

Pre-study questionnaire

Tesserae Participant ID: _____

1. Have you continued to use self-tracking wearable(s) after the Tesserae study?
 - Yes
 - No

2. If yes, which kind? _____

3. How often do you wear these wearable(s)?
 - Never
 - A few times a month
 - A few times a week
 - Almost all the time

4. Do you browse the mobile app(s) associated with these wearable(s)?
 - Yes
 - No

5. How frequently do you use these apps?
 - Never
 - A few times a month
 - A few times a week
 - Almost all the time

6. How frequently do you browse your past data on these apps?
 - Never
 - A few times a month
 - A few times a week
 - Almost all the time

7. How would you rate your familiarity with general interactive visualizations and visual tools found on the web, media etc.?

| | | | | |
|---------------------|-------------------|-------------------|---------------------|--------------------|
| 1 | 2 | 3 | 4 | 5 |
| Not at all familiar | Slightly familiar | Somewhat familiar | Moderately familiar | Extremely familiar |

8. Do you use any of the following vision aids? Select all that apply.

- Glasses
- Contact lens
- None

9. Are you color blind?

- Yes
- No
- I don't know