
Decoupled Contrastive Learning

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Abstract

1 Contrastive learning (CL) is one of the most successful paradigms for self-
2 supervised learning (SSL). Specifically, contrastive learning treats two augmented
3 “views” of the same sample as positive, pulling them close and treating all other
4 samples as negative to push them far apart. Despite the evident success of CL SSL
5 methods, there are several challenges in the existing methods as they may require
6 special structures, large batches, or huge training epochs, etc. Our motivation in
7 this work is to provide a simple, efficient, and yet competitive contrastive learning
8 baseline. Through both theoretical and empirical studies, we identified a strong
9 negative-positive-coupling (NPC) effect in the widely used cross-entropy loss in
10 CL SSL methods. We hypothesize that the NPC effect may be a major cause of the
11 inefficiency in many contrastive learning methods. By removing the NPC effect,
12 we reach a decoupled contrastive learning (DCL) objective function, which signifi-
13 cantly improves the training efficiency. DCL can achieve competitive performance,
14 requiring neither large batches in SimCLR, momentum encoding in Moco, or large
15 epochs. We demonstrate the benefit of DCL in various benchmarks. Further, DCL
16 is also much less sensitive to suboptimal hyperparameters. Notably, our approach
17 achieves 66.9% ImageNet top-1 accuracy with 256 batch size within 200 epochs
18 pre-training, which outperforms its baseline SimCLR by 5.1%. We believe DCL
19 may provide a strong baseline for future contrastive learning-based SSL studies.

20 1 Introduction

21 As a fundamental task in machine learning, representation learning aims to extract features to
22 reconstruct the raw data fully. It has been regarded as a long-acting goal over the past decades. Recent
23 progress on representation learning has achieved a significant milestone over self-supervised learning
24 (SSL), facilitating feature learning with its competence in exploiting massive raw data without any
25 annotated supervision. In the early stage of SSL, representation learning has focused on exploiting
26 pretext tasks, which are addressed by generating pseudo-labels to the unlabeled data through different
27 transformations, such as solving jigsaw puzzles [1], colorization [2] and rotation prediction [3].
28 Though these approaches achieve some success in computer vision, there is a large gap between
29 these methods and supervised learning. Recently, there has been a significant advancement in using
30 contrastive learning [4, 5, 6, 7, 8] for self-supervised pre-training, which significantly closes the gap
31 between the SSL method and supervised learning. Contrastive SSL methods, e.g., SimCLR [8], in
32 general, try to pull different views of the same instance close and push different instances far apart in
33 the representation space.

34 Despite the evident progress of the state-of-the-art contrastive SSL methods, there have been several
35 challenges in future developing this direction: 1) The SOTA models [7] may require unique structures
36 like the momentum encoder and large memory queues, which may complicate the understanding. 2)
37 The contrastive SSL models [8] may depend on large batch size and huge epoch numbers to achieve
38 competitive performance, posing a computational challenge for academia to explore this direction.

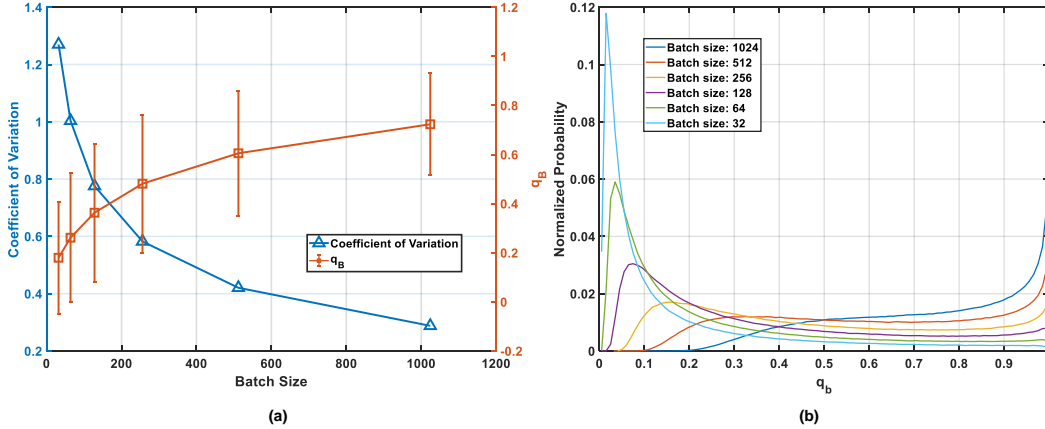


Figure 1: An overview of the batch size issue in the general contrastive approaches: (a) shows the NPC multiplier q_B in different batch sizes. As the large batch size increasing the q_B will approach 1 with a small coefficient of variation. (b) illustrates the distribution of q_B .

39 3) They may be sensitive to hyperparameters and optimizers, introducing additional difficulty to
 40 reproduce the results on various benchmarks.

41 Our motivation in this work is to provide a simple, efficient, and yet competitive contrastive learning
 42 baseline. We choose SimCLR as our starting point, given its conceptual simplicity. By analyzing the
 43 objective function, we identified a Negative-Positive-Coupling (NPC) multiplier q_B in the gradient
 44 as shown in Proposition 1. The NPC multipliers modulate the gradient of each sample, and it
 45 mistakenly increases the impact of both negative samples and positive samples, given either of them
 46 is more informative. Such a coupling exacerbates when smaller batch sizes are used. By removing
 47 the coupling term, we reach a new formulation, the *decoupled contrastive learning* (DCL). The
 48 new objective function significantly improves the training efficiency, requires neither large batches,
 49 momentum encoding, or large epochs to achieve competitive performance on various different
 50 benchmarks. Specifically, DCL reaches 66.9% ImageNet top-1 (linear probing) accuracy with batch
 51 size 256, SGD optimizer within 200 epochs. Even if DCL is trained for 100 epochs, it still reaches
 52 64.6% ImageNet top-1 accuracy with batch size 256.

53 In short, this work makes the following contributions:

- 54 1) We provide both theoretical analysis and empirical evidence to show the negative-positive
 55 coupling in the gradient of contrastive learning;
- 56 2) We introduce a new, decoupled contrastive learning (DCL) objective, which casts off the
 57 coupling phenomenon between positive and negative samples in contrastive learning, and
 58 significantly improves the training efficiency; Additionally, the proposed DCL objective is
 59 less sensitive the several important hyperparameters;
- 60 3) We demonstrate our approach via extensive experiments and analysis on both large and
 61 small-scale vision benchmarks, with an optimal configuration for the standard SimCLR
 62 baseline to have a competitive performance within contrastive approaches.

63 2 Related work

64 2.1 Self-supervised representation learning

65 Self-supervised representation learning (SSL) aims to learn a robust embedding space from data
 66 without human annotation. Previous arts can be roughly categorized into generative and discriminative.
 67 Generative approaches, such as autoencoders and adversarial learning, focus on reconstructing
 68 images from latent representations [9, 10]. Conversely, recent discriminative approaches, especially
 69 contrastive learning-based approaches, have gained the most ground and achieved state-of-the-art
 70 standard large-scale image classification benchmarks with increasingly more compute and data
 71 augmentations.

72 2.2 Contrastive learning

73 Contrastive learning (CL) constructs positive and negative sample pairs to extract information from
 74 the data itself. In CL, each anchor image in a batch has only one positive sample to construct a positive
 75 sample pair [11, 8, 7]. CPC [5] predicts the future output of sequential data by using current output
 76 as prior knowledge, which can improve the feature representing the ability of the model. Instance
 77 discrimination [4] proposes a non-parametric cross-entropy loss to optimize the model at the instance
 78 level. Inv. spread [12] makes use of data augmentation invariants and the spread-out property of
 79 instance to learn features. MoCo [7] proposes a dictionary to maintain a negative sample set, thus
 80 increasing the number of negative sample pairs. Different from the aforementioned self-supervised
 81 CL approaches, [13] proposes a supervised CL that considers all the same categories as positive pairs
 82 to increase the utility of images.

83 2.3 Collapsing issue via batch size and negative sample

84 In CL, the objective is to maximize the mutual information between the positive pairs. However, to
 85 avoid the “*collapsing output*”, vast quantities of negative samples are needed so that the learning
 86 objectives obtain the maximum similarity and have the minimum similarity with negative samples.
 87 For instance, in SimCLR [8], training requires many negative samples, leading to a large batch size
 88 (i.e., 4096). Furthermore, to optimize such a huge batch, a specially designed optimizer LARS [14]
 89 is used. Similarly, MoCo [7] needs a vast queue (i.e., 65536) to achieve competitive performance.
 90 BYOL [15] does not collapse output without using any negative samples by considering all the
 91 images are positive and to maximize the similarity of “projection” and “prediction” features. On the
 92 other hand, Simsam [16] leverages the Siamese network to introduce inductive biases for modeling
 93 invariance. With the small batch size (i.e., 256), Simsam is a rival to BYOL (4096). Unlike both
 94 approaches that achieved their success through empirical studies, this paper tackles from a theoretical
 95 perspective, proving that an intertwined multiplier q_B of positive and negative is the main issue to
 96 contrastive learning.

97 3 Decouple negative and positive samples in contrastive learning

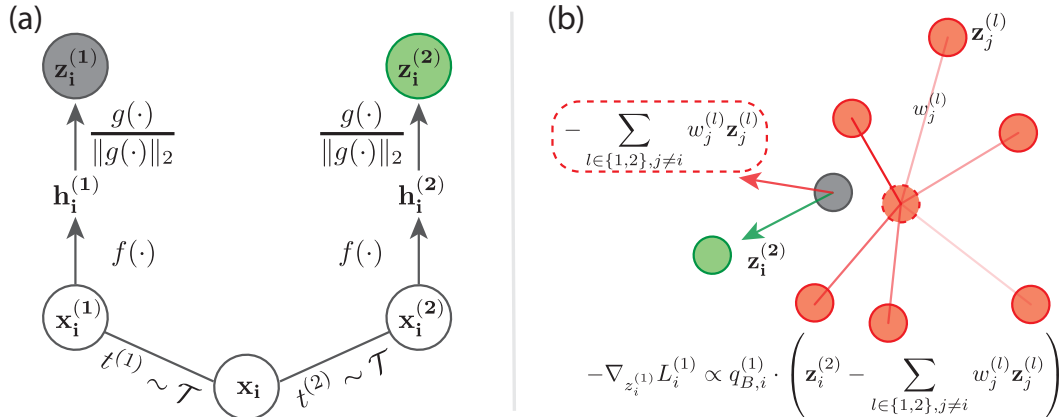


Figure 2: Contrastive learning and negative-positive coupling (NPC). (a) In SimCLR, each sample x_i has two augmented views $\{x_i^{(1)}, x_i^{(2)}\}$. They are encoded by the same encoder f and further projected to $\{z_i^{(1)}, z_i^{(2)}\}$ by a normalized MLP. (b) According to Equation 3. For the view $x_i^{(1)}$, the cross-entropy loss $L_i^{(1)}$ leads to a positive force $z_i^{(2)}$, which comes from the other view $x_i^{(2)}$ of x and a negative force, which is a weighted average of all the negative samples, i.e. $\{z_j^{(l)} | l \in \{1, 2\}, j \neq i\}$. However, the gradient $-\nabla_{z_i^{(2)}} L_i^{(1)}$ is proportional to the NPC multiplier.

98 We choose to start from SimCLR because of its conceptual simplicity. Given a batch of N samples
 99 (e.g. images), $\{x_1, \dots, x_N\}$, let $x_i^{(1)}, x_i^{(2)}$ be two augmented views of the sample x_i and B be
 100 the set of all of the augmented views in the batch, i.e. $B = \{x_i^{(k)} | k \in \{1, 2\}, i \in \llbracket 1, N \rrbracket\}$. As

101 shown by Figure 2(a), each of the views $\mathbf{x}_i^{(k)}$ is sent into the same encoder network f and the output
 102 $\mathbf{h}_i^{(k)} = f(\mathbf{x}_i^{(k)})$ is then projected by a normalized MLP projector that $\mathbf{z}_i^{(k)} = g(\mathbf{h}_i^{(k)})/\|g(\mathbf{h}_i^{(k)})\|$.
 103 For each augmented view $\mathbf{x}_i^{(k)}$, SimCLR solves a classification problem by using the rest of the
 104 views in B as targets, and assigns the only positive label to $\mathbf{x}_i^{(u)}$, where $u \neq k$. So SimCLR
 105 creates a cross-entropy loss function $L_i^{(k)}$ for each view $\mathbf{x}_i^{(k)}$, and the overall loss function is
 106 $L = \sum_{k \in \{1,2\}, i \in [1,N]} L_i^{(k)}$.

$$L_i^{(k)} = -\log \frac{\exp(\langle \mathbf{z}_i^{(1)}, \mathbf{z}_i^{(2)} \rangle / \tau)}{\exp(\langle \mathbf{z}_i^{(1)}, \mathbf{z}_i^{(2)} \rangle / \tau) + \sum_{l \in \{1,2\}, j \in [1,N], j \neq i} \exp(\langle \mathbf{z}_i^{(k)}, \mathbf{z}_j^{(l)} \rangle / \tau)} \quad (1)$$

107 *Proposition 1.* There exists a negative-positive coupling (NPC) multiplier $q_{B,i}^{(1)}$ in the gradient of
 108 $L_i^{(1)}$:

$$\begin{cases} -\nabla_{\mathbf{z}_i^{(1)}} L_i^{(1)} = \frac{q_{B,i}^{(1)}}{\tau} \left[\mathbf{z}_i^{(2)} - \sum_{l \in \{1,2\}, j \in [1,N], j \neq i} \frac{\exp(\langle \mathbf{z}_i^{(1)}, \mathbf{z}_j^{(l)} \rangle / \tau)}{\sum_{q \in \{1,2\}, j \in [1,N], j \neq i} \exp(\langle \mathbf{z}_i^{(1)}, \mathbf{z}_j^{(q)} \rangle / \tau)} \cdot \mathbf{z}_j^{(l)} \right] \\ -\nabla_{\mathbf{z}_i^{(2)}} L_i^{(1)} = \frac{q_{B,i}^{(1)}}{\tau} \cdot \mathbf{z}_i^{(1)} \\ -\nabla_{\mathbf{z}_j^{(l)}} L_i^{(1)} = -\frac{q_{B,i}^{(1)}}{\tau} \frac{\exp(\langle \mathbf{z}_i^{(1)}, \mathbf{z}_j^{(l)} \rangle / \tau)}{\sum_{q \in \{1,2\}, j \in [1,N], j \neq i} \exp(\langle \mathbf{z}_i^{(1)}, \mathbf{z}_j^{(q)} \rangle / \tau)} \cdot \mathbf{z}_i^{(1)} \end{cases} \quad (2)$$

109 where the NPC multiplier $q_{B,i}^{(1)}$ is:

$$q_{B,i}^{(1)} = 1 - \frac{\exp(\langle \mathbf{z}_i^{(1)}, \mathbf{z}_i^{(2)} \rangle / \tau)}{\sum_{q \in \{1,2\}, j \in [1,N], j \neq i} \exp(\langle \mathbf{z}_i^{(1)}, \mathbf{z}_j^{(q)} \rangle / \tau)} \quad (3)$$

110 Due to the symmetry, a similar NPC multiplier $q_{B,i}^{(k)}$ exists in the gradient of $L_i^{(k)}$, $k \in \{1,2\}$, $i \in$
 111 $[1, N]$.

112 As we can see, all of the partial gradients in Equation 2 are modified by the common NPC multiplier
 113 $q_{B,i}^{(k)}$ in Equation 3. Equation 3 makes intuitive sense: 1) When a positive sample pair $\{\mathbf{z}_i^{(1)}, \mathbf{z}_i^{(2)}\}$ are
 114 farther, the corresponding NPC multiplier $q_{B,i}^{(1)}$ is larger. This will makes the overall gradient larger.
 115 Otherwise, the gradient is smaller. 2) When a negative sample is closer to $\mathbf{z}_i^{(1)}$, it makes $q_{B,i}^{(1)}$ larger.
 116 Overall, the intuition here is that a positive sample farther from the target or a negative sample closer
 117 to the target is more informative. However, the positive samples and negative samples are strongly
 118 coupled. An outlier positive sample also makes the gradient from the negative samples significantly
 119 larger and vice versa.

120 Figure 1(b) shows the NPC multiplier q_B distribution shift w.r.t. different batch sizes for a pre-trained
 121 SimCLR baseline model. While all of the shown distributions have prominent fluctuation, the smaller
 122 batch size makes q_B cluster towards 0, while the larger batch size pushes the distribution towards
 123 $\delta(1)$. Figure 1(a) shows the averaged NPC multiplier $\langle q_B \rangle$ changes w.r.t. the batch size and the
 124 relative fluctuation. The small batch sizes introduce significant NPC fluctuation. Based on this
 125 observation, we propose to remove the NPC multipliers from the gradients, which corresponds to the
 126 case $q_{B,N \rightarrow \infty}$. This leads to the decoupled contrastive learning formulation.

127 *Proposition 2.* Removing the positive pair from the denominator of Equation 2 leads to a decoupled
 128 contrastive learning loss. If we remove the NPC multiplier $q_{B,i}^{(k)}$ from Equation 2, we reach a
 129 decoupled contrastive learning loss $L_{DC} = \sum_{k \in \{1,2\}, i \in [1,N]} L_{DC,i}^{(k)}$, where $L_{DC,i}^{(k)}$ is:

$$L_{DC,i}^{(k)} = -\log \frac{\exp(\langle \mathbf{z}_i^{(1)}, \mathbf{z}_i^{(2)} \rangle / \tau)}{\exp(\langle \mathbf{z}_i^{(1)}, \mathbf{z}_i^{(2)} \rangle / \tau) + \sum_{l \in \{1,2\}, j \in [1,N], j \neq i} \exp(\langle \mathbf{z}_i^{(k)}, \mathbf{z}_j^{(l)} \rangle / \tau)} \quad (4)$$

$$= -\langle \mathbf{z}_i^{(1)}, \mathbf{z}_i^{(2)} \rangle / \tau + \log \sum_{l \in \{1,2\}, j \in [1,N], j \neq i} \exp(\langle \mathbf{z}_i^{(k)}, \mathbf{z}_j^{(l)} \rangle / \tau) \quad (5)$$

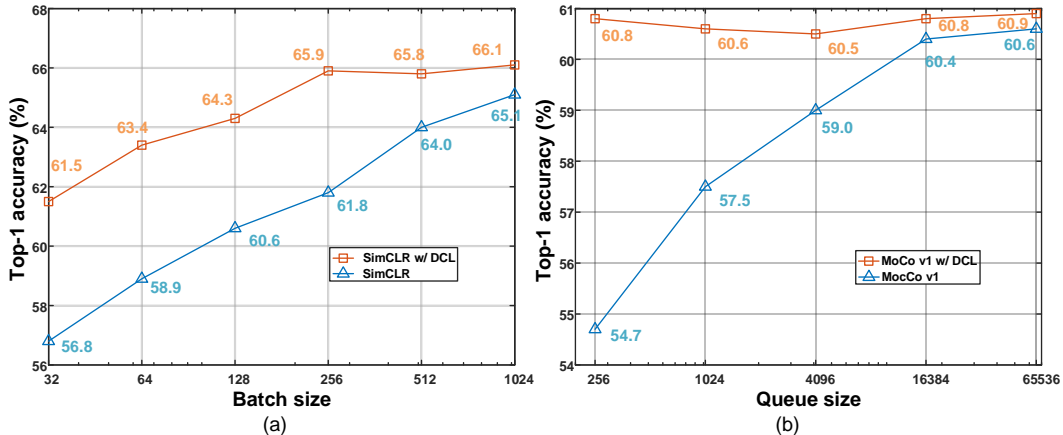


Figure 3: Comparisons on ImageNet-1K with/without DCL under different numbers of (a): batch sizes for SimCLR [8] and (b): queues for MoCo [7]. Without DCL, the top-1 accuracy significantly drops when batch size (SimCLR) or queues (MoCo) becomes very small.

130 The proofs of Proposition 1 and 2 are given in Appendix. Further, we can generalize the loss
 131 function L_{DC} to L_{DCW} by introducing a weighting function for the positive pairs i.e. $L_{DCW} =$
 132 $\sum_{k \in \{1,2\}, i \in [1,N]} L_{DCW,i}^{(k)}$.

$$L_{DCW,i}^{(k)} = -w(\mathbf{z}_i^{(1)}, \mathbf{z}_i^{(2)}) (\langle \mathbf{z}_i^{(1)}, \mathbf{z}_i^{(2)} \rangle / \tau) + \log \sum_{l \in \{1,2\}, j \in [1,N], j \neq i} \exp(\langle \mathbf{z}_i^{(k)}, \mathbf{z}_j^{(l)} \rangle / \tau) \quad (6)$$

133 where we can intuitively choose w to be a negative von Mises-Fisher weighting function that
 134 $w(\mathbf{z}_i^{(1)}, \mathbf{z}_i^{(2)}) = 2 - \frac{\exp(\langle \mathbf{z}_i^{(1)}, \mathbf{z}_i^{(2)} \rangle / \sigma)}{\mathbb{E}_i [\exp(\langle \mathbf{z}_i^{(1)}, \mathbf{z}_i^{(2)} \rangle / \sigma)]}$ and $\mathbb{E}[w] = 1$. L_{DC} is a special case of L_{DCW} and we
 135 can see that $\lim_{\sigma \rightarrow \infty} L_{DCW} = L_{DC}$. The intuition behind $w(\mathbf{z}_i^{(1)}, \mathbf{z}_i^{(2)})$ is that there is more learning
 136 signal when a positive pair of samples are far from each other.

137 4 Experiments

138 This section evaluates our proposed decoupled contrastive learning (DCL) empirically and compares
 139 it to the general contrastive learning methods. We summarize our experiments and analysis as the
 140 following: (1) our proposed work significantly outperforms the general contrastive learning on large
 141 and small-scale vision benchmarks; (2) we show the better version of DCL: LDCW could further
 142 improve the representation quality. (3) we further analyze our DCL with few learning epochs, which
 143 shows fast convergence of the proposed DCL. Detailed experimental settings can be found in the
 144 Appendix.

145 4.1 Implementation details

146 To understand the effect of the sample decoupling, we consider our proposed DCL, which is based on
 147 the general contrastive learning, where model optimization is irrelevant to the size of batches (i.e.,
 148 negative samples). Extensive experiments and analysis are demonstrated on large-scale benchmarks:
 149 ImageNet-1K [19], ImageNet-100 [6], and small-scale benchmark: CIFAR [20], and STL10 [21].
 150 Note that all of our experiments are conducted with 8 Nvidia V100 GPUs on a single machine.

151 **ImageNet** For a fair comparison on ImageNet data, we implement our proposed decoupled structure,
 152 DCL by following SimCLR [8] with ResNet-50 [22] as the encoder backbone and use cosine annealing
 153 schedule. We set the temperature τ to 0.1 and the latent vector dimension to 128. Following [23],
 154 we evaluate the pre-trained models by training a linear classifier with frozen learned embedding on
 155 ImageNet data. We further consider evaluating our approach on ImageNet-100, a selected subset of
 156 100 classes of ImageNet-1K.

Table 1: Comparisons with/without DCL under different numbers of batch sizes from 32 to 512. Results show the effectiveness of DCL on four widely used benchmarks. The performance of DCL keeps steadier than the SimCLR baseline while the batch size is varied.

Dataset	ImageNet-100 (linear)					CIFAR10 (kNN)				
Batch Size	32	64	128	256	512	32	64	128	256	512
SimCLR [8]	74.2	77.6	79.3	80.7	81.3	78.9	80.4	81.1	81.4	81.3
SimCLR w/ DCL	80.8	82.0	81.9	83.1	82.8	83.7	84.4	84.4	84.2	83.5

Dataset	CIFAR100 (kNN)					STL10 (kNN)				
Batch Size	32	64	128	256	512	32	64	128	256	512
SimCLR [8]	49.4	50.3	51.8	52	52.4	74.1	76.2	76.9	77.3	77.6
SimCLR w/ DCL	51.1	54.3	54.6	54.9	55	82.0	82.8	81.8	81.2	81.0

Table 2: kNN top-1 accuracy (%) comparison of SSL approaches on small-scale benchmarks: CIFAR10, CIFAR100, and STL10. Results show that DCL consistently improves its SimCLR baseline. With multi-cropping [17], our DCLW reaches competitive performance within other contrastive learning approaches [8, 7, 4, 12, 18].

kNN (top-1)	SimCLR	MoCo	MoCo + CLD	NPID	NPID + CLD	Inv. Spread	Exemplar	DCL	DCLW w/ mcrop
CIFAR10	81.4	82.1	87.5	80.8	86.7	83.6	76.5	84.1	87.8
CIFAR100	52.0	53.1	58.1	51.6	57.5	N/A	N/A	54.9	58.8
STL10	77.3	80.8	84.3	79.1	83.6	81.6	79.3	81.2	84.1

157 **CIFAR and STL10** For CIFAR10, CIFAR100, and STL10, ResNet-18 [22] is used as the encoder
 158 architecture. We set the temperature τ to 0.07. All models are trained for 200 epochs with SGD
 159 optimizer and a base $lr = 0.03 * batchsize/256$. We follow NPID [4] on using $k = 200$ nearest
 160 neighbor (kNN) classifier. Note that on STL10, we follow [24] to use both *train* set and *unlabeled*
 161 set for model pre-training.

162 4.2 Experiments and analysis

163 **DCL on ImageNet** This section illustrates the effect of our DCL under different batch sizes and
 164 queues. The initial setup is to have 1024 batch size (SimCLR [8]) and 65536 queues (MoCo [7])
 165 and gradually reduce the batch size (SimCLR) and queue (MoCo) to show the corresponding top-1
 166 accuracy by linear evaluation. Figure 3 indicates that without DCL, the top-1 accuracy drastically
 167 drops when batch size (SimCLR) or queue (MoCo) becomes very small. While with DCL, the
 168 performance keeps steadier than baselines (SimCLR: -4.1% vs. -8.3% , MoCo: -0.4% vs. -5.9%).

169 Specifically, Figure 3 further shows that in SimCLR, the performance with DCL improves from
 170 61.8% to 65.9% under 256 batch size; MoCo with DCL improves from 54.7% to 60.8% under 256
 171 queues. The comparison fully demonstrates the necessity of DCL, especially when the number of
 172 negatives is small. Although batch size is increased to 1024, we also note that our DCL (66.1%) still
 173 improves over the SimCLR baseline (65.1%).

174 We further observe the same phenomenon on ImageNet-100 data. Table 1 shows that, while with
 175 DCL, the performance only drops 2.3% compare to the SimCLR baseline of 7.1%.

176 In summary, it is worth noting that, while the batch size is small, the strength of $q_{B,i}$, which is used to
 177 push the negative samples away from the positive sample, is also relatively weak. This phenomenon
 178 tends to reduce the efficiency of learning representation. While taking advantage of DCL alleviates
 179 the performance gap between small and large batch sizes. Hence, through the analysis, we find out
 180 DCL can simply tackle the batch size issue in contrastive learning. With this considerable advantage
 181 given by DCL, general SSL approaches can be implemented with fewer computational resources or
 182 lower standard platforms.

Table 3: Comparisons between SimCLR baseline, DCL, and DCLW. Results indicate that DCL improves the performance of baseline, and DCLW further provides an extra boost. Note that results are under the batch size 256 and epoch 200. All of models are both trained and evaluated with same experimental settings.

	Baseline	DCL	DCLW
CIFAR10	81.8	84.2 (+3.1)	84.8 (+3.7)
CIFAR100	51.8	54.6 (+2.8)	54.9 (+3.1)
ImageNet-100	79.3	81.9 (+2.6)	82.8 (+3.5)
ImageNet-1K	61.8	65.9 (+4.1)	66.9 (+5.1)

Table 4: ImageNet-1K top-1 accuracy (%) on SimCLR and MoCo v2 with/without DCL under few training epochs. We further list results under 200 epochs for clear comparison. With DCL, the performance of SimCLR trained under 100 epochs nearly reaches its performance under 200 epochs. The MoCo v2 with DCL also reaches higher accuracy than the baseline under 100 epochs.

	SimCLR[8]	SimCLR w/ DCL	MoCo v2[25]	MoCo v2 w/ DCL
100 epoch	57.5	64.6	63.6	64.4
200 epoch	61.8	65.9	67.5	67.7

183 **DCL on CIFAR and STL10** In Table 1 and Table 3, it is observed that DCL also demonstrates
 184 its effectiveness on small-scale benchmarks. In summary, DCL outperforms its baseline by 3.1%
 185 (CIFAR10) and 2.8% (CIFAR100) and keeps the performance relatively steady under batch size 256.
 186 We also improve the kNN accuracy of the SimCLR baseline on STL10 by 3.9%.

187 **Decoupled objective with re-weighting DCLW** We only replace L_{DC} with L_{DCW} with no possible
 188 advantage from additional tricks. That is, both our approach and the baselines apply the same
 189 training instruction of the OpenSelfSup benchmark [23] for fairness. Note that we empirically choose
 190 $\sigma = 0.5$ in the experiments.

191 Results in Table 3 indicates that, DCLW achieves extra 5.1% (ImageNet-1K), 3.5% (ImageNet-100)
 192 gains compared to the baseline. For CIFAR data, extra 3.7% (CIFAR10), 3.1% are gained from the
 193 addition of DCLW. It is worth to note that, trained with 200 epochs, our DCLW reaches 66.9% with
 194 batch size 256, surpassing the SimCLR [8] baseline: 66.2% with batch size 8192.

195 4.3 Small-scale benchmark results: STL10, CIFAR10, and CIFAR100

196 For STL10, CIFAR10, and CIFAR100, we implement our DCL with ResNet-18 [22] as encoder
 197 backbone by following small-scale benchmark of CLD [24]. All the models are trained for 200
 198 epochs with 256 batch size and evaluate by using kNN accuracies ($k = 200$).

199 Results in Table 2 indicates that, our DCLW with multi-cropping [17] consistently outperforms the
 200 state-of-the-art baselines on CIFAR10, STL10, and CIFAR100. Our DCL also demonstrates its
 201 capability while comparing against other baselines. More analysis of large-scale benchmarks can be
 202 found in Appendix.

203 4.4 Ablations

204 We perform extensive ablations on the hyperparameters of our DCL and DCLW on both ImageNet data
 205 and other small-scale data, i.e., CIFAR10, CIFAR100, and STL10. By seeking better configurations
 206 empirically, we see that our approach gives consistent gains over the standard SimCLR baseline. In
 207 other ablations, we see that our DCL achieves more gains over both SimCLR and MoCo v2, i.e.,
 208 contrastive learning baselines, also when training for 100 epochs only.

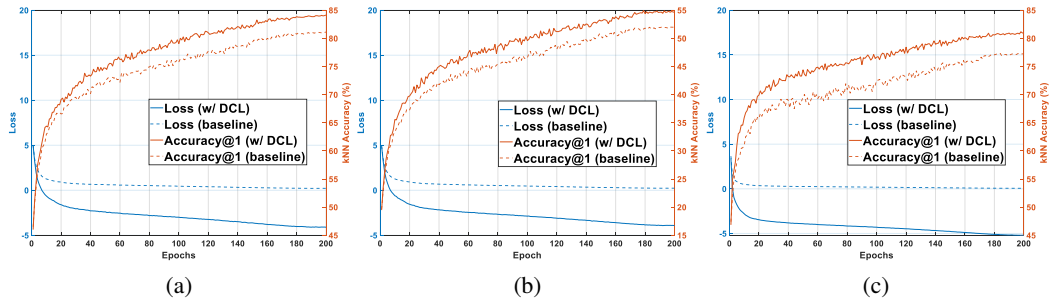


Figure 4: During the SSL pre-training, DCL speeds up the model convergence and provides better performance than the baseline on CIFAR and STL10 data.

209 **Few learning epochs** Our DCL is inspired by the traditional contrastive learning framework, which
 210 needs a large batch size, long learning epochs to achieve higher performance. The previous state-
 211 of-the-art, SimCLR [8], heavily rely on large quantities of learning epochs to obtain high top-1
 212 accuracy. (e.g., 69.3% with up to 1000 epochs). The purpose of our DCL is to achieve higher learning
 213 efficiency with few learning epochs. We demonstrate the effectiveness of DCL in contrastive learning
 214 frameworks SimCLR and MoCo v2. We choose the batch size of 256 (queue of 65536) as the baseline
 215 and train the model with only 100 epochs instead of the normal number of 200. We make sure other
 216 parameter settings are the same for a fair comparison. Table 4 shows the result on ImageNet-1K
 217 using linear evaluation. With DCL, SimCLR can achieve 64.6% top-1 accuracy with only 100 epochs
 218 compared to SimCLR baseline: 57.5%; MoCo v2 with DCL reaches 64.4% compared to MoCo v2
 219 baseline: 63.6% with 100 epochs pre-training.

220 We further demonstrate that, with DCL, learning representation becomes faster during the early stage
 221 of training. The reason is that DCL successfully solves the decoupled issue between positive and
 222 negative pairs. Figure 4 (a), (b), and (c), show that our DCL improves the speed of convergence and
 223 reaches higher performance than the baseline on CIFAR and STL10 data.

224 5 Conclusion

225 In this paper, we identify the negative-positive-coupling (NPC) effect in SimCLR. By removing
 226 the NPC effect, we reach a new objective function, decoupled contrastive learning (DCL). The
 227 proposed DCL loss function requires minimal modification to the SimCLR baseline and provides
 228 efficient, reliable, and nontrivial performance improvement on various benchmarks. Given the
 229 conceptual simplicity of DCL and that it requires neither momentum encoding, large batch sizes, or
 230 long epochs to reach competitive performance, we wish that DCL can serve as a strong baseline for
 231 the contrastive-based SSL methods.

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301 Checklist

- 302 1. For all authors...
- 303 (a) Do the main claims made in the abstract and introduction accurately reflect the paper’s
304 contributions and scope? [Yes]
- 305 (b) Did you describe the limitations of your work? [Yes] See supplementary.
- 306 (c) Did you discuss any potential negative societal impacts of your work? [No]
- 307 (d) Have you read the ethics review guidelines and ensured that your paper conforms to
308 them? [Yes]
- 309 2. If you are including theoretical results...
- 310 (a) Did you state the full set of assumptions of all theoretical results? [Yes] See Section 3.
- 311 (b) Did you include complete proofs of all theoretical results? [Yes] See Section 3.
- 312 3. If you ran experiments...
- 313 (a) Did you include the code, data, and instructions needed to reproduce the main exper-
314 imental results (either in the supplemental material or as a URL)? [N/A] It can be
315 straightforward to reproduce. In addition, we will release our code public after the
316 review process.
- 317 (b) Did you specify all the training details (e.g., data splits, hyperparameters, how they
318 were chosen)? [Yes] See Section4.
- 319 (c) Did you report error bars (e.g., with respect to the random seed after running exper-
320 iments multiple times)? [No] . We only report the mean value of 5 runs but without
321 standard deviation.
- 322 (d) Did you include the total amount of compute and the type of resources used (e.g., type
323 of GPUs, internal cluster, or cloud provider)? [Yes] See Section4.
- 324 4. If you are using existing assets (e.g., code, data, models) or curating/releasing new assets...
- 325 (a) If your work uses existing assets, did you cite the creators? [Yes]
- 326 (b) Did you mention the license of the assets? [Yes]
- 327 (c) Did you include any new assets either in the supplemental material or as a URL? [Yes]
- 328 (d) Did you discuss whether and how consent was obtained from people whose data you’re
329 using/curating? [Yes]
- 330 (e) Did you discuss whether the data you are using/curating contains personally identifiable
331 information or offensive content? [No]
- 332 5. If you used crowdsourcing or conducted research with human subjects...
- 333 (a) Did you include the full text of instructions given to participants and scu’re us-
334 ing/cuapplicable? [Yes]
- 335 (b) Did you describe any potential participant risks, with links to Inu’re using/cuview
336 Board (IRB) approvals, if applicable? [Yes]
- 337 (c) Did you include the estimated hourly wage paid to participants and the tou’re using/cunt
338 on participant compensation? [Yes]