# On Demonstration Selection for Improving Language Model Fairness

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#### Abstract

Recently, there has been a surge in deploying Large Language Models (LLMs) for decisionmaking tasks, such as income prediction and crime risk assessments. Due to bias in the pre-training data, LLMs generally present unfairness and discrimination against underprivileged groups. However, traditional fairness enhancement methods are generally impractical for LLMs due to the computational cost of fine-tuning and the black-box nature of powerful LLMs. To deal with this, In-Context 011 Learning (ICL) offers a promising strategy for enhancing LLM fairness through input-output 014 pairs, without the need for extensive retraining. Nevertheless, the efficacy of ICL is hindered by the inherent bias in both data and the 017 LLM itself, leading to the potential exaggeration of existing societal disparities. In this study, we investigate the unfairness problem 019 in LLMs and propose a novel demonstration selection strategy to address data and model 021 biases when applying ICL. Extensive experiments on various tasks and datasets validate the superiority of our strategy.

## 1 Introduction

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In recent years, Large Language Models (LLMs) have shown exceptional capabilities across a variety of applications (Chowdhery et al., 2022), including income prediction (Sun et al., 2024) and crime risk assessments (Wang et al., 2023a). However, the widespread deployment of these models has highlighted significant bias issues. For instance, when LLMs are used to assess job applications, inherent biases in their training data (often derived from real-world human prejudices) can result in preferential treatment for certain applicant groups (Bogen and Rieke, 2018; Ferrara, 2023). This can limit employment opportunities for individuals from underrepresented groups, thereby worsening inequalities in the job market (Raghavan et al., 2020). In addition, as shown





in Fig. 1, LLMs also exhibit bias when predicting whether an individual has subscribed to a term deposit (Pessach and Shmueli, 2022). Further studies have revealed that LLMs can perpetuate societal biases, favoring specific genders or races in tasks ranging from toxicity screening (Cheng et al., 2022), content recommendation (Gao et al., 2023), to question answering (Zhao et al., 2023a).

Given the widespread adoption of LLMs in various sectors (Thoppilan et al., 2022), addressing their inherent biases is crucial. However, current strategies for enhancing fairness, such as using fairness-aware regularization (Hardt et al., 2016; Yurochkin et al., 2020) or modifications to biased training data (Samadi et al., 2018; Backurs et al., 2019), are typically impractical for LLMs. These methods face significant challenges: they either (1) require a large number of labeled samples, which may be difficult to obtain in practice, or (2) necessitate updates to the model parameters which is unfeasible for complex, opaque models like GPT-4 (OpenAI, 2023).

Due to the above two reasons, we propose to leverage In-Context Learning (ICL) to enhance the fairness of LLMs (Sun et al., 2024; Chhikara et al.,



Figure 2: An example showcasing the existence of data bias in labeled samples in the decision-making task of predicting individual incomes., i.e., a larger proportion of male and high-income samples.

2024). Generally, ICL allows LLMs to adapt to new tasks, such as generating less biased outputs, by simply appending a few input-output examples (known as *demonstrations*) to the query input. This method infuses additional knowledge, such as fairness awareness, into the model (Zhao et al., 2023b; Xu et al., 2024). Consequently, ICL sidesteps the high computational costs and extensive data requirements typically associated with fine-tuning LLMs. Nevertheless, improving the fairness of LLMs through ICL faces two primary challenges: (1) Data Bias. First, the bias shown by labeled samples may be encoded in the demonstrations. For example, as shown in Fig. 2, we partition all labeled samples into four clusters to examine the potential distribution unbalance between genders and income levels. We observe that samples with a sensitive attribute value of "male" have a higher probability of the "high-income" label. Such a correlation suggests that bias may persist within the selected demonstrations, which poses a significant challenge for ICL in enhancing the fairness of LLMs (Chuang and Mroueh, 2021). (2) Model Bias. ICL struggles to address the model bias encoded within LLM parameters, influencing the fairness of the model output. Recent studies have also highlighted examples such as the preference of ChatGPT toward libertarian views (McGee, 2023). Unlike fine-tuning strategies, ICL will not directly modify model parameters to mitigate such model bias. Consequently, LLMs may still yield biased outputs even if unbiased demonstrations are selected as input.

To address the challenges above, we propose a novel <u>Fairness-A</u>ware <u>D</u>emonstration <u>S</u>election strategy, namely **FADS**, for improving LLM fairness via ICL. To mitigate data bias that may appear in the selected demonstrations, we partition the set of candidate demonstrations into clusters and select the most balanced ones in terms of sensitive attributes and labels. In this way, we ensure that the demonstrations selected from these clusters contain less data bias. To counteract the inherent model bias of LLMs, we exclude samples that the LLM tends to make unfair predictions on. As such, we select demonstrations that could elicit fairer outputs by the LLM, thereby mitigating the inherent model bias in the LLM. Our evaluation experiments span various decision-making tasks and datasets with different sensitive attributes. In summary, our contributions are as follows: 105

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- We systematically evaluate the bias exhibited by LLMs on human-centered decision-making tasks, highlighting the potential and challenges to improve fairness for LLMs.
- We propose a novel demonstration selection strategy to enhance LLM fairness with ICL, addressing both data and model biases.
- We conduct extensive experiments on various human-centered decision-making tasks and datasets. Experimental results demonstrate the effectiveness of the proposed strategy.

## 2 Related Work

Fairness of LLMs. The bias in LLMs can result in discriminatory outcomes against underrepresented groups and lead to societal harm (Wadhwa et al., 2022). Such concerns have encouraged research on assessing and addressing the fairness issues by employing LLMs (Wang et al., 2023b). Various benchmarks have been proposed to assess the fairness of LLMs from various perspectives, such as CrowS-Pair (Nangia et al., 2020) for evaluating stereotypical associations and HELM (Liang et al., 2023) that involves detections of social bias. More recently, TrustGPT (Huang et al., 2023) assesses the toxicity levels in the model outputs towards different demographic groups. DecodingTrust (Wang et al., 2023a) first evaluates the preference bias of LLMs, particularly the favor of a particular race in predicting individual incomes. Trustworthy LLMs (Liu et al., 2023) and TrustLLM (Sun et al., 2024) both evaluate various types of bias for LLMs, including stereotyping and preference bias. Unlike previous works that focus mainly on classification tasks, GFair (Bi et al., 2023) evaluates the bias of LLMs on generation tasks by analyzing model outputs when inputs are associated with different sensitive attributes.

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In-Context Learning. The concept of In-Context 155 Learning (ICL) illustrates LLMs' capacity to per-156 form (potentially new) tasks with several demon-157 strations as additional knowledge in the input, 158 without explicit parameter updates (Liu et al., 2021; Lee et al., 2022; Dong et al., 2022; Dai 160 et al., 2023). Recent studies indicate that the 161 effectiveness of ICL significantly hinges on the 162 construction and composition of these demonstra-163 tions, including the format, content, and their or-164 der (Rubin et al., 2022; Li and Qiu, 2023). Therefore, different strategies propose to select better 166 demonstrations, based on scores from a learned retriever (Hu et al., 2022; Poesia et al., 2022) or sim-168 ilarity between demonstration embeddings (Liu 169 et al., 2022). However, when applied to improv-170 ing the fairness of LLMs, recent studies (Wang et al., 2023a; Sun et al., 2024) point out that ICL 172 with demonstrations selected based on similarity 173 only yields marginal improvements in fairness. In 174 a more recent work (Chhikara et al., 2024), the au-175 thors introduce fairness definitions as additional prompts for selected demonstrations. Neverthe-177 less, the selection is heuristic, relying on choosing 178 an equal number of demonstrations with different 179 sensitive attribute values and labels. As such, the inherent data bias in demonstrations and the model 181 bias in LLMs could not be effectively addressed.

## **3** Fairness of LLMs in Decision-Making

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applying LLMs human-centered When to 184 decision-making scenarios, their fairness issues become critical, as exhibited prejudice against certain demographic groups could jeopardize the trustworthiness of the model. Generally, 188 group fairness is among the most commonly used 189 fairness criteria, which refers to the capability of LLMs to ensure that different groups (e.g., 191 individuals with different genders or races) enjoy their fair share of interest. Another widely used 193 fairness notion, counterfactual fairness, requires 194 the model to output consistent predictions for each individual when the sensitive attribute is 196 changed. Although existing works have observed 197 the issue of bias in LLMs, the group and counter-198 factual fairness of LLMs remains under-explored, especially in human-centered decision-making tasks (Chhikara et al., 2024). Therefore, we 201 explore the task of decision-making in this study, aiming to better understand and address bias issues in LLMs applied to this scenario. 204



Figure 3: The unfairness scores of various LLMs on the Adult dataset under the zero-shot setting. The original prompt directly inputs the values and attribute names as a list, and the structured prompt formats attribute values as a sentence.

#### 3.1 Fairness-Aware Decision-Making Tasks

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Here we introduce the preliminaries for the fairness-aware decision-making tasks studied in this paper. We denote  $\mathcal{Z} = \mathcal{X} \times \mathcal{Y}$  as the input space, where  $\mathcal{X}$  is the input space of all textual input samples.  $\mathcal{Y} = \{0, 1\}$  is the label space of the binary decision-making task. Notably, our work could be easily extended to non-binary scenarios. We consider a sensitive attribute  $s \in \{0, 1\}$  for each sample  $x \in \mathcal{X}$ . In each specific task, the dataset  $\mathcal{D}$  is comprised of two disjoint subsets: the labeled set  $\mathcal{X}_L$  and the test set  $\mathcal{X}_T$ . In general, as there are typically sufficient samples in  $\mathcal{X}_L$ , we could select demonstrations from them for ICL.

#### **3.2 Zero-shot Evaluation of Fairness**

We first perform a zero-shot evaluation for LLMs on decision-making tasks to investigate their capability of enhancing fairness without ICL. In particular, we first consider the task of predicting the annual income for individuals on the Adult dataset (Dua et al., 2017), based on the characteristics of each individual as inputs. As the characteristics include sensitive attributes like gender, fairness is particularly important in this decisionmaking scenario (Chhikara et al., 2024). We utilize structured prompts, inclusive of instructions, designed to elicit fair and unbiased responses from LLMs. The template incorporates special tokens that mark the beginning and end of the prompts, aiding the LLMs in generating responses that are not only relevant but also aligned with fairness guidelines. We utilize a Markdown-style template, due to its effectiveness in eliciting clear output from LLMs. We provide an example of the structured prompt in the zero-shot setting as follows.

You are an assistant for assessing the annual
income of individuals. There is a [RACE]
[GENDER] with an age of [AGE]
Please predict the range of the annual income of
this individual. The answer should be chosen from
(1) less than 50K and (2) more than 50K.

In addition to the structured prompt above, we also consider directly using original values and attributes as input without any textual description (i.e., using the original prompt). We consider the (counterfactual) unfairness score (Agarwal et al., 2021) as the evaluation metric, which is defined as the ratio of predictions that change when the sensitive attributes of inputs are changed (the zero-shot results on group fairness provided in Sec. 6.3). We also consider a variant of GPT-4 by directly asking it to output fairer outputs, i.e., GPT-4-Fair. From the results with both types of prompts in Fig. 3, we observe that the unfairness score is surprisingly high for powerful LLMs like GPT4, even with structured prompts. The results indicate that solving fairness issues in decision-making tasks is difficult, regardless of whether model sizes are increased or alignment tuning is conducted. In the following section, we further explore various ICL strategies to enhance the fairness of LLMs.

## 4 ICL for Improving Fairness of LLMs

Generally, in-context learning (ICL) represents a methodology whereby language models can acquire knowledge to solve new tasks through a small set of examples (referred to as demonstrations) (Brown et al., 2020). ICL enables LLMs to undertake specific tasks by utilizing a task-focused prompt  $\mathcal{P}$ , which aggregates D demonstrations into the form  $\mathcal{D} = [z_1, z_2, \dots, z_D]$ . Here, each demonstration  $z_i = (x_i, s_i, y_i)$  is a labeled sample that includes the input  $x_i$ , its corresponding label  $y_i$ , and its sensitive attribute  $s_i \in \{0, 1\}$ . Notably, we include the sensitive attribute in each demonstration, which is important for predictions in decision-making tasks (Chuang and Mroueh, 2021; Slack et al., 2020). With these demonstrations as input context, LLMs learn to deal with the specific task presented by  $\mathcal{D}$ . The probability of a candidate answer  $y_i$  provided by the LLM  $\mathcal{M}$ could be represented as follows, with the K selected demonstrations:

$$P(y_j|x_i, \mathcal{D}(x_i)) \triangleq \mathcal{M}(y_j|z_1, z_2, \dots, z_D, x_i, s_i),$$
(1)

where  $\mathcal{D}(x_i)$  is the selected demonstration set tailored for input sample  $x_i$ .

## 4.1 Baseline Methods

To employ ICL for enhancing the fairness of LLMs, we consider two baseline methods:

• Vanilla ICL. It is a foundational approach that incorporates the use of K examples of instruction-output pairs (i.e., demonstrations) to guide the generation of fair and unbiased responses in LLMs. We select demonstrations according to their similarity to the input query (based on embeddings), without any strategies tailored for fairness enhancements.

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• Fair ICL. To exploit the benefits of ICL in improving fairness, we select demonstrations that are balanced in terms of sensitive attribute values and labels, i.e., the same number of demonstrations with each sensitive attribute value and label. As noted in previous research (Wang et al., 2023a; Sun et al., 2024), incorporating such a balanced set of demonstrations could benefit the fairness of LLMs.

Nevertheless, recent works (Wang et al., 2023a; Chhikara et al., 2024; Sun et al., 2024) point out that these demonstration selection strategies only provide marginal improvements in LLM fairness, as LLM could be easily affected by the bias in the demonstrations provided (Si et al., 2023).

## 5 FADS: Fairness-Aware Demonstration Selection

In this section, we introduce our framework FADS that aims to enhance the fairness of LLMs via ICL by selecting demonstrations while dealing with data bias and model bias. FADS consists of two filtering steps to address these two types of bias, respectively, by filtering out potentially biased samples. The demonstrations are only selected from the remaining samples.

## 5.1 Data Bias Mitigation

In the first step of filtering, we aim to mitigate data bias by filtering out samples with a strong correlation between a sensitive attribute and a label. With the labeled set (i.e., the training set of a dataset)  $\mathcal{X}_L = \{x_1, x_2, \dots, x_{|\mathcal{X}_L|}\}$ , to efficiently filter out biased samples, we first partition  $\mathcal{X}_L$  into K clusters based on their embeddings. The embeddings are obtained from a pre-trained text encoder (e.g., Sentence-BERT (Reimers and Gurevych, 2019)):  $\mathbf{x}_i = \mathcal{M}_{enc}(x_i)$ , where  $\mathbf{x}_i \in \mathbb{R}^d$  is the embedding

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vector, and d is the dimension size. Specifically, we obtain K clusters via K-Means clustering:

$$C_1, C_2, \ldots, C_K = K$$
-Means $(\mathcal{X}_L),$  (2)

where  $C_i$  is the *i*-th cluster. To mitigate data bias, we propose to filter out the clusters with an imbalanced distribution of sensitive attribute values and labels. In particular, we first divide each cluster into four sub-clusters, i.e.,

$$\mathcal{C}_{i} = \bigcup_{y,s \in \{0,1\}} \mathcal{C}_{s}^{y}(i), \text{ where } \mathcal{C}_{s}^{y}(i) = \mathcal{C}_{i} \cap \mathcal{X}_{s}^{y}.$$
(3)

Each sub-cluster corresponds to a specific y and s, and thus these sub-clusters do not overlap. In this manner, for each given (s, y), we can obtain Ksub-clusters, i.e.,  $\{C_s^y(i)|i = 1, 2..., K\}$ . In order to select clusters that contain four sub-clusters of similar sizes, we consider the summed differences between each sub-cluster size and the average subcluster size as follows:

$$\mathcal{G} = \underset{\mathcal{G}}{\operatorname{argmin}} \sum_{\mathcal{C}_i \in \mathcal{G}} \sum_{y,s \in \{0,1\}} \frac{1}{|\mathcal{C}_i|} \cdot ||\mathcal{C}_s^y(i)| - C_i|,$$
  
where  $C_i = \frac{1}{4} \sum_{y,s \in \{0,1\}} |\mathcal{C}_s^y(i)|,$   
s.t.  $|\mathcal{G}| = N_d, \ \mathcal{G} \subset \{\mathcal{C}_i | i = 1, 2..., K\}.$   
(4)

Here  $N_d$  is the number of clusters selected in our data mitigation step. Through the above equation, we extract the  $N_d$  clusters with the most balanced distribution of s and y into  $\mathcal{G} = \{\mathcal{G}_1, \mathcal{G}_2, \dots, \mathcal{G}_{N_d}\}.$ 

#### 5.2 Model Bias Mitigation

To mitigate the model bias inherent in LLMs, we propose to further filter out the clusters with biased LLM predictions. Notably, here we consider the four sub-clusters, each of which only contains demonstrations of a specific s and y, within each cluster after our data bias mitigation step. That being said, each cluster consists of four sub-clusters:

$$\mathcal{G}_{i} = \bigcup_{y,s \in \{0,1\}} \mathcal{G}_{s}^{y}(i), \text{ where } \mathcal{G}_{s}^{y}(i) = \mathcal{G}_{i} \cap \mathcal{X}_{s}^{y}.$$
(5)

As LLMs tend to exhibit different degrees of fairness toward various groups, the four subclusters in a cluster may not be similarly fair in terms of LLM predictions. Therefore, we propose to individually select sub-clusters for each (s, y). We first gather the sub-clusters from all clusters with a specific (s, y) as

$$\mathcal{G}_{s,y} = \{\mathcal{G}_s^y(1), \mathcal{G}_s^y(2), \dots, \mathcal{G}_s^y(N_d)\}.$$
 (6)

From these  $N_d$  sub-clusters with a specific s and y (i.e.,  $\mathcal{G}_{s,y}$ ), we select  $N_m$  sub-clusters with fairer model predictions, denoted as  $\mathcal{G}_{s,y}^*$ . In this way, we could exclude samples with biased model predictions, which could potentially elicit model bias when used as demonstrations. These sub-clusters are selected as follows:

$$\mathcal{G}_{s,y}^{*} = \underset{\mathcal{G}^{*}}{\operatorname{argmin}} \sum_{\mathcal{C} \in \mathcal{G}_{s,y}} \frac{1}{|\mathcal{C}|} \cdot \left| |\mathcal{C}^{0}| - |\mathcal{C}^{1}| \right|,$$
where  $\mathcal{C}^{y} = \{x \in \mathcal{C} | \mathcal{M}(x) = y\},$ 
s.t.  $|\mathcal{G}_{s,y}^{*}| = N_{m}, \ \mathcal{G}_{s,y}^{*} \subset \mathcal{G}_{s,y}.$ 
(7)

Here  $N_m$  denotes the number of sub-clusters selected for a given (s, y). In this way, we could filter out the  $N_m$  sub-clusters on which LLMs exhibit biased predictions, i.e.,  $\mathcal{G}_{s,y}^* = \{\mathcal{G}_s^y(1), \mathcal{G}_s^y(2), \dots, \mathcal{G}_s^y(N_m)\}.$ 

#### 5.3 Demonstration Selection

After two filtering steps to mitigate data bias and model bias, respectively, we obtain  $N_m$  subclusters for each of the four (s, y) pairs. To ensure that selected demonstrations contain all (s, y)pairs, we propose to select M samples from each of M sub-clusters in  $\mathcal{G}_s^y$  based on their similarity to the input sample x. Notably, as there are four (s, y) pairs, it holds that M = D/4, where Dis the size of demonstrations for ICL. For a given (s, y), the M demonstrations (denoted as  $\mathcal{D}_s^y(x)$ ) are obtained as follows:

$$\mathcal{D}_{s}^{y}(x) = \underset{\mathcal{D}_{s}^{y}}{\operatorname{argmax}} \sum_{\mathcal{C} \in \mathcal{D}_{s}^{y}} \max_{c \in \mathcal{C}} f_{s}(x, c),$$
s.t.  $|\mathcal{D}_{s}^{y}| = M, \ \mathcal{D}_{s}^{y} \subset \mathcal{G}_{s,y}^{*}.$ 
(8)

Here  $f_s(\cdot, \cdot)$  denotes the cosine similarity between embeddings. The above formulation selects Msub-clusters  $\mathcal{D}_s^y(x)$  from  $\mathcal{G}_{s,y}^*$ , with the largest similarity to x. Then we select the most similar sample to x, in each sub-cluster, and combine them into the final demonstration set  $\mathcal{D}(x)$ :

$$\mathcal{D}(x) = \bigcup_{y,s \in \{0,1\}} \bigcup_{\mathcal{D} \in \mathcal{D}_s^y(x)} \operatorname{argmax}_{c \in \mathcal{D}} f_s(x,c).$$
(9)

In this manner, we combine the M = D/4 selected samples from filtered sub-clusters from all four (s, y) pairs and result in the final selected demonstrations  $\mathcal{D}(x)$  of size D. We provide details of the overall process in Algorithm 1.

Mathada	Models	Adult-Gender				Adult-Race			
Methous		Acc↑	$\Delta \text{DP}\downarrow$	$\Delta EO\downarrow$	Unfair.↓	Acc↑	$\Delta \text{DP}\downarrow$	$\Delta EO\downarrow$	Unfair.↓
	Zero-shot	.71±.08	$.23 \pm .03$	$.30 {\pm} .02$	$.19 {\pm} .02$	.72±.03	$.23 {\pm} .04$	$.28 {\pm} .05$	$.19 {\pm} .04$
GPT-3.5 8-shot	Vanilla ICL	$.63 \pm .02$	$.14 {\pm} .02$	$.18 {\pm} .05$	$.14 {\pm} .06$	.67±.03	$.13 {\pm} .03$	$.20 {\pm} .03$	$.13 {\pm} .03$
	Fair ICL	$.67 \pm .03$	$.06 {\pm} .03$	$.06 \pm .04$	<b>.04</b> ±.01	.67±.01	$.08 {\pm} .04$	<b>.04</b> ±.01	$.09 {\pm} .04$
	FADS (Ours)	$.67 \pm .08$	<b>.04</b> ±.01	<b>.04</b> ±.01	$.07 {\pm} .03$	$.66 \pm .04$	<b>.03</b> ±.01	$.08 {\pm} .03$	<b>.07</b> ±.02
GPT-3.5 16-shot	Vanilla ICL	$.67 \pm .02$	$.10 \pm .02$	$.10 \pm .05$	$.13 \pm .06$	.69±.03	$.09 {\pm} .03$	$.12 \pm .03$	$.15 \pm .03$
	Fair ICL	$.65 {\pm} .06$	<b>.06</b> ±.03	$.06 {\pm} .04$	<b>.05</b> ±.01	$.65 \pm .01$	$.12 {\pm} .04$	$.09 {\pm} .05$	$.13 {\pm} .04$
	FADS (Ours)	$.68 \pm .08$	<b>.06</b> ±.03	<b>.05</b> ±.02	$.07 {\pm} .04$	$.66 \pm .04$	<b>.07</b> ±.03	<b>.08</b> ±.01	<b>.05</b> ±.02
	Zero-shot	$.71 \pm .08$	$.26 {\pm} .03$	$.34 {\pm} .02$	$.18 {\pm} .07$	$.79 \pm .03$	$.14 {\pm} .04$	$.26 {\pm} .05$	$.16 \pm .04$
GPT-4	Vanilla ICL	$.71 \pm .02$	$.23 {\pm} .02$	$.34 {\pm} .05$	$.19 {\pm} .06$	.77±.03	$.10 {\pm} .03$	<b>.12</b> $\pm$ .03	$.15 {\pm} .03$
8-shot	Fair ICL	$.73 {\pm} .06$	$.16 \pm .03$	$.22 \pm .04$	$.14 {\pm} .01$	.78±.01	$.18 {\pm} .04$	<b>.12</b> $\pm$ .05	$.13 {\pm} .04$
	FADS (Ours)	$.74 {\pm} .08$	<b>.06</b> ±.03	<b>.08</b> ±.02	<b>.13</b> ±.04	$.67 \pm .04$	<b>.08</b> ±.03	$.14 \pm .01$	<b>.10</b> ±.02
GPT-4 16-shot	Vanilla ICL	$.81 \pm .02$	$.18 \pm .02$	$.14 {\pm} .05$	$.15 \pm .06$	$.67 \pm .03$	$.13 {\pm} .03$	$.18 \pm .03$	<b>.08</b> ±.03
	Fair ICL	$.71 \pm .06$	$.14 {\pm} .03$	<b>.09</b> ±.04	$.14 {\pm} .01$	.70±.01	$.12 {\pm} .04$	$.17 {\pm} .05$	$.12 {\pm} .04$
	FADS (Ours)	$.74 \pm .08$	<b>.06</b> ±.03	$.11 \pm .02$	<b>.09</b> ±.04	.69±.04	<b>.08</b> ±.03	<b>.10</b> ±.01	$.09 {\pm} .02$

Table 1: Results of accuracy, two group fairness metrics ( $\Delta DP$  and  $\Delta EO$ ), and unfairness scores on three datasets of the instance assessment task. We evaluate three LLMs with three baselines and our strategy FADS.

#### 6 Experiments

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In this section, we conduct experiments and try to answer the following research questions: **RQ1**: How fair are vanilla LLMs, i.e., under the zeroshot settings? **RQ2**: How is ICL helpful for LLM fairness? **RQ3**: How does our proposed strategy FADS perform in mitigating data bias and model bias when selecting demonstrations?

## 6.1 Metrics

To evaluate the prediction performance of our model, we employ the average accuracy (ACC) across the test set. To evaluate group fairness, we adopt demographic parity (DP) and equalized odds (EO) as our primary metrics, which are consistent with prior research (Chuang and Mroueh, 2021; Zhao and Chen, 2020; Yurochkin et al., 2020). As we focus on binary classification datasets, the model output is a prediction score  $\mathcal{M}(x) \in \mathbb{R}$  for each sample x. These metrics are then computed across all test samples as follows:

$$\Delta DP = \left| \frac{1}{|\mathcal{X}_0|} \sum_{x \in \mathcal{X}_0} \mathcal{M}(x) - \frac{1}{|\mathcal{X}_1|} \sum_{x \in \mathcal{X}_1} \mathcal{M}(x) \right|,$$
  

$$\Delta EO = \sum_{y \in \{0,1\}} \left| \overline{\mathcal{M}}_0^y(x) - \overline{\mathcal{M}}_1^y(x) \right|,$$
  
where  $\overline{\mathcal{M}}_s^y(x) = \frac{1}{|\mathcal{X}_s^y|} \sum_{x \in \mathcal{X}_s^y} \mathcal{M}(x).$   
(10)

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Here  $\mathcal{X}_0$  and  $\mathcal{X}_1$  denote the sets of test samples with a sensitive attribute value of 0 and 1, respectively. Moreover,  $\mathcal{X}_s^y = \mathcal{X}_s \cap \mathcal{X}^y$  denotes the subset of test samples in  $\mathcal{X}_s$  with label y, where  $\mathcal{X}^y$  denotes the set of samples with label  $y. s \in \{0, 1\}$  is the sensitive attribute value.

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**Unfairness Score.** In addition to group fairness metrics  $\Delta DP$  and  $\Delta EO$ , we also consider counterfactual fairness by measuring whether the label prediction will change if the sensitive attribute value of the input is flipped (i.e., from 0 to 1 or vice versa). This direct measurement reveals the potential unfairness more clearly to users. Following (Agarwal et al., 2021), we define the (counterfactual) unfairness score in terms of counterfactual fairness as follows:

Unfairness = 
$$\frac{1}{|\mathcal{X}_T|} \sum_{x \in \mathcal{X}_T} |\mathcal{M}(x) - \mathcal{M}(\overline{x})|,$$
(11)

where  $\overline{x}$  is identical to x, except that its sensitive attribute value is flipped.  $\mathcal{X}_T$  is the test set.

## 6.2 Experimental Settings

**Datasets.** In our study, we evaluate the fairness of LLMs with two crucial real-world tasks: instance assessment (Pessach and Shmueli, 2022) and toxicity classification (Baldini et al., 2022), both of which involve binary classifications. In the instance assessment task, we consider the Adult dataset (Dua et al., 2017) for instance assessment, involving two types of sensitive attributes: gender and race. The binary labels represent whether an individual's annual income exceeds \$50,000. Samples in toxicity classification are text contents collected from online platforms, with fine-grained annotations of individuals, such as gender and

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Methods	Jigsaw-Gender			Jigsaw-Race			Jigsaw-Religion		
wiethous	Acc↑	$\Delta \text{DP}\downarrow$	$\Delta EO\downarrow$	Acc↑	$\Delta \text{DP}\downarrow$	$\Delta EO\downarrow$	Acc↑	$\Delta \text{DP}\downarrow$	$\Delta EO\downarrow$
GPT-3.5 (16-shot)									
Zero-shot	$.75 \pm .06$	$.15 {\pm} .04$	$.16 \pm .03$	$.67 \pm .02$	$.19 {\pm} .01$	$.18 {\pm} .04$	.75±.03	$.25 {\pm} .03$	$.18 {\pm} .04$
Vanilla ICL	$.71 {\pm} .02$	$.21 {\pm} .05$	$.08 {\pm} .04$	$.67 {\pm} .03$	$.14 {\pm} .05$	$.18 {\pm} .03$	$.73 \pm .02$	<b>.06</b> ±.02	<b>.10</b> ±.03
Fair ICL	$.74 {\pm} .06$	$.09 {\pm} .03$	$.06 {\pm} .02$	$.62 \pm .04$	$.09 {\pm} .03$	$.24 {\pm} .04$	$.72 \pm .03$	$.09 {\pm} .07$	$.14 {\pm} .02$
FADS (Ours)	$.73 \pm .09$	<b>.06</b> ±.01	<b>.04</b> ±.02	$.63 \pm .01$	<b>.06</b> ±.03	<b>.12</b> ±.02	$.73 \pm .04$	<b>.06</b> ±.02	<b>.10</b> ±.02
GPT-4 (16-shot)									
Zero-shot	$.78 \pm .02$	$.16 {\pm} .02$	$.12 \pm .01$	$.70 \pm .03$	$.19 {\pm} .01$	$.14 {\pm} .05$	.82±.04	$.20 {\pm} .04$	$.14 {\pm} .01$
Vanilla ICL	$.78 \pm .04$	$.16 {\pm} .02$	$.10 {\pm} .05$	$.69 {\pm} .07$	$.16 \pm .01$	$.14 {\pm} .02$	$.79 \pm .03$	$.15 {\pm} .04$	$.16 {\pm} .02$
Fair ICL	$.67 {\pm} .09$	$.17 {\pm} .04$	$.16 \pm .03$	$.62 {\pm} .03$	$.14 {\pm} .05$	$.13 {\pm} .03$	$.80 \pm .06$	$.16 {\pm} .03$	$.18 {\pm} .03$
FADS (Ours)	$.75 {\pm} .06$	<b>.09</b> ±.05	<b>.08</b> ±.04	$.66 \pm .10$	<b>.08</b> ±.02	$.11 \pm .03$	$.79 \pm .07$	<b>.10</b> ±.02	<b>.08</b> ±.02

Table 2: Results of accuracy and two group fairness metrics ( $\Delta DP$  and  $\Delta EO$ ) on three datasets of the toxicity classification task. We evaluate three LLMs with three baselines and our strategy FADS.

race. The binary labels indicate whether the content is toxic or not. For toxicity classification, we use dataset Jigsaw (cjadams, 2019), which contains text samples collected from online discussions. This dataset contains three types of sensitive attributes: gender, race, and religion. We provide dataset statistics in Table 3 and more details in Appendix A.2.

**Implementation Details.** We consider two powerful LLMs with large parameter sizes for fairness evaluation: GPT-3.5 and GPT-4 (OpenAI, 2023), under both the 8-shot and 16-shot settings, i.e., D = 8, 16. For the text encoder to embed each input sample, we utilize Sentence-BERT (Reimers and Gurevych, 2019)) with a dimension size of 768, i.e., d = 768. By default, we set the hyper-parameter values as follows: K = 64,  $N_d = 16$ , and  $N_m = 8$ . All of our experiments are conducted on a single Nvidia GeForce RTX A6000 GPU. Our code is provided at https://anonymous.4open.science/r/FADS-F932/.

## 6.3 Comparative Results

In Table 1 and Table 2, we present the results of various LLMs on two tasks, with three baselines and our proposed strategy. From the results, we could achieve the following observations:

• Zero-shot Performance. Under the zero-shot setting, most LLMs present various degrees of bias in terms of group fairness. Compared to GPT-3.5, the larger model GPT-4 could provide better performance in accuracy. However, the improvement in fairness is not significant. This indicates that although a larger model size could bring more competitive performance in predictions, the fairness in output may not improved.

• Vanilla ICL Performance. Comparing the results of vanilla ICL with the zero-shot setting, we observe that appending demonstrations selected based on similarity is capable of improving both the accuracy and group fairness of LLMs. This implies that demonstrations could provide benefits by informing the LLMs about the task background to aid LLMs in performing fairness-aware predictions. Notably, larger LLMs (e.g., GPT-4) could benefit more from the strategy of vanilla ICL, compared to smaller models such as GPT-3.5. Such a phenomenon indicates that larger LLMs are more capable of learning from demonstrations for improving the group fairness of LLMs via ICL.

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- Fair ICL Performance. Regarding the results with fair ICL, i.e., involving demonstrations with balanced sensitive attribute values and labels, the performance improvements of both accuracy and group fairness appear to be marginal. In particular, the values of  $\Delta DP$  and  $\Delta EO$  slightly decrease on most models. The results indicate that the benefits of fair ICL mainly originate from the incorporation of demonstrations, and are not notably related to the distributions of labels or sensitive attribute values in demonstrations. Hence, as simply selecting balanced demonstrations is not particularly helpful, it becomes important to select demonstrations in a more fairness-aware manner.
- Our Performance. With our demonstration selection strategy, we observe that the values of group fairness metrics, i.e.,  $\Delta DP$  and  $\Delta EO$ , both greatly decrease. These results validate the effectiveness of our strategy in mitigating both data and model bias to enhance the fairness



Figure 4: The results of GPT-4 under different degrees of data bias on Adult-Gender.

of LLMs. Furthermore, comparing the performance across various datasets, we observe that our strategy works better on toxic classification tasks. This is probably because our framework could handle the higher extent of data bias in the demonstrations.

## 6.4 Data Bias Mitigation Performance

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In this subsection, we investigate the degree to 542 which our strategy tackles the data bias issue. We 543 introduce different degrees of data bias into the 544 labeled set of Adult-Gender by manipulating the 545 correlation between sensitive attributes and labels. 546 Specifically, we consider samples from underrep-547 resented groups that are initially associated with the favorable label. By flipping the labels on a proportion of these samples to the unfavorable label, we manually increase the correlation between 551 these groups and the unfavorable label. As such, 552 the selected demonstrations could easily involve more data bias. Here we additionally consider the Fair ICL baseline and a variant of our strat-555 egy by removing the data bias mitigation step, re-556 ferred to as FADS\D. From the results presented 557 in Fig. 4, we could observe that, when the data 558 bias is low, the performance of our strategy and its variant without data basis mitigation is comparable. When the data bias degree further increases, the unfairness scores of all methods become larger. However, our strategy FADS, especially compared 563 with its variant FADS\D and Fair ICL, shows sig-564 nificantly better results with a much lower unfairness score. In concrete, the experiments indicate the effectiveness of our data bias mitigation step in demonstration selection. 568

## 6.5 Model Bias Mitigation Performance

570 In this subsection, we explore the effectiveness of 571 our strategy in mitigating the model bias of LLMs.



Figure 5: The results of different GPT-4 variants under different degrees of model bias.

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We manipulate model bias by explicitly providing the GPT-4 model with different instructions. We consider three variants: (1) GPT-4-bias, which is explicitly asked to provide more biased outputs; (2) GPT-4-fair, which is directly asked to be a fair assistant for assessments; (3) GPT-4-bias-instruct, which injects explicit bias into the input prompts as an instruction by showcasing the strong biased correlations between sensitive attributes and labels. With these models, we evaluate our strategy, its variant without model bias mitigation (referred to as FADSM), and fair ICL. As shown in Fig. 5, the results indicate that when the LLM is asked to output biased answers or provided with biased instructions, the unfairness scores generally increase. With our strategy FADS for demonstration selection, the unfairness score substantially reduces for all variants of GPT-4. Moreover, the effectiveness of FADS is outstanding in the biased variant of GPT-4-bias-instruct, indicating that FADS is applicable to scenarios where the model bias is significantly larger.

## 7 Conclusion

In this work, we propose to address the bias issue in Large Language Models (LLMs) when they are applied to human-centered decision-making tasks, which could hinder their applicability. By leveraging In-Context Learning (ICL) as a fairness enhancement strategy for LLMs, we underscore its potential to promote the fairness of LLMs without comprehensive fine-tuning or a large amount of training data. To address the challenges in ICL due to the bias in the labeled samples and the model itself, we introduce a two-step filtering process that aims to mitigate these biases. The comprehensive evaluation across multiple real-world tasks and datasets confirms the efficacy of our approach in enhancing fairness for LLMs.

## 8 Limitations

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Despite the promising results of using In-Context Learning (ICL) to enhance fairness in Large Lan-612 guage Models (LLMs), several limitations remain 613 in our study. First, the effectiveness of ICL heav-614 ily depends on the quality and diversity of the 615 input-output pairs (i.e., demonstrations) used. If 616 these demonstrations do not adequately represent 617 the actual query samples in real-world scenarios, the model may still exhibit biased behavior. More-619 over, ICL, while bypassing the need for extensive re-training/fine-tuning, does not alter the underly-621 ing model architecture or the pre-trained parame-622 ters. This means that ICL's ability to correct indepth biases in LLMs, such as bias during reasoning, is limited. Finally, our demonstration se-625 lection strategy assumes that a training dataset is available during inference, which may not always be feasible in practice.

## **9** Ethics Statement

In conducting this research, we adhered to ethical guidelines to ensure that our methods and implementations did not perpetuate or exacerbate discrimination against any group. We acknowledge the significant ethical responsibilities that accompany the deployment of LLMs in decisionmaking tasks, particularly in sensitive areas such as income prediction and crime risk assessment. Throughout our experiments, we employed publicly available datasets, avoiding the use of private or personally identifiable information. Our demonstration selection strategy is specifically designed to mitigate biases and enhance the fairness of LLM outputs, aiming to contribute positively towards more trustworthy AI technologies. We also encourage the broader research community to critically evaluate and iteratively improve fairnessaware methodologies to better address the complex, multifaceted nature of bias in AI systems.

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A **Experimental Settings** 

In this subsection, we introduce the details of experimental settings.

## A.1 Models

Large Language Models (LLMs) recently exhibited significant learning and generalizing capabilities in natural language processing due to their massive parameter sizes. However, LLMs also present challenges from different perspectives of trustworthiness. In our study, we conduct experiments to evaluate the fairness of three distinct LLMs:

- GPT-3.5. GPT-3.5, also known as Chat-GPT (OpenAI, 2022), stands out for its specialized optimization for dialogue, which significantly enhances its ability to follow instructions. This capability allows for greater generalizability and personalization, such as configuring the specific roles and conversation types of the model (Ouyang et al., 2022; Wei et al., 2021; Chung et al., 2022). Such a capability differentiates GPT-3.5 significantly from classic models like BERT (Devlin et al., 2018). In particular, GPT-3.5's advancements facilitate the applications of LLMs in more complex tasks such as question-answering, via utilizing several demonstrations as additional input. Nevertheless, these new capabilities inevitably introduce additional fairness issues, as the bias in real life could exist in the data for pre-training and ultimately be encoded in model parameters. The fairness issues, such as discrimination, could raise concerns about the reliability of these LLMs in practice. Specifically, we utilize the gpt-3.5-turbo-0301 model for GPT-3.5.
- GPT-4. GPT-4 (Anand et al., 2023), released shortly after GPT-3.5, continues to further improve the capabilities of LLMs in large-scale deployments (Bubeck et al., 2023). GPT-4 not only inherits GPT-3.5's enhanced instructionfollowing capabilities but also introduces further refinements that enable new functionalities, such as more sophisticated question-answering and robust in-context learning (Wang et al., GPT-4's design aims to handle a 2023a). broader range of user prompts and scenarios, thereby providing more reliable performance under various scenarios (Peng et al., 2023). Similar to GPT-3.5, the new capabilities of

Table 3: The detailed statistics of each dataset used for evaluation in this work.

Dataset	$ \mathcal{X}_L $	Sens.	# Feat.	Label
Adult-Gender	45,222	Gender	12	Income
Adult-Race	45,222	Race	12	Income
Jigsaw-Gender	3,563	Gender	-	Toxicity
Jigsaw-Race	6,125	Race	-	Toxicity
Jigsaw-Religion	7,127	Religion	-	Toxicity

GPT-4 also necessitate rigorous evaluations to address emergent fairness concerns and ensure its trustworthy deployment in practice (Sun et al., 2024). In particular, we consider the gpt-4-0613 model for GPT-4.

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# A.2 Datasets

In this subsection, we introduce the details of the datasets used in our work. The detailed statistics are provided in Table 3.

- Adult. The Adult dataset (Dua et al., 2017) is prevalently used in evaluating the fairness of machine learning models. This dataset originates from the 1994 U.S. Census Bureau database and aims to predict whether an individual's annual income is more than \$50,000 or not, based on their profile data. The Adult Dataset contains 48,842 samples, each representing an individual with 12 attributes, including age, weight, education level, etc. Additionally, each individual has 2 sensitive attributes: "race" and "gender". The binary label is obtained based on whether the income is more than \$50,000 or not.
- Jigsaw. In 2019, Jigsaw (cjadams, 2019) released a dataset as part of the "Unintended Bias in Toxicity Classification" Kaggle competition. 1000 This dataset comprises approximately two mil-1001 lion text samples from online discussions and 1002 includes ratings for toxicity along with annota-1003 tions for various demographic groups. A text 1004 sample is classified under a sensitive group (i.e., 1005 a given sensitive attribute value) if it has any re-1006 lated annotation. We consider the original train-1007 ing data as the labeled set, filtering out sam-1008 ples without annotations. Similarly, we extract 1009 test samples from the test set in the original 1010 dataset, while removing samples without anno-1011 tations. Each text sample is annotated with a 1012 toxicity score, with scores above 0.5 labeled as 1013 toxic. Notably, the Jigsaw dataset is obtained 1014

**Input:** Labeled sample set  $\mathcal{X}_L$ , Test sample x, Demonstration size D, hyper-parameters K,  $N_d$ ,  $N_m$ . **Output:** Selected in-context learning demonstrations  $\mathcal{D}(x)$  for x. // Preparing phase 1: Perform K-Means on  $\mathcal{X}_L$  to obtain K clusters, i.e.,  $\mathcal{C}_1, \mathcal{C}_2, \ldots, \mathcal{C}_K$ ; 2: for  $s = \{0, 1\}$  do for  $y = \{0, 1\}$  do 3:  $\mathcal{X}_s^y \leftarrow \{x_i | a_i = s, y_i = y, i \in [1, |\mathcal{X}_L|];$ 4: for i = 1, 2, ..., K do 5:  $\mathcal{C}^y_s(i) \leftarrow \mathcal{C}_i \cap \mathcal{X}^y_s;$ 6: end for 7: end for 8: 9: end for 10: Obtain  $N_d$  clusters i.e.,  $\mathcal{G} = \{\mathcal{G}_1, \mathcal{G}_2, \dots, \mathcal{G}_{N_d}\}$ , according to Eq. (4); 11: for  $s = \{0, 1\}$  do for  $y = \{0, 1\}$  do 12: for  $i = 1, 2, ..., N_d$  do 13: 14:  $\mathcal{G}_s^y(i) \leftarrow \mathcal{G}_i \cap \mathcal{X}_s^y;$ end for 15:  $\mathcal{G}_{s,y}^* \leftarrow \{\mathcal{G}_s^y(1), \mathcal{G}_s^y(2), \dots, \mathcal{G}_s^y(N_d)\};$ Obtain  $N_m$  sub-clusters, i.e.,  $\mathcal{G}_{s,y}^* = \{\mathcal{G}_s^y(1), \mathcal{G}_s^y(2), \dots, \mathcal{G}_s^y(N_m)\},$  according to Eq. (7); 16: 17: 18: end for 19: end for // Inference phase 20: for  $s = \{0, 1\}$  do 21: for  $y = \{0, 1\}$  do Select D/4 sub-clusters,  $\mathcal{D}_s^y(x)$ , from  $\mathcal{G}_{s,y}^*$  according to Eq. (8); 22: end for 23: 24: end for 25:  $\mathcal{D}(x) \leftarrow \bigcup_{y,s \in \{0,1\}} \bigcup_{\mathcal{D} \in \mathcal{D}_s^y(x)} \operatorname{argmax}_{c \in \mathcal{D}} f_s(x,c).$ 

via crowdsourcing, and thus there could be multiple annotations on a sample. In this case, we decide the sensitive attribute values based on majority voting.

## A.3 Implementation Details

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In this section, we introduce the implementation details for our experiments. Particularly, we conduct all our experiments on a single Nvidia GeForce RTX A6000 GPU with a memory of 48GB. The experiments are repeated 10 times to obtain the values of accuracy,  $\Delta DP$ ,  $\Delta EO$ , and the unfairness score, along with their standard deviation. By default, we set K = 64,  $N_d = 16$ , and  $N_m = 8$ . For the text encoder to embed each input sample, we utilize Sentence-BERT (Reimers and Gurevych, 2019)) with a dimension size of 768, i.e., d = 768. We use DecodingTrust (Wang et al., 2023a), and Fairlearn (Bird et al., 2020) for evaluation.

## **B** Algorithm

Here we provide the detailed overall process of our<br/>demonstration selection strategy in Algorithm 1.103510361036