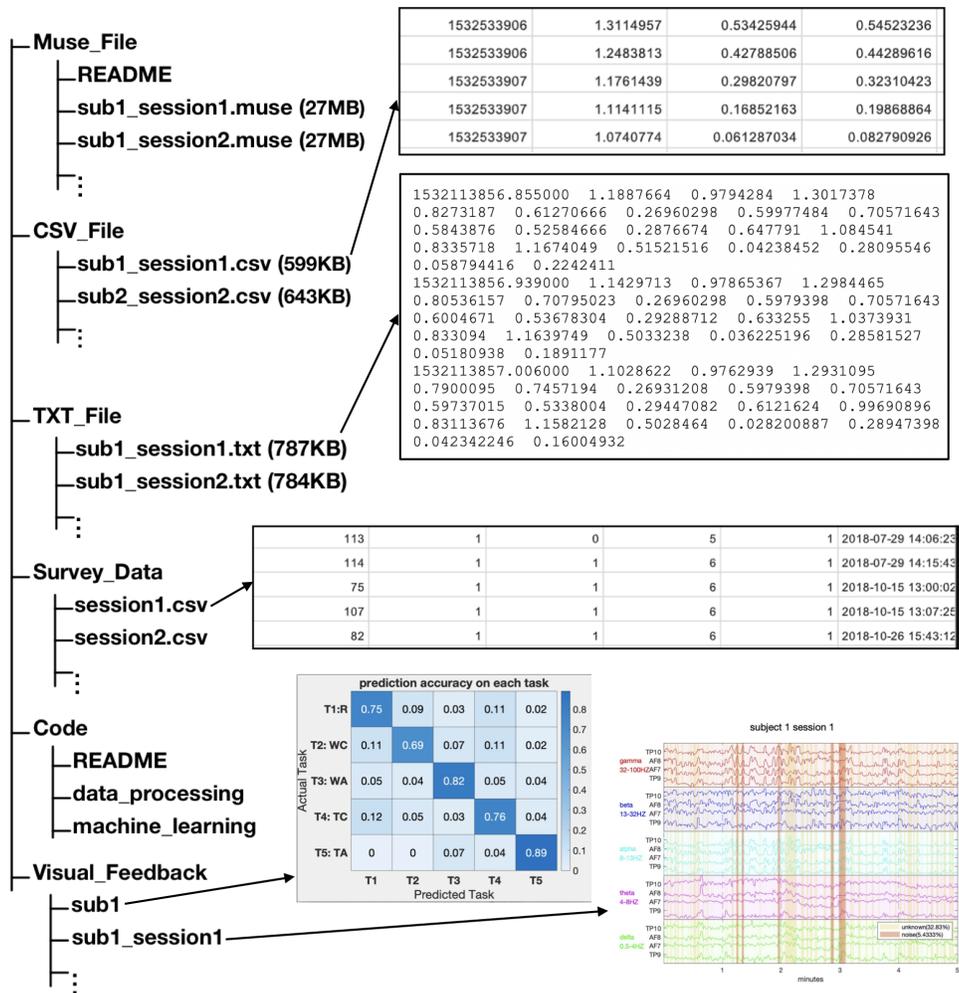


Figure 5: File structure of Our dataset

133 **2.4 Data format**

134 Pernet et al. [2019], and Nichols et al. [2017] have presented several recommended practices about
135 EEG data formats and sharing. Our data set, as Figure 5 shows, consists of the original MUSE files,
136 and CSV files, TXT files after pre-processing. Also, the metadata collected through Qualtrics online
137 survey system has been included, as well as the code has been implemented for this dataset. For
138 example, for the Read-Write-Type (RWT) experiments, for each subject, each five-minute session,
139 there is a MUSE data file size of around 27M, and after pre-processing, the MUSE file is converted
140 to a CSV or TXT file for further analysis, with a much smaller size of about 700K. Then there are
141 folders of suvery metadata and related code.

142 **2.5 Machine Learning applications**

143 In this paper, we introduce a machine learning benchmark for predicting the task humans are engaged
144 in from the EEG. We presented what machine learning and deep learning algorithms have been
145 applied to these datasets, and suggest several recommended practices for these datasets.

146 For the pre-processing part, data visualization is helpful for noise detection. For the multi-class
147 classification, ensemble methods, such as random forest, and Recurrent Neural Network (RNN), such
148 as Long Short-Term Memory (LSTM) consistently outperformed other classifiers (Qu et al. [2020b]),
149 we suggest using them as benchmark algorithms. Building on top of that, we proposed our algorithm,
150 Time-Continuity-Voting (TCV, Qu et al. [2020a]), which achieved the highest prediction accuracy for
151 these datasets. More details are in the appendix section of this paper.

152 **2.6 Community Forum and further support**

153 We established an online forum for the community who works on these datasets, including researchers,
154 EEG coaches, end-users, and clinical professionals. Due to our IRB requirements, this forum is
155 invitation-only at this time. Through our BCI forum, we connected to three computer science labs,
156 two neuroscience labs, two clinical research labs, and two hospitals during the last three years, as
157 well as get more than a hundred undergraduate students involved as experiment participants, eight of
158 them later became EEG coaches.

159 We held discussions on how to improve EEG experimental design and dataset development. Further
160 support on how to explore the potential of such an EEG-based BCI system is encouraged based on
161 community members' availability. Also, we are presenting these research papers and this forum to
162 more college students in the computer science and Neuroscience courses we lectured each semester.

163 Participating in the existing BCI community and bridging our own small EEG-based BCI community
164 to a broad network is also an important direction.

165 **2.7 Availability and Ethical considerations**

166 To make sure these datasets would be used ethically and responsibly, we adapted several recommended
167 practices of sharing BCI data, such as Gabard-Durnam et al. [2018], Pernet et al. [2019]. According
168 to our IRB requirement, these data sets are available upon written request, we review the request to
169 make sure it is coming from a reputable research institution and the requester is willing to sign a
170 Non-Disclosure Agreement. Previous studies have reviewed freely available EEG datasets, such as
171 Zhang et al. [2020], Roy et al. [2019], Miller [2019], Kaya et al. [2018], Craik et al. [2019], we are
172 amending our IRB to find acceptable ways of data anonymization to share it more freely.

173 **3 Results**

174 We develop feedback for different user roles. For example, the figures that compare different end-
175 users or different machine learning algorithms are more for the researchers, optional for the end-users.
176 Here are some sample feedback figures we provide to our researchers, EEG coaches and end-users.

177 **3.1 For Researchers**

178 For cross-subject comparison, as Figure 6 shows, although there are individual differences, the task
 179 prediction accuracy is reasonably high. Together with Figure 7, (both figures X-axis is subject id
 180 ordered by prediction accuracy), we observed the noise and unknown tasks vary across different

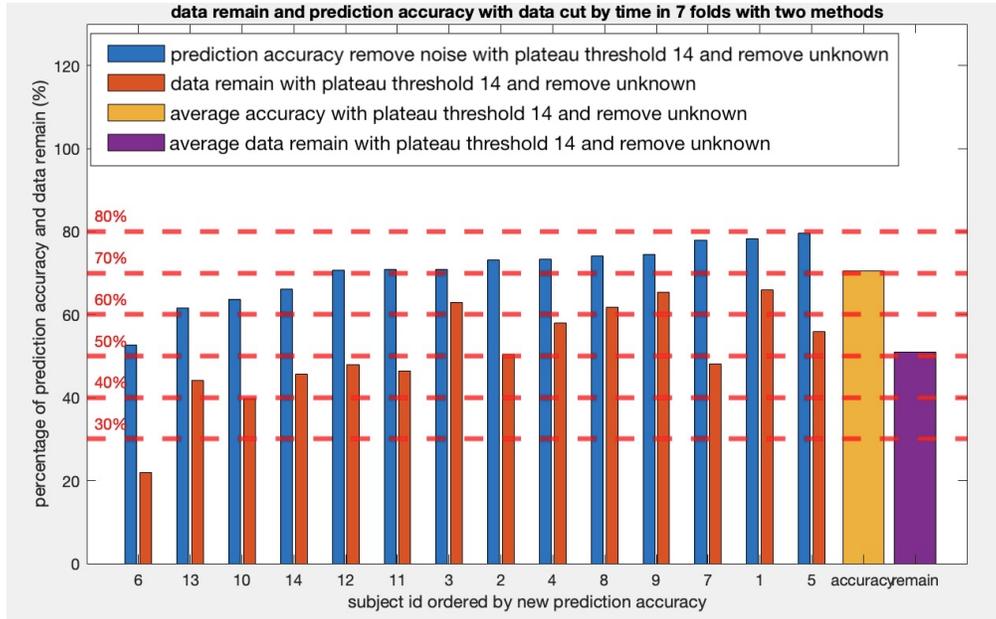


Figure 6: Experiment RWT: task prediction accuracy and data remain.

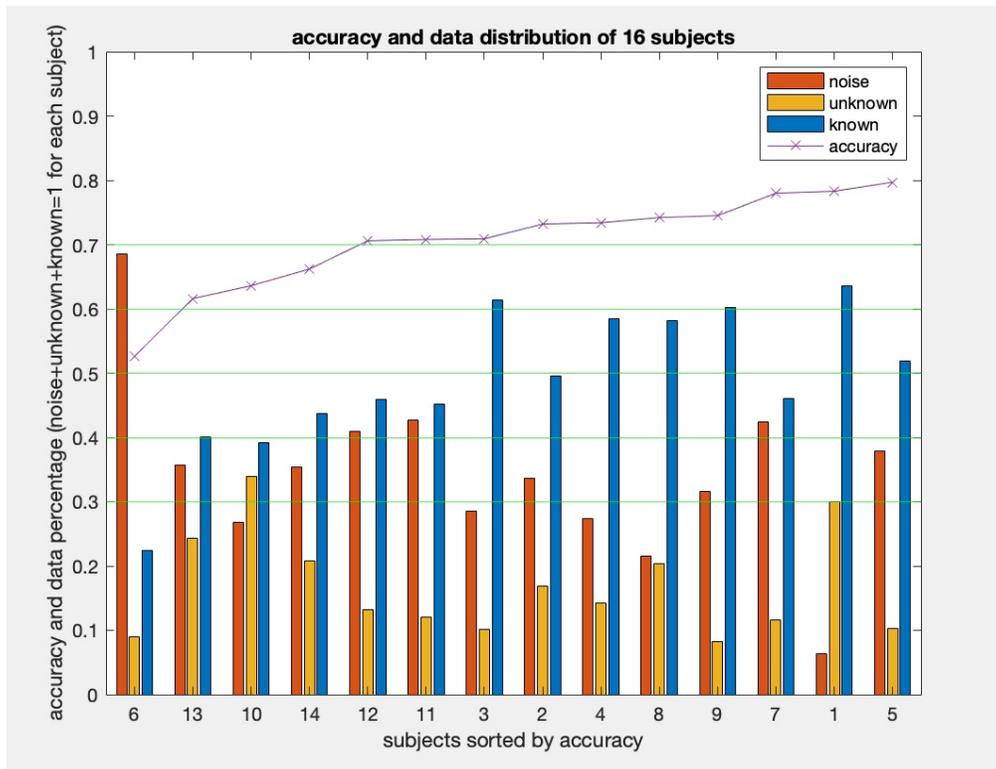


Figure 7: Experiment RWT: noise, unknown, and known tasks percentage.

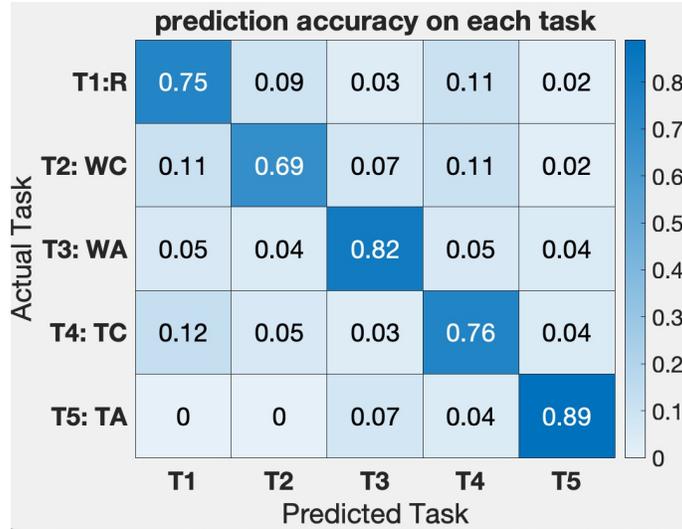


Figure 8: Diagonal Accuracy

181 subjects. Thus end-user training is necessary for better controlling the noise and unknown tasks. The
 182 role of EEG coach is created for this purpose.

183 3.2 For End-Users

184 Figure 8 shows for subject one in experiment RWT, how the accuracy of each task is predicted over all
 185 six sessions. This feedback may guide the further task selections. Each individual has a unique task
 186 set that is easy to be recognized with this EEG-based BCI experimental design and data collection
 187 framework. Thus it has the potential to be used as personal EEG fingerprint. Figure 9 shows the noise

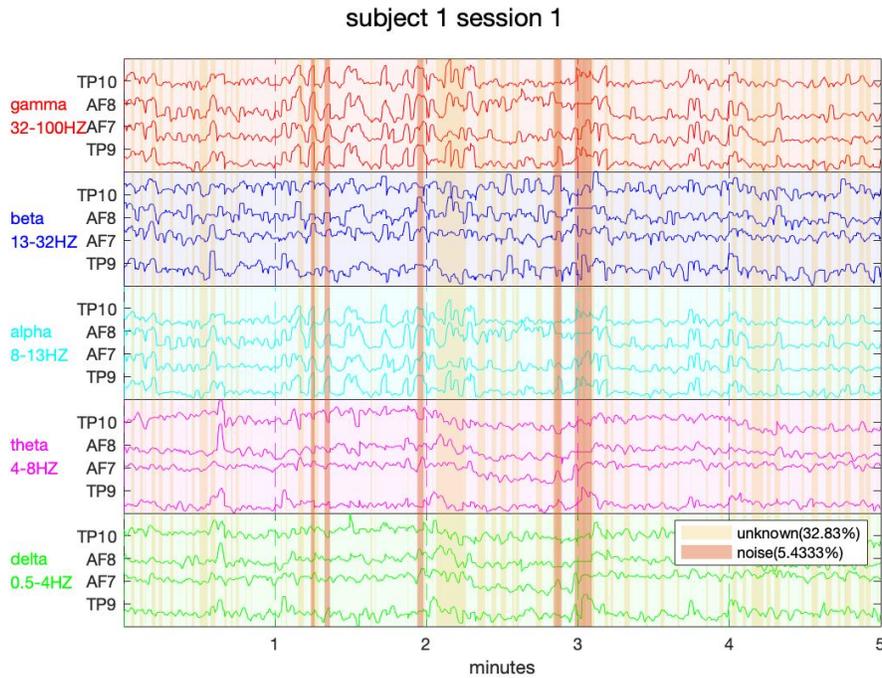


Figure 9: Noise, unknown, and known tasks, experiment RWT: subject one, session one.

188 and unknown task locations in each session, such feedback is helpful for the end-user to reflect what
189 happened around a certain time spot.

190 **4 Discussion**

191 The main goal for this paper is to provide a framework of experimental design and data collection to
192 gather EEG data through cheap means and non-expert participants. Intepretable feedback generate by
193 benchmark machine learning algorithms can speed up this process. Comparing with the traditional
194 data collection methods, as mentioned in Craik et al. [2019], Gabard-Durnam et al. [2018], Roy
195 et al. [2019], Pernet et al. [2019], our approach is faster and cheaper to gather more EEG data with
196 non-expert participants. Our efforts are made toward the future of everyone can use EEG-based BCI
197 in their daily life, similar to the current everyday usage of smartphones. Although the limitation
198 of sensory accuracy will remain for a while, the research related to the non-invasive BCI shows a
199 growing potential to reach out to non-expert end-users.

200 The datasets we present are an early exploration of how to map the healthy subjects' daily activities to
201 their personal EEG signal patterns. Based on the currently available sensory hardware, tasks without
202 too much moving or talking could be a good start. A unique role of EEG coach could be helpful in
203 such experiments to encourage more end-users to get involved in such experiments. The short-term
204 goal of these datasets is to inspire new machine learning approaches for decoding behavior from
205 EEG.

206 **4.1 Future Work**

207 Neural interfaces are becoming of increasing interest to industry and having large available datasets
208 could be useful for students and researchers to tease out signals from noisy data. As non-invasive
209 neural recordings become ubiquitous, there is a greater need for such algorithms and datasets. We
210 will continue to focus on developing a framework to make it easier for non-expert end-users to use
211 EEG-based BCI. Our short-term exploration includes developing more specific role sets for the BCI
212 research and development framework, with the emphasis on the role of EEG coach and an online
213 EEG experience community. The impact of continuous feedback to end-users is also a topic we
214 are working on. Also, the idea of step out of the lab to home, starting with encouraging end-users
215 to record EEG during tasks of her/his choice as many times as possible at home, is an interesting
216 direction we are heading to.

217 **4.2 Broader Impact**

218 This approach could contribute to the building of a large-scale EEG dataset using low-cost tools and
219 simple experimental settings at home. Our framework could be illuminated to a broader audience
220 of other time-serious human sensory data collection. After all, brain signals are just one type of
221 sensory health signals, the development of wearable devices are expanding rapidly to provide more
222 perspective about human health information from both real-time monitoring and afterward data
223 analysis.

224 Together with other human sensory data, EEG-based BCI has the potential to significantly change
225 the ways of human interaction with the rest of the world, including both other individuals, and all
226 the technology devices we developed. The human brain is a type of high-speed neural network, and
227 the current AI-enhanced internet is also a high-speed network, how to connect the two high-speed
228 networks could be an interesting long-term research direction. Our pilot study of quickly gathering
229 large-scale EEG data could be a baby step moving towards this direction.

230 **5 Conclusion**

231 In this paper, we present a framework to gather large-scale EEG data through cheap means and
232 non-expert participants, including experimental design, data collection, data analysis, and community
233 building approaches. Two existing datasets are used as case studies for the framework: Think-Count-
234 Recall (TCR) and Read-Write-Type (RWT). This could be a building block towards the future of
235 everyone using non-invasive, wireless, and affordable BCI systems every day, similar to current
236 smartphone usage for the general non-expert population.

237 A Appendix

238 The details of data collection, data analysis, and benchmark machine learning algorithms are in our
239 earlier papers (Qu et al. [2020a,b]), we described the details about how to recruit the fourteen (RWT)
240 or sixteen (TCR) subjects under IRB requirements, the data collection process, data cleaning and
241 feature extraction, and results from benchmark machine learning and deep learning algorithms. We
242 also attached an updated version in the appendix section of this paper to allow readers to replicate
243 these experiments.

244 A.1 Experiment: Read-Write-Type (RWT)

245 All subjects first signed an informed consent form. Then, researchers helped them to put on the Muse
246 headbands and test the recording. The Subjects then completed an entrance survey on the computer
247 and became familiar with the online Qualtrics system used in this experiment, especially the sample
248 task switching notice. Next, the Official EEG recording began. A survey in Qualtrics kept track of the
249 time and alerted the subjects to change their tasks after every 60 seconds. After subjects completed
250 all the five tasks, the Official EEG recording stopped and subjects completed a short exit survey.

251 **Subjects:** Using experiment TCR as an example, sixteen healthy subjects participated the experiment.
252 Of those, data from three subjects were excluded from subsequent analysis; one for failing to
253 participate in one of the required six sessions, and another because of considerable data loss from one
254 of the Muse electrodes, and the third due to a very high level of noise in the electrode recordings.

255 Seven males and six females are included in the final data set. Ten of the retained subjects were
256 undergraduate students, the other three were graduate students. Eight subjects were computer science
257 majors. The average age of the subjects was 20.9.

258 **Feature Extraction:** We used the absolute Band Powers (BP) feature of the Muse headset, it is the
259 logarithm of the power spectral density of EEG signals summed over that frequency range. Lotte
260 et al. [2018a]. The Muse headsets, are using four dry input electrodes, locations corresponded to sites
261 TP9, AF7, AF8, and T10. The Muse EEG recording application automatically filtered out muscle
262 artifacts, such as eye blinking. Spectral analysis was performed on-board the Muse device and then
263 transmitted at 10 Hz to the EEG recording application on the researcher’s computer. Each of these
264 spectral snapshots consists of 20 numeric values – five spectral values for each of the four electrodes.

265 **Data cleaning:** During the EEG recording, some electrodes may have temporarily lost contact with
266 the subjects’ scalp. The result was that multiple sequential spectral snapshots from one or more
267 electrodes had exactly the same value. When we detected this anomaly, we set that entire spectral
268 snapshot of 20 values to 0, while keeping the time-stamped value, even if the anomaly was only
269 detected on one of the four electrodes. Such data cleaning action resulted in a loss of 27% of the
270 entire data.

271 **Cross Validation:** EEG data point samples, if randomly selected, could be near to each other
272 chronologically in both the training set and the testing set. This may cause over-fitting because EEG
273 signals changes slowly. To lessen this possible effect, we first adopted the time-wise cross validation
274 ([Qu et al., 2018b]).

275 For each five minute session there are five tasks, we divided each tasks to 10 parts, evenly and
276 contiguously, each part has 10% of the data.

277 Then we did a 10 fold cross validation first and realized that the first 30% of the data were predicted
278 with low accuracy due to a task transition effect. We then cut off these transition times and only used
279 the rest (70%) of the data. In each fold, We trained on six of the remaining seven subsets and tested
280 on the left-out subset. The results reflect some general patterns.

281 Based on that We also did a session-wise cross validation, to see how the classifiers work with the
282 data from unseen session.

283 A.2 Experiment: Think-Count-Recall (TCR)

284 In this experiment, scalp-EEG signals were recorded from sixteen subjects. Each one was tested in
285 six sessions, each session is five minutes long, with five tasks, each task is one minute. Tasks were

286 selected by the subjects together with the researchers, based on frequent tasks in study environments
287 for students in their everyday life. Each subject completed six sessions over several weeks.

288 Each subject first signed the informed consent form. Then, they put on the Muse headbands and test
289 the recording. Subjects then completed an entrance survey. After these preliminaries, Official EEG
290 recording began. Subjects were directed by an online data collection system, which kept track of
291 time and alerted the subjects to change their tasks after every 60 seconds. After subjects completed
292 all the five tasks, the EEG recording stopped, subjects then completed a short exit survey.

293 **Data cleaning:** When collecting EEG data, one or more electrodes may have momentarily lost
294 contact with the subjects' scalp. The result was that multiple sequential spectral snapshots from one
295 or more electrodes had exactly the same 32 bit value. When we detected this anomaly, we set that
296 entire spectral snapshot of 20 values to 0, while keeping the time-stamped value, even if the anomaly
297 was only detected on one electrode. Such cleaning action resulted in a loss of 43% of the entire data.
298 This result echoed with other researches facing the same challenge of low signal-to-noise ratio.

299 **Subjects:** Sixteen healthy subjects finished the experiment. Data from four subjects have less than
300 35 percent data points left after removing noises. Thus these four subjects were excluded from
301 subsequent analysis.

302 Six males and six females are included in the final data set. Ten of the twelve retained subjects were
303 undergraduate students, the other two were graduate students. Seven subjects were computer science
304 majors; the remaining five were math, biology or psychology majors, or had not yet decided on a
305 field of concentration. The average age of the subjects was 20.2.

306 All twelve subjects completed the six sessions, producing a data set comprising 360 minutes of EEG
307 recordings (12 subjects x 6 sessions per subject x 5 minutes per session).

308 **Feature Extraction and Feature Selection:** We used the Band Powers (BP) features, the absolute
309 band power for a given frequency range (for instance, alpha, 9-13 Hz) is the logarithm of the power
310 spectral density of EEG signals summed over that frequency range. Lotte et al. [2018a]. The Muse
311 headsets are equipped with seven dry electrodes that make contact with the subjects' scalp, three of
312 them are reference, the other four are input. The four input electrode locations corresponded to sites
313 TP9, AF7, AF8, and T10 [Seeck et al., 2017]. The Muse EEG recording application automatically
314 filtered out muscle artifacts, such as eye blinking and jaw movements. The EEG system down-
315 sampled sensor signals from 12k Hz to 220 Hz, with 2uV (RMS) noise. Spectral analysis was
316 performed on-board the Muse device and then transmitted wirelessly at 10 Hz to the researcher's
317 workstation. Each of these spectral snapshots consists of 20 numeric values – five spectral values for
318 each of the four electrodes. This procedure generated a total of 3,000 spectral snapshots per subject
319 per session (10 snapshots/second * 300 seconds).

320 A.3 Other two experiments

321 The other two experiments, Python-Math (Qu et al. [2018b]) and GRE-Relax (Qu et al. [2018a]), are
322 using a similar but not so mature approach compare to the newer ones, the details are in our previous
323 papers, and we recommend using the new approach exemplified by experiments TCR and RWT in
324 this paper.

325 A.4 How to pick thresholds

326 **Detect Noise:** Percentage speaking, noise, unknown tasks, and known tasks add up to 100 percent,
327 here we use 1 to represent all the three types together, as shown in Equation 1. During the EEG
328 data collection, one or more electrodes may have momentarily lost contact with the subjects' scalp,
329 especially the TP9 and TP10 electrodes behind ears. The result was that multiple sequential spectral
330 snapshots from one or more electrodes had exactly the same value.

$$noise + unknown + known = 1 \quad (1)$$

331 We applied Human-In-The-Loop method to determine the noise threshold for how long we should
332 consider such a drop of signals as noise. As shown in Equation 2, we select the time slots which

333 continue noise length are larger than the noise threshold. The total amount of noise is:

$$noise = \sum N(t > nt) \quad (2)$$

334 **Detect Unknown Tasks**

335 After removing the noise through a plateau threshold, we aim to detect the unknown tasks, where
336 unknown tasks refer to those mental activities that might not belong to the five known tasks included
337 in the experimental design.

338 Here we use experiment TCR as an example, first we implemented unsupervised learning (K-means)
339 to detect the clusters.

340 We treat each 1/10 second of EEG signal as a 20-dimension data point, and use K-means to find
341 the clusters based on the least squared Euclidean distance. We assume each cluster may represent a
342 certain task, either one of the five known tasks, or a new unknown task not included in the original
343 experimental design. We use subject 1 as an example. In subject one, 3000 data points are recorded
344 in each one of the six five-minute sessions (30 minutes and 18,000 data points for six sessions in
345 total), and the k-means algorithm is looking for clusters in these 18,000 data points. The larger the
346 number of clusters (K), usually the fewer data points in each cluster.

347 The unknown threshold is defined as the percentage of data points in a certain K-means cluster that
348 represent a known task. For example, when the unknown threshold is 0.5, that means if the number
349 of any one of the five known tasks is more than fifty percent of the total data points, this cluster is
350 considered to be this known task of the highest percentage. If none of the five known tasks reach this
351 0.5 unknown threshold, we consider this cluster an unknown task because none of the known tasks is
352 dominant in this cluster. Time-wise speaking, that means the data points in this cluster come from
353 different designed known task periods, so they may not belong to any of the known tasks.

354 Here we can see the prediction accuracy of the known tasks is negatively correlated to the data remain
355 of the known tasks. In other words, with more data points have been recognized as unknown tasks,
356 the prediction accuracy will be higher just using the cleaner version of data points that remain as the
357 known tasks. This pattern is consistent across all of the sixteen subjects. Result with higher accuracy
358 or higher remain can be generated according to demand by using other pairs of K-unknown-threshold
359 combination.

360 The lower bounds are set as 0.65 for accuracy and 0.34 for data remain. For the accuracy lower
361 bound, accuracy is around 0.65 when only the noise has been removed and no data points have been
362 labeled as unknown tasks, making only accuracy higher than 0.65 has the value to compare. For
363 the data remain lower bound, 0.34 is about one-third of the data points remain, that is to say, less
364 than two-third of data points have been labeled as unknown tasks. Although the prediction accuracy
365 is as high as 86 percent and even higher with data remain less than 0.34, it does not seem to be
366 representative enough for this entire data set.

```
noiseRemoved_data = readcsv("subjID.csv");

for threshold = 0.3:0.02:0.6
    % removed unknown using kmeans
    unknownRemoved_data = Kmeans(noiseRemoved_data,threshold);
    % calulate REMAIN
    REMAIN = size(unknownRemoved_data)/size(original_data);
    % use randomforest to predict tasks
    prediction = RandomForest.fit(unknownRemoved_data);
    % calulate ACCURACY
    ACCURACY = compare(prediction,label);
end

plot2D(ACCURACY,REMAIN,"sort","descend ACCURACY ");
```

Figure 10: Code Example

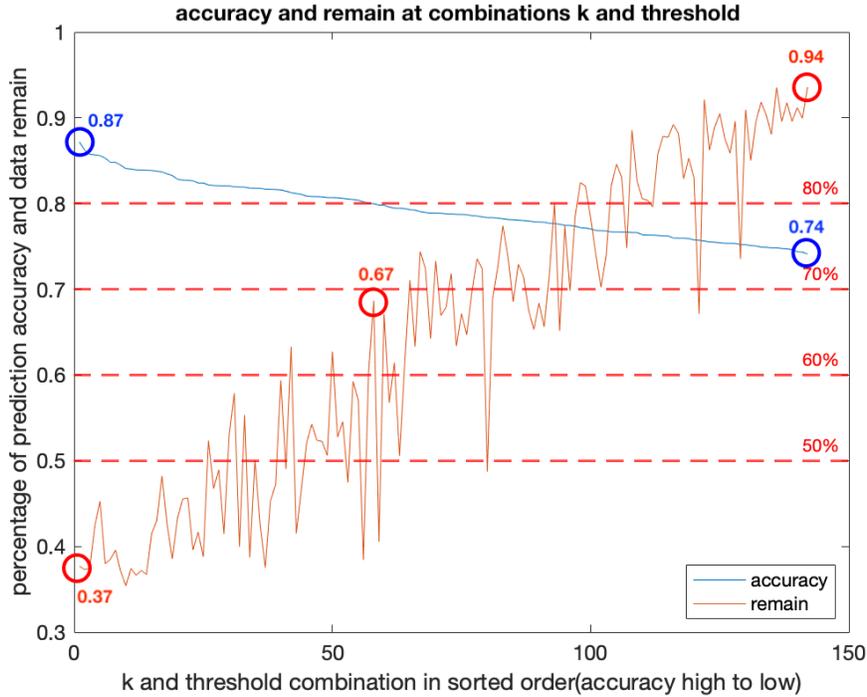


Figure 11: Trade-off of task prediction accuracy and data remain

367 Trade off between accuracy and data remain

368 For interpretability, we balance between chasing for higher accuracy and retain a meaningful amount
 369 of data. As Figure 11 shows, for subject one in TCR experiment, we selected thresholds to balance the
 370 prediction accuracy and data remain for the known tasks. There are five tasks in this TCR experiment
 371 example, so the random is 20 percent. The task prediction accuracy can reach 87 percent if the data
 372 remain is just 37 percent. While the accuracy remains 74 percent when the data remain is 94 percent.

373 Figure 10 is the related code to generate Figure 11, X-axis is ordered by task prediction accuracy
 374 decreased, thus we can see the trade-off trend. The run time for this step is several seconds on a
 375 non-special personal computer. Then the EEG coach and end-users can brainstorm ways to minimize
 376 the noise and unknown tasks in future sessions.

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