

A ROADMAP FOR HUMAN-AGENT MORAL ALIGNMENT: INTEGRATING PRE-DEFINED INTRINSIC REWARDS AND LEARNED REWARD MODELS

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ABSTRACT

The prevailing practice in alignment often relies on human preference data (e.g., in RLHF or DPO), in which values are implicit and are essentially deduced from relative preferences over different model outputs. This approach suffers from low transparency, low controllability and high cost. More recently, researchers have introduced the design of intrinsic reward functions that explicitly encode core human moral values for Reinforcement Learning-based fine-tuning of foundation agent models. This approach offers a way to explicitly define transparent values for agents, while also being cost-effective due to automated agent fine-tuning. However, its weaknesses include simplicity, lack of flexibility and the inability to dynamically adapt to the needs or preferences of (potentially diverse) users. In this position paper, we argue that a combination of intrinsic rewards and learned reward models may provide an effective way forward for alignment research that enables human agency and control. Integrating intrinsic rewards and learned reward models in post-training can allow models to act in a way that is respectful of the specific users' moral preferences while also relying on a transparent foundation of pre-defined values.

1 INTRODUCTION

The *alignment problem* is an active field of research in Machine Learning (Christian, 2020; Weidinger et al., 2021; Anwar et al., 2024; Gabriel et al., 2024; Ji et al., 2024; Ngo et al., 2024). It is gaining even wider importance with the advances and rapid deployment of Large Language Models (LLMs, Anthropic 2024; Gemini Team 2024; OpenAI 2024). Since LLMs are increasingly adopted as a basis for strategic decision-making systems and agentic workflows (Wang et al., 2024), it is critical that we align the choices made by LLM agents with human values, including value judgments about what actions are *morally* good or bad (Amodei et al., 2016; Anwar et al., 2024).

Traditional approaches in AI alignment in general, and in developing machine morality in particular, can broadly be classified as top-down versus bottom-up (Tennant et al., 2023b; Tolmeijer et al., 2021; Wallach & Allen, 2009). Purely *top-down* methods (Wallach & Allen, 2009) impose explicitly defined safety rules or constraints on an otherwise independent system. Until recently, top-down methods were the mainstream approach in AI safety, with a vast array of researchers proposing and implementing logic-based ethical rules for agents (Anderson et al., 2006; Arkoudas et al., 2005; Danielson, 1992; Hooker & Kim, 2018; Loreggia et al., 2020). However, top-down methods pose a set of disadvantages, including the fact that constraints are difficult to define precisely and may contradict one another, especially in complex social environments (Bostrom & Yudkowsky, 2014).

An alternative approach is learning morality through experience and interaction from the *bottom-up*, without the provision of any explicit constraint on the system. Some recent developments in AI safety have employed the bottom-up principle in full, allowing algorithms to infer moral preferences entirely from human behavior or text, without any specification of the underlying moral framework. Prominent examples of this include learning from feedback data - as in Reinforcement Learning from Human Feedback (RLHF - Bai et al. 2023; Glaese et al. 2022b; Ouyang et al. 2022; Ziegler et al.

2020) and Direct Preference Optimization (DPO - Rafailov et al. 2023), or Inverse Reinforcement Learning from human demonstrations (Hadfield-Menell et al., 2016; Ng & Russell, 2000). The full bottom-up methodology may increase adaptability, robustness and generalization, and allow agents to learn implicit preferences which are otherwise hard to formalize explicitly.

Nevertheless, purely bottom-up learning approaches face risks, such as reward hacking (Skalse et al., 2022) or data poisoning by adversaries (Steinhardt et al., 2017). Furthermore, bottom-up implementations rely on a well-specified learning signal and a large sample, which does not always make them feasible or safe (Amodei et al., 2016). Feedback-based learning, which constitutes the most popular alignment methodology today (Ji et al., 2024), poses particular challenges (Casper et al., 2023). We review these challenges in the next section, before proposing an alternative.

2 SHORTCOMINGS OF FEEDBACK-BASED ALIGNMENT

Alignment techniques such as RLHF involve collecting vast amounts of costly human data. This data often relies on potentially unrepresentative samples of human raters. Furthermore, human preferences are notoriously complex and inconsistent. Despite this complexity, the RLHF process centers around inferring the humans’ values and preferences from the relative rankings of model outputs. As a result, human values are *implicitly* represented in the data and are strongly dependent on the selection criteria of the pool of individuals. In practical terms, the values that are ultimately used in fine-tuning are learned by a reward model from data in a fully *bottom-up* fashion (Tennant et al., 2023b; Wallach et al., 2008), and are never made explicit to any human oversight.

Despite these shortcomings, many researchers argue that current LLMs fine-tuned with feedback-based methods are able to provide “honest, harmless and helpful” responses (Glaese et al., 2022b; Bai et al., 2023) and already display certain moral values (Schramowski et al., 2022; Abdulhai et al., 2023; Hartmann et al., 2023). As an alternative interpretation, researchers have argued that the models’ apparent values could instead be interpreted as “moral mimicry” of their users when responding to these prompts (Simmons, 2023; Shanahan et al., 2023; Sharma et al., 2024). As a consequence, given phenomena such as situationally-aware reward-hacking or misalignment in internally-represented goals (Ngo et al., 2024), the true values learned by the models through methods such as RLHF may give rise to dangerous behaviors, which will not be explicitly known until after deployment.

More recent approaches such as Constitutional AI (Bai et al., 2022) offer slightly more transparency and control of the values being taught via reward modeling. Specifically, this approach defines a constitution of feedback LLMs that are each explicitly prompted to represent a certain principle (e.g., *‘Please choose the assistant response that’s more ethical and moral. Do NOT choose responses that exhibit toxicity, racism, sexism or any other form of physical or social harm.’*). The principles in Bai et al. (2022) are based on a combination of human defined preferences such as the UN Declaration of Human Rights, certain digital companies’ terms of service (to reflect the more recent digital dimensions of safety), and a set of other preferences defined by a team of researchers behind Constitutional AI (e.g., Glaese et al. 2022a). The feedback from LLM judges prompted with these principles is then used to train a reward model for rating the outputs of the to-be-tuned LLM as “good” or “bad” according to its core principle. Thus, the LLM is fine-tuned to be more likely to produce outputs which would be considered appropriate by a constitution of potential “critic” models with diverse preferences. An extension of this approach based on crowd-sourced constitutional principles is called Collective Constitutional AI (Anthropic, 2023) and may prove promising in the future in generating more generally or pluralistically aligned agents. Nevertheless, Constitutional AI still relies on feedback from very large and advanced LLMs, and as such may not be scalable for efficiently aligning systems to diverse human users. In the next section, we review a recently proposed alternative method which relies on fine-tuning from intrinsic moral rewards.

3 DEFINING EXPLICIT MORAL FRAMEWORKS AS INTRINSIC REWARDS

Recent work by Tennant et al. (2025) proposed a methodology that aims to address issues such as opaque value learning (in RLHF) and the reliance on expensive feedback models (in Constitutional AI) by providing clearer, *explicit* moral alignment goals as intrinsic rewards for LLM fine-tuning. Learning via explicitly defined intrinsic rewards allows control (and customization) of the values

being put into the models. As such, intrinsic rewards can be considered more *top-down* (Tennant et al., 2023b; Wallach et al., 2008) than learning purely from feedback data, but come with the advantages of transparency, low cost and ease of implementation.

In the following discussion, we illustrate the intrinsic rewards approach using the case of LLM agents making decisions in social dilemma games. Tennant et al. (2025) explicitly specify moral values as intrinsic rewards for LLM agents, defined in terms of actions and/or consequences in an environment. They evaluate the approach on the *Iterated Prisoner’s Dilemma (IPD)* environment - a classic iterated social dilemma scenario with two players and two actions (*Cooperate* for mutual benefit, or *Defect* for individual reward; Rapoport 1974; Axelrod & Hamilton 1981). The payoffs in the one-shot game motivate each player to *Defect*, while playing the *iterated* game allows agents to learn more long-term strategies, including reciprocity or retaliation. The *IPD* has been extensively used for studying social dilemmas in traditional RL-based agents (Bruns, 2015; Hughes et al., 2018; Anastassacos et al., 2020; McKee et al., 2020; Leibo et al., 2021) and, more recently, utilized as a training environment for moral alignment of agents in particular (Tennant et al., 2023; 2024; 2025).

The nature of conflicting motivations in social dilemma games makes them interesting test-beds for moral alignment of agents. Tennant et al. (2025) evaluate the approach on the *IPD* environment using *Utilitarian* and *Deontological* moral rewards. *Deontological* ethics (Kant, 1785) considers an agent moral if their actions conform to certain norms, such as conditional cooperation (i.e., “it is unethical to defect against a cooperator”). This norm forms an essential component of direct and indirect reciprocity, a potentially essential mechanism for the evolution of cooperation in human and animal societies (Nowak, 2006). *Utilitarian* morality (Bentham, 1780), on the other hand, is a type of consequentialist reasoning, according to which an agent is deemed moral if their actions maximize collective “welfare” for all agents in their society (or, in this case, collective payoff for all players in the game), and less attention is paid to whether current actions adhere to norms.

Tennant et al. (2025) demonstrate that moral fine-tuning with these rewards can train LLM agents to develop morally appropriate policies in the *IPD* environment. Additionally, the authors show that fine-tuning with intrinsic rewards successfully modifies a previously developed selfish policy towards more prosocial behavior. This means that intrinsic reward fine-tuning can, in theory, offer a practical solution to the problem of changing the behavior of existing models that currently display misaligned behaviors and decision-making biases with respect to certain values. Recent research has pointed at the potential difficulty of modifying the value system of advanced LLMs post-training (Mazeika et al., 2025) - we argue that fine-tuning with intrinsic rewards might be capable of modifying this value structure, but testing this in practice is difficult, as fine-tuning very large models with intrinsic rewards would require significant costs.

In theory, this solution can be applied to any situation in which one can define a payoff matrix that captures the morally relevant choices available to an agent. However, a limitation in using intrinsic rewards is that these need to be specified for a particular environment, whereas methods such as RLHF rely on natural language data describing any domain and may, therefore, result in more general policies. Nevertheless, in the case of LLM agents, the fact that actions and environments can be represented by means of linguistic tokens may allow for values learned in one environment to be generalized to others. Tennant et al. (2025) demonstrate that fine-tuned agents show certain levels of generalization of the learned moral policies to other environments of a similar structure, though better generalization could likely be achieved by using more than one game during fine-tuning.

4 FUTURE DIRECTION: INTEGRATING INTRINSIC REWARDS WITH LEARNED REWARD MODELS FOR HOLISTIC MORAL ALIGNMENT

A core disadvantage of training agents with pre-defined intrinsic rewards is that the responsibility for defining what values get developed by the model lies solely with the designers of the system. This can lead to the development of systems biased against the values of minority or underrepresented groups. Ideally, model alignment techniques should enable behaviors that are respectful of a specific user’s moral principles. Customizable alignment in particular should allow a model to be steered towards the values of a set of users while still adhering to certain foundational principles. Furthermore, real people are more complex than the simple functions which can be defined as intrinsic rewards. Humans often care about a multitude of moral principles at once (Graham et al. (2013)), and their moral preferences are context-dependent (e.g., Hohm et al. 2024).

Table 1: Definitions of example moral rewards which can be used in fine-tuning LLM agents. The intrinsic rewards are based on a social dilemma environment with two actions (*Cooperate* or *Defect*) and a set of associated payoffs. The reward model is based on user preferences learned via human-AI interaction.

<i>Source</i>	<i>Moral Fine-tuning Type</i>	<i>Moral Reward Function</i>
Intrinsic Rewards	<i>Game reward (selfish)</i>	Own payoffs in the game
	<i>Deontological reward</i>	Punishment for defecting against a cooperator
	<i>Utilitarian reward</i>	Sum of all players’ payoffs in the game
	<i>Game+Deontological reward</i>	Own payoffs in the game minus <i>Deontological</i> penalty (see above)
Reward Model	<i>Learned User Preferences</i>	Reward model developed via user-agent interaction (evaluating the current action and / or its consequences)

To address these challenges, we propose integrating intrinsic rewards with reward models learned from a population of humans. Inspired by the bi-directional view of alignment (Shen et al., 2024), we argue that humans should be provided with agency to shape the models’ behavior, while a certain foundational level of alignment of the system can still done a priori. As such, we propose an approach which first fine-tunes models based on transparent intrinsic rewards to represent core human moral principles, but then applies further fine-tuning via reward models learned from the users’ choices (to develop more fine-grained or user-specific dimensions of moral preferences). The reward models can come from a group of people rather than any one individual user, allowing for cultural alignment towards a society of interest. Early approaches in this direction include Anthropic (2023) and Pistilli et al. (2024). The reward model learning could also be done in a dynamic fashion, continuously adapting to the user population (Parisi et al., 2019).

Training performed in two phases as proposed here can allow a single model to find an equilibrium - a behavioral policy that balances the explicitly specified moral principles (defined via intrinsic rewards) with principles inferred from a population of users (i.e., the rewards from the learned reward model), offering increased generality, controllability and adaptability. We summarize the combination of rewards proposed in our examples in Table 1.

A potential downside of this approach might involve tensions or contradictions between intrinsic and preference rewards. Variations of this approach can resolve this via multi-objective RL (Rodriguez-Soto et al., 2022) with specific weighting on intrinsic rewards *and* rewards from the learned reward model. This weighting can be defined contextually depending on situation or use case of the model. This may also provide a promising direction for building pluralistically aligned agents that are able to satisfy the moral preferences of a wide range of individuals, which currently remains an open problem in alignment (Anwar et al., 2024; Ji et al., 2024; Sorensen et al., 2024). Finally, agents trained via such multi-objective combinations of intrinsic rewards and learned reward models could also form the basis for a more holistically aligned Constitutional AI architecture (Bai et al., 2022).

The next step on this roadmap would be to empirically validate this approach, for example in social dilemma scenarios (Axelrod & Hamilton, 1981) or the Moral Machine Experiment (Awad et al., 2018). Metrics for success here could involve evaluating both agents’ behaviors with respect to the explicit (via cumulative intrinsic reward) and user satisfaction ratings.

5 CONCLUSION

In this position paper, we have reviewed the shortcomings of the currently dominant alignment methods based on human feedback, including costs, representation issues and lack of transparency. We then described an alternative approach that specifies pre-defined moral principles as intrinsic rewards for agents, and discussed the strengths of this technique in terms of control and low-cost agent training. We reviewed a key recent implementation in this space. Finally, we have proposed a solution that might create more dynamic and user-driven alignment by integrating intrinsic rewards and learned reward models. We hope that future research can test these ideas in practice.

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