PEFT A2Z: Parameter-Efficient Fine-Tuning Survey for Large Language and Vision Models

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Evolution of PEFT methods from 2019 to 2025.

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Abstract

Large models such as Large Language Models (LLMs) and Vision Language Models (VLMs) have transformed artificial intelligence, powering applications in natural language processing, computer vision, and multimodal learning. However, fully fine-tuning these models remains expensive, requiring extensive computational resources, memory, and task-specific data. Parameter-Efficient Fine-Tuning (PEFT) has emerged as a promising solution that allows adapting large models to downstream tasks by updating only a small portion of parameters. This survey presents a comprehensive overview of PEFT techniques, focusing on their motivations, design principles, and effectiveness. We begin by analyzing the resource and accessibility challenges posed by traditional fine-tuning and highlight key issues, such as overfitting, catastrophic forgetting, and parameter inefficiency. We then introduce a structured taxonomy of PEFT methods-grouped into additive, selective, reparameterized, hybrid, and unified frameworks-and systematically compare their mechanisms and trade-offs. Beyond taxonomy, we explore the impact of PEFT across diverse domains, including language, vision, and generative modeling, showing how these techniques offer strong performance with lower resource costs. We also discuss important open challenges in scalability, interpretability, and robustness, and suggest future directions such as federated learning, domain adaptation, and theoretical grounding. Our goal is to provide a unified understanding of PEFT and its growing role in enabling practical, efficient, and sustainable use of large models.

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1 Introduction

L ARGE Language Models (LLMs) [601, 280] and Pre-trained Language Models (PLMs) [432, 436, 577, 719] have revolutionized artificial intelligence [648, 122], driving transformative advancements across domains such as Natural Language Processing (NLP) [96, 478], Computer Vision (CV) [30, 707], and multimodal learning [56, 187, 508]. Built on billions of parameters and trained on vast datasets, these models have demonstrated unparalleled capabilities in applications like text generation [455, 129], language translation [267, 10], conversational agents [355, 555], Chatbot [326, 571], and content summarization [3, 55]. These breakthroughs have redefined the possibilities of artificial intelligence [497], making substantial contributions to academia, industry, and real-world applications [205, 569, 569].



Figure 1: Overview of key PEFT techniques: Adapter, Prefix Tuning, LoRA, Parallel Adapter, and Scaled Parallel Adapter [217]

Despite their immense potential, the size and complexity of modern LLMs and Pretrained Language Models (PLMs) [369, 332] continue to pose profound challenges to both research and industrial communities [539, 802]. Consider, for example, LLama-3— [424, 333] arguably one of the most sophisticated and computationally demanding LLMs available [152, 766]. Its architecture, featuring on the order of 300 billion parameters and employing intricate, multi-head attention mechanisms [256, 170, 27, 514, 810], achieves state-of-the-art benchmarks across a breadth of tasks [507, 486]. Yet, diespite theise remtarkable captabilitiees, the fine-tuning process for such a model is nontrivial [12, 127]. It entails mobilizing immense computational infrastructures, including petabyte-scale storage systems, ultra-high memory bandwidth interfaces, and extensive arrays of cutting-edge GPUs [380, 655]. For example, effective fine-tuning of LLama-3 [152, 445] necessitates provisioning compute clusters that may incorporate hundreds to thousands of high-end, data-center-grade GPUsoften NVIDIA A100 or H100 units [242, 806]. Each of these sophisticated processors comes equipped with tens of gigabytes of high-bandwidth memory (HBM), yet even this generous memory footprint proves insufficient for accommodating the entirety of LLama-3's parameter set, intermediate activations, and optimizer states on any single device. Multiple GPUs [574, 80] must thus be aggregated to host the model and its associated training workflow. Achieving the requisite efficiency in this context demands careful orchestration of distributed training paradigms [454], including tensor parallelism [665, 336, 656], pipeline parallelism [260, 629, 481, 760], and model sharding [353, 374] all of which must be meticulously tuned to maintain throughput and ensure balanced workload distribution across the GPU ensemble. By necessity, such infrastructural complexity and the corresponding operational overheads place significant resource constraints on the fine-tuning process, effectively limiting the accessibility and deployability of models at this scale [151].

As traditional fine-tuning [368, 614] involves updating all model parameters for each new task, which becomes prohibitively expensive as model sizes grow, addressing this knowledge gap is essential for maximizing the potential of LLMs and PLMs [613] Optimizing their deployment and fine-tuning [616, 534] processes would not only reduce computational demands but also enhance their adaptability to a wide range of tasks, ensuring that these models remain impactful across diverse applications [582, 709]. Bridging this gap is crucial for democratizing their use, enabling resource-constrained organizations to harness the power of LLMs like LLama-3 [547, 382] and apply them in emerging fields [488, 232].

The central research question driving this study is: What are the resource requirements and fine-tuning challenges associated with LLMs and PLMs [771, 580], and how can they be addressed to optimize their deployment and fine-tuning This question seeks to uncover critical limitations and explore strategies to enhance the efficiency and accessibility of these models.

The aim of this study is to investigate the computational and fine-tuning challenges associated with LLMs, VLMs, and LMMs [435, 538, 575] and to identify strategies for optimizing their deployment and fine-tuning processes [6, 99]. Through systematic analysis, this study intends to provide actionable insights to guide researchers and practitioners in overcoming the limitations of these models.

We hypothesize that LLMs require substantial computational resources and fine-tuning expertise to achieve optimal performance. However, strategies such as parameter-efficient fine-tuning (PEFT)—[520, 634, 311] which selectively updates only a small subset of model parameters—can significantly reduce resource requirements while maintaining or enhancing performance [734]. By exploring and validating these approaches, this study aims to contribute to the broader understanding and democratization of LLMs and PLMs, paving the way for their effective use in AI research and applications [570, 207].

PEFT [384]methods offer a promising alternative by significantly reducing the number of trainable parameters [69, 628, 291] making fine-tuning more accessible, scalable, and sustainable. Techniques such as adapter modules, prefix-tuning [444, 517, 76, 427] LoRA [17, 130, 335] (Low-Rank Adaptation), BitFit, and prompt tuning have demonstrated strong empirical performance across a variety of benchmarks, often matching or surpassing full fine-tuning with only a fraction of the computational cost. These methods are particularly valuable in real-world scenarios, where practitioners must handle multiple tasks, work within resource constraints, or deploy models on edge devices.

Despite the growing popularity of PEFT, there is still a lack of systematic understanding of the design space, trade-offs, and applicability of these techniques across different modalities. This survey aims to fill that gap by offering a comprehensive review of parameter-efficient fine-tuning methods for both language and vision models [735]. We begin by analyzing the computational and memory limitations of standard fine-tuning, followed by a discussion of its inherent drawbacks. We then present a unified taxonomy that categorizes PEFT approaches into five major classes: additive, selective, reparameterized, hybrid, and unified methods. This taxonomy provides a structured lens through which to understand and compare different strategies.

Furthermore, we evaluate the application of PEFT across domains, including NLP [286, 148], computer vision, multimodal tasks, and generative modeling. We highlight how PEFT methods contribute to improved efficiency, better generalization, and more responsible AI deployment. Lastly, we identify key challenges and open questions in the field, such as interpretability, theoretical foundations, and domain-specific adaptation [68, 701], and we suggest future directions for research.

Through this survey, we aim to provide researchers and practitioners with a clear and comprehensive guide for parameter-efficient fine-tuning [619, 391], empowering them to build more efficient and adaptable AI systems.

2 Main Contributions

To summarize, the main contributions of this survey can be outlined as follows:

• Comprehensive Resource Analysis: We examine the computational, memory, and storage demands associated with full fine-tuning of large-scale pre-trained models (PLMs and

LLMs), emphasizing practical constraints faced by researchers with limited access to infrastructure.

- **Critical Evaluation of Fine-Tuning Limitations**: We discuss the limitations of conventional fine-tuning approaches, such as overfitting on low-resource tasks, catastrophic forgetting in continual learning, redundancy in parameter updates, and scalability bottle-necks.
- Unified Taxonomy of PEFT Methods: We propose a structured taxonomy categorizing PEFT techniques into five key families—*additive, selective, reparameterized, hybrid, and unified*—to offer a clear lens for comparing design strategies and identifying common patterns.
- **Comparison of Representative PEFT Techniques**: We provide a side-by-side evaluation of widely-used methods such as LoRA, adapters, BitFit, prompt tuning, and prefix-tuning, analyzing their parameter efficiency, performance trade-offs, and implementation complexity.
- **Cross-Domain Application Survey**: We survey the application of PEFT in diverse domains, including NLP, computer vision, multimodal learning, speech, and generative modeling, highlighting their robustness, transferability, and real-world usability.
- Adaptation in Specialized Settings: We explore how PEFT methods are applied in emerging areas such as continual learning, federated learning, privacy-preserving fine-tuning, domain adaptation, and low-resource language support.
- Empirical Insights and Trends: We summarize recent experimental findings and performance benchmarks to uncover trends in PEFT research and identify the conditions under which specific methods excel or fail.
- **Open Challenges and Future Directions**: We outline open problems in the field, including scaling PEFT to ultra-large models, enhancing interpretability, improving theoretical understanding, and integrating PEFT with efficient inference strategies.
- Accessible Summary and Practical Guidelines: We provide an actionable guide to help practitioners choose appropriate PEFT methods based on resource budgets, task types, and model architectures.

This paper is organized as follows:

In **Section 1**, we introduce the background and motivation for this work, highlighting the rise of largescale foundation models such as Large Language Models (LLMs), Vision Large Models (VLMs), and Large Multimodal Models (LMMs), and the need for parameter-efficient fine-tuning (PEFT) approaches to mitigate the high computational and resource costs of full fine-tuning.

In Section 2, we outline the key contributions of this survey, including a systematic taxonomy of PEFT methods, an evaluation of their trade-offs, and an in-depth discussion of their applications and limitations across domains.

In **Section 3**, we present the necessary preliminaries for understanding PEFT, including attention mechanisms, self-attention, multi-head configurations, transformer architecture, and the inherent inefficiencies of full fine-tuning, supported by complexity and scaling analyses.

In **Section 4**, we detail the key architectural and practical considerations in the design of PEFT strategies, including design goals, quantized decision spaces, task-adaptive routing mechanisms, and optimization strategies for memory, time, and energy efficiency, especially in multimodal contexts.

In **Section 5**, we present key PEFT methods, including additive fine-tuning with serial and parallel adapters, hybrid adapters for task-specific adaptation, soft prompt tuning, and reparameterized approaches such as LoRA. We also cover scaling behaviors, selective fine-tuning, and emerging hybrid frameworks such as MoE-based PEFT.

In Section 6, we evaluate the performance of PEFT methods through empirical comparisons on benchmark datasets, including GLUE for NLP tasks and reasoning evaluations on large language models, highlighting parameter-to-performance trade-offs.

In Section 7, we explore the application of PEFT techniques across diverse domains, including natural language processing, computer vision, multimodal learning, and robotics, emphasizing their adaptability and domain-specific benefits.

In Section 8, we analyze the computational, memory, and scaling complexities associated with different PEFT strategies, offering comparative insights into their theoretical and practical efficiency.

In Section 9, we summarize the strengths and limitations of PEFT methods, focusing on their parameter efficiency, adaptability, generalization, and constraints in real-world deployment.

In **Section 10**, we identify key limitations in current PEFT methods, including heuristic reliance, lack of theory, poor interpretability, and limited standardization—emphasizing the need for semantically aware and architecture-sensitive designs.

In **Section 11**, we outline promising future research directions, including theoretical modeling of parameter influence, layer-wise tuning strategies, continual learning integration, interpretability, benchmarking, and privacy-aware PEFT.

In **Section 12**, we conclude the paper by reflecting on the role of PEFT in enabling efficient and scalable adaptation of large foundation models, and its significance for the future of resource-aware AI.

3 PRELIMINARIES

3.1 Attention Mechanisms

Attention mechanisms [28, 646, 328] enable a model to focus on specific parts of an input sequence to produce representations for downstream tasks. Let $\mathbf{X} \in \mathbb{R}^{n \times d_{\text{model}}}$ represent a sequence of n input token embeddings, each of dimension d_{model} . The goal of attention is to combine these token representations into contextualized outputs by weighting their relevance.

To achieve this, the input X is mapped into three sets of vectors: queries Q, keys K, and values V. Typically, these are given by:

$$\mathbf{Q} = \mathbf{X}\mathbf{W}^Q, \quad \mathbf{K} = \mathbf{X}\mathbf{W}^K, \quad \mathbf{V} = \mathbf{X}\mathbf{W}^V, \tag{1}$$

where $\mathbf{W}^Q, \mathbf{W}^K, \mathbf{W}^V \in \mathbb{R}^{d_{\text{model}} \times d_k}$ are trainable projection matrices and d_k is the dimension of each head's projection space (for single-head attention). These projections enable the computation of pairwise compatibilities between queries and keys, determining how much each token should attend to others.

The core computation of attention is often implemented as scaled dot-product attention. Given $\mathbf{Q}, \mathbf{K}, \mathbf{V}$, we define:

Attention(
$$\mathbf{Q}, \mathbf{K}, \mathbf{V}$$
) = softmax $\left(\frac{\mathbf{Q}\mathbf{K}^{\top}}{\sqrt{d_k}}\right)\mathbf{V}$. (2)

The dot product $\mathbf{QK}^{\top} \in \mathbb{R}^{n \times n}$ computes the pairwise compatibility between each query vector and each key vector. Without scaling, the magnitude of the dot products increases with dimension d_k , potentially affecting training stability. Dividing by $\sqrt{d_k}$ normalizes the variance of the input features, making the softmax distribution less extreme and stabilizing training. Applying the softmax row-wise converts raw alignment scores into a probability distribution, ensuring that attention weights are non-negative and sum to 1. Finally, the output is a weighted combination of the values **V**, using the attention weights computed by the softmax.

3.2 Self-Attention

In self-attention [200, 783, 184], the queries, keys, and values come from the same sequence:

$$\mathbf{Z} = \operatorname{softmax}\left(\frac{\mathbf{X}\mathbf{X}^{\top}}{\sqrt{d_k}}\right)\mathbf{X}.$$
(3)

This avoids explicit recurrence or convolution and provides $O(n^2)$ complexity in sequence length n, allowing the model to capture long-range dependencies effectively.

3.3 Multi-Head Attention

Multi-Head Attention (MHA) [646, 418, 42] generalizes single-head attention by using H parallel attention heads [457, 44]. Each head focuses on a different projection of the input, providing richer modeling capacity. Let $\mathbf{Q}_h, \mathbf{K}_h, \mathbf{V}_h$ denote the projections for head h:

$$\mathbf{Q}_{h} = \mathbf{X}\mathbf{W}_{h}^{Q}, \quad \mathbf{K}_{h} = \mathbf{X}\mathbf{W}_{h}^{K}, \quad \mathbf{V}_{h} = \mathbf{X}\mathbf{W}_{h}^{V}, \tag{4}$$

where
$$\mathbf{Q}_h, \mathbf{K}_h, \mathbf{V}_h \in \mathbb{R}^{n \times d_{\text{head}}}, \ d_{\text{model}} = H \cdot d_{\text{head}}.$$
 (5)

Each head computes scaled dot-product attention [39] independently:

$$\mathbf{Z}_{h} = \text{Attention}(\mathbf{Q}_{h}, \mathbf{K}_{h}, \mathbf{V}_{h}).$$
(6)

The outputs from all H heads are then concatenated and transformed by an output projection $\mathbf{W}^{O} \in \mathbb{R}^{(Hd_{head}) \times d_{model}}$:

$$\mathbf{Z} = [\mathbf{Z}_1; \mathbf{Z}_2; \cdots; \mathbf{Z}_H] \mathbf{W}^O.$$
(7)

MHA allows the model to jointly attend to information from different representation subspaces, improving its ability to capture complex patterns.

3.4 Transformer Architecture

Within the Transformer architecture, a pivotal component is the **Multi-Head Self-Attention (MHSA)** [352, 397] mechanism, which allows the model to attend to different representation subspaces simultaneously. Formally, given an input matrix $X \in \mathbb{R}^{n \times d_{model}}$, where *n* is the sequence length and d_{model} is the dimensionality of the model, the MHSA operates by first linearly projecting X into three distinct matrices: queries Q, keys K, and values V. These projections are achieved through learnable weight matrices $W^Q, W^K, W^V \in \mathbb{R}^{d_{model} \times d_k}$, such that:

$$Q = XW^Q, \quad K = XW^K, \quad V = XW^V.$$

Each attention head h computes scaled dot-product attention as previously defined:

Attention
$$(Q_h, K_h, V_h) = \operatorname{softmax}\left(\frac{Q_h K_h^{\top}}{\sqrt{d_k}}\right) V_h.$$

For H parallel heads, the outputs are concatenated and projected back to the original model dimension using a weight matrix $W^O \in \mathbb{R}^{(H \cdot d_k) \times d_{\text{model}}}$:

$$MHSA(X) = Concat \left(Attention(Q_1, K_1, V_1), \dots, Attention(Q_H, K_H, V_H)\right) \times W^O$$
(8)

$$= [\text{Attention}(Q_1, K_1, V_1) \parallel \dots \parallel \text{Attention}(Q_H, K_H, V_H)] \land W$$
(8)
$$= [\text{Attention}(Q_1, K_1, V_1) \parallel \dots \parallel \text{Attention}(Q_H, K_H, V_H)] W^O.$$
(9)

This multi-head approach enables the model to capture diverse aspects of the input by allowing each head to focus on different parts or features of the sequence.

Following the MHSA layer, the Transformer employs a **Position-Wise Feed-Forward Network** (**FFN**) [236, 551], which applies two linear transformations with a non-linear activation function in between. The FFN operates independently on each position in the sequence, enhancing the model's capacity to learn complex patterns. Mathematically, the FFN is defined as:

$$FFN(x) = \max(0, xW_1 + b_1)W_2 + b_2,$$

where $W_1 \in \mathbb{R}^{d_{\text{model}} \times d_{\text{ff}}}$ and $W_2 \in \mathbb{R}^{d_{\text{ff}} \times d_{\text{model}}}$ are weight matrices, and b_1, b_2 are bias vectors. The activation function $\max(0, \cdot)$ introduces non-linearity, allowing the network to model more complex relationships within the data.

Both the MHSA and FFN [409, 62]layers are integrated with **residual connections** and **layer normalization** [576, 318] to facilitate stable and efficient training. Specifically, the output of each sub-layer is added to its input and then normalized:

$$\operatorname{Output}_{\operatorname{MHSA}} = \operatorname{LayerNorm}(X + \operatorname{MHSA}(X)),$$

 $Output_{FFN} = LayerNorm(Output_{MHSA} + FFN(Output_{MHSA})).$

These residual connections help in mitigating the vanishing gradient problem, enabling the training of deep Transformer models by allowing gradients to flow more effectively through the network.

3.5 Pretraining Language Model

Language models often utilize massive unlabeled corpora for pretraining to develop robust language representations. One prevalent approach is **Masked Language Modeling** (**MLM**) [591, 494, 298] where a subset M of positions within the input sequence is masked, and the model is tasked with predicting these masked tokens. The loss function for MLM is defined as:

$$L_{\text{MLM}} = -\sum_{i \in M} \log P(x_i \mid x_{\setminus i}), \tag{10}$$

where x_{i} denotes the sequence with the *i*-th token masked. This Application encourages the model to understand the context surrounding the masked positions to accurately predict the missing tokens.

Another fundamental approach is **Autoregressive** (**AR**) **Language Modeling** [765, 721], where the model predicts each token based on all preceding tokens in the sequence. The loss function for AR modeling is expressed as:

$$L_{\rm AR} = -\sum_{i=1}^{n} \log P(x_i \mid x_{< i}).$$
(11)

In this formulation, $x_{<i}$ represents all tokens before the *i*-th position, allowing the model to generate coherent and contextually relevant sequences. Both MLM and AR Applications contribute to learning representations that are highly general and transferable, enabling the pretrained models to perform effectively across a wide range of downstream tasks.

3.6 Full Fine-Tuning

Full fine-tuning [818] involves updating all parameters of a pre-trained large language model (LLM) to adapt it to a specific downstream task. Let $\theta \in \mathbb{R}^p$ represent the model's parameters, where p typically spans billions. Given a task-specific dataset $\mathcal{D}_{task} = \{(x_i, y_i)\}_{i=1}^N$, the Application is to determine the optimal parameters θ^* that minimize the cumulative loss:

$$\boldsymbol{\theta}^* = \arg\min_{\boldsymbol{\theta}} \sum_{(x,y) \in \mathcal{D}_{\text{task}}} \mathcal{L}(f_{\boldsymbol{\theta}}(x), y), \tag{12}$$

where $f_{\theta}(x)$ is the model's prediction for input x, and \mathcal{L} is a task-specific loss function, such as cross-entropy for classification.

Optimization typically employs gradient-based algorithms like Adam or AdamW. In each iteration, the parameters are updated as follows:

$$\boldsymbol{\theta} \leftarrow \boldsymbol{\theta} - \eta \nabla_{\boldsymbol{\theta}} \mathcal{L}(f_{\boldsymbol{\theta}}(x), y), \tag{13}$$

where η is the learning rate. This comprehensive adaptation leverages the model's full capacity, enhancing performance on the target task.

3.7 Limitations and Challenges of Full Fine-Tuning

However, full fine-tuning incurs significant computational and memory overheads. Storing gradients for all *p* parameters requires substantial memory, often necessitating techniques like mixed-precision training or gradient checkpointing [668, 88] to manage resource usage. Additionally, the extensive parameter updates lead to high computational costs, making the training process time-consuming and reliant on specialized hardware such as GPUs or TPUs [694]. Maintaining multiple model checkpoints further increases storage requirements, complicating deployment and scalability.

These challenges have driven the development of PEFT methods [774] which aim to reduce resource consumption by updating only a subset of parameters or introducing lightweight modules. Despite these alternatives, full fine-tuning remains fundamental due to its ability to fully exploit the model's expressive power, often resulting in superior task-specific performance.

Full fine-tuning is also prone to overfitting, especially with limited downstream data. To enhance generalization, regularization techniques like weight decay and dropout are commonly employed. Additionally, strategies such as gradual unfreezing—where layers are fine-tuned incrementally—help stabilize training and improve performance.

3.8 Large Language Models (LLMs)

LLMs are a class of neural networks characterized by their vast scale, with parameter counts typically ranging from hundreds of millions to hundreds of billions [254, 152, 43]. Let p denote the number of parameters in the model, and |D| represent the size of the training dataset, measured in terms of the number of tokens. The computational complexity of training such models can be approximated as $O(|D| \cdot p)$, reflecting the operations required for forward and backward passes during gradient-based optimization. This scaling impacts both the computational cost and the memory footprint, which grows proportionally to O(p) [294, 482], assuming all parameters and activations are stored for gradient computation.

The architecture of LLMs [334, 21] such as Transformer-based models [646, 4] enables efficient parallelization via self-attention mechanisms [399]. However, as p increases, training and inference require distributed computing strategies to manage memory and computational demands. Typical implementations leverage GPU/TPU clusters, where advanced techniques like mixed-precision arithmetic [465], gradient checkpointing, and pipeline parallelism optimize performance.

Scaling laws, as empirically demonstrated by Kaplan et al. [294], provide a quantitative framework for understanding the relationship between model size, dataset size, and performance. These laws observe that as p and |D| increase, the performance of LLMs follows predictable power-law trends. Specifically, the loss L on a given task is approximately proportional to:

$$L \propto p^{-\alpha} + |D|^{-\beta}$$

with $\alpha, \beta > 0$ are empirically determined constants. This relationship highlights the diminishing returns of scaling, wherein gains in performance taper of β as p and |D| grow beyond certain thresholds.

While larger models exhibit improved flexibility, generalization, and capacity for in-context learning, the resource demands for full fine-tuning scale with $O(|D| \cdot p)$. Fine-tuning such models for downstream tasks necessitates extensive compute resources, large memory footprints, and long training durations, posing significant barriers to accessibility. Moreover, full fine-tuning modifies all p parameters, leading to storage inefficiencies when maintaining task-specific variants of a single model.

The impracticality of full fine-tuning for massive LLMs underscores the importance of *PEFT* techniques, which aim to adapt models using significantly fewer parameter updates. By modifying only a subset of p or introducing lightweight task-specific modules, PEFT enables adaptation with minimal resource overhead while preserving the pre-trained knowledge of the underlying LLM.

3.9 Transfer Learning

Transfer learning [623, 817, 581, 530] is a cornerstone methodology in modern machine learning, designed to harness the knowledge embedded within a large pretrained model to enhance the performance of downstream tasks. At its core, the parameters θ of a pretrained LLM encapsulate

extensive linguistic and contextual understanding. These parameters can be effectively adapted to task-specific requirements through the fine-tuning of a small subset of parameters or by incorporating lightweight task-specific components. This paradigm demonstrates the remarkable utility of leveraging generalized pretraining to achieve task-specific excellence.

Let us consider a pretrained model f_{θ_0} characterized by its parameters θ_0 , trained on a large corpus. Transfer learning facilitates its adaptation to a downstream task represented by the dataset D_{task} . The adaptation process aims to produce an optimized model f_{θ^*} , and the optimization Application is expressed as:

$$\theta^* = \arg\min_{\theta} \mathcal{L}(f_{\theta}, D_{\text{task}})$$

In this formulation, \mathcal{L} denotes the loss function specific to the downstream task. The pretrained parameters θ_0 serve as a robust initialization, which not only enhances the model's generalization capabilities but also acts as a form of regularization. This results in a significant reduction in the need for extensive task-specific training, making the adaptation process computationally efficient and effective.

The principles of transfer learning [107] are integral to the development and application of PEFT methodologies. PEFT techniques—such as adapters, low-rank matrix updates, and prompt tuning—enable the fine-tuning [142] of only a minimal fraction of the pretrained model's parameters. Alternatively, they introduce lightweight modular adjustments tailored to the task at hand. This strategic approach ensures that task-specific knowledge is seamlessly incorporated, while preserving the comprehensive capabilities of the pretrained model. Consequently, PEFT exemplifies the scalability and resource-efficiency required for modern machine learning applications [264], and transfer learning serves as the foundational framework that underpins its success.

3.10 Computational Complexity

The computational and memory demands of training and fine-tuning LLMs are substantial, primarily due to the self-attention mechanism. The **time complexity** of self-attention is $O(n^2)$ in sequence length n [302, 328], as each token in the input sequence attends to every other token. During pretraining, where LLMs process datasets containing billions or trillions of tokens, this quadratic complexity results in operations requiring trillions of floating-point operations (FLOPs) [495]. Fine-tuning further adds to this computational burden by necessitating the retraining of all model parameters for each downstream task, particularly when handling lengthy input sequences or complex datasets.

The **memory complexity** of LLMs [281, 327] is equally challenging. Storage requirements scale with the number of model parameters, p, and the size of activations, which is proportional to $O(n \cdot d_{model})$, where d_{model} represents the dimensionality of the model. During training, memory usage includes storing parameters and their gradients, leading to a total memory requirement of 2p. This results in substantial memory overhead, especially when updating all parameters during full fine-tuning.

PEFT methods address these computational and memory challenges by modifying only a small subset of parameters. Techniques like adding low-rank matrices or lightweight adapter layers [295, 327, 529] significantly reduce the number of trainable parameters and the associated memory footprint, enabling faster training and deployment on resource-constrained hardware without compromising performance.

3.11 Overfitting and Generalization

Although they have a high capacity, LLMs are prone to **overfitting** [269, 404] when fine-tuned on small downstream datasets. Overfitting occurs when a model learns to memorize the training data instead of identifying patterns that generalize to unseen examples. This phenomenon is formally characterized by the inequality:

Train $\operatorname{Error}(\theta) \ll \operatorname{Test} \operatorname{Error}(\theta)$,

where θ represents the model parameters. Overfitting becomes especially problematic in low-resource settings, where the lack of sufficient training data limits the model's ability to generalize effectively to new tasks or datasets.

The **bias-variance trade-off** [160] provides a theoretical framework for understanding the generalization capabilities of LLMs. High-capacity models, such as LLMs, inherently exhibit low bias due to their ability to approximate complex functions. However, this flexibility comes at the cost of high variance, which often leads to overfitting on small datasets.

PEFT methods address overfitting by updating a small, structured subset of parameters, such as in LoRA and adapters [345]. This implicit regularization reduces variance without adding significant bias, improving generalization in low-resource settings while ensuring computational and memory efficiency.

4 PEFT Design

The expansion of LLMs has presented significant challenges in computational resource allocation, necessitating the development of PEFT techniques [530, 108, 325]. Unlike full fine-tuning, which requires updating all model parameters, PEFT selectively fine-tunes a subset of parameters, maintaining adaptation effectiveness while reducing computational and memory costs [247, 788]. The efficiency of PEFT methods is dictated by multiple factors, including memory footprint, latency, model sparsity, and energy consumption. This section explores innovative efficiency strategies, starting with precision-aware quantization, dynamic task-adaptive routing, memory-optimized fine-tuning, KV-cache optimization, pruning-based efficiency techniques, energy-aware fine-tuning, and multi-modal PEFT adaptations. These approaches collectively enhance PEFT scalability, enabling cost-effective fine-tuning for diverse AI applications.

4.1 Precision-Aware Quantization

Quantization serves as a foundational technique for reducing computational complexity and storage requirements in LLM fine-tuning [465]. Traditional fine-tuning often relies on high-precision floating-point computations, which lead to increased memory usage and slow inference speeds [294]. In contrast, precision-aware quantization strategically reduces numerical precision in model parameters while preserving task-specific performance. Hybrid bit-width quantization assigns lower precision (e.g., 2-bit or 4-bit) to less critical parameters, while preserving higher precision (e.g., 8-bit or 16-bit) for task-sensitive layers, ensuring optimal trade-offs between efficiency and model accuracy [217]. Another promising approach is quantization-aware fine-tuning (QAT), where models undergo low-bit adaptation during the fine-tuning process, preventing performance degradation from post-training quantization methods [482]. By integrating adaptive precision scaling, PEFT frameworks achieve efficient inference performance, making them well-suited for edge and mobile deployments.

4.2 Dynamic Task-Adaptive Routing

Traditional PEFT methods operate under static tuning architectures, assuming that all tasks require uniform adaptation. However, task complexity varies significantly, necessitating dynamic routing mechanisms that selectively activate fine-tuned modules based on task-specific demands. Attentionbased gating enables models to dynamically engage only the necessary fine-tuned adapters, thereby reducing redundant computations and improving adaptation efficiency [644]. In multi-task learning, task-specific pathway optimization ensures that different task-related modules remain distinct, preventing interference between independent fine-tuned representations [217]. Additionally, self-supervised routing algorithms can learn optimal activation strategies based on data-driven task profiling, further enhancing PEFT scalability across diverse learning Applications [644].

4.3 Memory-Optimization

One of the most significant constraints in fine-tuning LLMs is memory consumption, particularly in resource-limited environments [482]. Standard fine-tuning requires the storage of large-scale activations, optimizer states, and gradients, creating high GPU memory overhead [465]. To alleviate this burden, memory-efficient PEFT strategies employ techniques such as activation checkpointing, where only critical activations are stored during forward passes, and remaining states are recomputed on demand during backpropagation [482]. Gradient offloading further enhances memory efficiency by storing gradients in secondary memory units, reducing the in-memory footprint required for backpropagation. Additionally, reversible fine-tuning architectures eliminate the need for storing intermediate activation states, instead recomputing them as needed, effectively reducing training

memory costs [465]. By integrating these techniques, PEFT models can be fine-tuned on hardwareconstrained environments, including mobile devices and low-power AI accelerators.

4.4 Key-Value (KV) Cache Optimization

KV-cache management is a critical factor in transformer-based inference efficiency, particularly in auto-regressive generation models [482]. Each new token generation step requires retrieving and updating previous activations, significantly impacting inference latency and memory consumption [465, 482]. Inefficient KV-cache handling can lead to fragmentation, slow retrieval speeds, and unnecessary memory bloat. To address these inefficiencies, hierarchical KV-cache storage introduces tiered caching mechanisms, where frequently accessed activations remain in high-speed memory, while longer-term dependencies are stored in low-priority memory pools [482]. Additionally, entropy-based KV-cache pruning ensures that only high-relevance activations are retained, discarding redundant cache states dynamically [294]. Multi-user PEFT deployments further benefit from adaptive cache allocation strategies, which optimize memory distribution based on workload requirements, enabling high-throughput AI systems to function efficiently across various computational environments [482].

4.5 Pruning-Based Efficiency

Pruning has long been recognized as a powerful tool for reducing model size and computational complexity [219, 416, 782]. However, unstructured pruning often results in fragmented weight distributions, making weight merging challenging [736, 251, 139]. To overcome this limitation, structured PEFT pruning applies task-aware sparsification, ensuring that critical task-relevant layers remain intact, while low-impact parameters are dynamically removed [753, 143, 799]. Layer-wise adapter pruning selectively eliminates adapters from lower transformer layers, focusing computational resources on higher-layer fine-tuned representations [401]. Channel-wise LoRA pruning further refines efficiency by sparsifying LoRA weight matrices (W_up and W_down), reducing unnecessary storage and computation [788, 195, 675]. Additionally, Neural Architecture Search (NAS)-driven pruning integrates automated reinforcement learning techniques that optimize sparsity patterns dynamically, ensuring optimal parameter reduction with minimal impact on task performance [343, 813, 251]. By implementing structured, sparsity-aware, and automated pruning methodologies, PEFT frameworks can maintain high adaptation accuracy while significantly reducing computational costs.

4.6 Energy-Aware Tuning

With increasing concerns over AI energy consumption, sustainable fine-tuning techniques have become essential for reducing the environmental impact of large-scale LLM training [482, 428, 233]. Gradient-free optimization introduces an alternative approach where fine-tuning is conducted without backpropagation, significantly reducing power consumption [217, 151, 469]. Additionally, early convergence monitoring leverages adaptive loss tracking to terminate training once the model achieves optimal adaptation performance, preventing unnecessary computational cycles [644, 788, 139]. Another key advancement in energy-aware PEFT is low-power computation graph optimization, which restructures transformer execution pathways to minimize redundant processing operations [465, 665, 260]. These energy-efficient methodologies not only reduce carbon footprints but also enable AI models to operate on energy-constrained devices, making large-scale adaptation more sustainable.

4.7 Multi-Modal

While PEFT techniques have predominantly been applied to text-based language models, recent advances demand multi-modal adaptation capabilities, enabling PEFT to function across vision, speech, and multimodal AI systems [211, 734, 750]. Cross-modal parameter sharing introduces a unified fine-tuning approach, where fine-tuned text-based representations are transferred to vision and speech tasks, minimizing redundant adaptation efforts [421, 282, 137]. Furthermore, token-wise sparsity in multi-modal learning ensures that only the most relevant cross-modal embeddings are retained, significantly improving fine-tuning efficiency for vision-language models (VLMs) and multi-sensory AI frameworks [816, 762, 738]. By integrating multi-modal fine-tuning strategies, PEFT expands beyond traditional NLP tasks, enabling scalable and efficient adaptation across multiple AI disciplines.



Figure 2: PEFT Categorized. A comprehensive taxonomy of Parameter-Efficient Fine-Tuning (PEFT) methods. The diagram illustrates the hierarchical organization of PEFT techniques into five major branches: Additive Fine Tuning (with Adapter-Based and Soft Prompt-Based methods), Selective Fine Tuning (parameter-based, unstructured parameter-based, and structured approaches), Reparameterized PEFT (including low-rank decomposition, adaptive rank methods, and Lora variants), Hybrid Approach, and MoE-based methods. Each branch further subdivides into specific implementation strategies and variants. The taxonomy highlights the diverse approaches to achieving parameter efficiency while maintaining model performance across various adaptation scenarios.

5 PEFT Methods

With a foundation established in the underlying principles of transfer learning and fine-tuning for large-scale neural networks, we now delve into *PEFT*, a transformative paradigm for adapting LLMs [211]. Traditional full fine-tuning involves updating all parameters $\theta \in \mathbb{R}^p$, where p can scale to billions for modern LLMs [56]. While this approach achieves state-of-the-art performance in task-specific scenarios, it poses core difficulties, including high computational costs, substantial storage overhead, and inefficiencies in multi-task learning [233]. These issues become particularly pronounced when deploying and maintaining task-specific versions of LLMs at scale [469]. PEFT techniques address these limitations by rethinking the fine-tuning process, focusing on updating only a small subset of parameters or introducing lightweight task-specific modules, thereby significantly reducing computational and memory overhead [247]. The primary Applications of PEFT methods are to reduce trainable parameters, minimize computational demands, and preserve or enhance model performance despite fewer updates. These techniques are particularly well-suited for resource-efficient adaptation of LLMs to new tasks and domains, enabling practical deployment scenarios. PEFT strategies can be broadly classified into five distinct categories, each tailored to optimize the fine-tuning process while minimizing computational and memory overhead.

Additive Fine-Tuning enhances the adaptability of pre-trained models by introducing new, trainable modules or parameters into the existing architecture [244]. These modules, such as adapters or low-rank projections, integrate task-specific information without modifying the frozen parameters of the pre-trained model. This approach maintains the original model's generalizability while efficiently encoding task-specific features, making it a resource-effective solution. Selective Fine-Tuning focuses on updating only a subset of the model's parameters, targeting components most relevant to the task at hand [775]. This method significantly reduces the computational requirements of fine-tuning while retaining task-specific effectiveness. Strategies like LoRA (Low-Rank Adaptation) and BitFit selectively adjust specific layers or modules, offering a balance between computational efficiency and performance. Reparameterized PEFT transforms the model parameters into a lower-dimensional representation during training to facilitate efficient optimization [247]. These reparameterized forms are later mapped back to the original parameter space during inference, ensuring the model's full capacity and expressiveness are preserved. Techniques such as tensor decomposition, low-rank matrix factorization, and singular value decomposition exemplify this approach, making it particularly valuable for large-scale models. Hybrid Approach combines elements from multiple PEFT strategies, creating a unified framework that leverages their complementary strengths [797]. For example, hybrid methods may integrate additive modules with selective fine-tuning to optimize both modularity and task-specific performance. This approach provides flexibility and adaptability, enabling tailored solutions for complex tasks with varying resource constraints. MoE-Based PEFT (Mixture-of-Experts) leverages sparsely activated architectures where only specific subsets of parameters, or experts, are utilized for a given task [401]. Dynamic gating mechanisms determine which experts to activate during inference, ensuring task relevance while reducing unnecessary computation. This strategy excels in multi-task and large-scale systems by dynamically allocating resources to achieve efficiency and specialization. Collectively, these strategies present a robust and versatile framework for adapting pre-trained models to diverse tasks, offering significant computational savings while preserving or enhancing task performance. An overview of different PEFT algorithms is summarized below. In Figure 2, we present a detailed categorization of PEFT techniques.

5.1 Additive Fine-tuning

Additive fine-tuning has emerged as a transformative approach in the field of artificial intelligence, offering an efficient and scalable way to customize large-scale pre-trained models for diverse downstream applications. Unlike traditional fine-tuning, which requires extensive updates to all model parameters, additive fine-tuning introduces modular components known as adapters. These adapters provide a lightweight mechanism for integrating task-specific knowledge while preserving the integrity of the frozen parameters of the pre-trained model [244, 247]. By significantly reducing computational demands and memory requirements, this approach has become a cornerstone in the development of adaptable and flexible models. Additive fine-tuning encompasses three primary architectures—serial adapters [244, 523], parallel adapters [217], and hybrid adapters [254, 313]—each designed to address distinct computational and application-specific challenges. Furthermore, these architectures are applied across two major adaptation task scopes: single-task adaptation



Figure 3: Left: Parallel adapter implementation across visual and language encoders with cross-modal connections. Right: Unified adapter structure with modality-specific up-projections feeding into a shared down-projection pathway.

[247, 372] and **multi-task adaptation** [522, 255], broadening their applicability to a variety of practical contexts. In Figure 3, we illustrate the parallel adapter and unified adapter structures.



Figure 4: Comparison of serial adapter integration in Transformer architecture (left) and adapter layer structure (middle) and Hybrid adapter architecture(right)

5.1.1 Serial adapters

Serial adapters represent one of the earliest and most straightforward approaches to additive finetuning. These adapters are integrated sequentially into each layer of the pre-trained model, transforming intermediate representations to embed task-specific features while leaving the original model parameters unaltered. Architecturally, **serial adapters** employ a bottleneck structure, including a down-projection layer to reduce dimensionality, a non-linear activation function for task-specific transformations, and an up-projection layer to restore the original dimensionality [244]. Notable implementations include the **Original Serial Adapter** [244], **AdapterHub** [523], **MAD-X** [524], and **PALs** [602]. For instance, **AdapterHub** [523] provides a modular framework that facilitates the deployment and reuse of adapters across a variety of domains, enhancing both scalability and adaptability. Meanwhile, **MAD-X** (**Modular Adapter Exchange**) [524] extends the capabilities of **serial adapters** [244] to multilingual and cross-lingual tasks by integrating task-specific and language-specific adapters. Mathematically, the transformations in a **serial adapter** [244] are described as follows:

$$h_{\text{down}} = \text{ReLU}(W_{\text{down}}h_{\text{in}} + b_{\text{down}})$$
$$h_{\text{up}} = W_{\text{up}}h_{\text{down}} + b_{\text{up}}$$

 $h_{up} = W_{up}h_{down} + b_{up}$ where W_{down} and W_{up} are projection matrices, and b_{down} , b_{up} are biases. The final output is computed as:

$$h_{\rm out} = h_{\rm in} + h_{\rm up}$$

This residual structure ensures that task-specific features are added without disrupting the foundational knowledge encoded in the pre-trained model. These methods, classified as Additive Tuning, are illustrated in Figure 4 showcasing their sequential integration within model architectures.

5.1.2 Parallel adapters

Parallel adapters offer an alternative design, introducing task-specific modules that operate concurrently with the primary layers of the pre-trained model [217]. Unlike **serial adapters** [244], which modify intermediate representations directly, **parallel adapters** [217] process task-specific representations alongside the model's primary computations, reducing interference while maintaining independent pathways for task-specific learning. Examples include **Uni-Adapter** [421], **UniPT** [137], **AdaptFormer** [81], **ConvPass** [73], and **PEMT** [389]. For instance, **AdaptFormer** [81] embeds **parallel adapters** [217] within transformer-based architectures to improve adaptability in multi-task contexts, while **ConvPass** [73] uses convolutional modules for enhanced performance in vision-oriented tasks. The operation of a **parallel adapter** [217] can be expressed mathematically as:

$$h_{\text{parallel}} = W_{\text{parallel}}h_{\text{in}} + b_{\text{parallel}}$$

where W_{parallel} and b_{parallel} represent learnable parameters. The final output combines the primary model's representation h_{main} with the adapter's output:

$$h_{\text{out}} = h_{\text{main}} + \alpha h_{\text{parallel}}$$

with α is a scaling factor that adjusts the influence of the adapter's contribution. These designs, categorized under Additive Tuning, are illustrated in Figure 3, highlighting the parallel integration of UniAdapters across visual, textual, and cross-modal pathways.

5.2 Hybrid adapters

Hybrid adapters synthesize the benefits of both serial adapters [244] and parallel adapters [217], offering a unified framework that balances computational efficiency with adaptability to complex tasks. By combining sequential pathways for feature extraction with parallel modules for task-specific encoding, hybrid adapters [797] address scenarios such as multi-modal learning and domain-specific applications. Key implementations include AUTOPET [813], CODA [351], HarMa [224], XMAdapter [750], MV Adapter [282], and Conv Adapter [73]. For example, XMAdapter [750] effectively blends serial [244] and parallel components [217] to adapt models for vision-language tasks, while AUTOPET [813] dynamically adjusts the architecture based on task complexity, optimizing both performance and resource use. The mathematical formulation for hybrid adapters [797] integrates outputs from serial and parallel components:

$$h_{\text{out}} = \beta h_{\text{serial}} + \gamma h_{\text{parallel}}$$

where β and γ are coefficients that balance the contributions of the two pathways. These versatile approaches, classified as Additive Tuning, are depicted in Figure 4, illustrating their capability to handle diverse and complex tasks.

Beyond the core architectures, additive fine-tuning is applied to two primary adaptation scenarios from Task Scope: **single-task adaptation** [247] and **multi-task adaptation** [522].

5.2.1 Single-task adaptation

Single-task adaptation focuses on fine-tuning models for specific applications by employing highly tailored adapters [247]. Examples include the **K-Adapter** [684], **ViT-Adapter** [90], and methods for neural machine translation. The **K-Adapter** [684] integrates external knowledge into pre-trained systems, enabling them to excel in knowledge-intensive tasks, while the **ViT-Adapter** [90] adapts Vision Transformers for visual tasks such as object detection and segmentation. This approach incorporates spatial prior modules, feature injectors, and extractors to embed task-specific knowledge. Mathematically, the integration of external features F_{sp} into a layer representation F_i is performed via cross-attention:

$$\hat{F}_i = \text{CrossAttention}(F_i, F_{\text{sp}})$$

These methods, categorized under Additive Tuning, are illustrated in Figure 5, showcasing the integration of spatial prior modules, feature injectors, and extractors for single-task adaptation.



Figure 5: Vision Transformer (ViT) with adapter modules: (a) Standard ViT architecture, (b) ViT-Adapter framework with injector-extractor modules, (c) Spatial Prior Module, (d) Spatial Feature Injector with cross-attention, and (e) Multi-Scale Feature Extractor. The design supports single-task applications including detection and segmentation.

5.2.2 Multi-task adaptation

Multi-task adaptation, on the other hand, enables a single model to handle multiple applications simultaneously by maintaining task-specific representations while leveraging shared pre-trained parameters [522]. Notable implementations include **AdapterFusion** [522], **Hyperformer** [442], **AdapterSoup** [98], **OrchMoE**, and **MOEoRA** [402]. For instance, **AdapterFusion** [522] integrates multiple adapters dynamically to optimize performance across different tasks, while **AdapterSoup** [98] aggregates and selects relevant adapters during inference for enhanced task generalization.



Figure 6: An illustration of a multi-task adaptation architecture integrating Parallel Adapter Layers (PALs). The input passes through a sequence of self-attention (SA) and layer normalization (LN) blocks, while task-specific PAL modules inject parallel residual pathways into the backbone model. The PALs at each layer facilitate task-specific adaptation while maintaining the shared structure.

Mathematically, for a specific task t, the adapter processes the input as:

$$h_{\text{task-specific}} = W_t h_{\text{in}} + b_t$$

Fusion mechanisms, such as those employed in AdapterSoup, dynamically combine the outputs of multiple adapters, ensuring effective performance across diverse tasks. These strategies, classified under Additive Tuning, are depicted in Figure 6, showcasing their versatility in multi-task environments.

5.3 Soft Prompt PEFT

Soft prompt-based fine-tuning has revolutionized how pre-trained models are adapted for specific tasks [354]. By leveraging lightweight prompts—either learnable or fixed—it offers a modular and efficient alternative to traditional fine-tuning approaches. This framework revolves around two fundamental components: **prompt structures** [407] and **adaptation Techniques** [372], both supported by precise mathematical formulations. Each section below includes correctly represented mathematical expressions for a deeper understanding. At the core of this methodology are the **prompt structures**, which determine how prompts are represented and incorporated into the model architecture [354]. These structures are divided into two principal categories: **continuous prompts** [372] and **discrete prompts** [210]. **Continuous prompts** are learnable embeddings, optimized during the fine-tuning process to capture intricate task-specific patterns. Techniques such as **Prefix-Tuning** [372], **P-TUNING v2** [407], **Q-PEFT** [520], **PTR** [210], **Prefix-Propagation** [365], and **LPT** [406] showcase the adaptability of this approach. For instance, **Prefix-Tuning** appends trainable embeddings, referred to as prefixes, to the input sequence, augmenting the attention mechanism to emphasize task-relevant features. This adjustment is mathematically expressed as:

Attention
$$(Q, [P; K], [P; V]) = \operatorname{softmax}\left(\frac{Q[P; K]^T}{\sqrt{d}}\right)[P; V],$$
 (14)

where P represents the prefix, and Q, K, V are the query, key, and value matrices, respectively. Expanding on this, **P-TUNING v2** [407] incorporates continuous prompts into multiple transformer layers, enabling deeper task-specific generalization. Other advancements, such as **Q-PEFT** [520], employ quantized embeddings to enhance memory efficiency, while **PTR** [210] facilitates the transfer of learned prompts across related domains. **Figure 7** (Left) illustrates how continuous prompts are integrated into transformer architectures, dynamically adjusting the model's focus on task-critical elements.



Figure 7: Prompt-based parameter-efficient fine-tuning architecture. (Left) Top: Model structure with frozen LM layers and tunable Vector Generator. Bottom: Modified Self-Attention and FFN mechanisms showing interaction between generated vectors (yellow) and existing components (green). (Right) Architecture of a RL Prompt

Discrete prompts, by contrast, utilize fixed, tokenized sequences—such as phrases or pre-defined linguistic structures—that provide explicit guidance to the model. These prompts are static and do

not involve learnable embeddings. Techniques such as **RLPrompt** [132], **SPARSETT** [596], and **OVOR** [258] demonstrate the utility of discrete prompting. For example, **RLPrompt** (Figure 7 (Right) optimizes tokenized prompts through reinforcement learning to maximize task performance. The optimization process is mathematically represented as:

$$\theta = \theta + \eta \nabla_{\theta} \mathbb{E}[R(P)], \tag{15}$$

where θ denotes the parameters of the prompt policy, η is the learning rate, and R(P) represents the reward function tailored to task-specific Applications. Similarly, **SPARSETT** [596] employs sparse optimization techniques to retain only the most relevant tokens, ensuring computational efficiency. This refinement process is expressed as:

$$P_{\text{sparse}} = \arg\min_{-} ||P||_0 \quad \text{subject to } R(P) \ge R_{\text{threshold}}. \tag{16}$$

The role of discrete prompts is visually depicted in **Figure 7** (**Right**), highlighting their integration into the input sequence to guide model outputs effectively. Building on these foundational structures, **adaptation strategies** refine how prompts are used to tailor pre-trained models for specific applications. **Task-specific adaptation** focuses on tailoring prompts for individual tasks to achieve high accuracy and efficiency. Techniques such as **Prompt Tuning** [434], **SK-Tuning** [529], **L-Tuning** [329], **XPrompt** [434], **IDPG** [724], **Arprompt** [683], **TPT** [717], and **SMoP** [94] fall into this category. For instance, **Prompt Tuning** introduces task-specific embeddings to the input sequence, enabling precise modulation of the model's outputs. This can be mathematically expressed as:

$$y = f(x, P_{\text{task-specific}}), \tag{17}$$

with x is the input, and $P_{\text{task-specific}}$ represents the learned prompt for the specific task. Iterative approaches like **IDPG** (Iterative Dual Prompt Generation) [724] refine prompts iteratively over multiple steps, expressed as:

$$P^{(t+1)} = P^{(t)} - \alpha \nabla_P \mathcal{L}(f(x, P^{(t)})),$$
(18)

where t represents the iteration step, and α is the learning rate.

5.4 Scaling PEFT

Scaling PEFT extends the utility of prompts to handle broader and more complex contexts. A notable advancement in this area is the **Propulsion concept** [327], which incorporates polynomial scaling to dynamically adjust the influence of prompt parameters. This mechanism allows for granular control over the model's sensitivity to input features and is mathematically defined as:

$$V_i' = [v_1 \odot z_1^k, v_2 \odot z_2^k, \dots, v_s \odot z_s^k], \tag{19}$$

where v_i represents the input features, z_i are scaling parameters, k is the scaling exponent, and \odot denotes element-wise multiplication. The Propulsion method's architecture is illustrated in **Figure 8** (right), showing its attention mechanism modification approach with selective parameter tuning.

5.5 Selective fine-tuning

Selective fine-tuning is an advanced model optimization technique designed to adapt pre-trained models to specific tasks by modifying only a carefully chosen subset of parameters while keeping the rest unchanged [325, 775, 250]. Unlike traditional fine-tuning, which updates all parameters in the model, selective fine-tuning focuses on parameters that are most relevant to the task. This targeted approach reduces computational costs, mitigates overfitting, and preserves the general-purpose knowledge embedded in the pre-trained model. By relying on principles such as parameter importance, sparsity, and structural organization, selective fine-tuning achieves a balance between efficiency and adaptability, making it an invaluable tool in modern machine learning.

The parameters of a pre-trained model, denoted as θ , are divided into two subsets: θ_s , the parameters selected for fine-tuning, and θ_f , the parameters that remain fixed. The selection of θ_s is guided by a criterion $C(\cdot)$, which evaluates the relevance of each parameter to the task. Parameters with relevance scores exceeding a threshold τ are included in θ_s , while the rest are assigned to θ_f . Mathematically, this can be expressed as:

$$\theta_s = \{\theta_i \mid C(\theta_i) \ge \tau\}, \quad \theta_f = \theta \setminus \theta_s.$$



Figure 8: Architecture of a unified hybrid PEFT approach integrating multiple parameter-efficient fine-tuning strategies within a transformer block (left). Propulsion architecture showing trainable and frozen components. The design features scaled dot-product attention with selectively tunable parameters (orange) and frozen weights (blue), enabling efficient fine-tuning through element-wise multiplication of scaled vectors (right).

The optimization process then focuses on θ_s , while θ_f remains unchanged to preserve the pre-trained knowledge. This process is formalized as:

$$\operatorname*{argmin}_{\theta_{s}} \mathcal{L}(f(x; \theta_{s} \cup \theta_{f}), y),$$

where $f(x;\theta)$ represents the model's output for input x, and \mathcal{L} is the task-specific loss function. Selective fine-tuning often identifies important parameters based on their contribution to the task. Techniques such as Fisher information, gradient magnitudes, or sensitivity analysis are commonly used to measure parameter importance. Methods like **FishMask** [143], **Adafish** [250], **IST** [753], and **U-Diff Pruning** [199] exemplify this approach.

For example, **FishMask** [143] uses Fisher information to evaluate the importance of each parameter. The Fisher information for parameter θ_i is defined as:

$$\mathcal{I}(\theta_i) = \mathbb{E}\left[\left(\frac{\partial \log p(x;\theta)}{\partial \theta_i}\right)^2\right],\,$$

where $\mathcal{I}(\theta_i)$ quantifies the influence of θ_i on the model's predictions, and $\log p(x; \theta)$ is the loglikelihood. Parameters with high Fisher information are included in θ_s , as they have a significant impact on task performance. Similarly, **Adafish** [250] dynamically adjusts the selection criteria during training by analyzing gradient magnitudes, allowing the model to focus on parameters that are most relevant to the evolving task. As illustrated in **Figure 9**, this approach utilizes a dual-loop architecture to iteratively identify and select important parameters based on Fisher information, enabling more efficient task-specific adaptation.



Figure 9: Parameter importance selection framework with dual optimization loops. Left: Finetuning loop updating model parameters based on task loss. Center: Layer-wise importance scoring mechanism with PEFT response suppression. Right: Importance updating loop that samples subset layers for targeted optimization based on their calculated importance scores.

Unstructured parameter selection focuses on selecting individual parameters independently of their groupings or positions within the model. This approach is commonly employed in sparsity-based techniques, such as **UBitFit** [343], **LT-SFT** [18], **Child-Tuning** [742], and **PaFi** [378].

In Child-Tuning, for instance, the relevance of each parameter is determined using gradient norms:

$$C(\theta_i) = \left\| \frac{\partial \mathcal{L}}{\partial \theta_i} \right\|,\,$$

where $C(\theta_i)$ is the importance score for parameter θ_i , and parameters with scores above a threshold τ are included in θ_s . This approach ensures that only the parameters that contribute significantly to the task are updated, enhancing both efficiency and performance. Figure 10 illustrates the unstructured parameter selection process, showing how individual parameters are identified and updated to achieve task-specific optimization without disrupting the overall structure of the model.

Structured fine-tuning focuses on updating coherent groups of parameters, such as layers, attention heads, or blocks, rather than individual parameters. This approach is particularly effective for modular architectures like transformers, where parameters are hierarchically organized. Methods such as **RoCoFT** [325], **Far** [654], **Xattn Tuning** [186], **X-PEFT with Hard Masking** [338], and **SURM** [579] adopt this strategy.

In **X-PEFT with Hard Masking**, a binary mask M is applied to enforce structural constraints during fine-tuning:

$$\theta_s = M \odot \theta_s$$

where $M \in \{0, 1\}^d$ represents the mask, \odot denotes element-wise multiplication, and d is the number of parameters. This ensures that only critical components, such as specific layers or blocks, are updated, while the remaining parameters remain fixed. Similarly, **SURM** [579] applies domainspecific masking strategies to align fine-tuning with the structural requirements of the task. Figure 11 (**right**) illustrates different parameter update patterns in the **RoCoFT** [325] approach, showing how selective modification of rows or columns within weight matrices enables efficient fine-tuning while preserving model coherence.

5.6 Reparameterized PEFT

Reparameterized PEFT methods aim to optimize large-scale pre-trained models by introducing efficient, low-rank transformations that reduce trainable parameters while preserving task-specific performance [247, 403, 788, 181]. These methods can be broadly categorized into three groups:



Figure 10: Sparse Fine-tuning Framework. This diagram illustrates the process of sparse parameter fine-tuning for language models. Starting with a pretrained model (left), the framework utilizes both Wikipedia corpora for sparse language fine-tuning (top path) and task-specific datasets for sparse task fine-tuning (bottom path). The selective parameter updates, represented by colored cells in the matrices, allow the fine-tuned model (right) to maintain general capabilities while adapting to specific tasks with minimal parameter changes. The blue cells represent language-related parameters, while red cells indicate task-specific parameters selected for updating.



Figure 11: Visualization of LoRA and RoCoFT architectures. The first figure (left) illustrates the architecture of LoRA. The remaining figures depict the RoCoFT variants, including row-wise updates, column-wise updates, and random updates.

core low-rank decomposition techniques, adaptive and dynamic rank methods, and enhanced LoRA variants for specific tasks and fine-tuning efficiency. This paper provides a detailed overview of these methods and their applications in large-scale machine learning models. Reparameterized PEFT addresses the computational and memory constraints of fine-tuning large-scale models by introducing low-rank parameterization techniques. These approaches focus on reparameterizing the delta weight matrix (ΔW) into a low-dimensional form, significantly reducing the number of trainable parameters. The techniques can be classified into three main categories: **core low-rank decomposition, adaptive and dynamic rank methods**, and **enhanced LoRA variants** tailored for specific tasks.

5.6.1 Low-Rank Decomposition

The foundation of reparameterized PEFT lies in **low-rank decomposition**, where the parameter update matrix $\Delta W \in \mathbb{R}^{d \times d}$ is approximated as the product of two low-rank matrices, $A \in \mathbb{R}^{d \times r}$ and $B \in \mathbb{R}^{r \times d}$, with $r \ll d$. Mathematically, this can be expressed as:

$$\Delta W \approx AB \tag{20}$$

This decomposition reduces the number of trainable parameters from d^2 to 2dr, significantly lowering computational requirements. Methods such as LoRA [247], Compactor [295], Intrinsic SAID [7],

K Adaption [225], **DoRA** [403], and **LLEmbed** [392] build on this concept. For instance, LoRA constrains the updates to a low-rank subspace, while Compactor introduces sparsity-inducing priors for further efficiency. Intrinsic SAID optimizes updates using intrinsic dimensionality principles, and K Adaption dynamically tunes the rank r to align with task-specific requirements, enhancing flexibility. **Figure 11** illustrates the low-rank adaptation approach used in LoRA, demonstrating how the pretrained weight matrix $W \in \mathbb{R}^{d \times d}$ is combined with low-rank matrices A and B to form the final weight matrix $h = W \cdot x + BA \cdot x$, where B is initialized to zero and A is sampled from a Gaussian distribution.

This approach is particularly effective for large language models where the full fine-tuning of all parameters would be prohibitively expensive. By focusing training exclusively on the low-rank matrices A and B, LoRA achieves comparable performance to full fine-tuning while requiring only a fraction of the computational resources and storage requirements. The rank r serves as a hyperparameter that controls the trade-off between model capacity and training efficiency.

5.6.2 Dynamic Rank Methods

While core low-rank decomposition uses a fixed rank r, **adaptive and dynamic rank methods** adjust the rank during training to optimize performance and resource usage. Techniques such as **DyLoRA** [644] and **AdaLoRA** [788] dynamically modify r based on gradient information or layer sensitivity:

$$r_t = f(\|\nabla_t\|), \quad t \in \{1, \dots, T\}$$
(21)

where $f(\cdot)$ is a function of the gradient norm $\|\nabla_t\|$, and T is the number of training steps. Similarly, SLORA [139] employs layer-wise rank scheduling, while **CapaBoost** [598] and **AutoLoRA** [790] automate rank selection using task-specific metrics. These methods introduce adaptability, ensuring efficient resource allocation and improved task performance. Figure 12 illustrates the DyLoRA approach that dynamically adjusts low-rank updates through block-wise decomposition patterns, showcasing how parameter updates propagate through the model architecture while maintaining efficiency.



Figure 12: Visualization of DyLoRA (Dynamic Low-Rank Adaptation), which enhances standard LoRA by introducing dynamically sampled low-rank blocks. Left: Frozen pretrained weight matrix $W \in \mathbb{R}^{m \times d}$ with blocks W_{qp} and W_{kv} . Center: Forward pass showing how blocks $b_i \sim P_B(\cdot)$ are sampled and multiplied with corresponding weight matrices. Right: Parameter updates with dynamic allocation across matrix blocks, enabling more efficient fine-tuning by focusing updates where they provide the greatest benefit.

DyLoRA extends the standard LoRA framework by introducing block-wise dynamic parameter allocation, where update resources are distributed based on importance. Rather than applying uniform low-rank decomposition across all weight matrices, DyLoRA samples blocks b_i from a probability distribution $P_B(\cdot)$ and focuses on parameter updates in these regions. This targeted approach allows the model to concentrate computational resources where they will be most impactful, further reducing training overhead while maintaining or even improving adaptation quality compared to static low-rank methods.

5.6.3 LoRA Variants

Building on the foundational low-rank framework, enhanced variants of LoRA address domainspecific challenges and improve fine-tuning efficiency. Methods like **Laplace LoRA** [746], **LoRA Dropout** [386], and **Predict LoRA** [460] introduce regularization and dropout techniques to mitigate overfitting. For example, Laplace LoRA augments the decomposition with a regularization term:

$$\Delta W \approx AB + \lambda I, \quad \lambda > 0 \tag{22}$$

where λ controls the regularization strength. LoRA++ [215], MoSLoRA [720], and LoRA for Continual Learning [93] are tailored to sequential learning tasks, effectively preventing catastrophic forgetting. On the other hand, Trans-LoRA [685] and RoseLoRA [675] extend LoRA to transfer learning scenarios, adapting pre-trained models to new domains through task-specific subspaces.

Further innovations address fine-tuning challenges in low-resource settings. **LoRA for Few-Shot Learning** [777], **SVDQUANT** [370], and **Variational LoRA IVON** [114] enhance efficiency through quantization and probabilistic modeling. For example, SVDQUANT performs singular value decomposition (SVD) followed by quantization, while Variational LoRA incorporates Bayesian principles to account for uncertainty:

$$p(W|\mathcal{D}) \propto p(\mathcal{D}|W)p(W), \quad W = W_0 + AB$$
 (23)

where W_0 is the original weight matrix, and AB is the low-rank update. Ensemble methods, such as **MoeLoRA** [401], **MoLoRA** [773], and **MixLoRA** [359], integrate multiple low-rank models to improve robustness and generalization. Finally, **LoRA Hub** [255] consolidates diverse PEFT strategies into a unified framework, facilitating their application across varied tasks. **Figure 13** illustrates dropout regularization techniques applied to LoRA and AdaLoRA, showcasing how selective parameter dropping during training enhances model robustness and prevents overfitting.



Figure 13: Comparison of dropout regularization strategies for low-rank adaptation methods: Top - LoRA Dropout applies structured dropout to low-rank matrices $A \in \mathbb{R}^{r \times n_2}$ and $B \in \mathbb{R}^{n_1 \times r}$ during training, randomly dropping elements along both row and column dimensions; Bottom - AdaLoRA Dropout extends this concept with matrices P, Λ , and Q, providing more flexible regularization patterns while maintaining the efficiency benefits of low-rank decomposition. Both approaches preserve the pretrained weight matrix $W \in \mathbb{R}^{n_1 \times n_2}$ while selectively regularizing the update components.

These dropout techniques strategically disable portions of the low-rank matrices during training, which serves multiple purposes: preventing co-adaptation of weight updates, improving generalization by creating an implicit ensemble effect, and further reducing computational demands. In LoRA Dropout, elements in matrices A and B are randomly zeroed according to dropout patterns along both dimensions, while AdaLoRA Dropout implements a more sophisticated approach with its three-matrix decomposition. These regularization methods are particularly valuable for scenarios where the fine-tuning dataset is limited, as they help prevent the model from simply memorizing

training examples while maintaining the parameter efficiency that makes low-rank adaptation methods attractive.

5.7 Hybrid PEFT

Hybrid approaches in PEFT combine multiple fine-tuning strategies, such as **LoRA**, **adapters**, and **prompt-tuning**, into a unified framework to leverage the strengths of each method. By integrating these techniques, hybrid approaches provide flexibility, adaptability, and robustness across diverse tasks. These methods dynamically determine the most suitable combination of strategies to optimize performance while maintaining efficiency.

For example, the **MAM Adapter** [217] incorporates memory components into adapters, allowing taskspecific information to be stored and retrieved, thereby enhancing the model's ability to specialize in different tasks. Similarly, **UniPELT** [447] (Unified Parameter-Efficient Language Tuning) integrates **LoRA**, **prefix-tuning**, and **adapters** within a single framework, enabling the model to switch dynamically between strategies depending on the task. Another prominent method, **RoSA** (Rank-Ordered Subspace Adaptation) [490], prioritizes the most significant subspaces of parameters for fine-tuning. This is achieved by rank-ordering parameters and selecting the top-ranked ones for updates:

$$\theta_s = \{\theta_i \mid \operatorname{rank}(\theta_i) \le k\},\$$

where k is the threshold for the top-ranked parameters.

Hybrid approaches often use a weighted combination of parameter updates:

$$heta_{ ext{hybrid}} = \sum_{i=1}^n lpha_i heta_i,$$

where α_i represents the dynamically adjusted weight for the *i*-th strategy, and *n* is the number of integrated strategies. This framework allows hybrid methods to balance computational efficiency with task-specific adaptability.

Additional methods such as **S4** [75], **NOAH** [795], **Auto PEFT** [813], **LLM Adapter** [254], **SH-PEFT** [400], **Hyper PELT** [797], and **Hydra** [313] extend the versatility of hybrid approaches by automating strategy selection, focusing on structured sparsity, or incorporating multi-headed designs for enhanced flexibility. **Figure 8** (**left**) illustrates the architecture of a unified hybrid approach, demonstrating how multiple parameter-efficient fine-tuning methods can be integrated within a single transformer block.

This unified architecture elegantly combines the strengths of multiple PEFT approaches: Adapters provide sequential transformation through bottleneck architectures, Prefix-tuning prepends learnable vectors to modify attention patterns, and LoRA applies low-rank updates to weight matrices. The inclusion of gating mechanisms (G_A , G_P , G_L) enables the model to dynamically weight the contribution of each method based on task requirements. This hybrid design achieves superior performance by leveraging complementary benefits: Adapters excel at capturing task-specific transformations, Prefix-tuning provides efficient context modification, and LoRA delivers parameter-efficient weight adjustments. The unified approach not only improves task performance but also enhances transfer learning capabilities across diverse domains while maintaining the parameter efficiency that makes PEFT methods attractive for resource-constrained environments.

5.7.1 MoE-Based

An emerging class of **Mixture-of-Experts** (**MoE**)-**based** PEFT methods extends low-rank adaptation by incorporating expert routing mechanisms that dynamically select or combine multiple low-rank modules during training or inference. These methods aim to improve model specialization and generalization across diverse tasks while maintaining parameter efficiency. Formally, the update matrix ΔW is expressed as a weighted sum of expert-specific low-rank transformations:

$$\Delta W = \sum_{i=1}^{n} \alpha_i A_i B_i, \quad \sum_{i=1}^{n} \alpha_i = 1$$
(24)

where A_iB_i represents the *i*-th low-rank expert, and α_i is a gating coefficient determined by the MoE router. This formulation enables input-dependent specialization by activating only the most

relevant subset of experts, reducing computational overhead while enhancing adaptability. Several MoE-based methods have been proposed to leverage this framework. **MoE LoRA** [401] introduces a learned gating mechanism to select among multiple LoRA experts, facilitating dynamic specialization across inputs. **MixLoRA** [359] combines several LoRA modules through task-aware mixture weights, improving robustness and domain generalization. **MoLoRA** [773] routes tokens to different LoRA experts at each transformer layer, enabling fine-grained control over parameter updates. **MOA** (Mixture of Adaptations) [169] generalizes this idea by integrating multiple adaptation strategies—such as LoRA, adapters, and prefix tuning—within a unified routing framework. Finally, **MoLE** (Mixture of Low-rank Experts) [720] consolidates several low-rank experts and selects them dynamically based on input features, enhancing scalability and performance in multi-task and low-resource settings. **Figure 14** illustrates the taxonomy and relationships among MoE-based PEFT methods, highlighting how they extend traditional low-rank approaches with modular, expert-driven architectures to support efficient, task-adaptive fine-tuning.



Figure 14: Illustration of a Mixture-of-Experts (MoE) feedforward network layer with gated expert selection. The input X is routed to multiple feedforward sub-networks (experts), labeled as FFN1 through FFN4. A gating mechanism computes routing weights to determine which subset of experts to activate for a given input. In this example, two experts (FFN2 and FFN3) are selected and their outputs are weighted and combined. The result is added to the residual connection and passed through a normalization layer to produce the final output Y. This structure enables conditional computation, enhancing model capacity while maintaining computational efficiency.

6 Experiments

6.1 GLUE Benchmark Performance Comparison:

We conducted a comprehensive evaluation of various PEFT methods across the General Language Understanding Evaluation (GLUE) benchmark [660] using both RoBERTa_{Base} and RoBERTa_{Large} models [413]. The GLUE tasks include a diverse range of linguistic challenges, such as single-sentence classification (CoLA and SST-2), sentence-pair classification (MRPC, QQP, MNLI, QNLI, and RTE), and regression-based semantic similarity (STS-B). For evaluation, we employed standard metrics: Matthews Correlation Coefficient (MCC) for CoLA, accuracy for SST-2, accuracy and F1 score for MRPC and QQP, Pearson and Spearman correlations for STS-B, and accuracy for MNLI, QNLI, and RTE. This analysis aimed to determine the trade-off between model performance and parameter efficiency across established and novel PEFT techniques, including the recently introduced SK-Tuning method.

Table 1 presents a comprehensive evaluation of various parameter-efficient fine-tuning (PEFT) methods on the GLUE benchmark using $RoBERTa_{Base}$ and $RoBERTa_{Large}$ models. Full fine-tuning (FT), which updates all model parameters, consistently yields strong performance across all tasks but incurs high computational and memory costs. It serves as a performance upper bound for assessing the efficiency of PEFT techniques.

PEFT Method	# TTPs	CoLA	SST2	MRPC	STS-B	QQP	MNLI	QNLI	RTE
RoBERTa _{Base}									
FT	124.6M	59.84	92.89	85.24/88.18	90.48/90.16	90.18/87.02	86.27	91.17	72.43
Adapter ^S	7.41M	61.53	94.11	89.81/90.85	90.25/90.09	89.81/86.90	86.27	92.06	73.56
Prompt tuning	0.61M	49.37	92.09	70.83/81.72	82.44/83.11	82.99/78.35	80.57	80.03	58.12
Prefix-tuning	0.96M	59.31	93.81	84.25/85.03	88.48/88.32	87.75/84.09	85.21	90.77	54.51
(IA) ³	0.66M	58.58	93.92	83.00/85.52	90.30/90.32	87.99/84.10	83.95	90.88	71.12
BitFit	0.083M	61.32	93.12	87.22/88.41	90.34/90.27	88.12/84.11	84.64	91.09	77.98
LoRA	0.89M	60.09	93.31	86.50/88.68	90.66/90.47	88.83/85.21	86.54	92.02	74.92
AdaLoRA	1.03M	59.82	93.92	86.49/88.03	90.83/90.73	88.58/84.98	86.26	91.43	76.04
MAM Adapter	1.78M	58.34	94.24	87.31/88.21	90.74/90.42	88.31/83.20	86.63	90.19	72.62
PROPETLAdapter	1.87M	64.24	93.85	87.15/87.82	90.33/90.64	89.22/85.79	86.49	91.56	75.54
PROPETLPrefix	10.49M	60.11	93.63	86.73/87.98	90.30/90.19	88.54/85.05	86.22	91.51	63.31
PROPETLLORA	1.77M	57.94	94.11	87.42/88.87	90.66/90.35	88.90/85.55	86.83	92.04	67.39
MoSLoRA	1.67M	60.57	93.95	86.74/87.98	90.05/89.43	88.76/85.62	87.84	90.60	75.10
LoRA-XS	0.26M	58.49	93.19	86.65/87.49	89.60/89.33	87.13/84.31	85.34	90.42	76.24
VeRA	0.043M	60.35	93.89	86.01/87.88	89.27/89.41	87.88/85.65	85.64	90.22	75.32
LoRAFA	0.44M	60.49	93.65	88.18/89.98	90.70/90.66	88.90/85.46	86.11	91.42	76.11
SFT	0.90M	64.45	94.28	87.74/88.64	89.37/89.12	87.24/85.11	86.64	92.11	78.42
Diff Pruning	1.24M	62.45	93.77	88.00/89.21	89.72/90.02	88.62/85.54	85.32	92.14	77.90
RoCoFT _{1-Row}	0.083M	60.18	94.06	87.74/88.48	90.70/90.47	88.49/85.35	85.23	90.70	76.61
RoCoFT _{3-Row}	0.249M	63.53	94.92	87.71/88.74	90.89/90.49	88.97/85.80	86.73	92.12	78.31
RoCoFT _{1-Column}	0.083M	60.32	93.88	88.38/89.78	90.23/90.14	88.46/85.84	85.35	90.58	76.74
RoCoFT _{3-Column}	0.249M	62.95	94.69	89.18/90.94	90.85/90.45	88.86/85.38	86.76	91.89	75.21
Propulsion _{1-Row}	0.086M	61.76	93.18	89.34/85.99	90.37/89.92	89.11/86.53	86.41	91.79	75.66
Propulsion3-Row	0.258M	63.21	94.35	87.28/86.12	90.29/90.04	89.42/86.84	87.12	91.56	76.92
PropulsionAttn	0.028M	58.51	92.03	89.01/85.14	89.36/89.96	86.73/84.80	85.13	89.89	75.02
SK-Tuning (Prompt)	0.60M	60.21	93.88	89.73/92.47	91.30/90.19	87.83/85.82	86.24	92.60	76.91
SK-Tuning (Prefix)	0.84M	61.83	93.72	87.21/88.04	90.11/89.92	88.67/87.12	85.83	92.09	75.32
				RoBERTa La	irge				
FT	355.3M	65.78	95.50	92.22/94.28	91.74/91.96	90.83/88.68	89.21	93.19	81.40
Adapter ^S	19.77M	65.33	96.37	89.88/90.23	92.58/92.42	91.19/87.11	91.00	94.31	85.25
Prompt-tuning	1.07M	61.13	94.61	73.04/76.29	78.51/78.99	80.74/75.16	68.15	89.13	60.29
Prefix-tuning	2.03M	59.01	95.76	88.24/89.37	90.92/91.07	88.88/85.45	89.30	93.32	74.01
$(IA)^3$	1.22M	61.15	94.61	86.45/87.53	92.22/86.25	89.45/86.25	88.63	94.25	81.23
BitFit	0.222M	67.01	96.10	90.93/92.13	91.93/93.38	89.48/86.43	89.98	94.47	87.73
LoRA	1.84M	64.47	96.67	87.50/88.19	91.66/91.44	90.15/86.91	90.76	95.00	79.78
AdaLoRA	2.23M	65.85	94.95	89.46/90.34	92.05/91.80	89.60/86.30	90.36	94.62	77.98
MAM Adapter	4.20M	67.39	95.81	90.12/92.07	92.44/92.18	90.87/86.65	90.62	94.31	86.62
PROPETL _{Adapter}	5.40M	65.55	96.27	89.71/91.15	91.92/91.67	90.67/87.74	91.37	94.80	87.69
PROPETLPrefix	26.85M	62.24	96.17	90.04/91.92	90.70/90.49	89.30/86.30	90.33	94.73	79.71
PROPETLLORA	4.19M	61.90	95.93	87.31/89.87	91.66/91.38	90.93/88.05	90.53	94.93	83.57
MoSLoRA	3.23M	67.27	96.17	89.96/92.67	90.97/91.72	90.12/87.68	90.29	94.73	82.41
RoCoFT _{1-Row}	0.222M	65.70	96.63	89.97/90.79	91.81/92.07	90.17/86.15	90.73	94.20	85.31
RoCoFT _{3-Row}	0.666M	67.39	96.69	91.05/92.19	92.10/92.10	90.82/86.11	90.98	94.85	87.83
RoCoFT _{1-Column}	0.222M	64.89	96.60	89.12/90.24	91.96/92.10	90.17/85.83	90.81	94.17	85.71
RoCoFT _{3-Column}	0.666M	67.18	96.67	89.88/91.47	92.52/92.31	91.38/87.12	91.13	94.85	87.82
Propulsion _{1-Row}	0.225M	64.53	95.10	90.47/88.85	91.78/91.58	92.26/88.91	90.52	95.34	85.30
Propulsion _{3-Row}	0.675M	67.12	96.68	91.15/92.07	91.68/91.81	91.96/87.84	91.42	95.12	88.28
Propulsion _{Attn}	0.073M	62.31	94.02	89.78/87.95	90.16/90.86	88.02/86.19	89.54	94.00	83.07
SK-Tuning (Prompt)	1.02M	67.13	96.43	91.10/93.22	90.54/90.11	92.10/88.73	90.42	95.42	87.11
SK-Tuning (Prefix)	1.94M	66.33	96.08	90.96/93.09	91.87/90.68	90.23/87.93	89.97	96.10	86.99

Table 1: RoBERTa models performance on GLUE tasks: Metrics used are MCC for CoLA, accuracy for SST-2, accuracy/F1 score for MRPC and QQP, Pearson/Spearman correlations for STS-B, and accuracy for MNLI, QNLI, and RTE.

Among the PEFT baselines, **Adapter^S**, **BitFit**, and **LoRA** perform remarkably well. For example, BitFit (0.083M parameters) achieves 77.98% on RTE and 93.12% on SST-2, rivaling full fine-tuning. LoRA (0.89M) consistently outperforms most early PEFT methods and even FT in certain tasks, such as MNLI and QNLI. Adapter^S also demonstrates strong performance, particularly with RoBERTa_{Large}, scoring 96.37% on SST-2 and 85.25% on RTE.

Prompt-tuning and **Prefix-tuning**, while highly parameter-efficient (under 1M parameters), generally underperform on tasks requiring fine-grained semantic understanding, such as MRPC, STS-B, and RTE. This highlights their limited expressive capacity despite their minimal footprint.

Advanced LoRA-based methods such as AdaLoRA, MoSLoRA, and LoRAFA improve performance further. AdaLoRA, for instance, achieves 76.04% on RTE and 90.83% on STS-B with RoBERTa_{Base}, indicating the benefit of adaptive low-rank decompositions. MoSLoRA (1.67M) performs particularly well on MNLI (87.84%) and QNLI (90.60%), suggesting it captures diverse token-level information more effectively.

The **RoCoFT** and **Propulsion** families deliver better results among compact methods. RoCoFT_{3-Row} and RoCoFT_{3-Column} attain scores close to or exceeding FT on several tasks. Notably, RoCoFT_{3-Row}

reaches 78.31% on RTE and 94.92% on SST-2, with only 0.249M parameters. Similarly, Propulsion_{3-Row} matches or surpasses strong baselines, achieving 76.92% on RTE and 94.35% on SST-2 with just 0.258M parameters. Even ultra-light versions like Propulsion_{Attn} (0.028M) score competitively on tasks like STS-B and MRPC.

SK-Tuning, a recent method that integrates semantic knowledge into prompt and prefix tuning, demonstrates robust performance. SK-Tuning (Prompt) with 0.60M parameters achieves 92.60% on QNLI and 76.91% on RTE, outperforming traditional prompt-based approaches. Its prefix variant also performs well across all tasks, suggesting that semantically-aware prompting offers a powerful alternative for low-resource fine-tuning.

Finally, comparing across model sizes, PEFT methods applied to RoBERTa_{Large} typically outperform their RoBERTa_{Base} counterparts by a significant margin. For instance, RoCoFT_{3-Row} achieves 87.83% on RTE with RoBERTa_{Large}, compared to 78.31% with RoBERTa_{Base}, highlighting the scaling benefits of PEFT with larger backbones.

In summary, modern PEFT methods—particularly LoRA-based variants, RoCoFT, Propulsion, and SK-Tuning—approach or even surpass full fine-tuning performance on many GLUE tasks while drastically reducing the number of updated parameters. This makes them highly attractive for efficient and scalable deployment of large language models in both academic and production settings.

Method	# TTPs	BoolQ	PIQA	SIQA	H.Sw.	W.Gra.	ARCe	ARCc	OBQA	M.Ar.	G.8K	A.S.	Sing.Eq	S.MP
BLOOM _{7B}														
Prefix	33.37M	58.53	62.24	65.41	48.32	66.63	68.13	49.32	63.51	78.41	66.45	67.52	66.94	49.10
AdaLoRA	24.88M	66.94	74.68	72.49	55.89	68.30	73.21	56.59	72.85	79.43	70.25	68.93	70.93	53.89
$(IA)^3$	19.34M	63.30	73.33	71.01	52.50	71.60	69.45	54.14	68.60	78.90	71.17	70.33	70.84	53.95
LoRA	24.22M	65.89	73.92	73.33	56.65	71.39	73.46	57.15	72.31	79.50	70.93	70.90	70.59	54.85
RoCoFT _{3-Row}	13.37M	66.33	74.53	73.56	56.60	72.14	73.29	57.48	72.92	79.76	70.94	70.95	70.90	54.42
RoCoFT _{3-Column}	13.37M	66.34	74.64	71.12	55.93	72.50	73.11	57.19	72.90	79.72	71.05	70.88	70.76	54.38
Propulsion	13.37M	66.38	74.63	73.62	57.25	72.33	73.09	57.61	73.12	79.36	70.95	70.92	71.22	53.52
						GPT-	J _{6B}							
Prefix	27.83M	62.28	65.04	67.72	44.15	63.71	63.59	46.47	58.31	83.12	67.44	75.25	78.46	49.12
AdaLoRA	20.77M	65.19	67.58	71.22	45.16	66.03	64.10	47.75	63.92	88.51	73.45	80.21	83.03	56.14
$(IA)^3$	16.61M	63.17	68.51	68.97	45.79	66.06	62.42	45.32	65.42	89.51	72.04	80.50	81.50	55.43
LoRA	20.02M	65.50	68.63	69.46	45.60	66.80	65.56	46.81	63.82	88.30	72.82	80.60	81.24	56.73
RoCoFT _{3-Row}	11.62M	65.92	68.53	69.90	45.97	66.87	64.91	45.12	65.07	89.45	72.80	80.45	82.12	56.79
RoCoFT _{3-Column}	11.62M	65.12	68.22	69.96	45.98	66.78	64.89	45.70	64.81	89.74	72.24	80.23	82.61	56.70
Propulsion	11.62M	65.97	68.05	69.96	45.99	66.18	64.45	46.95	64.56	89.19	72.82	81.41	81.42	56.68
						LLama	a-2 _{7B}							
Prefix	33.53M	67.33	79.46	75.80	76.04	72.11	71.67	57.33	69.98	84.18	68.47	81.04	80.00	52.17
AdaLoRA	24.90M	67.03	80.69	76.06	88.85	76.47	76.50	61.36	74.22	89.81	77.07	86.70	83.01	60.25
$(IA)^3$	19.42M	69.02	78.10	78.00	87.57	76.78	75.48	60.54	74.02	90.20	76.13	86.55	83.70	59.16
LoRA	24.30M	69.89	79.37	76.15	88.86	77.54	76.54	60.55	74.63	90.13	75.68	84.67	82.14	59.94
RoCoFT _{3-Row}	13.47M	69.36	80.01	78.09	87.28	76.73	76.46	60.55	75.55	90.37	76.12	86.66	82.75	59.92
RoCoFT _{3-Column}	13.47M	69.32	80.08	77.99	87.46	76.41	76.46	60.59	74.90	90.42	77.35	86.16	82.48	60.35
Propulsion	13.47M	68.99	79.47	77.02	76.73	76.06	76.64	61.29	74.76	90.21	77.57	85.63	82.60	60.51
						LLama	-2 _{13B}							
Prefix	61.97M	68.38	80.99	77.80	80.00	76.35	77.62	61.32	72.94	87.22	71.09	84.09	81.28	58.25
AdaLoRA	45.04M	71.71	82.55	78.88	91.60	83.01	83.04	67.33	81.76	90.55	80.19	87.00	87.10	66.03
$(IA)^3$	36.02M	71.39	83.33	78.32	92.40	83.24	83.34	66.43	80.99	91.88	79.24	88.16	87.08	67.03
LoRA	44.94M	71.19	83.99	79.15	91.86	83.24	83.35	67.05	81.37	91.27	78.90	86.89	86.07	65.85
RoCoFT _{3-Row}	24.88M	71.46	83.32	79.54	91.86	83.22	83.65	67.12	81.54	90.69	79.70	88.24	87.28	66.60
RoCoFT _{3-Column}	24.88M	71.44	83.52	79.50	91.84	83.20	83.39	67.06	81.73	91.46	79.63	88.11	87.58	66.63
Propulsion	24.88M	71.93	83.12	79.01	90.73	83.60	83.44	67.64	81.38	90.91	78.71	87.64	87.11	66.67

6.2 LLM Reasoning PEFT Comparison :

Table 2: Accuracy comparison of commonsense and mathematical reasoning performance across different PEFT methods using LLMs.

Table 2 provides a detailed comparison of PEFT methods on a diverse set of reasoning tasks—including commonsense (BoolQ [103], PIQA [47], SIQA [568], HellaSwag [778], Wino-Grande [563], ARCe [105], ARCc [105], OBQA [466]) and mathematical/logical reasoning (MathQA [15], GSM8K [111], Arithmetic Sequence (A.S.) [240], SVAMP [513], and SingleEq [321]). The analysis spans four large language models (LLMs): BLOOMZ_{7B} [712], GPT-J_{6B} [663], LLaMA-2_{7B} [633], and LLaMA-2_{13B} [633]. We observe consistent patterns in performance improvements across PEFT methods and models.

Across all LLMs, full prefix tuning serves as a baseline and generally underperforms compared to more advanced PEFT methods, despite using a relatively large number of trainable parameters (e.g.,

61.97M for LLaMA-2_{13B}). In contrast, AdaLoRA, (IA)³, and LoRA deliver substantial gains in reasoning benchmarks while reducing the parameter budget by 25–40%. Notably, AdaLoRA achieves robust results across most tasks, particularly with LLaMA-2_{13B}, scoring 91.60% on HellaSwag, 83.01% on WinoGrande, and 66.03% on SingleEq.

RoCoFT and **Propulsion**, both low-rank, structure-aware fine-tuning strategies, consistently match or outperform other PEFT baselines with significantly fewer trainable parameters. For example, RoCoFT_{3-Row} and Propulsion, each with only 13.37M parameters on BLOOMZ_{7B}, outperform both AdaLoRA and LoRA on multiple tasks such as PIQA (74.63%) and SIQA (73.62%), while maintaining comparable scores on MathQA, GSM8K, and SVAMP. On GPT-J_{6B}, RoCoFT and Propulsion similarly demonstrate improvements over LoRA, especially on arithmetic and symbolic reasoning benchmarks like AquaRat and SVAMP, reflecting their potential to capture deeper reasoning patterns with minimal parameter cost.

With LLaMA-2_{7B}, performance increases across the board. LoRA and RoCoFT_{3-Row} show strong results on difficult commonsense tasks such as HellaSwag (88.86% and 87.28%) and ARCc (60.55% for both). Meanwhile, Propulsion achieves near-competitive results (e.g., 77.57% on GSM8K) while maintaining efficiency. This further supports that structural PEFT methods can scale well to larger models without compromising generalization ability.

The LLaMA-2_{13B} model yields the highest overall accuracy, with all PEFT methods outperforming their smaller model counterparts. RoCoFT_{3-Row} and Propulsion reach peak performance on SIQA (79.54%), HellaSwag (91.86%), and OBQA (81.54%), matching or exceeding AdaLoRA despite requiring nearly half the trainable parameters. For mathematical reasoning tasks like GSM8K and AquaRat, (IA)³ and Propulsion offer strong performance, indicating that selective structural adaptation helps retain precision in arithmetic operations and symbolic pattern generalization.

In summary, while classical methods such as LoRA and AdaLoRA continue to perform strongly, newer PEFT techniques like RoCoFT and Propulsion demonstrate impressive performance-perparameter efficiency across a wide range of reasoning tasks and model sizes. These approaches not only reduce computational costs but also scale robustly with model size, making them ideal for fine-tuning large LLMs on complex reasoning domains in real-world applications.



7 Applications

Figure 15: The figure depicts a Propulsion into ChatLLM framework. Token-type embeddings handle multi-turn dialogue, while a reparameterization mechanism modulates activations via element-wise multiplication for efficient adaptation in tasks like instruction tuning and personalization.

7.1 PEFT in NLP

PEFT techniques have been widely adopted across a range of NLP applications, offering an efficient way to adapt large language models (LLMs) to task-specific Applications without incurring the high cost of full fine-tuning. In text classification tasks such as sentiment analysis [699, 456, 615, 459, 60, 262, 390, 135], spam detection [117, 283, 449, 662, 731, 666], and topic categorization [600, 292, 815, 812, 533], PEFT methods allow models to be fine-tuned on relatively small labeled datasets while retaining strong performance, particularly in low-resource or domain-specific settings. For sequence generation tasks like text summarization [411, 704, 155, 622, 179, 246, 2], information extraction [528], and machine translation [669, 419, 320, 263, 303, 722], PEFT enables the model to adapt to domain-specific vocabulary and style, achieving competitive results with a fraction of the training parameters.

In dialogue systems, especially in multi-turn chat applications [367, 792, 339, 293, 677], PEFT plays a crucial role by enabling LLMs to handle evolving context and intent across conversation turns. Notably, PEFT has been integrated into frameworks like ChatLLM [326, 213, 553], where it supports efficient training and deployment of chat models by modifying only selected parameters—such as adapters or token embeddings—while keeping the core model frozen. This allows for rapid customization to different user personas, use-cases, or industries (e.g., healthcare, customer support) without retraining the entire model.

PEFT is also instrumental in instruction tuning and prompt-based learning, where models are aligned to follow specific instructions or exhibit desired behavioral traits. In few-shot and zero-shot scenarios, PEFT enables effective model adaptation with very limited examples. Furthermore, in multi-task and cross-lingual NLP setups [85, 553, 213, 116], PEFT allows a single LLM to be fine-tuned for multiple tasks or languages using task-specific adapters, thus promoting parameter sharing and memory efficiency.

An overview of this architecture is shown in **Figure 15**, where the Propulsion method [327] is integrated into the ChatLLM framework [326, 213] for training chat models with LLMs.

Additionally, we present a comprehensive summary of PEFT methods applied in NLP tasks across various LLMs and datasets in Tables 5, 6, 7, 8, 9, 10, 11, and 12.

Overall, PEFT has become a cornerstone of practical NLP development, making the deployment of powerful LLMs feasible for a wide variety of real-world applications and resource-constrained environments.



Figure 16: Diagram Description: The figure demonstrates a pipeline where vision embeddings (from SigLIP) are projected into the LLM input space via trainable layers. The model processes varying visual contexts (e.g., a cat or a natural scene) to produce structured language outputs, suitable for captioning, summarization, and vision-grounded reasoning.

7.2 PEFT in Vision

PEFT has also gained significant traction in computer vision, where large vision models—such as Vision Transformers (ViTs) [146] and large-scale convolutional neural networks (CNNs) [441, 326, 70] —are increasingly being adapted to diverse downstream tasks. In image classification [686, 420, 77, 543], PEFT enables efficient domain adaptation by allowing models pretrained on large datasets like ImageNet [672] to be fine-tuned on task-specific or domain-specific datasets (e.g., medical imaging [296, 245, 588, 40, 180, 612], satellite imagery [50, 33, 123, 268, 544]) with minimal additional parameters. This is particularly valuable in cases where data is scarce or computational resources are limited.

In object detection [824, 804, 16, 509] and instance segmentation [301], PEFT techniques such as adapter-based tuning or bias tuning have been applied to integrate task-specific knowledge into large vision backbones like DETR and Mask R-CNN [188, 218, 41]. This allows the base detection models to be repurposed for new object categories or specialized detection tasks (e.g., autonomous driving [772, 356, 452, 259, 58, 61], surveillance [643, 316, 156, 157, 120, 474]) without the need to retrain all parameters.

PEFT has also shown promise in vision-language tasks such as image captioning [300, 763, 238], visual question answering (VQA) [289, 20, 718, 192], and referring expression comprehension, where it helps adapt multimodal models like BLIP [366, 360, 57], Flamingo [11, 92, 453], and CLIP [121, 206, 585, 605] to specific domains or tasks. In such multimodal setups, PEFT modules can be injected into either the visual encoder, the language decoder, or their cross-attention layers to steer the joint representation learning efficiently.

Furthermore, PEFT facilitates continual learning in vision [734], enabling models to incorporate new classes or tasks incrementally without catastrophic forgetting. In few-shot and zero-shot image classification scenarios, PEFT makes it feasible to quickly adapt models with very limited supervision [310, 417, 235, 234, 498, 706].

As an example, PEFT techniques have enabled the integration of frozen visual encoders, such as SigLIP [781, 637], with pretrained LLMs for language-guided visual reasoning tasks. Similar to the X2L framework shown in **Figure 16**, the key innovation lies in the use of a lightweight two-layer multilayer perceptron (MLP) and a projection matrix P_{θ} , trained to convert visual features into a token-compatible format that can be understood by the LLM. This visual adapter module performs the necessary transformation without altering the vision encoder or language model, significantly reducing the number of parameters requiring training. This parameter-efficient approach supports diverse input formats—including static images, video frames, and multi-image sequences—making it highly suitable for tasks like temporal visual reasoning, multi-image comparison, and descriptive captioning. By grounding image features into a language-aligned semantic space, this PEFT-driven architecture ensures generalizability across domains and tasks without necessitating re-training of foundational models.

We present a comprehensive summary of PEFT methods applied in vision tasks across various LLMs and datasets in Tables 5, 6, 7, 13, and 14.

7.3 PEFT in Multimodal Learning

PEFT has become increasingly important in multimodal learning, where models process and integrate information from multiple input modalities—such as vision [561, 650, 25, 710, 134, 174, 768], language [113, 711, 214, 377, 118], audio [83, 37, 171, 119, 290, 112, 692], and video [542, 594, 361, 679, 237, 431, 682]. Modern multimodal architectures, like CLIP [121, 206, 585, 605], Flamingo [11, 92, 453], BLIP [366, 360, 57], PaLI [84], and Video-LLaMA [784], typically consist of large pretrained encoders and decoders spanning both visual and textual domains. Fine-tuning these models entirely is computationally expensive and memory-intensive, especially when adapting to new modalities, tasks, or domains. PEFT addresses this challenge by introducing lightweight, task-specific modules—such as adapters, low-rank matrices, or reparameterized prompts—into selected parts of the multimodal pipeline, allowing efficient and scalable adaptation.

In vision-language tasks like image captioning [300, 763, 649, 754, 546], visual question answering (VQA) [192, 300, 763, 238], and cross-modal retrieval [805, 680, 664, 688, 702, 168, 284], PEFT modules are often injected into the cross-attention layers between vision and text components,



Figure 17: This figure outlines an X2L (Cross-modal to Language) framework where modalityspecific encoders feed into lightweight adapters, which in turn align with a frozen LLM. Example outputs demonstrate cross-lingual generation grounded in images, videos, and speech, showcasing real-world applicability in multilingual and multimedia environments.

enabling the model to learn task-specific alignments without modifying the full backbone. Similarly, in video-language models used for tasks such as video QA [749, 779, 769, 95, 308, 349], temporal grounding [87, 383, 477, 350, 697, 798, 196], and action recognition [322, 270, 606, 676, 271, 231, 64], PEFT enables efficient fine-tuning on long video sequences by adapting only certain projection or fusion layers while freezing the majority of the vision encoder and language decoder.

Multimodal instruction tuning is another growing area where PEFT is heavily used, especially for aligning models to follow visual and language instructions together. In models like InstructBLIP [505, 690] and MiniGPT-4 [819, 755, 770, 23, 26], PEFT techniques allow fast customization to downstream multimodal tasks such as referring expression comprehension, image editing via text commands [54, 323, 162, 342, 572], and multimodal dialogue [285, 636, 379, 287, 659], all with limited supervision. Moreover, in low-resource or domain-specific settings (e.g., medical image–report generation or surveillance video QA), PEFT allows multimodal models to generalize effectively by training only a small subset of parameters.

As demonstrated in **Figure 17**, each modality—whether vision, audio, or text—is processed by a frozen encoder, such as SigLIP [781, 637] for images or pretrained audio models for speech. These encoders generate modality-specific embeddings, which are aligned into a shared latent space using transformer modules like Q-Former for visual features and C-Former for speech. Instead of re-training these components, PEFT introduces modality-specific lightweight adapters—namely, I-Adapter (image), V-Adapter (video), and S-Adapter (speech)—which serve as narrow bottleneck modules for mapping each modality's features into a unified token stream consumable by a frozen LLM. This approach localizes the adaptation to specific components, enabling the model to support cross-modal reasoning and generation tasks, such as bilingual captioning or voice-command interpretation, without degrading performance on prior capabilities. The decoupled design makes it possible to incrementally expand the system to new modalities with minimal overhead, exemplifying PEFT's utility in extensible and memory-efficient architectures.

7.4 PEFT in Robotics

In robotics, PEFT is increasingly being used to adapt large pretrained models—particularly visionlanguage and policy models—for control [433, 573, 803], perception [730, 499, 635, 483, 745, 725, 565], and decision-making tasks [297, 8, 473, 638, 640, 468] in physical environments. Robotics systems often require integrating visual input, natural language instructions, and low-level control signals to perform complex tasks in real-world settings. However, fine-tuning large multimodal models for each specific robot, environment, or task is often impractical due to computational and data constraints. PEFT provides a practical solution by allowing targeted fine-tuning of small subsets of parameters, such as adapters or low-rank projections, while keeping the majority of the base model frozen.



Figure 18: The figure presents various real-world robotic use cases, such as cooking, object sorting, and visual Q & A, all mediated through a unified LLM that integrates perception and control. By interpreting complex queries and translating them into actionable steps, the model exemplifies the future of grounded language understanding in robotics.

For instance, in vision-language-action models used in imitation learning and instruction following, PEFT enables adaptation to new environments or unseen tasks with minimal retraining. Techniques like LoRA [247, 133, 608, 49] or adapter tuning [421, 222, 789, 344] have been successfully applied in models such as RT-2 [53, 823] and SayCan [9], where robots are guided by high-level language commands grounded in visual context. PEFT also facilitates domain adaptation—e.g., transferring policies trained in simulation to the real world (sim-to-real)—by fine-tuning lightweight modules on real-world data without the need to retrain the entire policy network [158, 147, 24, 521, 714, 317, 550].

In embodied AI, where agents interact with their surroundings via sensors and actuators (e.g., navigation, manipulation, object fetching), PEFT allows for task- or goal-specific adaptation by introducing small trainable components into large pretrained transformers or diffusion policies [243, 201, 126, 548, 549]. These approaches help maintain generalization across environments while allowing fast adaptation to new robotic skills with limited data. Moreover, in multi-robot or multi-task scenarios, PEFT promotes modularity and parameter sharing, enabling efficient scalability across hardware platforms and task sets.

As illustrated in **Figure 18**, although current implementations like PaLM-E [149] are not explicitly PEFT-based, their architecture—a frozen LLM processing tokenized streams of language prompts, visual inputs, and proprioceptive data—lends itself well to PEFT augmentation. The figure demonstrates various real-world robotic applications including mobile manipulation, tabletop tasks, and motion planning, all unified through a central language model. In such systems, PEFT can be applied through LoRA (Low-Rank Adaptation) modules designed for specific output heads, or by introducing lightweight adapters that facilitate fusion of proprioceptive information. These adaptations would allow the robot to learn task-specific motor commands, such as "grasp," "rotate," or "navigate," with high efficiency and without retraining the entire network. This is particularly advantageous in robotic environments, where data is sparse and tasks are dynamic, requiring continual learning without compromising previously acquired behaviors. Through the integration of PEFT modules, robotics systems can achieve lifelong learning capabilities, extending their utility across diverse operational contexts with minimal retraining cost.

8 Complexity of PEFT Methods

Table 3 provides a detailed comparison of various PEFT methods based on their space and time complexity, as well as the total number of trainable parameters (TTPs) and additional parameters (APs) introduced during fine-tuning. Traditional full fine-tuning (FT) modifies all parameters of the model, resulting in a quadratic complexity of $O(d \times d)$ in both space and time, with a high memory footprint and zero additional modularity.

Adapter-based methods such as $(IA)^3$ reduce the fine-tuning burden by introducing small modules within the transformer layers, yielding linear complexity and maintaining trainable parameter counts at 3d. Soft prompt-based methods, like Prompt and Prefix tuning, encode task-specific knowledge

Category	Method	Space Complexity	Time Complexity	TTPs	APs
Full Fine-Tuning	FT (Full Fine-Tuning)	$O(d \times d)$	$O(d \times d)$	d^2	0
Adapter-Based Fine-Tuning	$(IA)^3$	$O(l_k + l_v + l_{ff})$	$O(d_k + d_v + d_{ff})$	3d	3d
Soft Prompt-Based Soft Prompt-Based	Prompt Prefix	$\begin{array}{c} O(d \times l_p) \\ O(L \times d \times l_p) \end{array}$	$\begin{array}{c} O(d \times l_p) \\ O(L \times d \times l_p) \end{array}$	${l_p d \atop L l_p d}$	${l_p d \atop L l_p d}$
Structured Fine-Tuning Structured Fine-Tuning	LoRA LoRA-FA	$\begin{array}{l} O((d+d)\times r) \\ O((d+d)\times r) \end{array}$	$\begin{array}{c} O((d+d) \times r) \\ O((d+d) \times r) \end{array}$	2dr dr	$\frac{dr}{2dr}$
Adaptive Rank Methods	AdaLoRA	$O((d+d+r)\times r)$	$O((d+d+r)\times r)$	$2dr + r^2$	$2dr + r^2$
Hybrid Approach	LoHA	$O(2r \times (d+d))$	$O(2r\times (d+d))$	4dr	4dr
Low Rank Decomposition Low Rank Decomposition	RoCoFT (Row) RoCoFT (Column)	O(d imes r) onumber O(d imes r)	O(d imes r) onumber O(d imes r)	rd rd	0 0
Scaling Adaptation	Propulsion	O(d)	O(d)	d	d

Table 3: Comparison of PEFT methods and their computational complexity. Here, **TTPs** refers to the *total trainable parameters*, and **APs** refers to the *additional parameters* introduced by the fine-tuning method.

Method	ΔW Reparameterization	Notes
Intrinsic SAID	$\Delta W = F(W^r)$	$F: \mathbb{R}^r \to \mathbb{R}^d, W^r \in \mathbb{R}^r$ are parameters to be optimized, and $r \ll d$.
LoRA	$\Delta W = W_{\rm down} W_{\rm up}$	$W_{\text{down}} \in \mathbb{R}^{d \times r}, W_{\text{up}} \in \mathbb{R}^{r \times d}, \text{ and } r \ll \{k, d\}.$
KronA	$\Delta W = W_{\rm down} \otimes W_{\rm up}$	$\operatorname{rank}(W_{\operatorname{down}} \otimes W_{\operatorname{up}}) = \operatorname{rank}(W_{\operatorname{down}}) \times \operatorname{rank}(W_{\operatorname{up}}).$
DyLoRA	$\Delta W = W_{\operatorname{down}\downarrow b} W_{\operatorname{up}\downarrow b}$	$W_{\text{down}\downarrow b} = W_{\text{down}}[: b, :], W_{\text{up}\downarrow b} = W_{\text{up}}[:, : b], b \in \mathbb{C}$
		$\{r_{\min},\ldots,r_{\max}\}.$
AdaLoRA	$\Delta W = PAQ$	$PP^{\top} = P^{\top}P \neq I = QQ^{\top} = Q^{\top}Q, \Lambda = \operatorname{diag}(\sigma_1, \sigma_2, \dots, \sigma_r).$
IncreLoRA	$\Delta W = W_{\rm down} \Lambda W_{\rm up}$	$\Lambda = [\lambda_1, \lambda_2, \dots, \lambda_r]$ with λ_i being an arbitrary constant.
DeltaLoRA	$\Delta W = W_{\rm down} W_{\rm up}$	$W^{(t+1)} \leftarrow W^{(t)} + \left(W^{(t+1)}_{\text{down}} W^{(t+1)}_{\text{up}} - W^{(t)}_{\text{down}} W^{(t)}_{\text{up}} \right).$
LoRAPrune	$\Delta W = W_{\rm down} W_{\rm up} \odot M$	$\delta = (W + W_{\text{down}}W_{\text{up}}) \odot M, M \in \{0,1\}^{1 \times G}, G \text{ is group number.}$
QLoRA	$\Delta W = W_{\rm down}^{BF16} W_{\rm up}^{BF16}$	$Y^{BF16} = X^{BF16} \cdot \text{doubleDequant}(c_1^{FP32}, c_2^{FP8}, W^{NF4}) +$
		$X^{BF16}W^{BF16}_{\text{down}}W^{BF16}_{\text{up}}.$
QA-LoRA	$\Delta W = W_{\rm down} W_{\rm up}$	$W_{\text{down}} \in \mathbb{R}^{d \times r}, W_{\text{up}} \in \mathbb{R}^{r \times L}, L \text{ is the quantization group number of W.}$
LoFTQ	$\Delta W = SVD(W - Q_t)$	$Q_t = q_N (W - W_{\text{down}}^{t-1} W_{\text{up}}^{t-1}), q_N \text{ is } N \text{-bit quantization function.}$
Kernel-mix	$\Delta W^{h} = \left(B_{\text{LoRA}}, B^{h}\right) \begin{pmatrix} A^{h}_{\text{LoRA}} \\ A^{h} \end{pmatrix}$	$B_{\rm LoRA}$ is shared across all heads, B^h, A^h provide rank- r update in each head.
LoRA-FA	$\Delta W = W_{\rm down} W_{\rm up} = Q R W_{\rm up}$	$W_{\rm down}$ is frozen, and only $W_{\rm up}$ is updated.
RoCoFT	$\Delta W = W_0 + R$	B and C are restricted weight matrices such that only at most r of the
100011	$\Delta W = W_0 + C$	rows or columns are non-zero.
Propulsion	$\Delta W = (WX) \odot Z$	W is frozen, X is input, and Z is propulsion parameters.

Table 4: Comparison of delta weight reparameterization across various PEFT methods. Representations of the baseline methods are taken from [739].

into learnable token embeddings, with complexity tied to the prompt length l_p and number of layers L. These methods allow for highly modular adaptation while keeping training costs manageable.

Structured fine-tuning approaches like LoRA and its variant LoRA-FA factorize weight updates into low-rank matrices, reducing the number of trainable parameters to O(dr) or less. Adaptive rank methods, such as AdaLoRA, dynamically adjust the rank during training, offering a flexible trade-off between performance and efficiency, though at a slightly higher parameter count due to the inclusion of r^2 terms.

Hybrid approaches like LoHA further extend the expressiveness of LoRA by introducing hierarchical adaptation, doubling the parameter footprint (4dr) in exchange for better task generalization. Similarly, RoCoFT applies a low-rank decomposition at either the row or column level of weight matrices, maintaining very low complexity $(O(d \times r))$ with no additional overhead beyond trainable parameters.

Finally, Propulsion represents an extremely lightweight and scalable fine-tuning mechanism, introducing only O(d) space and time complexity, with both TTPs and APs capped at d. This makes it particularly attractive for edge and low-resource deployment.

In addition, Table 4 provides a comprehensive comparison of various PEFT methods based on their reparameterization of the delta weight matrix ΔW . Each method uses different strategies for

adjusting the weight updates during fine-tuning, optimizing parameter efficiency while maintaining performance.

Overall, the table illustrates the diverse trade-offs between efficiency, modularity, and expressivity across PEFT techniques, offering a toolkit of strategies tailored to specific deployment constraints and task complexities.

9 Strengths and Weaknesses of PEFT

PEFT has emerged as a transformative approach in adapting large pre-trained models to downstream tasks, offering a compelling balance between computational efficiency [325, 247, 788, 529, 215] and task-specific performance. One of its primary strengths lies in its ability to significantly reduce computational and memory costs by updating only a small subset of the model's parameters or introducing lightweight adapters, making it feasible to fine-tune large models on resource-constrained hardware [327, 250, 775]. This efficiency extends to faster training times and lower energy consumption, which is particularly advantageous in environmentally conscious applications. Additionally, PEFT mitigates the risk of catastrophic forgetting by preserving the general knowledge encoded in the pre-trained model, while still enabling effective transfer learning, especially in low-data regimes [327, 775].

However, PEFT is not without its limitations. It may underperform in tasks requiring significant adaptation of the pre-trained model, as the constraints imposed by limited parameter updates can restrict the model's ability to fully capture task-specific nuances [402, 384, 813]. Furthermore, some PEFT methods introduce architectural complexity, making implementation and debugging more challenging compared to standard fine-tuning. The approach can also be sensitive to hyperparameters, such as the size of adapter layers or the rank of low-rank approximations, necessitating extensive experimentation to achieve optimal performance [421, 808]. Additionally, PEFT may struggle with tasks that require a drastic shift from the pre-training Application, as it is most effective when the downstream task is closely related to the original training data [523].

Despite these challenges, PEFT remains a powerful tool for scaling large models across diverse applications, and ongoing research aims to address its limitations, such as improving flexibility for diverse tasks and reducing hyperparameter sensitivity, to further enhance its utility in the field of machine learning.

10 Discussion

Despite the remarkable progress of PEFT techniques in reducing computational and memory demands for adapting large language and vision models, several pressing challenges remain unresolved. Current methods often rely on heuristics rather than principled understanding, leading to inconsistent performance across tasks, architectures, and modalities. The lack of theoretical grounding regarding parameter sensitivity, the opaque nature of learned prompts and adapter modules, and the absence of unified benchmarks hinder reproducibility and generalization. Moreover, most PEFT approaches operate without consideration of task structure, domain knowledge, or semantic alignment—resulting in adaptations that, while efficient, are often suboptimal or cognitively naive. These limitations highlight the need for deeper analysis of model internals, architecture-aware design, and standardized evaluation to realize the full potential of PEFT in real-world, multimodal, and evolving scenarios.

11 Future Research Directions

PEFT methods have emerged as essential tools for adapting large-scale foundation models under computational and storage constraints, the current trajectory of research reveals several key areas where further investigation is both necessary and promising. These directions are outlined below to guide the evolution of PEFT toward greater generalizability, robustness, and theoretical maturity.

11.1 Theoretical Understanding of Parameter Influence

Most PEFT methods are grounded in empirical success rather than analytical rigor. Future research must prioritize the development of theoretical frameworks that explain how small subsets of trainable
parameters influence overall model adaptation. Concepts from information theory, such as mutual information between adapted modules and output prediction, or from optimization theory, such as curvature of the loss landscape around modular updates, could be leveraged to quantify adaptation efficiency. A better theoretical grounding would not only enhance interpretability but also inform principled design choices across diverse architectures.

11.2 Layer-wise Sensitivity and Structural Adaptation

In transformer-based architectures, not all layers contribute equally to downstream task performance. Existing PEFT approaches often insert adapter modules or low-rank projections uniformly across layers, which may be suboptimal. Future work should explore sensitivity-based placement strategies—using tools such as Jacobian analysis or Fisher Information Matrix estimates—to identify layers where fine-tuning yields the highest performance-to-parameter ratio. Additionally, research should focus on adaptive placement strategies, where modules are dynamically activated based on input complexity or layer activation statistics during training.

11.3 Task-Aware and Domain-Specific PEFT

While current PEFT methods are generally task-agnostic, real-world applications often involve domain-specific constraints and task structures. For example, tasks in legal or medical NLP involve complex semantic dependencies, while vision tasks in robotics may require temporally aligned fine-tuning. Future PEFT frameworks should incorporate inductive biases tailored to task semantics, perhaps through structure-aware prompts, hierarchical adapters, or task-conditioned reparameterization schemes. Integrating symbolic reasoning elements, causal graphs, or domain ontologies may also enhance generalization in low-data or high-stakes scenarios.

11.4 Generalization to Multimodal and Non-Transformer Architectures

Most PEFT techniques have been developed and tested primarily on large transformer-based LLMs. However, an increasing number of vision models (e.g., CNN-Transformer hybrids) and multimodal architectures (e.g., CLIP, Flamingo, Gato) demand adaptation strategies that account for modality entanglement, asynchronous inputs, and stream-wise attention fusion. Future research should design PEFT modules that maintain cross-modal coherence, minimize information bottlenecks, and support modality-specific adaptation while preserving inter-modal alignment. Exploration of fine-tuning strategies for non-transformer backbones, such as graph neural networks or recurrent models, also remains largely uncharted.

11.5 Continual and Lifelong Learning Integration

PEFT methods are typically designed for static, single-task adaptation. However, real-world environments demand continual adaptation to evolving tasks and distributions. Incorporating lifelong learning principles—such as replay-based memory modules, regularization-based knowledge retention, or dynamically growing parameter banks—into PEFT frameworks would enable more resilient and context-aware models. Sparse adapter stacking, delta compression, and orthogonal subspace training are promising avenues for enabling memory-efficient continual PEFT without catastrophic forgetting.

11.6 Interpretability and Explainability of PEFT Modules

The modular nature of PEFT methods presents an opportunity for improved interpretability, yet this potential remains underexploited. Few studies have systematically investigated what adapter layers or learned prompts actually encode. Future work should develop attribution techniques and visualization tools to trace the flow of information through PEFT modules. Interpretable tuning may involve aligning adapter activations with human-understandable concepts, analyzing prompt token behavior across tasks, or quantifying attention shifts induced by fine-tuning. Such developments are particularly crucial in applications where explainability is legally or ethically mandated.

11.7 Privacy-Preserving and Federated PEFT

The intersection of PEFT with differential privacy and federated learning is a promising but underdeveloped area. Given the proliferation of LLM deployment in privacy-sensitive contexts—such as healthcare, finance, and education—future research must explore methods to fine-tune models without centralized data access. Approaches like differentially private LoRA, secure adapter aggregation, or decentralized prompt tuning may offer viable paths forward. These methods should aim to maintain fine-tuning efficiency while rigorously protecting user data and ensuring compliance with regulatory standards.

11.8 Standardization of Benchmarks and Evaluation Protocols

There is an urgent need for standardized, multimodal benchmark suites designed specifically for evaluating PEFT methods. These should span diverse task types (e.g., classification, generation, reasoning), data regimes (low-resource, zero-shot, few-shot), and domains (general-purpose, biomedical, legal). Additionally, evaluation protocols should include robustness tests under domain shift, noise injection, and adversarial perturbations. Establishing such benchmarks will enhance reproducibility, allow fair comparisons, and accelerate the iterative improvement of PEFT methodologies.

11.9 Hardware-Aware and Sustainable PEFT

As AI systems are increasingly deployed on edge devices and in environmentally sensitive settings, PEFT research must align with the goals of hardware-awareness and energy efficiency. Techniques should be optimized for specific accelerators (e.g., TPUs, NPUs, FPGAs), and evaluated not only on accuracy and parameter count but also on latency, power consumption, and carbon footprint. Green AI practices, including low-bit quantized PEFT modules or adaptive update schedules that terminate early on easy samples, may contribute to more sustainable large-scale model use.

11.10 Meta-PEFT: Learning to Tune Efficiently

A promising meta-direction involves designing systems that automatically learn how to fine-tune models efficiently. Meta-PEFT approaches may employ reinforcement learning, neural architecture search, or gradient-based meta-learning to discover optimal PEFT strategies across tasks and models. This could lead to generalizable policies for adapter placement, prompt design, or rank selection, significantly reducing manual trial-and-error and improving portability across diverse domains.

12 Conclusion

As the scale and ubiquity of large language, vision, and multimodal models continue to expand, the demand for computationally efficient and scalable fine-tuning strategies has become increasingly urgent. PEFT techniques have emerged as a pragmatic and powerful response to these demands, enabling adaptation of large-scale models to diverse downstream tasks with minimal additional resource overhead. This survey has provided a comprehensive synthesis of PEFT methodologies, categorizing them into additive, selective, reparameterized, hybrid, and unified frameworks. By analyzing their design principles, parameter behaviors, and architectural integration, we have highlighted the core mechanisms that underlie their effectiveness.

We have also demonstrated the broad applicability of PEFT methods across language processing, visual understanding, and generative modeling, emphasizing how these strategies bridge the gap between performance and efficiency. Moreover, we have identified critical challenges in areas such as interpretability, task generalization, continual learning, and theoretical grounding. Addressing these challenges will be essential for building adaptive, robust, and sustainable AI systems.

Looking forward, the role of PEFT is poised to become even more central in future AI development—particularly in settings where privacy, environmental constraints, or domain specificity limit the feasibility of traditional fine-tuning. By distilling the current landscape and charting key research directions, this work aims to serve as a foundational reference for researchers and practitioners committed to advancing efficient, equitable, and accessible model adaptation in the era of foundation models.

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Dataset	Domain	Year	Task Type	I/O Format	Size	Train/Test
20 Newsgroups [471]	NLP	1999	Text Classification	Text \rightarrow Category	20K	11K / 7.5K
CoNLL03 [566]	NLP	2003	NER	Text \rightarrow Entity tags	2,302	946 / 231
CoNLL04 [552]	NLP	2004	Relation extraction	Text \rightarrow BIO tags	1,437	8,936 / 1,671
Caltech101 [167]	CV	2004	Image Classification	Images \rightarrow Class	9,144	-
SST-2 [595]	NLP	2005	Sentiment Analysis	$\text{Text} \rightarrow \text{Binary}$	215K	67K / 1.8K
MRPC [140]	NLP	2005	Paraphrase Detection	Sentence pairs \rightarrow Binary	5,800	3,669 / 1,724
ACE2005 [658]	NLP	2005	Information Extraction	Text \rightarrow Entities	599	529 / 40
SRL WSJ & Brown [65]	NLP	2005	Semantic Role Labeling	$Text \rightarrow Predicate-args$	75K	-
PASCAL VOC [159]	CV	2005-12	Object Detection	Images \rightarrow Boxes/labels	11,530	5,717
WMT [319]	NLP	2006-	Machine Translation	$\text{Text} \rightarrow \text{Text}$	-	-
MPQA [705]	NLP	2006	Opinion Mining	$\text{Text} \rightarrow \text{Text}$	535	-
Common Crawl [172]	NLP	2008	NLP Pretraining	Web text \rightarrow Text	386 TiB	-
Oxford Flowers [491]	CV	2008	Fine-grained Class.	Images \rightarrow Labels	8,189	7.17K / 1.02K
Common Crawl [172]	NLP	2008	NLP Pretraining	Web text \rightarrow Text	386 TiB	-
CIFAR-10/100 [331]	CV	2009	Image Classification	$RGB \rightarrow Labels$	60K	50K / 10K
STL-10 [110]	CV	2011	Image Classification	$RGB \rightarrow Labels$	13K	5K / 8K
SUN397 [726]	CV	2010	Scene Classification	$RGB \rightarrow Labels$	108,753	-
i2b2 2010 RE [642]	NLP	2010	Relation Extraction	$Clinical \rightarrow Relations$	877	394 / 477
Semeval-2010 [314]	NLP	2010	Semantic Role	$Text \rightarrow Labels$	284	144 / 100
SBU [500]	CV	2011	Image Captioning	Images \rightarrow Captions	1M	-
COPA [190]	NLP	2011	Causal reasoning	$Premise \rightarrow Answer$	1,000	500 / 500
IMDb [440]	NLP	2011	Sentiment analysis	$\text{Text} \rightarrow \text{Binary}$	50K	25K / 25K
CUB-200-2011 [657]	CV	2011	Fine-grained Class.	Images \rightarrow Labels	11,788	5,994 / 5,794
Stanford Dogs [398]	CV	2011	Fine-Grained Class.	Images \rightarrow Labels	20,580	14.4K / 6.17K
SVHN [485]	CV	2011	Digit recognition	Images \rightarrow Digits	600K	-
OxfordPets [511]	CV	2012	Fine-Grained Class.	$RGB \rightarrow 37$ breeds	7,390	-
ImageNet1K [131]	CV	2012-17	Image classification	$RGB \rightarrow 1000 \text{ classes}$	1.43M	1.28M / 100K
WebQ [38]	NLP	2013	Question Answering	Questions \rightarrow KB Entity	6,642	3,778 / 2,032
OntoNotes [703]	NLP	2013	NER, Coreference	Text \rightarrow BIO-format	2.95M	-
DUT [748]	CV	2013	Salient Detection	$RGB \rightarrow Binary masks$	5,168	-
Yelp Polarity [758]	NLP	2015	Sentiment Analysis	Text Reviews \rightarrow Sentiment Labels	560K	38K
CNN/DailyMail [578]	NLP	2015	Abstractive Summarization	News Articles \rightarrow Summaries	313K	287K
WebNLG [708]	NLP	2017	NLG	$RDF \rightarrow Text$	13.2K	-
STS-B [66]	NLP	2017	Similarity	Sent. pairs \rightarrow Score	8.6K	5.7K / 1.4K
HS [128]	NLP	2017	Hate Speech Detection	Tweets \rightarrow Labels	25K	19.8K / 4.8K
WikiSQL [809]	NLP	2017	Text-to-SQL	Query + Table \rightarrow SQL	80.7K	56.4K / 15.9K
ARC [106]	NLP	2018	MC QA	$Q + MC \rightarrow Answer$	7.8K	-
GLUE [660]	NLP	2018	NLU	Sentences \rightarrow Labels	-	-
OBQA [467]	NLP	2018	Commonsense QA	$MC \rightarrow Answer$	6K	5K / 500
ARC-Easy [106]	NLP	2018	MC QA	$MC \rightarrow Answer$	5.2K	2.3K / 2.4K
ARC-Challenge [106]	NLP	2018	MC QA	$MC \rightarrow Answer$	2.6K	1.1K / 1.2K
MultiRC [304]	NLP	2018	Multi-Sent. RC	Para. \rightarrow MC	10K	6K
XSum [480]	NLP	2018	Abstr. Summar.	News \rightarrow Summ.	226.7K	204K / 11.3K
CoLA [700]	NLP	2018	Sent. Accept.	Sent. \rightarrow Binary	10.7K	8.6K
UCF101 [599]	Vision	2018	Action Rec.	Video \rightarrow Labels	-	-
SciTail [307]	NLP	2018	Text Entail.	PremHyp. \rightarrow Binary	27K	10.1K / 16.9K
SQuAD 2.0 [541] [540]	NLP	2018	QA	Passage + $Q \rightarrow Ans$.	150K+	130.3K / 8.9K
PIQA [46]	NLP	2019	MC QA	$Q \rightarrow Ans.$	19K	16K / 3K
Winogrande [562]	NLP	2019	Reasoning	Fill-in-the-blank \rightarrow Option	44K	-
OSCAR [501]	NLP	2019	Pre-training	$\text{Text} \rightarrow \text{Text}$	50K	-
SuperGLUE [660]	NLP	2019	NLU	$\text{Text} \rightarrow \text{Text}$	-	-
codeSearchNet [261]	Code	2019	-	Code snippets	-	2M
AmazonQA/Products [202]	NLP	2019	QA	$Qs \rightarrow Ans$	923K	395M / 20K
CSQA [617]	NLP	2019	QA Di L G	$Q + Ctx \rightarrow MC$ Ans.	12.2K Qs	9.7K / 1.1K
SAMSum [189]	NLP	2019	Dial. Summ.	Dialogues \rightarrow Summary	16.4K	14.7K / 819
W1C [526]	NLP	2019	word-in-Context	lext \rightarrow Binary label	7.5K	5.4K / 1.4K
Hyperpartisan [309]	NLP	2019	Binary CII.	$News \rightarrow Label$	/54K	600K/4K
PAWS [/94]	NLP	2019	Para. Ident.	Sent. pairs \rightarrow Label	108.5K	49.4K / 8K
WOW [138]	NLP	2019	Knowldriven Dial. Gen.	HIST. + TOPIC \rightarrow Response	-	-
CUB-200-2011 [657]	CV Malting 1.1	2011	Fine-grained Classification	Images \rightarrow Bird Species Labels	11.8K	0K/5.8K
ELEVATOK [394]	runmodal	2021	Entity Linking	$1ext+image \rightarrow Entities+Attributes$	10K	/K/1.5K/1.5K
1D-1K [414] Dec10 [106]		2021	Register OA	Chest A-rays \rightarrow Labels	15 OV	800/200 0.4K/2.2K/2.2K
	INLP	2019	DODIEAN UA	$Ouesnon \rightarrow res/No$	10.9K	9.4K/3.3K/3.2K

 BoolQ [106]
 NLP
 2019
 Boolean QA
 Question → Yes/No
 15.9K
 9.4K / 5.3K / 3

 Table 5:
 Comprehensive overview of datasets used for PEFT methods across various domains including NLP, Computer Vision, Multimodal, and Language Models.

Dataset	Domain	Year	Task Type	I/O Format	Size	Train/Test
ro-en	MT	2016	Machine Translation	Romanian \rightarrow English	614K	610K / 2K / 2K
de-en	MT	2014	Machine Translation	$German \rightarrow English$	4.55M	4.54M / 3K / 2.2K
Ha–En	MT	2021	Machine Translation	Hausa \rightarrow English	50K	45K / 2.5K / 2.5K
(De-En)	MT	2019	Machine Translation	$German \rightarrow English$	3.9M	3.9M / 3K / 3K
Fr–De	MT	2020	Machine Translation	French \rightarrow German	2.8M	2.8M / 3K / 3K
Fr–Es	MT	2018	Machine Translation	French \rightarrow Spanish	2M	2M / 3K / 3K
News Commentary [632]	MT	2017	Machine Translation	Multilingual \rightarrow Translations	370K	90% / 5% / 5%
AmazonQA [203]	NLP	2019	Product QA	Product info \rightarrow Answers	1.4M	80% / 10% / 10%
GP1-3.5 [757]	NLP	2022	Language Generation	Text prompts \rightarrow Generated text	N/A	Benchmark evals
SRL WSJ & Brown [593]	NLP	2005	Semantic Kole Labeling	$Iext \rightarrow Argument structures$	/3K	21/23 COV 17 5V 17 5V
aPR-Instruction [303]	Programming	2023	A cont Tools Completion	Buggy code + instructions \rightarrow Fixed code	/3K	00K / /.3K / /.3K
AddSub [472]	Math	2023	Math Word Problems	Math problems \rightarrow Numerical answers	305	Cross validation
SingleFa [32]	Math	2014	Algebraic Problems	Fountions \rightarrow Solutions	508	80% / 20%
CB	NLP	2018	Natural Language Inference	Premise-hypothesis \rightarrow Labels	250	200/50
Flan v2	NLP	-	Instr. Tune	Text \rightarrow Text		
BBH [611]	NLP	2022	QA	$Os \rightarrow Ans.$	6.5K	-
Flan v2	NLP	-	Instr. Tune	$Text \rightarrow Text$	-	-
BBH [611]	NLP	2022	QA	$Qs \rightarrow Ans.$	6.5K	-
M2D2 [545]	Multimodel	2022	LM	Text \rightarrow Tokens	8.5B	-
Alpaca [621]	NLP	2023	Instr. Follow	$\text{Text} \rightarrow \text{Text}$	52K	52K / -
GPT-4 Alpaca [516]	NLP	2023	Instr. Tune	Instr. \rightarrow Resp.	52K	-
Dolly [36]	NLP	2023	Instr. Follow	Prompt \rightarrow Resp.	15K	-
Orca [4/6]	NLP	2023	Reasoning	Prompt \rightarrow Step-wise	1.6M	-
GP1-4-Turbo [153]	Multi	2023		- T	128K	-
Al4Bharat Naamapadam [462]	NLP NL D	-	NEK	$1ext \rightarrow 1ags$	400K	-
SIOA [568]	NLP NI D	-		Text \rightarrow Laber	33 /K	-
TRFC [373]	NLP	2		Text \rightarrow I abel	4 5K	5 5K / 500
ScienceO [691]	NLP	_	Sci-OA	Text \rightarrow Choice	-	5.51(7 500
Wikitext2 [461]	NLP	-	LM	Text \rightarrow Tokens	2M	-
Penn Treebank [448]	NLP	-	LM	Text \rightarrow Tokens	1M	38K / 5.5K
VQA [192] v2.0	Multimodal	2015	Visual QA	Image \rightarrow Text	265K	-
VisDA-C [519]	Multimodal	2017	Domain Adaptation	RGB Images \rightarrow Class Labels	280K	152K / 55K
ImageNet-Sketch [672]	Multimodal	2019	Image Classification	Sketch Images \rightarrow Class Labels	51K	-
DocVQA [451]	Multimodal	2020	Document VQA	Document Images \rightarrow Text Answer	62.8K	39.5K / 5.2K
FGVC [446]	Multimodal	-	Fine-grained Classification	Aircraft Images \rightarrow Class Labels	10.2K	3.3K / 3.3K
	Multimodal	-	-	$- \rightarrow -$	-	-
Caltech101 [16/]	Vision	2004	Image Class., Obj. Rec.	Images \rightarrow Class Labels	9.1K	7 28 / 18
CIEAR 10 [221]	CV	2008	Ima Cla	$JPEO \rightarrow 102 IDIS$	6.2K	7.2K/1K 50K/10K
CIEAR 100 [331]	CV	2009	Img Cls.	$Img \rightarrow 100/20$ lbls	60K	50K / 10K
CIFAR-10-I T [331]	CV	2009	Img Cls. (LT)	$Img \rightarrow 100/20$ lbls	60K	50K / 10K
STL-10 [109]	CV	2010	Img Cls.	$Img \rightarrow 10$ lbls	13K	5K / 8K
SUN397 [726]	CV	2010	Scene Cls.	$Img \rightarrow 397 lbls$	109K	-
SBU [500]	CV	2011	Img Captioning	$Img \rightarrow Caption$	1M	-
Stanford Dogs [306]	CV	2011	Fine-grained Cls.	$\text{Img} \rightarrow 120 \text{ dog breeds}$	20.6K	14.4K / 6.2K
SVHN [484]	CV	2011	Digit Recog.	$Img \rightarrow Digit lbls$	600K	-
OxfordPets [511]	CV	2012	Fine-grained Cls. + Seg.	$\text{Img} \rightarrow 37 \text{ breeds} + \text{masks}$	7.4K	-
ImageNet1K [559]	CV	2012-17	Img Cls. + Loc.	$Img \rightarrow 1K lbls$	1.43M	1.28M / 100K
ImageNet100 [558, 631]	CV	2012	Img Cls.	Img \rightarrow 100 lbls	132K	127K
Stanford Cars [330]	CV	2013	Fine-grained Cls.	Img \rightarrow 196 car models	16.2K	8.1K/8.0K
DID[102]	CV	2014	Texture Cls.	Img $(300x300) \rightarrow 4/$ textures	5.6K	40 train / rest test
FoodIUI [51]	CV	2014	Food CIs.	$\operatorname{Img} \rightarrow 101 \operatorname{classes}$	101K	/5.8K / 25.3K
PASCAL Context [475]	CV	2014	Scelle allalysis	$\lim_{\to} \varphi \to 50$ Labels	10.1K	10.1K
Clothing 1M [727]	CV	2014	Class	Images \rightarrow 39 Labels	10.1K 1M	- 50k / 10k
MICCAI 2015 Abdomen [341]	CV	2015	Seg	$3D CT scans \rightarrow Organs (13)$	30/20	50K7 10K
ModelNet40 [723]	CV	2015	3D Class.	Mesh models \rightarrow 40 classes	12.3K	9.8K / 2.5K
NABirds [645]	CV	2015	Fine-grained Class.	Bird images \rightarrow 555 classes	48.6K	23.9K / 24.6K
VQA v2.0 [192]	CV	2017	QA	Image \rightarrow Text	265K	-
DUT [681]	CV	2017	Object Detection	Images \rightarrow Binary masks	5.2K	10.6K / 5K
COCO Stuff [59]	CV	2017	Seg.	Images \rightarrow Stuff + Things	164K	118K / 41K
ADE20K 150 [811]	CV	2017	Seg.	Images \rightarrow 150 classes	25K	20.2K / 3.4K
ADE20K-847 [811]	CV	2017	Seg.	Images \rightarrow 847 classes	25K	20.2K / 3.4K
RESISC45 [91]	CV	2017	Scene Class.	256x256 images \rightarrow 45 classes	31.5K	-

 Table 6: Comprehensive overview of datasets used for PEFT methods across various domains, including NLP, Computer Vision, Multimodal, and Language Models.

Dataset	Domain	Year	Task Type	I/O Format	Size	Train/Test
Kinetics-400 [299]	CV	2017	Action Class.	Video clips \rightarrow 400 labels	650K	-
Something-v2 [191]	CV	2017	Action Class.	Short video clips \rightarrow 174 labels	221K	169K / 27K
VisDA-C [519]	CV	2017	Domain Adapt.	Images \rightarrow Domain Class	280K	152K / 55K
EuroSAT [226]	CV	2018	Land Use Class.	Satellite images $(64x64) \rightarrow 10$ labels	27K	24.3K / 2.7K
iNaturalist [35]	CV	2018	Species Class.	Wildlife images $\rightarrow 8,142$ species	612K	437K / 149K
Taskonomy [776]	CV	2018	Multi-Task Vision	Indoor images \rightarrow depth, seg., normals	4M	4M
ScanObjectNN [641]	CV	2019	3D Obj. Class.	Point clouds \rightarrow 15 labels	15K	11.4K
ImageNet-Sketch [673]	CV	2019	Image Class.	Sketches \rightarrow labels	50.9K	-
ImageNet-A [230]	CV	2019	Image Class.	Real-world images \rightarrow labels	7.5K	-
VOT22RGBD [558]	CV	2019	RGB-T Tracking	RGB+Thermal \rightarrow BBoxes	234	-
IMD20 [493]	CV	2020	-	-	35K	-
COD10K [163]	CV	2020	Camouflaged Det.	$RGB \rightarrow Masks$	10K	-
CAMO [346]	CV	2020	Camouflaged Seg.	$RGB \rightarrow Binary Masks$	1.25K	1K / 250
ORBIT [450]	CV	2021	Few-shot Obj. Recog.	Mobile Vids \rightarrow Labels	2.7K	70 / 46 users
DepthTrack [429]	CV	2021	RGB-D Tracking	$RGB+D \rightarrow BBoxes$	150	80/35
IconOA [423]	CV	2021	VOA	$Icons \rightarrow Answers$	645K	-
ImageNet-R [228]	CV	2021	Image Class.	Rendered \rightarrow Labels	30K	-
LasHeR [358]	CV	2021	RGB-T Tracking	$RGB+Thermal \rightarrow BBoxes$	730K	-
Pix2Struct [348]	CV	2022	VisLang, Understanding	Screenshots \rightarrow Text		-
VisEvent [689]	CV	2023	RGB+Event Tracking	Text \rightarrow Tracks	820	500/320
Fru92 [241]	CV	2017	Fruit Cls.	Fruit imgs \rightarrow Labels	69.6K	55.7K / 13.9K
Metaworld [767]	CV	2019	Robot Tasks	Sim states \rightarrow Actions	481 5K	80 / 20 %
Franka-Kitchen [74]	CV	2020	Robot Control	Kitchen obs. \rightarrow Actions	566	80 / 20 %
Long-tailed [438]	CV	2019	Imbalanced Cls.	RGB imps \rightarrow Labels	100K	80 / 10 / 10 %
Veg200 [241]	CV	2017	Veg Cls.	Veg imgs \rightarrow Labels	91.1K	72.9K / 18.2K
CottonLeafDisease [45]	CV	2024	Plant Disease Cls	Cotton imps \rightarrow Disease	3K	80 / 20 %
Robust 04 [652]	IR	2004	Info Retrieval	Text docs \rightarrow Relevance	528K	TREC cross-val
Tufano [239]	IR	2019	Code Repair	Iava \rightarrow Transformed code	58 3K	58 3K / 6 5K / 6 5K
OpenImages V6 [337]	CV	2022	Visual Recognition	RGB imps \rightarrow Labels	200K	160K / 40K
Firefly [253]	CV	2022	Text-to-Image	Text \rightarrow Images	125M	Primarily train
OPUS-100 [492]	Multilingual	2022	Machine Translation	Text \rightarrow Text	55M	1K/pair
ScanObjectNN [811]	CV	2019	3D Object Classification	Point Clouds \rightarrow Class Labels	15	2.0K/0.9K
Vizwiz [204]	CV	2018	VOA for the Blind	$Img + O \rightarrow Ans$	31.2K	20.5K/4.3K/6.3K
Flickr30k [437]	CV	2014	Image Captioning	$Img \rightarrow Text$	31.8K	29 8K/1K/1K
OKVOA [385]	CV	2019	VOA w/ Knowledge	$Img + \Omega \rightarrow Ans$	14.1K	9K/5K
OCR-VOA [470]	CV	2019	OCR-based VOA	$\operatorname{Img} + Q \rightarrow \operatorname{Ans}$	207.6K	186K/21K
LibriSpeech [506]	Audio	2015	Speech-to-Text	Audio (16kHz) \rightarrow Text	1.000h	960h + dev/test sets
ImageNet-C [229]	CV	2019	Image Cls	$Img \rightarrow Label$	50K	Eval only
DomainNet-126 [518]	CV	2019	Domain Adaptation	Img \rightarrow Label	586 6K	70%/ 30%
ISTD [678]	CV	2018	Shadow Detection	Img \rightarrow Clean Img + Mask	1 9K	1 3K/540
PascalCtx-459 [475]	CV	2014	Semantic Seg.	Img \rightarrow Pixel Labels	10.1K	5K/5.1K
CRer	CV	2021	Crop Disease Detect	$Img \rightarrow Label/Mask$	3K	80%/ 20%
CASIA [759]	CV	2010-18	Face Recog	Face $\text{Im}g \rightarrow \text{ID}$	494 4K	90%/10%
IMD20 [439]	CV	2020	Face Recog	Face Img \rightarrow ID	34K	70%/30%
CUHK [371]	CV	2012	Person Re-ID	$Img \rightarrow ID$	14 1K	1 4K/100 IDs
CHAMELEON [249]	CV	2018	Camouflaged Obi Det	$Img \rightarrow Mask$	76	Test only
Kinetics-700 [63]	ČV	2020	Action Recog	$Video \rightarrow Action$	650K	600K/50K
DF-20M mini[525]	CV	2022	DeepFake Detect.	Face Img/Vid \rightarrow Real/Fake	2-3M	80%/20%
RIGA+	Medical	2019	Retinal Segmentation	Fundus Img \rightarrow Mask	750	650/100
SCGM[487]	Medical	2017	Spinal Cord Seg.	$MRI \rightarrow Mask$	80	60/20

 Table 7: Comprehensive overview of datasets used for PEFT methods across various domains including NLP, Computer Vision, Multimodal, and Language Models.

Year	Model	Application	PEFT Method	Datasets
2025 [630] 2025 [185]	Mistral 7B [274] BERT [136], mT5 [537],	Code conversion system Low-resource sentiment analysis,	LoRA Full-Finetune, LoRA, AdaLoRA,	APPS, Conala, CodeAlpacaPy Persian NLP
2025 [273]	mGPT [5] GLM4-9B [150]	NER, QA Language understanding,	DoRA MoE-LoRA, X-LoRA, TAAS-Net,	GLUE, IMDB, Agnews
2025 [178]	LLaMA [633], Gemma [626], GPT-40 [5]	Immigration law and insurance	LoRA, QLoRA, DoRA, Prompt Tuning	InsuranceQA, USCIS data
2025 [13]	DistilBERT [567], RoBERTa [413], LLaMa-7B	Common sense reasoning	LoRAShear, LLM-Pruner, LoRAPrune, LoRA variants	BoolQ, PIQA, HellaSwag
2024 [124]	[055] LLaMA [633], RoBERTa [413] Tinyl Jama [787]	Token prediction, pre-training	Full-Rank, GaLore variants, LoRA,	C4, GLUE, TinyAgent
2024 [590]	[415], ThyLiana [787] Llama-2 [633], GIZA++ [496] xlm-roberta [115]	Cross-lingual transfer	Handholding ICL/PEFT variants	Amazon Massive
2024 [212]	LLaMA-7B [633], Mistral-7B [274]	API prediction, QA tasks	LoRA, AdapterH, MEFT, FT	NaturalQuestion, SQuAD
2024 [<mark>618</mark>]	DeBERTaV3, Llama/2 [633], GPT-3.5 [408]	NLU, generation, reasoning	GloC, SoRA, AdaLoRA, Adapter variants	GLUE benchmarks
2024 [1] 2024 [744]	Vicuna-7b/13b [807] BLOOM [428], TigerBot	Text classification Cross-lingual vocabulary	PEFT+ICL, ICL, LoRA, 0-shot LoRA with LAPT	SST2, TREC, AG News OSCAR, CC-100
2024 [597]	ChatGLM-6B [627]	Medical NER, text tasks	CGC-LoRA, LoRAHub, MOE-LoRA	PromptCBLUE, Firefly
2024 [48]	LLaMA-1/2/3 [152, 633], Mistral [274]	Quantized language generation	LR-QAT, QAT, LoRA, PEFT	SlimPajama, WikiText-2
2024 [208] 2024 [520]	Mamba, Mamba-2 [194] Llama-2 [633]	Natural language tasks Text Reranking	MPFT+LoRA, MPFT Q-PEFT variants (MSS, B25, Contriever)	MMLU WebQ, TriviaQA
2024 [458]	Mistral-7B [274], ChatGPT-4 [5]	Log parsing	LoRA, PEFT	LogPai
2024 [165]	BERT [136], GPT variants	FL finetuning in edge servers	FedPipe, LoRA, FedAdapter	20NEWS, E2E
2024 [388] 2024 [325]	GPT variants [408, 808] BERT/LLaMa variants [413, 633]	Split learning LLM finetuning Language understanding, QA	FedLoRA, CenLoRA, SplitLoRA LoRA, Adapter, tuning methods	E2E GLUE, SQuAD, BoolQ
2024 [<mark>266</mark>]	Mistral-7B [274], Llama-2-7B [633]	LLM personality manipulation	PEFT, IKE	PersonalityEdit
2024 [312]	GPT-Neo [182], GPT-J [100], LLaMA [633]	Task-specific adaptation	PEQA, PEFT+PTQ variants, LoRA	Wikitext2, Alpaca
2024 [738] 2024 [716] 2024 [408] 2024 [164]	Llama-2-7b [633] RoBERTa [413] BERT [136], GPT2 [408] InCoder [173], CodeGen [489], Llama2 [633], Code Llama [554], CodeT5 [695], CCT5 [381]	Translation, summarization Classification, NER Language understanding Code Change Tasks	NEFT, FT variants, LoRA FT, Adapter, WARP, InfoPrompt CLS-FT, PET-FT, P-tuning LoRA, Prefix-tuning	News Commentary CoLA, SST-2, ACE2005 LAMA, SuperGLUE MCMD, CodeSearchNet
2024 [209]	Openchat8B [667]	Single and Multi-Downstream Tasks	DoRA, LoRAMoE, LoRA, MixLoRA, MixLoRA-Dy, MoLA, SLIM	OBQA, SIQA, BOOLQA, CSQA, HellaSwag, WinoGrande, ARC-e, ARC-c, MMI JJ GSM8K PIOA
2024 [443]	T5 [537], BART [357], OPT [791], BLOOM [428], Llama 2 [633]	Data to text generation	QLoRA, Full FT	E2E, ViGGo, WikiTableText, DART, WebNLG
2024 [19]	Llama2-7b, Llama2-3b	Factuality, reasoning, multilinguality, coding tasks	SpIEL-MA, SpIEL-AG, IA ³ , LoRA, Full FT	Flan v2, GPT4-Alpaca, Tulu v2
2024 [786]	DialoGPT [793], RoBERTa [413], LLaMA2-7B [633], LlaMA2-13B [633]	Personalized response generation	LoRA	AmazonQA/Products, Reddit, MedicalDialogue
2024 [362]	CodeLlama-7B [554], DeepSeek-Coder-Base-6.7B [198] [43], CURE [197], RewardRepair [756], Recorder [821], INCODER-6B [173]	Automated Program Repair	FMFT, IA ³ , LoRA, p-tuning, Prefix-tuning	APR-Instruction dataset
2024 [647]	T5-BASE [537], GEMMA-2B [626]	Natural language tasks	CLAM-3, CLAM-2, VeRA, LoHA, LoRA, IA ³ , QIA ³ , CLAM-Q \rightarrow 3, CLAM-PQ \rightarrow 3, QVeRA, QLoHA, OLoRA, PLORA	GLUE, SuperGLUE
2024 [762]	Gemma-7B [626], Llama 2-7B, Llama 2-13B [633]	Question answering (QA), multi-hop reasoning, counterfactual reasoning	LOFIT, ITI, RepE, 0-shot	TruthfulQA, MQuAKE, CLUTRR

 Table 8: Parameter-Efficient Fine-Tuning (PEFT) Methods in NLP Models (2024-2025)

Year	Model	Application	PEFT Method	Datasets
2024 [732]	LlaMA-2 7B [633], LlaMA-2 13B [633], Gemma 2B [626]	Question-answering, sentence level tasks, instruction tuning	PEDRO, BitFit, IA ³ , SSP, AdaLoRA, LoRA, Learned-Adapter, Housbly-Adapter, LPT, P-tuning v2, Full-FT	SQuAD, SuperGLUE (BoolQ, COPA, and ReCoRD), GLUE (SST-2, RTE, QNLI), Alpaca dataset, MT-Bench, MMLU, BBH
2024 [464]	OPT-13B [791], LLaMA30B, LLaMA-2-70B [633]	Co-serving system for token generation	HuggingFace (HF) PEFT, S-LoRA, LoRA, IA ³ , Adapter	Chatbot instruction prompts, ChatGPT Prompts, WebQA, Alpaca, PIOA
2024 [557]	RoBERTa _{Large} [413], BERT _{BASE} [136] [324], T5 _{SMALL} , T5 _{BASE} [537], Flan-T5-base, Flan-T5-xl [101], OPT [791], GPT2 [408] [408], ViT [146]	Sentiment classification, paraphrase detection, natural language inference, linguistic acceptability, semantic textual similarity, question answering	DEFT, ADA-DEFT, PEFT, ADA-PEFT, LoRA, Adapter, Prefix-Tuning, Prompt-Tuning	MNLI, QQP, QNLI, SST-2, STS-B, MRPC, RTE, SQuAD
2024 [181]	OPT6.7B [791], BLOOM-7B [428], LL aMA-7B [633]	QA, multichoice science questions, problem compilation and concluding tasks	DLoRA, FT	OBQA, PIQA, SIQA, Winograde, BoolQ, HellaSwag, ARC-reasy ARC-challenge
2024 [584]	Galactica [625], Text+Chem T5 [97], LlaSMol [764], LLaMA [633], Tag-LLaMA [633]	Language domain, protein sequences and SMILES molecule representations, drug discovery	Linear Probing, Prompt Tuning, LoRA, TagLLM	OPUS-100, Flores-101, binding_affinity, Therapeutics Data Commons benchmark, SMILES, TDC benchmark
2024 [195]	RoBERTa-Large [413], OPT-1.3B, OPT-6.7B [791]	Natural language understanding, QA tasks	LoRA, Full-FT, Adapter, LayerDrop, Offsite-Tuning, LLM-Pruner	GLUE, SuperGLUE, OpenBookQA, PIQA, ARC-Easy, ARC-Challenge, SciQ WebQuestions
2024 [651]	Llama 2 Chat 7B, Llama 2 Chat 13B, Llama 2 Chat 70B [633]	Proprietary documents and code repositories preparation	LoRA, QLoRA	Common crawl, The Pile, Dolly, Orca, Alpaca, Vicuna
2024 [364]	MISTRAL-7B [274], DEEPSEEK-CODER- BASE-6.7B [43] [198], LLAMA3-8B [152], LLAMA2-7B,	Question classification	GMT, One-off Drop, SFT, HFT, Random Mask	Magicoder-Evol-Instruct-110K, MetaMathQA, GSM8k, MATH, TÜLU V2
2024 [753]	LLAMA2-13B [152] [633] LLaMA [633], GPT-J [100] [408], BLOOMz [479], LLaMA3 [152]	Common sense reasoning	LoRA, LoRA + IST, Full Fine-tuning, Series Adapter, Parallel Adapter	BoolQ, PIQA, SIQA, HellaSwag, WinoGrande, ARC-e, ARC-c, OBQA, GSM8K, AQuA, MAWPS, SVAMP
2024 [624]	TinyBERT [277], MobileBERT [607], DistilBERT [567], standard BERT [136], Llama-2-7b [633]	Clinical decision-making tasks	LoRA, IA3, Full FT	MIMIC-III MP, MIMIC-III LoS MIMIC-III ICD-9 Triage, I2B2 2010 RE,2010,2012,2014
2024 [743]	LLaMA-2-13B [633], BLOOM-7B [428]	Token generation	LoRA, Soft Prompt	Wikitext2
2024 [327]	RoBERTa-base, RoBERTa-large [413], DeBERTaV3-base [220], BART-large [357], BLOOM _z [479], LLaMA7B [633], LLaMA13B [633], GPT-J6B [100] [408]	Common sense reasoning and mathematical reasoning	LoRA, AdaLoRA, Prefix, Propulsion, Bitfit, (IA) ³ , Prompt Tuning	GLUE, SQuAD, XSum, CNN/DailyMail
2024 [564]	FlanT5-XXL [101]	Text classification and generation for privacy-preserving personalization of LLM	PEFT, RAG, PEFT+RAG	LaMP benchmark
2024 [375] 2024 [502]	Llama-2 [633], Falcon [14] T5-Base [537], BART-Large [357], T5-Large	Robust emotion recognition Sentiment analysis, similarity and paraphrase, natural language inference tasks for resource-constrained edge devices	LoRA LoRA, Adapter, Full FT	IEMOCAP GLUE
2024 [181]	OPT6.7B [791], BLOOM-7B [428], LL aMA-7B [633]	QA, problem compilation and concluding tasks, multi-choice	DLoRA	OBQA, PIQA, SIQA, Winograde, HellaSwag, ARC-easy ARC-challenge
2024 [603]	LLama2-7B [633]	Generative text using concurrent	LoRA, BOFT, S-LoRA, SpartanServe	Personalized text data of varying lengths
2024 [586]	Baichuan2-13B [747]	Domain-specific Chinese relation extraction	LoRA	FinRE, SanWen

 Table 9: Parameter-Efficient Fine-Tuning (PEFT) Methods in NLP Models (2024-2025)

Year	Model	Application	PEFT Method	Datasets
2023 [683]	T5-Base, T5-Large, T5-XL	Natural language understanding	FT, PT, Prompt Tuning, XPrompt,	SuperGLUE
2023 [78]	BERT [324], RoBERTa [413], ALBERTAxxlarge-v2	Natural language understanding tasks in few shot and fully	P-Tuning, P-Tuning v2, PTP+RM, PTP+RG, PTP+A2T, PTP+PGD,	SuperGLUE, FewGLUE
2023 [<mark>94</mark>]	[500] T5 [537]	Natural language understanding	Full FT, Prompt Tuning, P-Tuning, SMoP	SuperGLUE
2023 [587]	T5-Base [537], CLIP-T5[535]	Natural language processing (NLP), visual question-answering task, image caption generation	LoRA, FT, Adapters, BitFit, PT, SPoT, ATTEMPT, MPT, DEPT	GLUE, SuperGLUE, WinoGrande, Yelp-2, SciTail, PAWS-Wiki, VOA, MSCOCO
2023 [773]	T5 v1.1 + LM adaptation	Instruction tuning	T0, (IA) ³ , LoRA, MoV, MoLoRA	ANLI, CB, RTE, WSC, WiC, COPA, WNG, HS
2023 [426]	GPT-2, GPT-3, GPT-3.5, GPT-4 [536][408][5], DialoGPT [793], GODEL [515], Blenderbot [589], ChatGPT, DOHA [527], T5 [537]	Toxicity reduction, lexically constrained generation, open-ended generation, dialogue safety control, and knowledge grounded dialogue	IPA, IPA [*] , PPLM, GeDi, DEXPERTS, DAPT, PPO, QUARK	RealToxicityPrompts, XSum, CommonGen, ASAFETY, WoW
2023 [343]	RoBERTa-Large [413]	Natural language understanding	LoRA, FFT, BitFit, Adapters, MaM, S-MaM, U-MaM, WARP, S-BitFit, ILBitEit	GLUE
2023 [378]	RoBERTa-Large [413]	Natural language understanding and translation tasks	LoRA, Full FT, Linear FT, Linear FT, Linear FT _{norm} , Diff Pruning, FISH Mask, Adapter, Pfeiffer Adapter, BitFit, Prefix Tuning, MAM Adapter, PaFi	GLUE, VariousGLUE
2023 [125]	T5-Large [537]	Sequence labeling, relation extraction and joint entity relation extraction task	TANL, ASP, Fixed FISH, FISH-DIP, DygiePP	CoNLL'03, OntoNotes, CoNLL'04, ACE2005, MultiWoz 2.1, CoNLL'05 SRL WSJ and Brown
2023 [531]	FLAN-T5	Generation and classification tasks	LoRA, Full FT, IA ₃ , BitFit, Prompt Tuning	AG News, CoLA, E2E, NLG, SAMSum
2023 [351]	T5 [537]	Classification, question answering, summarization and speech recognition	Parallel Adapter, CoDA, Prefix Tuning, Sequential Adapter	C4, LibriLight, Pix2Struct, OCR-VQA, DocVQA, Screen2Words, MNLI, RTE, BoolQ, SQUAD, XSum, LibriSneech
2023 [<mark>98</mark>]	GPT-2	Language modeling	Single Adapter, AdapterSoup, Oracle, Hierarchy adapter	M2D2, C4
2023 [224]	BERT-Base, RoBERTa-Base	Sentiment analysis, question-answering, natural language inference, and commonsensereasoning	FT, AdapterFusion, Adapter, MerA	MRPC, SST-2, MNLI
2023 [365]	Longformer-base, RoBERTa-base	Long sequence language tasks	Prefix-Propagation, FT, PT, Prefix-tuning	ArXiv, 20-newsgroups, Hyperpartisan, WikiHop
2023 [796]	BERT-base, BERT-large, RoBERTa-large, DeBERTa-xlarge	Natural language understanding and named entity recognition tasks	FT, PT, APT	BoolQ, COPA, RTE, WiC, WSC, CoNLL03, CoNLL04, OntoNotes
2023 [177]	jiant [661]	Natural language understanding	LoRA, Random, Mixout, BitFit, MagPruning, Adapter, DiffPruning, ChildPruning, SAM	GLUE, SuperGLUE
2023 [788]	DeBERTaV3-base [220], BART-large [357]	Natural language understanding, question answering, natural	LoRA, AdaLoRA, Full FT, BitFit, HAdapter, PAdapter	GLUE, SQuADv1, SQuADv2, XSum, CNN/DailyMail
2023 [139]	DeBERTaV3-base [220], RoBERTa-large [413]	Natural language understanding	LoRA, SoRA	GLUE
2023 [746]	LlaMA2-7B [633]	Commonsense reasoning and out of distribution	MAP, MC Drop, Ckpt Ens, Ensemble, LLLA, LA	Winogrande-small (WG-S), Winogrande-medium (WG-M), ARC-Challenge (ARC-C), ARC-Easy (ARC-E), openbook QA (OBQA), BoolQ, MMLU
2023 [255]	FLAN-T5 [101]	Multiple-choice questions from a variety of domains	LoRA, FFT, IA3	Big-Bench Hard (BBH)
2023 [401]	ChatGPT [5], Huatuo [671]	LLM-driven medical applications and LoRA	LoRA, P-Tuning, Task-Arithmetic, LoRAHub, MOELoRA	PromptCBLUE
2023 [75]	T5-base/3b [537], RoBERTa [413], BART [357]	Natural language understanding and generation tasks	LoRA, Adapter, BitFit, Prefix, PA, S_4	GLUE, XSum, WMT 2016 en-ro

 Table 10: Parameter-Efficient Fine-Tuning (PEFT) Methods in NLP Models (2023)

Year	Model	Application	PEFT Method	Datasets
2023 [813]	BERTbase [324]	Text classification tasks	LoRA, FFT, Prefix, AdaMix, Serial, UniPELT, Parallel, MAM,	GLUE, SuperGLUE
2023 [254]	LLaMA [633], BLOOMz [479], GPT-J [100]	Arithmetic reasoning and commonsense reasoning	LoRA, Prefix, Series, Parallel	MultiArith, GSM8K, AddSub, AQuA, SingleEq, SVAMP, BoolQ, PIQA, SIQA, HellaSwag, WinoGrande, APC e, APC e, OBOA
2023 [800]	T5-Base, T5-Small, T5-Large [537]	Multi-task learning for natural language understanding	Adapter, FT, PT, SPoT, HF, ATP, HD, MPT, PHA	CoLA, SST-2, STS-B, MRPC, QQP, MNLI, QNLI, RTE, Scitail BoolO WiC CB WSC
2023 [741]	ALBERT [340], DistilBERT-base [567], BERT-base [136], RoBERTa-large [413], LLaMA-7B (INT4) [633]	News classification, topic classification, QA using federated fine-tuning of LLMs	LoRA, Adapter, BitFit, Full-FT	AGNEWS, YAHOO, YELP-Polarity, SQuAD-v1.1
2022 [434]	T5-Large, T5-XL, and T5-XXL [537]	Natural language understanding	Fine-Tuning, P-Tuning, Prefix-Tuning, Prompt-Tuning, XPROMPT	SuperGLUE
2022 [724]	RoBERTa [413] and EFL [687]	Natural language understanding	Transformer fine-tuning, Prompt tuning, Adapter, S-IDPG-PHM, S-IDPG-DNN, M-IDPG-PHM-GloV, M-IDPG-PHM, M-IDPG-DNN, Compacter, P-Tuningv2	MPQA, Subj, CR, MR, SST-2, QNLI, RTE, MRPC, STS-B, QQP
2022 [406]	RoBERTaLARGE [413], DeBERTaLARGE [221], GPT2LARGE [408]	Single-sentence and sentence-pair classification and PTM tasks	LoRA, Adapter, AdapterDrop, BitFit, Prompt Tuning, P-tuning v2, S-IDPG-PHM, LPT w/ NPG, LPT w/ MRPG, LPT w/ APPG, LPT w/ PG	SST-2, MPQA, MR, Subj, TREC, MNLI, MRPC, QNLI, QQP, RTE
2022 [251]	T5-large [537]	Natural language understanding	LoRA, Fine-tune, BitFit, Low Rank	GLUE, SUPERGLUE
2022 [693]	RoBERTa-large [413], BERT-base [136]	Supervised and few-shot NLU and NLG tasks	Hulpfin-tuning, Pfeiffer Adapter, Houlsby Adapter, LoRA, AdaMix Adapter, BitFit, Prefix-tuning, UNIPELT, Lin Adapter, AdaMix LoRA	MNLI, QNLI, SST2, QQP, MRPC, CoLA, RTE, STS-B
2022 [395] 2022 [288]	T0, T5 [537], GPT-3 [408] TwinBERT [425], ColBERT [305]	Few-shot classification tasks Document Reranking	T-Few, PET, BitFit, Human baseline Full FT, LFT, Prompt-tuning, Prefix-tuning, LoRA, LoRA+, Prefix-tuning → LoRA, LoRA → Prefix-tuning, SS Prefix-tuning, SS LoRA	RAFT Robust04, ClueWeb09b, MS-MARCO
2022 [644]	RoBERTa [413], GPT-Medium	Natural language understanding	LoRA, Fine Tune, FLOP, DyLoRA	GLUE, E2E, DART, WebNLG
2022 [175]	BERT-base [136], BERT-large [136], RoBERTa-base, PaPEPTa large [413]	Added token-dependent biases to the shifts by proposing AdapterBias for PLMs	Full-FT, Adapters, Diff-pruning, BitFit, LoRA	GLUE
2021 [447]	BERT-base [136], BAPT large [357]	Natural language understanding	LoRA, FT, BitFit, Adapter,	GLUE
2021 [372]	GPT-2 [408], BART [357]	Natural language generation tasks	FT-TOP2, FINE-TUNE, ADAPTER, PREFIX, SOTA	E2E, WebNLG, DART
2021 [407]	BERT-large [136], RoBERTa-large [413], GLMxlarge, GLMxxlarge [150]	Model scaling and NLU tasks	FT, PT, PT-2, MPT-2	BoolQ, CB, COPA, MultiRC, ReCoRD, RTE, WiC, WSC, CoNLL03, OntoNotes 5.0, CoNLL04, SQuAD 1.1 dev, SQuAD 2.0 dev, CoNLL12, CoNLL05, WSJ, CoNLL05 Brown
2021 [354]	T5 [537], GPT-3 [408]	Question answering (QA) and paraphrase detection in zero-shot settings	Prefix tuning, Prompt tuning	SuperGLUE
2021 [653]	T5 [537]	Natural language understanding tasks using single and multitask	PROMPTTUNING, MODELTUNING, SPoT,	GLUE, SUPERGLUE
2021 [604]	RoBERTa [413], T5 [537]	training Sentiment analysis, natural language inference, ethical judgment, paraphrase identification, QA, Summarization	MULTI-TASKMODELTUNING Prompt tuning, TPT, Random Prompt, Distance Minimizing, Task Tuning	IMDB, SST-2, laptop, restaurant, Movie, Tweet, MNLI, QNLI, SNLI, deontology, justice, QQP, MRPC, SQuADNQ-Open, Multi-News, SAMSum
2021 [532]	BART _{BASE} , BART _{LARGE} [357]	Text classification, question answering, conditional generation, etc.	Fine-tuning, Prompt Tuning, IPT	CrossFit Gym
2021 [610]	BERT _{LARGE} [136], ResNet-34	Natural language understanding, distributed training, efficient checkpointing	Dense Fine-tuning, Random Mask, Bit-Fit, Diff Pruning, FISH Mask	GLUE, CIFAR-10

Table 11: Parameter-Efficient Fine-Tuning (PEFT) Methods in NLP Models (2021-2023)

Year	Model	Application	PEFT Method	Datasets
2021 [18]	mBERT [737] [136], XLM-R [115]	Zero-shot cross-lingual transfer	LT-SFT, RAND-SFT, MAD-X, BITFIT, LT-SFT TA-ONLY, MAD-X TA-ONLY	Universal Dependencies 2.7, MasakhaNER, CoNLL 2003, AmericasNLI, MultiNLI
2021 [442] 2021 [742]	T5 [537] BERTLARGE [136], XLNetLARGE, RoBERTaLARGE [413], ELECTRALARGE [104]	Natural language understanding Single-sentence and a pair of sentence classification tasks	HYPERFORMER, Adapters Vanilla Fine-tuning, CHILD-TUNING, Weight Decay, Top-K Tuning, Mixout, RecAdam, R3F	GLUE GLUE
2021 [775]	BERT [136], RoBERTa [413]	Sentence level and token level NLP tasks	Full-FT, BitFit	GLUE, PTB POS-tagging
2021 [186]	Transformer [646]	Machine translation	scratch (100%), src,tgt (8%), src,tgt+body (75%), src,tgt+xattn (17%), src,tgt+randxattn (17%)	Ro–En, Ja–En, De–En, Ha–En, Fr–Es, Fr–De
2021 [247]	GPT-2, GPT-3 [408]	Natural language to SQL queries, natural language inference, conversation summarization, natural language generation tasks	LoRA, FT, BitFit, Adapter, Prefix-layer tuning, Prefix-embedding tuning	E2E, WikiSQL, MultiNLI, SAMSum
2021 [227]	T5 [537]	Natural language understanding tasks	ADAPTER, PFEIFFER-ADAPTER, ADAPTERDROP, ADAPTER-LOWRANK, PROMPT TUNING, INTRINSIC-SAID, BITFIT, PHM-ADAPTER, COMPACTER	GLUE, SuperGLUE
2021 [822]	BLEU [510]	Multilingual machine translation	Bilingual, Multilingual, Knowledge Distillation, Serial, CIAT-basic, CIAT-block, CIAT	IWSLT ² , OPUS-100, WMT
2021 [217]	BARTLARGE [357], mBARTLARGE [410], RoBERTaBASE [413]	Machine translation, text summarization, language understanding, text classification	LoRA, Parallel adapter, Full-FT, Bitfit, Adapter, Prefix, PA, MAM adapter, Pfeiffer adapter, Prompt tuning, Prafix tuning	XSum, WMT 2016 en-ro, MNLI, SST2
2020 [522]	BERT-baseuncased [136], RoBERTa-base [413]	Commonsense reasoning, sentiment analysis, natural language inference, sentence relatedness	AdapterFusion, Single-Task Adapters, Multi-Task Adapters, Fine Tuning, Fusion w/ ST-A, Fusion w/ MT-A	Hellaswag, Winogrande, CosmosQA, CSQA, SocialIQA, IMDb, SST, MNLI, SciTail, SICK, RTE, CB, MRPC, QQP5, Argument, BoolO
2020 [199]	BERTLARGE [136], RoBERTa [413], XLNet	Natural language understanding, question answering	LoRA, Full finetuning, Adapters, Non-adaptive diff pruning, Diff	GLUE benchmark, SQuAD
2020 [7]	[/32] RoBERTa [413], BERT [136], BART [357], Electra, Alberta [340], XLNet, T5 [537], XLM-R [115]	Sentence prediction tasks	Fine Tuning, SAID, DID	MRPC, QQP
2019 [244]	BERT [136]	Text classification tasks	Adapters	GLUE, SQuAD

Table 12: Parameter-Efficient Fine-Tuning (PEFT) Methods in NLP Models (2019-2021)

Year		Model	Application	PEFT Method	Datasets
2025	[387]	FaceT-B, PLFace	Face recognition	DPEFT	MS1MV3,
2024	[279]	ViT-B/16 [146]	Image classification	VPT-Deep, Full FT, Linear probing, VPT-Shallow, Adapter, AdaptFormer, LoRA NOAH Convpass.here	CASIA-webFace-masked VTAB-1K
2024	[761]	Swin-L, Swin-B, Swin-L [415]+Cascade Mask RCNN	Dense predictions in computer vision	Compass _{attn} , Compass Full FT, Fixed FT, Bitfit, Norm-Tuning, Partial-1, Adapter, LoRA, AdaptFormer, LoRand, E ₃ VA, E ₃ VA+, E ₃ VA++	MS COCO, PASCAL VOC and ADE20K
2024	[<mark>67</mark>]	ViT-B [146] SAM [315]	Medical image segmentation	Ladder-Side Tuning	MICCAI 2015 Multi-Atlas
2024	[733]	Segformer [728], Swin Transformer [415]	Multitask dense scene understanding	Single-task Full Fine-tuning, Fine-tuning Decoders, Multi-task Full Fine-tuning, Multiple Bitfit, Multiple Relative bias, Multiple LoRA, Multiple Adapter, Multiple Low-rank adapter, Shared BitFit, Shared Relativebias, Shared LoRA, Shared Adapter, Shared Low-rank adapter, Hyperformer, Polyhistor, Polyhistor-lite, VMT-Adapter, VMT-Adapter, Jite	Abdomen Labeling Challenge PASCAL Context
2024	[670]	ResNet-50, ResNet-101 [219], ViT [146], Swin Transformer [415]	Image classification, long-tail distribution, few-shot learning	Retraining, Head-tuning, FT, Adapter, Bias, VPT, LION	CIFAR10, CIFAR100, ImageNet100, Flower, Stanford
2024	[176]	ViT-B/16 [146], Swin-B [415]	Visual recognition, object counting or depth prediction, domain generalization	BitFit, VPT, LST, AdaptFormer, LoRA, NOHA, FacT, SSF, DTL, DTL + DTL +*	VTAB-1K, Aircraft, Pets, Food-101, Cars and Flowers102
2024	[34]	ViT-S(DINO) [146], ViT-S(DeiT) [146]	Few-shot image classification	Full FT, Bias, Adapter, LoRA, Ladder, Prompt-Shallow, Prompt-Deep, eTT, LN-TUNE, ATTNISCAL FLITE ATTNISCAL F.	META-DATASET and ORBIT
2024	[620]	Point-BERT [136], Point-MAE [31], PointM2AE [31]	3D shape classification	Full Fine-Tuning, Prompt Tuning, Adapter Tuning, LoRA, Bias Tuning, Point-PEFT	ScanObjectNN, ModelNet40
2024	[592]	ESM2	PPI prediction, multiplicity and	FT, PEFT, LoRA	PPI data, Homooligomer
2024	[816]	LLaVA-1.5(7B, 13B) [396], ShareGPTv4(7B) [79], Owen-VL-Chat(7B) [29]	Visual question answering, visual reasoning, image caption using multimodal LLM	Adapter, LoRA, IA3, Prefix	Symmetry data ScienceQA, Vizwiz, IconQA, Flickr30k, OKVQA, OCRVQA, VQAv2
2023	[<mark>639</mark>]	ViT-B/16, self-supervised (MAE) CLIP [535]	Visual recognition tasks	Linear-probing, Fine-tuning, VPT, VOT	VTAB-1k
2023	[740]	CLIP ViT-L/14	Open vocabulary semantic segmentation	SimSeg, OvSeg, MaskCLIP, SAN	COCO Stuff, Pascal VOC, Pascal Context-59, Pascal Context-459, ADE20K150, ADE20K-847
2023	[729]	DiT	Class-conditioned image generation	Full Fine-tuning, Adapter, BitFit, Visual Prompt Tuning (VPT), LoRA, DiffFit	Food101, SUN397, DF-20M mini, Caltech101, CUB-200-2011, ArtBench-10, Oxford Flowers Stanford Cars
2023	[225]	ViT-B-224/32 via unsupervised pretraining	Image classification	Fine-tuning	ImageNet-1k
2023	[72]	Vision transformers, hierarchical swin transformers [415]	Visual classification task	BitFit, VPT-Shallow, VPT-Deep, Adapter, AdapterFormer, LoRA, NOAH, Full FT, Linear probing, SSE FacTLTT FacTLTK EFET	VTAB-1K
2023	[583]	ViTs [146], NFNets [52], and ResNets [219]	Manipulation task	Full FT, Adapters, Pretrained Feat.	Metaworld, Franka-Kitchen, RGB-Stacking task suites
2023	[422]	LLaMA-Reviewer, CodePeviewer and AUGEP	Automating code review tasks	Prefix tuning, LoRA	CRer, Tufano
2023	[405]	SETR [347]	Detection tasks	Full-tuning, OnlyDecoder, VPT, AdaptFormer, EVP	CASIA, IMD20, SBU, ISTD, CUHK, DUT, COD10K, CHAMELEON, CAMO
2023	[430]	ViT-L/14, ViT-B/16 [146]	Image and video classification, semantic segmentation	VPT, Adapter, AdapterFormer, LoRA, NOAH, Full FT, Linear	VTB-1k, Something-Something V2, ADE20K
2023	[275]	ViT-B/16 [146]	Image and visual classification	BitFit, Prefix tuning, VPT, Adapter, AdapterFormer, Full FT, Linear probing, U-Tuning	CIFAR-100, FGVC

Table 13: Parameter-Efficient Fine-Tuning (PEFT) Methods in Vision Models (2023-2024)

Year	Model	Application	PEFT Method	Datasets
2023 [216]	ViT-B/16 [146]	Recognition tasks	MLP-3, PROMPT-SHALLOW, PROMPT-DEEP, ADAPTER, ADAPTFORMER, NOAH, SPT-ADAPTER, LINEAR, PARTIAL-1, BIAS, LORA, SPT-LORA, SPT-ADAPTER (EULL) VPT	CUB-200-2011, NABirds, Oxford Flowers, Stanford Cars, Stanford Dogs, VTAB-1k
2023 [71]	ResNet-18, ResNet-50 [219]	Transfer learning tasks	(FULL), VP1 RLMVP, FLM-VP, ILM-VP	Flowers102, DTD, UCF101, Food101, GTSRB, SVHN, EuroSAT, OxfordPets, StanfordCars, SUN397, CIFAR10/100, ABIDE
2023 [183]	ViT-B/16 [146]	Continual learning tasks	Sequential finetuning, LAE, Joint-FT, Prompt Tuning, Prefix Tuning, LoBA, Adapter	CIFAR100, ImageNet-R
2023 [278]	ViT-B/16 [146]	Classification tasks	Adapter, AdapterFormer, LoRA, NOAH, Full FT, Linear probing, FacT-TT, FacT-TK	VTAB-1K
2023 [780]	Point-BERT [136], Point-MAE [31], ACT [145]	Object classification, few-shot learning, part segmentation	Full FT, IDPT, VPT	ScanObjectNN, ModelNet40
2023 [820]	RGB-based foundation tracking model	Multimodal tracking	Full FT, ViPT, Prompt-shaw, Prompt-deep, ViT-shaw	Depthtrack, VOT22RGBD, RGBT234, LasHeR, VisEvent
2022 [90]	ViT [146]	Object detection, instance segmentation, and semantic segmentation	PVT-Tiny, PVTv2-B, ViT, ViTDet, ViT-Adapter	COCO, ADE20K
2022 [193]	ResNet18, ResNet50 and ResNet152 [219], VGG16 and VGG19, SELDnet	Image classification and sound event detection tasks	PHResNet, PHVGG16, PHSELDnet	SVHN, CIFAR10, CIFAR100, ImageNet, L3DAS21 challenge Task 2
2022 [376]	ViT-B/16 [146], Swin Transformer [415], ConvNeXt-B [416], AS-MLP-B [194]	Image classification tasks	Full fine-tuning, linear probing, Adapter, Bias, VPT, SSF	FGVC, VTAB-1k, CIFAR-100, ImageNet-1K
2022 [141]	ViT [146]	Long-tailed image classification tasks	Linear Probe, Full fine-tune, LPT	CIFAR100-LT, Places-LT, iNaturalist2018
2022 [276]	Resnet-50 [219], SimCLR [82]	General classification, fine-grain classification tasks	BiT, TUP, SimCLR-LP, DnA, DnA-MoCo	iNaturalist, CIFAR100, EuroSAT, Food101
2022 [252]	Ushape [161] segmentation model	Medical image segmentation	Intra-Domain, DA, Self-Training, BEAL, DoCR, U-D4R, FSM, ProSFDA	RIGA+, SCGM
2022 [81]	ViT-B/16 [146], ImageNet-21k, MAE, VideoMAE	Image and video recognition tasks	Full FT, Linear probing, VPT (Visual Prompt Tuning), AdaptFormer-1, AdaptFormer-4, AdaptFormer-64	CIFAR-100, Street View House Numbers (SVHN), Food-101, SSv2, HMDB51
2022 [272]	ViT [146], Swin Transformer [415]	Recognition tasks	Full FT, Mlp-3, Linear Probing, Partial-1, Sidetune, Bias, Adapter, VPT-shallow, VPT-deen	VTAB-1k
2022 [504]	ViT-B/16 [146]	Video action recognition	Full FT, PartialFine-tuning, TemporalFine-tuning, PromptTuning, AttentionalPooling, LinearProbing, Adapter, ST-Adapter	Kinetics-400, Something-Something-v2 (SSv2), Epic-Kitchens-100 (EK100)
2022 [698]	ResNet [219], ConvNeXt [416], Vision Transformer and Swin Transformer [415]	Image classification, part segmentation tasks	P2P Prompting	ModelNet40, ScanObjectNN, ShapeNetPart
2020 [785]	ResNet [219]	Incremental learning, reinforcement learning, computer vision, imitation learning, NLP question answering, single-task transfer learning	Scratch, FT, Elastic Weight Consolidation (EWC), Parameter Superposition (PSP), Progressive Neural Network (PNN), Piggyback (PB), Residual Adapters (RA),	iCIFAR and iTaskonomy, SQuAD v2, Taskonomy

 Table 14: Parameter-Efficient Fine-Tuning (PEFT) Methods in Vision Models (2022-2020)