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# **Diagnosing Hallucination Problem in Object Navigation**

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## Abstract

001 This work investigates the hallucination problem in object 002 navigation, which leads agents to make incorrect navigation 003 decisions. We identify two kinds of hallucinations: visual grounding and navigation policy. Visual grounding halluci-004 005 nations are grounding errors from a grounding model that can mislead the agent policy. Policy hallucinations cause the 006 007 agent to make mistakes even with accurate visual grounding. 008 We analyze how these hallucinations contribute to navigation errors and affect navigation performance, and find that hallu-009 010 cinations about goal objects are the main bottleneck. Finally, we explore the usage of factors like grounding confidence 011 012 to identify potential directions to mitigate hallucinations in 013 object navigation.

#### 1. Introduction 014

An embodied agent that is able to navigate to a target object 015 016 in novel environments has been a long-term goal of embodied AI research [1]. To achieve this, a lot of work has been 017 done to build a better navigation policy [4, 10, 13, 15] and 018 improve the agent's visual grounding [9, 11, 13]. However, 019 020 the performance of the state-of-the-art navigation agent is 021 still far from perfect [4]. In the navigation process, the agent 022 could make incorrect navigation decisions that lead to failures. For example, stopping at an incorrect object or not 023 024 navigating to a goal object. While these wrong decisions affect navigation performance significantly, no study has 025 been conducted to deeply analyze why these decisions were 026 027 made and how we can mitigate them.

Incorrect navigation decision-making could be interpreted 028 029 as the model having an incorrect belief in the existence of the target object. In this work, we analyze the source of incorrect 030 031 decisions from the **object hallucination** perspective and diagnose the hallucination problems in object navigation. 032 We first define two main hallucination sources as in Fig. 1. 033 The first one is the visual grounding. In navigation, the 034 agent first needs to perform visual grounding and have an 035 understanding of the environment. The hallucination in 036 037 the grounding input may cause the agent to make incorrect



Figure 1. Two main sources of hallucination in object navigation. In the example, although the grounding model predicts correctly, the navigation policy hallucinates and leads to an navigation error.

decisions. The second source is the navigation policy, which processes the grounding input and takes sequential actions. The hallucination of navigation policy appears when the agent makes incorrect decisions when the visual grounding is correct, i.e., the policy does not trust the correct object grounding.

First, for the grounding input, we show the influence of grounding hallucination by comparing the performance between evaluating with ground truth grounding and predicted grounding. Then, we further investigate the degree of influence from different kinds of objects and how navigation policies leverage the grounding results by providing ground truth for goal or non-goal objects. We then define two major navigation errors and two navigation policy hallucinations 051 and show the correlation between them, from which we conclude that the navigation policy learns to ignore the positive grounding input during imitation learning. Finally, we analyze what grounding factors may help the grounding policies distinguish grounding input hallucinations, such as the area and the confidence of the grounding results, to provide potential directions to mitigate the hallucination problems in 058 object navigation.

In summary, our findings include: (1) The hallucination 060 about goal objects significantly influences navigation perfor-061 mance. (2) The navigation policies can leverage the imper-062 fect grounding of non-goal objects to explore the environ-063 ment. Only seriously incorrect non-goal object grounding 064 will affect the navigation performance. (3) The navigation 065 policy learns to ignore the positive grounding input during 066 training. (4) In terms of hallucinations on goal objects, we 067

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could potentially leverage more detection information, suchas grounding confidence, to mitigate them.

## 070 2. Related Work

#### 071 2.1. Object Navigation

There are two main lines of work in object navigation re-072 073 search. The first one is to build a better navigation policy to explore the environment and get closer to the goal ob-074 ject [10, 13, 15]. Among these methods, the learning-based 075 076 methods train an end-to-end navigation policy with imitation learning or reinforcement learning [4, 10, 13] achieves 077 state-of-the-art results. The other line of research aims to im-078 prove the visual perception of the navigation agent to better 079 080 understand the environment [9–13]. EmbCLIP [9] leverages 081 frozen clip embedding as a more robust visual representa-082 tion. [11, 12] tried to improve the visual representation of the environment using self-supervised pre-training. Beyond 083 084 RGB image visual embedding, [10, 13, 15] also leverages more high-level visual information - object detection and se-085 mantic segmentation in navigation. For different navigation 086 087 policies, previous work has shown that imperfect grounding 088 is a major bottleneck for navigation agent [6, 13, 15]. In this 089 work, we try to understand how exactly imperfect grounding 090 affects navigation and how to mitigate this problem.

#### **091 2.2. Visual Navigation Model Analysis**

Prior works in object navigation have used some evaluation 092 methods to understand the navigation models. First, various 093 094 metrics are proposed to evaluate a navigation episode, such 095 as success rate, distance to goal, SPL, SoftSPL, etc. Then, 096 [3, 13] tried to ablate the semantic segmentation input during 097 evaluation to see how much imperfect segmentation affects the navigation performance. Further, modular navigation 098 methods [5, 6, 15] define different navigation errors to un-099 100 derstand where the bottleneck is. However, these evaluations are still relatively superficial, which mainly shows the mod-101 102 els' performance but lacks analysis on where and why the performance gap exists. In the vision-and-language navi-103 gation (VLN) task, some works performed in-depth model 104 behavior analysis. Zhang et al. [14] tried to diagnose the 105 106 reason why it is hard for VLN agents to generalize to novel environments. Zhu et al. [16] tried to understand the be-107 havior of VLN agents by designing ablation experiments 108 on the input during evaluation time. We perform detailed 109 analysis for the influence of imperfect grounding in object 110 navigation tasks, including both training and evaluation time, 111 112 and provide solutions to mitigate the grounding problems.

## 3. Object Navigation and Hallucination Problems 113

## 3.1. Object Navigation

In a typical object navigation task, an agent starts in an 116 unknown environment E with the goal of finding an object 117 from a specific category G, like a chair or cabinet. The agent 118 doesn't know the exact location beforehand. At each step 119 t, the agent receives sensory data  $O_t$ . This data typically 120 includes an egocentric RGB-D image, and might also include 121 its position and orientation  $P_t$  in some environments. Based 122 on this information, the agent chooses an action a from a 123 set of available actions A, which includes a special "stop" 124 action to indicate it has found the object. The navigation 125 is successful if the agent stops within a certain distance (1 126 meter) of the target object and can see it without moving. 127

#### 3.2. Object Navigation Models

In our study, we consider end-to-end object navigation mod-129 els. A typical end-to-end object navigation model first takes 130 the inputs and encodes them into embeddings. For the visual 131 input RGB-D images, there are two kinds of encoders. The 132 first one is a visual encoder like CNN [9], which encodes the 133 RGB-D image into an image feature. The second one is a 134 semantic encoder, which first performs semantic segmenta-135 tion and then encodes the segmentation results into a visual 136 embedding [10]. Then, the input embeddings are fed into 137 a decision network based on a recurrent neural network or 138 a transformer. In this work, we select a transformer-based 139 architecture [4] that archives state-of-the-art results and fol-140 lows their training and evaluation setting in experiments. 141 The pipeline of a navigation model is shown in Fig. 1 142

To better analyze and quantify the influence of grounding, 143 we use semantic-level visual encoders for object naviga-144 tion models since their embedding is more explainable. For 145 instance, we could acquire the ground truth semantic embed-146 ding from the simulator. Specifically, we experiment with 147 two kinds of semantic-level encoders. First, following Ram-148 rakhya et al. [10], we use a Rednet [8] semantic segmentation 149 model trained on in-domain data to predict a semantic seg-150 mentation map  $M_{sem}$  from the RGB-D image. Then, we use 151 a ResNet [7] to encode the semantic segmentation map into 152 a d dimension embedding. Secondly, following Zhang et al. 153 [14], we calculate the area of each object class from  $M_{sem}$ 154 and form a semantic embedding with a dimension of 21 -155 the number of goal object classes in the MP3D dataset. The 156 value in each dimension is the proportion of pixels that an 157 object occupies in the image. We note these two embedding 158 methods as  $\operatorname{Rednet}_{\operatorname{semseg}}$  and  $\operatorname{Rednet}_{\operatorname{sememb}}$  respectively 159 in Table 1. 160

Crounding	Pred		GT All		GT Goal		GT Non-Goal		Shuf Non-Goal	
Grounding	SR	SPL	SR	SPL	SR	SPL	SR	SPL	SR	SPL
$\operatorname{Rednet}_{\operatorname{semseg}}$	45.3	15.2	58.0	18.8	57.6	19.1	43.0	14.7	38.0	12.4
$\operatorname{Rednet}_{\operatorname{sememb}}$	43.1	13.7	54.9	17.5	56.5	17.6	41.2	13.6	36.6	10.5

Table 1. Comparison of object navigation performance with different ground truth and predicted grounding information provided on different semantic embeddings.

Grounding	PoHall 1	Error 1	PoHall 2	Error 2
Rednet <sub>semseg</sub>	14.8	38.4	0.03	0.36
Rednet <sub>semsep</sub>	15.0	36.2	0.03	

Table 2. Quantitative evaluation of two kinds of navigation errors and policy hallucinations in object navigation. The number indicates the average number of hallucinations or errors per episode.

### **161 3.3. Hallucinations in Object Navigation**

We define two sources of navigation hallucinations to better 162 163 diagnose the hallucination errors in navigation. The first one is the grounding input hallucinations. In the context of 164 semantic segmentation or object detection, this hallucination 165 can be reflected by grounding metrics like Intersection over 166 Union (IoU). The second one is the hallucinations from the 167 168 navigation policy. It happens when the grounding input 169 is correct while the navigation policy still makes incorrect decisions. For example, even when the visual grounding 170 171 part successfully captures the goal object, the agent could still make the wrong decision not to navigate to the detected 172 173 object.

## **4. Diagnose Hallucinations in Navigation**

### **4.1. Dataset and Metrics**

We use MP3D [2] object navigation dataset for training and 176 evaluation in our experiments. We use imitation learning for 177 model training with the imitation learning dataset collected 178 by Ramrakhya et al. [10], which contains 60k<sup>1</sup> trajectories in 179 56 training environments with 21 goal object categories. We 180 181 report the evaluation results on the validation split, containing 2195 episodes in 11 unseen validation environments. For 182 183 evaluation metrics, we use Success Rate (SR) and Success rate weighted by Path Length (SPL) [1]. 184

## **4.2. Grounding Hallucination in Object Navigation**

How is navigation success affected by grounding hallucination? First, to show the influence of grounding hallucination, in Table. 1, we compare the models trained with Red-

net predicted semantic segmentation and test with predicted189(Pred) or ground truth (GT All) semantic segmentation. We190find that, for both semantic encoding methods, testing with<br/>ground truth semantic segmentation improves the naviga-<br/>tion performance significantly. This shows that grounding<br/>hallucination strongly affects navigation performance.191192193193194

Is the goal object grounding the only grounding feature 195 that matters? To better understand how grounding hal-196 lucinations from Rednet affect navigation performance, we 197 break down the influence of grounding hallucinations in dif-198 ferent object categories. During the evaluation time, we 199 provide ground truth segmentation of goal objects (GT Goal) 200 and non-goal objects (GT Non-Goal) to the navigation pol-201 icy. Surprisingly, we find that providing the ground truth 202 grounding of the goal object achieves a similar performance 203 to providing all the ground truth grounding. This shows that 204 better utilizing the grounding information of goal object is 205 the main bottleneck for the navigation agent. 206

We can also observe that providing ground truth non-goal 207 objects does not improve the navigation performance. This 208 raises the question of whether the grounding information of 209 non-goal objects is not essential for navigation. To answer 210 this, we randomly shuffle the 20 non-goal object categories in 211 the semantic embedding during evaluation time. In this case, 212 the grounding information of other objects will be totally 213 incorrect, e.g. a table will become a sofa. For consistency, 214 we keep the shuffle order the same for each step within one 215 episode. From Table. 1, we observe that shuffling non-goal 216 objects (Shuf Non-Goal) decreases navigation performance 217 by a large margin -6.9% in success rate. This shows that 218 the navigation policy suffers from serious hallucinations of 219 non-goal object grounding. However, imperfect grounding 220 information for non-goal objects from Rednet can already 221 benefit navigation decision-making as well as ground truth 222 information. Therefore, it is not a significant grounding 223 bottleneck for navigation. 224

## **4.3.** Policy Hallucination in Object Navigation

In the last section, we showed that the grounding halluci-<br/>nation of goal objects is the main bottleneck of navigation<br/>performance. In this section, we will further investigate the<br/>policy hallucination in terms of goal objects.226<br/>227228<br/>229229

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<sup>&</sup>lt;sup>1</sup>We exclude the training episodes where the goal object does not belong to the 21 goal objects.

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Grounding	Area	Conf
Rednet <sub>semseg</sub>	0.62	0.67
$Rednet_{sememb}$	0.61	0.67

Table 3. Results of using the grounding area or confidence to judge the navigation success using a naive Bayesian classifier. The number reported is classification accuracy.

230 We first define two major navigation errors in object navigation: ignoring the goal object (Error 1), which means 231 the goal object appears, but the agent did not navigate to it, 232 and stopping incorrectly (Error 2), which means that the 233 agent decides to stop in a place not within 1 meter of a goal 234 object. To remove the influence of grounding hallucination, 235 we then define two kinds of policy hallucinations about the 236 237 goal object. The first one is that when the goal object is 238 correctly detected by the grounding model, the policy does 239 not choose to navigate to it and stop (PoHall 1). The second 240 one is that the policy decides to stop when the goal object is 241 not detected by the grounding model (PoHall 2). We quan-242 titatively calculate these two policy hallucinations in the following ways. For the first one, we calculate the frequency 243 when the goal object appears and is correctly detected by 244 the grounding model (IoU is larger than 0.1), and the agent 245 246 didn't successfully stop within 40 steps. For the second one, we calculate the frequency when the agent decides to stop in 247 an incorrect location when no goal object is detected within 248 the last 5 steps of navigation. To compare, we also count the 249 number of two navigation errors during navigation. 250

The results are shown in Table. 2, we find that PoHall 1 251 252 happens frequently and contributes more to navigation Error 253 1. This means that the policy will usually ignore the correct grounding input and not navigate to it. Meanwhile, since 254 255 PoHall 2 appears only less than 10% of times when Error 2 occurs, when the policy decides to stop, typically, a goal 256 object is detected, whether correct or not, within the last 257 258 5 steps. This could be because, during imitation learning, the human labeler sometimes did not see the goal objects, 259 260 or the Rednet model made hallucinations of false positive predictions, resulting in the demonstration not navigating 261 262 to a detected goal object. Therefore, the navigation policy learns to ignore some positive grounding results. When the 263 264 human demonstration stops at the goal object, the grounding 265 model can usually make correct predictions. Therefore, the policy is less likely to stop when there is no goal detected. 266 On the other hand, Error 2 is mainly due to grounding input 267 hallucinations. Since most of the time, when the agent stops 268 incorrectly, a goal object is detected, leading to the wrong 269 270 decision.

#### 4.4. Mitigating Hallucinations in Object Navigation 271

After learning more about hallucinations in navigation, we 272 now investigate how we can potentially mitigate them. We 273 look at the second kind of navigation error (Error 2), which 274 is the most serious error since it directly causes navigation 275 failure. We already know that Error 2 is mainly caused by 276 grounding input hallucinations. Although grounding hal-277 lucinations are inevitable, enabling navigation policies to 278 distinguish these grounding hallucinations and make correct 279 navigation decisions can reduce these navigation errors. To 280 investigate how we can improve the policy network on this, 281 we calculate two key grounding features, grounding confi-282 dence and grounding areas, when Error 2 occurs, and the 283 opposite of it occurs - the agent stops successfully. To show 284 whether these features are helpful, we use a naive Bayesian 285 classifier to take their values as input and predict whether 286 the episode is successful or not: 287

$$P(S_k|f) = \frac{P(f|S_k)P(S_k)}{P(f)}$$
(1) 288

Where  $S_k$  indicates episode success or not, and the prior 289  $P(S_k)$  is set to a uniform distribution. f is the average 290 grounding confidence or area in the last 5 steps. We collect 291 the data from all the validation trajectories and randomly 292 split them into training and evaluation sets for the naive 293 Bayesian classifier. 294

The results are shown in Table. 3, we find that the classification accuracy using grounding confidences is significantly higher than using grounding areas as features. This could be 297 because the navigation area is known by the agent and is one of the reasons for the decision to stop by the agent policy. We also noticed that the classification accuracy using either feature is significantly higher than that of a random guess -50%. Therefore, grounding features like confidence that are not currently utilized by the navigation agent could be helpful in mitigating grounding hallucinations.

### 5. Conclusion and Discussion

In this work, we study the hallucination problem in object 306 navigation, where the agent has incorrect beliefs about ob-307 jects. We define the two sources of navigation hallucination 308 and quantitatively analyze their contributions to navigation 309 errors and their influence on navigation performance. For the 310 most critical navigation error, we analyzed the main cause 311 and proposed potential solutions. We hope this work can 312 help the research community understand the hallucination 313 problems in object navigation and provide insights on miti-314 gating them. The limitation is that our analysis focuses on 315 the hallucination problem for end-to-end object navigation 316 models. Therefore, the conclusions may not be general-317 318 ized to those modular-based navigation models that leverage explicit semantic mapping. 319

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