# Settling Statistical Barriers for the Deployment of a Meta-Trained Agent

Mirco Mutti

mirco.m@technion.ac.il Technion - Israel Institute of Technology **Aviv Tamar** aviv.t@technion.ac.il Technion - Israel Institute of Technology

# Abstract

Meta reinforcement learning sets a distribution over a set of tasks on which the agent can *train* at will, then is asked to learn an optimal policy for any *test* task efficiently. In this paper, we consider a *finite* set of tasks modeled through Markov decision processes with various dynamics. We assume to have endured a long training phase, from which the set of tasks is perfectly recovered, and we focus on *regret minimization* against the optimal policy in the unknown test task. Under a separation condition that states the existence of a state-action pair revealing a task against another, Chen et al. (2022) show that  $O(M^2 \log(H))$  regret can be achieved, where M, H are the number of tasks in the set and test episodes, respectively. In our main contribution, we demonstrate that the latter rate is nearly optimal by developing a novel *lower bound* for test-time regret minimization under separation, showing that a linear dependence with M is unavoidable. Our paper provides a new understanding of the statistical barriers of the deployment of a meta-trained agent.

### 1 Introduction

Reinforcement Learning (RL, Sutton & Barto, 2018) is a popular tool for learning an optimal decision policy through sampled interactions with a Markov Decision Process (MDP), a general framework encompassing countless applications, ranging from robotics (Xu et al., 2023; Kaufmann et al., 2023) to algorithms design (Fawzi et al., 2022), conversational agents (Stiennon et al., 2020), and others.

Although powerful, the efficiency of RL is a long-standing issue. The theory says that the *regret* of a RL algorithm, i.e., the difference between the value of the deployed policy and the optimal policy in hindsight, inescapably scales with  $\sqrt{H}$  in the worst case (Jaksch et al., 2010; Osband & Van Roy, 2016), H being the total number of episodes of interactions with the MDP. Even if the real world is arguably better behaved than the worst-case MDP, the most successful algorithms (Schulman et al., 2015; Mnih et al., 2015) still take thousands of interaction episodes to learn a competitive policy in simulation, which draw pessimism for RL to be applied for learning in the real world?

A promising direction to improve RL efficiency is meta RL (Ghavamzadeh et al., 2015), in which a distribution over the set of tasks we can face is considered. In meta RL, we first have a *training* phase on some tasks sampled from the latter, for which the learning efficiency is less of an issue (e.g., a simulator is available). Then, we exploit the collected knowledge to achieve faster learning in a *test* task, which is assumed to come from the same distribution.

Much of the previous work in meta RL focuses on algorithms for the training stage (Duan et al., 2016; Finn et al., 2017; Rakelly et al., 2019; Zintgraf et al., 2019; 2021), or analyse generalization of the trained model to the test task (Simchowitz et al., 2021; Tamar et al., 2022; Rimon et al., 2022; Zhao et al., 2022; Zisselman et al., 2023).

Here we study meta RL from a different perspective. We assume to have spent infinite time in the training phase, such that the task distribution can be recovered (we mean the full specifications of all

the MDPs in the set, not just the task distribution itself), and we aim to minimize the regret against the optimal policy in the test task. Especially: Does perfect meta RL training provably improve the learning efficiency on the test task against standard RL?

We believe that a positive answer is an essential theoretical ground for motivating meta RL, as there is little incentive to undergo a costly training (at least in terms of computation) without guarantees of improved efficiency on the test task.

Even in simple settings, in which the distribution is supported on a finite set of M tasks, meta RL provides little hope, as the regret still scales with  $\sqrt{H}$  in the worst case, with marginal gains only in the statistical efficiency w.r.t. standard RL (Chen et al., 2022; Ye et al., 2023). Nonetheless, under a common *separation* assumption on set of tasks (Chen et al., 2022; Kwon et al., 2021b), i.e., there exists at least one reachable state-action pair that *reveals* one task against the others, the prospects of meta RL become brighter. Chen et al. (2022) show that  $O(M^2 \log(MH))$  regret can be achieved by first identifying the test task (with high probability) and then deploying the best policy for the latter. Their approach is somewhat wasteful in the identification, as the algorithm performs a sequence of *one-vs-one* tests on candidate tasks, which induces the M factor. However, it is unclear if the latter is necessary or better algorithms could be developed.

In this paper, we provide a nuanced understanding of the statistical barriers of test-time regret minimization in meta RL. First, we provide a novel lower bound  $\Omega(TM \log(H))$  for test-time regret minimization under separation, where T is the horizon of an interaction episode with the test MDP. Our lower bound demonstrates that the "wasteful" algorithm by Chen et al. (2022) is nearly optimal and the M factor is unavoidable under separation alone. The way the lower bound is derived philosophically confirms that probing the MDP to first identify the test task and then exploit the collected information is not just reasonable but also optimal. Nevertheless, we note that a linear dependence with M is less than desirable if we aim to scale meta RL to large task distributions.

Contributions. Our main contributions are:

- We revise an analysis of domain randomization (Chen et al., 2022) through the lenses of meta RL, adapting their result on sim-to-real gap into a regret upper bound  $O(M^2 \log(MH))$  for our setting (Section 3);
- We derive a lower bound  $\Omega(TM \log(H))$  to test-time regret minimization under separation (Section 4) through original techniques that formally link our problem to Best Policy Identification (BPI, Fiechter, 1994). The proof requires a *tailored* lower bound to the sample complexity of BPI, which can be of independent interest (Appendix B);
- We provide additional sharp rates to the test-time regret for meta learning in bandits (Appendix C).

Complete proofs of the theorems are in Appendix A. A full version of this paper is in (Mutti & Tamar, 2024), which can be accessed at https://arxiv.org/abs/2406.02282.

# 2 Problem Formulation

In this section, we first present the necessary background on Markov decision processes (Section 2.1) and meta RL (Section 2.2). Then, we formulate the learning problem we will address in the remainder of the paper (Section 2.3).

**Notation.** Let  $\mathcal{A}$  a set or space, we denote its elements  $a \in \mathcal{A}$ , and its size  $|\mathcal{A}|$ . For a finite  $\mathcal{A}$ , the simplex on  $\mathcal{A}$  is  $\mathcal{P}(\mathcal{A}) := (p \in [0,1]^{|\mathcal{A}|} | \sum_{a \in \mathcal{A}} p(a) = 1)$ . Let  $p, q \in \mathcal{P}(\mathcal{A})$ , their  $\ell$ 1-distance is  $||p - q||_1 = \sum_{a \in \mathcal{A}} |p(a) - q(a)|$ , their total variation is  $\mathrm{TV}(p,q) = \sup_{a \in \mathcal{A}} |p(a) - q(a)|$ , their Kullback-Leibler (KL) divergence is  $\mathrm{KL}(p,q) = \sum_{a \in \mathcal{A}} p(a) \log(p(a)/q(a))$ , and we denote  $\mathrm{KL}_{p|q} := \mathrm{KL}(p,q) + \mathrm{KL}(q,p)$ . Let  $\mathcal{A}, \mathcal{B}$  two spaces,  $f : \mathcal{A} \to \mathcal{B}$  is a function from  $\mathcal{A}$  to  $\mathcal{B}$ . We will denote sets and sequences as  $(a_i)_{i \in [I]} := (a_1, \ldots, a_I)$ , where  $[I] := (1, \ldots, I)$  for some constant  $I \in \mathbb{N}$ .

#### 2.1 Markov Decision Processes and RL

A finite-horizon time-homogeneous Markov Decision Process (MDP, Puterman, 2014) is defined by a tuple<sup>1</sup>  $\mathcal{M}_i := (\mathcal{S}, \mathcal{A}, p_i, r_i, s_1, T)$  where  $\mathcal{S}$  is a finite set of states  $(S = |\mathcal{S}|), \mathcal{A}$  is a finite set of actions  $(\mathcal{A} = |\mathcal{A}|), p_i : \mathcal{S} \times \mathcal{A} \to \mathcal{P}(\mathcal{S})$  is a transition model such that  $p_i(s'|s, a)$  denotes the conditional probability of transitioning to s' taking action a in state  $s, r_i : \mathcal{S} \times \mathcal{A} \to [0, 1]$  is a reward function such that  $r_i(s, a)$  is the reward collected by taking action a in  $s, s_1$  is the initial state,<sup>2</sup> and  $T < \infty$  is the horizon of an episode.

An episode of interaction between an agent and the MDP  $\mathcal{M}_i$  goes as follows. At each step  $t \in [T]$ , the agent observes the current state  $s_t$  and takes action  $a_t$ . The environment transitions to the next state  $s_{t+1} \sim p_i(\cdot|s_t, a_t)$  and the agent collects reward  $r_i(s_h, a_h)$ .

The agent selects its actions by means of a non-stationary Markovian policy  $\pi := (\pi_t : S \to \mathcal{P}(\mathcal{A}))_{t \in [T]} \in \Pi$  where  $\pi_t(a|s)$  denotes the conditional probability of action a in state s at time step t, and  $\Pi$  is the set of policies. We define the value at step t of playing policy  $\pi$  in state s of  $\mathcal{M}_i$  as

$$V_{it}^{\pi}(s) := \mathbb{E}_{\pi, \mathcal{M}_i} \left[ \sum_{t'=t}^T r_i(s_{t'}, a_{t'}) \mid s_t = s \right],$$

where the expectation is on all the sources of randomness, i.e., the action selection induced by  $\pi$  and the state transitions induced by  $p_i$ , which may be stochastic. We further denote  $V_i(\pi) := V_{i1}(s_1)$ the value of the policy in the initial state. The objective function of the agent in  $\mathcal{M}_i$  can then be written as  $\max_{\pi \in \Pi} V_i(\pi)$ , where we denote as  $\pi^*$  the policy attaining the maximum and  $V_i^* := V_i(\pi^*)$ . RL (Sutton & Barto, 2018) is a paradigm for learning an (approximately) optimal policy  $\pi$ , such that  $V_i^* - V_i(\pi) \leq \epsilon$  for some  $\epsilon > 0$ , from sampled interactions with an *unknown* MDP  $\mathcal{M}_i$ .

#### 2.2 Meta Reinforcement Learning

Meta RL (Duan et al., 2016), initially introduced in Schmidhuber (1987), extends the RL paradigm to a set of M MDPs  $\mathcal{M} := (\mathcal{M}_i)_{i \in [M]} = (\mathcal{S}, \mathcal{A}, p_i, r_i, s_1, T)_{i \in [M]}$  having the same  $\mathcal{S}, \mathcal{A}, s_1, T$ , but possibly different transition model  $p_i$  and reward  $r_i$ . Just like in RL, the latter MDPs are typically unknown to the agent. In a process called *training*, the agent can collect interactions with a number of tasks<sup>3</sup> drawn from  $\mathcal{M}$  according to a *task distribution*  $P \in \mathcal{P}(\mathcal{M})$  such that the probability of drawing  $\mathcal{M}_i$  is  $P(\mathcal{M}_i)$ . In training, the agent collects information into a *prior* model, e.g., a policy, a model of transitions, an algorithm, that is then used to address a RL problem on a *test* task  $\mathcal{M}_i$ assumed to be drawn from the same task distribution P.

Bayesian RL (Ghavamzadeh et al., 2015) formulates the target of the training in an optimal sense under the task distribution P, which is to learn a *Bayes-optimal* policy<sup>4</sup>  $\pi_{BO} \in \arg \max_{\pi \in \Pi} \mathbb{E}_{\mathcal{M}_i \sim P}[V_{i1}(\pi)]$ . As we describe below, here we study meta RL from a *frequentist* perspective rather than a Bayesian formulation.

#### 2.3 Test-Time Regret Minimization

In this paper, instead of focusing on the training phase of meta RL, we assume perfect knowledge of the set of tasks  $\mathcal{M}$ , such that every transition model  $p_i$  and reward  $r_i$  are fully known to the agent. With this prior knowledge, we aim to minimize the *test-time regret* over H episodes

$$R_H(\mathcal{M}_i, \mathbb{A}) := \mathbb{E}\left[\sum_{h=1}^H V_i^* - V_i(\pi_h)\right]$$
(1)

<sup>&</sup>lt;sup>1</sup>The meaning of the subscripts will become clear later.

<sup>&</sup>lt;sup>2</sup>Note that unique initial state is without loss of generality, as we can accommodate an initial state distribution  $\mu \in \mathcal{P}(S)$  through a fictitious state  $s_0$  such that  $p(s|s_0, a) = \mu(s), \forall a \in \mathcal{A}$ .

<sup>&</sup>lt;sup>3</sup>We are going to use the term task and MDP interchangeably.

<sup>&</sup>lt;sup>4</sup>Note that the Bayes-optimal policy is history-dependent in general (Ghavamzadeh et al., 2015).

where  $\mathcal{M}_i \in \mathcal{M}$  is a test task,  $\pi_h$  is the policy deployed in episode h by algorithm  $\mathbb{A}$ , and the expectation is over realizations taken from  $\mathcal{M}_i$ . The motivation for this objective is twofold. Comparing against the optimal policy for the test task, instead of a an optimal policy on average over the task distribution (Ye et al., 2023), gives a regret measure that is robust to the worst case, arguably a minimal requirement given the perfect training assumption. We see the latter as a necessary first step towards a more realistic setting with approximate knowledge of  $\mathcal{M}$  only. If we cannot succeed with the former, the latter is hopeless.

Two other important observations are in order. First, in this paper we study the regret of adaptive algorithms A that deploy a non-stationary Markovian policy  $\pi_h$  at each episode. This is only slightly restrictive as the policy  $\pi_h$  is computed having the full history of realizations  $\mathcal{H}_h = ((s_{t,h}, a_{t,h}, r_{t,h})_{t \in [T]})_{h' \in [h]}$ , which means an algorithm A corresponds to a non-Markovian policy with low switching cost (Bai et al., 2019). Second, the expression in (1) is different from the notion of Bayesian regret that is common Bayesian RL (Ghavamzadeh et al., 2015), in which the regret is taken in expectation over the task distribution P instead of fixing the test task. As a result, the optimal algorithm A for the test-time regret does not correspond to the Bayes-optimal policy in general, although it holds  $R_H(\mathcal{M}_i, \pi_{BO}) \leq O(M \cdot R_H(\mathcal{M}_i, \mathbb{A}))$  for any algorithm A from (Chen et al., 2022, Lemma 1).

# 3 Previous Fast Rates for Test-Time Regret Minimization

In this section, we discuss the known results for the test-time regret minimization objective we described above. In this paper we especially care for *fast rates*, i.e., those settings in which the knowledge of the set of tasks and its structure allow to overcome the statistical barrier for regret minimization in finite-horizon RL, which we know is of order  $\Theta(\text{poly}(T, S, A)\sqrt{H})$  from lower bounds and minimax algorithms (Osband & Van Roy, 2016; Azar et al., 2017).

Chen et al. (2022) address a regret minimization problem that is very close to our test-time regret formulation, although their narrative is centered around domain randomization rather than meta RL. When the set of tasks is finite, they provide a lower bound of order  $\Omega(\sqrt{DMH})$ , in which D is the diameter of a communicating infinite-horizon MDP (see Assumption 1 and Theorem 3 in Chen et al., 2022).<sup>5</sup> The latter result demonstrates that additional assumptions are needed to break the  $\sqrt{H}$ barrier of RL.

To this end, Chen et al. (2022) introduce a separation condition within the set of tasks  $\mathcal{M}$ . Formally,

**Assumption 1** ( $\lambda$ -separation (Chen et al., 2022)). For any  $\mathcal{M}_i, \mathcal{M}_j \in \mathcal{M}$ , there exists  $(s, a) \in \mathcal{S} \times \mathcal{A}$  such that  $||(p_i - p_j)(\cdot | s, a)||_1 \geq \lambda$ .

The latter assumption guarantees the existence of a *revealing* state-action pair to tell apart a task from another. This allows to design an algorithm which repeatedly tests that revealing state-action pair to identify the test task efficiently. First, we need to further make sure that the revealing state-action can be reached with meaningful probability.<sup>6</sup>

Assumption 2 (Reachable MDPs). Let  $X(s|\mathcal{M}_i, \pi)$  denote the random variable of the first time step in which the state  $s \in S$  is reached by playing policy  $\pi$  in the MDP  $\mathcal{M}_i$ . We say that an MDP is reachable if it holds  $\min_{\pi \in \Pi} \mathbb{E}[X(s|\mathcal{M}_i, \pi)] \leq T/2, \forall s \in S$ .

With the combination of the latter assumptions, we can directly adapt the algorithmic solution in Chen et al. (2022) to the finite-horizon setting.<sup>7</sup> We report the pseudocode of the resulting procedure in Algorithm 1.

<sup>&</sup>lt;sup>5</sup>Note that the results in Chen et al. (2022) are given for a slightly different setting (detailed comparisons are in Section 5). We will explicitly adapt to our setting the most relevant results.

 $<sup>^{6}</sup>$ This is the technical adaptation of the communicating MDP assumption in Chen et al. (2022) for the finite-horizon setting.

 $<sup>^{7}</sup>$ We refer to Algorithm 1 in Chen et al. (2022), which we name here the "Identify-then-Commit" algorithm.

Algorithm 1 Identify-then-Commit (Chen et al., 2022)	
1:	<b>input</b> set of MDPs $\mathcal{D}$ and visitation count $n$
2:	while $ \mathcal{D}  > 1$ do
3:	Draw $\mathcal{M}_1, \mathcal{M}_2$ from $\mathcal{D}$ at random
4:	Let $(\bar{s}, \bar{a}) \in \arg\max_{(s,a) \in \mathcal{S} \times \mathcal{A}}   (p_1 - p_2)(\cdot   s, a)  _1$
5:	Call Algorithm 2 with $\mathcal{D}, (\bar{s}, \bar{a}), n$ to collect $\mathcal{X}$
6:	if $\exists s' \in \mathcal{X} : p_2(s' \bar{s},\bar{a}) = 0$ or $\prod_{s' \in \mathcal{X}} \frac{p_1(s' \bar{s},\bar{a})}{p_2(s' \bar{s},\bar{a})} \ge 1$ then
7:	Eliminate $\mathcal{M}_2$ from $\mathcal{D}$
8:	else
9:	Eliminate $\mathcal{M}_1$ from $\mathcal{D}$
10:	end if
11:	end while
12:	Take $\hat{\mathcal{M}} \in \mathcal{D}$ and run $\hat{\pi} \in \arg \max_{\pi \in \Pi} V_{\hat{\mathcal{M}}}(\pi)$ for the remaining episodes

#### Algorithm 2 Sampling Routine

1: **input** set of MDPs  $\mathcal{D}$ , state-action pair  $(\bar{s}, \bar{a})$ , and visitation count n 2: Initialize  $N_{\bar{s}\bar{a}} = 0$  and  $\mathcal{X} = \emptyset$ 3: while  $N_{\bar{s}\bar{a}} < n$  do for  $\mathcal{M}_i \in \mathcal{D}$  do 4: Run the policy  $\pi_i \in \arg\min_{\pi \in \Pi} \mathbb{E}[X(\bar{s}|\mathcal{M}_i, \pi)]$  for two episodes 5: if  $\bar{s}$  is reached then 6: Take action  $\bar{a}$  and collect the next state s'7: Update  $N_{\bar{s}\bar{a}} = N_{\bar{s}\bar{a}} + 1, \mathcal{X} = \mathcal{X} \bigcup (s')$ 8: 9: end if end for 10: 11: end while 12: **output** the set  $\mathcal{X} = (s'_1, \ldots, s'_n)$ 

The procedure consists of two stages: An "Identify" stage aiming at identifying the test task with high probability (lines 2-11) and a "Commit" stage in which the collected information is exploited (line 12). The "Identify" stage works as follows. At each iteration, a pair of MDPs are drawn from the set of potential test tasks (line 3). A sampling routine (Algorithm 2) is invoked (line 5) to collect samples from the state-action pair where the transition models of the two tasks differ the most (see line 4). The collected information is used to eliminate the task that is less likely to be the test task within the drawn pair (lines 6-10). The "Identify" stage ends when the set of potential tasks  $\mathcal{D}$  is reduced to a single candidate. The "Commit" stage then runs the optimal policy of the candidate task for the remaining episodes.

We can provide the following regret upper bound for Algorithm 1 by adapting (Chen et al., 2022, Theorem 1).

**Theorem 3.1** (Chen et al. 2022). Let  $\mathcal{M}$  be a set of MDPs for which Assumption 1, 2 hold. For any  $\mathcal{M}_i \in \mathcal{M}$ , we have

$$R_H(\mathcal{M}_i, \mathbb{A}) \le O\left(\frac{TM^2 \log(MH) \log^2(SMH/\lambda)}{\lambda^4}\right)$$

where  $\mathbb{A}$  is Algorithm 1 with inputs  $\mathcal{D} = \mathcal{M}$  and  $n = \frac{c \log^2(SMH/\lambda) \log(MH)}{\lambda^4}$  for a sufficiently large constant c.

The latter result is promising as it provides a fast rate with only logarithmic dependencies on H, but it also scales super-linearly with the size of the set  $\mathcal{M}$ , which is less than ideal for larger task sets. A natural question that arises is whether this is the best we can achieve under the considered separation condition. The latter is arguably a very important question as the separation condition is the minimal structural assumption that makes test-time regret minimization "interesting", statistically separating the problem from RL. In the next section, we provide an answer through a lower bound specifically designed for this setting.

### 4 A Lower Bound for Test-Time Regret Minimization under Separation

In this section, we analyze the statistical barrier for test-time regret minimization under separation (Assumption 1) by providing a novel lower bound. Formally,

**Theorem 4.1** (Lower bound). Let  $\mathcal{M}$  be a set of MDPs for which Assumptions 1, 2 hold. Let T > M and  $M - 1 \leq H \leq C$  for some constant  $C < \infty$ . For any  $\mathcal{M}_i \in \mathcal{M}$ , algorithm  $\mathbb{A}$ , and confidence  $\delta \in (0, 1)$ , we have

$$R_H(\mathcal{M}_i, \mathbb{A}) \ge \Omega\left(\frac{TM\log(H)}{\lambda}\log\left(\frac{1}{\delta}\right)\right)$$

with probability at least  $1 - \delta$ .

Interesting observations come through the lenses of the result above. The lower bound shows that the regret rate of Algorithm 1 (Chen et al., 2022) matches the optimal dependencies in H, T factors, while it nearly matches the dependencies with  $\lambda$  and the size of the set of tasks M. The factor of  $1/\lambda$ is not surprising, tying the complexity of the problem to how hard it is to distinguish one task from another. The result has a fairly negative flavor on the dependency with M instead. It demonstrates that the regret of any algorithm achieving fast rate  $\log(H)$  has to scale at least linearly with Munder separation, essentially implying that those algorithms are unfit for large sets of tasks.

Unfortunately, the latter settings in which the size of  $\mathcal{M}$  may grow exponentially with the size of the tasks, or even be infinite (e.g., when tasks are continuous), are extremely relevant in practice, and it is arguably where the promises of meta RL for improved efficiency are the most enticing.

An open question remains on whether there exist relevant meta RL settings in which the structure of the problem can be further exploited to achieve fast rates  $\log(H)$  while avoiding the dependence with M. In the next section, we discuss structural assumptions that go beyond the separation condition and allow to obtain the most efficient algorithms for test-time regret minimization.

Before that, we briefly sketch the main components of the proof of Theorem 4.1, which make use of original techniques and constructions that may be of independent interest. We defer thorough derivations to Appendix A.2.

### 4.1 Proof Sketch

The key to our proof is to design a hard instance that links test-time regret minimization to the problem of best policy identification (Fiechter, 1994), and then invokes a lower bound to the sample complexity of the latter to derive the result. While instance-dependent lower bounds of this kind exist in the literature (e.g., Al Marjani et al., 2021; Wagenmaker et al., 2022; Al-Marjani et al., 2023), as a preliminary step we derive a result that is specifically tailored to our setting. Here we do not report derivations, which are non-trivial adaptations from a lower bound for BPI in infinite-horizon MDPs (see Al Marjani et al., 2021, Proposition 2). We leave a detailed description to Appendix B.

In Figure 1, we report a visualization of the instance constructed to derive the lower bound, which consists of M MDPs having 2M + 3 states and 2 actions each, a high-rewarding state  $s_H$ , and an absorbing state  $s_L$  with zero reward. It is easy to see that the optimal policy for  $\mathcal{M}_i$  goes to the state  $s_i$  and then takes action  $a_1$ , which gives the highest probability to visit  $s_H$ . However, taking action  $a_1$  in every other state  $s_j \in (s_1, \ldots, s_M) \subseteq s_i$  is only slightly sub-optimal, meaning that regret minimization is hard. Instead, it is easier to identify the test task  $\mathcal{M}_i$  first, by playing action  $a_1$  in the states  $s_j \in (s_{M+1}, \ldots, s_{2M})$ , for which at least one  $(s_j, a_1)$  pair is guaranteed to reveal the test task against any other, and then to play the optimal policy thereafter. To formalize the latter



Figure 1: Visualization of the MDP  $\mathcal{M}_i$  in the lower bound instance. Note that the role of state  $s_i$  and  $s_{M+i}, \ldots, s_{\frac{3M}{2}+i}$  change for every MDP in  $\mathcal{M}$ . Also note that  $s_L, s_H$  on the left and right refer to the same pair of states, which are reported twice only to ease inspection. The bottom chart report the specification of the transition probabilities. The values of  $\Delta_1, \Delta_2$  are designed to be small enough to make the optimal policy hard to identify playing only slightly sub-optimal policies and large enough to penalize easy identification, respectively.

intuition, we note that identifying the test task is equivalent to a BPI problem for this instance and we center the proof around the event

$$\mathcal{E} := \{\text{``best policy is identified within } H \text{ episodes''} \}.$$

Then, we show that the regret is lower bounded by  $\Omega(\sqrt{H})$  when  $\mathcal{E}$  does not hold, which implies that solving the BPI problem is necessary to obtain the best rate.<sup>8</sup> At this point, we invoke the BPI lower bound in Lemma B.1, which simultaneously guarantees that  $\mathcal{E}$  holds with probability at least  $1 - \delta$  and that the regret is lower bounded by

$$R_H(\mathcal{M}_i, \mathbb{A}) \geq \mathbb{E}[\tau] \Delta_2$$

where  $\mathbb{E}[\tau] \geq TM/\lambda^2 \log(1/2.4\delta)$  is the sample complexity of the BPI problem on the constructed instance and  $\Delta_2 := V_i^* - V(\pi) = \log(H)/\sqrt{H}$  is the value gap of playing a sub-optimal policy to identify the task. Theorem 4.1 is obtained through additional algebraic manipulations.

### 5 Related Works

While we are not aware of any previous work explicitly addressing test-time regret minimization under perfect training within the meta RL paradigm, slight variations of our problem setting have been considered in different domains.

As we extensively reported in the previous sections, Chen et al. (2022) provides theoretical results on the sim-to-real gap in domain randomization that can be transferred to our setting almost verbatim. Their *sim* stage coarsely correspond to our training, while their *real* stage is our test task, for which they study a notion of regret against the optimal policy specific to the task. Differently from our setting, they consider infinite-horizon MDPs and they analyse the regret rate of a Bayes-optimal policy instead of our adaptive algorithms. Notably, they assume to have recovered an exact Bayes-optimal policy from simulations, which is similar in nature to our perfect training assumption. In their setting of interest, they provide regret guarantees of order  $O(M^2 \log(MH))$  for finite set of tasks

<sup>&</sup>lt;sup>8</sup>Note that this does not prescribe how the algorithm collect samples. It tells that, whatever the sampling strategy, the BPI problem has to be solved within H episodes.

under separation,  $O(M^2\sqrt{H})$  for finite set of tasks without separation, and  $O(\sqrt{dH})$  for infinite set of tasks with function approximation, where d is the eluder dimension of the function class. Finally, they provide a lower bound  $\Omega(H)$  for finite sets without separation. We fill the gaps in their analysis providing a lower bound specialized for the separation condition and assumptions beyond separation for faster rates.

The work by Ye et al. (2023) studies generalization guarantees of pre-training in RL, in terms of Bayesian and frequentist regret, zero-shot generalization or with additional test-time interaction. The latter setting in the frequentist regret formulation is the analogous to our test-time regret minimization, for which they provide a policy-collection elimination algorithm with regret of order  $O(\sqrt{\mathbb{C}(P)H})$ , where  $\mathbb{C}(P)$  is a measure of complexity of the task distribution. Although the complexity  $\mathbb{C}(P)$  can capture structured finite or infinite set of tasks, it does not allow for escaping the  $\sqrt{H}$  regret of standard RL.

Kwon et al. (2021b) address regret minimization in Latent MDPs (LMDPs). In their setting, at every episode a task is drawn from a set of finite but unknown tasks, for which the agent tries to minimize the regret against an optimal policy for the specific task. Essentially, LMDPs formalism can be seen as a variation of our setting in which the test task is not persistent but changes at every episode, and the agent does not have full knowledge of the transition dynamics of the tasks, which have to be estimated from samples. In its full generality, LMDPs are statistically intractable. Analogously to our work, they consider a (stronger) version of the separation condition to achieve a regret rate of order  $O(\sqrt{MH})$  for their inherently harder setting. Further variations of LMDPs have been studied, including reward-mixing MDPs (Kwon et al., 2021a; 2023a), analogous of LMDPs with fixed dynamics but changing rewards, LMDPs with side information partially revealing the current task (Kwon et al., 2023b), and mixture of MDPs (Kausik et al., 2023).

# 6 Conclusion

In this paper, we provided a formal study on the statistical barriers of test-time regret minimization under strong structural assumptions, shedding light on when meta RL can be expected to provide significant benefits over standard RL. Especially, we settled the complexity of test-time regret minimization under separation deriving a lower bound specialized for the assumption, for which only upper bounds were known in the literature.

Future works may extend our results in various directions. Additional structural assumptions beyond separation for faster rates may be investigated, as well as separation conditions at the level of trajectory generation processes rather than single state-action pairs. Understanding the impact of approximate training, i.e., only imperfect estimates of the tasks' transition dynamics are available, on our test-time regret minimization results is important to bring our analysis in a more realistic setting. Whether there exists minimal assumptions that allow for fast rates of order  $\log(H)$  for infinite set of tasks is also a question worth investigating. Finally, we hope that our theoretical study can bring inspiration to design practical algorithms for improved efficiency of test-time learning in meta RL.

# References

- Alekh Agarwal, Sham Kakade, and Lin F Yang. Model-based reinforcement learning with a generative model is minimax optimal. In *Conference on Learning Theory*, 2020.
- Aymen Al Marjani and Alexandre Proutiere. Adaptive sampling for best policy identification in Markov decision processes. In *International Conference on Machine Learning*, 2021.
- Aymen Al Marjani, Aurélien Garivier, and Alexandre Proutiere. Navigating to the best policy in Markov decision processes. In *Advances in Neural Information Processing Systems*, 2021.
- Aymen Al-Marjani, Andrea Tirinzoni, and Emilie Kaufmann. Towards instance-optimality in online pac reinforcement learning. arXiv preprint arXiv:2311.05638, 2023.

- Mohammad Gheshlaghi Azar, Rémi Munos, and Hilbert J Kappen. Minimax pac bounds on the sample complexity of reinforcement learning with a generative model. *Machine Learning*, 91: 325–349, 2013.
- Mohammad Gheshlaghi Azar, Ian Osband, and Rémi Munos. Minimax regret bounds for reinforcement learning. In *International Conference on Machine Learning*, 2017.
- Yu Bai, Tengyang Xie, Nan Jiang, and Yu-Xiang Wang. Provably efficient q-learning with low switching cost. In Advances in Neural Information Processing Systems, 2019.
- Xiaoyu Chen, Jiachen Hu, Chi Jin, Lihong Li, and Liwei Wang. Understanding domain randomization for sim-to-real transfer. In *International Conference on Learning Representations*, 2022.
- Christoph Dann and Emma Brunskill. Sample complexity of episodic fixed-horizon reinforcement learning. In Advances in Neural Information Processing Systems, 2015.
- Christoph Dann, Lihong Li, Wei Wei, and Emma Brunskill. Policy certificates: Towards accountable reinforcement learning. In *International Conference on Machine Learning*, 2019.
- Yan Duan, John Schulman, Xi Chen, Peter L Bartlett, Ilya Sutskever, and Pieter Abbeel. Rl<sup>2</sup>: Fast reinforcement learning via slow reinforcement learning. arXiv preprint arXiv:1611.02779, 2016.
- Alhussein Fawzi, Matej Balog, Aja Huang, Thomas Hubert, Bernardino Romera-Paredes, Mohammadamin Barekatain, Alexander Novikov, Francisco J R Ruiz, Julian Schrittwieser, Grzegorz Swirszcz, et al. Discovering faster matrix multiplication algorithms with reinforcement learning. *Nature*, 610(7930):47–53, 2022.
- Claude-Nicolas Fiechter. Efficient reinforcement learning. In Conference on Learning Theory, 1994.
- Chelsea Finn, Pieter Abbeel, and Sergey Levine. Model-agnostic meta-learning for fast adaptation of deep networks. In *International Conference on Machine Learning*, 2017.
- Aurélien Garivier and Emilie Kaufmann. Optimal best arm identification with fixed confidence. In Conference on Learning Theory, 2016.
- Mohammad Ghavamzadeh, Shie Mannor, Joelle Pineau, and Aviv Tamar. Bayesian reinforcement learning: A survey. *Foundations and Trends® in Machine Learning*, 8(5-6):359–483, 2015.
- Thomas Jaksch, Ronald Ortner, and Peter Auer. Near-optimal regret bounds for reinforcement learning. *Journal of Machine Learning Research*, 11:1563–1600, 2010.
- Elia Kaufmann, Leonard Bauersfeld, Antonio Loquercio, Matthias Müller, Vladlen Koltun, and Davide Scaramuzza. Champion-level drone racing using deep reinforcement learning. *Nature*, 620 (7976):982–987, 2023.
- Emilie Kaufmann, Olivier Cappé, and Aurélien Garivier. On the complexity of best arm identification in multi-armed bandit models. Journal of Machine Learning Research, 17:1–42, 2016.
- Emilie Kaufmann, Pierre Ménard, Omar Darwiche Domingues, Anders Jonsson, Edouard Leurent, and Michal Valko. Adaptive reward-free exploration. In *Algorithmic Learning Theory*, 2021.
- Chinmaya Kausik, Kevin Tan, and Ambuj Tewari. Learning mixtures of markov chains and mdps. In *International Conference on Machine Learning*, 2023.
- Jeongyeol Kwon, Yonathan Efroni, Constantine Caramanis, and Shie Mannor. Reinforcement learning in reward-mixing mdps. In Advances in Neural Information Processing Systems, 2021a.
- Jeongyeol Kwon, Yonathan Efroni, Constantine Caramanis, and Shie Mannor. Rl for latent mdps: Regret guarantees and a lower bound. In Advances in Neural Information Processing Systems, 2021b.

- Jeongyeol Kwon, Yonathan Efroni, Constantine Caramanis, and Shie Mannor. Reward-mixing mdps with few latent contexts are learnable. In *International Conference on Machine Learning*, 2023a.
- Jeongyeol Kwon, Yonathan Efroni, Shie Mannor, and Constantine Caramanis. Prospective side information for latent mdps. arXiv preprint arXiv:2310.07596, 2023b.
- Tor Lattimore and Csaba Szepesvári. Bandit algorithms. Cambridge University Press, 2020.
- Pierre Ménard, Omar Darwiche Domingues, Anders Jonsson, Emilie Kaufmann, Edouard Leurent, and Michal Valko. Fast active learning for pure exploration in reinforcement learning. In *International Conference on Machine Learning*, 2021.
- Volodymyr Mnih, Koray Kavukcuoglu, David Silver, Andrei A Rusu, Joel Veness, Marc G Bellemare, Alex Graves, Martin Riedmiller, Andreas K Fidjeland, Georg Ostrovski, et al. Human-level control through deep reinforcement learning. *Nature*, 518(7540):529–533, 2015.
- Mirco Mutti and Aviv Tamar. Test-time regret minimization in meta reinforcement learning. In International Conference on Machine Learning, 2024.
- Ian Osband and Benjamin Van Roy. On lower bounds for regret in reinforcement learning. arXiv preprint arXiv:1608.02732, 2016.
- Martin L Puterman. Markov decision processes: discrete stochastic dynamic programming. John Wiley & Sons, 2014.
- Kate Rakelly, Aurick Zhou, Chelsea Finn, Sergey Levine, and Deirdre Quillen. Efficient off-policy meta-reinforcement learning via probabilistic context variables. In *International Conference on Machine Learning*, 2019.
- Zohar Rimon, Aviv Tamar, and Gilad Adler. Meta reinforcement learning with finite training tasks-a density estimation approach. In Advances in Neural Information Processing Systems, 2022.
- Jürgen Schmidhuber. Evolutionary principles in self-referential learning, or on learning how to learn: the meta-meta-... hook. PhD thesis, Technische Universität München, 1987.
- John Schulman, Sergey Levine, Pieter Abbeel, Michael Jordan, and Philipp Moritz. Trust region policy optimization. In *International Conference on Machine Learning*, 2015.
- Max Simchowitz, Christopher Tosh, Akshay Krishnamurthy, Daniel J Hsu, Thodoris Lykouris, Miro Dudik, and Robert E Schapire. Bayesian decision-making under misspecified priors with applications to meta-learning. In *Advances in Neural Information Processing Systems*, 2021.
- Nisan Stiennon, Long Ouyang, Jeffrey Wu, Daniel Ziegler, Ryan Lowe, Chelsea Voss, Alec Radford, Dario Amodei, and Paul F Christiano. Learning to summarize with human feedback. In Advances in Neural Information Processing Systems, 2020.
- Richard S Sutton and Andrew G Barto. Reinforcement learning: An introduction. MIT press, 2018.
- Aviv Tamar, Daniel Soudry, and Ev Zisselman. Regularization guarantees generalization in bayesian reinforcement learning through algorithmic stability. In AAAI Conference on Artificial Intelligence, 2022.
- Andrea Tirinzoni, Aymen Al Marjani, and Emilie Kaufmann. Near instance-optimal pac reinforcement learning for deterministic mdps. In Advances in Neural Information Processing Systems, 2022.
- Andrea Tirinzoni, Aymen Al-Marjani, and Emilie Kaufmann. Optimistic pac reinforcement learning: the instance-dependent view. In Algorithmic Learning Theory, 2023.
- Andrew J Wagenmaker, Max Simchowitz, and Kevin Jamieson. Beyond no regret: Instance-dependent pac reinforcement learning. In *Conference on Learning Theory*, 2022.

- Kelvin Xu, Zheyuan Hu, Ria Doshi, Aaron Rovinsky, Vikash Kumar, Abhishek Gupta, and Sergey Levine. Dexterous manipulation from images: Autonomous real-world rl via substep guidance. In *IEEE International Conference on Robotics and Automation*, 2023.
- Haotian Ye, Xiaoyu Chen, Liwei Wang, and Simon Shaolei Du. On the power of pre-training for generalization in RL: Provable benefits and hardness. In *International Conference on Machine Learning*, 2023.
- Mandi Zhao, Pieter Abbeel, and Stephen James. On the effectiveness of fine-tuning versus metareinforcement learning. In Advances in Neural Information Processing Systems, 2022.
- Luisa Zintgraf, Kyriacos Shiarlis, Maximilian Igl, Sebastian Schulze, Yarin Gal, Katja Hofmann, and Shimon Whiteson. Varibad: A very good method for bayes-adaptive deep rl via meta-learning. In International Conference on Learning Representations, 2019.
- Luisa Zintgraf, Sebastian Schulze, Cong Lu, Leo Feng, Maximilian Igl, Kyriacos Shiarlis, Yarin Gal, Katja Hofmann, and Shimon Whiteson. Varibad: Variational bayes-adaptive deep rl via meta-learning. *The Journal of Machine Learning Research*, 22(1):13198–13236, 2021.
- Ev Zisselman, Itai Lavie, Daniel Soudry, and Aviv Tamar. Explore to generalize in zero-shot rl. In Advances in Neural Information Processing Systems, 2023.

# A Missing Proofs

In this section, we provide complete derivations to prove the theoretical results presented in the paper.

#### A.1 Proof of Theorem 3.1

Here we prove the upper bound to the test-time regret under separation of Algorithm 1, which is a straightforward adaptation of the derivations in Chen et al. (2022, Theorem 5) to the finite-horizon setting.

**Theorem 3.1** (Chen et al. 2022). Let  $\mathcal{M}$  be a set of MDPs for which Assumption 1, 2 hold. For any  $\mathcal{M}_i \in \mathcal{M}$ , we have

$$R_H(\mathcal{M}_i, \mathbb{A}) \le O\left(\frac{TM^2 \log(MH) \log^2(SMH/\lambda)}{\lambda^4}\right)$$

where  $\mathbb{A}$  is Algorithm 1 with inputs  $\mathcal{D} = \mathcal{M}$  and  $n = \frac{c \log^2(SMH/\lambda) \log(MH)}{\lambda^4}$  for a sufficiently large constant c.

*Proof.* Analogously as in Chen et al. (2022, Theorem 5), the proof is based on showing that the true MDP  $\mathcal{M}_i$  will not be eliminated from  $\mathcal{D}$  (lines 6-10 in Algorithm 1) with probability at least 1 - 1/H (Chen et al., 2022, Lemma 4). Especially, we can write

$$P\left("\mathcal{M}_{i} \text{ is eliminated from } \mathcal{D}"\right)$$
$$= P\left(\bigcup_{m=1}^{M-1} "\mathcal{M}_{i} \text{ is eliminated from } \mathcal{D} \text{ at iteration } m"\right)$$
$$\leq \sum_{m=1}^{M-1} P\left("\mathcal{M}_{i} \text{ is eliminated from } \mathcal{D} \text{ at iteration } m"\right)$$

by noting that the loop in lines 2-11 of Algorithm 1 is executed for M-1 iterations and then applying a union bound. Next, we call Lemma A.1 to prove that the event " $\mathcal{M}_i$  is eliminated from  $\mathcal{D}$  at iteration m" holds with probability less than 1/MH.<sup>9</sup>

Then, we just need to prove that those n samples rquired by Lemma A.1 can be collected efficiently through the sampling routine in Algorithm 2, which is where our approach differs from Chen et al. (2022). In Lemma A.2, we provide a quick adaptation of their infinite-horizon communicating MDP setting to our finite-horizon reachable MDP setting.

Now let  $H_0$  the number of episodes needed to collect *n* samples through Algorithm 2 for every time is called from Algorithm 1 (line 5), which is M - 1 times in total. We have

$$\mathbb{E}[H_0] = h_0 \le 2(M-1)Mn \le \frac{cM^2 \log^2(SMH/\lambda) \log(MH)}{\lambda^4}$$

Finally, we can write

$$R_H(\mathcal{M}_i, \pi) = \mathbb{E}\left[\sum_{h=1}^{h_0} V_i^* - V_i(\pi_h)\right] + \mathbb{E}\left[\sum_{h=h_0}^H V_i^* - V_i(\hat{\pi})\right] \le \frac{cTM^2 \log^2\left(\frac{SMH}{\lambda}\right) \log(MH)}{\lambda^4}$$

by noting that  $\mathbb{E}[\sum_{h=1}^{h_0} V_i^* - V_i(\pi_h)] \leq \mathbb{E}[H_0]T$  through  $r_i(s, a) \in [0, 1], \forall \mathcal{M}_i \in \mathcal{M}$ , and that  $\mathbb{E}[\sum_{h=h_0}^{H} V_i^* - V_i(\hat{\pi})] \leq T$ , as it is  $V_i^* - V_i(\hat{\pi}) = 0$  with probability at least 1 - 1/H and  $V_i^* - V_i(\hat{\pi}) \leq TH$  with probability at most 1/H.

<sup>&</sup>lt;sup>9</sup>Note that the derivations in the corresponding (Chen et al., 2022, Lemma 5) apply verbatim as there is no assumption on how samples in  $\mathcal{X}$  are collected, and whether they are coming from a finite-horizon or an infinite-horizon MDP.

**Lemma A.1** (Chen et al. 2022). Let  $\mathcal{X} = (s'_1, \ldots, s'_n)$  be a set of  $n = \frac{c \log^2(SMH/\lambda) \log(MH)}{\lambda^4}$ independent samples from  $p_i(\cdot|\bar{s},\bar{a})$  for a large enough constant c and let  $\mathcal{M}_1$  be an MDP such that  $\|(p_i - p_1)(\cdot|\bar{s},\bar{a})\|_1 \geq \lambda$ . Then, it holds

$$\prod_{s'\in\mathcal{X}}\frac{p_i(s'|\bar{s},\bar{a})}{p_1(s'|\bar{s},\bar{a})} > 1$$

with probability at least 1 - 1/MH.

**Lemma A.2.** Let  $\mathcal{M}_i \in \mathcal{D}$  an MDP and let  $H_0$  a random variable denoting the number of episodes needed by Algorithm 2 to collect n samples from  $p_i(\cdot|\bar{s},\bar{a})$  in  $\mathcal{M}_i$ . We can upper bound the expected number of episodes as  $h_0 := \mathbb{E}[H_0] \leq 2Mn$ .

Proof. We can follow similar steps as in Chen et al. (2022, Lemma 7). From Assumption 2 we have that  $\mathbb{E}(X(\bar{s}|\mathcal{M}_i,\pi_i)) \leq T/2$  for  $\pi_i \in \arg\min_{\pi \in \Pi} \mathbb{E}[X(\bar{s}|\mathcal{M}_i,\pi)]$ . Then, by applying the Markov's inequality  $P(X(\bar{s}|\mathcal{M}_i,\pi_i) \geq T) \leq \mathbb{E}[X(\bar{s}|\mathcal{M}_i,\pi_i)]/T$  we get

$$X(\bar{s}|\mathcal{M}_i, \pi_i) \le T \tag{2}$$

with probability at least 1/2. Let Y be the random variable denoting the number of episodes needed to reach state  $\bar{s}$ . From (2), we have that  $P(Y = k) \leq 1/2^k$ , which gives  $\mathbb{E}[Y] \leq \sum_{k=1}^{\infty} k/2^k = 2$ . Since Algorithm 2 deploys  $\pi_j \in \arg \min_{\pi \in \Pi} \mathbb{E}[X(\bar{s}|\mathcal{M}_j, \pi)]$  for all  $\mathcal{M}_j \in \mathcal{D}$  (lines 4-9), then also  $\pi_i$  is deployed.

### A.2 Proof of Theorem 4.1

Here we provide complete derivations for the proof of the lower bound to the test-time regret under separation, which we briefly sketched in Section 4. In the proof, we will refer to the hard instance depicted in Figure 1 of the main paper.

**Theorem 4.1** (Lower bound). Let  $\mathcal{M}$  be a set of MDPs for which Assumptions 1, 2 hold. Let T > M and  $M - 1 \leq H \leq C$  for some constant  $C < \infty$ . For any  $\mathcal{M}_i \in \mathcal{M}$ , algorithm  $\mathbb{A}$ , and confidence  $\delta \in (0, 1)$ , we have

$$R_H(\mathcal{M}_i, \mathbb{A}) \ge \Omega\left(\frac{TM\log(H)}{\lambda}\log\left(\frac{1}{\delta}\right)\right)$$

with probability at least  $1 - \delta$ .

*Proof.* The key idea behind this proof is to construct an instance of the problem in which it is hard to minimize the regret without knowing the MDP, whereas it is easy to identify the MDP playing sub-optimal policies.

Hard instance. The instance consists of M MDPs having 2M+3 states and 2 actions each. Figure 1 depicts the sample MDP  $\mathcal{M}_i \in \mathcal{M}$ , but all of the MDPs in the instance are similarly constructed. For any  $\mathcal{M}_i \in \mathcal{M}$ , the state  $s_{in}$  is the initial state such that  $p(s_1|s_{in}, a_1) = p(s_{M+1}|s_{in}, a_2) = 1$ ,  $s_L$  is an absorbing state with  $p(s_L|s_L, a_1) = p(s_L|s_L, a_2) = 1$ ,  $s_H$  is an high-reward state such that  $p(s_L|s_H, a_1) = p(s_L|s_H, a_2) = 1$  and  $r(s_H, a_1) = r(s_H, a_2) = 1$ . For all the other states  $s \in S \setminus (s_H)$  we have  $r(s, a_1) = r(s, a_2) = 0$ . The states  $s \in S \setminus (s_H, s_L, s_{in})$  are arranged in two different chains:  $(s_1, \ldots, s_i, \ldots, s_M)$  on the left and  $(s_{M+1}, \ldots, s_{M+i}, \ldots, s_{2M})$  on the right, respectively. In every state of those chains, the action  $a_2$  gives a deterministic transition to the next state in their respective chain, i.e.,  $p(s_{j+1}|s_j, a_2) = 1, \forall s_j \in (s_1, \ldots, s_{M-1}) \cup (s_{M+1}, \ldots, s_{2M-1})$  and self-loops  $p(s_M|s_M, a_2) = p(s_{2M}|s_{2M}, a_2) = 1$  for the closing end of the chains. For any  $\mathcal{M}_i \in \mathcal{M}$ , the state  $s_i$  is the one leading to the state  $s_H$  with higher probability than all of the other states  $p_i(s_H|s_i, a_1) = 1$ . For all of the other states in the left chain, i.e.,  $s \in (s_1, \ldots, s_M) \setminus (s_i)$ , the transition to  $s_H$  has probability  $p_i(s_H|s, a_1) = 1 - \Delta_1 = 1 - 1/\sqrt{H}$ . In the right chain, the states are divided in two groups of

M/2 states, which are  $\mathcal{G}_1 := (s_{M+i}, \ldots, s_{\frac{3M}{2}+i})$  and  $\mathcal{G}_2 := (s_{M+1}, \ldots, s_{M+i-1}) \cup (s_{\frac{3M}{2}+i}, \ldots, s_{2M})$ .<sup>10</sup> The transition model is equivalent within the two groups, which is  $p_i(s_H|s \in \mathcal{G}_1, a_1) = 1 - \Delta_2 = 1 - \log(H)/\sqrt{H}$  and  $p_i(s_H|s \in \mathcal{G}_2, a_1) = 1 - \Delta_2 - \lambda/2 = 1 - \log(H)/\sqrt{H} - \lambda/2$ . Thanks to the construction of  $\mathcal{G}_1$  and  $\mathcal{G}_2$ , for every pair  $\mathcal{M}_i, \mathcal{M}_j \in \mathcal{M}$  there is at least one state-action pair for which the  $\lambda$ -separation holds (Assumption 1). To ease the visual inspection of the sample MDP  $\mathcal{M}_i$  in Figure 1, the state  $s_i$  and related transitions are blue colored, the states in  $\mathcal{G}_1$  and related transitions are red colored.

**Event.** Together with the described instance, we use terminology from best policy identification (see Appendix B for details) to define a convenient event around which the analysis is centered. We consider a class of stopping rules  $\tau$  such that  $\mathbb{E}_{\mathcal{M}_i}[\tau] \leq H$ , and we define:

 $\mathcal{E} = \Big\{ \hat{\pi}_{\tau} \in \arg \max_{\pi \in \Pi} V_i(\pi) : \text{ ``best policy is identified within } H \text{ steps''} \Big\}.$ 

To derive the lower bound, we consider the two cases in which  $\mathcal{E}$  hold or does not hold with high probability, respectively.

**Bad Event.** If the event  $\mathcal{E}$  does not hold with high probability, i.e.,  $\mathbb{P}(\mathcal{E}) < 1 - \delta$ , then we can show that the regret scales with  $\Omega(\sqrt{H})$ .

Let us consider any triplet  $(\pi, \tau, \hat{\pi}_{\tau})$ . Without loss of generality, we take  $\mathbb{E}_{\mathcal{M}_i}[\tau] = h$ , from which we have

$$\mathcal{R}_H(\mathcal{M}_i, \pi) = \mathcal{R}_h(\mathcal{M}_i, \pi) + \sum_{\bar{h}=h}^{H} V_i^* - V_i(\hat{\pi}_\tau) \ge \mathcal{R}_h(\mathcal{M}_i, \pi) + (H-h)\Delta_1$$
(3)

with probability at least  $\delta$ . The latter inequality is obtained by noting that the set of policies going to the left in the initial state  $\pi_1(a_1|s_{in}) = 1$ , then taking action  $a_1$  at some state  $s_j \in (s_1, \ldots, s_M)$ , and then taking the same action until the episode ends (formally,  $\pi_t(a_2|s_t) = 1$  for all t < j,  $\pi_j(a_1|s_j) = 1$ , and  $\pi_t(a_1|s_H) = \pi_t(a_1|s_L) = 1$  for all t > j) include an optimal policy for every  $\mathcal{M}_i \in \mathcal{M}$ . We denote this *sufficient* set of policies as  $\widetilde{\Pi}$ . For any MDP  $\mathcal{M}_i \in \mathcal{M}$ , it holds  $V_i(\pi) = \Delta_1$  for all  $\pi \in \widetilde{\Pi} \setminus (\pi_i^*)$ and  $V_i^* = 1$ , which gives the above.

Then, we lower bound the term  $\mathcal{R}_h(\mathcal{M}_i, \pi)$  in (3) through regret minimization. Due to how the instance is constructed, there is no incentive to take action  $a_2$  in  $s_{in}$  since the best policy identification fails in the bad event. Thus, we restrict the set of policies to  $\Pi$  again. Notably, this set of policies is finite, having size  $|\Pi| = M$ . We can cast the regret minimization problem over this set of policies as a bandit with M actions with parameters  $(\mu_j = V_i(\pi_j))_{j \in [M]}$  for some arbitrary ordering of the policies in  $\Pi$ . It is easy to see that the regret of the original MDP problem cannot be smaller than the regret of the latter bandit reformulation, which we can lower bound through the techniques in the proof of Theorem C.1. We have

$$\mathcal{R}_h(\mathcal{M}_i, \pi) \ge \frac{h\Delta_1}{8} \exp\left(-\frac{h(\Delta_1)^2}{2}\right). \tag{4}$$

Finally, substituting (4) into (3) we get

$$\mathcal{R}_H(\mathcal{M}_i, \pi) \ge \frac{h\Delta_1}{8} \exp\left(-\frac{h(\Delta_1)^2}{2}\right) + (H-h)\Delta_1 \ge \frac{\sqrt{H}}{8} \exp\left(-\frac{1}{2}\right)$$

with probability at least  $\delta$ , where the last inequality is obtained by taking  $\Delta_1 = 1/\sqrt{H}$  and noting that the left-hand side is minimized for  $\mathbb{E}_{\mathcal{M}_i}[\tau] = h = H$ .

<sup>&</sup>lt;sup>10</sup>Here we consider  $i \leq M/2$  for the sake of clarity. If i > M/2 some of the indices of  $\mathcal{G}_1$  will exceed 2M, so that the exceeding states are to be taken from the start of the right chain  $(s_{M+i}, s_{M+u})$ , where u is the number of exceeding indices.

**Good Event.** The previous result states that the regret is at least  $\Omega(\sqrt{H})$  when the event  $\mathcal{E}$  does not hold with high probability. This hints that solving the best policy identification problem is necessary to minimize the regret. To derive the lower bound, we instantiate a proper best policy identification problem on the considered instance  $\mathcal{M}$  and we derive the corresponding sample complexity through Lemma B.1. We have  $\mathbb{E}_{\mathcal{M}_i}[\tau] \geq T^*(\mathcal{M}_i)^{-1} \log(1/2.4\delta)$  where

$$T^*(\mathcal{M}_i) = \sup_{\omega \in \Sigma(\mathcal{M}_i)} \inf_{\mathcal{M}_j \in \mathcal{M}_{-i}} \sum_{s,a} \omega(s,a) \operatorname{KL}_{\mathcal{M}_i | \mathcal{M}_j}(s,a).$$

From Assumption 1 and the Pinsker's inequality we have

$$\mathrm{KL}_{\mathcal{M}_{i}|\mathcal{M}_{j}}(s,a) \ge 4\mathrm{TV}^{2}(p_{i}(\cdot|s,a), p_{j}(\cdot|s,a)) \ge \|(p_{i}-p_{j})(\cdot|s,a)\|_{1}^{2} \ge \lambda^{2}.$$

By staring at the instance, it can be seen that the allocation vector attaining the supremum is the one assigning even probabilities to all the pairs  $(s_{M+x}, a_1)_{x \in [M]}$ , as it guarantees  $\omega(s, a) = 1/TM$  for at least two revealing state-action pairs against any MDP  $\mathcal{M}_j \in \mathcal{M}_{-i}$ , such that  $\sum_{s,a} \omega(s, a) \operatorname{KL}_{\mathcal{M}_i | \mathcal{M}_j}(s, a) \geq \frac{2\lambda^2}{TM}$ , while any other allocation can be hacked by the infimum over  $\mathcal{M}_j \in \mathcal{M}_{-i}$  to a lesser value.<sup>11</sup>

We just need to show that the desired allocation can be obtained and does not violate the flow constraints of the MDP (see the statement of Lemma B.1). We set  $\omega(s_1, a_2, 1) = 1$ , which implies  $\sum_a \omega(s_{M+x}, a) \leq 1/T, \forall x \in [M]$ , since the states of the right chain cannot be visited more than once in an episode. Then, we set  $\omega(s_{M+x}, a_1) = 1/TM, \forall x \in [M]$  from the desired allocation, which gives  $\omega(s_{M+x}, a_1, x+1) = 1/M, \forall x \in [M]$ . We have

$$\omega(s_{M+1}, a_1, 2) = \frac{1}{M} \text{ and } \omega(s_{M+1}, a_2, 2) = \frac{M-1}{M} \\
\text{from } \sum_{a} \omega(s_{M+1}, a, 2) = \sum_{s', a'} p_i(s_{M+1}|s', a')\omega(s', a', 1) = \omega(s_1, a_2, 1) = 1, \\
\omega(s_{M+2}, a_1, 3) = \frac{1}{M} \text{ and } \omega(s_{M+2}, a_2, 3) = \frac{M-2}{M} \\
\text{from } \sum_{a} \omega(s_{M+2}, a, 3) = \sum_{s', a'} p_i(s_{M+2}|s', a')\omega(s', a', 2) = \omega(s_{M+1}, a_2, 2) = \frac{M-1}{M}, \\
\omega(s_{M+3}, a_1, 4) = \frac{1}{M} \text{ and } \omega(s_{M+3}, a_2, 4) = \frac{M-3}{M} \\
\text{from } \sum_{a} \omega(s_{M+3}, a, 4) = \sum_{s', a'} p_i(s_{M+3}|s', a')\omega(s', a', 3) = \omega(s_{M+2}, a_2, 3) = \frac{M-2}{M}, \\
\dots \\
\omega(s_{2M}, a_1, M+1) = \frac{1}{M} \text{ and } \omega(s_{2M}, a_2, M+1) = 0$$

from 
$$\sum_{a} \omega(s_{2M}, a, M+1) = \sum_{s', a'} p_i(s_{2M} | s', a') \omega(s', a', M) = \omega(s_{2M-1}, a_2, M) = \frac{1}{M},$$

which gives  $\omega(s_{M+x}, a_2, x) = \frac{M-x}{M}, \forall x \in [M]$ , while all of the additional probability to have  $\omega(s, a, t) \in \mathcal{P}(\mathcal{S} \times \mathcal{A}), \forall t \in [T]$  is absorbed by  $s_L$  and  $s_H$ .

Having proved that the desired allocation complies to the flow constraints, we proceed as

$$\mathbb{E}_{\mathcal{M}_i}[\tau] \ge \frac{TM}{2\lambda^2} \log\left(\frac{1}{2.4\delta}\right).$$

<sup>&</sup>lt;sup>11</sup>There are actually other allocation vectors that have equivalent value of  $T^*(\mathcal{M}_i)$ , which is the one assigning even probabilities to all the pairs  $(s, a_1)_{s \in \mathcal{G}_1}$  or  $(s, a_1)_{s \in \mathcal{G}_2}$ . For the sake of the proof, we use the most convenient to algebraic manipulations.

Finally, we can derive the lower bound through

$$\mathcal{R}_{H}(\mathcal{M}_{i},\pi) \geq \mathbb{E}_{\mathcal{M}_{i}}[\tau]\Delta_{2} = \frac{TM}{2\lambda^{2}} \frac{\log(H)}{\sqrt{H}} \log\left(\frac{1}{2.4\delta}\right)$$
$$\geq \frac{1}{4(\sqrt{C} - \log(C))} \frac{TM\log(H)}{\lambda} \log\left(\frac{1}{2.4\delta}\right)$$

where the last inequality is obtained by exploiting  $H \leq C$  and that transition probabilities are in [0,1] to write  $\frac{\lambda}{2} + \frac{\log(H)}{\sqrt{H}} \leq 1$ , which gives  $\lambda \leq \frac{2(\sqrt{C} - \log(C))}{\sqrt{H}}$ .

# B Best Policy Identification in Finite-Horizon MDPs: A Tailored Lower Bound

In Best Policy Identification (BPI, Fiechter, 1994), the learner interacts with an unknown MDP  $\mathcal{M}_i$  with the goal of minimizing the expected number of samples to be taken in order to tell an optimal policy  $\pi^* \in \arg \max_{\pi \in \Pi} V_i(\pi)$  for  $\mathcal{M}_i$  with probability at least  $1 - \delta$ , where  $\delta \in (0, 1)$  is a fixed confidence.

The literature provides theoretical guarantees on the latter expected number of samples, called *sample complexity*, in a variety of settings ranging from *worst-case* results for discounted (Azar et al., 2013; Agarwal et al., 2020) and finite-horizon MDPs (Dann & Brunskill, 2015; Dann et al., 2019; Kaufmann et al., 2021; Ménard et al., 2021) to *instance-dependent* analyses (Al Marjani & Proutiere, 2021; Al Marjani et al., 2021; Wagenmaker et al., 2022; Tirinzoni et al., 2022; 2023; Al-Marjani et al., 2023).

For the purpose of deriving a lower bound for test-time regret minimization (Theorem 4.1), we use, as a building block, an instance-dependent, non-asymptotic lower bound to the sample complexity of any  $\delta$ -PC (Probably Correct) BPI algorithm in finite-horizon MDPs.<sup>12</sup> To the best of our knowledge, the only result of this kind is given in Al-Marjani et al. (2023, Theorem 2). Here we derive an alternative result that is tailored to our setting, i.e., in which the set of possible MDPs is restricted to a finite set  $\mathcal{M}$  fulfilling the  $\lambda$ -separation (Assumption 1).

Additional Notation. Let  $\mathcal{H}_h := (s_t, a_t, r_t)_{t \in [T]}$  be a trajectory collected by executing a policy  $\pi_h$  at the episode h. We denote  $\mathcal{F}_h := \sigma((\mathcal{H}_{h'})_{h' \in [h]})$  the sigma algebra of the trajectories up to episode h, such that  $(\mathcal{F}_{h'})_{h' \in [h]}$  is the corresponding filtration. We define

- $(\pi_{h'}: \mathcal{F}_{h'-1} \to \mathcal{P}(\mathcal{A}))_{h' \in [h]}$  a sampling rule that determines the policy to be run at each episode given the past observations;
- $\tau$  a *stopping rule* that gives the time at which the sampling process is stopped given past observations;
- $\hat{\pi}_{\tau} \in \Pi$  a *decision rule*, which is the policy selected when  $\tau$  is triggered, i.e., the best guess on the optimal policy given past observations.

We denote as  $\mathbb{E}[\tau]$  the sample complexity of the BPI problem. Notably, the identification can span several episodes of our finite-horizon MDP setting, which means that at any step h' such that mod(k',T) = 0 the process will be reset to state  $s_1$ . To simplify the analysis, we assume that whenever the stopping rule  $\tau$  is triggered, the process proceeds until the end of the episode, which means the sample complexity is a multiple of T.

Now, we have all of the elements to derive our tailored lower bound. Specifically, we adapt to our BPI problem of interest the result (Al Marjani et al., 2021, Proposition 2), which was originally derived for the infinite-horizon and  $\delta$ -asymptotic setting. We obtain the following.

<sup>&</sup>lt;sup>12</sup>A  $\delta$ -PC algorithm (e.g., Al Marjani et al., 2021) is an algorithm that is guaranteed to output an optimal policy  $\pi^*$  with probability at least  $1 - \delta$  with a finite sample complexity.

**Lemma B.1** (Best policy identification). Let assume all the  $\mathcal{M}_j \in \mathcal{M}$  admit unique optimal policies. For  $\mathcal{M}_i \in \mathcal{M}$ , let us define the set of allocation vectors

$$\Sigma(\mathcal{M}_i) = \left\{ \omega \in \mathcal{P}(\mathcal{S} \times \mathcal{A}) : \omega(s, a) = \frac{1}{T} \sum_{t \in [T]} \omega(s, a, t), \\ \omega(\cdot, \cdot, 1) \in \mathcal{P}(\mathcal{S} \times \mathcal{A}), \quad \sum_{a \in \mathcal{A}} \omega(s_1, a, 1) = 1, \\ \forall(s, t) \in \mathcal{S} \times (2, \dots, T), \quad \sum_{a \in \mathcal{A}} \omega(s, a, t) = \sum_{s', a'} p_i(s|s', a')\omega(s', a', t - 1) \right\}.$$

Let  $\mathcal{M}_{-i} := \mathcal{M} \subseteq \mathcal{M}_i$ . For  $\delta \in (0,1)$ , any  $\delta$ -PC BPI algorithm has sample complexity

$$\mathbb{E}_{\mathcal{M}_{i}}[\tau] \geq T^{*}(\mathcal{M}_{i})^{-1}\log(1/2.4\delta) \quad where \quad T^{*}(\mathcal{M}_{i}) = \sup_{\omega \in \Sigma(\mathcal{M}_{i})} \inf_{\mathcal{M}_{j} \in \mathcal{M}_{-i}} \sum_{s,a} \omega(s,a) \operatorname{KL}_{\mathcal{M}_{i}|\mathcal{M}_{j}}(s,a).$$

*Proof.* The derivations are adapted from the proof of Proposition 2 in Al Marjani et al. (2021). First, we report a sample complexity result on best policy identification with a generative model (Al Marjani & Proutiere, 2021), which, for any  $\mathcal{M}_i \in \mathcal{M}_{-i}$ , states that

$$\sum_{s,a} \mathbb{E}_{\mathcal{M}_i}[N_{\tau}(s,a)] \operatorname{KL}_{\mathcal{M}_i|\mathcal{M}_j}(s,a) \ge \operatorname{kl}(\delta, 1-\delta)$$
(5)

where  $N_{\tau}(s, a)$  is the number of samples of the (s, a) pair collected within  $\tau \in \mathbb{N}$  steps and kl(x, y) denotes the Kullback Leibler divergence between Bernoulli distributions with parameters x, y respectively. Differently from the generative model setting, we have to enforce MDP constraints on  $\mathbb{E}_{\mathcal{M}_i}[N_{\tau}(s, a)]$ , which gives the recursive expression

$$\text{if } mod(\tau,T) \neq 0 \quad \sum_{a} \underset{\mathcal{M}_{i}}{\mathbb{E}} [N_{\tau}(s,a)] = \sum_{s',a'} p_{\mathcal{M}_{i}}(s|s',a') \left( \underset{\mathcal{M}_{i}}{\mathbb{E}} [N_{\tau-1}(s',a')] + 1 \right), \quad \forall (s,a) \in \mathcal{S} \times \mathcal{A}$$

$$\text{else} \quad \sum_{a} \underset{\mathcal{M}_{i}}{\mathbb{E}} [N_{\tau}(s_{1},a)] = \sum_{a} \underset{\mathcal{M}_{i}}{\mathbb{E}} [N_{\tau-1}(s_{1},a)] + 1 \quad \text{and} \quad \underset{\mathcal{M}_{i}}{\mathbb{E}} [N_{\tau}(s,a)] = \underset{\mathcal{M}_{i}}{\mathbb{E}} [N_{\tau-1}(s,a)], \quad \forall s \neq s_{1}.$$

Then, we can combine the latter constraints with (5) to write the following optimization problem

$$\inf_{n \ge 0} \sum_{s,a,t} n_{sat} \tag{6}$$

subject to 
$$\sum_{s,a,t} n_{sat} \operatorname{KL}_{\mathcal{M}_i | \mathcal{M}_j}(s,a) \ge \operatorname{kl}(\delta, 1-\delta) \qquad \qquad \forall \mathcal{M}_j \in \mathcal{M}_{-i}$$
(7)

$$\sum_{a} n_{sat} = \sum_{s',a'} p_{\mathcal{M}_i}(s|s',a')(n_{s'a't-1}+1) \qquad \forall s, \forall t: mod(t,T) \neq 0$$
(8)

$$\sum_{a} n_{s_1 a t} = \sum_{a} n_{s_1 a t - 1} + 1 \qquad \forall t : mod(t, T) = 0 \qquad (9)$$

$$n_{sat} = n_{sat-1} \qquad \qquad \forall s \neq s_1, \forall t : mod(t,T) = 0 \qquad (10)$$

To prove the result, let us take the constraint (7). Since it has to hold for every  $\mathcal{M}_j \in \mathcal{M}_{-i}$ , we can write

$$\inf_{\mathcal{M}_j \in \mathcal{M}_{-i}} \sum_{s,a,t} n_{sat} \operatorname{KL}_{\mathcal{M}_i | \mathcal{M}_j}(s,a) \ge \operatorname{kl}(\delta, 1-\delta).$$

Let us denote  $N^*$  the value of (6), we write

$$\inf_{\mathcal{M}_j \in \mathcal{M}_{-i}} \sum_{s,a,t} \frac{n_{sat}}{N^*} \operatorname{KL}_{\mathcal{M}_i | \mathcal{M}_j}(s,a) \ge \frac{\operatorname{kl}(\delta, 1-\delta)}{N^*}.$$

Through constraints (8-10) and the definition of  $N^*$ , we have that  $(n_{sat}/N^*) \in \Sigma(\mathcal{M}_i)$ , where the latter is the set of allocation vectors. Hence, we can write

$$\sup_{\omega \in \Sigma(\mathcal{M}_i)} \inf_{\mathcal{M}_j \in \mathcal{M}_{-i}} \sum_{s,a} \omega(s,a) \operatorname{KL}_{\mathcal{M}_i | \mathcal{M}_j}(s,a) \ge \frac{\operatorname{kl}(\delta, 1-\delta)}{N^*}.$$

Finally, we know from (Al Marjani et al., 2021, Proposition 10) that  $\mathbb{E}_{\mathcal{M}_i}[\tau] \geq N^*$ , which together with  $kl(\delta, 1 - \delta) \geq log(1/2.4\delta)$  (see Kaufmann et al., 2016) gives the result.

## C Meta Learning in Bandits

In this section, we analyze a simplified bandit version of the test-time regret minimization problem described in the paper. The aim of this study is to serve both as a gentle introduction to the more advanced results and techniques presented in the paper, which come more naturally in the bandit setting, as well as a standalone analysis that may be of independent interest.

We consider a class  $\mathcal{M} = (\mathcal{M}_i)_{i \in [M]}$  of bandits (Lattimore & Szepesvári, 2020), each of them having a set of actions  $\mathcal{A} = (a_j)_{j \in [A]}$  with corresponding reward distributions  $R_i(a_j)$  for all  $i \in [M], j \in [A]$ with bounded mean  $\mu_{ij} \in [0, 1]$ . First, we rephrase the separation condition presented in the paper (Assumption 1) as follows,

Assumption 3 ( $\lambda$ -separation (bandit)). For any  $\mathcal{M}_i, \mathcal{M}_j \in \mathcal{M}$ , there exists  $a \in \mathcal{A}$  such that  $\|R_i(a) - R_j(a)\|_1 \ge \lambda$ .

Just like in the MDP setting, we assume the reward distribution of all bandits  $\mathcal{M}_i \in \mathcal{M}$ , as well as the set  $\mathcal{M}$  itself, to be fully known to the agent, who faces a test task (i.e., bandit) that is instead unknown but belonging to  $\mathcal{M}$ . To evaluate the agent's performance, we redefine the *H*-steps test-time regret for the task  $\mathcal{M}_i \in \mathcal{M}$  as

$$\mathcal{R}_H(\mathcal{M}_i, \pi) = \mathbb{E}\left[\sum_{h=1}^H R_i(a^*) - R_i(a_h)\right] = \mathbb{E}\left[\sum_{h=1}^H \mu^* - \mu_h\right]$$

where  $a^* \in \arg \max_{a \in \mathcal{A}} \mu(a)$  is the optimal action in the bandit  $\mathcal{M}_i$ ,  $a_h \in \mathcal{A}$  is the action played by policy  $\pi$  at step h, and  $\mu^*, \mu_h$  are the mean of their reward distribution, respectively. Just as we did in the paper for the more general MDP setting, we provide both a lower bound and a nearly minimax optimal algorithm for the test-time regret minimization in bandits.

#### C.1 Lower Bound

We now prove a lower bound to the test-time regret suffered by any algorithm in the introduced meta learning in bandits setting under the above separation condition (Assumption 3). Formally,

**Theorem C.1** (Lower bound). Let  $\mathcal{M}$  be a set of bandits for which Assumption 3 holds. Let  $C < \infty$  a constant, and let  $\delta \in (0, 1)$ . For any horizon  $M - 1 \leq H \leq C$ , it holds

$$R_H(\mathcal{M}_i, \pi) = \Omega\left(\frac{M\log(H)}{\lambda}\log\left(\frac{1}{\delta}\right)\right)$$

with probability at least  $1 - \delta$ .

*Proof.* To prove the lower bound, we first construct a convenient instance in which it is hard to minimize the regret without knowing the task, while it is easy to identify the task playing sub-optimal actions. Then, we derive the lower bound on the regret suffered by any algorithm leveraging minimax lower bounds for standard bandits (Lattimore & Szepesvári, 2020) and best arm identification results (Garivier & Kaufmann, 2016).

Let  $\mathcal{M} = (\mathcal{M}_i)_{i \in [M]}$  a problem instance in which every  $\mathcal{M}_i$  has  $|\mathcal{A}| = 2M$  actions and Gaussian reward distributions  $R_i(a_j) = \mathcal{N}(\mu_{ij}, 1)$ . For each  $\mathcal{M}_i$ , we specify the first set of M actions  $(a_j)_{j=1}^M$  as follows:



Figure 2: Visualization of the  $\mathcal{M}_i$  bandit in the problem instance designed to derive the lower bound. The optimal action  $a_i$  and the identifying actions  $a \in \mathcal{A}_1 \cup \mathcal{A}_2$  change for every  $\mathcal{M}_i$ .

The action  $a_i$  is the optimal action with mean  $\mu_i = \mu^*$ , while all of the other actions are slightly sub-optimal  $\mu^* - \mu_j = \Delta_1 = 1/\sqrt{H}$ . The second set of actions  $(a_j)_{j=M+1}^{2M}$  is specified as follows: The actions  $\mathcal{A}_1 := (a_{M+i}, \ldots, a_{\frac{3M}{2}+i})$  have mean reward such that  $\mu^* - \mu_a = \Delta_2 = \log(H)/\sqrt{H}, \forall a \in \mathcal{A}_1$ , and all of the other actions  $\mathcal{A}_2 := (a_{M+1}, \ldots, a_{M+i-1}) \cup (a_{\frac{3M}{2}+i+1}, \ldots, 2M)$  have mean reward  $\mu_a < \mu_{M+i}$  such that  $\|R(a_{M+i}) - R(a)\|_1 \ge \lambda, \forall a \in \mathcal{A}_2$ , fulfilling  $\lambda$ -separation. The instance is depicted in Figure 2.<sup>13</sup>

In general, there are two ways to approach the described instance. Since it is known that the second set of M actions is sub-optimal in every  $\mathcal{M}_i$ , we can minimize the regret playing only the first set of actions. Otherwise, we can exploit the separation condition on the second set of arms to identify the task and then playing the optimal arm. To formalize this intuition, we borrow notation from best arm identification literature (e.g. Garivier & Kaufmann, 2016) similarly as we did in Appendix B.

Additional Notation. Let  $\mathcal{H}_h := (a_{h'}, r_{h'})_{h' \in [h]}$  be a trajectory collected by executing a policy  $\pi$ . We denote  $\mathcal{F}_{h>1}$  the corresponding filtration on  $\mathcal{H}_h$ . We define

- $(\pi_{h'})_{h'=1}^{h}$  a sampling rule over  $\mathcal{A}$  that determines the next action to play given past observations;
- $\tau$  a stopping rule that gives the stopping time w.r.t.  $\mathcal{H}_h$ ;
- $\hat{a}_{\tau} \in \mathcal{A}$  a *decision rule*, which is the action selected when  $\tau$  is triggered, i.e., the best guess on the optimal arm given past observations.

We denote as  $\mathbb{E}[\tau]$  the sample complexity of the best arm identification problem. Further, we restrict  $\tau$  to the class of stopping rules such that  $\mathbb{E}_{\mathcal{M}_i}[\tau] \leq H$ , and we define the following event:

$$\mathcal{E} = \left\{ \hat{a}_{\tau} \in \arg\max_{a \in \mathcal{A}} \mu(a) : \text{ ``best arm is identified within } H \text{ steps''} \right\}.$$

To derive the lower bound, we consider the two cases in which  $\mathcal{E}$  hold or does not hold with high probability, respectively.

**Bad Event.** If the event  $\mathcal{E}$  does not hold with high probability, i.e.,  $\mathbb{P}(\mathcal{E}) < 1 - \delta$ , we can show that the regret scales with  $\Omega(\sqrt{H})$ .

Let us consider any triplet  $(\pi, \tau, \hat{a}_{\tau})$ . Without loss of generality, we take  $\mathbb{E}_{\mathcal{M}_i}[\tau] = h$ , from which we have

$$\mathcal{R}_H(\mathcal{M}_i, \pi) = \mathcal{R}_h(\mathcal{M}_i, \pi) + (H - h)\Delta_1 \tag{11}$$

<sup>&</sup>lt;sup>13</sup>Note that, for describing the instance, we conveniently consider  $i \leq M/2$ , but it is straightforward to understand how it works for i > M/2 by substituting the exceeding indices in  $\mathcal{A}_1$  back with the first arms of the sequence  $a_{M+1}, a_{M+2}, \ldots$  until  $\mathcal{A}_1$  consists of M/2 arms.

with probability at least  $\delta$ .

First, we lower bound the term  $\mathcal{R}_h(\mathcal{M}_i, \pi)$  through regret minimization. We can restrict the action set to  $\tilde{\mathcal{A}} = (a_j)_{j=1}^M$  as there is no incentive to play surely sub-optimal actions  $a_j$  for j > M when minimizing the regret. We take a policy  $\pi$  inducing pulls  $(a_{h'})_{h'=1}^h$  and corresponding counts  $T_j(h) := \sum_{h'=1}^h \mathbf{1}(a_j = a_{h'})$  over the actions  $\tilde{\mathcal{A}}$  of  $\mathcal{M}_1$ . Then, we select  $\mathcal{M}_i \in \mathcal{M}$  such that  $i = \arg \min_{j \in [M]} \mathbb{E}_{\mathcal{M}_1}[T_j(h)]$ . We have that

$$\max_{\mathcal{M}^* \in \mathcal{M}} \mathcal{R}_h(\mathcal{M}^*, \pi) \ge \max \left\{ \mathcal{R}_h(\mathcal{M}_1, \pi), \mathcal{R}_h(\mathcal{M}_i, \pi) \right\} \ge \frac{\mathcal{R}_h(\mathcal{M}_1, \pi) + \mathcal{R}_h(\mathcal{M}_i, \pi)}{2}.$$

We can further expand the terms on the right hand-side by noting that

$$\mathcal{R}_h(\mathcal{M}_1, \pi) \ge P_{\mathcal{M}_1}(T_1(h) \le h/2) \frac{h\Delta_1}{2}$$
 and  $\mathcal{R}_h(\mathcal{M}_i, \pi) \ge P_{\mathcal{M}_i}(T_1(h) > h/2) \frac{h\Delta_1}{2}$ 

from which we can write

$$\mathcal{R}_{h}(\mathcal{M}_{1},\pi) + \mathcal{R}_{h}(\mathcal{M}_{i},\pi) > \frac{h\Delta_{1}}{2} \left( P_{\mathcal{M}_{1}}(T_{1}(h) \leq h/2) + P_{\mathcal{M}_{i}}(T_{1}(h) > h/2) \right)$$
$$\geq \frac{h\Delta_{1}}{4} \exp\left(-\mathrm{KL}(\mathbb{P}_{\mathcal{M}_{1}},\mathbb{P}_{\mathcal{M}_{i}})\right)$$

where the latter is obtained through the Bretagnolle-Huber inequality. Then, we can upper bound the KL divergence as

$$\begin{aligned} \operatorname{KL}(\mathbb{P}_{\mathcal{M}_{1}}, \mathbb{P}_{\mathcal{M}_{i}}) \\ &= \underset{\mathcal{M}_{1}}{\mathbb{E}}[T_{1}(h)]\operatorname{KL}(\mathcal{N}(\mu^{*}, 1), \mathcal{N}(\mu - \Delta_{1}, 1)) + \underset{\mathcal{M}_{1}}{\mathbb{E}}[T_{i}(h)]\operatorname{KL}(\mathcal{N}(\mu - \Delta_{1}, 1), \mathcal{N}(\mu^{*}, 1)) \\ &\leq \frac{(\Delta_{1})^{2}}{2} \left( \underset{\mathcal{M}_{1}}{\mathbb{E}}[T_{1}(h)] + \underset{\mathcal{M}_{1}}{\mathbb{E}}[T_{i}(h)] \right) \leq \frac{h(\Delta_{1})^{2}}{2} \end{aligned}$$

from which we derive

$$\max_{\mathcal{M}^* \in \mathcal{M}} \mathcal{R}_h(\mathcal{M}^*, \pi) \geq \frac{h\Delta_1}{8} \exp\left(-\frac{h(\Delta_1)^2}{2}\right).$$

Finally, we substitute the latter in (11) to get

$$\mathcal{R}_H(\mathcal{M}_i, \pi) \ge \frac{h\Delta_1}{8} \exp\left(-\frac{h(\Delta_1)^2}{2}\right) + (H-h)\Delta_1 \ge \frac{\sqrt{H}}{8} \exp\left(-\frac{1}{2}\right)$$

with probability at least  $\delta$ , where the last inequality is obtained by taking  $\Delta_1 = 1/\sqrt{H}$  and noting that the left-hand side is minimized for  $\mathbb{E}_{\mathcal{M}_i}[\tau] = h = H$ .

**Good Event.** The previous result states that the regret is at least  $\Omega(\sqrt{H})$  when the event  $\mathcal{E}$  does not hold with high probability. This hints that solving the best arm identification problem is necessary to minimize the regret. To derive the lower bound, we instantiate a proper best arm identification problem on the considered instance  $\mathcal{M}$ .

Since the separation condition is fulfilled in the second set of actions, we can restrict our best arm identification problem to the action set  $\hat{\mathcal{A}} = (a_j)_{j=M+1}^{2M}$ . From Theorem 1 in (Garivier & Kaufmann, 2016), for any confidence  $\delta \in (0, 1)$ , we have that

$$\mathbb{E}_{\mathcal{M}_i}[\tau] \ge T^*(\mathcal{M}_i)^{-1}\log(1/2.4\delta)$$

where

$$T^*(\mathcal{M}_i)^{-1} := \sup_{\omega \in \mathcal{P}(\hat{\mathcal{A}})} \inf_{\mathcal{M}_j \in \mathcal{M} \setminus (\mathcal{M}_i)} \left( \sum_{k=M+1}^{2M} \omega_k \mathrm{KL}(R_i(a_k), R_j(a_k)) \right)$$
(12)

holds with probability  $1 - \delta$ . From the separation condition (Assumption 3) and the Pinsker's inequality we have

$$\mathrm{KL}(R_i(a), R_j(a)) \ge 2\mathrm{TV}^2(R_i(a), R_j(a)) \ge \frac{1}{2} \|R_i(a) - R_j(a)\|_1^2 \ge \frac{\lambda^2}{2}$$

for every  $i \neq j$ . By noting that the supremum in (12) is attained by  $\omega = (1/M, \ldots, 1/M)$  we get

$$\mathbb{E}_{\mathcal{M}_i}[\tau] \ge \frac{2M}{\lambda^2} \log\left(\frac{1}{2.4\delta}\right).$$

Finally, we can derive the lower bound through

$$\mathcal{R}_H(\mathcal{M}_i, \pi) \ge \mathbb{E}_{\mathcal{M}_i}[\tau] \Delta_2 = \frac{2M}{\lambda^2} \frac{\log(H)}{\sqrt{H}} \log\left(\frac{1}{2.4\delta}\right) \ge \frac{2}{\sqrt{C} - \log(C)} \frac{M\log(H)}{\lambda} \log\left(\frac{1}{2.4\delta}\right)$$

where the last inequality is obtained by exploiting  $H \leq C$  and that the mean of the reward distribution is bounded in [0, 1] to write  $\lambda + \frac{\log(H)}{\sqrt{H}} \leq 1$ , which gives  $\lambda \leq \frac{\sqrt{C} - \log(C)}{\sqrt{H}}$ .

### C.2 Upper Bound

In this section, we provide a simple algorithm, which is practically a direct adaptation to the bandit setting of Algorithm 1, in turn inspired by Chen et al. (2022), that nearly matches the lower bound presented in the previous section.

The idea of the algorithm is to exploit the knowledge of the class  $\mathcal{M}$  to quickly identify the test task  $\mathcal{M}^*$  and then commit to the optimal action  $a^*$  for  $\mathcal{M}^*$ . The pseudocode of this simple procedure is provided in Algorithm 3.

### Algorithm 3 Identify-then-Commit for Bandits

1: Initialize  $\mathcal{D} = \mathcal{M}$  and  $n = \frac{2 \log(2MH)}{\lambda^4}$ 2: while |D| > 1 do Draw  $\mathcal{M}_1, \mathcal{M}_2$  from  $\mathcal{D}$  at random 3: Take  $\tilde{a} \in \arg \max_{a \in \mathcal{A}} ||R_1(a) - R_2(a)||_1$ 4: Collect *n* samples  $\mathcal{X} = (x_1, \ldots, x_n)$  pulling action  $\tilde{a}$ 5:if  $\prod_{x_h \in \mathcal{X}} \frac{R_1(x_h|\tilde{a})}{R_2(x_h|\tilde{a})} \ge 1$  then Eliminate  $\mathcal{M}_2$  from  $\mathcal{D}$ 6: 7:8: else Eliminate  $\mathcal{M}_1$  from  $\mathcal{D}$ 9: 10: end if 11: end while 12: Take  $\hat{\mathcal{M}} \in \mathcal{D}$  and pull the action  $\hat{a} \in \arg \max_{a \in \mathcal{A}} \hat{\mu}(a)$  for the remaining steps

The upper bound to the test-time regret suffered by Algorithm 3 is provided by the following result. **Theorem C.2** (Upper bound). Let  $\mathcal{M}$  be a set of bandits for which Assumption 3 holds. For any  $H \ge M - 1$ , we have

$$R_H(\mathcal{M}_i, \hat{\pi}) = O\left(\frac{M\log(MH)}{\lambda^4}\right)$$

where  $\hat{\pi}$  is the sampling rule induced by Algorithm 3.

*Proof.* The scheme of the proof follows closely the one of Chen et al. (2022, Theorem 1), which is simplified and adapted to the bandit setting we care about here.

First, we note that the Algorithm 3 is made of two stages: An "Identify" stage (lines 2-11) in which we seek to find out the test task  $\mathcal{M}_i$  irrespective of the regret, a "Commit" stage (line 12) in which

we exploit the gathered information to minimize the regret in the remaining steps. Notably, at every iteration of the while loop (lines 2-11) a potential task is eliminated from the set  $|\mathcal{D}|$ , which means the "Identify" stage consists of exactly  $h_0 := (M - 1)n$  steps, and the "Commit" stage takes the remaining  $H - h_0$  steps. Thus, we can decompose the regret as

$$R_H(\mathcal{M}_i, \hat{\pi}) = \mathbb{E}\left[\sum_{h=1}^{h_0} R_i(a^*) - R_i(\tilde{a})\right] + \mathbb{E}\left[\sum_{h=h_0}^H R_i(a^*) - R_i(\hat{a})\right].$$
(13)

Now, we just need to upper bound the term on the left with  $h_0$  through  $R_i(a^*) - R_i(\tilde{a}) \leq 1$  and to show that the second term is zero with high probability to prove the result.

Since  $\hat{a}$  is the optimal action of the remaining task in the set  $\mathcal{D}$ , to prove that it holds  $\mathbb{E}[\sum_{h=h_0}^{H} R_i(a^*) - R_i(\hat{a})] = 0$  with high probability, we have to show that the test task  $\mathcal{M}_i$  is not eliminated from  $\mathcal{D}$  with high probability. Especially, for some confidence  $\delta \in (0, 1)$  we need

$$\mathbb{P}\Big(``M_i \text{ is eliminated from } \mathcal{D}"\Big) = \mathbb{P}\left(\prod_{x_h \in \mathcal{X}} \frac{R_i(x_h|\tilde{a})}{R_j(x_h|\tilde{a})} < 1\right) \le \frac{\delta}{M}$$

where the right-hand side is obtained from a union bound over the event that the test task  $\mathcal{M}_i$  is eliminated in each iteration of the while loop (lines 2-11). Equivalently, we need

$$\log\left(\prod_{x_h\in\mathcal{X}}\frac{R_i(x_h|\tilde{a})}{R_j(x_h|\tilde{a})}\right) = \sum_{x_h\in\mathcal{X}}\log\left(\frac{R_i(x_h|\tilde{a})}{R_j(x_h|\tilde{a})}\right) > 0$$

to hold with probability at least  $1 - \frac{\delta}{M}$ . First, we note that

$$\mathbb{E}_{x \sim R_i(\tilde{a})} \left[ \sum_{x_h \in \mathcal{X}} \log \left( \frac{R_i(x|\tilde{a})}{R_j(x|\tilde{a})} \right) \right] = \sum_{x_h \in \mathcal{X}} \mathbb{E}_{x \sim R_i(\tilde{a})} \left[ \log \left( \frac{R_i(x|\tilde{a})}{R_j(x|\tilde{a})} \right) \right] = n \mathrm{KL}(R_i(\tilde{a}), R_j(\tilde{a})) \le \frac{n\lambda^2}{2}$$

where the last inequality is obtained from the separation condition (Assumption 3) and the Pinsker's inequality. Then, we have

$$\sum_{x_h \in \mathcal{X}} \log\left(\frac{R_i(x_h|\tilde{a})}{R_j(x_h|\tilde{a})}\right) \ge \mathbb{E}_{x \sim R_i(\tilde{a})} \left[\sum_{x_h \in \mathcal{X}} \log\left(\frac{R_i(x|\tilde{a})}{R_j(x|\tilde{a})}\right)\right] - \sqrt{\frac{n}{2}\log\left(\frac{2M}{\delta}\right)} \ge \frac{n\lambda^2}{2} - \sqrt{\frac{n}{2}\log\left(\frac{2M}{\delta}\right)}$$

with probability  $1 - \frac{\delta}{M}$  through the Hoeffding's inequality. Now, we need to set n such that the right-hand side is greater than zero, which gives  $n = \frac{2\log(\frac{2M}{\delta})}{\lambda^4}$  and  $h_0 = \frac{2(M-1)\log(\frac{2M}{\delta})}{\lambda^4}$ .

Finally, we set  $\delta = \frac{1}{H}$  and we plug the expression into (13). Noting that, in the bad event occurring with probability less than 1/H the right-hand side of (13) is still less than H, we have  $\mathbb{E}[\sum_{h=h_0}^{H} R_i(a^*) - R_i(\hat{a})] \leq 1$  from which we get

$$R_H(\mathcal{M}_i, \hat{\pi}) = O\left(\frac{M\log(MH)}{\lambda^4}\right)$$