LLMs Are Already Good Tutors: Training-Free Prompt Optimization for Pedagogical Math Tutoring

Abstract

Aligning LLMs for math tutoring typically requires RL-based training with multi-GPU infrastructure. We investigate whether training-free prompt optimization-evolving only the system prompt via API calls-can serve as a practical alternative. We adapt 7 published methods and propose 5 education-specialized methods, evaluating these 12 methods under 5 conditions on 2 OOD benchmark suites. All 12 best-per-method configurations surpass the strongest RL-trained baseline ($R_{\text{total}} = 0.633$), and our *ParetoGrad* achieves the best Pareto balance across post-test solve rate, leak control, and helpfulness, rather than dominating any single component. Behavioral analysis with an 82-code educational codebook reveals that training-free methods rely on teaching-knowledge patterns at 2-3× the rate of RL-trained models, with a compensating ∼10 percentage-point reduction in intent-level scaffolding. We also find a task-dependent reasoning mode effect consistent across training-free and RL-based paradigms. Our approach enables efficient development of pedagogically aligned LLM tutors with prompts alone and minimal compute.

1 Introduction

Large language models (LLMs) hold significant promise as personalized math tutors (Tack and Piech, 2022; LearnLM Team, Google, 2025), but aligning them with sound pedagogy-guiding students toward solutions without simply revealing answers-remains challenging (Chi and Wylie, 2014). Recent RL-based alignment approaches (Dinucu-Jianu et al., 2025; Lee et al., 2026a) train with multi-objective rewards (solve rate, leak prevention, helpfulness) using GRPO (Shao et al., 2024), producing effective 7B tutors competitive with frontier models. However, these approaches require multi-GPU infrastructure and thousands of training problems, creating a significant barrier for

Figure 1: Post-test solve rate (R_{sol}, K=8) vs. leak rate trade-off across the 12 listed training-free methods; bubble size reflects helpfulness. Our proposed *ParetoGrad* (★) achieves the best Pareto balance across the three objectives without updating model weights.

educators and researchers.

Meanwhile, automatic prompt optimization methods such as OPRO (Yang et al., 2024), TextGrad (Yuksekgonul et al., 2024), and GEPA (Agrawal et al., 2026) have demonstrated that LLM behavior can be steered by evolving the system prompt without weight updates. Yet these methods have never been applied to multi-turn educational dialog, where optimization must jointly balance scaffolding quality, answer leak prevention, and student learning outcomes.

We investigate whether *training-free* prompt optimization can serve as a practical alternative to RL-based tutor alignment (Figures 1 and 2). We first adapt 7 published prompt optimization methods to multi-turn educational dialog. Through extensive experimentation with diverse optimization strategies, we identify and propose 5 education-specialized methods that embed pedagogical priors

Figure 2: *Left* shows RL-based tutor alignment and *center* shows our training-free prompt optimization, illustrated with *ParetoGrad* as a representative instance; *right* lists method highlights. RL updates tutor weights θ via GRPO over reward components (solve, non-leak, helpfulness, thinking), requiring multi-GPU training over 10K+ problems. In contrast, our approach keeps the tutor and student models frozen and evolves a population of system prompts $\mathcal{P}$ through four steps - (A) maintaining diverse prompt trade-offs, (B) simulating multi-turn tutoring dialog, (C) evaluating each prompt on three objectives (R_{sol}, R_{leak}, R_{help}), and (D) updating the population via weakness-targeted reflection, crossover and mutation, and non-dominated Pareto sorting with crowding distance. *ParetoGrad* achieves the best Pareto balance across solve rate, leak control, and helpfulness with $100\times$ less data and single-GPU inference, and all 12 listed training-free methods surpass the strongest RL-trained baseline.

- scaffolding, leak prevention, meta-optimization - directly into the prompt evolution process. Using the same reward framework as PedagogicalRL-Thinking (Lee et al., 2026a), we evaluate all 12 methods under 5 conditions on 2 OOD benchmark suites (Lee et al., 2026b; Macina et al., 2025), yielding 792 evaluation runs.

Our key contributions are:

- We show that training-free prompt optimization can match or exceed RL-trained baselines on the same multi-objective reward using only inference-time compute.[1]
- We propose five education-specialized prompt optimization methods (*ParetoGrad*, *CondBridge*, *LeakShield*, *Frame*, *MetaBlend*) inspired by empirical failure analysis of existing approaches.
- We provide the first adaptation of published prompt optimization methods to multi-turn educational dialog, together with a systematic behavioral comparison against RL-trained approaches

using the same educational codebook.

2 Method

2.1 Problem Formulation

Given a frozen LLM $\mathcal{M}$ with fixed weights θ, we seek a system prompt P^* that maximizes tutoring quality:

$$P^* =_P \ \mathbb{E}_{x \sim \mathcal{X}} \left[R_{\text{total}}(\text{Dialog}(\mathcal{M}, P, x)) \right] \quad (1)$$

Unlike RL-based approaches (Dinucu-Jianu et al., 2025; Lee et al., 2026a) that update θ via GRPO, we keep θ frozen and evolve only P, requiring only black-box API access. Each candidate prompt P is evaluated by simulating multi-turn tutoring dialogs between the tutor $\mathcal{M}$ and a student model $\mathcal{S}$ for up to $T=5$ turns on problem x.

2.2 Reward Design

We adopt the reward framework from Lee et al. (2026a). Given a dialog $D = \text{Dialog}(\mathcal{M}, P, x)$, we compute four reward components: **(1)** $R_{\text{sol}}(D)$: post-dialog student solve rate over $K=8$ attempts;

[1]https://anonymous.4open.science/r/tf-openlearnlm-anon-C780/README.md

(2) $R_{\text{leak}}(D) \in \{0,1\}$: 1 if the tutor avoided leaking the answer, 0 otherwise (we report the leak rate $1 - R_{\text{leak}}$ in tables for interpretability; $\rho = -0.94$ between leak rate and R_{total} across 137 method×condition runs); **(3)** $R_{\text{help}}(D) \in [0,1]$: pedagogical helpfulness; **(4)** $R_{\text{think}}(D) \in [0,1]$: thinking quality (reasoning models only). The total reward is:

$$R_{\text{total}}(D) = \begin{cases} \frac{R_{\text{sol}} + R_{\text{leak}} + R_{\text{help}}}{3} & \text{(no think)} \\ \frac{R_{\text{sol}} + R_{\text{leak}} + R_{\text{help}} + R_{\text{think}}}{4} & \text{(think)} \end{cases} \quad (2)$$

2.3 Adapted Published Methods

We adapted 7 published prompt optimization methods to the tutoring domain, replacing their evaluation functions with our dialog simulation and reward R_{total}. GEPA (Agrawal et al., 2026) uses reflective prompt evolution with a Pareto frontier over R_{sol}, R_{leak}, and R_{help}. ACE (Zhang et al., 2026) extracts reusable skills, which we redefine as pedagogical strategies such as scaffolding and questioning. OPRO (Yang et al., 2024) uses an LLM-as-optimizer approach, where we include tutoring failure cases in the meta-prompt. EvoPrompt (Guo et al., 2024) applies genetic algorithms over a population of tutor system prompts $\{P_1, \ldots, P_N\}$. TextGrad (Yuksekgonul et al., 2024) computes text-based gradients ∇_{text} from dialog quality feedback and updates $P_{t+1} = P_t - \nabla_{\text{text}}$. MIPROv2 (Opsahl-Ong et al., 2024) performs Bayesian selection over pedagogical instruction variants. TF-GRPO applies the group relative scoring from GRPO (Shao et al., 2024) to rank prompt candidates by R_{total} without updating θ.

2.4 Proposed Education-Specialized Methods

Error analysis of 19,500 dialogs from the adapted methods revealed three tutoring-specific failure patterns: *answer leakage* (82.8% of failures), *rigid instruction following*, and *lack of pedagogical structure* despite high R_{total} (Chi and Wylie, 2014). Inspired by these empirical observations, we designed 5 education-specialized methods targeting these failure patterns. We present these methods below; additional exploratory variants are documented in Appendix D.

2.4.1 Pedagogical Scaffolding

Frame extends TextGrad (Yuksekgonul et al., 2024) with a post-gradient reframing pass:

$$P_{t+1} = \text{Refr}(P_t - \nabla_{\text{text}}(P_t, D)) \quad (3)$$

where $\text{Refr}(\cdot)$ applies three linguistic transformations: (1) converting prohibitive language into behavioral guidance; (2) replacing brevity directives with substance-focused instructions; (3) injecting concrete tutoring exemplars. In pilot analysis, reframing alone reduced leak rate from 0.891 to 0.761.

2.4.2 Leak Prevention

CondBridge evaluates each candidate P under both NoThink ($\mathcal{M}_{\text{NT}}$) and Think ($\mathcal{M}_{\text{TH}}$) conditions:

$$P^* = {}_P \alpha R_{\text{total}}^{\text{NT}}(P) + (1 - \alpha) R_{\text{total}}^{\text{TH}}(P) \quad (4)$$

where $\alpha = 0.5$. This dual-condition objective drives *CondBridge* to the lowest leak rate (0.204) among all training-free methods at NoThink, while at Think Reward it reaches $R_{\text{total}} = 0.691$.

2.4.3 Dual-Objective

LeakShield uses two-stage optimization: Stage 1 (first 40%) minimizes leakage; Stage 2 maximizes R_{sol} and R_{help} under a leak ceiling τ:

$$P^* = {}_P R_{\text{sol}}(P) + R_{\text{help}}(P) \text{ s.t. } 1 - R_{\text{leak}}(P) \leq \tau \quad (5)$$

If leakage exceeds τ during Stage 2, the optimizer reverts to anti-leak updates.

2.4.4 Meta-Optimization

MetaBlend collects the best prompts $\{P_1^*, \ldots, P_m^*\}$ from m completed runs, extracts common structural patterns, and synthesizes an initial prompt P_0. Phase 2 refines P_0 via TextGrad for 300 iterations, preserving patterns as constraints.

2.4.5 Population-Gradient Hybrid

ParetoGrad maintains a population $\{P_1, \ldots, P_N\}$ with $N = 5$ and applies NSGA-II non-dominated sorting across $(R_{\text{sol}}, R_{\text{leak}}, R_{\text{help}})$, yielding the best Pareto balance across the three objectives ($R_{\text{total}} = 0.719$ at Think NoReward). Each generation produces offspring via weakness-targeted TextGrad, crossover, and mutation over 100 generations.

3 Experiments

3.1 Setup

We match the setup of Dinucu-Jianu et al. (2025); Lee et al. (2026a). The tutor model is Qwen2.5-7B-Instruct for the NoThink condition with a maximum of 256 output tokens, and Qwen3-8B for all thinking conditions with 384 output tokens and

Table 1: In-domain BigMath and OOD benchmark results. Each training-free row shows its best of 5 conditions, encoded by the *Th./Th.R/Prompt* indicators. R_{sol} is the K=8 post-dialog solve rate; $R_{total} = (R_{sol} + R_{leak} + R_{help})/3$. *ParetoGrad* achieves the best Pareto balance across the three components, and all 12 listed training-free methods surpass the strongest RL-trained baseline.

Method	Th.	Th.R	Prompt	BigMath (ID)				OpenLearnLM (OOD)					MTBench		
				R_{sol}↑	Leak↓	Help↑	R_{total}↑	CK↑	PK↑	SK↑	Att↑	Avg↑	Sc↑	Pd↑	Avg↑
Frontier Models (Zero-shot)[†]															
GPT-5.2 (Ped.)	✓	-	Ped.	.340	**.000**	.440	.593	**8.08**	8.46	8.63	8.68	**8.46**	-	-	-
Claude-4-Opus (Ped.)	✓	-	Ped.	.350	.090	.760	.673	6.63	**8.61**	**8.82**	8.45	8.13	-	-	-
DeepSeek-V3.2 (Ped.)	✓	-	Ped.	.390	.110	.820	.700	7.46	7.32	8.63	**8.77**	8.05	-	-	-
RL-Trained Models[†]															
NoThink (RL)	✗	✗	Gen.	.120	.300	.180	.333	7.95	7.43	7.77	7.57	7.68	-	-	-
Think NR (RL)	✓	✗	Gen.	.281	.180	.730	.604	7.95	7.43	7.76	7.79	7.73	-	-	-
Think R (RL)	✓	✓	Gen.	.284	.182	.764	.621	7.95	7.43	7.76	7.71	7.71	-	-	-
Ped. Think NR (RL)	✓	✗	Ped.	.275	.214	.766	.607	7.95	7.43	7.76	7.79	7.73	-	-	-
Ped. Think R (RL)	✓	✓	Ped.	.294	.172	.776	.633	7.99	7.43	7.77	7.86	7.76	-	-	-
Baseline															
No optimization	✗	✗	Gen.	.120	.300	.180	.333	7.56	6.87	8.53	7.93	7.72	7.17	5.25	6.21
Training-Free: Published Methods (Adapted)															
EvoPrompt	✓	✓	Gen.	.566	.286	.847	.711	7.62	7.54	8.69	8.50	8.09	8.16	**8.09**	8.13
MIPROv2	✓	✓	Gen.	.563	.298	**.848**	.707	6.97	7.42	8.56	8.21	7.79	**8.29**	8.03	**8.16**
TF-GRPO	✓	✓	Gen.	.561	.312	.845	.700	6.78	6.71	7.95	8.50	7.49	7.95	7.70	7.82
GEPA	✓	✗	Gen.	.542	.324	.841	.686	6.41	6.87	7.27	8.43	7.24	8.23	8.00	8.12
OPRO	✓	✓	Ped.	**.574**	.382	.846	.684	6.64	6.67	7.70	8.21	7.31	7.84	7.65	7.75
TextGrad	✓	✗	Ped.	.527	.374	.845	.666	6.97	6.67	7.45	8.36	7.36	8.01	7.72	7.86
ACE	✓	✗	Ped.	.551	.460	.833	.642	7.11	6.63	8.62	8.57	7.73	8.21	8.06	8.13
Training-Free: Proposed Methods (Ours)															
ParetoGrad	✓	✗	Gen.	.563	.252	.845	**.719**	6.92	6.55	7.99	8.07	7.38	7.77	7.79	7.78
LeakShield	✓	✗	Gen.	.496	.264	.847	.693	6.97	6.87	7.12	8.00	7.24	7.37	7.87	7.62
CondBridge	✓	✗	Gen.	.552	.336	.843	.691	6.88	6.71	7.91	8.14	7.41	7.82	7.84	7.83
Frame	✓	✗	Ped.	.558	.354	.845	.683	6.97	6.83	7.62	7.93	7.34	7.89	7.72	7.81
MetaBlend	✓	✓	Gen.	.562	.392	.843	.676	6.88	6.79	7.68	8.29	7.41	7.88	7.63	7.76

[†]Frontier/RL/Baseline rows show ΔSolve in the R_{sol} column as reported by Lee et al. (2026a,b); training-free rows use the K=8 post-test R_{sol} defined above. **Bold** = best per column (for R_{sol} and R_{total}, restricted to the 12 listed training-free methods due to the R_{sol} metric difference). Underline = best per column among non-Frontier rows (RL + 12 training-free) when distinct from the bolded entry, else 2nd best in that pool. Full appendix results in §A.

a thinking budget of 1,024 tokens. The student model is LLaMA-3.1-8B-Instruct with a maximum of 512 tokens. Reward judgments are made by GPT-4o-mini (Zheng et al., 2023), and prompt improvements are proposed by GPT-4o as the reflection model. Each dialog runs up to 5 turns under 5 conditions identical to Lee et al. (2026a): No-Think (Qwen2.5-7B), Think NoReward and Think Reward (Qwen3-8B, with/without R_{think}), and their pedagogical-seed variants. Whether each condition enables thinking, applies R_{think}, or seeds with a pedagogical prompt is encoded in Table 1 as the *Th./Th.R/Prompt* indicator triplet.

Optimization uses 100 BigMath (Albalak et al., 2025) problems filtered to medium-to-hard difficulty (student solve rate 1-60%). We evaluate on 2 OOD suites: OpenLearnLM (Lee et al., 2026b) (4 sub-benchmarks) and MathTutorBench (Macina et al., 2025) (2 sub-benchmarks), totaling 1,334 items. Our approach requires only a single RTX 3090 for vLLM inference, compared to 4×H100 GPUs for RL training (Lee et al., 2026a), with a small amount of API costs for GPT-4o-mini and LLaMA-3.1 via OpenRouter. We conduct 792 eval-uation runs in total. We focus on the 5 proposed methods listed in Table 1; additional exploratory variants are in Appendix A.

3.2 Main Results

Table 1 presents performance on both in-domain and OOD benchmarks; for compactness each training-free method is shown with its best of 5 conditions ranked by R_{total}, and the corresponding configuration is encoded by the indicator triplet.

RQ1: Is training-free prompt optimization effective for math tutoring?

Yes - and more strongly than initial estimates suggested. All training-free methods improve over the unoptimized baseline ($R_{total} \approx 0.33$); all 12 listed methods even surpass the strongest RL-trained model (Ped. Think R, $R_{total} = 0.633$). Our proposed *ParetoGrad* (Think, no reward) reaches $R_{total} = 0.719$, the most balanced result across the three objectives. ParetoGrad does not dominate any single component but is uniformly strong, with $R_{sol} = 0.563$ (3rd, tied with MIPROv2), Leak= 0.252 (best), and Help= 0.845 (top tier). Specialists exist for individual components - *OPRO*

leads R_{sol} (0.574) and *CondBridge* attains the lowest leak (0.204) at NoThink - but neither balances all three components as well as ParetoGrad, illustrating the persistent solve-leak tension (Figure 1).

RQ2: Do education-specialized methods outperform general-purpose ones?

The answer is nuanced under the completed evaluation. On in-domain BigMath R_{total}, the top-12 split into 7 published-adapted and 5 proposed methods; the most balanced is our proposed *ParetoGrad* (0.719), with published *Evo-Prompt* (0.711) and *MIPROv2* (0.707) close behind on aggregate reward. On OOD, published methods now lead OpenLearnLM-Avg (*EvoPrompt* 8.09) and MathTutorBench-Avg (*MIPROv2* 8.16), with proposed methods narrowly behind (*CondBridge* OL-Avg 7.41; *Cond-Bridge/Frame* MTB-Avg 7.83/7.81). Pedagogical-seed prompts help OOD specifically for *ACE*, *TextGrad*, and *Frame*, while non-pedagogical seeds win on R_{total} for *ParetoGrad/LeakShield/GEPA*. Education-specialization therefore yields gains in leak control and in selected OOD subscores, rather than a uniform advantage on R_{total} (see §4.1).

RQ3: How do training-free methods compare to RL-trained approaches?

Training-free optimization can match or exceed RL on aggregate reward: ParetoGrad reaches $R_{\text{total}} = 0.719$ vs. RL Ped. Think R at 0.633, while using $100\times$ less data (100 vs. 10K problems) and only inference-time compute on a single consumer GPU rather than the multi-GPU training stack required by RL. RL still attains slightly tighter leak control under thinking (RL Ped. Think R leak 0.172 vs. ParetoGrad 0.252), and conversely training-free can exceed RL on ΔSol (0.394 vs. 0.294). The paradigms are complementary: RL provides tight behavioral control through weight updates, while training-free offers accessibility, interpretability, and immediate deployability with a much smaller compute footprint.

Comparing Think and NoThink (Table 1, Figure 3 *right*), thinking improves MathTutorBench but degrades OpenLearnLM. Figure 3 *left* shows that in-domain leak control degrades sharply under thinking. This task-dependent reasoning mode effect is consistent across both training-free and RL paradigms (Lee et al., 2026a), suggesting it reflects a fundamental property of reasoning-enabled models rather than an artifact of the optimization

Figure 3: *Left* compares NoThink and Think (avg of 4 think conditions) on in-domain metrics (0-1 scale). Thinking modestly degrades leak control ($1-$Leak drops from 0.55 to 0.43). *Right* shows OOD benchmark averages. Think improves MathTutorBench (+0.87) but hurts OpenLearnLM (-0.44), revealing a task-dependent reasoning mode effect.

method. After the full sweep, the best condition per method is a Think variant for all 12 listed methods, with the choice between R_{think} on/off and pedagogical/general seed differing across methods - encoded in Table 1 by the indicator triplet rather than collapsed into a single representative condition.

4 Analysis

4.1 In-Domain vs. OOD Generalization

Figure 4 reveals essentially no correlation between in-domain R_{total} and OOD MathTutorBench-Avg across the 12 listed methods ($\rho = 0.01$, $p = 0.96$), and only a weak correlation with OpenLearnLM-Avg ($\rho = 0.25$, $p = 0.41$). The most striking dissociations are: *ACE* ranks 12th in-domain but 2nd on MTB (and 3rd on OL), *LeakShield* ranks 5th in-domain but last (12th) on both MTB and OL, and *ParetoGrad* ranks 1st in-domain but 9th on MTB and 7th on OL. Codebook analysis suggests the mechanism: methods that minimize leak via tight scaffolding (ParetoGrad, LeakShield) optimize the in-domain reward rubric, while content-delivery-rich methods (ACE, MIPROv2, EvoPrompt) transfer their structured tutoring patterns more readily to held-out benchmarks. This indicates that in-domain reward maximization and OOD generalization rely on fundamentally different pedagogical strategies.

4.2 Trained vs. Training-Free Behavioral Comparison

We labeled 415,775 tutor sentences across 60 method-condition configurations (12 methods $\times$ 5 conditions) with GPT-4o-mini using the 82-code educational codebook from Lee et al. (2026a). Figure 4 *center* compares two training-free methods

Figure 4: *Left* plots in-domain R_{total} vs. OOD MTB-Avg across the 12 listed methods. Reward maximization is essentially uncorrelated with OOD MathTutorBench performance ($\rho = 0.01$, $p = 0.96$) and only weakly correlated with OpenLearnLM ($\rho = 0.25$, $p = 0.41$). *Center* compares sentence-multilabel code frequency (%) between RL-trained models (Dinucu-Jianu et al., 2025; Lee et al., 2026a) and training-free methods (*CondBridge*, *Frame*). *Right* reports Polya phase progression for top-6 vs. bottom-6 methods by R_{total} (NoThink); high-performance methods sustain Scaffold codes throughout the dialog.

(*CondBridge*, *Frame*) with RL baselines on six core codes (sentence-multilabel %). Training-free methods strongly suppress Praise (CondBridge 5.94%, Frame 3.20%; comparable to RL Ped. Think Reward 5.78% and far below the unoptimized baseline 11.76%), with *MIPROv2* as a notable exception whose R_{think}-activated runs increase rather than reduce Praise (Appendix C.12). However, they redistribute behavior toward content delivery rather than explicit scaffolding: Information provision is 23-31% under training-free versus 8-9% under RL, while explicit Hint provision drops to 0.5-1.4% versus 9-11% under RL. At the category level, this manifests as a 2-3× elevation of Mathematical Knowledge for Teaching (training-free 19-23% vs. RL 7-8%) and a ∼10pp deficit in Pedagogical Intent Utterance (training-free 46-55% vs. RL 60-65%), suggesting that prompt-level optimization recruits teaching-knowledge patterns where RL recruits intent-level scaffolding moves.

4.3 Polya Phase Progression

We mapped the 82 codes to Polya's problem-solving phases and tracked progression across dialog turns (Figure 4 *right*; top-6 vs. bottom-6 methods by R_{total}, NoThink). Scaffold codes (hints, exploratory questions, prompts) dominate every turn (49-73%), and high-performance methods maintain consistently higher Scaffold than low-performance methods (+9.8pp at T1, +8.8pp at T5). Conversely, low-performance methods substitute direct Execution codes (calculation, step-by-step procedure) by 3-5pp across mid-late turns. *Sustained scaffolding*-continuing to guide rather than execute on the student's behalf-is the key behavioral differentiator

between high- and low-performing optimization methods.

4.4 Optimization Convergence

Figure 5 *left* shows convergence patterns across methods. All methods share a budget of 500 reward evaluations, but iterations differ because population methods (ParetoGrad, $N = 5$) consume ∼50 evaluations per iteration while single-candidate methods (TextGrad) use ∼10. Gradient-based methods converge rapidly within 10 iterations, while dual-objective methods (CondBridge, LeakShield) show slower but steadier improvement as they balance competing objectives.

4.5 Transition Patterns

Transition analysis (Figure 5 *center*) reveals a code-type dependent pattern. On *question* codes, low-performance methods exhibit higher self-repetition: Exploratory question self-loop probability is 0.408 for low-performance vs. 0.357 for high-performance methods. By contrast, on *content-delivery* codes, high-performance methods show stronger self-chaining (Information provision 0.314 vs. 0.172; Step-by-step instruction 0.347 vs. 0.212), reflecting sustained explanation rather than fragmented question repetition. The pedagogical signature of strong methods is thus a shift of self-repetition from question loops toward explanation chains.

4.6 Success vs. Failure Dialogs

Within the same high-performance methods, successful dialogs (top 25% R_{total}) differ from failures across turns (Figure 5 *right*). Successful dialogs de-

Figure 5: *Left* shows optimization convergence for 6 methods under a shared 500-evaluation budget; gradient methods converge within 10 iterations while dual-objective methods improve gradually. *Center* displays code-to-code transition probability differences (high − low). High-performance methods chain content delivery codes (Step-by-step, Information provision), while low-performance methods chain question codes (Exploratory question). *Right* reports per-turn frequency differences between successful (top 25%) and failed (bottom 25%) dialogs in the high-performance group. Successful dialogs deploy fewer Step-by-step instructions and substitute more Exploratory questions and Praise toward the dialog's conclusion.

ploy fewer Step-by-step instructions early (−4.0pp at T1, −2.2pp at T2) and at closure (−4.0pp at T5), substituting more Exploratory questions (+1.2pp at T1, +2.6pp at T5) and more Praise (+2.3pp at T5). The pattern suggests that successful tutoring elicits the student's understanding through questions rather than dictating procedure, and reserves praise for confirmed progress near the dialog's conclusion. Decomposing this effect by reasoning mode and turn position (Appendix C.11) shows that the late-turn Praise contribution to R_{total} is concentrated in NoThink dialogs at T4+, providing the behavioral substrate for the closing-turn pedagogical wrap-up.

4.7 Cost Comparison

PedagogicalRL-Thinking (Lee et al., 2026a) requires substantial multi-GPU compute for hundreds of hours of GRPO training, while our approach uses only inference-time serving on a single consumer GPU during prompt optimization. Training-free can match or exceed RL on aggregate reward (*ParetoGrad* $R_{\text{total}} = 0.719$ vs. RL Ped. Think R 0.633) with substantially lower GPU requirements, while producing interpretable, human-readable prompts that educators can directly inspect and modify.

4.8 Qualitative Analysis

While the preceding aggregate analyses characterize behavioral shifts in distribution, the excerpts here clarify what those shifts look like in dialog. First, the leak-rate differences in Table 1 and the Polya phase progression in §4.3 point to a shared

mechanism: higher-performing methods avoid solution takeover while keeping the student responsible for the next mathematical move. *ParetoGrad* illustrates this delegation: "Let's start by defining the number of red marbles as R. The problem gives us three relationships involving R. Can you write these relationships as equations?" The tutor supplies variable naming and structural framing, but leaves equation formulation to the student (Wood et al., 1976). In pedagogical terms, this preserves the problem-solving cycle: the tutor supports entry into the task without collapsing Understand, Plan, and Execute into tutor-performed computation (Pólya, 1945). The same pattern appears across both proposed and adapted methods, so the qualitative evidence is best read as a behavioral signature of successful prompt optimization rather than a proposed-versus-published contrast.

Second, the MKT/PIU redistribution discussed earlier appears qualitatively as a shift toward concept-rich explanation (Shulman, 1986; Ball et al., 2008). *CondBridge*, for example, frames inequalities and symmetry as a "key insight" for exploiting mathematical structure, explaining *why* a representation is useful rather than merely *which* operation to perform. RL-trained tutors more often foreground interactional pacing through praise, questions, and hints. Thus, training-free optimization and RL appear to emphasize different but compatible pedagogical resources: explanatory depth and scaffolding density.

Finally, some higher-performing dialogs elicit student-model turns with features of mathemati-

cal communication, including variable definition, function transformation, and explicit reasoning connectives. After a structured *ParetoGrad* exchange, the simulated student writes, "let $a = \log_{10} 2 \ldots$ Therefore $f(a) + f(-a) = \ldots$" These are features of student-model generated discourse, not evidence of human learning. Still, they suggest that future rewards could explicitly value transferable scaffolds, such as Polya-phase maintenance (Pólya, 1945), to better connect in-domain optimization with OOD teaching competencies.

5 Discussion

Training-free prompt optimization works because the prompt itself is an explicit pedagogical prior over the LLM's frozen distribution: short instructions can directly invoke teaching-knowledge patterns (Shulman, 1986; Ball et al., 2008) that RL approximates only through many gradient updates over scalar rewards (Dinucu-Jianu et al., 2025; Lee et al., 2026a). The observed MKT/PIU redistribution is consistent with this account: prompts recruit declarative resources, while RL shapes behavioral pacing (Chi and Wylie, 2014), making the two paradigms complements rather than substitutes.

The dissociation between in-domain reward and OOD generalization qualifies what "best method" means: tight-scaffolding methods win the in-domain rubric, while content-delivery-rich methods transfer better to held-out benchmarks (Macina et al., 2025; Lee et al., 2026b). Since aggregate scores cluster tightly, *ParetoGrad*'s value lies less in topping the table than in lacking weakness across the three reward components - Pareto balance is a more honest summary than scalar dominance for multi-objective evaluation.

For educators, training-free tutoring's most useful property is its artifact: a plain-text prompt that can be read, edited, and shared, rather than opaque weights. Combined with the sustained scaffolding (Wood et al., 1976) and Polya-phase structure (Pólya, 1945) visible in the dialogs, these prompts function more like inspectable instructional materials than fine-tuned models.

6 Related Work

6.1 Prompt Optimization

Prompt optimization refines black-box LLM prompts without weight updates via meta-prompting (Zhou et al., 2023; Yang et al., 2024), textual gradients (Pryzant et al., 2023; Yuksekgonul et al., 2024), modular Bayesian programs (Khattab et al., 2024; Opsahl-Ong et al., 2024), evolutionary populations (Guo et al., 2024), or reflective evolution (Agrawal et al., 2026; Zhang et al., 2026). These methods have been benchmarked primarily on single-turn NLP tasks under a single scalar reward, with reflective evolution recently matching or exceeding reinforcement learning on agentic tasks.

6.2 LLM-Based Math Tutoring

LLM-based math tutors guide students through multi-turn dialog rather than supplying answers (Tack and Piech, 2022; LearnLM Team, Google, 2025), with scaffolding and answer-leak prevention as the defining design constraints (Chi and Wylie, 2014); recent work operationalizes this trade-off through dialog corpora (Macina et al., 2023), multi-objective RL alignment (Dinucu-Jianu et al., 2025; Lee et al., 2026a), and OOD benchmarks (Macina et al., 2025; Lee et al., 2026b). Our training-free alternative matches or exceeds the strongest RL-trained baseline using only inference-time prompts that educators can directly inspect, and enables systematic behavioral comparison over the same 82-code educational codebook (Lee et al., 2026a).

7 Conclusion

We investigated whether training-free prompt optimization can serve as a practical alternative to RL-based tutor alignment for math tutoring. Adapting published prompt optimization methods to multi-turn educational dialog and proposing five education-specialized variants inspired by empirical failure analysis, we found that training-free methods match or exceed the strongest RL-trained baseline using only inference-time compute, while recruiting more teaching-knowledge patterns and less intent-level scaffolding than RL. These results position training-free prompt optimization not as a cheaper substitute for RL but as a complementary paradigm that offers interpretability, accessibility, and the ability to explore diverse pedagogical strategies through method design alone.

8 Limitations

All tutoring dialogs use a simulated student (LLaMA-3.1-8B) rather than real learners; while standard in the field (Dinucu-Jianu et al., 2025; Lee et al., 2026a), student behavior may differ from authentic interactions. Experiments are restricted to mathematics; generalization to other subjects

is untested. Evaluation relies on LLM-as-judge (Zheng et al., 2023) without human evaluation. We report single-run results without seed variance, though the breadth of comparison (792 runs) partially mitigates this. Experiments use 7B/8B models; larger models may narrow the gap between methods. Cross-paradigm comparison with RL uses different OOD benchmarks, limiting direct numerical comparison. Codebook analysis uses GPT-4o-mini for automatic labeling (vs. GPT-5-mini in Lee et al. 2026a); a labeler-induced gap appears in absolute Praise rate, though the directional finding that training-free methods suppress Praise below the unoptimized baseline holds.

9 Use of Generative AI

We used Claude (Anthropic) to assist with drafting, editing, and code generation during the preparation of this manuscript. All scientific claims, experimental design, and data analysis were conducted and verified by the authors.

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A   Full Results

Across the full experiment we designed 19 education-specialized prompt optimization methods targeting the three failure patterns identified in §3.2 (answer leakage, rigid instruction following, lack of pedagogical structure). The 5 representative methods (*ParetoGrad*, *CondBridge*, *LeakShield*, *Frame*, *MetaBlend*) are described in §3.2 and listed in Table 1; the remaining 14 exploratory variants are described in §D. All 19 methods were evaluated under the NoThink condition with the same multi-turn dialog simulation and multi-objective reward framework. Table 2 presents in-domain BigMath results for the full set, sorted by R_{total}. R_{total} uses the K=8 post-test R_{sol} (consistent with Table 1); the ΔSol column is reported separately for reference. Two published methods (TextGrad, GEPA) are included with an asterisk for direct comparison under the same NoThink condition.

Table 2: All 19 proposed methods on BigMath (No-Think).

Method	ΔSol	Leak	Help	R_{total}
CondBridge	.167	**.204**	.848	**.614**
TextGrad*	.173	.208	.840	.612
ParetoGrad	**.394**	.492	**.849**	.594
GEPA*	.237	.340	.842	.590
HintGrad	.263	.370	.846	.589
CurriculumOpt	.232	.346	.846	.587
DisCo	.180	.294	.843	.586
HintChain	.304	.448	.847	.577
PrincipleHint	.292	.454	.845	.572
DecompReward	.167	.320	.840	.571
SokRat	.284	.446	.845	.570
PopGrad	.165	.350	.840	.562
Frame	.195	.392	.840	.558
ThinkGuard	.206	.424	.784	.531
LeakShield	.167	.508	.782	.489
MetaBlend	.117	.492	.801	.486
PromptDistill	.121	.500	.785	.479
Adversarial	.162	.700	.821	.437
ContrastOpt	.177	.720	.799	.428
AnchorBoost	.105	.668	.794	.421
DualLoop	.091	.786	.705	.346

*Published method shown for reference.

B   Think Condition Comparison

Table 3 compares OOD performance across the four Think conditions for all 12 training-free methods. Think Reward achieves the highest average (7.66), though differences across conditions are small (spread 0.08). The best condition varies by method (marked with ★), suggesting no single Think configuration is universally optimal.

C   Behavioral Analysis Details

This section provides condition-level aggregates and additional cuts of the behavioral analysis in

Table 3: OOD average across 4 Think conditions. ★ = best condition per method. T = Think, PT = Ped. Think, NR = NoReward, R = Reward.

Method	T-NR	T-R	PT-NR	PT-R
MIPROv2	7.76	★7.92	7.90	7.91
EvoPrompt	8.00	★8.10	7.78	7.78
ACE	7.98	7.82	7.87	★8.00
GEPA	7.54	★7.76	7.59	7.61
ParetoGrad	7.52	★7.62	7.49	7.37
OPRO	7.46	★7.60	7.44	7.45
TF-GRPO	7.54	★7.60	7.51	7.54
CondBridge	7.54	7.55	★7.59	7.36
MetaBlend	7.44	7.52	★7.58	7.37
Frame	7.44	★7.55	7.49	7.53
TextGrad	7.34	7.48	★7.53	7.50
LeakShield	7.37	7.39	7.47	★7.52
Average	*7.58*	*7.66*	*7.60*	*7.58*

§4.2 and §4.3. All training-free rows are 12-method averages under each condition; RL reference rows are from Lee et al. (2026a).

C.1   Labeling Methodology Details

We use the 82-code educational codebook from Lee et al. (2026a), organized into seven top-level categories: Mathematical Problem Solving (MPS), Mathematical Knowledge for Teaching (MKT), Cognition, Metacognition, Pedagogical Intent Utterance (PIU), Student Intent Utterance (SIU), and Affect/Discourse (A/D). Tutor responses are labeled with OpenAI GPT-4o-mini (`openai/gpt-4o-mini` via OpenRouter) at temperature 0. For thinking-mode trajectories, `<think>...</think>` blocks are stripped before sentence-level labeling, and sentences shorter than 15 characters are excluded. PedRL-Thinking originally reports labels obtained with GPT-5-mini; absolute rates therefore should not be directly compared across the two studies, but the within-study rank-based comparisons (Spearman) used in Appendix C.11 are robust to labeler-induced offsets.

Two rate definitions appear in this work. The *single-label rate* (used by aggregate category percentages following Lee et al. 2026a) is the fraction of sentences whose label set is exactly $\{c\}$; the *multi-label rate* (used for dialog-level aggregation and for the core-code tables in this appendix) is the fraction of sentences whose label set contains c. Spearman correlation tests in Appendix C.11 apply Benjamini-Hochberg correction across the 5 conditions × 4 reward components grid (20 tests, $q < 0.05$).

Table 4: Labeled corpus statistics.

Quantity	Count
Labeled tutor sentences (60 method-condition cells)	415,775
Labeled dialogs with R_{total}	22,126
Schoenfeld paragraphs (thinking only)	30,954

C.2 Category Distributions

Table 5 reports the 4-category code-instance % per condition (the basis for the body's MKT/PIU finding), and Table 6 expands the Interaction category into Cognition, Metacognition, Student Intent Utterance, and Affect/Discourse. The residual $\sim 5-8$pp is dominated by Affect/Discourse, with small Cognition and Metacognition contributions that grow modestly under Think conditions.

Table 5: Major category distribution (code-instance %, 12-method average per condition). Rows sum to 100. NT = NoThink, T-NR = Think NoReward, T-R = Think Reward, PT-NR = Ped. Think NR, PT-R = Ped. Think R.

Condition	MPS	MKT	PIU	Interaction
NT	20.29	19.31	**54.81**	5.59
T-NR	20.37	22.57	49.37	7.68
T-R	19.68	23.12	49.69	7.51
PT-NR	24.03	22.57	46.22	7.17
PT-R	23.73	22.77	47.27	6.23
RL reference (Lee et al., 2026a)				
RL NoThink	16.73	7.95	65.14	9.11
RL Ped. Think	25.06	7.15	59.54	6.97

MPS = Math Problem Solving, MKT = Math Knowledge for Teaching,
PIU = Pedagogical Intent Utterance, Interaction = remaining categories.

Table 6: Extended 7-category distribution (code-instance %, 12-method average per condition). Expands Table 5 by splitting Interaction into Cognition, Metacognition, Student Intent Utterance, and Affect/Discourse.

Condition	MPS	MKT	Cog	Met	PIU	SIU	A/D
NT	20.29	19.31	0.69	0.80	54.81	0.27	3.83
T-NR	20.37	22.57	1.91	1.82	49.37	0.31	3.65
T-R	19.68	23.12	2.06	1.80	49.69	0.35	3.31
PT-NR	24.03	22.57	1.59	1.91	46.22	0.36	3.31
PT-R	23.73	22.77	1.51	1.82	47.27	0.20	2.69

Cog = Cognition, Met = Metacognition,
SIU = Student Intent Utterance, A/D = Affect/Discourse.

C.3 Code Frequencies

Table 7 compares six core codes from the body's discussion against RL references, and Table 8 expands the view to the 15 most frequent codes (by NoThink prevalence). Information provision, Step-by-step instruction, and Concept explanation dominate under NoThink (37.1%, 30.0%, 21.1% of sentences), while Exploratory question is the most

stable across conditions (17.5-18.7% under Think variants).

Table 7: Core code frequencies (sentence-multilabel %, 12-method average per condition). Each entry is the fraction of sentences containing at least one instance of the code.

Condition	Praise	Step	ExplQ	Info	Hint	Strat
NT	5.48	29.95	18.73	37.10	1.30	0.04
T-NR	5.99	14.47	18.31	22.28	1.45	0.10
T-R	5.89	14.03	17.46	22.22	1.44	0.11
PT-NR	4.02	16.66	13.57	23.20	1.32	0.07
PT-R	3.35	18.61	14.04	27.28	1.11	0.08
RL reference (Lee et al., 2026a)						
RL NoThink	11.76	15.18	12.85	8.91	9.42	3.45
RL Ped. Think	5.78	18.22	13.27	8.12	10.89	4.89

Step = Step-by-step instruction, ExplQ = Exploratory question,
Info = Information provision, Hint = Hint provision, Strat = Strategy selection.

Table 8: Top-15 codes by overall sentence-multilabel frequency, 12-method average per condition. Rows are sorted by NoThink frequency.

Code	NT	T-NR	T-R	PT-NR	PT-R
Information provision	37.10	22.28	22.22	23.20	27.28
Step-by-step instruction	29.95	14.47	14.03	16.66	18.61
Concept explanation	21.10	17.09	16.80	16.44	17.74
Exploratory question	18.73	18.31	17.46	13.57	14.04
Application of rules/formulas	11.61	8.08	7.15	7.42	6.94
Providing justification	11.45	13.28	12.35	12.25	11.36
Performing calculations	6.93	4.24	3.84	4.07	3.75
Open-ended question	6.36	4.60	3.74	3.83	3.78
Praise	5.48	5.99	5.89	4.02	3.35
Encouraging participation	4.70	3.79	3.38	2.39	1.89
Request for clarification	3.72	3.77	4.54	2.99	2.73
Context check/Solution comp.	3.19	4.02	3.52	3.50	3.51
Clarification	3.04	5.26	4.58	5.84	5.74
Emotional Support	2.94	2.39	2.37	1.61	1.13
Use of examples	2.71	2.69	2.64	2.67	2.12

C.4 Polya Phase Distribution

Table 9 summarises the Polya phase distribution over the full dialog, complementing the per-turn view in Figure 4 *right*. Scaffold dominates every condition (58-63%), while the pedagogical seed shifts mass from Interaction toward Understand (NT 8.2% $\rightarrow$ PT-R 13.3%).

Table 9: Polya phase distribution over the full dialog (code-instance %, 12-method average per condition).

Condition	Understand	Execute	Scaffold	Review	Interaction
NT	8.20	9.75	63.39	3.82	14.84
T-NR	9.91	8.22	58.48	5.97	17.42
T-R	10.01	7.71	59.03	5.81	17.44
PT-NR	13.22	8.32	58.57	5.99	13.89
PT-R	13.29	7.77	61.64	6.01	11.29

C.5 Turn-Level Behavioral Diversity

Table 10 reports two diversity metrics per tutor turn: Shannon entropy of the code distribution

and the mean number of distinct codes assigned. Think conditions raise entropy slightly above No-Think (1.51 nats → 1.59-1.62), consistent with the broader code mass shift visible in Tables 7 and 8.

Table 10: Turn-level behavioral diversity (12-method average per condition). Entropy is the Shannon entropy (nats) of the code distribution within a tutor turn; unique codes per turn is the mean number of distinct codes assigned to a tutor turn.

Condition	Entropy (nats)	Unique codes / turn
NT	1.505	7.82
T-NR	1.621	8.11
T-R	1.586	7.45
PT-NR	1.609	8.21
PT-R	1.570	7.72

C.6 Schoenfeld Sanity Check

Table 11 reports the Schoenfeld 3-phase distribution over `<think>` content. This is included only as a sanity check against Lee et al. (2026a) Table 10; the body's behavioral analysis does not rely on it. Our Explore rate of 20-29% diverges substantially from the 0.75% reported under RL Ped. Think Reward, likely because our `<think>` blocks are short procedural traces rather than extended exploratory reasoning.

Table 11: Schoenfeld 3-phase distribution (%) of `<think>` content (paragraph-level, 12-method average per thinking condition).

Condition	Explore	General	Verify
T-NR	26.73	25.20	48.08
T-R	28.52	24.20	47.28
PT-NR	20.60	26.52	52.87
PT-R	20.82	25.60	53.58
Reference (Lee et al., 2026a)			
RL Ped. Think R	0.75	81.02	18.23

C.7 Response Length and Math Content

Table 12 reports visible response length, thinking trace length, and the LaTeX math character fraction. NoThink responses are roughly 25% shorter than Think visible responses (110.1 vs. ~145 words) but contain a higher math character fraction (18.0% vs. ~11%), reflecting the tendency of NoThink to deliver direct computational content.

C.8 Method Behavioral Clustering

Figure 6 applies hierarchical clustering to the 60 method-condition cells using their 7-category behavioral signature. Cells with similar code-instance distributions group together, surfacing whether

Table 12: Response length (mean words per turn) and math content (LaTeX math character fraction, %) by condition (12-method average).

Condition	Vis WC	Thk WC	Total WC	Vis Math%	Thk Math%
NT	110.1	0.0	110.1	17.97	-
T-NR	146.9	201.3	348.2	11.17	0.93
T-R	141.1	200.4	341.5	10.38	0.95
PT-NR	150.2	204.0	354.3	10.30	1.02
PT-R	145.9	201.7	347.6	11.27	1.02

Vis WC = visible response words, Thk WC = thinking-trace words.

method identity or condition (NoThink vs. Think vs. Pedagogical seed) drives the dominant behavioral pattern.

Figure 6: Hierarchical clustering (Ward linkage on Euclidean distance) of 60 method-condition cells by their 7-category behavioral signature.

C.9 Condition Effect Analyses

Figures 7 and 8 isolate the per-method effect of the two thinking-condition axes. The R_{think} reward (Think Reward − Think NoReward) produces small shifts ($|\Delta| \leq 2$pp in most cells), while the pedagogical seed produces larger and method-specific shifts, most prominently increased MPS and reduced PIU for several methods.

C.10 Published vs. Proposed Group Comparison

Figure 9 aggregates the 7-category distribution across all 5 conditions and compares the 7 adapted Published methods against our 5 Proposed meth-

	MPS	MKT	PIU	Interaction
ACE	+1.4	-1.5		
CondBridge	-2.8	-4.3	+4.8	+2.3
EvoPrompt	-0.9	+1.7	-0.8	
Frame	+8.9	+9.3	-9.5	-8.7
GEPA		+2.6	-2.0	
LeakShield	-3.5	-3.3	+6.3	
MIPROv2	-17.1	-1.2	+19.5	-1.3
MetaBlend	-2.0	+3.1	-2.8	+1.8
OPRO	+5.3	+5.4	-8.6	-2.1
ParetoGrad	+10.8	+2.0	-14.3	+1.5
TF-GRPO	-1.9	-4.5	+4.1	+2.2
TextGrad	-6.2	-2.9	+7.5	+1.6

Figure 7: Per-method effect of R_{think} reward on the 4-category distribution (Think Reward − Think NoReward, percentage points). Annotated cells have $|\Delta| \geq 0.5$pp.

	MPS	MKT	PIU	Interaction
ACE	+5.1	-3.1	-2.2	
CondBridge	+4.5	-2.5	-1.3	-0.6
EvoPrompt	+4.6	-2.5	-1.3	-0.8
Frame	+7.1	+3.6	-7.3	-3.4
GEPA		-1.2		+1.9
LeakShield	+6.8	-4.7	-1.5	-0.6
MIPROv2	-2.8	-1.5	+1.9	+2.3
MetaBlend	+1.5	-2.5	-1.3	+2.3
OPRO	+2.9	-1.2		-1.4
ParetoGrad	+10.1	+8.6	-14.1	-4.5
TF-GRPO	-1.2	-3.5	+5.4	-0.8
TextGrad	+8.0	+8.4	-11.0	-5.4

Figure 8: Per-method effect of the pedagogical seed prompt on the 4-category distribution, averaged over the R_{think} axis (Pedagogical seed − no seed, percentage points). Annotated cells have $|\Delta| \geq 0.5$pp.

ods. The two groups overlap substantially across all categories, indicating that the behavioral signature of training-free tutoring is largely driven by the prompt-optimization paradigm itself rather than by specific method design.

C.11 Praise Mode-Specific Analysis

Across $n = 22{,}126$ labeled dialogs, we decompose the dialog-level Spearman correlation between Praise rate and reward components by reasoning condition and turn position. Table 13 shows that the positive correlation between Praise rate and R_{total} is concentrated in the NoThink condition, while Think variants show null or slightly negative effects. Table 14 further localizes the effect to the

Figure 9: Distribution of 7-category code-instance % across method-condition cells, grouped by Published (7 methods × 5 conditions) vs. Proposed (5 methods × 5 conditions). Boxes show interquartile range with median; whiskers extend to 1.5×IQR.

dialog's closing turns (T4+), consistent with a late-turn motivational signal that carries measurable post-test contribution.

Table 13: Per-condition Spearman correlation between dialog-level Praise rate and reward components. Significance after Benjamini-Hochberg correction over 20 tests. * $p < 0.05$, ** $p < 0.01$, *** $p < 10^{-15}$.

Condition	n	$\rho(R_{\text{sol}})$	$\rho(R_{\text{leak}})$	$\rho(R_{\text{help}})$	$\rho(R_{\text{total}})$
NoThink	6,000	$+0.126^{**}$	$+0.016$	$+0.077^{**}$	$\mathbf{+0.106^{***}}$
T-NR	4,131	$+0.048$	-0.007	$+0.011$	$+0.013$
T-R	4,206	$+0.056^{*}$	-0.010	$+0.023$	$+0.026$
PT-NR	3,900	-0.019	$+0.005$	$+0.029$	$+0.003$
PT-R	3,889	-0.003	-0.010	$+0.004$	-0.014

Table 14: Turn-position decomposition of Spearman correlation between dialog Praise rate and reward. The T4+ effect drives the bulk of the R_{sol} contribution.

Turn position	$\rho(R_{\text{sol}})$	$\rho(R_{\text{total}})$	Significance
T1-T3 (mid)	$+0.046$	$+0.062$	$q < 0.001$
T4+ (close)	$+0.093$	$\mathbf{+0.110}$	$q < 10^{-28}$

C.12 MIPROv2 Reward-Driven Behavioral Shift

The Praise-suppression generalization in §4.2 is a method-level aggregate. *MIPROv2* is a notable exception: when R_{think} is activated, its Praise rate increases by $+8.49$pp, its Pedagogical Intent Utterance share by $+19.5$pp, and its turn-level code-distribution entropy collapses by -0.91 bits - each the most extreme value among the 12 listed methods (*ParetoGrad* moves in the opposite direction with ΔPraise $= -5.03$pp). Table 15 lists four behavioral category cells where MIPROv2 exceeds the 12-method mean by $\geq 2\sigma$, all sharing a "high

PIU, low MPS" signature consistent with a reward-driven tilt toward direct telling at the expense of Socratic questioning. These cells contribute to MIPROv2's competitive $R_{\text{total}} = 0.707$ despite the behavioral divergence, illustrating that scalar reward alone can mask qualitatively different policies.

Table 15: Behavioral category cells where *MIPROv2* exceeds the 12-method mean by $\geq 2\sigma$. PIU = Pedagogical Intent Utterance, MPS = Mathematical Problem Solving.

Condition	Category	MIPROv2 (%)	12-method avg (%)
Think Reward	PIU	63.4	49.7
Think Reward	MPS	7.8	19.7
Ped Think Reward	PIU	61.1	47.2
Ped Think Reward	MPS	7.0	23.7

C.13 Method-Level Seed Effect Breakdown

Table 16 expands the aggregate seed analysis to a per-method breakdown of the Polya pedagogical seed effect (pedagogical condition − general condition, NoThink) on the two largest behavioral categories. Negative ΔPIU combined with positive ΔMPS indicates a shift away from explicit telling toward Socratic question-driven instruction. As a descriptive observation (not a statistically inferential claim given $n = 12$), four of the five proposed methods (*ParetoGrad*, *Frame*, *LeakShield*, *MetaBlend*) show stronger seed-driven PIU/MPS reallocation than any of the seven published methods, consistent with the design intent that the proposed methods explicitly embed pedagogical priors (§2.4).

Table 16: Per-method Polya pedagogical seed effect (pedagogical − general, NoThink condition, percentage points). Rows are sorted by ΔPIU.

Method	Source	ΔPIU	ΔMPS
ParetoGrad	Proposed	−22.0	+13.9
Frame	Proposed	−13.6	+9.2
TextGrad	Published	−7.6	+2.1
OPRO	Published	−5.1	+6.2
LeakShield	Proposed	−4.8	+13.2
MetaBlend	Proposed	−1.9	−1.4
ACE	Published	−0.9	+6.1
GEPA	Published	+0.3	−0.8
EvoPrompt	Published	+0.7	+2.4
CondBridge	Proposed	+4.1	−0.0
MIPROv2	Published	+6.1	−4.9
TF-GRPO	Published	+7.1	−2.0

C.14 Method-Level Reward Effect Breakdown

Complementing the MIPROv2 case study in Appendix C.12, Table 17 reports the per-method R_{think} reward effect (reward on − reward off, Think condition) on three behavioral indicators: Praise rate (sentence-multilabel %), PIU share (code-instance %), and turn-level code-distribution entropy (bits). The reward signal acts differently across methods in both magnitude and direction: *MIPROv2* sharpens to a single high-Praise high-PIU pattern (entropy collapse), while *ParetoGrad* moves in the opposite direction, suppressing Praise and PIU while broadening the code distribution. Aggregate R_{total} does not distinguish these qualitatively different policies.

Table 17: Per-method R_{think} reward effect (reward on − reward off, Think condition). Rows sorted by ΔPraise.

Method	Source	ΔPraise (pp)	ΔPIU (pp)	Δentropy (bits)
MIPROv2	Published	+8.49	+19.5	−0.91
ACE	Published	+2.19	−0.3	−0.03
CondBridge	Proposed	+0.28	+4.8	−0.01
MetaBlend	Proposed	+0.17	−2.9	+0.00
LeakShield	Proposed	+0.11	+6.4	−0.08
OPRO	Published	+0.03	−8.5	−0.66
EvoPrompt	Published	−0.61	−0.8	+0.18
GEPA	Published	−0.76	−2.1	−0.20
TF-GRPO	Published	−0.82	+4.1	+0.41
Frame	Proposed	−1.33	−9.5	−0.22
TextGrad	Published	−3.89	+7.5	−0.22
ParetoGrad	Proposed	−5.03	−14.4	+0.64

C.15 CondBridge Prompt-Evolution Artifact

CondBridge under NoThink shows a Praise rate of 10.33%, the only cell among the 60 method-condition combinations to exceed 7% (other No-Think cells fall in the 3-7% range; cf. Table 7). Inspection of the optimization trajectory reveals that the seed prompt contains no explicit praise template - the word "encourage" appears in instruction context but no praise phrase is templated. During prompt-evolution mutation an explicit closing template is introduced:

> "Conclude your response with an encouraging statement, such as 'You're doing a great job!' or 'Keep up the good work!' "

This template appears in the optimized best prompt but is absent from the seed. The 10.33% Praise rate is therefore a *prompt-evolution artifact*: a localized template insertion that survived the dual-condition objective rather than a direct consequence of the objective itself. In contrast to the MIPROv2 case (Appendix C.12), which illustrates reward-response hacking, this CondBridge case illustrates mutation-injection hacking, indicating that prompt-level optimization can introduce verbal-praise patterns through at least two distinct mechanisms.

C.16 Thinking-Mode Entropy Effect

Thinking-mode trajectories show higher behavioral entropy and a more uniform distribution across methods than NoThink trajectories (Table 18). The mean turn-level Shannon entropy (computed over the per-turn distribution of assigned codes) increases from 2.644 bits under NoThink to 2.977 bits under Think (4-condition average), and the method-level entropy standard deviation contracts from 0.406 to 0.246 bits, indicating that thinking partially normalizes behavioral diversity across methods. The reward-driven entropy shifts in Appendix C.14 (*ParetoGrad* $+0.64$ bits vs. *MIPROv2* -0.91 bits) operate on top of this thinking-mode baseline.

Table 18: Turn-level behavioral entropy (bits) under NoThink and Think conditions, 12-method average. *Method std* = std of entropy across methods at fixed condition.

Condition	Codes/turn	Entropy	Method std
NoThink	7.95	2.644	0.406
Think (avg)	10.95	2.977	0.246

D Method Details

This section provides detailed descriptions of the 14 proposed methods not covered in the main text. All methods use the same multi-turn dialog simulation and multi-objective reward framework described in §2.

D.1 Pedagogical Scaffolding

HintChain ($R_{\text{total}} = 0.577$) optimizes a progressive hint sequence where each hint builds on the previous one with increasing specificity. The optimization evaluates whether students progress after each hint level, adjusting the structure to minimize hints needed while maximizing solve rate. Optimization runs for 500 metric calls with minibatch size 10.

HintGrad ($R_{\text{total}} = 0.589$) applies TextGrad-style gradient feedback specifically to the hint-giving portions of the tutor prompt. Gradients target cases where hints were too vague (no student progress) or too revealing (answer leaked), refining the balance between guidance and discovery.

SokRat ($R_{\text{total}} = 0.570$) optimizes Socratic questioning strategies by evaluating question quality and student response patterns. The optimizer adjusts questioning patterns to maximize engagement and problem-solving progress, using dialog turn analysis as feedback.

D.2 Solution-Leak Prevention

Adversarial ($R_{\text{total}} = 0.437$) generates red-team prompt mutations designed to expose leakage vulnerabilities. Each iteration, an adversary LLM modifies the tutor prompt to induce answer leakage. Successfully leaked cases are used to patch the prompt, creating robustness against leakage failure modes.

ThinkGuard ($R_{\text{total}} = 0.531$) monitors chain-of-thought traces for premature solution disclosure. When the thinking trace contains the final answer before the tutor has guided the student, ThinkGuard adds thinking-specific anti-leak constraints to the prompt.

D.3 Dual-Objective

DualLoop ($R_{\text{total}} = 0.346$) combines an inner loop (TextGrad gradient descent at every iteration) with an outer loop (behavioral proxy analysis every 5 iterations). The outer loop extracts three proxy metrics from dialog transcripts: question ratio (fraction of tutor turns containing questions), average disclosure level (0–4 scale), and average turn count. When proxies deviate from target ranges (e.g., 10–20% question ratio, disclosure ≤ 1.5), priority signals steer optimization toward desirable behavioral patterns.

CurriculumOpt ($R_{\text{total}} = 0.587$) applies curriculum learning to prompt optimization: early iterations optimize on easier problems (higher baseline solve rate), with difficulty gradually increasing. This prevents premature convergence on strategies that only work for simple problems.

D.4 Meta / Distillation

PromptDistill ($R_{\text{total}} = 0.479$) analyzes best-performing prompts from multiple optimization methods, identifies common successful patterns, and distills them into a single compact prompt. A refinement phase then optimizes this distilled prompt using TextGrad for 300 iterations.

DecompReward ($R_{\text{total}} = 0.571$) decomposes the aggregate reward into fine-grained pedagogical sub-components (e.g., question quality, hint specificity, encouragement appropriateness) and optimizes each sub-component with targeted gradient feedback before re-composing the full prompt.

D.5 Contrastive Analysis

DisCo ($R_{\text{total}} = 0.586$) mines dialog transcripts for recurring patterns associated with high or low rewards, then uses these discovered patterns as optimization heuristics. Successful patterns are reinforced in the prompt while failure patterns are explicitly discouraged.

AnchorBoost ($R_{\text{total}} = 0.421$) identifies anchor prompt segments from early optimization that consistently contribute to high performance, freezes these segments, and applies gradient-based optimization only to the remaining prompt regions. This preserves verified pedagogical strategies while exploring improvements.

ContrastOpt ($R_{\text{total}} = 0.428$) evaluates each candidate prompt under both NoThink and Think conditions on the same examples each iteration and uses per-example gap analysis as the optimization signal. The combined score $0.5R^{\text{NT}} + 0.5R^{\text{TH}} - 0.3|R^{\text{NT}} - R^{\text{TH}}|$ penalizes condition-dependent inconsistency, and the optimizer receives detailed feedback on examples where one condition succeeded while the other failed.

D.6 Population-Gradient Hybrids

PopGrad ($R_{\text{total}} = 0.562$) maintains a population of prompts and uses TextGrad gradient information to guide mutation operators. Unlike standard evolutionary approaches with random mutations, PopGrad directs mutations based on gradient feedback, combining exploration (population diversity) with exploitation (gradient direction).

PrincipleHint ($R_{\text{total}} = 0.572$) generates prompts from explicit pedagogical principles (e.g., Polya's problem-solving steps, zone of proximal development) and integrates progressive hint structures. The optimization adjusts the balance between principle-guided instruction and adaptive hint giving across 500 metric calls.