# **Goal-Driven Human Motion Synthesis in Diverse Tasks**

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Figure 1. We propose a motion generation pipeline where pre-defined keyjoints approach user-specified positional goals. The goals are shown as green spheres, and our pipeline can adapt to the customized conditions including novel scenes and goal conditions. We can generate motions that reach for an object in cluttered scenes, climb a wall, or sit with specified hand positions.

#### Abstract

001 We propose a framework for goal-driven human motion generation, which can synthesize interaction-rich scenar-002 003 ios. Given the goal positions for key joints, our pipeline 004 automatically generates natural full-body motion that approaches the target in cluttered environments. Our pipeline 005 006 solves the complex constraints in a tractable formulation by disentangling the process of motion generation into two 007 stages. The first stage computes the trajectory of the key 008 joints like hands and feet to encourage the character to nat-009 urally approach the target position while avoiding possi-010 011 ble physical violation. We demonstrate that diffusion-based guidance sampling can flexibly adapt to the local scene con-012 013 text while satisfying goal conditions. Then the subsequent 014 second stage can easily generate plausible full-body mo-015 tion that traverses the key joint trajectories. The proposed 016 pipeline applies to various scenarios that have to concur-017 rently account for 3D scene geometry and body joint con-018 figurations.

#### 1. Introduction

A goal-driven motion generation can streamline designing 020 diverse interactive full-body motion. For example, when 021 designing a character motion for grasping an item, setting 022 a hand goal first allows user to efficiently formulate the de-023 sired functionality. Similarly, the users may describe the 024 climbing motion by defining target positions or control the 025 sitting posture by specifying contact points on a chair. In 026 this paper, we propose a framework for generating natural 027 full-body motion when the goal is simply the position of the 028 key joints within a 3D scene. After a user intuitively defines 029 the desired interactions by providing the target positions for 030 the critical body parts, such as hands or feet, the system 031 can generate natural full-body motion that is adaptive to the 032 given condition. 033

Goal-driven motion requires satisfying part-wise goals034while maintaining plausible full-body motion that is adap-<br/>tive to unseen scene layouts. Such interaction is a highly<br/>challenging motion to generate. As the goals are defined on<br/>the input 3D scene, only a few existing captured motion data036037

039 precisely follow the required movement defined at the test time. We take inspiration from the recent advances in diffu-040 041 sion models, which have shown impressive performance in generative modeling, not only in image synthesis but also in 042 043 human motion generation. These models learn continuous data distributions without collapsing and exhibit promising 044 capabilities for control, such as compositionality [8, 33] or 045 conditioning [66]. Another inspiration for enhanced con-046 047 trol in diffusion models is guidance functions [4, 6, 47], 048 which successfully endow customized properties into the 049 outcomes via flexible sampling. We incorporate these techniques to formulate a diffusion model that generates motion 050 051 approaching user-specified goals while avoiding collisions in diverse scenes. 052

053 We construct a two-stage diffusion model, solving simpler sub-problems to effectively tackle the overall complex-054 ity. We first generate a key joint trajectory that is adaptive to 055 056 a customized goal position in a novel scene. Next, we generate natural full-body poses based on the predicted partial 057 058 key joints. The key joint trajectories serve as an intermediate representation that detaches the complexity of scene per-059 ception and full-body generation. Both stages follow condi-060 061 tional diffusion formulation. The first stage employs a guid-062 ance function to sample the key joint trajectories that satisfy the goal conditions while preventing collisions. Here, 063 064 our lightweight scene features provide the necessary spatial 065 context, and the full body layouts are estimated as bounding boxes. The subsequent second stage composites the intri-066 067 cate full-body motion that matches the sampled trajectories of the partial key joints. 068

069 We demonstrate that our proposed method can accomplish the task even in unseen scenarios or newly defined 070 goals without additional training. Our approach generally 071 applies to a wide range of tasks, such as climbing or contact-072 designated sitting, where the precise control requirement is 073 074 provided as goal positions for the key joints. In Fig. 1, we 075 show various tasks that we could perform, with goals em-076 phasized as colored spheres. In summary, our contributions are as follows. 077

- We propose a two-stage pipeline that efficiently generates 078 motion that follows the goal positions of key joints while 079 adapting to the target scene. 080
- We introduce an effective diffusion-based pipeline, which 081 can generate plausible key joint trajectories that satisfy 082 complex constraints, even in novel scenarios. 083
- We demonstrate an effective 3D collision avoidance 084 method with lightweight scene features extracted around 085 086 sampled trajectories and bounding box estimates of the 087 body.
- 088 · Our approach broadly applies to the various interactionrich scenes requiring precise control to generate natural 089 090 full-body motions.

#### 2. Related Work

#### 2.1. Human Motion Generation

Recent progress in data-driven approaches for generative models has witnessed remarkable advancements in human motion generation. In addition to the quality and natural-095 ness, many practical applications require generating motions adaptive to diverse conditions. For example, several works allow user to define the input conditions for motion synthesis, such as text [12, 13, 32, 39, 40, 53, 63, 65, 67], 099 music [30, 42, 46, 54] or paired object trajectories [3, 10, 28, 29, 61].

We focus on generating human motions fulfilling practical tasks requiring interaction with diverse geometric layouts. Previous works have long considered motion synthesis in 3D environments. They investigate methods to find plausible root trajectories and complete motions that perform atomic actions such as sitting, walking, and lying [15, 31, 36, 36, 44, 55-57, 69, 70]. Many works mainly consider extracting collision-free paths against cluttered environments. Some frameworks utilize space occupancy [34] or physics simulation [2, 27, 37, 60, 64] to avoid artifacts like penetration, but it is only applicable to a certain range of simple geometries.

More recently, another line of works attempts to generate natural full-body motion especially when grasping an object [49-52]. However, acquiring motion data is challenging in such scenarios, since it is hard to capture the detailed body movements and the paired objects concurrently. Therefore, previous attempts with existing grasping datasets are prone to generate only a limited range of samples due to the insufficient number of reference motions.

Our method especially focuses on generating a human motion that requires a precise goal position for the specific set of body segments. For example, CIRCLE [1] dataset contains various full-body motions reaching for objects in complex spaces. More datasets contain tasks requiring sophisticated controls, such as climbing [62], sitting with provided contact points against chair [68], and motion with contact points with pre-scanned scene [19]. However, the datasets cannot extensively cover intervened constraints in real-world environments.

### 2.2. Diffusion Models and Controllability

Due to the capability to model complex distribution, 133 diffusion-based techniques have demonstrated exceptional 134 performance for generative modeling [7, 16–18]. Motion 135 generation can also benefit from the flexibility of diffusion 136 models that allow sophisticated control of the distribution. 137 Some works [45, 58] employ inpainting techniques to gen-138 erate motion given joint trajectories, while others [23, 43] 139 proposes a diffusion structure that can modify motion based 140 on root trajectories. AGROL [9] demonstrates a diffusion-141

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Figure 2. Overall pipeline of our method. Given a 3D scene S with a set of goal positions g and initial pose  $\hat{X}_1$ , our goal is to generate smooth and natural full-body motion that reaches the specified goal. We first sample key joint trajectories  $\{C_n\}$  satisfying goal conditions using guidance sampling on a diffusion model. Then we feed key joint trajectories  $\{C_n\}$  into full-body diffusion model and finally obtain full-body motion  $\{X_n\}$ .

based framework that reconstructs full-body motion from
tracking signals of sparse wearable sensors. Because our
task requires creating and matching the desired joint trajectory in an unseen environment, we could also benefit from
the flexibility of diffusion models to control the distribution.

147 We incorporate recent formulations for conditional dif-148 fusion to enhance the control for the user-defined task further. ControlNet [66] architecture has emerged as a power-149 150 ful framework for modeling and sampling high-dimensional data distributions conditioned on input variables. It pro-151 poses an additional neural network designed specifically to 152 control image diffusion models such that the results adapt to 153 task-specific control signals. OmniControl [59] pioneered 154 using the ControlNet architecture to generate full-body mo-155 tion given pre-defined joint trajectory. OMOMO [29] gen-156 erates hand and body movements step-by-step based on the 157 motion of objects using conditional diffusion formulation. 158 Our work further provides intuitive yet flexible control as 159 the system automatically finds plausible key-joint traces in 160 161 more challenging environments.

Another way to control the output of a diffusion model is 162 leveraging guidance functions or guided loss functions for 163 flexible sampling [11, 21, 22, 24, 48]. One can use a differ-164 entiable loss function to define the necessary constraints for 165 the sampled results. Then, injecting the gradient of this loss 166 steers the output towards the desired form, generating flexi-167 168 ble and controllable results. Leveraging guidance and prior knowledge from pre-trained diffusion models, research has 169 made strides in solving linear inverse problems with loss 170 functions akin to the square form [4], or handling non-linear 171 generic loss functions [5]. Recent approaches [47] improve 172 173 the accuracy of gradients by utilizing multiple Monte Carlo 174 samples to estimate, thereby achieving a more precise approximation of the gradient. Works such as NIFTY [26] 175 demonstrate that guidance functions can generate more ac-176 curate motion. However, such approaches only find the root 177 trajectory with a single object and do not achieve the deli-178 cate level of control we propose. By combining conditional 179 diffusion modeling with ControlNet architecture and flexi-180 ble sampling techniques, and by structuring a two-stage dif-181 fusion model, our proposed approach facilitates the genera-182 tion of natural motions with fine-grained spatial control. 183

# 3. Method

Given an initial pose of a human  $\hat{X}_1$  and 3D goal positions 185 indicated g within a space S, our objective is to generate a 186 sequence of full-body poses  $\{X_n\}$  that eventually reach the 187 specified goal positions q. Key joints are manually selected 188 for each task, and goal positions are assigned per episode 189 to indicate the task-specific objective. The significant chal-190 lenge here is to generate plausible and natural motions that 191 satisfy goal conditions while avoiding collisions with sur-192 roundings at the same time. 193

To mitigate these complexities, we propose a two-stage 194 diffusion-based framework. Our framework employs a hi-195 erarchical structure that initially generates key joint trajec-196 tories  $\{C_n\}$  adhering to scene constraints, followed by the 197 creation of full-body motion  $\{X_n\}$  based on these trajec-198 tories. In addition to the start and end positions of the key 199 joint trajectories, our diffusion process provides a guidance 200 about the potential scene obstructions by encoding the local **201** free space and approximate body configurations given the 202 key joint positions. Based on our lightweight scene fea-203 tures, our model in the first stage finds the 6-DoF paths 204 for the key joint trajectory that effectively avoids collision 205 against cluttered scenes while smoothly approaching the 206 207 goal. Then, the next stage can complete a full-body se208 quence with frame-wise assistance of the key joint trajec209 tory. Our entire pipeline is shown in Figure 2.

210 **Data Representation** We select K joints from the total joint set and compose our key joint trajectories  $\{C_n\} \in$ 211  $\mathbb{R}^{N \times d}$ , where N denotes the length of the generated mo-212 tion sequence. These trajectories  $C_n$  contain global xyz213 position and global 6D rotation [71] of selected key joints, 214 making  $d = K \times 9$ . For example, if we choose hands 215 and feet for the key joints, then d = 36. This global rep-216 217 resentation enables more direct gradient calculation with 218 spatial constraint-based guidance in Stage 1, without any additional computation, resulting in more accurate sam-219 220 pling [47].

Our full-body motion representation  $\{X_n\}_{n=1}^N$  includes 221 N full-body poses  $X_n \in \mathbb{R}^D$ , where D represents the 222 dimension of human pose representation. For the object-223 224 reaching scenario and the sitting with contact points task, 225 which involves walking motions, we utilized the Hu-226 manML3D [12] representation by converting the root information into global coordinates, following the approach 227 in [23], where D = 263. For tasks requiring more nat-228 ural transitions, such as climbing and contact-aware mo-229 tion generation, we leverage the parametric human model, 230 SMPL [35], to reconstruct the human mesh at the end of 231 the generation process. The pose vector  $X_n \in \mathbb{R}^D$  contains 232 6 DoF pose of all the joints J and global root translation, 233 where rotations are represented as 6D vectors [71], there-234 fore  $D = J \times 6 + 3$ . 235

#### **3.1. Stage 1: Key Joint Diffusion Model**

Stage 1 generates key joint trajectories that is conditioned 237 on the body shape of the character and the 3D scene layout. 238 A typical denoising diffusion model  $\mathcal{D}_{\theta}$  depends on time t 239 and the additional conditioning feature c in the input data. 240 We employ a network architecture based on U-Net, which 241 learns to recursively sample to recover the original data dis-242 tribution  $p_0(x_0)$  from a noisy version  $x_t = x_0 + \sigma_t \epsilon$  with 243  $\epsilon \sim \mathcal{N}(0, I)$ . Plugging our formulation into the diffusion 244 model  $\mathcal{D}_{\theta}$ , the generated sample x corresponds to the se-245 quence of key joint locations  $\{C_n\}_{n=1}^N$  and the input condi-246 tion c is the SMPL shape parameter  $\beta$  and the scene S. 247

#### 248 3.1.1 Guidance Function

Our diffusion process employs guidance functions to generate samples that precisely satisfy the given goal conditions
while avoiding collisions in complex environments. While
sampling from naïve diffusion model may not flexibly adapt
to novel conditions, we introduce two guidance functions to
assist the sampling process (Figure 3): trajectory-control



Figure 3. Illustration of guidance functions. We measure the distance between the goal position and corresponding joint for *Trajectory-Control Guidance*. Also, we approximate the body model into a union of the upper and lower body and calculate *Collision-Avoidance Guidance*.

and collision-avoidance guidance. More details on the dif-255fusion process and the calculation of guidance can be found256in the preliminary section of the supplementary material.257

Trajectory-Control GuidanceTrajectory-control guid-258ance ensures the generated key joint trajectory smoothly in-259terpolates between the start and the goal position. We for-260mulate the start and the goal guidance, respectively. The261start guidance is262

$$G_{\text{start}}(\{C_n\}, \hat{X}_1) = \sum_{k=1}^{K} \left\| \mathcal{T}_k(C_1) - \mathcal{T}_k(\hat{X}_1) \right\|_2, \quad (1)$$

where  $\mathcal{T}_k(\cdot)$  is the operation to retrieve global xyz position and 6D rotation of a k-th key joint from the input vector. The guidance calculates the pose deviation of key joints in the initial frame to ensure starting from the specified initial pose. In a similar context, the goal guidance encourages the model to generate plausible trajectories regarding the goal condition  $\boldsymbol{g} \in \mathbb{R}^{K \times 3}$  as following

$$G_{\text{goal}}(\{C_n\}, \boldsymbol{g}) = \sum_{k=1}^{K} \|\mathcal{P}_k(C_N) - \boldsymbol{g}_k\|_2,$$
 (2) 271

where  $\mathcal{P}_k(\cdot)$  is operation to retrieve global xyz position of k-th key joint from the data. Applying the two guidance functions, our diffusion model can generate key-joint trajectories that precisely match the user-defined positions. 272 273 274 274 275

Collision-Avoidance Guidance In order to prevent po-276 tential collisions within the final generated motion, 277 Collision-Avoidance guidance is applied to assist the key 278 joint trajectory  $\{C_n\}$ . To generate collision-free full-body 279 movement, the guidance has to foresee the entire body 280 movement induced from the key joint configurations in re-281 lation to the 3D scene. We provide a guidance by testing 282 collision on points sampled from a geometric proxy of the 283 body volume. Given the canonicalized key joint locations 284 and 6DoF pose in each frame and the body shape parameter 285

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 $\beta$ , we train a two-layer MLP architecture that estimates the 286 parameters of two bounding boxes, each covering the upper 287 288 and lower body, as shown in Figure 3. Then, we sample a set of points  $\{v\} \in V$  from the estimated geometries and 289 290 penalize if a point v incurs collision against the surrounding scene S. We identify the possible collision using the signed 291 distance field (SDF)  $\Phi_{\mathcal{S}}(\cdot)$  of the scene, by measuring the 292 value at the queried points V. As a result, the guidance 293 294 function is written by

$$G_{\text{collision}}(\{C_n\}, \mathcal{S}, \beta) = -\sum_{\boldsymbol{v} \in V} \mathbb{1}(\Phi_{\mathcal{S}}(\boldsymbol{v}) < 0), \quad (3)$$

where 1 is 1 if  $\Phi_{\mathcal{S}}(v)$  is negative, i.e., colliding with the scene, and 0 otherwise.

298 In summary, our final guidance function is defined as a 299 weighted sum of aforementioned guidance terms  $\lambda_1 G_{\text{start}} + \lambda_2 G_{\text{goal}} + \lambda_3 G_{\text{collision}}$ .

#### **301 3.1.2** Suggestive-Path Feature

We optionally use the suggestive-path feature  $\Psi_k$  for a hand trajectory of the task of reaching an object (Task 1 in Sec. 4). In this case, Stage 1 needs planning to find a trajectory within the cluttered scene. The suggestive-path feature is designed to provide a reference trajectory for the end-effector and the scene information around it.

Given the initial pose  $\hat{X}_1$  and the goal position  $g_j$ , we 308 first find a collision-free path of the end effector using the 309 310 path-finding algorithm [14] within the scene S. Then, we compute geometric features along the path. Specifically, we 311 sample points on the extracted path at regular intervals and 312 extract basis point set (BPS) [41] features, estimating the 313 314 amount of free space. We concatenate the calculated path 315 with the BPS features computed along the path to derive 316 the suggestive-path features  $\Psi_k$  for k-th key joint. These features are lightweight yet capable of observing the local 317 318 scene context, enabling general adaptability. When using 319 this feature, we build an additional feature encoder into our network inspired by ControlNet [66]. 320

#### 321 **3.2. Stage 2: Full-Body Diffusion Model**

322 In the second stage, we generate full-body poses  $\{X_n\}$  from the trajectory of key joints  $\{C_n\}$  and body shape parameters 323 324  $\beta$ . We train another conditional diffusion model, where the condition is given as frame-wise key-joint positions gener-325 326 ated from the previous stage. The key joints provide detailed guidance, which already takes the scene context and 327 the goal conditions into account, and Stage 2 can only fo-328 cus on generating proper full-body motions following the 329 trajectory. Our network architecture integrates the Con-330 331 trolNet [66] structure into the U-Net architecture proposed 332 in [23].



Figure 4. We visualize selected key joint trajectories (blue, red coordinates) from Stage 1, and overlay with the initial and last full-body pose generated from Stage 2. We visualize only a subset of selected key joints for better visualization. Our method successfully synthesizes plausible motions that match the goal conditions as well as the scene context.

# 4. Experiments

Given the initial pose and a 3D scene, our pipeline gener-334 ates full-body motion that avoids collision and reaches the 335 goal positions for the pre-defined set of key joints of the 336 task. All motion sequences are sampled at 30 FPS. We im-337 plement our pipeline using PyTorch [38]. We use the Adam 338 optimizer [25] with a learning rate of  $10^{-4}$  for all the ex-339 periments. Training requires approximately 24 hours on a 340 single NVIDIA RTX 3090 GPU to cover both Stage 1 and 341 2. Further details including model architecture and hyper-342 parameters are available in the supplementary material. 343

We provide a set of metrics to assess the success of the task, physical plausibility, and similarity to the ground truth motion.

- **Physical plausibility.** For each time step n, we calculate the maximum collision distance between the human mesh model from  $X_n$  and the given 3D scene S. If this distance exceeds 5 cm, we consider that the collision occurred at the frame. Then, we report the ratio of frames with collisions out of all generated frames as the *Collision rate*. 359
- Motion quality. We assess the motion quality by simi-360 larity to the ground truth motion. Frechet Inception Dis-361 tance (FID) evaluate overall motion quality by measuring 362 the distributional distance between ground truth motions 363 and generated motions on the test set. We use four kinds 364 of distance-based metrics to evaluate the difference from 365 the ground truth test data. HandJPE quantifies the mean 366 hand joint position errors. MJPE is the mean joint po-367

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	Method	$\mathrm{FID}\downarrow$	Success rate (%)	Dist. to goal (cm)	Collision (%)	Hand JPE (cm)	MJPE (cm)	Root trans. error (cm)
Random	CIRCLE [1]	0.338	<u>67.06</u>	7.97	<u>11.77</u>	12.93	8.03	13.15
	OmniControl [59]	0.372	62.40	8.03	19.43	15.84	10.59	12.09
	Ours single-stage	0.391	61.55	7.55	23.81	16.05	11.57	13.54
	Ours w/o collision	0.355	56.16	7.09	26.16	20.70	12.18	16.97
	Ours w/o feature	0.331	66.28	7.63	13.88	15.68	9.57	<u>11.56</u>
	Ours	0.319	69.07	7.22	11.62	13.24	<u>8.39</u>	10.38

Table 1. Quantitative evaluation on the reaching an object scenario. The diffusion network is trained with random splits for the training and the test data.

Method	Success rate (%)	Dist. to goal (cm)	MJPE (cm)	Root trans. error (cm)
OmniControl [59]	32.2	30.05	25.54	26.41
Ours single-stage	16.1	47.31	29.27	24.88
Ours	54.8	21.21	23.89	27.18

Table 2. Quantitative evaluation on the *rock-climbing* scenario.

sition errors in centimeters. We also compute the *Root* 368 translation error using Euclidean distance, measured in 369 centimeters.

To demonstrate the applicability of our motion genera-371 372 tion approach, we show successful motion generation on 373 several goal-driven interaction tasks (Figure 1). While the 374 training set-up and constraints vary for different tasks, our two-stage pipeline finds plausible key joint trajectories fol-375 lowed by the natural full-body motion (Figure 4). We pro-376 vide additional tasks and further task details on supplemen-377 378 tary materials.

Task 1: Reaching an Object Goal in a Cluttered Indoor 379 Scene The first task includes the indoor scenes, where 380 the objective is to avoid collisions against the environment 381 382 while right-hand reaches a specific goal location. Specifi-383 cally, the right wrist should be within 10 cm of the specified 384 goal to be counted as a success. We designate the *root* and right hand as the set of key joints. This scenario is trained 385 with the CIRCLE dataset, which contains 3138 sequences 386 for the task with diverse scene layouts. 387

388 We use the algorithm in CIRCLE [1] as a baseline for the experiments. The quantitative evaluations are summarized 389 in Table 1. The training and test datasets are chosen ran-390 domly regardless of the scene types in the dataset, and our 391 approach outperforms the baseline in terms of Success rate. 392

393 Task 2: Rock Climbing Guided by Multiple Goals As 394 a second task, we show performance on a climbing scenario using the dataset of CIMI4D [62], where multiple key joint 395 goal positions are provided. Here, the task is to generate 396 plausible climbing motions that satisfy multiple positional 397 398 goals simultaneously. We designate both feet, and hands as

Method	Dist. to goal (cm)	MJPE (cm)	Root trans. error (cm)	
OmniControl [59]	15.38	14.90	12.57	
Ours single-stage	21.58	19.66	25.08	
Ours	14.11	13.88	10.55	

Table 3. Quantitative evaluation on the contact-aware motion generation scenario.

the key joint set. The success is defined by the positions of 399 both hands and feet at the start and end frames being within 400 20 cm of the designated rock location. Note that there are 401 eight locations for initial and final conditions to succeed in 402 the task. 403

The dataset contains only 156 sequences, and we use 404 125 sequences for training. The task demonstrates that our 405 pipeline can adapt to complex scene constraints and gener-406 ate natural motion with a limited amount of motion data. 407 Since the 3D scenes in the dataset do not contain clutters 408 with narrow passages, we did not use the suggestive-path 409 features in this task. Table 2 compares our two-stage for-410 mulation against a variation employing single-stage gener-411 ation. Our two-stage pipeline demonstrates superior results 412 in terms of success rate and distance to goals. Due to the 413 lack of sufficient test data to compare distributions, we did 414 not report the FID score. Instead, we visualize overall mo-415 tion quality in the supplementary videos. 416

Note that CIRCLE cannot perform the climbing task to 417 reach multiple goals simultaneously because of its initial-418 ization scheme. CIRCLE first translates the given initial 419 human body to align with a specific goal point, allowing 420 only a single goal, and subsequently refines the motion. In contrast, our Stage 1 effectively accommodates constraints on multiple key joints that can constitute a unified full-body motion.

Task 3: Contact-Aware Motion Generation We demon-425 strate that our pipeline can generate motion when ex-426 tra conditions for intermediate frames are provided. The 427 dataset [19] includes the human motion along with the 428 vertices-level contact, we convert it into joint-level contact 429 using the human body segmentation [35]. For the joints 430

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Figure 5. Qualitative results on the *reaching an object*, in unseen scenes with different views. Our method faithfully adapts to the unseen scene geometry in various episodes compared to the presented baselines.

431 designated as contact joints, we set their global positions as conditions, and our goal is to generate motion while satis-432 433 fying these conditions. Unlike other tasks, these conditions 434 are also specified for the intermediate frames. Since contacts typically occur at the end-effectors, we designate both 435 436 *feet* and *hands* as the key joint set. Further details on the 437 processing steps are provided in the supplementary materials. Table 3 shows that our full pipeline outperforms the 438 one-stage pipeline across most metrics. We report the aver-439 440 age distance between multiple intermediate goals instead of the Success rate. Our pipeline can also successfully handle 441 442 multiple intermediate goals.

# 443 4.1. Efficacy of Detaching the Key-Joint Trajectory

In diffusion models, guidance sampling helps to meet spe-444 445 cific conditions, but adding additional gradients to the sam-446 ples can lead to unnatural results that deviate from the distri-447 bution. In single-stage models, guidance is directly applied during the motion generation process, which can reduce the 448 overall quality of the motion. In contrast, our two-stage 449 approach applies guidance in Stage 1 which generates key 450 451 joints trajectories only, then completes the motion based on Stage 2. This allows us to generate more natural motion 452 453 by avoiding direct guidance during the motion generation phase while still satisfying the conditions. 454

We compare the results with a single-stage version of 455 ours and OmniControl [59] which generates the full-body 456 457 motion directly. To provide similar guidance, we directly extract key joint positions from the full-body motion and 458 calculate trajectory-control guidance compared to the spec-459 ified goal. For collision-avoidance guidance, we sample 460 points on the surface of the full-body mesh model instead 461 of approximated body geometries similar to [20]. 462

463 The result from the single-stage model demonstrates the

efficacy of our two-stage design. The results support that 464 our key joint movement successfully extracts valid key joint 465 trajectories that can incur natural full-body motion. Our 466 Stage 1 ensures generating plausible key joint trajectories 467 that guide natural movement for the full body in the sub-468 sequent stage. The single-stage diffusion model could pro-469 duce motions that satisfy the given conditions using guid-470 ance sampling, however, it often generates unnatural mo-471 tion, as visualized in video results. The errors measured 472 with respect to ground truth motion (MJPE, Root trans. er-473 ror) indicate that the generated movements agree with the 474 captured movement in our outcome. 475

The advantage of designing a two-stage model is more pronounced when tested with a scarce dataset such as our second task (climbing). In Table 2, the single-stage diffusion model suffers from limited data to express full-body motion and severely overfits and struggles to effectively satisfy unseen conditions composed of multiple goals. In contrast, the key joint diffusion model in Stage 1 can generalize with fewer data as we decompose complex full-body motion distribution into models with lower complexity.

Further, we report the inference speed of our method, and baseline methods in Table 5. Since we compute guidance in stage 1 which is a lightweight 100-step diffusion model, our two-stage diffusion approach achieves faster sampling compared to single-stage diffusion models that calculate guidance for the entire model in the final motion generation phase. Note that CIRCLE [1] is a feed-forward network and handles only single-goal tasks, like Task 1.

# 4.2. Adaptation to Unseen Conditions

Our diffusion framework can adapt to a novel scene and can494generalize interaction motions beyond the captured setup.495Table 4 contains results that deliberately use different scene496

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	Method	$\mathrm{FID} {\downarrow}$	Success rate (%)	Dist. to goal (cm)	Collision (%)	Hand JPE (cm)	MJPE (cm)	Root trans. error (cm)
Scene	CIRCLE [1]	0.471	49.75	10.72	16.31	14.23	10.32	13.84
	OmniControl [59]	0.394	61.13	8.49	27.43	17.52	13.02	14.88
	Ours single-stage	0.423	58.72	9.14	28.14	19.57	13.91	14.28
	Ours w/o collision	0.371	52.50	7.94	31.42	22.61	14.84	16.39
	Ours w/o feature	<u>0.359</u>	<u>62.16</u>	8.82	15.21	16.52	13.78	14.36
	Ours	0.341	66.41	<u>8.34</u>	14.21	<u>15.15</u>	12.86	13.32

Table 4. Quantitative evaluation on the *reaching an object* scenario tested in novel scenes. We used different scene types for the training and test data split.

Method	od CIRCLE [1] Ours		Ours single-stage	OmniControl [59]
Time (s)	$0.28\pm0.02$	$28.32 \pm 0.39$	$52.90 \pm 0.57$	$143.74\pm0.71$

Table 5. Inference time comparision with baselines.



Figure 6. We intentionally added additional obstacles with pink color, and the model demonstrates the ability to generate motions reaching a goal while avoiding collision effectively, even in unseen environments.

497 types for the training and test split, demonstrating the ability 498 to adapt to different scenes during the test time. Compared to the conventional setup in Table 1, the performance gap is 499 500 more prominent compared to baseline methods. The scene 501 feature encoding of CIRCLE contains the whole scene from the start to the goal during the entire movement. However, 502 this feed-forward approach performs well only when the 503 scene geometry is similar to those used in training and does 504 not effectively transfer to different geometry. In contrast, 505 506 our method focuses on localized geometry and performs 507 flexible sampling to meet the conditions within the learned 508 distribution, leading to improved adaptability to novel scene 509 geometries.

510 We also implement and compare against two-stage versions without collision guidance or suggestive-path fea-511 512 tures. Motions without collision guidance deteriorate in 513 most quantitative measures, indicating that the term is critical in generating more physically plausible movement 514 within the scene and leading to meaningful improvements 515 in task success rates. The ablation on our suggestive-path 516 517 feature shows that the feature is effective in increasing the 518 success rates.

Figure 5 shows qualitative results on the generated motion sequences with challenging clutters. Starting from the
initial pose, the task is to generate a motion sequence reach-

ing the green dot with the right hand. CIRCLE reaches the 522 target position but cannot refine the motion in the complex 523 scene geometry, resulting in collisions. OmniControl or 524 our diffusion framework with a single stage is insufficient 525 and fails to consider the local geometric context or accom-526 plish the target task correctly. With the proposed guidance, 527 our two-stage pipeline can resolve the challenging task and 528 generate a smooth full-body motion. Figure 6 demonstrates 529 that our generated motions adapt well to new environments 530 or obstacles, aided by collision avoidance guidance with a 531 two-stage pipeline. 532

# **5.** Conclusions

In summary, we introduce a novel approach to generate a 534 goal-driven human motion. Generating motion under pre-535 defined target positions for specific body joints enables in-536 tuitive motion synthesis and precise control over character 537 animation. Our two-stage framework can handle a complex 538 goal-driven scenario by solving simpler sub-problems. Es-539 pecially in cluttered scenarios, our collision avoidance guid-540 ance and lightweight scene interaction features facilitate the 541 generation of scene-aware motion. We demonstrate the per-542 formance of our pipeline in diverse scenarios, including 543 cases that require rich interaction with multiple goals. Be-544 cause our model is capable of flexible sampling with min-545 imal data, our pipeline can synthesize natural goal-driven 546 motion even with a limited amount of data. 547

Limitations and Future Works Since the datasets we 548 used do not provide detailed hand motions, our model lacks 549 sophisticated interactions such as grasping objects or navi-550 gating climbing rocks. A potential research direction is in 551 the integration of kinematic body motion priors and hand-552 object interaction priors [2] learned through physics simula-553 tors. Also, our method includes task-specific designs, such 554 as manually chosen key joints or toggled features, which 555 are effective for individual tasks but limit its scalability to 556 diverse tasks. This design choice reflects the unique char-557 acteristics and requirements of each task and dataset, while 558 the development of a more generalized framework is left as 559 future work. 560

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