# Task Formulation Matters When Learning Continuously: A Case Study in Visual Question Answering

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#### Abstract

Continual learning is a promising alternative to the current pretrain-and-finetune paradigm: It aims to learn a model on a sequence of tasks 004 without forgetting knowledge from preceding tasks. We investigate continual learning for Visual Question Answering and show that perfor-006 mance highly depends on task design, order, 800 and similarity - where tasks may be formulated according to either modality. Our results suggest that incremental learning of language reasoning skills (such as questions about color, count etc.) is more difficult than incrementally learning visual categories. We show that this 013 difficulty is related to task similarity, where heterogeneous tasks lead to more severe forgetting. We also demonstrate that naive fine-017 tuning of pretrained models is insufficient, and recent continual learning approaches can reduce forgetting by more than 20%. We propose a simple yet effective PSEUDO-REPLAY algorithm, which improves results while using less memory compared to standard replay. Fi-023 nally, to measure gradual forgetting we introduce a new metric that takes into account the 024 semantic similarity of predicted answers.

# 1 Introduction

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The standard paradigm for Vision+Language (V+L) problems is to pretrain large-scale models, which are then finetuned and evaluated on independent and identically distributed (i.i.d.) data. In practice, the i.i.d. assumption often does not hold: New data becomes available sequentially, which often results in a change of data distribution. This is referred to as a new 'task' by the continual learning literature (Biesialska et al., 2020). Under this setting, continuously adapting an existing model via finetuning will lead to catastrophic forgetting, i.e. significant performance degradation on previous data (McCloskey and Cohen, 1989; Ratcliff, 1990). Continual learning provides a counterpart to i.i.d. learning by defining a class of algorithms



Figure 1: Predicted answers as the model continuously learns a sequence of tasks. Catastrophic forgetting causes incorrect predictions for preceding tasks.

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aiming at incremental learning without forgetting. This line of work becomes increasingly relevant given the financial and environmental costs of (re-) training large models (Strubell et al., 2019; Bender et al., 2021), and the inability of static models to adequately generalize in a dynamic world (Lazaridou et al., 2021). While continual learning has been widely studied in the computer vision community, its use within V+L problems remains underexplored – with a few notable exceptions (Greco et al., 2019; Nguyen et al., 2019b; Hayes et al., 2020; Jin et al., 2020; Del Chiaro et al., 2020).

V+L applications are a particularly challenging setting for continual learning since tasks can be formulated according to each modality. In particular, task definitions for Visual Question Answering (VQA) can either be based on the language reasoning skills (as defined by the question type, cf. Figure 1) or the objects in the image (Whitehead et al., 2021). While there is increasing evidence that continual learning performance is highly dependent on the task formulation, i.e. task design, order, and similarity (Van de Ven and Tolias, 2019; Yoon et al., 2020; Delange et al., 2021), tasks are often formulated in an ad-hoc fashion and vary widely for each application and dataset.

This paper addresses this challenge by conducting a systematic study on how different task formulations impact performance and forgetting in



Figure 2: Tasks in continual VQA learning can be based on visual content, e.g. object categories split into into *Diverse* groups (left), or according to a *Taxonomy* such as 'food' items, 'animals' etc. (middle); Tasks can also be based on *Question Types* representing different reasoning skills, such as color recognition or counting (right).

VQA. We introduce three settings based on the 071 VQA-v2 dataset (Goyal et al., 2017) as illustrated 072 in Figure 2 – two defined by visual objects and one by reasoning skills as determined by the questions. We first characterize the difficulty of each setting by studying pairwise task relationships and relate the amount of forgetting, i.e. the accuracy decrease on the previous task, to task similarity. Our results show that dissimilar tasks exhibit more severe forgetting. We then evaluate several regularization and memory-based continual learning 081 methods using randomly initialized and pretrained models across our three settings. Based on the observation that approaches which store samples from previous tasks in their 'memory' perform reliably well, we propose a simple yet effective PSEUDO-REPLAY algorithm that combines data augmentation and distillation for greater memory efficiency and better privacy. We also introduce a new metric, termed Semantic Backward Transfer, which penal-090 izes semantically similar answer changes less than nonsensical ones. Finally, we demonstrate that task order leads to high performance variance per question type and analyze how representations from each modality change during continual learning.

# 2 Problem formulation

In continual learning, model parameters  $\theta$  are incrementally updated as new data become available. We assume that samples from tasks t = 1...Tarrive sequentially as  $D_t = \{x_i, y_i\}_{i=1}^{N_t}$ , where  $N_t$ is the number of data for task t. Following previous work, VQA is formulated as a multi-label classification problem with soft targets  $y_i$  (Anderson et al., 2018). Starting from parameters  $\theta_{t-1}$  of the previous model, the updated parameters  $\theta_t$  are obtained

Setting	Task	Train	Val	Test	Classes
	Group 1	44254	11148	28315	2205
se	Group 2	39867	10202	22713	1874
ver	Group 3	37477	9386	23095	1849
Di	Group 4	35264	8871	22157	2119
	Group 5	24454	6028	14490	1777
	Animals	37270	9237	22588	1331
ů,	Food	26191	6612	15967	1365
ouc	Interior	43576	11038	26594	2096
ахс	Sports	32885	8468	19205	1471
F	Transport	41394	10280	25416	1954
	Action	18730	4700	11008	233
estion	Color	34588	8578	21559	92
	Count	38857	9649	23261	42
Qu	Scene	25850	6417	14847	170
-	Subcategory	22324	8578	21559	659

Table 1: Statistics per task within each setting.

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by training on the new data  $D_t$ . Some approaches also use a memory  $M_t$  containing a subset of samples from previous tasks, e.g.  $D_1, \ldots, D_{t-1}$ . In our setup, all tasks share a common output head which is extended with new classes from each task. This allows inference to be task-agnostic but creates a more challenging setting than multi-head learning where separate heads are learned for each task (Hussain et al., 2021). At the end of the training sequence, the objective is to achieve strong performance across all tasks observed so far. This objective encloses two challenges: 1) minimizing catastrophic forgetting of tasks seen earlier in training, 2) facilitating positive transfer to improve performance on new tasks (Hadsell et al., 2020).

# **3** Settings for Continual VQA

We define three continual learning settings, which include different task splits, as summarized in Table 1 and illustrated in Figure 2.

### 3.1 Visual Settings

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We design two settings based on visual object categories. We take advantage of the fact that images in the VQA-v2 dataset originate from the COCO dataset (Lin et al., 2014) which provides objectlevel image annotations. Following previous work in image captioning (Del Chiaro et al., 2020), we organize 50 object categories into five groups. Images with objects from multiple groups are discarded in order to create clean task splits  $D_t$  – resulting in a total of 181K train, 45K validation, and 110K test samples.

For the first setting, *Diverse Domains*, tasks are defined by grouping the object categories randomly. Each task is assigned a balanced count of 10 distinct objects resulting in five tasks. This type of setting corresponds to common practice of continual learning research within computer vision (Rebuffi et al., 2017; Lomonaco and Maltoni, 2017), and reflects a real-world scenario where sequential data do not necessarily follow a taxonomy.

The second setting, *Taxonomy Domains* groups objects based on their common super-category as in (Del Chiaro et al., 2020). This results in five tasks: Animals, Food, Interior, Sports, and Transport. Note that the number of object classes per task under this definition is unbalanced since splits depend on the size of the super-category. More details on each task can be found in Appendix A.

#### 3.2 Language Setting

We create a third setting Question Types, where each task corresponds to learning to answer a different category of questions. We use a classification scheme developed by Whitehead et al. (2021) to form a sequence of five tasks: Count, Color, Scene-level, Subcategory, and Action recognition. The splits for Count, Color, and Subcategory questions are obtained from Whitehead et al. (2021). We create two additional tasks from the remaining questions. In particular, we cluster question embeddings from Sentence-BERT (Reimers and Gurevych, 2019)  $^{1}$  so that each cluster has at least 15 questions and a minimum cosine similarity of 0.8 between all embeddings. We annotate clusters as 'scene', 'action' or 'irrelevant' question types. Based on a seed of 10K annotated questions, we retrieve all other questions with similarity above

0.8 and label them using the K-nearest neighbor172algorithm (K = 5). Question Types have a total of173140K train, 35K validation and 84K test samples174(cf. Table 1). Common question words and answers175per task are presented in the Appendix (Figure 8).176

# **4** Experimental Framework

In our experiments, we use the UNITERbase (Chen et al., 2020) model which has a singlestream transformer architecture and shows strong performance compared to state-of-the-art V+L model architectures (Bugliarello et al., 2021). In experiments where we finetune a pretrained model, we use the checkpoint from (Chen et al., 2020) which is pretrained among others on in-domain images, i.e. COCO captions (Lin et al., 2014).

# 4.1 Defining Task Difficulty via Pairwise Task Relationships

We first characterize the difficulty of each setting by describing pairwise task relationships, following studies in transfer (Zamir et al., 2018) and multitask learning (Standley et al., 2020; Lu et al., 2020). In particular, we measure the extent to which each task is forgotten after training on a second task.

Diverse Domains								
Task 2 Task 1	Group 1	Group 2	Group 3	Group 4	Group 5			
Group 1	67.52	-6.58	-5.21	-4.84	-7.09			
Group 2	-4.55	67.92	-5.61	-4.51	-4.99			
Group 3	-4.64	-8.39	70.83	-7.37	-11.66			
Group 4	-4.69	-7.10	-7.40	65.03	-9.63			
Group 5	-4.29	-5.82	-6.09	-3.80	63.24			

Taxonomy Domains									
Task 2 Task 1	Animals	Food	Interior	Sports	Transport				
Animals	73.29	-8.06	-3.63	-5.84	-4.35				
Food	-16.38	63.00	-4.29	-17.08	-11.94				
Interior	-5.75	-5.19	65.26	-7.63	-2.83				
Sports	-11.63	-18.20	-9.60	73.36	-9.47				
Transport	-4.19	-8.48	-2.62	-3.67	64.50				
Task 2 Task 1 Animals Food Interior Sports Transport	Animals 73.29 -16.38 -5.75 -11.63 -4.19	Food -8.06 63.00 -5.19 -18.20 -8.48	Interior -3.63 -4.29 65.26 -9.60 -2.62	Sports -5.84 -17.08 -7.63 73.36 -3.67	Transpo -4.35 -11.94 -2.83 -9.47 64.50				

Question Types								
Task 2 Task 1	Action	Color	Count	Scene	Subcat.			
Action	78.01	-68.40	-90.45	-19.59	-12.58			
Color	-88.89	81.01	-99.65	-27.75	-62.46			
Count	-99.17	-99.68	61.68	-97.52	-87.00			
Scene	-10.91	-34.40	-77.73	86.62	-15.22			
Subcat.	-31.73	-85.45	-96.15	-30.55	58.43			

Table 2: Task difficulty measured by forgetting in pairwise tasks. Diagonal elements show the accuracy after training on Task 1. Non-diagonal elements show relative BWT after finetuning on Task 2.

**Experimental Setup.** We finetune the pretrained UNITER model on Task  $T_1$  and compute the ac-

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<sup>&</sup>lt;sup>1</sup>We use the 'all-MiniLM-L6-v2' model and Fast Clustering algorithm from the sentence-transformers package (https://www.sbert.net/).

Dissimilarity	Diverse	Taxonomy	Questions
Factor	Domains	Domains	Types
Answer distribution	0.567*	0.791*	0.795*
Image embedding	0.248	0.492*	-0.640*
Question embedding	0.184	0.531*	0.631*
Joint embedding	0.220	0.622*	-0.223

Table 3: Spearman correlation of pairwise performance drop and embedding dissimilarity (\* where p < 0.05).

curacy  $A_{11}$  on its test set. Then, we finetune this model on another Task  $T_2$  and compute the new accuracy  $A_{12}$  on the test set of  $T_1$ . Forgetting is measured as the relative accuracy drop:  $(A_{12} - A_{11})/A_{11}$ . Regardless of dataset size, we finetune on  $T_2$  for a fixed number of 400 steps using a batch size of 512 and learning rate 5e-5.

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**Observations.** Table 2 shows the relative accuracy drop for all task pairs. We observe that forgetting in Taxonomy Domains fluctuates more depending on the task pairing, compared to Diverse Domains. Question Types is evidently a more challenging setting, where several task combinations show more than 90% drop. In all settings, task relationships are asymmetric. We find that some relations reflect semantic similarity, e.g., low forgetting between Food and Interior, as the two tasks are expected to contain similar visual scenes and vocabulary. We also observe that the model is more robust against forgetting when Task  $T_2$  has a wide range of possible answers (e.g., Interior); while  $T_2$ with a narrow answer set (e.g., Food, Color, Count) lead to maximum forgetting.

Task similarity and forgetting. To gain further insight into which factors contribute to forgetting, we measure the correlation between accuracy drop and different proxies of task similarity. In particular, we consider the answer distributions P, Qof Tasks  $T_1, T_2$  respectively, as well as average 226 embeddings of the image, question and the joint pair. Since some answers of  $T_1$  do not appear in  $T_2$ , we measure the skew divergence (Lee, 2001) between P and Q as the KL divergence between P and a mixture distribution  $(1 - \alpha)P + \alpha Q$  with  $\alpha = 0.99$  (Ruder and Plank, 2017). For the in-231 put embeddings, we measure the cosine distance between the average task representation. As image representations, we utilize Faster R-CNN features from (Anderson et al., 2018), while questions are embedded using Sentence-BERT. Joint embed-236 dings for image-question pairs are obtained using the final layer representation of the [CLS] token of

UNITER <sup>2</sup>. The detailed similarity measures are shown in the Appendix Table 9.

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The correlation results in Table 3 indicate that the more similar two consecutive tasks are, the less forgetting occurs. The divergence of answer distributions consistently correlates with forgetting, but does not fully account for the performance drop. For example, the divergence of Interior from Animals and Sports answer distributions is the same, however Sports leads to 1.88% more forgetting. Regarding the embedding distances, image embeddings show the highest correlation in the visual Taxonomy Domain, meaning that the more visually similar two domains are, the less severe forgetting is. We observe the same relationship mirrored in Question Types for question embeddings. However, we find no factor to correlate significantly with Diverse Domains, where tasks are generally similar to each other (cf. Appendix 9). Looking across modalities, we find that question and joint similarities in Taxonomy Domains correlate with forgetting, showing that the shift of the visual domains results in changes of the referred objects and types of questions per task.<sup>3</sup>

# 4.2 Continual Learning Methods

We next benchmark common continual learning algorithms, including regularization- and replay-based approaches. We investigate two regularization-based approaches: *Learning without Forgetting* (LwF) (Li and Hoiem, 2018), which uses knowledge distillation (Hinton et al., 2015) in order to retain knowledge from previous tasks, and *Elastic Weight Consolidation* (EWC) (Kirkpatrick et al., 2017). The EWC regularization term discourages big changes of parameters that were important for previous tasks, where importance is approximated using the Fisher information matrix.

We apply three types of replay approaches that allow access to a memory of past samples. *Experience Replay* (ER) (Chaudhry et al., 2019b) is the most straightforward approach, as it samples training data from both the current task and memory at each training step. *Average Gradient Episodic Memory* (A-GEM) (Lopez-Paz and Ranzato, 2017;

<sup>&</sup>lt;sup>2</sup>The [CLS] token aggregates multimodal information. It is the first token of the input sequence and the final transformer layer passes only its representation to the classifier.

<sup>&</sup>lt;sup>3</sup>We notice that the more similar images of two Question Types tasks are, the more forgetting occurs. A possible explanation is that new questions for similar images 'overwrite' previous knowledge. However, all cosine distances of image embeddings are too low (<0.05) to lead to any conclusions.

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Chaudhry et al., 2019a) utilizes the memory of past data to ensure that gradient updates on past and new data are aligned.

We also experiment with a PSEUDO-REPLAY method for the Question Types setting. Instead of storing raw data from previous tasks, we use a data augmentation method, inspired by (Kafle et al., 2017; Kil et al., 2021). When training on task t, we augment the data  $D_t$  by retrieving past questions based on their shared detected objects classes. For example, if an elephant is detected on the current picture, we retrieve a past question about an elephant. We then use the previous model  $f_{\theta_{t-1}}$  to generate a distribution  $\tilde{y} = f_{\theta_{t-1}}(\tilde{x})$  which serves as soft targets for the new sample  $\tilde{x}$ . By not storing the original answers, we address privacy and efficiency concerns of replay approaches (Van de Ven and Tolias, 2018; Delange et al., 2021).

#### 4.3 Evaluation Metrics

After training on task t, we compute the VQA accuracy  $A_{t,i}$  on data from the previous task i. We report the macro-average accuracy at the end of the training sequence:  $A = \frac{1}{T} \sum_{i=1}^{T} A_{T,i}$ . Following Riemer et al. (2019), we report the learned accuracy  $LA = \frac{1}{T} \sum_{i=1}^{T} A_{i,i}$ , which measures the ability to learn the new task i. We also compute backward transfer BWT =  $\frac{1}{T-1} \sum_{i=1}^{T-1} A_{T,i} - A_{i,i}$  (Lopez-Paz and Ranzato, 2017), that captures the impact of catastrophic forgetting.

In addition, we introduce a new metric, we term semantic backward transfer (SBWT), that weights backward transfer with the semantic distance of the predicted answers. The motivation for this metric is that some forgetting is worse than others. Consider the example in Figure 1, where the ground truth is 'duck'. After training on subsequent tasks, the sample gets misclassified as 'seagull' which might have a milder impact on the downstream application than completely unsuited answers such as 'black and white' or 'one'. For each sample  $j = 1 \dots, N$  of task *i*, we measure the accuracy difference  $\Delta_i^{Ti}$  of the answers predicted by the Tth and *i*-th models and weigh it by cosine distance of the two answer embeddings  $e_{Tj}$  and  $e_{ij}$ . The final SBWT is computed as :

SBWT = 
$$\frac{1}{T-1} \sum_{i=1}^{T-1} S_{T,i}$$
 (1)

where  $S_{T,i}$  is the average weighted accuracy differ-

ence for task *i*:

$$S_{T,i} = \frac{1}{N} \sum_{j=1}^{N} (1 - \cos(\boldsymbol{e_{Tj}}, \boldsymbol{e_{ij}})) \cdot \Delta_j^{Ti} \quad (2)$$

In our implementation, we use averaged 300dimensional GloVE embeddings (Pennington et al., 2014), since most answers are single words.

#### 4.4 Experimental Setup

We investigate our three task settings on the VQAv2 dataset (Goyal et al., 2017). Since ground truths are publicly available for the train and validation sets, we use validation samples as our test set, and create a new validation set by randomly sampling 20% of the training images. We follow a single head setting to allow for task-agnostic inference but assume knowledge of task boundaries during training. Memory-based approaches store 500 randomly selected samples per past task. For further implementation details, please refer to Appendix B.

We consider two baselines: The *Fix Model* baseline represents the generalization ability of the model across all tasks after being trained on only the first task  $D_1$ . The vanilla *Finetuning* baseline represents the performance degradation if no measures are taken to prevent forgetting. We also report the performance of joint training on all the data simultaneously (*Joint*) as an upper bound.

#### **5** Results

#### 5.1 Continual Learning Results

Table 4 summarizes the results averaged over five task orders. The results show an increasing difficulty for the three incremental learning task definitions, i.e. Diversity Domains < Taxonomy Domains < Question Types, which is in line with the results from our pairwise task characterization in Section 4.1. Although Question Types has the highest Joint accuracy, naive finetuning shows poor performance: it has the lowest final accuracy and large negative BWT. The low Fixed Model accuracy corroborates that tasks are highly dissimilar as a model trained on a single task fails to generalize.

**Pretraining.** Our results also confirm that pretraining leads to models that are more robust to forgetting (Mehta et al., 2021): all metrics consistently improve starting from a pretrained model. Pretraining combined with naive finetuning achieves on average 58% relative accuracy improvement over finetuning a model from scratch. Interestingly, the 330

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		w/o Pretraining				w/ Pretraining			
Split	Method	Accuracy	LA	BWT	SBWT	Accuracy	LA	BWT	SBWT
	Fixed Model	$41.60 \pm 0.84$	-	-	-	$57.38 \pm 0.83$	-	-	-
	Finetuning	$49.64 \pm 0.78$	$56.69 \pm 0.28$	$\textbf{-8.80} \pm 0.89$	$-5.35 \pm 0.61$	$64.59 \pm 0.56$	$\textbf{67.77} \pm 0.22$	$\textbf{-3.97} \pm 0.59$	$\textbf{-1.93} \pm 0.39$
se	LwF	$50.70 \pm 0.56$	$54.67 \pm 0.42$	$-4.96 \pm 0.29$	$\textbf{-2.89} \pm 0.17$	$65.23 \pm 0.42$	$67.62 \pm 0.25$	$\textbf{-3.02} \pm 0.44$	$\textbf{-1.50} \pm 0.28$
ver	AGEM	$51.56 \pm 0.78$	$\textbf{56.72} \pm 0.30$	$\textbf{-6.45} \pm 0.87$	$\textbf{-3.84} \pm 0.60$	$65.65 \pm 0.85$	$67.72 \pm 0.30$	$\textbf{-2.60} \pm 0.71$	$\textbf{-1.22} \pm 0.38$
D	EWC	$52.05 \pm 0.30$	$56.49 \pm 0.22$	$\textbf{-5.55} \pm 0.60$	$\textbf{-3.12} \pm 0.40$	$66.26 \pm 0.55$	$67.58 \pm 0.27$	$\textbf{-1.65} \pm 0.45$	$\textbf{-0.67} \pm 0.29$
	ER	$\textbf{54.36} \pm 0.33$	$56.31 \pm 0.51$	$-2.45 \pm 0.49$	$\textbf{-1.42} \pm 0.26$	<b>66.66</b> ± 0.50	$67.55 \pm 0.23$	<b>-1.11</b> $\pm$ 0.41	$-0.51 \pm 0.27$
	Joint	$60.41 \pm 0.03$	-	-	-	$69.76 \pm 0.18$	-	-	-
	Fixed Model	$39.96 \pm 1.05$	-	-	-	$55.00 \pm 0.95$	-	-	-
~	Finetuning	$47.72 \pm 0.72$	$57.75 \pm 0.24$	$\textbf{-12.53} \pm 0.65$	$-8.45 \pm 0.38$	$63.65 \pm 0.63$	$68.77 \pm 0.12$	$\textbf{-6.40} \pm 0.67$	$\textbf{-3.89} \pm 0.53$
Ű.	LwF	$48.05 \pm 0.24$	$55.25 \pm 0.27$	$\textbf{-9.00} \pm 0.38$	$\textbf{-6.13} \pm 0.44$	$64.83 \pm 0.50$	$68.73 \pm 0.17$	$\textbf{-4.88} \pm 0.69$	$\textbf{-2.88} \pm 0.43$
ouc	AGEM	$50.51 \pm 0.66$	$\textbf{57.80} \pm 0.25$	$\textbf{-9.10} \pm 0.79$	$-5.77 \pm 0.55$	$66.52 \pm 0.34$	$\textbf{68.86} \pm 0.12$	$\textbf{-2.92} \pm 0.50$	$\textbf{-1.63} \pm 0.33$
ахс	EWC	$52.17 \pm 0.54$	$57.49 \pm 0.19$	$-6.65 \pm 0.44$	$\textbf{-4.33} \pm 0.28$	67.70 ± 0.29	$68.57 \pm 0.16$	$\textbf{-1.09} \pm 0.33$	$-0.62 \pm 0.19$
Ê	ER	$\textbf{54.60} \pm 0.14$	$57.67 \pm 0.28$	$\textbf{-3.84} \pm 0.42$	$\textbf{-2.38} \pm 0.27$	$66.76 \pm 0.16$	$68.61 \pm 0.13$	$\textbf{-2.32} \pm 0.16$	$\textbf{-1.22} \pm 0.10$
	Joint	$60.82 \pm 0.02$	-	-	-	$70.08 \pm 0.18$	-	-	-
	Fixed Model	$18.81 \pm 5.90$	-	-	-	$25.54 \pm 8.75$	-	-	-
	Finetuning	$23.30 \pm \textbf{8.83}$	$65.24 \pm 0.42$	$\textbf{-52.42} \pm 10.88$	$\textbf{-39.86} \pm \textbf{12.08}$	$48.81 \pm 5.56$	$72.94 \pm 0.20$	$\textbf{-30.17} \pm 7.07$	$\textbf{-22.43} \pm \textbf{7.02}$
IS	LwF	$26.23 \pm 8.56$	$60.69 \pm 1.43$	$\textbf{-43.08} \pm \textbf{11.22}$	$\textbf{-34.32} \pm 9.94$	$46.61 \pm 3.95$	$72.06 \pm 0.44$	$\textbf{-31.82} \pm \textbf{5.42}$	$\textbf{-25.13} \pm \textbf{5.35}$
ioi	AGEM	$50.73 \pm 1.92$	$\textbf{65.38} \pm 0.56$	$-18.31 \pm 3.04$	$\textbf{-10.02} \pm 1.39$	$68.30 \pm 0.74$	$72.96 \pm 0.24$	$\textbf{-5.83} \pm 1.08$	$\textbf{-2.95} \pm 0.63$
lesi	EWC	$36.77 \pm 5.01$	$49.05 \pm \scriptscriptstyle 3.82$	$\textbf{-15.35} \pm \textbf{5.85}$	$-11.76 \pm 5.41$	$66.77 \pm 3.54$	$70.03 \pm 1.03$	$\textbf{-4.08} \pm 3.58$	$\textbf{-2.62} \pm 2.28$
õ	PSEUDO-REPLAY	$55.22 \pm 1.75$	$65.12 \pm 0.46$	$\textbf{-12.37} \pm \textbf{2.57}$	$\textbf{-7.29} \pm 1.64$	$67.66 \pm 1.15$	$\textbf{72.97} \pm 0.26$	$\textbf{-6.63} \pm 1.74$	$\textbf{-3.27} \pm 0.98$
	ER	$\textbf{59.54} \pm 0.32$	$65.09 \pm 0.52$	$\textbf{-6.93} \pm 0.71$	$\textbf{-3.50} \pm 0.35$	$\textbf{69.18} \pm 0.38$	$\textbf{72.82} \pm 0.22$	$\textbf{-4.56} \pm 0.56$	$\textbf{-1.82} \pm 0.34$
	Joint	$66.35 \pm 0.24$	-	-	-	$72.54 \pm 0.15$	-	-	-

Table 4: Results from VQA Incremental Learning. We report the average and standard deviation over five random task orders. LA: Learned Accuracy, BWT: Backward Transfer, SBWT: Semantic Backward Transfer.

pretrained Fixed Model is able to generalize reasonably well to other domains for both image-based settings, and the final Pretraining+Finetuning accuracy exceeds the Joint accuracy without pretraining. These results indicate that learning generic V+L representations via pretraining has persistent benefits. However, pretraining is insufficient for ensuring continual learning and additional strategies improve the final accuracy by 8.83% on average.

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**Continual Learning Methods.** Among continual learning methods, LwF offers the smallest gains in terms of final accuracy and forgetting. <sup>4</sup> This shortcoming is reasonable considering that LwF generates pseudo-labels using the current data, which may be too noisy if the answers for the current and previous tasks differ substantially. In contrast, our PSEUDO-REPLAY method, which combines distillation and replay, does not suffer from the same limitation and achieves almost 20% improvement of the accuracy in Question Types.

Pretraining+EWC achieves the highest accuracy in the Taxonomy Domains. However, when dealing with heterogeneous tasks (i.e. within Question Types) the high regularization weights, which are required to prevent forgetting, end up limiting the model's ability to adapt to new and dissimilar tasks. This over-stability is also reflected in the low LA of EWC, which indicates that the model struggles to learn new tasks. On the other hand, memorybased approaches have consistently high LA. In addition, ER shows the best performance with models trained from scratch as well as for the challenging setting of Question Types. 405

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Measuring Forgetting. Next, we compare our newly introduced metric SBWT, which takes semantic similarities into account, to the standard BWT, which measures absolute forgetting. We observe some notable differences, which indicate that SBWT favors strong models that forget gradually. For instance, EWC w/o pretraining shows lower performance and LA under the Question Types setting compared to, e.g. AGEM w/o pretraining. However, it receives a better BWT score. We make similar observations for LwF vs. AGEM in Taxonomy Domains w/o pretraining, and EWC vs. ER in Taxonomy Domains with pretraining. Table 9 in the Appendix provides an example-based analysis, showing that semantically more similar answers have higher SBWT scores.

#### 5.2 Effect of Memory Size

Here, we compare the memory size for ER and our new PSEUDO-REPLAY method. PSEUDO-REPLAY only stores questions and uses the previous checkpoint to generate soft pseudo-labels. We choose the Question Types setting, as it is most prone to forgetting. In general, more memory means less forgetting but at a higher computation and storage cost. Figure 3 shows the average accuracy for three memory sizes across training. At each step, we compute the average accuracy of the experi-

<sup>&</sup>lt;sup>4</sup>Despite searching a wide range of values, we were unable to find a distillation weight that improves the final accuracy of the pretrained model in Question Types.



Figure 3: Average accuracy of seen tasks per memory size. PSEUDO-REPLAY performs competitively up the the third task despite only storing questions.



Figure 4: Sensitivity to task order as illustrated for Question Types. Each bar shows the accuracy of a task sequence ending with a different task.

enced tasks up to that point. As expected, both methods benefit from access to a larger memory. PSEUDO-REPLAY shows comparable performance for up to three tasks, while raw ER replay becomes more advantageous as more tasks are added. We attribute this convergence in performance to errors by PSEUDO-REPLAY's pseudo-labeling causing confirmation bias (Tarvainen and Valpola, 2017). Despite this limitation, PSEUDO-REPLAY exceeds the performance of naive finetuning by over 18% when storing only 500 samples per task.

### 5.3 Sensitivity to Task Order

448 Next, we investigate the impact of task order. Re449 sults in Table 4 were averaged over five random
450 task orders. In real scenarios, however, tasks would
451 appear in a specific order. The high variance of the
452 results in Question Types already indicates that task
453 order can influence performance. To verify this, we
454 plot in Figure 4 the final accuracy of a pretrained

w/o Pretraining								
Method	What animal	What room	What sport					
Finetuning	$33.09 \pm 13.38$	$54.38 \pm 32.42$	$25.14 \pm 32.11$					
EWC	$48.18 \pm 15.67$	$83.48 \pm 7.61$	$62.81 \pm 13.67$					
ER	$73.11\pm0.70$	$89.04 \pm 2.80$	$87.20 \pm 1.84$					
	w/ Pre	training						
Method	What animal	What room	What sport					
Finetuning	$75.07 \pm 3.54$	$83.26 \pm 12.47$	$69.92 \pm 14.14$					
EWC	$81.75 \pm 1.42$	$94.32 \pm 0.88$	$90.82 \pm 1.36$					
ER	$80.73 \pm 0.37$	$94.10 \pm 1.39$	$90.92\pm0.71$					

Table 5: Accuracy and standard deviation of the best performing models on different sub-questions in Taxonomy Domains.

model for five training sequences, each ending with a different task. Our results show that task order can lead to Finetuning accuracy that varies more than 15%. Although EWC improves the average accuracy, there is still a 10% fluctuation depending on the order. However, replay-based methods are able to improve performance and mitigate the sensitivity to task order.

While Table 4 shows low variance in Taxonomy Domains, we find high variance when examining the performance on specific questions. In particular, we find that certain question types, such as Animals, Interior, and Sports, have high variance. Table 5 reveals a standard deviation which is up to 30 times higher compared to the average results in Table 4. High standard deviation across randomized task orders is problematic since models can have different behavior in practice despite similar (aggregated) performance. In other words, the current task performance will highly depend on the previous task order, even though the overall accuracy from the randomized trials appears similar.

#### 5.4 Representation Analysis

Finally, we ask how representations from each modality evolve throughout the training sequence and compare this evolution across our continual learning settings. We use centered kernel alignment (CKA) (Kornblith et al., 2019) to track the representation similarity of sequentially finetuned models. We extract representations  $X_t^1$  of the validation data of the first task after training for each task  $t = 1 \cdots T$ , and measure the CKA similarity of  $X_{t>1}^1$  to the original representations  $X_1^1$ . Figure 5 shows the evolution of the representation of the [CLS] token from the final transformer layer as well as the average representation of visual and textual tokens from the embedding and final layers.

Across all settings, the representations of ques-



Figure 5: Representation similarity for the first task under the three settings.

tion tokens retain higher similarity than the image tokens. This suggests that the features extracted from the visual inputs in order to predict an answer are more dependent on the current task than the features extracted from the more reusable question tokens. We also corroborate previous findings (Ramasesh et al., 2021) showing that representations from deeper layers change more during continual learning. These results highlight the importance of stabilizing visual representations in deeper layers.

# 6 Related Work

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To the best of our knowledge, this is the first work studying the impact of task formulation for continual learning in V+L models. Past studies examined the relationship between catastrophic forgetting and different aspects of a continual learning algorithm, such as the activation function, dropout, and learning rate schedule (Goodfellow et al., 2013; Mirzadeh et al., 2020). Other work has investigated which layers of deep neural networks forget more (Nguyen et al., 2021), the role of task similarity (Ramasesh et al., 2021; Lee et al., 2021) and which properties of task sequences amplify forgetting (Nguyen et al., 2019a). However, all of these studies have focused on image classification tasks.

Previous work on V+L continual learning has studied a range of different tasks. Del Chiaro et al. (2020) and Nguyen et al. (2019b) study continual learning for domain- and class-incremental image captioning, while Jin et al. (2020) provide a benchmark for task-agnostic phrase prediction to test compositionality and soft task boundaries. Kemker et al. (2018) propose a multimodal continual learning setting, where audio and image classification tasks are learned sequentially.

More closely related to our work, Greco et al. (2019) explore the effect of forgetting in VQA with two question types ('Wh-' and binary questions).

Consistent with our findings, they show that task order influences forgetting and that continual learning methods can alleviate forgetting. However, their study is limited to only two tasks and does not test the impact of pretrained models, which, as we show, can mitigate forgetting. Hayes et al. (2020) also study continual learning of question-based tasks focusing on a challenging low-resource online setting, where new samples are available for a single update. Our study focuses on a less strict yet practical scenario where models are updated periodically with all data for the new task until convergence. 531

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### 7 Conclusion

We empirically investigate the impact of task formulation, i.e. task design, order and similarity, on continual learning in VQA. We evaluate a transformer-based model and benchmark several methods, including a new PSEUDO-REPLAY approach which combines data augmentation and distillation. Our results show that both task order and similarity influence results. These results are important for designing continual learning experiments for real-world settings, where task formulation depends on the application scenario. For example, the Taxonomy Domains resembles applications where data is continuously collected in different visual surroundings, whereas Question Types corresponds to 'teaching' the system new reasoning capabilities. Our results suggest that the latter is the most challenging. The easiest and thus 'best-case' scenario is a Diverse data collection setup, where the system incrementally learns to recognize new objects which are randomly sampled from different domains. Moreover, the strong performance of the relatively simple PSEUDO-REPLAY method suggests that more advanced strategies for selecting or generating samples representative of past tasks can yield further improvements.

# 8 Ethical Impact

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The proposed continual learning approach to V+L problems offers a promising alternative to the current pretraining-and-finetuning paradigm, which has the potential to mitigate the financial and environmental costs of (re-)training large models (Strubell et al., 2019; Bender et al., 2021). In addition to demonstrating performance gains of continual learning over vanilla finetuning, our paper also proposes a novel PSEUDO-REPLAY algorithm. PSEUDO-REPLAY not only uses less memory than standard memory-based approaches, but also is better at preserving privacy. Preserving privacy is especially important for federated data settings (Jiang et al., 2021) or for sensitive applications such as medical imaging (Ravishankar et al., 2019).

The paper also highlights potential negative impacts related to the high variability in performance, where performance can vary up to 15% depending on the task order. Robust performance is especially important in the context of applying this technology with real-users, such as supporting users with visual impairments (Gurari et al., 2018). We thus see the robustness of continual learning approaches as a main challenge for future research.

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# A Data Details

We investigate three continual learning settings 890 based on the VQA-v2 dataset (Goyal et al., 2017), a 891 collection of visual question annotations in English. 892 Tasks in the Diverse Domains setting are created by 893 grouping 10 objects from COCO annotations (Lin 894 et al., 2014) as follows: 895 • Group 1: bird, car, keyboard, motorcycle, orange, 896 pizza, sink, sports ball, toilet, zebra 897 • Group 2: airplane, baseball glove, bed, bus, cow, 898 donut, giraffe, horse, mouse, sheep 899 • Group 3: boat, broccoli, hot dog, kite, oven, sand-900 wich, snowboard, surfboard, tennis racket, TV 901 • Group 4: apple, baseball bat, bear, bicycle, cake, 902 laptop, microwave, potted plant, remote, train 903 • Group 5: banana, carrot, cell phone, chair, couch, 904 elephant, refrigerator, skateboard, toaster, truck 905 We also provide a few example questions for 906 each task in Question Types: 907 • Action: What is the cat doing?, Is the man catch-908 ing the ball?, What is this sport? 909 • Color: What color is the ground?, What color is 910 the right top umbrella? 911 • Count: How many skaters are there?, How many 912 elephants?, How many rooms do you see? 913 • Scene: Is the picture taken inside?, Is this photo 914 black and white?, What is the weather like? 915 • Subcategory: What type of vehicle is this?, What 916 utensil is on the plate?, What kind of car is it? 917 Figures 6-8 show the distribution of the 20 most 918 common question words and answers for each task. 919 The counts are computed on the combined train and 920 validation data, excluding stopwords from the ques-921 tion vocabulary. These plots support our general 922 findings about the characteristics of each task and 923 the relationships between them. For example, an-924 swers in Diverse Domains are highly similar across 925 tasks, while the most considerable difference of 926 common answers is observed in Question Types. 927 In addition, frequent nouns in Diverse and Taxon-928 omy Domains reflect the typical objects from the 929

image annotations of each task. Common words in

Question Types also follow the definition of each

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Dissimilarity	Diverse	Taxonomy	Questions
Answers	<u>0.567</u> (0.009)	<u>0.791</u> (0.000)	<u>0.795</u> (0.000)
Image embed.	0.248 (0.293)	<u>0.492</u> (0.028)	<u>-0.640</u> (0.002))
Question embed.	0.184 (0.437)	<u>0.531</u> (0.016)	<u>0.631</u> (0.003)
Joint embed.	0.220 (0.350)	<u>0.622</u> (0.003)	-0.223 (0.344)

Table 6: Spearman correlation of pairwise performance drop and and different dissimilarity heuristics. In addition to the results in table 3, we show in parentheses the corresponding p-values. We underline statistically significant results (p < 0.05).

Setting	Batch Size	Learning Rate	LwF $\lambda$	<b>EWC</b> $\lambda$
Diverse	512	8e-5	1	400
Diverse+PT	1024	8e-5	0.7	500
Taxonomy	512	8e-5	1	600
Taxonomy+PT	1024	5e-5	0.5	500
Questions	1024	1e-4	0.9	50K
Questions+PT	512	5e-5	0.4	20K

Table 7: Best hyperparameters for all settings. PT: Pretraining

task. For example, top words in Scene such as 'sunny', 'room', 'outside' refer to the entire image, while Action words such as 'sport', 'playing', 'moving' refer to activities shown in the image.

### **B** Implementation Details

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Our implementation is based on the publicly available PyTorch codebase of UNITER (https: //github.com/ChenRocks/UNITER). For the continual learning experiments, we train a UNITER-base model (86M parameters) on a cluster of NVIDIA V100 GPUs using a single node with 4 GPUs. Training on a sequence of 5 tasks requires on average ~ 5 GPU hours. The main experiments (Table 4) require approximately a total of 200 GPU hours.

We first tune the batch size and learning rate with naive finetuning. Keeping these hyperparameters fixed, we then tune the continual learning hyperparameters (EWC, LwF  $\lambda$ ). All hyperparameters are selected through grid search based on the maximum final accuracy as shown in Table 7. Initial results with a pretrained model on Taxonomy Domains showed that best performance is achieved with a mixing ratio of 3:1 of new and old data per batch. We keep this ratio constant for all experiments.

Each experiment is repeated five times with a different random seed and task order. The task orders used in our experiments are the following:

### • Diverse Domains

- group 5, group 3, group 2, group 4, group 1
  - group 1, group 2, group 5, group 3, group 4

• group 4, group 3, group 5, group 1, group 2 963 • group 3, group 1, group 4, group 2, group 5 964 • group 2, group 5, group 1, group 4, group 3 965 • Taxonomy Domains 966 • food, animals, sports, interior, transport 967 • transport, sports, food, animals, interior 968 • interior, animals, food, transport, sports 969 • animals, food, interior, sports, transport 970 • sports, interior, transport, animals, food 971 Question types 972 action, count, subcategory, scene, color 973 • color, subcategory, action, count, scene 974 • scene, count, action, color, subcategory 975 subcategory, color, scene, action, count 976 count, scene, color, subcategory, action 977

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# C Further CKA Results

Figure 10 provides detailed plots of the CKA similarity of the representations from all layers using a randomly initialized and a pretrained model. We plot the average CKA values from five task orders. Our results support the observations of Section 5.4. The change of CKA similarity corroborates that Question Types is the most challenging of the three settings. We also observe that representations of pretrained models remain more similar, especially representations from layers closer to the input (early layers) in Diverse and Taxonomy Domains which retain high similarity across training tasks. This indicates that early layers of the pretrained model have learned generic representations that transfer across tasks. Comparing the CKA results without pretraining for all settings, we see that in Diverse and Taxonomy Domains, the representations that change most continue to be those from the images. In Question Types, [CLS] token representations change most. Question word representations remain more similar than image representations of early layers (layers 0-7).

# **D** Qualitative Results

Table 8 shows examples of predicted answers with1002different approaches. The two top examples are1003from two different task orders in Question Types,1004and the two bottom examples are from Taxonomy1005



Figure 6: Most common words (left) and answers (right) per task Diverse Domains.

Domains. The model trained from scratch (col-1006 umn w/o PT) fails to retain knowledge from the 1007 corresponding training task. The pretrained model 1008 (column PT) is more resistant to forgetting and we 1009 observe that for the first and third images, it even 1010 manages to recover the correct answer during the training sequence. However, relying only on pre-1012 training is insufficient, as the model still tends to 1013 change the predicted answer based on the most re-1014 cent training task. Both EWC and ER combined 1015 with pretraining successfully retain previous knowl-1016 edge. 1017

Table 9 presents examples of the SBWT metric. 1018 Specifically, it compares SBWT for two pairs of 1019 predicted answers with the same initial reference

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answer. When the initial prediction (reference answer) is correct, and both compared answers are wrong, we observe that SBWT penalizes similar answers less than unrelated ones (see the first four rows of Table 9). Similarly, when one of the compared answers is partially correct (rows 5-8) according to the VQA accuracy metric, SBWT is less punishing compared to BWT, which in our examples would be -0.7. Finally, the last row shows an example of corrected compared answers, where the accuracy improvement is weighted with the semantic distance of reference and compared answers.

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Figure 7: Most common words (left) and answers (right) per task Taxonomy Domains.



Figure 8: Most common words (left) and answers (right) per task in Question Types.





0

Subcat.

0.03

scene

scene

Question Types

0.01

0.0087

count

0.0048

0.018

0.01

Color



(b) Cosine distance of image embeddings.



(c) Cosine distance of question embeddings.



(d) Cosine distance of joint embeddings.

Figure 9: Dissimilarity measures between task pairs.



Figure 10: CKA similarity of the representations of all layers. Representations are indexed with 0-12 where 0 corresponds to representations from the input embedding layer and 12 from the transformer layer closest to the output. Deeper colors indicate lower similarity. We observe that representations of models trained from scratch (top row) remain less similar than pretrained models (bottom row). For pretrained models, mostly representations from the top two layers change evidently.

	What is the horse doing?						
	Task	w/o PT	РТ	PT+EWC	PT+ER		
	Action	jumping	jumping	jumping	jumping		
TIT Jak	Count	two	one	jumping	jumping		
	Subcat.	riding	jump	jumping	jumping		
XX	Scene	cold	jumping	jumping	jumping		
	Color	black	black	jumping	jumping		
		What	color is t	he cow?			
	Task	w/o PT	PT	PT+EWC	PT+ER		
a fill and a second	Color	black	black	black	black		
in the second seco	Subcat	black	black	black	black		
CTE T S	Action	zero	yes	cow	black		
ALCH PARTY AND	Count	one	one	black	black		
	Scene	green	green	black	black		
	What is orange?						
	Task	w/o PT	PT	PT+EWC	PT+ER		
MACEN	Food	carrots	carrots	carrots	carrots		
	Animals	birds	carrots	carrots	carrots		
	Sports	nothing	kites	carrots	carrots		
	Interior	chair	carrots	carrots	carrots		
	Transport	nothing	tomato	carrots	carrots		
		What t	ype of bii	d is this?			
CHENTERS	Task	w/o PT	РТ	PT+EWC	PT+ER		
	Interior	dog	owl	owl	owl		
A REAL PROPERTY	Animals	pigeon	pigeon	pigeon	pigeon		
	Food	turkey	pigeon	pigeon	pigeon		
The states	Transport	not sure	duck	pigeon	seagull		
	Sports	zero	seagull	pigeon	seagull		

Table 8: Examples of the evolution of predicted answers with different approaches. Column Task shows the order of the training tasks. The bold task corresponds to the task of the sample.

Reference		Compared Answer 1			Compared Answer 2			
Answer	Acc	Answer	Acc	SBWT	Answer	Acc	SBWT	
skateboarding	1	skateboard	0	-0.164	black	0	-0.836	
snowboarding	1	skiing	0	-0.134	winter	0	-0.529	
breakfast	1	sandwich	0	-0.340	one	0	-0.855	
food	1	meat	0	-0.320	toothbrush	0	-0.832	
skateboarding	1	skateboard	0.3	-0.115	skateboard	0	-0.164	
carrots	1	carrot	0.3	-0.093	three	0	-0.818	
sheep	1	goat	0.3	-0.197	white	0	-0.676	
cloudy	1	overcast	0.3	-0.151	gray	0	-0.577	
black	0	black and white	1	0.136	brown	1	0.269	

Table 9: Comparison of the SBWT metric of two answers with respect to the same reference answer. We verify that semantically more similar answers have higher SBWT.