

000 001 002 003 004 005 006 007 008 009 010 011 012 013 014 015 016 017 018 019 020 021 022 023 024 025 026 027 028 029 030 031 032 033 034 035 036 037 038 039 040 041 042 043 044 045 046 047 048 049 050 051 052 053 ONE-STEP FLOW Q-LEARNING: ADDRESSING THE DIFFUSION POLICY BOTTLENECK IN OFFLINE REINFORCEMENT LEARNING

Anonymous authors

Paper under double-blind review

ABSTRACT

Diffusion Q-Learning (DQL) has established diffusion policies as a high-performing paradigm for offline reinforcement learning, but its reliance on multi-step denoising for action generation renders both training and inference slow and fragile. Existing efforts to accelerate DQL toward one-step denoising typically rely on auxiliary modules or policy distillation, sacrificing either simplicity or performance. It remains unclear whether a one-step policy can be trained directly without such trade-offs. To this end, we introduce One-Step Flow Q-Learning (OFQL), a novel framework that enables effective one-step action generation during both training and inference, without auxiliary modules or distillation. OFQL reformulates the DQL policy within the Flow Matching (FM) paradigm but departs from conventional FM by learning an average velocity field that directly supports accurate one-step action generation. This design removes the need for multi-step denoising and backpropagation-through-time updates, resulting in substantially faster and more robust learning. Extensive experiments on the D4RL benchmark show that OFQL, despite generating actions in a single step, not only significantly reduces computation during both training and inference but also outperforms multi-step DQL by a large margin. Furthermore, OFQL surpasses all other baselines, achieving state-of-the-art performance in D4RL.

1 INTRODUCTION

In recent years, *offline reinforcement learning* (Offline RL) has achieved impressive progress through the integration of diffusion models, leading to many high-performance algorithms. A prominent example is Diffusion Q-Learning (DQL) (Wang et al., 2022), which replaces the conventional diagonal Gaussian policy in TD3-BC (Fujimoto & Gu, 2021) with a denoising diffusion probabilistic model (DDPM) (Ho et al., 2020). This approach has demonstrated substantial performance gains and has spurred widespread interest in leveraging generative models for policy learning. Notably, DQL remains competitive and often outperforms many more recent methods in both diffusion-based planning and policy optimization (Lu et al., 2025a; Dong et al., 2024).

Despite its strong empirical results, DQL faces key practical limitations, including high computational demands during training and inference (Kang et al., 2023; Wang et al., 2022), as well as optimization fragility causing reduced performance (Park et al., 2025). Upon closer analysis, we identify that the key bottleneck lies in its use of DDPM diffusion policy (Ho et al., 2020), which involves multiple denoising steps per action, leading to slow inference. Furthermore, the training speed is doubly affected: beyond the diffusion loss, DQL requires two rounds of policy sampling per iteration—one

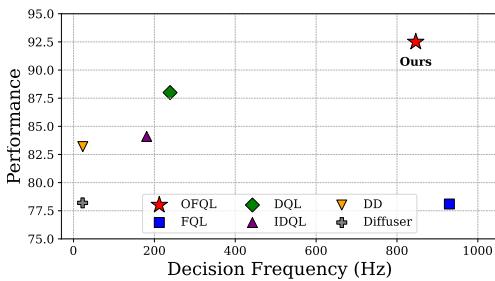


Figure 1: **Performance and decision frequency.** Performance (*i.e.*, normalized score) and decision frequency are measured on an A100 GPU and averaged across MuJoCo tasks from D4RL. OFQL achieves both high inference speed and strong performance, clearly outperforming prior baselines.

054 for the current action and another for the next—to compute all loss components. In addition, DQL
 055 leverages the reparameterization trick to backpropagate through the entire denoising chain, amplifying
 056 computational load and impeding convergence to optimal solutions. These characteristics collectively
 057 hinder DQL’s efficiency and robustness.

058 It is worth noting that several recent approaches have partially addressed these limitations—through
 059 improved denoising solvers (Kang et al., 2023), IQL-based learning (Hansen-Estruch et al., 2023),
 060 or the use of an auxiliary policy and policy distillation strategies (Park et al., 2025; Chen et al.,
 061 2023; 2024; Lu et al., 2025b). Nevertheless, such solutions typically introduce additional complexity,
 062 multi-phase training procedures, or undesirable trade-offs in scalability and policy quality.
 063

064 Recognizing that the diffusion policy itself is the bottleneck, we adopt a more direct approach by
 065 introducing One-Step Flow Q-Learning (OFQL), a novel framework specifically designed to enable
 066 effective one-step action generation during both training and inference, without the need for auxiliary
 067 models, policy distillation, or multi-stage training. At the heart of OFQL is the elimination of
 068 DDPM’s computationally intensive multi-step denoising and associated reparameterization trick. By
 069 recasting DQL policy under the Flow Matching (Lipman et al., 2022) paradigm, we facilitate its
 070 efficient action sampling. However, conventional Flow Matching frequently yields curved trajectories,
 071 limiting one-step inference accuracy—an issue rooted in the intrinsic properties of the marginal
 072 velocity field it models. We address this by learning an average velocity field instead, enabling
 073 accurate direct action prediction from a single step. As a result, OFQL eliminates the necessity
 074 of iterative denoising and recursive gradient propagation, providing a faster, more stable, one-step
 075 training-inference pipeline. Extensive empirical evaluations on the D4RL benchmark demonstrate
 076 that OFQL not only surpasses DQL in performance but also significantly improves both training and
 077 inference efficiency, all while maintaining a simple learning pipeline. Compared to other approaches,
 078 OFQL delivers consistently stronger results, establishing it as a fast and state-of-the-art algorithm on
 079 D4RL.
 080

081 2 RELATED WORK

082 **Diffusion Models in Offline Reinforcement Learning.** Offline RL aims to learn effective policies
 083 from fixed datasets without environment interaction (Levine et al., 2020), with early methods
 084 addressing distributional shift via conservative objectives—e.g., CQL (Kumar et al., 2020), TD3+BC
 085 (Fujimoto & Gu, 2021), and IQL (Kostrikov et al., 2021). However, these approaches often rely on
 086 unimodal Gaussian policies, which struggle to model complex, multi-modal action distributions. To
 087 address this, recent approaches have adopted diffusion models (Ho et al., 2020; Song et al., 2020b)
 088 for offline RL. These models excel in representing complex distributions and have been applied
 089 in various forms: as planners for trajectory generation (Janner et al., 2022; Ajay et al., 2022), as
 090 expressive policy networks (Wang et al., 2022; Hansen-Estruch et al., 2023), and as data synthesizers
 091 to augment training (Zhu et al., 2023).

092 Among diffusion-based methods, Diffusion Q-Learning (DQL) (Wang et al., 2022) stands out as a
 093 strong baseline, replacing Gaussian policies in TD3+BC with a diffusion model to better capture multi-
 094 modal actions. Follow-up evaluations, including those by Clean Diffuser (Dong et al., 2024) and recent
 095 empirical studies (Lu et al., 2025a;b), confirm DQL’s consistent advantage over policy-based and
 096 planner-based methods. Despite its effectiveness, DQL remains significant computational overhead
 097 during both training and inference (Kang et al., 2023), and is prone to suboptimal convergence (Park
 098 et al., 2025).

099 Subsequent works have attempted to mitigate these issues. For instance, early approaches use an
 100 efficient solver that reduces the number of denoising steps (Kang et al., 2023). Other approaches
 101 bypass backpropagation through time (BPTT) of the DQL policy update by training a diffusion policy
 102 to clone the behavior policy, with actions reweighted by a separately learned IQL-based value function
 103 (Hansen-Estruch et al., 2023). Others further apply distillation to obtain a one-step policy (Chen et al.,
 104 2023; 2024). However, IQL-based methods are generally less effective than actor-critic learning
 105 (Park et al., 2025). To address this, (Park et al., 2025) adopts a flow model to clone the behavior
 106 policy and distill it into a one-step policy for actor-critic updates. While yielding a one-step inference
 107 policy, the distillation process still requires repeated queries to the underlying multi-step diffusion or
 108 flow model. Overall, although these methods partially alleviate DQL’s limitations, they introduce
 109 additional components and multi-phase training procedures, thereby increasing system complexity

108 and limiting practical generality. Departs from prior work, our method pinpoints the diffusion policy
 109 itself as the primary source of inefficiency and instability in DQL. We directly solve it with a highly
 110 performant one-step policy alternative that provides a simpler and more robust solution—without
 111 relying on auxiliary policies, distillation, or sacrificing policy expressivity.

112 **Efficient One-Step Diffusion.** Our work is inspired by advances in efficient generative modeling
 113 with diffusion models and flow-based models (Sohl-Dickstein et al., 2015; Ho et al., 2020; Song
 114 & Ermon, 2019). To accelerate generation, one line of work focuses on distillation techniques that
 115 compress multi-step models into fewer steps (Salimans & Ho, 2022; Sauer et al., 2024; Yin et al.,
 116 2024), while another pursues flow matching approaches that learn time-dependent velocity fields
 117 for straight-through sampling (Lipman et al., 2022; Liu et al., 2022). Consistency Models (Song &
 118 Dhariwal, 2023; Lu & Song, 2024). More recent methods (Frans et al., 2024; Geng et al., 2025; Zhou
 119 et al., 2025) address these limitations by exploiting different physical parametrization using dual
 120 time variables, showing improved stability and performance. Leveraging the Mean Flow modeling
 121 (Geng et al., 2025), OFQL realizes a one-step flow-based policy while uniquely incorporating the
 122 Q-gradient to guide velocity learning, instead of relying solely on supervised learning.

3 PRELIMINARIES

3.1 OFFLINE RL.

128 Reinforcement learning (RL) is typically formalized as a Markov Decision Process (MDP), defined
 129 by $\mathcal{M} = (\mathcal{S}, \mathcal{A}, P, R, \gamma)$. Here, \mathcal{S} and \mathcal{A} denote the state and action spaces, $P(s' | s, a)$ denotes
 130 the transition probability of moving from s to s' given action a , and $R(s, a)$ denotes the reward
 131 function. The discount factor $\gamma \in [0, 1)$ governs the trade-off between immediate and future rewards.
 132 In RL, the objective is to learn a policy $\pi_\theta(a | s)$, parameterized by θ , that maximizes the expected
 133 discounted return $\mathbb{E}_\pi \left[\sum_{h=0}^{\infty} \gamma^h R(s_h, a_h) \right]$.

134 To support policy learning, the action-value (Q) function is defined:

$$136 \quad Q^\pi(s, a) = \mathbb{E}_\pi \left[\sum_{h=0}^{\infty} \gamma^h R(s_h, a_h) \mid s_0 = s, a_0 = a \right], \quad (1)$$

138 which measures the expected cumulative return starting from state s and action a under policy π .

140 Offline RL is a setting of RL where the agent does not interact with the environment but instead
 141 learns from a fixed dataset of transitions $\mathcal{D} = \{(s_h, a_h, s_{h+1}, r_h)\}$. The challenge lies in learning an
 142 optimal policy solely from this static dataset that often contains suboptimal behavior, without any
 143 further exploration.

3.2 DIFFUSION Q-LEARNING (DQL)

146 **Modeling Policy as a Diffusion Model.** The Denoising Diffusion Probabilistic Model (DDPM) (Ho
 147 et al., 2020) is a powerful generative framework that formulates a forward diffusion process as a fixed
 148 Markov chain, progressively corrupting data into noise, and learns a parametric reverse process to
 149 reconstruct the data. Once trained, DDPM is capable of generating complex data distributions by
 150 reversing the diffusion process, starting from pure noise.

152 Viewing actions as data, (Wang et al., 2022) formulate the reverse process of a DDPM, conditioned
 153 on state s , as a parametric policy π_θ :

$$154 \quad \pi_\theta := p_\theta(a^{0:K} | s) = p(a^K) \prod_{k=1}^K p_\theta(a^{k-1} | a^k, s), \quad (2)$$

157 where $a^K \sim \mathcal{N}(\mathbf{0}, \mathbf{I})$ and a^0 denotes the clean action corresponding to the actual policy output.
 158 For training, following DDPM (Ho et al., 2020), DQL parameterizes the Gaussian distribution
 159 $p_\theta(a^{k-1} | a^k, s)$ with the variance fixed as $\Sigma(a^k, k; s) = \beta^k \mathbf{I}$ where the $\{\beta^k\}_{k=1}^K$ are predefined
 160 variance schedule values and the mean is defined via a noise prediction model:

$$161 \quad \mu_\theta(a^k, k; s) = \frac{1}{\sqrt{\alpha^k}} \left(a^k - \frac{\beta^k}{\sqrt{1 - \bar{\alpha}^k}} \epsilon_\theta(a^k, k; s) \right), \quad (3)$$

162 where $\alpha^k = 1 - \beta^k$, $\bar{\alpha}^k = \prod_{i=1}^k \alpha^i$, and ϵ_θ is a neural network predicting Gaussian noise.
 163

164 To enforce behavior cloning, the score matching loss can be used as a training objective. Specifically,
 165 the model minimizes:

$$166 \quad \mathcal{L}_{\text{DBC}}(\theta) = \mathbb{E}_{k, \epsilon, (a^0, s) \sim \mathcal{D}} \left[\left\| \epsilon - \epsilon_\theta \left(\sqrt{\bar{\alpha}^k} a^0 + \sqrt{1 - \bar{\alpha}^k} \epsilon, k; s \right) \right\|^2 \right], \quad 167$$

168 where $k \sim \mathcal{U}\{1, \dots, K\}$, (a^0, s) are sampled from the offline dataset \mathcal{D} , and $\epsilon \sim \mathcal{N}(\mathbf{0}, \mathbf{I})$ denotes
 169 Gaussian noise.

170 Once trained, to generate an action (i.e., a^0), the model sequentially samples from K conditional
 171 Gaussians, starting from $a^K \sim \mathcal{N}(\mathbf{0}, \mathbf{I})$:

$$173 \quad a^{k-1} = \frac{1}{\sqrt{\alpha^k}} \left(a^k - \frac{\beta^k}{\sqrt{1 - \bar{\alpha}^k}} \epsilon_\theta(a^k, k; s) \right) + \sqrt{\beta^k} \epsilon, \quad 174$$

175 **Behavior-regularized actor-critic.** To form a complete offline RL algorithm, DQL adopts the
 176 behavior-regularized actor–critic framework (Wu et al., 2019; Fujimoto & Gu, 2021), alternating
 177 between minimizing the actor and critic losses.

179 Specifically, the critic loss, which focuses on training the Q network, is defined as:

$$181 \quad \mathcal{L}(\phi) = \mathbb{E}_{(s, a, r, s') \sim \mathcal{D}, a' \sim \pi_{\theta'}} \left[\left(r + \gamma \min_i Q_{\phi'_i}(s', a') - Q_{\phi_i}(s, a) \right)^2 \right], \quad 182$$

183 where $i \in 1, 2$ indexes the two Q networks for double Q-learning, and (ϕ', θ') denote target network
 184 parameters updated via exponential moving average (EMA) (Fujimoto & Gu, 2021). The actor loss,
 185 which focuses on learning the policy, is defined as:

$$186 \quad \mathcal{L}(\theta) = \mathcal{L}_{\text{DBC}}(\theta) - \alpha \cdot \mathbb{E}_{s \sim \mathcal{D}, a \sim \pi_\theta} [Q_\phi(s, a)], \quad 187$$

188 where α is the weighting coefficient. To normalize for dataset-specific Q-value scales, α is adapted
 189 as $\alpha = \frac{\eta}{\mathbb{E}_{(s, a) \sim \mathcal{D}} [\|Q_\phi(s, a)\|]}$, with η being a tunable hyperparameter. The denominator is treated as a
 190 constant for optimization.

191 Despite being implemented with a relatively simple MLP architecture for both the diffusion policy
 192 and Q-functions, DQL has demonstrated strong performance across standard offline RL benchmarks
 193 such as D4RL (Fu et al., 2020), outperforming many recent diffusion-based policies and planners
 194 (Dong et al., 2024; Lu et al., 2025a;b).

195 Nevertheless, DQL exhibits two notable limitations: (1) slow training and inference (Kang et al.,
 196 2023), and (2) susceptibility to unstable or suboptimal training (Park et al., 2025).

198 4 RATIONALE AND METHODOLOGY

201 The slow inference time stems from its reliance on a denoising diffusion process, where actions are
 202 sampled through a reverse chain of K Gaussian transitions (Eq. 5). Due to the Markovian nature of
 203 the DDPM framework, sampling an action during inference requires the same number of denoising
 204 steps K as those used during training. Additionally, a large K is typically necessary to ensure that
 205 a^K approximates an isotropic Gaussian. Reducing K breaks this assumption, often resulting in
 206 significant performance degradation.

207 In training, DQL also exhibits compounding inefficiencies. First, the critic loss (Eq. 6) requires
 208 sampling target actions $a' \sim \pi_{\theta'}$, each of which must be generated via the full K -step denoising,
 209 introducing considerable computational overhead. Enforcing one-step action generation, however,
 210 can destabilize training due to diffusion sampling errors. Second, the actor loss (Eq. 7) requires
 211 sampling actions from π_θ and performing backpropagation through all K denoising steps (i.e., BPTT)
 212 using the reparameterization trick (Eq. 5). Although this enables end-to-end training, the recursive
 213 gradient flow through a long stochastic computation graph is well-known to be prone to numerical
 214 instability and can potentially lead to suboptimal outcomes (Chen et al., 2023; Park et al., 2025).

215 At first glance, diffusion policy sampling appears to be the bottleneck, but resolving DQL’s limitations
 216 is far from straightforward. For example, using an efficient solver, e.g., the DDIM solver (Song et al.,

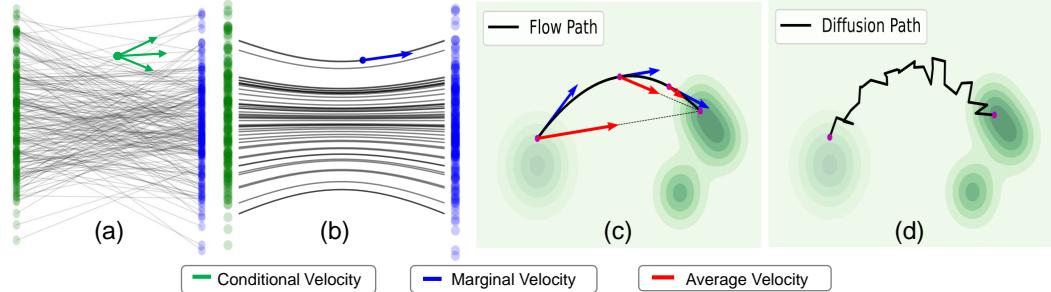


Figure 2: Comparison between diffusion and flow matching. (a) Conditional flows arise from different (ϵ, x) pairs, resulting in varying conditional velocities. (b) Marginal velocity is obtained by averaging over these conditional velocities. (c) Flow paths are inherently curved, but average velocity fields enable direct one-step transport from noise to data. (d) Diffusion paths are also curved but noisy, making one-step denoising challenging. Note that all the velocities exhibit symmetry under time reversal. As the model is trained to parameterize the forward flow (from data to noise), inference inverts this direction to generate samples. Accordingly, for clarity, we plot the negative velocity vector to represent the reverse generation trajectory.

2020a), could reduce denoising steps, yet in our experiments, applying DDIM for one-step action generation severely degraded policy performance. Similarly, replacing diffusion with consistency models, such as Consistency-AC (Ding & Jin, 2023), still requires multiple denoising steps and yields lower performance. The most effective one-step approaches are distillation-based methods (Park et al., 2025; Chen et al., 2024; 2023; Lu et al., 2025b), which accelerate inference through student policies but incur an additional training phase or shift the inefficiencies to the distillation stage. This raises a natural question: Can we design a one-step policy that directly eliminates inefficiencies in both training and inference?

Designing One-Step Policy. Diffusion models generate samples through stochastic and often curved trajectories, which makes one-step sampling challenging. Flow Matching (FM) (Lipman et al., 2022) offers a principled alternative by mapping noise directly to data along smoother, more direct paths (Liu et al., 2022), as illustrated in Figure 4 (c,d). Modeling the policy via flow matching can potentially improve both efficiency and stability. Let us model the policy as a variant of flow matching based on linear paths and uniform time sampling. Given data $a, s \sim \mathcal{D}$ and noise $\epsilon \sim \mathcal{N}(\mathbf{0}, \mathbf{I})$, FM defines a linear flow path a_t and *conditional velocity* $v_t(a_t | a; s)$ for a particular s as :

$$a_t = (1 - t)a + t\epsilon, \quad v_t = \frac{da_t}{dt} = \epsilon - a, \quad \text{where } t \in [0, 1] \quad (8)$$

Note that by formulation, $a \equiv a_0$, and we use a without a subscript to denote the clean action for simplicity.

FM essentially learns the *marginal velocity*, parametrized by the neural network $v_\theta(a_t, t; s)$, using the Conditional Flow Matching loss:

$$\mathcal{L}_{CFM}(\theta) = \mathbb{E}_{t \sim U[0,1], (a,s) \sim \mathcal{D}, \epsilon} \|v_\theta(a_t, t; s) - v_t(a_t | a; s)\|^2. \quad (9)$$

Once trained, sampling an action for a state s proceeds by solving the ODE $\frac{da_t}{dt} = v(a_t, t; s)$, starting from $a_1 \equiv \epsilon \sim \mathcal{N}(\mathbf{0}, \mathbf{I})$, approximated using a solver such as Euler's method: $a_{t-\Delta t} = a_t - \Delta t \cdot v(a_t, t; s)$.

Intuitively, since flows are designed so that the overall transport trajectory becomes approximately straight (Liu et al., 2022), one might expect that modeling the policy via Flow Matching could support one-step generation by setting $\Delta t = 1$. However, in practice, the sampling trajectory is straight only when the target distribution collapses to a delta distribution or when rectification or similar techniques are explicitly applied. Without such conditions, the marginal velocity field typically induces a curved overall trajectory, preventing reliable one-step action generation. Importantly, the curvature is not simply a consequence of imperfect neural approximation, but rather an inherent property of the ground-truth marginal velocity field. This phenomenon is illustrated in Figure 2 (a,b,c).

To enable high-quality one-step generation, we reinterpret the velocity field $v(a_t, t; s)$ in Flow Matching as the *instantaneous velocity*, and instead propose to model the *average velocity*, which

270 directly connects any two arbitrary time steps. Specifically, we define the average velocity over an
 271 interval $[r, t]$ as:

$$272 \quad 273 \quad 274 \quad u(a_t, r, t; s) \triangleq \frac{1}{t-r} \int_r^t v(a_\tau, \tau; s) d\tau, \quad (10)$$

275 representing the total displacement across the interval divided by its duration. Here, r and t denote
 276 the target and current times, respectively, with the constraint $0 \leq r \leq t \leq 1$.

277 In general, the average velocity is a functional of the instantaneous velocity, *i.e.*, $u = \mathcal{F}[v]$. This
 278 field u is fully determined by the instantaneous velocity field v and is independent of any neural
 279 network. We therefore treat u as the ground-truth average velocity field and train a neural network u_θ
 280 to approximate it using a loss, referred to as the *Average-Velocity Matching* loss:

$$281 \quad 282 \quad \mathcal{L}_{\text{FBC}^*}(\theta) = \mathbb{E}_{0 \leq r \leq t \leq 1; s, \epsilon} \left[\|u_\theta(a_t, r, t; s) - u(a_t, r, t; s)\|^2 \right]. \quad (11)$$

283 Once u_θ is learned, actions can be generated in a single step through the approximate endpoint map
 284

$$285 \quad a = T_\theta(\epsilon, s) = \epsilon - u_\theta(\epsilon, r=0, t=1; s), \quad \epsilon \sim \mathcal{N}(0, I), \quad (12)$$

286 which eliminates the iterative ODE integration required by standard Flow Matching. This avoids both
 287 the computational overhead and the discretization error associated with numerical ODE solvers. A
 288 formal justification for why this one-step procedure preserves the FM action accuracy is provided in
 289 Appendix G.

290 As a result, the learned policy $\pi_\theta(a \mid s)$ is the push-forward of the Gaussian prior through the
 291 approximate endpoint map:

$$292 \quad \pi_\theta = (T_\theta)_\# \mathcal{N}(0, I).$$

294 Moreover, when used as a regularizer, optimizing the average-velocity matching loss $\mathcal{L}_{\text{FBC}^*}(\theta)$
 295 encourages the learned one-step policy $\pi_\theta(\cdot \mid s)$ to remain close to the behavior policy $\mu(\cdot \mid s)$,
 296 effectively performing behavior cloning. Importantly, this behavior cloning still preserves the ability
 297 to model complex, multimodal action distributions through the nonlinear transport map inherited
 298 from Flow Matching (see Appendix H for a formal justification).

299 **Practical Loss.** In practice, computing u from its definition requires integration, which is computationally intractable for optimization. To address this, we adopt an equivalent reformulation based on
 300 the *MeanFlow Identity* (Geng et al., 2025):

$$303 \quad 304 \quad u(a_t, r, t; s) = v(a_t, t; s) - (t-r) \frac{d}{dt} u(a_t, r, t; s), \quad (13)$$

305 where the total derivative expands as $\frac{d}{dt} u(a_t, r, t; s) = v(a_t, t; s) \cdot \partial_{a_t} u + \partial_t u$. The computation of
 306 the derivative also remains efficient by leveraging Jacobian–vector products. Notably, when $t = r$,
 307 the target u reduces to the instantaneous velocity.

308 Equation 13 is mathematically equivalent to Eq. 10 (the detailed derivation is provided in Appendix O).
 309 We therefore use the Eq. 13 to compute the average velocity u_{tgt} , avoiding explicit integration in
 310 Eq. 10. The resulting field can be fitted by a neural network using the following loss:

$$312 \quad \mathcal{L}_{\text{FBC}}(\theta) = \mathbb{E}_{t, r, r \leq t, (a, s) \sim \mathcal{D}, \epsilon} \|u_\theta(a_t, r, t; s) - \text{sg}(u_{\text{tgt}})\|_2^2. \quad (14)$$

313 In this loss, $a_t = (1-t)a + t\epsilon$. The $v(a_t, t; s)$ in Eq. 13 is additionally replaced with the conditional
 314 velocity v_t , following FM, to approximate the instantaneous velocity on the fly during training.
 315 Consequently, the target velocity is defined as:

$$316 \quad 317 \quad u_{\text{tgt}} = v_t - (t-r)(v_t \cdot \partial_{a_t} u_\theta + \partial_t u_\theta), \quad (15)$$

318 where $v_t = \epsilon - a$. The operator $\text{sg}(\cdot)$ denotes stop-gradient, preventing higher-order gradients on the
 319 target during optimization.

321 **One-step Flow Q-Learning.** To form OFQL, we model the policy with the average velocity
 322 parameterization u_θ . Its behavior regularization loss is $\mathcal{L}_{\text{FBC}}(\theta)$, defined in Eq. 14. In addition, since
 323 the target average velocity is computed based on the estimate of the instantaneous velocity (Eq. 13),
 accurate estimation of the instantaneous velocity is crucial for effective average-velocity learning. To

324 encourage this, when sampling (t, r) we enforce a certain *flow ratio* λ , i.e., the probability that $t = r$.
 325 This design biases training toward learning the instantaneous velocity, while still allowing regression
 326 to the average velocity, improving the bootstrapping.

327 Given the policy u_θ , sampling an action becomes a differentiable one-step operation:

$$329 \quad a \sim \pi_\theta(\cdot | s) \Leftrightarrow a = \epsilon - u_\theta(\epsilon, r = 0, t = 1; s), \quad \text{where } \epsilon \sim \mathcal{N}(0, I) \quad (16)$$

331 The critic and actor losses are updated as:

$$333 \quad \mathcal{L}(\phi) = \mathbb{E}_{(s, a, r, s') \sim \mathcal{D}, a' \sim \pi_{\theta'}} \left[(r + \gamma \min_{i \in \{1, 2\}} Q_{\phi'_i}(s', a') - Q_{\phi_i}(s, a))^2 \right], \quad (17)$$

$$335 \quad \mathcal{L}(\theta) = \mathcal{L}_{\text{FBC}}(\theta) - \alpha \mathbb{E}_{s \sim \mathcal{D}, a \sim \pi_\theta} [Q_\phi(s, a)].$$

336 With the new one-step policy, the main modification from DQL losses is that the behavior regularization
 337 term and action sampling require only a single step.

339 5 EXPERIMENT SETTING

341 **Benchmarks.** We evaluate OFQL on a diverse set of tasks from the D4RL benchmark suite (Fu et al.,
 342 2020), a widely adopted standard for offline reinforcement learning. Our evaluation spans various
 343 domains, including locomotion, navigation and manipulation tasks to demonstrate the method’s
 344 generalizability. Detailed task descriptions and experimental protocols are provided in Appendix A.

345 **Baselines.** To rigorously assess OFQL’s performance, we compare it against a broad spectrum of
 346 representative baselines, categorized as follows: (1) Non-Diffusion policies: Behavior Cloning (BC),
 347 TD3-BC (Fujimoto & Gu, 2021), and IQL (Kostrikov et al., 2021); (2) Diffusion-based planners:
 348 Diffuser (Janner et al., 2022), Decision Diffuser (DD) (Ajay et al., 2022); (3) Multi-step Diffusion-
 349 based policies: IDQL (Hansen-Estruch et al., 2023), DQL (Wang et al., 2022), and EDP (Kang et al.,
 350 2023); and (4) One-step Flow policies: FQL (Park et al., 2025)

351 **Implementation Details.** Our approach builds directly on DQL (Wang et al., 2022), inheriting its
 352 training and inference procedures to ensure a fair comparison. We adopt the original DQL architecture
 353 for both the Q-function and policy networks. The only minor modification lies in the policy input,
 354 which is augmented by concatenating an additional positional embedding corresponding to the target
 355 step r , in addition to the standard timestep embedding t . For timestep sampling, the t and r are
 356 sampled from a logit-normal distribution (Esser et al., 2024) with parameters $(-0.4, 1.0)$. The main
 357 hyperparameters are the *flow ratio* and η . Unless otherwise specified, we set the *flow ratio* to 0.5 and
 358 tune η via grid search over $\{0.001, 0.01, 0.1, 0.3, 0.5\}$. We adopt the Adam optimizer with a learning
 359 rate of 3×10^{-4} . We ensure reliability by reporting OFQL results as the average D4RL normalized
 360 score (Fu et al., 2020), computed over three training seeds, with each model evaluated on 150 episodes
 361 per task. Other hyperparameters remain consistent with DQL. Additional implementation details are
 362 provided in Appendix B.

363 6 EXPERIMENTAL RESULT

365 Benchmark results are summarized in Table 1, with details discussed below.

367 **Locomotion Domain (MuJoCo).** OFQL achieves strong performance in locomotion tasks, surpassing
 368 competitive diffusion-based baselines such as DQL, DD. In particular, OFQL improves the average
 369 performance of DQL from 87.9 to 92.5, with notable gains on medium and medium-replay tasks,
 370 which are known to contain suboptimal and noisy trajectories. These tasks often induce complex,
 371 multi-modal action distributions that challenge standard policy learning, making expressive action
 372 modeling and stable value learning essential. The observed improvements may be attributed to
 373 two key aspects of OFQL: (1) its policy modeling remains expressive for capturing complex action
 374 distributions, and (2) the avoidance of BPTT in Q-learning, which may yield more stable value
 375 estimation, leading to better convergence. Together, these factors provide a plausible explanation for
 376 OFQL’s consistent performance gains.

377 Compared to other acceleration approaches, although EDP and IDQL enhance efficiency and stability,
 378 they do so at the expense of reducing final performance relative to DQL, whereas OFQL achieves

	Dataset	Non-Diffusion Policies			Diffusion Planners		Multi-step Diffusion Policies			One-step Flow Policies	
		BC	TD3-BC	IQL	Diffuser	DD	EDP	IDQL	DQL	FQL	OFQL (Ours)
HalfCheetah-Medium-Expert	55.2	90.7	86.7	90.3 \pm 0.1	88.9 \pm 1.9	95.8 \pm 0.1	91.3 \pm 0.6	96.8 \pm 0.3	90.1 \pm 2.0	95.2 \pm 0.4	
Hopper-Medium-Expert	52.5	98.0	91.5	107.2 \pm 0.9	110.4 \pm 0.6	110.8 \pm 0.4	110.1 \pm 0.7	111.1 \pm 1.3	86.2 \pm 1.3	110.2 \pm 1.3	
Walker2d-Medium-Expert	107.5	110.1	109.6	107.4 \pm 0.1	108.4 \pm 0.1	110.4 \pm 0.0	110.6 \pm 0.0	110.1 \pm 0.3	100.5 \pm 0.1	113.0 \pm 0.1	
HalfCheetah-Medium	42.6	48.3	47.4	43.8 \pm 0.1	45.3 \pm 0.3	50.8 \pm 0.0	51.5 \pm 0.1	51.1 \pm 0.5	60.1 \pm 0.1	63.8 \pm 0.1	
Hopper-Medium	52.9	59.3	66.3	89.5 \pm 0.7	98.2 \pm 0.1	72.6 \pm 0.2	70.1 \pm 2.0	90.5 \pm 4.6	74.5 \pm 0.2	103.6 \pm 0.1	
Walker2d-Medium	75.3	83.7	78.3	79.4 \pm 1.0	79.6 \pm 0.9	86.5 \pm 0.2	88.1 \pm 0.4	87.0 \pm 0.9	72.7 \pm 0.8	87.4 \pm 0.1	
HalfCheetah-Medium-Replay	36.6	44.6	44.2	36.0 \pm 0.7	42.9 \pm 0.1	44.9 \pm 0.4	46.5 \pm 0.3	47.8 \pm 0.3	51.1 \pm 0.1	51.2 \pm 0.1	
Hopper-Medium-Replay	18.1	60.9	94.7	91.8 \pm 0.5	99.2 \pm 0.2	83.0 \pm 1.7	99.4 \pm 0.1	101.3 \pm 0.6	85.4 \pm 0.5	101.9 \pm 0.7	
Walker2d-Medium-Replay	26.0	81.8	73.9	58.3 \pm 1.8	75.6 \pm 0.6	87.0 \pm 2.6	89.1 \pm 2.4	95.5 \pm 1.5	82.1 \pm 1.2	106.2 \pm 0.6	
Average (MuJoCo)	51.9	75.3	77.0	78.2	83.2	82.4	84.1	87.9	78.1	92.5	
AntMaze-Medium-Play	0.0	10.6	71.2	6.7 \pm 5.7	8.0 \pm 4.3	73.3 \pm 6.2	67.3 \pm 5.7	76.6 \pm 10.8	78.0 \pm 7.0	88.1 \pm 5.0	
AntMaze-Large-Play	0.0	0.2	39.6	17.3 \pm 1.9	0.0 \pm 0.0	33.3 \pm 1.9	48.7 \pm 4.7	46.4 \pm 8.3	84.0 \pm 7.0	84.0 \pm 6.1	
AntMaze-Medium-Diverse	0.8	3.0	70.0	2.0 \pm 1.6	4.0 \pm 2.8	52.7 \pm 1.9	83.3 \pm 5.0	78.6 \pm 10.3	71.0 \pm 13.0	90.2 \pm 4.2	
AntMaze-Large-Diverse	0.0	0.0	47.5	27.3 \pm 2.4	0.0 \pm 0.0	41.3 \pm 3.4	40.0 \pm 11.4	56.6 \pm 7.6	83.0 \pm 4.0	76.1 \pm 6.6	
Average (AntMaze)	0.2	3.5	57.1	13.3	3.0	50.2	59.8	64.55	79.0	84.6	
Kitchen-Mixed	51.5	0.0	51.0	52.5 \pm 2.5	75.0 \pm 0.0	50.2 \pm 1.8	60.5 \pm 4.1	62.6 \pm 5.1	50.5 \pm 1.6	69.0 \pm 1.5	
Kitchen-Partial	38.0	0.0	46.3	55.7 \pm 1.3	56.5 \pm 5.8	40.8 \pm 1.5	66.7 \pm 2.5	60.5 \pm 6.9	55.7 \pm 2.5	65.0 \pm 2.3	
Average (Kitchen)	44.8	0.0	48.7	54.1	65.8	45.5	66.6	61.6	53.1	67.0	

Table 1: Comparison of normalized scores on D4RL benchmark across MuJoCo, Kitchen, and AntMaze domains. Bold values indicate the best performance per row.

improvements. When compared with one-step FQL (based on distillation), OFQL surpasses it by a significant margin (+14.4). Overall, OFQL offers a superior combination of efficiency and effectiveness, with consistent gains across varying data regimes.

AntMaze Domain. AntMaze tasks are particularly challenging due to sparse rewards and suboptimal demonstrations, requiring accurate and stable Q-value guidance to perform well. Prior approaches (e.g., BC and Diffuser) struggle without Q-learning, whereas methods incorporating Q-learning signals (e.g., IDQL and DQL) achieve consistently better results.

Building on the Q-learning framework, while EDP and IDQL underperform relative to DQL, OFQL achieves a substantial improvement over DQL, raising performance from 64.55 to 84.6 and outperforming all diffusion-based baselines and the one-step FQL. Notably, FQL, which employs a one-step policy for actor–critic training, improves upon DQL from 64.55 to 79.0. We argue that Q-learning is crucial in this domain, and that OFQL and FQL may benefit from avoiding BPTT.

Kitchen Domain. The Kitchen datasets contain low-entropy, narrowly distributed behaviors (Dong et al., 2024), where action modeling plays a larger role than Q-learning. OFQL surpasses DQL (61.6 \rightarrow 67.0), achieving the strongest performance across methods. Although IDQL proves competitive, FQL drops to 53.1, likely because its one-step policy lacks sufficient expressivity. Remarkably, OFQL’s one-step formulation does not suffer this drawback, instead preserving expressivity while achieving state-of-the-art results.

7 ABLATION STUDY

Method (Steps)	DQL (5)	DQL+DDIM (1)	FBRAC (1)	FQL (1)	OFQL (1)
Score	87.9	11.6 (-76.3)	67.1 (-20.8)	78.1 (-9.8)	92.6 (+4.7)

Table 2: Comparison of methods (steps) using different improvement strategies toward one-step action generation across 9 MuJoCo tasks. The average normalized score is reported.

Comparison of Strategies Toward One-Step Prediction. To investigate how to effectively adapt DQL for one-step prediction, we evaluate the following strategies: (1) **DQL**: The base model, trained and evaluated with 5 denoising steps. (2) **DQL+DDIM**: A pretrained DQL model with a one-step DDIM sampler applied only at inference time. (3) **FBRAC**: The flow policy-based counterpart of DQL, trained with 5 denoising steps for actor–critic updates but using a single step at inference. (4) **FQL**: Learns a behavioral policy with a flow model, then distills it into a one-step policy for actor–critic training and inference. (5) **OFQL**: Trained and evaluated entirely in the one-step regime.

Table 2 reports the average performance across 9 MuJoCo tasks. DQL+DDIM shows severe degradation (-76.3), suggesting that direct application of improved samplers for one-step inference is

ineffective. FBRAC performs better (-20.8), but still lags behind DQL, likely due to the discretization error introduced when performing one-step prediction with curved trajectories. FQL further narrows the gap (-9.8) by distilling a one-step policy from a multi-step flow model. In contrast, OFQL achieves the best results, exceeding DQL by $+4.7$ while consistently supporting one-step sampling in both training and inference.

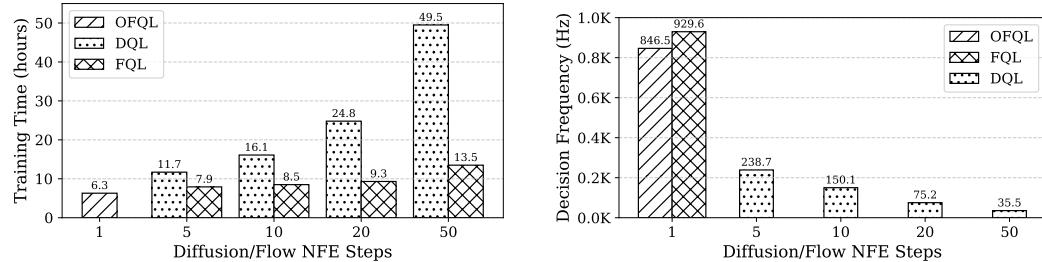


Figure 3: Training Time (↓) and Decision Frequency (↑) over one million steps, averaged on MuJoCo tasks. NFE (Number of Function Evaluations) denotes the denoising steps required by a flow/diffusion model to generate one action from pure noise. During training and inference, OFQL uses only one NFE, while DQL requires multiple ones. It is worth noting that for inference, FQL runs with a one-step policy, but training still relies on a multi-step flow policy to construct distillation targets.

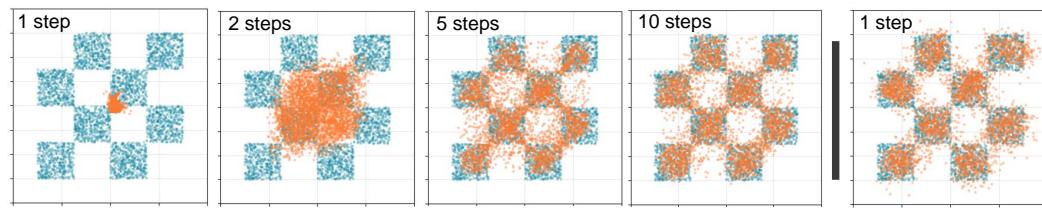


Figure 4: Comparison of distribution modeling capabilities between FM with marginal velocity parameterization (left; evaluated at 1,2,5,10 steps generation) and average velocity parameterization (right; evaluated with one-step generation) on a toy dataset with complex multi-modal structure.

Training and Inference Efficiency Comparison. Figure 3 reports the wall-clock training time (1M steps) and decision frequency (Lu et al., 2025b) on an A100 GPU (see Appendix D for experimental protocol). DQL’s training time scales nearly linearly with the number of denoising steps—from 11.7 hours at 5 steps to 49.5 hours at 50 steps—while OFQL completes training in only 6.3 hours. At inference, OFQL reaches 846.5 Hz, compared to 238.7 Hz for 5-step DQL and just 35.5 Hz for 50-step DQL.

Compared to a one-step FQL baseline, OFQL achieves nearly the same decision frequency but enjoys shorter training time. This advantage arises because FQL requires multiple NFEs to compute distillation targets, leading to a slower training loop. Note that, despite comparable speed, FQL consistently underperforms OFQL in terms of policy performance.

Overall, OFQL achieves substantially faster training and higher decision frequency without sacrificing model expressivity, making it more practical than multi-step DQL or distillation-based FQL.

Ablation on flow ratio. We study the effect of varying the flow ratio across different datasets in HalfCheetah (Table 3). The best performance is obtained at a flow ratio of 0.5, achieving 95.2 on Medium Expert, 63.8 on Medium, and 52.2 on Medium Replay. In contrast, using either the flow ratio equal to 1 (equivalent to pure flow matching) or setting it to 0 results in noticeable performance degradation. A moderate flow ratio serves as an effective regularizer, yielding the most stable and robust learning behavior.

Compare Marginal Velocity and Average Velocity Parameterization. DQL has convincingly shown that employing a more expressive policy leads to superior final performance in the actor-critic

Flow Ratio	1	0.75	0.5	0.25	0
Medium Expert	38.3	90.86	95.2	92.03	90.47
Medium	46.3	62.03	63.8	63.76	63.2
Medium Replay	45.2	50.2	51.2	50.3	10.5

Table 3: D4RL scores across HalfCheetah datasets under varying *flow ratios*.

486 training framework. To examine the expressiveness of one-step generation, we conduct a toy dataset
 487 experiment comparing Flow Matching with marginal velocity (v -param) versus average velocity
 488 (u -param) parameterization across different generation steps.. As illustrated in the rightmost panel of
 489 Figure 4, samples generated by u -param in a single step already demonstrate strong mode coverage
 490 and close alignment with the target distribution. In contrast, v -param requires multiple steps to
 491 achieve comparable quality and often produces collapsed samples with fewer steps. These results
 492 underscore the advantage of modeling the average velocity field for one-step generation and give
 493 strong confidence to modeling policy. Additional experimental results and experiment setting are
 494 provided in the Appendix C.

495 8 CONCLUSION

496 We presented One-Step Flow Q-Learning (OFQL), a novel policy learning framework that overcomes
 497 key limitations of Diffusion Q-Learning by enabling efficient, single-step action generation during
 498 both training and inference. By reformulating DQL within the Flow Matching framework and
 499 learning an average velocity field rather than a marginal one, OFQL eliminates the need for multi-step
 500 denoising, recursive gradient propagation. This leads to faster training and inference, while surpassing
 501 the performance of state-of-the-art diffusion-based offline RL methods. Empirical results on the
 502 D4RL benchmark confirm the effectiveness and efficiency of OFQL, underscoring the promise of one-
 503 step flow policies for advancing offline RL. More broadly, OFQL facilitates accurate high-frequency
 504 decision-making, suggesting potential for real-time control and scalable deployment in complex,
 505 latency-sensitive domains.

506 REFERENCES

507
 508 510 Anurag Ajay, Yilun Du, Abhi Gupta, Joshua Tenenbaum, Tommi Jaakkola, and Pulkit Agrawal. Is con-
 511 ditional generative modeling all you need for decision-making? *arXiv preprint arXiv:2211.15657*,
 512 2022.

513 David M Blei, Alp Kucukelbir, and Jon D McAuliffe. Variational inference: A review for statisticians.
 514 *Journal of the American statistical Association*, 112(518):859–877, 2017.

515 Huayu Chen, Cheng Lu, Zhengyi Wang, Hang Su, and Jun Zhu. Score regularized policy optimization
 516 through diffusion behavior. *arXiv preprint arXiv:2310.07297*, 2023.

517 Tianyu Chen, Zhendong Wang, and Mingyuan Zhou. Diffusion policies creating a trust region
 518 for offline reinforcement learning. *Advances in Neural Information Processing Systems*, 37:
 519 50098–50125, 2024.

520 Cheng Chi, Zhenjia Xu, Siyuan Feng, Eric Cousineau, Yilun Du, Benjamin Burchfiel, Russ Tedrake,
 521 and Shuran Song. Diffusion policy: Visuomotor policy learning via action diffusion. *The
 522 International Journal of Robotics Research*, pp. 02783649241273668, 2023.

523 Zihan Ding and Chi Jin. Consistency models as a rich and efficient policy class for reinforcement
 524 learning. *arXiv preprint arXiv:2309.16984*, 2023.

525 Zibin Dong, Yifu Yuan, Jianye Hao, Fei Ni, Yi Ma, Pengyi Li, and Yan Zheng. Cleandiffuser: An
 526 easy-to-use modularized library for diffusion models in decision making. *Advances in Neural
 527 Information Processing Systems*, 37:86899–86926, 2024.

528 Patrick Esser, Sumith Kulal, Andreas Blattmann, Rahim Entezari, Jonas Müller, Harry Saini, Yam
 529 Levi, Dominik Lorenz, Axel Sauer, Frederic Boesel, et al. Scaling rectified flow transformers for
 530 high-resolution image synthesis. In *Forty-first international conference on machine learning*, 2024.

531 Kevin Frans, Danijar Hafner, Sergey Levine, and Pieter Abbeel. One step diffusion via shortcut
 532 models. *arXiv preprint arXiv:2410.12557*, 2024.

533 Justin Fu, Aviral Kumar, Ofir Nachum, George Tucker, and Sergey Levine. D4rl: Datasets for deep
 534 data-driven reinforcement learning. *arXiv preprint arXiv:2004.07219*, 2020.

535 Scott Fujimoto and Shixiang Shane Gu. A minimalist approach to offline reinforcement learning.
 536 *Advances in neural information processing systems*, 34:20132–20145, 2021.

540 Zhengyang Geng, Mingyang Deng, Xingjian Bai, J Zico Kolter, and Kaiming He. Mean flows for
 541 one-step generative modeling. *arXiv preprint arXiv:2505.13447*, 2025.

542

543 Philippe Hansen-Estruch, Ilya Kostrikov, Michael Janner, Jakub Grudzien Kuba, and Sergey Levine.
 544 Idql: Implicit q-learning as an actor-critic method with diffusion policies. *arXiv preprint*
 545 *arXiv:2304.10573*, 2023.

546

547 Jonathan Ho, Ajay Jain, and Pieter Abbeel. Denoising diffusion probabilistic models. *Advances in*
 548 *neural information processing systems*, 33:6840–6851, 2020.

549

550 Michael Janner, Yilun Du, Joshua B Tenenbaum, and Sergey Levine. Planning with diffusion for
 551 flexible behavior synthesis. *arXiv preprint arXiv:2205.09991*, 2022.

552

553 Bingyi Kang, Xiao Ma, Chao Du, Tianyu Pang, and Shuicheng Yan. Efficient diffusion policies
 554 for offline reinforcement learning. *Advances in Neural Information Processing Systems*, 36:
 555 67195–67212, 2023.

556

557 Diederik P Kingma and Jimmy Ba. Adam: A method for stochastic optimization. *arXiv preprint*
 558 *arXiv:1412.6980*, 2014.

559

560 Ilya Kostrikov, Ashvin Nair, and Sergey Levine. Offline reinforcement learning with implicit
 561 q-learning. *arXiv preprint arXiv:2110.06169*, 2021.

562

563 Aviral Kumar, Aurick Zhou, George Tucker, and Sergey Levine. Conservative q-learning for offline
 564 reinforcement learning. *Advances in neural information processing systems*, 33:1179–1191, 2020.

565

566 Sergey Levine, Aviral Kumar, George Tucker, and Justin Fu. Offline reinforcement learning: Tutorial,
 567 review, and perspectives on open problems. *arXiv preprint arXiv:2005.01643*, 2020.

568

569 Yaron Lipman, Ricky TQ Chen, Heli Ben-Hamu, Maximilian Nickel, and Matt Le. Flow matching
 570 for generative modeling. *arXiv preprint arXiv:2210.02747*, 2022.

571

572 Xingchao Liu, Chengyue Gong, and Qiang Liu. Flow straight and fast: Learning to generate and
 573 transfer data with rectified flow. *arXiv preprint arXiv:2209.03003*, 2022.

574

575 Cheng Lu and Yang Song. Simplifying, stabilizing and scaling continuous-time consistency models.
 576 *arXiv preprint arXiv:2410.11081*, 2024.

577

578 Haofei Lu, Dongqi Han, Yifei Shen, and Dongsheng Li. What makes a good diffusion planner for
 579 decision making? *arXiv preprint arXiv:2503.00535*, 2025a.

580

581 Haofei Lu, Yifei Shen, Dongsheng Li, Junliang Xing, and Dongqi Han. Habitizing diffusion planning
 582 for efficient and effective decision making. *arXiv preprint arXiv:2502.06401*, 2025b.

583

584 Seohong Park, Kevin Frans, Benjamin Eysenbach, and Sergey Levine. Ogbench: Benchmarking
 585 offline goal-conditioned rl. *arXiv preprint arXiv:2410.20092*, 2024.

586

587 Seohong Park, Qiyang Li, and Sergey Levine. Flow q-learning. *arXiv preprint arXiv:2502.02538*,
 588 2025.

589

590 Tim Pearce, Tabish Rashid, Anssi Kanervisto, Dave Bignell, Mingfei Sun, Raluca Georgescu,
 591 Sergio Valcarcel Macua, Shan Zheng Tan, Ida Momennejad, Katja Hofmann, et al. Imitating
 592 human behaviour with diffusion models. *arXiv preprint arXiv:2301.10677*, 2023.

593

594 Tim Salimans and Jonathan Ho. Progressive distillation for fast sampling of diffusion models. *arXiv*
 595 *preprint arXiv:2202.00512*, 2022.

596

597 Axel Sauer, Dominik Lorenz, Andreas Blattmann, and Robin Rombach. Adversarial diffusion
 598 distillation. In *European Conference on Computer Vision*, pp. 87–103. Springer, 2024.

599

600 Jascha Sohl-Dickstein, Eric Weiss, Niru Maheswaranathan, and Surya Ganguli. Deep unsupervised
 601 learning using nonequilibrium thermodynamics. In *International conference on machine learning*,
 602 pp. 2256–2265. pmlr, 2015.

594 Jiaming Song, Chenlin Meng, and Stefano Ermon. Denoising diffusion implicit models. *arXiv*
 595 *preprint arXiv:2010.02502*, 2020a.
 596

597 Yang Song and Prafulla Dhariwal. Improved techniques for training consistency models. *arXiv*
 598 *preprint arXiv:2310.14189*, 2023.

599 Yang Song and Stefano Ermon. Generative modeling by estimating gradients of the data distribution.
 600 *Advances in neural information processing systems*, 32, 2019.

601

602 Yang Song, Jascha Sohl-Dickstein, Diederik P Kingma, Abhishek Kumar, Stefano Ermon, and Ben
 603 Poole. Score-based generative modeling through stochastic differential equations. *arXiv preprint*
 604 *arXiv:2011.13456*, 2020b.

605 Yang Song, Prafulla Dhariwal, Mark Chen, and Ilya Sutskever. Consistency models. *arXiv preprint*
 606 *arXiv:2303.01469*, 2023.

607

608 Zhendong Wang, Jonathan J Hunt, and Mingyuan Zhou. Diffusion policies as an expressive policy
 609 class for offline reinforcement learning. *arXiv preprint arXiv:2208.06193*, 2022.

610 Yifan Wu, George Tucker, and Ofir Nachum. Behavior regularized offline reinforcement learning.
 611 *arXiv preprint arXiv:1911.11361*, 2019.

612

613 Tianwei Yin, Michaël Gharbi, Richard Zhang, Eli Shechtman, Fredo Durand, William T Freeman,
 614 and Taesung Park. One-step diffusion with distribution matching distillation. In *Proceedings of*
 615 *the IEEE/CVF conference on computer vision and pattern recognition*, pp. 6613–6623, 2024.

616 Linqi Zhou, Stefano Ermon, and Jiaming Song. Inductive moment matching. *arXiv preprint*
 617 *arXiv:2503.07565*, 2025.

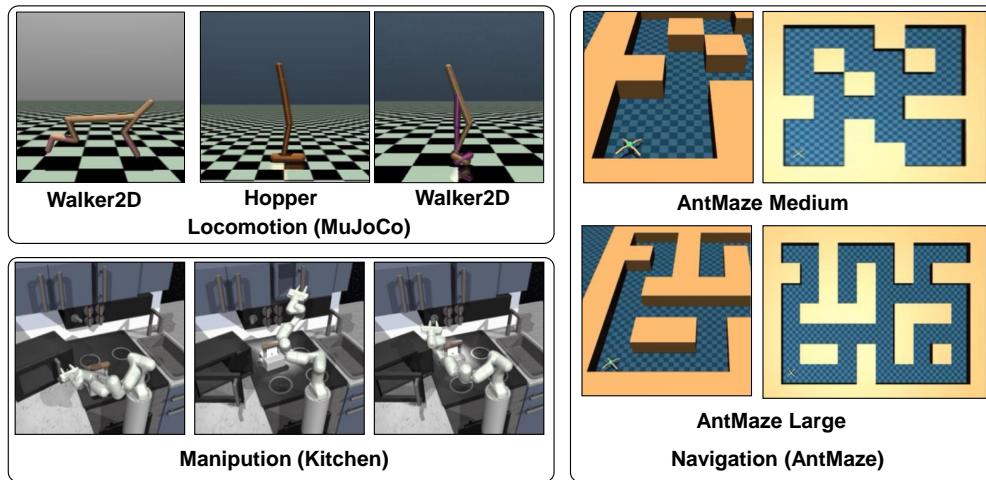
618

619 Zhengbang Zhu, Hanye Zhao, Haoran He, Yichao Zhong, Shenyu Zhang, Haoquan Guo, Tingting
 620 Chen, and Weinan Zhang. Diffusion models for reinforcement learning: A survey. *arXiv preprint*
 621 *arXiv:2311.01223*, 2023.

622

623 A BENCHMARKING TASKS AND EVALUATION PROTOCOL

624



622
 623 Figure 5: Illustration of the benchmarking tasks examined in this study. The tasks include locomotion
 624 challenges for short-term decision-making, robotic arm manipulation tasks requiring long-term
 625 strategic decision-making, and navigation tasks focused on path optimization.

626
 627
 628
 629
 630
 631
 632
 633
 634
 635
 636
 637
 638
 639
 640
 641
 642
 643
 644
 645
 646
 647

Benchmarking tasks. As shown in Figure 5, we evaluate the performance of OFQL using a diverse set of benchmarking tasks that span various domains of reinforcement learning. These tasks are chosen to assess OFQL’s capability across a broad spectrum of environment setups, which is essential

648 for understanding the model’s robustness and generalization. The selected tasks include locomotion
 649 challenges that emphasize short-term decision-making, robotic arm manipulation tasks requiring
 650 long-term strategic decision-making, and navigation tasks focused on pathfinding. By covering this
 651 wide array of tasks, we ensure a comprehensive evaluation of OFQL’s performance in both simple
 652 and complex settings, facilitating a deeper understanding of its strengths and limitations.

653 **Locomotion (MuJoCo):** The MuJoCo Locomotion task is a well-established benchmark in rein-
 654 forcement learning, where the agent is tasked with controlling a simulated robot to navigate through
 655 a dynamic and complex environment. This task is designed to test the agent’s ability to perform
 656 locomotion tasks, emphasizing short-term decision-making and agility in navigating unpredictable
 657 terrains.

658 **Manipulation (Kitchen):** The Kitchen (Franka Kitchen) task is a robotic arm manipulation challenge
 659 in which the agent is required to interact with objects in a kitchen environment. This task is specifically
 660 designed to evaluate the agent’s proficiency in long-term strategic decision-making, as it involves
 661 making sequences of actions for tasks such as object manipulation and coordination, which require
 662 higher levels of temporal reasoning.

663 **Navigation (AntMaze):** The AntMaze task combines locomotion and planning challenges in a
 664 maze environment, where the agent must navigate through increasingly complex and variable maze
 665 configurations. This task is designed to test the agent’s ability to perform locomotion tasks while
 666 incorporating advanced planning strategies, balancing exploration and exploitation in a maze with
 667 dynamic elements.

668 **Evaluation Metric.** We adopt the D4RL (Fu et al., 2020) benchmark to report the normalized score,
 669 which allows for fair comparison across approaches. The *normalized score* is computed for each
 670 environment, using the following formula:

$$672 \text{Normalized Score} = 100 \times \frac{\text{score} - \text{random score}}{\text{expert score} - \text{random score}} \quad (18)$$

673 A normalized score of 0 represents the average returns (over 100 episodes) of an agent that selects
 674 actions uniformly at random across the action space. A normalized score of 100 corresponds to the
 675 average returns of a domain-specific expert (chosen by D4RL).

679 B ARCHITECTURAL AND IMPLEMENTATION DETAILS

682 Algorithm 1 OFQL Algorithm

```

683 1: Initialize policy network  $\pi_\theta, \pi_{\theta'}$ , critic networks  $Q_{\phi_1}$  and  $Q_{\phi_2}, Q_{\phi'_1}, Q_{\phi'_2}$ 
684 2: for each iteration do
685 3:   Sample transition mini-batch  $\mathcal{B} = \{(s_h, a_h, r_h, s_{h+1})\} \sim \mathcal{D}$ 
686 4:   # Q-value function learning
687 5:   Sample  $a_{h+1} \sim \pi_{\theta'}(a_{h+1} | s_{h+1})$  by Eq. 16
688 6:   Update  $Q_{\phi_1}$  and  $Q_{\phi_2}$  using Eq. 6 {Max-Q backup (Kumar et al., 2020) optional}
689 7:   # Policy learning
690 8:   Sample  $a_h \sim \pi_\theta(a_h | s_h)$  by Eq. 16
691 9:   Update policy  $\pi_\theta$  by minimizing Eq. 7
692 10:  # Update target networks every K iteration
693 11:   $\theta' \leftarrow \rho\theta' + (1 - \rho)\theta$ 
694 12:   $\phi'_i \leftarrow \rho\phi'_i + (1 - \rho)\phi_i$  for  $i = \{1, 2\}$ 
695 13: end for

```

696 Our approach generally builds directly on DQL (Wang et al., 2022), inheriting its training and
 697 inference. Below, we outline the key architectural and implementation details.

698 **Architectural Details.** We adopt the original DQL architecture for both the Q-function and policy
 699 networks, with a minor modification to the policy input. Specifically, we augment the input by
 700 concatenating an additional positional embedding corresponding to the target step r , alongside the
 701 standard timestep embedding t . More specifically, the architectures are as below:

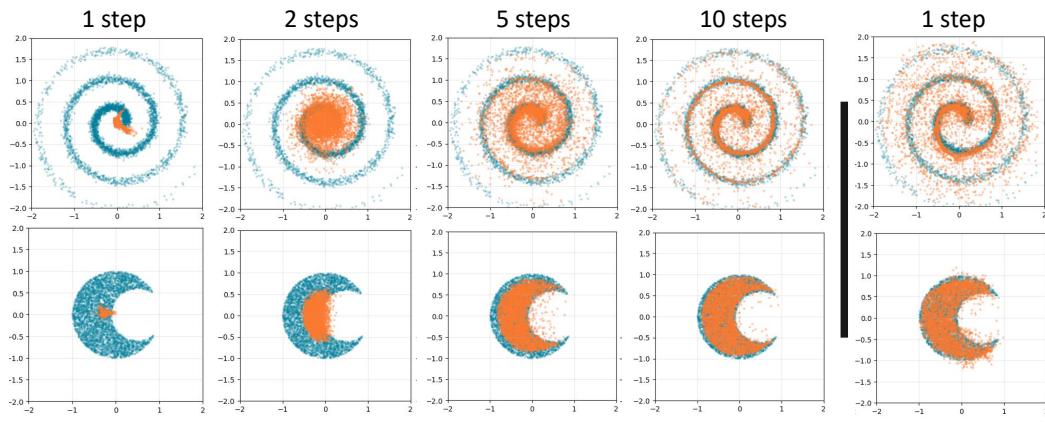
702 Policy Network: The policy is modeled as the average velocity function $u_\theta(a_t, r, t; s)$, where a_t denotes the action latent, t and r are timestep variables, and s is the state conditioning input. We adopt the same MLP-based architecture as used in DQL, with the modification of incorporating the additional timestep r . Specifically, u_θ is parameterized as a 3-layer multilayer perceptron (MLP) with Mish activations and 256 hidden units per layer. The input to u_θ is the concatenation of the action latent vector, the current state vector, and the sinusoidal positional embeddings of timesteps t and r (time embedding size 64). The output is the predicted average velocity that flows from timestep t to r .

710 Q Networks: We utilize the same Q network architecture as in DQL. Specifically, we employ two Q
711 networks, each implemented as a 3-layer MLP with Mish activations and 256 hidden units per layer.
712 The input to each Q network is the concatenation of the action and the observation, and the output is
713 the estimated state-action value.

714 **Training Details.** The pseudo algorithm of OFQL is provided in Algorithm 1, where Max-Q backup
715 is applied to AntMaze tasks only, as in DQL. In the training, the time variables t and r are sampled
716 from a logit-normal distribution (Esser et al., 2024) with parameters $(-0.4, 1.0)$, which improves
717 stability compared to uniform sampling. During sampling, time pairs are selected such that $r \neq t$
718 holds for 50% of the samples (i.e., *flow ratio* equal to 0.5). In the actor loss, the hyperparameter α
719 balances behavior regularization and Q value maximization. To normalize for dataset-specific Q-value
720 scales, α is adapted as $\alpha = \frac{\eta}{\mathbb{E}_{(s, a) \sim \mathcal{D}} [\|Q_\phi(s, a)\|]}$, where η is a tunable hyperparameter. We search η
721 over $\{0.001, 0.01, 0.1, 0.3, 0.5\}$ since the relative importance of Q-guidance varies by domain (e.g.,
722 the Kitchen tasks require more policy regularization and the AntMaze tasks require more Q-learning).
723

724 Training is conducted for 1000 epochs (2000 for MuJoCo tasks), with each epoch consisting of
725 1000 gradient steps and a batch size of 256. Both the policy and Q networks are optimized with
726 Adam (Kingma & Ba, 2014), using a learning rate of 3×10^{-4} . For rewards, we adopt the original
727 task rewards in MuJoCo Gym and Kitchen, while following CQL’s modification (Kumar et al., 2020)
728 for AntMaze, consistent with DQL. For evaluation, we report the mean normalized return averaged
729 over three training seeds, with each model evaluated on 150 episodes per task.
730

C DDPM, FLOW MATCHING WITH MARGINAL VELOCITY COMPARED TO AVERAGE VELOCITY PARAMETERIZATION ON TOY DATASETS



748 Figure 6: Comparison of sample quality between v-parameterization (left, steps = 1, 2, 5, 10) and
749 u-parameterization (right, one step) on toy datasets.
750

751 **Experiment Setup.** As DQL convincingly demonstrates, greater model expressiveness leads to
752 stronger final performance in the actor-critic framework. To illustrate the capability of modeling
753 complex distributions in a one-step setting, we compare (1) Flow Matching with two velocity
754 parameterizations; marginal velocity (*v*-param) and average velocity (*u*-param) (2) DDPM in DQL
755 with average velocity in OFQL; across three synthetic datasets: Crescent, Spiral, and Checkerboard.
Each dataset challenges the models to capture distinct geometric structures.

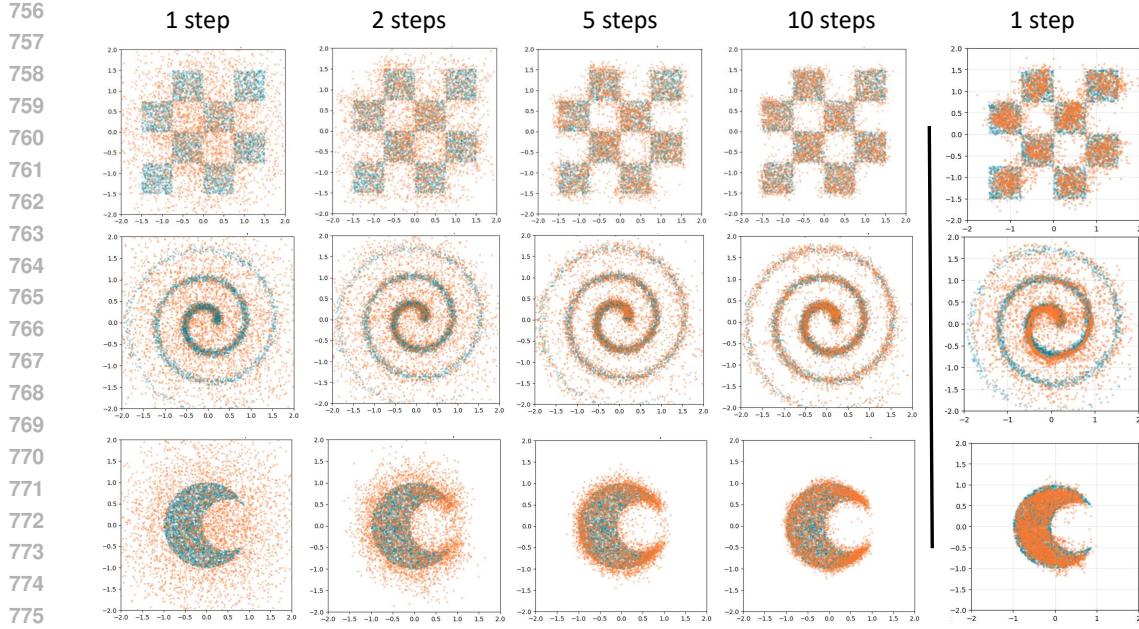


Figure 7: Comparison of sample quality between DDPM in DQL (left, steps = 1, 2, 5, 10) and u-parameterization in OFQL (right, one step) on toy datasets.

1. Crescent: Points form a crescent shape, with an outer and inner circle, testing the models' ability to avoid points in the inner circle.
2. Spiral: Points follow a noisy spiral, evaluating the models' robustness in recovering the structure amidst noise.
3. Checkerboard: Points are arranged in a checkerboard pattern, testing the models' capacity to capture multimodal distributions.

Architecture. (1) v -param: estimates marginal velocity using a multi-layer perceptron (MLP) with 3 hidden layers (64 units each), with inputs: noise latent, timestep. (2) u -param: estimates average velocity using a similar MLP architecture but with an additional target time input. (3) DDPM: estimate the time step noise using a multi-layer perceptron (MLP) with 3 hidden layers (64 units each), with inputs: noise latent, timestep. All models use Mish activations.

Training and Evaluation. We train both models for 100 epochs with a batch size of 2048 and 40 batches for each epoch. The DDPM, v -param is evaluated with varying prediction steps (1, 2, 5, 10), while the u -param is evaluated with one denoising step. We visualize the ground truth distribution (blue points) and the generated samples (orange points) on a 2D plot to assess how well each model captures the dataset's geometric structure.

Results on v -param vs u -param While the main paper reports results on the Checkerboard dataset, Figure 6 additionally presents results on two other toy datasets: Spiral and Moon. As illustrated in Figure 6, the u -param consistently generates well-structured samples that match the target distribution even in a single step. In contrast, the v -param exhibits significant mode collapse and noise in early steps (1–2), requiring up to 10 steps to approximate the target shape. These findings reinforce our main conclusion: modeling the average velocity field enables the u -param to achieve accurate and efficient one-step generation, outperforming standard flow models across various geometrically complex distributions.

Results on DDPM vs u -param. Figure 7 illustrates that the one-step u -parameterization in OFQL achieves expressivity comparable to a full DDPM, despite requiring only a single forward pass. In contrast, DDPM produces highly noisy outputs when restricted to a small number of steps (1–2) and typically requires around 10 denoising steps to approximate the target distribution reliably. Importantly, one-step generation is particularly advantageous in actor–critic RL, as it eliminates the need for backpropagation through time. This makes the one-step u -parameterization a more practical

810 choice than DDPM for policy learning, even though both approaches exhibit similar expressive
 811 capacity.

813 D TRAINING AND INFERENCE EFFICIENCY COMPARISON

816 We evaluate the decision frequency and training time of our method and baseline across 9 Mujoco
 817 tasks. The decision frequency (Lu et al., 2025b) reflects the number of actions (or action batches)
 818 generated per second by the evaluated model.

819 Experiments are conducted on an Ubuntu server with an Intel(R) Xeon(R) Gold 5317 CPU @
 820 3.00GHz (48 cores, 96 threads) and an A100 PCIe 80 GB GPU. The wall-clock training time (in
 821 hours) is measured over 1 million training steps and averaged across the 9 Mujoco tasks. Decision
 822 frequency is measured over 3000 action batches (batch size 2500) for each task and averaged across
 823 all tasks.

825 E LIMITATIONS AND FUTURE WORK

827 The efficiency and expressivity of OFQL make it a promising foundation for real-world reinforcement
 828 learning. By eliminating multi-step denoising, OFQL achieves one-step action generation with
 829 state-of-the-art performance, enabling decision-making at frequencies suitable for real-time robotics,
 830 autonomous driving, and other latency-sensitive domains. Its reduced training and inference cost
 831 also lowers the computational barrier for scaling reinforcement learning to larger datasets and more
 832 complex tasks, providing a practical path toward widespread industrial adoption.

833 While OFQL demonstrates compelling efficiency and performance gains in offline reinforcement
 834 learning, our current evaluation focuses primarily on single-goal state-based decision-making
 835 tasks—specifically those relying on low-dimensional proprioceptive observations from the D4RL
 836 benchmark. This leaves several promising directions for future exploration.

837 First, extending OFQL to online reinforcement learning presents a natural next step. Our one-step
 838 formulation removes the computational bottlenecks that typically hinder real-time interaction, making
 839 OFQL a promising candidate for scalable online learning. Investigating stability and sample-efficiency
 840 in this setting remains an important open question.

841 Second, we aim to generalize OFQL to vision-based control, where observations are high-dimensional
 842 (e.g., raw pixels). Designing effective vision-based architectures and integrating with one-step
 843 flow-based policies could open the door to end-to-end learning in more complex, unstructured
 844 environments.

845 Third, future work could explore extending OFQL to goal-conditioned and multi-task RL settings.
 846 Learning conditional average velocity fields to support diverse goal-directed behaviors—without
 847 resorting to separate diffusion or reward models—would offer greater flexibility and generalization.

848 Overall, OFQL provides a general foundation for fast and expressive policy learning, and we hope
 849 future work expands its applicability across broader domains and learning paradigms.

852 F DETAILED ON DIFFUSION MODELS, FLOW MATCHING

854 For completeness, we provide background on diffusion models and flow matching, which serve as
 855 the foundations for our method.

856 **Diffusion Models.** Diffusion models are a high-performing class of generative models that learn to
 857 sample from an unknown data distribution $q(x^0)$ using a dataset drawn from it (Ho et al., 2020; Song
 858 & Ermon, 2019; Song et al., 2020b; Sohl-Dickstein et al., 2015). Denoising Diffusion Probabilistic
 859 Models (DDPMs) (Ho et al., 2020), the canonical diffusion model used in DQL, define a forward
 860 diffusion process $q(x^{1:K} | x^0) = \prod_{k=1}^K q(x^k | x^{k-1})$ as a fixed Markov chain that gradually corrupts
 861 data with Gaussian noise over K steps, where $q(x^k | x^{k-1}) = \mathcal{N}(x^k; \sqrt{1 - \beta^k} x^{k-1}, \beta^k \mathbf{I})$, and
 862 the variance schedule $\{\beta^k\}_{k=1}^K$ is predefined such that as $K \rightarrow \infty$, x^K approaches an isotropic
 863 Gaussian.

864 The corresponding reverse process, enables generating data from pure noise, is parameterized by ψ
 865 and defined as:

$$866 \quad p_\psi(x^{0:K}) = \mathcal{N}(x^K; \mathbf{0}, \mathbf{I}) \prod_{k=1}^K p_\psi(x^{k-1} | x^k), \quad (19)$$

869 which is learned by maximizing the variational lower bound $\mathbb{E}_q \left[\log \frac{p_\psi(x^{0:K})}{q(x^{1:K} | x^0)} \right]$ (Blei et al., 2017;
 870 Ho et al., 2020).

872 After training, sampling from $q(x^0)$ is approximated by drawing $x^K \sim \mathcal{N}(\mathbf{0}, \mathbf{I})$ and applying the
 873 reverse Markov chain from $k = K$ to $k = 1$ via the learn model p_ψ . Conditional generation is
 874 straightforwardly supported via $p_\psi(x^{k-1} | x^k, c)$.

875 **Flow Matching.** Flow Matching (FM) (Lipman et al., 2022) is a generative modeling framework that
 876 learns deterministic velocity fields to directly transport noise to data along smooth, stable trajectories.

877 Given data $x \sim q(x)$ and noise $\epsilon \sim p_{\text{prior}}(\epsilon)$, FM defines a linear flow path:

$$879 \quad z_t = \alpha_t x + \beta_t \epsilon, \quad v_t = \frac{dz_t}{dt} = \dot{\alpha}_t x + \dot{\beta}_t \epsilon, \quad (20)$$

881 where α_t, β_t are predefined schedules (e.g., $\alpha_t = 1 - t, \beta_t = t$), and the dot notation (e.g., $\dot{\alpha}_t$)
 882 denotes the time derivative with respect to the continuous flow step $t \in [0, 1]$. The *conditional*
 883 *velocity* $v_t(z_t | x)$ captures the direction of flow for a specific sample, and the *marginal velocity* field
 884 is defined as the expectation:

$$885 \quad v(z_t, t) \triangleq \mathbb{E}_{p_t(v_t | z_t)}[v_t]. \quad (21)$$

886 FM essentially models the marginal velocity, as it is feasible to approximate this field; parametrized
 887 by the neural network $v_\theta(z_t, t)$; using the Conditional Flow Matching loss:

$$889 \quad \mathcal{L}_{\text{CFM}}(\theta) = \mathbb{E}_{t, x, \epsilon} \|v_\theta(z_t, t) - v_t(z_t | x)\|^2, \quad (22)$$

890 where, under the commonly used schedule $\alpha_t = 1 - t, \beta_t = t$, the conditional velocity simplifies to
 891 $v_t(z_t | x) = \epsilon - x$.

892 In inference, sampling is performed by solving the ODE in reverse time:

$$894 \quad \frac{dz_t}{dt} = v(z_t, t), \quad \text{starting from } z_1 = \epsilon \sim p_{\text{prior}}(\epsilon), \quad (23)$$

895 where the solution is approximated using a numerical solver, such as Euler's method: $z_{t-\Delta t} =$
 896 $z_t - \Delta t \cdot v(z_t, t)$.

898 **On the classifier-free guidance** While classifier-free guidance (CFG) might be considered to better
 899 align generated samples with the conditioning variable c in the image generation domain, prior
 900 work has shown that CFG can lead to undesirable behaviors in sequential decision-making tasks.
 901 Specifically, CFG tends to bias the generation process toward high-density regions associated with
 902 c , which may cause agents to overlook high-return trajectories critical for long-horizon planning
 903 (Pearce et al., 2023). Additionally, DQL adopts a no-guidance approach. For a fair comparison, we
 904 follow the design choices made in DQL and prior works (Chi et al., 2023; Wang et al., 2022) and
 905 adopt a *no-guidance* paradigm, ensuring stable and unbiased policy generation.

906 G FORMAL JUSTIFICATION OF ACTION ACCURACY PRESERVATION IN 907 ONE-STEP GENERATION THROUGH AVERAGE VELOCITY FIELD

910 We show that under perfect learning (no estimation error), learning the conditional average velocity
 911 $u_\theta(a_t, r, t; s)$ and applying the one-step update in Eq. 12 recovers the same endpoint map as
 912 integrating the conditional Flow Matching dynamics, thereby enabling accurate one-step action
 913 generation.

914 Let $v^*(a, t; s)$ be the ground-truth conditional marginal velocity field assumed to govern the Flow
 915 Matching (FM) dynamics that generate the target action distribution $\mu(\cdot | s)$. In FM, this velocity
 916 field transports Gaussian noise to data through the ODE

$$917 \quad \frac{da_t}{dt} = v^*(a_t, t; s), \quad a_1 = \epsilon \sim \mathcal{N}(0, \mathbf{I}). \quad (24)$$

918 Solving this ODE backward from $t = 1$ to $t = 0$ yields an endpoint a_0 that depends on both the noise
 919 sample ϵ and the conditioning state s . This defines the FM endpoint map
 920

$$921 \quad T^*(\epsilon, s) = a_0 = \epsilon - \int_0^1 v^*(a_\tau, \tau; s) d\tau. \quad (25)$$

923 The push-forward of this map over the Gaussian prior, $(T^*)_{\#}\mathcal{N}(0, I)$, recovers the target action
 924 distribution $\mu(\cdot | s)$.
 925

926 For any interval $[r, t] \subseteq [0, 1]$, define the average velocity as
 927

$$928 \quad u^*(a_t, r, t; s) = \frac{1}{t-r} \int_r^t v^*(a_\tau, \tau; s) d\tau, \quad (26)$$

930 which represents the net displacement of the FM trajectory over this interval. Applying this definition
 931 to $[0, 1]$ gives

$$932 \quad u^*(a_1, 0, 1; s) = u^*(\epsilon, 0, 1; s) = \int_0^1 v^*(a_\tau, \tau; s) d\tau, \quad (27)$$

934 and therefore the endpoint map satisfies

$$936 \quad T^*(\epsilon, s) = \epsilon - \int_0^1 v^*(a_\tau, \tau; s) d\tau = \epsilon - u^*(\epsilon, 0, 1; s).$$

938 Suppose a learned model u_θ (e.g., a model by a neural network) approximates this average velocity
 939 u^* on the support of the Gaussian prior without estimation error. In that case, the one-step generator
 940 in Eq. 12 becomes:

$$943 \quad T_\theta(\epsilon, s) = \epsilon - u_\theta(\epsilon, 0, 1; s) = \epsilon - u^*(\epsilon, 0, 1; s) = T^*(\epsilon, s). \quad (28)$$

944 Because both maps push the Gaussian prior forward in the same way, their induced action distributions
 945 coincide:

$$947 \quad (T_\theta)_{\#}\mathcal{N}(0, I) = (T^*)_{\#}\mathcal{N}(0, I) = \mu(\cdot | s).$$

948 Hence, the learned policy

$$949 \quad \pi_\theta(a | s) \triangleq (T_\theta)_{\#}\mathcal{N}(0, I)$$

950 matches the target distribution exactly, demonstrating that the learned average velocity preserves the
 951 FM action accuracy in a single forward pass without ODE integration.

953 H FORMAL JUSTIFICATION OF AVERAGE-VELOCITY LEARNING ENCOURAGES 954 THE LEARNED ONE-STEP POLICY TO STAY CLOSE TO THE BEHAVIOR 955 POLICY

957 We show that, under general (imperfect) learning conditions, minimizing the average-velocity matching
 958 loss $\mathcal{L}_{\text{FBC}^*}(\theta)$ ensures that the learned one-step policy $\pi_\theta(\cdot | s)$ converges toward the behavior
 959 distribution $\mu(\cdot | s)$. In particular, $\mathcal{L}_{\text{FBC}^*}(\theta)$ upper-bounds the squared 2-Wasserstein distance be-
 960 tween $\pi_\theta(\cdot | s)$ and $\mu(\cdot | s)$ - up to a positive constant—implying that small average-velocity error
 961 enforces closeness between the two distributions.

962 Let $\epsilon \sim \mathcal{N}(0, I_d)$ be a d -dimensional standard Gaussian. For each state $s \in \mathcal{S}$, define

$$964 \quad T^*(\epsilon, s) = \epsilon - \int_0^1 v^*(a_\tau, \tau; s) d\tau = \epsilon - u^*(\epsilon, 0, 1; s), \quad T_\theta(\epsilon, s) = \epsilon - u_\theta(\epsilon, 0, 1; s),$$

966 so that the induced action distributions are the push-forwards

$$968 \quad \mu(\cdot | s) = (T^*(\cdot, s))_{\#}\mathcal{N}(0, I), \quad \pi_\theta(\cdot | s) = (T_\theta(\cdot, s))_{\#}\mathcal{N}(0, I).$$

970 Recall the average-velocity matching loss:

$$971 \quad \mathcal{L}_{\text{FBC}^*}(\theta) = \mathbb{E}_{0 \leq r \leq t \leq 1; s; \epsilon} [\|u_\theta(a_t, r, t; s) - u^*(a_t, r, t; s)\|_2^2], \quad (29)$$

972 where a_t is the (deterministic) solution of the flow-matching ODE at time t given the initial noise ϵ
 973 and state s .

974 Assume that the sampling distribution over time pairs (r, t) assigns a non-zero probability $p_{01} > 0$ to
 975 the endpoint pair $(0, 1)$, i.e. $\mathbb{P}[(r, t) = (0, 1)] = p_{01} > 0$. Then

$$977 \quad \mathcal{L}_{\text{FBC}^*}(\theta) = \mathbb{E}_{(r,t); s; \epsilon} \left[\|u_\theta(a_t, r, t; s) - u^*(a_t, r, t; s)\|_2^2 \right] \quad (30)$$

$$979 \quad \geq p_{01} \mathbb{E}_{(r,t)=(0,1); s; \epsilon} \left[\|u_\theta(a_t, r, t; s) - u^*(a_t, r, t; s)\|_2^2 \right] \quad (31)$$

$$981 \quad = p_{01} \mathbb{E}_{s; \epsilon} \left[\|u_\theta(\epsilon, 0, 1; s) - u^*(\epsilon, 0, 1; s)\|_2^2 \right]. \quad (32)$$

983 Using the endpoint parameterization

$$984 \quad T_\theta(\epsilon, s) = \epsilon - u_\theta(\epsilon, 0, 1; s), \quad T^*(\epsilon, s) = \epsilon - u^*(\epsilon, 0, 1; s),$$

985 we obtain the identity

$$987 \quad \|u_\theta(\epsilon, 0, 1; s) - u^*(\epsilon, 0, 1; s)\|_2^2 = \|T_\theta(\epsilon, s) - T^*(\epsilon, s)\|_2^2.$$

989 Thus

$$990 \quad \mathcal{L}_{\text{FBC}^*}(\theta) \geq p_{01} \mathbb{E}_{s; \epsilon \sim \mathcal{N}(0, I)} \left[\|T_\theta(\epsilon, s) - T^*(\epsilon, s)\|_2^2 \right]. \quad (33)$$

992 For each state s , let λ_s denote the joint distribution of $(T_\theta(\epsilon, s), T^*(\epsilon, s))$ induced by $\epsilon \sim \mathcal{N}(0, I)$.
 993 Then λ_s is a valid coupling between $\pi_\theta(\cdot | s)$ and $\mu(\cdot | s)$, i.e. $\lambda_s \in \Lambda(\pi_\theta(\cdot | s), \mu(\cdot | s))$. Therefore,

$$995 \quad \mathbb{E}_\epsilon \left[\|T_\theta(\epsilon, s) - T^*(\epsilon, s)\|_2^2 \right] = \mathbb{E}_{(a, a^*) \sim \lambda_s} \left[\|a - a^*\|_2^2 \right] \quad (34)$$

$$996 \quad \geq \inf_{\lambda \in \Lambda(\pi_\theta(\cdot | s), \mu(\cdot | s))} \mathbb{E}_{(a, a^*) \sim \lambda} \left[\|a - a^*\|_2^2 \right] \quad (35)$$

$$998 \quad = W_2^2(\pi_\theta(\cdot | s), \mu(\cdot | s)), \quad (36)$$

999 where W_2 denotes the 2-Wasserstein distance on the action space with Euclidean ground metric.
 1000 Combining the inequalities yields

$$1002 \quad \mathcal{L}_{\text{FBC}^*}(\theta) \geq p_{01} \mathbb{E}_s \left[W_2^2(\pi_\theta(\cdot | s), \mu(\cdot | s)) \right]. \quad (37)$$

1004 Thus, up to the positive constant factor, $\mathcal{L}_{\text{FBC}^*}(\theta)$ upper-bounds the expected squared 2-Wasserstein
 1005 distance between the learned policy $\pi_\theta(\cdot | s)$ and the target policy $\mu(\cdot | s)$ induced by flow matching.
 1006 In particular, if $\mathcal{L}_{\text{FBC}^*}(\theta) \rightarrow 0$, then $\mathbb{E}_s [W_2^2(\pi_\theta(\cdot | s), \mu(\cdot | s))] \rightarrow 0$. Consequently, average-
 1007 velocity learning regularizes $\pi_\theta(\cdot | s)$ toward the behavior distribution $\mu(\cdot | s)$, while still allowing
 1008 complex, multimodal action distributions via the nonlinear endpoint map induced by flow-matching
 1009 dynamics.

1010 I GRADIENT ANALYSIS OF OFQL ACTOR LOSS

1012 The OFQL actor minimizes

$$1014 \quad \arg \min_\theta \mathcal{L}(\theta) = \arg \min_\theta (\mathcal{L}_{\text{FBC}}(\theta) - \alpha \mathcal{L}_Q(\theta)), \quad (38)$$

$$1016 \quad \mathcal{L}_Q(\theta) \triangleq \mathbb{E}_{s \sim \mathcal{D}, a \sim \pi_\theta} [Q_\phi(s, a)]. \quad (39)$$

1018 The OFQL actor loss jointly (i) maximizes the critic value (i.e., return) and (ii) keeps the policy close
 1019 to the behavior distribution via FBC (see formal justification in H)

1020 We now expand the gradient of each term.

1022 **Gradient of the Q-term.** Recall that actions are sampled in one step:

$$1024 \quad a = \epsilon - u_\theta(\epsilon, 0, 1; s), \quad \epsilon \sim \mathcal{N}(0, I), \quad (40)$$

1025 The Q-term becomes

1026

1027

$$\mathcal{L}_Q(\theta) = \mathbb{E}_{s,\epsilon} [Q_\phi(s, \epsilon - u_\theta(\epsilon, 0, 1; s))]. \quad (41)$$

1029

1030 Applying the chain rule:

1031

$$\nabla_\theta \mathcal{L}_Q(\theta) = \mathbb{E}_{s,\epsilon} [\nabla_a Q_\phi(s, a) \cdot \nabla_\theta a] \quad (42)$$

1032

$$= \mathbb{E}_{s,\epsilon} [\nabla_a Q_\phi(s, a) \cdot (-\nabla_\theta u_\theta(\epsilon, 0, 1; s))]. \quad (43)$$

1034

1035 Unlike diffusion-based policy parameterizations that require backpropagating through many iterative
 1036 denoising steps (BPTT), the one-step mapping $a = \epsilon - u_\theta(\epsilon, 0, 1; s)$ is a single differentiable
 1037 transformation. Thus, $\nabla_\theta a$ is computed in one step without temporal unrolling, making the actor
 1038 update significantly faster, more training-friendly.

1039

1040

Gradient of the FBC term. The FBC objective is

1041

1042

$$\mathcal{L}_{\text{FBC}}(\theta) = \mathbb{E}_{s,a,t,r,\epsilon} \left[\|u_\theta(a_t, r, t; s) - \text{sg}(u_{\text{tgt}})\|_2^2 \right], \quad (44)$$

1043

1044

where u_{tgt} is stop-gradient $\text{sg}(\cdot)$:

1045

1046

$$u_{\text{tgt}} = v_t - (t - r) (v_t \cdot \partial_{a_t} u_\theta + \partial_t u_\theta), \quad a_t = (1 - t)a + t\epsilon, \quad v_t = \epsilon - a \quad (45)$$

1047

1048

Because of $\text{sg}(\cdot)$, the target is treated as constant when differentiating. Thus

1049

1050

$$\nabla_\theta \mathcal{L}_{\text{FBC}}(\theta) = 2 \mathbb{E}_{s,a,t,r,\epsilon} [(u_\theta(a_t, r, t; s) - u_{\text{tgt}}) \cdot \nabla_\theta u_\theta(a_t, r, t; s)]. \quad (46)$$

1051

1052

Full OFQL actor gradient. Combining Eqs. 42–46:

1053

$$\nabla_\theta \mathcal{L}(\theta) = \nabla_\theta \mathcal{L}_{\text{FBC}}(\theta) - \alpha \nabla_\theta \mathcal{L}_Q(\theta) \quad (47)$$

1054

$$= 2 \mathbb{E}_{s,a,t,r,\epsilon} [(u_\theta(a_t, r, t; s) - u_{\text{tgt}}) \cdot \nabla_\theta u_\theta(a_t, r, t; s)] \quad (48)$$

1055

$$+ \alpha \mathbb{E}_{s,\epsilon} [\nabla_a Q_\phi(s, a) \cdot \nabla_\theta u_\theta(\epsilon, 0, 1; s)]. \quad (49)$$

1056

1057

Interpretation. The first term regularizes the policy toward the behavior distribution by matching average velocities, while the second term regularizes the policy to maximize the critic value through the differentiable one-step action mapping. Thus, OFQL simultaneously achieves behavior regularization and return maximization.

1061

1062

J EVALUATING OFQL IN HIGH-DIMENSIONAL ACTION ROBOTIC MANIPULATION

1065

1066

To further evaluate OFQL in high-dimensional action spaces, we conducted additional experiments on the D4RL Adroit benchmark, which features 24-dimensional control using a dexterous robotic hand. We evaluated two standard tasks—adroit-pen-human and adept-pen-cloned—where the objective is to manipulate a pen to match a target orientation using a 24-DoF hand. This domain is particularly challenging due to noisy human demonstrations, sparse rewards, and the high-dimensional action manifold. Normalized returns, following the evaluation protocol of Fu et al. (2020), are reported below:

1072

1073

1074

1075

1076

1077

1078

1079

Task	BC	DQL	OFQL (ours)
adroit-pen-human	71.0	75.7±9.0	79.5±9.5
adroit-pen-cloned	52.0	60.8±11.8	62.3±10.3

The results show that OFQL consistently outperforms both BC and DQL in high-dimensional manipulation tasks, demonstrating strong robustness and effectiveness in complex dexterous control settings.

1080
1081
1082
1083 **K FEASIBILITY ON VISUAL OBSERVATION SETTING**
1084
1085
1086
1087
1088
1089

1083 To demonstrate the feasibility of OFQL in the visual-observation setting, we evaluate it on two
 1084 OGBench (Park et al., 2024) visual manipulation tasks that require reasoning over high-dimensional
 1085 image observations ($64 \times 64 \times 3$): `visual-scene-singletask-task1-v0` (moderate difficulty) and `visual-cube-double-play-singletask-task1-v0` (hard). We adopt the
 1086 small IMPALA encoder (following FQL (Park et al., 2025)) for embedding the image observation to
 1087 the latent state and use simple concatenation for state conditioning. Task success rates are reported
 1088 below:
 1089

1090 1091 Task	1092 FBRAC	1093 FQL	1094 OFQL (ours)
1092 <code>visual-scene-singletask-task1-v0</code>	1093 46.0 ± 4.0	1094 98.0 ± 3.0	1095 54.0 ± 9.0
1093 <code>visual-cube-double-play-singletask-task1-v0</code>	1094 6.0 ± 2.0	1095 21.0 ± 11.0	1096 8.0 ± 3.0

1095 These results show that OFQL remains functional in visual settings, but its performance lags behind
 1096 stronger visual baselines, indicating that additional architectural and algorithmic considerations are
 1097 necessary for competitive results in high-dimensional pixel-based domains.
 1098

1099 There are several key challenges when extending OFQL to high-dimensional input scenarios such as
 1100 image-based observations.
 1101

1102 First, the learning objectives become tightly coupled. Unlike low-dimensional state spaces, visual
 1103 tasks require the policy to jointly learn (i) accurate Q-values, (ii) flow-based behavior regularization,
 1104 and (iii) a stable and expressive visual representation. These components are deeply interdependent:
 1105 noise or instability in the visual encoder propagates into Q-value estimation and flow predictions,
 1106 while inaccuracies in the critic or policy can, in turn, misguide the encoder. This tight coupling makes
 1107 the overall optimization process considerably more fragile compared to low-dimensional settings.
 1108

1109 Second, conditioning high-dimensional latent features into the flow network is non-trivial. Simple
 1110 concatenation of visual latents with the noise vector may be insufficient. High-dimensional representations
 1111 often require more structured fusion strategies—e.g., FiLM layers, cross-attention,..—to ensure
 1112 the visual features meaningfully influence the learned flow direction. Without proper conditioning,
 1113 the policy may ignore or underutilize visual information.
 1114

1115 Third, representation quality may becomes a bottleneck. Lightweight or general-purpose encoders
 1116 may fail to capture task-relevant spatial and semantic cues required for precise action prediction.
 1117 Stronger or task-specific visual backbones, domain augmentations, or auxiliary representation-
 1118 learning losses may be necessary to maintain stable training.
 1119

1120 Overall, extending OFQL to visual domains will likely require more robust encoders, improved
 1121 conditioning strategies, and additional guidance signals to ensure that visual features effectively
 1122 support flow-based policy learning which is an interesting direction for future work.
 1123

1124
1125 **L HANDLING OUT-OF-DISTRIBUTION STATES: OFQL vs. DQL**
1126
1127

1128 Across all benchmarks, OFQL consistently attains higher average returns than DQL. This suggests
 1129 improved robustness to out-of-distribution (OOD) states, since the average return is determined by
 1130 the policy’s interaction with the real environment, where trajectories often drift outside the trained
 1131 distribution. A policy that performs better in these interactions is implicitly better at handling such
 1132 OOD states.
 1133

1134 To further support this, we compute the mean squared error between the actions produced by the
 1135 trained policy (trained on medium / medium-replay datasets) and the expert actions on the expert
 1136 dataset. Let’s denotes this MSE as OOD-MSE. This metric measures how well the learned policy
 1137 aligns with the expert policy under the expert state distribution, which is largely out-of-distribution
 1138 relative to the training data. A lower OOD-MSE therefore indicates stronger generalization to unseen
 1139 or OOD states. we provide OOD-MSE on the HalfCheetah dataset as below.
 1140

Metric (Dataset)	OOD-MSE (Medium)	OOD-MSE (Medium-Replay)
OFQL	0.458	0.560
DQL	0.462	0.582

The results presented in the table above show that OFQL consistently achieves lower OOD-MSE than its DQL counterpart, demonstrating that OFQL generalizes more effectively to unseen or out-of-distribution states.

M ABLATION ON TIME-SAMPLING DISTRIBUTION

We evaluate the effect of the time-sampling distribution in OFQL by comparing uniform sampling against a logit-normal distribution. An ablation on HalfCheetah is summarized below:

Time-Sampling	Uniform	Logit-Normal
Medium-Expert	94.5 ± 0.5	95.2 ± 0.4
Medium	61.1 ± 0.1	63.8 ± 0.1
Medium-Replay	51.7 ± 0.2	51.2 ± 0.1

Overall performance is similar across the two strategies, though the logit-normal distribution yields a slight improvement on some datasets. These results show that OFQL remains robust under different time-sampling strategies, and performance is not highly sensitive to the precise tuning of this hyperparameter. In practice, we use logit-normal parameters ($\mu = -0.4$, $\sigma = 1.0$) as the default.

N BASELINES REPRODUCIBILITY

Baseline Result. For DQL and FQL on AntMaze, we directly report the results from the original papers. For other baselines—including BC, TD3-BC, IQL, Diffuser, DD, EDP, and IDQL—we use results from the broadly accepted and standardized reimplementation CleanDiffuser (Dong et al., 2024). For details on training and evaluation procedures, we refer readers to the corresponding papers.

For the FQL on Locomotion and Kitchen, the official FQL implementation does not support the D4RL Locomotion or Kitchen domains. To ensure fair comparison, we extend the official JAX codebase to support these environments and additionally implement a PyTorch version of FQL within the OFQL framework (our implementation is based on PyTorch). We follow the recommendations from the official FQL repository and paper: we use the normalized-Q setting and perform a hyperparameter search over $\alpha \in \{0.03, 0.1, 0.3, 1, 3, 10\}$, as described in Appendix C of Park et al. (2025). For network architecture, we search over MLP sizes [512, 512, 512, 512] and [256, 256, 256, 256]. We run both our extended JAX version and our PyTorch implementation and report the best-performing results. For speed measurements, we use the PyTorch version to avoid framework-level differences (JAX vs. PyTorch).

Diffusion Steps. We follow the standard diffusion-step settings recommended by each baseline: DQL (5 steps), IDQL (5 steps), EDP (15 steps), and the Flow Model used in FQL (10 steps). These configurations align with the settings reported in the respective papers or official repositories.

O ON THE MEANFLOW IDENTITY

For completeness, the derivation from (Geng et al., 2025) is revisited to provide a clear understanding of how MeanFlow Identity can be used to calculate the target average velocity.

Let’s consider the no-condition generation case (no state condition) for simplicity. The *average velocity* is defined as the displacement between two timesteps t and r divided by the time interval:

$$u(a_t, r, t) \triangleq \frac{1}{t - r} \int_r^t v(a_\tau, \tau) d\tau. \quad (50)$$

1188 Here, u denotes the average velocity, v the instantaneous velocity (i.e., marginal velocity), and a is
 1189 the noise action. As $r \rightarrow t$, u converges to v .

1190 Our purpose is to approximate u using a neural network, enabling single-step generation (i.e.,
 1191 $r = 0, t = 1$), unlike methods based on marginal velocity (a.k.a instantaneous velocity), which
 1192 require time integration at inference. Direct training with u is impractical due to the integral; instead,
 1193 the definition of u is manipulated to derive a tractable optimization target.

1194 **The MeanFlow Identity.** To facilitate training, the equation for u is rewritten as:

$$1196 \quad 1197 \quad (t - r)u(a_t, r, t) = \int_r^t v(a_\tau, \tau) d\tau. \quad (51)$$

1198 Differentiating both sides with respect to t gives:

$$1200 \quad 1201 \quad \frac{d}{dt}(t - r)u(a_t, r, t) = \frac{d}{dt} \int_r^t v(a_\tau, \tau) d\tau \implies u(a_t, r, t) + (t - r)\frac{d}{dt}u(a_t, r, t) = v(a_t, t) \quad (52)$$

1203 Rearranging, the *MeanFlow Identity* is achieved:

$$1205 \quad 1206 \quad u(a_t, r, t) = v(a_t, t) - (t - r)\frac{d}{dt}u(a_t, r, t) \quad (53)$$

1207 This identity links u and v , providing a target for training a neural network. The next step is to
 1208 compute the time derivative of u .

1209 **Computing the Time Derivative.** To compute $\frac{d}{dt}u$, we expand the total derivative:

$$1211 \quad 1212 \quad \frac{d}{dt}u(a_t, r, t) = \frac{da_t}{dt}\partial_{a_t}u + \frac{dr}{dt}\partial_r u + \frac{dt}{dt}\partial_t u \quad (54)$$

1214 Using $\frac{da_t}{dt} = v(a_t, t)$, $\frac{dr}{dt} = 0$, and $\frac{dt}{dt} = 1$, we obtain:

$$1216 \quad 1217 \quad \frac{d}{dt}u(a_t, r, t) = v(a_t, t)\partial_z u + \partial_t u$$

1219 This shows that the total derivative of u is computed as the Jacobian-vector product (JVP) of the
 1220 network's Jacobian and the tangent vector $[v, 0, 1]$.

1221 Notably, the MeanFlow Identity (Eq. 53) is mathematical equivalent to Eq. 51 (Geng et al., 2025).

1223 We train the policy network by conditioning on the state s , parameterizing $u_\theta(a_t, r, t; s)$, and applying
 1224 the *MeanFlow Identity* to define the optimization target.

1226 P LLM USAGE

1228 In preparing this paper, we used Large Language Models (LLMs) solely as an assistive tool for
 1229 grammar checking and polishing text. The LLMs were not involved in research ideation, experimental
 1230 design, data analysis, or substantive content generation. All research ideas, methods, analyses, and
 1231 conclusions are the authors' own.

1232
 1233
 1234
 1235
 1236
 1237
 1238
 1239
 1240
 1241