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Exposing Attention Glitches with Flip-Flop Language Modeling

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Abstract

Why do large language models hallucinate? This work identifies and analyzes the phenomenon of attention glitches, in which the Transformer architecture's inductive biases intermittently fail to capture robust reasoning. To isolate the issue, we introduce flip-flop language modeling (FFLM), a parametric family of synthetic benchmarks designed to probe the extrapolation of language models. This simple generative task requires a model to copy binary symbols over long-range dependencies, ignoring the tokens in between. We find that Transformer FFLMs suffer from a long tail of sporadic reasoning errors, some of which we can eliminate using various regularization techniques. Our preliminary mechanistic analyses show why the remaining errors may be very difficult to diagnose and resolve. We hypothesize that attention glitches account for (some of) the closed-domain hallucinations in natural LLMs.

1. Introduction

Large language models (LLMs) are known to produce incorrect outputs, often referred to colloquially as "hallucinations", creating challenges of their safe deployment (Ji 035 et al., 2023). Generally, hallucinations refer to the phenomenon that a model's outputs are syntactically and grammatically accurate but factually incorrect. There are various 038 types of hallucinations, and the focus of this work is the "closed-domain" variety (Saparov & He, 2022; OpenAI, 2023), where the model predictions contain factually incor-041 rect or made-up information according to a given context, regardless of their correctness in the real world. Perhaps 043 surprisingly, such hallucinations can be observed even on simple algorithmic reasoning tasks. As a warmup, consider 045 the queries shown in Figure 1 (and Appendix B.1), where we 046 prompt LLMs to solve addition problems of various lengths. 047 The responses simultaneously illustrate the following:

- 1. *Nontrivial algorithmic generalization:* In cases where the models succeed, it is unlikely that these exact numerical sequences appeared in the training data. To correctly output the first digit of the answer, the LLM must resolve a long dependency chain which generally depends on every digit in the input. Somewhere within these networks' internal representations, implementations of addition algorithms have emerged.
- 2. *Sporadic errors ("hallucinations"):* These internal algorithms can be brittle and unreliable, especially when processing long inferential chains. Their failures can be subtle and unpredictable.

In this work, we consider *flip-flop language* processing, a minimal unit of sequential computation which consists of memory operations on a single bit (see Definition 1) and underlies virtually all¹ syntactic parsing and algorithmic reasoning capabilities. A flip-flop language modeling (FFLM) task is defined on sequences of write, read, and ignore instructions: write sets the memory state to a certain value which is later retrieved by read, while ignoring any contents in between. We find that when trained to complete flip-flop sequences, the Transformer architecture exhibits a long tail of reasoning errors, unlike previous-generation recurrent models such as the LSTM (Hochreiter & Schmidhuber, 1997). We coin the term attention glitch for this phenomenon, and hypothesize that this captures a systematic failure mode of Transformerbased LLMs when internally representing long chains of algorithmic reasoning.

Our contributions are as follows:

- FFLM: a minimalistic long-range dependency benchmark. We propose *flip-flop language modeling*, a parametric family of synthetic benchmarks for autoregressive sequence modeling, designed to isolate and probe reasoning errors like those demonstrated in Figure 1.
- An empirical failure of attention to attend. We find that while Transformer models can appear to learn flip-flop languages perfectly on held-out samples in distribution, they make a long tail of unpredictable reasoning errors

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¹More precisely, whenever the desired algorithm needs to "store memory" (i.e. contains a non-invertible state transformation); see Section 2.

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)55	User: What is 84	93 + 2357? User:	What is 84935	834 + 235728987
)56	GPT-3.5: 10850 🗸	GPT-3.5:	108008732	×
)57	GPT-4: 10850 🗸	GPT-4:	108508732	1
)58	User:	What is 999199991990999	3 + 610919919	0990097?
)59	GPT-3.5:	16111199190810090	×	
)60	<i>GPT-4:</i>	16101199100890090	×	
000	Answer:	16101199110900090		
)61				

Figure 1: Cherry-picked integer addition prompts: state-ofthe-art LLMs can generalize non-trivially on algorithmic
sequences, but sporadic reasoning errors persist. This (and
many other algorithmic reasoning capabilities) can be implemented by a Transformer model using internal *flip-flops*.

068 (attention glitches) OOD on both long-range and short-069 range dependencies. We evaluate various direct and in-070 direct mitigations, including commonly-used regularization techniques and attention-sharpening regularizers—a plug-and-play way to sparsify self-attention architectures. We find that attention-sharpening reduces reasoning er-074 rors by an order of magnitude, but none of our attempts 075 were successful in driving the number of errors to exactly 076 0. Meanwhile, even tiny recurrent models work perfectly. 077

Preliminary mechanistic analyses. We provide some theoretical and empirical explorations which account for some of the internal mechanisms for attention glitches, and why they are so difficult to eliminate completely.

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083 Related work. It has become an important empirical challenge to eliminate the sporadically erroneous outputs of 085 LLMs, popularly called "hallucinations" (Saparov & He, 086 2022; Ji et al., 2023). Our investigation opens the archi-087 tectural black-box towards these ends (see the discussion in Appendix A.5); other approaches include explicitly writ-088 089 ing out the intermediate reasoning steps (Nye et al., 2021; 090 Wei et al., 2022), and self-consistency (Wang et al., 2022). 091 There have also been many datasets and tasks designed to 092 isolate considerations similar to ours (Tay et al., 2020; Wu 093 et al., 2021; Zhang et al., 2021; 2022; Saparov & He, 2022; 094 Shi et al., 2023). Aside from being focused on the "small-095 est" and "purest" sequential reasoning capability, FFLM is distinguished by a few factors: 096

• " L_{∞} " objective: Unlike usual benchmarks, we consider any model with less than 100% accuracy as exhibiting a *reasoning error*. Aside from the motivation of completely eliminating hallucinations, we argue that this stringent notion of correctness is needed to avoid error amplification when flip-flops are embedded in more complex networks (see Appendix A.1).

 Parametric, procedurally generated, and generalizable: Our empirical study precisely quantifies long-tail errors via a large number of replicates over the randomness of both model initialization and data generation. Our methodology can be adapted and resized to probe language models of any size.

Detailed discussions are deferred to Appendix A.2.

2. Flip-flops and FFLM

For any even number $T \ge 4$, we define a flip-flop string as a sequence of symbols $\{w, r, i, 0, 1\}^T$, which have the semantics of *instructions* (write, read, ignore) and *data* (one bit). A valid flip-flop string consists of alternating pairs of instructions and data (e.g. "w 0 i 1 i 0 r 0"), for which every symbol following a r instruction must be equal to the symbol following the most recent w; thus, "w 0 i 1 w 1 r 0" is not a legal flip-flop string. These sequences can be viewed as correct execution transcripts of a program which can (perhaps occasionally) write to a single bit of memory, and always correctly reads its contents. We also require that all sequences begin with w.

We define a canonical family of the distributions of *flip-flop* languages: let FFL(T, \mathbf{p}) be the distribution over length-T flip-flop strings, parameterized by $\mathbf{p} = (p_w, p_r, p_i) \in \Delta(\{w, r, i\})$, such that:

- (i) The first instruction x_1 is always w, and the last instruction x_{T-1} is always r.
- (ii) The other instructions are drawn i.i.d. according to (p_w, p_r, p_i) with $p_i = 1 p_w p_r$.
- (iii) The nondeterministic data symbols (paired with w or i) are drawn i.i.d. and uniformly.

We are interested in whether language models can learn a flip-flop language from samples, which we define as processing the read operations *perfectly*. In this paper, we focus on the **deterministic ("clean") mode**, ² where the predictions are on deterministic positions only; that is, the model is only required to correctly output x_{t+1} for the prefixes $x_{1:t}$ such that $x_t = r$. At the cost of a slight departure from vanilla language modeling, this setting isolates the long-range memory task. It is similar to the non-autoregressive flip-flop monoid simulation problem (Liu et al., 2023), and it is easy to see that recurrent networks and 2-layer Transformers (see Proposition 2) *can* both represent FFLM parsers. The question of whether they *do*, especially from less-thanideal data, turns out to be extremely subtle, and is the subject of the remainder of this paper.

Why focus on the flip-flop? There are several perspectives on why the flip-flop is fundamental: (1) Flip-flop simulation (maintaining memory in a sequence) is a direct necessity in many reasoning settings (Figure 4c). It is a special (depth-1) case of Dyck language processing (Chomsky &

²We also look at another *generative* ("noisy") mode which is closer to language modeling; see Appendix B.2 for details.

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Figure 2: *Top:* Training curves of recurrent (left) vs. Transformer (right) architectures on FFLM, with *best-so-far* evaluation errors highlighted for clarity. **Transformers fail to extrapolate robustly** on this extremely simple task (bolded box denotes our choice of canonical baseline).

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127 Schützenberger, 1959; Yao et al., 2021; Zhao et al., 2023), 128 which is necessary for parsing recursive grammars. (2) Flip-129 flops are the computational building blocks of memory: the 130 *flip-flop monoid* \mathcal{F} (Definition 1), an algebraic encoding of 131 a flip-flop's dynamics, plays an essential role in the Krohn-132 Rhodes theory of automata and semigroups (Rhodes et al., 133 2010). (3) Attention was originally (Bahdanau et al., 2014; 134 Luong et al., 2015; Vaswani et al., 2017) designed to attend 135 to (i.e. selectively retrieve and copy) data over long-range 136 dependencies. Indeed, it is easy to verify a single attention 137 head can perform this lookup (Proposition 2). 138

3. Attention glitches: a long tail of errors for Transformer FFLMs

142 In our main battery of synthetic experiments, we train neu-143 ral language models to generate strings from the flip-flop 144 language $FFL(T = 512, \mathbf{p} = (0.1, 0.1, 0.8))$ (for short, 145 $\mathsf{FFL}(p_{\perp} = 0.8)$), and probe whether the networks robustly 146 learn the language. Although every valid flip-flop string 147 is supported in this distribution, some sequences are far 148 rarer than others; we measure tail behavior via probes of 149 extrapolation, defined here as out-of-distribution evaluations 150 which amplify the probabilities of the rare sequences. To 151 create these "challenging" sequences, we sample $> 3 \times 10^5$ 152 sequences from FFL(0.98) (containing unusually many 153 "sparse" sequences with mostly ignore instructions), as 154 well as FFL(0.1) (many "dense" sequences). Training and 155 evaluating the read accuracies of Transformer models of 156 various sizes, as well as a recurrent LSTM model, we find 157 the following results (see Figure 2): 158

(R1) Transformers exhibit a long, irregular tail of errors. Such errors occur on both sparse and dense sequences. Further, a model's out-of-distribution test error varies significantly between random seeds, and even between iterates within the same training run.

(R2) 1-layer LSTM extrapolates perfectly. In stark contrast, with 20 times fewer training samples and iterations, a small recurrent model achieves 100% accuracy, on 100 out of 100 runs.

As a counterpart to these findings, we observe similar anomalies in real LLMs, when prompted to complete natural textual embeddings (Figure 4, top right) of flip-flop tasks:

(R3) 10B-scale natural LMs can correctly process flipflop languages, but not robustly. Beyond a certain scale, natural language models can learn to process (natural embeddings of) flip-flop languages from incontext demonstrations. However, this emergent capability is not robust: there exist rare read errors, whose probabilities amplify as the sequence length Tgrows. We provide details for the few-shot evaluation protocol in Appendix B.2.1.

We discuss potential mechanisms that account for attention glitches in Appendix A.4.

4. Mitigations for attention glitches

We investigate various approaches towards eliminating the long tail of reasoning errors exhibited by Transformer FFLMs. We select the 19M-parameter model (with L = 6 layers, d = 512 embedding dimensions, and H = 8 heads) from Section 3 as a canonical baseline, and conduct precise evaluations of various direct and indirect interventions.

4.1. Direct solutions

We begin by examining what is perhaps the most obvious solution: removing the need for out-of-distribution extrapolation, by training directly with **improved data coverage**. Indeed, we verify that this works near-perfectly:

(R4) Training on rare sequences works best, by a wide margin. By training on a uniform mixture of FFL distributions with $p_{i} = \{0.9, 0.98, 0.1\}$, the baseline architecture reliably converges to solutions with significantly fewer errors on each of these 3 distributions (teal violins in Figure 3).

This should not be surprising, in light of the realizability of flip-flops by self-attention (and, more generally, the existence of shortcuts functionally identical to RNNs (Liu et al., 2023)), and corroborates similar conclusions from (Zhang et al., 2021). We also find that weaker improvements emerge by straightforwardly increasing scale parameters in the model and training pipelines:

(R5) Resource scaling (in-distribution data, training steps, network size) helps, but the improvements are orders of magnitude smaller than those in (R4), and we observe tradeoffs between sparse- and densesequence extrapolation (blue violins in Figure 3).



Figure 3: A long tail of flip-flop errors for 10,625 Transformer models; some configurations reduce attention glitch rates by orders of magnitude. *Left:* Out-of-distribution evaluations for all models. *Right:* Effects of individual architectural and algorithmic choices; dots at the bottom indicate runs with 0 error.

Another class of direct solutions is to *externalize the chain of thought* (CoT), for which we provide additional references and discussions in Appendix A.2.

4.2. Indirect algorithmic controls: a bag of regularization tricks

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The interventions listed in Section 4.1 are all potentially 208 practical, and may shed light on how closed-domain LLM 209 hallucinations will diminish with data quality, scale, and 210 improved inference strategies. However, it is not always 211 feasible to implement these fixes under resource constraints 212 (especially data). We next investigate an orthogonal design 213 space, of how to robustify the *internal* memory mechanisms 214 of neural sequence models. Note that the exceptionally 215 strong extrapolative performance of the LSTM provides a 216 "skyline", showing the possibility of far more robust archi-217 tectures than the Transformer (in the flip-flop setting, with 218 this restricted set of considerations). 219

We investigate a large array of not-fully-understood algorithmic tricks for "smoothing" the behavior of LLMs: weight decay, dropout, batch sizes, learning rates, optimizer hyperparameters, position embeddings, and activation functions. We also train Transformer models with *attentionsharpening regularizers*:³ during training, for attention weights $\alpha \in \Delta([T])$, adding differentiable loss terms which encourage sparsity (e.g. the mixture's entropy $H(\alpha)$, or negative *p*-norms $-\|\alpha\|_2, -\|\alpha\|_{\infty}$).

- (R6) Many algorithmic choices influence extrapolative behaviors; see the purple, brown, red, and gold violins in Figure 3 (right). Our strongest improvements on sparse sequences are obtained by large (0.5) embedding dropout and attention-sharpening losses; on dense sequences, non-trainable position embeddings are the most helpful.
- (R7) Despite many partial mitigations, nothing eliminates attention glitches entirely. We found it extremely difficult to find a setting that reliably produces Transformers with simultaneous improvements over the baseline on sparse and dense sequences (Figure 3 left), which is trivial to do so with an LSTM.

Additionally, our preliminary mechanistic study shows that (details deferred to Appendix B.5):

(R8) Attention-sharpening regularizers successfully promote hard attention, but errors persist.

5. Conclusion and future challenges

We have introduced *flip-flop language modeling* (FFLM), a synthetic benchmark for probing the fine-grained extrapolative behavior of neural sequence models, based on a one-bit memory operation which forms a fundamental building block of algorithmic reasoning. Transformer models, trained on insufficiently diverse flip-flop sequences, make a long tail of sporadic reasoning errors, which we call *attention glitches*.⁴ Through extensive controlled experiments, we find that many algorithmic mitigations can reduce the frequency of attention glitches, but none can eliminate them entirely. The strikingly outsized benefit of replacing the Transformer with an LSTM network suggests that *architectural* innovations towards the same ends are well worth examining.

³While less popular, such losses have been used to sparsify dependencies in similar contexts (Zhang et al., 2018; Sukhbaatar et al., 2021).

⁴In Appendix A.5, we discuss connections to the phenomenon of "closed-domain hallucinations" in non-synthetic LLMs (e.g. the errors demonstrated in Figure 1), and ambiguities inherent in generalizing the definition of attention glitches.

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Appendix

A. Deferred background and discussion

A.1. Flip-flop terminology and history

The *flip-flop automaton*⁵ is a two-state machine which remembers a single bit of memory, and enables retrieval of this bit. More precisely, the flip-flop automaton (illustrated in Figure 4(a)) is defined as:

Definition 1 (Flip-flop automaton). A flip-flop automaton $\mathcal{A} = \{Q, \Sigma, \delta\}$ is defined with state space $Q = \{0, 1\}$, input alphabet $\Sigma = \{\sigma_0, \sigma_1, \bot\}$, and transition function $\delta : Q \times \Sigma \to Q$ where

$$\begin{cases} \delta(q, \sigma_0) &= 0, \\ \delta(q, \sigma_1) &= 1, \\ \delta(q, \bot) &= q; \end{cases} \quad \forall q \in \{0, 1\}.$$

The semantics of the input symbols can be intuitively be identified with "write 0", "write 1", and "do nothing". This mathematical object is named after a type of electronic circuit which can store a single bit of state information (Eccles & Jordan, 1918; 1919); such physical constructions appear ubiquitously in electrical engineering as the building blocks of memory. The task of interest in Appendix B.5 is *simulating the flip-flop automaton*: the model takes as input a sequence of $x_1, x_2, \dots, x_T \in \Sigma$, and learns to output the corresponding states $q_t \in Q$ for each $t \in [T]$ after processing inputs $x_{1:t}$.

Naturally associated with the flip-flop automaton is its *transformation monoid*, the closure⁶ of its *state transformations* $\delta(\cdot, \sigma) : Q \to Q$ under function composition. Identifying each symbol with its state transformation map, we can compute the multiplication table of this monoid ($f \circ g$ for every pair of transformations f, g):

	$g = \sigma_0$	$g = \sigma_1$	$g = \bot$
$f = \sigma_0$	σ_0	σ_0	σ_0
$f = \sigma_1$	σ_1	σ_1	σ_1
$f = \bot$	σ_0	σ_1	\perp

This algebraic object is called the *flip-flop monoid* \mathcal{F} . Its binary operation \circ is clearly non-invertible (intuitively: the history of the bit cannot be recovered after a "memory write") and non-commutative (the order of "write" operations matters); it also has an identity element \perp (which does nothing to the memory bit). By enumeration of smaller objects, it can be seen that \mathcal{F} is the smallest monoid (in terms of order $|\mathcal{F}|$, or fewest number of automaton states |Q|) which has these properties.

The flip-flop monoid plays a special role in the algebraic theory of automata (Rhodes et al., 2010): flip-flops can be cascaded to represent more complex functions. In particular, the celebrated Krohn-Rhodes theorem (Krohn & Rhodes, 1965) gives a "prime decomposition" theorem for *all* finite semigroups (associative binary operations), representing them as alternating wreath products of flip-flop monoids and finite simple groups. Further developments (Zeiger, 1967; Eilenberg, 1974) have interpreted this theorem as a structural reparameterization of any finite-state automaton into a feedforward hierarchy of simple "atomic" machines (namely, flip-flops and permutation semiautomata). Basic quantitative questions (e.g. "which functions of *n* variables can *L* layers of poly(n) flip-flops represent?") have proven to be extremely opaque for current mathematical tools; these are studied by the theories of Krohn-Rhodes complexity and circuit complexity.

It was noted by (Barrington & Thérien, 1988) that these reparameterizations of finite-state automata entail the existence of parallel algorithms (i.e. shallow, polynomial-sized circuits) for sequentially executing finite-state recurrences (thus, processing formal languages) on sequences of length T. More recently, (Liu et al., 2023) establish implications for shallow Transformer neural networks: they show that they can size-efficiently (with depth $O(\log T)$ and parameter count

⁴³⁵ ⁵Sometimes, a distinction is made between a semiautomaton (Q, Σ, δ) and an automaton, which is a semiautomaton equipped with a ⁴³⁶ (not necessarily invertible) mapping from states to output symbols. We do not make such a distinction; we equip a semiautomaton with ⁴³⁷ the output function which simply emits the state q, and use "automaton" to refer to this dynamical system.

⁶In this case, the closure is the same as the generator set: no functions distinct from $\sigma_0, \sigma_1, \perp$ can be obtained by composing these three functions. This is not true for a general automaton.



Figure 4: Elementary objects and examples associated with flip-flop languages. (a) the 2-state flip-flop machine (elided transitions are self-loops). (2) A 4-state automaton which processes flip-flop languages (implying the existence of a small RNN). (c) Simple examples of sequential prediction tasks which require processing a flip-flop language. *Bottom:* Examples from the sparser FFL(0.98) and denser FFL(0.1) distributions, causing distinct (*long-range* and *short-range*) failure modes for the baseline Transformer model.

 $\Theta(T)$; sometimes both improvable to O(1)) realize these parallel algorithms, and that standard gradient-based training can empirically learn $\ll T$ -layer solutions on a variety of "hard" automata (e.g. composing a sequence of T 5-element permutations; multiplying T unit quaternions). Here, the role of the flip-flop monoid is essential: it provides a natural way to think about the role of a single self-attention head in a hierarchy of indirections, in order to learn a depth-constrained parallel implementation of a sequential algorithm.

A.2. Additional related work

Relevant challenges in NLP: hallucinations and long-range dependencies. The empirical literature is rife with corroborations that neural language models have trouble with robustly fitting long-range memory and multi-step reasoning (Khandelwal et al., 2018; Sun et al., 2021; Sukhbaatar et al., 2021; Malkin et al., 2022; Saparov & He, 2022; Orvieto et al., 2023; Creswell et al., 2023). Such failures can result in "hallucinations": incorrect outputs which either directly contradict factual input in the context, or contain information absent in the context (Ji et al., 2023).

Hallucination can be attributed to various factors, such as the noisiness in data sources (Dhingra et al., 2019; Dziri et al., 2022), imperfect encoding/decoding (Parikh et al., 2020; Tian et al., 2019), or the discrepancy in training and evaluation setups (He et al., 2019). In particular, the most related to our paper are the characteristics inherent to the model itself. For example, prior work has found that Transformers tend to be biased towards information covered during training (Petroni et al., 2019; Longpre et al., 2021), a potential cause to their poor out-of-distribution performance.

In terms of mitigation, various "external" methods (i.e. ones which do not modify the internal representations of the neural network) have been proposed to address some of the above factors, or post-processing model generations (Dziri et al., 2021;
 Chen et al., 2021), possibly based on several forward passes (Wang et al., 2022; Zheng et al., 2023). Another line of work that have gained much popularity and success is to incorporate explicit memory mechanisms, which we discuss next.

Explicit memory mechanisms in Transformers. Prior work has shown that augmenting the neural network with memory modules or knowledge base helps improve the performance on long-range texts (Khandelwal et al., 2019; Wu et al., 2022; Bertsch et al., 2023). An approach particularly effective for large-scale Transformers is to *externalize the chain of thought* (CoT): train (or finetune, or prompt) the model to explicitly output the intermediate reasoning steps to a "scratchpad" which the model subsequently processes (Nye et al., 2021; Wei et al., 2022; Zhou et al., 2022; Anil et al., 2022; Shao et al., 2023).

similar to writing to and reading from a memory tape. A particular way to interact with the scratchpad is to interlace every
other token with an annotation of "as a reminder, this is the state" (Liu et al., 2023; Lanchantin et al., 2023), so that there are
no more explicit long-range dependencies.

We do not investigate this strategy in this paper, and note that prior work has provided sufficient evidence to affirm its success in inducing the robust learning of recurrences on long synthetic sequences (Anil et al., 2022; Zhou et al., 2022; Liu et al., 2023). Moreover, this strategy cannot fully resolve attention glitches. To begin with, it cannot be guaranteed that a single indivisible reasoning step in a CoT is free of attention glitches; the focus of this work is to isolate and mitigate this intrinsic architectural issue. Additionally, this strategy is the same as the recurrent solution implementable by RNNs, and it does not always exist, especially when attention glitches occur in an internal component of the model.

Transformers and algorithmic tasks. Compared to real-world language datasets, synthetic tasks provide a cleaner and
more controlled setup for probing the abilities and limitations of Transformers. Specific to algorithmic reasoning, (Liu et al.,
2023) puts a unifying perspective on the ability of small Transformers to succeed at tasks corresponding to algorithmic
primitives. Specific tasks of interest include hierarchical languages (Yao et al., 2021; Zhao et al., 2023), modular prefix
sums (Anil et al., 2022), adders (Nogueira et al., 2021; Nanda & Lieberum, 2022), regular languages (Bhattamishra et al.,
2020), and following a chain of entailment (Zhang et al., 2022).

Comparison with *Transformers Learn Shortcuts to Automata.* Liu et al. (2023) study the parallel circuits efficiently realizable by low-depth Transformers. The authors identify *shortcut solutions*, which exactly replicate length-*T* recurrent computations ("chains of algorithmic reasoning") in the absence of recurrence, with very few $(O(\log T);$ sometimes O(1)) layers. Their results contain a general structure theorem of *representability*, and preliminary positive empirics for *generalization* and *optimization*, demonstrating that Transformers can learn these shallow solutions via gradient-based training on samples. In contrast, the present work is a fine-grained study of the issue of generalization. Our main empirical contributions are a minimally sufficient setup (FFLM) and a set of large-scale⁷ controlled experiments, towards providing reasonable scientific foundations for addressing the unpredictable reasoning errors of LLMs.

A.3. Why this flip-flop language?

(Liu et al., 2023) (as well as our mechanistic interpretability experiments) use a purer instantiation of flip-flop sequence processing, in which the sequence-to-sequence network is tasked with *non-autoregressive transduction*: given the sequence of input symbols $\sigma_1, \ldots, \sigma_T$, output the sequence of states q_1, \ldots, q_T . This is most natural when studying the Transformer architecture's algebraic representations in their most isolated form.

Our autoregressive sequence modeling setting is a slight departure from this setting; we discuss its properties and rationale below.

- The autoregressive setting "type-checks" exactly with standard state-of-the-art autoregressive (a.k.a. causal, forward, or next-token-prediction) language modeling. This makes it more convenient and intuitive as a plug-and-play benchmark.
- The cost is a layer of indirection: the model needs to associate "instruction" tokens with their adjacent "data" tokens. This is a natural challenge for representation learning, and is certainly a necessary cursor for robust extrapolation on natural sequences that embed similar tasks (like those considered in Figure 4c). It is straightforward to remove this challenge: simply tokenize at a coarser granularity (i.e. treat (instruction, data) pair as a distinct vocabulary item).
- The multi-symbol (and variable-length-symbol, etc.) generalizations of the binary flip-flop language are more parsimonious. If there are n instead of 2 tokens, this language can be encoded with = n + 3 commands. Without the decoupling of "instruction" tokens from "data", the vocabulary size would scale suboptimally with n.
- The conclusions do not change: in smaller-scale experiments, we observe the same extrapolation failures between the autoregressive and non-autoregressive task formulations.

544 A.4. Multiplicity of mechanisms for attention glitches

In this section, we discuss how Transformer self-attention modules, when tasked with representing flip-flops, can exhibit
multiple (perhaps mutually entangled) failure mechanisms. The accompanying propositions are proven in Appendices C.2

 $^{^{7}\}sim 10^{4}$ 19M-parameter Transformers were trained in the making of this paper; see Appendix B.6.

550 and C.3.

An insufficient explanation: *n*-gram models. As a warmup, consider a language model $\widehat{\Pr}[x_{t+1}|x_{\leq t}]$ which only depends on the *n* most recent tokens in the context. Then, if $n \ll \frac{1}{1-p}$, the bulk of $\widehat{\Pr}$'s predictions on $\mathsf{FFL}(p_1 = p)$ can be no more accurate than random guessing. This recovers one qualitative trend (degradation of accuracy with dependency length) observed in the experiments. However, this cannot fully explain our findings: it fails to account for the incorrect predictions on dense sequences. Furthermore, the Transformers' outputs on $\mathsf{FFL}(0.98)$ are *mostly* correct; their accuracies on very long-range dependencies are nontrivial, despite not being perfect. There must therefore be subtler explanations for these errors.

Lipschitz limitations of soft attention. Moving to finer-grained failure mechanisms, a known (Hahn, 2020; Chiang & Cholak, 2022) drawback of soft attention is that its softmax operation is "too soft"– for any weight matrices with fixed norms, the attention gets "diluted" across positions as the sequence length T increases, and can fail to perform an intended "selection" operation. We provide a formal statement and proof (Proposition 3) in Appendix C.2.

Difficulty of non-commutative tiebreaking. Can we simply robustify soft attention by replacing it with hard attention? We present a brief analysis which suggests that even hard attention can be brittle. In a stylized setting (one-layer models with linear position encodings), we show that self-attention can *confidently attend to the wrong index*, unless the weight matrices precisely satisfy an orthogonality condition (Proposition 4). This suggests the existence of *spurious local optima*, which we do not attempt to prove end-to-end; however, we provide supporting empirical evidence in the experiments in Appendix C.3.

A.5. Attention glitches in natural LLMs

574 In this section, we expand on the brief discussion from Section 5. At a high level, *we hypothesize that attention glitches* 575 *cause (some) closed-domain hallucinations in Transformer models of more complex languages.* However, due to the fact 576 that neural networks' internal representations evade simplistic mechanistic characterization, it is a significant challenge to 577 formulate a rigorous, testable version of this hypothesis. We discuss the subtleties below.

First, we discuss a more general notion of attention glitches, of which the flip-flop errors considered in this papers are a special case. We define attention glitches as *failures of trained attention-based networks to implement a hard retrieval functionality perfectly*. To formalize this notion, there are several inherent ambiguities– namely, the notions of "hard retrieval" and "perfectly", as well as the granularity of "subnetwork" at which an attention glitch can be defined non-vacuously. The FFLM reasoning errors considered in this work provide a minimal and concrete resolution of these ambiguities. We discuss each of these points below:

- Hard retrieval: To succeed at FFLM, a network's internal representations must correctly implement the functionality of retrieving a single bit (from a sequence of bits, encoded unambiguously by the network), selected via the criterion of "most recent write position". This can be expanded into a richer functional formulation of hard attention, by generalizing the set of possible *retrieved contents* (a discrete set of larger cardinality, or, even more generally, a continuous set), as well as more complex *selection criteria* (e.g. "least recent position").
- **Ground truth:** Of course, to define "errors" or "hallucinations" in reasoning, there must be a well-defined *ideal* functionality. For FFLM, the notion of "closed-domain" reasoning and hallucinations is evident: the ideal behavior is for a model's outputs to coincide with that of the flip-flop machine on all input sequences. This straightforwardly generalizes to all formal languages, where the model is expected to correctly produce the deterministic outputs of automata which parse these languages. By considering expanded notions of "ground truth", it is possible to capture other notions of model hallucinations (such as incorrectly memorized facts). Our work does not address open-domain hallucinations, which may be unrelated to attention glitches.
- Submodules: Towards attributing implementations and errors to localized components of a network, it is impossible to provide a single all-encompassing notion of "localized component". This is a perennial challenge faced in the mechanistic interpretability literature. Our work considers two extremes: the entire network (in the main experiments, where we probe end-to-end behavior), and a single self-attention head (in Appendix A.4 and Appendix B.5, in which we probe whether a single attention head can learn multiplication in the flip-flop monoid). Even when considering the

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Input	GPT-3.5	GPT-4	Answer
8493 + 2357	10850 🗸	10850 🗸	10850
84935834 + 23572898	108008732 X	108508732 🗸	108508732
999199991990993 + 6109199190990097	161 <mark>1</mark> 11991 <mark>0</mark> 0810090 ✗	161011991 <mark>0089</mark> 0090 🗶	16101199110900090

Table 1: Examples (in Figure 1) of GPT variants on addition: While models tend to succeed at additions with a small number of digits, they (nondeterministically) fail at longer additions.

	Input	GPT-3.5	GPT-4	Answer
	4491 + 8759	13250 🗸	13250 🗸	13250
	80087394 + 63457948	143 <mark>0</mark> 45342 🗶	143545342 🗸	143545342
5101 + 8969	611078665398 499832688802	1.4071110911354202e+16 ✗	14071110911354 <mark>196</mark> 🗡	14071110911354200

Table 2: More examples of GPT variants on addition: While models tend to succeed at additions with a small number of digits, they (nondeterministically) fail at longer additions.

same functionality, attention glitches can be considered for different choices of "submodule".⁸ Our results reveal a key subtlety: in the presence of overparameterization (more layers and parallel heads than necessary according to the theoretical constructions), Transformers learn to process flip-flop languages via soft attention.

We expect that to effectively debug the full scope of LLM hallucinations, all of the above choices will need to be revisited, perhaps in tandem.

We hypothesize that the algorithmic reasoning capabilities of real LLMs (i.e. their ability to recognize, parse, and transduce formal symbolic languages) are implemented by *internal* subnetworks whose functionalities can be identified with generalizations of the flip-flop machine. To the extent that such modules exist, attention glitches (the failure of these modules to represent the flip-flop operations perfectly, due to insufficient training data coverage) cause sporadic end-to-end errors ("closed-domain hallucinations"). In this work, we have treated the *external* case (where the task is to learn the flip-flop directly).

B. Full experimental results

B.1. Details for LLM addition prompts (Figure 1)

These addition problem queries serve as a quick demonstration of (1) non-trivial algorithmic generalization capabilities of Transformer-based LLMs; (2) the brittleness of such capabilities: we directly address this type of reasoning error in this work. Table 1,2 show these queries and results in detail.

We emphasize that these examples were selected in an adversarial, ad-hoc manner; we do not attempt to formalize or investigate any claim that the errors made by larger models are at longer sequence lengths. We also cannot rule out the possibility that some choice of prompt elicits robust algorithmic reasoning (e.g. the prompting strategies explored in (Zhou et al., 2022)). The only rigorous conclusion to draw from Figure 1 is that of non-robustness: even LLMs exhibiting state-of-the-art reasoning continue to make these elementary errors for some unambiguous queries with deterministic answers. It was last verified on May 8, 2023 that GPT-4 (in its ChatGPT Plus manifestation) demonstrates the claimed failure mode.

⁸Beyond the two extremes considered in this work, some examples include "a subset of attention heads", "a subset of layers", and "a subspace of the entire network's embedding space".

B.2. Extrapolation failures of standard Transformers (Section 3)

This section provides full details for our empirical findings (R1) through (R3).

Architecture size sweep. We consider a sweep over Transformer architecture dimensionalities, varying the three main size parameters. We emphasize that these are somewhat larger than "toy" models: the parameters go up to ranges encountered in natural sequence modeling (though, of course, far short of state-of-the-art LLMs).

- The number of layers (depth) $L \in \{2, 4, 6, 8\}$.
- The embedding dimension $d \in \{128, 256, 512, 1024\}$.
- The number of parallel attention heads per layer $H \in \{2, 4, 8, 16\}$. In accordance with standard scaling rules-of-thumb, each head's dimension is selected to be d/H.

Other hyperparameter choices. We use a sequence length of T = 512, again to reflect a typical length of dependencies considered by nontrivial Transformer models. We use a canonical set of training hyperparameters for this sweep: the AdamW (Loshchilov & Hutter, 2017) optimizer, with $(\beta_1, \beta_2) = (0.9, 0.999)$, learning rate 3×10^{-4} , weight decay 0.1, 50 steps of linear learning rate warmup, and linear learning rate decay (setting the would-be 10001th step to 0). We train for 10000 steps on freshly sampled data, and choose a minibatch size of 16; consequently, the models in this setup train on 81,920,000 tokens.

Training and evaluation data. We probe the extrapolative behavior of Transformers on the flip-flop language, training on online samples containing mostly moderate-length dependencies ($p_i = 0.8, p_w = p_r = 0.1$), and evaluating on a distribution containing longer-range dependencies ($p_i = 0.98, p_w = p_r = 0.01$). Every 100 training steps, we evaluate out-of-distribution test errors achieved by these models, on an online evaluation set of 10^3 sequences (which is identical between and within runs; training curves show these errors), containing 3567 occurrences of the r instruction. For offline evaluation, we expand this test set to 10^5 sequences, containing 353875 r commands, to obtain more precise measurements of o.o.d. error. Training curves are shown with the smaller test set; all other results are reported using the larger one.

- (R1) **Transformers exhibit a long, irregular tail of errors.** Figure 5 shows training curves for 3 replicates (random seeds) in each setting, while the scatter plot in the main paper shows variability of out-of-distribution accuracy across random seeds for the baseline setup. We find that Transformers sometimes succeed at extrapolation, but erratically.
- (R2) **1-layer LSTM extrapolates perfectly.** We train a 1-layer LSTM (Hochreiter & Schmidhuber, 1997) network, with hidden state dimension 128 (for a total of 133K parameters), for 500 steps with the same optimizer hyperparameters as above. The LSTM model achieves exactly 0 final-iterate o.o.d. error, over 100 out of 100 replicates.

Canonical baseline. We select the **6-layer, 512-dimensional, 8-head** architecture (with 19M trainable parameters) as our *canonical baseline* model: it is large in relevant dimensions⁹ to real Transformers, while being small enough to allow for thousands of training runs at a reasonable cost. To fully understand the variability of this single architectural and algorithmic setup, we train and evaluate 500 replicates in this setting.

Random data vs. random initialization. Recent synthetic probes on the surprising behavior of deep neural nets on hard synthetic tasks (Barak et al., 2022; Garg et al., 2022) obtain additional insights by disentangling the effects of *data randomness* (i.e. the precise sequence of minibatches) vs. *model randomness* (e.g. random initialization and dropout). We provide a quick demonstration in Figure 6 (left) that *both sources of stochasticity matter*. We do not perform a more detailed investigation of their precise influence and roles.

Fully generative setting: similar negative results. As mentioned in Section 2, in addition to the deterministic setup where the model is only required to predict for positions where the next token is deterministic, we also consider a generative ("noisy") mode where the model estimates the conditional next-token distribution $\Pr[x_{t+1}|x_{1:t}]$, for each t = 1, ..., T - 1. ¹⁰ In this mode, the sequences can be treated as drop-in replacements for natural text in GPT-style training. Generative

 ⁹Except the vocabulary size. In preliminary experiments, we obtained similar findings in the case of token spaces larger than {0,1}.
 ¹⁰The generative mode is of less interest to this work since predicting the non-deterministic tokens is irrelevant to the memory task at hand.





Figure 5: Examples of training curves over various Transformer architectures, ranging from 46K to 101M trainable parameters. We exhibit 3 (randomly selected) random seeds for each architecture. Lighter curves show raw error percentages, while solid curves denote the lowest error so far in each run. Notice the following: (1) non-convergence of shallow 764 models (despite representability) (2) failure of most runs to extrapolate (i.e. reach 0% out-of-distribution error); (3) high 765 variability between runs; (4) erratic, non-monotonic progress on out-of-distribution data, even when the in-distribution 766 training curves appear flat; (5) a small LSTM outperforms all of these Transformers (see Figure 2). The bolded box represents our 19M-parameter baseline model.



Figure 6: Additional training curves. *Left:* Identical baseline architecture, varying the 5 data seeds and 5 model seeds: models in the same row encounter the same sequence of data, while models in the same column start from identical initializations. **Both sources of randomness affect training dynamics and extrapolation**, and it is not clear which is more important. *Right:* Similar findings for models trained in "fully generative" mode (scoring on all tokens); baseline architecture is in the <u>bolded box</u>.



Figure 7: Natural language models fail to extrapolate robustly on FFLM.

FFLMs can be evaluated by checking their completions on prefix "prompts" (e.g. "... w 0 i 1 i 1 r [?]").

We observe similar extrapolation failures in this setting. Figure 6 (right) exhibits some training curves for this setting, showing non-extrapolation, variability, and instability. We observe that training (to in-distribution convergence) takes slightly longer in this setting, and usually succeeds with the baseline architecture. We do not perform further controlled experiments in this setting.

B.2.1. EVALUATING REAL LLMS ON FLIP-FLOPS

We provide a quick corroboration that while LLMs in practice can perform in-context reasoning when the sequences are unambiguously isomorphic to a flip-flop language. We use the natural language example from Figure 4 (top right), and evaluate the capability of popular pretrained LLMs to correctly remember the state of a light switch. Specifically, write instructions in the FFLM task are either "Alice turns the light off" or "Alice turns the light on". The ignore instructions are either "Bob eats a banana" or "Bob eats an apple". All models are prompted with a translated, length-16 FFLM task that's been translated to English in this way before evaluation.

We measure this accuracy as a function of the sequence length for several well-known LLMs, including GPT-2, GPT-2-large, GPT-2-xl, Pythia-12C, and GPT-NeoX-20B. Figure 7 shows how well these models perform on this task (i.e. the correctness of the model when prompted with "The light is turned") as the sequence length is varied. Consistent with the findings of this paper, larger models tend to perform best at this task, and the quality of all models deteriorates with increased sequence length. Each point on the plot considers 500 sequences of the indicated length. All models were prompted with a randomly generated, length 16 flip flop sequence to allow the model to learn the task in context. Accuracy is measured according to the frequency with which the model correctly predicts the current state of the light switch, as described in Section B.2.1.

(R3) 10B-scale natural LMs can correctly process flip-flop languages, but not robustly.

Note that it is impossible to quantify the degree to which these sequences are "in-distribution" (it is unlikely that any sequences of this form occur in the training distributions for these LLMs). Much like linguistic reasoning evaluations in the style of BIG-bench (Srivastava et al., 2022), we rely on the emergent capability of in-context inference (Brown et al., 2020) of the task's syntax and semantics. As discussed in Appendix A.5, this layer of indirection, which is impossible to avoid in the finetuning-free regime, can cause additional (and unrelated) failure modes to those studied in our synthetic experiments. Fully reconciling our findings between the synthetic and non-synthetic settings (e.g. by training or finetuning on sequences of this form, or via mechanistic interpretation of non-synthetic language models) is outside the scope of this paper, and yields an interesting direction for future work.

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B.3. Benefits of scale (Section 4.1)

In Section 4.1, we discussed mitigations that directly modify the training distributions and resources:

(R4) Training on rare sequences works best, by a wide margin.

(R5) Resource scaling (in-distribution data, training steps, network size) helps.

We provide more results specifically related to scaling along various axes. As shown in Figure 8, scaling helps improve the OOD performance, especially when more OOD data are introduced. However, the benefit is not clear, especially on dense sequences.

B.4. Indirect algorithmic controls for extrapolation (Section 4.2)

As shown in Figure 3, various architectural, algorithmic and regularization choices can help improve over the baseline Transformer. We recall the main findings:

(R6) Many algorithmic choices influence extrapolative behavior.

(R7) Despite many partial mitigations, nothing eliminates attention glitches entirely.

There is no clear consensus on the advantages and drawbacks of various positional encodings, but it has been known (Dai et al., 2019) that the choice of positional symmetry-breaking scheme modulates long-sequence performance on natural tasks. We evaluate various choices which appear in high-profile LLMs: sinusoidal, learned, ALiBi (Press et al., 2021), and RoPE (Su et al., 2021). We find that non-trainable position encodings help on dense sequences (FFL(0.1)), but have no clear benefit on sparse ones (FFL(0.98)) which require more handling of long-term dependency.

B.5. Preliminary mechanistic study and challenges

In this section, we move to a simpler setting to gain finer-grained understanding of how sparsity regularization affects the learned solutions. Specifically, we look at the task of *simulating the flip-flip automaton* (Definition 1), whose inputs consist of $\{\sigma_0, \sigma_1, \bot\}$ as two types of write and 1 no-op. This task (elaborated in Appendix A.1) can be solved by a 1-layer Transformer with a single attention head which attends sparsely on the most recent write position. It also serves as a building block for more complex tasks (Liu et al., 2023), hence observations from this simple setup can potentially be useful in broader contexts.



Figure 9: Full comparisons of regularizers.

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Figure 10 shows examples of attention patterns on the flip-flop simulation task, subselected from 6-layer 8-head models trained with and without attention-sharpening regularization. It is evident that the attention patterns of the sparse model are less complex and easier to interpret compared to those of the un-regularized model. For example, we can identify one head in the sparse model that exactly coincide with the attention pattern ¹¹ that an "ideal" 1-layer 1-head model implements (Figure 10c).

(R8) Attention-sharpening regularizers successfully promote hard attention, but errors persist. As mentioned in 965 (R7), attention-sharpening regularization cannot fully eliminate the sporadic errors, which are partially induced by 966 the complexity and redundancy of attention patterns. Moreover, sharpened attention can induce additional failure 967 modes, such as confidently attending to incorrect write positions. An example is demonstrated in Figure 10d, where 968 the attention focuses on an initial write, likely caused by the fact that earlier positions are overemphasized due to 969 the use of causal attention masks. Another example occurs in length generalization, where the attention is correct at 970 positions earlier in the sequence, but starts to confidently focus on wrong positions as it moves towards later positions 971 (Proposition 4). Details and more discussions are provided in Appendix B.5. 972

974 **Sparsity regularization helps sharpen the attention** Figure 13a,13b compare the attention patterns of 1-layer 1-head 975 models with or without attention-sharpening regularization. While both types of models give correct results, the attention-976 sharpened model puts all attention weights to the most recently write position, which is the solution given according to 977 the definition of the task, whereas the attention patterns of the non-regularized model (Figure 13a) are much less clean. 978

Are there solutions other than the "ideal" solution? There is a solution naturally associated with the definition of the 979 flip-flop automaton (i.e. the sparse pattern shown in Figure 13b), but it is not necessarily the *only* solution. For example, 980 an equally valid (dense) solution is for the model to attend to every write token of the correct type. This is what the 981 non-regularized (dense) models seems to be implementing, as seen in Figure 13a, except for the final row where the model 982 puts non-negligible amount of weight on a write of a different type. 983

984 Are attention patterns reliable for interpretability? Prior work has pointed out the limitations of interpretations based solely 985

¹¹While it is well-known that attention patterns can be misleading (Jain & Wallace, 2019; Bolukbasi et al., 2021; Meister et al., 2021) at 986 times, they do provide upper bounds on the magnitude of the dependency among tokens. These upper bounds are particularly useful in the 987 case of (1-)sparse attentions: a (near) zero attention weight signifies the absence of dependency, which greatly reduces the set of possible solutions implemented.

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Figure 10: Causal attention patterns for flip-flop simulation (Definition 1); orange dots / blue diamonds mark the positions of write tokens σ_0 / σ_1 . (a),(b) are subselected respectively from a regular (non-sparse) and a sparse multi-layer model (details in Appendix B.5). (c), (d) are from two 1-layer 1-head models. The attention pattern highlighted by the purple box in (b) coincides with the "ideal" attention pattern in (c). However, sparse models can be wrong, as shown in (d) (error marked in red).

on attention patterns (Jain & Wallace, 2019; Bolukbasi et al., 2021). The intuition is that attention patterns can interact with 1012 other components of the network in various ways; for example, W_V can project out certain dimensions even though they 1013 may have contributed to a large attention score. Hence, for multi-layer multi-head non-sparse models, the magnitude of 1014 attention weights may not have an intuitive interpretation of "importance" (Meister et al., 2021). For example, Figure 14 1015 shows examples where the attention on an incorrect token may be higher than that of the correct token. ¹² However, in a 1016 1-layer 1-head model, 1-sparse attention as shown in Figure 13b indeed offers interpretability, since if zero attention weight ¹³ necessarily means the absence of dependency, which greatly reduces the set of possible solutions implemented. As shown 1018 in Figure 13c, a write may not attend to itself due to the presence of residual link, but the attentions for read always 1019 focus on the closest write as intended.

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Sporadic errors persist Section Section 4.1 (R5) showed that none of the mitigations was successful at making Transformers reach 100% accuracy. One common failure mode is long-range dependency, where the input sequences contain very few writes. The failure could be attributed to multiple factors; we will explore one aspect related to attention patterns, demonstrated with a 1-layer 1-head Transformers with linear position encoding, on a length-834 sequence with 2 writes. As shown in Figure 11, the attentions for positions early in the sequence correctly attend to the most recent write. However, attention starts to "drift" as we move to later positions, and the positions at the end of the sequence attend entirely ¹⁴ to the recent read tokens, which contains no information for solving the task. This may be because the attention weights are affected too much by the position encodings, as discussed in Proposition 4.

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1031 **Optimization hurdles** While sparse solutions may preferred for various reasons, sparsity itself is not sufficient to guarantee 1032 good performance: As shown in Figure 13d, sparsity regularization can lead to bad local minima, where the model tends to 1033 (incorrectly) rely on earlier positions. This is observed across different types of sparsity regularization. While we do not 1034 yet have a full explanation of the phenomenon, a possible explanation for this bias is that earlier positions show up more 1035 often during training, due to the use of the causal attention: a valid flip-flop solution is for the model to attend to every 1036 write token of the correct type; positions earlier in the sequence get included in more subsequences because of the causal 1037 mask, and are hence more likely to be attended to. We also observe that the phenomenon seems to be closely related to 1038 the training distribution. For example, the model is much more likely to get stuck at a bad local minima when $p(\perp) = 0.5$ 1039 (denser sequences) compared to $p(\perp) = 0.9$ (sparse sequences).

 $[\]frac{1040}{1041}$ $\frac{12}{1040}$ However, if we consider the "importance / influence" as measured by the norms of the attention-weighted value vectors, then the max norm still corresponds to the correct token, which helps explain why the final output is correct.

 $^{^{13}}$ By "zero" we mean an attention score on the magnitude of 1e-8 in the experiments.

¹⁰⁴³ ¹⁴The attention weights that are not on the most recent write sum up to around 1e-7.



Figure 11: Attention drifts as the length increases. The model is trained on length-500 sequences with $p(\sigma \neq \bot) = 0.5$. The testing sequences are (a) $[2, \underbrace{0 \cdots, 0}_{800}]$, and (b) $[1, \underbrace{0 \cdots, 0}_{32}, 2, \underbrace{0 \cdots, 0}_{800}]$. We sample every 32 positions for visualization.

Effect of sparsity regularization on training dynamics An interesting future direction is to understand the learning dynamics of flip-flop tasks with attention-sharpening regularization, as suggested by the (quantitively and qualitatively) different results and optimization challenges. As some initial empirical evidence that the regularization indeed have a large impact on the dynamics, we found that sharpened attention seems to have a regularization effect on the weight norms (Figure 12), and also lead to different behaviors of the attention heads (Figure 15).

78 More examples of attention patterns Figure 16 shows the full set of attention patterns of two 6-layer 8-head models 79 trained with and without attention-sharpening regularization, corresponding to Figure 10 (a,b). Attention-sharpening 80 regularization can be applied in different ways; for example, Figure 17 shows results of a model for which only the first layer 81 is regularized. The attention patterns of subsequent layers remain sharpen, even though there is no explicit regularization.

¹⁸³ B.6. Software, compute infrastructure, and resource costs

GPU-accelerated training and evaluation pipelines were implemented in PyTorch (Paszke et al., 2017). For the FFLM experiments, we used the x-transformers¹⁵ implementations of the Transformer architecture and variants. For the fine-grained mechanistic interpretability experiments on the pure flip-flops, we used the "vanilla, GPT-2"-like Transformer implementation published by HuggingFace (Wolf et al., 2019). We plan to make our benchmarks and training code publicly available.

Each training run was performed on one GPU in an internal cluster, with NVIDIA P40, P100, V100, and RTX A6000 GPUs, with at least 16GB of VRAM. Each (6-layer, 512-dimensional, 8-head) baseline model took \sim 10 minutes to train (and evaluate online) for 10⁴ steps. A nontrivial fraction of the compute time (\sim 20%) was spent on fine-grained evaluation through the coarse of training. The vast majority of training runs are close to these specifications; consequently, one set of replicates under identical conditions (i.e. each violin plot in each figure) is the product of \sim 4 GPU-hours of training time.

1096 We hope that this computational investment will aid in understanding how to build robust Transformer models and training pipelines at much larger scales.

1098 15https://github.com/lucidrains/x-transformers

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Figure 12: Frobenius norms of weight matrices in 1-layer 1-head models, trained without regularization (blue), with attention-sharpening regularization (yellow), or first without regularization and then adding regularization from epoch 30 (red; epoch 30 marked by the dashed lines). The solid curve and the shadow shows the median and the standard deviation calculated on 8 models. 1123



1137 Figure 13: Attention-sharpening regularization on 1-layer 1-head models. Compared to a non-regularized model (13a), the 1138 sparsity-regularized model (13b) shows clear attention at the last write position. However, sparse attention does not have to 1139 align with the "ideal" pattern (13c), and can even be wrong (13d). Positions with yellow borders are where the max attention 1140 in each row occur; errors are marked in red. 1141



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Figure 14: Non-sparse attention pattern can be misleading: a non-sparse model may put more attention on an incorrect token (i.e. a token that is not the write with the right type), while making the correct predictions. Yellow boxes mark the position of the max attention of each row.



(b) Model trained with entropy sparsity regularization with $\lambda = 0.01$.

Figure 15: Examples of the ℓ_2 difference in attention patterns from two 6-layer 8-head 512-dimension models. Differences are calculated between all pairs of heads in the same layer. 1185



(a) Without regularization.

(b) With attention-sharpening regularization.

1205 Figure 16: Attention patterns for 6-layer 8-head 512-dimension models on the input sequence $[\sigma_1, \perp, \sigma_0, \perp, \perp, \sigma_0, \sigma_1, \perp]$: 1206 attention-sharpening regularization lead to cleaner attention patterns. 1 attention head in the first layer of the regularized 1207 model (marked by the purple box) matches the "ideal" attention pattern Figure 10c.

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(a) ℓ_2 differences between pairs of attention heads in the same layer, throughout training (x-axis).

(b) Attention patterns on the input sequence $[\sigma_1, \bot, \sigma_0, \bot, \bot, \sigma_0, \sigma_1, \bot]$.

Figure 17: Attention heads and attention patterns for a 6-layer 8-head 512-dimension model, trained with attentionsharpening regularization (entropy regularization with strength 0.01) on the first layer only. 1 attention head in the first layer (marked by the purple box) matches the "ideal" attention pattern Figure 10c.

C. Proofs for Appendix A.4

Transformer recap. A Transformer (Vaswani et al., 2017) consists of multiple self-attention layers. Given *d*-dimensional embeddings of a length-*T* sequence, denoted as $X \in \mathbb{R}^{T \times d}$, a self-attention layer *f* computes

$$f(\boldsymbol{X}) = \phi(\boldsymbol{W}_V \text{softmax}(\boldsymbol{X} \boldsymbol{W}_Q \boldsymbol{W}_K^{\top} \boldsymbol{X}^{\top}) \boldsymbol{X} \boldsymbol{W}_V \boldsymbol{W}_C).$$
(C.1)

where $W_Q, W_K \in \mathbb{R}^{d \times k}$ for $k \leq d$ are the query and key matrix; $W_V, W_C^{\top} \in \mathbb{R}^{d \times k}$ project the representations from and back to \mathbb{R}^d . softmax calculates row-wise softmax. $\phi : \mathbb{R}^d \to \mathbb{R}^d$ is a 2-layer fully-connected network. Residual links and layer norm can be optionally included at different places of a self-attention layer.

C.1. Realizability of FFL by small Transformers

Proposition 2. A 2-layer 1-head Transformer with residual connections can represent "deterministic" FFL.

Proof. Let us consider predicting in the deterministic mode (Section 2). Then we need to predict x_{t+1} given $x_{1:t}$ with $x_t = r$. In order to do this, we need to find the largest $\tau < t$ such that $x_{\tau} = w$ and output $x_{\tau+1}$. There are multiple ways to implement this, we will consider the following: (1) layer 1 converts FFL to the flip-flop automaton (Definition 1), (2) layer 2 implements the flip-flop construction. For layer 2, we can use the construction described in (Liu et al., 2023). Here we present the full construction for completeness.

We will consider a two-layer Transformer with one head in each layer followed by a 2-layer MLP and a residual connection. In particular, for $x \in \{w, r, i, 0, 1\}^T$:

$$f(x) = \phi_2(\boldsymbol{W}_V^{(2)} \operatorname{softmax}(f_1(x) \boldsymbol{W}_Q^{(2)} \boldsymbol{W}_K^{(2)^{\top}} f_1(x)^{\top}) f_1(x) \boldsymbol{W}_V^{(2)} \boldsymbol{W}_C^{(2)})$$

where $f_1(x) = E(x) + \phi_1(\boldsymbol{W}_V^{(1)} \operatorname{softmax}(E(x) \boldsymbol{W}_Q^{(1)} \boldsymbol{W}_K^{(1)^{\top}} E(x)^{\top}) E(x) \boldsymbol{W}_V^{(1)} \boldsymbol{W}_C^{(1)})$

where $E(x) \in \mathbb{R}^{T \times d}$ is the encoding for the input sequence x given some encoding function E.

Our construction is as follows:

• Select d = 7, k = 2, H = 1 (recall from Equation C.1that d, k are the dimensions of W_Q, W_K). Among the d = 7embedding dimension, two dimensions are for the operations (w versus r, i), two for the two write values, one for the positional embedding, one for padding, and the final dimension is for storing whether the previous position is the most recent write, as calculated by the first layer. • Select input symbol encodings such that for the token at position t, denoted as x_t ,

$$E(x_t) := \mathbb{1}[x_t = w]e_1 + \mathbb{1}[x_t = r \lor x_t = i]e_2 + \mathbb{1}[x_t = 0]e_3 + \mathbb{1}[x_t = 1]e_4 + e_5 + P_t \in \mathbb{R}^7$$

where P_t is the positional encoding. We use the linear positional encoding $P_t := (t/C) \cdot e_6$, for some (large) constant C. For a fixed sequence length T, we can set C = T.

$$\begin{aligned} & \mathbf{W}_{Q}^{1271} & \cdot \mathbf{W}_{Q}^{(1)} := \begin{bmatrix} e_{5} & e_{5} \end{bmatrix} \in \mathbb{R}^{7 \times 2}, \mathbf{W}_{K}^{(1)} := \begin{bmatrix} 3c_{\frac{e_{1}}{2T}} & ce_{6} \end{bmatrix} \in \mathbb{R}^{7 \times 2} \text{ for } c = O(T \log(T)), \mathbf{W}_{V}^{(1)} := \begin{bmatrix} e_{1} & 0 \end{bmatrix} \in \mathbb{R}^{7 \times 2}, \text{ and} \\ & \mathbf{W}_{C}^{(1)^{\top}} := \begin{bmatrix} e_{7} & 0 \end{bmatrix} \in \mathbb{R}^{7 \times 2}. \end{aligned}$$

$$\begin{aligned} & \mathbf{W}_{Q}^{(2)} := \begin{bmatrix} e_{5} & e_{5} \end{bmatrix} \in \mathbb{R}^{7 \times 2}, \mathbf{W}_{K}^{(2)} := \begin{bmatrix} ce_{7} & ce_{6} \end{bmatrix} \in \mathbb{R}^{7 \times 2} \text{ for } c = O(T \log(T)), \mathbf{W}_{V}^{(2)} := \begin{bmatrix} e_{4} & 0 \end{bmatrix} \in \mathbb{R}^{7 \times 2}, \end{aligned}$$

¹²⁸² ₁₂₈₃ In layer 1, the unnormalized attention score for query position i to key position j is

$$\left\langle \boldsymbol{W}_{Q}^{(1)^{\top}}\boldsymbol{x}_{i}, \boldsymbol{W}_{K}^{(1)^{\top}}\boldsymbol{x}_{j} \right\rangle = \left\langle \frac{c}{T} \cdot \left[\frac{3}{2} \cdot \mathbb{1}[\boldsymbol{x}_{j} = \boldsymbol{w}], j \right], [1, 1] \right\rangle = \frac{c}{T} \cdot \left(\frac{3}{2} \mathbb{1}[\boldsymbol{x}_{j} = \boldsymbol{w}] + j \right).$$

1288 Note that the max attention value for position i is achieved at i if $x_{i-1} \neq w$, else the max is achieved at position i-1.

In the setting of hard attention, the output for the i_{th} token after the attention module is $\mathbb{1}[x_{i-1} = w \lor x_i = w]e_7$. Now similar to the constructions in (Liu et al., 2023) (Lemma 6), with a appropriate choice of $c = O(T \log T)$, we can approximate hard attention by soft attention, and subsequently use the MLP to round the coordinate corresponding to e_7 . The MLP otherwise serves as the identity function. Together with the residual link, the first layer output (i.e. the second layer input) at position *i* takes the form

$$f_1(x_i) = E(x_i) + \mathbb{1}[x_{i-1} = w \lor x_i = w]e_7$$

¹²⁹⁶ In layer 2, the unnormalized attention score computed for position i attending to j is

$$\left\langle \boldsymbol{W}_{Q}^{(2)^{\top}} f_{1}(x_{i}), \boldsymbol{W}_{K}^{(2)^{\top}} f_{1}(x_{j}) \right\rangle = \frac{c}{T} \left\langle [1, 1], \left[\mathbbm{1}[x_{j-1} = \mathbf{w} \lor x_{j} = \mathbf{w}], \frac{j}{T} \right] \right\rangle$$
$$= c \cdot \left(\mathbbm{1}[x_{j-1} = \mathbf{w} \lor x_{j} = \mathbf{w}] + \frac{j}{T} \right).$$

Note that the max attention value is achieved at the position right after the closest w to x_i . Let us denote this position by 1305 $\tau \leq i$, then with hard attention, the output at the i_{th} position is $x_{\tau}e_1$, as desired. Now similar to before, we can approximate 1306 this with soft attention and use the MLP to do the appropriate rounding to get our final construction. \Box 1307

Remark: The construction in Proposition 2 is *a* construction, but it is not the *only* construction. For example, for the second layer implementation for the flip-flop automaton, there could be an equally valid *dense* solution, where the model uniformly attends to all write tokens of the correct type.

13121313C.2. Failure of soft attention: attention dilution with bounded Lipschitzness

1314 Consider any attention layer with weight matrices $W_Q, W_K \in \mathbb{R}^{k \times d}$. If $||W_K^\top W_Q||_2$ is bounded, then the attention cannot 1315 be sparse as the sequence length increases:

Proposition 3 (Leaky soft attention). Assume the latent variables have bounded norm, i.e. $\|v\|_2 \leq 1$ for any latent vector $v \in \mathbb{R}^d$, and let σ_{\max} denote the max singular value of $W_K^\top W_Q$. Then for $T = \Omega(\exp(2\sigma_{\max}))$, any sequences of latent vectors $\{v_\tau\}_{\tau \in [T]}$, $\|\operatorname{softmax}(\{v_\tau\}_{\tau \in [T]})\|_{\infty} = 1 - \Omega(1)$.

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20 Proof. The proof follows directly from a simple rewriting.

For any $\boldsymbol{u}, \boldsymbol{v}$ with $\|\boldsymbol{u}\|_2, \|\boldsymbol{v}\|_2 \leq 1$, the pre-softmax attention score is bounded by $\boldsymbol{u}^\top \boldsymbol{W}_K^\top \boldsymbol{W}_Q \boldsymbol{v} \in [-\sigma_{\max}, \sigma_{\max}]$.

$$\frac{\exp(\boldsymbol{v}_t^\top \boldsymbol{W}_K^\top \boldsymbol{W}_Q \boldsymbol{v}_T)}{\sum_{\tau \in [T]} \exp(\boldsymbol{v}_\tau^\top \boldsymbol{W}_K^\top \boldsymbol{W}_Q \boldsymbol{v}_T)} \le \frac{\exp(\sigma_{\max})}{\exp(\sigma_{\max}) + (T-1)\exp(-\sigma_{\max})} = 1 - \frac{T-1}{T-1 + \exp(2\sigma_{\max})},$$

 \square

where the last term is $\Omega(1)$ when $T = \Omega(\exp(2\sigma))$.

Attention dilution and failure on dense sequences Strictly speaking, attention dilution caused by an increased sequence length does not necessarily affect the output of the layer. For example, if ignore gets mapped to a subspace orthogonal to that of write, then W_V can project out the ignore subspace, making the weighted averaged depending only on the number of writes. Hence with the presence of layer norm, attention dilution won't be a problem for the final prediction if the number of write is upper bounded regardless of the sequence length.

Moreover, for the experiments in Section 4.1, denser sequences (i.e. larger p(write)) does increase the number of write compared to the training distribution, hence attention dilution can be a potential cause for the decrease in performance.

37 C.3. Failure of hard attention: bad margin for positional embeddings

In this section, we look at a failure mode that a 1-layer 1-head Transformer has on the flip-flop automaton simulation task.
Why do we care about this setup? Simulating the automaton is in fact a sub-task of FFLM. For example, the second layer of the construction in Proposition 2 reduces to the simulation task.

Consider a 1-layer 1-head Transformer with parameters $W_Q, W_K \in \mathbb{R}^{k \times d}$. Write the attention query matrix W_Q as $W_Q = [W_{Qe}, W_{Qp}]$, where $W_{Qe} \in \mathbb{R}^{k \times (d-1)}$ corresponds to the embedding dimensions, and $W_{Qp}\mathbb{R}^k$ corresponds to the dimension for the linear positional encoding. Write $W_K = [W_{Ke}, W_{Kp}]$ similarly.

Then, we claim that the following must be true, regardless of the choice of the token embedding:

1347 **Proposition 4.** Consider linear positional encoding, i.e. $p_i = i/C$ for some (large) constant C. Then, perfect length 1348 generalization to arbitrary length requires $W_{Qp}^{\top}W_{Kp} = 0$. 1349

1350 1351 Proof. Let $e^{(i)} \in \mathbb{R}^{d-1}$ denote the embedding vector (without the position encoding) for token $i \in \{0, 1, 2\}$. Let 1351 $v_t = [e_t, p_t]^\top \in \mathbb{R}^d$ denote the embedding for the t_{th} token, where $e_t \in \{e^{(0)}, e^{(1)}, e^{(2)}\}\mathbb{R}^d$ is the embedding of the token 1352 itself, and $p_t := i/C$ is the linear positional encoding.

1354 Let $s_{i \rightarrow j}$ denote the pre-softmax attention score that the i_{th} token puts on the j_{th} token, which is given by

$$s_{i \to j} = \langle \boldsymbol{W}_Q \boldsymbol{v}_i, \boldsymbol{W}_K \boldsymbol{v}_j \rangle \tag{C.2}$$

$$= \boldsymbol{e}_{i}^{\top} \boldsymbol{W}_{Qe} \boldsymbol{W}_{Ke} \boldsymbol{e}_{j} + \boldsymbol{e}_{i}^{\top} \boldsymbol{W}_{Qe}^{\top} \boldsymbol{W}_{Kp} \cdot p_{j} + (\boldsymbol{e}_{j})^{\top} \boldsymbol{W}_{Ke} \boldsymbol{W}_{Qp} \cdot p_{i} + \boldsymbol{W}_{Qp}^{\top} \boldsymbol{W}_{Kp} \cdot p_{i} p_{j}$$
(C.3)

$$= \boldsymbol{e}_{i}^{\top} \boldsymbol{W}_{Qe} \boldsymbol{W}_{Ke} \boldsymbol{e}_{j} + \frac{\boldsymbol{e}_{i}^{\top} \boldsymbol{W}_{Qe}^{\top} \boldsymbol{W}_{Kp}}{C} \cdot j + \frac{(\boldsymbol{e}_{j})^{\top} \boldsymbol{W}_{Ke} \boldsymbol{W}_{Qp}}{C} \cdot i + \frac{\boldsymbol{W}_{Qp}^{\top} \boldsymbol{W}_{Kp}}{C^{2}} \cdot ij.$$
(C.4)

1361 1362 We will prove the proposition in two cases, which respectively require $W_{Qp}^{\top}W_{Kp} \leq 0$ and $W_{Qp}^{\top}W_{Kp} \geq 0$.

1363 1364 **Case 1:** $W_{Qp}^{\top}W_{Kp} \leq 0$ **required** Consider the case of long-term dependency, where the input sequence consists of an 1365 initial write and a series of reads, i.e. $\sigma_1 = 1$ and $\sigma_t = 0$ for t > 1. Then for the T_{th} position, the score for the first write 1366 token is

$$s_{T \to 1} = \langle \boldsymbol{W}_Q \boldsymbol{v}_T, \boldsymbol{W}_K \boldsymbol{v}_1 \rangle \tag{C.5}$$

$$= e^{(0)^{\top}} W_{Qe} W_{Ke} e^{(1)} + \frac{e^{(0)^{\top}} W_{Qe}^{\top} W_{Kp}}{C} + \frac{(e^{(1)})^{\top} W_{Ke} W_{Qp}}{C} \cdot T + \frac{W_{Qp}^{\top} W_{Kp}}{C^2} \cdot T$$
(C.6)

$$= \left(\frac{(e^{(1)})^{\top} W_{Ke} W_{Qp}}{C} + \frac{W_{Qp}^{\top} W_{Kp}}{C^2}\right) \cdot T + O(1) = O(T),$$
(C.7)

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and the score for the last write token is

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$$s_{T \to T} = \langle \boldsymbol{W}_Q \boldsymbol{v}_T, \boldsymbol{W}_K \boldsymbol{v}_T \rangle$$
(C.8)

$$= \boldsymbol{e}^{(0)^{\top}} \boldsymbol{W}_{Qe} \boldsymbol{W}_{Ke} \boldsymbol{e}^{(0)} + \frac{\boldsymbol{e}^{(0)^{\top}} \boldsymbol{W}_{Qe}^{\top} \boldsymbol{W}_{Kp}}{C} T + \frac{\boldsymbol{e}^{(0)^{\top}} \boldsymbol{W}_{Ke} \boldsymbol{W}_{Qp}}{C} \cdot T + \frac{\boldsymbol{W}_{Qp}^{\top} \boldsymbol{W}_{Kp}}{C^{2}} \cdot T^{2}$$
(C.9)

$$=\frac{\boldsymbol{W}_{Qp}^{\top}\boldsymbol{W}_{Kp}}{C^2}\cdot T^2 + O(T).$$
(C.10)

Think of C as going to infinity. If $W_{Qp}^{\top}W_{Kp} > 0$, then there exists a sufficiently large T such that $s_{T \to T} > s_{T \to 1}$. Hence we need $\boldsymbol{W}_{Qp}^{\top} \boldsymbol{W}_{Kp} \leq 0.$

Case 2: $W_{Qp}^{\top}W_{Kp} \ge 0$ required Consider the input sequence where $\sigma_1 = 1$, $\sigma_{T-1} = 2$, and $\sigma_t = 0$ for $t \in [T] \setminus \{1, T-1\}$. Similar to the above, calculate the pre-softmax attention scores for σ_1, σ_{T-1} as

$$s_{T \to 1} = O(T) \tag{C.11}$$

$$s_{T \to T-1} = \frac{\mathbf{W}_{Qp}^{\top} \mathbf{W}_{Kp}}{C^2} \cdot T^2 + O(T).$$
 (C.12)

Since we need $s_{T \to T-1} > s_{T \to 1}$, it must be that $W_{Qp}^{\top} W_{Kp} \ge 0$.

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