THINKTUNING: Instilling Cognitive Reflections without Distillation

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Abstract

Recent advances in test-time scaling have led to the emergence of thinking LLMs that exhibit self-reflective behaviors and multi-step reasoning. While RL drives this self-improvement paradigm, recent studies show that solely RL does not truly instill these new reasoning abilities - it merely draws out behaviors already present in the base models. This raises a question: How can we train the models that don't exhibit such thinking behavior to develop it in the first place? To this end, we propose THINK-TUNING, a GRPO-based interactive training approach where we augment the rollouts of a 013 student model with the guidance from a teacher model. A simple idea from classroom practice inspires our method: a teacher poses a problem, lets the student try an answer, then 017 gives corrective feedback-enough to point the mind in the right direction and then show the solution. Each feedback reshapes the student's 021 thoughts, leading them to arrive at the correct solution. Similarly, we find that this type of implicit supervision through feedback from a teacher model of the same size improves the reasoning capabilities of the student model. Particularly, on average, our method shows 3.69%improvement over zero-shot baselines across benchmarks, and on MATH-500 and GPQA-Diamond, it shows 2.08% and 3.99% improvement over the vanilla-GRPO baseline.

1 Introduction

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Recent years in AI research have been driven by advances in scaling models along the weightaxis (Kaplan et al., 2020). More recently, scaling along the inference-time or test-time axis has produced significant performance gains in various complex reasoning tasks (Snell et al., 2025). Thinking models such as OpenAI-o-series (Jaech et al., 2024), DeepSeek-R1 (Guo et al., 2025) and Gemini-Thinking (Team et al., 2023) are a testament to this, capable of producing long reason-



Figure 1: Illustration of our teacher-student supervision setup. Top: the teacher poses a math problem, the student answers incorrectly, and the teacher offers a short corrective feedback. Bottom: faced with a new problem, the student recalls the feedback ("double-check") and produces the correct answer.

ing chains, with sophisticated behaviors like selfreflection, self-correction, and multi-step reasoning. These significant performance gains are attributed to the success of Reinforcement Learning (RL) through simple rule-based rewards. However, online on-policy RL settings face a constraint: sophisticated reasoning behaviors will not emerge unless they are explicitly sampled during training. For example, models like Qwen (Yang et al., 2025) often come with strong priors, allowing them to naturally generate sophisticated reasoning behaviors, which RL then amplifies. In contrast, when models lack strong priors, on-policy RL struggles to elicit them. Indeed, a recent study shows that RL applied on Llama 3.2-family (Grattafiori et al., 2024a) models struggles to elicit the sophisticated reasoning behaviors (Gandhi et al., 2025a).

In academic settings, cognitive modeling pro-059 vides a structured approach for shaping both overt 060 (external) and covert (internal-cognitive) behav-061 iors of students through guided interventions by a teacher-typically using verbal mediation (Camp and Bash, 1978). As illustrated in the Fig. 1, suppose a teacher asks: "A train travels at 30 miles 065 per hour for 3 hours. How far does it go?" A hasty student might respond, "30 divided by 3 is 067 10 miles!" A good teacher recognizes the mistake and explains not just why the answer is incorrect, but also teaches a generalizable skill. In this case, the teacher could encourage the student to doublecheck what "per hour" means and to think carefully about whether they should multiply or divide in similar problems. Interestingly, recent thinking models-presumably trained with RL and simple rule-based rewards-often exhibit such behavior of re-checking and self-refining, which makes them 077 better at various reasoning tasks. These thinking behaviors emerge in those models solely through RL, as suitable priors are present to help in exhibiting such behavior (Gandhi et al., 2025b). However, this brings up an important question: How can we 082 enable models to acquire these types of thinking skills in the absence of suitable priors? And is RL 084 alone sufficient for this task?

Drawing inspiration from the example discussed above, we propose THINKTUNING, a training approach where an active student model learns to think by interacting with a teacher model. Rather than assuming thinking behaviors will emerge during RL, we engineer the training process to induce them. This aligns with how cognitive modeling in educational settings elicits complex reasoning strategies such as self-reflection, self-correction, and problem-solving among students.

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THINKTUNING consists of two stages. First, we start by creating a set of few-shot exemplars (i.e., four exemplars in our setting), each demonstrating an opinion on a student's response, a reason for that opinion, and a phrase that typically showcases specific cognitive behaviors. Our exemplars capture the most common human self-reflective behaviors: Self-Conflict, Self-Agreement, Self-Critique, and Self-Consultancy. While many other cognitive behaviors exist, we focus on these four because they are well defined (Hermans, 2023; Hermans and Gieser, 2011). Second, we train the student model in an online RL setting, specifically with Group Relative Policy Optimization GRPO) (Shao et al., 2024). At each iteration, the student model generates *n* rollouts, from which a subset of γ rollouts is randomly selected. These selected rollouts are passed to the few-shot teacher model to obtain feedback, and the phrases showcase the cognitive thinking skill. The feedback is then appended to the corresponding γ rollouts, which are returned to the student model to continue the generation process with the augmented input. The resulting γ_{aug} rollouts, together with the remaining $n - \gamma_{aug}$ un-augmented rollouts, are used for computing the advantage estimates for the GRPO algorithm. 111

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However, because the teacher model's guidance is entirely off-policy, it violates the assumptions required for importance sampling in methods such as PPO or GRPO. To address this, we introduce Advantage-Aware Shaping (AAS), which adjusts the updates for tokens generated with teacher guidance by taking into account both the advantage and the student model's current confidence in producing each token. This helps in preventing large updates during the initial stages of training and preventing the model from becoming degenerate.

Our experiments show that model trained with THINKTUNING improves performance across diverse reasoning benchmarks like GSM8k (+3.14%), MATH-500(+9.4%), CSQA(+3.04%), ARC-Challenge(+4.31%), GPQA-Diamond(+3.08%) and MMLU-Pro(+2.8%) compared to zero-shot baselines. Our training approach improves over GRPO baseline by 2.08% and 3.99% on MATH-500 and GPQA-Diamond. Our token length analysis shows that model trained with our framework, end up spending more inferencetime compute for solving problems from these benchmarks. Our qualitative analysis reveal that THINKTUNING ends up instilling congnitive reflection in model trained with it.

2 Related Works

Inference-Time Scaling and Cognitive Behaviors. Scaling inference-time compute has been a promising approach to improve the performance in LLMs. Chain-of-thought (CoT) prompting encourages models to generate step-by-step reasoning, significantly boosting performance on complex tasks (Wei et al., 2022; Kojima et al., 2022). Selfconsistency generates multiple reasoning paths and selects the most frequent answer, further improving accuracy (Wang et al., 2023). Iterative selfrefinement, where models critique and correct their own outputs, yields additional gains without weight

updates (Madaan et al., 2023). Methods like Tree-161 of-Thoughts and MCTSr extends inference-time 162 search by exploring branching reasoning trajecto-163 ries (Yao et al., 2023). Another work, test-time 164 optimization(Snell et al., 2025), puts emphasis on 165 dynamically adjusting inference compute based on 166 the complexity of the task. In contrast to all these 167 approaches, out work focuses on training models to 168 increase their inference-compute during test time by instilling cognitive reflections in their responses. 170

Online and Offline Reinforcement Learning. 171 Proximal Policy Optimization (PPO) underpins 172 most RLHF pipelines, aligning LLMs to human 173 preferences (Schulman et al., 2017a; Ouyang 174 et al., 2022). Directive Preference Optimization 175 (Rafailov et al., 2023) reformulates preference 176 alignment as a supervised objective, matching or outperforming PPO in stability and quality. Vari-178 ants of DPO, use three preferences instead of two, 179 showing better performance on reasoning tasks (Saeidi et al., 2024). A recent variant of PPO, 181 Group Relative Policy Optimization (GRPO) (Shao et al., 2024) discards the critic network from PPO and computes the advantage estimates by compar-184 ing each trajectory's reward to the mean reward of 185 a group of sampled trajectories, thus improving ef-186 ficiency and scalability of RL training. Our work is different from these approaches, as we try to obtain off-policy guidance during on-policy RL training.

Off-Policy Guidance during RL Earlier works in RL like (Schmitt et al., 2018) show case the kickstarted training improves the data efficiency of agents being trained. Kickstarting demonstrated up to 10x faster training and convergence of the agents. Work done by Yan et al. (2025) closely aligns with our work. The authors include samples from a larger model, along with the on-policy rollouts during GRPO. They propose using Policy Shaping, which is used to correct the Importance Sampling ratios during training. However, our work differs from theirs by proposing to dynamically calculating shaping coefficient and augmenting off-policy tokens with on-policy rollouts.

3 Methods

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3.1 Background

Group Relative Policy Optimization (GRPO)
The recent success of DeepSeek-R1 (Guo et al., 2025) has established GRPO as the preferred algorithm for online reinforcement learning, due to

its efficiency and ease of implementation. GRPO, a PPO (Schulman et al., 2017b) variant, estimates the advantage by aggregating reward scores of a group of *n* sampled responses to a given query *q*, thus eliminating the need for a separate value network and generalized advantage estimation (GAE) (Schulman et al., 2015). Formally, let \mathcal{M}_{θ} and $\mathcal{M}_{\theta_{old}}$ be the current and old policy models respectively. Let *q* and o_i be the query and *i*th response sampled from the dataset and the old policy respectively. Let *r*(.) be the reward function, which measures the correctness of a given response. Then, the GRPO objective is defined as follows: 210

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$$\mathcal{I}_{\text{GRPO}}(\theta) = \mathbb{E}\left[q \sim \mathcal{D}, \{o_i\}_{i=1}^n \sim \mathcal{M}_{\theta_{\text{old}}}(O \mid q)\right] \\
\left\{\frac{1}{n} \sum_{i=1}^n \frac{1}{|o_i|} \sum_{t=1}^{|o_i|} \min\left[\frac{\mathcal{M}_{\theta}(o_{i,t}|q, o_{i,
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Here, the advantage is calculated as the normalized reward, i.e., $\hat{A}_{i,t} = \tilde{r}(o_i) = \frac{r(o_i) - \text{mean}(r)}{\text{std}(r)}$. This eliminates the need for complicated advantage estimation that happens in PPO. In the above expression, $\frac{\mathcal{M}_{\theta}(o_{i,t}|q,o_{i,<t})}{\mathcal{M}_{\theta_{\text{old}}}(o_{i,t}|q,o_{i,<t})}$, is the importance sampling weight which corrects for the mismatch between the current policy \mathcal{M}_{θ} and the old policy $\mathcal{M}_{\theta_{\text{old}}}$ that generated the sample responses. This importance sampling weight (w) ensures that updates are properly reweighted, so that learning remains unbiased even when the policy changes over the course of training.

3.2 THINKTUNING

Student Responses (*student responds*) First stage of THINKTUNING, we sample *n* responses from the student policy $\mathcal{M}_{student}$ for each query *q* in a training batch drawn from the dataset \mathcal{D} . We sample the responses at a temperature of 1.0 to observe diversity. These initial responses represent the student model's unaided attempts at solving a given problem, typically exhibiting a mix of correct, partially correct, and incorrect reasoning.

Teacher Guidance (*teacher helps*) In the second stage, we obtain guidance from the teacher model $\mathcal{M}_{teacher}$. Given the student model's response, the teacher model provides its guidance by first stating its opinion. Then, it provides its justification for its opinion, grounded in its own reason-



Figure 2: **ThinkTuning:** The student model $\mathcal{M}_{student}$ generates *n* rollouts T_1, \ldots, T_n for question *q*. A selected subset (e.g. $\mathcal{T}_1, \mathcal{T}_2, \mathcal{T}_3$) is passed—with *q*—to the teacher model $\mathcal{M}_{teacher}$, producing augmented rollouts \mathcal{T}_{aug} . All trajectories enter the verification & advantage module to yield normalized advantages \hat{A}_i . Augmented tokens are weighted via Advantage Aware Shaping; remaining tokens use the standard importance sampling ratio. These per-token weights are used in $\mathcal{J}_{ThinkTuning}(\theta)$ for updating the student.

ing process, and finally offers a guiding phrase on 254 how to approach and solve the problem effectively. 255 Throughout this process, the teacher model explic-256 itly demonstrates cognitive behaviors, serving as 257 an exemplar of reflective problem-solving strategies for the student to learn from. Particularly, we focus on four self-reflective cognitive behaviors, 260 well defined in (): (1) Self-Conflict—challenging 261 one's own response by presenting alternative perspectives; (2) Self-Critique-identifying weak-263 nesses in their response and suggesting improvements; (3) Self-Agreement-affirming and justifying the strengths in their response; and (4) Self-Consultancy—drawing on an alternative internal perspective or source of expertise to offer new ad-268 vice or insights that could further improve one's own response. We provide four few-shot exemplars-two illustrating incorrect student responses and two showcasing correct ones-each demon-272 strating one of the mentioned behaviors. Impor-273 tantly, all exemplars are expressed in the firstperson perspective, framing the guidance as inner 275 dialogue or self-reflection, making it natural for the 276 student model to imitate during training.

After obtaining the rollouts for a given query from the student model, we pass a fraction γ of student rollouts randomly to receive guidance from the teacher model. For each selected rollout o_i , we give the corresponding question q to the teacher model $\mathcal{M}_{teacher}$. With the help of our few-shot

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exemplars, we obtain the guidance from the teacher model in a structured way as shown in the AppA.1 284

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Student Training (student improves) In this stage, the feedback generated by the teacher model is augmented to the selected fraction γ of the corresponding student rollouts. This produces a set of γ_{aug} augmented trajectories. These are combined with the remaining $n - \gamma_{aug}$ unaugmented student rollouts to compute token-level advantage estimates used in the GRPO update. We formally call this process $Guide(\mathcal{M}_{teacher}, \mathcal{M}_{student_{\thetaold}}, q, \gamma)$, which is a function of the teacher model, student model, and guidance fraction γ . Specifically, we compute the group-normalized advantage for each token in a trajectory $\mathcal{T}_i \in \{\mathcal{T}_{unaug} \cup \mathcal{T}_{aug}\}$ as:

$$\hat{A}_{i,t} = \tilde{r}(\mathcal{T}_i) = \frac{R(\mathcal{T}_i) - \text{mean}\left(\mathcal{R}(\mathcal{T}_{unaug} \cup \mathcal{T}_{aug})\right)}{\text{std}\left(\mathcal{R}(\mathcal{T}_{unaug} \cup \mathcal{T}_{aug})\right)}$$

Here, \mathcal{T}_{unaug} denotes the set of unaugmented trajectories, and \mathcal{T}_{aug} denotes the teacher-augmented ones. When teacher guidance successfully reasons towards the correct answer, the augmented trajectory typically receives a higher reward, resulting in a higher relative advantage. In contrast, if the guidance is not helpful, the unaugmented trajectories dominate the normalization, which automatically reduces the effect of poor teacher interventions.

However, a core challenge arises from the fully off-policy nature of the tokens from teacher guid-

Although importance sampling () can, 311 ance. in principle, correct for the distributional mis-312 match, accurate correction would require access 313 to $\mathcal{M}_{\text{teacher}}(\text{guidance} \mid q, o_{\text{student}})$. In practice, however, 314 this does not reflect the true probability with which the guidance was sampled from the teacher model, due to differences in the prompting setup. To ad-317 dress this, we propose Advantage Aware Shaping (AAS) for the tokens in the trajectories \mathcal{T}_{aug} instead of using the importance sampling weights. AAS uses the student model's own confidence in the tokens of the augmented trajectory, modulated 322 by its relative advantage, to determine the weight 323 assigned to each teacher-injected token's gradient 324 during training. Formally, for each token o_t in the 325 augmented trajectory \mathcal{T}_{aug} , we define the Advantage Aware Shaping (AAS) weight as: 327

$$w_{\text{aas}}\left(\mathcal{M}_{\text{student}}, o_t, \hat{A}_t\right) = \frac{\mathcal{M}_{\text{student}}\left(o_t \mid q, o_{< t}\right)}{\mathcal{M}_{\text{student}}\left(o_t \mid q, o_{< t}\right) + c(\hat{A}_t)}$$

where $\mathcal{M}_{student}(o_t \mid q, o_{<t})$ denotes the probability assigned by the student model to token o_t given the query q and the preceding tokens $o_{<t}$. This formulation is similar to the policy shaping proposed by Yan et al. (2025). However, in THINK-TUNING we make use of $c(\hat{A}_t)$, a shaping coefficient determined by the advantage \hat{A}_t at that token. To be specific, $c(\hat{A}_t)$ is computed as:

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$$c(\hat{A}_t) = c_{\min} + (c_{\max} - c_{\min}) \cdot \frac{A_{\max} - \hat{A}_t}{A_{\max} - A_{\min}}$$

where c_{\min} and c_{\max} are hyperparameters, and A_{\min} , A_{\max} are the minimum and maximum token advantages possible for a group of responses. This is a linear mapping function which provide smaller shaping co-efficient for high advantages and higher shaping co-efficient for smaller advantages. This linear mapping assigns smaller shaping coefficients to tokens with higher advantages and larger coefficients to those with lower advantages. For a detailed analysis of its effect on w_{aas} and the consecutive impact towards the gradient update, see Appendix A.2

We incorporate this shaping directly into our final THINKTUNING objective, which we refer to as THINKTUNING. For each token $o_t \in \mathcal{T}_{unaug}$ in the batch, we compute the importance sampling weight w_t between the current and old student policy. For tokens in the teacher-augmented trajectories \mathcal{T}_{aug} , we make use of the advantage-aware shaped weight as discussed above. Formally, we define THINK-TUNING objective as follows:

$$\begin{aligned} \mathcal{J}_{\text{THINKTUNING}}(\theta) &= \\ \mathbb{E}\Big[q \sim \mathcal{D}, \ \{o_i\}_{i=1}^n \sim \text{Guide}\left(q, \ \mathcal{M}_{\theta_{\text{old}}}, \ \mathcal{M}_{\text{teacher}}, \ \gamma\right)\Big] \\ &\left\{\frac{1}{n} \sum_{i \in \mathcal{T}_{n-\gamma_{aug}}} \frac{1}{|o_i|} \sum_{t=1}^{|o_i|} \min\Big[w_{i,t}\hat{A}_{i,t}, \\ \text{clip}(w_{i,t}, 1-\epsilon, 1+\epsilon) \ \hat{A}_{i,t}\Big] \right. \\ &\left. + \frac{1}{n} \sum_{i \in \mathcal{T}_{\gamma_{aug}}} \frac{1}{|o_i|} \sum_{t=1}^{|o_i|} \min\Big[w_{\text{aas}}(o_{i,t}) \ r_{i,t} \ \hat{A}_{i,t}, \\ \text{clip}(w_{\text{aas}}(o_{i,t}) \ r_{i,t}, 1-\epsilon, 1+\epsilon) \ \hat{A}_{i,t}\Big] \\ &- \beta \ D_{KL}\Big[\mathcal{M}_{\theta} \ \big\| \ \mathcal{M}_{\text{ref}}\Big] \Big\} \end{aligned}$$

Algorithm 1 THINKTUNING

- Input: Initial Student model *M*_{studentθinit}, Teacher model *M*_{teacher}, guidance fraction γ, hyperparameter set (ε, β, c_{min}, c_{max})
- 2: 3: $\mathcal{M}_{student_{\theta}} \leftarrow \mathcal{M}_{student_{\theta_{init}}}$ 4: 5: for training step=1 to I do 6: $\mathcal{M}_{student_{old}} \leftarrow \mathcal{M}_{student_{\theta}}$ 7: Sample mini-batch $\mathcal{D}_b \subset \mathcal{D}$ 8: 9: // Student acts & Teacher helps 10: for all $q \in \mathcal{D}_b$ do 11: $\{o\}_{i=1}^{n} \sim \text{Guide}(q, \mathcal{M}_{student_{old}}, \mathcal{M}_{teacher}, \gamma)$ 12: end for 13: 14: // Reward calculation and Advantage estimation 15: Compute the rewards $r_i = r(o_i)$ for each response Compute group-normalized advantage $A_{i,t}$ for all tokens 16: for mini-batch step = 1 to μ do 17:

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18:
                  if o_i \in \mathcal{T}_{aug} then
19:
                        Calculate w_{aas}(o_i)
20:
                  else
                        Calculate w(o_i)
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                  end if
23:
                  \mathcal{M}_{student_{\theta}} \leftarrow \operatorname{argmax}_{\theta} \mathcal{J}_{method}(\theta)
24:
             end for
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      end for
26: Output: Final think-tuned model \mathcal{M}_{student_{\theta}}
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where w and w_{aas} are importance sampling weight and advantage-aware shaped weight respectively. This formulation preserves the benefits of GRPO's group-relative advantage estimation while addressing the off-policy nature of teacheraugmented rollouts through controlled shaping. As a result, the student model is encouraged to learn from helpful feedback without overfitting to noisy or misaligned teacher generations. To prevent the 357

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model from learning the loops of reflective feed-369 back, we stop teacher guidance after \hat{i} steps.

4 **Experiments**

4.1 Setup

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Baselines For THINKTUNING evaluation, we first compare it against zero-shot baselines and 374 prompt-based self-improvement methods. In particular, we compare with Self-Verify and Self-Correct 376 prompting, following the prompt setups from Kumar et al. and Huang et al. (2023), respectively. We include these since our can be seen as a selfimprovement training approach. We also compare with the s1-budgeting (Muennighoff et al., 2025) method, where we set a token budget of 2048 and let the model generate until it reaches it, by replacing the end-of-sequence token with "wait...". For training-based methods, we compare against Supervised Finetuning (SFT), STaR (as implemented by Kumar et al.), and GRPO (Guo et al., 2025).

Training Dataset For THINKTUNING and other training-based methods, we make use of the GSM8k train set which has around 7473 samples. We train only on this dataset to showcase that THINKTUNING could generalize to out-ofdistribution and out-of-domain problems.

Models For our experiments we use Llama3.2-3B-Instruct (Grattafiori et al., 2024b) model as the base model to get our baseline and train with THINKTUNING. The reason for choosing this model is that recent work (Gandhi et al., 2025a) shows that Llama family of models lacks these cognitive behaviors in them, whereas models like Qwen already have them, which On-Policy RL is able to elicit. Hence, choosing a model from the Llama family becomes a natural choice for us to show the utility of our method. We also make use of the same 3B version as the teacher model.

Benchmarks We evaluate our proposed THINK-406 TUNING on several benchmarks across different 407 reasoning categories: GSM8K (Cobbe et al., 2021) 408 and MATH-500 (Hendrycks et al., 2021) for Math-409 ematical Reasoning; CSQA (Talmor et al., 2018) 410 and StrategyQA (Geva et al., 2021) for Common-411 sense Reasoning; and for Scientific Reasoning, we 412 413 use ARC-Challenge (ARC-C) (Clark et al., 2018) and GPQA Diamond Set (GPQA-D) (Rein et al., 414 2024) (see Table 1). To ensure consistent and 415 proper evaluation, after the model finishes genera-416 tion, we append the phrase "So, the final answer is 417

\boxed{", which prompts the model to explicitly output the final answer in a boxed format, simplifying answer parsing and enabling exact match (EM) accuracy calculation using Math-verify with ease.

Training & Inference We implement our THINKTUNING training using the verl (Sheng et al., 2024) framework. All experiments are conducted on 4 NVIDIA H100 GPUs. For detailed hyperparameter settings, please refer to the appendix. To speed up rollout generation and evaluation, we utilize vLLM (Kwon et al., 2023) due its efficiency

4.2 Results

Comparison with prompting-based methods From Table 1, we can see that Self-Verify and Self-Correct methods underperform compared to Zero-Shot-CoT baseline. They achieve only 52.08% and 51.45% on GSM8k and 34.98% and 32.46% on Math-500, respectively, whereas Zero-Shot-CoT attains 71.08% and 38.14% on these benchmarks. We see similar trends on other benchmarks like CSQA, ARC-C, GPQA-D and MMLU-Pro. Our evaluation reaffirms the limitations of inferencetime self-improvement prompting (). s1-budgeting, which simply scales inference-time compute, yields only marginal improvements on GPQA-D yet remains far below the baseline on other reasoning tasks. Our evaluation shows that this method fails to produce meaningful gains, and in several cases, leads to degraded performance. For instance, on MATH-500, s1-budgeting yields only 25.72%, underperforming even the Zero-Shot-CoT baseline, and on CSQA, it performs on par with Self-Verify but remains 16.2 points behind THINKTUNING (54.21% vs. 70.43%). In contrast, our THINK-TUNING consistently outperforms Zero-Shot-CoT and all inference-only variants. It achieves 74.22% on GSM8k (+3.14 points), 47.54% on Math-500 (+9.40 points), and similar gains on CSQA, ARC-C, GPQA-D, StrategyQA, and MMLU-Pro.

Comparison with training-based methods Our experiments show that fine-tuning (SFT) on the GSM8k training split degrades performance across every benchmark. Interestingly, we observe that SFT leads to a drop in performance by around 8% even on the GSM8k test set. We hypothesize that this is due to a distributional mismatch between the Llama 3.2 family's pre-trained reasoning priors and the highly structured chain-of-thought formats found in the GSM8k training annotations. In contrast, the STaR method, which uses the self-

Methods	Mathematical Reasoning		CommonSense Reasoning	Scientific Reasoning		Other Reasoning	
	GSM8ĸ	Матн-500	CSQA	ARC-C	GPQA-D	STRATEGYQA	MMLU-PRO
Zero-Shot-CoT	71.08 ± 0.20	$38.14_{\pm 0.75}$	$67.39_{\pm 0.26}$	75.49 ± 0.20	$25.10_{\pm 0.85}$	$66.40_{\pm 0.43}$	$34.41_{\pm 0.11}$
Self-Verify	52.08 ± 1.73	34.98 ± 0.54	54.41 ± 0.73	61.56 ± 0.47	23.94 ± 0.68	52.10 ± 0.39	28.10 ± 0.14
Self-Correct	51.45 ± 0.30	32.46 ± 0.47	45.90 ± 0.69	52.88 ± 0.58	24.60 ± 0.71	52.39 ± 0.78	25.50 ± 0.12
s1-budgeting	$51.30_{\pm 0.42}$	$25.72_{\pm 0.54}$	$54.21_{\pm 0.44}$	$59.51_{\pm 0.27}$	$26.57_{\pm 0.99}$	$57.88_{\pm 0.80}$	28.59 ± 0.10
SFT	62.27 ± 0.61	29.00 ± 0.49	$65.91_{\pm 0.24}$	70.90 ± 0.71	24.49 ± 0.82	64.12 ± 0.65	36.07 ± 0.07
STaR	73.54 ± 0.22	40.78 ± 0.35	67.91 ± 0.30	77.24 ± 0.21	21.46 ± 0.86	66.84 ± 0.41	$\overline{34.69_{\pm 0.12}}$
GRPO	$78.89_{\pm 0.84}$	$45.46_{\pm 1.55}$	$69.86_{\pm 0.52}$	$79.13_{\pm 0.21}$	24.19 ± 0.75	$\overline{70.68_{\pm 0.35}}$	$36.07_{\pm 0.07}$
THINKTUNING	74.22 ± 0.13	$47.54_{\pm 0.46}$	$70.43_{\pm 0.19}$	$79.80_{\pm 0.24}$	$28.18_{\pm 0.63}$	$66.52_{\pm 0.41}$	$37.21_{\pm 0.11}$

Table 1: **Main Results.** We evaluate seven methods on *seven* benchmarks that we group into a four-way taxonomy: (i) *Mathematical reasoning* (GSM8K, MATH-500); (ii) *Commonsense reasoning* (CSQA); (iii) *Scientific reasoning* (ARC-CHALLENGE, GPQA-DIAMOND); and (iv) *Other multi-disciplinary reasoning* (STRATEGYQA, MMLU-PRO). We report accuracy (%) as the mean \pm standard error over ten random seeds. For each dataset the highest score is **boldfaced** and the second-highest is <u>underlined</u>. All experiments were run with a maximum context length of 4096 tokens and a decoding temperature of 0.7.

generated reasoning chains into the fine-tuning pro-468 cess achieves 73.54 % on GSM8k (vs. 62.27 % for 469 SFT) and 40.78 % on Math-500 (vs. 29.00 %). It 470 also improves on CSQA (67.91 % vs. 65.91 %) and 471 ARC-C (77.24 % vs. 70.90 %), but its gains are 472 uneven: STaR scores only 21.46 % on GPQA-D 473 and records 66.84 % on StrategyQA and 34.69% 474 on MMLU-Pro. By comparison, THINKTUNING 475 consistently outperforms STaR across all bench-476 marks-74.22 % on GSM8k (+0.68 points), 47.54 477 % on Math-500 (+6.76 points), 70.43 % on CSQA 478 (+2.52 points), 79.80 % on ARC-C (+2.56 points), 479 and 28.18 % on GPQA-D (+6.72 points). 480

Comparison with GRPO GRPO serves as our 481 strongest online RL baseline, demonstrating robust 482 generalization across all benchmarks. It achieves 483 78.89 % on GSM8k and 45.46 % on Math-500, and 484 records 69.86 % on CSQA, 79.13 % on ARC-C, 485 and 24.19 % on GPOA-D. On broader reasoning 486 tasks, GRPO attains 70.68 % on StrategyQA and 487 36.07 % on MMLU-Pro. In comparison, THINK-488 TUNING slightly outperforms GRPO. In compar-489 ison, THINKTUNING underperforms GRPO on 490 GSM8k (74.22% vs. 78.89 %) and StrategyQA 491 (66.52 % vs. 70.68 %) but outperforms it on other 492 benchmarks: Math-500 (47.54 % vs. 45.46 %), 493 CSQA (70.43 % vs. 69.86 %), ARC-C (79.80 % 494 vs. 79.13 %), and GPQA-D (28.18 % vs. 24.19 495 %). Moreover, THINKTUNING exceeds GRPO on MMLU-Pro (37.21 % vs. 36.07 %), demonstrating 497 stronger scientific and factual reasoning. 498

5 Analysis

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Does THINKTUNING scale inference time? To evaluate whether THINKTUNING increases inference-time compute, we analyze the number of tokens generated during our evaluation. Specifically, we compare the output length of responses from models trained with GRPO and THINKTUN-ING across six benchmarks, excluding MMLU-Pro. For each benchmark, we compute the average number of tokens generated per question and report the results in Figure 4. We observe that both GRPO and THINKTUNING trained model's end up spending more compute on benchmarks which need multi-step reasoning and scientific knowledge. For example, for problems from benchmarks like MATH-500 and GPQA-D, they produce response with more than 300 tokens. However, on GPQA-D THINKTUNING model ends up spending around 5.2% tokens more than GRPO trained model, which translates into its improvement in relative performance. Interestingly, GRPO model spends 3.6% more tokens than THINKTUNING model, but still the later ends up performing in this benchmark. On other benchmarks as well, THINKTUNING models spend around 3.4-20.8% more tokens than the GRPO one. From these analysis, it is evident that THINKTUNING increase the inference-time compute by instilling cognitive reflection which results in performance improvements in certain benchmarks.

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Qualitative analysis THINKTUNING instills cognitive behaviors such as self-verification and deliberate re-evaluation, leading to notable improvements across a range of reasoning benchmarks. These reflective strategies are particularly beneficial in domains requiring multi-step scientific reasoning. Figure 3 illustrates a representative example from GPQA-D to highlight the qualitative im-



Figure 3: Qualitative comparison on a GPQA-D example. The left pane shows the GRPO-trained model detecting that its computed ratio isn't among the answer choices but then simply selecting the closest option without revisiting its reasoning, whereas the right pane illustrates ThinkTuning's self-reflective process—questioning its initial approach, re-evaluating the relationship between energy bands, and arriving at the correct flux ratio.



Figure 4: Average number of tokens generated per question by models trained with GRPO and THINKTUNING across six reasoning benchmarks (StrategyQA, MATH-500, GSM8K, GPQA-D, CSQA, and ARC-C).

pact of THINKTUNING. The GRPO model recalls relevant domain knowledge but often falls short in applying it effectively to the problem at hand. In contrast, the THINKTUNING-trained model shows a greater tendency to reflect on its initial reasoning, reassess intermediate steps, and adjust its approach if needed. This form of self-correction contributes to more consistent outcomes, particularly on questions that benefit from structured re-evaluation.

6 Conclusion

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We introduced THINKTUNING, a GRPO based interactive training framework, that instills cognitive reflections via guided exploration. The key idea is to augment on-policy rollouts from a student model with guidance from a teacher model, which provides corrective feedback needed to approach and solve a given problem. Since, this guidance is completely off-policy, we propose using Advantage Aware Shaping (AAS) weight, which lets the student model to learn helpful tokens while remaining robust to noisy tokens that could make the training unstable. The introduced THINKTUNING objective paves way for qualitative guided exploration under on-policy RL settings, which is particularly helpful when the base models lack proper priors.

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Empirically, THINKTUNING boosts a Llama-3.2-3B-Instruct performance that was trained with only questions from the GSM8K train split. Across a four-way taxonomy of reasoning benchmarks-Mathematical, Commonsense, Scientific and Multidisciplinary— THINKTUNING attains the best score on five of seven datasets, matches or surpasses GRPO on every set except GSM8K and StrategyQA, and delivers the largest absolute gain of +3.99 pts on the scientific reasoning benchmark GPQA-DIAMOND. Token-length analysis, suggests that THINKTUNING model spends more inference-time compute than GRPO. Qualitative analysis confirms that the student model internalizes the teacher model's reflective behaviors. We hope our work will inspire future works for employing larger scale interactive frameworks.

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Limitations and Future Work. Our study relies 579 on experimentation done on smaller sized LLMs, however, experimenting with larger size LLMs to induce various behaviors beyond cognitive can be an interesting future research direction. Our method only assigns reward scores by evaluating final answers rather than intermediate reasoning, and it explores only four cognitive behaviors. Future work should (i) design richer or adaptive feedback policies (teacher models), (ii) investigate automatic curriculum schedules for the guidance fraction γ , (iii) extend the framework to tool-augmented or multi-modal settings, and (iv) test whether cascading several weak teachers can compound benefits. Despite these limitations, our results demonstrate that our approach is able to instill behaviors that pure RL can evoke solely.

Ethics Statement

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The use of proprietary LLMs such as GPT-4, Gemini, and Claude-3 in this study adheres to their policies of usage. We have used AI assistants (Grammarly and Gemini) to address the grammatical errors and rephrase the sentences.

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A Appendix

A.1 Few-Shot Examples

Self-Conflict Exemplar

Prompt: Question: Every day, Wendi feeds each of her chickens three cups of mixed chicken feed, containing seeds, mealworms and vegetables to help keep them healthy. She gives the chickens their feed in three separate meals. In the morning, she gives her flock of chickens 15 cups of feed. In the afternoon, she gives her chickens another 25 cups of feed. How many cups of feed does she need to give her chickens in the final meal of the day if the size of Wendi's flock is 20 chickens? Let's think step by step and provide your final answer inside boxed notation.

Student Response: To find the total amount of feed Wendi needs to give her chickens for the final meal of the day, we need to calculate the total amount of feed already given to the chickens and subtract that from the total amount she gives per day. First, let's calculate the total amount of feed Wendi gives in the morning and afternoon: 15 cups (morning) + 25 cups (afternoon) = 40 cups. Since Wendi gives feed to 20 chickens, we need to divide the total amount of feed by 20 to get the feed per chicken: 40 cups / 20 chickens = 2 cups per chicken. Now, we need to find out how many cups of feed Wendi needs for the final meal of the day. Since each chicken needs 2 cups of feed, we multiply the number of chickens by 2: 20 chickens * 2 cups per chicken = 40 cups So, Wendi needs 40 cups of feed for the final meal of the day. Final Answer: boxed40

Response:

<opinion>incorrect</opinion>

<reason>Wait... Okay, so let me go back and check what I just did... I said each chicken got 2 cups, right? But that's not what the problem said. Hmm. Yeah... look here! It says each chicken needs 3 cups per day. That's a clear mismatch. I think I let the 40 cups that were already given steer my math, when really, I should've started from what each chicken is supposed to get.</reason>

<phrase>So let me try that again, this time from the
actual requirement: 20 chickens times 3 cups each
gives 60 cups total. She already gave 15 in the morning and 25 in the afternoon... that's 40 so far. So that
means the last meal needs to make up the difference...
60 minus 40 is 20 cups. So the correct final answer is 20 </phrase>

Self-Agreement Exemplar

Prompt: Question: Toulouse has twice as many sheep as Charleston. Charleston has 4 times as many sheep as Seattle. How many sheep do Toulouse, Charleston, and Seattle have together if Seattle has 20 sheep? Let's think step by step and output the final answer inside boxed notation

Student Response: To find the total number of sheep, let's first find the number of sheep each city has. Since Charleston has 4 times as many sheep as Seat-

tle, and Seattle has 20 sheep, Charleston has: 4 * 20 = 80 sheep

Since Toulouse has twice as many sheep as Charleston, and Charleston has 80 sheep, Toulouse has: 2 * 80 = 160 sheep

Now, let's add up the number of sheep each city has: 20 (Seattle) + 80 (Charleston) + 160 (Toulouse) = 260 sheep

So, Toulouse, Charleston, and Seattle have 260 sheep together.

Response:

<opinion>correct</opinion>

<reason>Wait... Alright, let me walk through my steps again to be sure. Seattle has 20 sheep. Charleston has 4 times as many, so that's 80. Then Toulouse has double Charleston's amount, which is 160. If I add them: 20 + 80 + 160 — that's 260. The ratios all hold, and the math lines up. This is the kind of chain I'd expect to see when the relationships are proportional like this.</reason>

<phrase>So yeah, I feel good about this... 260 sheep
total. The logic is solid and everything checks out
when I trace it back. So the correct final answer is
260

Self-Consultancy Exemplar

Prompt: Question: Carla is downloading a 200 GB file. Normally she can download 2 GB/minute, but 40% of the way through the download, Windows forces a restart to install updates, which takes 20 minutes. Then Carla has to restart the download from the beginning. How long does it take to download the file? Let's think step by step and provide your final answer inside \boxed{} notation.

Student Response: To find the total time it takes for Carla to download the file, we need to break it down into two parts:

1. The download before the restart: 80% of the file (0.8 * 200 GB) = 160 GB at 2 GB/min.

2. The download after the restart: The full file (200 GB) at 2 GB/min.

Now we can calculate the time needed for each part: Time for the first part: 160 GB / 2 GB/min = 80 minutes Time for the second part: 200 GB / 2 GB/min = 100 minutes

Total time: 80 minutes + 100 minutes = 180 minutes. So, it takes Carla 180 minutes to download the file. Final Answer: 180

Response:

<opinion>incorrect</opinion>

<reason>Hmm... I said she downloaded 80% before the restart, but something about that number doesn't sit right. Let me check the prompt again... yeah... it actually says she was only 40% through. So I just... filled in the rest? That's definitely on me. And now I'm thinking — if my old CS teacher were looking at this, he'd pause, tilt his head, and say, "Are you sure about that number?" And yeah... I'd catch it immediately. That voice in my head usually knows when something's off.</reason>

cphrase>Alright, time to clean this up. 40% of 200
GB is 80 — at 2 GB per minute, that's 40 minutes.

Then we've got the 20-minute restart. And after that, she has to download the entire 200 GB again — so 100 more minutes. So the total should be 40 + 20 + 100... that's 160 minutes. The final answer is: 160

Self-Critic Exemplar

Prompt: Question: Toula went to the bakery and bought various types of pastries. She bought 3 dozen donuts which cost \$68 per dozen, 2 dozen mini cupcakes which cost \$80 per dozen, and 6 dozen mini cheesecakes for \$55 per dozen. How much was the total cost? Let's think step by step and provide your final answer inside \Box notation.

Student Response: To find the total cost of the pastries, we need to calculate the cost of each type of pastry and add them together.

1. Donuts: 3 dozen donuts at \$68 per dozen: 3 * 68 = \$204

2. Mini cupcakes: 2 dozen cupcakes at \$80 per dozen: 2 * 80 = \$160

3. Mini cheesecakes: 6 dozen cheesecakes at \$55 per dozen: 6 * 55 = \$330

Now, let's add the costs together: 204 + 160 + 330 = \$694

The total cost of the pastries is 694. Final Answer: 694

Response:

<opinion>correct</opinion>

<reason>Hmm... Alright, so I had: 3 dozen at 68 that's 204. Then 2 dozen at 80 — that's 160. And 6 dozen at 55 — that's 330. That gives a total of 694. But honestly, I didn't walk through the addition as carefully as I should've. I just kind of jumped to the answer.

And that's something I remind myself often: when you're dealing with totals, especially with money, it's easy to assume it's right without verifying. I caught myself doing exactly not following that advice.</reason>

cphrase>So let me actually check it properly this
time. First, 204 plus 160 gives 364. Then adding
330 to that brings us to 694. Same answer — but
now it feels like I've actually confirmed it, not just
assumed it. When I slow down and show each step, I
reduce the chance of sneaky errors slipping past, and
it's easier for someone else to follow my logic too.
That's a habit worth modeling. Finally, the correct
final answer is 694

A.2 Gradient Analysis for THINKTUNING

For each token o_t in the augmented trajectories $\mathcal{T}_{\gamma_{aug}}$, we define Advantage Aware Shaping (AAS) weight as:

$$w_{\text{aas}}(o_t, \hat{A}_t) = \frac{\mathcal{M}_{\theta}(o_t \mid q, o_{< t})}{\mathcal{M}_{\theta}(o_t \mid q, o_{< t}) + c(\hat{A}_t)},$$

where $c(\hat{A}_t)$ does not depend on θ

For ease of derivation,

$$\det D_t(\theta) = \mathcal{M}_{\theta}(o_t \mid q, o_{< t}) + c(\hat{A}_t).$$
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By the quotient rule,

$$\nabla_{\theta} w_{\text{aas}} = \nabla_{\theta} \left[\frac{\mathcal{M}_{\theta}}{D_{t}} \right] = \frac{D_{t} \nabla_{\theta} \mathcal{M}_{\theta} - \mathcal{M}_{\theta} \nabla_{\theta} D_{t}}{D_{t}^{2}}$$

$$= \frac{D_{t} \nabla_{\theta} \mathcal{M}_{\theta} - \mathcal{M}_{\theta} \nabla_{\theta} \mathcal{M}_{\theta}}{D_{t}^{2}} = \frac{c(\hat{A}_{t})}{D_{t}^{2}} \nabla_{\theta} \mathcal{M}_{\theta} .$$
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Using the log-derivative trick,

$$\nabla_{\theta} \mathcal{M}_{\theta}(o_t \mid \cdot) = \mathcal{M}_{\theta}(o_t \mid \cdot) \nabla_{\theta} \log \mathcal{M}_{\theta}(o_t \mid \cdot),$$
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we obtain the gradient of the Advantage Aware Shaped (AAS) weight to be:

$$\nabla_{\theta} w_{\text{aas}} = \frac{c(\hat{A}_t) \mathcal{M}_{\theta}(o_t \mid \cdot)}{\left(\mathcal{M}_{\theta}(o_t \mid \cdot) + c(\hat{A}_t)\right)^2} \nabla_{\theta} \log \mathcal{M}_{\theta}(o_t \mid \cdot).$$
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Low-Confidence Tokens and High Advantage When the student model assigns a low probability to a token from the augmented trajectory \mathcal{T}_{aug} , but receives a high advantage for it. We want the student model to learn it. Let $p = \mathcal{M}_{\theta}(o_t | q, o_{< t}) \ll$ 1 and $c = c(\hat{A}_t) \ll 1$ (since \hat{A}_t is large). Then the gradient becomes

$$\nabla_{\theta} w_{\text{aas}} = \frac{c \, p}{(p+c)^2} \, \nabla_{\theta} \log \mathcal{M}_{\theta}(o_t \mid q, o_{< t}). \tag{82}$$

Since $p \approx c \ll 1$ maximizes $\frac{cp}{(p+c)^2}$, the update $\nabla_{\theta} w_{\text{aas}}$ drives an increase in $\mathcal{M}_{\theta}(o_t \mid q, o_{< t})$ for this useful but initially unlikely token.

Low-Confidence Tokens and Low Advantage When the student model assigns a low probability but receives a low advantage for a token in $\mathcal{T}_{\gamma_{aug}}$, we want to downweight it. Let

$$p = \mathcal{M}_{\theta}(o_t \mid q, o_{< t}) \ll 1, \qquad c = c(\hat{A}_t) \approx 1.$$

Then,

$$\nabla_{\theta} w_{\text{aas}} = \frac{c \, p}{(p+c)^2} \, \nabla_{\theta} \log \mathcal{M}_{\theta}(o_t \mid q, o_{< t}) \tag{834}$$

and since $p/c \ll 1$, the update is negligible, effectively ignoring unlikely, unhelpful tokens. 836

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High-Confidence Tokens and High Advantage

When the student model is already confident in a highly advantageous token, it is enough if the model retains its confidence. In this case,

$$p = \mathcal{M}_{\theta}(o_t \mid q, o_{< t}) \approx 1, \qquad c = c(\hat{A}_t) \ll 1.$$

Then

$$\nabla_{\theta} w_{\text{aas}} = \frac{c p}{(p+c)^2} \nabla_{\theta} \log \mathcal{M}_{\theta}(o_t \mid q, o_{< t})$$

and since $c \ll 1$, the update remains small, fine-845 tuning the model's existing confidence.

High-Confidence Tokens and Low Advantage When the model is confident in a token that yields low advantage, we again want minimal update, since massive updates lead to unstable training. In this case, let

$$p = \mathcal{M}_{\theta}(o_t \mid q, o_{< t}) \approx 1, \qquad c = c(\hat{A}_t) \approx 1.$$

Then

$$\nabla_{\theta} w_{\text{aas}} = \frac{c \, p}{(p+c)^2} \, \nabla_{\theta} \log \mathcal{M}_{\theta}(o_t \mid q, o_{< t})$$

and since $1/c \ll 1$, the update is again very small, 854 discouraging overconfidence in low-advantage to-855 kens.

A.3 Hyperparameters for THINKTUNING

For the training with THINKTUNING, we train our model with a batch size of 8, with a rolloutout size of 16. We have the guidance ratio (γ) to be 75% of the rollouts. We provide teacher guidance for around 1/3 of the training steps. For SFT and STaR baselines, we use a batchsize of 8.