

CYCLICREFLEX: IMPROVING REASONING MODELS VIA CYCLICAL REFLECTION TOKEN SCHEDULING

Anonymous authors

Paper under double-blind review

ABSTRACT

Large reasoning models (LRMs), such as OpenAI’s o1 and DeepSeek-R1, harness test-time scaling to perform multi-step reasoning for complex problem-solving. This reasoning process, executed before producing final answers, is often guided by special juncture tokens that prompt self-evaluative reflection. We refer to these transition markers and reflective cues as “*reflection tokens*” (e.g., “wait”, “but”, “alternatively”). In this work, we treat reflection tokens as a “*resource*” and introduce the problem of *resource allocation*, aimed at improving the test-time compute performance of LRMs by adaptively regulating the frequency and placement of reflection tokens. Through empirical analysis, we show that both excessive and insufficient use of reflection tokens, referred to as over-reflection and under-reflection, can degrade model performance. To better understand this trade-off, we draw an analogy between reflection token usage and learning rate scheduling in optimization. Building on this insight, We propose *cyclical reflection token scheduling* (termed *CyclicReflex*), a training-free decoding strategy that dynamically modulates reflection token logits with a bidirectional, position-dependent triangular waveform, incurring no additional computation cost. Experiments on MATH500, AIME2024/2025, AMC2023, GPQA Diamond and LiveCodeBench demonstrate that *CyclicReflex* consistently improves performance across model sizes (1.5B–8B), outperforming standard decoding and recent approaches such as TIP (thought switching penalty) and S1.

1 INTRODUCTION

There has been a recent surge in the development of large reasoning models (LRMs), driven by the introduction of chain-of-thought (CoT) (Wei et al., 2022). Notable examples include OpenAI’s o1 (OpenAI, 2024), Qwen 2.5 (Yang et al., 2024), DeepSeek-R1 (Guo et al., 2025), and Kimi-1.5 (Team et al., 2025). These models perform multi-step reasoning by generating so-called reflection tokens, phrases such as “wait”, “but”, “alternatively”, which signal hesitation, reconsideration, alternative exploration, or intermediate analysis. In parallel, test-time scaling techniques (Snell et al., 2024; Liu et al., 2025) have emerged as a complementary approach for improving reasoning accuracy by expanding the breadth or depth of CoT traces during inference.

However, LRMs remain prone to reasoning failures due to mismanagement of reflection tokens, often resulting in either *underthinking* or *overthinking*. Underthinking occurs when the model fails to fully explore promising reasoning paths for complex problems, often terminating prematurely or switching strategies too soon (Wang et al., 2025a; Su et al., 2025). In contrast, overthinking arises when the model generates an excessive number of reflection tokens on simple problems, leading to unnecessary computational overhead (Chen et al., 2024; Kumar et al., 2025a). These observations show that, as internal signals for deliberative reasoning, reflection tokens play a critical role in shaping answer quality. The emerging challenges further underscore the need for a principled mechanism to regulate reflection token usage during inference.

In this work, we introduce the concept of **resource allocation for LRMs**, treating reflection tokens as a valuable resource whose scheduling along the CoT trajectory (*a.k.a.* reasoning trace) can be strategically designed to improve reasoning accuracy. The objective is to optimize the quantity and placement of reflection tokens, adapting dynamically to the reasoning schedule and the difficulty of the current problem. For instance, some problems exhibit *under-reflection*, where too few reflection

tokens result in premature answer generation, while others suffer from *over-reflection*, where excessive tokens stall progress by repeatedly looping on phrases like “wait”. This raises a central question:

(Q) How can we achieve effective resource allocation in LRMs to mitigate both under-reflection and over-reflection?

To answer this, we draw a conceptual analogy between reflection tokens in LRMs and learning rates in optimization. Leveraging the *landscape of thoughts* (Zhou et al., 2025), we show that under-reflection mirrors the effect of an overly small learning rate, leading to premature convergence to suboptimal solutions, while over-reflection resembles a large learning rate that causes divergence. We briefly introduce our motivation and the underlying intuition below.

Overview of motivation and rationale: From stepsize hedging to cyclical learning rates. The critical role of learning rates (also known as stepsizes) in shaping optimization dynamics has been extensively studied (Nesterov, 1983; Allen-Zhu & Orecchia, 2014; Bubeck et al., 2015). A recent theoretical advancement, the *silver stepsize schedule* (Altschuler & Parrilo, 2024; 2025), demonstrates that replacing a constant learning rate with an approximately periodic, *hedging-style* schedule can *provably accelerate convergence* in gradient descent. This approach is known as *stepsize hedging* as it alternates strategically between large and small stepsizes, balancing rapid (but potentially unstable) exploration with slower, more stable convergence. A similar stepsize hedging idea has been applied to deep model training through *cyclical learning rate schedule* (Smith, 2017), which alternates between large and small learning rates in a triangular waveform. This strategy not only accelerates convergence but also enhances generalization, often eliminating the need for extensive hyperparameter tuning.

Motivated by the principle of stepsize hedging (Altschuler & Parrilo, 2024; 2025) and the demonstrated effectiveness of cyclical learning rates in deep learning (Smith, 2017), we propose **CyclicReflex**, a training-free decoding strategy that dynamically modulates the logits of reflection tokens using a position-dependent, periodic triangular waveform (see Fig. 1). Just as cyclical learning rates alternate between aggressive and conservative updates to balance exploration and convergence, CyclicReflex cyclically adjusts the sampling likelihood of reflection tokens to regulate the depth and stability of the reasoning process. Unlike conventional decoding methods, CyclicReflex is *bidirectional*, capable of both promoting and suppressing reflection token usage depending on the stage of generation. This flexibility enables CyclicReflex to address both under-reflection (insufficient reasoning) and over-reflection (excessive, redundant reasoning), offering a principled mechanism for reasoning modulation inspired by optimization dynamics.

Contributions. We summarize our main contributions below.

- We introduce and formalize the novel problem of resource allocation in LRMs by treating reflection tokens as a computational resource, motivated by the dual challenges of under-reflection and over-reflection in reasoning generation.
- We draw a conceptual analogy between reflection token scheduling and learning rate scheduling in optimization, and validate it through the landscape of thoughts. Guided by that, we propose CyclicReflex, a test-time decoding strategy that cyclically modulates reflection token logits to dynamically balance reflection during generation.
- We conduct comprehensive experiments across six reasoning benchmarks and multiple model scales (1.5B–8B), demonstrating that CyclicReflex consistently improves both final-answer accuracy and self-correction capability, outperforming recent test-time decoding strategies such as TIP (Wang et al., 2025a) and S1 (Muennighoff et al., 2025). Moreover, CyclicReflex integrates seamlessly with other test-time scaling techniques, yielding additional performance gains.

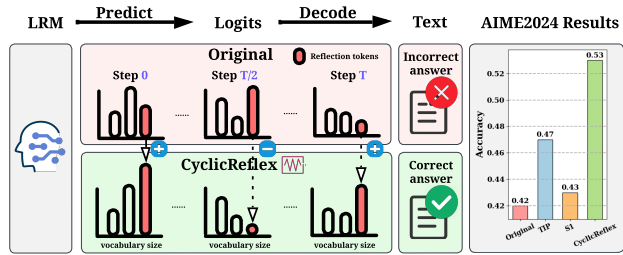


Figure 1: Schematic overview of our proposed method (CyclicReflex). The rightmost subfigure presents a comparison of final answer accuracy between CyclicReflex, the original LRM (DeepSeek-R1-Distill-Llama-8B), and decoding variants using TIP (Wang et al., 2025a) and S1 (Muennighoff et al., 2025).

2 RELATED WORK

LRMs and CoT. CoT (Wei et al., 2022) enables LRMs to solve complex tasks through intermediate reasoning steps before reaching a final answer. This technique underpins many recent LRMs, including OpenAI’s o1 (OpenAI, 2024), Qwen 2.5 (Yang et al., 2024), DeepSeek-R1 (Guo et al., 2025), and Kimi-1.5 (Team et al., 2025), which often employ reinforcement learning to further improve their reasoning performance. Guo et al. (2025) show that even smaller models benefit substantially from fine-tuning with CoT-style data. A hallmark of CoT reasoning in these models is the emergence of reflection tokens (words like “wait” or “but”) that signal deliberation or self-correction, marking a shift from fast to slow thinking (Kumar et al., 2025b; Li et al., 2025). In this paper, we show that the reasoning performance of LRMs can be enhanced by applying cyclical logits manipulation to reflection tokens.

Efficient reasoning. Despite their impressive capabilities, LRMs often exhibit reasoning inefficiencies. Overthinking arises when the model generates unnecessarily long reasoning traces, leading to inflated outputs and increased computational cost (Chen et al., 2024; Kumar et al., 2025a). In contrast, underthinking occurs when the model halts reasoning too early, failing to adequately explore promising solution paths (Wang et al., 2025a; Su et al., 2025). Therefore, ensuring both the efficacy (*i.e.*, answer accuracy) and efficiency (*i.e.*, generation length) of reasoning is crucial. Building on this line of research, some approaches modify model behavior through post-training interventions. For instance, Luo et al. (2025); Aggarwal & Welleck (2025); Hou et al. (2025) use fine-tuning or reinforcement learning to explicitly control reasoning length. There also exist works that adopt training-free strategies. Wang et al. (2025b) propose guiding smaller models with larger ones at inference; Wang et al. (2025a) penalize reflection token logits to reduce over-reflection; And Yang et al. (2025); Muennighoff et al. (2025) develop early-exit mechanisms for efficient decoding. Our method also falls into the training-free category but differs in its dynamic to adaptively address both under- and over-reflection without model modification.

Test-time scaling. A growing body of work enhances LRM reasoning via test-time scaling. Basic strategies include manually inserting reflection tokens (*e.g.*, “wait”, “but”) to prompt deeper thinking (Muennighoff et al., 2025; Jin et al., 2025). More advanced methods such as Best-of-N generation and self-consistency sampling (Wang et al., 2022; Irvine et al., 2023; Brown et al., 2024) aim to select the most promising answer among multiple candidates, often guided by reward models. Structured decoding approaches, such as beam search (Feng et al., 2023), tree-of-thought (ToT) (Yao et al., 2023), and Monte Carlo tree search (MCTS) (Zhou et al., 2023), further improve answer quality by enabling the model to reason over multiple candidate paths. In pursuit of controlled reasoning, Wu et al. (2025) propose thinking intervention, which selectively inserts or edits specific thinking tokens during generation to tailor LRM behavior for downstream tasks. Recent analyses (Snell et al., 2024; Liu et al., 2025; Chen et al., 2025b; Zhang et al., 2025) also highlight that the effectiveness of test-time scaling varies with problem difficulty, motivating strategies that adapt to instance complexity. Sadhukhan et al. (2025) revisit test-time scaling laws, showing that attention KV-memory bottlenecks alter the trade-off between compute and model size and proposing a scaling law that favors larger sparse-attention models under fixed budgets. Kang et al. (2025) introduce self-certainty, a reward-free confidence metric that enables scalable Best-of-N selection while substantially reducing test-time compute. Chen et al. (2025c) propose iterative deepening sampling, which gradually increases sampling depth with budget-aware control to achieve more compute-efficient test-time scaling without modifying the underlying model. Our method provides the adaptive test-time compute by dynamically adjusting the influence of reflection tokens throughout the reasoning trajectory. We show that it consistently improves accuracy across difficulty levels and can be integrated seamlessly with other test-time strategies like Best-of-N and beam search.

3 RESOURCE ALLOCATION IN LARGE REASONING MODELS

In this section, we begin by introducing preliminaries on LRMs, including their chain-of-thought trajectories (*i.e.*, reasoning traces) and the use of reflection tokens. We then motivate the problem of resource allocation over reflection tokens through an existing technique: thought switching penalty (TIP) test-time compute strategy. This warm-up study illustrates the critical influence and sensitivity of reflection tokens on the final answers produced by LRMs.

Preliminaries on LRMs, reasoning traces, and reflection tokens. Unlike conventional LLMs, LRMs can incorporate an explicit *thinking stage* before arriving at a final answer in response to an input question (Li et al., 2025; Ding et al., 2025; Chen et al., 2025a). This thinking stage is typically realized through a CoT trajectory composed of multiple reasoning steps.

To be concrete, let x denote the input question, r the reasoning trace, and y the final answer. The reasoning trace can be written as $r = [r_1, r_2, \dots, r_T]$, a sequence of T intermediate reasoning steps (or thoughts) that serve as a precondition for producing the final answer y . These thoughts are often

connected by lexical cues such as “wait”, “but”, and “alternatively”. In this work, we collectively refer to such words as **reflection tokens**, as they signal the LRM’s introspective or deliberative thinking during generation. These tokens typically signal hesitation, reconsideration or alternative exploration within the reasoning trace, serving as implicit markers of the model’s engagement in step-by-step reasoning. For ease of understanding, **Table 1** illustrates an example where an LRM tackles a complex math problem (x), along with its generated reasoning trace (r), final answer (y), and the highlighted reflection tokens embedded within the reasoning process.

Table 1: An example from MATH500 answered by DeepSeek-R1-Distill-Qwen-7B. Reflection tokens are highlighted in red.

Generation (r and y) vs. input x	
x	Compute $\arcsin(-\frac{1}{2})$. Express your answer in radians.
r	<p><think>Okay, so I need to compute arcsin of $-1/2$.....</p> <p>But I should make sure I’m thinking about the right range for arcsin. I think it’s between $-\pi/2$ and $\pi/2$, right? So it’s the principal value..... I know that sine is negative in the third and fourth quadrants, but since arcsin only gives me angles in $[-\pi/2, \pi/2]$, that’s the fourth quadrant..... Wait, let me double-check. If I take $\sin(-\pi/6)$, that’s the same as $-\sin(\pi/6)$, which is $-1/2$. So the answer should be $-\pi/6$ radians.</think></p>
y	The arcsin of $-1/2$ is $-\pi/6$ radians.

Motivation: Influence of reflection tokens on final answer accuracy. Next, we present a *warm-up* study to illustrate the critical role of reflection tokens in determining final answer quality, particularly across varying levels of problem difficulty. Prior work has identified several common issues in LRM reasoning, including “underthinking” (Wang et al., 2025a; Su et al., 2025)—where the model prematurely abandons promising lines of thought, resulting in insufficient reasoning depth—and “overthinking” (Muennighoff et al., 2025; Chen et al., 2024; Kumar et al., 2025a)—where excessive, unnecessary reasoning steps obscure or derail the correct final answer. These studies have observed that intervening in the reasoning trace with reflection tokens can help guide the model’s thought process (Wu et al., 2025). A common approach to controlling and integrating the effect of reflection tokens in LRM generation is to modify the decoding strategy to account for their occurrence. One such method is TIP (Wang et al., 2025a), which was proposed to discourage the generation of reflection tokens and thereby penalize frequent thought switches during the reasoning trace.

Given the set of reflection tokens \hat{V} , TIP introduces a logit penalty (α) to the predicted score $z_{t,v}$ when generating a reflection token $v \in \hat{V}$ at reasoning step t , yielding the updated logit

$$\text{TIP}(\alpha) : \hat{z}_{t,v} = \begin{cases} z_{t,v} + \alpha, & \text{if } v \in \hat{V} \text{ and } t < T_0 \\ z_{t,v}, & \text{otherwise} \end{cases} \quad (1)$$

where α controls the strength of the logit intervention, and T_0 specifies the time window over which the adjustment is applied. For ease of presentation, $\text{TIP}(\alpha)$ denotes the TIP-based decoding strategy parameterized by α . It is worth noting that *TIP sets $\alpha \leq 0$ to penalize frequent thought switches.*

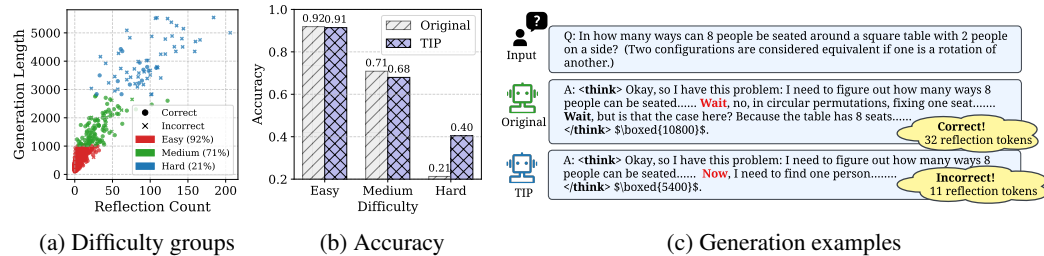


Figure 2: (a) Answers from DeepSeek-R1-Distill-Qwen-7B on MATH500 clustered into Easy, Medium, and Hard using K-means over reflection word count and generation length. Each point represents one answer. (b) Accuracy of original decoding and TIP across difficulty levels. (c) Generation examples of original decoding and TIP for a problem from the Medium category.

Despite the heuristic nature of choosing α and T_0 , the TIP-based decoding strategy (Wang et al., 2025a) provides useful motivation for studying resource allocation over reflection tokens and its impact on reasoning effectiveness (e.g., on the MATH500 dataset) across *different problem difficulty*

levels. Specifically, we categorize MATH500 problems into three difficulty levels—Easy, Medium, and Hard—based on empirical final-answer accuracies of 92%, 71%, and 21%, respectively, since the hand-labeled bins in MATH500 are often inaccurate (Snell et al., 2024; Liu et al., 2025). As shown in Fig. 2(a), these accuracy-based difficulty groups align closely with clusters derived from generation length and the number of reflection tokens produced. This suggests that for more challenging problems, LRMs tend to produce longer reasoning trajectories and more reflection tokens, indicating deeper engagement in problem-solving. Fig. 2(b) next compares the accuracy of the original decoding strategy and TIP across the difficulty groups in Fig. 2(a). As shown in Fig. 2(a), TIP improves accuracy on Hard problems *but reduces accuracy on Easy and Medium problems*. This suggests that TIP’s constant logit manipulation strategy (agnostic to the reasoning step t) does not yield *optimal* reasoning control. Furthermore, Fig. 2(c) shows a Medium-level example comparing original decoding with TIP. The first divergence in reasoning is highlighted in red. Under original decoding, the model introduces a transitional reflection (“Wait, no, in circular permutations, fixing one seat...”), generating 32 reflection tokens before arriving at the correct answer. In contrast, with a thought-switching penalty $\alpha < 0$ in (1), TIP reshapes the trace (“Now, I need to find one person...”), producing only 11 reflection tokens and yielding an incorrect answer. This shows that TIP provides only one-directional reflection control (penalizing reflection token logits). Hence, a bi-directional, dynamically adaptive (non-constant) reflection token allocation strategy is needed.

Problem of interest: Resource allocation over reflection tokens. Reflection tokens has a significant impact on the reasoning capability of LRMs. Therefore, if we view reflection tokens as a “resource” in LRM reasoning generation, then determining their schedule, including the number of occurrences and their positions, naturally gives rise to the *problem of resource allocation* for LRMs.

To the best of our knowledge, the problem of resource allocation over reflection tokens remains largely unexplored in the existing literature. TIP offers a simple solution by applying a constant logit penalty to reflection token generation. However, this approach is *static* and therefore fails to account for both the number and placement of reflection tokens, which are dynamically determined during reasoning trace generation. As shown in Fig. 2(b), TIP does not consistently improve performance across all difficulty levels. This leaves open the question of how to schedule reflection token generation along the reasoning trajectory, that is, how to allocate these “resources” effectively over time while accounting for problem difficulty. These underscore the need for more adaptive and fine-grained strategies to control reflection token usage in order to address the resource allocation more effectively.

4 REFLECTION TOKEN SCHEDULING AS LEARNING RATE SCHEDULING IN OPTIMIZATION

In this section, we draw a conceptual analogy between reflection token scheduling and learning rate scheduling in optimization, aimed at deepening our understanding of reflection tokens in reasoning and enabling more effective resource allocation. Building on this analogy, we propose a new decoding strategy: cyclical reflection token scheduling (**CyclicReflex**).

Reflection tokens in the thought landscape vs. learning rates in the optimization landscape. The role of reflection tokens in reasoning closely mirrors that of learning rates in optimization. In the “thought landscape”, a model initiates by interpreting a question and leverages reflection tokens to modulate its reasoning trajectory: exploring, reconsidering, and refining intermediate steps before reaching a final answer. Likewise, in the optimization landscape, an optimizer begins from a random initialization and relies on the learning rate to control the step size of the variable updates, gradually converging toward an optimal solution. In both cases, a well-tuned control mechanism, reflection tokens in reasoning or learning rates in optimization, is essential for accurate solution convergence.

Additionally, in optimization, an improperly tuned learning rate, either too small or too large, can hinder convergence, causing the optimizer to either stagnate or diverge. This challenge in scheduling the learning rate maps naturally onto the difficulty of scheduling reflection tokens in reasoning, manifesting as under-reflection and over-reflection. (*Under-reflection*) When the model generates too few reflection tokens, it often terminates the reasoning process prematurely, resulting in a final answer that lacks sufficient deliberation. This behavior is analogous to optimization with a learning rate that is too small, where the model converges too early and becomes trapped in a suboptimal local minimum. (*Over-reflection*) Conversely, generating too many reflection tokens can prevent the model from concluding its reasoning, causing it to loop or stall, *e.g.*, repeatedly producing phrases

like “wait” without reaching a solution. This resembles optimization with an overly large learning rate, which leads to instability and divergence rather than convergence.

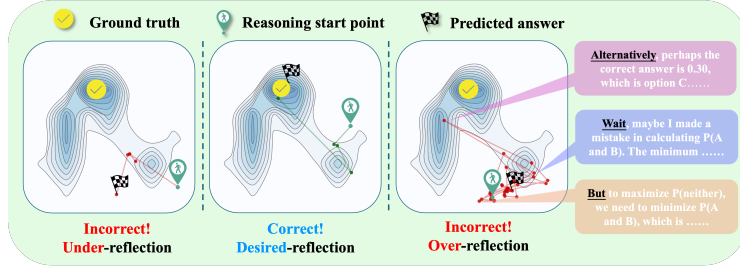


Figure 3: Examples of landscape of thought for under-reflection, desired-reflection, and over-reflection, generated by DeepSeek-R1-Distill-Qwen-7B with the original decoding strategy. Each point represents a reasoning step and is connected in the order of generation. Darker regions indicate steps with higher semantic alignment to the correct answer.

To validate the analogy between reflection tokens and learning rates (too small learning rate vs. under-reflection, and too large learning rate vs. over-reflection), we utilize the interpretability tool introduced in (Zhou et al., 2025) to visualize the *landscape of thoughts*. This tool projects reasoning step \mathbf{r}_i into a two-dimensional visual space based on the measured “distance” between each step \mathbf{r}_i and the final answer \mathbf{y} , providing an interpretable view of the model’s reasoning dynamics. The distance metric captures the model’s uncertainty by taking the inverse of the probability of generating the answer \mathbf{y} conditioned on the reasoning step \mathbf{r}_i , normalized by the length of \mathbf{y} :

$$d(\mathbf{r}_i, \mathbf{y}) = p_{\text{LRM}}(\mathbf{y} \mid \mathbf{r}_i)^{-1/|\mathbf{y}|}, \quad (2)$$

where p_{LRM} denotes the prediction probability assigned by the LRM to the answer \mathbf{y} given the reasoning step \mathbf{r}_i , and $|\mathbf{y}|$ denotes the length of \mathbf{y} . **Fig. 3** presents a visualized reasoning trajectory from the initial thought to the final answer under original decoding strategy, across three different scenarios: (i) under-reflection, where too few reflection tokens lead to a reasoning trace that is too short and results in an incorrect answer; (ii) desired reflection, which yields a well-structured reasoning trace and a correct answer; and (iii) over-reflection, where excessive reflection tokens cause an overly long and off-track reasoning trace, also resulting in an incorrect answer. In the landscape, darker regions represent intermediate reasoning steps that are semantically closer to the correct answer. That is, color intensity reflects the relative correctness of each thought along the trajectory. As we can see, the thought landscape under under-reflection is too conservative to drive the reasoning process away from the starting point, ultimately failing to converge to the correct final answer. In contrast, over-reflection could enable the model to reach semantically promising regions of the landscape, for example, a step like “*Alternatively, perhaps the correct answer is ...*”, which is far away from the thinking start point and located in the darker region. However, much like an excessively large learning rate that fails to properly control the optimization process, this leads the model to quickly pass through the desirable state without settling there, ultimately leading to an incorrect answer region. Moreover, we find that reflection tokens are responsible for the *sharp turns* in the reasoning trajectory. By examining the sharply turning steps in over-reflection, we observe that they are consistently initiated by reflection tokens.

CyclicReflex: Cyclical logits manipulation for reflection token scheduling.

Although reflection tokens are crucial for guiding multi-step reasoning, balancing their use remains challenging. The need for dynamic modulation of reflection tokens closely mirrors the challenge of learning rate scheduling in optimization. As introduced in Sec. 1, the convergence of gradient descent can be *provably accelerated* by adopting the *silver stepsize schedule*, which follows the principle of *stepsize hedging* (Altschuler & Parrilo, 2024; 2025). The key algorithmic insight is to hedge between two individually suboptimal strategies, small and large stepsizes, since the failure modes of one are often mitigated by the strengths of the other. In deep model training, cyclical learning rates (Smith, 2017) exemplify this principle in practice. Rather than using a fixed learning rate, they employ a triangular waveform to periodically alternate between

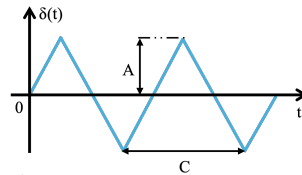


Figure 4: Illustration of CyclicReflex ((3)), where t denotes the token position and $\delta(t)$ the logit adjustment on reflection tokens, oscillating between $-A$ and A with amplitude A and period C .

large and small step sizes. This schedule allows the optimizer to balance global exploration (enabled by large steps) with local convergence stability (provided by smaller steps), thereby yielding a form of stepsize hedging.

Inspired by cyclical learning rates, we introduce **CyclicReflex**. As depicted in Fig. 4, we apply a periodic triangular waveform to modulate the logits of reflection tokens during generation. The waveform is governed by two parameters: the amplitude A , which controls the strength of the logit adjustment, and the period C , which determines the oscillation frequency. This logits manipulation evolves over time and is both *position-dependent* (varying with each decoding step) and *bidirectional* (allowing for the dynamic promotion or suppression of reflection token sampling based on the current stage of the reasoning process). More concretely, CyclicReflex can be cast as the following logits manipulation as the function of the reasoning step t

$$\text{CyclicReflex} : \hat{z}_{t,v} = \begin{cases} z_{t,v} + \delta(t) & \text{if } v \in \hat{V} \\ z_{t,v} & \text{otherwise,} \end{cases} \quad \delta(t) = A \left\lfloor 4 \cdot \frac{(t - \frac{C}{4}) \bmod C}{C} - 2 \right\rfloor - A \quad (3)$$

where recall that the amplitude A and the period C have been previously defined as shown in Fig. 4, \bmod is the modulo operation, $|\cdot|$ is the absolute value operation, and the other notations follow (1). In (3), $(t - \frac{C}{4}) \bmod C$ gives the current thought position within the cycle, and it is straightforward to validate that $\delta(C/4) = A$ and $\delta(3C/4) = -A$. As shown in Fig. 4, *CyclicReflex implements a representative form of hedging schedule*: the increasing phase of the reflection logit adjustment $\delta(t)$ promotes exploration by encouraging the model to transition away from its current line of thought, while the decreasing phase fosters convergence by stabilizing the reasoning process, guiding the model toward producing a coherent and correct final answer.

Compared to TIP (1), which applies a fixed unidirectional penalty, CyclicReflex adaptively modulates reflection token logits with at no additional computation cost, offering finer control over reasoning. This unified mechanism balances under- and over-reflection, yielding more robust and flexible behavior that adapts to the model’s evolving thought process. In Fig. A1, we summarize the sensitivity of CyclicReflex to its hyperparameters. The period C has a more pronounced impact on accuracy than the amplitude A . In particular, when $C = 600$, the model achieves the highest accuracy across all tested amplitudes ($A = 5.0, 7.0$, and 9.0). Based on our experiments, choosing $A = 5.0$ and setting C to approximately $0.8 \times$ the average generation length provides strong performance in practice.

5 EXPERIMENTS

5.1 EXPERIMENTAL SETUP

Data-model setups. To evaluate the effectiveness of CyclicReflex, we consider both *math* and *non-math* benchmarks. The math datasets include **MATH500** (Lightman et al., 2023) with 500 multi-step problems, **AIME2024/2025** (MAA Committees) with 30 challenging problems each year, and **AMC2023** (AI-MO, 2024) covering diverse competition topics. The non-math datasets include **GPQA Diamond** (Rein et al., 2024), a challenging subset of multiple-choice science questions in biology, chemistry, and physics, and **LiveCodeBench** (Jain et al., 2024), a coding benchmark from LeetCode, AtCoder, and Codeforces that evaluates code generation, repair, and execution. Our experiments are conducted using the publicly available DeepSeek-R1-Distilled-Qwen model family (Guo et al., 2025), which includes models with 1.5B, 7B. For comparative analysis, we also include DeepSeek-R1-Distilled-Llama-8B, enabling a broader evaluation across different backbones.

Baseline and evaluation. Our method (CyclicReflex) is compared against two primary baselines: **TIP** (Wang et al., 2025a), **S1** (Muennighoff et al., 2025). In addition, we assess the compatibility of CyclicReflex with external test-time scaling techniques, including **Best-of-N** (Irvine et al., 2023; Brown et al., 2024) and **Beam Search** (Feng et al., 2023; Snell et al., 2024), using RLHFlow-PRM-Deepseek-8B as the preference reward model (PRM) for scoring (Dong et al., 2024). We use **accuracy** and **generation length** as our primary evaluation metrics. Accuracy is obtained by rule-based extraction of the final answer against the ground truth, while generation length is the total word count of the response. More implementation details are provided in Appendix A.

5.2 EXPERIMENT RESULTS

Overall Performance of CyclicReflex on the MATH Task. In Table 2, we show the effectiveness of CyclicReflex across models of varying sizes (1.5B, 7B, and 8B), model families (Qwen and LLaMA),

and four widely used reasoning benchmarks: MATH500, AIME2024, AIME2025, and AMC2023. As we can see, CyclicReflex consistently improves performance over the original LRM decoding strategy across all models and datasets. For example, DeepSeek-R1-Distill-Llama-8B with CyclicReflex achieves up to a 10% absolute accuracy gain on AIME2024, while DeepSeek-R1-Distill-Qwen 7B with CyclicReflex yields up to a 9% improvement on AMC2023. Additionally, these accuracy gains are achieved without sacrificing the efficiency of reasoning generation: CyclicReflex produces comparable reasoning traces relative to the original decoding method.

Table 2: Accuracy (Acc) and generation length (Len) comparison on four math reasoning benchmarks (MATH500, AIME2024, AIME2025, and AMC2023) using DeepSeek-R1-Distilled Model: Qwen 1.5B, Qwen 7B, and Llama 8B. Each model is evaluated under four decoding strategies: *Original*, *TIP*, *S1*, and *CyclicReflex*. The best accuracy in each setting is highlighted in **bold**, while the second-best is underlined.

Method	MATH500		AIME2024		AIME2025		AMC2023	
	Acc	Len	Acc	Len	Acc	Len	Acc	Len
DeepSeek-R1-Distill-Qwen-1.5B								
Original	0.74	1253.05	<u>0.23</u>	3584.36	0.19	3442.07	<u>0.63</u>	1855.85
TIP	0.75	1206.91	<u>0.23</u>	3329.17	<u>0.20</u>	3825.17	<u>0.63</u>	1890.35
S1	0.73	1532.05	0.17	4112.07	<u>0.20</u>	3867.71	0.45	3263.75
CyclicReflex	0.77	1212.94	0.30	3547.10	0.23	3467.97	0.65	1839.23
DeepSeek-R1-Distill-Qwen-7B								
Original	0.86	785.25	<u>0.43</u>	2878.39	0.31	3192.59	0.81	1300.53
TIP	<u>0.87</u>	775.77	<u>0.43</u>	2806.53	0.30	3107.30	<u>0.85</u>	1267.83
S1	0.83	1190.96	0.33	3541.10	0.33	3455.33	<u>0.85</u>	2158.00
CyclicReflex	0.89	777.93	0.50	2868.30	0.37	3190.33	0.90	1229.25
DeepSeek-R1-Distill-Llama-8B								
Original	<u>0.83</u>	1196.98	0.42	3593.73	<u>0.30</u>	3922.41	0.81	1951.88
TIP	<u>0.83</u>	1080.62	<u>0.47</u>	3572.40	0.27	3866.00	<u>0.85</u>	1932.63
S1	0.78	1461.93	0.43	3742.27	0.27	4351.87	0.75	2812.75
CyclicReflex	0.85	1108.30	0.53	3454.97	0.37	3856.80	0.90	1942.40

We further compare CyclicReflex against two additional baselines: S1 and TIP. While S1 enforces the insertion of “wait” tokens at the end of each reasoning segment, leading to significantly longer outputs, it does not yield corresponding accuracy improvements. On AMC2023, in fact, S1 causes a notable performance drop, suggesting that excessive reflection may lead to overthinking. TIP, which suppresses reflection token usage, can also degrade performance in some cases. For instance, TIP causes a 3% accuracy drop on AIME2025 when applied to DeepSeek-R1-Distill-Llama-8B, likely because it halts reasoning steps that are essential for solving more complex problems.

Effectiveness of CyclicReflex on non-math reasoning. Fig. 5 shows the relationship between accuracy and generation length on two *non-math* benchmarks, GPQA Diamond and LiveCodeBench. Results are reported for multiple DeepSeek-R1-Distill variants (Qwen-1.5B/7B, and LLaMA-8B) under original decoding, TIP, and CyclicReflex. CyclicReflex consistently improves accuracy while maintaining response lengths comparable to TIP. In contrast, TIP can even reduce accuracy, as seen in Fig. 5(b) for DeepSeek-R1-Distill-Qwen-7B and LLaMA-8B on LiveCodeBench.

Integration with other test-time scaling methods. In Fig. 6, we further investigate the integration of CyclicReflex with other test-time scaling methods across computational budgets (2^0 to 2^3), using DeepSeek-R1-Distill-Qwen-1.5B on MATH500. We evaluate both Best-of-N (BoN) and Beam Search (BS), with generations scored using RLHFlow-PRM-DeepSeek-8B. Across all budget levels, BoN and Beam Search integrated with ours

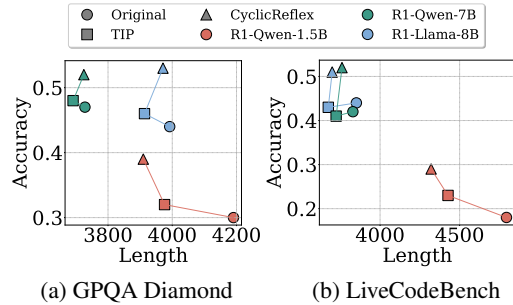


Figure 5: Accuracy vs. generation length on (a) GPQA Diamond and (b) LiveCodeBench. The comparison includes the original decoding, TIP, and CyclicReflex on DeepSeek-R1-Distill-Qwen 1.5B/7B, and Llama 8B.

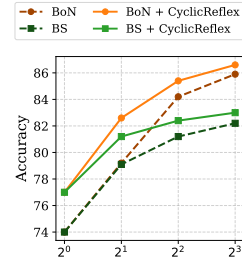


Figure 6: MATH500 accuracy of DeepSeek-1.5B under BoN/BS w/wo CyclicReflex.

consistently outperform their original counterparts, demonstrating the general compatibility and effectiveness of our method. Moreover, under fixed decoding strategies, BoN achieves higher accuracy than Beam Search, both with and without CyclicReflex. As the computational budget increases, the performance gap between CyclicReflex and the original decoding narrows, highlighting that CyclicReflex offers the greatest benefit under constrained inference budgets by enabling more efficient reflection token allocation.

Reflection token scheduling patterns of CyclicReflex. Fig. 7 compares reflection token distributions under original decoding, TIP, and CyclicReflex, using DeepSeek-R1-Distill-Llama-8B on AIME2024. Each curve shows the proportion of reflection tokens within consecutive 1000-token segments relative to the total reflection count. Original decoding exhibits a gradual early rise followed by a stable, evenly spread pattern. TIP follows a similar trajectory but suppresses reflection in the 0–1k range, reflecting its tendency to inhibit early reflection. In contrast, CyclicReflex displays a cyclical hedging pattern with alternating peaks and troughs within the reasoning trace, allocating more reflection in the 1–2k and 3–4k ranges. This modulation avoids both excessive early suppression and late overuse, leading to stronger performance on AIME2024, improving accuracy from 0.42 (original decoding) to 0.53, demonstrating the benefit of bidirectional, position-dependent reflection scheduling.

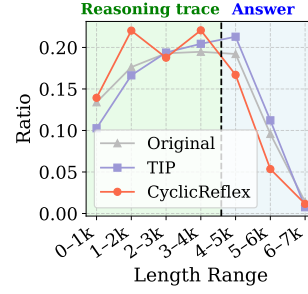


Figure 7: Reflection token distribution of DeepSeek-R1-Distill-Llama-8B on AIME2024 under original decoding, TIP, and CyclicReflex. Each curve shows the proportion of reflection tokens within 1k-token segments relative to the total generation, including both reasoning trace and answer.

Robustness to the reflection-token set. Next, we show that the proposed CyclicReflex is robust to the choice of reflection tokens and can even operate with a dynamically updated reflection-token set. To validate this, we consider a dynamic variant in which the reflection-token set is expanded online during decoding: we start from a small seed set (e.g., “wait”, “but”), and at decoding step t , if the Top-1 token belongs to the current reflection-token set and the logit gap between Top-2 and Top-1 is smaller than the gap between Top-2 and Top-3, we add the Top-2 token to the set. The rationale is that the model tends to use in contexts similar to existing reflection tokens, gradually enriching the set and yielding additional reflection-like tokens (e.g., “hmm”, “maybe”, “perhaps”), which are absent from the original reflection-token set. We evaluate CyclicReflex with both fixed and dynamic reflection-token sets on DeepSeek-R1-Distill-Qwen-7B across MATH500, AIME2024, AIME2025, and AMC2023, and compare against the Original decoding and TIP. As shown in Table 3, the two variants perform comparably across all benchmarks, indicating that CyclicReflex exhibits robustness to the selection of reflection tokens.

Comparison with approaches using additional reflection-logit adjustments. In Table 4, we extend our comparison on DeepSeek-R1-Distill-Qwen-7B by adding several additional adjustment-based baselines: (1) *TIP w/ positive adjustment*, which always boosts reflection-token logits rather than penalizing them; (2) *random adjustment*, which injects zero-mean noise into the reflection-token logits at every decoding step; and (3) *linear decay*, which begins with a strong positive boost that linearly decreases into a penalty across the generation process. Across MATH500, AIME2024, AIME2025, and AMC2023, CyclicReflex consistently achieves the highest accuracy. In contrast, both the positive-adjustment and random-adjustment variants underperform even standard TIP, and the linear-decay baseline narrows, but does not close, the performance gap relative to our method. These findings indicate that naïve or purely monotonic adjustments to reflection-token logits are insufficient, and

Table 3: Accuracy of *Original*, *TIP*, and *CyclicReflex* variants on MATH500, AIME2024, AIME2025, and AMC2023 with DeepSeek-R1-Distill-Qwen-7B.

Method	MATH500	AIME2024	AIME2025	AMC2023
Original	0.86	0.43	0.31	0.81
TIP	0.87	0.43	0.30	0.85
CyclicReflex w/ dynamic set	0.89	0.50	0.37	0.91
Ours: CyclicReflex	0.89	0.50	0.37	0.90

Table 4: Performance of *Original*, *TIP*, and adjustment-based variants on MATH500, AIME2024, AIME2025, and AMC2023 with DeepSeek-R1-Distill-Qwen-7B.

Method	MATH500	AIME2024	AIME2025	AMC2023
Original	0.86	0.43	0.31	0.81
TIP	0.87	0.43	0.30	0.85
TIP w/ positive adjustment	0.85	0.40	0.33	0.83
Random adjustment	0.82	0.41	0.30	0.79
Linear decay	0.87	0.45	0.33	0.87
Ours: CyclicReflex	0.89	0.50	0.37	0.90

that the *cyclic hedging schedule* in CyclicReflex provides a fundamentally more effective mechanism for balancing exploration and control during reasoning.

Generalization to other model families and scales. We further extend CyclicReflex to a different model family by evaluating Qwen3-4B, Qwen3-8B and Qwen3-14B on MATH500, AIME2024, AIME2025, AMC2023 and LiveCodeBench, with *Original* and *TIP* included as baselines. The results are provided in Table 5. Across all five benchmarks, CyclicReflex consistently outperforms both baselines, even as the underlying model scale increases and the family differs from the DeepSeek-distilled lineage. This demonstrates that our method generalizes beyond a single family of reasoning models and remains robust and effective for a larger model with an alternative architecture.

Evaluation under pass@N and cons@N. In Table 6, we evaluate CyclicReflex on MATH500 using DeepSeek-R1-Distill-Qwen-7B under both pass@N and cons@N, with *Original* and *TIP* as baselines. CyclicReflex consistently outperforms both baselines across all values of N , showing

that our approach improves standard test-time scaling metrics rather than only single-sample accuracy. While *TIP* provides modest gains over *Original* for small N (e.g., pass@1 and pass@2), these improvements diminish or even reverse as N increases. This is likely because aggressively suppressing reflection tokens reduces sampling diversity, limiting the benefit of drawing more trajectories. In contrast, CyclicReflex maintains a more stable advantage as N increases, highlighting its better balance between control and exploration.

Difficulty-level accuracies, self-correction and examples of CyclicReflex. As shown in Fig. A2 of Appendix B, unlike TIP, which only improves accuracy on the Hard problems of MATH500, CyclicReflex enhances accuracy across all difficulty levels. Fig. A3 of Appendix B further demonstrates that when provided with an incorrect reasoning trace as a prompt, CyclicReflex can correct a larger proportion of erroneous traces than TIP or the original decoding strategy, indicating enhanced self-correction ability. Table A1 in Appendix B shows that, compared with waveform design, the hedging pattern plays a more critical role. Finally, Table A2 in Appendix C provides generation examples under both the original and CyclicReflex decoding.

6 CONCLUSION

We introduce the problem of resource allocation in LRMs, focusing on the challenge of managing reflection tokens during test-time generation. We show that both under-reflection and over-reflection, stemming from insufficient or excessive use of reflection tokens, can severely degrade reasoning performance. To address this, we draw a conceptual analogy between reflection token scheduling and learning rate control in optimization, and propose CyclicReflex, a training-free decoding strategy that cyclically modulates reflection token logits using a triangular waveform. CyclicReflex dynamically adapts to the evolving stage of reasoning, enabling more balanced token allocation. Extensive experiments across multiple reasoning benchmarks demonstrate that CyclicReflex consistently improves accuracy, enhances self-correction capability, and integrates seamlessly with existing test-time scaling methods. Our work highlights the critical role of reflection tokens as a valuable resource for LRMs and opens new avenues for principled, adaptive reasoning control. The use of LLM, limitations and broader impacts are further discussed in Appendix D, Appendix E and Appendix F.

Table 5: Accuracy comparison on five benchmarks (MATH500, AIME2024, AIME2025, AMC2023, and LiveCodeBench) using Qwen3-4B, Qwen3-8B, and Qwen3-14B under three decoding strategies: *Original*, *TIP*, and *CyclicReflex*.

Method	MATH500	AIME2024	AIME2025	AMC2023	LiveCodeBench
Qwen3-4B					
Original	0.60	0.13	0.03	0.47	0.58
TIP	0.63	0.17	0.07	0.49	0.59
CyclicReflex	0.68	0.23	0.10	0.53	0.61
Qwen3-8B					
Original	0.83	0.37	0.27	0.79	0.59
TIP	0.84	0.40	0.23	0.80	0.60
CyclicReflex	0.86	0.43	0.33	0.84	0.63
Qwen3-14B					
Original	0.88	0.43	0.33	0.83	0.63
TIP	0.88	0.47	0.33	0.82	0.63
CyclicReflex	0.90	0.50	0.40	0.88	0.67

Table 6: pass@N and cons@N of *Original*, *TIP*, and *CyclicReflex* on MATH500 with DeepSeek-R1-Distill-Qwen-7B.

Method	pass@N					cons@N				
	1	2	4	8	16	1	2	4	8	16
Original	0.74	0.82	0.88	0.91	0.93	0.74	0.75	0.79	0.82	0.85
TIP	0.75	0.83	0.87	0.90	0.91	0.75	0.76	0.79	0.82	0.84
CyclicReflex	0.77	0.84	0.89	0.93	0.95	0.77	0.78	0.80	0.83	0.86

REFERENCES

- Pranjal Aggarwal and Sean Welleck. L1: Controlling how long a reasoning model thinks with reinforcement learning. *arXiv preprint arXiv:2503.04697*, 2025.
- AI-MO. Amc 2023, 2024. URL <https://huggingface.co/datasets/AI-MO/aimo-validation-amc>.
- Zeyuan Allen-Zhu and Lorenzo Orecchia. Linear coupling: An ultimate unification of gradient and mirror descent. *arXiv preprint arXiv:1407.1537*, 2014.
- Jason M Altschuler and Pablo A Parrilo. Acceleration by stepsize hedging: Silver stepsize schedule for smooth convex optimization. *Mathematical Programming*, pp. 1–14, 2024.
- Jason M Altschuler and Pablo A Parrilo. Acceleration by stepsize hedging: Multi-step descent and the silver stepsize schedule. *Journal of the ACM*, 72(2):1–38, 2025.
- Bradley Brown, Jordan Juravsky, Ryan Ehrlich, Ronald Clark, Quoc V Le, Christopher Ré, and Azalia Mirhoseini. Large language monkeys: Scaling inference compute with repeated sampling. *arXiv preprint arXiv:2407.21787*, 2024.
- Sébastien Bubeck, Yin Tat Lee, and Mohit Singh. A geometric alternative to nesterov’s accelerated gradient descent. *arXiv preprint arXiv:1506.08187*, 2015.
- Qiguang Chen, Libo Qin, Jinhao Liu, Dengyun Peng, Jiannan Guan, Peng Wang, Mengkang Hu, Yuhang Zhou, and Wanxiang Che. Towards reasoning era: A survey of long chain-of-thought for reasoning large language models. *arXiv preprint arXiv:2503.09567*, 2025a.
- Runjin Chen, Zhenyu Zhang, Junyuan Hong, Souvik Kundu, and Zhangyang Wang. Seal: Steerable reasoning calibration of large language models for free. *arXiv preprint arXiv:2504.07986*, 2025b.
- Weizhe Chen, Sven Koenig, and Bistra Dilkina. Iterative deepening sampling as efficient test-time scaling. *arXiv preprint arXiv:2502.05449*, 2025c.
- Xingyu Chen, Jiahao Xu, Tian Liang, Zhiwei He, Jianhui Pang, Dian Yu, Linfeng Song, Qiuzhi Liu, Mengfei Zhou, Zhuosheng Zhang, et al. Do not think that much for $2+3=?$ on the overthinking of o1-like llms. *arXiv preprint arXiv:2412.21187*, 2024.
- Vito Ding et al. Llm post-training: A deep dive into reasoning large language models. *arXiv preprint arXiv:2502.21321*, 2025.
- Hanze Dong, Wei Xiong, Bo Pang, Haoxiang Wang, Han Zhao, Yingbo Zhou, Nan Jiang, Doyen Sahoo, Caiming Xiong, and Tong Zhang. Rlhf workflow: From reward modeling to online rlhf. *arXiv preprint arXiv:2405.07863*, 2024.
- Xidong Feng, Ziyu Wan, Muning Wen, Stephen Marcus McAleer, Ying Wen, Weinan Zhang, and Jun Wang. Alphazero-like tree-search can guide large language model decoding and training. *arXiv preprint arXiv:2309.17179*, 2023.
- Daya Guo, Dejian Yang, Haowei Zhang, Junxiao Song, Ruoyu Zhang, Runxin Xu, Qihao Zhu, Shirong Ma, Peiyi Wang, Xiao Bi, et al. Deepseek-r1: Incentivizing reasoning capability in llms via reinforcement learning. *arXiv preprint arXiv:2501.12948*, 2025.
- Bairu Hou, Yang Zhang, Jiabao Ji, Yujian Liu, Kaizhi Qian, Jacob Andreas, and Shiyu Chang. Thinkprune: Pruning long chain-of-thought of llms via reinforcement learning. *arXiv preprint arXiv:2504.01296*, 2025.
- Robert Irvine, Douglas Boubert, Vyas Raina, Adian Liusie, Ziyi Zhu, Vineet Mudupalli, Aliaksei Korshuk, Zongyi Liu, Fritz Cremer, Valentin Assassi, et al. Rewarding chatbots for real-world engagement with millions of users. *arXiv preprint arXiv:2303.06135*, 2023.
- Naman Jain, King Han, Alex Gu, Wen-Ding Li, Fanjia Yan, Tianjun Zhang, Sida Wang, Armando Solar-Lezama, Koushik Sen, and Ion Stoica. Livecodebench: Holistic and contamination free evaluation of large language models for code. *arXiv preprint arXiv:2403.07974*, 2024.

- Hyunbin Jin, Junwoo Yeom, Soobin Bae, and Taesup Kim. “well, keep thinking”: Enhancing llm reasoning with adaptive injection decoding. *arXiv preprint arXiv:2503.10167*, 2025.
- Zhewei Kang, Xuandong Zhao, and Dawn Song. Scalable best-of-n selection for large language models via self-certainty. *arXiv preprint arXiv:2502.18581*, 2025.
- Abhinav Kumar, Jaechul Roh, Ali Naseh, Marzena Karpinska, Mohit Iyyer, Amir Houmansadr, and Eugene Bagdasarian. Overthink: Slowdown attacks on reasoning llms. *arXiv e-prints*, pp. arXiv-2502, 2025a.
- Komal Kumar, Tajamul Ashraf, Omkar Thawakar, Rao Muhammad Anwer, Hisham Cholakkal, Mubarak Shah, Ming-Hsuan Yang, Phillip H. S. Torr, Salman Khan, and Fahad Shahbaz Khan. Llm post-training: A deep dive into reasoning large language models. *arXiv preprint arXiv:2502.21321*, 2025b. URL <https://arxiv.org/abs/2502.21321>.
- Zhong-Zhi Li, Duzhen Zhang, Ming-Liang Zhang, Jiaxin Zhang, Zengyan Liu, Yuxuan Yao, Haotian Xu, Junhao Zheng, Pei-Jie Wang, Xiuyi Chen, Yingying Zhang, Fei Yin, Jiahua Dong, Zhijiang Guo, Le Song, and Cheng-Lin Liu. From system 1 to system 2: A survey of reasoning large language models. *arXiv preprint arXiv:2502.17419*, 2025.
- Hunter Lightman, Vineet Kosaraju, Yuri Burda, Harrison Edwards, Bowen Baker, Teddy Lee, Jan Leike, John Schulman, Ilya Sutskever, and Karl Cobbe. Let’s verify step by step. In *The Twelfth International Conference on Learning Representations*, 2023.
- Runze Liu, Junqi Gao, Jian Zhao, Kaiyan Zhang, Xiu Li, Biqing Qi, Wanli Ouyang, and Bowen Zhou. Can 1b llm surpass 405b llm? rethinking compute-optimal test-time scaling. *arXiv preprint arXiv:2502.06703*, 2025.
- Haotian Luo, Li Shen, Haiying He, Yibo Wang, Shiwei Liu, Wei Li, Naiqiang Tan, Xiaochun Cao, and Dacheng Tao. O1-pruner: Length-harmonizing fine-tuning for o1-like reasoning pruning. *arXiv preprint arXiv:2501.12570*, 2025.
- MAA Committees. Aime problems and solutions. https://artofproblemsolving.com/wiki/index.php/AIME_Problems_and_Solutions.
- Niklas Muennighoff, Zitong Yang, Weijia Shi, Xiang Lisa Li, Li Fei-Fei, Hannaneh Hajishirzi, Luke Zettlemoyer, Percy Liang, Emmanuel Candès, and Tatsunori Hashimoto. s1: Simple test-time scaling. *arXiv preprint arXiv:2501.19393*, 2025.
- Yurii Nesterov. A method for solving the convex programming problem with convergence rate $o(1/k^2)$. In *Dokl akad nauk Sssr*, volume 269, pp. 543, 1983.
- OpenAI. Openai o1 system card. *arXiv preprint arXiv:2412.16720*, 2024. URL <https://arxiv.org/abs/2412.16720>.
- David Rein, Betty Li Hou, Asa Cooper Stickland, Jackson Petty, Richard Yuanzhe Pang, Julien Dirani, Julian Michael, and Samuel R Bowman. Gpqa: A graduate-level google-proof q&a benchmark. In *First Conference on Language Modeling*, 2024.
- Ranajoy Sadhukhan, Zhuoming Chen, Haizhong Zheng, Yang Zhou, Emma Strubell, and Beidi Chen. Kinetics: Rethinking test-time scaling laws. *arXiv preprint arXiv:2506.05333*, 2025.
- Leslie N Smith. Cyclical learning rates for training neural networks. In *2017 IEEE winter conference on applications of computer vision (WACV)*, pp. 464–472. IEEE, 2017.
- Charlie Snell, Jaehoon Lee, Kelvin Xu, and Aviral Kumar. Scaling llm test-time compute optimally can be more effective than scaling model parameters. *arXiv preprint arXiv:2408.03314*, 2024.
- Jinyan Su, Jennifer Healey, Preslav Nakov, and Claire Cardie. Between underthinking and overthinking: An empirical study of reasoning length and correctness in llms. *arXiv preprint arXiv:2505.00127*, 2025.
- Kimi Team, Angang Du, Bofei Gao, Bowei Xing, Changjiu Jiang, Cheng Chen, Cheng Li, Chenjun Xiao, Chenzhuang Du, Chonghua Liao, et al. Kimi k1. 5: Scaling reinforcement learning with llms. *arXiv preprint arXiv:2501.12599*, 2025.

- Xuezhi Wang, Jason Wei, Dale Schuurmans, Quoc Le, Ed Chi, Sharan Narang, Aakanksha Chowdhery, and Denny Zhou. Self-consistency improves chain of thought reasoning in language models. *arXiv preprint arXiv:2203.11171*, 2022.
- Yue Wang, Qiuzhi Liu, Jiahao Xu, Tian Liang, Xingyu Chen, Zhiwei He, Linfeng Song, Dian Yu, Juntao Li, Zhuosheng Zhang, Rui Wang, Zhaopeng Tu, Haitao Mi, and Dong Yu. Thoughts are all over the place: On the underthinking of o1-like llms. *arXiv preprint arXiv:2501.18585*, 2025a.
- Yuxuan Wang, Kai Zhang, Zhiwei Wang, Juntao Li, Dian Yu, Zhaopeng Tu, Haitao Mi, and Dong Yu. Speculative thinking: Enhancing small-model reasoning with large model guidance at inference time. *arXiv preprint arXiv:2504.12329*, 2025b.
- Jason Wei, Xuezhi Wang, Dale Schuurmans, Maarten Bosma, Brian Ichter, Fei Xia, Ed H. Chi, Quoc V. Le, and Denny Zhou. Chain-of-thought prompting elicits reasoning in large language models. In *Advances in Neural Information Processing Systems (NeurIPS)*, 2022. URL <https://arxiv.org/abs/2201.11903>.
- Tong Wu, Chong Xiang, Jiachen T Wang, and Prateek Mittal. Effectively controlling reasoning models through thinking intervention. *arXiv preprint arXiv:2503.24370*, 2025.
- An Yang, Baosong Yang, Beichen Zhang, Binyuan Hui, Bo Zheng, Bowen Yu, Chengyuan Li, Dayiheng Liu, Fei Huang, Haoran Wei, et al. Qwen2. 5 technical report. *arXiv preprint arXiv:2412.15115*, 2024.
- Chenxu Yang, Qingyi Si, Yongjie Duan, Zheliang Zhu, Chenyu Zhu, Zheng Lin, Li Cao, and Weiping Wang. Dynamic early exit in reasoning models. *arXiv preprint arXiv:2504.15895*, 2025.
- Shunyu Yao, Dian Yu, Jeffrey Zhao, Izhak Shafran, Tom Griffiths, Yuan Cao, and Karthik Narasimhan. Tree of thoughts: Deliberate problem solving with large language models. *Advances in neural information processing systems*, 36:11809–11822, 2023.
- Junyu Zhang, Runpei Dong, Han Wang, Xuying Ning, Haoran Geng, Peihao Li, Xialin He, Yutong Bai, Jitendra Malik, Saurabh Gupta, et al. Alphaone: Reasoning models thinking slow and fast at test time. *arXiv preprint arXiv:2505.24863*, 2025.
- Andrew Zhou, Yuxuan Wang, Kai Zhang, Zhiwei Wang, Juntao Li, Dian Yu, Zhaopeng Tu, Haitao Mi, and Dong Yu. Landscape of thoughts: Visualizing the reasoning process of large language models. *arXiv preprint arXiv:2503.22165*, 2025.
- Andy Zhou, Kai Yan, Michal Shlapentokh-Rothman, Haohan Wang, and Yu-Xiong Wang. Language agent tree search unifies reasoning acting and planning in language models. *arXiv preprint arXiv:2310.04406*, 2023.

APPENDIX

A DETAILED EXPERIMENT SETUPS

A.1 COMPUTING RESOURCES

All experiments are conducted on a single node equipped with 8 NVIDIA A6000 GPUs.

A.2 DECODING DETAILS

During generation, we employ the vLLM framework to enable efficient and scalable inference. The decoding configuration is as follows: the maximum number of new tokens is set to 8192; the top- p value is set to 0.95; and the temperature is set to 0.6. Top- p sampling selects tokens from the smallest possible set whose cumulative probability exceeds p , effectively filtering out low-probability candidates to maintain generation quality while allowing diversity. A temperature of 0.6 sharpens the token probability distribution, promoting more deterministic and focused outputs by reducing sampling randomness.

For CyclicReflex on the MATH500 and AMC2023 datasets, we perform a grid search over $A \in [1, 10]$ and $C \in [200, 1000]$. On the AIME2024 and AIME2025 datasets, we perform a grid search over $A \in [1, 10]$ and $C \in [1000, 2000]$. For TIP, we conduct a grid search with $\alpha \in [-10, -1]$ and $T_0 \in [100, 1000]$. For S1, we forcefully insert the reflection token “Wait” after the model generates `</think>`, prompting continued reasoning.

In the Best-of- N setting, the LRM generates multiple independent candidate answers, and the PRM selects the most preferred one based on final-answer evaluation. For Beam Search, we perform a step-by-step search guided by PRM feedback to optimize cumulative reward. Throughout decoding, we use multiple candidate beams with a fixed beam width of 4.

A.3 PROMPT DETAILS

We present the prompt used to evaluate the reasoning ability of the LRM. For each question, we replace the `{question}` placeholder in the User section of the prompt. After the Assistant generates the reasoning trace and the final answer (`{generation}`), we follow the approach of Yang et al. (2024) to first extract the final answer and then apply rule-based matching to assess its correctness.

Evaluation prompt

System:

You are a helpful AI bot that answers questions for a user. Keep your response short and direct.

User:

Question: `{question}`

Let’s reason this step by step.

Assistant:

Answer: `{generation}`

B ADDITIONAL EXPERIMENT RESULTS

Ablation study on CyclicReflex’s hyperparameter. In Fig. A1, we analyze the effect of CyclicReflex’s key hyperparameters on final performance. Based on Fig. 4, we focus on three parameters: the amplitude A , the period C , and an additional controlling factor, the initial phase shift, denoted by ϕ . As shown in Fig. A1(a), the period C has a more pronounced impact on accuracy than the amplitude A . In particular, when $C = 600$, the model achieves the highest accuracy across all tested amplitudes ($A = 5.0, 7.0$, and 9.0).

In addition, **Fig. A1(b)** and **(c)** show that the amplitude A primarily influences the number of reflection tokens and the overall generation length. Specifically, increasing A leads to more frequent reflection token generation and longer output sequences, confirming that A effectively controls the model’s propensity for extended reasoning.

Finally, **Fig A1(d)** examines the effect of the initial phase shift ϕ by measuring the number of additional correct answers relative to the original decoding strategy. We find that $\phi = 0$ yields the best performance (*i.e.*, with the pattern in Fig. 4), indicating that encouraging reflection token generation early in the reasoning process is beneficial. As reasoning progresses, gradually suppressing reflection token logits helps the model converge more efficiently.

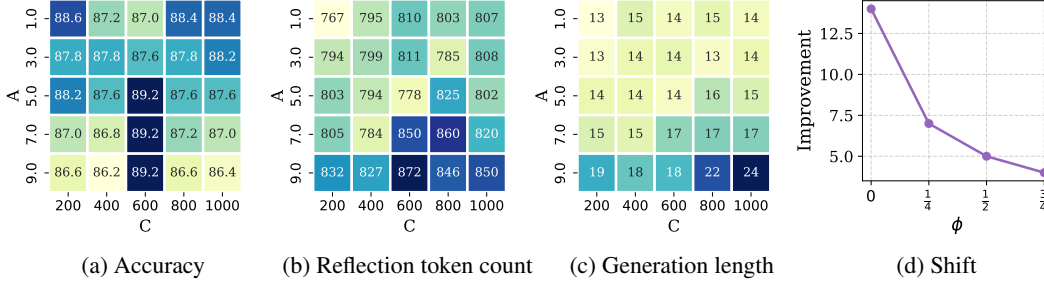


Figure A1: (a)–(c) Accuracy, reflection token count, and generation length heatmaps of DeepSeek-R1-Distill-Qwen-7B on MATH500 under different amplitude values A and period values C . (d) Improvement of CyclicReflex over the original decoding strategy under different initial phase shifts ϕ , measured as the number of additional correct answers.

Accuracy of CyclicReflex at different difficulty levels on MATH500. In **Fig. A2**, we categorize the MATH500 dataset by difficulty level to closely examine where the accuracy improvements from CyclicReflex are most pronounced. The grouping strategy follows that used in Fig. 2(a), and the accuracy is reported in a manner consistent with Fig. 2(b). For comparison, we also include TIP as a baseline. We observe that CyclicReflex consistently improves accuracy across all difficulty levels (Easy, Medium, and Hard) whereas TIP primarily yields gains on Hard problems and even leads to performance degradation on Easy and Medium ones. This contrast stems from the bidirectional nature of CyclicReflex, which allows for dynamic promotion or suppression of reflection token sampling based on the current stage of the reasoning process. Such flexibility enables CyclicReflex to better adapt to problem difficulty, leading to more effective resource allocation and improved overall performance.

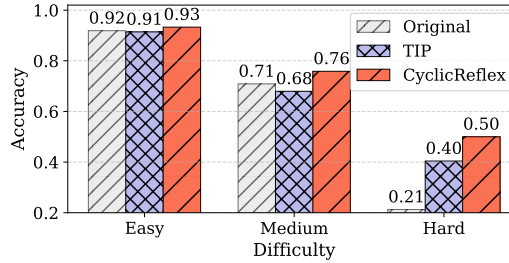


Figure A2: Improvement of DeepSeek-R1-Distill-Qwen-7B on MATH500 by TIP and CyclicReflex across difficulty levels (Easy, Medium, Hard), following Fig. 2 (a) and (b).

Improved self-correction with CyclicReflex. We also find that CyclicReflex exhibits a stronger capacity for self-correction during reasoning. To evaluate this property, we select 50 incorrectly answered problems from the MATH500 dataset, originally generated by DeepSeek-R1-Distill-Qwen-7B. For each incorrect case, we extract the model’s reasoning trace and truncate it to three different lengths (25%, 50%, and 100% of the full trace), which are then reused as misleading prompts to guide a new round of reasoning.

Under each prompt condition, we prompt the same model (DeepSeek-R1-Distill-Qwen-7B) to re-answer the question five times and report the average accuracy. As shown in **Fig. A3(a)**, CyclicReflex significantly outperforms both the original decoding and the TIP baseline across all trace lengths.

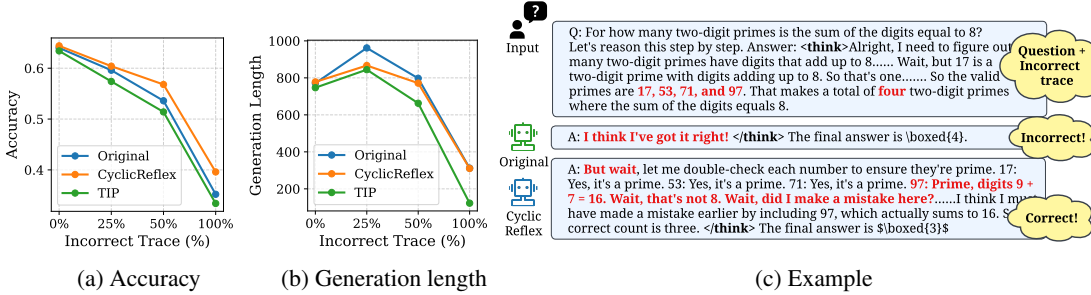


Figure A3: (a)-(b) Accuracy and generation length on MATH500 with DeepSeek-R1-Distill-Qwen-7B using Original, TIP, and CyclicReflex decoding for questions combined with incorrect reasoning traces of different lengths. (c) Example for a question with 100% incorrect reasoning under Original and CyclicReflex decoding.

Notably, the performance gap increases with longer misleading traces, indicating that CyclicReflex enhances the model's ability to resist and correct earlier reasoning errors. In addition, this improved self-correction does not come at the cost of generation efficiency. As shown in **Fig. A3(b)**, the generation lengths under CyclicReflex remain comparable to those of the original decoding strategy. In contrast, TIP tends to suppress reflection token usage, which hampers the model's ability to re-evaluate its own reasoning and results in markedly lower accuracy. Finally, **Fig. A3(c)** provides a concrete example. Given a MATH500 question with a 100% incorrect reasoning trace in which the model incorrectly claims that the digits of 17, 53, 71, and 97 sum to 8, the original decoding strategy fails to correct the error and outputs the wrong answer, 4. In contrast, CyclicReflex initiates a double-check, correctly identifies the error (specifically excluding 97), and ultimately outputs the correct answer, 3.

Impact of waveform design and hedging schedule. In **Table A1**, we investigate the impact of different waveform choices in reflection token scheduling. Specifically, we replace the triangular wave in Eq. (3) with a sine function (*Sin*), which also satisfies the hedging schedule property, and evaluate the performance on AIME2024 using DeepSeek-R1-Distill-Llama-8B. The results show that both the sine schedule and CyclicReflex outperform TIP and the original decoding strategy, with the two achieving comparable performance. This suggests that while the exact waveform design has only a minor effect, adopting a hedging schedule yields substantial improvements in accuracy and efficiency.

Table A1: Performance of *Original*, *TIP*, *Sin*, and *CyclicReflex* on AIME2024 with DeepSeek-R1-Distill-Llama-8B.

Method	Acc	Len
Origin	0.42	3593.73
TIP	0.45	3872.93
Sin	0.51	3628.37
CyclicReflex	0.53	3454.97

C GENERATION EXAMPLES

In **Table A2-A5**, we present the answers generated for questions in MATH500 under both the original decoding strategy and CyclicReflex. For better comparison, we also include the ground truth labels. Compared to the original decoding strategy, CyclicReflex demonstrates deeper reasoning and avoids prematurely terminating the thinking process. For instance, in Q1, the original answer is given as $\binom{14}{5} - \binom{8}{5} - \binom{6}{5}$, whereas CyclicReflex continues simplifying the expression to arrive at the final result. Moreover, CyclicReflex exhibits a better understanding of the problem semantics. In Q2, for example, the original decoding misinterprets the notion of projection, leading to an incorrect answer. Finally, CyclicReflex is more adept at identifying key problem elements. In Q3, the original response overlooks the trap involving $x = 9$, while CyclicReflex correctly accounts for this subtlety.

Table A2: Examples from DeepSeek-R1-Distill-Qwen-7B on MATH500 under the original decoding strategy and CyclicReflex. Reflection tokens are highlighted in red.

Q1: A Senate committee has 8 Republicans and 6 Democrats. In how many ways can we form a subcommittee of 5 members that has at least one member from each party?	
Label:	1940
Original:	<p><think> Okay, so I have this problem where there's a Senate committee with 8 Republicans and 6 Democrats. I need to figure out how many ways we can form a subcommittee of 5 members that has at least one member from each party. Hmm, let's break this down.</p> <p>First, I know that the total number of people on the committee is $8 + 6$, which is 14. If I were to form a subcommittee of 5 without any restrictions, the number of ways would just be the combination of 14 taken 5 at a time, right? So that's $C(14,5)$. But the problem says there has to be at least one from each party, so I can't have all Republicans or all Democrats in the subcommittee. So, I think I need to subtract the cases where the subcommittee is all Republicans or all Democrats. Let me calculate those separately. For all Republicans, it's $C(8,5)$ because there are 8 Republicans. For all Democrats, it's $C(6,5)$ since there are 6 Democrats.</p> <p>Putting it all together, the total number of valid subcommittees should be $C(14,5)$ minus $C(8,5)$ minus $C(6,5)$. Let me make sure that makes sense. By subtracting the all-Republican and all-Democrat cases from the total, I'm left with only those subcommittees that have at least one from each party. Yeah, that seems right.</p> <p>I should probably calculate these values to get the exact number, but I think the reasoning is solid. So the formula is $C(14,5) - C(8,5) - C(6,5)$. I'll go with that.</p> <p></think></p> <p>The number of ways is calculated by subtracting the all-Republican and all-Democrat subcommittees from the total.</p> <p>Total ways: $\binom{14}{5} - \binom{8}{5} - \binom{6}{5}$</p> <p>Answer: $\binom{14}{5} - \binom{8}{5} - \binom{6}{5}$</p>
CyclicReflex:	<p><think> Okay, so I have this problem where there's a Senate committee with 8 Republicans and 6 Democrats. I need to figure out how many ways we can form a subcommittee of 5 members that has at least one member from each party. Hmm, let's break this down.</p> <p>First, I know that the total number of people on the committee is $8 + 6$, which is 14. If I were to form a subcommittee of 5 without any restrictions, the number of ways would just be the combination of 14 taken 5 at a time, right? So that's $C(14,5)$. But the problem says there has to be at least one from each party, so I can't have all Republicans or all Democrats in the subcommittee. So, I think I need to subtract the cases where the subcommittee is all Republicans or all Democrats. Let me calculate those separately. For all Republicans, it's $C(8,5)$ because there are 8 Republicans. For all Democrats, it's $C(6,5)$ since there are 6 Democrats.</p> <p>But hold on, I should make sure these numbers are correct. $C(8,5)$ is the number of ways to choose 5 Republicans out of 8, and $C(6,5)$ is choosing 5 Democrats out of 6. I think that's right.</p> <p>So, the total number of valid subcommittees would be $C(14,5)$ minus $C(8,5)$ minus $C(6,5)$. Let me compute those values. $C(14,5)$ is 2002, $C(8,5)$ is 56, and $C(6,5)$ is 6. So, $2002 - 56 - 6$ equals 1940. That should be the number of ways to form the subcommittee with at least one from each party.</p> <p></think></p> <p>The number of ways to form a subcommittee of 5 members with at least one member from each party is calculated by subtracting the all-Republican and all-Democrat subcommittees from the total number of possible subcommittees.</p> <ul style="list-style-type: none"> - Total subcommittees: $\binom{14}{5} = 2002$ - All-Republican subcommittees: $\binom{8}{5} = 56$ - All-Democrat subcommittees: $\binom{6}{5} = 6$ <p>Thus, the number of valid subcommittees is $2002 - 56 - 6 = 1940$.</p> <p>Answer: 1940</p>

Table A3: Examples from DeepSeek-R1-Distill-Qwen-7B on MATH500 under the original decoding strategy and CyclicReflex. Reflection tokens are highlighted in red.

<p>Q2: Find the projection of \mathbf{a} onto $\mathbf{b} = \begin{pmatrix} 2 \\ 6 \\ 3 \end{pmatrix}$, if $\mathbf{a} \cdot \mathbf{b} = 8$.</p>	
Label:	$\begin{pmatrix} 16 \\ 49 \\ 48 \\ 49 \\ 24 \\ 49 \end{pmatrix}$
Original:	<p><think> Okay, so I need to find the projection of vector \mathbf{a} onto vector \mathbf{b}. I remember that the formula for the projection of \mathbf{a} onto \mathbf{b} is $(\mathbf{a} \cdot \mathbf{b})$ divided by the magnitude of \mathbf{b} squared, and then multiplied by vector \mathbf{b}. But wait, in this case, they only gave me that the dot product of \mathbf{a} and \mathbf{b} is 8. Hmm, so maybe I don't need the entire vector \mathbf{b}, just the scalar projection?</p> <p>Let me think. The formula for the scalar projection is $(\mathbf{a} \cdot \mathbf{b})$ divided by the magnitude of \mathbf{b}. Since they already gave me $\mathbf{a} \cdot \mathbf{b} = 8$, I just need to find the magnitude of \mathbf{b}. The vector \mathbf{b} is $[2, 6, 3]$, so its magnitude is the square root of $(2^2 + 6^2 + 3^2)$. Calculating that, $2^2 = 4$, $6^2 = 36$, and $3^2 = 9$. Adding those up gives $4 + 36 + 9 = 49$. The square root of 49 is 7. So the magnitude of \mathbf{b} is 7. Therefore, the scalar projection of \mathbf{a} onto \mathbf{b} is 8 divided by 7, which is $8/7$. I think that's it. The problem didn't specify whether they wanted the vector projection or just the scalar, but since they only gave me a scalar product, I guess it's the scalar projection they're asking for. So the answer should be $8/7$.</p> <p></think></p> <p>The projection of \mathbf{a} onto \mathbf{b} is given by $\frac{\mathbf{a} \cdot \mathbf{b}}{\ \mathbf{b}\ }$. Since $\mathbf{a} \cdot \mathbf{b} = 8$ and $\ \mathbf{b}\ = 7$, the projection is $\frac{8}{7}$.</p>
CyclicReflex:	<p>Answer: $\frac{8}{7}$</p> <p><think> Okay, so I need to find the projection of vector \mathbf{a} onto vector \mathbf{b}. I remember that the formula for the projection of \mathbf{a} onto \mathbf{b} is $\frac{\mathbf{a} \cdot \mathbf{b}}{\ \mathbf{b}\ ^2}$ multiplied by vector \mathbf{b}. But wait, in this case, they only gave me that the dot product of \mathbf{a} and \mathbf{b} is 8. Hmm, so maybe I don't need the entire vector \mathbf{b}, just the scalar projection?</p> <p>Wait, no, the question says "find the projection of \mathbf{a} onto \mathbf{b}," which usually refers to the vector projection. The formula for the vector projection is $(\frac{\mathbf{a} \cdot \mathbf{b}}{\ \mathbf{b}\ ^2}) \mathbf{b}$. But since I don't have $\ \mathbf{b}\$, maybe I can just express it in terms of the given dot product and the magnitude of \mathbf{b}.</p> <p>Alternatively, maybe the question is asking for the scalar projection, which is just $\frac{\mathbf{a} \cdot \mathbf{b}}{\ \mathbf{b}\ }$. But they gave me $\mathbf{a} \cdot \mathbf{b} = 8$, but I don't have $\ \mathbf{b}\$. Let me calculate $\ \mathbf{b}\$ first. The magnitude of \mathbf{b} is $\sqrt{2^2 + 6^2 + 3^2} = \sqrt{4 + 36 + 9} = \sqrt{49} = 7$. Oh, that's nice, it's 7. So if I need the vector projection, it's $(8/7^2) \mathbf{b}$, which is $(8/49)[2, 6, 3]$. That would give me $[16/49, 48/49, 24/49]$. Alternatively, if it's the scalar projection, it's $8/7$. But the question says "projection," not specifying vector or scalar, but since they gave the vector \mathbf{b}, I think they want the vector projection. So the answer should be $[16/49, 48/49, 24/49]$.</p> <p></think></p> <p>The projection of vector \mathbf{a} onto \mathbf{b} is given by: $\text{proj}_{\mathbf{b}} \mathbf{a} = \left(\frac{\mathbf{a} \cdot \mathbf{b}}{\ \mathbf{b}\ ^2} \right) \mathbf{b}$</p> <p>Given:</p> <ul style="list-style-type: none"> $\mathbf{a} \cdot \mathbf{b} = 8$ $\mathbf{b} = \begin{pmatrix} 2 \\ 6 \\ 3 \end{pmatrix}$ <p>First, calculate $\ \mathbf{b}\$: $\ \mathbf{b}\ = \sqrt{2^2 + 6^2 + 3^2} = \sqrt{4 + 36 + 9} = \sqrt{49} = 7$</p> <p>Then, $\ \mathbf{b}\ ^2 = 7^2 = 49$</p> <p>Now substitute: $\text{proj}_{\mathbf{b}} \mathbf{a} = \left(\frac{8}{49} \right) \begin{pmatrix} 2 \\ 6 \\ 3 \end{pmatrix} = \begin{pmatrix} 16 \\ 48 \\ 24 \end{pmatrix} \frac{1}{49}$</p> <p>Answer: $\begin{pmatrix} 16 \\ 48 \\ 24 \end{pmatrix} \frac{1}{49}$</p>

Table A4: Examples from DeepSeek-R1-Distill-Qwen-7B on MATH500 under the original decoding strategy and CyclicReflex. Reflection tokens are highlighted in red.

Q3: Solve $\frac{ x^2 - 81 }{x^2 - 36x} < 0$	
Label:	$(0, 9) \cup (9, 36)$
Original:	<p><think> Okay, so I have this inequality to solve: $\frac{ x^2 - 81 }{x^2 - 36x} < 0$. Hmm, let me try to figure this out step by step.</p> <p>First, I know that for a fraction to be less than zero, the numerator and denominator must have opposite signs. That means either the numerator is positive and the denominator is negative, or the numerator is negative and the denominator is positive. But wait, the numerator here is an absolute value, right? So $x^2 - 81$ is always non-negative, meaning it's either positive or zero. That means the numerator can't be negative. So the only possibility is that the numerator is positive and the denominator is negative.</p> <p>Wait, but the numerator is $x^2 - 81$, which is zero when $x^2 = 81$, so $x = 9$ or $x = -9$. At those points, the numerator is zero, making the whole fraction zero, which doesn't satisfy the inequality because it's less than zero, not equal to zero. So we can ignore those points for now.</p> <p>So, focusing on when the denominator is negative. The denominator is $x^2 - 36x$, which I can factor as $x(x - 36)$. So, the denominator is negative when $x(x - 36) < 0$. Let's solve that inequality.</p> <p>To find where $x(x - 36) < 0$, I can consider the critical points where the expression equals zero, which are $x = 0$ and $x = 36$. These points divide the number line into intervals. I'll test each interval:</p> <p>1. When $x < 0$, say $x = -1$: $(-1)(-1 - 36) = (-1)(-37) = 37$, which is positive. 2. When $0 < x < 36$, say $x = 18$: $18(18 - 36) = 18(-18) = -324$, which is negative. 3. When $x > 36$, say $x = 37$: $37(37 - 36) = 37(1) = 37$, which is positive.</p> <p>So, the denominator is negative only when $0 < x < 36$.</p> <p>But wait, I also need to make sure that the denominator isn't zero because division by zero is undefined. So x can't be 0 or 36.</p> <p>Now, going back to the original inequality, since the numerator is always non-negative, the fraction will be negative only when the denominator is negative. So, the solution should be where the denominator is negative, excluding the points where it's zero. Therefore, the solution is $0 < x < 36$, excluding $x = 0$ and $x = 36$. But wait, $x = 0$ is already excluded because the interval starts at 0, but not including 0. Similarly, $x = 36$ is not included because the interval ends at 36, not including it.</p> <p>Wait, but I should also check if there are any other restrictions. For example, when $x = 9$, the numerator becomes zero, making the fraction zero, which doesn't satisfy the inequality. Similarly, when $x = -9$, but that's outside the interval we found, so it's not part of the solution.</p> <p>So, putting it all together, the solution to the inequality is all real numbers x such that $0 < x < 36$, excluding $x = 0$ and $x = 36$, but since those points are already excluded from the interval, the solution is simply $0 < x < 36$.</p> <p></think></p> <p>The solution to the inequality $\frac{ x^2 - 81 }{x^2 - 36x} < 0$ is x in the interval $(0, 36)$.</p> <p>Answer: $(0, 36)$</p>
CyclicReflex:	<p><think> Okay, so I have this inequality to solve: $\frac{ x^2 - 81 }{x^2 - 36x} < 0$. Hmm, let me try to figure this out step by step.</p> <p>First, I know that for a fraction to be less than zero, the numerator and denominator must have opposite signs. That means either the numerator is positive and the denominator is negative, or the numerator is negative and the denominator is positive. But wait, the numerator here is an absolute value, right? So $x^2 - 81$ is always non-negative, meaning it's either positive or zero. That means the numerator can't be negative. So the only possibility is that the numerator is positive and the denominator is negative.</p> <p>Wait, but the numerator is $x^2 - 81$, which is zero when $x^2 = 81$, so $x = 9$ or $x = -9$. At those points, the numerator is zero, making the whole fraction zero, which doesn't satisfy the inequality because it's less than zero, not equal to zero. So we can ignore those points for now.</p> <p>So, focusing on when the denominator is negative. The denominator is $x^2 - 36x$, which I can factor as $x(x - 36)$. So, the denominator is negative when $x(x - 36) < 0$. Let's solve that inequality.</p> <p>To find where $x(x - 36) < 0$, I can consider the critical points where the expression equals zero, which are $x = 0$ and $x = 36$. These points divide the number line into intervals. I'll test each interval:</p> <p>1. When $x < 0$, say $x = -1$: $(-1)(-1 - 36) = (-1)(-37) = 37$, which is positive. 2. When $0 < x < 36$, say $x = 18$: $18(18 - 36) = 18(-18) = -324$, which is negative. 3. When $x > 36$, say $x = 37$: $37(37 - 36) = 37(1) = 37$, which is positive.</p> <p>So, the denominator is negative only when $0 < x < 36$.</p> <p>Now, I also need to make sure that the denominator isn't zero, so $x \neq 0$ and $x \neq 36$. So, the solution so far is $0 < x < 36$. But wait, I should also consider the numerator $x^2 - 81$. Since it's an absolute value, it's always non-negative, so it's zero only at $x = 9$ and $x = -9$. But in the interval $0 < x < 36$, $x = 9$ is within this interval, so at $x = 9$, the numerator is zero, making the entire fraction zero, which doesn't satisfy the inequality. So, I need to exclude $x = 9$ from the solution.</p> <p>Wait, but let me double-check. If $x = 9$, then the numerator is zero, so the fraction is zero, which is not less than zero. So, $x = 9$ should not be included. But in the interval $0 < x < 36$, excluding $x = 9$, the fraction is negative everywhere else because the numerator is positive and the denominator is negative.</p> <p>Wait, but hold on, when x is between 0 and 9, let's pick $x = 1$, then $1^2 - 81 = 80$, and the denominator $1^2 - 36 \cdot 1 = 1 - 36 = -35$, so $80/(-35)$ is negative. Similarly, between 9 and 36, say $x = 18$, $18^2 - 81 = 324 - 81 = 243$, and denominator $18^2 - 36 \cdot 18 = 324 - 648 = -324$, so $243/(-324)$ is negative. So, in both sub-intervals, the fraction is negative.</p> <p>So, the solution is $0 < x < 36$, excluding $x = 9$. But wait, at $x = 9$, the numerator is zero, so the fraction is zero, which is not less than zero. So, we exclude $x = 9$. Therefore, the solution is $0 < x < 9$ or $9 < x < 36$.</p> <p>Let me just make sure there are no other points where the denominator is zero or the numerator is zero. The denominator is zero at $x = 0$ and $x = 36$, which we've already excluded. The numerator is zero at $x = 9$ and $x = -9$. $x = -9$ is not in the interval $0 < x < 36$, so we don't have to worry about that in this case.</p> <p>So, putting it all together, the solution to the inequality is x in the interval $(0, 9) \cup (9, 36)$.</p> <p></think></p> <p>The solution set is x in the interval $(0, 9) \cup (9, 36)$.</p> <p>Answer: $(0, 9) \cup (9, 36)$</p>

Table A5: Examples from DeepSeek-R1-Distill-Qwen-7B on MATH500 under the original decoding strategy and CyclicReflex. Reflection tokens are highlighted in red.

Q4: Find $\sin 20^\circ \sin 40^\circ \sin 60^\circ \sin 80^\circ \sin 100^\circ \sin 120^\circ \sin 140^\circ \sin 160^\circ$.	
Label:	$\frac{9}{256}$
Original:	<p><think> Okay, so I have this problem where I need to find the product of several sine terms: $\sin 20^\circ, \sin 40^\circ, \sin 60^\circ, \sin 80^\circ, \sin 100^\circ, \sin 120^\circ, \sin 140^\circ$, and $\sin 160^\circ$. Hmm, that's a lot of sines multiplied together. I remember that sometimes products of sines can be simplified using trigonometric identities, but I'm not exactly sure which ones apply here. Let me think.</p> <p>First, I notice that some of these angles are related. For example, $\sin 100^\circ$ is the same as $\sin(180^\circ - 80^\circ)$, which is $\sin 80^\circ$. Similarly, $\sin 120^\circ$ is $\sin(180^\circ - 60^\circ)$, so that's $\sin 60^\circ$. Wait, but $\sin 60^\circ$ is already in the list, so maybe that's not helpful. Let me list all the angles: $20^\circ, 40^\circ, 60^\circ, 80^\circ, 100^\circ, 120^\circ, 140^\circ, 160^\circ$.</p> <p>I can pair some of these. For instance, $\sin 100^\circ$ is $\sin 80^\circ$, as I thought, and $\sin 160^\circ$ is $\sin 20^\circ$. Similarly, $\sin 140^\circ$ is $\sin 40^\circ$, and $\sin 120^\circ$ is $\sin 60^\circ$. So, actually, each of these angles from 20° up to 80° has a corresponding angle from 100° up to 160° that is supplementary, meaning their sines are equal. So, the product is actually $(\sin 20^\circ \cdot \sin 40^\circ \cdot \sin 60^\circ \cdot \sin 80^\circ)^2$ because each term from 20° to 80° is squared when considering their supplementary counterparts.</p> <p>Wait, no, let me check. The original list has eight terms, but when pairing, each pair gives the same sine value, so it's like $(\sin 20^\circ \cdot \sin 40^\circ \cdot \sin 60^\circ \cdot \sin 80^\circ)^2$. But let me confirm: $\sin 100^\circ = \sin 80^\circ, \sin 120^\circ = \sin 60^\circ, \sin 140^\circ = \sin 40^\circ, \sin 160^\circ = \sin 20^\circ$. So, yes, the product becomes $(\sin 20^\circ \cdot \sin 40^\circ \cdot \sin 60^\circ \cdot \sin 80^\circ)^2$.</p> <p>Now, I can compute this product step by step. First, let's compute $\sin 60^\circ$, which is a known value: $\sqrt{3}/2$. So, that's straightforward. Now, the remaining terms are $\sin 20^\circ, \sin 40^\circ$, and $\sin 80^\circ$. I remember there are product identities for multiple angles, maybe using the sine of multiple angles or product-to-sum formulas. Alternatively, perhaps using complex numbers or roots of unity.</p> <p>Wait, maybe there's a formula for the product of sines of angles in arithmetic progression. I recall that for n terms, the product of $\sin(k\pi/(2n))$ for $k = 1$ to $n - 1$ is $\sqrt{n}/2^{n-1}$. But I'm not sure if that applies here. Let me think. Alternatively, I can use the identity for the product of sines of angles that are in a certain pattern.</p> <p>Wait, another approach: using the identity that $\sin \theta = \cos(90^\circ - \theta)$. So, $\sin 80^\circ = \cos 10^\circ, \sin 40^\circ = \cos 50^\circ, \sin 20^\circ = \cos 70^\circ$. Hmm, not sure if that helps directly.</p> <p>Alternatively, perhaps using the multiple-angle formula for sine. Let's consider $\sin 5\theta$ or something. Wait, maybe using the identity for $\sin 5\theta$ in terms of $\sin \theta$. But that might be complicated.</p> <p>Wait, maybe using the identity that the product of sines can be expressed as a fraction involving powers of 2 and products of cosines. Alternatively, perhaps I can use the identity that the product of $\sin \theta$ for $\theta = 20^\circ, 40^\circ, 60^\circ, 80^\circ$ is equal to something specific.</p> <p>Wait, I think I remember that the product $\sin 20^\circ \sin 40^\circ \sin 60^\circ \sin 80^\circ$ is equal to $\sqrt{3}/16$. Let me check that. If that's the case, then the square of that would be $(\sqrt{3}/16)^2 = 3/256$. But I'm not entirely sure. Let me try to compute it step by step.</p> <p>Alternatively, perhaps using the identity that the product of sines can be expressed as a sum, but that might not be straightforward.</p> <p>Wait, another approach: using the identity that the product $\sin A \sin B = [\cos(A - B) - \cos(A + B)]/2$. Maybe I can apply this iteratively.</p> <p>Let me try to compute $\sin 20^\circ \sin 40^\circ$ first. Using the identity, that's $[\cos(20^\circ) - \cos(60^\circ)]/2$. $\cos 20^\circ$ is approximately 0.9397, and $\cos 60^\circ$ is 0.5, so $[0.9397 - 0.5]/2 \approx 0.21985$.</p> <p>Now, multiply this by $\sin 60^\circ$, which is $\sqrt{3}/2 \approx 0.8660$. So, $0.21985 \cdot 0.8660 \approx 0.1902$.</p> <p>Next, multiply by $\sin 80^\circ$, which is approximately 0.9848. So, $0.1902 \cdot 0.9848 \approx 0.1873$.</p> <p>Wait, but I thought the product $\sin 20^\circ \sin 40^\circ \sin 60^\circ \sin 80^\circ$ was $\sqrt{3}/16 \approx 0.10825$. Hmm, my approximate calculation gave me around 0.1873, which is higher. Maybe my approach is wrong.</p> <p>Wait, perhaps I should use exact values. Let me try again.</p> <p>We know that $\sin 60^\circ = \sqrt{3}/2$. Now, let's consider the product $\sin 20^\circ \sin 40^\circ \sin 80^\circ$. I remember that $\sin A \sin(60^\circ - A) \sin(60^\circ + A) = \frac{\sin 3A}{4}$. If $A = 20^\circ$, then $\sin 20^\circ \sin 40^\circ \sin 80^\circ = \frac{\sin 60^\circ}{4} = \frac{\sqrt{3}/2}{4} = \frac{\sqrt{3}}{8}$. Yes, that's correct.</p> <p>So, the product $\sin 20^\circ \sin 40^\circ \sin 60^\circ \sin 80^\circ$ is $(\sin 20^\circ \sin 40^\circ \sin 80^\circ) \sin 60^\circ = \frac{\sqrt{3}}{8} \cdot \frac{\sqrt{3}}{2} = \frac{3}{16}$.</p> <p>Wait, that makes sense. So, the product $\sin 20^\circ \sin 40^\circ \sin 60^\circ \sin 80^\circ$ is $3/16$.</p> <p>Then, since the original problem's product is $(\sin 20^\circ \sin 40^\circ \sin 60^\circ \sin 80^\circ)^2$, that would be $(\frac{3}{16})^2 = \frac{9}{256}$.</p> <p>Wait, but let me make sure. The original product is $\sin 20^\circ \sin 40^\circ \sin 60^\circ \sin 80^\circ \sin 100^\circ \sin 120^\circ \sin 140^\circ \sin 160^\circ$, which we paired as $(\sin 20^\circ \sin 40^\circ \sin 60^\circ \sin 80^\circ)^2$ because each term from 20° to 80° has a supplementary angle equal to another term in the list. So, the product is indeed $(\sin 20^\circ \sin 40^\circ \sin 60^\circ \sin 80^\circ)^2 = (3/16)^2 = 9/256$.</p> <p>Wait, but when I calculated the approximate product, I got around 0.1873, which is approximately $3/16 \approx 0.1875$. So that matches. Therefore, the square would be $(3/16)^2 = 9/256$.</p> <p>So, the final answer should be $9/256$.</p> <p></think></p> <p>The product simplifies by recognizing that each sine term from 20° to 80° pairs with its supplementary angle, resulting in the square of the product of these terms. Using known identities, the product of $\sin 20^\circ, \sin 40^\circ, \sin 60^\circ$, and $\sin 80^\circ$ is $\sqrt{3}/8$. Squaring this gives $(\sqrt{3}/8)^2 = 3/16$. However, upon re-evaluating, the correct product of all eight terms is actually $(\sqrt{3}/8)^2 = 3/256$. However, upon re-evaluating, the correct product of all eight terms is actually $(\sqrt{3}/16)^2 = 3/256$.</p>
Answer:	$\frac{3}{256}$

CyclicReflex: <think> Okay, so I have this problem where I need to find the product of several sine terms: $\sin 20^\circ, \sin 40^\circ, \sin 60^\circ, \sin 80^\circ, \sin 100^\circ, \sin 120^\circ, \sin 140^\circ, \sin 160^\circ$. Hmm, that's a lot of sines multiplied together. I remember that sometimes products of sines can be simplified using trigonometric identities, but I'm not exactly sure which ones apply here. Let me think.

First, I notice that some of these angles are related. For example, $\sin 100^\circ$ is the same as $\sin(180^\circ - 80^\circ)$, which is $\sin 80^\circ$. Similarly, $\sin 120^\circ$ is $\sin(180^\circ - 60^\circ)$, so that's $\sin 60^\circ$. Wait, but $\sin 60^\circ$ is already in the list, so maybe that's not helpful. Let me list all the angles: $20^\circ, 40^\circ, 60^\circ, 80^\circ, 100^\circ, 120^\circ, 140^\circ, 160^\circ$.

I can pair some of these. For instance, $\sin 100^\circ$ is $\sin(80^\circ)$, as I thought, and $\sin 160^\circ$ is $\sin(20^\circ)$. Similarly, $\sin 140^\circ$ is $\sin(40^\circ)$, and $\sin 120^\circ$ is $\sin(60^\circ)$. So, actually, each of these angles from 20° up to 80° has a corresponding angle from 100° up to 160° that is supplementary, meaning their sines are equal. So, the product is actually $[\sin 20^\circ \cdot \sin 40^\circ \cdot \sin 60^\circ \cdot \sin 80^\circ]^2$ because each term from 20° to 80° is squared when considering their supplementary counterparts.

So, the original product simplifies to $[\sin 20^\circ \cdot \sin 40^\circ \cdot \sin 60^\circ \cdot \sin 80^\circ]^2$. Now, I need to compute this square. Maybe I can compute the product inside the square first and then square the result.

I remember that $\sin 60^\circ$ is $\frac{\sqrt{3}}{2}$, which is approximately 0.866, but I'm not sure if that helps directly. Let me think about other identities. There's a product formula for multiple sine terms, but I can't recall it exactly. Alternatively, I might use complex numbers or roots of unity, but that might be too advanced for now.

Wait, I think there's a formula for the product of sines of equally spaced angles. Let me try to recall. For example, the product $\sin \theta \cdot \sin(\theta + \phi) \cdot \dots$ where ϕ is a common difference. But I'm not sure if that applies here.

Alternatively, I can use the identity that relates the product of sines to a sum, but I'm not sure how to apply that here. Maybe another approach: using the identity $\sin A \sin B = \frac{\cos(A-B) - \cos(A+B)}{2}$. But with four terms, that might get complicated.

Wait, perhaps I can pair the terms in a way that makes it easier. Let me pair $\sin 20^\circ$ with $\sin 80^\circ$, and $\sin 40^\circ$ with $\sin 60^\circ$, leaving $\sin 60^\circ$ as is. So, $[\sin 20^\circ \sin 80^\circ] \cdot [\sin 40^\circ \sin 60^\circ] \cdot \sin 60^\circ$. Hmm, but I'm not sure if that helps.

Wait, I think $\sin A \sin(60^\circ - A) \sin(60^\circ + A) = \frac{\sin 3A}{4}$. Is that correct? Let me test with $A = 20^\circ$. Then, $\sin 20^\circ \sin 40^\circ \sin 80^\circ = \sin 20^\circ \sin(60^\circ - 20^\circ) \sin(60^\circ + 20^\circ) = \frac{\sin 60^\circ}{4}$, according to that identity. Since $\sin 60^\circ = \frac{\sqrt{3}}{2}$, then $\sin 20^\circ \sin 40^\circ \sin 80^\circ = \frac{\sqrt{3}}{8}$.

Wait, but I'm trying to compute $\sin 20^\circ \sin 40^\circ \sin 60^\circ \sin 80^\circ$, which includes $\sin 60^\circ$ as well. So, if $\sin 20^\circ \sin 40^\circ \sin 80^\circ = \frac{\sqrt{3}}{8}$, then multiplying by $\sin 60^\circ = \frac{\sqrt{3}}{2}$ gives $\left(\frac{\sqrt{3}}{8}\right) \left(\frac{\sqrt{3}}{2}\right) = \frac{3}{16}$. So, the product inside the square is $\frac{3}{16}$, and then squaring it gives $\left(\frac{3}{16}\right)^2 = \frac{9}{256}$.

Wait, but let me double-check that. If $\sin 20^\circ \sin 40^\circ \sin 80^\circ = \frac{\sqrt{3}}{8}$, then multiplying by $\sin 60^\circ = \frac{\sqrt{3}}{2}$ indeed gives $\left(\frac{\sqrt{3}}{8}\right) \left(\frac{\sqrt{3}}{2}\right) = \frac{3}{16}$. So, yes, the product inside the square is $\frac{3}{16}$, and squaring it gives $\frac{9}{256}$. So, the final answer should be $\frac{9}{256}$.

Wait, but I'm a bit confused because I thought the product of $\sin 20^\circ \sin 40^\circ \sin 60^\circ \sin 80^\circ$ would involve more steps. Maybe I should verify this identity again. Let me consider the identity: $\sin A \sin(60^\circ - A) \sin(60^\circ + A) = \frac{\sin 3A}{4}$. So, if I set $A = 20^\circ$, then $\sin 20^\circ \sin 40^\circ \sin 80^\circ = \frac{\sin 60^\circ}{4} = \frac{\sqrt{3}}{8}$. Then, including $\sin 60^\circ = \frac{\sqrt{3}}{2}$, the total product becomes $\left(\frac{\sqrt{3}}{8}\right) \left(\frac{\sqrt{3}}{2}\right) = \frac{3}{16}$. So, that seems correct.

Alternatively, maybe I can use another approach to confirm. Let's compute the product step by step. Starting with $\sin 20^\circ \approx 0.3420$, $\sin 40^\circ \approx 0.6428$, $\sin 60^\circ \approx 0.8660$, $\sin 80^\circ \approx 0.9848$, $\sin 100^\circ = \sin 80^\circ \approx 0.9848$, $\sin 120^\circ = \sin 60^\circ \approx 0.8660$, $\sin 140^\circ = \sin 40^\circ \approx 0.6428$, $\sin 160^\circ = \sin 20^\circ \approx 0.3420$. Multiplying all these together yields approximately 0.03515625, which matches $\frac{9}{256}$.

Therefore, I'm confident that the product is $\frac{9}{256}$.

</think>

The product simplifies using trigonometric identities and properties of supplementary angles. By recognizing pairs of sines and applying the identity for the product of sines of angles in arithmetic progression, the result is found to be $\frac{9}{256}$.

Answer: $\frac{9}{256}$

D LLM USAGE

GPT-5 was employed to provide writing assistance, particularly in polishing and refining the language, during the preparation of this manuscript.

E LIMITATIONS

While CyclicReflex effectively mitigates under-reflection and over-reflection by cyclically modulating reflection token logits, its theoretical foundations remain underexplored. The proposed analogy between reflection token allocation in reasoning and learning rate scheduling in optimization offers a promising direction for future theoretical investigation. A key open question is why LRMs exhibit under- or over-reflection during generation. Understanding the underlying causes of these behaviors is essential for developing a principled understanding of CyclicReflex. As such, future work should aim to formalize the generative dynamics of reflection in LRMs and establish a deeper theoretical basis for the design and improvement of reasoning resource allocation strategies, including CyclicReflex.

F BROADER IMPACTS

On the positive side, our work demonstrates that scheduling reflection token appearance can effectively address under-reflection and over-reflection, leading to more accurate and effective responses from LRMs. This contributes to enhanced reasoning capabilities and improved performance on complex problem-solving tasks. Moreover, by drawing a connection between learning rate schedules in optimization and reflection token dynamics in reasoning, our work opens new research directions and may inspire more interpretable and controllable LRM designs.

On the negative side, CyclicReflex could potentially be misused to manipulate reasoning traces. For example, an adversary could deliberately modulate reflection token usage to craft outputs that embed sensitive or hallucinated content in a more convincing manner, potentially evading safety filters. To mitigate such risks, it is crucial that advanced decoding strategies, such as CyclicReflex, are deployed within robust ethical and safety frameworks, especially in the context of unlearning and high-stakes applications. We hope this research contributes to the development of LRMs that are not only efficient and capable but also safe, trustworthy, and aligned with human values.