Implicitly regularized interaction between SGD and the loss landscape geometry

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Abstract

1 Introduction

 SGD plays an important role in the success of deep learning. However, we still do not fully understand how SGD works from the perspectives of both optimization behavior and generalization performance. To be specific, SGD is a stochastic approximation of full-batch gradient descent (GD), but SGD generally yields better generalization with a small batch size [\[27,](#page-10-0) [23\]](#page-10-1). Moreover, GD is a discretization of gradient flow (GF) with a finite learning rate, i.e., GF is a GD in the limit of vanishing learning rate, but GD generally performs better with a large learning rate [\[2,](#page-9-0) [32,](#page-11-0) [28,](#page-10-2) [43\]](#page-11-1). There are some *scaling rules* [\[25,](#page-10-3) [10,](#page-9-1) [15,](#page-9-2) [45,](#page-11-2) [54\]](#page-12-0) on how to tune the learning rate for varying batch sizes, but they fail when the batch size gets large [\[42,](#page-11-3) [38,](#page-11-4) [57,](#page-12-1) [43,](#page-11-1) [33\]](#page-11-5). Especially for a greater data-parallelism to accelerate the training process, we require a more accurate scaling rule for the large-batch regime. There has been many studies to understand the SGD dynamics and its impacts on generalization in deep neural networks. While they provide some useful and intuitive explanations to help us understand

 these properties of SGD, unfortunately, some results often rely on impractical assumptions or only apply to a certain range of learning rates and batch sizes. For example, some approximate SGD as a stochastic differential equation (SDE) in the limit of vanishing learning rate [\[34,](#page-11-6) [35,](#page-11-7) [29,](#page-10-4) [16,](#page-9-3) [30,](#page-10-5) [31,](#page-11-8) [18,](#page-10-6) [44,](#page-11-9) [4\]](#page-9-4). Therefore, in a practical finite learning rate regime, this may not properly describe the SGD dynamics. Moreover, Yaida [\[52\]](#page-12-2) raises some theoretical issues about the SDE approximation

and Li et al. [\[33\]](#page-11-5) theoretically analyze a sufficient condition for the SDE approximation to fail.

 In this paper, we aim to understand the dynamics and the implicit bias of SGD through the analysis of the *interaction* between SGD and the loss landscape of a neural network with minimal assumptions. To be specific, we investigate the unstable dynamics of SGD "at the edge of stability" [\[6\]](#page-9-5) (Section [4.1](#page-2-0)[-4.2\)](#page-3-0). This investigation leads to a more refined characterization of the edge of stability by the *interaction-aware sharpness* which extends the previous findings for full-batch GD to a general SGD. Then, we introduce a *concentration measure* of the the batch gradient distribution of SGD. By doing so, we find that SGD implicitly regularizes the interaction-aware sharpness and its regularization effect is controlled by the ratio of the concentration measure to learning rate (Section [5.1\)](#page-5-0). Finally, we propose a more accurate scaling rule between batch size and learning rate, based on a novel

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³⁴ analysis of the implicit regularization and the concentration measure (Section [5.2\)](#page-6-0). This can be

³⁵ applied to any batch size including the large-batch regime where the previous scaling rules fail

³⁶ [\[18,](#page-10-6) [38,](#page-11-4) [57,](#page-12-1) [42,](#page-11-3) [43,](#page-11-1) [46\]](#page-11-10). We name it *Linear and Saturation Scaling Rule* (LSSR).

37 2 Stochastic Gradient and Loss Landscape

³⁸ In this section, we review some concepts required for further discussion. We also summarize the ³⁹ notations in Appendix [A](#page--1-0) for a quick reference. We often omit the dependence on some variables and ⁴⁰ the subscript of the expectation operation when clear from the context.

41 For a learning task, we use a parameterized model (neural network) with model parameter $\theta \in$

42 $\Theta \subset \mathbb{R}^m$. Then we train the model using training data $\mathcal{D} = \{x_i\}_{i=1}^n$ and a loss function $\ell(x; \theta)$.

43 We denote the (total) training loss by $L(\theta) \equiv \frac{1}{n} \sum_{i=1}^{n} \ell(x_i; \theta)$ for training data \mathcal{D} . At time step 44 t, we update the parameter θ_t using GD: $\theta_{t+1} = \theta_t - \eta \nabla_{\theta} L(\theta_t)$ with a learning rate η , or using

45 SGD: $\theta_{t+1} = \theta_t - \eta g_b(\theta_t)$ with a mini-batch gradient $g_b(\theta_t) \equiv \frac{1}{b} \sum_{x \in \mathcal{B}_t} \nabla_{\theta} \ell(x; \theta_t) \in \mathbb{R}^m$ for a 46 mini-batch $\mathcal{B}_t \subset \mathcal{D}$ of size b ($1 \leq b \leq n$).

47 Now, we are ready to introduce some important matrices, C_b , S_b , and H. First, we define the 48 covariance $C_b(\theta) \equiv \text{Var}[g_b(\theta)] = \mathbb{E}\left[\left(g_b(\theta) - \mathbb{E}[g_b(\theta)]\right)\left(g_b(\theta) - \mathbb{E}[g_b(\theta)]\right)^{\top}\right] \in \mathbb{R}^{m \times m}$ and the

49 second moment $S_b(\theta) \equiv \mathbb{E}[g_b(\theta)g_b(\theta)^{\top}] \in \mathbb{R}^{m \times m}$ of the mini-batch gradient $g_b(\theta)$ over batch

so sampling for a batch size $1 \le b \le n$ $1 \le b \le n$.¹ The covariance C_b and the second moment S_b satisfy not only

51 $C_b = S_b - S_n$ but also the following equation [\[15,](#page-9-2) [29,](#page-10-4) [49\]](#page-12-3):

$$
C_b = \frac{\gamma_{n,b}}{b}(S_1 - S_n) = \frac{\gamma_{n,b}}{b}C_1,
$$
\n(1)

52 where $\gamma_{n,b} = \frac{n-b}{n-1}$ for sampling *without* replacement and $\gamma_{n,b} = 1$ for sampling *with* replacement. ⁵³ We provide a self-contained proof of [\(1\)](#page-1-1) in Appendix [B.1.](#page--1-1) We note that, for sampling without 54 replacement, many previous works approximate $\gamma_{n,b} \approx 1$ assuming $b \ll n$ [\[18,](#page-10-6) [15,](#page-9-2) [46\]](#page-11-10), but we 55 consider the whole range of $1 \leq b \leq n \ (0 \leq \gamma_{n,b} \leq 1 \text{ with } \gamma_{n,1} = 1 \text{ and } \gamma_{n,n} = 0$). Second, 56 we define the Hessian $H(\theta) = \nabla_{\theta}^2 L(\theta) = \mathbb{E}_{x \sim \mathcal{D}}[\nabla_{\theta}^2 \ell(x; \theta)] \in \mathbb{R}^{m \times m}$ and the operator norm (the 57 top eigenvalue) $||H|| \equiv \sup_{||u||=1} ||Hu||$ of H. We also denote the *i*-th largest eigenvalue and its ss corresponding normalized eigenvector by $\lambda_i \in \mathbb{R}$ and $q_i \in \mathbb{R}^m$, respectively, for $i = 1, \cdots, m$.

⁵⁹ Therefore, with these matrices, we can write one of our goals as follows:

 60 *We aim to understand how the gradient distribution* (C_b *and* S_b) and the loss landscape geometry ⁶¹ *(*H*) interact with each other during SGD training.*

62 We investigate this "interaction" in terms of matrix multiplication HS_b . To be specific, we consider the trace $tr(HS_b)$ or its normalized one $\frac{tr(HS_b)}{tr(S_b)}$ (will be denoted by $||H||_{S_b}$ in Definition [2](#page-3-1) later).

⁶⁴ 3 Related Work

 Some studies investigate the interaction between the gradient distribution and the loss landscape 66 geometry represented by $tr(HS_b)$ in the context of escaping efficiency [\[58,](#page-12-4) Section 3.1], stationarity [\[52,](#page-12-2) Section 2.2], and convergence [\[48,](#page-11-11) Section 3.1.1]. However, they require some additional assumptions like SDE approximation of SGD [\[58\]](#page-12-4), the existence of a stationary-state distribution of the model parameter [\[52,](#page-12-2) Section 2.3.4], and strong convexity of the training loss function [\[48\]](#page-11-11), respectively. In this paper, we provide a new insight into the interaction $tr(HS_b)$ without these assumptions.

72 Convergence of full-batch GD $(b = n)$ has been instead analyzed with an upper bound on the 73 interaction tr(HS_n) with further assumptions for the stable optimization, such as β -smoothness of

¹These two matrices C_b and S_b are also called the second *central* and *non-central* moments, respectively. But to avoid confusion, we use the term "second moment" only for the non-central S_b .

the objective and $0 < \eta < \frac{2}{\beta}$ $0 < \eta < \frac{2}{\beta}$ $0 < \eta < \frac{2}{\beta}$ (e.g., $\eta = \frac{1}{\beta}$) [\[39,](#page-11-12) [41,](#page-11-13) [37,](#page-11-14) [3\]](#page-9-6). ² However, it may lose useful information

75 of the interaction between H and S_n . Moreover, when we train a standard neural network with GD 76 in practice, $||H|| (≤ β)$ increases in the early phase of training and the iterate enters the regime called

the edge of stability [\[6\]](#page-9-5) where $||H|| \gtrapprox \frac{2}{\eta}$, i.e., $\eta \gtrapprox \frac{2}{||H||} \ge \frac{2}{\beta}$. This contradicts with the assumption

⁷⁸ for stable optimization and the iterate exhibits unstable behavior with a non-monotonically decreasing

⁷⁹ loss [\[51,](#page-12-5) [50,](#page-12-6) [6\]](#page-9-5). We further extend this discussion of unstable dynamics for GD to the case of SGD.

⁸⁰ From the generalization perspective, many studies focus on the implicit bias of SGD toward a better

 81 generalization [\[40,](#page-11-15) [56,](#page-12-7) [47,](#page-11-16) [20,](#page-10-7) [21,](#page-10-8) [1,](#page-9-7) [46\]](#page-11-10). There are mainly two factors known to correlate with the

⁸² generalization performance: the batch gradient distribution during training [\[15,](#page-9-2) [18,](#page-10-6) [44,](#page-11-9) [58\]](#page-12-4) and the

⁸³ sharpness of the loss landscape at the minimum [\[14,](#page-9-8) [23,](#page-10-1) [8,](#page-9-9) [22,](#page-10-9) [9,](#page-9-10) [26\]](#page-10-10). We provide a link between the

⁸⁴ batch gradient distribution and the sharpness that the model is implicitly regularized to have a low

⁸⁵ sharpness when the second moment of the batch gradient is large (see Section [5.1\)](#page-5-0).

⁸⁶ 4 Optimization through Loss Landscape

⁸⁷ We start by investigating the optimization behavior of SGD through the interaction between SGD and ⁸⁸ the loss landscape *without* the stochastic differential equation (SDE) approximation.

⁸⁹ 4.1 Unstable Optimization

- 90 Using the second-order Taylor expansion, the change in total training loss $L_t = L(\theta_t)$ as the SGD
- 91 iterate moves from θ_t to θ_{t+1} at time step t can be expressed as follows:

$$
L_{t+1} - L_t = -\eta \nabla L^\top g_b + \frac{\eta^2}{2} g_b^\top H g_b + O(||\delta_t||^3),\tag{2}
$$

92 where $\delta_t = \theta_{t+1} - \theta_t = -\eta g_b$. Thus, we obtain the expected loss difference as follows:

$$
\mathbb{E}[L_{t+1}] - L_t = -\eta \nabla L^\top \mathbb{E}[g_b] + \frac{\eta^2}{2} \mathbb{E}[g_b^\top H g_b] + \epsilon \tag{3}
$$

$$
= -\eta \|\nabla L\|^2 + \frac{\eta^2}{2} \operatorname{tr} \left(\mathbb{E}[H g_b g_b^\top] \right) + \epsilon \tag{4}
$$

$$
= -\eta \operatorname{tr}(S_n) + \frac{\eta^2}{2} \operatorname{tr}(HS_b) + \epsilon \tag{5}
$$

$$
= \frac{\eta^2}{2} \operatorname{tr}(S_n) \left[\frac{\operatorname{tr}(HS_b)}{\operatorname{tr}(S_n)} - \frac{2}{\eta} \right] + \epsilon,\tag{6}
$$

93 where $\epsilon = O(\mathbb{E}[\|\delta_t\|^3])$ and $\mathbb{E}[g_b] = \nabla L$ is used. For the moment, we make a minimal assumption

94 that the training loss is locally quadratic, i.e., $\epsilon = 0$ near θ_t , but we will revisit this assumption later

⁹⁵ (see Section [4.2\)](#page-3-0). Then, the expected loss increases when the following *instability condition* is met:

Definition 1 (Instability Condition).

$$
\frac{\text{tr}(HS_b)}{\text{tr}(S_n)} > \frac{2}{\eta}.\tag{7}
$$

96 We also define *unstable regime* $\mathbb{U} = \{ \theta \in \Theta : \frac{\text{tr}(HS_b)}{\text{tr}(S_n)} > \frac{2}{\eta} \}$ and *stable regime* $\mathbb{S} \equiv \mathbb{U}^c$. For a ⁹⁷ standard non-quadratic loss function, we will show in the following sections that the iterate tends not 98 to stay within the unstable regime U and operates near at the boundary ∂S of the stable regime S, 99 called the edge of stability [\[6\]](#page-9-5). Cohen et al. [6] mark the edge of stability with $\{\theta \in \Theta : ||H|| = \frac{2}{\eta}\}\$ for GD, but we mark with $\partial S = \{ \theta \in \Theta : \frac{\text{tr}(HS_b)}{\text{tr}(S_n)} = \frac{2}{\eta} \}$ for both SGD and GD which provides a more ¹⁰¹ clear and generalized indication as shown in Figure [4](#page-6-1) later. On the other hand, for a globally quadratic ¹⁰² loss, when the GD iterate satisfies the instability condition, it diverges within the unstable regime [\[6\]](#page-9-5). ¹⁰³ We emphasize that many studies on the convergence of GD usually consider the optimization within

$$
{}^2L(\theta_{t+1}) - L(\theta_t) \leq \nabla L^\top(\theta_{t+1} - \theta_t) + \frac{\beta}{2} ||\theta_{t+1} - \theta_t||^2 = -\eta ||\nabla L||^2 + \frac{\beta\eta^2}{2} ||\nabla L||^2 = -\eta(1 - \frac{\beta\eta}{2}) ||\nabla L||^2
$$
 and thus the loss monotonically decreases when $0 < \eta < \frac{2}{\beta}$.

Figure 1: [An empirical validation of [\(6\)](#page-2-2) for SGD (top) and [\(9\)](#page-3-2) for GD (bottom)] In the early phase, until the iterate enters the edge of stability, it validates [\(6\)](#page-2-2) and [\(9\)](#page-3-2) with the blue line with the slope $\frac{\eta^2}{2}$ $\frac{p^2}{2}$ and x-intercept $\frac{2}{\eta}$. For GD (bottom), they are plotted *after* $||H||$ exceeds $\frac{2}{\eta}$ after which $||H||_{S_n}$ starts to increase from 0 to $\frac{2}{\eta}$ in a few steps. For cross-entropy loss, we mark the end point with 'x' when the iterate enters the unstable regime. We train 6CNN with $\eta = 0.02$.

- ¹⁰⁴ the stable regime [\[39,](#page-11-12) [41,](#page-11-13) [37,](#page-11-14) [3\]](#page-9-6), but GD mostly occurs at the edge of stability after a few steps of
- ¹⁰⁵ training. We will argue that this behavior is crucial for generalization in neural networks.
- ¹⁰⁶ For later use, we also define the *interaction-aware sharpness* as follows:

Definition 2 (interaction-aware sharpness).

$$
||H||_{S_b} \equiv \frac{\text{tr}(HS_b)}{\text{tr}(S_b)}.
$$
\n(8)

107 Here, $tr(HS_b) \leq ||H|| tr(S_b)$, i.e., $||H||_{S_b} \leq ||H||$, and the equality holds only when every g_b is ¹⁰⁸ aligned in the direction of the top eigenvector of H.

Figure [1](#page-3-3) (top row) empirically validates [\(6\)](#page-2-2), showing the normalized loss difference $\frac{\mathbb{E}[L_{t+1}]-L_t}{tr(S_n)}$ 109 110 against $\frac{\text{tr}(HS_b)}{\text{tr}(S_n)}$ in the early phase of training before entering the unstable regime. This result implies 111 that the training loss $L(\theta)$ is approximately locally quadratic, i.e., $\epsilon \approx 0$, in the early phase. Especially, for full-batch GD ($b = n$), the instability condition can be rewritten as $||H||_{S_n} > \frac{2}{\eta}$ and we have the following relationship between the loss difference $L_{t+1} - L_t$ and $||H||_{S_n}$ from [\(6\)](#page-2-2):

$$
L_{t+1} - L_t = \frac{\eta^2}{2} \operatorname{tr}(S_n) \left(||H||_{S_n} - \frac{2}{\eta} \right) + \epsilon.
$$
 (9)

Figure [1](#page-3-3) (bottom row) shows $||H||_{S_n}$ soars from 0 in a few steps after $||H||$ exceeds $\frac{2}{\eta}$ [\[6\]](#page-9-5), satisfying 115 [\(9\)](#page-3-2) approximately with $\epsilon \approx 0$, before the iterate enters the edge of stability. This result is consistent 116 with the following Proposition for a quadratic training loss L. The proof is deferred to Appendix [B.2.](#page--1-2) **117 Proposition 4.1.** *For GD with a quadratic L, if* $||H|| > \frac{2}{\eta}$ *and* $0 < \lambda_i < \frac{2}{\eta}$ *for all* $i \neq 1$ *, then* $\cos(q_1, \nabla L(\theta_t))$, $|q_1^\top \nabla L(\theta_t)|$ and $||H||_{S_n}$ increase to $1, \infty$ and $||H||$, respectively, as $t \to \infty$.

¹¹⁹ 4.2 Non-quadraticity, Asymmetric Valleys and the Edge of Stability

¹²⁰ In the previous section, we have shown that the training loss is approximately locally quadratic *before* ¹²¹ the iterate enters the edge of stability. However, *after* the iterate enters the edge of stability, i.e., $\mathrm{tr}(HS_b)$ $\frac{\text{tr}(HS_b)}{\text{tr}(S_n)}$ reaches and exceeds $\frac{2}{\eta}$, the step size is relatively large for the sharp loss landscape so that the 123 iterate jumps across the valley [\[19\]](#page-10-11), and the higher-order terms ϵ in [\(6\)](#page-2-2) and [\(9\)](#page-3-2) become non-negligible ¹²⁴ and cause a different behavior of the iterate than in the stable regime.

Figure 2: [**Non-quadraticity and overestimation**] The normalized loss difference $\frac{\mathbb{E}[L_{t+1}]-L_t}{\text{tr}(S_n)}$ against $\mathrm{tr}(HS_b)$ $\frac{\text{tr}(H S_b)}{\text{tr}(S_n)}$ during training. After the iterate enters the edge of stability, it often shows a more gentle slope than $\frac{\eta^2}{2}$ $\frac{1}{2}$, especially in the unstable regime.

¹²⁵ Figure [2](#page-4-0) shows empirical evidences for the *non-quadraticity*. After the SGD/GD iterate enters the 126 edge of stability, when the instability condition $\frac{\text{tr}(HS_b)}{\text{tr}(S_n)} > \frac{2}{\eta}$ is met, the normalized increase in the $\log s$ $\mathbb{E}[L_{t+1}]-L_t$ $\left| \frac{L_{t+1}-L_t}{\text{tr}(S_n)} \right|$ is often smaller than $\frac{\eta^2}{2}$ $\frac{\eta^2}{2}$ the transition $\left|\frac{\mathbb{E}[L_{t+1}]-L_t}{\text{tr}(S_n)}\right|$ is often smaller than $\frac{\eta^2}{2}\left|\frac{\text{tr}(HS_b)}{\text{tr}(S_n)}-\frac{2}{\eta}\right|$ from [\(6\)](#page-2-2) and [\(9\)](#page-3-2) (blue line) when assuming 128 a locally quadratic function. This results in a gentle slope less than $\frac{\eta^2}{2}$.

¹²⁹ We hypothesise that due to this non-quadraticity of the training loss, the iterate is discouraged from ¹³⁰ staying within the unstable regime. Figure [3](#page-5-1) demonstrates the asymmetric valley [\[12\]](#page-9-11) that one side is $s₁₃₁$ sharp and the other is flat. In Figure [3](#page-5-1) (left), we evaluate the directional sharpness $||H_{\alpha}||_{S_n}$ along the gradient descent direction $-\eta \nabla L(\theta)$ where $H_{\alpha} \equiv H(\theta - \alpha \eta \nabla L(\theta))$ for $\alpha \in \frac{1}{4} \times [1, 2, 3, 4, 5]$, 133 and compare $||H_{\alpha}||_{S_n(\theta)}$ with $||H||_{S_n(\theta)}$. At the sharp side, it has a high $||H||_{S_n} > \frac{2}{\eta}$ (blue) with 134 the gradient ∇L and the top eigenvector $q_1(H)$ of the Hessian being highly aligned (cf. Prop. [4.1\)](#page-3-4). ¹³⁵ However, when the loss landscape gets far from being quadratic, the Hessian and its top eigenvector can change abruptly, $q_1(H_\alpha)$ would not always be aligned with $q_1(H)$ and $\nabla L(\theta)$, and $||H_\alpha||_{S_n}$ 136 ¹³⁷ tends to decrease. This would be a possible explanation for the tendency of decreasing and then 138 oscillating $||H||_{S_n}$. See Appendix [C.3](#page--1-0) for detailed empirical evidences of the above arguments. ¹³⁹ Figure [3](#page-5-1) (right) similarly shows that when the iterate is at a sharp side of the valley, it tends to jump ¹⁴⁰ to the other side of a flatter area, and vice versa.

141 To summarize, we make the following observations for GD in order: (i) $||H||$ increases in the 142 beginning (the *progressive sharpening* [\[6\]](#page-9-5)), (ii) $||H||$ exceeds $\frac{2}{\eta}$, (iii) the gradient ∇L becomes more 143 aligned with the top eigenvector $q_1(H)$ in a few steps, (iv) $\|H\|_{S_n}$ reaches the threshold $\frac{2}{\eta}$ and the 144 iterate jumps across the valley, (v) $||H||_{S_n}$ tends to decrease due to the non-quadraticity, and it repeats this process, while $||H||_{S_n}$ oscillating around $\frac{2}{\eta}$. We observe a similar behavior with oscillating $\mathrm{tr}(HS_b)$ $\frac{\text{tr}(HS_b)}{\text{tr}(S_n)}$ around $\frac{2}{\eta}$ for SGD. It requires further investigation into the exact underlying mechanisms ¹⁴⁷ and we leave it as a future work.

 Remark (Experiments in Section [4\)](#page-2-3). *We report the experimental results using vanilla SGD/GD without momentum and weight decay, constant learning rate, and no data augmentation. We train a simple 6-layer CNN (6CNN,* m = 0.51*M) on CIFAR-10-8k where* DATASET*-*n *denotes a subset of* 151 DATASET with $|\mathcal{D}| = n$ and $k=2^{10} = 1024$ *. See Appendix [C.1-](#page--1-3)[C.3](#page--1-0) for the results from other datasets, learning rates and networks (ResNet-9 with* $m = 2.3M$ [\[13\]](#page-9-12) and WRN-28-2 with $m = 36M$ [\[55\]](#page-12-8)).

Figure 3: [Asymmetric valleys] Left: The ratio $\frac{\|H_{\alpha}\|_{S_n}}{\|H\|_{S_n}}$ where $H_{\alpha} = H(\theta - \alpha \eta \nabla L(\theta))$ for $\alpha = \frac{1}{4} \times [1, 2, 3, 4, 5]$ for each t during training. When $||H||_{S_n} < \frac{2}{\eta}$ (red), $||H_\alpha||_{S_n}$ is usually larger than $||H||_{S_n}$. On the other hand, when $||H||_{S_n} > \frac{2}{\eta}$ (blue), $||H_\alpha||_{S_n}$ is usually smaller than $||H||_{S_n}$. Right: The training loss difference along the gradient descent direction, for each θ_t . Each plot is normalized and translated to have the same minimum value and the same zero where $\Delta L = 0$. We also plot the quadratic baseline (cyan dashed curve). When $||H||_{S_n} < \frac{2}{\eta}$ (red), it usually becomes sharper across the valley (right-shifted). On the other hand, when $||H||_{S_n} > \frac{2}{\eta}$ (blue), it usually becomes flatter across the valley (left-shifted). We train 6CNN using GD with $\eta = 0.04$.

¹⁵³ 5 Generalization through Implicit Regularization

¹⁵⁴ In the previous section, we have empirically demonstrated that the SGD iterate is implicitly discour-¹⁵⁵ aged from staying within the unstable regime. Now, we are ready to further analyze this property ¹⁵⁶ from the regularization perspective.

¹⁵⁷ 5.1 Implicit Interaction Regularization (IIR)

158 First, to understand the effect of batch size b on the gradient distribution, we define the following ρ_b :

159 Definition 3 (a concentration measure of the batch gradient). We define ρ_b as the ratio of the squared

160 norm of the total gradient $\|\nabla L\|^2$ to the expected squared norm of the batch gradients $\mathbb{E}[\|g_b\|^2]$, i.e.,

$$
\rho_b \equiv \frac{\|\nabla L\|^2}{\mathbb{E}[\|g_b\|^2]} = \frac{\text{tr}(S_n)}{\text{tr}(S_b)}.
$$
\n(10)

161 Here, we can write $\|\nabla L\|^2 = \|\mathbb{E}[g_b]\|^2$ and thus the ratio $\rho_b = \frac{\|\mathbb{E}[g_b]\|^2}{\mathbb{E}[|g_b|\|^2]} \le 1$ is similar to the square 162 of the mean resultant length $\bar{R}_b^2 \equiv ||\mathbb{E}[\frac{g_b}{||g_b||}]||^2 \le 1$ of the batch gradient g_b [\[36\]](#page-11-17), especially when std[$||g_b||$] is small compared to $\mathbb{E}[||g_b||]$ (see Appendix [C.5](#page--1-0) for empirical evidences). Both ρ_b and \bar{R}_b^2 163 164 are concentration measures and have lower values when the batch gradients g_b are more scattered. 165 Therefore, it is natural to expect that the ratio ρ_b is small for a small batch size b, and we will revisit this in more detail in the following section (cf. [\(12\)](#page-7-0)). We also note that $\rho_n = \overline{R}_n^2 = 1$.

167 Now, we can rewrite the instability condition $\frac{\text{tr}(HS_b)}{\text{tr}(S_n)} > \frac{2}{\eta}$ (multiplying both sides by ρ_b) as $||H||_{S_b} >$

168 $\frac{2\rho_b}{\eta}$. In other words, the interaction-aware sharpness $||H||_{S_b}$ is implicitly regularized to be less than

169 $\frac{2\rho_b}{\eta}$. We name this *Implicit Interaction Regularization (IIR)*.

Definition 4 (Implicit Interaction Regularization (IIR)).

$$
||H||_{S_b} \le \frac{2\rho_b}{\eta}.\tag{11}
$$

170 We argue that the upper constraint $\frac{2\rho_b}{\eta}$ in IIR is crucial in determining the generalization performance.

171 With a low constraint, SGD strongly regularizes the interaction-aware sharpness $||H||_{S_b}$. We also

¹⁷² note that IIR affects not only the magnitude ∥H∥ but also the *directional* interaction. In other words,

¹⁷³ IIR discourages the batch gradients from aligning with the top eigensubspace of the Hessian that is

¹⁷⁴ spanned by a few largest eigenvectors of the Hessian (cf. [\[11\]](#page-9-13)).

Figure 4: $[$ A clear indication of the edge of stability] (a)-(c): After a few steps of full-batch training, $||H||$ (blue) hovers **above** $\frac{2}{\eta}$ [\[6\]](#page-9-5), but $||H||_{S_n}$ (red, defined in [\(8\)](#page-3-5)) oscillates **around** $\frac{2}{\eta}$ (red dashed horizontal line). The edge of stability is more evident in the latter (red). Curves are plotted for every step. We train a model on CIFAR-10-8k ($n = 2^{13}$) using (a)/(b) cross-entropy loss with $\eta = 0.01/0.02$, respectively, and (c) MSE with $\eta = 0.02$. (d): We plot curves $||H||_{S_h}$ when trained with various b's. After a few steps (around 125), they reach the threshold which linearly increases as b becomes larger when $b \ll n = 2^{13}$, and saturates to $\frac{2\rho_b}{\eta} \approx \frac{2}{\eta}$ when b is large. Curves are smoothed for visual clarity. We use SGD with $b \in \{2^3, \dots, 2^{12}\}$ and $\eta = 0.08$.

Figures [4\(a\)](#page-6-2)[-4\(c\)](#page-6-3) show that, for GD ($\rho_n = 1$), the interaction-aware sharpness $||H||_{S_n}$ (red) oscillates *around* $\frac{2}{\eta}$ and exhibits IIR. This result is consistent with Cohen et al. [\[6\]](#page-9-5) that $||H||$ hovers *above* $\frac{2}{\eta}$ 176 for GD. This is because, as mentioned earlier, $\frac{2}{\eta} \approx ||H||_{S_n} \le ||H||$ and the equality holds only when 177 178 the gradient ∇L and the top eigenvector q_1 of H are aligned, but generally they are not. For this ¹⁷⁹ reason, IIR provides a tighter relation and more clearly identifies the edge of stability than Cohen et al. [\[6\]](#page-9-5). These results are also consistent with Prop. [4.1](#page-3-4) that $||H||_{S_n}$ suddenly increases from 0 to $\frac{2}{\eta}$ 180 181 in a few steps after $||H||$ exceeds $\frac{2}{\eta}$ (see Appendix [C.3-C.4](#page--1-0) for more). Moreover, IIR also applies to 182 a general SGD training with $1 \leq b \leq n$. Figure [4\(d\)](#page-6-4) shows IIR for SGD with different batch sizes 183 $b \in \{2^3, \dots, 2^{12}\}\.$ The upper bound $(2\rho_b/\eta \text{ according to (11)})$ $(2\rho_b/\eta \text{ according to (11)})$ $(2\rho_b/\eta \text{ according to (11)})$ of $||H||_{S_b}$ is higher when using a 184 larger batch size, but limited to less than $2/\eta$ ($\rho_b \le 1$). We will further discuss this behavior with an 185 investigation of ρ_b in the following section.

¹⁸⁶ 5.2 Linear and Saturation Scaling Rule (LSSR)

187 The ratio b/η of batch size b to learning rate η has long been believed as an important factor in-¹⁸⁸ fluencing the generalization performance, and the test accuracy has observed to be similar when trained with the same ratio $b/\eta = b'/\eta'$, i.e., $b' = kb$ and $\eta' = k\eta$ for $k > 0$. This is called the 190 linear scaling rule (LSR) [\[25,](#page-10-3) [10,](#page-9-1) [18,](#page-10-6) [44,](#page-11-9) [57\]](#page-12-1). They argue that LSR holds because $\theta_{t+k} - \theta_t =$ $-\frac{\eta}{b}\sum_{i=0}^{k-1}\sum_{x\in\mathcal{B}_{t+i}}\nabla\ell(x;\theta_{t+i}) \approx -\frac{\eta}{b}\sum_{i=0}^{k-1}\sum_{x\in\mathcal{B}_{t+i}}\nabla\ell(x;\theta_t) = -\frac{\eta'}{b'}$ 191 $-\frac{\eta}{b}\sum_{i=0}^{k-1}\sum_{x\in\mathcal{B}_{t+i}}\nabla\ell(x;\theta_{t+i}) \approx -\frac{\eta}{b}\sum_{i=0}^{k-1}\sum_{x\in\mathcal{B}_{t+i}}\nabla\ell(x;\theta_t) = -\frac{\eta}{b'}\sum_{x\in\mathcal{B}_{t:t+k}}\nabla\ell(x;\theta_t)$ as-192 suming $\nabla \ell(\theta_{t+i}) \approx \nabla \ell(\theta_t)$ for $0 \leq i < k$, where $\mathcal{B}_{t:t+k} \equiv \bigcup_{i=0}^{k-1} \mathcal{B}_{t+i}$ and $|\mathcal{B}_{t:t+k}| = kb = b'$. ¹⁹³ However, the assumption is false and the gradient oscillates mostly with a negative cosine value 194 cos $(g_b(\theta_t), g_b(\theta_{t+1}))$ < 0 between two consecutive gradients after entering the edge of stability

Figure 5: [Linear and Saturation Scaling Rule (LSSR)] Left: LSSR (red) in [\(12\)](#page-7-0), LSR (black dotted line) [\[10\]](#page-9-1) and SRSR (blue dotted line) [\[15\]](#page-9-2). For LSSR, we can observe both linear and saturation regions ($n = 8k$, $\rho = 2^{-7}$). Right: Heatmaps of test accuracy for models trained with a large number of pairs of (b, η) on CIFAR-10-8k , CIFAR-100-8k , STL-10-4k, and Tiny-ImageNet-32k (from left to right, from top to bottom). It does not follow either LSR or SRSR, but LSSR. We also plot $f(b) = \rho_b$ (yellow dashed curve) for some ρ on each heatmap. Note that they are all log-log plots and thus a slope of 1 means it is linear.

 (see Appendix [C.3\)](#page--1-0). Moreover, LSR fails when the batch size is large [\[18,](#page-10-6) [38,](#page-11-4) [57,](#page-12-1) [43,](#page-11-1) [46\]](#page-11-10). On the other hand, Krizhevsky [\[25\]](#page-10-3), Hoffer et al. [\[15\]](#page-9-2) propose the square root scaling rule (SRSR) with and other nand, Kriznevsky [25], Horter et al. [15] propose the square root scaling rule (SKSK) with another ratio \sqrt{b}/η to keep the covariance of the parameter update constant for $b \ll n$ based on $Var[\eta g_b] = \eta^2 C_b = \frac{\gamma_{n,b} \eta^2}{b} C_1 \approx \frac{\eta^2}{b} C_1$. However, Shallue et al. [\[42\]](#page-11-3) show that both LSR and SRSR do not hold in general.

200 Based on the analysis of IIR with a new ratio $2\rho_b/\eta$ in the previous section, we explore why LSR fails ²⁰¹ in the large-batch regime and provide a more accurate rule to explain the generalization performance 202 of the models trained with various choices of batch size and learning rate pairs (b, η) .

203 To this end, we investigate the concentration measure $\rho_b = \text{tr}(S_n)/\text{tr}(S_b)$. By combining two equations, $C_b = S_b - S_n$ (by definition) and $C_b = \frac{\gamma_{n,b}}{b}(S_1 - S_n)$ in [\(1\)](#page-1-1), we can obtain $S_b =$ 205 $C_b + S_n = \frac{\gamma_{n,b}}{b} S_1 + (1 - \frac{\gamma_{n,b}}{b}) S_n$. Therefore, we have $\text{tr}(S_b) = \frac{\gamma_{n,b}}{b} \text{tr}(S_1) + (1 - \frac{\gamma_{n,b}}{b}) \text{tr}(S_n)$, ²⁰⁶ which leads to the following equation:

$$
\rho_b \equiv \frac{\text{tr}(S_n)}{\text{tr}(S_b)} = \frac{\text{tr}(S_n)}{\frac{\gamma_{n,b}}{b} \text{tr}(S_1) + (1 - \frac{\gamma_{n,b}}{b}) \text{tr}(S_n)} = \underbrace{\frac{1}{\frac{\gamma_{n,b}}{b} \frac{1}{\rho} + (1 - \frac{\gamma_{n,b}}{b})}{\frac{1}{\rho} + (1 - \frac{\gamma_{n,b}}{b})}}_{(*)} \approx \begin{cases} \frac{b}{\gamma_{n,b}} \rho \approx b\rho & \text{if } b \text{ is small} \\ 1 & \text{if } b \text{ is large} \end{cases}
$$
\n(12)

207 from [\(10\)](#page-5-3) where $ρ = ρ_1 = \text{tr}(S_n)/\text{tr}(S_1)$. Note that $ρ$ is (much) smaller than 1 because $∇l(x_i)$ 208 has different direction for each x_i and $\text{tr}(S_n) = ||\nabla L||^2 = ||\frac{1}{n} \sum_i \nabla \ell(x_i)||^2 \leq \frac{1}{n} \sum_i ||\nabla \ell(x_i)||^2 =$ 209 $tr(S_1)$. In other words, $1/\rho$ is (much) larger than 1 (see Appendix [C.5\)](#page--1-0).

210 Figure [5](#page-7-1) (left) demonstrates a new scaling rule with the ratio ρ_b/η , called the *Linear and Saturation* 211 *Scaling Rule* (LSSR), with the two regimes that (i) ρ_b is almost linear when $b \ll n$ (linear regime) and 212 (ii) ρ_b saturates when b is large (saturation regime), which are also shown in Figure [4\(d\).](#page-6-4) It depends 213 on which part of the denominator (*) in [\(12\)](#page-7-0) dominates the other. First, when $b \ll n$, then $\gamma_{n,b}/b$ is not very small and the first term $\frac{\gamma_{n,b}}{b} \frac{1}{\rho}$ dominates the second term $1 - \frac{\gamma_{n,b}}{b}$ since $\frac{1}{\rho} \gg 1$. Second, as 214 215 b becomes large, $\gamma_{n,b}/b \approx 0$ and the second term (≈ 1) dominates the first term. Thus, ρ_b saturates ²¹⁶ to 1 and is not linearly related to b, and LSR is no longer valid. The above arguments also hold for 217 the batches sampled *with* replacement where the only modification is $\gamma_{n,b} = 1$, $\forall b$ in [\(12\)](#page-7-0). Figure [5](#page-7-1) ²¹⁸ (right) empirically supports LSSR with the test accuracies when trained with various combinations of 219 pairs (b, η) . To be specific, the optimal learning rate is almost linear when b is small, but it saturates 220 when b is large. We also plot $f(b) = \rho_b$ (the yellow dashed curve) for some ρ . Note that Figure 8 of Shallue et al. [\[42,](#page-11-3) Section 4.7] shows similar "linear and saturation" behaviors supportive of LSSR

on other datasets (see also Figure 7 of Zhang et al. [\[57,](#page-12-1) Section 4.3]).

 Remark (Experiments in Section [5\)](#page-5-4). *We train models using vanilla SGD/GD without momentum and weight decay, constant learning rate, and no data augmentation. For Figure [5,](#page-7-1) we use subsets of the datasets CIFAR-10 [\[24\]](#page-10-12), CIFAR-100 [\[24\]](#page-10-12), STL-10 [\[5\]](#page-9-14), and Tiny-ImageNet (a subset of ImageNet [\[7\]](#page-9-15) with* 3 × 64 × 64 *images and 200 object classes). We use a large number of epochs (800) and batch normalization [\[17\]](#page-10-13) to achieve a zero training error even with a large* b *and a small* η*. However, in the lower right corner (red area) of each heatmap in Figure [5](#page-7-1) (right), when* b *is too large or* η *is too small so that* $||\theta_{t+1} - \theta_t|| = \eta ||g_b||$ *is too small, it requires an exponentially large number of steps for the iterate to enter the edge of stability. Thus, in this case, the assumption in Goyal et al. [\[10\]](#page-9-1),* $231 \quad \nabla \ell(\theta_t) \approx \nabla \ell(\theta_{t+i})$ *for* $0 \leq i < k$, approximately holds and the reasoning on LSR is valid. However, *this only holds for a non-practical* (b, η) *which shows a suboptimal performance. See Appendix [C.4-C.5](#page--1-0) for the results from other networks and hyperparameters.*

6 Discussion

 We provide a new insight on the link between the batch gradient distribution and the sharpness of the loss landscape. In this section, we reconcile our arguments with some previous studies.

 Jastrz˛ebski et al. [\[18\]](#page-10-6) explain the optimization behavior of SGD with the SDE approximation 238 $d\theta_t = -\nabla L(\theta_t)dt + \sqrt{\frac{\eta}{b}}C_1^{1/2}dW(t)$ of the SGD where W is an m-dimensional Brownian motion. Therefore, the same ratio $\frac{\eta}{b} = \frac{\eta'}{b'}$ $\frac{\eta'}{b'}$ leads to the same SDE, which implies LSR. Moreover, a large $\frac{\eta}{b}$ implies a large diffusion in SDE, which has been linked with the escaping efficiency from a sharp 241 local minimum in Zhu et al. [\[58\]](#page-12-4). We instead argue that a large second moment $tr(S_b)$ (compared 242 to $tr(S_n)$ and a large η lead to a low constraint $2\rho_b/\eta$ on the interaction-aware sharpness. We emphasize that we do not model SGD with SDE and thus our argument is applicable to a practical learning rate regime.

 Wu et al. [\[49\]](#page-12-3) empirically show that what is important for the generalization performance of a neural network is not the class to which the gradient distribution belongs, but the second moment of the 247 distribution. This is consistent with our arguments with the interaction $tr(HS_b)$ and the concentration 248 measure $\rho_b = \text{tr}(S_n)/\text{tr}(S_b)$, because they depend on the second moment S_b , not on the class of the gradient distribution.

 Recently, Li et al. [\[33\]](#page-11-5) suggest a necessary condition that the "noise-to-signal ratio" needs to be large for LSR (and the SDE assumption) to hold. This is consistent with our result on the linear ese regime (where b and ρ_b are small) because the noise-to-signal ratio is approximately the inverse of the 253 "signal-to-noise" ratio $\rho_b = \text{tr}(S_n)/\text{tr}(S_b)$, but defined for an equilibrium distribution. We provide not only the necessary condition but also the sufficient condition for LSR with a novel scaling rule LSSR applicable to every batch size including where LSR fails (the saturation regime).

7 Conclusion

 From an analysis of unstable dynamics of SGD (Section [4.1\)](#page-2-0) and the instability condition (Definition [1\)](#page-2-4), we clearly mark the edge of stability (Figure [4\)](#page-6-1) with the interaction-aware sharpness $||H||_{S_b}$ (Definition [2\)](#page-3-1) and show the presence of the implicit regularization effect on the interaction between the gradient distribution and the loss landscape geometry (IIR) (Section [5.1,](#page-5-0) Definition [4\)](#page-5-2). Moreover, 261 introducing the concentration measure ρ_b of the batch gradient (Definition [3,](#page-5-5) [\(12\)](#page-7-0)), we link the second moment of the gradient distribution and the sharpness of the loss landscape, and propose a new scaling rule called Linear and Saturation Scaling Rule (LSSR) (Section [5.2,](#page-6-0) Figure [5\)](#page-7-1). Due to the simplicity of the analysis, we hope that our insights will motivate the future work toward understanding various learning tasks.

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Checklist

