Unsupervised Human Preference Learning

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Abstract

 Large language models demonstrate impressive reasoning abilities but struggle to provide per- sonalized content due to their lack of individual user preference information. Existing meth- ods, such as in-context learning and parameter- efficient fine-tuning, fall short in capturing the complexity of human preferences, especially given the small, personal datasets individuals possess. In this paper, we propose a novel approach utilizing small parameter models as preference agents to generate natural language rules that guide a larger, pre-trained model, en- abling efficient personalization. Our method involves a small, local "steering wheel" model 015 that directs the outputs of a much larger foun-016 dation model, producing content tailored to an individual's preferences while leveraging the extensive knowledge and capabilities of the large model. Importantly, this personalization is achieved without the need to fine-tune the large model. Experimental results on email and article datasets, demonstrate that our technique significantly outperforms baseline personaliza- tion methods. By allowing foundation models to adapt to individual preferences in a data- and compute-efficient manner, our approach paves the way for highly personalized language model applications.

⁰²⁹ 1 Introduction

 Large language models like ChatGPT have demon- strated impressive reasoning and generalization skills across various tasks using Zero Shot and Few Shot methods [\(Kojima et al.,](#page-9-0) [2022\)](#page-9-0). How- ever, their ability to provide personalized content **remains limited (Woźniak et al., [2024\)](#page-9-1). These mod-** els are trained on large, general-purpose datasets and fine-tuned to cater to a broad audience, necessi- tating a neutral and unbiased approach. As a result, when performing tasks such as writing emails, mes- sages, or blog posts, the outputs generated by these models tend to be generic and lack the unique touch

that resonates with individual users. The inherent **042** diversity and often contradictory nature of human **043** preferences [\(Berliner et al.,](#page-9-2) [2016\)](#page-9-2) make it chal- **044** lenging for large language models to capture the **045** nuances of individual styles while simultaneously **046** attempting to cater to a large group of users. **047**

Methods like in-context learning (ICL) [\(Brown](#page-9-3) **048** [et al.,](#page-9-3) [2020\)](#page-9-3) have demonstrated the effectiveness of **049** providing few-shot examples to enhance model per- **050** formance on specific tasks. However, when deal- **051** ing with human preferences, providing few-shot **052** examples in context is insufficient to capture the **053** [c](#page-9-4)omplexity and nuances of these preferences [\(Peng](#page-9-4) **054** [et al.,](#page-9-4) [2023\)](#page-9-4). Given that preferences are stochas- **055** tic, the model can only apply the information from **056** the given few shot examples, without being able **057** to leverage the complete preference information **058** of the user. Recently, fine-tuning has emerged as **059** the most effective approach for enabling models **060** to learn specific tasks. While full supervised fine- **061** tuning is resource-intensive, Parameter Efficient **062** Finetuning (PEFT) methods like LoRA [\(Hu et al.,](#page-9-5) **063** [2021\)](#page-9-5) and QLoRA [\(Dettmers et al.,](#page-9-6) [2023\)](#page-9-6) offer a **064** more resource-effective solution for task-specific **065** learning. However, in the domain of human prefer- **066** ence learning, PEFT methods such as QLoRA fail **067** to generalize, especially given the small datasets **068** that individual users possess [\(Balne et al.,](#page-8-0) [2024\)](#page-8-0). **069**

We propose a novel approach for aligning large 070 language models towards personalized user prefer- **071** ences using preference agents. These preference **072** agents are small, locally inferrable, fine-tuned lan- **073** guage models that generate natural language rules **074** to guide the behavior of a larger, generic, pre- **075** trained model. By leveraging the knowledge and **076** superior capabilities of the large, generic model 077 while injecting user-specific rules, our method en- 078 ables efficient personalization without the need for **079** expensive retraining or invasive collection of large **080** human feedback datasets. The preference agent, **081** given a particular task, distills an individual user's **082**

Figure 1: Naive vs Preference Rule Finetuning

 preferences into a concise set of instructions that the large, generic model follows to produce tai- lored outputs aligned with the user's unique re- quirements. This modular architecture decouples preference learning from the generic pre-trained model, which allows users to finetune small mod-els locally.

 Our method of preference distillation represents a significant departure from conventional training approaches, offering a new solution for unsuper- vised human preference learning. We evaluate our approach across two human-generated content datasets and task settings, showing that preference- guided language models significantly outperform both fine-tuning baselines and standard prompting techniques based on automatic metrics, GPT-4 eval-uations, and human judgments.

100 Our main contributions are as follows:

- **101** We propose a new fine-tuning objective that **102** utilizes distilled target information instead of **103** traditional input-output pairs. This approach **104** directly enhances learning efficiency by focus-**105** ing on essential patterns, such as preference **106** information, without relying on implicit recog-**107** nition from broader data.
- **108** We show that compared to prompting with **109** few-shot examples and fine-tuning as base-**110** lines, the use of rule generators with a large **111** model results in a performance boost of up to **112** 80% for various tasks involving human pref-**113** erences.
- **114** We release two large, human intent annotated **115** preference datasets, to enable future research **116** on preference learning techniques and opti-**117** mizations.

¹¹⁸ 2 Method

119 In this section, we detail our approach for align-**120** ing language models to personalized user preferences using small preference agents. Our method **121** involves two key components: generating natural **122** language rules that capture user preferences and **123** utilizing these rules to guide a larger, pre-trained **124** language model. This modular architecture allows **125** for efficient personalization without extensive re- **126 training.** 127

2.1 Task Definition **128**

Given a task T , we define the dataset D as consisting of input-output pairs. Each input comprises a **130** user intent u and associated task metadata m, and **131** the output is the ideal task completion, denoted as **132** g, which we consider the ground truth. Thus, the **133** dataset can be formally expressed as: **134**

$$
\mathcal{D} = \{ (\mathbf{x}, \mathbf{g}) \mid \mathbf{x} = (\mathbf{u}, \mathbf{m}) \}
$$

2.2 Constraints and Assumptions **136**

We seek to enable users to generate high qual- **137** ity, personalized responses as our goal, which are **138** bounded by some constraints and assumptions: **139**

Firstly, the size of the dataset D is not large 140 enough to permit effective full model fine-tuning. **141** Given that individual users typically possess small, 142 personal datasets, it is impractical to expect these **143** datasets to be sufficient for extensive fine-tuning of **144** a large language model. **145**

Secondly, the small model, denoted as M_S , 146 must be lightweight enough to operate on end- **147** user devices, such as laptops, phones, and tablets. **148** This requirement ensures that users can generate **149** and apply their preferences without the need for **150** high-performance computing resources. The small 151 model's efficiency allows for local inference, mak- **152** ing the personalization process more accessible and **153** convenient. **154**

Thirdly, we wish to use an alignment process, **155** that can be completed without the use of major **156** additional hardware **157**

 Lastly, we assume that the large model, referred to as ML, is either too large to run inference locally or is a closed-source API model. Consequently, it is not feasible, or cost effective to fine-tune or align M^L by altering its model weights.

163 2.3 Model Training

164 Given the dataset D , we first task M_L with generat- ing zero-shot responses to our training data. These initial responses are devoid of any user-specific preference information:

$$
\mathbf{Y}_z = M_L(\mathbf{X}) \tag{1}
$$

169 where Y_z represents the set of zero-shot outputs **170** for all inputs X in the training dataset.

Next, we leverage M_L **'s capabilities to extract** 172 the delta between the zero-shot completions (Y_z) and the ground truth outputs (G). This delta repre- sents the preference rules that need to be learned by the smaller model:

$$
\mathbf{P} = M_L(\mathbf{Y}_z, \mathbf{G}) \tag{2}
$$

 Here, P represents the set of preference rules derived for each training example. We hypothesize 179 that M_L can effectively identify these rules without prior knowledge of the specific user's preferences, just by observing the differences between the zero shot completion and the ground truth.

183 **Finally, we train the smaller model,** M_S , to learn **184** to generate these preference rules. The training 185 data for M_S consists of input-preference rule pairs:

$$
M_S \xrightarrow{\textbf{(X,P)}} M_A \tag{3}
$$

Through this training process, M_S learns to map user intents and task metadata to natural language preference rules, effectively becoming a personal-ized preference agent (M_A) .

191 2.4 Model Alignment

192 Once the preference agent M_A is trained, we can use it to align the larger model's outputs to unseen user data. For a new input x, we first generate preference rules using the trained agent:

$$
\mathbf{p} = M_A(\mathbf{x}) \tag{4}
$$

197 These rules, expressed in natural language, are **198** then provided as additional context to the large 199 language model M_L alongside the original input:

$$
y_a = M_L(\mathbf{x}, \mathbf{p}) \tag{5}
$$

The output y_a is considered to be preference- 201 aligned as it is generated by M_L while considering 202 the user's preferences encoded in p. This approach **203** allows us to leverage the vast knowledge and gener- **204** ative capabilities of M^L while tailoring the output **²⁰⁵** to individual preferences without directly modify- **206** ing the large model's weights. **207**

2.5 Quantifying Alignment **208**

To evaluate the effectiveness of our preference **209** alignment method, we employ an evaluation func- **210** tion on an unseen test set T . For each example in 211 \mathcal{T} , the evaluation function considers three pieces of 212 information: the original input x, the zero-shot out- **213** put generated by the large model ($y_z \in Y_z$), and 214 the preference-aligned output generated by incorpo- **215** rating the preference agent's guidance $(y_a \in Y_a)$. 216

The evaluation function, denoted as **217** Eval $(y_a, y_z|\mathbf{x})$, assesses which of the two 218 outputs, y_z and y_a , better aligns with the user's 219 likely preference, given the input x. While the **220** specific implementation of Eval can vary (e.g., **221** human evaluation, model-based metrics), its output **222** is a score indicating the preference between the **223** two outputs: **224**

A positive score indicates a preference for the **225** aligned output (ya). A negative score indicates a **²²⁶** preference for the zero-shot output (y_z) . We aggre- 227 gate these scores across all examples in the test set **228** τ to obtain an overall alignment score: 229

$$
Score(\mathcal{T}) = \sum_{i=1}^{|\mathcal{T}|}Eval(y_a^{(i)}, y_z^{(i)} | \mathbf{x}^{(i)}) \qquad (6) \qquad \qquad \text{230}
$$

where: **231**

- $|T|$ represents the number of examples in the **232** test set. **233**
- $y_a^{(i)}$ and $y_z^{(i)}$ represent the aligned and zero-
234 shot outputs, respectively, for the i -th exam- 235 ple. **236**

A positive $Score(\mathcal{T})$ suggests that the preference 237 agent successfully guides the large language model **238** to generate outputs that are better aligned with user **239** preferences compared to the baseline zero-shot out- **240 puts.** 241

3 Experimental Setup **²⁴²**

3.1 Model Choice **243**

We select Llama 3 with 8 billion parameters (8B) **244** as our M_S and Llama 3 with 70 billion parameters 245 246 (70B) as our M_L [\(AI@Meta,](#page-8-1) [2024\)](#page-8-1). The moti- vation behind these choices is twofold: the 70B version of Llama 3 is known for its exceptional capabilities, making it a robust foundation model, while the 8B version is sufficiently powerful and can be deployed on end-user devices. Additionally, the 8B model can be fine-tuned using $Q\text{Lora}^{-1}$ $Q\text{Lora}^{-1}$ $Q\text{Lora}^{-1}$ within the constraints of 16GB of VRAM, making it an ideal candidate for serving as an alignment agent in our personalization framework.

256 3.2 Datasets

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 Our evaluation spans two datasets, each encompass- ing single and multi-user preference information to demonstrate the robustness and generalizability of our framework.

 For evaluating the performance of short form [w](#page-9-7)riting, we select the Enron email corpus [\(Klimt](#page-9-7) [and Yang,](#page-9-7) [2004\)](#page-9-7). This corpus comprises emails from approximately 150 users, predominantly se- nior management at Enron, structured into folders. The corpus includes roughly 0.5 million messages in total. We sample 15 users from the Enron cor- pus, for our preference alignment test in order to analyze the reproducibility of an individual's writ- ing style. We split each user's subset into an 80-20 train-test split.

 The second dataset is a subset of the All the News 2.0 dataset [\(Thompson,](#page-9-8) [2020\)](#page-9-8), specifically articles from The New Yorker magazine, which contains approximately 3,500 articles. This sub- set was selected due to the abundance of creative writing within The New Yorker magazine, which provides a rich source of author preference informa- tion. We seek to analyze whether, with preference agents, the unique style of the New Yorker, can be reproduced with simple, natural language rules. We split this dataset into a 50-50 train test split. 2° 2°

283 Refer to Appendix [B.1](#page-10-0) for details regarding **284** dataset preparation and sampling.

285 3.2.1 Dataset Augmentation

 Synthetic Intent Generation. We aim to develop a fully unsupervised approach that scales effectively by avoiding the manual collection of human intents. Instead, we make the model extract the core con- tent of the text into bullet points to emulate user input. We randomly sample these generated intents and subject them to manual human evaluation. Our

findings indicate a high degree of fidelity, with over **293** 95% of the synthetic intents achieving agreement **294** with intents written by humans. These intents are **295** then utilized as inputs for our model, ensuring that **296** the training process remains robust and scalable **297** without the need for extensive manual data collec- **298** tion. To control for noise, we generate three intent **299** variants for each count of data, at temperatures of **300** 0.7, 1.0 and 1.2 respectively to introduce vari- **301** ance. This helps us simulate different user styles. **302** We then randomly sample these intents, in order to **303** make up intent annotated versions of our dataset. **304** Examples of generated intents can be found in Ap- **305 pendix [I.3.](#page-17-0)** 306

Rule Generation As described in [§2.3,](#page-2-0) we gen- **307** erate baselines, which are often extremely formal **308** and verbose, and then subsequently generate nat- **309** ural language preference rules from Llama-3 70B **310** (M_L) . Examples of these generated rules can be 311 found in Appendix [I.1.](#page-15-0) As ablations, in addition **312** to the method described in [§2.3,](#page-2-0) we generate two **313** additional sets of rules: (a) without the zero shot **314** baseline, where we only input the target email (b) **315** without the "thinking tokens". The merits and de- 316 merits of these rules are discussed in [§5.5.](#page-6-0) 317

3.3 Model Training 318 318

We train our rule generators using parameter- **319** efficient finetuning (PEFT) methods. While full **320** finetuning has the potential to yield superior re- **321** sults, we prioritize scalability and the feasibility **322** of local deployment on user devices, leading us **323** to choose PEFT. Specifically, we employ QLoRA **324** with a rank and alpha of 256. This 1-1 mapping 325 simplifies hyperparameter tuning, and while further **326** experimentation could potentially uncover better **327** configurations, our goal is to demonstrate the effec- **328** tiveness of our method even with straightforward **329** hyperparameter choices. For a fair comparison, we **330** also train baseline models using naive finetuning **331** (directly on input-output pairs) with the same hyper- **332** parameters. We ensure that all model training can **333** be accommodated within 16GB of VRAM, making **334** our approach accessible to consumer-grade devices. **335** A detailed analysis of our finetuning procedure can **336** be found in Appendix [C.](#page-10-1) 337

3.4 Evaluation Metrics **338**

We evaluate our approach on the Enron and New **339** Yorker datasets using automated evaluation with 340 GPT-4 Omni (GPT-4o) [\(Naismith et al.,](#page-9-9) [2023;](#page-9-9) **341** [Zheng et al.,](#page-9-10) [2023\)](#page-9-10) and Human Evaluation. We **342**

¹ <https://unsloth.ai/blog/llama3>

²We choose a smaller train split for the larger New Yorker dataset, as we wish to demonstrate training sample efficiency

Preference Agents	Dataset				Aggregated Eval Human-GPT Agreement
	New Yorker Enron GPT-40 Human				
vs Small Baseline	77.4	88.4	82.9	88.7	93.5
vs Large Baseline	67.7	85.6	76.65	87.4	87.7
vs Few Shot	68.3	61.1	64.7	84.2	76.8
vs Naive Finetune	80.3	75.3	77.8	86.1	90.4
vs No Baseline Agent	65.1	58.4	61.75	71.7	86.1

Table 1: Win rates and Aggregated results with Human Evaluation and Human-GPT Agreement in percentage $(\%).$

 compare our preference agents, trained with and without baseline rules, against several baselines: zero-shot responses from our small (Llama-3-8B) and large (Llama-3-70B) models, few-shot genera- tions using the large model, and a naive fine-tuned **348** agent.

 Our primary metric is win percentage, reflect- ing how often a method's output is chosen as the best match to the ground truth based on criteria like style, tone, and overall resemblance. Human Evaluation follows the same criteria. We forgo tra- ditional similarity scores like BLEU and ROUGE as they do not adequately capture the nuances of preference information (see Appendix [D](#page-10-2) for further discussion). Detailed information on the Human Evaluation can be found in Appendix [F.](#page-11-0)

³⁵⁹ 4 Results

 As discussed in [§3.4,](#page-3-2) we evaluate the performance of our fine-tuned preference agents against several baselines using GPT-4o. Our baselines include zero-shot generations from both the small model (*M_S*) and the large model (*M_L*), few-shot genera-365 tions using M_L , and a naive fine-tuned agent (M_F) . We compare these baselines against two variants of our method: a preference agent trained with zero- shot baseline rules (MA) and a no-baseline agent trained without using zero-shot information.

 For the Enron dataset, we fine-tuned our pref- erence agent on 15 unique senders and report the average of the aggregated results. Figure [2](#page-5-0) illus- trates the efficacy of our preference agent tech- nique, demonstrating high win rates compared to all baselines. Notably, our agent trained on distilled preference rules significantly outperforms the naive fine-tuned model (M_F) with the same hyperparam- eters, achieving a win rate of 88.4%. Similarly, on the New Yorker dataset, our method outperforms naive fine-tuning with a win rate of 80.3%. This

consistent outperformance across both datasets, fur- **381** ther discussed in [§5.4,](#page-6-1) highlights the effectiveness **382** of our approach in capturing and leveraging user **383** preferences. 384

Human LLM Agreement. Interestingly, we ob- **385** serve that the human evaluation scores consistently **386** show higher win percentages for our method com- **387** pared to the GPT-4o evaluations. This discrepancy **388** can be attributed to the fact that human evalua- **389** tors are better equipped to assess nuanced stylistic **390** elements and evaluate their alignment with user **391** preferences. While GPT-4o demonstrates strong **392** capabilities in evaluating text quality, it may not **393** fully capture the subtleties of human preferences **394** in the same way that human evaluators can. **395**

Despite this difference, we observe a high level **396** of agreement between GPT-4o and human evalua- **397** tions, with an overall concordance rate of 86.9%. **398** [T](#page-9-10)his finding aligns with previous research by [Zheng](#page-9-10) **399** [et al.](#page-9-10) [\(2023\)](#page-9-10), which reported an approximately **400** 80% agreement rate between human judgments **401** and GPT-4o evaluations. This high level of agree- **402** ment reinforces the reliability of GPT-4o as an au- **403** tomated evaluation tool for assessing text quality, **404** even when dealing with subjective aspects like user **405** preferences. We discuss qualitative examples and **406** human annotation samples of the results in Ap- 407 pendix [I.3,](#page-17-0) and analyze the results further in Ap- **408** pendix [A](#page-10-3) **409**

5 Discussion **⁴¹⁰**

5.1 Model Specific Semantic Understanding **411**

In the context of semantic understanding, our study **412** reveals that different families of models interpret **413** the same words differently. Specifically, rules gen- **414** erated with GPT-4o do not significantly improve **415** performance over baselines for the Llama model, **416** compared to rules generated within the Llama fam- **417**

Figure 2: Comparison of win rates on New Yorker and Enron datasets - GPT4 evaluated

 ily. We hypothesize that this discrepancy arises from inherent differences in understanding and rea- soning between models. Notably, Llama-3 70B shows a better grasp of rules generated by itself and Llama-8B than those generated by GPT-4o. Despite the well-structured and comprehensive na- ture of GPT-4o's rules, they were less effective than those from the Llama family, suggesting that models from the same family have a superior un-derstanding of their responses.

 To further investigate, we conducted human tests where rules similar to the ones generated by mod- els were written by 10 expert human annotators and compared against model-specific rules. The re- sults showed that human annotators performed sig- nificantly worse, leading to a 16.8% performance degradation on Human evaluations of the end gen- erated content. Upon investigation, we attribute this to a lack of specificity and misunderstandings of vocabulary between humans and models. The model's interpretation of certain keywords such as "precise," "concise," and "informal" often differs from human perceptions. This leads to the end, generated email, being different from what the hu- man intended. However, when the model generates it's own rules, this misunderstanding is minimized, leading to superior results. These findings lead us to hypothesize that automated rule generation is superior to manual prompting or rule annotation due to model-specific semantic understanding.

448 5.2 Thinking tokens

 Humans often deliberate before responding to queries, leading to more thoughtful and consid- ered answers. This analogy extends to language models (LLMs), where prompting the model to think and reason before generating a response can enhance the quality of the output. Previous works, such as [\(Kojima et al.,](#page-9-11) [2023\)](#page-9-11), have demonstrated **455** that simple prompting, like "Let's think step by **456** step," can significantly boost performance on vari- **457** ous benchmarks. Similarly, [\(Zelikman et al.,](#page-9-12) [2024;](#page-9-12) **458** [Goyal et al.,](#page-9-13) [2024\)](#page-9-13) have substantiated these find- **459** ings at the token level. Motivated by these insights, **460** we improve the quality of generated rules by intro- 461 ducing "thinking tokens" into the model's vocab- **462** ulary. These tokens provide a cognitive "scratch- **463** pad," enabling the model to isolate and process crit- **464** ical preference information more effectively. Our **465** experiments revealed that these thinking tokens sig- **466** nificantly enhanced the quality of rule generation **467** by allowing the model to structure its reasoning **468** process. [3](#page-5-1)

469

5.3 Cost-Effective Fine-Tuning with **470** Alignment Agents **471**

Aligning large language models with user prefer- **472** ences often entails high computational costs, par- **473** ticularly when fine-tuning large models like Llama- **474** 3-70B (M_L) . Directly fine-tuning M_L $(C_f(M_L))$ 475 is resource-intensive and impractical for consumer- **476** grade hardware. To address this, we propose fine- **477** tuning a smaller Llama-3-8B-Instruct (M_S) model 478 as a preference agent (M_A) , trained on input-rule 479 pairs, where rules are derived from M_L . This 480 approach $(C_f(M_S))$ is significantly more cost- 481 effective $(C_f(M_S) \ll C_f(M_L))$. 482

While naive fine-tuning of M_S (M_F) on input- 483 output pairs is cheaper, our results demonstrate **484** its limitations in capturing complex preferences. **485** Our method, despite a slightly higher combined **486** cost $(C_f(M_S) + C_i(M_L)$, where $C_i(M_L)$ is the 487 negligible inference cost of ML), significantly out- **⁴⁸⁸** performs naive fine-tuning. **489**

Furthermore, by not fine-tuning M_L , we retain 490

³ https://docs.anthropic.com/en/docs/let-claude-think

Figure 3: Naive FT vs Rule FT

491 the flexibility to seamlessly integrate newer, more **492** performant models as they emerge, ensuring our **493** system remains adaptable and future-proof.

494 5.4 Why Rule Finetuning Is More Effective

 In experiments on the New Yorker dataset, we ob- serve that with naive, traditional parameter-efficient fine-tuning (PeFT) using QLora, the loss decreases but does not drop below the 1.5 threshold. How- ever, when fine-tuning on structured rules for the same content while keeping the rank, random seed, and other hyperparameters constant, the loss de- creases to below 1.0. This indicates a more effec- tive learning process. We hypothesize that this is due to the size and diversity of the training data. Structured rules have a clear format and structure, enabling the model to identify patterns and learn the process of rule generation more efficiently. In contrast, the inherent complexity and diversity of article writing pose significant challenges for naive fine-tuning methods, as the model cannot easily dis- cern clear patterns or overlaps in the training data. Consequently, our approach demonstrates superior performance from a sample efficiency perspective. The model fine-tuned on structured rules requires a smaller shift in distribution compared to the naive fine-tuning approach, which must adapt completely to the new task. This method is also advantageous for multi-task fine-tuning, as it avoids the need to adapt to entirely different token distributions and task domains. Instead, we focus on learning user preferences and delegate the task completion to the large model, leveraging its generalizability and extensive parameter set, which ultimately leads to superior end reasoning.

525 5.5 Rule Generation Strategies

526 Rule generation is essential for effective model **527** personalization, and we employ three methods to **528** achieve this.

The first method prompts the large reasoning **529** model (M_L) to generate natural language rules 530 (R_1) to align its responses with user preferences. 531 The **second** method, R_2 , builds on R_1 by incorpo- 532 rating "thinking tokens" (Section [5.2\)](#page-5-2), prompting **533** the model to analyze the input more deeply before **534** generating rules. The **third** method, R_3 , uses a dis- 535 tillation process based on M_L 's zero-shot response. 536 By analyzing this response, the model identifies **537** missing preference information and generates rules **538** to fill these gaps, creating rules that better align the **539** output with user preferences. **540**

The superior performance of R_3 is due to its pre- 541 cise identification and addressing of discrepancies **542** between zero-shot outputs and the ground truth. **543** In comparison, R_1 performs significantly worse 544 due to the lack of in-depth analysis and feedback **545** mechanisms found in R_2 and R_3 . 546

Overall, our findings highlight that the distilla- **547** tion process in R_3 leads to precise, effective rule 548 generation, and incorporating thinking tokens in **549** R² enhances performance compared to the basic **⁵⁵⁰** approach in R_1 . These strategies are crucial for 551 optimal model personalization. **552**

5.6 Evidence of Personalization **553**

To demonstrate that our approach effectively learns **554** individual writing styles rather than merely approx- **555** imating the underlying task (e.g., email writing), **556** we conduct a permutation analysis using preference **557** agents trained on different email senders. **558**

We train five preference agents on five distinct **559** email senders from the Enron dataset. We then per- **560** form inference using each agent on the test splits **561** of all five senders, generating emails for every **562** combination of agent and sender data. To quan- **563** tify the similarity between the generated emails **564** and the ground truth, we employ the normalized **565** BERT Score [\(Reimers and Gurevych,](#page-9-14) [2019\)](#page-9-14), an 566 automated metric suitable for analyzing large vol- **567** umes of emails. Additionally, we supplement this **568** analysis with randomly sampled human evaluations **569** to validate our findings. **570**

Our analysis reveals a clear trend along the diag- **571** onal of Figure [4,](#page-7-0) indicating that the model trained **572** on a particular sender's data performs best when **573** tested against the same sender's data. This finding **574** strongly suggests that our approach successfully **575** captures individual writing styles and preferences. **576**

However, this trend does not hold in all **577** cases. Certain models, such as the preference **578** agent trained on benjamin.rogers, achieve higher **579**

Figure 4: Permutation of Models and Senders

 BERT scores across all senders. We hypothesize that this may be attributed to the diversity of Ben- jamin Rogers' interactions and the larger size of his training set. Consequently, the model learns to imitate the underlying task extremely well, leading to better performance across all senders. This is evidenced by our training loss, which is the lowest for benjamin.rogers. Please refer to Appendix [E](#page-11-1) for further details.

⁵⁸⁹ 6 Related Work

 Traditional Methods of Alignment. Reinforce- ment Learning from Human Feedback (RLHF) [\(Ouyang et al.,](#page-9-15) [2022\)](#page-9-15) and Reinforcement Learn- ing from AI Feedback (RLAIF) [\(Bai et al.,](#page-8-2) [2022\)](#page-8-2) are prominent methods for aligning models with human feedback and fine-tuned LLM annotators, respectively. While effective, RLHF requires costly human annotations and complex distributed training. Direct Preference Optimization (DPO) [\(Rafailov et al.,](#page-9-16) [2023\)](#page-9-16) improves on this by using preference pairs to train models, reducing com- putational complexity, but training on contrasting preference pairs does not fully capture the nuances of overlapping human preferences. Furthermore, [i](#page-9-1)n-context methods [\(Kojima et al.,](#page-9-0) [2022;](#page-9-0) [Wo´zniak](#page-9-1) [et al.,](#page-9-1) [2024\)](#page-9-1) demonstrate limited generalization ca-pabilities due to context length restrictions.

 Agent-based Alignment. Training large mod- els is computationally intensive, prompting many to adopt agent-based architectures for compute- restricted environments. [Li et al.](#page-9-17) [\(2023\)](#page-9-17) employ a fine-tuned T5 policy model to assist large models using stimulus prompting. However, the necessity

for full-parameter SFT and RL optimization intro- **613** duces computational complexity, yielding limited **614** performance improvements in dialogue response **615** generation. Similarly, [Ji et al.](#page-9-18) [\(2024\)](#page-9-18) rely on full- **616** parameter SFT and a custom dataset of 50,000 pref- **617** erence examples, demanding rich data and high **618** VRAM. [Tan et al.](#page-9-19) [\(2024\)](#page-9-19) propose PEFT methods **619** to fine-tune personalized agents based on user his- **620** tory, supplemented with preference retrieval. This **621** method, while computationally efficient, is con- **622** strained by the limited reasoning capabilities of the **623** small fine-tuned agent. These works often utilize **624** automatic metrics like BLEU and ROUGE, which **625** capture lexical similarity but fail to encapsulate **626** the nuances of preferences. [Gao et al.](#page-9-20) [\(2024\)](#page-9-20) in- **627** troduce an agent trained on human edits to align **628** zero-shot outputs, yet each query necessitates three **629** rounds of inference, increasing latency and compu- **630** tational costs. Moreover, human edit history may **631** not consistently reflect genuine human preference, **632** and measuring it through edit distance proves unre- **633** liable. [Yang et al.](#page-9-21) [\(2024\)](#page-9-21) present a framework for **634** aligning LLMs via Multi-perspective User Prefer- **635** ence Ranking-based Feedback, but this approach **636** requires an initial Supervised Fine-Tuning (SFT) **637** phase, along with MPRA and RIL, imposing sig- **638** nificant training overhead and utilizing metrics like **639** BLEU that do not accurately capture human prefer- **640** ences. **641**

7 Conclusion **⁶⁴²**

In this work, we introduce a novel approach for **643** aligning large language models to personalized user **644** preferences using small, locally inferrable prefer- **645** ence agents. These agents generate natural lan- **646** guage rules that guide a larger, pre-trained model, **647** enabling efficient personalization without the need **648** for extensive retraining or invasive data collection. **649** Our method leverages the knowledge and capa- **650** bilities of large language models while incorpo- **651** rating user-specific preferences through a modu- **652** lar architecture. Experimental results on email **653** and article datasets demonstrate that our technique **654** significantly outperforms baseline personalization **655** methods, including naive fine-tuning and few-shot **656** prompting. Our findings highlight the effectiveness **657** of distilling user preferences into natural language **658** rules and using these rules to guide large language **659** models for personalized content generation. **660**

⁶⁶¹ Limitations

 While our proposed method demonstrates signif- icant improvements, there are a few areas for po- tential refinement. One consideration is the time required for the large model to process the prefer- ence agent's output before the first token can be generated. This could lead to a slightly higher Time to First Token (TTFT) at inference time. However, we believe the substantial performance gains of-fered by our approach outweigh this trade-off.

 As discussed in [§5.5,](#page-6-0) our most performant rule generation strategy incurs an additional computa- tional cost compared to the alternative methods due to an extra zero-shot inference step. This cost is off- set by the superior performance it enables. We also provide a highly competitive "no-baseline" rule generation method which offers good performance at a lower inference cost.

 Furthermore, our rule generation strategy lever- ages thinking tokens, which can lead to slightly longer outputs. If output length is a strict constraint, this step can be omitted with minimal impact on the framework's effectiveness. Importantly, the inference cost associated with rule generation is a one-time expense incurred during training data preparation.

⁶⁸⁷ Finally, as noted in [§5.3,](#page-5-3) using M^L for prefer-**688** ence agent rule generation introduces an additional **689** inference iteration compared to naive fine-tuning.

⁶⁹⁰ Ethical Considerations

 In this work, we have taken several steps to ensure that our research adheres to ethical principles and respects the rights of all parties involved. We are committed to the responsible and ethical use of AI technology and have implemented measures to prevent potential misuse of our work.

 Dataset Licensing and Attribution. Both datasets used in this research will be re- leased under the Creative Commons Attribution- NonCommercial 4.0 International (CC BY-NC 4.0) **701** license.

 The Enron email dataset [\(Klimt and Yang,](#page-9-7) [2004\)](#page-9-7) is available for educational and research purposes under the principles of fair use. We have credited the original dataset creators and adhered to the terms of its usage.

707 The New Yorker dataset is based on the 'All the **708** [N](#page-9-8)ews 2.0' dataset by Andrew Thompson [\(Thomp-](#page-9-8)**709** [son,](#page-9-8) [2020\)](#page-9-8), which is licensed for non-commercial, research purposes only. We have made modifica- **710** tions and enhancements to the dataset, and these **711** changes are also licensed under the CC BY-NC 4.0 **712** license. We have properly attributed the original **713** dataset and its creator. *714*

Model Release. In compliance with the terms of **715** the 'All the News 2.0' dataset license, we will not **716** be releasing the fine-tuned agents trained on the **717** New Yorker dataset. The license explicitly states **718** that the dataset is to be used for research purposes **719** only and not for the release of commercial genera- **720** tive models. **721**

Similarly, we will not release the agent fine- **722** tuned on the Enron email corpus. This decision **723** was made to ensure that our models are not used to **724** impersonate the senders in the Enron email corpus **725** without their explicit permission. We believe that **726** releasing such a model could potentially infringe **727** upon the privacy rights of the individuals involved. **728**

However, for research purposes only, we will **729** make the models available upon request. **730**

Citation and Acknowledgment. We have taken **731** extensive care to ensure that we comply with all **732** licenses and have appropriately cited any of our **733** work that is a derivative of another project. We **734** acknowledge the original creators and their contri- **735** butions to the field. **736**

Potential Misuse. We acknowledge that our **737** datasets, though open-source, can potentially be **738** used to train AI assistants or models for malicious **739** purposes. We strongly condemn any misuse of **740** our work and explicitly support the safe and re- **741** sponsible use of AI technology. Our intention is to **742** advance the field of AI research while adhering to **743** ethical principles and preventing harm. **744**

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868 A Extended Results

 Both GPT-4o and human evaluators agree that the small model baseline (M_S) performs worse than our proposed method. This consensus highlights the limitations of using small language models for tasks that demand a deep understanding of user preferences and the ability to generate highly tai-lored outputs.

876 Interestingly, while our method consistently out- performs the few-shot baseline across both datasets, the performance gap is more pronounced in the En- ron dataset compared to the New Yorker dataset. We hypothesize that this difference stems from the nature of the tasks. Few-shot examples are likely more effective for email writing, a relatively struc- tured and concise format, than for long-form article writing, where capturing stylistic nuances requires more than a few examples.

 Furthermore, we observe that the large model zero-shot baseline performs better on the New Yorker dataset than on the Enron dataset. This difference might be attributed to the concise na- ture of emails, which poses a challenge for zero- shot generation. Zero-shot models, without specific guidance, tend to generate longer and more formal responses, which might be less suitable for the in-formal and often brief style of emails.

 We also observe a larger performance gap be- tween our method and the few-shot baseline in the human evaluations compared to the GPT-4o evaluations. We hypothesize that this discrepancy arises because, while few-shot examples can help the model mimic the general structure and format of the target output (e.g., an email), human evalu- ators are more adept at detecting subtle discrepan- cies in style and content that may not be captured by automated metrics.

⁹⁰⁵ B Datasets Overview

906 B.1 Enron-42K

 For the Enron dataset, we began with the original Enron email corpus. To focus on original content creation, emails containing only forwarded con- tent like email threads, blog posts, and articles, were removed. We then dissected the remaining emails into two distinct parts: previous_context encompassing any preceding email chain or reply content, and content representing the original mes- sage drafted by the sender. This careful separation, achieved through a specifically designed heuristic,

ensured that only self-written content was consid- **917** ered during analysis. After these steps we release **918** our dataset, Enron-42k. **919**

The New Yorker dataset, conversely, required **920** minimal pre-processing. This dataset, comprising **921** articles from the New Yorker publishing house, was **922** already cleaned, pre-processed, and structured with **923** the necessary features for our study. As such, we **924** utilized the New Yorker dataset in its original form. **925**

C Finetuning Hyperparameter Search **⁹²⁶**

C.1 Hyperparameter Search For Rule **927** Generators **928**

To identify the optimal configuration, we train four **929** rule generators on our gold-standard rules, vary- **930** ing the ranks in each case. We implement a 1:1 **931** mapping between the LoRA rank and Alpha. **932**

As anticipated, our results indicate that higher **933** Alpha values and corresponding ranks lead to im- **934** proved training losses. This trend is illustrated in **935** Figure [5,](#page-10-4) which shows the relationship between increasing Alpha/rank values and the resulting train- **937** ing performance. These findings underscore the **938** importance of selecting appropriate parameter set- **939** tings to optimize the rule generator's effectiveness. **940**

Figure 5: Rule Generator Hyperparameter Search

D Automated Similarity Metrics **⁹⁴¹**

This work focuses on evaluating the similarity be- **942** tween responses generated by different methods **943** and the ground truth for a given task. Our pri- **944** mary goal is to assess how effectively each method **945**

 captures the user's preferences in terms of style, tone, and word choice. While metrics like BLEU, ROUGE, and TFIDF Cosine similarity are com- monly used to evaluate lexical overlap between texts, they fall short in capturing the nuanced as- pects of stylistic similarity that are crucial to our evaluation.

Figure 6: TF-IDF Boxplots For New Yorker

 TF-IDF cosine similarity, for instance, relies heavily on term frequency and disregards semantic meaning, hindering its ability to accurately assess contextual similarity. Similarly, the BLEU score emphasizes exact n-gram matches, neglecting the importance of semantic understanding in evaluat- ing stylistic resemblance. This is evident in our results, where these metrics yield similar scores across different methods, failing to reflect the clear distinctions observed through GPT-4o evaluation and human assessment.

 Given the limitations of traditional lexical simi- larity metrics in capturing human preferences, we prioritized GPT-4o evaluation and human evalua- tion for our analysis. These methods offer a more accurate and nuanced assessment of stylistic simi- larity, aligning with the core objective of our evalu-**970** ation.

⁹⁷¹ E Personalization Test

 Here are the un-normalized BERT Score values for the personalization test (for 5 Enron employees). Though these aren't a perfect metric, they provide a generalized view of the large evaluation space that we have: [3](#page-12-0)

Figure 7: Train Loss For Preference Agents

F Human Evaluation **977**

F.1 Human Study Details **978**

To validate our usage of GPT-4o as an evaluator, **979** we collect human preference data for the same **980** matchups presented to GPT-4o. As seen in Fig **981** [8,](#page-12-1) every human evaluator is provided with clear **982** and specific instructions alongside the ground truth. **983** Evaluators are asked to select which of the two **984** options best matches the ground truth. To mitigate **985** biases, all evaluators receive the prompts in the **986** same order and are allowed to review and make **987** changes if needed. We randomly sample 200 com- **988** parison examples of our work vs naive finetuning **989** and our work vs no baseline rules alongside 100 990 comparison examples of our work vs small and **991** large baselines. The same set of human evaluators **992** reviewed and made choices for each subset. We **993** remove missing judgments (which amount to $\lt 1\%$ 994 of collected data) and measure the raw agreement **995** percentage between humans on the same subset **996** followed by the agreement between each human **997** and GPT-4o. **998**

F.2 Human Evaluation: Demographics **999**

We enlisted 50 volunteer human raters, all of whom 1000 are pursuing or have obtained degrees in either **1001** STEM or business-adjacent fields. The demo- **1002** graphic breakdown of our participants is as follows: **1003**

- Gender: 68% (34) of our participants are men, **1004** while 32% (16) are women. **1005**
- Age: The age range of the participants spans **1006** from 22 to 50 years, with a median age of 28 **1007** years. **1008**

• **Education Level:** 1009

– 70% (35 participants) hold a Bachelor's **1010** degree 1011

Table 3: Bert Score Values for different individuals (unnormalized)

Figure 8: Human Evaluator View: The evaluation screen - including provided instructions - provided to our human evaluators

1012 – 20% (10 participants) have obtained a

All volunteers were thoroughly briefed on the **1029** goals of this work and provided informed con- **1030** sent for data collection and its subsequent pub-
1031 lication. The diversity in their educational and **1032** professional backgrounds ensures a comprehensive **1033** and balanced evaluation of our research. **1034**

F.3 Human Evaluation: Instruction Set **1035**

1. Read the email content in the **1036** "Response Email" text area. **1037**

2. Compare the two emails displayed **1038 below.** 1039

3. Choose the email that most closely **1040** matches the "Response Email". 1041

Business

H.1.2 New Yorker Intent Generation **1089**

You will be given a news article and **1090** some surrounding context. Your task is to **1091** extract the core content of the article, **1092** omitting any stylistic or extraneous **1093** elements. **1094**

First, carefully read through the entire **1096** article and context. Then, reflect on **1097** the main purpose and key points of the **1098** article in a <scratchpad>. Consider what **1099** the writer is trying to communicate and **1100** what information is most essential. 1101

<scratchpad> **1103**

<!-- Use this space to reflect on the main **1104** purpose and key points of the article --> **1105** </scratchpad> **1106**

Finally, extract the core content of **1108** the article in bullet point form. **1109** Omit any stylistic elements like tone, **1110** style, sign-offs, etc. Focus solely **1111** on the key information and action **1112** items. Provide your extraction inside **1113** <core_content> tags. Please include any **1114** direct quotes from the article in the core **1115** content. Write the core points from the **1116** writers perspective. Think and reflect **1117** extensively, to make sure you get all the **1118** details right. 1119

<core_content> **1121** <!-- Extract the core content of the **1122** article here in bullet point form. --> **1123** </core_content> **1124**

H.2 Rule Generation 1125

H.2.1 Enron Email Dataset **1126**

No Baseline Email Rule Generator **1127**

You are an expert rule generator whose **1128** task is to generate a detailed set of **1129** rules given the metadata of an email, **1130** previous context, user intent, and the **1131** ground truth email. First you must go **1132** through the metadata carefully, analyzing **1133** who the sender and receiver is, the **1134** subject of the email, and the user intent. 1135 After analyzing this information, please **1136** generate a set of extremely detailed and **1137** granular set of rules that would help a **1138**

1042 4. Click "Next" to move to the next **1043** email.

1044 5. Click "Check Missing Responses" to **1045** see which ids are missing responses.

1046 G Compute Infrastructure

 Experiments were run on NVIDIA 8xH100 nodes, for Llama 70B inference and generations. Finetun- ing was tested on both NVIDIA A5000 (to simu- late consumer infrastructure) and NVIDIA A100 **1051** GPUs.

¹⁰⁵² H Prompts

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1053 H.1 Intent Generation

1054 H.1.1 Enron Intent Generation

 You will be given an email and some surrounding context. Your task is to extract the core content of the email, omitting any stylistic or extraneous elements.

 First, carefully read through the entire email and context. Then, reflect on the main purpose and key points of the email in a <scratchpad>. Consider what the sender is trying to communicate and what information is most essential.

1068 <scratchpad>

1069 <!-- Use this space to reflect on the main **1070** purpose and key points of the email. --> 1071 </scratchpad>

 Finally, extract the core content of the email in bullet point form. Omit any stylistic elements like greetings, sign-offs, pleasantries, etc. Focus solely on the key information and action items. Provide your extraction inside <core_content> tags. The core content, should be in first person format (for the email sender). Think and reflect extensively, to make sure you get the details right.

1085 <core_content> 1086 <!-- Extract the core content of the email **1087** here in bullet point form. --> 1088 </core_content>

 model generate an email that is exactly how the user would intent to write it. Make sure the rules are specific to the given user and receiver pair and pay close attention to the user intent. Please generate these extremely detailed, specific, and granular set of rules.

1146 With Baseline Email Rule Generator

 You are an expert rule generator whose task is to ensure that a base email can be transformed into the ground truth email. You are provided with the following: The intents that were used to generate the base email, the base email and the ground truth email. You must analyze the differences between the base email and the ground truth email in great detail analyzing every difference. You must focus on the following while generating these rules: the difference in the length of the emails, the tone, style, structure, common phrases, nicknames, signature, and anything else that you think is very important. All these factors must be closely analyzed to generate these extremely granular set of rules. Please also mention exactly how long the email should be and generate an extremely detailed and granular set of rules that should be able to transform the base email exactly into the ground truth email. To do this please first think deeply and analyze these differences within <thinking></thinking> tags where you can enlist every possible difference between the base and the ground truth email. Once this is done please generate an extremely detailed and granular set of rules that can be used to transform the base email. Do not mention the ground truth email in your set of rules whatsoever and do not talk about removing things from the base email. The rules should be an extremely detailed guideline to transform the base to ground truth email. The rules should not reference the ground truth or base email, and should be a standalone list of detailed rules. Please include these detailed set of rules within 1188 <rules></rules> tags.

H.2.2 New Yorker Dataset 1189

No Baseline Rule Generation **1190**

You are an expert rule generator whose **1191** task is to help a model generate articles **1192** that are close to the ground truth article **1193** given user intent. You are given some **1194** metadata and the user intent which is **1195** the input to generate an article, and **1196** the ground truth article. Your task is **1197** to deeply analyze the intents and ground **1198** truth very carefully and generate a set **1199** of rules that you think are very important **1200** to fully capture the nuances of the **1201** ground truth article. While analyzing **1202** the article please consider the following **1203** factors: the exact length of the article, **1204** the tone, writing style, structure, **1205** important phrases, direct quotes, and **1206** anything else that you think is very **1207** important. First start by analyzing the **1208** ground truth article extremely carefully **1209** accounting for all the important factors **1210** within <thinking></thinking> tokens. Once 1211 you have done that list a set of **1212** extremely detailed and granular rules **1213** to ensure that all nuances of the **1214** ground truth article are captured to **1215** ensure that the generated article is **1216** exactly the ground truth article. Include **1217** everything including phrases that are **1218** important and all stylistic information **1219** that needs to be captured in extreme **1220** detail. Please enclose these extremely **1221** detailed, specific, and granular set of **1222** rules within <rules></rules> 1223

With Baseline Rule Generations 1224

You are an expert rule generator whose **1225** task is to ensure that a base article **1226** can be transformed into the ground **1227** truth article. You are provided with **1228** the following: The intents that were **1229** used to generate the base article, **1230** the base article and the ground truth **1231** article. You must analyze the differences **1232** between the base and the ground truth in **1233** great detail analyzing every difference. **1234** You must focus on the following while **1235** generating these rules: the difference **1236** in the length of the articles, the **1237** tone, style, structure, common phrases, **1238** nicknames, signature, and anything else **1239** that you think is very important. All these factors must be closely analyzed to generate these extremely granular set of rules. Please also mention exactly how long the article should be and generate an extremely detailed and granular set of rules that should be able to transform the base article exactly into the ground truth article. To do this please first think deeply and analyze these differences within <thinking></thinking> tags where you can enlist every possible difference between the base and the ground truth article. Once this is done please generate an extremely detailed and granular set of rules that can be used to transform the base article. Do not mention the ground truth or base article in your set of rules whatsoever. The rules should be an extremely detailed guideline to transform the base to ground truth article. Please include these detailed set of rules within 1262 <rules></rules> tags.

1263 H.3 System Prompt: Evaluate Winner

1264 H.3.1 Enron Email Dataset

 You are an expert email evaluator. Given a number of candidate emails and the ground truth email, your task is to pick which one of the candidate emails is closest to the ground truth email. During your evaluation, please focus mainly on elements of the email like style, tone, common phrases used, length of the emails, factual accuracy, etc. YOU MUST ALWAYS PICK A WINNER.

 Here is how your evaluation should look **1277** like: <evaluation> 1279 <!-- Use this to evaluate each candidate email and compare it with the ground truth **1281** --> </evaluation> **1283** <winner> <!-- Use this pick the winning candidate email. Display the option that is closest to the ground truth. ONLY DISPLAY THE OPTION NUMBER HERE. For example if email_x is the winner, display only x -->

1289 </winner>

1275

H.3.2 New Yorker Dataset 1290

You are an expert article evaluator. **1291** Given a number of candidate articles **1292** and the ground truth article, your task **1293** is to pick which one of the candidate **1294** articles is closest to the ground truth **1295** article. During your evaluation, please **1296** focus mainly on elements of the article **1297** like style, tone, common phrases used, **1298** length of the articles, factual accuracy, **1299** etc. YOU MUST ALWAYS PICK A WINNER. **1300**

1301

Here is how your evaluation should look **1302 like:** 1303

<evaluation> 1304

<!-- Use this to evaluate each candidate **1305** article and compare it with the ground **1306** truth --> **1307**

</evaluation> **1308**

<winner> **1309**

<!-- Use this pick the winning candidate **1310** article. Display the option that is **1311** closest to the ground truth. ONLY DISPLAY **1312** THE OPTION NUMBER HERE. For example if **1313** article_x is the winner, display only x **1314** --> **1315**

</winner> **1316**

I Generations 1317

I.1 Generated Rules 1318

The rules were generated using preference agents **1319** for the following ground truth email: **1320**

Paul, Here is an updated version of the **1321** agreement I sent to Steve on Friday. Sorry **1322** I didn't cc you to start with. It's pretty **1323** much exactly as we discussed. Let me know **1324** if you have any questions. Thanks, Bill **1325** Are: **1326**

1. **Tone**: Use a conversational tone **1327** and language throughout the email. 2. **1328** **Length**: Keep the email concise, **1329** aiming for a total of around 50-60 **1330** words. 3. **Introduction**: Begin the **1331** email with a brief introduction that **1332** sets the context, using a phrase like **1333** "Here is an updated version of the **1334** agreement". 4. **Specific details**: **1335** If applicable, mention any relevant **1336** background information, such as who **1337** else the agreement was sent to and **1338** when. 5. **Apology phrasing**: Use a concise apology phrase like "Sorry I didn't cc you to start with" instead of a longer, more formal apology. 6. **Request for feedback**: Use a brief, informal phrase like "Let me know if you have any questions" to request feedback or questions from the recipient. 7. **Closing sentence**: End the email with a concise, informal phrase like "Thanks" instead of a more formal closing like "Best". 8. **Signature**: Use a simple, formal signature with the sender's name. 9. **Sentence structure**: Use short, simple sentences throughout the email to maintain a conversational tone. 10. **Language**: Avoid using overly formal or technical language, opting instead for a more conversational, everyday tone.

1358 I.2 Thinking Tokens

1359 <thinking>

 The ground truth email is a concise and informative response to the previous context, discussing market trends and trading activities. Key observations **1364** include:

 1. **Length and Structure**: The email is relatively short, consisting of 8 sentences. It uses a straightforward structure, jumping directly into the observations and insights without any formal greetings or sign-offs.

 2. **Tone and Style**: The tone is informal and conversational, with a focus on market terminology and shorthand that would be understood by someone familiar with the trading environment. There are contractions (e.g., "saw", "taking off"), colloquial phrases (e.g., "get whacked"), and specific market terms (e.g., "VAR", "h/j spread").

 3. **Common Phrases and Terminology**: Specific terms like "bulls", "summer against length", "mitigate margins", "absolute position limits", "VAR", "Access", and "bearish to neutral trade" are used. These reflect the insider knowledge and jargon of the trading community.

1388 4. **Observational Detail**: The email **1389** provides specific details about market activities and price changes. Mention key **1390** players (e.g., El Paso) and their actions **1391** in the market. **1392**

5. **Consistency with Intent**: The **1393** content matches the intent closely, **1394** summarizing market movements, trading **1395** strategies, and potential future **1396** movements. Reflect the key points **1397** mentioned in the intent, such as bulls' **1398** behavior, El Paso's buying, and the **1399** change in the H 20 call price. **1400**

6. **Grammar and Punctuation**: **1401** The email uses casual grammar and **1402** minimal punctuation. Avoid unnecessary **1403** capitalization and formal sentence **1404** structures. **1405**

</thinking> **1406**

<rules> **1407**

1. **Length and Structure**: The email **1408** should be concise, consisting of **1409** approximately 8 sentences. Avoid adding **1410** formal greetings or sign-offs. **1411**

2. **Tone and Style**: Use an informal and **1412** conversational tone. Include contractions **1413** and colloquial phrases to reflect the **1414** casual nature of the communication. **1415**

3. **Market Terminology**: Incorporate **1416** specific market-related terms and **1417** shorthand (e.g., "VAR", "h/j spread", **1418** "Access", "bearish to neutral trade"). **1419** Ensure the language reflects insider **1420** knowledge and jargon of the trading **1421** community. **1422**

4. **Observational Detail**: Provide **1423** specific details about market activities **1424** and price changes. Mention key players **1425** (e.g., El Paso) and their actions in the **1426** market. **1427**

5. **Consistency with Intent**: Ensure **1428** the content matches the intent closely, **1429** summarizing market movements, trading **1430** strategies, and potential future **1431** movements. **1432**

6. **Grammar and Punctuation**: Use **1433** casual grammar and minimal punctuation. **1434** Avoid unnecessary capitalization and **1435** formal sentence structures. **1436**

7. **Specific Phrases**: Use phrases like **1437** "saw a lot of the bulls", "mitigate **1438** margins/absolute position limits/var", **1439** "taking off spreads", "trading equivalent **1440** of 180 on access", "get whacked", "if h **1441**

```
1442 settles \$20", "H 20 call was trading
1443 for 55 on monday", "market's view of
1444 probability of h going crazy".
1445 8. **Flow and Coherence**: Ensure the
1446 email flows logically from one point
1447 to the next, maintaining coherence
1448 while jumping between observations and
1449 insights.
1450 </rules>
1451 I.3 Generated Intents
1452 Here is an example generated intent of a casual
1453 work conversation:
1454 Original Email and Metadata:
1455 ---
1456 From: jeff.dasovich@enron.com
1457 To: michael.etringer@enron.com
1458 Date: Mon, 29 Oct 2001 13:28:55 -0800
1459 (PST)
1460 Subject: [None]
1461
1462 Previous Context:
1463 [None]
1464
1465
1466 Email:
1467 You won't believe this.
1468
1469 Jerry Bloom left me a message. Wants to
1470 talk, though I wouldn't get my hopes up.
1471
1472 I'll let you know what he says.
1473
1474 Best,
1475 Jeff
1476 ---
1477
1478 Generated Intents:
1479 ---
1480 Variant 1:
1481 <thinking>
1482 1. Identify the main event mentioned in
1483 the email.
1484 2. Note the person involved and their
1485 action.
1486 3. Mention Jeff's skepticism about the
1487 conversation.
1488 4. Highlight the intention to keep Michael
1489 informed.
1490 5. Ensure the bullet points are concise
1491 and focused on the key information.
                                        </thinking> 1492
                                        <bullet_points> 1493
                                        - Received a message from Jerry Bloom 1494
                                        wanting to talk 1495
                                        - Skeptical about the conversation 1496
                                        - Will update Michael on what Jerry says 1497
                                        - Will keep Michael informed 1498
                                        </bullet_points> 1499
                                        --- 1500
                                        Variant 2: 1501
                                        <thinking> 1502
                                        1. Identify the main surprise or 1503
                                        unexpected event mentioned in the email. 1504
                                        2. Note who initiated the contact and what 1505
                                        they want to do. 1506
                                        3. Capture Jeff's skepticism and 1507
                                        uncertainty about the outcome. 1508
                                        4. Mention Jeff's intention to follow up 1509
                                        with Michael. 1510
                                        </thinking> 1511
                                        <bullet_points> 1512
                                        - Jerry Bloom left a message for me, wants 1513
                                        to talk 1514
                                        - I'm skeptical and wouldn't get hopes up 1515
                                        - Will let Michael know what Jerry says 1516
                                        - Uncertainty about the outcome 1517
                                        </bullet_points> 1518
                                        --- 1519
                                        J Qualitative Examples with GPT-4o & 1520
                                          Human Judgements 1521
                                        In this section, we present some qualitative exam- 1522
                                        ples of GPT-4o evaluation on preference agents, 1523
                                        and some examples of personalization per user, 1524
                                        alongside the aggregated human verdict. 1525
```


Table 4: Preference Agents vs Naive Finetune (Hallucinating Factual Information)

Table 5: Preference Agents vs Large Model Baseline (Generic Formatting)

Table 6: Preference Agents vs Small Model Baseline (Unnecessary Details)

Table 7: Preference Agent For Debra vs Preference Agents For Others

Table 8: Preference Agent For Gerald vs Preference Agents For Others

Table 9: Preference Agent For Bill vs Preference Agents For Others

Table 11: Preference Agents vs Naive Finetune (Page 2)