# MT-R1-Zero: Advancing LLM-based Machine Translation via R1-Zero-like Reinforcement Learning

**Anonymous ACL submission** 

### Abstract

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002 Large-scale reinforcement learning (RL) methods have proven highly effective in enhanc-003 ing the reasoning abilities of large language models (LLMs), particularly for tasks with 005 006 verifiable solutions such as mathematics and coding. However, applying this idea to ma-007 chine translation (MT), where outputs are flexibly formatted and difficult to automatically 010 evaluate with explicit rules, remains underexplored. In this work, we introduce MT-R1-011 **Zero**, the first open-source adaptation of the 012 R1-Zero RL framework for MT without su-013 pervised fine-tuning or cold-start. We pro-014 pose a rule-metric mixed reward mechanism to guide LLMs towards improved translation qual-017 ity via emergent reasoning. On the WMT 24 English-Chinese benchmark, our MT-R1-Zero-018 3B-Mix achieves competitive performance, surpassing TowerInstruct-7B-v0.2 by an average 021 of 1.26 points. Meanwhile, our MT-R1-Zero-7B-Mix attains a high average score of 62.25 022 across all metrics, placing it on par with advanced proprietary models such as GPT-40 and Claude-3.5-Sonnet, while the MT-R1-Zero-7B-Sem variant achieves state-of-the-art scores 026 027 on semantic metrics. Moreover, our work exhibits strong generalization capabilities on outof-distribution MT tasks, robustly supporting 029 multilingual and low-resource settings. Exten-031 sive analysis of model behavior across different initializations and reward metrics offers pio-032 neering insight into the critical role of reward design, LLM adaptability, training dynamics, and emergent reasoning patterns within the R1-Zero paradigm for MT. Our code is available 036 at https://anonymous.4open.science/r/MT-R1-037 Zero-Anonymous.

# 1 Introduction

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Large-scale Reinforcement Learning (RL) has empowered Large Language Models (LLMs) with strong reasoning capabilities (OpenAI, 2024; Team, 2025a,b), demonstrating significant success in

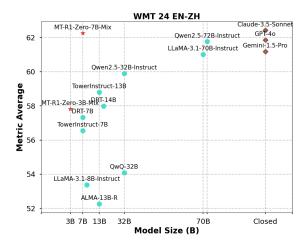


Figure 1: Performance comparison of contemporary LLM-based translation systems on the WMT 24 EN-ZH test set, plotted by average score across BLEU, COMETKiwi, and XCOMET versus model size.

tasks such as mathematical reasoning or coding in which answers can be clearly verified. In particular, DeepSeek-R1-Zero (DeepSeek-AI et al., 2025) introduced a pure rule-based RL approach that directly fosters emergent reasoning ability without requirements on structured Chain-of-Thought (CoT) data (Huang et al., 2025; Cui et al., 2025) or sophisticated techniques such as Monte Carlo Tree Search (MCTS) (Silver et al., 2016; Zhao et al., 2024; Luo et al., 2024; Guan et al., 2025). However, the applicability of these methods to machine translation (MT) remains challenging and underexplored, as MT outputs are flexibly generated and hard to evaluate automatically with explicit rules.

Recent work has launched attempts to empower LLMs for MT with reasoning capabilities (Chen et al., 2025; Liu et al., 2025). Early studies investigate explicit reasoning methods for improved translation, such as finetuning with CoT (Wang et al., 2024a) or MCTS (Zhao et al., 2024), where advanced multi-step pipelines with self-correction or long-thought agentic mechanisms are further explored (Feng et al., 2024b; Wang et al., 2024b,a).

Another line of work leverages RL to empower 067 LLMs for MT through process reward models or 068 supervised finetuning (SFT) with manually anno-069 tated CoT data (Feng et al., 2025; He et al., 2025). However, these methods often depend on manu-071 ally designed or synthetically generated structured 072 CoT data, rely on complex search algorithms, or 073 require explicit multi-stage prompting, leaving the 074 potential of pure RL-based approaches largely unexplored. Furthermore, the performance reported in these studies often lags behind state-of-the-art 077 (SoTA) open-source or proprietary models.

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Developing pure RL methods to directly enhance the reasoning ability of LLMs for better translation requires answering three key questions: 1) Feasibility: How to design R1-Zero-like RL pipelines with effective reward signals to directly solve MT tasks without binary rule-based rewards; 2) Reasoning capability: Could pure RL training cultivate emergent reasoning abilities and induce models to generate explicit thinking patterns for MT, such as multi-step CoT or verification/reflection; 3) Generalizability: Could the training paradigm generalize across different models (e.g., pre-trained base models, instruction-tuned models, or models pretrained on translation data) or diverse downstream settings (e.g., out-of-distribution, multilingual or low-resource scenarios).

In this work, we introduce MT-R1-Zero, the first open-source implementation that extends the 096 R1-Zero-like RL training paradigm to MT. We pro-097 pose a rule-metric mixed reward mechanism that 098 adapts the original rule-based reward concept to effectively guide training in MT scenarios. We 100 101 explore different rewards optimizing over lexical (Lex), semantic (Sem), and Lex-Sem mixed (Mix) 102 objectives to guide LLMs towards improved trans-103 lation quality via emergent reasoning. Our exper-104 iments demonstrate the efficacy of this approach: 105 as RL training progresses, our MT-R1-Zero-3B-106 Mix achieves competitive performance, surpass-107 ing TowerInstruct-7B-v0.2 by an average of 1.26 108 points across all metrics (BLEU, COMETKiwi, 109 XCOMET) on the WMT 24 English-Chinese (EN-110 ZH) benchmark. Meanwhile, our MT-R1-Zero-7B-111 Mix surpasses LLaMA-3.1-70B by an average of 112 1.24 points and Qwen2.5-72B by 0.48 points, even 113 114 on par with top proprietary models such as GPT-40 and Claude-3.5-Sonnet. The MT-R1-Zero fur-115 ther demonstrates promising generalizability across 116 multilingual and low-resource settings. 117

118 Extensive experiments further provide key find-

ings and insight into the adaptation of R1-Zero 119 paradigm to MT. First, we empirically demonstrate 120 that the choice of metric reward plays a pivotal role 121 in steering RL optimization and translation style 122 (semantic or lexical) (Finding 1). Further analysis 123 reveals that MT-R1-Zero induces diverse emergent 124 reasoning patterns, including dynamic language-of-125 thought transition during translation (Finding 2). 126 We also identify distinct RL adaptability of differ-127 ent LLMs (Finding 3). Ablation studies suggest 128 that pure RL process alone can lead to substantial 129 translation improvements, independent of thinking 130 verbosity. Our core contributions are as follows: 131

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- We present the first open-source implementation of the DeepSeek-R1-Zero paradigm for MT, achieving superior performance across in-domain and out-of-distribution MT tasks.
- Our analysis reveals key findings and recipes for effective R1-Zero adaptation to MT, including reward metric selection, emergent reasoning patterns, training dynamics and LLM adaptability.
- Extensive experiments and ablations show that pure RL serves as the primary driver of MT improvements, with minimal dependence on forced reasoning or output length, highlighting the significant potential of RL for diverse translation applications and broader language tasks.

# 2 Related Work

LLM Reasoning with Post-training. Recent research indicates that scaling test-time computation can significantly enhance the ability of LLMs to tackle complex reasoning tasks (OpenAI, 2024; Zeng et al., 2024; Xiang et al., 2025). Many approaches rely on sophisticated techniques such as step-level process reward models (PRMs) that provide granular feedback (Lightman et al., 2024; Yuan et al., 2024; Snell et al., 2024) or MCTS to explore potential reasoning paths (Feng et al., 2023; Qi et al., 2024; Guan et al., 2025). A recent alternative, DeepSeek-R1-Zero (DeepSeek-AI et al., 2025), demonstrated that large-scale pure RL, guided only by formatting rules and correctness of final predictions (rule-based reward), can motivate LLMs to develop self-emergent reasoning processes for complex reasoning tasks. This paradigm has been successfully replicated and extended to mathematical, logical, and visual reasoning (Hu et al., 2025; Face, 2025; Xie et al., 2025; Huang et al., 2025). Despite its potential, the application

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of the R1-Zero RL paradigm to challenging gener-168 ation tasks like MT, in which the accuracy/quality 169 of outputs is not rule-based and difficult to validate 170 automatically, remains an open question. 171

LLM Reasoning for MT. Leveraging reasoning to 172 improve MT has garnered increasing attention, as 173 explored by Chen et al. (2025); Liu et al. (2025). 174 Previous work have designed multi-step processes 175 for MT, e.g., Feng et al. (2024b) introduced an API-176 based self-correcting framework, and Wang et al. 177 (2024b) employed multi-task training followed by 178 a multistage inference phase. Wang et al. (2024a) 179 integrated a similar procedure into inference-time 180 181 CoT, using a multi-agent mechanism to synthe-182 size long CoT prompts for English-Chinese literary translation. Efforts have also focused on 183 reward modeling for MT reasoning. Feng et al. 184 (2025) constructed implicit process reward mod-185 els for translation and explored their effectiveness 186 when combined with test-time search. Recent study 187 further evaluated explicit reasoning for MT using 188 CoT fine-tuning and MCTS to expand test-time 189 computation (Zhao et al., 2024). He et al. (2025) 190 demonstrated that models can acquire reasoning-191 based translation capabilities through multi-stage 192 training with manually constructed CoT templates. 193

#### 3 Method

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In this section, we present our method that trains a translation model with pure RL using a hybrid reward system. Unlike tasks with fixed correct answers, translation allows for multiple valid outputs, making the evaluation more complicated. In this work, we introduce a rule-metric mixed reward that integrates reasoning format checking with multiple translation quality assessment metrics, which is used within the Group Relative Policy Optimization (GRPO) (Shao et al., 2024) algorithm to ensure stable and efficient RL training.

3.1 **Rule-Metric Mixed Reward** 

207 The reward signal r is crucial in RL. DeepSeek-R1-Zero (DeepSeek-AI et al., 2025) employs simple 208 rule-based rewards that check whether the answer is correct and whether the response follows a spe-210 cific format. This works well for tasks with fixed 211 212 format correct answers such as math or coding. However, there is often no single "correct" output 213 for MT, impeding the design of rule-based rewards. 214 Fortunately, the MT community has developed 215 many evaluation metrics to measure translation 216

quality. Recent advancements in automated MT evaluation metrics have shown promise in aligning automated assessments with human translation quality judgments (Freitag et al., 2023). Thus, we design a rule-metric mixed reward, which consists of two parts: a Format Reward that checks output structure, and a Metric Reward that evaluates translation quality. We use a structured prompt template similar to that in DeepSeek-R1-Zero:

# **Template for MT-R1-Zero**

A conversation between User and Assistant. The User asks for a translation from {src\_language} to {tgt\_language}, and the Assistant solves it. The Assistant first thinks about the reasoning process in the mind and then provides the user with the final translation. The reasoning process and final translation are enclosed within <think> </think> and <translate> </translate> tags, respectively, i.e., <think> reasoning process here </think><translate> final translation here </translate>. User:{src\_text} Assistant:

Here, src\_language and tgt\_language indicate the source and target languages, and src\_text denotes the source text requiring translation.

Format Reward: We use regular expression extraction to enforce a structured response format. The model is required to place reasoning process within <think></think> tags and provide the translation inside <translate></translate>. The format reward score  $(S_{format})$  is computed as:

 $S_{format} = \begin{cases} 1, & \text{if format is correct} \\ -1, & \text{if format is incorrect} \end{cases}$ 

Metric Reward: We use automatic evaluation metrics to calculate a translation quality score  $S_{metric}$ . We explore three approaches:

- 1. N-gram Lexical Matching Reward (Reward-Lex): Metrics such as BLEU (Papineni et al., 2002) or chrF (Popović, 2015) evaluate translation quality by measuring the difference (primarily lexical overlap) between the translation and the human-written reference. In our experiments, we calculate BLEU via sacrebleu<sup>1</sup>.
- 2. Semantic and Contextual Reward (Reward-Sem):Learning-based metrics like COMET (Rei

<sup>1</sup>https://github.com/mjpost/sacrebleu

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et al., 2020) and COMETKiwi (Rei et al., 2022) are trained on human judgments (e.g., MQM quality assessments (Freitag et al., 2021)). These metrics can recognize good translations even if the wording differs from the reference, as long as the meaning is preserved. We use the COMETKiwi-23-XL, which was used in the WMT 24 (Kocmi et al., 2024) and only needs the source sentence and the model's translation.

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3. Lexical and Semantic Mixed Reward (*Reward-Mix*): To capture both lexical fidelity and semantic adequacy, we use a hybrid reward (*Reward-Mix*) that adds together Lexical Matching Reward (*Reward-Lex*) and Semantic and Contextual Reward (*Reward-Sem*).

Accordingly, the computation of  $S_{metric}$  depends on the selected reward configuration:

$$S_{metric} = \begin{cases} B(\text{trans}, \text{ref}), & \text{if Reward-Lex} \\ CK(\text{src}, \text{trans}), & \text{if Reward-Sem} \\ B(\text{trans}, \text{ref}) + CK(\text{src}, \text{trans}), & \text{if Reward-Mix} \end{cases}$$

where B denotes normalized BLEU score, CK denotes the COMETKiwi score, trans is the generated translation, ref is the reference translation, and src is the source text.

**Rule-Metric Mixed Reward:** The final reward r combines both the format reward  $(S_{format})$  and the metric reward  $(S_{metric})$ . Formally, it is calculated using the following rule:

$$r = \begin{cases} S_{format} - 2, & \text{if } S_{format} = -1 \\ S_{format} + S_{metric}, & \text{if } S_{format} = 1 \end{cases}$$

where  $S_{metric}$  is calculated only if the response format is correct  $S_{format} = 1$ . Then the final reward becomes  $r = 1 + S_{metric}$ . Unlike traditional rule-based rewards that give a fixed score for correct outputs, our approach uses a continuous metric score. This means the reward can vary within the [1, 2] or [1, 3] range, depending on translation quality. As a result, the model receives more detailed feedback and can learn to improve even small differences in translation quality.

# 3.2 RL Algorithm

We use the GRPO algorithm (Shao et al., 2024) to train the translation model with our rule-metric mixed reward. In each training step, for a given query q, we sample a group of candidate outputs  $\{o_1, o_2, \dots, o_G\}$  from the policy model  $\pi_{\theta_{old}}$ .  $A_i = \frac{r_i - \text{mean}(\{r_1, r_2, \dots, r_G\})}{\text{std}(\{r_1, r_2, \dots, r_G\})} \text{ is the computed advan$  $tage using the group rule-metric mixed rewards}$  $\{r_1, r_2, \dots, r_G\}. GRPO then maximizes the fol$  $lowing objective function to optimize <math>\pi_{\theta}$ :

$$J_{\text{GRPO}}(\theta) = \mathbb{E}_{q \sim P(Q), \{o_i\}_{i=1}^G \sim \pi_{\theta_{\text{old}}}(O|q)} \left[ \frac{1}{G} \sum_{i=1}^G \min\left(\frac{\pi_{\theta}(o_i \mid q)}{\pi_{\theta_{\text{old}}}(o_i \mid q)} A_i, \\ \operatorname{clip}\left(\frac{\pi_{\theta}(o_i \mid q)}{\pi_{\theta_{\text{old}}}(o_i \mid q)}, 1 - \varepsilon, 1 + \varepsilon\right) A_i \right) \\ - \beta D_{\text{KL}}\left(\pi_{\theta} \parallel \pi_{\text{ref}}\right) \right],$$
(1)

where  $\varepsilon$  and  $\beta$  are hyperparameters controlling the PPO clipping threshold and the weight of the Kullback–Leibler (KL) divergence penalty (Schulman et al., 2017; Shao et al., 2024), respectively.

## 4 Experiments

### 4.1 Experimental Setup

Dataset and Benchmarks. Our experiments primarily focus on English (EN) and Chinese (ZH). Following Xu et al. (2023) and Feng et al. (2024a), we sourced EN⇒ZH parallel examples from WMT 2017-2020, totaling 13,130 pairs. For in-domain evaluation, we use WMT 24 (EN-ZH) and WMT 23 (ZH-EN). Out-of-distribution (OOD) generalization is assessed on benchmarks covering: (1) unseen language pairs from WMT: English-Japanese (EN-JA, WMT 2024) and German-English (DE-EN, WMT 2023 Document-level); and (2) unseen language pair from a distinct dataset: German-Chinese (DE-ZH, Flores-200 (Costa-jussà et al., 2022)). Detailed statistics are in Appendix E.

**Baselines.** Our primary baselines encompass leading proprietary models, namely Claude-3.5-Sonnet (Anthropic, 2024), GPT-40 (OpenAI, 2023), and Gemini-1.5-Pro (Team et al., 2024), alongside advanced open-source models such as the Qwen2.5 series (Yang et al., 2024), LLaMA-3.1 series (Grattafiori et al., 2024), advanced multilingual models Aya series (Aryabumi et al., 2024), and translation-specific Tower family (Alves et al., 2024). More evaluation details are in Appendix D. Evaluation Metrics. We assess translation quality using a suite of complementary metrics, including the lexical metric BLEU (Post, 2018), the reference-free learning-based metric COMETKiwi-23-XL (Rei et al., 2022), and a SoTA, referencebased learning metric XCOMET-XL (Guerreiro

Mong		ZH-E	N			EN-Z	H	
MODEL	BLEU	COMETKiwi	XCOMET	Avg.	BLEU	COMETKiwi	XCOMET	Avg.
			Closed					
Claude-3.5-Sonnet (2024/10)	22.55	71.69	87.32	60.52	38.63	70.39	78.24	62.42
GPT-40 (2024/08)	22.57	71.63	87.22	60.47	41.13	69.01	75.43	61.86
Gemini-1.5-Pro (2025/03)	18.34	69.23	85.55	57.71	39.82	67.47	76.26	61.18
			Open					
General Purpose LLMs								
LLaMA-3.1-70B-Instruct	25.19	70.43	86.21	60.61	39.82	68.05	75.17	61.01
Qwen2.5-72B-Instruct	21.96	70.95	87.07	59.99	39.29	69.04	76.97	61.77
Qwen2.5-32B-Instruct	20.54	69.35	85.47	58.45	36.36	68.43	74.90	59.90
Multilingual and Translation-Sp	pecific Ll	LMs						
TowerInstruct-13B-v0.1	24.72	70.17	85.69	60.19	37.06	66.22	73.13	58.80
TowerInstruct-7B-v0.2	23.32	69.99	84.93	59.41	34.93	64.04	70.67	56.55
Aya-23-35B	21.99	68.68	84.32	58.33	36.33	64.40	72.10	57.61
Aya-23-8B	19.13	66.74	82.89	56.25	33.28	63.11	70.78	55.72
			Ours					
Qwen2.5-3B-Base	14.26	64.86	76.76	51.96	15.90	52.05	67.13	45.03
MT-R1-Zero-3B-Lex	21.53	66.33	81.69	56.52	33.70	60.58	65.67	53.32
MT-R1-Zero-3B-Sem	18.41	70.33	85.98	58.24	24.32	69.75	76.92	57.00
MT-R1-Zero-3B-Mix	22.54	68.84	84.08	58.49	36.27	65.05	72.10	57.81
Qwen2.5-7B-Base	18.23	68.27	84.99	57.16	31.14	63.38	69.83	54.78
MT-R1-Zero-7B-Lex	23.56	65.35	82.12	57.01	40.11	64.57	70.21	58.30
MT-R1-Zero-7B-Sem	16.62	71.66	86.07	58.12	23.07	72.07	79.37	58.17
MT-R1-Zero-7B-Mix	23.98	70.81	86.17	60.32	40.97	69.43	76.36	62.25

Table 1: Performance comparison on in-domain translation directions (EN-ZH, ZH-EN) using BLEU, COMETKiwi, and XCOMET metrics, with average metric scores (Avg.). MT-R1-Zero variants (*-Lex, -Sem, -Mix*) are compared against closed and open baselines, which are further categorized by accessibility and specialization. The *-Mix* variant often achieves the best balance, while *-Sem* reaches peak semantic scores.

et al., 2024) that was not directly used as an optimization target. To provide an even more holistic view, we also report scores from MetricX-23-XL (Juraska et al., 2023), another high-performing reference-based metric from a distinct framework, and chrF++ (Popović, 2015), which integrates character-level and word-level matching.

Training Details. Our implementation is based on verl<sup>2</sup>. We selected Qwen2.5-base series (3B and 7B parameter variants) as starting models for MT-R1-Zero training. More details are in Appendix F.

# 4.2 Main Results

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**In-Domain Performance.** As detailed in Table 1 and Table 5, MT-R1-Zero models demonstrate substantial gains over their base versions and achieve competitive performance against existing SoTA benchmarks. For EN-ZH, MT-R1-Zero-7B-Mix surpasses advanced models like GPT-40 and Qwen2.5-72B on average scores. The MT-R1-Zero-7B-Sem variant particularly excels in semantic-level evaluations (COMETKiwi, XCOMET), outperforming strong proprietary models. This strength is further supported by a strong MetricX-23 score of 2.42, notably better than GPT-40 (3.29) and Qwen2.5-72B (3.08). On ZH-EN, MT-R1-Zero-7B-Mix remains highly competi-

tive. MT-R1-Zero-7B-Sem achieves COMETKiwi scores comparable to leading closed models and surpasses strong open-source counterparts. Furthermore, the MT-R1-Zero-3B-Sem delivers impressive performance for its scale. It scores 69.75 COMETKiwi on EN-ZH, which is approximately 1.7 points higher than the much larger LLaMA-3.1-70B and over 0.7 points above Qwen2.5-72B.

MODEL	OUT-OF-DISTRIBUTION					
MODEL	EN-JA	DE-EN (Doc)	DE-ZH	Avg.		
Strong Baseline						
Qwen2.5-72B-Instruct	76.86	89.51	88.42	84.93		
LLaMA3.1-70B-Instruct	75.67	88.72	87.42	83.94		
Same-size Baseline						
Qwen2.5-7B-Instruct	63.74	87.45	84.43	78.54		
LLaMA-3.1-8B-Instruct	64.50	86.84	82.23	77.86		
TowerInstruct-7B-v0.2	56.73	89.47	84.28	76.83		
Aya-23-8B	72.23	87.97	83.84	81.35		
MT-R1-Zero-7B-Lex	60.65	85.25	83.86	76.59		
MT-R1-Zero-7B-Sem	71.95	87.68	87.66	82.43		
MT-R1-Zero-7B-Mix	68.49	88.69	88.69	81.96		

Table 2: Out-of-distribution performance comparison evaluated by the XCOMET metric.

**Out-of-Distribution Performance.** Our models also demonstrate robust generalization across different OOD scenarios, which encompass unseen WMT language pairs (EN-JA, DE-EN) and the distinct Flores-200 DE-ZH dataset. XCOMET scores presented in Table 2 highlight this: MT-R1-Zero-7B-Sem excels, achieving an average XCOMET score of 82.43 across these tasks, which is 3.89 points higher than Qwen2.5-7B-Instruct. While

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<sup>&</sup>lt;sup>2</sup>https://github.com/volcengine/verl

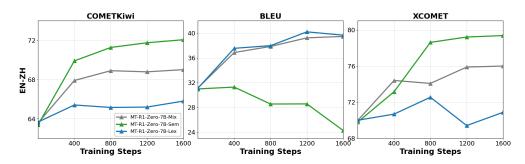


Figure 2: Progression of translation quality metrics using Reward-Lex, Reward-Sem, and Reward-Mix.

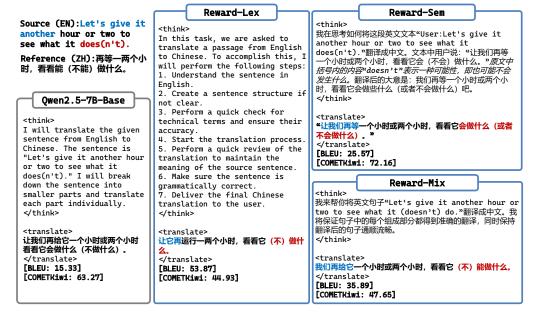


Figure 3: Qualitative examples illustrates the effect of different reward functions (*Reward-Lex, Reward-Sem, Reward-Mix*) on EN-ZH translation, where the stylistic differences are driven by reward optimization (Finding 1).

our 7B variants do not consistently surpass much larger strong baselines, they significantly outperform other evaluated same-size baselines by a considerable margin, an outperformance that extends to defeating same-size multilingual and translationspecific baselines (such as TowerInstruct-7B-v0.2 and Aya-23-8B). These OOD results suggest that the quality improvements in MT-R1-Zero can effectively transfer to unseen language pairs and benchmarks. More results are provided in Appendix H.

## 5 Key Findings and Insight

#### 5.1 Impact of Reward Metric Selection

As detailed in Section 3.1, we explore three metric rewards: *Reward-Lex*, *Reward-Sem*, and *Reward-Mix*. Our results demonstrate that the choice among these significantly affects the learning target and

**Finding 1:** Reward metric selection critically shapes optimization targets and translation style.

final model outputs, as stated in Finding 1.

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Figure 2 presents the training dynamics with different rewards. Training with *Reward-Lex* maximizes BLEU scores, often at the expense of semantic scores, while *Reward-Sem* maximizes COMETKiwi, leading to a decline in BLEU. Training with *Reward-Mix* improves both metrics. Independent evaluation with XCOMET further supports this finding, showing consistent improvements for Sem and Mix variants while fluctuating for Lex. This finding aligns with the insight from Chen et al. (2025), suggesting that lexical and semantic assessments are complementary, particularly for reasoning-oriented LLMs, and combining them can offer a more comprehensive evaluation signal.

Qualitatively (Figure 3), this optimization alignment manifests as distinct translation styles. *Reward-Lex* encourages literal focused translations, potentially sacrificing nuance. *Reward-Sem* fosters translations that prioritize semantic faithfulness, even if lexically divergent from references. In contrast, the mixed reward yields balanced trans-

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Figure 4: Examples illustrating language-of-thought phenomenon, i.e., transition of the internal reasoning language in MT-R1-Zero models. The reasoning language transits from English at Step 0 to target language at Step 1600, indicated by **bold** text across various OOD test pairs (Finding 2).



Figure 5: Comparison of training dynamics for different model families (Qwen2.5, LLaMA-3.1, Tower) undergoing MT-R1-Zero RL training, highlighting differences in adaptability (Finding 3).

lations. This demonstrates that the metric reward
fundamentally dictates the nature of the translation
quality learned (e.g., semantic v.s. lexical). Therefore, careful metric selection and deliberate fusion
are essential for tailoring RL-based MT refinement
towards specific and desired translations.

# 5.2 Emergence and Evolution of Translation Thinking Patterns

As R1-Zero-like training lacks a cold-start phase with predefined reasoning patterns, the observed thinking processes should be emergent and shaped

> **Finding 2:** Diverse reasoning patterns emerge, varying in style and complexity, and moreover, the internal reasoning language could dynamically transit to target languages even for OOD settings.

#### by the RL objective.

Our framework incentivizes a variety of reasoning styles within the <think></think> tags (Figure 11). While some instances include explicit "review/refine" steps, these generally appear as pre-planned components rather than the conversational, iterative self-correction characteristic of the "Aha moment" reported in mathematical reasoning tasks (DeepSeek-AI et al., 2025; Hu et al., 2025). This suggests that while MT-R1-Zero successfully encourages thinking, the complexity and specific nature of emergent reasoning are task-dependent. 429

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Furthermore, we observe a striking and interesting **"language-of-thought" (transition in the language used for internal reasoning**) phenomenon during OOD testing (Figure 4). While base models often use English as default thinking language based on template, MT-R1-Zero models progressively transit to utilize the **target language** of the

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	In-domain				Out-of-distribution					
Model	ZH-EN		EN-ZH		EN-JA		DE-ZH		DE-EN (Doc)	
	COMETKiwi	XCOMET	COMETKiwi	XCOMET	COMETKiwi	XCOMET	COMETKiwi	XCOMET	COMETKiwi	XCOMET
Qwen2.5-7B (SFT)	69.29	84.80	67.25	74.29	67.77	65.39	67.01	86.17	67.44	86.74
Qwen2.5-7B (RL w/o thinking)	70.78	86.26	69.62	76.03	68.68	68.77	67.84	86.67	68.31	88.30
Qwen2.5-7B (RL w/ thinking)	70.81	86.17	69.43	76.36	69.27	68.49	70.25	89.25	68.74	88.69

Table 3: Performance comparison of different training paradigms: Supervised Fine-Tuning (SFT) vs. RL with explicit thinking (RL w/ thinking) vs. RL without explicit thinking (RL w/ o thinking). Results shown for in-domain and out-of-distribution tasks support the finding that the RL process itself is the primary driver of gains.

translation task for their reasoning process within the <think></think> block during training (see bold Japanese or Chinese text in step 1600). This dynamic adaptation of the internal "language of thought", conditioned on the task, emerges even without direct supervision on reasoning language.

# 454 5.3 Training Dynamics of Different LLMs

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The effectiveness and training behavior of MT-R1-Zero are significantly influenced by the base LLM architecture and its initial state (pre-trained vs. instruction-tuned). We compare three distinct model families: general (Qwen2.5 and LLaMA-3.1 series) and translation-specific (Tower family).

> **Finding 3:** LLM architectures exhibit distinct adaptability and effectiveness under MT-R1-Zero, with Qwen showing the highest compatibility in format learning and reasoning generation, while LLaMA and Tower face more challenges and tend towards "format hacking".

As shown in Figure 5, both the translationspecific (Tower) and LLaMA-3.1 models exhibit significantly slower adaptation to the required format compared to Qwen models, as evidenced by their delayed format error reduction. Furthermore, qualitative analysis (Figure 10) reveals that these models often circumvent meaningful reasoning by generating minimal or templated placeholder content in the <think></think> tags, potentially "hacking" the format reward. In contrast, Qwen2.5 models demonstrate stronger adaptability, consistently producing coherent reasoning text within the structured framework. This suggests that architectures like Qwen may possess inherent advantages for integrating structured reasoning via RL, a finding that aligns with prior work on cognitive behaviors (Gandhi et al., 2025). However, even Qwen2.5 models occasionally regress to simplistic one-sentence outputs during reasoning tasks, underscoring the instability of exploration in R1-Zero-like training paradigms.

# 5.4 Disentangling RL and Explicit Thinking

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To determine whether the explicit <think> step or the underlying RL optimization is the primary driver of performance gains, we conducted an ablation study. We compared three paradigms: Supervised Fine-Tuning (SFT), our standard MT-R1-Zero-Mix (RL w/ thinking), and an RL variant without the explicit <think> step (RL w/o thinking).

The results presented in Table 3 reveal a key finding: both RL configurations achieve comparable performance while substantially outperforming the SFT baseline across both in-domain and OOD settings. This demonstrates that the major performance improvements in MT-R1-Zero are primarily driven by the RL framework itself, rather than the mere presence of an explicit reasoning step. This core conclusion is further corroborated by similar findings on the DRT literature translation benchmark (see Appendix I for the full analysis).

# 6 Conclusion

In this work, we introduced MT-R1-Zero, the first successful adaptation of R1-Zero RL framework to MT using a novel rule-metric mixed reward mechanism that combines format enforcement with quality metrics. Our MT-R1-Zero significantly improves translation quality, achieving leading results on multiple benchmarks, i.e., our 3B models compete with much larger open-source models, while our 7B models are on par with advanced proprietary models. The MT-R1-Zero also demonstrates strong OOD generalization and multilingual applicability. Through extensive experiments and analysis, we highlight the significant impact of reward metric choice for optimization, showcase distinct adaptability across different LLMs, and reveal that performance gains are principally from the RL process itself rather than reasoning steps or verbosity, establishing R1-Zero as a viable and potent paradigm for advancing MT. More broadly, our work highlights the great potential of RL for diverse language processing tasks beyond translation.

# Limitations

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While MT-R1-Zero represents a significant ad-525 vance, certain limitations remain. The emergent 526 reasoning observed, though diverse, did not achieve 527 the sophisticated iterative self-correction capabili-528 ties demonstrated in mathematical reasoning tasks 529 using similar RL or R1-like methods. This dis-530 crepancy may reflect fundamental differences in 531 task structure or indicate the need for specialized 532 design in translation tasks. One promising direc-533 tion would be developing task-specific cold-start datasets for SFT before RL optimization, though 535 this would deviate from the pure RL paradigm we 536 investigated here. Future work could focus on in-537 ducing deeper reasoning structures specifically ben-538 eficial for the MT task, investigating architectural 539 adapatability across a broader range of LLMs, and 540 developing more appropriate reward mechanisms. 541 Exploring applications to specialized domains (e.g., 542 law and healthcare) and general language process-543 ing tasks presents promising opportunities to ex-544 tend this work. 545

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# A Progression of Response Length and Performance

By observing the training process, we provide several insights into model adaptation and the emergence of reasoning.

**Finding 2 (Continued):** Response length initially declines rapidly and then gradually increases as training progresses.

Figure 7 (Right) depicts the pattern in *Finding* 2 (*Continued*) alongside consistent COMETKiwi improvements (Left). Qualitative analysis (Figure 8) reveals that this length trajectory reflects evolving reasoning strategies. The initial decline corresponds to the model mastering the required format while transitioning from naive decomposition (Step 0) to more efficient, direct translations. The subsequent increase aligns with the development of richer semantic analysis and deeper contextual reasoning within the <think></think> tags (Step 1600).

# B KL Penalty Constrains Response Length but Not Quality Gains

We investigate the effectiveness of the KL term in the GRPO objective (Equation 1) on response length and translation quality, as it would regularize the policy by discouraging large deviations from the initial reference model. We conducted experiments without the KL penalty (setting  $\beta = 0$ , Figure 6), and found that the average response length, after an initial drop, began to fluctuate and trend upward during training. This pattern is consistent with R1-Zero-like results in mathematical tasks (Yu et al., 2025; Yeo et al., 2025). Additional ablation of the KL penalty with COMETKiwi reveals that the improvement of translation quality appears to be largely independent of the thinking verbosity. Significant quality gains were achieved in earlystage training (e.g., before Steps 400) before a substantial increase in response length, even in experiments conducted without the KL penalty. This suggests that performance improvements in the MT-R1-Zero setup could not be attributed solely or primarily to increasing reasoning verbosity. 899

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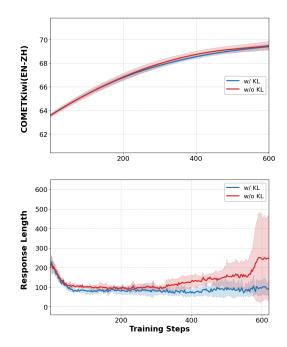


Figure 6: Effect of the KL divergence penalty on EN-ZH COMETKiwi score and response length progression for models trained with (w/ KL,  $\beta = 0.01$ ) and without (w/o KL,  $\beta = 0$ ) the penalty. Experiments are conducted three times with MT-R1-Zero-7B-Sem.

# C Multilingual and Low-Resource Support

To evaluate the broader applicability of our framework, we examine its effectiveness in multilingual training scenarios and its potential benefits for lowresource languages. We train multilingual MT-R1-Zero models using the Germanic language data split in the X-ALMA (Xu et al., 2024), augmented with Chinese (see Table 7 for detailed data statistics). We set the batch size to 16 and used COMET-22<sup>3</sup> as the metric reward (Reward-Sem), consistent with the evaluation protocols in X-ALMA. All models are trained for 1 epoch on 16 NVIDIA H800 80G GPUs for about 12 hours. All other hyperparameters follow the configuration described in

<sup>&</sup>lt;sup>3</sup>https://huggingface.co/Unbabel/wmt22-comet-da

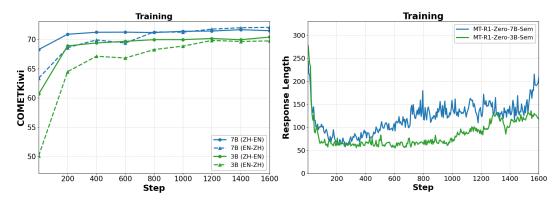


Figure 7: Training dynamics of MT-R1-Zero models (using Reward-Sem). Left: COMETKiwi score progression for 3B and 7B models on EN-ZH and ZH-EN test sets. **Right**: Average response length changes over training steps, exhibiting the classic decrease-then-increase pattern (Finding 2 Continued).

Source(ZH):至于电量的详细说明,一般人看着心里会发虚。	Reference (EN):The majority of individuals will feel guilty after reading the in-depth description of the power.
components and then find the appropriate English equiv $\hat{a} \cup \Xi \otimes \hat{z}_{k}$ ." 1. $\Xi = -$ This is a preposition that can be translated 2. $B \equiv -$ This is a compound noun that means "electric: 3. $\hat{D} -$ This is a compound noun that means "electric: 4. $\hat{z} \pm \hat{z} \pm \hat{z}_{k}$ 5. $-\hat{W} -$ This is a andverb that means "generally" or " 6. $A -$ This is a num that means "generally" or " 7. $\hat{z} = 1$ This is a verb phrase that means "looking at" 8. $O \equiv -$ This is a compound noun that means "in one's 9. $\hat{z} -$ This is a verb phrase that means "in one's 9. $\hat{z} -$ This is a verb phrase that means "the feel fi	ity" or "power." ossession or relationship. !ede explanation" or "explanation in detail." "usually." ." " or "seeing." heart" or "in one's mind." ld." aint" or "to feel dizzy." .sh translation. <translate> As for the detailed explanation</translate>
Step 400 User:至于电量的详细说明, 一般人看着心里会发虚。 Assistant: <think> My task is to accurately translate the Chinese text provided by the user into natural and coherent English while preserving the original meaning, tone, and nuances of the Chinese sentence.</think> <translate> As for the detailed explanation of the battery, most people would feel uneasy just by looking at it.</translate> [COMETKiwi: 68.44]	Step 1600 User:至于电量的详细说明, 一般人看着心里会发虚。 Assistant: <think> I translated the Chinese text "User:至于电量的详细 说明, 一般人看着心里会发虚。" to English as "As for the detailed explanation of the battery level, most people feel a bit uneasy when they see it." The original text quotes the user saying that when people see the detailed information about the battery level, they feel a bit uncomfortable or uncertain about it.&lt;<u>think&gt;translate&gt;</u> "As for the detailed explanation of the battery level, most people feel a bit uneasy when they see it." &lt;<u>think&gt;translate&gt;</u> [COMETKiwi: 74.09]</think>

Figure 8: Evolution of an MT-R1-Zero model's reasoning process and translation output for the Chinese source text "其影响可能类似于2008年的经济危机" at different training steps (0, 400, 1600), showcasing the shift from decomposition to more semantic analysis (Finding 2 Continued).

Section 4.1. The training progress, measured by COMET-22 for English-to-target directions, is depicted in Figure 9.

The learning curves demonstrate consistent improvement in translation quality across languages spanning diverse resource levels, including those typically considered low-resource (e.g., Icelandic (IS) and Norwegian (NO)). The steady performance improvement observed throughout training confirms that the MT-R1-Zero framework remains effective when applied in multilingual settings.

## **D** Evaluation Details

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When evaluating model performance on the test set, we deployed open-source models locally using

frameworks like vLLM<sup>4</sup> or HuggingFace<sup>5</sup> implementations. Proprietary models were accessed via their APIs<sup>6</sup>. We use the sampling decoding strategy with a temperature of 0.2, and top\_p set to 0.95. The maximum generation length was capped at 1024 tokens. We adopt the prompt showcasing in Table 4 to sample the translation (applying specific chat template when needed). For the multilingual and translation-specific models, we utilize the prompts in their official model cards.

<sup>5</sup>https://huggingface.co/docs/transformers/ main\_classes/text\_generation 938

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<sup>&</sup>lt;sup>4</sup>https://github.com/vllm-project/vllm

<sup>&</sup>lt;sup>6</sup>The specific proprietary models accessed include Anthropic's claude-3-5-sonnet-20241022, OpenAI's gpt-40-2024-08-06, and Google's gemini-1.5-pro.

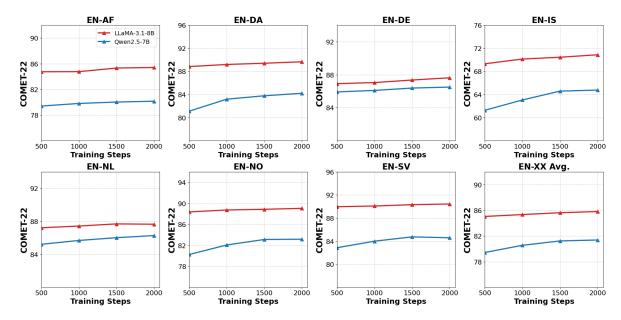


Figure 9: Training progression (COMET-22) for multilingual MT-R1-Zero models based on LLaMA-3.1-8B and Qwen2.5-7B across multiple EN-XX test sets, demonstrating applicability in multilingual settings (Section C).

#### **Inference Prompt**

Translate the following text from {src\_language} into {tgt\_language}. {src\_language}:{src\_text} {tgt\_language}:

Table 4: Prompt used for translation generation. {tgt\_language}: target language; {src\_language}: source language; {src\_text}: the source test sentence.

### E Data Statistics

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This section provides further details on the datasets used in our experiments. Table 6 outlines the statistics for the data employed in our main  $EN \rightleftharpoons ZH$ experiments. The training set for these experiments consists of 13,130  $EN \rightleftharpoons ZH$  parallel sentence pairs, obtained after filtering out sentences with fewer than 30 characters. For model training, these examples were evenly divided between the two translation directions (6,565 pairs each for  $EN \rightarrow ZH$  and  $ZH \rightarrow EN$ ). Table 7 presents the statistics for the multilingual experiments discussed in Section C.

# F RL Training Details

During training, we configure a batch size of 8 and utilize 8 rollouts per prompt within the GRPO algorithm. We employ a constant learning rate of 5e-7 and set the sampling temperature to 1.0. The maximum generation length for responses is capped at 1024 tokens. We set the KL penalty coefficient  $\beta$ to 0, thereby removing the KL constraint against the reference policy. This decision stems from our empirical observation that the KL penalty tends to restrict the model's exploration of diverse response lengths, which we will discuss further in Section B. The PPO clipping range  $\epsilon$  is set to 0.2. All models are trained for 1 epoch on 4 NVIDIA H800 80G GPUs for about 13 hours.

MODEL	ZI	H–EN	El	N–ZH
	$ChrF++(\uparrow)$	MetricX-23 (↓)	$ChrF++ (\uparrow)$	MetricX-23 (↓)
	(	Closed		
Claude-3.5-Sonnet (2024/10)	50.37	2.01	34.51	2.91
GPT-40 (2024/08)	51.06	2.08	32.81	3.29
Gemini-1.5-Pro (2025/03)	45.58	2.21	35.04	3.26
General Purpose LLMs				
LLaMA-3.1-70B-Instruct	51.43	2.32	35.85	3.40
Qwen2.5-72B-Instruct	52.17	2.21	39.27	3.08
Qwen2.5-32B-Instruct	50.15	2.46	37.47	3.31
Multilingual and Translation-Sp	ecific LLMs			
TowerInstruct-13B-v0.1	51.15	2.49	34.17	3.58
TowerInstruct-7B-v0.2	50.17	2.60	32.45	3.96
Aya-23-35B	47.98	2.83	33.33	3.86
Aya-23-8B	44.69	2.86	31.23	3.89
		Ours		
MT-R1-Zero-3B-Lex	47.88	3.33	31.74	4.94
MT-R1-Zero-3B-Sem	48.47	2.21	30.27	2.78
MT-R1-Zero-3B-Mix	49.43	2.78	33.12	3.83
MT-R1-Zero-7B-Lex	49.25	3.17	34.27	4.13
MT-R1-Zero-7B-Sem	48.37	2.12	30.57	2.42
MT-R1-Zero-7B-Mix	<u>51.55</u>	2.44	38.03	3.11

Table 5: ChrF++ and MetricX-23 scores for all models and translation directions (ZH–EN, EN–ZH). For each column, **bold** marks the best and <u>underline</u> marks the second best performance. ( $\uparrow$ ): higher is better, ( $\downarrow$ ): lower is better. MT-R1-Zero rows are aligned with the corresponding variants in Table 1.

# G Complementary Metric Scores for Main Results

In addition to the primary metrics discussed in Section 4.2 for in-domain tasks, Table 5 reports complementary scores using MetricX-23-XL and 975

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Train			Test				
	EN-ZH	ZH-EN	EN-ZH	ZH-EN	EN-JA	DE-EN	DE-ZH
# of cases Source	6565 WMT	6565 17-20	997 WMT 24	1976 WMT 23	997 WMT 24	549 WMT 23	1012 Flores

Table 6: Data statistics for the training and test sets used in the main experiments (EN ⇒ ZH).

		Parallel Data					
	Train (from EN)	Train (to EN)	Test (from EN)	Test (to EN)	Resource		
Afrikaans (AF)	2994	341	1012	1012	Mid		
Danish (DA)	2994	355	1012	1012	Mid		
Dutch (NL)	2994	403	1012	1012	High		
German (DE)	7015	885	1012	1012	High		
Icelandic (IS)	4994	678	1012	1012	Low		
Norwegian (NO)	2994	360	1012	1012	Low		
Swedish (SV)	2994	339	1012	1012	High		
Chinese (ZH)	6906	874	1012	1012	High		
English (EN)	-	-	-	-	-		

Table 7: Parallel data statistics for languages used in multilingual experiments (Section C), detailing training/test pairs and resource level classification.

chrF++. These metrics provide further perspectives on semantic quality (MetricX-23-XL) and lexical fidelity (chrF++) for the EN ⇒ZH evaluations, generally aligning with the strong performance trends of our MT-R1-Zero models.

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MODEL		OUT-OF-DISTRI	BUTION	
MODEL	EN-JA	DE-EN (Doc)	DE-ZH	Avg.
Strong Baseline				
Qwen2.5-72B-Instruct	73.25	69.13	69.89	70.76
LLaMA3.1-70B-Instruct	71.84	69.28	68.67	69.93
Same-size Baseline				
Qwen2.5-7B-Instruct	64.79	67.20	67.82	66.60
LLaMA-3.1-8B-Instruct	62.42	66.77	64.28	64.49
TowerInstruct-7B-v0.2	58.33	69.03	65.45	64.27
Aya-23-8B	66.44	67.21	63.40	65.68
MT-R1-Zero-7B-Lex	63.33	66.17	64.32	64.61
MT-R1-Zero-7B-Sem	72.00	68.41	71.51	70.64
MT-R1-Zero-7B-Mix	69.27	68.74	70.25	69.42

Table 8: Out-of-distribution performance comparison using the COMETKiwi metric on EN-JA, DE-EN (Doc), and DE-ZH. (Complements Table 2).

#### Η **OOD COMETKiwi and BLEU Scores**

To supplement the OOD XCOMET results presented in Section 4.2, we provide COMETKiwi and BLEU scores for the same OOD tasks here. Table 8 details the COMETKiwi results. Table 9 contains the BLEU scores. These additional scores offer further perspectives on the generalization capabilities of our MT-R1-Zero models across the evaluated OOD scenarios.

OUT-OF-DISTRIBUTION					
EN-JA	DE-EN (Doc)	DE-ZH	Avg.		
25.02	45.54	40.83	37.13		
24.64	45.98	37.85	36.16		
18.91	41.17	35.25	31.78		
16.22	40.28	31.08	29.19		
10.52	43.40	34.74	29.55		
20.20	37.28	31.86	29.78		
14.94	40.01	37.00	30.65		
14.12	33.19	22.83	23.38		
20.27	43.17	32.31	31.92		
	25.02 24.64 18.91 16.22 10.52 20.20 14.94 14.12	EN-JA         DE-EN (Doc)           25.02         45.54           24.64         45.98           18.91         41.17           16.22         40.28           10.52         43.40           20.20         37.28           14.94         40.01           14.12         33.19	EN-JA         DE-EN (Doc)         DE-ZH           25.02         45.54         40.83           24.64         45.98         37.85           18.91         41.17         35.25           16.22         40.28         31.08           10.52         43.40         34.74           20.20         37.28         31.86           14.94         40.01         37.00           14.12         33.19         22.83		

Table 9: Out-of-distribution performance comparison using the BLEU metric on EN-JA, DE-EN (Doc), and DE-ZH. (Complements Table 2).

#### Ι **Details in Disentangling RL and Explicit Thinking**

The ablation study discussed in Section 5.4 aimed to determine whether the explicit <think> step or the underlying RL optimization primarily drives performance gains. We compared three training paradigms: 1) Supervised Fine-Tuning (SFT), 1000 serving as a non-RL baseline (further SFT train-1001 ing details can be found in Appendix D); 2) our 1002 MT-R1-Zero-Mix (RL w/ thinking), which incor-1003 porates explicit <think>/<translate> prompting 1004 and is trained with the Reward-Mix signal; and 3) 1005 an RL w/o thinking variant, trained with the same 1006 Reward-Mix RL optimization but without prompts 1007 enforcing the <think> step. 1008

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Reference (EN): It's encouraging to see, although there is some disappointment	Qwen2.5-7B-Instruct				
Qwen2.5-7B-Base         User:好看,但有点点小遗憾         Assistant: <think> I translated the Chinese text         "User:好看,但有点点小遗憾" to English as "It looks         good, but there is a tiny bit of disappointment."         The user is saying that the object or situation         being discussed appears nice, but there is a         small aspect that they are not completely         satisfied with.          translate&gt; "It looks good, but there is a tiny         bit of disappointment."         LLaMA-3.1-8B-Base         User:好看,但有点点小遗憾         Assistant: <think> reasoning to generate         translation        "It's beautiful,         but there are a few minor drawbacks."</think></think>	<pre><im_start <="" <im_start="" <think="" assistant="" im_end="" user="" ▷="" 但有点点小遗憾="" 好看,=""> The user is asking to translate the Chinese phrase "好看, 但有点点小遗憾" to English. Let's break down the phrase:     "好看" means "it looks good" or "it is attractive."     "但" is a conjunction that means "but."     "有点点小遗憾" means "there is a slight bit of regret" or     "there is a small sense of disappointment." Putting it all together, the phrase suggests that something looks good, but there is a small element of disappointment or regret. A possible translation could be:     "It looks good, but there's a tiny bit of disappointment." To ensure the translation captures the nuance, we can refine it to: "It looks good, but there's a slight sense of regret."</im_start></pre>				
LLaMA-3.1-8B-Instruct <pre></pre>	TowerBase-7B User:好看,但有点点小 遗憾 Assistant: <think> Reasoning </think> <translate> Translation </translate> Translate>				

Figure 10: Qualitative comparison of final outputs from different starting models trained with MT-R1-Zero for the Chinese input "好看,但有点点小遗憾", illustrating varying degrees of format adherence and reasoning generation, including format hacking by some models (Finding 3).

Model		DRT TEST	XCOMET 61.84 62.77 68.40 69.64	
MODEL	BLEU	COMETKIWI-22	XCOMET	Avg.
Qwen2.5-7B-Instruct	24.17	69.66	61.84	51.89
TowerInstruct-13B	22.71	70.55	62.77	52.01
DRT-7B	35.51	71.77	68.40	58.56
DRT-14B	36.37	72.15	69.64	59.39
Qwen2.5-7B (SFT)	21.61	69.91	63.20	51.57
Qwen2.5-7B (RL w/o thinking)	28.44	72.92	66.17	55.84
Qwen2.5-7B (RL w/ thinking)	28.42	73.20	66.64	56.09

Table 10: Performance comparison on the DRT literature translation dataset (Wang et al., 2024a) using BLEU, COMETKiwi-22, and XCOMET metrics.

The main results from this ablation (Table 3) 1009 indicate that both RL configurations ("RL w/ think-1010 ing" and "RL w/o thinking") achieve compara-1011 ble performance and substantially outperform SFT, 1012 suggesting the RL framework itself is the main 1013 driver of improvements. This core conclusion is 1014 1015 further corroborated by evaluations on the DRT literature translation benchmark (Wang et al., 2024a). 1016 Table 10 consistently shows that both RL variants 1017 perform similarly to each other and are significantly 1018 better than SFT on this distinct literary domain. 1019 1020 This reinforces our main finding across different benchmarks, underscoring that the RL optimization 1021 process, rather than the mere structural prompting 1022 for explicit thinking steps, is the key factor behind 1023 the enhanced performance of MT-R1-Zero. 1024

# J SFT Training Details

For the Supervised Fine-Tuning (SFT) baseline 1026 compared in the ablation study (Section 5.4), we 1027 utilized LLaMA-Factory (Zheng et al., 2024). The 1028 SFT process started from the same base model ar-1029 chitecture as the corresponding RL experiments 1030 (e.g., Qwen2.5-7B) and was performed on the iden-1031 tical parallel translation dataset (13,130 examples 1032 from WMT 2017-2020 after filtering, detailed in 1033 Section 4.1). The model was fine-tuned on 8 1034 NVIDIA H800 80G GPUs for 2 epochs using a 1035 learning rate of 5e-6 and a batch size of 64, totaling 1036 approximately 400 training steps. 1037

User:"It's not that bad, right, Т Kavel?'

#### Assistant: <think>

When approaching the task of translating the given English text into Japanese, my primary goal is to create a faithful and engaging rendition that maintains the rendition that maintains the structure, tone, and level of detail of the original while ensuring it reads smoothly and naturally in Japanese. I will pay particular attention to preserving the conversational nature of the conversational nature of the exchange and the use of question tags ("right, Kayel?"), as well as the balance between the two characters' statements.

In this case, I will consider the following aspects:

1. Maintaining the conversational tone: This involves using appropriate phrasing, word order, and intonation to convey the casual nature of the conversation.

 Translating question tags:
 Japanese question tags are typically formed differently from English, so I will find an equivalent structure that maintains the flow of the conversation.

## 3. Preserving the balance between

the two characters' statements: I will ensure that the translation reflects the equal weight given to both Kayel's response and the speaker's initial statement in the original text.

## 4. Adapting to Japanese sentence structure: Japanese often places the verb at the end of a sentence, so I

will adjust the word order accordingly while maintaining the overall meaning and rhythm of the conversation. </think>

<translate> "大丈夫じゃないか、ケイエル? " </translate>

#### User:好看,但有点点小遗憾 Assistant: <think>

IV The task at hand involves translating a sentence of Chinese into English while taking into consideration several factors to ensure an effective and appropriate translation. The source text is: "好看,但有点点小遗憾。" Given the context in which this sentence is being used, it is clear that the speaker is expressing their positive opinion of something they have just seen or experienced, but also acknowledging a minor flaw or disappointment that slightly diminishes their overall satisfaction With this in mind, it is important to maintain the same level of nuance and complexity in the translation to effectively convey the same level of emotional and intellectual engagement expected in professional and polished English communication. After careful consideration of these factors and the specific requirements of the translation context, I have decided to render the source text as follows: "It looks good, but there's a tiny bit of disappointment." This translation not only accurately conveys the same level of appreciation and critique as the source text but also does so in a professional and tactful manner that respects the sensitivity and complexity of the situation at hand. </think> <translate> "It looks good, but there's a tiny bit of disappointment." </translate>

User: 北交所融资融券交易的启动是持续推进北交所市场 制度建设、完善交易机制、提升二级市场定价功能的重要

#### Assistant: <think>

When approaching the task of translating the given Chinese text into English, my primary goal is to create a faithful and engaging rendition that maintains the structure, tone, and level of detail of the original Chinese. I will focus on preserving the balance between providing all relevant information and maintaining readability, while also considering the natural flow of the English language. Additionally, I will pay attention to the following aspects:

1. Structure: I will aim to maintain the overall structure of the Chinese text, including the use of paragraphs and sentence order, to ensure that the English translation remains coherent and easy to follow.

2. **Tone and voice**: I will strive to capture the tone and voice of the original text, which appears to be informative and objective, while also considering the appropriate level of formality for the

target audience. **Terminology**: I will use accurate and up-to-date terminology related to the stock exchange, financing, and trading mechanisms, ensuring that all terms are clear and easily understood by the English speaking audience

4. Cultural and linguistic nuances: I will pay attention to any cultural or linguistic nuances present in the Chinese text and find suitable ways to convey them in English, where possible, without compromising the clarity or readability of the translation.

5. Number and date formats: I will convert any numbers and date formats from the Chinese system to the corresponding English system, as necessary, to ensure that the translation is both accurate and locally appropriate

6. Punctuation and formatting: I will use standard English punctuation and formatting conventions, while taking into account any specific requirements or preference the target audience or publication preferences for platform.

By considering these aspects, I aim to produce a high-quality English translation that effectively communicates the content and intent of the original Chinese text. </think> <translate>

"The launch of financing and margin trading on the Beijing Stock Exchange is an important step in advancing the development of the exchange's market systems, improving trading mechanisms, and enhancing the secondary market's pricing capabilities. </translate>

User: 加拿大也报告了类似的结果, 只是数字较低。

#### Assistant: <think>

When approaching the task of translating the given Chinese text into English, my primary goal is to create a faithful and engaging rendition that maintains the structure, tone, and level of detail of the original Chinese while ensuring it reads smoothly and naturally in English. I will focus on preserving the balance between the two sentences, maintaining the use of parallel structure where appropriate, and accurately conveying the nuances of the Chinese phrasing, including the use of numbers and the comparative nature of the information presented. </think> <translate> 'Canada also reported similar results,

although the numbers were lower. </translate>

User: to divide the 412.5 meters long, 12.9 meters wide, with a total weight of 15,000 tons of continuous beams into 96 sections.

Assistant: <think> To translate the given English sentence into Chinese, I would follow these steps to ensure accuracy, fidelity to the original text, and naturalness in the target language (Chinese): Ш

Understand the context and meaning of the original text: I would first read and re-read the sentence to grasp its full meaning, paying close attention to technical terms, measurements, and the overall structure of the information being conveyed. This ensures a proper translation that maintains the original message. Identify key elements and vocabulary: I would identify important numbers, "412.5

would identify important numbers, measurements, and specific terms that need to be accurately translated, such as "412. meters," "12.9 meters," and "15,000 tons." I would also note any technical terms related to engineering or construction such as "continuous beams" and "sections.'

3. Consider cultural and contextual nuances: While this particular sentence doesn't contain cultural references that would require adaptation, I would generally be aware of how to translate phrases or expressions that might have different connotations or usages in Chinese culture compared to English.

Choose an appropriate translation strategy: For this type of technical information, I would likely use a combination of literal translation and necessary modifications to fit Chinese syntax and readability. This might involve reordering words or phrases to sound more natural in Chinese while still maintaining the original meaning. 5. **Translate while considering the** 

audience: Since this translation is presumably for a Chinese-speaking audience, I would ensure that the translation aligns with how Chinese speakers might express similar ideas, using idiomatic expressions and terminology that would be familiar to them.

6. Account for register and tone: Depending on the intended use of the translation (e.g., technical manual, news report, etc.), I would adjust the formality and wording to match the appropriate register. For a technical report, the language would be more formal and precise.

7. Translate numbers and measurements: 1 would carefully translate the numbers and measurements given (412.5 meters, 12.9 meters, 15,000 tons) to their equivalent in Chinese, ensuring that the units of measurement are accurately reflected in the translation (e.g., using "#" for meters and "m" for tons).

8. Ensure coherence and flow in the translation: After translating each part of the sentence, I would review and refine the translation to ensure that it flows naturally in Chinese, making any necessary adjustments to grammar, syntax, and phrasing to create a smooth and coherent translation.

9. Review and make final adjustments: Finally, I would review the entire translated sentence for accuracy, fluency and naturalness in Chinese. I would make . fluency, any necessary adjustments to improve the translation, checking again against the original text to ensure that all information is preserved and that there are no errors or misunderstandings.

By following these steps, I can provide a translation that is accurate, faithful to the original text, and reads naturally in

</think><translate>将总长412.5米、宽12.9米、 总重15000吨的连续梁分成96节。</translate>

Figure 11: Qualitative examples (I-V) showcasing the diverse thinking patterns generated by MT-R1-Zero models (Finding 2). In particular, we observe patterns ranging from structured multi-step decomposition (Types I-III) to more colloquial processing (Types IV-V).