Efficient Training of Visual Transformers with Small-Size Datasets

Abstract

Visual Transformers (VTs) are emerging as an architectural paradigm alternative to Convolutional networks (CNNs). Differently from CNNs, VTs can capture global relations between image elements and they potentially have a larger representation capacity. However, the lack of the typical convolutional inductive bias makes these models more data-hungry than common CNNs. In fact, some local properties of the visual domain which are embedded in the CNN architectural design, in VTs should be learned from samples. In this paper, we empirically analyse different VTs, comparing their robustness in a small training-set regime, and we show that, despite having a comparable accuracy when trained on ImageNet, their performance on smaller datasets can be largely different. Moreover, we propose a self-supervised task which can extract additional information from images with only a negligible computational overhead. This task encourages the VTs to learn spatial relations within an image and makes the VT training much more robust when training data are scarce. Our task is used jointly with the standard (supervised) training and it does not depend on specific architectural choices, thus it can be easily plugged in the existing VTs. Using an extensive evaluation with different VTs and datasets, we show that our method can improve (sometimes dramatically) the final accuracy of the VTs. The code will be available upon acceptance.

1 Introduction

Visual Transformers (VTs) are progressively emerging architectures in computer vision as an alternative to standard Convolutional Neural Networks (CNNs), and they have already been applied to many tasks, such as image classification [16, 51, 59, 34, 56, 58, 33, 57], object detection [4, 61, 13], segmentation [48], tracking [35] and image generation [30, 28], to mention a few. These architectures are inspired by the well-known Transformer [53], which is the de-facto standard in Natural Language Processing (NLP) [14, 44], and one of their appealing properties is the possibility to develop a unified information-processing paradigm for both visual and textual domains. A pioneering work in this direction is ViT [16], in which an image is split using a grid of non-overlapping patches, and each patch is linearly projected in the input embedding space, so obtaining a "token". After that, all the tokens are processed by a series of multi-head attention and feed-forward layers, similarly to how (word) tokens are processed in NLP Transformers.

A clear advantage of VTs is the possibility for the network to use the attention layers to model global relations between tokens, and this is the main difference with respect to CNNs, where the receptive field of the convolutional kernels locally limits the type of relations which can be learned. However, the increased representation capacity of the VTs comes at a price, which is the lack of the typical CNN inductive biases, based on exploiting the locality, the translation invariance and the hierarchical structure of visual information [34, 56, 58]. As a result, VTs need a lot of data for training, usually more than what is necessary to standard CNNs [16]. For instance, ViT is trained with

JFT-300M [16], a (proprietary) huge dataset of 303 million (weakly) labeled high-resolution images, and performs worse than ResNets [24] with similar capacity when trained on ImageNet-1K (~ 1.3 million samples [46]). This is likely due to the fact that ViT needs to learn some local proprieties of the visual data using more samples than a CNN, while the latter embeds these properties in its architectural design.

In order to alleviate this problem, very recently a second generation of VTs has been independently proposed by different groups [59, 34, 56, 58, 57, 33, 28]. A common idea behind these works is to mix convolutional layers with attention layers, in such a way providing a local inductive bias to the VT. These hybrid architectures enjoy the advantages of both paradigms: attention layers model long-range dependencies, while convolutional operations can emphasise the local properties of the image content. The empirical results shown in most of these works demonstrate that this second-generation VTs can be trained on ImageNet outperforming similar-size ResNets on this dataset [59, 34, 56, 58, 57, 33]. However, it is still not clear what is the behaviour of these networks when trained on medium-small size datasets. In fact, from an application point of view, most of the vision tasks cannot rely on (supervised) datasets whose size is comparable with (or larger than) ImageNet.

In this paper, we compare to each other different second-generation VTs by either training them from scratch or fine-tuning them on medium-small size datasets, and we empirically show that, despite their ImageNet results are basically on par with each other, their classification accuracy with smaller datasets largely varies. Moreover, we propose to use an additional self-supervised *pretext* task and a corresponding loss function in order to accelerate training in a small training-set or few-epochs regime. Specifically, the proposed task is based on (unsupervised) learning the spatial relations between the output-token embeddings. Given an image, we *densely* sample random pairs from the final embedding grid, and, for each pair, we ask the network to guess their relative translation offsets. To solve this task, the network needs to encode both local and contextual information in each embedding. In fact, without local information, embeddings representing different input image patches cannot be distinguished the one from the others, while, without contextual information (aggregated using the attention layers), the task may be ambiguous.

Our task is inspired by ELECTRA [11], an NLP model in which the pretext task is densely defined for each output embedding (Sec. 2). Clark et al. [11] show that their task is more *sample-efficient* than commonly used NLP pretext tasks, and this gain is particularly strong with small-capacity models or relatively smaller training sets. Similarly, we exploit the fact that an image is represented by a VT using multiple token embeddings, and we use their relative distances to define a localization task over a subset of all the possible embedding pairs. In this way, *for a single image forward*, we can compare to each other many embedding pairs and average our localization loss over all of them. Thus, our task is drastically different from those multi-crop strategies proposed, for instance, in SwAV [6], which need to independently forward each input patch through the network.

Since our additional task is self-supervised, our *dense relative localization* loss ($\mathcal{L}_{drloc}$) does not require additional annotation, and we use it jointly with the standard (supervised) cross-entropy as a regularization of the VT training. $\mathcal{L}_{drloc}$ is very easy-to-be-reproduced and, despite this simplicity, it can largely boost the accuracy of the VTs, especially when the VT is either trained from scratch on a small-size dataset, or fine-tuned on a dataset with a large domain-shift with respect to the pretraining ImageNet dataset. In our empirical analysis, based on different training scenarios, a variable amount of training data and three different second-generation VTs, $\mathcal{L}_{drloc}$ has *always* improved the results of the tested baselines, sometimes boosting the final accuracy of tens of points (and up to 45 points).

In summary, the contributions of this paper are the following:

- We empirically compare to each other different very recent VTs, and we show that their behaviour can largely differ when trained with small-size datasets or few training epochs.

- We propose a new, straightforward self-supervised relative localization loss which is used as an additional task for VT training. Using an extensive empirical analysis, we show that our loss is beneficial to speed-up training and increase the generalization ability of different VTs, independently of their specific architectural design or application task.

2   Related work

In this section, we briefly review previous work related to both VTs and self-supervised learning.

Visual Transformers. Despite some previous work in which attention is used inside the convolutional layers of a CNN [55, 26], the first fully-transformer architectures for vision are iGPT [7] and ViT [16]. The former is trained using a "masked-pixel" self-supervised approach, similar in spirit to the common masked-word task used, for instance, in BERT [14] and in GPT [44] (see below). On the other hand, ViT is trained in a supervised way, using a special "class token" and a classification head attached to the final embedding of this token. Both methods are computationally expensive and, despite their very good results when trained on huge datasets, they underperform ResNet architectures when trained from scratch using only ImageNet-1K [16, 7]. VideoBERT [49] is conceptually similar to iGPT, but, rather than using pixels as tokens, each frame of a video is holistically represented by a feature vector, which is quantized using an off-the-shelf pretrained video classification model. DeiT [51] trains ViT using distillation information provided by a pretrained CNN.

The success of ViT has attracted a lot of interest in the vision community, and different variants of this architecture have been recently used in many tasks [51, 48, 30, 10]. However, as mentioned in Sec. 1, the lack of the typical CNN inductive biases in ViT, makes this model difficult to train without using (very) large-size datasets. For this reason, very recently, a second-generation of VTs has focused on hybrid architectures, in which convolutions are used jointly with long-range attention layers [59, 34, 56, 58, 57, 33, 28]. The common idea behind all these works is that the sequence of the individual token embeddings can be shaped/reshaped in a geometric grid, in which the position of each embedding vector corresponds to a fixed location in the input image. Given this geometric layout of the embeddings, convolutional layers can be applied to neighboring embeddings, so encouraging the network to focus on local properties of the image. The main difference among these works concerns *where* the convolutional operation is applied (e.g., only in the initial representations [59] or in all the layers [34, 56, 58, 57, 33], in the token to query/key/value projections [56] or in the forward-layers [58, 33, 28], etc.). In this paper we do not use ViT, being the original ViT architectures too big as number of parameters, and because we focus on training/fine-tuning on datasets whose size is smaller than ImageNet-1K. Conversely, we use three state-of-the-art second-generation VTs (T2T [59], Swin [34] and CvT [56]), for which there is a public implementation. For each of them, we select the model whose number of parameters is comparable with a ResNet-50 [24] (more details in Sec. 3). We do not modify the native architectures because the goal of this work is to propose a pretext task and a loss function which can be easily plugged in existing VTs.

Similarly to the original Transformer [53], in ViT, an (absolute) *positional embedding* is added to the representation of the input tokens. In Transformer networks, positional embedding is used to provide information about the token order, since both the attention and the (individual token based) feed-forward layers are permutation invariant. In [34, 57], *relative* positional embedding [47] is used, where the position of each token is represented relatively to the others. Generally speaking, positional embedding is a representation of the token position which is *provided as input* to the network. Conversely, our relative localization loss exploits the relative positions (of the final VT embeddings) as a *pretext task* to extract additional information without manual supervision.

Self-supervised learning. Reviewing the vast self-supervised learning literature is out of the scope of this paper. However, we briefly mention that self-supervised learning was first successfully applied in NLP, as a means to get supervision from text by replacing costly manual annotations with *pretext* tasks [36, 37]. A typical NLP pretext task consists in masking a word in an input sentence and asking the network to guess which is the masked token [36, 37, 14, 44]. ELECTRA [11] is a *sample-efficient* language model in which the masked-token pretext task is replaced by a discriminative task defined over all the tokens of the input sentence. Our work is inspired by this method, since we propose a pretext task which can be efficiently computed by densely sampling the final VT embeddings.

In vision, common pretext tasks with still images are based on extracting two different views from the same image (e.g., two different crops) and then considering these as a pair of *positive* images, likely sharing the same semantic content [8]. Current self-supervised vision approaches can be broadly categorised in contrastive learning [52, 25, 8, 23, 50, 54, 18], clustering methods [3, 62, 29, 5, 1, 20, 6], asymmetric networks [22, 9] and feature-decorrelation methods [19, 60, 2, 27]. While the aforementioned approaches are all based on ResNets, very recently, Chen et al. [10] have empirically tested some of these methods with a ViT architecture [16].

One important difference of our proposal with respect to previous work, is that we do not propose a fully-self-supervised method, but we rather use self-supervision jointly with standard supervision (i.e., image labels) in order to regularize VT training, hence our framework is a *multi-task learning*

approach [12]. Moreover, our dense relative localization loss is not based on positive pairs, and we do *not* use multiple views of the same image in the current batch, thus our method can be used with standard (supervised) data-augmentation techniques. Specifically, our pretext task is based on predicting the relative positions of pairs of tokens extracted from the same image.

Previous work using localization for self-supervision is based on predicting the input image rotation [21] or the relative position of *adjacent patches* extracted from the same image [15, 41, 42, 38]. For instance, in [41], the network should predict the correct permutation of a grid of 3×3 patches (in NLP, a similar, permutation based pretext task, is *deshuffling* [45]). In contrast, we do not need to extract multiple patches from the same input image, since we can efficiently use the final token embeddings (thus, we need a *single* forward and backward pass per image). Moreover, differently from previous work based on localization pretext tasks, our loss is *densely* computed between many random pairs of (non necessarily adjacent) token embeddings. Note that one of the reasons for which we can use non-adjacent image positions, is that the attention layers of the VT include contextual information in each token representation, thus making the prediction task easier. Finally, in [13], the position of a random query patch is used for self-supervised training a transformer-based object detector [4]. However, the localization loss used in [13] is specific for the final task (object localization) and the specific DETR architecture [4], while our loss is generic and can be plugged in any VT.

Figure 1: A schematic representation of the VT architecture. (a) A typical second-generation VT. (b) Our localization MLP which takes as input (concatenated) pairs of final token embeddings.

3 Preliminaries

As mentioned in Sec. 1-2, in this paper we focus on second-generation discriminative VTs [59, 34, 56, 58, 57, 33] which are hybrid architectures mixing Transformer-like multi-attention layers with convolutional operations. Without loss of generality, these networks take as input an image which is split in a grid of (possibly overlapping) $K \times K$ patches. Each patch is projected in the input embedding space, obtaining a set of $K \times K$ input *tokens*, fed to the VT. The latter is based on the typical Transformer multi-attention layers [53], which model pairwise relations over the token intermediate representations. Importantly, the attention layers gradually introduce contextual information in each token representation. Differently from a pure Transformer [53], hybrid architectures usually shape or re-shape the sequence of these token embeddings in a spatial grid, which makes it possible to apply convolutional operations over a small set of neighboring token embeddings. Using convolutions with a stride greater than 1 and/or pooling operations, the resolution of the initial $K \times K$ token grid can possibly be reduced, thus simulating the hierarchical structure of a CNN. We assume that the final embedding grid has a resolution of $k \times k$ (where, usually, $k \leq K$), see Fig. 1 (a).

The final $k \times k$ grid of embeddings represents the input image and it is used for the discriminative task. For instance, some methods include an additional "class token" which collects contextual information over the whole grid [59, 56, 58, 57, 33], while others [34] apply an average global pooling over the final grid to get a compact representation of the whole image. Finally, a standard, small MLP head takes as input the whole image representation and it outputs a posterior distribution over the set of the target classes (Fig. 1 (a)). The VT is trained using a standard cross-entropy loss ($\mathcal{L}_{ce}$), computed using these posteriors and the image ground-truth labels.

When we plug our relative localization loss (Sec. 4) in an existing VT, we always use the native VT architecture of each tested method, without any change apart from the dedicated localization MLP (see Sec. 4). For instance, we use the class token when available, or the average pooling layer when

it is not, and on top of these we use the cross-entropy loss. We also keep the positional embedding (Sec. 2) for those VTs which add this information to the tokens (see Sec. 4.1 for a discussion about this choice). The only architectural change we do is to downsample the final embedding grid of T2T [59] and CvT [56] to make them of the same size as that used in Swin [6]. Specifically, in Swin, the final grid has a resolution of 7×7 ($k = 7$), while, in T2T and in CvT, it is 14×14. Thus, in T2T and in CvT, we use a 2×2 average pooling (*without* learnable parameters) and we get a final 7×7 grid for all the three tested architectures. This pooling operation is motivated in Sec. 4.1, and it is used only together with our localization task (it does not affect the posterior computed by the classification MLP). Finally, note that T2T uses convolutional operations only in the input stage, and it outputs a sequence of $14 \times 14 = 196$ embeddings, corresponding to its 14×14 input grid. In this case, we first reshape the sequence and then we use pooling.

4 Dense Relative Localization task

The goal of our regularization loss is to encourage the VT to learn spatial information without using additional manual annotations. We achieve this by *densely* sampling *multiple* embedding pairs *for each image* and asking the network to guess their relative positions. In more detail, given an image x, we denote its corresponding $k \times k$ grid of final embeddings (Sec. 3), as $G_x = \{\mathbf{e}_{i,j}\}_{1 \leq i,j \leq k}$, where $\mathbf{e}_{i,j} \in \mathbb{R}^D$, and D is the dimension of the embedding space. For each G_x, we randomly sample multiple pairs of embeddings and, for each pair $(\mathbf{e}_{i,j}, \mathbf{e}_{p,h})$, we compute the 2D normalized target translation offset $(t_u, t_v)^T$, where:

$$ t_u = \frac{|i - p|}{k}, \quad t_v = \frac{|j - h|}{k}, \quad (t_u, t_v)^T \in [0, 1]^2. \tag{1} $$

The selected embedding vectors $\mathbf{e}_{i,j}$ and $\mathbf{e}_{p,h}$ are concatenated and input to a small MLP (f), with only one hidden layer and two output neurons, one per spatial dimension (Fig. 1 (b)), which predicts the relative distance between position (i, j) and position (p, h) on the grid. Let $(d_u, d_v)^T = f(\mathbf{e}_{i,j}, \mathbf{e}_{p,h})^T$. Given a mini-batch B of n images, our *dense relative localization loss* is:

$$ \mathcal{L}_{drloc} = \sum_{x \in B} \mathbb{E}_{(\mathbf{e}_{i,j}, \mathbf{e}_{p,h}) \sim G_x} [|(t_u, t_v)^T - (d_u, d_v)^T|_1]. \tag{2} $$

In Eq. (2), for each image x, the expectation is computed by sampling uniformly at random m embedding pairs $(\mathbf{e}_{i,j}, \mathbf{e}_{p,h})$ in G_x, and averaging the L_1 loss between the corresponding $(t_u, t_v)^T$ and $(d_u, d_v)^T$. $\mathcal{L}_{drloc}$ is added to the standard cross-entropy loss ($\mathcal{L}_{ce}$) of each native VT (Sec. 3). The final loss is: $\mathcal{L}_{tot} = \mathcal{L}_{ce} + \lambda \mathcal{L}_{drloc}$. We use $\lambda = 0.1$ in all the experiments with both T2T and CvT, and $\lambda = 0.5$ in case of Swin.

4.1 Discussion

Intuitively, $\mathcal{L}_{drloc}$ transforms the relative positional embedding (Sec. 2), used, for instance, in Swin [34], in a pretext task, asking the network to guess which is the relative distance of a random subset of all the possible token pairs. Thus a question may arise: is the relative positional embedding used in some VTs sufficient for the localization MLP (f) to solve the localization task? The experiments presented in Sec. 5.2-5.3 show that, when we plug $\mathcal{L}_{drloc}$ on CvT, in which *no kind* of positional embedding is used [56], the relative accuracy boost is usually *smaller* than in case of Swin, confirming that the relative positional embedding, used in the latter, is not sufficient to make our task trivial.

In Sec. 3, we mentioned that, in case of Swin, the final embedding grid has a 7×7 resolution, while for the other two VTs we consider here (T2T and CvT), we average-pool their 14×14 grids and we obtain a final 7×7 grid G_x. In fact, in preliminary experiments with both T2T and CvT at their original 14×14 resolution, we observed a very slow convergence of $\mathcal{L}_{drloc}$. We presume this is due to the fact that, with a finer grid, the localization task is harder. This makes more difficult the convergence of f, and it likely generates noisy gradients which are backpropagated through the whole VT (see also Sec. 5.1). We leave this for future investigation and, in the rest of this article, we always assume that our pretext task is computed with a 7×7 grid G_x.

4.2 Loss variants

In this section, we present different variants of the relative localization loss which will be empirically analyzed in Sec. 5.1.

The first variant consists in including negative target offsets:

$$t'_u = \frac{i-p}{k}, \quad t'_v = \frac{j-h}{k}, \quad (t'_u, t'_v)^T \in [-1,1]^2. \tag{3}$$

Replacing $(t_u, t_v)^T$ in Eq. (2) with $(t'_u, t'_v)^T$ computed as in Eq. (3), and keeping all the rest unchanged, we obtain the first variant, which we call $\mathcal{L}^*_{drloc}$.

In the second variant, we transform the regression task in Eq. (2) in a classification task, and we replace the L_1 loss with the cross-entropy loss. In more detail, we use as target offsets:

$$c_u = i - p, \quad c_v = j - h, \quad (c_u, c_v)^T \in \{-k, ..., k\}^2, \tag{4}$$

and we associate each of the $2k+1$ discrete elements in $C = \{-k, ..., k\}$ with a "class". Accordingly, the localization MLP f is modified by replacing the 2 output neurons with 2 different sets of neurons, one per spatial dimension (u and v). Each set of neurons represents a discrete offset prediction over the $2k+1$ "classes" in C. Softmax is applied *separately* to each set of $2k+1$ neurons, and the output of f is composed of two posterior distributions over C: $(\mathbf{p}_u, \mathbf{p}_v)^T = f(\mathbf{e}_{i,j}, \mathbf{e}_{p,h})^T$, where $\mathbf{p}_u, \mathbf{p}_v \in [0,1]^{2k+1}$. Eq. (2) is then replaced by:

$$\mathcal{L}^{ce}_{drloc} = -\sum_{x \in B} \mathbb{E}_{(\mathbf{e}_{i,j}, \mathbf{e}_{p,h}) \sim G_x} [log(\mathbf{p}_u[c_u] + log(\mathbf{p}_v[c_v]], \tag{5}$$

where $\mathbf{p}_u[c_u]$ indicates the c_u-th element of $\mathbf{p}_u$ (and similarly for $\mathbf{p}_v[c_v]$).

Note that, using the cross-entropy loss in Eq. (5), corresponds to considering C an unordered set of "categories". This implies that prediction errors in $\mathbf{p}_u$ (and $\mathbf{p}_v$) are independent of the "distance" with respect to the ground-truth c_u (respectively, c_v). In order to alleviate this problem, and inspired by [17], the third variant we propose imposes a Gaussian prior on $\mathbf{p}_u$ and $\mathbf{p}_v$, and minimizes the normalized squared distance between the expectation of $\mathbf{p}_u$ and the ground-truth c_u (respectively, $\mathbf{p}_v$ and c_v). In more detail, let $\mu_u = \sum_{c \in C} \mathbf{p}_u[c] * c$ and $\sigma^2_u = \sum_{c \in C} \mathbf{p}_u[c] * (c - \mu_u)^2$ (and similarly for μ_v and σ^2_v). Then, Eq. (5) is replaced by:

$$\mathcal{L}^{reg}_{drloc} = \sum_{x \in B} \mathbb{E}_{(\mathbf{e}_{i,j}, \mathbf{e}_{p,h}) \sim G_x} \left[\frac{(c_u - \mu_u)^2}{\sigma^2_u} + \alpha log(\sigma_u) + \frac{(c_v - \mu_v)^2}{\sigma^2_v} + \alpha log(\sigma_v) \right], \tag{6}$$

where the terms $log(\sigma_u)$ and $log(\sigma_v)$ are used for variance regularization [17].

The last variant we propose is based on a "very-dense" localization loss, where $\mathcal{L}_{drloc}$ is computed *for every transformer block* of VT. Specifically, let G^l_x be the $k_l \times k_l$ grid of token embeddings output by the l-th block of VT, and let L be the total number of these blocks. Then, Eq. (2) is replaced by:

$$\mathcal{L}^{all}_{drloc} = \sum_{x \in B} \sum_{l=1}^{L} \mathbb{E}_{(\mathbf{e}_{i,j}, \mathbf{e}_{p,h}) \sim G^l_x} [|(t^l_u, t^l_v)^T - (d^l_u, d^l_v)^T|_1], \tag{7}$$

where $(t^l_u, t^l_v)^T$ and $(d^l_u, d^l_v)^T$ are, respectively, the target and the prediction offsets computed at block l using the randomly sampled pair $(\mathbf{e}_{i,j}, \mathbf{e}_{p,h}) \in G^l_x$. For each block, we use a block-specific MLP f^l to compute $(d^l_u, d^l_v)^T$. Note that, using Eq. (7), the initial layers of VT receive more "signal", because each block l accumulates the gradients produced by all the blocks $l' \geq l$.

All the proposed variants but the last ($\mathcal{L}^{all}_{drloc}$) are very computationally efficient, because they involve only one forward and one backward pass per image, and m forward passes through f. In Sec. 5.1 we use the final VT accuracy to empirically compare to each other the proposed localization losses.

5 Experiments

All the experiments presented in this section are based on image classification tasks, while in the Supplementary Material we also show object detection, instance segmentation and semantic segmentation tasks. We use 11 different datasets: ImageNet-100 (IN-100) [50, 54], which is a subset of 100 classes of ImageNet; CIFAR-10 [31], CIFAR-100 [31], Oxford Flowers102 [40], and SVHN [39], which are four widely used vision datasets; and the six datasets of DomainNet [43], a benchmark commonly used for domain adaptation tasks. We chose the latter because of the large

domain-shift between some of its datasets and ImageNet, which mekes the fine-tuning experiments non-trivial. Tab. 1 (a) shows the number of samples for each of these 11 datasets.

We used, when available, the official VT code (for T2T [59] and Swin [34]) and a publicly available implementation of CvT [56][1]. In the fine-tuning experiments (Sec. 5.3), we use only T2T and Swin because of the lack of publicly available ImageNet pre-trained CvT networks. For each of the three baselines, we chose a model of comparable size to ResNet-50 (25M parameters): see Tab. 2 (b) for more details. When we plug our loss on one of these baselines, we follow Sec. 4, *keeping unchanged* the VT architecture apart from our localization MLP (f). Moreover, in all the experiments, we train the baselines, both with and without our localization loss, using the same data-augmentation protocol for all the models, and we use the VT-specific hyper-parameter configuration suggested by the authors of each VT. We train each model using 8 Nvidia V100 32GB GPUs.

5.1 Ablation study

In Tab. 1 (b) we compare the loss variants presented in Sec. 4.2. For these experiments, we use IN-100, we train all the models for 100 epochs, and we show the top-1 classification accuracy on the test set. For all the variants, the baseline model is Swin [34] (row (A) of Tab. 1 (b)).

When we plug $\mathcal{L}_{drloc}$ on top of Swin (Sec. 4), the final accuracy increases by 1.26 points (B). All the other dense localization loss variants underperform $\mathcal{L}_{drloc}$ (C-F). A bit surprisingly, the very-dense localization loss $\mathcal{L}_{drloc}^{all}$ is significantly outperformed by the much simpler (and computationally more efficient) $\mathcal{L}_{drloc}$. Moreover, $\mathcal{L}_{drloc}^{all}$ is the only variant which underperforms the baseline. We presume that this is due to the fact that most of the Swin intermediate blocks have resolution grids G_x^l finer than the last grid G_x^L ($l < L$, $k_l > k_L$, Sec. 4.2), and this makes the localization task harder, slowing down the convergence of f^l, and likely providing noisy gradients to the VT (see Sec. 4.1). In the rest of this paper and in all the other experiments, we always use $\mathcal{L}_{drloc}$ as the relative localization loss.

Finally, we analyze the impact of different values of m (the total number of embedding pairs used per image, see Sec. 4). Since we use the same grid resolution for all the VTs (i.e., 7×7, Sec. 3), also the number of embeddings per image is the same for all the VTs ($k^2 = 49$). Hence, following the results of Tab. 2 (a), obtained with CIFAR-100 and Swin, we use $m = 64$ for all the VTs and all the datasets.

Table 1: (a) The size of the datasets used in our empirical analysis. (b) IN-100, 100 epoch training: a comparison between the different variants of our proposed loss.

(a)

Dataset	Train size	Test size	Classes
ImageNet-100 [50]	126,689	5,000	100
CIFAR-10 [32]	50,000	10,000	10
CIFAR-100 [32]	50,000	10,000	100
Oxford Flowers102 [40]	2,040	6,149	102
SVHN [39]	73,257	26,032	10
DomainNet [43] ClipArt	33,525	14,604	
Infograph	36,023	15,582	
Painting	50,416	21,850	345
Quickdraw	120,750	51,750	
Real	120,906	52,041	
Sketch	48,212	20,916	

(b)

	Model	Top-1 Acc.
A:	Swin-T [34]	82.76
B:	A + $\mathcal{L}_{drloc}$	84.02 (+1.26)
C:	A + $\mathcal{L}_{drloc}^{*}$	83.14 (+0.38)
D:	A + $\mathcal{L}_{drloc}^{ce}$	83.86 (+1.10)
E:	A + $\mathcal{L}_{drloc}^{reg}$	83.24 (+0.48)
F:	A + $\mathcal{L}_{drloc}^{all}$	81.88 (-0.88)

5.2 Training from scratch

In this section, we analyze the performance of both the VT baselines and our regularization loss using small-medium size datasets and different number of training epochs. The goal is to simulate a scenario with limited computational resources and/or limited training data.

We start by analyzing the impact of the number of training epochs on IN-100. Tab. 2 (b) shows that, using $\mathcal{L}_{drloc}$, *all the tested VTs* show an accuracy improvement, and this boost is larger with fewer

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[1] https://github.com/lucidrains/vit-pytorch

Table 2: (a) CIFAR-100, 100 training epochs: an analysis of the impact of the number of pair samples (m) in $\mathcal{L}_{drloc}$. (b) Accuracy results on IN-100 with different number of training epochs.

(a)

Model	Top-1 Acc.
A: Swin-T [34]	53.28
B: A + $\mathcal{L}_{drloc}$, m=32	63.70
C: A + $\mathcal{L}_{drloc}$, m=64	**66.23**
D: A + $\mathcal{L}_{drloc}$, m=128	65.16
E: A + $\mathcal{L}_{drloc}$, m=256	64.87

(b)

	Model	#Param	Top-1 Acc.	
		(M)	100 epochs	300 epochs
CvT	CvT-13	20	85.62	90.16
	CvT-13+$\mathcal{L}_{drloc}$	20	**85.98** (+0.36)	**90.28** (+0.12)
Swin	Swin-T	29	82.76	89.68
	Swin-T+$\mathcal{L}_{drloc}$	29	**84.02** (+1.26)	**90.32** (+0.64)
T2T	T2T-ViT-14	22	82.74	87.76
	T2T-ViT-14+$\mathcal{L}_{drloc}$	22	**83.90** (+1.16)	**88.16** (+0.4)

305 epochs. As expected, our loss acts as a regularizer, whose effects are more pronounced in a shorter
306 training regime. We believe this result is particularly significant considering the larger computational
307 times which are necessary to train typical VTs with respect to ResNets.

308 In Tab. 3, we use all the other datasets and we train from scratch with 100 epochs. First, we note
309 that the accuracy of the VT baselines varies a lot depending on the dataset (which is expected),
310 but also depending on the specific VT architecture. As a reference, when these VTs are trained on
311 ImageNet-1K (for 300 epochs), the differences of their respective top-1 accuracy is much smaller:
312 Swin-T, 81.3 [34]; T2T-ViT-14, 81.5 [59]; CvT-13, 81.6 [56]. Conversely, Tab. 3 shows that, for
313 instance, the accuracy difference between CvT and Swin is about 45-46 points in Quickdraw and
314 Sketch, 30 points on CIFAR-10, and about 20 points on many other datasets. Analogously, the
315 difference between CvT and T2T is between 20 and 25 points in Sketch, Painting, Flowers102, and
316 quite significant in the other datasets. This comparison shows that CvT is usually much more robust
317 in a small training-set regime with respect to the other two VTs. We believe that these results are
318 interesting especially for those tasks in which fine-tuning a model pre-trained on large datasets is
319 not possible. This is the case, for instance, when there is a large domain-shift with respect to the
320 application dataset (e.g., medical images, etc.) or when the VT architecture should be drastically
321 modified and adapted to the specific task (e.g., processing 3D data, etc.). In these scenarios, choosing
322 an architecture which can quickly learn from small-medium size datasets may be crucial.

323 In Tab. 3, we also show the accuracy of these three VTs when training is done using $\mathcal{L}_{drloc}$ as a
324 regularizer. Similarly to the IN-100 results, also in this case our loss *improves the accuracy of all the*
325 *tested VTs in all the datasets*. Most of the time, this improvement is quite significant (e.g., almost 4
326 points on SVHN with CvT), and sometimes dramatic (e.g., more than 45 points on Quickdraw with
327 Swin). These results show that a self-supervised side task can provide a significant "signal" to the VT
328 when the training set is limited, and, specifically, that our loss can be very effective in boosting the
329 accuracy of a VT trained from scratch in this scenario.

Table 3: Top-1 accuracy of the VTs, trained from scratch on different datasets (100 epochs).

		CIFAR-10	CIFAR-100	Flowers102	SVHN	ClipArt	Infograph	Painting	Quickdraw	Real	Sketch
CvT	CvT-13	89.02	73.50	54.29	91.47	60.34	19.39	54.79	70.10	76.33	56.98
	CvT-13+$\mathcal{L}_{drloc}$	**90.30**	**74.51**	**56.29**	**95.36**	**60.64**	**20.05**	**55.26**	**70.36**	**77.05**	**57.56**
		(+1.28)	(+1.01)	(+2.00)	(+3.89)	(+0.30)	(+0.67)	(+0.47)	(+0.26)	(+0.68)	(+0.58)
Swin	Swin-T	59.47	53.28	34.51	71.60	38.05	8.20	35.92	24.08	73.47	11.97
	Swin-T+$\mathcal{L}_{drloc}$	**83.89**	**66.23**	**39.37**	**94.23**	**47.47**	**10.16**	**41.86**	**69.41**	**75.59**	**38.55**
		(+24.42)	(+12.95)	(+4.86)	(+22.63)	(+9.42)	(+1.96)	(+5.94)	(+45.33)	(+2.12)	(+26.58)
T2T	T2T-ViT-14	84.19	65.16	31.73	95.36	43.55	6.89	34.24	69.83	73.93	31.51
	T2T-ViT-14+$\mathcal{L}_{drloc}$	**87.56**	**68.03**	**34.35**	**96.49**	**52.36**	**9.51**	**42.78**	**70.16**	**74.63**	**51.95**
		(+3.37)	(+2.87)	(+2.62)	(+1.13)	(+8.81)	(+2.62)	(+8.54)	(+0.33)	(+0.70)	(+20.44)

Table 4: VTs pre-trained on ImageNet-1K and then fine-tuned (top-1 accuracy, 100 epochs).

		CIFAR-10	CIFAR-100	Flowers102	SVHN	ClipArt	Infograph	Painting	Quickdraw	Real	Sketch
Swin	Swin-T	97.95	88.22	98.03	96.10	73.51	41.07	72.99	75.81	85.48	72.37
	Swin-T+$\mathcal{L}_{drloc}$	**98.37**	**88.40**	**98.21**	**97.87**	**79.51**	**46.10**	**73.28**	**76.01**	**85.61**	**72.86**
		(+0.42)	(+0.18)	(+0.18)	(+1.77)	(+6.00)	(+5.03)	(+0.29)	(+0.20)	(+0.13)	(+0.49)
T2T	T2T-ViT-14	98.37	87.33	97.98	97.03	74.59	38.53	72.29	74.16	84.56	72.18
	T2T-ViT-14+$\mathcal{L}_{drloc}$	**98.52**	**87.65**	**98.08**	**98.20**	**78.22**	**45.69**	**72.42**	**74.27**	**84.57**	**72.29**
		(+0.15)	(+0.32)	(+0.20)	(+1.17)	(+0.37)	(+7.16)	(+0.13)	(+0.11)	(+0.01)	(+0.11)

5.3 Fine-tuning

In this section, we analyze a typical fine-tuning scenario, in which a model is pre-trained on a big dataset (e.g., ImageNet), and then fine-tuned on the target domain. Specifically, in *all* the experiments, we use VT models pre-trained by the corresponding VT authors on ImageNet-1K *without* our localization loss. The difference between the baselines and ours concerns *only* the fine-tuning stage, which is done in the standard way for the former and using our $\mathcal{L}_{drloc}$ regularizer for the latter. Starting from standard pre-trained models and using our loss only in the fine-tuning stage, emphasises the easy to use of our proposal in pratical scenarios, in which fine-tuning can be done without re-training the model on ImageNet. As mentioned in Sec. 5, in this analysis we do not include CvT because of the lack of publicly available ImageNet-1K pre-trained models for this architecture.

The results are presented in Tab. 4. Differently from the results shown in Sec. 5.2, the accuracy difference between T2T and Swin is much less pronounced, and the latter outperforms the former in most of the datasets. Moreover, analogously to all the other experiments, also in this case, using $\mathcal{L}_{drloc}$ leads to an accuracy improvement *with all the tested VTs and in all the datasets*. For instance, on Infograph, Swin with $\mathcal{L}_{drloc}$ improves of more than 5 points, and T2T more than 7 points.

6 Conclusion

In this paper, we have empirically analyzed different VTs, showing that their performance largely varies when trained from scratch with small-medium size datasets, and that CvT is usually much more effective in generalizing with less data. Moreover, we proposed a self-supervised side-task to regularize VT training. Our localization task, inspired by [11], is densely defined for a random subset of final-token embedding pairs, and it encourages the VT to learn spatial information.

In our extensive empirical analysis, with 11 datasets, different training scenarios and three VTs, our dense localization loss *has always improved the corresponding baseline accuracy*, usually by a significant margin, and sometimes dramatically (up to +45 points). We believe that this shows that our proposal is an easy-to-reproduce, yet very effective tool to boost the performance of VTs, especially in training regimes with a limited amount of data/training time. It also paves the way to investigating other forms of self-supervised/multi-task learning which are specific for VTs, and can help VT training without resorting to the use of huge annotated datasets.

Limitations. A deeper analysis on why fine-grained embedding grids have a negative impact on our localization loss (Sec. 4.1 and 5.1) was left as a future work. Moreover, in our analysis, we focused on VT models of approximately the same size as a ResNet-50. We have not considered bigger Swin/T2T/CvT models because training and fine-tuning very large networks on 11 datasets is too computationally demanding. For the same reason, we have not tested ViT. However, since the goal of this paper is investigating the VT behaviour with medium-small size datasets, most likely these big models are not the best choice in a training scenario with scarcity of data, as witnessed by the fact that ViT underperforms similar-capacity CNNs when trained on ImageNet-1K [16].

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