Electrocardiogram Report Generation and Question Answering via Retrieval-Augmented Self-Supervised Modeling

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Abstract

Interpreting electrocardiograms (ECGs) and generating comprehensive reports remain challenging tasks in cardiology, often requiring specialized expertise and significant time investment. To address these critical issues, we propose ECG-ReGen, a retrieval-based approach for ECG-to-text report generation and question answering. Our method leverages a self-supervised learning for the ECG encoder, enabling efficient similarity searches and report retrieval. By combining pre-training with dynamic retrieval and Large Language Model (LLM)-based refinement, ECG-ReGen effectively analyzes ECG data and answers related queries, with the potential of improving patient care. Experiments conducted on the PTB-XL and MIMIC-IV-ECG datasets demonstrate superior performance in both in-domain and cross-domain scenarios for report generation. Furthermore, our approach exhibits competitive performance on ECG-OA dataset compared to fully supervised methods when utilizing off-the-shelf LLMs for zero-shot question answering. This approach, effectively combining self-supervised encoder and LLMs, offers a scalable and efficient solution for accurate ECG interpretation, holding significant potential to enhance clinical decision-making.

1 Introduction

Electrocardiograms (ECGs) are non-invasive, cost-effective diagnostic tools that play a crucial role in detecting cardiac arrhythmias in clinical practice. While numerous studies have demonstrated the effectiveness of machine learning models in predicting arrhythmia types from ECGs Mincholé and Rodriguez [2019], the tasks of interpreting ECGs, generating illustrative reports, and answering patient questions remain largely under-explored Moor et al. [2023]. These tasks present significant challenges, as they are time-consuming and require specialized expertise, even for experienced cardiologists. Moreover, they pose unique difficulties for machine learning models, demanding fine-grained feature extraction and the ability to generate cross-modality outputs (i.e., converting signals into coherent textual descriptions).

Recent advancements in large language models (LLMs) have shown promise in medical image interpretation, particularly for generating radiology reports from chest X-rays Chen et al. [2020], Yan et al. [2023]. However, their application to ECG analysis remains largely unexplored, despite ECGs' critical role in cardiology. ECGs, as time-series biosignals, present unique challenges compared to static medical images. Converting ECG data into LLM-compatible features for report generation is complex and data-intensive, as LLMs are not designed for processing physiological signals directly Thirunavukarasu et al. [2023]. Concerns also persist about the efficiency and generalizability of such

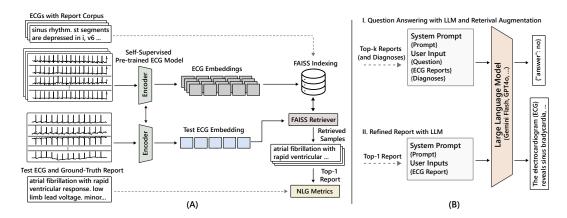


Figure 1: Overview of ECG-ReGen leveraging self-supervised model to address report generation via retrieval and QA with LLMs.

models to unseen cardiac conditions or diverse patient populations Mittermaier et al. [2023]. These challenges highlight the need for robust approaches that can effectively bridge ECG signal processing with LLMs' natural language capabilities.

In this paper, we introduce a novel retrieval-based approach for ECG-to-text report generation and question answering (QA), pioneering its application in this domain. Unlike traditional task-specific, fully supervised learning methods Oh et al. [2024], Wan et al. [2024], our approach leverages similarity search to interpret new ECGs by referencing similar samples in the dataset, enhancing efficiency and explainability. While such methods have proven successful in chest X-ray report generation Endo et al. [2021], applying them to ECGs presents unique challenges due to the complex nature of ECG data. The key challenge lies in learning useful representations for similarity measures in the feature space, particularly difficult for multi-lead, long time-series ECG data where some cardiac conditions manifest as subtle waveform changes. Additionally, the brevity and diversity of ECG report phrases add complexity to the task.

To address these challenges, we propose a novel approach that pre-trains an ECG encoder to learn generalizable embeddings for efficient similarity searches. Our encoder is trained in a self-supervised manner, integrating ECG signals with their corresponding textual reports. During inference, we retrieve relevant reports based on the nearest neighbors of an ECG embedding, using the top-1 most similar report as the generated report. This retrieval-based method underpins our question-answering system, where we feed the top-k retrieved reports and their diagnosis labels into an LLM for zero-shot question answering. The LLM processes this information to provide accurate and contextually relevant responses to queries. Our approach combines similarity-based retrieval with the natural language understanding capabilities of LLMs, offering potentially more grounded and interpretable results. We validate our approach using two prominent ECG datasets: PTB-XL and MIMIC-IV-ECG. The retrieval-based method demonstrates superior performance in both settings, underlining its robustness and generalizability. Additionally, we employ off-the-shelf LLMs for zero-shot question answering, achieving competitive results compared to fully supervised approaches without task-specific fine-tuning.

2 Method

We frame ECG-to-text report generation and question answering as a retrieval augmented generation task using a report corpus R. Our approach combines a self-supervised ECG model with efficient similarity search to generate reports and answer ECG-related questions. The method consists of four stages: (1) self-supervised pre-training, (2) embedding generation and indexing, (3) report retrieval and refinement, and (4) zero-shot LLM-based question-answering. Figure 1 illustrates our proposed technique.

We pre-train a multi-modal model to learn joint representations of ECG signals and their textual reports. Let $X = x_1, x_2, ..., x_n$ be a set of ECGs, where $x_i \in \mathbb{R}^{L \times C}$ represents an ECG with L time steps and C channels. The corresponding reports are denoted as $R = r_1, r_2, ..., r_n$. We use a masked autoencoder-based self-supervised learning approach similar to Chen et al. [2022], combining

three loss terms: masked language modeling (MLM), masked ECG modeling (MEM), and ECG-text matching (ETM), as $L = L_{\rm MLM} + L_{\rm MEM} + L_{\rm ETM}$. The ETM task is a binary classification problem to determine if ECG-text pairs are semantically aligned.

Our multi-modal Transformer-based architecture Vaswani et al. [2017] for ECGs and texts comprises: 1) separate uni-modal encoders, 2) a multi-modal fusion module, and 3) separate uni-modal decoders for pre-training tasks. The text encoder uses a pre-trained BERT model Devlin [2018]. The ECG encoder applies 1D convolutional layers to extract local features from signal before feeding them into a transformer. We follow the configurations from Chen et al. [2022] for other architectural aspects. The model is pre-trained using above defined MLM, MEM, and ETM tasks.

After pre-training, we generate embeddings for all ECG samples using the ECG encoder $f(\cdot)$: $z_i = f(x_i), z_i \in \mathbb{R}^d$, where d is the embedding dimension. We build a FAISS Douze et al. [2024] index for efficient similarity search (Figure 1.A). During inference, for a new ECG x_t sample, we compute $z_t = f(x_t)$ and retrieve k nearest neighbors using FAISS. Let $N_k(z_t) = (i_j, d_j)|j=1,...,k$ denote the set of k nearest neighbors, where i_j is the index of the j-th neighbor and d_j is the distance. We then retrieve the corresponding reports: $R_{\text{retrieved}} = r_{i_j}|(i_j, d_j) \in N_k(z_t)$.

For a test ECG embedding e_t , we assign the closest retrieved sample's report as an initial prediction, that can be optionally refined by an LLM. For zero-shot ECG question answering (Figure 1.B), we use the k retrieved reports and their diagnoses labels as a way to perform in-context learning. We concatenate these as: $r_{\text{concat}} = r_{i_1} \oplus l_{i_1} \oplus r_{i_2} \oplus l_{i_2} \oplus \cdots \oplus r_{i_k} \oplus l_{i_k}$, where $r_{i_j} \in R_{\text{retrieved}}$, l_{i_j} is the j-th report's diagnoses label, and \oplus denotes concatenation. This concatenated input, the question, and a system prompt are passed to the LLM, instructing it to leverage the provided data to answer questions about the test ECG in a zero-shot manner.

For pretraining, we use the PTB-XL dataset Wagner et al. [2020] with 75% and 15% masking for MEM and MLM tasks, respectively. We use a batch size of 32 and a learning rate of 5×10^{-5} , keeping other hyperparameters consistent with Chen et al. [2022]. We apply global max pooling over ECG encoder's output to get fixed-dimensional embeddings (z, d=768). During indexing and retrieval, embeddings are L2 normalized. We set k=1 for report generation and k=3 for question-answering. Our ECG-QA LLM leverages GPT-40 (mini)OpenAI [2024], Gemini-Flash1.5Reid et al. [2024], and Llama3-70B Dubey et al. [2024] due to their cost-effectiveness. We set temperature =1 and max_tokens =256. Prompt details are provided in Appendix B.

3 Experiments

Datasets. We evaluate our report generation method on the PTB-XL Wagner et al. [2020] and MIMIC-IV-ECG Gow et al. [2023] datasets, both of which provide 12-lead ECG signals and corresponding textual reports. PTB-XL offers extensive cardiologist-annotated auxiliary information, including interpretive summaries, diagnostic assessments, likelihood estimates, and signal characteristics. MIMIC-IV-ECG provides machine-generated reports covering various conditions, which we combine into a single unified report. From this dataset, we randomly select 5k samples from the test set for cross-domain evaluation. For question answering, we utilize the ECG-QA Oh et al. [2024] dataset, which comprises curated questions about key ECG aspects. We experiment with verify, choose, and query question types, utilizing the provided train, test, and validation splits based on patient IDs to ensure no overlap among sets.

Baseline and Evaluation Metrics. We evaluate our approach using standard metrics for language fluency and accuracy. For report generation, we employ NLG metrics: BLEU-1,2,3,4 Papineni et al. [2002], BERTScore Zhang et al. [2019], Meteor Denkowski and Lavie [2011], and Rouge Lin [2004] to assess lexical and semantic similarity. We compare our method against: a) randomly selected reports, b) the most frequent report, c) vanilla transformer d) R2GenCMN Chen et al. [2020] adapted for ECG signals with randomly initialized (R) and pre-trained (P) ECG encoders. For zero-shot ECG-QA, we use exact match accuracy, comparing against six supervised baselines from Oh et al. [2024] specifically trained for QA task.

Results. The main experimental results on report generation task are presented in Table 1. The results demonstrate the effectiveness of ECG-ReGen across all evaluated metrics. On the PTB-XL dataset, it achieves substantial improvements over the R2GenCMN technique with pre-trained model, with a

Table 1: Performance comparison of various methods for ECG report generation task.

Dataset	Method	BLEU-1	BLEU-2	BLEU-3	BLEU-4	BERTScore	Meteor	Rouge
	Random	0.152	0.091	0.060	0.049	0.582	0.226	0.234
PTB-XL (in-domain)	Common	0.212	0.150	0.134	0.132	0.663	0.317	0.385
	Transformer	0.273	0.179	0.119	0.093	0.626	0.292	0.303
	R2GenCMN (R) Chen et al. [2021]	0.337	0.249	0.188	0.159	0.687	0.362	0.392
MIMIC-IV-ECG (cross-domain)	R2GenCMN (P) Chen et al. [2021]	0.393	0.298	0.232	0.196	0.710	0.412	0.443
	ECG-ReGen (Ours)	0.801	0.768	0.737	0.700	0.920	0.836	0.836
	Random	0.113	0.055	0.031	0.023	0.579	0.185	0.201
	Common	0.127	0.048	0.038	0.033	0.651	0.283	0.399
	Transformer	0.229	0.137	0.082	0.054	0.598	0.250	0.240
	R2GenCMN (R) Chen et al. [2021]	0.305	0.215	0.133	0.084	0.677	0.346	0.378
	R2GenCMN (P) Chen et al. [2021]	0.325	0.224	0.141	0.091	0.672	0.360	0.383
	ECG-ReGen (Ours)	0.348	0.271	0.212	0.182	0.714	0.419	0.439

Table 2: Evaluation of ECG-ReGen paired with an off-the-shelf LLM on the ECG-QA dataset against supervised approaches.

Method	Model	S-Verify	S-Choose	S-Query
per Q-type majority	-	67.7	31.2	23.2
	M3AE	74.6	57.1	41.0
	MedViLL	73.9	54.1	40.4
Supervised Oh et al. [2024]	Fusion Transformer	72.1	46.4	37.4
	Blind Transformer	67.7	31.0	24.0
	Deaf Transformer	67.3	31.4	27.0
	Gemini Flash 1.5	72.54	58.52	32.57
ECG-ReGen (Ours)	GPT-4o mini	72.79	58.66	30.56
	Llama3-70B	71.99	54.83	32.02

BLEU-4 score of 0.700 compared to 0.196, and a BERTScore of 0.920 versus 0.710. This significant performance gain highlights the superiority of our retrieval-augmented approach in capturing and generating accurate ECG reports. The cross-domain evaluation on MIMIC-IV-ECG shows that our method maintains its superior performance, albeit with a smaller margin, achieving a BLEU-4 score of 0.182 and a BERTScore of 0.714. This robustness in cross-domain scenarios underscores the generalizability of our method.

Notably, ECG-ReGen consistently outperforms both random and common baselines, as well as the R2GenCMN variants, across all metrics on both datasets. The high ROUGE and METEOR scores further indicate that our method generates reports with better content coverage and semantic similarity to ground truth reports. Further, Figure 2 and 3 in Appendix A show qualitative results of retrieving similar examples with reports that closely match the ground truth, capturing key diagnostic features. These results collectively demonstrate the efficacy and simplicity of leveraging self-supervised representations for retrieval-based report generation. Our approach not only produces high-quality reports but also enables transparency by allowing clinicians to inspect and compare the generated report with similar examples.

Table 2 showcases our ECG-ReGen approach's performance on three ECG question-answering tasks. Operating in a zero-shot setting, our method demonstrates competitive performance against supervised approaches. ECG-ReGen, paired with Gemini Flash 1.5 and GPT-40 mini, achieves top scores on the S-Choose task (58.52% and 58.66%), surpassing all supervised models. For S-Verify, our approach performs comparably to the best supervised model (M3AE), with scores ranging from 71.99% to 72.79%. While showing lower performance on the S-Query task, it still outperforms the per Q-type majority baseline and some supervised models. These results are notable given our method's zero-shot nature, requiring no task-specific fine-tuning. The small performance gap between different LLMs suggests that the choice of language model may not be crucial when the retrieved samples are similar to the test case, highlighting the effectiveness of our retrieval-augmented approach in leveraging off-the-shelf language models for ECG analysis.

4 Conclusions

This work introduces a novel retrieval-based method for ECG report generation and question answering, leveraging self-supervised pre-training, efficient similarity search, and LLM-powered

zero-shot question answering. Our approach demonstrates superior performance in both in-domain and cross-domain evaluations for report generation task, showcasing improved efficiency, inherent explainability, and enhanced generalizability. By integrating LLMs for zero-shot QA, we further augment the system's capabilities, offering a promising avenue for accurate ECG interpretation with potential benefits for cardiologist workflow and patient care.

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A Qualitative Analysis

We conduct a qualitative analysis of ground-truth and the top three retrieved reports along with their ECG signals.

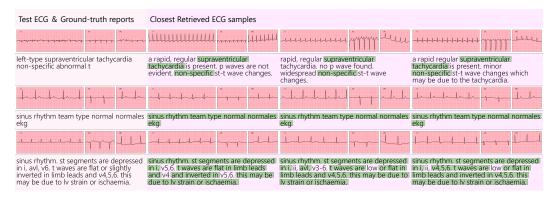


Figure 2: PTB-XL

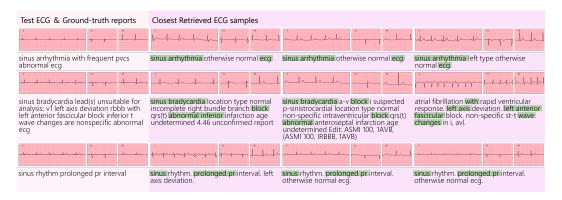


Figure 3: MIMIC-IV ECG

B LLM System Prompt

Question: \${question}

For *question prompts*, we use variations for different answer formats: "Answer should be only yes and no" (single-verify), "Choose correct answer from the options provided below. If none... answer will be 'none'. If both conditions are present then provide both options as an answer." (single-choose), and a similar prompt for single-query allowing multiple answer selections. Answer options are always provided within the prompt.

Prompt for Zero-Shot ECG-QA Task. Given the closest ECG retrieved reports and diagnoses to the test ECG as discovered by a multimodal model. Your job is to analyze the report and only answer the question. Output should be JSON of the following structure: {'answer': ...}. Question Specific Prompt: \${question_prompt}} Think step-by-step to generate an answer without any explanation. ECG Reports: \${reports} Diagnoses: \${diagnoses}