INSTANCE-AWARE GENERALIZED MULTI-TASK VI SUAL GROUNDING

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ABSTRACT

The recently proposed Generalized Referring Expression Segmentation (GRES) and Comprehension (GREC) tasks extend the traditional RES/REC paradigm by incorporating multi-target and non-target scenarios. However, the existing approaches focus on these tasks individually, leaving the unified generalized multitask visual grounding unexplored. Moreover, current GRES methods are limited to global segmentation, lacking fine-grained instance-level awareness. To address these gaps, this paper introduces a novel Instance-aware Generalized multi-task Visual Grounding (IGVG) framework. IGVG is the first to integrate GREC and GRES, establishing a consistent correspondence between detection and segmentation via query guidance. Additionally, IGVG introduces instance-level awareness, enabling precise and fine-grained instance recognition. Furthermore, we present a Point-guided Instance-aware Perception Head (PIPH), which employs attentionbased query generation to identify coarse reference points. These points guide the correspondence between queries, objects, and instances, enhancing the directivity and interpretability of the queries. Experimental results on the gRefCOCO (GREC/GRES), Ref-ZOM, and R-RefCOCO/+/g benchmarks demonstrate that IGVG outperforms state-of-the-art methods.

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1 INTRODUCTION

Classic Referring Expression Perception (REP) tasks primarily include Referring Expression Comprehension (REC) (Yu et al., 2018a; Yang et al., 2020; Shi et al., 2023) and Referring Expression Segmentation (RES) (Liu et al., 2023e; Shang et al., 2024; Chen et al., 2024). The goal of REC is to locate a specific target based on textual descriptions, while RES aims to achieve more fine-grained, pixel-level localization. Both REC and RES share a common characteristic, *i.e.*, one-to-one correspondence between textual description and target object. Recently, the generalized REP tasks, such as Generalized REC (GREC) (He et al., 2023) and RES (GRES) (Liu et al., 2023a), have been proposed to extend the applicability of classic methods by involving multiple/non-target scenarios.

038 Furthermore, numerous studies have focused on multi-task learning, which aims to tackle detection and segmentation with a unified architecture. MCN (Luo et al., 2020) is one of the first approaches to 040 combine REC and RES while investigating consistency constraints. Subsequent works (Li & Sigal, 041 2021; Zhu et al., 2022; Liu et al., 2023d) have primarily concentrated on harnessing the comple-042 mentary strengths across multiple tasks. However, the effectiveness of joint multi-task learning in 043 generalized scenarios has yet to be explored and validated. In this paper, we heuristically construct a 044 generalized multi-task visual grounding framework that simplifies task complexity while achieving complementary predictions. As illustrated in Fig. 1(c), we adopt a straightforward architecture in which two independent decoders for detection and segmentation are jointly trained to build a bridge 046 between GREC and GRES tasks. 047

As illustrated in Fig. 1(b), most existing GRES methods (Liu et al., 2023a; Zhang et al., 2024; Xia et al., 2024; Luo et al., 2024) merge all target masks into a single global mask, effectively treating the task as semantic segmentation that classifies all targets as a unified foreground against the background. These methods exhibit certain limitations. On the one hand, the models lack instance-level perception during training, resulting in the loss of fine-grained supervision. On the other hand, their predictions fail to capture instance-level awareness, yielding only coarse foreground masks, which are inadequate for scenarios requiring detailed instance perception. In this paper, we



Figure 1: Comparison of Different Tasks: (a) The transformer-based GREC paradigm; (b) Common GRES tasks that predict the global mask and non-target branch separately; (c) The proposed 068 IGVG framework, which integrates GREC and GRES to enable instance-level referring segmenta-069 tion. Additionally, instance-aware queries are guided and constructed through adaptive selection of 070 reference points. We visualize the boxes and masks predicted by five queries. 071

072 combine both *instance-level* and global semantic supervision to equip the model with instance-aware 073 capabilities, while enhancing perceptual performance through multi-granularity joint learning of 074 referred targets. Additionally, by establishing associations between queries, objects, and instances, 075 we ensure consistent predictions for both bounding boxes and masks from the same query.

076 Moreover, existing GREC methods can be illustrated in Fig. 1(a), which follows a query-based 077 architecture. Many recent studies focus on query design, including the incorporation of prior infor-078 mation (Meng et al., 2021; Liu et al., 2022) and the exploration of query matching strategies (Li 079 et al., 2022a; Zhang et al., 2022; Chen et al., 2023). These methods employ handcrafted or learnable 080 priors to enhance the directivity of queries, thereby accelerating convergence during training. How-081 ever, in the context of the GREC task, the text typically references regional image content rather than 082 the whole. Therefore, queries can be generated following regional spatial priors regarding the text references. In this paper, we propose a *point-guided* instance-aware perception head that adaptively 083 selects prior points and utilizes them to identify corresponding instance locations, thereby enhancing 084 the interpretability of query predictions. As shown in Fig. 1(c), we filter prior reference points based 085 on attention distributions and direct the queries toward the nearest corresponding targets through point-guided target matching. The last row of Fig. 1(c) illustrates the predicted boxes and masks for 087 five queries alongside their prior points. 088

- The main contributions of this paper are summarized as follows:
 - We propose an Instance-aware Generalized multi-task Visual Grounding (IGVG) framework, which pioneeringly addresses the GREC and GRES tasks simultaneously.
 - IGVG possesses instance-aware segmentation capabilities while ensuring consistent predictions with the detection task. Additionally, it integrates global semantic segmentation to achieve multi-granularity predictions, further enhancing robustness.
 - We develop a Point-guided Instance-aware Perception Head (PIPH) that improves the directivity and interpretability of query-to-target correspondence.
 - The proposed IGVG framework achieves promising results on the gRefCOCO (GREC). gRefCOCO (GRES), Ref-ZOM, and R-RefCOCO/+/g datasets, significantly outperforming the state-of-the-art approaches.
- 102 2 **RELATED WORK**

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104 Traditional Referring Expression Comprehension/Segmentation. In conventional REC, one sen-105 tence corresponds to a single target bounding box. Early two-stage methods (Yu et al., 2018a;b; Hong et al., 2019; Liu et al., 2019; Chen et al., 2021) tackled this problem by first generating candi-106 date proposals and then matching the referring expression to the proposals. Later, one-stage meth-107 ods (Zhou et al., 2021; Luo et al., 2020; Yang et al., 2020) adopted a dense anchor strategy to enable 108 efficient inference. In recent years, many Transformer-based methods (Ye et al., 2022; Zhu et al., 109 2022; Deng et al., 2021; Su et al., 2023a) have been proposed to effectively capture cross-modal 110 relationships. RES, on the other hand, is a task where one sentence corresponds to a set of pixels. 111 Classical approaches (Hu et al., 2016; Liu et al., 2017; Huang et al., 2020; Feng et al., 2021) typi-112 cally rely on convolution-based operations for cross-modal fusion to generate segmentation masks. To address the limitation of insufficient visual-language relation modeling in previous works, recent 113 studies (Yang et al., 2022; Ding et al., 2021; Liu et al., 2023b;e; Kim et al., 2022) have employed ad-114 vanced attention-based mechanisms (Vaswani et al., 2017) to enhance the multimodal interaction. In 115 particular, SimVG (Dai et al., 2024) improves referential understanding by decoupling multimodal 116 fusion from downstream tasks to upstream pre-training. Building on this, our work focuses on gen-117 eralized scenarios and introduces an adaptively point-guided multi-task visual grounding approach. 118

Generalized Referring Expression Comprehension/Segmentation. Recently, to mitigate the in-119 flexibility of REC with one-to-one pairing, ReLA (Liu et al., 2023a) introduced the GRES task, 120 which expanded the scope to include both empty-target and multiple-target scenarios. Furthermore, 121 GREC (He et al., 2023) extended GRES from segmentation to detection tasks. Similarly, DMMI (Hu 122 et al., 2023) introduced a new benchmark and baseline for beyond-single-target segmentation, and 123 RefSegformer (Wu et al., 2024) equipped transformer-based models with empty-target sentence 124 discrimination, achieving robust segmentation performance. Nonetheless, all these methods pre-125 dict a global mask that combines all instances, directly overlooking the importance of fine-grained 126 instance-level information. In contrast, the proposed approach reuses instance annotations by in-127 corporating instance-level in addition to global semantics supervision. This not only enhances the 128 model's instance-aware capability but also ensures consistent predictions between target and in-129 stances.

- 130 Multi-Task Visual Grounding (MTVG). MTVG aims to localize and segment referring expres-131 sions using a single integrated model. Some Transformer-based methods (Luo et al., 2020; Li & 132 Sigal, 2021; Su et al., 2023b; Chen et al., 2024) have pursued more comprehensive multimodal 133 modeling approaches to improve the performance of multi-task visual grounding. SeqTR (Zhu et al., 134 2022) and PolyFormer (Liu et al., 2023d) utilized a sequential transformer model that processes vi-135 sual and textual data in a unified manner, sequentially refining predictions to enhance multi-task visual grounding performance. Recently, LLM-based methods (Peng et al., 2023; Lai et al., 2024; 136 Xia et al., 2024; Rasheed et al., 2024) harnessed the capabilities of large language models (LLMs) to 137 enforce rule-based serialization of predictions, effectively integrating the REC and RIS tasks within 138 a unified framework. However, multi-task visual grounding in generalized scenarios remains under-139 explored. To bridge this gap, this paper pioneeringly presents a solution that combines GREC and 140 GRES in a single framework. 141
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3 THE PROPOSED IGVG METHOD

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In this section, we provide an overview of the IGVG architecture, as illustrated in Fig. 2. The pro-146 cess begins by independently embedding and processing an image $\mathcal{I} \in \mathbb{R}^{H \times W \times 3}$ and a textual 147 expression E using a Multi-Modality Encoder (MME) (Wang et al., 2023), which performs vision-148 language encoding and fusion. The MME outputs include visual features $\mathcal{F}'_i \in \mathbb{R}^{N_i \times C'}$ and textual 149 features $\mathcal{F}'_t \in \mathbb{R}^{N_t \times C'}$. Next, we respectively apply image projection (IP) and text projection (TP), 150 to map \mathcal{F}'_i and \mathcal{F}'_t to a lower dimension C, yielding \mathcal{F}_i and \mathcal{F}_t . The architecture then branches into 151 two core components. The first component is the proposed Point-guided Instance-aware Perception 152 Head (PIPH), depicted in the light blue section of Fig. 2. Its primary function is to adaptively filter 153 key prior points, match them with the corresponding targets, and perform both object detection and 154 instance-level segmentation. This part will be elaborated in Sec. 3.1. The second component inherits 155 the global segmentation approach of the mainstream GRES methods. It first utilizes SimFPN (Li 156 et al., 2022b) to extend the single-layer output of ViT to multi-scale features. A simple Unet decoder is then employed to fuse hierarchical information and produce global segmentation results $S_{global} \in \mathbb{R}^{H' \times W' \times C}$. This result serves three purposes: 1) interacting with object queries to gen-157 158 159 erate instance-aware semantic queries for instance segmentation; 2) providing global segmentation predictions; 3) guiding non-target predictions. It is important to note that this section focuses pri-160 marily on the core innovations of our method. Some details, such as the STS and post-processing 161 steps, are provided in Appendix D.



Figure 2: **Overview of IGVG**. The Multi-Modality Encoder (MME) simultaneously fuses the referring expression and image. After obtaining the fused features, \mathcal{F}_t and \mathcal{F}_i , one branch performs global semantic segmentation and non-target prediction. The other branch highlighted in light blue is the proposed Point-guided Instance-aware Perception Head (PIPH) which filters reference points using an attention map. These points are then used as initial positions in the deformable decoder, guiding the final target and instance predictions.

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3.1 THE POINT-GUIDED INSTANCE-AWARE PERCEPTION HEAD (PIPH)

As shown in the light blue part of Fig. 2, the core idea of PIPH is to adaptively filter prior reference points through the Attention-guided Query Generation module (AQG), guiding subsequent object detection and instance segmentation. This not only enhances the interpretability of the queries but also achieves finer-grained perception. Specifically, an attention-based query selector is first used to select the query set $Q_{init} \in \mathbb{R}^{N_q \times C}$ and the initial prior point set $P_r \in \mathbb{R}^{N_q \times 2}$. These are then passed through a deformable DETR decoder (Zhu et al., 2020) to dynamically query contextual information from multi-scale image features, generating refined queries $Q_d \in \mathbb{R}^{N_q \times C}$ that capture different target contextual semantics.

Subsequently, the model computes the cost between all targets through the prior points, predicted 192 boxes, and confidence scores. The optimal assignment between queries and targets \mathcal{M}_{q2b} is deter-193 mined using the Hungarian algorithm (Carion et al., 2020). On the one hand, the model directly 194 computes the DETR object detection loss. On the other hand, Q_d is multiplied with the global 195 segmentation result S_{global} to obtain a response mask $Q_s \in \mathbb{R}^{N_q \times H' \times W'}$ for each query within 196 the global context. Using \mathcal{M}_{a2b} , we pass this information to the instance mask matching process, 197 constructing the pairing relationships \mathcal{M}_{q2i} . This ensures the consistency between predicted boxes and masks for each query with respect to their corresponding targets. Last, the instance segmen-199 tation loss, $\mathcal{L}_{ins-seq}$, supervises both the positive and negative sample masks to reinforce accurate 200 instance segmentation.

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3.1.1 THE ATTENTION-GUIDED QUERY GENERATION (AQG) MODULE

AQG aims to adaptively select suitable initial reference points and query embeddings. To this end, as shown in Fig. 3, we first use a Score Text Selector (STS) to filter N_q effective queries from the N_q text tokens, which are then used as Q in cross-attention with image patches (K/V). The attention map is obtained by:

$$\mathcal{M}_{\text{attn}} = \text{Softmax}\left(\frac{\mathcal{F}_{\text{filter}} \cdot \mathcal{F}_{i}^{\top}}{\sqrt{d_{k}}}\right) \cdot \mathcal{F}_{i}.$$
(1)

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211 Next, we perform average pooling on \mathcal{M}_{attn} across the N_q channels to obtain the spatial score dis-212 tribution map \mathcal{M}_s . Then, we employ a Dist-Score Point Selector to adaptively select prior loca-213 tion points P_r from \mathcal{F}_i that cover all possible referential instances and their corresponding queries 214 Q_{filter} . By concatenating Q_{filter} with \mathcal{F}_q and passing them through an MLP layer, we obtain the 215 initial query embeddings Q_{init} . This process can be expressed as follows:

$$\mathcal{M}_{s} = \operatorname{AvgPool}(\mathcal{M}_{attn}), \qquad Q_{init} = \operatorname{MLP}(\operatorname{Concat}(Q_{filter}, \mathcal{F}_{q})).$$
(2)



Figure 3: The AQG module. It selects initial reference points and contextually rich the initial 232 queries. First, a Score Text Selector (STS) filters a small number of effective and highly responsive 233 tokens from \mathcal{F}_t , which are used as query (Q) in the multi-head cross attention, with \mathcal{F}_i serving as 234 key (K) and value (V). Then the Dist-Score Point Selector (DSPS) selects points based on distance 235 and response scores to cover as many referred instances as possible. Q_1, Q_2, \ldots, Q_8 are point, box, and mask prediction of 8 queries. 236

238 **Score Text Selector (STS)** selects effective and highly responsive tokens from the text token set. 239 This process balances two main factors. First, it excludes padding tokens to retain only the tokens containing meaningful information. Second, it evaluates each token's responsiveness using an L2 240 norm score. This strategy preferentially selects the tokens with high scores and valid content. The details for STS are described in the Appendix (Algorithm 2).



Figure 4: Bar chart of CoverAcc. The 'W/o Minimap Sup.' bar represents the results without supervision on the attention map. The 'TopK Selector' bar indicates the use of the TopK strategy to select N_q queries.

Algorithm 1 Dist-Score Point Selector

- **Require:** Input attnmap $\mathbf{M} \in \mathbb{R}^{H \times W}$, num of points N_q , distance weight W_{dist}
- **Ensure:** Selected points $\mathbf{R} \in \mathbb{R}^{N_q}$
- 1: Apply sigmoid: $\mathbf{M} \leftarrow \sigma(\mathbf{M})$
- 2: Initialize set **R**
- 3: Candidate points: $\mathbf{P} = \{(i, j) \mid i \in [1, H], j \in$ $[1, W]\}$
- 4: Find max point: $\mathbf{p}_{max} = \arg \max(\mathbf{M})$
- 5: Add \mathbf{p}_{max} to \mathbf{R} and remove from \mathbf{P}
- 6: for k = 1 to $N_q 1$ do
- 7: Compute minimum distance from each point in ${\bf P}$ to any point in ${\bf R}$
- 8: Compute combined score: $\mathbf{S} = \mathbf{M} + W_{\text{dist}} \times \mathbf{D}$
- 9: Select best point: $\mathbf{p}_{best} = \arg \max(\mathbf{S})$
- 10: Add \mathbf{p}_{best} to \mathbf{R} and remove from \mathbf{P}
- 11: end for
- 12: return Selected points R

261 **Dist-Score Point Selector (DSPS)** ensures that the selected points do not merely concentrate on a 262 few specific instances. Instead, the selection covers as many potential target instances as possible. 263 DSPS is based on a greedy algorithm, as described in Algorithm 1. The selection criterion for points 264 is that the chosen points should not only have high scores but also be as distant as possible from the 265 previously selected points, corresponding to line 8 in Algorithm 1. Finally, based on the selected 266 set of points $\mathbf{R} = \{(x_i, y_i) \mid i = 1, 2, \dots, N_q\}$, the corresponding queries Q_{filter} are choosen from 267 \mathcal{F}_i . To rigorously express the advantages of DSPS, we introduce a metric called Coverage Accuracy (CoverAcc), which measures the quality of points based on their coverage of targets: 268

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$$CoverAcc = \frac{1}{N} \sum \frac{TP}{TP + FN}$$
(3)

where TP denotes the number of targets covered by points within the target box regions, and FN represents the number of targets not covered by any point. The denominator reflects the total number of targets. From Fig. 4, we can draw two conclusions. First, supervision from minimap enhances the reliability of point selection in the attention map. Second, DSPS significantly improves the coverage of instances by reference points.

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3.1.2 THE INSTANCE-AWARE POINT-GUIDED MATCHER

The core idea of the matching process is to guide the query-to-target matching relationship through reference points. This process can be divided into two main components: 1) Using reference points to guide the matching between Q_d and targets. 2) Establishing the matching relationship between Q_s and instances based on the correspondence between boxes and instances. This strategy ensures that the target and instance associated with each query remain consistent.

Point-guided Target Matcher. Compared to traditional Hungarian matching in DETR, we intro duce an additional weighting term in the cost matrix that accounts for the distance between the point
 and the center of the target box. This modification establishs a more direct association between the
 initial reference points and the target objects. The cost is defined as:

$$C_{ij} = \lambda_{cls} \cdot CE(p_i^{cls}, \hat{p}_j^{cls}) + \lambda_{box} \cdot L_1(p_i^{box}, \hat{p}_j^{box}) + \lambda_{giou} \cdot GIoU(p_i^{box}, \hat{p}_j^{box}) + \lambda_{point} \cdot L_1(p_i^{point}, \hat{p}_j^{center_{box}}).$$
(4)

290 Query-Instance Matcher. After applying the point-guided target matcher, we obtain the query-to-291 object matching relationship \mathcal{M}_{q2b} . The query-instance matcher then propagates \mathcal{M}_{q2b} to establish 292 the query-to-instance matching relationship \mathcal{M}_{q2i} , given the one-to-one correspondence between 293 objects and instances. In essence, Q_d contains the target's positional information, while S_{global} 294 provides global semantic information. The dot product between Q_d and S_{global} effectively captures 295 the process where queries use feature similarity comparisons to generate instance-aware semantic 296 masks. Thus, Q_s can be interpreted as an instance-level semantic query.

298 3.2 TRAINING OBJECTIVES

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5.2 TRAINING OBJECTIVES

300 The training objective includes four components. 1) Detection: The detection branch employs a 301 loss function \mathcal{L}_{detr} similar to DETR, incorporating the L1, Cross-Entropy, and GIoU loss functions to handle the detection task. 2) Global Segmentation: This branch uses the BCE and Dice loss 302 functions, similar to those used in (Liu et al., 2023e), to quantify the difference between the ground 303 truth and predicted global masks: M_{gt} and S_{global} . 3) Instance Segmentation: The instance seg-304 mentation branch also utilizes the same BCE and Dice losses as the global segmentation branch, but 305 applies additional weighting to balance positive and negative samples. 4) The Non-Target Branch: 306 This branch is responsible for binary classification and employs the BCE loss to distinguish between 307 target and non-target regions. The total loss function is defined as: 308

$$\mathcal{L}_{total} = \lambda_{grec} \cdot \mathcal{L}_{detr} + \lambda_{global} \cdot \mathcal{L}_{seg} + \lambda_{instance} \cdot \mathcal{L}_{ins-seg} + \lambda_{exist} \cdot \mathcal{L}_{exist}, \tag{5}$$

ere the instance segmentation loss $\mathcal{L}_{ins-seg}$ is computed as:

where the instance segmentation loss $\mathcal{L}_{ins-seg}$ is computed as:

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$$\mathcal{L}_{ins-seg} = \frac{1}{N_{pos}} \sum_{i} \mathcal{L}_{seg}^{(pos)} + \frac{\lambda_{neg}}{N_{neg}} \sum_{j} \mathcal{L}_{seg}^{(neg)},\tag{6}$$

where positive and negative sample weights are accounted for in the instance segmentation. The default settings for hyperparameters can be found in Appendix C.

4 EXPERIMENTAL RESULTS

319 4.1 EXPERIMENT SETUPS

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We evaluate our model on four benchmarks, gRefCOCO (GREC/GRES), R-RefCOCO/+/g, and
 Ref-ZOM, with the official evaluation metrics. Each benchmark and metrics are elaborated in Appendix A and Appendix B. Limited to the space, the implementation details are described in Appendix C, and more ablation studies are referred to Appendix E.

Mathad	Packhona		Val			TestA			TestB	
Method	Dackbolle	gIoU	cIoU	N-acc.	gIoU	cIoU	N-acc.	gIoU	cIoU	N-acc
		MLLM	Methods							
LISA-V-7B (Lai et al., 2024) (ft)	SAM-ViT-H	61.63	61.76	54.67	66.27	68.50	50.01	58.84	60.63	51.91
GSVA-V-7B (Xia et al., 2024) (ft)	SAM-ViT-H	66.47	63.29	62.43	71.08	69.93	65.31	62.23	60.47	60.56
		Specialis	t Method	ls						
MattNet (Yu et al., 2018a)	ResNet-101	48.24	47.51	41.15	59.30	58.66	44.04	46.14	45.33	41.32
LTS (Jing et al., 2021)	DarkNet-53	52.70	52.30	-	62.64	61.87	-	50.42	49.96	-
VLT (Ding et al., 2021)	DarkNet-53	52.00	52.51	47.17	63.20	62.19	48.74	50.88	50.52	47.82
CRIS (Liu et al., 2023e)	CLIP-R101	56.27	55.34	-	63.42	63.82	-	51.79	51.04	-
LAVT (Yang et al., 2022)	Swin-B	58.40	57.64	49.32	65.90	65.32	49.25	55.83	55.04	48.46
ReLA (Liu et al., 2023a)	Swin-B	63.60	62.42	56.37	70.03	69.26	59.02	61.02	59.88	58.40
HDC (Luo et al., 2024)	Swin-B	<u>68.28</u>	<u>65.42</u>	<u>63.38</u>	72.52	71.60	<u>65.29</u>	<u>63.85</u>	<u>62.79</u>	<u>60.68</u>
IGVG (Ours)	ViT-B	73.36	69.22	72.84	75.21	74.51	71.09	66.74	65.67	65.18

Table 1: Comparison with the state-of-the-art methods on gRefCOCO. -V-7B means Vicuna-7B. (ft) denotes that the model is finetuned on the training set of gRefCOCO.

Method	R-	RefCOC	CO.	R-l	RefCOC	0+	R-	RefCOC	Og
Welliou	mIoU	mRR	rIoU	mIoU	mRR	rIoU	mIoU	mRR	rIoU
CRIS (Liu et al., 2023e)	43.58	76.62	29.01	32.13	72.67	21.42	27.82	74.47	14.60
EFN (Feng et al., 2021)	58.33	64.64	32.53	37.74	77.12	24.24	32.53	75.33	19.44
VLT (Ding et al., 2021)	61.66	63.36	34.05	50.15	75.37	34.19	49.67	67.31	31.64
LAVT (Yang et al., 2022)	69.59	58.25	36.20	56.99	73.45	36.98	59.52	61.60	34.91
LAVT+ (Yang et al., 2022)	54.70	82.39	40.11	45.99	86.35	39.71	47.22	81.45	35.46
RefSegformer (Wu et al., 2024)	68.78	73.73	46.08	55.82	81.23	42.14	54.99	71.31	37.65
HDC (Luo et al., 2024)	<u>74.35</u>	<u>83.69</u>	<u>52.81</u>	<u>64.85</u>	<u>87.51</u>	<u>49.09</u>	<u>65.11</u>	<u>84.19</u>	<u>43.85</u>
IGVG (Ours)	76.73	92.15	62.41	69.73	94.63	59.13	70.16	92.30	54.36

Table 4: Comparison with state-of-the-art methods on the R-RefCOCO/+/g dataset.

Method	Backbone	oIoU	mIoU	Acc.
	MLLM Meth	ods		
LISA-V-7B (ft)	SAM-ViT-H	65.39	66.41	93.39
GSVA-V-7B (ft)	SAM-ViT-H	68.13	68.29	94.59
	Specialist Met	thods		
MCN	DarkNet-53	54.70	55.03	75.81
VLT	DarkNet-53	60.43	60.21	79.26
LAVT	Swin-B	64.78	64.45	83.11
DMMI	Swin-B	68.21	68.77	87.02
HDC	Swin-B	<u>69.31</u>	68.81	<u>93.34</u>
IGVG (Ours)	ViT-B	71.52	71.12	97.42

Mathada	Va	վ	Tes	tA	Tes	tB
Methous	F1score	N-acc.	F1score	N-acc.	F1score	N-acc.
MCN	28.0	30.6	32.3	32.0	26.8	30.3
VLT	36.6	35.2	40.2	34.1	30.2	32.5
MDETR	42.7	36.3	50.0	34.5	36.5	31.0
UNINEXT	58.2	50.6	46.4	49.3	42.9	48.2
SimVG	<u>62.1</u>	<u>54.7</u>	<u>64.6</u>	<u>57.2</u>	<u>54.8</u>	<u>57.2</u>
IGVG	73.5	72.8	70.2	71.1	60.8	65.2

Table 3: GREC benchmark results on the gRefCOCO dataset. The threshold is set to 0.7 for all the methods.

Table 2: Comparison with state-of-the-art methods on the Ref-ZOM dataset.

4.2 MAIN RESULTS

Results on GRES. To evaluate the effectiveness of our approach in a generalized setting, we first conduct a comparative analysis with the existing specialized methods on the gRefCOCO dataset (Liu et al., 2023a), as presented in Tab. 1. The results demonstrate that our method establishes new state-of-the-art performance across all the metrics in three evaluation sets of the large-scale GRES benchmark. Notably, compared with the existing state-of-the-art method HDC (Luo et al., 2024), IGVG surpasses it with significant improvements of +5.1%, +2.7%, and +2.9% in gIoU on the val, testA, and testB sets, respectively. Furthermore, we report our results on the Ref-ZOM bench-mark (Hu et al., 2023) in Tab. 2. Our method consistently outperforms the other methods under a fair comparison, achieving +5.7% improvement in Accuracy, +2.4% in oIoU, and +2.7% in mIoU. It is worth highlighting that our approach even surpasses GSVA (Xia et al., 2024), which leverages Multi-Modal Large Language Models (MLLM) (Liu et al., 2023c). In addition, we extend our evaluation to the R-RefCOCO/+/g datasets (Wu et al., 2024). As illustrated in Tab. 4, our method achieves substantial improvements of +9.6%, +10.0%, and +10.5% in rIoU for the R-RefCOCO/+/g tasks when compared to HDC.

Multi-task	Insaware	PIPH	F1score	N-acc.	gIoU	cIoU	STS	DSPS	ITQ	F1score	N-acc.	gIoU	cIo	J
			65.98	66.13	65.03	64.77				69.20	69.95	70.43	66.3	6
\checkmark			67.13	69.98	67.33	64.90	\checkmark			69.09	70.80	70.51	66.1	6
\checkmark	\checkmark		68.42	71.86	70.13	65.88	\checkmark	\checkmark		71.16	72.87	71.73	67.4	10
\checkmark	\checkmark	\checkmark	71.43	75.87	72.41	67.39	\checkmark	\checkmark	\checkmark	71.43	75.87	72.41	. 67.3	9
Table 5	5: Effecti	venes	ss of th	e core	mod	ules.	Tab	le 6:]	Effec	cts of th	e AQG	comp	onen	ts.
Table 5	5: Effecti	venes	ss of th	e core	mod	ules.	Tab	le 6: 1	Effec	cts of th	e AQG	comp	onen	ts.
Table 5	5: Effecti oder	venes	ss of th F1score	e core N-acc.	gIoU	ules.	Tab Global	le 6: 1 Sup. Ins	Effec	cts of th Neg. Sup	F1score	comp	oonen gIoU	ts.
Table 5 Query Dec DETR	5: Effecti oder	venes	ss of th F1score 67.87	e core N-acc. 71.55	gIoU 70.72	ules. <u>cIoU</u> 66.70	Tab Global 3	le 6:] Sup. Ins	Effec	cts of th Neg. Sup	e AQG F1score 67.77	comp N-acc. 67.63	gIoU 67.90	ts. <u>cIoU</u> 65.77
Table 5 Query Dec DETR Def. DETI	i: Effecti oder	venes	F1score 67.87 69.14	e core N-acc. 71.55 72.31	gloU 70.72 71.23	ules. <u>cIoU</u> 66.70 66.87	Tab Global	le 6:] Sup. Ins	Effec . Sup. √	cts of th Neg. Sup	e AQG F1score 67.77 69.46	N-acc. 67.63 72.96	gIoU 67.90 69.19	tts. <u>cIoU</u> 65.77 65.15
Table 5 Query Dec DETR Def. DETI MS Def. D	5: Effecti oder R DETR	venes	F1score 67.87 69.14 70.98	e core N-acc. 71.55 72.31 74.22	gIoU 70.72 71.23 71.49	ules. cIoU 66.70 66.87 67.08	Tab Global √	le 6:] Sup. Ins	Effec . Sup. √	cts of th	F1score 67.77 69.46 71.71	N-acc. 67.63 72.96 74.45	gloU 67.90 69.19 72.15	tts. <u>cIoU</u> 65.77 65.15 66.91

Table 7: Comparison of different decoders.

Table 8: Impact of different level of supervision.

Results on GREC. In addition to performing general segmentation, our IGVG model is also capable of handling detection tasks. We evaluate the detection performance of IGVG on the GREC (He et al., 2023) dataset and compare it with existing state-of-the-art methods. The results are presented in Tab. 3. Notably, under the same threshold of 0.7, IGVG significantly outperforms the existing state-of-the-art method SimVG (Dai et al., 2024) with the improvements of +11.4%, +5.6%, and +6.0% in F1 score on the validation, testA, and testB sets, respectively.

4.3 ABLATION STUDY

EFFECTIVENESS OF THE CORE MODULES 4.3.1 400

401 The core issues discussed in this paper include: 1) the impact of multi-task joint learning on gen-402 eralized visual grounding; 2) the influence of fine-grained instance-aware perception; and 3) the 403 effectiveness of the proposed Point-guided Instance-aware Perception Head. As shown in Tab. 5, 404 multi-task joint supervision positively contributes to task complementarity in generalized scenarios, leading to performance improvements in both the GREC and GRES benchmarks. Specifically, the 405 F1score is increased by 1.2% and gIoU is improved by 2.3%. After incorporating an instance-level 406 segmentation branch to enable query-guided instance perception, the F1score is improved by 1.3% 407 and gIoU is increased by 3.2%. Finally, introducing point priors to guide both instance and object 408 predictions for all queries resulted in a further improvements of 3.0% in F₁score and 2.3% in gIoU. 409

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4.3.2 THE POINT-GUIDED INSTANCE-AWARE PERCEPTION HEAD

412 Analysis of Attention-guided Query Generation. First, the Score Text Selector (STS) chooses N_q 413 highly responsive tokens from the N_t tokens of \mathcal{F}_t , thereby reducing the computational cost of multi-414 head cross attention. As observed in Tab. 6, the introduction of STS results in almost no accuracy 415 loss. The Dist-Score Point Selector (DSPS) selects N_q prior reference points covering different 416 instances based on attention responses. In contrast, the baseline uses a strategy of selecting the Top N_q points, and DSPS improves F1score by 2.1% and gIoU by 1.2%. Lastly, we designed Inject Text 417 Query (ITQ) to assist in learning the attention map. This not only helps to optimize the attention 418 map but also injects text information into the initial query, resulting in a +3.0% improvement in 419 N-acc and a +0.7% increase in gIoU. 420

421 Analysis of Different Decoders. As shown in Tab. 7, our baseline method uses the original 422 DETR (Carion et al., 2020) decoder. By introducing the Deformable DETR decoder, we observe an 423 improvement of 1.3% in F1score and 0.5% in gIoU. Furthermore, we design a multi-scale feature map using SimFPN, and by employing a hierarchical multi-scale Deformable DETR decoder, N-acc 424 increases by 1.9%. Finally, using the points filtered by AQG as the initial reference points for the 425 Deformable DETR yields a further improvement of 0.5% in F1score and 0.9% in gIoU. 426

427 Analysis of Different Levels of Supervision. As shown in Tab. 8, the impact of different levels of 428 semantic supervision on performance is significant. Instance-level supervision alone outperforms global-level supervision, enhancing both detection and segmentation performance by equipping 429 the model with instance awareness. Interestingly, we find that the joint training with both global 430 and instance segmentation improves instance-aware performance even without fusion during post-431 processing. We hypothesize that this is due to global supervision encouraging S_{global} to produce



Figure 5: Multi-task Visual Grounding Results. Both GREC and GRES results for the same image under different expressions.



Figure 6: **Instance-level Segmentation Results.** The 'Instance' row presents instance-level segmentation. The 'Semantic' row presents the combination of both segmentation and instance masks.

strong semantic representations, thereby enhancing the discriminability of constructing the query mask Q_s . Finally, we introduce negative sample supervision, which guides the model to suppress mask predictions for negative sample queries.

4.4 QUALITATIVE RESULTS

IGVG effectively integrates and jointly accomplishes both the GREC and GRES tasks. Fig. 5 demonstrates the synchronized execution of detection and segmentation by IGVG, highlighting its ability to handle these tasks concurrently. Furthermore, IGVG exhibits instance-aware capabilities, enabling more fine-grained instance-level segmentation. Fig. 6 illustrates instance-level predictions, along with the combined final predictions. More visualization can be found in Appendix F.

- 5 CONCLUSION

This paper presents the Instance-aware Generalized Multi-task Visual Grounding (IGVG) framework, which, for the first time, unifies the GREC and GRES tasks while exploring the feasibility
of instance-aware perception in GRES. Additionally, we propose a novel Point-guided Instanceaware Perception Head (PIPH) that adaptively selects prior reference points through attention maps,
incorporating spatial priors into queries to enhance instance-specific targeting. Furthermore, by establishing associations between queries, objects, and instances, we achieve consistent predictions for
points, boxes, and masks. Lastly, our IGVG framework significantly outperforms existing methods
across gRefCOCO (GREC/GRES), Ref-ZOM, and R-RefCOCO/+/g datasets.

486 6 ETHICS STATEMENT

We acknowledge the ICLR Code of Ethics and affirm that our work adheres to its principles. Our research does not involve human subjects, nor does it raise concerns regarding discrimination, bias, or fairness. We have taken precautions to ensure data privacy and security and have complied with all relevant legal and ethical standards. No potential conflicts of interest or sponsorship influence the findings of this study.

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7 REPRODUCIBILITY STATEMENT

We are committed to ensuring the reproducibility of our work. All key experimental details, including model architecture, hyperparameters, and training settings, are provided in the main text and appendix. Upon acceptance, we will release the source code and datasets used in this study to facilitate reproducibility.

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