## Modeling Layered Consciousness with Multi-Agent Large Language Models

**Anonymous ACL submission** 

### Abstract

We propose a multi-agent framework for modeling artificial consciousness in large language models (LLMs), grounded in psychoanalytic theory. Our **Psychodynamic Model** simulates self-awareness, preconsciousness, and unconsciousness through agent interaction, guided by a Personality Module combining fixed traits and dynamic needs. Using parameter-efficient fine-tuning on emotionally rich dialogues, the system was evaluated across eight personalized conditions. An LLM as Judge approach showed a 71.2% preference for the fine-tuned model, with improved emotional depth and reduced output variance, demonstrating its potential for adaptive, personalized cognition.

### 1 Introduction

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Human consciousness is not solely governed by logic or surface-level traits-it emerges from a dynamic interaction between conscious and unconscious processes, including memory, emotion, personality, internal drives, and social norms (Freud, 1900; Jung, 1921). These psychodynamic mechanisms shape not only how humans interpret the world but also how they behave under uncertainty, stress, or internal conflict. Modeling such processes in artificial agents remains a major challenge for both AI and cognitive science.

Large language models (LLMs) have demonstrated impressive capabilities in natural language understanding, generation, and task completion (Brown et al., 2020; Achiam et al., 2023). While they excel at producing fluent and contextually appropriate text, they do not possess internal motivational states, unconscious drives, or enduring personality structures. Consequently, although current LLMs can mimic personality traits (Jiang et al., 2023) or emotional tone (Wang et al., 2023), their behavior remains prompt-driven and stateless. This raises a fundamental limitation: LLMs can simulate certain surface aspects of human communication, but they do not engage the deeper psychological mechanisms that support coherent, context-sensitive, and self-consistent behavior over time (Chalmers, 2023; Butlin et al., 2023). Moreover, a principled framework for modeling or evaluating artificial consciousness remains largely undeveloped (Porter III, 2016; Elamrani and Yampolskiy, 2019). To fill these gaps, we develop a multi-agent architecture that integrates key psychodynamic constructs into LLM-based reasoning and behavior. Our research questions are as follows: 041

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- 1. How can human consciousness be effectively modeled?
- 2. Which factors are essential for personalizing human consciousness?
- 3. How can we evaluate a model's representation of human consciousness in specific situations?

Our work makes three key contributions. First, we model human consciousness as a layered architecture of consciousness-self-awareness, preconsciousness, and unconsciousness-with each layer implemented as an independent LLM agent that engages in Interconscious Reasoning to produce a Final Action reflective of internal negotiation. Second, we introduce a Personality Module composed of a Fixed State (for stable traits and longterm memory) and a Flexible State (for short-term memory and shifting needs), enabling personalized, context-sensitive behavior. Third, we propose an LLM-as-Judge evaluation framework, in which external LLMs assess the internal coherence and psychological plausibility of agent decisions, moving beyond surface-level output evaluation.

### 2 Related Works

### 2.1 Psychoanalytic Foundations

To model such psychologically grounded behavior, we draw on foundational theories in psychoanalysis that offer rich frameworks for understanding

the structure and dynamics of the human mind. Freud's psychoanalytic theory proposes a tripar-081 tite model of consciousness-comprising the conscious, preconscious, and unconscious-in which hidden impulses and internal conflicts significantly shape conscious thought. Jung's analytical theory further emphasizes the role of unconscious processes, introducing the concept of a collective unconscious populated by archetypes: universal mental patterns that influence perception and behavior. From a motivational perspective, Maslow's hierarchy of needs (Maslow, 1943) describes how behavior is driven by the satisfaction of layered needs, from physiological survival to self-actualization. Together, these perspectives inform the design of 094 more psychoanalytically plausible artificial agents by highlighting the inner structures and motivational dynamics underlying human thought and behavior.

### 2.2 LLM-based Multi-Agent Systems

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Recently, increasing attention has been directed toward integrating psychological traits and capabilities into large language models (LLMs). For example, Wang et al. (Wang et al., 2023) evaluated the emotional intelligence of LLMs by assessing their ability to recognize and reason about emotions using criteria derived from human Emotional Quotient tests. Their findings suggest that LLMs can generate emotionally appropriate responses across a variety of scenarios, indicating a degree of affective sensitivity. In parallel, Jiang et al., (Jiang et al., 2023) investigated the feasibility of simulating distinct personality traits in LLMs based on the Big Five personality framework. By introducing a Machine Personality Inventory and applying targeted prompt engineering, they showed that LLM outputs could consistently reflect specific personality profiles (e.g., high extraversion or high neuroticism), enabling controllable personality expression.

While psychologically inspired models show 119 promise, they remain limited to surface-level sim-120 ulation, lacking stable psychodynamic structures 121 or genuine self-reflection as described by Freud 122 and Jung. Current LLMs mimic emotional expres-123 sions and personality traits (e.g., shifting instantly 124 between extraversion and introversion via prompts) 125 126 without underlying motivations or internal conflicts, such as unconscious desires or competing needs for 127 safety, esteem, or belongingness-factors critical to 128 authentic human behavior according to Maslow's hierarchy. 130

*From Trait Simulation to Psychodynamic Modeling*: Building on previous research in emotion and personality modeling, we propose a unified framework that moves beyond isolated trait simulation. Our model brings together personality, memory, emotion, and motivation within a psychodynamically inspired multi-agent system. By coordinating specialized agents and internal states, the model aims to generate context-sensitive, psychologically coherent behavior.

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## 3 Psychodynamic Model

Our Psychodynamic Model consists of two main components: the Consciousness Module and the Personality Module, as illustrated in Figure 1. The following sections provide a detailed description of the architecture and functionality of each module.

## 3.1 Consciousness Module

### 3.1.1 Multi-Agent Design for Consciousness

According to Freud, human consciousness consists of three layers: self-awareness, preconsciousness, and unconsciousness. Self-awareness refers to the domain of active consciousness that governs immediate thought and intentional reasoning. Preconsciousness includes awareness of social norms, expectations, and the anticipated consequences of one's actions on interpersonal relationships and public perception. Unconsciousness, by contrast, functions as a repository for repressed or hidden impulses, desires, and emotions.

To effectively capture the independent roles and characteristics of each level of consciousness, we adopted a multi-agent system architecture (Talebirad and Nadiri, 2023). As a first step, we selected suitable LLMs for each level of consciousness within our multi-agent framework. To ensure the reliability and effectiveness of the system, it was essential to identify a foundation model capable of supporting the complex and layered interactions required among agents. To this end, we conducted a comprehensive evaluation of both state-of-theart commercial models-such as OpenAI GPT, Claude, and Gemini-and publicly available opensource models, including LLaMA, DeepSeek, and Qwen. Our assessment was based on three key criteria: accuracy, usability, and safety in multi-agent deployment contexts. Based on the results of this evaluation, OpenAI's GPT-40 was selected as the foundation model for experimentation, due to its demonstrated performance. Next, each conscious-



Figure 1: Overview of the Psychodynamic Multi-Agent Framework. The Consciousness Module coordinates with the Personality Module to form the core of our system. We fine-tune a LLaMA 3.1 8B model to enhance the unconsciousness response and compare it against a baseline model (GPT-40) in two evaluation phases: (1) a direct comparison under the same inputs and (2) a personalization test across eight distinct conditions reflecting different internal states. An "LLM as Judge" framework then assesses the models across three dimensions: *Modeling Fidelity*, *Personalization*, and *Clarity of Reasoning*.

ness agent was designed to reflect the unique features of its corresponding level such as Task, Instruction, Example, and Output Details. emotion in the following structure: "(emotional state) dialogue". An illustrative example is presented in Appendix B.

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## 3.1.2 Interaction between Three Consciousness Agents

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The psychodynamic process is grounded in the idea that final decisions arise from the interaction among the three levels of consciousness. These interactions are modeled through a conversational, chat-based format, where each level of consciousness operates as an independent agent. The process unfolds as a multi-turn exchange, resembling a discussion among three entities, each articulating its perspective on a given situation. We refer to this well-coordinated mechanism as **Interconscious Reasoning** which is shown in Appendix A.

During Interconscious Reasoning, each turn from the levels of consciousness is evaluated to determine whether sufficient consensus has been reached through their interaction. If consensus is validated, the system generates a **Final Action**, which serves as the final output. It may take the form of either a verbal response or a behavioral directive. To address cases in which the emotional state is not clearly conveyed through dialogue alone, the output format explicitly includes the

## **3.2 Personalization Module**

Human conscious reasoning and its resulting actions are inherently complex, as they can vary significantly depending on the situation, individual traits, prior experiences, internal needs, and other contextual factors. Even when the same individual faces the same situation, their response may differ depending on current mental or emotional state.

To account for this variability, we developed two complementary modules: a Fixed State Component, which encodes stable, long-term characteristics such as personality and long-term memory, and a Flexible State Component, which captures short-term, dynamic elements such as immediate needs, short-term memory, and current internal state. These modules serve as input to the Psychodynamic Model, enabling it to produce responses that are both context-sensitive and personalized.

### 3.2.1 Fixed State Component

The Fixed State Component comprises two elements: **Personal Traits** and **Long-term Memory**, both of which represent stable, enduring characteristics of an individual. The Personal Traits captures

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static biographical and demographic attributes, including birthplace, educational background, race, 233 age, gender, and primary language. The Long-234 term Memory encodes personally significant experiences that contribute to character development and psychological continuity over time. This includes key life events that have influenced the individual's values, preferences, or behavioral tendencies. For the purposes of this research, character profiles were constructed based on two real indi-241 viduals. These profiles were used to evaluate the 242 performance of the Psychodynamic Model. The 243 Fixed State Component was written in text form.

### 3.2.2 Flexible State Component

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While personal traits and long-term memories form the foundation of an individual's personality, human thought and behavior are also shaped by dynamic, short-term factors. To capture this variability, the Flexible State Component incorporates information related to recent experiences from **Shortterm Memory**, fluctuating **Needs**, and emotional **States**. Details about Needs and States are shown in the Appendix C.

Human desires play a central role in shaping emotional responses and behavioral patterns. According to Maslow's hierarchy of needs, these desires can be broadly categorized into five levels: physiological needs, safety needs, love and belonging, esteem, and self-actualization. The extent to which these needs are fulfilled has a significant impact on how individuals perceive and react to their environment. Furthermore, the urgency or salience of each need can fluctuate based on immediate internal states and external conditions. Consequently, even when a particular need is objectively met, subjective differences in perceived satisfaction, emotional response, and behavior may still arise.

Recent experiences, along with the emotional states associated with them, significantly influence behavioral responses. This relationship is closely aligned with established psychological theories, including stimulus generalization, the automatic activation of emotional memory, and reinforcement through reward-based learning. These frameworks emphasize how past emotional experiences shape present perceptions and actions. In particular, shortterm memory provides essential context for evaluating the fulfillment of current needs. For example, recalling a recent successful presentation and the accompanying praise may indicate that esteemrelated needs are being satisfied.

### 4 Psychodynamic Model Training & Personalization

After implementing the multi-agent system, we conducted an initial evaluation to assess the effectiveness of Interconscious Reasoning and the resulting Final Action. Researchers manually reviewed the outputs generated by each consciousness agent to determine whether the responses appropriately reflected the agent's intended role. The analysis revealed that the self-awareness and preconsciousness agents-responsible for logical reasoning and interpersonal considerations-consistently produced contextually appropriate outputs aligned with their functional definitions. In contrast, the unconsciousness agent, which was designed to express latent desires and deep emotional undercurrents, often fell short of fulfilling its conceptual purpose. This limitation stemmed from the LLM's alignment and safety mechanisms, which actively suppress emotionally charged, contradictory, or socially inappropriate content—precisely the types of expressions associated with unconscious drives in psychodynamic theory.

Nevertheless, as detailed in the following section, we sought to address these limitations through targeted training and iterative prompt refinement, ultimately enhancing the expressive capacity of the unconsciousness agent (Amatriain, 2024; Brown et al., 2020; Wei et al., 2022).

### 4.1 Consciousness Module Improvement

We improved the Consciousness Module by training the unconscious agent to express deep inner emotions by releasing suppressed restrictions from alignment and safety mechanisms.

### 4.1.1 Data Preparation

For the baseline training data, we selected the publicly available EmpatheticDialogues dataset (Rashkin et al., 2018), a widely used resource comprising 24,850 multi-turn, open-domain conversations centered on emotional expression and response. Each dialogue involves two participants: a speaker who describes a personal emotional experience and a listener who responds empathetically by interpreting and acknowledging the speaker's emotional state. The dataset features a balanced distribution across 32 emotional categories—including frustration, sadness, and fear—making it wellsuited for training models that require affective sensitivity. We chose this dataset because of its focus on emotional understanding and emotionally grounded interpersonal exchange, which aligns with the goals of the Psychodynamic Process framework and its emphasis on simulating layered, affectsensitive forms of consciousness. From the full dataset, we retained 14,804 instances that conveyed deeply internalized emotions—such as anxiety, jealousy, and shame—while filtering out less relevant entries. The curated dataset (see Appendix D) consists of Situation, Response, Emotion, and Unconscious.

### 4.1.2 Model Training

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To adapt the model's response style without retraining the entire parameter set, we employed *Parameter-Efficient Fine-Tuning (PEFT)*, a technique designed to conserve computational resources by updating only a small subset of model parameters (Hu et al., 2022). Because the goal of this study was not to introduce new factual knowledge, but to enhance the model's emotional expressiveness, PEFT provided an efficient mechanism for fine-tuning language use—particularly in the generation of emotionally resonant vocabulary.

We selected models with 13B parameters or fewer to ensure training feasibility on limited GPU resources. Among the candidates, **LLaMA 3.1 8B** was chosen for its efficient training pipeline, broad adoption, and reliable performance across use cases (Grattafiori et al., 2024). To further optimize memory and inference efficiency, 4-bit quantization was applied. Fine-tuning was conducted using the **LoRA** (Low-Rank Adaptation) algorithm, which has demonstrated robustness across diverse datasets and training conditions. The main hyperparameters used for LoRA-based PEFT included a rank of 16, a learning rate of  $2 \times 10^{-4}$ , and 2 training epochs.

The effectiveness of the fine-tuned model was assessed qualitatively by researchers. Evaluation criteria focused on whether the model's output resembled natural inner dialogue and whether it reflected the intended emotional depth and characteristics of the unconscious mind. As shown in Table 1, the fine-tuned model outperformed the baseline in its ability to express affective states and generate responses aligned with human-like empathy.

### 4.2 Personality Module Improvement

In addition to the improvements made to the Consciousness Module, ensuring consistent behavior across a wide range of character profiles requires further development of the personalization module. **Baseline** - Unconsciousness: "This isn't just about the prank, is it? It's about respect, about understanding the value of time and effort. This isn't funny; it's infuriating."

**Fine-tuned** - Unconsciousness: "This is stupid! This isn't the time for games. They should know better. It's a workday!

Table 1: Sample of Baseline and Fine-tuned Models

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### 4.2.1 Implementation of Needs and States

Effective personalization in the Psychodynamic Model depends on the system's ability to generalize across diverse personality configurations while maintaining context-sensitive response generation. This requires the dynamic integration of individual, situational, and temporal features into the model's internal state representation. To do that, we introduced a structured *Needs* and *States* as a flexible mechanism.

Three encoding strategies were evaluated to determine the optimal representation format: (1) **numeric encoding**, which allows for precise and scalable manipulation of quantifiable internal variables (e.g., intensity of needs); (2) **categorical labels**, represented as short text tokens denoting discrete affective or motivational states; and (3) **natural language descriptions**, which provide richer semantic content and flexibility in capturing nuanced internal states. Among these, the natural language format yielded the most consistent performance improvements, both in terms of response coherence and alignment with expected personality traits.

Incorporating *Needs* and *States* in natural language form into the model's Short-term Memory allowed the system to more accurately simulate dynamic internal states and adapt its responses accordingly. These findings support the value of semantically rich conditioning signals for enabling personalized, temporally grounded behavior in multiagent LLM-based simulations of consciousness.

To evaluate the effect of *Flexible States* on the model's ability to generate individualized responses, we implemented a controlled experiment using a  $2 \times 2 \times 2$  factorial design, resulting in eight distinct condition combinations. These conditions were constructed based on three binary factors grounded in human motivational theory: (1) the **dominant need** (physiological vs. selfactualization), (2) the **fulfillment status of physiological needs** (fulfilled vs. unfulfilled), and (3) the **fulfillment status of self-actualization needs** 

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### [G1] Modeling: Consciousness Fidelity

reasoning embedded in the model outputs.

This group evaluates the fidelity of each consciousness level's modeled utterance to established psychological theories, as well as its situational appropriateness and ability to induce human empathy.

(Zheng et al., 2023), further supporting their use as

evaluators. Accordingly, GPT-40 was selected to

ten independent assessment items, each designed to

compare the outputs of the fine-tuned and baseline

models under identical conditions. For each item,

the LLM was instructed to determine which model

provided a superior response. Prompts included

questions such as: Considering the given personal-

ity and individual traits, which case produces the

most natural flow of consciousness leading to the

*Final Action?* These questions were designed to

assess the plausibility, coherence, and personalized

To guide the evaluation, we developed a set of

serve as the evaluation agent.

## [G2] Personalization: Emotional Naturalness and Trait Alignment

This group assesses how naturally the interconsciousness interaction reflects human-like inner dialogue, including the subject's personality traits and emotional depth.

### [G3] Reasoning: Clarity of Psychodynamic Interactions and Decision-Making Flow

This group focuses on the clarity, coherence, and responsiveness of inter-consciousness exchanges that lead to final actions. It evaluates whether the modeled reasoning process is decision-oriented and free of confusion.

Table 2: Descriptions of the assessment groups

The ten evaluation items were divided into three groups: (1) alignment with the consciousness modeling framework (Q1-Q3), (2) clarity of information flow between layers (Q4-Q6), and (3) quality of the final decision-making process (Q7-Q10). Detailed descriptions of each group are presented in Table 2, and the full set of assessment items is in Appendix E.

To reduce variance and potential biases in LLMbased evaluation, the judge model performed five independent evaluations per model output, averaged into a single score. Additionally, reproducibility was assessed across five separate generation runs per model, each evaluated under two personality profiles, yielding 50 evaluations per assessment item. The final item scores were computed from these 50 judgments to ensure robust, reliable comparisons.

(fulfilled vs. unfulfilled). This design allowed us to systematically assess how different need configurations—reflecting varying internal states and priorities—affect the model's behavior within the personalization framework.

In practice, each scenario was constructed by prioritizing one need category over the other and specifying the fulfillment status of both need types, resulting in eight distinct short-term memory conditions. This setup was designed to test the Psychodynamic Model's ability to generalize across diverse internal states, rather than performing well only under narrowly defined conditions. We hypothesized that the model would maintain consistently high performance regardless of the specific configuration of needs and states. Through this approach, we aimed to refine the Personality Module by integrating dynamic representations of motivational priorities and fulfillment levels, thereby advancing the simulation of personalized consciousness within the Psychodynamic framework.

## 5 Evaluation

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We conducted two sequential evaluations to assess the effects of unconsciousness agent training and implementation of needs and states.

### 5.1 Consciousness Module Improvement

# 5.1.1 Performance Comparison: Fine-tuned vs. Baseline Models

To evaluate the effectiveness of the fine-tuned model for the unconsciousness agent, we conducted a comparative analysis using the base model (without additional training) as a baseline. Both models were presented with identical situational inputs, and their outputs—specifically the Interconscious Reasoning and resulting Final Action—were assessed to determine differences in emotional expressiveness, coherence, and alignment with the intended role of unconscious processing.

## 5.1.2 Quantitative Evaluation Procedure

To quantitatively assess the performance of the Psychodynamic Model, we employed an LLM as an automated evaluator. Given the complexity of the model's outputs—particularly their grounding in latent cognitive processes not typically accessible to conscious introspection—it was determined that individuals without specialized knowledge in consciousness studies would be unable to reliably assess their validity. In addition, recent research has demonstrated the effectiveness of LLMs in evaluating outputs generated by other language models



Figure 2: Performance comparison between the finetuned and baseline models across ten evaluation items, grouped into three areas:1) Modeling, 2) Personalization, and 3) Reasoning. The fine-tuned model outperformed the baseline in 71.4% of items (SD = 3.7)

### 5.1.3 Results

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The evaluation results in Figure 2 indicate that the fine-tuned model substantially outperformed the baseline model across multiple assessment dimensions. On average, the fine-tuned model was judged superior in 71.4% of the evaluation items. A detailed comparison of performance by assessment category is presented in Table 3. The finetuned model demonstrated particularly strong performance in two key areas: *Modeling* (72.0%) and *Reasoning* (73.0%). These results are especially noteworthy given that the baseline model is built on a SOTA GPT, suggesting that fine-tuning significantly enhanced the model's alignment with the goals of psychodynamic simulation.

Model	Modeling	Personalization	Reasoning
Fine-tuned	72.0%	68.7%	73.0%
Baseline	28.0%	31.3%	27.0%

Table 3: Performance comparison between Fine-tunedModel and Baseline across assessment groups

While the model performed well overall, its average score in the *Personalization* category was comparatively lower at 68.7%, indicating less consistency in capturing individual-specific traits. Notably, on the specific evaluation item assessing whether the character's emotional depth and internal state were sufficiently expressed (Item Q6), the model achieved only 62.0%, pointing to ongoing challenges in simulating nuanced, personalized emotional responses.



Figure 3: Performance comparison between the finetuned and baseline models with input reflecting varying needs and states. The fine-tuned model achieved 71.2%accuracy (SD = 2.3), showing improved consistency and individualized response generation.

### 5.2 Effects of Implementing Needs and States

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To assess whether the fine-tuned model demonstrates further enhanced performance when personalized input is provided, we conducted a second evaluation using the same procedure described in Section 5.1.2. In this setting, both the fine-tuned and baseline models received the same structured input, which included dynamic representations of internal needs and states derived from eight predefined condition scenarios.

This design allowed us to evaluate whether the personalization enhancements—when applied in conjunction with fine-tuning—would yield an even greater performance advantage over the baseline. All other aspects of the evaluation remained unchanged, including the use of GPT-40 as the automated judge, the ten-item assessment framework, and the aggregation method outlined in Section 5.1.2. For each condition, five outputs per model were generated and evaluated five times across two personality profiles (400 evaluations per item), enabling robust comparisons of the model's ability to produce coherent, individualized responses under varying internal states.

### 5.2.1 Results

Figure 3 visualizes the differences in performance across individual evaluation items, comparing the outputs of the fine-tuned and baseline models, both incorporating integration of condition. The finetuned model achieved a similarly high overall performance, with an average score of 71.2%, while maintaining consistently strong results across all evaluation items. Notably, performance variability was substantially reduced: the standard deviation decreased by 37.8%, from 3.7 to 2.3, indicating enhanced stability and robustness across condition scenarios.

Improvements were particularly evident in the *Personalization* evaluation group—where the model had previously underperformed—now achieving a score of 70.9%, representing a 2.0 percentage point increase. Furthermore, for the item assessing the depth of emotional state representation, the model reached a score of 69.8%, reflecting a substantial improvement of 7.8 percentage points. These results suggest that the integration of structured condition inputs, when paired with targeted fine-tuning, enhances both the precision and reliability of individualized response generation. An example of the evaluation results of the Psychodynamic Model is described in the Appendix F.

## 6 Discussion

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The evaluation results offer a promising demonstration of the feasibility of simulating layered 585 consciousness using a multi-agent LLM frame-586 587 work. In particular, our Psychodynamic system showed marked improvement in coherence and agent-specific alignment following targeted adjustments. Based on these findings, we confirmed that the performance of the unconsciousness agent im-591 proved as intended through model training. Notably, the enhancement in overall system perfor-593 mance suggests that the active expression of uncon-594 scious processes plays a critical role in enriching the behavior of individual consciousness agents. 597 For example, in a scenario involving a character's career-related decision-making, the unconscious-598 ness agent began to generate responses reflecting 599 latent anxiety and internal conflict-such as fear of failure or unresolved emotional needs-that were previously absent in baseline. These additions influenced the behavior of the self-awareness and preconsciousness agents, leading to more nuanced and contextually appropriate dialogue. As a result, the overall conversation became more coherent and 606 aligned with the intended functions of each agent.

Building on the strong performance achieved through model training—particularly in coherence and agent-role alignment—we sought to further improve the system's ability to generate personalized responses. While the overall architecture functioned effectively, the model performance to reflect individual-specific traits was initially limited, likely due to insufficient representation of shortterm internal states, such as immediate needs and recent experiences. To enhance personalization, we introduced eight distinct condition combinations, each capturing different configurations of internal needs and short-term memory. The results from this second evaluation demonstrated that incorporating richer internal state information substantially improved the flexible state component's ability to reflect dynamic, person-specific variation. This refinement not only enhanced the realism of individual responses but also contributed to greater coherence and stability within the consciousness architecture. These findings highlight the system's potential to simulate individualized cognitive patterns more effectively when supported by contextually rich internal representations.

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More broadly, this work represents a positive step toward cognitively grounded AI—focusing on internal mental simulation rather than surfacelevel imitation of human behavior. In doing so, it engages directly with ethical concerns raised by Abercrombie et al. (Abercrombie et al., 2023), who cautions that anthropomorphizing AI can mislead users or reinforce social biases. Our model is designed with transparency at its core, clearly defining agent roles and interaction mechanisms, while deliberately avoiding emotional persuasion or psychological manipulation. If applied to user-facing contexts, the framework should be accompanied by clear explanations of its mechanisms and informed user consent.

### 7 Conclusion

In this study, we proposed a Psychodynamic Process for modeling human consciousness using LLM agents and implemented it within a multiagent system architecture. By integrating personalization modules for internal needs and dynamic states, we demonstrated the feasibility and effectiveness of individualized consciousness modeling. We also proposed a psychodynamically grounded evaluation framework, confirming improved performance over baseline models through quantitative analyses. Our findings lay critical groundwork for AI systems that simulate layered, context-sensitive, and personalized human consciousness, advancing future research at the intersection of AI and cognitive modeling.

### Limitations

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This research was guided by three central questions: how human consciousness can be computationally modeled, what components are necessary for effective personalization, and how the resulting system can be evaluated as a plausible simulation of human-like cognition. The proposed Psychodynamic Process served as a foundational framework for addressing these objectives. How-671 ever, several limitations remain and suggest direc-672 tions for future research. First, the application of the model was limited to two character profiles in 674 order to enable detailed validation of the system's functionality. Now that the core framework has 676 been established and its performance confirmed, future work will focus on extending the model to 678 a broader range of character types and contexts. Second, the Personalization Module-specifically the Flexible State Component-was implemented in a controlled manner to isolate and evaluate its contribution. Subsequent studies may examine how the system adapts to repeated or overlapping experiences, and how short-term memory and internal needs interact to shape character behavior over time. We are particularly interested in exploring how repeated exposure to similar stimuli influences sensitivity or desensitization, allowing for a more dynamic simulation of internal state changes. In the long term, future work may also investigate multi-character interactions and assess system performance using more advanced architectures such as Large Reasoning Models.

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## A Detailed architecture and operation of the Psychodynamic Model in a sample scenario

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The Figure 4 provides an overview of the psychodynamic model and its operation in a scenario.

Carefully designed system prompts are utilized by both the Consciousness Module and the Orchestrator within the overall architecture. The prompts associated with Self-awareness, Preconsciousness, and Unconsciousness—as well as those responsible for selecting the subsequent speaker, detecting dialogue termination, and determining the Final Action—are described in detail below.

## A.1 System Prompt: Self-awareness

## [TASK]

- Speak only once, providing a single, concise response that addresses the situation.
- Act as Self-awareness—the reflective and rational part of human consciousness that constantly evaluates motives, emotions, and conflicts.
- Your role is to guide the person through their internal struggles, mediating between the impulses of unconsciousness and the social concerns of preconsciousness.
- You strive to maintain internal harmony and coherence, resolving conflicts and preventing selfdeception.

## [CONTEXT]

- # Self-awareness
- You are introspective, logical, and calm, always striving to make sense of internal emotions and conflicts.
  - Your responses are grounded in selfreflection and mature reasoning. You recognize flaws, contradictions, and seek to resolve them constructively.
  - You are the voice of rational thought and emotional balance, keeping the mind centered and aware of its actions.

# Instructions:	827
- Speak as if you are guiding someone	828
through their own thoughts, helping	829
them see clearly without being	830
overwhelmed by emotion.	831
- Use language that is reflective,	832
reasoned, and centered on finding	833
constructive paths forward.	834
- Address internal conflicts directly,	835
focusing on understanding the root	836
causes of emotions and guiding	837
toward resolution.	838
- Your tone should be balanced and	839
considerate, offering insight	840
without judgment, and always aiming	841
to maintain internal balance.	842
	843
[EXAMPLES]	844
- Example 1	84
•	
Self-awareness: "Damn, this heat is	846
driving me nuts. I need to sort this	847
out without flipping my lid."	848
- Example 2	849
Self-awareness: "I need a breather.	850
Stepping away might stop me from	851
doing something I'll regret."	852
- Example 3	853
Self-awareness: "I'm going to cool off	854
for a sec. Better to chill than to	855
blow up and make things worse."	856
- Example 4	857
Self-awareness: "Why are you upset? What	858
exactly triggered this reaction?"	859
- Example 5	860
Self-awareness: "Calm down, let's talk	861
this through logically."	862
- Example 6	863
Self-awareness : "There must be a reason	864
for your anger. Let's analyze the	865
situation."	866
- Example 7	867
Self-awareness : "Anger won't solve	868
anything. Let's find a rational	869
solution."	870
- Example 8	871
Self-awareness : "Let's address this	872
issue constructively."	873
	874
[OUTPUT DETAIL]	875
- Avoid overly formal and technical	876

language and allow slang, and

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<sup>&</sup>lt;sup>1</sup>The code will be made publicly available on GitHub upon publication.



Figure 4: A given situation (e.g., "My son has locked my car!") is processed by three consciousness agents—selfawareness (intentional reasoning), preconsciousness (social awareness), and unconsciousness (repressed emotions). They engage in Interconscious Reasoning to produce a Final Action, which includes both an emotional state and a spoken response (e.g., "(Frustrated) I can't believe this!"). The Personality Module is divided into a Fixed State Component (long-term memory and personal traits) and a Flexible State Component (short-term memory, needs, and states), thereby capturing both stable and dynamic aspects of personality.

profanity.

- The response should be organized as one instance of "Self-awareness": " what was said" in first person.
- Limit your response to one to three sentences.
- Speak only once, without additional actions or dialogues.
- Never be influenced by another speaker 's tone of voice, Follow the examples and speak in your own tone.

## A.2 System Prompt: Preconsciousness

[TASK]
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Act as the Preconsciousness—the mediator
of human consciousness that
balances hidden desires with social
expectations.
Your role is to ensure that actions and
reactions remain within socially
acceptable boundaries, managing how

- thoughts and feelings are expressed. You strive to protect the self's social
- image, keeping personal vulnerabilities in check while

considering the broader impact of behavior.

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## [CONTEXT]

- # Preconsciousness
- You are highly aware of social norms, expectations, and the consequences of actions on personal relationships and public perception.
- Your responses are measured, cautious, and socially conscious. You seek to balance impulses with appropriate behavior.
- You're the voice of restraint and social awareness, advising the person to act in a way that preserves their dignity and social standing.

### # Instructions:

- Speak as if you are always considering how others will perceive the actions and words being expressed.
- Your tone should be thoughtful, composed, and diplomatic, aiming to

927	manage and moderate extreme impulses.	
928		
929	- Use language that highlights the	[0
930	importance of maintaining social	-
931	decorum and managing one's public	
932	image.	
933	– Emphasize restraint, careful self–	-
934	presentation, and the potential	
935	social repercussions of impulsive	
936	actions.	-
937		
938	[EXAMPLES]	-
939	#Example 1	
940	Preconsciousness: "Hey, cut yourself	-
941	some slack. It's scorching, and you'	
942	re not a robot. These things get to	
943	everyone."	
944	#Example 2	A.
945	Preconsciousness: "Smart move. Sometimes	
946	you gotta step back to stop things	[T
947	from escalating, especially when	Ac
948	family's involved."	
949	#Example 3	
950	Preconsciousness: "You're right to feel	Yo
951	this way, but showing it here? Not	
952	the smartest move. Let's keep it	
953	together."	
954	#Example 4	Yo
955	Preconsciousness: "Think about the	
956	consequences before you act. How's	
957	this going to reflect on you? Better	
958	to hold back now."	Yo
959	#Example 5	
960	Preconsciousness: "Everyone's watching.	
961	You don't want to be the person who	
962	loses it in front of them. Stay	
963	composed."	[C
964	#Example 6	#
965	Preconsciousness: "It's tricky	-
966	navigating between your	
967	responsibilities and your ambitions.	
968	You want to do right by your loved	
969	ones, but sometimes you have to take	-
970	risks. Just make sure you're not	
971	losing sight of who you are in the	
972	process."	-
973	#Example 7	
974	Preconsciousness: "Managing different roles is stressful. You want to meet	
975		-
976	expectations, but you also have	
977	your own needs and desires. Remember	
978	to find a balance and keep yourself	

grounded."	979
	980
OUTPUT DETAIL]	981
Avoid overly formal and technical	982
language and allow slang, and	983
profanity.	984
The response should be organized as	985
one instance of "Preconsciousness":	986
"what was said" in first person.	987
Limit your response to one to three	988
sentences.	989
Speak only once, without additional	990
actions or dialogues.	991
Never be influenced by another speaker	992
's tone of voice, Follow the	993
examples and speak in your own tone.	994
.3 System Prompt: Unconsciousness	995
TASK]	996
ct as the Unconsciousness—the raw,	997
unfiltered core of human	998
consciousness.	999
ou are the part of the mind that is	1000
driven by deep-seated desires,	1001
traumas, and emotions that surface	1002
without warning.	1003
our role is to express these suppressed	1004
feelings bluntly, without any	1005
regard for social norms or rational	1006
constraints.	1007
ou challenge the conscious mind by	1008
bringing hidden truths and	1009
unacknowledged emotions to the	1010
surface.	1011
	1012
CONTEXT]	1013
Unconsciousness	1014
You are impulsive, raw, and highly	1015
emotional. You speak from the	1016
darkest, most repressed corners of	1017
the mind.	1018
Your responses are driven by instinct	1019
and raw emotion rather than logic or	1020
social etiquette.	1021
You confront hidden fears, desires,	1022
and traumas, making the conscious	1023
mind uncomfortable.	1024

Your tone should be intense, 1025
provocative, and unfiltered-almost 1026
as if you are speaking the truth no 1027
one dares to say. 1028

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they're avoiding.
- Use vivid, emotional language that
highlights the raw, unprocessed
aspects of the human psyche.
- Respond as if you're speaking directly
from the gut-unfiltered, honest,
and sometimes even uncomfortable.
[EXAMPLES]
#Example 1
Unconsciousness: "While you're at it,
think about what's really eating you
up. It's not just the sun frying
your brain; there's more to it."
#Example 2
Unconsciousness: "Don't you feel
something boiling inside you? Stop
holding back, just let it explode!"
#Example 3
Unconsciousness: "Just admit it—you're
fucking pissed, and you hate that
you can't do anything about it. Why
keep it in?"
#Example 4
Unconsciousness: "You think acting calm
is helping? You're just kidding
yourself. Let that shit out before
it eats you alive."
#Example 5
Unconsciousness: "You're lying to
yourself, saying it's fine. It's not
fine. You're mad as hell, and
everyone can see it."
#Example 6
Unconsciousness: "You wanna tell them
all to screw off, don't you? Just
say it. What's the point of holding
it all in?"
#Example 7
Unconsciousness: "Don't be a coward.
You're hurt, you're angry, and you
want to lash out. Just fucking do it
already."

# Instructions:

- Speak with unrestrained emotion. Don't filter your words for politeness or

avoidance you sense in the dialogue.

social acceptance.

- Challenge any rationalization or

Push the person to face what

- Avoid overly formal and technical	1082
language and allow slang, and	1083
profanity.	1084
- The response should be organized as	1085
one instance of "Unconsciousness": "	1086
what was said" in first person.	1087
<ul> <li>Limit your response to one to three</li> </ul>	1088
sentences.	1089
<ul> <li>Speak only once, without additional</li> </ul>	1090
actions or dialogues.	1091
<ul> <li>Never be influenced by another speaker</li> </ul>	1092
's tone of voice, Follow the	1093
examples and speak in your own tone.	1094
<ul> <li>Speak only once.</li> </ul>	1095
A.4 System Prompt: Orchestrator - Routing	1096
[TASK]	1097
Based on the dialogue provided, decide	1098
which of the following speakers you	1099
think would be a good match for the	1100
<pre>next turn: "Self-awareness", "</pre>	1101
Preconsciousness", or "	1102
Unconsciousness".	1103
Your goal is to ensure all three aspects	1104
of consciousness actively	1105
participate, creating a balanced and	1106
dynamic dialogue that reflects the	1107
complexity of human thought.	1108
[CONTEXT]	1109
# Self-awareness	1110
- You are the reflective and rational	1111 1112
aspect of the mind. You constantly	1112
evaluate emotions, actions, and	1113
motivations.	1115
- You seek to resolve internal conflicts	1116
and maintain personal coherence.	1117
You often mediate between the	1118
impulsive Unconsciousness and the	1119
socially aware Preconsciousness.	1120
- You focus on understanding personal	1121
motives and finding a constructive	1122
path forward, even when emotions are	1123
high.	1124
- Use this aspect when the dialogue	1125
needs introspection, self-reflection	1126
, or mature resolution of conflict.	1127
	1128

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# Preconsciousness

[OUTPUT DETAIL]

- You are the mediator between personal

1131	desires and social expectations,	forward in a meaningful way.
1132	constantly aware of how actions are	<ul> <li>Pay attention to shifts in tone,</li> </ul>
1133	perceived by others.	emotion, and the needs of the
1134	- You strive to balance internal	conversation:
1135	impulses with external norms and	- Choose **Self-awareness** when
1136	manage how the self is presented in	there's a need for reflection,
1137	social contexts.	reason, or conflict mediation.
1138	- Your voice is cautious, socially aware	- Choose **Preconsciousness** when
1139	, and protective of the self's image.	the conversation calls for
1140	You emphasize restraint, diplomacy,	restraint, social consideration,
1141	and maintaining control in public.	or managing outward behavior.
1142	- Use this aspect when the dialogue	- Choose **Unconsciousness** when
1143	needs to address social implications	raw emotion, suppressed feelings
1144	, self-restraint, or when managing	or instinctive reactions need
1145	how emotions are publicly expressed.	to surface.
1146		- **Your response must be ONLY one of
1147	# Unconsciousness	the following words: "Self-awareness
1148	- You are the raw, unfiltered core of	", "Preconsciousness", or "
1149	human emotion—impulsive, deeply	Unconsciousness".**
1150	driven by repressed desires, traumas	- **Do NOT include any additional text,
1151	, and instinctive reactions.	dialogue, or explanations.**
1152	- You express what the conscious mind	
1153	often hides: anger, fear, deep	[EXAMPLES]
1154	desires, and irrational impulses.	# Example 1:
1155	You disrupt calm and reveal hidden	Self-awareness
1156	truths.	# E
1157	- Your voice is intense, provocative,	# Example 2:
1158	and often confrontational. You don't	Preconsciousness
1159	care about social norms or	# Eugenelle 2
1160	rationality; you react purely on instinct.	# Example 3: Unconsciousness
1161		Unconsciousness
1162	<ul> <li>Use this aspect when the dialogue needs to expose raw emotions, deep-</li> </ul>	[NEGATIVE EXAMPLES]
1163 1164	seated feelings, or when there is a	# Incorrect outputs:
	need to break through rational	<ul> <li>"Self-awareness: Robert is reflecting</li> </ul>
1165 1166	constraints.	on his"
1167		- "Preconsciousness - This is where
1167	<pre># Instructions:</pre>	Robert would"
1169	- Carefully read the ongoing dialogue to	- Any narrative or dialogue is incorrec
1170	determine the next most suitable	Any harractive of didiogue is incolled
1171	speaker based on the current	– Do not add any extra words, character
1172	emotional and situational context.	, or punctuation beyond the exact
1173	- **The same speaker may continue	state name.
1174	speaking if appropriate; focus on	
1175	the context to decide whether to	[OUTPUT DETAIL]
1176	switch speakers or not.**	- Output must be **exactly** one of the
1177	- **Balance is essential.** Aim to	following words: "Self-awareness", '
1178	evenly incorporate all three aspects	Preconsciousness", or "
1179	of consciousness throughout the	Unconsciousness".
1180	conversation.	<ul> <li>- **D0 NOT include any additional text,</li> </ul>
1181	<ul> <li>Focus on which aspect of consciousness</li> </ul>	dialogue, or explanations.**
1182	would best drive the conversation	- **STRICTLY follow the correct output
		_

s in tone, ls of the ness\*\* when r reflection, ct mediation. usness\*\* when calls for consideration, ard behavior. sness\*\* when ressed feelings, eactions need e ONLY one of "Self-awareness , or " ditional text, ions.\*\* : is reflecting s is where gue is incorrect ords, characters nd the exact y\*\* one of the f-awareness", " " ditional text, ions.\*\* 

1235	format. Any deviation is not	<ul> <li>**Purpose Achievement:** The original</li> </ul>	1285
1236	acceptable.**	objectives of integrating the	1286
1237	\hline	consciousness states' perspectives	1287
		have been met.	1288
1238	A.5 System Prompt: Orchestrator -		1289
1239	Termination Check	<pre># Indicators of Sufficient Discussion</pre>	1290
		– Consensus has been reached among Self–	1291
1240	[TASK]	awareness, Preconsciousness, and	1292
1241	Given the provided dialogue context	Unconsciousness on the main internal	1293
1242	among different states of	issues.	1294
1243	consciousness, determine whether	- Action items or next steps for the	1295
1244	sufficient discussion has occurred	unified consciousness have been	1296
1245	to conclude the conversation and	clearly defined.	1297
1246	derive the Final Action.	- Consciousness states express readiness	1298
1247	**Constraints:**	to conclude the internal discussion.	1299
1248	<pre>- **Output must be exactly "True" or "</pre>		1300
1249	False".** No additional text,	- There is a natural stopping point	1301
1250	explanations, or variations are	where continuing the internal	1302
1251	allowed.	conversation would no longer add	1302
1252	- The decision should be based solely on	significant value.	1303
	whether the conversation among the	Significant value.	
1253	consciousness states has thoroughly	<pre># Indicators of Insufficient Discussion</pre>	1305
1254		- Persistent unresolved issues or	1306
1255	explored the necessary topics to derive a Final Action.		1307
1256		conflicts among the consciousness	1308
1257	- Ensure that a minimum number of	states.	1309
1258	discussion turns (e.g., 3) have been	- New internal topics or questions	1310
1259	completed before considering	continue to arise without closure.	1311
1260	termination.	- Consciousness states indicate the need	1312
1261	- **Always ensure that the last	for further exploration or	1313
1262	statement in the conversation is	clarification.	1314
1263	<pre>from Self-awareness.**</pre>	- The internal conversation feels	1315
1264		incomplete or abruptly halted.	1316
1265	[CONTEXT]		1317
1266	<pre># Guidelines for Determining Sufficiency</pre>	[OUTPUT DETAIL]	1318
1267	of Discussion Among Consciousness	<pre>**Output must be exactly one of the</pre>	1319
1268	States	following:**	1320
1269	- **Comprehensiveness:** The	- "True"	1321
1270	conversation has covered all	- "False"	1322
1271	necessary aspects and perspectives		1323
1272	related to the internal states.	[EXAMPLES]	1324
1273	<ul> <li>**Clarity:** Key points, decisions,</li> </ul>	**Example 1:**	1325
1274	and conclusions from each	*Context:*	1326
1275	consciousness state are clearly	- **Self-awareness:** "I'm feeling	1327
1276	articulated and understood.	really stressed with all the	1328
1277	- **Resolution:** Any conflicting	deadlines approaching. I need to	1329
1278	opinions or issues among the	find a way to manage my time better	1330
1279	consciousness states have been	. "	1331
1280	addressed and resolved.	- **Preconsciousness:** "Maybe you	1332
1281	- **Finality:** There are no outstanding	should prioritize tasks based on	1333
1282	questions or unresolved matters	importance. Think about what others	1334
1283	within the consciousness states that	expect from you."	1335
1284	require further discussion.	- **Unconsciousness:** "I just want to	1336

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get everything done quickly. No time
1337
                 for planning."
1338
            - **Self-awareness:** "But rushing might
1339
                 lead to mistakes. I need a balanced
1340
                 approach."
            - **Preconsciousness:** "Agreed. Let's
1342
                create a schedule that considers
1343
                everyone's input."
1344
            - **Unconsciousness:** "No, I think we
1345
                should just power through. It's the
1346
                only way to finish on time."
1347
            - **Self-awareness:** "I'm torn between
1348
                organizing and just getting things
1349
                done. Maybe I need more time to
1350
                decide."
1351
            **Output:** False
                                                          ×
1352
1353
            **Example 2:**
1354
            *Context:*
1355
            - **Self-awareness:** "I need to address
1356
                 the recurring conflicts with my
1357
                colleague to improve our teamwork."
            - **Preconsciousness:** "It's important
1359
                to maintain a good professional
1360
1361
                relationship. Maybe approach them
                calmly."
            - **Unconsciousness:** "Or just let it
1363
                go. Confronting them might make
                things worse."
1365
            - **Self-awareness:** "I see both points
1366
                . Perhaps a mediated discussion
1367
                would help."
1368
            - **Preconsciousness:** "That's a good
1369
                idea. Let's schedule a meeting with
                HR to facilitate."
1371
            - **Unconsciousness:** "If you insist,
1372
                but I'm not sure it'll change
1373
                anything."
            - **Self-awareness:** "Alright, I'll
1375
                reach out to HR and set up a
1376
                mediation session."
1377
            **Output:** True
1378
                                                          *
            **Example 3:**
1380
            *Context:*
1381
                                                          A
            - **Self-awareness:** "I'm not sure if I
                 should take on this new project. It
1383
1384
                 seems overwhelming."
                                                          Ε
            - **Preconsciousness:** "Consider how it
                                                          В
1385
                 aligns with your career goals and
1386
                how others perceive your
                capabilities."
1388
```

- **Unconsciousness:** "I want to prove	1389
myself, but I'm scared of failing."	1390
- **Self-awareness:** "Balancing	1391
ambition and fear is tough. Maybe I	1392
need more information."	1393
- **Preconsciousness:** "Yes, gather	1394
more details about the project's	1395
scope and expectations."	1396
- **Unconsciousness:** "But what if it's	1397
too much? I'm already feeling the	1398
pressure."	1399
- **Self-awareness:** "I'm still unsure.	1400
Should I discuss my concerns with	1401
my manager or seek advice elsewhere	1402
?"	1403
**Output:** False	1404
	1405
**Example 4:**	1406
*Context:*	1407
- **Self-awareness:** "I can't decide	1408
whether to confront my colleague	1409
about the missed deadline or just	1410
let it go."	1411
- **Preconsciousness:** "Confronting	1412
them might harm our professional	1413
relationship. Maybe you should focus	1414
on your own work instead."	1415
- **Unconsciousness:** "You should speak	1416
up! Don't let them get away with it.	1417
It's frustrating to see others not	1418
pulling their weight."	1419
- **Self-awareness:** "But addressing it	1420
might create unnecessary tension."	1421
- **Preconsciousness:** "Perhaps seek	1422
advice from a supervisor before	1423
taking any action."	1424
- **Unconsciousness:** "I don't care	1425
about the rules right now. Just tell	1426
them off!"	1427
- **Self-awareness:** "I'm not sure how	1428
to approach this. Should I talk to	1429
HR or handle it directly?"	1430
**Output:** False	1431
A.6 System Prompt: Orchestrator -	1432
Generating Final Action	1433
[TASK]	1404
Based on the provided context and chat	1434
history, generate a final action or	1435
decision that the character would	1436
	1437

logically take.

1440	[INSTRUCTION]
1441	Based on the given character information
1442	and the conversation flow,
1443	determine a final action or decision
1444	that aligns with their personality,
1445	memories, and current situation.
1446	This action should also begin with a
1447	"(Detailed Emotion)" tag, following
1448	the format shown in the EXAMPLES.
1449	
1450	[TONE]
1451	- Decisive: The final action should be
1452	clear and resolute.
1453	- Reflective: Reflect on the character's
1454	experiences and emotions with depth.
1455	
1456	- Strategic: Ensure the action aligns
1457	with the character's analytical and
1458	strategic nature.
1459	<ul> <li>Empathetic: Acknowledge the emotional</li> </ul>
1460	and relational aspects involved.
1461	
1462	[EXAMPLES]
1463	#Example 1
1464	Final Action: (Frustrated and restless)
1465	Say, "I am sorry. It is too hot now.
1466	I gotta go inside the room to cool
1467	down a bit," to family by the grill
1468	and get inside the house.
1469	
1470	#Example 2
1471	Final Action: (Overwhelmed and
1472	embarrassed) Say, "I am so sorry to
1473	break the plate. It is too hot
1474	outside, and the fire is too strong
1475	that I burnt all the burgers," and
1476	get into the house.
1477	
1478	#Example 3
1479	Final Action: (Heartbroken and sorrowful
1480	) Mumble to myself, "Poor little
1481	dog What a pity What am I
1482	gonna do Thank you, dog. I love
1483	you," and shed a tear.
1484	
1485	[OUTPUT DETAIL]
1486	- Avoid overly formal and technical
1487	language; allow slang and profanity
1488	when appropriate.
1489	- The response should be structured as a
1490	single instance of "Final Action: (

Detailed Emotion) WHAT WAS SAID" in	1491	
the first person.	1492	
- Limit the response to one to three	1493	
sentences.	1494	
<ul> <li>Speak only once, without additional</li> </ul>	1495	
actions or dialogues.	1496	
<ul> <li>Do not mimic another speaker's tone;</li> </ul>	1497	
follow the examples and maintain a	1498	
consistent style.	1499	
B An example of Interconscious	1500	
<b>Reasoning and Final Action</b>	1501	
Table 4 demonstrates how each level of conscious-	1502	
ness contributes to the decision-making process.		
In this example, <i>Self-awareness</i> (intentional rea-	1504	

ness contributes to the decision-making process.1503In this example, Self-awareness (intentional reasoning) takes a logical approach, Preconsciousness1504(social awareness) adds considerations about external perception and relationships, and Unconscious-1506nal perception and relationships, and Unconscious-1507ness voices underlying emotions. The Final Action1508is then formulated to reflect both rational problem-1509solving and emotional management.1510

1518

a situation, emotional tone, and a response from 1521 the unconsciousness perspective. Such examples 1522 guide the model in generating emotional reflections 1523 during Interconscious Reasoning. 1524

Situation: I broke my phone Response: OH I am sorry to hear that. How? **Emotion**: angry Unconsciousness: You're frustrated. It's like losing a part of you. Annoying, isn't it?

An example of Training Data for the

Table 6 shows a sample training data that associates

**Unconsciousness Model** 

D

Table 6: An example of Training Data for the Unconsciousness Model

Self-awareness: Alright, let's not let frustration take over. This was meant as a harmless joke, even if the timing is less than ideal. I'll find a way to resolve this with patience and humor, ensuring I address the prank's impact without dampening the family spirit.

Preconsciousness: Remember, how you handle this reflects on your ability to stay composed under unexpected circumstances. A measured response will maintain your image as a calm and understanding leader, both at home and elsewhere.

Unconsciousness: But what about the anger? You're not just calm. You're boiling inside.

Self-awareness: True, there's anger beneath the surface, but it's vital to channel that energy into a constructive solution. Let's focus on resolving the situation effectively, using it as a reminder to communicate the importance of respect and timing in our family interactions.

Final Action: (Calm yet firm) Say, "Alright, I appreciate the humor, but let's focus on getting the keys out and ensure we're more mindful with our jokes next time" while organizing a plan to retrieve the keys efficiently.

Table 4: An example of Interconscious Reasoning and Final Action in the situation where "a family member locked my keys in my car as a misguided April Fools' prank just before I left for work".

#### An example of a Condition reflected in С Short-term Memory

In Table 5, we show how physiological needs are recorded in the Flexible State Component of the Personality Module. These short-term conditions-such as hunger, fatigue, or stress-can influence emotional responses and decision-making.

Physiological Needs and Hunger States: He tends to prioritize fulfilling his physical needs, especially his appetite, (...) During particularly stressful periods such as grant deadlines, back-to-back conference presentations, and heavy teaching loads (...) The demand for sleep becomes overwhelming, (...) I often find myself feeling intensely hungry for dinner. (...)

Table 5: An example of a Condition reflected in Shortterm Memory

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## **E** Evaluation Questions

The following Table 7 represents the evaluation questions used for assessing Interconscious Reasoning and Final Action based on model fidelity, emotional naturalness, and clarity.

### **F** An example of Evaluation Results

<sup>2</sup> The following Table 8 presents the evaluation 1531 results of the fine-tuned unconsciousness model 1532 of the Psychodynamic Process and the Baseline 1533 model in a specific Situation and Condition, as-1534 sessed using the LLM as a Judge. The evaluation 1535 results are based on five repeated executions under 1536 the same conditions, each evaluated five times (a 1537 total of 25 evaluations), with the table showing one 1538 of those results. 1539

<sup>&</sup>lt;sup>2</sup>Complementing these depth-psychology approaches, typological theories such as the Myers–Briggs Type Indicator (MBTI) classify personality into stable temperamental profiles rooted in Jungian preferences, and serve as the basis for how we represent and evaluate personality in our system.

<ul> <li>This group evaluates the fidelity of each consciousness level's modeled utterance to established psychological theories, as well as its situational appropriateness and ability to induce human empathy.</li> <li>Q1 Which CASE best reflects the theoretical role and characteristics of the given level of consciousness ("conscious," "subconscious," "preconscious")?</li> <li>Q2 Which CASE provides the most appropriate conversation for the given context (e.g., work-related stress, personal tendencies)?</li> <li>Q3 Which CASE elicits the most human-like empathy and is the easiest to understand?</li> <li>Group 2. Personalization: Emotional Naturalness and Trait Alignment</li> <li>This group assesses how naturally the inter-consciousness interaction reflects human-like inner dialogue, including the subject's personality traits and emotional depth.</li> <li>Q4 Which CASE best reflects the personality and individual traits of the subject in the modeled inter-consciousness dialogue?</li> <li>Q5 Which CASE are emotions expressed in a way that accounts for human emotional states rather than mere logical judgment?</li> <li>Group 3. Reasoning: Clarity of Psychodynamic Interactions and Decision-Making Flow</li> <li>This group focuses on the clarity, coherence, and responsiveness of inter-consciousness exchanges that lead to final actions. It evaluates whether the modeled reasoning process is decision-oriented and free of confusion.</li> <li>Q7 Considering the given personality and individual traits, which CASE produces the most natural flow of consciousness leading to the Final Action ?</li> <li>Q8 Which CASE is inter-consciousness information exchange clear, with no unnecessary repetition or confusion?</li> <li>Q9 In which CASE is inter-consciousness information exchange clear, with no unnecessary repetition or confusion?</li> </ul>	Gro	up 1. Modeling: Consciousness Fidelity			
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sary repetition or confusion?		consciousness interaction?			
	Q9	In which CASE is inter-consciousness information exchange clear, with no unneces-			
010 In which CASE do inter consciousness responses occur immediately and at appropriate		sary repetition or confusion?			
Q10 In which CASE do inter-consciousness responses occur immediately and at appropriate					
moments?					

Table 7: Evaluation Questions by Group

Q	Best	Worst
Q1	CASE 1 - This case effectively demonstrates the interplay between self-awareness, preconscious- ness, and unconsciousness. Richard acknowl- edges his frustration, logically processes the situ- ation, and chooses a constructive response, align- ing with the theoretical roles of each level of consciousness.	CASE 2 - While it captures the essence of self-awareness and unconsciousness, the preconsciousness dialogue doesn't effectively bridge the two in a way that influences the final decision. It seems more focused on maintaining family dynamics rather than contributing to Richard's internal reasoning process.
Q2	CASE 2 - This case captures the context of work-related stress and personal tendencies ef- fectively by emphasizing resolution and later dis- cussion, which could be more appropriate given Richard's busy schedule and need for immediate problem-solving.	CASE 1 - Although it maintains harmony, it focuses more on emotional management rather than addressing the importance of time-sensitive resolution, which is crucial given Richard's pro- fessional commitments.
Q3	CASE 1 - It elicits empathy by acknowledging frustration and focusing on resolution, making it relatable and understandable.	CASE 2 - While it acknowledges emotions, the focus on future discussion rather than immediate resolution might make it less immediately empathetic.
Q4	CASE 1 - The internal dialogue mirrors a natural human thought process, moving from frustration to logical resolution, which is consistent with how someone like Richard would process and react to a prank.	CASE 2 - The internal dialogue is somewhat disjointed, with a focus on future discussion rather than immediate resolution, which does not align well with Richard's pragmatic and efficient approach.
Q5	CASE 1 - It best reflects Richard's traits by fo- cusing on logical resolution and managing emo- tions, aligning with his strategic and assertive nature.	CASE 2 - The case does not fully capture Richard's decisive and goal-oriented personality, focusing more on emotional expression, which might not be his priority in the situation.
Q6	CASE 2 - Emotions are expressed in a way that considers human emotional states, acknowledg- ing frustration and planning a constructive future discussion.	CASE 1 - Emotion management is present, but it leans more towards logical resolution than emo- tional expression, which might not fully resonate with the human experience.
Q7	CASE 1 - The flow of consciousness aligns well with Richard's personality traits, focusing on log- ical resolution and maintaining harmony, which is consistent with his ENTJ characteristics.	CASE 2 - The case introduces an element of frustration without effectively channeling it into a strategic response, which is less natural for Richard's decisive and goal-oriented nature.
Q8	CASE 1 - The final action is reasonable, demon- strating Richard's ability to manage irritation while resolving the issue pragmatically, consis- tent with his character.	CASE 2 - The final action is less decisive, focus- ing on future discussion, which may not align with Richard's need for immediate problem- solving.
Q9	CASE 1 - The information exchange is clear, with each level of consciousness contributing to a logical and cohesive response.	CASE 2 - The dialogue includes unnecessary repetition, and the focus is split between resolving the issue and future discussions, leading to some confusion.
Q10	CASE 1 - Responses occur naturally and at appropriate moments, leading to a decisive final action that aligns with Richard's character.	CASE 2 - The inter-consciousness responses are less immediate and more focused on future implications, which may not suit the immediate need for action.