Policy-shaped prediction: improving world modeling through interpretability

Anonymous Author(s) Affiliation Address email

Abstract

1	Model-based reinforcement learning (MBRL) offers sample-efficient policy opti-
2	mization but is susceptible to distractions. We address this by developing Policy-
3	Shaped Prediction (PSP), a method that empowers agents to interpret their own
4	policies and shape their world models accordingly. By combining gradient-based
5	interpretability, pretrained segmentation models, and adversarial learning, PSP
6	outperforms existing distractor-reduction approaches. This work represents an
7	interpretability-driven advance towards robust MBRL.

8 1 Introduction

Model-based reinforcement learning (MBRL) offers a promising path to data-efficient policy learning,
demonstrating impressive performance with high-dimensional sensory data [Hafner et al., 2023].
However, MBRL world models are particularly susceptible to distracting stimuli, a challenge that
persists despite numerous attempts to address it [Deng et al., 2022, Fu et al., 2021, Wang et al., 2022,
Seo et al., 2022, Wu et al., 2023, Schrittwieser et al., 2020].

We introduce Policy-Shaped Prediction (PSP), a novel method that uses gradient-based interpretability
to identify and focus on important parts of an image-based environment. PSP interprets its own policy
to prioritize relevant information, synergizing task-informed gradient-based loss weighting with a
pre-trained segmentation model [Kirillov et al., 2023]. This approach creates a distraction-suppressing
agent that outperforms leading image-based MBRL agents, particularly excelling against challenging
and intricate, yet learnable, distractors. Our key contributions include:

- The development of PSP, combining gradient-based interpretability with pretrained segmentation to focus learning on important environment features.
- A challenging new benchmark for testing robustness to learnable distractions.
- Demonstration of PSP's 2x improvement in robustness against challenging distractions
 while maintaining good performance in non-distracting settings.

25 2 Method

We introduce PSP, a method to reduce an agent's sensitivity to useless distractions by focusing on sensory stimuli that are most relevant to its policy, rather than seeking to model everything in the environment. Our guiding intuition is that gradient-based interpretability techniques, traditionally used for post-hoc analysis, can be leveraged during training to highlight pixels in the environment that are important to the agent's policy. Additionally, using image segmentation we aggregate these pixelwise salience signals to identify important objects.

PSP employs (1) gradients of the policy with respect to image inputs to identify task-relevant elements 32 of the image, (2) a segmentation model to aggregate gradients within each object in the image, and 33

(3) an adversarial objective to the image encoder of the world model that discourages encoding 34

of duplicate information about the previous action. Figure 1 illustrates the training modifications 35

made by this method to the underlying DreamerV3 [Hafner et al., 2023] architecture. Notably, since 36

these modifications only affect the training stage of the world model, the DreamerV3 agent remains 37

unaltered during inference. Below, we describe each of the three key components in detail. 38

Task-informed image reconstruction through interpretability-based weighting 39 2.1

Our approach builds upon the core idea that signals most important to the actor and/or critic should 40 be given special importance in the world model. We extend the concepts of Value-Gradient weighted 41 42 Model loss (VaGraM) [Voelcker et al., 2022] to high dimensional image inputs, which the previous work did not demonstrate. This extension to the image domain is inspired by gradient-based 43 interpretability methods such as saliency maps [Simonyan et al., 2013, Shrikumar et al., 2017, 44 Ancona et al., 2019]. Doing so requires novel work mitigating the problems of using gradient signals 45 for high dimensional image input rather than low dimensional proprioceptive input. Additionally, we 46 test with complex signals that are present in the same image inputs that contain useful information, 47 whereas VaGraM tests on simple additional appended "distractor dimensions", which are independent 48 of the state space and reward function. 49

While VaGraM focused solely on the using a gradient signal from the value function, we hypothesize 50 that the gradient of the policy may provide an even more informative signal. To compute the policy-51 gradient weighting, we first sum across the dimensions of the action vector $\mathbf{a} = \mathbb{E}(\pi(\mathbf{s}))$, where s 52 is the latent state of the world model, to produce a scalar $a = \sum_{j} a_{j}$, and then take the gradient 53 with respect to the pixels of the input image x. To apply this weighting in the context of DreamerV3 54 [Hafner et al., 2023], we scale the image reconstruction loss term at each pixel i, for reconstructed 55 56 image \hat{x}_i .

(1)



Figure 1: Policy-Shaped Prediction in an environment with challenging distractions. (left) Training of an otherwise-unaltered DreamerV3 agent is modified in two ways: 1) A head is added to predict the previous action based on the image encoding, and the gradient of the head is subtracted from the gradient of the image encoder, and 2) the loss is scaled pixelwise by a policy-shaped loss weight. (right) The loss weight uses the gradient of the policy to the input pixels. The image is segmented, and the pixel weights are averaged within each segmented object. Dashed lines signify gradient flow.

57 2.2 Improving saliency maps with object-based aggregation of gradient weights

Gradient-based weighting of the world model's reconstruction faces challenges due to noisiness from small-scale fluctuations [Smilkov et al., 2017]. While more computationally demanding approaches exist [Sundararajan et al., 2017, Smilkov et al., 2017], we introduce a novel, efficient solution: object-based aggregation of explainability signals using the objects detected by any high-quality segmentation model (SEG). We used the Segment Anything Model (SAM) [Kirillov et al., 2023], but other models of sufficient quality may be utilized.

⁶⁴ During data collection, we segment each image into object masks, including a mask for unassigned ⁶⁵ pixels. The weight of a pixel x_i in segment SEG (x_i) is:

$$W_i = \frac{1}{||\text{SEG}(x_i)||} \sum_{j \in \text{SEG}(x_i)} |\partial a / \partial x_j|$$
(2)

We clip the raw salience map to the 99th percentile before aggregation. If all gradients are zero, we set $W_i = 1$ for all *i*. We also linearly interpolate between the salience weighting and a uniform weighting: $W''_i = \alpha W'_i + (1 - \alpha)$ where $W'_i = \text{width} \cdot \text{height} \cdot W_i / \sum_i W_i$ and $\alpha = 0.9$. This allows the world model to maintain reasonable reconstruction of less-salient aspects of the environment.

70 2.3 Adversarial action prediction head

The DreamerV3 world model consists of three main components: a convolutional neural network 71 (CNN) image encoder $z_t \sim q_{\phi}(z_t | h_t, e_t)$ with $e_t = \text{CNN}_{\rho}(x_t)$, which processes the input image, 72 serves as a prior during training, and encodes the environment state during inference; a recurrent 73 state space machine (RSSM) consisting of $h_t = f_{\phi}(h_{t-1}, z_{t-1}, a_{t-1})$ and $\hat{z}_t \sim p_{\phi}(\hat{z}_t | h_t)$ that 74 is trained to simulate the progression of latent states given actions; and an image decoder, $\hat{x}_t \sim$ 75 $p_{\phi}(\hat{x}_t|h_t, z_t)$ which reconstructs the image from the latent state. Problematically, the encoder can 76 capture information about previous actions from the image, despite this information already being 77 provided directly to the RSSM through the action input. In other words, z_t may source information 78 about a_{t-1} directly through x_t , despite a_{t-1} being an argument to f_{ϕ} during the computation of 79 h_t . Unfortunately, our reconstruction loss weighting may not solve this problem, since during 80 backpropagation from the actor-critic functions, we do not distinguish information about previous 81 actions that comes from the image versus the action input to the RSSM. 82

To prevent the encoder from redundantly capturing previous action information already provided to the RSSM, we introduce an adversarial MLP head:

$$\hat{a}_{t-1} = \mathrm{MLP}_{\omega}(\mathrm{CNN}_{\rho}(\mathrm{sg}(x_t))) \tag{3}$$

$$\mathcal{L}_{\text{AdvHead}}(\hat{a}_{t-1}, a_{t-1}) = (\hat{a}_{t-1} - a_{t-1})^2 \tag{4}$$

⁸⁵ During world model training, we subtract the scaled gradient $\epsilon \cdot \nabla_{\theta} \mathcal{L}(\hat{a}_{t-1}, a_{t-1})$ from the overall ⁸⁶ gradient ($\epsilon = 1e3$), ensuring action information comes solely from the provided action vector.

Our training procedure for a DreamerV3 agent is shown in Algorithm 1. We note that it should be possible to apply these concepts of gradient-based weighting, segmentation-based aggregation, and adversarial action prediction to world models other than our chosen DreamerV3 architecture.

90 **3** Experiments

- 91 To evaluate the model's performance we design our experiments around the following questions:
- 92 Q1. Is our agent robust against distractors which are learnable by the world model, but of no 93 utility for the actor-critic?
- Q2. What aspects of the environment are assigned importance by our method?
- Q3. Is our agent robust against distractors that are unrelated to the agent's actions?
- 96 Q4. Does our agent maintain performance in standard, lower-distraction environments?
- 97 Q5. What are the contributions of each component of our method?

Algorithm 1 Policy-Shaped Prediction training (for DreamerV3)

- 1: **Input:** World model parameterized by ϕ , policy π parameterized by θ , image encoder parametrized by ρ , replay buffer with image transitions ($x_{t-1}, a_{t-1}, x_t, r_t, c_t$), SEG segmentation model (SAM, in our application), action prediction MLP parameterized by ω
- 2: **for** training iteration 1, 2, ... **do**
- 3: Sample batch of transition sequences

 $G = \nabla_x \pi_\theta$ # Gradient of policy with respect to input image pixels 4: S = SEG(x)5: # Segmentation of input image $W = \operatorname{agg}(G, S)$ # Aggregate gradient using segmentation 6: $W'_{i} = W_{i} / \sum_{i} W_{i}$ $W'' = \alpha W' + (1 - \alpha) \mathbf{1}_{\text{shape}} (W')$ 7: # Normalize weighting 8: # Linearly interpolate with uniform weighting $\mathcal{L}_{\text{pred}}(\phi) = -\ln p_{\phi}(x_t \mid z_t, h_t) \odot W'' - \ln p_{\phi}(r_t \mid z_t, h_t) - \ln p_{\phi}(c_t \mid z_t, h_t)$ # Weighted DreamerV3 prediction loss 9: $\mathcal{L}(\phi) = \mathbb{E}_{q_{\phi}} \left[\sum_{t=1}^{T} \left(\beta_{\text{pred}} \mathcal{L}_{\text{pred}}(\phi) + \beta_{\text{dyn}} \mathcal{L}_{\text{dyn}}(\phi) + \beta_{\text{rep}} \mathcal{L}_{\text{rep}}(\phi) \right) \right] \text{ # DreamerV3 model loss}$ $\hat{a}_{t-1} = \text{MLP}_{\omega}(\text{stop_gradient}(\text{CNN}_{\rho}(x_t))) \qquad \text{# Adversarial action prediction head}$ 10: 11: $\phi \leftarrow \operatorname{Adam}(\tilde{\nabla}\mathcal{L} - \epsilon * \partial \mathcal{L}(\hat{a}_{t-1}, a_{t-1}) / \partial \rho, \phi)$ 12: 13: $\mathcal{L}_{\text{AdvHead}}(\hat{a}_{t-1}, a_{t-1}) = (\hat{a}_{t-1} - a_{t-1})^2$ 14: $\omega \leftarrow \operatorname{Adam}(\nabla \mathcal{L}_{\operatorname{AdvHead}}, \omega)$ 15: end for

98 3.1 Experimental details

Baselines We test four Model-Based RL approaches as baselines: DreamerV3 [Hafner et al., 2023], and three methods specifically designed to handle distractions – Task Informed Abstractions [Fu et al., 2021], Denoised MDP (method in Figure 2b) [Wang et al., 2022], and DreamerPro [Deng et al., 2022]. Additionally, we choose DrQv2 [Yarats et al., 2021a] as a representative baseline Model-Free approach. For all agents, we use 3 random seeds per task, and default hyperparameters.

Environment details Visual observations are $64 \times 64 \times 3$ pixel renderings. We test performance in three environments: DeepMind Control Suite (DMC) [Tassa et al., 2018], Reafferent DMC (described below), and Distracting Control Suite [Stone et al., 2021] (background video initialized to a random frame each episode, 2,000 grayscale frames from the "driving car" Kinetics dataset [Kay et al., 2017]). For each environment, we test two tasks: Cheetah Run and Hopper Stand. We selected these tasks because they present different levels of difficulty, allowing us to assess how distraction-sensitivity depends on the inherent difficulty of the task. For ablation experiments, we test on Cheetah Run.

111 3.2 Reafferent Deepmind Control Suite

To test our hypothesis, we devised the Reaffer-112 ent Deepmind Control environment, inspired by 113 [Stone et al., 2021]. This environment features 114 distracting backgrounds that depend determinis-115 tically on the agent's previous action and elapsed 116 time, mimicking complex self-generated distrac-117 tors in the natural world. The background con-118 sists of 2,500 16x16 color grids, mapped to 625 119 time values and 4 discretized values of the first 120 action dimension. 121

Many methods encode assumptions about the 122 forms distractors will take (usually uncorrelated 123 to agent actions, reward, or both), rather than a 124 means of generally identifying and ignoring dis-125 tractors. We hypothesize that a learning-based 126 approach, in which we avoid distraction by learn-127 ing what is actually important for the agent to 128 get things done, has the potential to overcome 129 even learnable-but-not-useful distractions. 130



Distracting background is complex, but *entirely predictable* based on agent's previous action.

Figure 2: Schematic of the Reafferent Deepmind Control environment. The distracting background is entirely predictable based on the agent's previous action and the elapsed time in the episode.



Figure 3: Training curve comparisons on Reafferent Deepmind Control. Mean \pm std. err.

We find that baseline MBRL methods perform poorly in this environment (Table 1, Figure 3), often reproducing the distracting background at the expense of accurately modeling the agent (Figure 4). In contrast, our method demonstrates substantial improvement over existing baselines, achieving scores beyond their reach despite some variance in performance and affirmatively answering Q1.

The model-free DrQv2 agent demonstrates robust performance, as
expected since its CNN encoder is learned as part of the policy.
In contrast, model-based methods face challenges when the world
model's learning objective differs from the policy's. Our method
bridges this gap, achieving superior performance while retaining the
advantages of model-based RL.

PSP demonstrates a substantial improvement 143 over the baselines (Table 1, Figure 3). Although 144 it shows a higher than desired level of variance 145 between runs, especially on the more challeng-146 ing Hopper Stand task, it nevertheless achieves 147 scores beyond the reach of any of the baselines. 148 We note that none of the 12 runs across the 4 149 baseline methods demonstrate a score substan-150 tially above 0. 151

152 3.3 Performance on unaltered 153 DMC and Distracting Control Suite

154 Importantly, PSP performs comparably to other

155 methods (including DreamerV3) on the unal-

156 tered Deepmind Control Suite, demonstrating



Figure 4: Denoised MDP reconstructs the background with a high degree of fidelity, but does not clearly render the Cheetah agent.



Figure 5: PSP vs. DreamerV3 on Reafferent Cheetah Run. From left: true, reconstructed, difference (true - recon.), loss weighting of PSP. DreamerV3 reproduces the background but not the back leg (see white arrow), and PCP renders the leg while not bothering to accurately model the background, **answering the question posed in Q2**.

Table 1: Performance comparison across environments. DrQv2 is model-free, all others are modelbased. TIA is task-informed abstraction, dMDP is denoised MDP, mean \pm standard deviation.

Task	DrQv2	DreamerV3	DreamerPro	TIA	dMDP	PSP
			Reafferent Control	1		
Cheetah Run Hopper Stand	$\begin{array}{c} 565.1 \pm 35.5 \\ 210.3 \pm 353.8 \end{array}$	$\begin{array}{c} 158.4 \pm 45.7 \\ 4.6 \pm 3.9 \end{array}$	$\begin{array}{c} 39.7 \pm 9.0 \\ 3.8 \pm 1.0 \end{array}$	$\begin{array}{c} 200.4 \pm 203.9 \\ 0.9 \pm 0.3 \end{array}$	$\begin{array}{c} 6.7 \pm 4.3 \\ 1.7 \pm 2.5 \end{array}$	$\begin{array}{c} 383.1 \pm 23.8 \\ 128.5 \pm 215.7 \end{array}$
Unmodified Deepmind Control						
Cheetah Run Hopper Stand	$\begin{array}{r} 736.0 \pm 17.0 \\ 752.9 \pm 206.8 \end{array}$	$521.1 \pm 136.3 \\ 867.4 \pm 15.9$	$\begin{array}{c} 908.4 \pm 1.6 \\ 890 \pm 11.2 \end{array}$	$\begin{array}{c} 773.7 \pm 22.7 \\ 298.4 \pm 512 \end{array}$	$\begin{array}{c} 763.0 \pm 62.8 \\ 897.9 \pm 14.2 \end{array}$	$\begin{array}{c} 712.3 \pm 32.3 \\ 865.6 \pm 53.6 \end{array}$
Distracting Deepmind Control						
Cheetah Run Hopper Stand	$364.4 \pm 60.7 \\ 781.1 \pm 110.3$	$\begin{array}{c} 243.8 \pm 81.2 \\ 173.7 \pm 160.9 \end{array}$	$\begin{array}{c} 179.1 \pm 24 \\ 561.8 \pm 103.1 \end{array}$	$\begin{array}{c} 548.5 \pm 238.9 \\ 200.5 \pm 171.7 \end{array}$	$\begin{array}{c} 397.4 \pm 111.8 \\ 13.2 \pm 16.5 \end{array}$	$\begin{array}{c} 408.6 \pm 125.1 \\ 417.7 \pm 118.9 \end{array}$



Figure 6: Training curve comparison on Distracting Control. Mean \pm std. err.

Table 2: Performance of ablated versions of PSP (for reafferent and unaltered Cheetah Run).

Gradient weighting	Gradient weighting with segmentation	Unaltered	Reafferent
Policy	✓	712.3 ± 32.3	383.1 ± 23.8
Policy	×	742.1 ± 79.7	188.4 ± 9.4
None	×	521.1 ± 136.3	158.4 ± 45.7

that we have not introduced a tradeoff between 157

performance on distracting and non-distracting environments and addressing Q4. (Table 1, Figure 158 A1). 159

On Distracting Control tasks, in which the background distractor is uncoupled from the agent's 160 actions, PSP produced consistently improved performance relative to baseline DreamerV3, in contrast 161 to the more variable performance of DreamerPro, TIA, and Denoised MDP (Table 1, Figure 6), 162 addressing Q3. 163

In sum, PSP exhibits similar performance to 164 baseline methods in commonly used tests of 165 distractor-suppression and in non-distracting 166 environments, while also demonstrating un-167 matched performance on particularly challeng-168 ing distractors that are complex but learnable. 169 Given the success of MBRL in non-adversarial 170 environments, even when compared with lead-171 ing Model Free Reinforcement Learning tech-172 niques [Hafner et al., 2023], this work points to 173 ways of matching these gains in an adversarial 174 setting. 175



Figure 7: PSP vs. DreamerV3 on Reafferent Hopper Stand. From left: true, reconstructed, difference (true - recon.), loss weighting of PSP. DreamerV3 reproduces the background but not the agent, and PCP renders the agent while not bothering to accurately model the background, answering the question posed in Q2.

Ablation study 3.4 176

To understand the contributions of each sub-177

component of the method (Q5), we conduct ab-178

lations on the reafferent and unaltered Cheetah Run (Table 2). We find that while some ablations 179 trade off performance between the environments, our complete model has good performance on 180 both. In particular, segmentation-based aggregation is critical to improving our model's performance 181 amid distractors, while also maintaining its performance in the non-adversarial baseline. Overall, 182

- the results of the ablations confirm that combining segmentation, policy gradient sensory weight-183
- ing, and adversarial action prediction results in the best scores across the unaltered and reafferent 184 185

environments.

186 4 Related Work

Related Work Recent advances in Model Based RL (MBRL) like World Models [Ha and Schmid-187 huber, 2018], SimPLe [Kaiser et al., 2019], MuZero [Schrittwieser et al., 2020], EfficientZero [Ye 188 et al., 2021], and DreamerV3 [Hafner et al., 2023] have shown impressive performance but remain sus-189 ceptible to distractions [Lambert et al., 2020]. Various approaches have been proposed to address this, 190 including (1) structural regularizations (DreamerPro [Deng et al., 2022], Agent Control-Endogenous 191 State Discovery [Lamb et al., 2022], Task Informed Abstractions [Fu et al., 2021], Denoised MDPs 192 [Wang et al., 2022]), ensemble methods [Clavera et al., 2018], and (2) learning-based approaches 193 that use actor-critic functions to guide world modeling (VaGraM [Voelcker et al., 2022], Mismatched 194 195 No More Eysenbach et al. [2022], Goal-Aware Prediction [Nair et al., 2020], Masked world models for visual control [Seo et al., 2023], The value equivalence principle for model-based reinforcement 196 learning [Grimm et al., 2020], MuZero [Schrittwieser et al., 2020], Value Prediction Networks [Oh 197 et al., 2017]). Parallel work in Model Free RL (MFRL) has also tackled distraction sensitivity, with 198 methods like DrQv2 [Yarats et al., 2021a] and approaches using attention mechanisms [Mott et al., 199 2019], prototypes [Yarats et al., 2021b], and dynamic sparse training [Grooten et al., 2023a,b]. 200

201 5 Discussion

PSP introduces a novel approach to model-based reinforcement learning that leverages interpretability 202 techniques not just for analysis, but as an integral part of the learning process. By allowing the agent 203 to interpret its own policy, PSP focuses the world model's capacity on aspects of the environment 204 most relevant for decision making. This self-interpretation process comprises three key components: 205 1) We use gradient-based interpretability methods, analogous to saliency maps [Simonyan et al., 206 2013], to identify important pixels in the input image; 2) We aggregate pixel importance by object 207 using a pre-trained segmentation model, providing a higher-level interpretation of the environment; 208 3) We employ an adversarial prediction head to prevent wasteful encoding of known information. 209

Our work opens avenues for future research in interpretable RL, such as using more advanced explainability gradient-based attribution methods like Integrated Gradients [Sundararajan et al., 2017, Ancona et al., 2019]. While PSP demonstrates promising results, it has limitations, including its object-centric assumptions and the computational requirements of the segmentation model.

Outlook In conclusion, PSP represents a significant step towards robust model-based RL via the direct integration of of model interpretability techniques. The findings here open other lines of inquiry such as using more explainable architectures, utilizing faster segmentation models and utilizing segmentation models designed for videos in order to do temporal aggregation.

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Figure A1: Training curve comparison on unmodified Deepmind Control. Mean \pm std. err.

296 A Broader Impacts

At the current stage, this work remains reasonably far from any large societal impacts, as it is limited 297 to agents interacting with small, simulated environments. Over the long term, however, if model-based 298 RL algorithms are used to control robots or internet-connected agents (such as large language model 299 agents), the potential for both large positive and negative societal impacts becomes relevant. On the 300 positive side, intelligent agents that are capable of modeling the world and avoiding distractors have 301 the potential to aid humans in a wide variety of scenarios, from housework, to medical applications, 302 to exploration, to internet research. On the negative side, agents without proper safeguards have the 303 potential to inflict harm on humans and the environment, whether through negligence or malfeasance. 304 305 Ultimately, our work is targeted at producing the positive impacts, while still allowing for mitigation 306 of the negative impacts.

307 B Experiments Compute Resources

Each trial of the PSP method used 4 Nvidia A40 GPUs to train the modified DreamerV3 model, and 4 A40 GPUs to run the segment anything model in parallel. Given an estimated 17 unique experiments for the final paper, 3 trials per experiment with our method, and about 1.5 days per training run, we used about 17 * 3 * 1.5 * 8 GPUs = 612 GPU days on A40 accelerators. Early experiments with this methodology likely used an additional 300. Baseline trials could be run on only a single A40 GPU or a desktop NVIDIA 2070 SUPER, usually in less than a day, and accounted for a comparably negligible level of resources.

We believe this level of resource consumption could be easily reduced. The modifications to the DreamerV3 model do not attempt to benchmark the most costly components. We suspect our method of parallelizing the new backpropagation from the policy to the image could be optimized further from its naive Jax implementation. Additionally, SAM could be supplanted by a more efficient segmentation model. We focused on establishing the basic technique with SAM, but replacing it should be the subject of future work.

321 C Code

An anonymized version of the code with instructions for reproducing these experiments will be available for reviewers at this anonymous GitHub Repository.

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