

---

# Rethinking supervised learning: insights from biological learning and from calling it by its name

---

Anonymous Author(s)

Affiliation

Address

email

## Abstract

1 The renaissance of artificial neural networks was catalysed by the success of clas-  
2 sification models, tagged by the community with the broader term *supervised*  
3 *learning*. The extraordinary results gave rise to a hype loaded with ambitious  
4 promises and overstatements. Soon the community realised that the success owed  
5 much to the availability of thousands of labelled examples and *supervised learning*  
6 went, for many, from glory to shame: Some criticised deep learning as a whole and  
7 others proclaimed that the way forward had to be “alternatives” to supervised learn-  
8 ing: *predictive*, *unsupervised*, *semi-supervised* and, more recently, *self-supervised*  
9 *learning*. However, these seem all brand names, rather than actual categories  
10 of a theoretically grounded taxonomy. Moreover, the call to banish supervised  
11 learning was motivated by the questionable claim that humans learn with little or  
12 no supervision and are capable of robust out-of-distribution generalisation. Here,  
13 we review insights about learning and supervision in nature, revisit the notion that  
14 learning and generalization are *not* possible without supervision or inductive biases  
15 and argue that we will make better progress if we just call it by its name.

## 16 1 Introduction

17 The re-emergence of deep learning during the last decade due to the noteworthy achievements  
18 of artificial neural networks (ANN) built up a sort of philosophy that nearly anything could be  
19 automatically learnt from data without human intervention, in contrast to the previous approaches:

20 [hand designing good feature extractors, engineering skill and domain expertise]  
21 can all be avoided if good features can be learned automatically using a general-  
22 purpose learning procedure. This is the key advantage of deep learning (LeCun  
23 et al., 2015).

24 Read in hindsight, this claim was clearly an overstatement. The success of deep learning has  
25 required iterative hand design of network architectures and techniques that demanded collective, high  
26 engineering skill and large doses of interdisciplinary domain expertise. Furthermore, deep learning  
27 owes much to the immense computational power poured into training artificial networks (Amodei &  
28 Hernandez, 2018; Schwartz et al., 2019) and to the human effort of manually collecting and labelling  
29 thousands of images and other data modalities (Russakovsky et al., 2015; Cao et al., 2018). However,  
30 the gist of the claim has permeated machine learning research and is pervasive up to these days.

31 The realisation that the success of deep learning was largely due to the availability of huge labelled data  
32 sets prompted various reactions: some authors strongly questioned the usefulness of the algorithms  
33 (Marcus, 2018); some delved into the question of whether neural networks generalise beyond or  
34 simply memorise the training examples (Zhang et al., 2017; Arpit et al., 2017); and some proposed

35 new research horizons that can be overly ambitious and potentially misleading: “learning a class  
36 from a single labelled example”, based on the statement that “humans learn new concepts with very  
37 little supervision, [but] the standard supervised deep learning paradigm does not offer a satisfactory  
38 solution for learning new concepts rapidly from little data” (Vinyals et al., 2016). As a consequence,  
39 multiple research programmes, with various brand names, followed up with the aim of minimising or  
40 removing the need for “supervision” to train neural networks: *few-shot*, *one-shot*, *zero-shot*, *predictive*,  
41 *unsupervised*, *semi-supervised* and *self-supervised* learning are only a few popular examples.

42 Exploring alternatives to *classification* and improving the efficiency of learning algorithms should  
43 indeed be a priority of machine learning research. As a matter of fact, related approaches have  
44 been subject of study since long before the explosion of deep learning (Hinton & Sejnowski, 1999;  
45 Chapelle et al., 2006). However, the current publication and discussion trends in the field denote  
46 overambitious promises that are in part based on misconceptions and overstatements about biological  
47 learning, and amplified by overselling nomenclature. While much of the research output derived from  
48 these programmes does provide us with useful techniques and insight, it leaves behind a landscape of  
49 confusing terminology and tangled research directions that are hard to navigate and lead many astray.

50 In this paper, we reflect upon fundamental concepts in machine learning such as supervision, in-  
51 ductive biases and generalisation, which in spite of resting on theoretical grounds, are at the core  
52 of misconceptions and overstatements about deep learning commonly seen in the literature. First,  
53 we review aspects from biological learning, and compare them to the traits often (mis)attributed to  
54 human learning and generalisation in the machine learning literature (Section 2). Second, we revisit  
55 insights from classical statistical learning and critically review the terminology and current trends in  
56 deep learning research (Section 3). Altogether, we aim at tempering certain claims and promises of  
57 deep learning, helping mitigate the confusion over the terminology and suggesting desirable—in our  
58 opinion—directions and changes in machine learning research.

## 59 **2 Supervision in biological learning**

60 The link between artificial intelligence—specifically artificial neural networks (Rosenblatt, 1958;  
61 Fukushima & Miyake, 1982)—and biological learning systems is intrinsic to the field, as one long-  
62 term goal of artificial intelligence is to mirror the capabilities of human intelligence. However, these  
63 capabilities are, in our view, often overestimated. One example is the argument that intelligence in  
64 nature evolves without supervision and is capable of robust out-of-distribution generalisation. In  
65 particular, it is often claimed that humans and other animals learn to visually categorise objects with  
66 little or no supervision from a few examples (Vinyals et al., 2016; Marcus, 2018; Morgenstern et al.,  
67 2019). In what follows, we will discuss three aspects of biological learning to argue against this  
68 view, so as to gain insights that better inform our progress in machine learning: first, we will discuss  
69 how generalisation requires exposure to relevant *training* data; second, we will review the variety of  
70 supervised signals that the brain has access to; third, we will comment on the role of evolution and  
71 brain development.

### 72 **2.1 Generalisation requires exposure to relevant training data**

73 In the argument that machine learning models should generalise from a few examples, there seems  
74 to be a promise or aspiration that future better methods will be able to perform robust visual object  
75 categorisation—for instance—among many object classes after being trained on one or a few examples  
76 per class. While a primary objective is to develop techniques that efficiently extract the maximum  
77 possible information from the available examples, we should also remind ourselves that no machine  
78 learning algorithm can robustly learn anything that cannot be inferred from the data it has been trained  
79 on. Although this may seem to contradict certain current trends and statements in the literature, we  
80 should also bear in mind that learning in nature is not different.

81 First, the amount of data that animals and humans in particular are exposed to is often underestimated.  
82 A biological brain continuously receives, processes and integrates multimodal inputs from various  
83 sensors—images (light), sound, smell, etc. Humans do not learn to recognise objects by looking  
84 at photos from ImageNet, but are rather exposed to a continuous flow of visual stimuli with slow  
85 changes of the viewing angle and lighting conditions. Furthermore, the stimuli are coherent across  
86 modalities, we are allowed to interact with the objects and we even receive multiple supervision  
87 signals, as we discuss later.

88 The exposure to so much training data makes the human visual system remarkably robust, but still its  
89 capabilities are optimised for the tasks it needs to perform and largely determined by the *training data*  
90 *distribution*—and years of evolution, as we will discuss below. For instance, a well-studied property  
91 of human vision is that our face recognition ability is severely impaired if faces are presented upside  
92 down (Yin, 1969; Valentine, 1988). Setting aside the specific complexity of face processing in the  
93 brain, a compelling explanation for this impairment is that we are simply not used to seeing and  
94 recognising inverted faces. More generally, while human perception of objects is largely invariant  
95 under certain conditions (Biederman & Bar, 1999), object recognition is sensitive to changes in view  
96 angle (Tarr et al., 1998), especially when we see objects from unfamiliar viewpoints (Edelman &  
97 Bühlhoff, 1992; Bühlhoff & Newell, 2006; Milivojevic, 2012).

98 Furthermore, although better than the *one-shot* or *few-shot* generalisation of current ANNs, humans  
99 also have limited ability to recognise truly novel classes (Morgenstern et al., 2019). Interestingly,  
100 experiments with certain novel classes of objects known as *Greebles* showed that, with sufficient  
101 training, humans can acquire expertise in recognising new objects from different viewpoints, even  
102 making use of an area of the brain—the fusiform face area—that typically responds strongly with  
103 face stimuli (Gauthier et al., 1999). This provides evidence that recognition from multiple viewpoints  
104 is possible but only developed after exposure to similar conditions, that is relevant data. This is  
105 reminiscent of the effectiveness of data augmentation in deep learning, compared to more naïve  
106 regularisation methods (Hernández-García & König, 2018).

107 The need for exposure to relevant stimuli challenges the notion that humans are capable of strong  
108 out-of-distribution generalisation. Rather, it seems that the *transfer learning* capabilities of humans  
109 are limited to relatively small changes in the data distribution. A compelling example is our difficulty  
110 to learn new languages: someone who natively speaks or has learnt Spanish will be able to transfer a  
111 significant amount of knowledge if they are to learn Italian, due to the overlap in the data distribution,  
112 but they will have very little to transfer for learning Kanien’kéha or Mandarin.

## 113 2.2 Supervised signals for the brain

114 Another commonly found argument has it that children—animals in general—learn robust object  
115 recognition without supervision: “a child can generalize the concept of ‘giraffe’ from a single picture  
116 in a book” (Vinyals et al., 2016). First of all, we should mention the role of evolution (expanded in  
117 Section 2.3), which can be interpreted as a pre-trained model, optimised through millions of years of  
118 data with natural selection as a supervisory signal (Zador, 2019). Second, there is abundant evidence  
119 to argue against the very claim that children—and adults—learn in fully unsupervised fashion.

120 Obviously, the kind of supervision that humans make use of is not that of classification algorithms—  
121 we do not see a class label on top of every object we look at. However, we receive supervision  
122 from multiple sources. Even though not for every visual stimulus, children do frequently receive  
123 information about the object classes they see. For instance, parents would point at objects and name  
124 them, then we learn how to read, and generally play a crucial role as teachers in language development  
125 (Kuhl, 2007). Non-human animals such as zebra finches learning to sing have also been found to rely  
126 on feedback (supervision) from the female adult and not just imitation Carouso-Peck & Goldstein  
127 (2019). Furthermore, humans usually follow guided hierarchical learning: children do not directly  
128 learn to tell apart breeds of dogs, but rather start with umbrella terms and then progressively learn  
129 down the class hierarchy (Bornstein & Arterberry, 2010; Spriet et al., 2021). Gopnik (2021) has  
130 asserted that “we learn more from other people than we do from any other source” and Hasson et al.  
131 (2020) mention other examples of supervision from *social cues*, that is from other humans, such as  
132 learning to recognise individual faces, produce grammatical sentences, read and write; as well as  
133 from embodiment and action, such as learning to balance the body while walking or grasping objects.  
134 In all these actions, we can identify a supervisory signal that surely influences learning in the brain  
135 (Shapiro, 2012; Gopnik et al., 2020).

136 While these supervision signals largely differ from what is most commonly considered *supervised*  
137 *learning* in machine learning, we can still draw some parallels with human learning. We learn to  
138 categorise many concepts and objects as children, but most people carry on learning new categories as  
139 adults. For example, some people put effort in improving their understanding of the natural world by  
140 learning to recognise and name trees, plants or birds. Those who have engaged in such an endeavour  
141 may have noticed that the learning process is easier and faster if we count upon the expert knowledge  
142 of a friend or of technology such as *iNaturalist* (Van Horn et al., 2018). Another example: those

143 who have—or attempted to learn—a new language as an adult may have realised that whereas it is  
144 possible to learn the meaning of a new word by repeated exposure to it in multiple contexts, it is  
145 certainly easier if we look up the ground truth definition in a dictionary or, even easier, if there exists  
146 a direct mapping to a word in our native language. Summing up, not only does supervision facilitate  
147 learning, but human beings actively seek for it.

148 Besides this kind of explicit supervision, the brain certainly makes use of more subtle, implicit  
149 supervised signals, such as temporal stability (Becker, 1999; Wyss et al., 2003): The light that enters  
150 the retina, and the sound waves that reach the cochlea, are not random signals from a sequence of  
151 rapidly changing arbitrary photos or noise, but highly coherent and regular flows of slowly changing  
152 stimuli, especially at the higher, semantical level (Kording et al., 2004). At the very least, this is how  
153 we perceive it and if such a smooth perception turns out to be a consequence rather than a cause, then  
154 it should be a by-product of a long process of evolution that would be worth taking into account.

### 155 **2.3 The role of evolution and brain development**

156 In the previous sections, we have discussed some misconceptions or overstatements about how  
157 humans learn and generalise that are often found in the machine literature. Namely, that humans  
158 are able to generalise from a few examples and that this occurs with little or no supervision. Still,  
159 the commonplace comparison of artificial neural networks with human learning and the brain often  
160 misses a fundamental component of biology, recently brought to the fore by Zador (2019) and Hasson  
161 et al. (2020), although considered since the early days of artificial intelligence (Turing, 1968): the  
162 role that millions of years of evolution have played in developing the nervous systems of organisms  
163 in nature, including the human brain.

164 The most common way of training artificial neural networks, especially in machine learning research,  
165 is from *tabula rasa*, that is from randomly initialised parameters<sup>1</sup>. In contrast, a large part of the  
166 brain connectivity is encoded genetically and certain properties and behaviour are known to be  
167 innate, that is developed without prior exposure to stimuli (Farroni et al., 2005; Spriet et al., 2021).  
168 Importantly, evolution not only provides innate behaviour, but also determines what cannot be learnt,  
169 or relevant constraints—scientists who have trained animals in the laboratory for psychological  
170 or neuroscientific studies are well aware that tasks have to be carefully adapted to the ecological  
171 behaviour and limitations of the animal, determined by evolution.

172 Taking into account the role of evolution, we can draw conclusions that relate to the claims discussed  
173 in the previous sections. If our brains are the product of millions of years of exposure to relevant  
174 stimuli and adaptation, is it really fair to say that humans are capable of robust out-of-distribution  
175 generalisation and that we learn from from a few examples? If evolution has largely determined  
176 what our brain can and cannot learn, providing as with a “pre-trained model”, is it really fair to  
177 say that humans learn in a unsupervised fashion? This questions are relevant for machine learning  
178 research: if we take biological learning as motivation for artificial intelligence, should we not temper  
179 our expectations of what learning algorithms should aspire to? And, therefore, would it not be worth  
180 reconsidering some research programmes?

181 On the flip side, insights from evolutionary theory are likely to be a fruitful source of inspiration  
182 for machine learning (Hasson et al., 2020; Zador, 2019). As we have observed, training a neural  
183 network from scratch may be more similar to a simulation of evolution than to the process by which  
184 an adult learns a new concept. As a shortcut to simulating evolution, neuroscience is a rich source  
185 of inspiration of constraints and inductive biases that determine learning in the biological brain and  
186 can potentially inform machine learning (Hassabis et al., 2017; Lindsey et al., 2019). For instance,  
187 simulating properties of the primary visual cortex in the early layers of an artificial neural network  
188 has been shown to improve adversarial robustness (Dapello et al., 2020; Malhotra et al., 2020).

189 Besides evolution, the focus on the capabilities of adults often makes us miss another important  
190 aspect of biological learning, particularly important in humans: the role of learning in infancy and  
191 brain development. While learning occurs too in adulthood, childhood is a particularly important and

---

<sup>1</sup>Some interesting and promising areas in machine learning research deviate from this standard approach. For example, transfer learning and domain adaptation study the potential of features learnt on one task to be reused in different, related tasks (Zhuang et al., 2019), and continual learning studies the ways in which machine learning models can indefinitely sustain the acquisition of new knowledge without detriment of the previously learnt tasks (Mundt et al., 2020). These approaches are inspired by biological learning or share interesting properties with it.

192 active time for learning (Atkinson, 2002; Gelman & Meyer, 2011). In fact, sensitive or critical periods  
193 for learning in infancy have been described or hypothesised, for example for vision (Harwerth et al.,  
194 1986) and language development (Lenneberg, 1967). Machine learning papers that draw motivation  
195 from the alleged generalisation capabilities of humans often underestimate the amount of input stimuli  
196 and supervision that infants receive (Gopnik, 2020). However, childhood can be regarded as period  
197 dedicated almost exclusively to learn, not only formally from parents and teachers, but also through  
198 playing, which *plays* a critical role in cognitive development Burghardt (2005); Pelz & Kidd (2020).  
199 Finally, the fact that humans—and other cognitively advanced animals, such as corvid birds, which  
200 also exhibit cultural learning—have a comparatively long childhood period, has led Uomini et al.  
201 (2020) to recently proposed that extended parenting is pivotal in the evolution of cognition. This  
202 adds to the discussion on the undervalued role of supervision. In sum, we propose machine learning  
203 research can benefit from drawing inspiration from both evolutionary biology and the literature on  
204 developmental psychology, brain development and life history and learning (Gopnik et al., 2020).

### 205 **3 Supervision in machine learning**

206 If we open a machine learning textbook (Murphy, 2012; Abu-Mostafa et al., 2012; Goodfellow et al.,  
207 2016), we will most surely find a taxonomy of learning algorithms with a clear distinction between  
208 *supervised* and *unsupervised* learning. However, while this separation can be useful, the boundaries  
209 are certainly not clear. As a matter of fact, if we take a look at the deep learning literature of the past  
210 years, we will also find abundant work on some variants supposedly *in between*—semi-supervised  
211 learning, self-supervised learning, etc.—whose definitions are all but clear.

#### 212 **3.1 Catastrophic forgetting of old concepts**

213 If we recall a classical result in statistical learning theory and inference, the *no free lunch* theorem  
214 (Wolpert, 1996), no learning algorithm is better than any other at classifying unobserved data points,  
215 when averaged over all possible data distributions. Therefore, we need to constrain the distributions  
216 or, in other words, introduce prior knowledge—that is *supervision*. Recently, Locatello et al. (2018)  
217 obtained a related result for the case of unsupervised learning of disentangled representations: without  
218 inductive biases for both the models and the data sets, unsupervised disentanglement learning is  
219 fundamentally impossible. These results are purely theoretical and have limited impact on real  
220 world applications (Giraud-Carrier & Provost, 2005), precisely because in practice we use multiple  
221 inductive biases and implicit supervision, even when we do so-called unsupervised learning.

222 In a strict sense, even the classical, *purely* unsupervised methods, such as independent component  
223 analysis or nearest neighbours classifiers, make use of inductive biases, such as independence or  
224 minimum distance, respectively. Without inductive bias, learning is not possible: purely unsupervised  
225 learning is an illusion. While this is not news, the terminology used in the recent and current machine  
226 learning literature seems to reject supervision and neglect these nuances, evidencing that the field  
227 suffers catastrophic forgetting of well-established notions.

#### 228 **3.2 The brands of *alt-supervised* learning**

229 Particularly in deep learning and computer vision, the term *supervised* learning has adopted, in  
230 practice, the meaning of *classification* of examples annotated by humans, that is models trained  
231 on examples labelled according to, for instance, the object classes. This is yet another instance of  
232 catastrophic forgetting—or, at best, abuse—of well-established concepts. It should not be necessary  
233 to recall that, first of all, *supervised learning* is a broader category than *classification*, which includes  
234 also regression and ranking, among other learning modalities. Second, even if we narrow our view  
235 to classification only, supervised learning is not restricted to learning from examples annotated by  
236 humans. Goodfellow et al. (2016) did not overlook this in their definition of supervised learning: “In  
237 many cases the outputs  $y$  may be difficult to collect automatically and must be provided by a human  
238 ‘supervisor,’ but the term still applies even when the training set targets were collected automatically”.

239 In turn, the term *unsupervised* learning is now used for any model that does not use manually collected  
240 labels, regardless of what other kind of supervision it may use. Further, the term *semi-supervised*  
241 learning generally refers in practice to models that are trained with a fraction of the labels, but are  
242 tested on the same classification benchmarks. Finally, the term *self-supervised* learning has recently

243 gained much popularity, referring to models that are trained on tasks other than the standard task  
244 defined by classification labels.

245 Some of the methods proposed under these categories are certainly useful—that is not the subject of  
246 criticism of this work—but the terminology is overly confusing and unnecessary. A newcomer would  
247 easily fall into a scientific rabbit hole trying to discern the meaning of each of these names through  
248 publications—not to mention if they incorporated social media discussions into their endeavour. By  
249 way of illustration, the authors of this paper have witnessed how a recurrent question by students who  
250 learn about recent deep learning methods is whether there is any difference between *self-supervised*  
251 and *unsupervised* learning. Are students missing something fundamental? The following anecdotal  
252 recall of influential keynote talks at artificial intelligence conferences should shed some light on part  
253 of the origins of this confusion: In December 2016, Prof. Yann LeCun titled his NeurIPS keynote  
254 presentation “Predictive Learning”, to refer to “what many people mean by unsupervised learning”  
255 (LeCun, 2016). A few years later, in his keynote presentation at ISSCC in February 2019, he spoke  
256 about similar ideas, but this time the title was “Self-Supervised Learning” (LeCun, 2019). In social  
257 media, he wrote: “I now call it ‘self-supervised learning’, because ‘unsupervised’ is both a loaded  
258 and confusing term”. Students may be getting things rather right.

259 Is there then a fundamental difference—a theoretically grounded one—between the deep learning  
260 methods labelled as *unsupervised* learning and more recently *self-supervised* learning? We argue  
261 that these are mostly brand names that reflect trends in the field, adding noise to the scientific  
262 progress and leading many astray. Therefore, we propose that, given the recent progress, the field  
263 of machine learning research would benefit from an exercise of self-reflection and from an effort to  
264 devise a rigorous taxonomy of the variety of methods. From a theoretical point of view, both the  
265 conventional classification models and the recent wave of self-supervised tasks can all be formalised  
266 as sub-categories of supervised learning.

### 267 3.3 Supervision comes in different flavours

268 In Section 2.2, we have seen examples of different forms of supervision used by humans and other  
269 animals. In machine learning, the field focused for many years on a few loss functions, such as  
270 classification and simple forms of regression. The relatively recent explosion of deep learning has  
271 brought about the development of several libraries for automatic differentiation (Baydin et al., 2017),  
272 which in turn have enabled the proposal of multiple loss functions and learning tasks with various  
273 types of supervision that can easily be optimised numerically by stochastic gradient descent and  
274 artificial neural networks. This has certainly opened promising and already fruitful avenues to  
275 incorporate richer forms of supervision and inductive biases other than classification, some inspired  
276 by biological learning, into machine learning algorithms.

277 A currently popular example is image data augmentation: Although until recently it was seen as a  
278 naïve technique to simply create additional training data, data augmentation actually encodes rich prior  
279 knowledge about human visual perception, in the case of computer vision. This is why it outperforms  
280 explicit regularisation methods, which provide less effective inductive biases Hernández-García &  
281 König (2018), and was used in “semi-supervised” tasks Laine & Aila (2016). The rich information  
282 embedded in image transformations has been used to encourage invariant outputs under different  
283 augmentations through contrastive losses (Ye et al., 2019), and even at intermediate representations,  
284 inspired by the invariance in the visual cortex (Hernández-García et al., 2019), although these methods  
285 were not branded as *self-supervision*. The use of this term for losses based on data augmentation  
286 was further popularised after the success of similar methods such as SimCLR (Chen et al., 2020).  
287 Beyond data augmentation invariance, the zoo of self-supervised learning tasks in computer vision is  
288 rich and diverse: classifying the rotation applied to image patches (Gidaris et al., 2018), predicting  
289 image colourisation (Larsson et al., 2017), classifying the relative position of two image patches  
290 (Doersch et al., 2015), or even solving full jigsaw puzzles (Noroozi & Favaro, 2016) (Jing & Tian  
291 (2020) recently performed an extensive review).

292 The current trend is to refer to these methods as *self-supervised* learning, but similar methods were  
293 referred to in the past as *semi-supervised*, *unsupervised*, and even *predictive* learning, as we have seen.  
294 A look at the papers reveals that these terms have been used mostly interchangeably. The terms *self-*  
295 and *semi-* and *unsupervised* learning imply that *less* supervision is used, but it would be misleading to  
296 seriously argue that the tasks are devoid of supervision. Most of these techniques make use of a wide  
297 range of surrogate tasks with supervisory signals defined by humans. In fact, they could have been

298 called *hyper-supervised*<sup>2</sup> learning. Here, we contend that these methods are all variants of supervised  
299 learning, only that supervision comes in different flavours, both in biological and machine learning,  
300 and we should call it by its name and ideally develop a rigorous taxonomy.

## 301 4 Discussion

302 In this paper, we have discussed some of the overambitious promises of the deep learning hype,  
303 namely that machine learning models should be able to generalise to unseen distributions, from a  
304 few examples, without human intervention or supervision. These claims have often been motivated  
305 by alleged generalisation capabilities of humans. In order to assess these motivations, we have  
306 first reviewed, in Section 2, some often overlooked characteristics of biological learning relevant  
307 to machine learning research. In particular, we have argued that humans and other animals receive  
308 extensive and diverse input stimuli as well as multiple supervisory signals, including the long history  
309 of evolution and cultural transmission. In the light of these insights from biological learning, we have  
310 then, in Section 3, critically reviewed the various terms that are currently used to refer to supposed  
311 alternatives to supervised learning: semi-, self- and unsupervised learning, among others. In sum,  
312 we pointed out that all these approaches are in fact supervised learning—though not necessarily  
313 classification—and the machine learning (research) community would benefit from using more  
314 rigorous, less overselling nomenclature, and from devising a more rigorous taxonomy.

315 Supervision is not evil. It is at the core of statistical learning theory: learning is impossible without  
316 inductive biases or supervision. But supervision comes in different flavours, not only as classification  
317 labels. Neither is deep learning some sort of exceptional solution to learn without human intervention  
318 and supervision, nor is it a hopeless model class because it requires large data sets (Marcus, 2018).  
319 The human visual system is exposed to a lot of stimuli too. One exceptional advantage of deep  
320 learning is precisely that it is possible to effectively optimise different learning objectives, almost  
321 end-to-end, from large collections of nearly naturalistic sensory signals, such as digital images (Saxe  
322 et al., 2020). While other models are known to scale poorly as the amount of data increases, neural  
323 networks excel at fitting the training data and interpolating on unseen examples (Belkin et al., 2019;  
324 Hasson et al., 2020). This is a feature, not a bug. But we will make better progress if we exploit  
325 these advantages of deep learning without neglecting that supervision will always be necessary—the  
326 critical goal is how to best incorporate it and exploit it.

327 In this regard, we argue that deep learning needs *more supervision*, and not less. A major focus  
328 of the deep learning community in the last decade has been image object classification. This has  
329 brought about unprecedented progress and unveiled the limitations of having classification as chief  
330 task and class labels as main supervisory signal. For example, deep classifiers have been found to  
331 learn spurious features that are highly discriminative for the classification task but with little true  
332 generalisation power and clearly not aligned with perceptual features (Jo & Bengio, 2017; Wang et al.,  
333 2019; Geirhos et al., 2020). In fact, this mismatch has been argued to be at the root of adversarial  
334 vulnerability (Ilyas et al., 2019) and seems to be the consequence of training highly expressive,  
335 over-parameterised models in heavily unconstrained tasks. This can be addressed with meaningful  
336 constraints, that is more and richer supervision, possibly inspired by human perception and biological  
337 learning. For example, combining a classification loss with a similarity loss inspired by the invariance  
338 in the visual cortex yields more robust representations without detriment to categorisation (Hernández-  
339 García et al., 2019), and simulating the properties of the primary visual cortex may improve the  
340 adversarial robustness of neural networks (Dapello et al., 2020). Expanding in this direction leads to  
341 biologically-inspired, multi-task and representation learning, and away from just classification.

## 342 5 Conclusions for future research directions

343 The chief goal of this paper is rather descriptive than prescriptive. We have aimed to identify and  
344 describe aspects of the current trends in machine learning research that could be improved, in the  
345 hope of inspiring future work that effectively address them. Nonetheless, throughout the paper we  
346 have made suggestions that may help mitigate the confusion with the terminology, clarify research  
347 directions and ultimately bring about scientific progress in machine learning research. We outline  
348 these suggestions here to conclude the paper.

---

<sup>2</sup>The authors explicitly discourage the addition of a new term to the already too confusing list.

349 We have drawn parallels from cognitive neuroscience to contend that learning in nature also requires  
350 abundant data and supervision in multiple forms. Even evolution can be regarded as an optimisation  
351 process where natural selection is the supervisory signal. We have argued, as others have before, that  
352 these insights from biology, neuroscience and developmental psychology, among other fields, offer a  
353 great opportunity for machine learning research to draw inspiration and calibrate its compass.

354 As we have discussed, research in deep learning has departed from pure classification and has been  
355 exploring new learning tasks and ways of training artificial neural networks. Nonetheless, in some  
356 fields such as computer vision, the ultimate benchmark to assess the value of a method is still the  
357 accuracy on classification data sets, such as ImageNet, even though there is evidence of overfitting  
358 the test set. While object recognition will remain an important benchmark, as deep learning is  
359 well suited to learn representations, we should develop methods to assess the quality of the learnt  
360 representations for tasks other than classification. In this regard, we encourage researchers to evaluate  
361 their models with tests that are still not widespread, such as the suitability for transfer learning,  
362 adversarial robustness, comparison with brain measurements, behavioural tasks, etc.

363 We have also argued that the field would benefit from an effort to devise a rigorous taxonomy of  
364 learning methods that sheds light on the ocean of methods proposed in the past years. The terms  
365 *self*-, *semi*- and *unsupervised* learning have been used interchangeably and this is often a source of  
366 confusion for students and newcomers. While confusing terminology is natural in a rapidly growing,  
367 the time might have come for distilling the progress of the past years into rigorous nomenclature that  
368 better survive the test of time.

369 Finally, we recall that most of the learning theory has been developed for simple loss functions such  
370 as binary classification or mean squared error regression, but certain methods successfully used in  
371 practice today escape the available theory. Given the success of this kind of more complex supervised  
372 objectives, the study of these methods from a theoretical point of view might be a fruitful direction  
373 for future work.

## 374 **Broader Impact**

375 Since this article does not present a new method or results from data sets, potential risks of “bias in  
376 the data” or “failure of the system” do not apply. As a critical review of current trends in the field and  
377 cite multiple research articles, some researchers could potentially feel addressed and affected by our  
378 mentions. We declare that we do not intend to negatively affect any individual researcher and we have  
379 only referred to individuals directly in the case of well-established scientist with a reputation. Our  
380 goal has been in any case to potentially improve scientific progress through a constructive reflection.

## 381 **References**

- 382 Abu-Mostafa, Y. S., Magdon-Ismail, M., and Lin, H.-T. *Learning from data*. AMLBooks, 2012.
- 383 Amodei, D. and Hernandez, D. AI and compute. Accessed: 2020-09-28, 2018. URL <https://openai.com/blog/ai-and-compute/>.
- 385 Arpit, D. et al. A closer look at memorization in deep networks. *arXiv preprint arXiv:1706.05394*,  
386 2017.
- 387 Atkinson, J. *The developing visual brain*. Oxford Scholarship Online, 2002.
- 388 Baydin, A. G., Pearlmutter, B. A., Radul, A. A., and Siskind, J. M. Automatic differentiation in  
389 machine learning: a survey. *Journal of Machine Learning Research (JMLR)*, 2017.
- 390 Becker, S. Implicit learning in 3D object recognition: The importance of temporal context. *Neural*  
391 *Computation*, 1999.
- 392 Belkin, M., Hsu, D., Ma, S., and Mandal, S. Reconciling modern machine-learning practice and the  
393 classical bias–variance trade-off. *Proceedings of the National Academy of Sciences (PNAS)*, 2019.
- 394 Biederman, I. and Bar, M. One-shot viewpoint invariance in matching novel objects. *Vision Research*,  
395 1999.



- 396 Bornstein, M. H. and Arterberry, M. E. The development of object categorization in young chil-  
 397 dren: Hierarchical inclusiveness, age, perceptual attribute, and group versus individual analyses.  
 398 *Developmental Psychology*, 2010.
- 399 Bülthoff, I. and Newell, F. N. The role of familiarity in the recognition of static and dynamic objects.  
 400 *Progress in Brain Research*, 2006.
- 401 Burghardt, G. M. *The genesis of animal play: Testing the limits*. MIT Press, 2005.
- 402 Cao, Q., Shen, L., Xie, W., Parkhi, O. M., and Zisserman, A. VGGFace2: A dataset for recognising  
 403 faces across pose and age. In *IEEE International Conference on Automatic Face & Gesture*  
 404 *Recognition*. 2018.
- 405 Carouso-Peck, S. and Goldstein, M. H. Female social feedback reveals non-imitative mechanisms of  
 406 vocal learning in zebra finches. *Current Biology*, 2019.
- 407 Chapelle, O., Schölkopf, B., and Zien, A. (eds.). *Semi-supervised learning*. MIT Press, 2006.
- 408 Chen, T., Kornblith, S., Norouzi, M., and Hinton, G. A simple framework for contrastive learning of  
 409 visual representations. In *International conference on machine learning*. 2020.
- 410 Dapello, J., Marques, T., Schrimpf, M., Geiger, F., Cox, D. D., and DiCarlo, J. J. Simulating a  
 411 primary visual cortex at the front of cnns improves robustness to image perturbations. *BioRxiv*,  
 412 2020.
- 413 Doersch, C., Gupta, A., and Efros, A. A. Unsupervised visual representation learning by context  
 414 prediction. In *Proceedings of the IEEE international conference on computer vision*, 2015.
- 415 Edelman, S. and Bülthoff, H. H. Orientation dependence in the recognition of familiar and novel  
 416 views of three-dimensional objects. *Vision Research*, 1992.
- 417 Farroni, T., Johnson, M. H., Menon, E., Zulian, L., Faraguna, D., and Csibra, G. Newborns' preference  
 418 for face-relevant stimuli: Effects of contrast polarity. *Proceedings of the National Academy of*  
 419 *Sciences*, 2005.
- 420 Fukushima, K. and Miyake, S. Neocognitron: A new algorithm for pattern recognition tolerant of  
 421 deformations and shifts in position. *Pattern Recognition*, 1982.
- 422 Gauthier, I., Tarr, M. J., Anderson, A. W., Skudlarski, P., and Gore, J. C. Activation of the middle  
 423 fusiform 'face area' increases with expertise in recognizing novel objects. *Nature Neuroscience*,  
 424 1999.
- 425 Geirhos, R., Jacobsen, J.-H., Michaelis, C., Zemel, R., Brendel, W., Bethge, M., and Wichmann, F. A.  
 426 Shortcut learning in deep neural networks. *arXiv preprint arXiv:2004.07780*, 2020.
- 427 Gelman, S. A. and Meyer, M. Child categorization. *Wiley Interdisciplinary Reviews: Cognitive*  
 428 *Science*, 2011.
- 429 Gidaris, S., Singh, P., and Komodakis, N. Unsupervised representation learning by predicting image  
 430 rotations. *arXiv preprint arXiv:1803.07728*, 2018.
- 431 Giraud-Carrier, C. and Provost, F. Toward a justification of meta-learning: Is the no free lunch  
 432 theorem a show-stopper. In *Proceedings of the ICML-2005 Workshop on Meta-learning*, 2005.
- 433 Goodfellow, I., Bengio, Y., and Courville, A. *Deep learning*. MIT Press, 2016.
- 434 Gopnik, A. Childhood as a solution to explore–exploit tensions. *Philosophical Transactions of the*  
 435 *Royal Society B*, 2020.
- 436 Gopnik, A. Brain Inspired podcast, by Paul Middle Middlebrooks. BI 094 Alison Gopnik: Child-  
 437 Inspired AI. <https://braininspired.co/podcast/94/>, 2021.
- 438 Gopnik, A., Frankenhuys, W. E., and Tomasello, M. Introduction to special issue: 'life history and  
 439 learning: how childhood, caregiving and old age shape cognition and culture in humans and other  
 440 animals', 2020.

441 Harwerth, R. S., Smith, E. L., Duncan, G. C., Crawford, M., and Von Noorden, G. K. Multiple  
442 sensitive periods in the development of the primate visual system. *Science*, 1986.

443 Hassabis, D., Kumaran, D., Summerfield, C., and Botvinick, M. Neuroscience-inspired artificial  
444 intelligence. *Neuron*, 2017.

445 Hasson, U., Nastase, S. A., and Goldstein, A. Direct fit to nature: An evolutionary perspective on  
446 biological and artificial neural networks. *Neuron*, 2020.

447 Hernández-García, A. and König, P. Data augmentation instead of explicit regularization. *arXiv*  
448 *preprint arXiv:1806.03852*, 2018.

449 Hernández-García, A., König, P., and Kietzmann, T. Learning robust visual representations using  
450 data augmentation invariance. *arXiv preprint arXiv:1906.04547*, 2019.

451 Hinton, G. and Sejnowski, T. (eds.). *Unsupervised learning*. MIT Press, 1999.

452 Ilyas, A., Santurkar, S., Tsipras, D., Engstrom, L., Tran, B., and Madry, A. Adversarial examples are  
453 not bugs, they are features. *arXiv preprint arXiv:1905.02175*, 2019.

454 Jing, L. and Tian, Y. Self-supervised visual feature learning with deep neural networks: A survey.  
455 *IEEE Transactions on Pattern Analysis and Machine Intelligence (TPAMI)*, 2020.

456 Jo, J. and Bengio, Y. Measuring the tendency of CNNs to learn surface statistical regularities. *arXiv*  
457 *preprint arXiv:1711.11561*, 2017.

458 Kording, K. P., Kayser, C., Einhauser, W., and Konig, P. How are complex cell properties adapted to  
459 the statistics of natural stimuli? *Journal of Neurophysiology*, 2004.

460 Kuhl, P. K. Is speech learning ‘gated’ by the social brain? *Developmental science*, 2007.

461 Laine, S. and Aila, T. Temporal ensembling for semi-supervised learning. *arXiv preprint*  
462 *arXiv:1610.02242*, 2016.

463 Larsson, G., Maire, M., and Shakhnarovich, G. Colorization as a proxy task for visual understanding.  
464 In *Proceedings of the IEEE Conference on Computer Vision and Pattern Recognition*, 2017.

465 LeCun, Y. Predictive learning, December 2016. URL <https://nips.cc/Conferences/2016/ScheduleMultitrack?event=6197>. Invited talk at the Thirtieth Conference on Neural Information Processing Systems (NeurIPS) 2016. Slide 24, starting on minute 14:34.

466  
467

468 LeCun, Y. Deep learning hardware: Past, present, and future, February 2019. URL <https://www.youtube.com/watch?v=YzD7Z2yRL7Y>. Invited talk at the International Solid-State Circuits Conference (ISSCC) 2019. Slide 57, starting on minute 27:24.

469  
470

471 LeCun, Y., Bengio, Y., and Hinton, G. Deep learning. *Nature*, 2015.

472 Lenneberg, E. H. The biological foundations of language. *Hospital Practice*, 1967.

473 Lindsey, J., Ocko, S. A., Ganguli, S., and Deny, S. A unified theory of early visual representations  
474 from retina to cortex through anatomically constrained deep CNNs. In *International Conference*  
475 *on Learning Representations (ICLR)*, *arXiv:1901.00945*, 2019.

476 Locatello, F., Bauer, S., Lucic, M., Ratsch, G., Gelly, S., Schölkopf, B., and Bachem, O. Challenging  
477 common assumptions in the unsupervised learning of disentangled representations. *arXiv preprint*  
478 *arXiv:1811.12359*, 2018.

479 Malhotra, G., Evans, B. D., and Bowers, J. S. Hiding a plane with a pixel: examining shape-bias in  
480 CNNs and the benefit of building in biological constraints. *Vision Research*, 2020.

481 Marcus, G. Deep learning: A critical appraisal. *arXiv preprint arXiv:1801.00631*, 2018.

482 Milivojevic, B. Object recognition can be viewpoint dependent or invariant—it’s just a matter of time  
483 and task. *Frontiers in Computational Neuroscience*, 2012.

- 484 Morgenstern, Y., Schmidt, F., and Fleming, R. W. One-shot categorization of novel object classes in  
485 humans. *Vision Research*, 2019.
- 486 Mundt, M., Hong, Y. W., Pliushch, I., and Ramesh, V. A wholistic view of continual learning with  
487 deep neural networks: Forgotten lessons and the bridge to active and open world learning. *arXiv*  
488 *preprint arXiv:2009.01797*, 2020.
- 489 Murphy, K. P. *Machine learning: a probabilistic perspective*. MIT Press, 2012.
- 490 Noroozi, M. and Favaro, P. Unsupervised learning of visual representations by solving jigsaw puzzles.  
491 In *European conference on computer vision*. 2016.
- 492 Pelz, M. and Kidd, C. The elaboration of exploratory play. *Philosophical Transactions of the Royal*  
493 *Society B*, 2020.
- 494 Rosenblatt, F. The perceptron: a probabilistic model for information storage and organization in the  
495 brain. *Psychological Review*, 1958.
- 496 Russakovsky, O. et al. ImageNet large scale visual recognition challenge. *International Journal of*  
497 *Computer Vision (IJCV)*, 2015.
- 498 Saxe, A., Nelli, S., and Summerfield, C. If deep learning is the answer, then what is the question?  
499 *arXiv preprint arXiv:2004.07580*, 2020.
- 500 Schwartz, R., Dodge, J., Smith, N. A., and Etzioni, O. Green ai. *arXiv preprint arXiv:1907.10597*,  
501 2019.
- 502 Shapiro, L. *Embodied cognition*. Oxford Handbooks Online, 2012.
- 503 Spriet, C., Abassi, E., Hochmann, J.-R., and Papeo, L. Visual object categorization in infancy.  
504 *bioRxiv*, 2021.
- 505 Tarr, M. J., Williams, P., Hayward, W. G., and Gauthier, I. Three-dimensional object recognition is  
506 viewpoint dependent. *Nature Neuroscience*, 1998.
- 507 Turing, A. M. *Cybernetics; (Key papers)*. University Park Press, 1968.
- 508 Uomini, N., Fairlie, J., Gray, R. D., and Griesser, M. Extended parenting and the evolution of  
509 cognition. *Philosophical Transactions of the Royal Society B*, 2020.
- 510 Valentine, T. Upside-down faces: A review of the effect of inversion upon face recognition. *British*  
511 *Journal of Psychology*, 1988.
- 512 Van Horn, G., Mac Aodha, O., Song, Y., Cui, Y., Sun, C., Shepard, A., Adam, H., Perona, P., and  
513 Belongie, S. The inaturalist species classification and detection dataset. In *Proceedings of the*  
514 *IEEE conference on computer vision and pattern recognition*, 2018.
- 515 Vinyals, O., Blundell, C., Lillicrap, T., Wierstra, D., et al. Matching networks for one shot learning.  
516 In *Advances in Neural Information Processing Systems (NeurIPS)*, 2016.
- 517 Wang, H., Wu, X., Yin, P., and Xing, E. P. High frequency component helps explain the generalization  
518 of convolutional neural networks. *arXiv preprint arXiv:1905.13545*, 2019.
- 519 Wolpert, D. H. The lack of a priori distinctions between learning algorithms. *Neural Computation*,  
520 1996.
- 521 Wyss, R., König, P., and Verschure, P. F. Invariant representations of visual patterns in a temporal  
522 population code. *Proceedings of the National Academy of Sciences (PNAS)*, 2003.
- 523 Ye, M., Zhang, X., Yuen, P. C., and Chang, S.-F. Unsupervised embedding learning via invariant and  
524 spreading instance feature. In *Proceedings of the IEEE/CVF Conference on Computer Vision and*  
525 *Pattern Recognition*, 2019.
- 526 Yin, R. K. Looking at upside-down faces. *Journal of Experimental Psychology*, 1969.

- 527 Zador, A. M. A critique of pure learning and what artificial neural networks can learn from animal  
528 brains. *Nature Communications*, 2019.
- 529 Zhang, C., Bengio, S., Hardt, M., Recht, B., and Vinyals, O. Understanding deep learning requires  
530 rethinking generalization. In *International Conference on Learning Representations (ICLR)*,  
531 *arXiv:1611.03530*, 2017.
- 532 Zhuang, F., Qi, Z., Duan, K., Xi, D., Zhu, Y., Zhu, H., Xiong, H., and He, Q. A comprehensive survey  
533 on transfer learning. *arXiv preprint arXiv:1911.02685*, 2019.

## 534 Checklist

- 535 1. For all authors...
- 536 (a) Do the main claims made in the abstract and introduction accurately reflect the paper’s  
537 contributions and scope? [Yes]
- 538 (b) Did you describe the limitations of your work? [Yes] See the beginning of Section 5.
- 539 (c) Did you discuss any potential negative societal impacts of your work? [Yes] See  
540 Section 5.
- 541 (d) Have you read the ethics review guidelines and ensured that your paper conforms to  
542 them? [Yes]
- 543 2. If you are including theoretical results...
- 544 (a) Did you state the full set of assumptions of all theoretical results? [N/A]
- 545 (b) Did you include complete proofs of all theoretical results? [N/A]
- 546 3. If you ran experiments...
- 547 (a) Did you include the code, data, and instructions needed to reproduce the main experi-  
548 mental results (either in the supplemental material or as a URL)? [N/A]
- 549 (b) Did you specify all the training details (e.g., data splits, hyperparameters, how they  
550 were chosen)? [N/A]
- 551 (c) Did you report error bars (e.g., with respect to the random seed after running experi-  
552 ments multiple times)? [N/A]
- 553 (d) Did you include the total amount of compute and the type of resources used (e.g., type  
554 of GPUs, internal cluster, or cloud provider)? [N/A]
- 555 4. If you are using existing assets (e.g., code, data, models) or curating/releasing new assets...
- 556 (a) If your work uses existing assets, did you cite the creators? [N/A]
- 557 (b) Did you mention the license of the assets? [N/A]
- 558 (c) Did you include any new assets either in the supplemental material or as a URL? [N/A]
- 559
- 560 (d) Did you discuss whether and how consent was obtained from people whose data you’re  
561 using/curating? [N/A]
- 562 (e) Did you discuss whether the data you are using/curating contains personally identifiable  
563 information or offensive content? [N/A]
- 564 5. If you used crowdsourcing or conducted research with human subjects...
- 565 (a) Did you include the full text of instructions given to participants and screenshots, if  
566 applicable? [N/A]
- 567 (b) Did you describe any potential participant risks, with links to Institutional Review  
568 Board (IRB) approvals, if applicable? [N/A]
- 569 (c) Did you include the estimated hourly wage paid to participants and the total amount  
570 spent on participant compensation? [N/A]