# Aligning Large Language Models via Chain-of-Thought Reasoning

### Anonymous ACL submission

#### Abstract

 Chain-of-Thought (CoT) prompting empowers the reasoning abilities of Large Language Mod- els (LLMs), eliciting them to solve complex reasoning tasks step-by-step. However, these capabilities appear only in models with billions of parameters, which represent a barrier to en- try for many users who are forced to operate on a smaller model scale, i.e., Small Language Models (SLMs). Although many companies are releasing LLMs of the same family with a reduced number of parameters, these models sometimes produce misleading answers and are unable to deliver CoT reasoning.

 In this paper, we investigate the alignment 015 of reasoning abilities from larger to smaller Language Models. In particular, using **Instruction-tuning-CoT** approach, that is, an Instruction-tuning empowered towards CoT- Demonstrations, we analyze the impact on the the downstream abilities. Hence, we instruct a smaller Language Model using outputs gener- ated by more robust models belonging to the same family or not, and we analyze the im- pact and divergencies. Results obtained on four question-answering benchmarks show that SMLs can be instructed to reason via CoT-Demonstration produced by LLMs.

#### **1 Introduction**

 Chain-of-Thought (CoT) prompting elicits Large Language Models (LLMs) to break down a reason- ing task towards a sequence of intermediate steps [\(Wei et al.,](#page-10-0) [2022\)](#page-10-0). Previous works have demon- strated that in LLMs with at least several billions of parameters, such as GPTs family [\(OpenAI,](#page-9-0) [2023\)](#page-9-0) or PaLM [\(Chowdhery et al.,](#page-8-0) [2022\)](#page-8-0), CoTs enables the delivery of multi-step, controlled reasoning, [a](#page-8-1)chieving results across commonsense [\(Bubeck](#page-8-1) [et al.,](#page-8-1) [2023\)](#page-8-1), symbolic and mathematical reasoning datasets [\(Gaur and Saunshi,](#page-9-1) [2023;](#page-9-1) [Liu et al.,](#page-9-2) [2023\)](#page-9-2).

 The size of LLMs, however, poses an adoption barrier for numerous users. In order to facilitate

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Figure 1: In Instruction-tuning-CoT, the Students models instruct themselves using CoT-Demonstrations, which are Demonstrations-delivering CoT reasoning generated by the Teachers models. We elicit a Large Language Model to answer questions through Chain-of-Thought reasoning mechanism. Then, we use the CoT-Demonstrations to instruct a Small Language Model to reason as a Large Language Model would.

accessibility, derived scaled-down models from the **042** same family but with reduced size have been intro- **043** duced, such as Llama-2-7b and -13b as the corre- **044** sponding 'Smaller Language Models (SLMs)' as- **045** sociated with Llama-2-70b [\(Touvron et al.,](#page-10-1) [2023\)](#page-10-1), 046 both of them having less than half billion of param- **047** eters. Although these SLMs are highly functional **048** across different tasks, the CoT prompting mecha- **049** nism only proved beneficial for models at a certain **050** threshold scale (e.g., with more than 60B parame- **051** ters [\(Wei et al.,](#page-10-2) [2023\)](#page-10-2)). In fact, these SLMs produce **052** illogical answers when prompted under the CoT **053** framework. **054**

In this paper, we propose a method to enable **055**

 CoT reasoning over SLMs by introducing two novel mechanisms. The first is the concept of in- family alignment for teacher-student Instruction- tuning (i.e. prioritising models from the same family instead from different families). In par- ticular, we investigate the alignment of Chain-of- Thought reasoning abilities through the support of CoT-Demonstrations "taught" by LLMs teach- ers to SLMs students (see Figure [1\)](#page-0-0), contrasting within in-family and and out-family settings. As **concerning [\(Magister et al.,](#page-9-3) [2023;](#page-9-3) [Ho et al.,](#page-9-4) [2023a;](#page-9-4)**  [Shridhar et al.,](#page-10-3) [2023\)](#page-10-3) we introduce the Instruction- [t](#page-9-5)uning approach through which, respect to [\(Li](#page-9-5) [et al.,](#page-9-5) [2023a\)](#page-9-5), we instruct student models with CoT-Demonstrations produced by in-family and out-family teachers.

**072** This leads to the target research questions, which **073** are the focus of this paper:

**074** *RQ1) How does Instruction-tuning via Demon-***075** *strations impact the reasoning abilities of students* **076** *models?*

**077** *RQ2) What is the effect of Demonstrations deliv-***078** *ered with the Chain-of-Thought reasoning process?*

**079** *RQ3) How much do Demonstrations produced* **080** *by an in-family teacher impact a student align-***081** *ment?*

 To answer these questions, we select Llama- 2-7b and Llama-2-13b [\(Touvron et al.,](#page-10-1) [2023\)](#page-10-1) as students and Llama-2-70b and GPT-3.5 as in- family and out-family teachers. Then, we con- duct an extensive analysis using four question- answering benchmarks. We use Llama-2-70 and GPT-3.5 to deliver Answers at the core of the CoT-Demonstrations (see Figure [1\)](#page-0-0) used to instruct Llama-2-7 and -13. We discern the CoT-Demonstrations between Demonstrations- delivering CoT and Demonstrations-misleading CoT stems from Answers-delivering CoT (cor- rect CoT prediction) and Misleading CoT (wrong CoT predictions). Furthermore, to have a term of comparison, we produce the base Demonstrations formed the same way as the previous ones without CoT prompting. Figure [12](#page-14-0) shows the terminology used in this work, and Figure [13](#page-14-0) summarizes the overall pipeline.

 Behind a comprehensive analysis, we show that the Instruction-tuning approach on Demonstrations instructs students, and they outperform baseline SLMs in all proposed benchmarks. Moreover, stu- dents instructed with CoT-Demonstrations outper- formed those instructed without CoT. Finally, stu-dents instructed with Demonstrations-delivering

CoT provided by the in-family teachers outper- **108** formed those instructed with out-family ones and **109** achieved the best performances. **110**

Our findings can be summarized as follows: **111**

i) The Instruction-tuning of SLM students via 112 Demonstrations delivered by an LLM teacher out- **113** performed the baselines in terms of downstream **114** performance. The SLMs instructed via Demon- **115** strations consistently outperformed the baselines **116** defined by non-tuned SLMs on the four proposed **117** question-answering benchmarks. **118**

ii) The Instruction-tuning via CoT- **119** Demonstrations aligns the reasoning abilities of **120** SLMs with the ones of LLMs. In fact, models **121** instructed through CoT-Demonstrations that **122** contain outputs generated via CoT prompting **123** outperform models trained with Demonstrations. **124**

iii) Finally, in-family alignment with Instruction- **125** tuning via Demonstrations-delivering CoT formed **126** by Answers-delivering CoT outperforms out- **127** family alignment. Llama-2-7 and Llama-2-13 in- **128** structed with Answer-delivering-CoT Demonstra- **129** tions produced by Llama-2-70 outperform the stu- **130** dents instructed by teacher GPT-3.5 other SMLs as **131 well.** 132

## 2 Method **<sup>133</sup>**

In order to align the reasoning abilities of smaller **134** Language Models using further knowledge gener- **135** ated by larger Language Models, we propose two **136** steps, as shown in Figure  $1<sup>1</sup>$  $1<sup>1</sup>$ . In the first part, there **137** is an annotation phase where the Large Language **138** Models (LLMs) systematically prompt generate **139** outputs (Section [2.1\)](#page-1-1). These outputs will be the **140** core of Demonstrations used during the Instruction- **141** tuning phase from the smaller Language Models, **142** presented in Section [2.2.](#page-2-0) **143** 

#### <span id="page-1-1"></span>2.1 Teacher Model **144**

Many state-of-the-art LLMs are available that **145** differ in the number of parameters and training **146** modes. However, our research questions focuse on **147** Instruction-tuning and family-alignment of reason- **148** ing abilities. Therefore, we concentrated on robust **149** models with different versions of the same family **150** [4.](#page-11-0) **151**

As a robust LLMs, we selected Llama-2-70b **152** [\(Touvron et al.,](#page-10-1) [2023\)](#page-10-1), and in terms of comparison, **153**

<span id="page-1-0"></span><sup>&</sup>lt;sup>1</sup> Figure [13](#page-14-0) shows the overall pipeline.

GPT-3.5[2](#page-2-1) **154** [\(OpenAI,](#page-9-0) [2023\)](#page-9-0). Meanwhile, Llama-2- 70b because, as introduced before, there are several smaller versions (presented in Section [2.2\)](#page-2-0) despite the reduced number of parameters, they obtain re- markable results. In particular, we use the "chat" version of the LLM called Llama-2-70-chat. We se- [l](#page-10-1)ected this version because, as reported by [Touvron](#page-10-1) [et al.](#page-10-1) [\(2023\)](#page-10-1), it is optimized for dialogue use cases and provides better demonstrations. In the rest of the paper, we will call this model Llama-2-70. Hence, we chose an out-family model to observe the impact of the Llama-2-70bs abilities. We select GPT-3.5 because it generates high-quality data ei- ther with and without the CoT prompting approach, as shown by [Fu et al.](#page-9-6) [\(2023\)](#page-9-6).

 Although our focus is on CoT abilities, in order to conduct a comprehensive study, we proposed two different input-prompts, both in a zero-shot sce- nario. The first input-prompt is a classic standard prompt, consisting of the question and its choices as follows:

```
Choose the answer to the question only from
options A, B, C, D.
Question: <Question>
Choices:
A) <Option1>
B) <Option2>
C) <Option3>
D) <Option4>
Answer:
```
 The second input-prompt is like the first, but behind "Answer:" we insert "**Let's think step by step**" as proposed by [Wei et al.](#page-10-0) [\(2022\)](#page-10-0), that is shown in Table [6.](#page-12-0)

**179** Following the annotation process performed by **180** LLMs, the annotations have been used to construct **181** the Demonstrations.

#### <span id="page-2-0"></span>**182** 2.2 Student Model

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 Several SLMs have been fine-tuned either for instruction-following [\(Taori et al.,](#page-10-4) [2023\)](#page-10-4) or rein- [f](#page-9-7)orcement learning with human feedback [\(Ouyang](#page-9-7) [et al.,](#page-9-7) [2022\)](#page-9-7). However, whatever the techniques, **the smaller Language Models<sup>[3](#page-2-2)</sup> do not seem able to** reproduce the step-by-step reasoning abilities.

 However, recent work proposes techniques of knowledge distillation [\(Li et al.,](#page-9-5) [2023a\)](#page-9-5), skill refine- ment [\(Huang et al.,](#page-9-8) [2022\)](#page-9-8), and enriched fine-tuning [\(Magister et al.,](#page-9-3) [2023\)](#page-9-3) to teach SLMs to produce

<span id="page-2-3"></span>

**Output** (that is the Answer produced by teacher model)



Table 1: Example of CoT-Demonstration. The structure is composed by: **Instruction**, **Input** and **Output**. In this case, the last part is the **Answer** produced by GPT-3.5 CoT prompted.

reasoned answers. Following this idea, we analyze **193** the impact of Instruction-tuning from Demonstra- **194** tions provided by in-family and out-family teachers. **195** Hence, we chose two SLMs students, Llama-2-7b, 196 and Llama-2-13b [\(Touvron et al.,](#page-10-1) [2023\)](#page-10-1). In both **197** cases, we used "chat" versions, i.e., Llama-2-7-chat **198** and Llama-2-13-chat (versions detailed in Table [7\)](#page-12-0), **199** which we will refer to in the paper as Llama-2-7 200 and -13. **201**

Student models are evaluated before and after the **202** [I](#page-10-4)nstruction-tuning, conducted as in Alpaca [\(Taori](#page-10-4) **203** [et al.,](#page-10-4) [2023\)](#page-10-4). This approach concerns the tuning **204** of Demonstrations, which consist of an instruc- **205** tion which, in our case, is fixed, i.e., Choose the **206** answer to the question only from options **207** A, B, C, D., an input which is the question, and **208** an expected output which, in our case, are the out- **209** put generated by the LLMs teachers. Table [1](#page-2-3) shows **210**

```
3
```
<span id="page-2-1"></span><sup>2</sup>We use *GPT-3.5-turbo*, however in the rest of work we will use only GPT-3.5

<span id="page-2-2"></span><sup>&</sup>lt;sup>3</sup>We consider Smaller models with less than 60B of parameters based on [\(Wei et al.,](#page-10-0) [2022\)](#page-10-0).

**211** an example of input. Additional details about the **212** Instruction-tuning steps are provided in Section

- **213** [3.2.1.](#page-3-0)
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# **<sup>214</sup>** 3 Experimental Setup

 In order to make the experiments comparable with state-of-the-art models, we use four bench- marks (introduced in Section [3.1\)](#page-3-1) that are gen- erally used to assess the abilities of Large Lan- guage Models (LLMs). Moreover, to conduct the Instruction-tuning phase on the Small Language Models (SMLs), we use the approach presented in Section [3.2.](#page-3-2) All code is available in the supplemen-tary material, to be released if accepted.

# <span id="page-3-1"></span>**224** 3.1 Data

 With the successful growth of the LLMs, sev- eral question-answering benchmarks with multiple- choice questions have been proposed to build solid assessments of the models' abilities. In this paper, we selected four benchmarks that deal with topics around reasoning:

 General Commonsense Reasoning We evalu- ate the models' ability to perform general reason- ing on the CommonSenseQA [\(Talmor et al.,](#page-10-5) [2019\)](#page-10-5) (CSQA) and OpenBookQA [\(Mihaylov et al.,](#page-9-9) [2018\)](#page-9-9) (OBQA). CommonSenseQA is one of the best- known datasets of answers to multiple-choice ques- tions dealing with different types of general com- monsense knowledge. OpenBookQA is a resource that contains questions requiring multi-step reason- ing, common knowledge, and rich text comprehen- sion. It is inspired by high school-level open-book exams in physics and biology, aiming to assess human comprehension and application of founda-tional concepts

 Physical Commonsense Reasoning We evalu- ate the models' ability to perform physical reason- ing on the Interaction Question Answering (PIQA) [\(Bisk et al.,](#page-8-2) [2019\)](#page-8-2). It is a resource consisting of a series of everyday situations with a pair of typical and atypical solutions.

 Social Commonsense Reasoning We evaluate the models' ability to perform social reasoning on the Social Interaction Question Answering (SIQA) [\(Sap et al.,](#page-10-6) [2019\)](#page-10-6). It is a benchmark focusing on reasoning about people's actions and social impli- cations. The actions in Social IQa cover various social situations and candidates for plausible and not plausible answers.

Splitting Details Since a test split for all bench- **259** marks is not always available open-source, we **260** adopt the following strategy: we use 4000 ex- **261** amples with equally distributed target classes as **262** training data and the validation versions found on **263** huggingface as test data. We performed this split **264** because we needed to observe the impact of the **265** responses provided by the teacher models on dif- **266** ferent benchmarks. The same is true for validation **267** since we need open-source and reproducible data to **268** conduct a detailed evaluation of the student models. **269** In Table [10,](#page-13-0) we report the quantitative information, **270** global, and splitting ratios, and in Table [9,](#page-13-0) we show **271** one example for each benchmark. The data are **272** fully accessible and open-source, as described in **273** Table [11.](#page-13-0) **274** 

# <span id="page-3-2"></span>3.2 Teaching to Reason **275**

We selected Llama-2-70 and GPT-3.5 as the teach-  $276$ ers (introduced in Section [2.1\)](#page-1-1). Consequently, the **277** LLMs are prompted in the one-shot scenarios, as **278** shown in Table [5](#page-12-0) and Table [6.](#page-12-0) **279** 

We selected Llama-2-7 and Llama-2-13 [\(Tou-](#page-10-1) **280** [vron et al.,](#page-10-1) [2023\)](#page-10-1) as student models (as described **281** in Section [2.2\)](#page-2-0). Therefore, the students models **282** are Instruction-tuned, as proposed in [\(Taori et al.,](#page-10-4) **283** [2023\)](#page-10-4). Hence, the SLMs are instructed on the **284** Demonstrations that contain the answers generated **285** by the teachers, as explained in Section [2.2.](#page-2-0) Table **286** [1](#page-2-3) shows a CoT-Demonstration that is Demonstra- **287** tion that contains the Instruction, the Input, and, **288** as Output, the Answer-delivering CoT that is an **289** output generated by GPT-3.5 CoT-prompted. **290**

# <span id="page-3-0"></span>**3.2.1 Models Setup** 291

We conduct Instruction-tuning phase using QLoRA **292** proposed by [Dettmers et al.](#page-9-10) [\(2023\)](#page-9-10). This approach **293** allows instruction-tuning (and, more generally, fine- **294** tuning) to be conducted while reducing memory **295** usage. In particular, [Dettmers et al.](#page-9-10) [\(2023\)](#page-9-10) propose **296** several techniques for tuning models with many **297** parameters on GPUs with limited resources while **298** preserving 16-bit tuning performance. **299**

We follow the training approach proposed in Al- **300** paca [\(Taori et al.,](#page-10-4) [2023\)](#page-10-4). Our models are trained **301** for one epoch and set the learning rate as 0.00002 **302** with 0.001 weight decay. We use the cosine learn-  $303$ ing rate scheduler with a warmup ratio of 0.03. **304** We conducted our experiments on a workstation 305 equipped with two Nvidia RTX A6000 with 48GB **306** of VRAM. **307**

<span id="page-4-0"></span>

Figure 2: Accuracies (%) on benchmarks (Section [3.1\)](#page-3-1) before Instruction-tuning (i.e., Baselines) and behind on Demonstrations (i.e., Instruction-tuned) and CoT-Demonstrations (i.e., Instruction-tuned-CoT). In addition, Instruction-tuning phases only on Demonstrations-delivering CoT and Demonstrations Truthful, specifically, demonstrations with Answers-delivering CoT and Answer Truthful (correct predictions), provided by teachers models without Misleading ones.

#### **308** 3.3 Evaluation

 The most commonly used evaluation methods for question-answering tasks are language-model prob- ing, in which the option with the highest probability is chosen [\(Brown et al.,](#page-8-3) [2020\)](#page-8-3), and multiple-choice probing, in which the models are asked to answer. The evaluation in the first case is performed with a function taking the maximum value and in the second case with a string matching. The second method is widely used in recent evaluations be- cause it applies to models such as GPT-x (GPT-3.5 and GPT-4) [\(OpenAI,](#page-9-0) [2023\)](#page-9-0) where probability val-ues cannot be accessed.

 In our experiments, we chose the latter to have a comparable and scalable pipeline. Therefore, we performed a string matching between the generated outputs and the target choice.

#### **<sup>325</sup>** 4 Results & Discussion

 Language Models that were unable to reason can be elicited to do it through the knowledge of teacher models. These conclusions can be observed in Fig- ure [2,](#page-4-0) where there are the downstream accuracies without the Instruction-tuning phase (see the Base-line) and the Instruction-tuning phase on Demonstrations. In fact, as discussed in Section [4.1,](#page-5-0) Small **332** Language Models (SLMs) CoT prompted obtained **333** weak results. In contrast, models that are instructed **334** via Chain-of-Thought (CoT) Demonstrations, i.e., **335** Demonstrations produced by CoT-prompted Large **336** Language Models (LLMs), outperform other mod- **337** els (see the Instruction-tuned-CoT in Figure [2\)](#page-4-0). **338**

However, although CoT-Demonstrations pro- **339** duced better students, the complete alignments **340** between students and teachers are realized via **341** Demonstrations-delivering CoT, as discussed in **342** Section [4.2.](#page-5-1) In particular, the "Demonstrations- **343** delivering CoT" and "Demonstrations Truthful" **344** bars in Figure [2](#page-4-0) show that student models instructed **345** via Demonstrations-delivering CoT outperformed **346** students instructed via CoT-Demonstrations, which **347** contained Demonstrations Misleading CoT. **348**

Finally, students instructed with Demonstrations- **349** delivering CoT produced by in-family teachers **350** always outperformed students instructed with **351** Demonstrations-delivering CoT produced by out- **352** family teachers. In Figure [2,](#page-4-0) it is possible to **353** observe the phenomenon of family-alignment be- **354** tween Llama-2-70 and Llama-2-7 and -13 in more **355** detail in Section [4.2.](#page-5-1)

<span id="page-5-3"></span>

<span id="page-5-0"></span>Figure 3: Acciracies (%) on the test set of benchmarks. The Instruction-tuning performed on different splits (see Appendix [A](#page-11-1) for major details) of Demonstrations and CoT-Demonstrations (correct and not correct predictions), Demonstrations Truthful, and Demonstrations-delivering CoT (correct predictions).

## **357** 4.1 CoT-abilities of Small Language Models

 Chain-of-Thought (CoT) prompts are not always delivering downstream performance improvements. In fact, SLMs, i.e., with fewer parameters, have not outperformed when prompted with the CoT mech- anism. In particular, we evaluated performance on four question-answering benchmarks, described in Section [3.1,](#page-3-1) using two versions of Llama-2-chat (7b-13b billion) in a zero-shot scenario. Proposing a classical prompt (which we call "Baseline") and a CoT prompt (Table [5](#page-12-0) and Table [6\)](#page-12-0), we obtained the performances in Table [2.](#page-5-2)

 The results confirm what [Wei et al.](#page-10-0) [\(2022\)](#page-10-0) have claimed about the limitations of the emergent CoT prompting abilities that are not observable in SLMs. Moreover, using CoT prompting leads to model confusion with subsequent degradation of down- stream results. It is possible to observe these phe- nomena in OpenBookQA (OBQA) and Common- SenseQA (CSQA) (down arrows in Table [2\)](#page-5-2). In par- ticular, there is a marked deterioration in Llama-2-7 (see ⇓), which has half the parameters of Llama-2- 13 (see ↓).

 However, the same behaviour was not observed for Physical- and Social-Interaction Question An- swering (PIQA) and (SIQA). In fact, not consid- ering the nature of benchmarks, unlike the oth- ers, they are always question-answering multiple- choice-questions but have fewer possible choices, as shown in Table [10.](#page-13-0) In this regard, we hypoth-esize that the most controllable scenarios, where

chain reasoning is limited to fewer options, are **388** reasonable by SLMs elicited with CoT prompts. **389**

<span id="page-5-2"></span>

Table 2: Accuracies of Llama-2-7 and Llama-2-13, both without further tuning, on testing data with the standard prompt (Baseline) (see Table [5\)](#page-12-0) and CoT prompt (CoT) (see Table [6\)](#page-12-0).

#### <span id="page-5-1"></span>4.2 The Instruction-tuning Impact **390**

Instruction-tuning led by Large Language Mod- **391** els (teachers models), able to reason, conduct the **392** Smaller Language Models (students models) to do **393** the same. This can be seen in the experiments in **394** Figure [2.](#page-4-0) The student models behind Instruction- **395** tuning on Demonstrations produced by teacher **396** models outperformed the baselines in the four pro- **397** posed benchmarks. Moreover, the students models **398** instructed with CoT-Demonstrations, defined as **399** Instruction-tuned-CoT in Figure [2,](#page-4-0) achieve the best **400** results in terms of accuracy. **401**

While performances are conspicuous improve-  $402$ ments overall, they have sensible variations. The **403** teacher models have different characteristics, as **404** shown in Figure [4.](#page-11-0) GPT-3.5 is trained on 175B 405 of parameters and Llama-2-70 by analog name on **406** 70B of parameters. They consequently achieve dif- **407** ferent performances in the proposed benchmarks. **408**

<span id="page-6-2"></span>

Figure 4: Performances of Llama-2-7 and Mistral-7 Instruction-tuned using the same setup proposed in the previous experiments.

 Table [3](#page-11-0) shows the performances in the zero-shot scenario (CoT prompting and not) on the data used to conduct the Instruction-tuning phase and on the same test set used to evaluate the proposed models.

 Although the performances on the "training set" are different (see the CoT performances of GPT- 3.5 and the same for Llama-2-70 in Table [3\)](#page-11-0), this bias does not affect the models instructed on over- all Demonstrations (correct and incorrect). The Llama-2-7 and -13 that have GPT-3.5 as teacher outperform the Llama-2-7 and -13 that have Llama- 2-70 as teacher only on OpenBookQA; see OBQA in Figure [2.](#page-4-0) As far as CommonSenseQA and PIQA are concerned, there is a balancing that is not present in SIQA, where the students of Llama- 2-70 outperform the others. Therefore, to study the influence of the quality of Demonstrations, we conducted detailed analyses in Section [4.3.](#page-6-0)

### <span id="page-6-0"></span>**427** 4.3 Demonstrations-delivering CoT vs **428** Misleading CoT

 Demonstrations without Misleading ones yield better students. In addition, the Demonstrations- delivering CoT led to a family-alignment of stu- dents' reasoning abilities (Llama-2-7 and -13) with teacher Llama-2-70. In Figure [2,](#page-4-0) the models instructed on Demonstrations Truthful and Demonstrations-delivering CoT outperformed those instructed on overall Demonstrations and overall CoT-Demonstrations. In particular, the Demonstrations-delivering CoT produced by the in-family teacher outperforms those produced by the out-family teacher. As specified in Figure [12,](#page-14-0) with the terms "Demonstrations Truthful" and "Demonstrations-delivering CoT", we indicate all correct answers produced by the teacher models.

 Hence, in detail, we reproduced the experimen- tal setup proposed in Section [3.2.1.](#page-3-0) However, unlike previous experiments for Demonstrations and CoT-Demonstrations, we performed Instuction-tuning only for Demonstrations-delivering CoT and

Demonstrations Truthful. From the results, these **449** second ones better impact the students models. Fur- **450** thermore, the subset of Demonstrations used is **451** smaller than the number of total Demonstrations be- **452** cause Misleading instances were discerned. Thus, **453** the students models used fewer instances to per- **454** form the tuning. 455

However, Instruction-tuned students seem to per- **456** form better on fewer but distilled Demonstrations. **457** Even more, the Demonstrations-delivering CoT en- **458** abled the family-alignment of reasoning abilities. **459** Therefore, in order to observe the true impact of **460** these Demonstrations versus Demonstrations with **461** equal amounts of training instances in Section [4.4,](#page-6-1) **462** we perform a deep study using different sets. **463**

## <span id="page-6-1"></span>4.4 The Role of Demonstrations-delivering **464 CoT** 465

Instruction-tuning via Demonstrations-delivering **466** CoT still aligns students' reasoning abilities with **467** those of family teachers, even as instruction de- **468** creases. In fact, from Figure [3,](#page-5-3) we can ob- **469** serve that the performances obtained by students **470** instructed with Demonstrations Truthful (shown **471** with bars) and Demonstrations-delivering CoT 472 (shown with lines) outperform students instructed **473** with overall Demonstrations. Moreover, the **474** Demonstrations-delivering CoT consistently out- **475** performs the Demonstrations Truthful. (tech- **476** nical details about splitting in Appendix [A\)](#page-11-1) In **477** conclusion, as also stated in Section [4.3,](#page-6-0) the **478** Demonstrations-delivering CoT of teacher Llama- **479** 2-70 are more productive as all students outper- **480** formed the students of teacher GPT-3.5. As they **481** increase, students instructed via in-family teachers **482** increasingly outperform other students. **483**

Finally, to validate our hypothesis of family- **484** alignment, we introduced Mistral-7b [\(Jiang et al.,](#page-9-11) **485** [2023\)](#page-9-11), a new SLMs that, with 7 billion parame- **486** ters, outperforms the Llama-2-13 version on sev- **487** eral benchmarks as shown by [Jiang et al.](#page-9-11) [\(2023\)](#page-9-11). **488**

 In particular, we reproduced the experiments in- troduced in Section [4.3](#page-6-0) using the different kinds of Demonstrations presented in the previous sec- tion. In Figure [4,](#page-6-2) it can be seen that Llama-2- 7 instructed on different types of Demonstrations delivered by Llama-2-70 almost consistently out- performs Mistral-7b. These results confirm that Demonstrations derived from in-family teachers have a more significant impact on student models than the others.

## **<sup>499</sup>** 5 Related Work

#### **500** 5.1 Chain-of-Thought Prompting

 Large Language Models (LLMs) with billions of parameters demonstrate in-context learning and [f](#page-10-0)ew-shot learning abilities [\(Brown et al.,](#page-8-3) [2020;](#page-8-3) [Wei](#page-10-0) [et al.,](#page-10-0) [2022;](#page-10-0) [Min et al.,](#page-9-12) [2022\)](#page-9-12) to guide LLMs to gen- erate desired task responses, marking the advent of the prompting era.

 These new approaches have surpassed the age of the intermediate steps in algorithmic or structured reasoning [Roy and Roth](#page-10-7) [\(2015\)](#page-10-7); [Ling et al.](#page-9-13) [\(2017\)](#page-9-13). Nevertheless, early works challenged the efficacy of few-shot techniques for empowering the prompt- ing phase and downstream performances. In par- ticular, [Wang et al.](#page-10-8) [\(2022\)](#page-10-8) refined the original idea of Chain-of-Thought (CoT) [\(Wang et al.,](#page-10-8) [2022\)](#page-10-8) by [c](#page-10-9)onsidering various reasoning paths, while [Wang](#page-10-9) [et al.](#page-10-9) [\(2023\)](#page-10-9) explored different prompts. Although prompt engineering appears to be the right way to improve performance, many works have used self-generated CoTs to self-improve reasoning abil- ity [\(Zelikman et al.,](#page-10-10) [2022;](#page-10-10) [Huang et al.,](#page-9-8) [2022;](#page-9-8) [Golovneva et al.,](#page-9-14) [2022\)](#page-9-14).

#### **522** 5.2 Learning from Explanation

 Current methods for conditioning models on task instructions and provided explanations for individ- ual data points replace the ancient intermediate structures [\(Hase and Bansal,](#page-9-15) [2022\)](#page-9-15) that used ratio- nales [\(Zhang et al.,](#page-10-11) [2016\)](#page-10-11), targets [\(Talmor et al.,](#page-10-12) [2020\)](#page-10-12) or inputs [\(Narang et al.,](#page-9-16) [2020\)](#page-9-16) to learn the models. Reasoning via the CoT builds upon prior efforts wherein explanations are viewed as interme- [d](#page-9-17)iary constructs produced during inference [\(Rajani](#page-9-17) [et al.,](#page-9-17) [2019\)](#page-9-17).

 Our research stems from the studies of [Li et al.](#page-9-18) [\(2023b\)](#page-9-18); [Magister et al.](#page-9-3) [\(2023\)](#page-9-3); [Shridhar et al.](#page-10-3) [\(2023\)](#page-10-3); [Ho et al.](#page-9-4) [\(2023a\)](#page-9-4). In particular, we adopt the idea of an LLM teacher and a second LLM, sometimes smaller, that assumes a student's position [\(Magister et al.,](#page-9-3) [2023\)](#page-9-3). Learning uses teacher- **538** generated explanations, demonstrating prompt CoT **539** [d](#page-9-18)ownstream [\(Li et al.,](#page-9-18) [2023b;](#page-9-18) [Ho et al.,](#page-9-4) [2023a\)](#page-9-4). [Li](#page-9-18) **540** [et al.](#page-9-18) [\(2023b\)](#page-9-18) claims that massive demonstrations **541** significantly improve performance over the single- **542** sample approach [Shridhar et al.](#page-10-3) [\(2023\)](#page-10-3). 543

#### 5.3 Large Language Models as a Teacher **544**

Several papers have been published simultane- **545** ously, including those by [Magister et al.](#page-9-3) [\(2023\)](#page-9-3); **546** [Huang et al.](#page-9-8) [\(2022\)](#page-9-8), and [Ho et al.](#page-9-19) [\(2023b\)](#page-9-19) that **547** prove the effect of fine-tuning to transfer the abil- **548** ity to produce Chain-of-Thought (CoT) reasoning **549** from larger to smaller models. Using further fine- **550** tuning, [Huang et al.](#page-9-8) [\(2022\)](#page-9-8) and [Ho et al.](#page-9-19) [\(2023b\)](#page-9-19) **551** [e](#page-9-0)xploit the known CoT abilities of GPTs [\(Ope-](#page-9-0) **552** [nAI,](#page-9-0) [2023\)](#page-9-0) while [Magister et al.](#page-9-3) [\(2023\)](#page-9-3) introduces **553** PaLM [\(Chowdhery et al.,](#page-8-0) [2022\)](#page-8-0) as a teacher. Table 554 [8](#page-12-1) resumes these contributions. **555**

Our work goes beyond in the following ways: **556** 1) We propose a method for aligning CoT abilities **557** via Instruction-tuning through Demonstrations pro- **558** duced by answers generated by GPT-3.5 and Llama- **559** 2-70. 2) We investigate which teacher model deliv- **560** ers the most appropriate demonstrations for a stu- **561** dent model. In particular, we study the alignment **562** performance between in-family and out-family **563** models on four question-answering benchmarks. **564** 3) Hence, we offer an analysis identifying crucial **565** factors aligning reasoning abilities between teach- **566** ers and students. **567**

#### 6 Conclusion **<sup>568</sup>**

In this paper, we analyzed the alignment of rea- **569** soning abilities between teachers models, Large **570** Language Models (LLMs), and students models, **571** Small Language Models (SLMs). In particular, we **572** propose the Instruction-tuning-CoT, an instruction **573** tuning via Chain-of-Thought (CoT) demonstrations **574** based on explanations delivered by LLMs CoT **575** prompted. Specifically, we align a set of SLMs **576** using the explanations provided by LLMs that be- **577** long to the same family, in-family or out-family. **578** Our results showed the impact of the Instruction- **579** tuning-CoT method both with out-family teachers **580** and particularly with in-family teachers. These **581** results highlight our approach's feasibility in har- **582** nessing the multi-step reasoning abilities of LLMs **583** for smaller models designed to pave the way for **584** more efficient and scalable applications. **585**

## **<sup>586</sup>** Limitations

 In this paper, we analyzed the impact of Answers delivered by Large Language Models using them as Demonstrations to reinforce the skills of Small Lan- guage Models. Although we proposed an extensive study there are several limitations:

- **592** only English-language both in Chain-of-**593** Thought (CoT) methods and tasks evaluation **594** is considered. Although estimating these ef-**595** fects in other languages is interesting, our **596** work only focused on experiments in English. **597** In future works, we intend to take care of this **598** aspect.
- **599** analysis of benchmarks relating to common **600** sense knowledge of social and physical inter-**601** actions. However, we would like to extend our **602** analyses using more extensive and compre-**603** hensive benchmarks such as GSM8K [\(Cobbe](#page-8-4) **604** [et al.,](#page-8-4) [2021\)](#page-8-4) and MMLU [\(Hendrycks et al.,](#page-9-20) **605** [2021\)](#page-9-20) in future developments.
- **606** dependence on Large Language Models, **607** which are closed-source products or not, but **608** sometimes the training sets are unknown. Al-**609** though the characteristics of the corpora are **610** reported in the system reports, these are only **611** processable by some researchers. Conse-**612** quently, it is not easy to analyze the differ-**613** ences in pre-training data between models, **614** but observing the outputs in natural language **615** is possible.
- **616** In conclusion, learning from and with Demonstra-**617** tions carries some specific risks associated with **618** automation. Although a model may generalize its **619** predictions using a seemingly consistent series of **620** natural language steps, even if the prediction is **621** ultimately correct, there is no guarantee that the **622** predicted output comes from a process represented **623** by the generalization. A user might have overconfi-**624** dence in the model based on the CoT. We observed **625** many cases where the CoT examined promising, **626** but ultimately, the models had misleading effects.

## **<sup>627</sup>** Ethical Statement

 Although this research enhances the reasoning abil- ities of smaller Language Models, they still need to be sufficiently robust for sensitive contexts such as education. The primary ethical concerns arise from the text generation process; both the "teacher"

and "student" models might produce misleading **633** answers. The content is largely influenced by the **634** input data, which, in our case, are standard bench- **635** marking tasks peer-reviewed within the NLP do- **636** main. We intend to release our code; however, like **637** many generative models, ours can be exposed to **638** hallucinations. 639

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## <span id="page-11-1"></span><span id="page-11-0"></span>A Experimental Details

In order to observe the impact of the demonstrations (CoT, non-CoT, truthful or Misleading), we produced a series of experiments by systematically decreasing the Instruction-tuning data. In particular, from the total number of demonstrations, we chose three sub-sets with 75%, 50%, and 25%. In detail, the Instruction phases on the number of equal Demonstrations are performed by taking about 3000 examples in splitting 100%, 2250 in splitting 50%, 1500 in splitting 50%, and 750 in splitting 25%. We chose the value 3000 because it is the smallest number of CoT-Gold Demonstrations available. For the total Demonstrations, we selected random samples; instead, for the CoT-Gold and Gold, we selected all the Demonstrations available.

## B Accuracy of LLMs on different Benchhmark



Table 3: Accuracy (%) of Llama-2-70 and GPT-3.5 (teachers) on training and testing data with CoT prompt (CoT) and with the standard prompt (Baseline).

## C Model Sizes



Table 4: Number of parameters of proposed Language Models, B is for Billions and T is for Trillions

# <span id="page-12-0"></span>D Prompting Approaches

| <b>Zero-Shot</b>  |
|---|
| Choose the answer to the question only from options A, B, C, D.<br>Question: Which animal gives birth to live young?<br>A) Shark<br>B) Turtle<br>C) Giraffe |
| D) Spider<br>Answer:  |
|   |

Table 5: Example of Zero-Shot prompting.



Table 6: Example of Zero-Shot Chain-of-Thought prompting.

# E Models



Table 7: List and specific versions of the models proposed in this work, which can be found on <huggingface.co>. For each model we used all the default configurations proposed in the repositories.

<span id="page-12-1"></span>

Table 8: Summary of methods, teacher and student models of previous work.



# <span id="page-13-0"></span>F Description of proposed Benchmark

Table 9: Examples of the benchmarks used in this paper.

|   | <b>OBOA</b>          | <b>CSOA</b>          | PIOA                 | <b>SIOA</b>        |
|---|----------------------|----------------------|----------------------|--------------------|
| classes   |                      |                      |                      |                    |
| <b>Training</b><br># examples for<br>each class | 1000                 | 800                  | 2000                 | 1330               |
| <b>Test</b><br># examples for<br>each class     | $12.5*$<br>$(\pm 8)$ | $235*$<br>$(\pm 11)$ | $924*$<br>$(\pm 18)$ | 640*<br>$(\pm 19)$ |

Table 10: Characteristics Training and Test set of benchmarks proposed in Section [3.1.](#page-3-1) The \* indicates that the number of examples are not perfect balanced, but the difference from the average is marginal.



Table 11: In this table, we list the versions of the benchmark proposed in this work, which can be found on huggingface.co.

# <span id="page-14-0"></span>G Conceptual Map of Names



Table 12: Different types of Demonstrations used in our work. The Demonstrations are composed by: **Instruction**, **Input** and **Output** (see Table [1\)](#page-2-3). Based on the target of the output, there are different types of Demonstrations.

# H Overall Pipeline



Table 13: Our Experimental Pipeline with a descriptions of data splitting, tables, and results generated.