Learning Whole-Body Loco-Manipulation Skills

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I. MOTIVATION

Legged mobile manipulators are an intuitive robotic embodiment for operating in human environments. They allow using different parts of their body to assist in loco-manipulation and enhance their interaction capabilities. For instance, a robot can adjust its torso posture using its legs to help its arms apply more force to an object or use both arms and legs to open and traverse a spring-loaded pull door. Loco-manipulation, at its core, is a multi-contact planning and control problem, where the robot must carefully coordinate contacts with its surroundings to simultaneously move, maintain balance, and manipulate objects. However, prior works [5, 47, 19, 46] simplify this complex problem by separating locomotion from manipulation, limiting the latter to the robot's arm end-effector. Furthermore, existing approaches [30, 28, 49] focus on scenarios where switching between contact locations on the object is either non-existent or hand-crafted by a skilled engineer. Consequently, a more advanced framework for generating multi-modal behaviors is necessary to address a broader spectrum of real-world tasks.

Obtaining real-world robot data is costly, which limits the ability to generalize beyond a narrow set of tasks and operating conditions [37]. For legged systems, this challenge is even more pronounced due to their high Degrees-of-Freedom (DoFs), which complicates teleoperation, and their non-fixed base, which increases the risk of damaging hardware. As a result, physics-based simulation [27] offers a more scalable alternative to generate diverse training data, while also facilitating the testing of control policies for legged systems.

My vision is to achieve robust whole-body locomanipulation skills for legged mobile manipulators primarily through simulation, and transferring them effectively to hardware.

To advance this vision, my research focuses on exploring: (a) how to scale synthetic data generation for robot learning and sim-to-real transfer of learned skills, (b) how to design a flexible and robust whole-body controller that integrates both mobility and manipulability, and (c) how to extend beyond single end-effectors to more complex, coordinated multi-limbed manipulation.

II. RESEARCH TO DATE AND RELATED WORK

A. Synthetic Data Generation for Robot Learning

A high simulation throughput often comes at the cost of simulation accuracy [13]. Popular simulators [44, 10] use CPUbased physics engines, which require massive clusters to meet



Fig. 1. Different paradigms for whole-body planning and control of legged mobile manipulators. The high-level planner may provide references to the robot in the task-space for the individual limbs (through teleoperation or as a learned policy) or in the joint-space (as offline motion plans).

the data demands of current learning algorithms. To overcome this limitation, we developed a **simulation framework for robot learning** [32] that leverages recent advances in GPUaccelerated physics simulation and hyper-realistic rendering. This framework allows users to train and deploy policies for complex tasks, such as rough-terrain locomotion, in just minutes. We integrated various robot learning workflows and environments, enabling systematic training, testing, and verification of robotic systems. This tool is now widely used in both industry [12, 36] and academia [25, 48] and serves as the foundation for my research on loco-manipulation skills.

B. Whole-Body Planning and Control (1) (2)

A *holistic* planning and control approach for mobile manipulation needs to account for the high DoFs and potentially conflicting concurrent tasks and constraints. Recent works [39, 24] design a real-time Model Predictive Controller (MPC) for legged mobile manipulators to track end-effector poses. We extended this **MPC formulation to incorporate constraints for avoiding unwanted self and environment collisions** and utilizing a real-time Signed Distance Field (SDF) representation of the environment [31, 9]. Combining this controller with

a vision-based *object-centric* planner, we demonstrated that this approach enables interaction with unknown cabinets and drawers in static and dynamic kitchen scenes. It achieves higher performance compared to conventional methods that decompose the whole-body control or rely on inverse kinematics. These results underscore the importance of whole-body coordination for effective mobile manipulation.

While model-based optimal control techniques are often effective for manipulating simpler objects, such as cabinets and drawers, they are sensitive to modeling mismatches and need a pre-specified contact pattern. This reliance limits their robustness, particularly in handling large uncertainties in object dynamics and unmodeled terrains. To overcome these limitations, we investigated the application of Reinforcement Learning (RL) for robust tracking of pose commands, whether for a quadrupedal robot's foot [3, 42] or its arm end-effector [35]. The hardware results demonstrate that the learned controllers can handle uneven and slippery terrains as well as external disturbances by actively adapting the robot's posture. Compared to their model-based counterparts, these controllers also offer a larger reachable workspace and improved tracking. These advantages enable tasks previously considered unachievable- such as opening a door with a quadruped's foot or carrying an unknown heavy payload.

Concurrent research [16, 7, 26, 20], including ours [11], combine these RL-based tracking policies with learned highlevel task-space planners for object manipulation. However, these methods still operate on a single end-effector for manipulation, whether on the leg or the arm.

C. Multi-Limbed Object Manipulation (3)

A higher number of DoFs increases the exploration complexity for an RL agent, often resulting in sub-optimal behaviors [18]. For instance, when training a quadrupedal robot to push a large box to a target location, the agent may learn to use a single leg and rarely use other limbs, even when those are closer to the object. To address this asymmetry in the learned behavior, we investigated symmetry-based augmentation [1] for the on-policy algorithm, PPO [38]. Directly applying this augmentation causes numerical instabilities, as the augmented samples are off-policy. To resolve this issue, we proposed an alternative policy update rule to stabilize the learning process [33]. On quadrupedal box climbing and pushing tasks, we demonstrated that this approach accelerates convergence and leads to more optimal behaviors. It allows the robot to naturally use the closest leg for manipulation, eliminating the need for hand-crafted rewards to enforce limb selection.

An alternate direction to improve the quality of learned RL behaviors is **incorporating reference motion data**. This technique is widely adopted for animating physically simulated characters [4, 34, 43], and more recently humanoid robots [21, 17]. Although these works demonstrate multi-limb tracking, they follow the reference motions at a fixed rate and involve limited or no object interaction. These assumptions make these methods brittle, as they struggle to deal with slippages or failed grasps. We highlight this issue in our work on interacting with large articulated objects, such as

spring-loaded doors and dishwashers, with a quadrupedal mobile manipulator [41]. To overcome this limitation, we proposed an adaptive scheme for updating the reference motions, synthesized offline using Trajectory Optimization (TO) [40, 6]. Compared to prior works [34, 14], our proposed state-dependent update scheme enables a higher success rate in simulation despite model mismatches and significant external disturbances. Furthermore, the learned policies transfer reliably on hardware, **enabling the robot to use its legs or arm for object interaction** as dictated by the reference motion, while also **exhibiting recovery behaviors**, such as handle regrasping, that were absent in the demonstrations.

III. ONGOING AND FUTURE RESEARCH

A. Benchmark for Multi-Contact Loco-Manipulation Skills

The TO methods for multi-contact reference synthesis [40, 6] offer a scalable approach to generating a large dataset for various loco-manipulation tasks entirely in simulation [32]. Unlike existing datasets [45, 29], which have limited or no object interaction, this new dataset will feature high multi-modality, both in sensory inputs (through simulated exteroceptive and proprioceptive sensors) and interaction strategies (by utilizing different limbs or contact locations on the object). This dataset, along with the corresponding simulated environments in [32], will open up several exciting research avenues for building and evaluating a generalizable loco-manipulation framework for unknown environments.

B. Generative Models for Online Whole-Body Planning

As an initial step, I propose investigating generative models [8, 22] as a state-based high-level planner that provides whole-body references to the RL tracking policy from [41]. This approach offers the benefit of online kinematic planning via the high-level planner, combined with a robust tracking policy that can handle dynamic variations and external disturbances. The next step will involve utilizing image embeddings from on-board cameras as inputs to the model, instead of relying on the object's state. This will also require investigating different memory architectures to handle large occlusions that occur when the robot is near the object.

C. Language-Conditioned Whole-Body Planning

While my current research primarily focuses on quadrupedal mobile manipulators, I believe the insights gained from these works are also applicable to bipedal legged systems. Given their similar morphology to humans, additional data sources- such as internet-scale human videos- could also be leveraged for these platforms [15]. However, simply scaling datasets may not be sufficient to build a truly generalizable system [37]. Achieving this goal requires fundamental algorithmic improvements that enable these systems to reason about their embodiment in novel situations. Given the recent advancements in large language models for reasoning [2], one potential paradigm for generalization could be conditioning the high-level planner on language prompts. Through this approach, new situations could be addressed by providing a language description at inference time, which would influence the style and intent of the generated motion [23].

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