# DUAL-CYCLE CONSISTENCY LEARNING FOR WEAKLY SUPERVISED PHRASE GROUNDING

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# ABSTRACT

Weakly supervised phrase grounding (WSPG) aims to localize objects referred by phrases without region-level annotations. The state-of-the-art methods use visionlanguage pre-trained (VLP) models to build pseudo labels. However, their low quality could result in the ineffectiveness of the subsequent learning. In this paper, we propose a novel WSPG framework, Dual-cycle Consistency Learning (DCL). Firstly, we propose a vision-modal cycle consistency to localize the referred objects and reconstruct the pseudo labels. To provide a conditional guidance, we propose a visual prompt engineering to generate marks for input images. To further avoid localizing randomly, we design a confidence-based regularization to filter out redundant information in image and pixel levels. Secondly, we propose a language-modal cycle consistency to correctly recognize the referred objects. To correct their positions, we provide phrase-related boxes as supervision for further learning. Extensive experiments on benchmark datasets show the effectiveness of DCL, as well as its excellent compatibility with various VLP models. The source code will be available at GitHub after double-blind phase.

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# 1 INTRODUCTION

- 029 Weakly supervised phrase grounding (i.e., WSPG) localizes referred objects based on phrase queries without any box annotation. The WSPG task has the potential to benefit various downstream works, such as image captioning (Liu et al., 2022b; Shi et al., 2021; Li et al., 2024; Wang et al., 2024b), 031 vision-language navigation (Barthel et al., 2019; Li et al., 2021b; Wu et al., 2022; Eftekhar et al., 2024), and visual question answering (Wu et al., 2023; Chen et al., 2023; Xiao et al., 2024; Peng 033 et al., 2024; You et al., 2024). Earlier works have employed the outputs of object detectors matched 034 with phrases (Ren et al., 2015; Datta et al., 2019; Gupta et al., 2020; Wang et al., 2021; Wang & Specia, 2019; Rohrbach et al., 2016; Chen et al., 2018; Liu et al., 2021), or devised auxiliary tasks to offer effective supervisory information for the grounding network (Fang et al., 2015; Xiao et al., 037 2017; Javed et al., 2018; Zhang et al., 2018; Akbari et al., 2019; Arbelle et al., 2021). However, these 038 approaches are suboptimal as they are constrained by their cross-modal alignment capabilities.
- Recently, various WSPG methods leverage vision language pre-training (VLP) models to aid in 040 grounding the target object. They rely on the attention maps of the VLP models as pseudo labels for 041 training. These attention maps provide visual highlights of objects' locations in the images, and thus 042 can be used to guide the optimization process. Previous VLP-based WSPG studies have developed 043 two types: VLP-based methods with fine-tuning and those with parameters frozen. Fine-tuned VLP 044 approach (He et al., 2023; Zeng et al., 2024) focuses on the localization by reducing the difference of pseudo labels during fine-tuning. Frozen VLP methods (Shaharabany et al., 2022; Shaharabany & Wolf, 2023; Gomel et al., 2023; Lin et al., 2024a) extract pseudo labels with VLPs and devise 046 additional networks to refine the coarse pseudo labels. However, previous works disregard the low 047 quality of pseudo labels. It could result in the ineffectiveness of subsequent learning. 048
- Here, we divide the problems caused by low-quality pseudo labels into three categories: incompleteness, redundancy, and misrecognition (in Figure 1). Firstly, pseudo labels offer limited information,
  as they tend to convey category-level details without comprehensive positional context. As shown
  in the left example, the red highlight of *pretty lady* is salient but does not cover all necessary information. A naive idea of generating a similar highlight could overlook the object's localization
  information. Therefore, it becomes imperative to utilize the pseudo label as a starting point and



Figure 1: **Three challenging problems in VLP-based WSPG.** Incompleteness: grounding will focus on a portion of the target object. Redundancy: pseudo labels sometimes provide redundant information. Misrecognition: phrase-irrelevant objects are located. We illustrate WSPG's results (yellow box), ground-truth (red box), our results (white box), and pseudo labels (attention maps).

069 gradually obtain comprehensive information of the referred object during the reconstruction of the 070 pseudo label. Secondly, VLP-based methods are sensitive to redundant information in pseudo la-071 bels. As shown in the middle example, highlight regions show gray suit, where the dimmer regions 072 represent redundant information, and the brighter ones contain valuable information for learning. 073 To accurately predict the localization of *suit*, it is essential to decouple the association between redundant information and the phrase gray suit during the training phase. In short, we need to refine 074 the weakly supervised learning process by minimizing the harmful effects of redundant information 075 present in pseudo labels. Finally, there is a wrong recognition for the object referred by the query 076 phrase. As shown in the right example, if the red highlight encompasses an area of the giant dog 077 instead of *puppy dog*, the model tends to erroneously recognize the instance *giant dog* based on the phrase *puppy dog*. To overcome this ambiguity, we need to design a language consistency strat-079 egy that reduces referential confusion and ensures precise positional supervision, thereby accurately localizing the referred object. 081

To mitigate the negative effects of low-quality pseudo labels, we propose a novel WSPG framework, Dual-cycle Consistency Learning (i.e., DCL). Firstly, we introduce a vision-modal cycle 083 consistency to prevent incompleteness and redundancy. It learns to localize the referred object and 084 reconstruct pseudo labels. Specifically, we employ a grounding network and a recovery module to 085 perform two consecutive grounding operations. We use the pseudo label as a prompt to identify and ground the referred object, and subsequently align the initial pseudo label with the second-087 time grounding result. In order for the pseudo labels to provide category-level details, we treat the pseudo labels as the conditional guidance of the network. We also develop a visual prompt engineering, which equips input images with mark prompts. Furthermore, we utilize pseudo labels to provide constraints during the first-time grounding process. It could avoid our grounding network localizing randomly. In order to filter out redundant information from pseudo labels, we design a 091 regularization method that imposes image-level and pixel-level confidence constraints. **Secondly**, 092 we propose a language-modal cycle consistency to address the correspondence ambiguity between the localized object and the query phrase. This approach represents concepts and details in a caption 094 format, and recognizes whether the localized objects are the referred ones by distinguishing between 095 captions and query phrases. To correct the location based on the phrases, we propose a region cap-096 tioning verification process to generate caption-box pairs for prospective locations. Subsequently, we select optimal boxes from them for further consistency learning. 098

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- To sum up, the main contributions of our work are three-fold.
  - We propose a novel VLP-based WSPG framework to mitigate the adverse effects of lowquality pseudo labels. To the best of our knowledge, we are the first to explore the detrimental impact of VLPs' pseudo labels in WSPG and to propose an effective strategy.
  - We design a dual-cycle consistency learning for WSPG. A vision-modal cycle consistency aims to augment the functionality of pseudo labels. A language-modal cycle consistency aims to recognize and correct the referred object based on the query phrase.
- We conduct extensive experiments on three benchmark datasets to verify the effectiveness of our framework and its excellent compatibility with different VLP models.

# 108 2 RELATED WORK

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Vision Language Pre-trained Models. Pre-trained models have significantly advanced the domain 111 of CV and NLP by learning from large datasets (Kenton & Toutanova, 2019; He et al., 2019). This 112 trend has prompted research on handling both visual and textual data, known as Vision-Language 113 Pre-trained (VLP) Models (Li et al., 2019; Chen et al., 2020; Tan & Bansal, 2019). For instance, 114 CLIP (Radford et al., 2021) has demonstrated superior performance in aligning images with their 115 corresponding texts through pre-training on extensive internet-sourced image-text pairs. Other out-116 standing works include TCL (Yang et al., 2022) and ALBEF (Li et al., 2021a). Additionally, some 117 applications have incorporated VLP models into generative frameworks (Rombach et al., 2022; Chefer et al., 2023). These works enable textual descriptions to be represented as features for image 118 generation. A recent surge has employed pre-trained models for grounding-related tasks (Subrama-119 nian et al., 2022; Shtedritski et al., 2023; Liu et al., 2024; Yang et al., 2024; Wang et al., 2024c). 120 However, the potential negative implications of these models have received limited attention. 121

122 **VLP-based WSPG.** VLP models have been increasingly employed for WSPG. This task focuses on 123 localizing objects within images based on query phrases, not relying on any region-level annotation. Most recent methods involve either fine-tuning (He et al., 2024; Zeng et al., 2024) or maintaining 124 a frozen state of VLP models (Shaharabany & Wolf, 2023; Lin et al., 2024a). The former meth-125 ods adjust VLP models to better localize objects by reducing inconsistencies in pseudo labels over 126 multiple fine-tuning phases. In contrast, the latter methods do not alter the pre-trained VLP models 127 but instead extract attention heatmaps. These heatmaps are used as pseudo labels to train an in-128 dependent WSPG network. Following the pioneering work (Shaharabany et al., 2022), subsequent 129 efforts (Gomel et al., 2023; Lin et al., 2024b) have further refined the model's localization through 130 collaborative learning with visual subtasks, such as segmentation and detection. However, the low 131 quality of pseudo labels could result in the ineffectiveness of the subsequent model's learning.

132 Consistency Learning for Grounding. Our approach to WSPG can be regarded as a consistency 133 learning. Language related consistency learning has been explored using classical weakly supervised 134 referring expression grounding (REG) (Liu et al., 2019; 2022a; Zhang et al., 2023; Wang et al., 135 2024a; Liu et al., 2021). For vision consistency learning, Zhu et al. (2017) pioneering proposed 136 unpaired translation for image generation. Recently, Cyco (Wang et al., 2024a) proposes a grounding 137 captioning consistency method. In this method, a collaborate learning network is designed for REG 138 and image captioning. To train the network, the data including the image, the text description, and 139 the bounding box are required. However, Cyco ignores the cost associated with manually labeling the bounding box. In addition, Cyco does ignore the problem of incorrect pseudo labels which could 140 harm the model's performance. In this paper, we propose a WSPG framework using VLP models. 141 We design a dual-cycle consistency learning to mitigate the negative effects of pseudo labels. 142

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3 Methodology

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3.1 OVERVIEW

Given an image I and a query phrase T, the task of phrase grounding requires the model to produce a bounding box B. To this end, a heatmap H is generated as a helper. In VLP-based WSPG, the model is trained with image-phrase pairs and a pseudo label A extracted with VLP models.

152 The overview of our proposed framework is shown in Figure 2. Our grounding network consists of an image encoder  $\mathcal{E}_{img}(\cdot)$ , a text encoder  $\mathcal{E}_{txt}(\cdot)$ , and a grounding decoder  $\mathcal{D}_{qnd}(\cdot)$ . The image 153 encoder employs the last layer's output of the pre-trained CNN in ImageNet as visual embedding. 154 The text encoder uses the text embedding branch of CLIP (VIT-B/32), which is frozen. The ground-155 ing decoder only consists of two up-sampling layers. It firstly fuses bi-modal features, and converts 156 high-dimensional fusion features into grounding heatmaps H. The feature fusion calculates the sim-157 ilarity between text features and visual ones,  $A_M = \mathcal{E}_{imq}(I) \otimes \mathcal{E}_{txt}(T)$ . The attention is then given 158 as  $R_M = \mathcal{E}_{img}(I) \circ A_M$ , in which the symbol  $\circ$  means Hadamard product. 159

To mitigate the detrimental effects of low-quality pseudo labels, we propose a dual-cycle consistency
 learning (DCL) framework, including vision-modal cycle consistency and language-modal cycle
 consistency. The former takes pseudo labels as prompts, enabling the grounding network to learn to



Figure 2: Overview of our VLP-based WSPG framework. Two types of heatmap transition are based on vision-modal and language-modal cycle consistency learning.

localize during the reconstruction of pseudo labels. The latter recognizes the referred object based on its corresponding phrases and corrects its position. Subsequently, we describe our DCL in details.

## 3.2 VISION-MODAL CYCLE CONSISTENCY

We devise a novel approach that leverages pseudo-label reconstruction to localize referred objects. Our method involves a two-stage grounding process. In the grounding network, we use the pseudo label A as the prompt to ground the object referred by the phrase T. This produces the first grounding heatmap H. The process is formulated as follows,

$$H = \mathcal{D}_{and} \left( \mathcal{E}_{ima}(\mathcal{P}_{ima}(I, A)), \mathcal{E}_{txt}(T) \right) \tag{1}$$

where  $\mathcal{P}_{img}(I, A)$  denotes the prompt function for an image with a pseudo label. Subsequently, in the recovery module, we once again use the grounding heatmap H as the prompt to ground the referred object. This produces the second grounding heatmap  $H_R$ . The formulate is given as follows,

$$H_R = \mathcal{D}_{qnd} \left( \mathcal{E}_{img}(\mathcal{P}_{img}(I,H)), \mathcal{E}_{txt}(T) \right)$$
(2)

The recovery module has the same structure as the grounding network. To enhance the similarity between the grounding heatmap  $H_R$  and the pseudo label A, we propose the visual consistency loss. We use the mean squared error (MSE) criterion, i.e.,

$$L_{VI} = \frac{1}{n} \sum_{n=1}^{N} \left( (H_R)_n - A_n \right)^2 \tag{3}$$

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206 We refer to this scheme as vision-modal cycle consistency.

207 **Conditional Visual Prompt Engineering.** The heatmaps similar to pseudo labels for capturing the 208 region of referred objects are previously proposed (Shaharabany et al., 2022; Gomel et al., 2023; 209 Lin et al., 2024b). However, these heatmaps largely contain the salient information, struggling to 210 delineate details. Additionally, these methods solely relying on a phrase could fail to accurately con-211 vey the intended grounding content. To provide not only supervision but also category-level details, 212 the pseudo labels are treated as the conditional guidance. Thus, we employ visual prompt engineer-213 ing by marking regions on the input image, thereby providing a conditional guidance. Specifically, to highlight each referred object in the input images, we utilize six variants of prompt engineer-214 ing, including Keypoint, Red Circle (Shtedritski et al., 2023), Red Box (Chen et al., 2020), Mask, 215 Crop (Yao et al., 2021), and Image Blur (Yang et al., 2024). Then the input image can be generated 216 as  $P_{imq}(I, A)$ , where  $P_{imq}$  contains six approaches of visual prompt engineering. Note that *Image* 217 *Blur* is controlled by the standard deviation in Gaussian blur kernel  $\delta$ . 218

In the absence of constraints, the grounding network tends to localize objects randomly. A naive 219 idea is to adopt pseudo labels to constrain the first-stage grounding results H. However, it inevitably 220 suffers from redundant information. Thus, we need to design a confidence-based regularization 221 method to remove redundant information in pseudo labels. 222

Confidence-based Regularization. To reduce the interference of redundant information in pseudo labels, we de-224 sign a confidence-based regularization method. The regu-225 larization involves image-level confidence (IC) and pixel-226 level confidence (PC). In IC, each pseudo label's high-227 lighted area reflects the confidence of the label's quality. 228 In PC, each pixel in the pseudo label indicates the confi-229 dence of the position corresponding to the query phrase. 230 Thus, we attempt to ignore those untrusted labels and po-231 sitions. This is shown in Figure 3. Specifically, given the pseudo label  $A \in R^{H \times W}$  of an image, we exact its 232 bounding box as  $B(A) \in R^{H_B \times W_B}$ . The image-level 233 and pixel-level confidence maps are obtained as follows, 234

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Figure 3: Two types of redundant information can be filtered by confidencebased regularization.

$$IC(A) = \frac{H_B \times W_B}{H \times W} \quad \text{and} \quad PC(\alpha, \beta) = \max(\max(A(\alpha, \beta)), 1 - \max(A(\alpha, \beta)))$$
(4)

where  $\alpha$  and  $\beta$  means the pixels of pseudo labels or grounding heatmaps. We convert MSE to a confidence-based version as follows,

$$L_{CM} = \begin{cases} \frac{1}{N} \sum_{n=1}^{N} \left(H_n - A_n\right)^2 &, IC \le \mu \& PC \ge \gamma \\ 0 &, IC > \mu \text{ or } PC < \gamma \end{cases}$$
(5)

The hyper-parameters  $\gamma$  and  $\mu$  help the grounding network in ignoring pixels and pseudo labels with 242 low confidence. Similarly, we propose a dice loss (Li et al., 2020)  $L_{CD}$  based on the confidence to 243 measure similarities. The formula is given as follows, 244

$$L_{CD} = \begin{cases} 1 - 2 \times \frac{\sum_{n=1}^{N} (H_n \cdot A_n)}{\sum_{n=1}^{N} H_n^2 + \sum_{n=1}^{N} A_n^2} & , IC \le \mu \& PC \ge \gamma \\ 0 & , IC > \mu \text{ or } PC < \gamma \end{cases}$$
(6)

248 Note that we set the confidence-based loss to 0 if the confidence score is out of the range given by  $\mu$ 249 and  $\gamma$ . In addition, we re-normalize the non-zero loss values within a batch.

## 3.3 LANGUAGE-MODAL CYCLE CONSISTENCY

We employ a captioning approach to represent the objects' concepts and details within that region. 253 This caption is then compared to the query phrase to ensure the language consistency. Specifically, 254 we generate a bounding box B(H) based on the grounding heatmap H. We then use the caption 255 module (Li et al., 2022) to describe the content of the boxed region as  $T_B$ . While there may exist 256 semantic similarities between the caption and the query phrase, discrepancies in content can arise. 257 For example, "image of wide and blue air" and "image of this is the sky", these samples are diffi-258 cult to be recognized. To this end, we introduce a regularization using CLIP text encoder to extract 259 embeddings, which facilitates the evaluation of semantic similarity. To make sure that the grounded 260 region contains the referred object, we introduce  $L_{DE}$  to minimize the difference between the em-261 beddings of caption  $T_B$  and query phrase T, while maximizing the difference between  $T_B$  and a 262 negative sample  $T_N$ .  $L_{DE}$  is defined as follows,

$$L_{DE} = 1 - CLIP_{txt}(T_B, T) + CLIP_{txt}(T_B, T_N)$$
<sup>(7)</sup>

where  $CLIP_{txt}$  denotes the score calculated solely by the CLIP text encoder. Note that we treat the 265 description "image of colorful patches" as a negative sample. This setting is based on its common-266 ness in captions generated by the caption module. Such captions typically arise when the grounded 267 region has either incomplete or ambiguous instances. 268

Less object-independent information in captions assists in judging the relevance of the localized 269 object to the referred object. Thus, we adopt spaCy (Subramanian et al., 2022) for Name Entity Recognition (NER) in phrases. To align the primary object within the grounded region and the subject of the query phrase, we compute the cosine score between the second recognized nouns in T and  $T_B$ . For example, "*image of a <u>train</u> pulling carts*" vs. "*image of this is the <u>train</u>*") are used. The similarity loss  $L_{SU}$  is defined as follows,

$$L_{SU} = 1 - \cos\left(\mathcal{E}_{txt}(NER(T_B)), \mathcal{E}_{txt}(NER(T))\right)$$
(8)

While the language-modal cycle consistency is effective for recognizing incorrect referred objects, the guidance on how to correct to the appropriate phrase-related position is still lacking. Thus, we give the network the guidance of phrase-related box as additional position supervision.

Boxes Generation and Selection. We design a region captioning verification process to generate the 280 corresponding box annotations for potential objects. To identify regions likely to contain instances, 281 we adopt several techniques, including selective search algorithm (Uijlings et al., 2013), bounding 282 box generation algorithm (Shaharabany et al., 2022), and random proposals. Thus, we generate pro-283 posals  $\{b_1, ..., b_n\}$ . A challenge is to discern the specific concepts and details of these instances. To 284 this end, we employ the caption module (Li et al., 2022) to generate caption expressions  $\{t_1, ..., t_n\}$ 285 for proposed regions. We filter out semantically repetitive proposals. The semantic redundancy may 286 manifest as varied descriptions of the same object, such as "black coat" versus "padded jacket", or 287 "red bike" versus "small bicycle". Specifically, we use CLIP text encoder (Radford et al., 2021) to 288 translate the explicit captions into latent features. Based on the latent features, we build clusters and ensure that the data points within each cluster exhibit uniformity in the feature space. Within 289 each cluster, instances are ranked based on scores calculated using the similarity to the mean feature 290 representation. We then select the top-k scoring instances, aiming to filter out instances that lack 291 the semantic coherence with the cluster. Finally, we select the cluster whose semantic similarity is 292 closest to the phrase embedding  $\mathcal{E}_{txt}(T)$ , as  $Z = \{(t_k, b_k)\}_{k=1}^K$ . 293

# 294 Position Consistency Learning. To

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provide reliable positional annota-295 tions, we use CLIP text encoder  $\mathcal{E}_{txt}$ . 296 It calculates the text similarity score 297 between the query phrase T and the 298 captions in cluster Z. The box  $b_i$  as-299 sociated with the top-1 most similar 300 caption  $t_i$  is then propagated. Sim-301 ilarly, cross-modal similarity scores 302 between the given image and cap-303 tions are also calculated to derive a 304 box  $b_i$ , using the complete CLIP. The 305 propagation processes, as shown in Figure 4, are shown as: 306



Figure 4: The results of region captioning verification process (left). The process of consistency learning (right).

$$\underset{Z_i}{\operatorname{arg\,max}} = S_{text} \left( Z_i = (t_i, b_i) | T, Z \right) \quad \text{and} \quad \underset{Z_j}{\operatorname{arg\,max}} = S_{cross} \left( Z_j = (t_j, b_j) | T, Z \right) \tag{9}$$

where Z represents the cluster selected by the region captioning verification process. We merge these two obtained boxes  $b_i$  and  $b_j$  to form  $b_h$ , representing the smallest box enclosing both. To refine the grounding result's boundaries, we utilize  $L_{BOX}$  (Gomel et al., 2023) and  $L_{GIOU}$  (Rezatofighi et al., 2019) as follows,

$$L_{BOX} = \|B(H) - b_h\|_1 \quad \text{and} \quad L_{GIOU} = 1 - \left(\frac{|B(H) \cap b_h|}{|B(H) \cup b_h|} - \frac{|c_h \setminus (B(H) \cup b_h)|}{|c_h|}\right) \quad (10)$$

where  $c_h$  is the smallest box containing B(H) and  $b_h$ . We set the position loss as  $L_{PO} = L_{BOX} + L_{GIOU}$ . In addition, we set language-modal consistency loss as  $L_{LC} = L_{DE} + \tau L_{SU} + \epsilon L_{PO}$ .

Thus, we summarize the total loss for our model as follows,

$$L_{Total} = L_{VI} + \lambda_1 L_{CM} + \lambda_2 L_{CD} + \lambda_3 L_{LC}$$
(11)

In the inference phase, we feed the prompted image  $P_{img}(I, A)$  and query phrase T to the grounding network. The module then generates a grounding heatmap H. Finally, we adopt the bounding box generation method proposed by Shaharabany et al. (2022), obtaining the bounding box.

#### 324 4 **EXPERIMENTS** 325

# 4.1 DATASETS

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328 Four datasets are used in our experiments. Flickr30K Entities (Plummer et al., 2015) contains 224K phrases describing bounding boxes in 31K images, and each image includes five captions. We also select 1000 images from the test split to evaluate as used in MG (Akbari et al., 2019). ReferIt has 330 20,000 images and 99,535 segmented regions in IAPR TC-12 (Grubinger et al., 2006) and SAIAPR-331 12 (Chen et al., 2017) datasets, respectively. There exist approximately 130K entity captions. We 332 used the same 9K training, 1K validation, and 10K test datasets as in MG (Akbari et al., 2019). 333 MSCOCO 2014 (Lin et al., 2014) contains 82,783 train images and 40,504 validation images. Each 334 image is described with 5 captions. The training split in MG is used. Visual Genome (Krishna 335 et al., 2017) consists of 77,398 training images, 5,000 test images, and 5,000 validation images. 336 Each image possesses a series of annotations which are in a free-text format. 337

4.2 **BASELINES AND METRICS** 

340 We chose typical VLP models as our **backbones**. 1) Classical image-text matching models, i.e., 341 CLIP (Radford et al., 2021), ALBEF (Li et al., 2021a) and TCL (Yang et al., 2022). 2) Text-to-image 342 generation models, i.e., Stable Diffusion (Rombach et al., 2022) and Attend-and-Excite (Chefer et al., 2023). In addition, we used two typical WSPG methods and seven VLP-based WSPG meth-343 ods as **baselines**. 1) Classical WSPG baselines, i.e., MG (Akbari et al., 2019) and Gbs (Arbelle 344 et al., 2021). 2) VLP-based WSPG includes g (Shaharabany et al., 2022), g++ (Shaharabany, 2023), 345 BBR (Gomel et al., 2023), SelfEQ (He et al., 2024), TAS (Lin et al., 2024a), VPT (Lin et al., 2024b) 346 and APR (Zeng et al., 2024). 347

Two metrics, i.e., "pointing game" accuracy (Akbari et al., 2019) and bounding box accuracy (Sha-348 harabany et al., 2022) are used. "Pointing Game" accuracy measure the percentage of predicted 349 maximum points of the heatmap that lie within the bounding box ground-truth. Bounding Box ac-350 curacy measure the percentage of heatmap bounding boxes that have an IoU greater than 0.5 for the 351 testing set of "image-query" pairs. 352

353 4.3 IMPLEMENTATION DETAILS 354

355 For a fair comparison, we used VGG-16 as the image encoder in our framework. For VLP models, 356 all pseudo labels are extracted with the interpretable method GAE (Chefer et al., 2021). Note that 357 the specific backbone layers that GAE acts on are different. For CLIP, we use all layers of the visual 358 encoder for GAE. For ALBEF and TCL, we use the third layer of the cross-modality encoder. For 359 Stable Diffusion and Attend-and-Excited, we use the second layer and fifth layer of the last cross-360 attention block. To ensure that multiple losses belong to the same scale, the weights in our loss function were set as follows:  $\lambda_1 = 16, \lambda_2 = 4, \lambda_3 = 0.5, \tau = 4$ , and  $\epsilon = 10$ . 361

- 363 **QUANTITATIVE RESULTS** 4.4
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We conduct experiments using the same training and inference processes with MG (Akbari et al., 365 2019). In subsequent analysis, our framework uses Image Blur (Yang et al., 2024) as the only 366 conditional visual prompt engineering. 367

368 Comparison with SoTA Methods. We compare our method with other WSPG methods on Visual Genome (VG), Flickr30k Entities, and ReferIt. We distinguish VLP-based WSPG methods with 369 similar pseudo labels from three sources, including CLIP (Radford et al., 2021), ALBEF (Li et al., 370 2021a), and g (Shaharabany et al., 2022). For a fair comparison, we combine DCL with three types 371 of pseudo labels. Differ from the first two types of pseudo labels, we use g's output heatmaps as 372 pseudo labels. The experimental results are shown in Table 1. It shows that our framework exceeds 373 the previous state-of-the-art methods in all settings. Our approach works for different forms of 374 the training data (i.e., MS-COCO and VG) and the testing data (i.e., Flickr30K Entities, VG, and 375 ReferIt). In addition, our method could alleviate the impact of low pseudo-label quality. 376

Compatibility with VLP Models. We report experimental results under different VLP models, 377 including TCL (Yang et al., 2022), CLIP (Radford et al., 2021), and ALBEF (Li et al., 2021a).

M. J.1			VG T	rained				]	MS-COC	O Trained				
Model	Po	int Accu	racy	Bb	ox Accu	racy	Po	int Accu	racy	Bb	Bbox Accurac			
	VG	Flickr	ReferIt	VG	Flickr	ReferIt	VG	Flickr	ReferIt	VG	Flickr	ReferIt		
MG	48.76	60.08	60.01	14.45	27.78	18.85	47.94	61.66	47.52	15.77	27.06	15.15		
Gbs	53.40	70.48	59.44	-	-	-	52.00	72.60	56.10	-	-	-		
g	62.31	75.63	65.95	27.26	36.35	32.25	59.09	75.43	61.03	27.22	35.75	30.08		
APR	60.43	78.07	63.75	-	-	-	-	-	-	-	-	-		
Ours (CLIP)	64.26	78.54	68.95	29.61	39.85	35.07	61.81	77.74	62.27	27.94	40.51	31.33		
SelfEQ	-	81.90	67.40	-	-	-	-	84.07	62.75	-	-	-		
Ours (ALBEF)	62.82	82.12	68.01	28.43	39.95	30.65	60.16	84.46	63.62	26.35	37.66	28.63		
g++	66.63	79.95	70.25	30.95	45.56	38.74	62.96	78.10	61.53	29.14	46.62	32.43		
BBR	63.51	78.32	67.33	31.02	42.40	35.56	60.05	77.19	63.48	28.77	47.26	30.63		
TAS	58.07	76.69	70.86	27.31	45.63	35.70	60.31	77.85	62.63	29.58	45.46	33.41		
VPT	62.72	80.03	68.21	27.40	45.60	34.76	60.74	81.15	64.14	27.65	45.09	31.14		
Ours (g)	67.17	81.54	70.93	32.64	45.80	39.69	63.21	82.65	64.38	30.04	47.88	33.58		

Table 1: Performance of WSPG methods on the test splits. The best results are shown in boldface.

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Method	Training	Te	st Point Accura	ncy	Te	est Bbox Accura	cy	
Methou	Inaming	VG	Flickr	ReferIt	VG	Flickr	ReferIt	
TCL	-	55.36	79.95	54.29	22.04	32.14	20.86	
TCL+ours	VG	65.88(10.52)	82.79( <u></u> <b>2.84</b> )	64.55( <b>†10.26</b> )	30.96( <del>************************************</del>	41.27( <b>†9.13</b> )	36.80( <sup>15.94</sup> )	
TCL+ours	MS-COCO	63.06( <u></u> 7.70)	82.96( <b>†3.01</b> )	62.24( <b>†7.95</b> )	31.14( <b>†9.10</b> )	44.69( <sup>12.55</sup> )	33.35( <b>†12.49</b> )	
CLIP	-	54.72	72.47	56.76	16.70	25.56	19.10	
CLIP+ours	VG	64.26( <u>19.54</u> )	78.54( <u><u></u>^6.07)</u>	68.95( <b>†12.19</b> )	29.61(12.91)	39.85(14.29)	35.07(15.97)	
CLIP+ours	MS-COCO	61.81( <b>†7.09</b> )	77.74( <b>†5.27</b> )	62.27( <sup>5.51</sup> )	27.94(†11.24)	40.51( <b>†14.95</b> )	31.33(†12.23)	
ALBEF	-	51.59	78.15	57.41	20.25	28.30	15.79	
ALBEF+ours	VG	62.82(11.23)	82.12( <sup>3.97</sup> )	68.01( <b>†10.60</b> )	28.43( <b>*</b> 8.18)	39.95( <u>11.65</u> )	30.65( <b>†14.86</b> )	
ALBEF+ours	MS-COCO	60.16( <u>*8.57</u> )	84.46( <u></u> <b>^6.31</b> )	63.62( <u></u> <b>†6.21</b> )	26.35( <b>†6.10</b> )	37.66( <b>†9.36</b> )	28.63( <sup>12.84</sup> )	
Stable Diffusion+ours	VG	55.31	65.41	53.06	18.88	28.65	20.11	
Stable Diffusion+ours	MS-COCO	52.89	63.96	54.22	19.06	30.41	20.73	
Attend-and-Excite+ours	VG	57.83	68.80	54.76	19.92	30.07	22.53	
Attend-and-Excite+ours	MS-COCO	59.36	68.92	53.33	18.58	32.25	21.09	

Table 2: The results using different VLP models and generative models in our method. For a fair comparison, all pseudo labels are extracted by the identical method (Chefer et al., 2021).

The experiments are shown in Table 2. It shows that our DCL is effective across a spectrum of VLP models. Note that our DCL achieves a superior grounding performance in comparison to the VLP models. Furthermore, we also report the results using Stable Diffusion (Rombach et al., 2022) and Attend-and-Excite (Chefer et al., 2023) in the last four rows. These generative models produce results based solely on phrases, without using images in the MSCOCO and VG datasets. The synthetic images along with pseudo labels extracted via GAE (Chefer et al., 2021) are combined with the original phrases to constitute the training corpus for our DCL. This scheme does not employ visual prompts during the inference stage, as generative models are incapable of generating attention heatmaps relevant to input images. The results show unsatisfactory performance when using the generative model as the backbone of our approach. This suboptimal performance could be attributed to two factors. 1) The inaccurate images generated by generative models can lead to cumulative errors in the model's learning. 2) Generative models' propensity to generate object-centered outputs contrasts with the complex backgrounds of input images (Plummer et al., 2015; Krishna et al., 2017; Chen et al., 2017). It leads to distributional discrepancies when outputs used as the training data. However, the grounding performance achieved through this approach serves as an indicator of the generative model's capability in capturing the semantics of the given phrase. Attend-and-Excite (Chefer et al., 2023) exhibits a superiority in generating images that convey the semantics of the query phrase. In contrast, the other model produces less favorable results. 

4.5 ABLATION STUDY 

In this section, we empirically investigate how the performance of our framework is affected by different model settings. All models were trained on VG (Krishna et al., 2017), and we used pseudo labels extracted from CLIP (Radford et al., 2021).

_	м	D	VI	CM	CD	IC	Te	est Point Accura	cy	T	Test Bbox Accuracy		
	IVI	Prompt	VI	CM	CD	LC	VG	Flickr	ReferIt	VG	Flickr	ReferIt	
_	√						48.42	57.85	50.11	13.47	16.10	17.92	
		$\checkmark$					54.49( <u></u> <b>6.07</b> )	68.72(10.87)	56.88( <u></u> <b>^6.77</b> )	16.87( <b>†3.40</b> )	24.10(18.00)	22.14( <sup>4.22</sup> )	
		$\checkmark$	$\checkmark$				57.63(13.14)	72.44(14.06)	60.94( <b>†4.06</b> )	17.55( <sup>10.68</sup> )	25.46(1.46)	24.02(1.88)	
		$\checkmark$	$\checkmark$	$\checkmark$			60.27(12.64)	75.85(13.41)	64.23( <b>†</b> 3.29)	26.11(18.56)	35.53(10.07)	30.31( <b>†6.29</b> )	
		$\checkmark$	$\checkmark$		$\checkmark$		60.49(12.86)	75.63(13.19)	64.32(13.38)	23.58( <sup>6.03</sup> )	33.38(17.92)	27.85( <sup>3.83</sup> )	
		$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$		62.94(15.31)	76.61(14.17)	67.19( <u></u> <b>^6.25</b> )	26.34(18.79)	36.35(10.89)	31.18( <b>†7.16</b> )	
		$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	64.26(1.32)	78.54(1.93)	68.95(11.76)	29.61(13.27)	39.85(13.50)	35.07(13.89)	

Table 3: The ablation results of various components. "M" represents our baseline. "Prompt" denotes the conditional visual prompt engineering. "VI" means the vision-modal cycle consistency. "CM" and "CD" represent confidence-based losses. "LC" means the language-modal cycle consistency.

Model Components. We explore the per-445 formance of DCL with various components. 446 Firstly, we construct a simple network as our 447 grounding network. The network only adopts 448 the MSE loss from g (Shaharabany et al., 2022) 449 as its training objective. This network serves as 450 a baseline for subsequent comparison. In ad-451 dition, five key components are involved. The experimental results are presented in Table 3. 452 The using of five components in our framework 453

r	Law	τ	Test 1	Point Ac	curacy	Test Bbox Accuracy			
LDE	LSU	LPO	VG	Flickr	ReferIt	VG	Flickr	ReferIt	
$\checkmark$			63.07	77.07	67.56	28.03	38.16	33.28	
	$\checkmark$		63.61	77.64	68.12	27.47	37.60	32.23	
		$\checkmark$	64.02	78.21	68.69	28.59	38.71	34.34	
$\checkmark$	$\checkmark$		63.76	77.94	67.22	28.04	38.25	33.49	
	$\checkmark$	$\checkmark$	64.00	78.24	68.67	28.84	38.83	34.14	
$\checkmark$		$\checkmark$	63.97	78.48	68.73	29.59	39.60	34.93	

Table 4: The ablation results of three losses in the language-modal cycle consistency.

consistently enhances the performance. We observe that a better performance could be achieved 454 with conditional visual prompt engineering. It corroborates the efficacy of our enhancements over 455 the original method. Then adding the vision-modal cycle consistency strategy can boost the per-456 formance. The result demonstrates that the effectiveness and compatibility of two-stage grounding 457 process. In addition, confidence-based regularization contributes most to the performance gain. We 458 suppose that our method filters out noisy pseudo labels while tries to remove visual noise from the 459 pseudo labels. The language-modal cycle consistency strategy also demonstrates an improvement 460 in the model's performance. This verifies that our approach can mitigate the influence of the er-461 ror accumulation during training. Secondly, we investigate the effectiveness of different losses in 462 our DCL. The results are shown in Table 4. We observe that the ablation strategy's performance is lower than the our complete strategy. The three losses help localized objects follow the semantics of 463 phrases, and ensure that the grounded region contains the targeted object. 464

465 **Hyperparameters.** We conduct experiments on hyperparameter,  $\mu$  and  $\gamma$  in confidence-based 466 losses. The results are shown in Table 5. The optimal values for MSE are 0.95 and 0.95. For 467 dice loss, these two values are 0.95 and 0.99. Figure 5 presents our DCL's grounding performance when varying the hyperparameters, k and  $\delta$ . We observe that our framework achieves the best perfor-468 mance when the hyperparameter k is set to 5. A higher or lower values could weaken the quality of 469 positional annotations, which are selected by the region captioning verification process. We also ab-470 late the standard deviation of the Gaussian blur kernel in *Image Blur*. The deviation of 100 achieves 471 the best performance. 472

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C	м	С	D	Test I	Point Ac	curacy	Test I	Bbox Ac	curacy		
$\mu$	$\gamma$	$\mu$	$\gamma$	VG	Flickr	ReferIt	VG	Flickr	ReferIt		
1.00	1.00	1.00	1.00	62.57	76.64	67.20	26.85	37.60	32.85		
0.95	1.00	1.00	1.00	63.28	77.14	67.65	27.68	38.47	33.95		
0.95	0.95	1.00	1.00	63.51	77.62	67.72	29.35	39.01	34.47		
0.95	0.95	0.95	1.00	64.03	78.17	68.30	28.72	39.36	34.89		
0.95	0.95	0.95	0.95	63.11	77.38	67.52	29.04	39.42	34.97		
0.90	0.95	0.95	0.99	63.68	77.83	68.33	28.76	38.73	34.08		
0.95	0.90	0.95	0.99	62.98	76.98	67.58	27.32	37.86	33.32		
0.95	0.95	0.90	0.99	63.97	78.22	68.60	29.43	39.64	34.88		
0.95	0.95	0.95	0.90	63.01	77.02	67.62	28.89	38.91	34.24		
0.95	0.95	0.95	0.99	64.26	78.54	68.95	29.61	39.85	35.07		

483 Table 5: Ablations of image-level and pixel- Figure 5: The performance with parameters k484 485 confidence-based MSE and dice loss.



level confidences. "CM" and "CD" represent and  $\delta$  in our DCL are shown, respectively. The results are conducted on three datasets.

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Figure 6: The visualization of grounding results of six testing examples. The red boxes are groundtruth. The green boxes are generated by our best model. The blue boxes are generated by our model without the region captioning verification process. In addition, the orange boxes are produced by our model without the conditional visual prompt engineering.

# 4.6 QUALITATIVE ANALYSIS

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499 We show the qualitative results from the Flickr30K Entitiess in Figure 6. In the left three examples, 500 the key factor to localizing the referred object is leveraging the positional annotations from the 501 region captioning verification process. In the absence of the region captioning verification process, 502 there is a deviation in the estimates of silver car, two children and bland haired men compared to the ground-truths. In the right three examples, we observe that the model trained with the prompt 504 localizes target objects much better than the one trained without the prompt component. In the 505 absence of conditional guidance, the positioning of *mover*, *snowboarder*, *and dog* tends to be larger than expected. We conclude that both the proposed approaches play an essential role in accurately 506 grounding the referred objects. 507

# 4.7 LIMITATIONS

510 Our network has limited performance on domain-511 specific data, such as remote sense and industrial ab-512 normal datasets. A few results are shown in Figure 513 7. The first example fails because our method can 514 only select a rough range and cannot locate each tar-515 get object. The second example fails since our posi-516 tioning had redundant parts. This phenomenon is at-517 tributed to the fact that commonly used VLP models are unable to establish strong cross-modal associa-518 tions for these domains, resulting in inaccurate posi-519 tioning. We will introduce more data to enhance the 520 generality of our framework. In addition, the current 521 DCL paradigm is designed for static imagery and re-522 quires significant advancements to adapt to dynamic 523 video streams, such as continuous updates of refin-524 ing matching concepts over time, correction of erro-525 neous hypotheses, and robust tracking mechanisms 526 for regions. 527



Figure 7: Failure cases of our method. The middle column represents our results.

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# 5 CONCLUSION

530 In this paper, we propose a novel framework, Dual-cycle Consistency Learning (DCL) for WSPG. 531 We propose a vision-modal cycle consistency to learn to ground the referred objects in the pro-532 cess of reconstructing the pseudo labels. This consistency prevents incompleteness and redundancy 533 problems. We also propose a language-modal cycle consistency to learn to recognize the referred ob-534 jects and correct their positions. This consistency mitigates the misrecognition problem based on the given phrase. Extensive experiments on benchmark datasets show that our framework achieves state-536 of-the-art performance and has excellent compatibility with different VLP models. In the future, we 537 will study the application of our framework to related multimodal tasks, such as vision-language navigation and visual question answering. 538

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## 810 A BROADER IMPACTS 811

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Our research introduces a novel weakly supervised phrase grounding paradigm that improves phrase grounding performance, facilitating the development of multimodal interaction systems and benefiting people's daily lives. Furthermore, we explore weakly-supervised training, saving human efforts in data annotation. Our framework is validated on large-scale public vision-language datasets and does not leverage noise in the data, ensuring fairness and unbiasedness in the grounding results. In contrast, the failure of this technique may lead to an inaccurate multimodal understanding and cause the mistake of the system based on the grounding results.

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# **B** BASELINES

824 a. Selected VLP models: We introduce typical models from image-text matching (CLIP (Radford 825 et al., 2021), ALBEF (Li et al., 2021a) and TCL (Yang et al., 2022)) and text-to-image genera-826 tion (Stable Diffusion (Rombach et al., 2022), Attend-and-Excite (Chefer et al., 2023)). 1) CLIP 827 is a joint vision and language model pre-trained using over 400 million images I and their corre-828 sponding captions T. It is comprised with two networks, image Encoder and text Encoder. The 829 pre-training process of CLIP utilizes contrastive learning, which maximizes the cosine similarity 830 between cross-modal pairs and minimizes the score between different images and captions. 2) AL-831 BEF composes of a text decoder, an image encoder, and a multimodal fusion encoder. It relies on 832 three widely used objectives for visual and textual representation learning: image-text matching, 833 masked language modeling and a contrastive loss. 3) TCL, a two-stream model, is an enhanced version of ALBEF, which introduces three contrasting modules: Cross-modal Alignment (CMA), 834 Intramodal Contrastive (IMC), and Local Mutual Information Maximization (LMI). These modules 835 are designed to maximize the mutual information between matching images and texts and maximize 836 global mutual information. 4) Stable Diffusion operates in the latent space of an autoencoder. First, 837 an encoder E is trained to map a given image into a spatial latent code. A decoder is then tasked 838 with reconstructing the input image. Given the trained autoencoder, a denoising diffusion proba-839 bilistic model (DDPM) operates over the learned latent space to produce a denoised version of an 840 input latent at each timestep. During the denoising process, the diffusion model can be conditioned 841 on an additional input vector. In Stable Diffusion, this additional input is typically a text encoding 842 produced by a pre-trained CLIP text encoder. 5) Attend-and-Excite is an enhanced version of Stable 843 Diffusion, which uses an attention-based formulation and guides the diffusion model to refine the 844 cross-attention units to attend to all subject tokens in the text prompt.

845 b. Compared baseslines: MG (Akbari et al., 2019), Gbs (Arbelle et al., 2021), g (Shaharabany et al., 846 2022), g++ (Shaharabany, 2023), BBR (Gomel et al., 2023), SelfEQ (He et al., 2024), TAS (Lin 847 et al., 2024a), VPT (Lin et al., 2024b) and APR (Zeng et al., 2024). 1) MG maximizes the likelihood 848 that a caption word appears in a distribution. It exploits multiple levels of feature maps of a DCNN, 849 as well as word and sentence embeddings extracted from a character-based language model. The model is guided by a multi-level multi-modal attention mechanism which outputs activated visual 850 features in each level. 2) Gbs uses the source separation technique to ground the phrase to the image 851 pixels. The insight is to synthesize text-to-image regions by random alpha-blending of arbitrary 852 image pairs. The query phrase is used as condition for a non-hybrid query image. 3) g utilizes the 853 interpretable heatmap from CLIP as the supervision. In order to provide pixel-level supervision, the 854 network utilizes CLIP to distinguish between the foreground and background of the output heatmap. 855 4) g++ designs a self-supervised segmentation training method to further optimise the grounding 856 network. This method gives good results by optimising the grounding annotation alone without 857 changing the loss function of g. 5) BBR proposes a self-supervised object detection method for 858 joint learning with the grounding network. 6) SelfEQ helps the grounding network to recognise 859 uncommon phrases by distillation, while this method pre-processes grounding-related phrase data 860 with the assistance of LLM. 7) TAS proposes a triple alignment strategy for solving the zero-shot 861 phrase grounding under weak supervision. 8) VPT proposes a visual prompt tuning method to effectively alleviate the local optimal problem of WSPG network. 9) APR constructs attribute, 862 relation and priority grounding benchmarks to evaluate the compositional reasoning on grounding 863 tasks for different models.

#### 864 С **PROMPT VARIANTS** 865

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866 There are six types of prompt engineering variants used in our framework: 1) Red Box (Chen et al., 2020) serves 868 as a visual prompting. It generates red boxes as markers on images. The position of *Red Box* is the same as that 870 of the bounding box. 2) Keypoint entails placing a small 871 circle at the center of Red Box. 3) Red Circle (Shtedritski 872 et al., 2023) corresponds to an inscribed ellipse derived from Red Box. 4) Mask serves as a form of prompting by 873 masking the region within input image corresponding to 874 the highlight region. 5) Crop (Yao et al., 2021) serves as 875 a form of prompting by cropping the image region along 876 Red Box. 6) Image Blur (Yang et al., 2024) serves as 877 a form of prompting by blurring the region within input



Figure 8: Six variants of visual prompt for the query phrase "brown bear".

image. This region corresponds to the highlight region. Image Blur is controlled by the standard deviation in the Gaussian blur kernel.

## D **OPTIMIZATION OF OTHER WSPG METHODS**

884 Our DCL can easily incorporate other WSPG 885 methods into its own framework, in visual explanation algorithms (Chefer et al., 2021; Zhou 887 et al., 2021; Subramanian et al., 2022), and the state-of-the-art WSPG models (Shaharabany et al., 2022; Lin et al., 2024b). To sum-889 marize, we treated these methods as pseudo-890 label generators, and formed several two-stage 891 weakly supervised grounding baselines. Table 892 6 shows the performance comparison of these 893 baselines, with the results obtained using their 894 official codes. All baselines have notable per-895 formance improvement for grounding results. 896 In addition, we also report the performance of 897 our conditional visual prompt engineering com-898 bined with g (Shaharabany et al., 2022) and

Method	Backbone	Flickr	Setting	Flickr
GAE	CLIP	25.56	+DCL	39.85(†14.29)
MaskCLIP	CLIP	34.26	+DCL	41.01( <b>†6.75</b> )
GradCAM	CLIP	23.18	+DCL	38.37( <b>†6.75</b> )
g	CLIP + VGG	36.35	+prompt +DCL	38.17( <b>†</b> 1.82) 45.80( <b>†</b> 9.45)
VPT	CLIP + VGG	45.60	+prompt +DCL	45.66( <b>†</b> 0.06) 46.23( <b>†</b> 0.63)

Table 6: Comparison with SoTA WSPG methods evaluated using the bounding box accuracy. All models were trained on Visual Genome dataset.

VPT (Lin et al., 2024b). "+prompt" represents that we utilize the Image Blur method on their input 899 images. The results show that prompt engineering has a positive impact on the weakly supervised 900 learning process. It also shows that our method could optimize other grounding methods, and has 901 good compatibility. 902

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#### E **EFFECTIVENESS OF DIFFERENT PROPOSALS**

906 Another important factor is the quality of pro-907 posals, which are generated based on region 908 captioning verification process. We therefore 909 investigated the effect of using different pro-910 posals. These proposals are extracted from dif-911 ferent bounding box generation methods: se-912 lective search algorithm (Uijlings et al., 2013), 913 pseudo label's bounding box (Chefer et al., 914 2021) and random proposals. As shown in Ta-

$S_{text}$	$S_{cross}$	Test	Point Ac	curacy	Test Bbox Accuracy			
		VG	Flickr	ReferIt	VG	Flickr	ReferIt	
~		63.94	77.87	68.50	29.43	39.06	34.51	
	$\checkmark$	61.72	76.65	66.19	28.38	36.87	33.62	
_ ✓	$\checkmark$	64.26	78.54	68.95	29.61	39.85	35.07	

Table 7: Performance of our network with different positional annotations.

915 ble 8, increasing the variety of proposals can improve the performance of our framework. The multiple proposal generation algorithms give the process of annotating more options. In addition, 916 we ablated the method of obtaining positional annotations as shown in Table 7. Two variants reduce 917 performance across all metrics in datasets. Mixing  $S_{text}$  and  $S_{cross}$  schemes attains the best result.

22	Dan	GAE	Test Point Accuracy			Test Bbox Accurac		
55	Ran	OAL	VG	Flickr	ReferIt	VG	Flickr	ReferIt
5			62.69	74 85	66 85	26 76	38 17	32.14
•	$\checkmark$		60.50	73.95	64.91	23.76	34.30	30.18
		$\checkmark$	62.23	76.28	66.79	28.61	38.53	33.90
$\checkmark$	$\checkmark$		63.01	75.76	67.02	27.30	38.26	33.00
	$\checkmark$	$\checkmark$	62.21	76.31	66.83	28.66	38.62	33.92
$\checkmark$		$\checkmark$	63.55	77.96	68.28	29.10	39.18	34.45
$\checkmark$	$\checkmark$	$\checkmark$	64.26	78.54	68.95	29.61	39.85	35.07

$\lambda_1$	$\lambda_2$	$\lambda_3$	τ	ε	Test Point Accuracy			Test Bbox Accuracy			
					VG	Flickr	ReferIt	VG	Flickr	ReferIt	
16	4	0.5	4	10	64.26	78.54	68.95	29.61	39.85	35.07	
1	4	0.5	4	10	63.51	77.62	68.16	27.62	37.60	33.06	
16	1	0.5	4	10	63.37	77.46	68.03	28.58	38.47	33.86	
16	4	1	4	10	63.39	77.60	68.14	28.60	38.49	33.94	
16	4	0.1	4	10	62.81	78.02	67.94	28.79	38.69	34.13	
16	4	0.5	1	10	64.02	78.25	68.70	29.52	39.74	34.97	
16	4	0.5	4	1	64.22	78.38	68.70	28.47	38.35	33.75	

Table 8: Performance of our network with different proposals. "Ran" represents random proposals. We set its number as three.

Table 9: The ablation results of various weight of hyper-parameters. The first row represents the settings for best performance.

## F **EFFECTIVENESS OF DIFFERENT VISUAL PROMPTS**

We compare the sensitivity of DCL to different visual prompt variants. In this setting, visual prompts, as illustrated in Sec. C, were generated according to our proposed framework. Consequently, Image Blur shows superior performance demonstrated in Table 10. The application of "Bokeh" blurring serves to obfuscate the background while accentuating the object, thereby providing a clearer indication of its distinctive position within the scene. Additionally, this method facilitates the network's comprehension of the object's relationship with its surrounding context.

## G MORE VISUALIZATIONS

In this section, we present the visualizations of our DCL's results for the weakly supervised phrase grounding task, as shown in Figure 9. The query phrases are displayed in the lower-left corner of the displayed images. The results reflect the alignment between instances and query phrases within the figure. The same cluster of caption-box pairs is indicated using identical colors, and all proposals and positional annotations are generated in the region captioning verification process.

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#### ADDITIONAL FAILURE CASES Η

950 In this section, we present additional failure case of our framework. As shown in Fig. 10, "a blue 951 coat" belongs to "a reporter" but not "a new crew", but we ground "blue coats" instance of all 952 people in the image. This is because our framework extracts only noun phrases without considering 953 phrases in-context during the inference, leading to an inaccurate evaluation of the referred object's 954 localization.

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# I LOSS WEIGHT ABLATION

In this section, we ablate the weights of loss items in Table 9. The first row represents the settings for best performance, and we present the hyper parameters in the Sec.4.3.

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## ADDITIONAL TRAINING DETAILS Т

964 All models are trained on a GeForce A6000 Nvidia GPU. We use an SGD optimizer (batch size of 965 32 and an initial learning rate of 0.0003). We also set the optimizer momentum as 0.9 and weight 966 decay as 0.0001. In addition, we use a random horizontal flip with 0.5 probability. Our network 967 is optimized for 120 epochs, where pseudo labels are generated by CLIP (Radford et al., 2021), 968 ALBEF (Li et al., 2021a), TCL (Yang et al., 2022) and g (Shaharabany et al., 2022). To save the 969 training resource, we train our network without  $L_{DE}$  and  $L_{SU}$  for 115 epochs, and add both losses in the last five epochs. When we extract pseudo labels from stable diffusion (Rombach et al., 2022) 970 and Attend-and-Excited (Chefer et al., 2023), our network is optimized for 1 epoch due to the time-971 consuming generation of images.



Figure 9: Visualization of DCL results on the phrase grounding task under the Flickr30K Entities, VG, and ReferIt datasets.

1026		Test I	Point Ac	curacy	Test Bbox Accuracy			
1027	Method	VG	Flickr	ReferIt	VG	Flickr	ReferIt	
1028	Red Circle	62.26	76.54	66.95	27.61	37.85	33.07	
1029	Keypoint	59.03	72.14	61.06	18.40	26.23	20.28	
1030	Red Box	63.92	77.87	68.83	28.63	38.80	34.64	
1031	Mask	60.97	76.10	64.17	19.38	27.46	20.51	
1032	Crop	62.81	76.95	67.23	21.61	30.00	24.77	
1033	Image Blur	64.26	78.54	68.95	29.61	39.85	35.07	
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Table 10: Performance of our network with different visual prompt engineering variants.

Figure 10: Failure cases of our method. Row #1 presents the query phrase and the sentence. Column #2 presents the failure case for grounding entities in context. Column #3 presents groundtruth.

Method	Backbone	CUDA Memory	Training Time	Inference Time	IPS	Acc
AdaptingCLIP	CLIP	3289 MB	-	22.67 min	0.74	23.18
MaskCLIP	CLIP	2004 MB	-	1.02 min	16.39	34.26
GAE	CLIP	4324 MB	-	2.28 min	7.30	25.56
g	CLIP + VGG	19364 MB	2900 min	1.90 min	8.77	36.35
VPT	CLIP + VGG	19364 MB	2930 min	1.90 min	8.77	45.60
DCL* (ours)	CLIP + VGG + BLIP	18954 MB	86400 min	4.18 min	3.99	39.85
	g + VGG + BLIP	18222MB	5121 min	4.18 min	3.99	45.80
$\mathbf{DCI}^{\dagger}(\mathbf{ours})$	CLIP + VGG + BLIP	18906 MB	5155 min	4.57 min	3.65	39.85
DCL <sup>2</sup> (Ours)	ALBEF + VGG + BLIP	20095 MB	5205 min	5.14 min	3.24	39.95
	Stable Diffusion + VGG + BLIP	32397 MB	25239 min	1.90 min	8.77	28.65

Table 11: Comparison of training and inference cost. IPS: Image per GPU second. \* denotes that extracting positional annotation is realized during the model training phase. † indicates that extracting box annotation is implemented prior to model training.

# K INFERENCE SPEED AND COMPUTATION

In this section, we present the computation and inference speed of our network in different settings, as shown in Table 11. All trainable models were trained on Visual Genome and achieved inference on Flickr30K Entities, gaining their bounding box accuracy.