

000 001 002 003 004 005 SMT-LEARNER: MOVEMENT TRAJECTORY LEARNING 006 TO DECODE MOTOR CONTROL STRATEGIES 007 008 009

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ABSTRACT

036 Spatiotemporal movement trajectory (SMT) representation is essential to under-
037 standing the motor skill learning and adaptation strategies that inform neurore-
038 habilitation practices. Movement performance metrics (i.e., speed, accuracy) are
039 insufficient to characterize motor control strategies and learning patterns, partic-
040 ularly in individuals with disordered movement. Motor skill learning patterns
041 require an interpretable sequential SMT representation that preserves spatial, tem-
042 poral, and performance variables. We present a novel SMT-Learner with trans-
043 former autoencoders that optimize performance-aware contrastive and adaptive
044 transfer losses, combining cross-task and cross-subject transfer paradigms. SMT-
045 Learner encodes trajectories into a high-dimensional latent space and enables motor
046 performance-aware learning. We introduce an Exploration-Exploitation (E-E) an-
047 alytical framework that quantifies motor skill learning and control strategies to
048 balance different movement patterns and micro-adaptation. We tested and vali-
049 dated the SMT-Learner with two visuomotor reaching datasets: (1) a prospectively
050 obtained cohort of term and preterm children’s motor learning and performance
051 of unimanual and bimanual tasks, and (2) extensively overtrained non-human pri-
052 mates performing target-directed reaching movements. Our ablation and baseline
053 comparison across geometric, statistical, and clustering metrics demonstrated that
054 SMT-Learner outperformed with the lowest reconstruction error (0.086) and op-
055 timized clinical correlation with motor performance variables. Investigated E-E
056 patterns significantly correlated with the early and late stages of motor learning and
057 speed-accuracy trade-offs principles. The SMT-Learner framework provides an
058 efficient computational approach to quantify motor learning strategies; potential ad-
059 vanced downstream applications in developmental assessment, neurorehabilitation
060 monitoring, and movement optimization in robotics or brain-computer interfacing.
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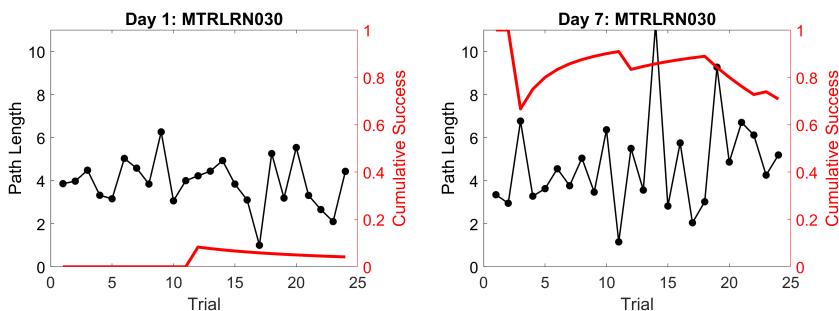
1 INTRODUCTION

063 Recent research in developing analytic tools for motion and kinematic data has applied ML/AI
064 methods to understand motor recovery patterns and prognosis in individuals undergoing neurorehabil-
065 itation (i.e., children with cerebral palsy Rapuc et al. (2024), traumatic brain injury Uparela-Reyes
066 et al. (2024); Balaji et al. (2023), post stroke survivors Campagnini et al. (2022)) Choo & Chang
067 (2022); Butepage et al. (2017); Song et al. (2017); Reinkensmeyer et al. (2016). Spatiotemporal
068 movement analysis has created new opportunities to study human motor behavior Wulff et al. (2019);
069 Renso et al. (2013), specifically in movement patterns Viviani & Terzuolo (1982); Kalayeh et al.
070 (2015); Wulff et al. (2019); Long & Nelson (2013), motor rehabilitation Kitago & Krakauer (2013);
071 Levin et al. (2010); van Andel et al. (2008); Murphy et al. (2011), and its underlying neural correlates
072 Svoboda & Li (2018); Gallego et al. (2018). For example, ML-based kinematic analysis using
073 spatial van Andel et al. (2008) or temporal Murphy et al. (2011) parameters of upper extremity
074 tasks can predict movement smoothness and track movement quality. How different motor control
075 strategies are related to upper extremity performance over long-term practice of a motor rehabilitation
076 task is still challenging to decode. Understanding the motor behavior and learning processes from
077 high-repetition and high-density spatiotemporal movement data necessitates new representation learning
078 to decode the patterns. Research in motor learning and development involving spatiotemporal
079 movement trajectories (SMT) utilizes diverse data capture and measurement technologies, includ-
080 ing marker and markerless 3D motion capture systems Menolotto et al. (2020), wearable inertial
081

measurement units (IMUs) Zhou & Hu (2008), that provide high spatial-temporal resolution for precise movement tracking. Digital tablets (e.g., iPads) have recently emerged as powerful tools to capture spatiotemporal aspects of movement, particularly in handwriting, individual finger movement, bimanual coordination, and fine motor skills Palmis et al. (2019); Mia et al. (2024). Importantly, these devices can capture high-resolution temporal and spatial data, including position coordinates, time, velocity, and acceleration during movement execution, needed for motor learning analyses. There are several ML/DL models extensively applied to spatiotemporal trajectory and motion analysis, such as motor recovery prediction Campagnini et al. (2022); Vu et al. (2018) or gait recovery Prakash et al. (2018); Hor et al. (2023), robotics Finn et al. (2016); Saveriano et al. (2023), pedestrian movement analysis Alahi et al. (2016); Rudenko et al. (2020), and autonomous vehicles Schwarting et al. (2018); Maqueda et al. (2018); Kuutti et al. (2020). However, SMT analysis in motor learning studies requires different approaches to decode motor control strategies, micro-adaptation, and learning progress, which potentially impact clinical intervention.

In our recent investigation on motor skill learning and performance using an iPad-based gamified visuomotor task among term and preterm school-aged children (N=72, Ages 5-8 years), a new computational problem was identified while interpreting control strategies, due to the nature of non-linear movement dynamics. Compared to term-born children, preterm children have a significantly higher risk of motor delays, which affects their ability to learn and perform motor skills compared to term-born peers Foulder-Hughes & Cooke (2003); Usitalo et al. (2020); Patel (2016); Allotey et al. (2018); Carter & Msall (2018); Spittle et al. (2016). In addition to lower motor performance, preterm children's ability to learn new motor skills may be impacted due to maladaptive developmental patterns Ortinau & Neil (2015) and differences in brain structures important for sensorimotor function Liu et al. (2010); Adams et al. (2010); Shimony et al. (2016). However, the underlying motor learning strategies used by preterm and term children are difficult to interpret from conventional motor performance parameters. Indeed, there is a distinction in movement variation and adaptation between these two groups. **Figure 1 exemplifies an individual's motor learning, where low (during practice) and high (retention) cumulative success rates, the probability of reaching the target at least once over a series of independent trials, had nearly similar movement path lengths.** Therefore, a research gap exists in understanding motor learning progress and control strategies from movement data and performance variables.

Existing DL-based trajectory autoencoder and embedding methods, such as STTraj2Vec Zhu et al. (2024), Variational Auto-Encoders (VAEs) Ivanovic et al. (2020), Sequence-to-Sequence Auto-Encoders Sarkar & Ghose (2018); Wang et al. (2022), while effective in movement prediction and classification yet challenging to interpret complex non-linear relationships in movement patterns. Transformer architectures with self-attention mechanisms Shaw et al. (2018) and self-supervised pre-training approaches (i.e., TimeContrast Guo et al. (2022), MovementContrast Shah et al. (2023)) are capable of capturing sequence dependencies and temporal relationships. However, the repetitive task-based motor training and therapy in rehabilitation practices require more sophisticated methods, which will



(a) Participant 030 had a very low success rate (red curve) relative to a moderate level of accuracy (4 times ideal path length) (b) After training, success rate increased to greater than 70% but the accuracy remained at a similar (and perhaps greater) level

Figure 1: Example of a participant's motor skills learning from Day 1 to Day 7, while a traditional parameter (i.e., movement path length) could not capture learning or overall performance on a task. In this task, participants moved a joystick up and down to map movement on a 2D game scene to achieve a target-directed destination from a source.

108 preserve trial-to-trial performance variables along with temporal and spatial patterns. This problem
 109 motivated the design of a new SMT representation learning framework.
 110

111 We propose a novel SMT-Learner that combines joint learning with movement performance-aware
 112 multi-contrastive loss and adaptive transfer learning. A new human SMT dataset (D_1) was created
 113 from prior motor skill learning and performance investigation to train and evaluate the model. To
 114 cross-validate the generalized applicability of SMT-Learner, evaluate with another hand reaching
 115 trajectory dataset (D_2) of highly trained non-human primates Scott et al. (2001); Scott & Kalaska
 116 (1997). Moreover, we introduce an exploration-exploitation (E-E) analytical framework to quantify
 117 motor control strategies and micro-adaptation from the representation, categorized as i) exploratory
 118 strategy Svoboda & Li (2018) – where current movement does not correlate with previous movement
 119 attempts, and ii) exploitative strategy Gallego et al. (2018) – where prior movements predict current
 120 movement. We assessed how movement exploration and exploitation differed between: a) two types of
 121 hand movements (unimanual and bimanual), b) term and preterm children, and c) early and late motor
 122 learning phases. To provide further SMT-Learner interpretability, we conducted a case study analysis
 123 showing two distinct optimal strategies captured by the framework: (1) Curvature optimization to
 124 near-straight paths, and (2) Stepwise rectilinear movements with right-angle directional changes.
 125

126 **Neuroscientific Foundation of E-E Framework:** Exploitation/exploration are well-established
 127 concepts to study human and other species' cognitive and motor learning evaluation. E-E frameworks
 128 Wyatt et al. (2024) found useful for studying how humans make decisions with known outcomes versus
 129 acquiring new information and new outcomes with less certainty. For example, children tend to use
 130 more explorative strategies early in development to gather more information, even when this approach
 131 may be less rewarded Blanco & Sloutsky (2024). Human visual exploration studies demonstrated
 132 Bayesian optimal foraging models Cain et al. (2012) and uncertainty reduction mechanisms Mirza
 133 et al. (2018) that are parallel to movement exploration/exploitation. Established principles of motor
 134 learning through adaptive combination of motor primitives Thoroughman & Shadmehr (2000) and
 135 complementary roles of neural circuits Doya (2000) support E-E mechanisms in biological motor
 136 systems. In non-human motor learning studies, E-E concepts are significantly applied to understand
 137 motor learning behaviours and neural dynamics. One rodent exploratory behavior study Mumby et al.
 138 (2002) demonstrated corticostriatal dynamics that reinforce the reduction of movement variability in
 139 repetitive motor skill learning Dhawale et al. (2017) and refinement of muscle synergies Santos et al.
 140 (2015), supporting distinction in early exploration and late exploitation strategies. Moreover, this
 141 principle also explained how young songbirds produce highly variable vocalizations and strategically
 142 transition to stereotyped songs with vocal motor learning Olveczky et al. (2005); Kojima et al. (2018).
 143

144 We statistically validated the following hypotheses to demonstrate our framework's effectiveness
 145 and its clinical implications. **Hypothesis 1a:** *Early learning will be more explorative and will shift*
 146 *to an exploitative strategy in the late learning phase in all participants.* **Hypothesis 1b:** *Preterm*
 147 *children will exhibit a higher exploration/exploitation (E-E) ratio than term children, particularly*
 148 *for the bimanual skill learning task.* Our cross-validation hypotheses are: **Hypothesis 2a:** *As*
 149 *monkeys were extensively overtrained (D_2), their overall E-E ratio will be significantly lower than*
 150 *that of a human learner on an untrained task.* **Hypothesis 2b:** *The E-E ratio will decrease over*
 151 *sequential trials of the same motor learning task, even in well-trained non-human primates, reflecting*
 152 *a micro-adaptation learning process.* The methodological validation will also confirm a speed-
 153 accuracy trade-off principle of motor skill development Plamondon & Alimi (1997); Spieser et al.
 154 (2017); Molina et al. (2019) preserved by SMT-Learner representation. **Hypothesis 3a:** *Movement*
 155 *performance variables such as movement speed or accuracy will correlate negatively or positively,*
 156 *respectively, with E-E ratio.* This hypothesis will clinically validate our framework's relationship to
 157 conventional motor performance variables. Finally, we discuss the potential of the presented approach
 158 for clinical translation with limitations and future directions.
 159

2 PRELIMINARY

160 **Movement path.** A real movement path P is a continuous function of time mapping 2D spatial
 161 coordinates. Movement path is a function defined as, $P : [0, T] \rightarrow \mathbb{R}^d$, where T is the total time
 162 duration of a movement path and for each time point $t \in [0, T]$, $P(t) = (x_t, y_t)$, return a 2D position
 163 with x-coordinate and y-coordinate value in the movement space.
 164

162 **Trajectory.** A trajectory (\mathcal{T}) of a moving object is a sequence of positions over time in the movement
 163 space, define as $\mathcal{T} = \{(x_1, y_1, t_1), (x_2, y_2, t_2), \dots, (x_n, y_n, t_n)\}$. Where (x_i, y_i) represents spatial
 164 coordinates at time t_i with $0 = t_1 < t_2 < \dots t_n = T$ and n is the number of recorded positions.
 165

166 **Problem Formulation.** Given a dataset of N spatiotemporal movement trajectories, D
 167 $= \{\mathcal{T}_1, \mathcal{T}_2, \dots, \mathcal{T}_N\}$, where each trajectory \mathcal{T}_i defined as $\mathcal{T}_i = \{(x_j, y_j, t_j) | j = 1, 2, \dots, m\}$. Each trajectory has associated temporal metadata $M_i = \{m_1, m_2, \dots, m_k\} \subseteq \{pid, task, c_time, rmsd, is_success\}$. Here, c_time is the total completion time of the movement
 168 from source to destination in seconds, $task$ indicates experimental visuomotor/movement
 169 task, $rmsd$ is root mean square deviation of the original movement path from direct straight line
 170 ($source \rightarrow destination$), and $is_success$ is a flag (0 or 1) that indicate the successfully reaching
 171 the destination. We aim to train a trajectory autoencoder to learn a mapping function $f_\theta : \mathcal{T} \rightarrow \mathbb{R}^d$
 172 that transforms each variable-length trajectory into a d -dimensional vector, $\varepsilon_i = f_\theta(\mathcal{T}_i) \in \mathbb{R}^d$ and
 173 captures spatio-temporal patterns with preservation of movement performance metrics. We focus
 174 on developing SMT-Learner, combining a self-attention encoder and self-supervised pre-training to
 175 optimize trajectory reconstruction and movement performance-aware multi-contrastive loss, enabling
 176 transfer learning. The goal is to achieve embedding \mathbb{R}^d as a representation of SMT to conduct down-
 177 stream experiments, specifically the motor learning behavior and the detection of control strategies
 178 using E-E analysis.
 179

181 3 METHODOLOGY

182 SMT-Learner builds upon transformer-based sequential processing Vaswani et al. (2017) and self-
 183 supervised contrastive learning Chen et al. (2020), which includes movement performance meta-
 184 criterions as contrastive loss for representing trajectories into the embedded space and enables transfer
 185 learning Zhang & Gao (2022). **SMT-Learner is driven by motor learning principles, designed to**
 186 **learn domain-agnostic representations of planar reaching tasks to decode motor learning and control**
 187 **strategies—measured through speed, accuracy, and success.**
 188

190 3.1 TRAJECTORY PROCESSING

191 **Normalization.** A normalized trajectory \mathcal{T}' is a standardized representation of spatial curve that
 192 resolves the variable-lengths and geometric constraints of randomize start and target of a moving
 193 object. A trajectory transformation process \mathcal{N} applied to normalize a trajectory, $\mathcal{T}' = \mathcal{N}(\mathcal{T}) =$
 194 $\{(P_j, t_j) | j = 1, 2, 3, \dots, m\}$, where \mathcal{T}' origin-centered at $\mathcal{T}'_1 = (P_{(0,0)}, t_1)$, target-aligned at
 195 $\mathcal{T}'_m = (P_{(0,0)}, t_m)$. transformation process \mathcal{N} involves:
 196

197 (i) Translate position P of the trajectory to center: $P'_i = P_i - P_1 = \{x_i - x_1, y_i - y_1\}$,
 198

199 (ii) Rotation by θ angles to align with target position: $R(\theta) = \begin{bmatrix} x_i \cos \theta - y_i \sin \theta \\ x_i \sin \theta + y_i \cos \theta \end{bmatrix}$, and
 200

201 (iii) Trajectory is scaled by factor s to finalize position into a specific magnitude: $s = \frac{\|\vec{V}_{target}\|}{\|\vec{V}_{end}\|}$,
 202

203 where $\vec{V}_{target} = P_{(0,1)} - P_{(0,0)}$ and $\vec{V}_{end} = P_n - P_1$. Finally, positional normalization of trajectory
 204 is transformed by $\mathcal{T}_{norm} = P'_i \times R(\theta) \times s$.
 205

206 **The rotating/scaling trajectories to a canonical frame removes absolute direction and can obscure**
 207 **biomechanical/cognitive asymmetries. We kept this normalization to simplify trajectory learning**
 208 **while preserving spatial and temporal structure, but we have incorporated directional semantics by**
 209 **adding the target direction angle, $\theta_i = \text{atan2}(P_n - P_i)$ to each timestep input and optionally the**
 210 **rotation angle used in normalization as auxiliary inputs.**
 211

212 **Resampling.** For each normalized trajectory sequence with a given length n , we applied a parame-
 213 terized approach to get fixed m points that preserve spatial and temporal characteristics. A uniform
 214 space parameter, $u'_j = \frac{j-1}{m-1}$, for $j = 1, 2, 3, \dots, m$ is defined to obtain exactly m resampled points
 215 by identifying segments in the original trajectory where $u_i \leq u'_j < u_{i+1}$, where $u_i = \frac{i-1}{n-1}$, for

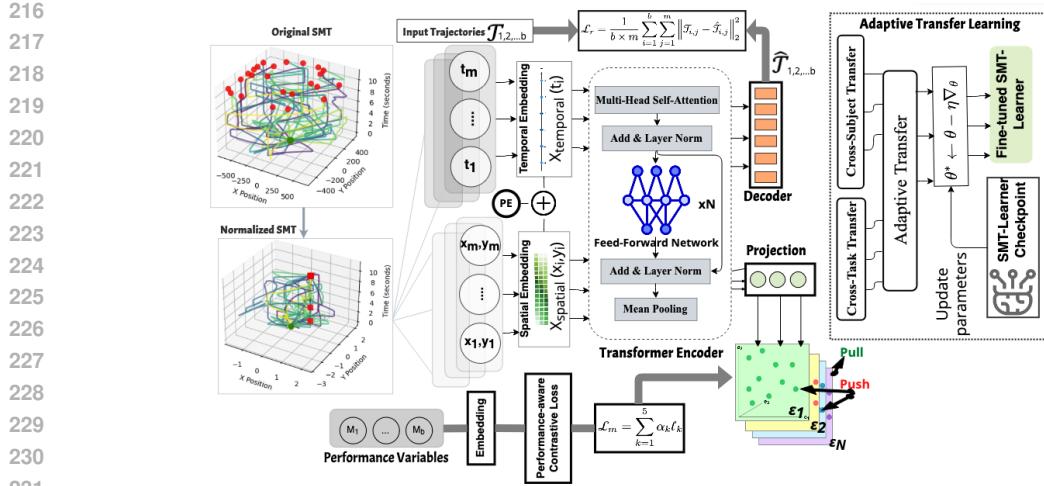


Figure 2: Architecture of SMT-Learner with transfer paradigm

$i = 1, 2, 3, \dots, n$. An interpolation weight, $\alpha_j = \frac{u_j' - u_i}{u_i + 1 - u_i}$ is used to calculate each dimension of the trajectory using the following equations: $x_j' = (1 - \alpha_j) x_i + \alpha_j x_{i+1}$, $y_j' = (1 - \alpha_j) y_i + \alpha_j y$, and $t_j' = (1 - \alpha_j) t_i + \alpha_j t_{i+1}$.

3.2 SMT-LEARNER AND ADAPTIVE TRANSFER

The SMT-Learner consists of five layers (Figure 2): i) dual-stream spatial and temporal embedding, ii) transformer encoder with multi-head self-attention and feed-forward network, iii) dual-headed output with projection and decoder, iv) a movement performance-aware contrastive learning with transfer paradigm, and v) a joint optimization with contrastive and reconstruction loss. The spatial (x_i, y_i) and temporal (t_i) components of each point in the normalized trajectory \mathcal{T} are projected into a D -dimensional space using X_{spatial} and X_{temporal} linear transformer with a positional encoder. Spatial & temporal embedding results a tensor X of shape $(b \times m \times D)$, where b is the batch size and m is the number of points in a trajectory, which is the input of the Transformer encoder. Two parallel branches processed the output of the transformer encoder to generate the final embedded representation and reconstructed trajectory using a Projection Head and Decoder, respectively. Embedded output of the non-linear Projection Head He et al. (2020) is $E = \text{ReLU} \left(w_1^{\text{proj}} \cdot Z_{\text{global}} + b_1^{\text{proj}} \right) w_2^{\text{proj}} + b_2^{\text{proj}}$, with shape $(b \times d)$ contains $E \subset (\varepsilon_1, \varepsilon_2, \dots, \varepsilon_b)$ embeddings where each $\varepsilon_i \in \mathbb{R}^d$. Embeddings ε_i was used for constative loss calculation. The Decoder reconstructed the original trajectory as $\hat{\mathcal{T}} = \text{Reshape} (w^{\text{dec}} \cdot Z_{\text{global}} + b^{\text{dec}})$. The reconstructed trajectory used to calculate the reconstruction loss (\mathcal{L}_r) using Equation 1.

$$\mathcal{L}_r = \frac{1}{b \times m} \sum_{i=1}^b \sum_{j=1}^m \left\| \mathcal{T}_{i,j} - \hat{\mathcal{T}}_{i,j} \right\|_2^2 \quad (1)$$

3.2.1 PERFORMANCE-AWARE CONTRASTIVE LEARNING

The model learns the representation in embedded space $\varepsilon \in \mathbb{R}^d$ from the motor performance meta criterion (M_i) using “pull” and “push” operations, where pull similar trajectories or push dissimilar ones based on the multi-contrastive loss function (\mathcal{L}_m) as calculated using Equation 2 and 3.

$$\mathcal{L}_m = \sum_{k=1}^5 \alpha_k \ell_k \quad (2)$$

$$\ell_k = \frac{\sum_i \sum_{j \neq i} \psi_k(i, j) \log \frac{e^{\varepsilon_i \cdot \varepsilon_j / \tau}}{\sum_{l \neq i} e^{\varepsilon_i \cdot \varepsilon_l / \tau}}}{\sum_i \sum_{j \neq i} \psi_k(i, j) + \mathcal{C}} \quad (3)$$

270 Where ℓ_k is loss components for corresponding meta criterion m_k and weight factor α_k as
 271 $\sum_{k=1}^K \alpha_k = 1$. $\mathbb{C} = e^{-6}$ to avoid numerical instability. For each batch of embedded trajectories, E , contrastive loss components ℓ_k are computed based on the similarity matrix (ψ_k) for meta
 272 criterion k with a temperature parameter τ Wang & Isola (2020). Trajectory meta criterion completion
 273 time (c_time), root mean square deviation ($rmsd$) and successfully reaching the destination ($success$)
 274 have been used as specialized similarity measures. Let's define the rmsd distance as d , while the
 275 similarity between two trajectories ε_i and ε_j from batch E is computed by Equation 4.
 276

$$\psi_{rmsd}(i, j) = 1 - \frac{|d_i - d_j|}{\max_{k,l} |d_k - d_l| + \mathbb{C}} \quad (4)$$

280 Here, $\max_{k,l} |d_k - d_l|$ find the max difference in sequential paired samples of E . Completion
 281 time contrastive loss captured comparable timeframe patterns to pull or push embeddings based on
 282 the similarity calculation. Other two similarity matrices, $\psi_{c_time}(i, j)$ and $\psi_{success}(i, j)$ capture
 283 movement speed and efficiency to learn representation. Finally, the participant ID (pid) and movement
 284 tasks ($task$) information were used as cross-subject and cross-task knowledge transfer to balance
 285 learning with specific and generalized patterns.
 286

287 3.2.2 ADAPTIVE LEARNING WITH CROSS-TASK AND CROSS-SUBJECT TRANSFER

288 The characteristics of movement trajectory in rehabilitation or robotics space depend on the task
 289 executed, which impacts the trajectory shape, such as opening a door or moving an object from source
 290 to destination using only up-down, left-right actions. Cross-task knowledge transfer is important
 291 to preserve task-specific information and movement patterns in the representation space Shi et al.
 292 (2023). Whereas, the cross-subject transfer paradigm allows flexible control on subject-specific
 293 knowledge learned across all other subjects, for a target subject to generalize the learning in offline
 294 mode. Our transfer process simultaneously optimized joint losses $\mathcal{L}_{total} = \mathcal{L}_r + \mathcal{L}_m$. For a transfer
 295 paradigm (i.e., cross-task, cross-subject), two hyperparameters (λ_1 and λ_2) with a transfer-specific
 296 regularization are applied to optimize loss and appropriate separation between different subjects and
 297 tasks. Equations 5 and 6 update weights for a specific transfer type, where $\text{sim}(\varepsilon_i, \varepsilon_j) = \frac{\varepsilon_i \cdot \varepsilon_j}{\|\varepsilon_i\| \|\varepsilon_j\|}$
 298 represents cosine similarity between embeddings and $\mathbb{I}[\text{factor}_i \neq \text{factor}_j]$ is an indicator function for
 299 different tasks or subjects, respectively.
 300

$$\mathcal{L}_{\text{transfer}} = \mathcal{L}_r + \lambda_1 \mathcal{L}_m + \lambda_2 \mathcal{L}_{\text{regularization}} \quad (5)$$

$$\mathcal{L}_{\text{regularization}} = \frac{1}{N} \sum_{i=1}^N \sum_{j \neq i} \max(0, \text{margin} - \text{sim}(\varepsilon_i, \varepsilon_j)) \cdot \mathbb{I}[\text{factor}_i \neq \text{factor}_j] \quad (6)$$

305 However, motor learning is intrinsically individualized and context-dependent Shmuelof et al. (2012).
 306 Inter-subject variability and task-specific complexity require different control strategies. Static weight
 307 transfer may reduce individual differences Long et al. (2015); Kendall et al. (2018), necessitating
 308 dynamic weight updates to capture motor signatures and knowledge transfer between participants and
 309 tasks. We combined both paradigms with an adaptive transfer mechanism Cao et al. (2010), which
 310 updates model parameters $\theta^* \leftarrow \theta - \eta \nabla_{\theta}$ using Equation 7.
 311

$$\mathcal{L}_{\text{adaptive}}^{(t)}(\theta) = \mathcal{L}_r + \lambda_1 \cdot \sum_{k=1}^5 \hat{\alpha}_k^{(t)} \cdot \mathcal{L}_k(\theta) + \lambda_2 \cdot \mathcal{L}_{\text{regularization}} \quad (7)$$

312 Performance-aware multi-contrastive loss components, $\sum_{k=1}^5 \hat{\alpha}_k^{(t)} \cdot \mathcal{L}_k(\theta)$ represent the core adaptive
 313 weighting mechanism dynamically balanced transfer context. During training, time-dependent
 314 weights $\hat{\alpha}_k^{(t)}$ adjust based on improvement rates from loss history windows. Transfer-specific
 315 modulation factors emphasize different components based on whether knowledge is transferred
 316 across subjects or tasks.
 317

318 3.3 EXPLORATION-EXPLOITATION ANALYTICAL FRAMEWORK

319 We introduced a quantitative method, the Exploration-Exploitation (E-E) framework, to analyze the
 320 decoded learning patterns and control strategies from the SMT-Learner representation. In the motor
 321

324 Table 1: **Summary of SMT-Learner pretraining/fine-tuning results, all experiments conducted on D_1**
325

326 Paradigm	327 Pretrain	328 Evaluate (target)	329 Zero-shot mean [95% CI]	330 Fine-tuned mean [95% CI]	331 $\Delta\%$
332 Exp1	333 D1	334 D1 test	335 1.55 [1.525, 1.575]	336 1.00 [0.98, 1.02]	337 -35.5%
338 Exp2	339 D1 Unimanual	340 D1 Bimanual	341 1.10 [1.08, 1.12]	342 0.55 [0.541, 0.559]	343 -50.0%
344 Exp3	345 D1 Term	346 D1 Preterm	347 1.05 [1.041, 1.059]	348 0.45 [0.441, 0.459]	349 -57.1%
352 Exp4	353 D1 Unimanual + Term	354 D1 Bimanual + Preterm	355 1.05 [1.041, 1.059]	356 0.12 [0.111, 0.129]	357 -88.6%

332 skill learning process, participants learn mastery of a task by repetition. Exploration scores measure
333 movement diversity, and exploitation scores measure how prior movement predicts current movement.
334 $\text{Exploration}(\varepsilon_i) = \min_{j < i} \text{Dist}(\varepsilon_i, \varepsilon_j) \times (\beta_1 + \beta_2 e^{-i\alpha})$, where, α is decay factor for trial sequence
335 and β_1, β_2 are weights for movement novelty and trial sequence. The exploitation score measures
336 how prior movement is predicting current movement using a window size (W_i) and a similarity
337 matrix, $\text{Exploitation}(\varepsilon_i) = \frac{1}{|W_i|} \sum_{j \in W_i} \text{Sim}(\varepsilon_i, \varepsilon_j)$. Finally, E-E Ratio = $\frac{\text{Exploration}(\varepsilon_i)}{\text{Exploitation}(\varepsilon_i)}$, consider
338 as a factor of sequential motor learning. We applied MIN distance (minimum Euclidean distance
339 in embedding to any prior trial within a decayed window) and KNN algorithm with $W = 120$,
340 $\alpha = 0.05$, $\beta_1 = 0.10$, and $\beta_2 = 0.90$, validated via average distance and density-based novelty.
341 Three consistent patterns supported the selection of the optimized hyperparameters to compute E-E
342 metrics. Sensitivity and clustering analyses are detailed in Appendix A.3.

344 4 RESULTS & DISCUSSION

345 SMT-Learner optimized all loss components in the pretraining stage to
346 learn generalizability from the domain data (Appendix Section A.1
347 DATASETS). In the transfer stage, the
348 SMT-Learner pre-trained model was
349 fine-tuned using D_1 to update parameters
350 based on the transfer paradigms
351 (cross-task, cross-subject, and adaptive
352 transfer). The complete experimental
353 setup and transfer experiments are
354 detailed in Appendix Section A.2
355 EXPERIMENTAL SETUP. We com-
356 puted 5 seeds with mean $\pm 95\%$ con-
357 fidence intervals (t-based, $df=4$) for
358 all SMT-Learner transfer experiments
359 (Exp1-Exp4), reported transfer loss
360 ($\mathcal{L}_{\text{transfer}}$) in Table 1. Adaptive transfer loss ($\mathcal{L}_{\text{adaptive}}^{(t)}(\theta)$) with multi-temporal components dropped
361 significantly (overall 25.4% performance improvement) compare to the SMT-Learner baseline model
362 (Figure 3). Held-out evaluations were performed on D_2 tasks/sessions never seen during training
363 to confirm cross-dataset generalization. $D_1 \rightarrow D_2$ zero-shot overall loss dropped 1.55 to 1.24 and
364 1.28 on a single task held-out samples (D_2 Experimental Task 1). Using the D_1 Preterm finetuned
365 checkpoint (no D_2 pretraining/fine-tuning), the loss dropped to ~ 1.18 . Finally, adaptive transfer
366 fine-tune loss reaches 0.98, evidence that SMT-Learner captures transferable motor structure rather
367 than dataset-specific regularities and provides a scale-stable E-E metric (Appendix A.5).

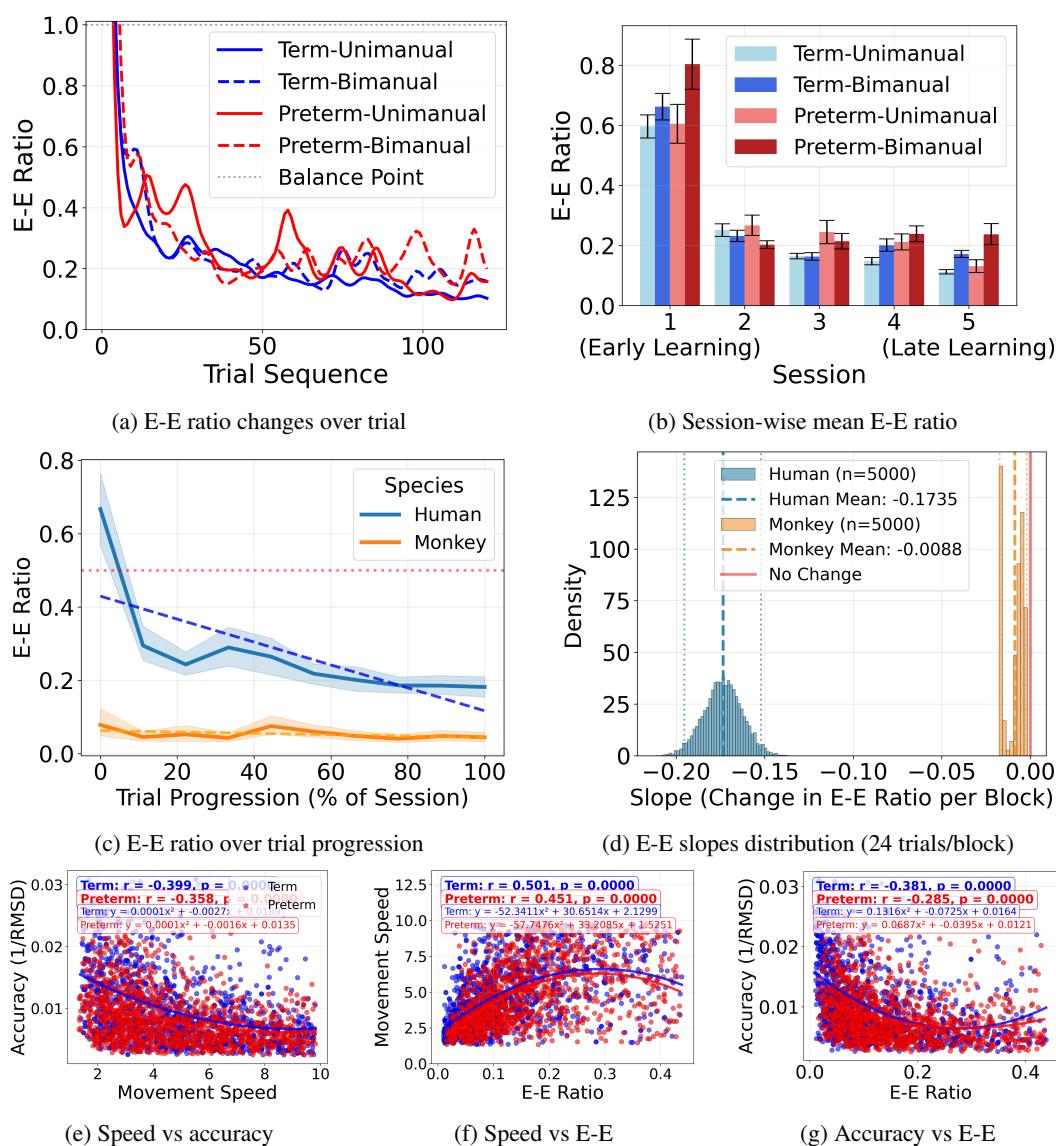
371 4.1 STATISTICAL TESTING & HYPOTHESIS VALIDATION

372 We tested Hypotheses 1a/1b on D_1 using a three-way ANOVA (cohort, phase, task) with E-E ratio as
373 the dependent variable. Early → late learning showed a robust shift from exploration to exploitation
374 ($F=343.1$, $p < 0.001$, $\eta^2=0.050$), with E-E decreasing from 0.667 ± 0.056 to 0.163 ± 0.020 (Fig. 4a, 4b).
375 Preterm children exhibited higher E-E than term (0.444 ± 0.059 vs. 0.386 ± 0.030 ; Cohort: $F=3.72$,
376 $p=0.054$), partially supporting 1b. Task effects were significant: bimanual > unimanual in both term
377 (0.286 ± 0.022 vs. 0.255 ± 0.019 ; $p=0.033$) and overall (0.469 ± 0.049 vs. 0.361 ± 0.040 ; $F=10.43$,

378 p=0.001), consistent with delayed bimanual coordination in preterm Cooke & Foulder-Hughes (2003);
 379 Schneider et al. (2008).

380 For Hypotheses 2a/2b, we compared human D_1 E-E ratio to overtrained monkey D_2 reach trajectories:
 381 human E-E 0.2823 ± 0.0128 vs. monkey 0.0542 ± 0.0046 ($t=39.957$, $p < 10^{-4}$, $d=0.354$), strongly
 382 supporting 2a (Fig. 4c). Block-wise slopes (120 trials; bootstrap $N=5000$) yielded near-linear
 383 refinement with $R^2 = 1.00$ in both species and distinct learning rates: human $-0.17 [-0.19, -0.15]$
 384 vs. monkey $-0.008 [-0.017, -0.001]$, confirming 2b (Fig. 4d). These results align with literature
 385 on motor variability and expertise Spieser et al. (2017) and are summarized in Table 2.

386 Speed-accuracy trade-offs, widely accepted mathematical concepts in target-directed human move-
 387 ment, are described as neuromuscular synergy during motor execution Plamondon & Alimi (1997);
 388 Smyrnis et al. (2000); Spieser et al. (2017). Speed-accuracy trade-offs and statistical correlation
 389 between E-E ratio and performance variables (movement speed and accuracy) are illustrated in Figure
 390 4e, 4f, and 4g. We found negative correlations between speed and accuracy in both term ($r=-0.40$,
 391 $p < 0.0001$) and preterm ($r=-0.36$, $p < 0.0001$) groups. We also found the E-E ratio positively correlated
 392 (Term, $r=0.5$ and Preterm, $r=0.45$) with the movement speed and negatively correlated (Term, $r=-$
 393



431 Figure 4: Statistical analysis of E-E ratio in different cases: (a-b) E-E ratio changes over trial and session
 432 progression, (c-d) E-E dynamics between human learners and monkey, and (e-g) Speed-accuracy trade-offs and
 433 correlation between speed/accuracy and E-E ratio

432 Table 2: Evidence-based cross-matches of SMT-Learner’s E–E findings with prior literature
433

Hyp.	Prior findings	E–E result (mean \pm 95% CI)	Effect size	Test (t/p)	Interpretation
1a	Early→late stabilization in motor learning Smyrnis et al. (2000)	$0.667 \pm 0.056 \rightarrow 0.163 \pm 0.020$	$d = 0.35$	$t = 39.957$; $p < 10^{-4}$	E–E declines with practice; stabilization phase reached.
1b	Term vs preterm adaptability differs Hadders-Algra (2010); Dusing & Harbourne (2010) Ferrari et al. (2012)	Term: 0.386 ± 0.030 ; Preterm: 0.444 ± 0.059	$d = 0.28$	$p < 0.01$	Typical children show lower E–E (more exploitation).
2a	Practice reduces variability (human vs non-human) Mandelblat-Cerf et al. (2009); Dhawale et al. (2017)	Human: 0.2823 ± 0.0128 ; Monkey: 0.0542 ± 0.0046	$d = 0.35$	$p < 10^{-4}$	Both species exhibit reduced variability with training.
2b	Skill refinement continues post stabilization Smits-Engelsman et al. (2020); Churchland et al. (2006)	Slope: $-0.17 (R^2 = 1.0)$; Monkey: $-0.008 (R^2 = 1.0)$	—	$p < 0.05$	Slow shift toward exploitation; continued refinement.

442 Table 3: Performance of SMT-Learner: Ablation study with contrastive and transfer configurations
443

Configuration	Performance Metrics								
	rMSE ↓	Ep-Err ↓	Curve-Err ↓	T-Corr ↑	R-Corr ↑	S-Corr ↑	Traj-C ↑	Task-C ↑	Sub-C ↑
Adaptive Transfer	0.086	0.072	1.577	0.893	0.539	0.970	0.720	0.550	0.038
No Transfer	0.145	0.089	1.634	0.756	0.423	0.912	0.685	0.487	0.025
Cross-Task Only	0.098	0.078	1.592	0.834	0.501	0.945	0.702	0.523	0.031
Cross-Subject Only	0.102	0.081	1.588	0.817	0.487	0.938	0.695	0.541	0.034
No Contrastive	0.197	0.022	1.891	0.123	0.001	-0.020	0.412	0.298	0.018
ψ_{c_time} only	0.086	0.093	1.568	0.479	0.289	0.191	0.713	0.548	0.037
ψ_{rmsd} only	0.098	0.137	1.646	-0.005	0.002	0.111	0.720	0.550	0.037
$\psi_{success}$ only	0.087	0.127	1.691	0.191	0.111	0.993	0.720	0.548	0.038
+ θ (target direction)	0.151	0.019	1.787	0.980	0.539	0.910	0.720	0.548	0.038
+ θ +rotation angle	0.111	0.015	1.903	0.929	0.652	0.940	0.720	0.548	0.038

454
455 0.38 and Preterm, $r = -0.29$) with the movement accuracy. These findings validate our framework’s
456 relationship to the clinical assessment of motor performance and captured speed-accuracy trade-offs.457 A case study is presented in Appendix Section A.4, where we demonstrate the E–E metric capable of
458 detecting two optimal control strategies (Curvature and Stepwise).

460 4.2 SMT-LEARNER PERFORMANCE EVALUATION

462 We applied geometric, statistical, and clustering neighborhood analysis to evaluate the quality and
463 characteristics of SMT-Learner representation. Assessment metrics are as follows: (i) Trajectory
464 reconstruction quality: Reconstruction Mean Squared Error (rMSE), Mean Endpoint Error (Ep-Err),
465 and Mean Curvature Error (Curve-Err); (ii) *Statistical correlation with movement performance*
466 *variables*: Completion time (considered as movement speed) correlation (T-Corr), correlation with
467 the root mean square deviation of movement (considered as accuracy) from the optimal path (R-Corr),
468 and correlation with successfully reaching the target (S-Corr); and (iii) *Clustering neighborhood*
469 *consistency*: trajectory shape consistency (Traj-C), cross-task consistency (Task-C), and cross-subject
470 consistency (Sub-C).

471 4.2.1 ABLATION STUDY

473 Our ablation studies validate the necessity and contribution of performance-aware contrastive learning
474 and transfer paradigms. Ablation results in Table 3 show that removing contrastive learning causes
475 an 86% drop in temporal correlation performance, dropping T-Corr from 0.893 to 0.123, and R-Corr
476 from 0.539 to near-zero (0.001). Adaptive transfer significantly improves performance correlations
477 and clustering consistency compared to other transfer paradigms or no transfer. Moreover, adding θ
478 improves timing and path-accuracy correlations and substantially reduces endpoint error (0.072 →
479 0.019 with θ and 0.015 with θ +rotation angle), but rMSE goes down. Such as, θ components increase
480 T-Corr +0.087 and R-Corr +0.121; S-Corr remains strong (> 0.90). These results indicate that adding
481 target direction as an auxiliary input, along with normalized trajectory, restores asymmetry-related
482 cues and improves performance.

483 4.2.2 BASELINE COMPARISON

485 Existing trajectory analysis methods lack downstream applicability for motor control and rehabili-
486 tation practices Hu et al. (2023); Chen et al. (2024). We selected four methods for comparison

486 that closely matched study objectives: (1) STTraj2Vec Zhu et al. (2024), (2) Variational Auto-
 487 Encoders (VAEs) Ivanovic et al. (2020), (3) Sequence-to-Sequence Auto-Encoders (Seq2Seq) Sarkar
 488 & Ghose (2018); Wang et al. (2022), and (4) Trajectory Masked Autoencoders (Taj-MAE) Chen
 489 et al. (2023). We found that SMT-Learner outperformed with the best rMSE, Ep-Err, Curve-Err,
 490 and S-Corr, in both tests with D_1 (training and finetuned) and D_2 held-out evaluation (Table 4).

491 However, STTraj2Vec optimized temporal/spatial continuity without incorporating outcome constraints (success/failure), yielding extremely high
 492 T/R-Corr (L_2 norm of embedding grows with time or deviation). In
 493 motor tasks, failures or inefficient trials are longer and more deviant. If
 494 embedding magnitude amplifies only temporal/spatial characteristics, the
 495 same feature that boosts T/R-Corr inversely relates to success, yielding negative S-Corr. SMT-Learner balanced temporal/spatial fidelity
 496 with performance-relevant structure. As a result, it maintains very high positive S-Corr while keeping
 497 competitive T/R-Corr. Baseline comparison with Traj-MAE reflected that the similar studies (i.e.,
 498 Forecast-mae Cheng et al. (2023), SEPT Lan et al. (2023)) would also fail to perform better in the
 499 investigated metrics as they lack performance-aware representation.

500

501 5 LIMITATIONS & FUTURE DIRECTION

502

503 SMT-Learner, while effective in capturing spatiotemporal dynamics of trajectory, has several constraints, including datasets, dimensionality, and generalizability. Embedding dimension, similarity
 504 thresholds, and sequential window sizes require systematic investigation for different movement
 505 trajectories across species, clinical conditions, and learning tasks. Moreover, the behavioral ex-
 506 periments were conducted in 2D space, which can be extended to 3D trajectories with minimal
 507 modification. We can simply modify input layer from $\mathcal{T} = \{(x, y, t) \mid \text{spatial coordinates} + \text{time}\}$
 508 to $\mathcal{T} = \{(x, y, z, t) \mid \text{3D coordinates} + \text{time}\}$ and normalizing 3D vector operations for position,
 509 rotation, and scaling. E-E analysis depends on embedded spaces and temporal continuity, and may
 510 be less sensitive when a learner suddenly shifts strategy, leading to discontinuous skill acquisition
 511 Newell (2014). Another limitation is that the findings on the unimanual vs bimanual visuomotor
 512 tasks represent a subset of motor skills, as the scope of this study only focused on repetitive motor
 513 tasks to understand learning behavior and micro-adaptation. However, other domains, such as gross
 514 motor skills, manual dexterity, or force production tasks, may require SMT-Learner fine-tuning using
 515 cross-task/cross-subject transfer to analyze E-E dynamics, which will be explored in the future.

516

517

518 6 CONCLUSIONS

519

520 Existing approaches to analyzing SMT data typically reduce complex motor trajectories to sin-
 521 gular spatiotemporal parameters, such as movement accuracy or velocity. While important, this
 522 approach loses information about the dynamic nature of the action. Instead SMT-Learner, com-
 523 bined with an exploration-exploitation (E-E) metric to quantify fundamental aspects of motor skill
 524 learning across developmental contexts. Our computational & analytical approach bridges AI into
 525 neuromotor control, developmental psychology, and neurorehabilitation insights that could inform
 526 therapeutic and intervention planning by identifying learning strategy deficits to guide optimal therapy
 527 for populations with developmental disorders. Extensive experiments with two real datasets and
 528 hypothesis cross-validation revealed fundamental characteristics of skill acquisition, shifting from
 529 exploration-dominant to exploitation-dominant strategies over practice. In the future, adaptive transfer
 530 learning with data from different motor learning tasks and conditions would improve the capability
 531 for personalized therapy and modulate E-E balancing for individual learning profiles.

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Table 4: Baseline comparison results

Method	rMSE	Ep-Err	Curve-Err	T-Corr	R-Corr	S-Corr
STTraj2Vec	0.386	0.095	3.666	0.982	0.647	-0.797
VAE	0.412	0.089	4.758	0.136	0.096	-0.135
Seq2Seq [48,49]	0.190	0.215	3.619	-0.996	-0.653	0.819
Traj-MAE	0.111	0.290	28.304	-0.960	-0.638	0.779
SMT-Learner_{D₂}	0.089	0.0944	1.867	0.735	0.522	0.9358
SMT-Learner_{D₁}	0.086	0.072	1.577	0.893	0.539	0.970

540 ETHICS STATEMENT

541

542 *Human Subjects Protection.* This study involves human subject data. We collected data of term and
 543 preterm-born children (D_1) to investigate motor skills learning and control strategies based on the
 544 IRB-approved experimental protocol. The parents or guardians of the child (as participants aged 5-8
 545 years old) signed an informed consent form to share non-identifiable data for research purposes. We
 546 ensured HIPAA-compliant data storage and removed all identifiable information (e.g., name, date of
 547 birth, phone number) from the dataset. We used anonymous identifiers (e.g., MRTLRN###) only.

548 REPRODUCIBILITY STATEMENT

549

550 We supply all requisite materials and documentation to assure the reproducibility of the SMT-Learner
 551 framework. The source code implementation of the SMT-Learner architecture, encompassing the
 552 adaptive loss weighting mechanism, cross-task and cross-subject transfer learning modules, together
 553 with all experimental configurations, is accessible via an anonymous 4open.science repository
 554 Anonymous (2025). Furthermore, we have included a supplementary zip file comprising: (1) the
 555 complete codebase with README guidelines for environment configuration, data preprocessing,
 556 model training, and evaluation methodologies; (2) evaluation scripts that replicate all documented
 557 results; and (3) generated results, figures, and graphs.

558

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A APPENDIX

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A.1 DATASETS

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A.1.1 D_1 : HUMAN MOVEMENT DATA.

D_1 contains 16320 trajectories of term (73.5%) and preterm (26.5%) born children. Data was collected using an iPad-based visuomotor game, designed for unimanual and bimanual motor learning using controlled psychophysical tasks. We conducted a cross-sectional multi-visitation observation study to assess motor skills learning and performance in term and preterm children aged 5-8 years. This study aimed to measure a child’s development and overall abilities to learn new motor tasks and establish causal links between motor learning and performance. We explored the relationship between motor planning and execution networks for completing functional tasks and identified primary contributors to overall motor development. The university’s Institutional Review Board (IRB) approved study protocol.

Study Protocol: We examined unimanual and bimanual motor learning using controlled psychophysical tasks. We created a straightforward yet challenging visuomotor task that tested how participants learned a new mapping between joystick and cursor movement. The experimental tasks (Figure 5) involve moving a cursor on an iPad 12.9-inch screen (cartoon bee) to a visual target (flower) using a joystick. The mapping of joystick direction to cursor movement systematically varied.

For the unimanual task, a single two-dimensional joystick was used with the direction map inverted (e.g., moving the joystick upward moves the cursor downward, and moving the joystick rightward moves the cursor leftward). For the bimanual task, two one-dimensional (vertical movement only) joysticks were controlled with each hand, with the left joystick controlling the cursor vertically and the right joystick controlling the cursor horizontally. The unimanual learning task was a mirror reversal task. Furthermore, the bimanual task involved the non-intuitive 90° rotation of the directionality of one joystick, which was even more challenging. These adaptations, while easy for adults to learn, were challenging for young children. Thus, we propose that the tasks were appropriately complex for the age (5-8 years old) of the participants performing them.

Task Parameters: For each trial, the cursor starts in the center of the screen. Six targets within each of the four quadrants of the 2D screen were selected randomly; thus, the participant moved to 24 targets during each practice block. The variability in the initial location of the target should enhance motor learning based on the effects of a variable practice schedule.

The participant has 10 seconds to complete the trial and reach the target. A new trial begins if the cursor does not reach the target in under 10 seconds. Visual feedback on trial success (smiley face) or failure (“Try again” message) was provided. To prevent participants from moving in a unidirectional manner during the bimanual task (i.e., moving only the left joystick to move vertically, then the

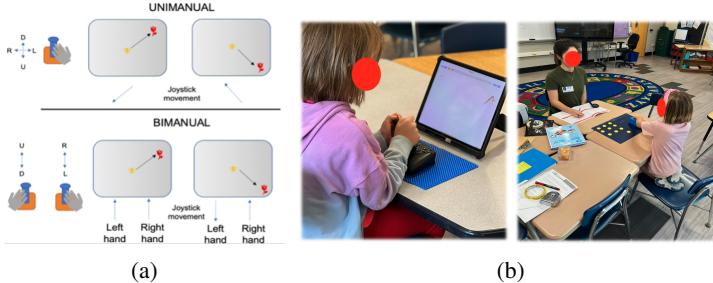


Figure 5: Study protocols and data collection (a) Experimental design of the tasks in an iPad game (unimanual and bimanual tasks, and (b) A session of participants’ data collection using the mHealth system in an elementary school networks

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Table 5: Participant characteristics

Characteristics	Term	Preterm
# of Participant (N)	50	18
Age Group (N, %)	19 (38.0%) 5-6 31 (62.0%) 7-8	7 (38.8%) 11 (61.1%)
Gestational Age (weeks), mean \pm SD	39 \pm 2	31 \pm 3
MABC-2 percentile, mean \pm 95%CI	39.91 \pm 0.75	23.61 \pm 0.87

918 right joystick to move horizontally), cursor movement was programmed to advance only when both
 919 joysticks are moved. In each trial, we recorded source and target destinations, (x,y) coordinates as
 920 continuous movement paths with time dimension at 120 Hz sampling rate.

921 **Participants & Data Collection:** We collected data from 72 participants, 68 of whom completed all
 922 blocks of tasks successfully on Day-1, Day-2, and Day-7. Table 5 shows a summary of the participants'
 923 characteristics. Along with the game data, we tested participants' standard battery assessment (MABC-
 924 2: Movement Assessment Battery for Children). Among term and preterm children, we found a
 925 significant difference in MABC-2 percentiles (23.61 ± 0.87 vs. 39.91 ± 0.75 , $p < 0.001$), demonstrating
 926 substantial clinical and neurodevelopmental validation. Each of the participants practiced 6 blocks
 927 of 24 trials each, completed on Day 1, with 1-2 minutes of rest between each block. To examine
 928 retention, a single block of 24 trials was repeated on Days 2 and 7 (retention blocks). A total of 680
 929 blocks/sessions of data was collected with 680x24 trials. This dataset contains 16320 trajectories of
 930 term (73.5%) and preterm (26.5%) children, where each task contains 50% the trajectories.

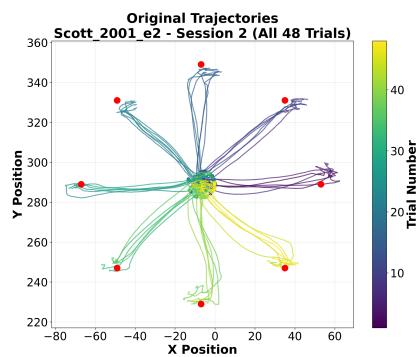
931 A.1.2 D_2 : NON-HUMAN REACHING MOVEMENT

932 D_2 contains non-human primates' arm reaching trajectories Scott et al. (2001); Scott & Kalaska (1997), a ground-
 933 breaking study investigated the neural basis of motor control and hand movement kinematics. Three rhesus monkeys
 934 were highly trained to perform horizontal planar reaching movements wearing mechanical exoskeletons.
 935 The task was centered on reaching a target arranged in a circle with five experimental conditions (e) and collected
 936 spatiotemporal positions, velocity, and joint angles with neural recordings. Each hand trajectory contains (x, y, t)
 937 coordinates, matching the expected input format for SMT-Learner. An example of experiment reaching trajectories
 938 to uniformly distributed targets at 0, 45, 90, 135, 180, 225, 270, and 315 degrees are illustrated in Figure 6. This
 939 dataset includes 16 unique reaching directions with standardized durations (~ 576 ms). We used a total of 23639
 940 trajectories from a total of 587 sessions, where 75% of the
 941 sessions contained 48 trials in four experimental tasks.
 942

943 A.2 EXPERIMENTAL SETUP

944 Experiments were conducted using NVIDIA GH200 Superchips (H100 configured with 80 GB SXM5,
 945 26 vCPUS, 225 GiB RAM and 2.8 TiB SSD). We followed a two-phase training and evaluation
 946 approach with two datasets D_1 and D_2 . In our first phase, SMT-Learner was pre-trained using D_1
 947 with a 90:10 split ratio for the train and validation partitions, and 32 SMT as the input batch size.
 948 The total joint loss combines reconstruction and multi-contrastive objectives as $\mathcal{L}_{total} = \mathcal{L}_r + \mathcal{L}_m$.
 949 The model was trained for each component of contrastive loss separately, as well as multi-contrastive
 950 loss by combining a weighted function of loss components. With 50 epochs, early stopping was
 951 imposed based on validation loss, and the AdamW optimizer was used with a learning rate of 0.0001
 952 Loshchilov & Hutter (2017). **We evaluated four experimental conditions in pretraining/finetuning**
 953 **paradigms to separate the cross-task and cross-subject transfer effects on adaptive transfer, as follows.**

- 954 1. Exp1: Pretrain on D_1 → test on D_1 → zero-shot on D_2 (held-out)
- 955 2. Exp2: Cross-Task transfer: Pretrain on D_1 Unimanual → Test on D_1 Bimanual → Zero-shot
 956 on D_2 (Experimental task 1: Scott_2001_e1)
- 957 3. Exp3: Cross-Subject transfer: Pretrain on D_1 (Cohort==Term) → test on D_1 (Cohort ==
 958 Preterm) → Zero-shot on D_2
- 959 4. Exp4: Adaptive transfer: Combine Exp2 and Exp3 → test on D_1 → zero-shot on D_2



960 Figure 6: Examples of monkey's hand
 961 movement trajectories of e2 experiment

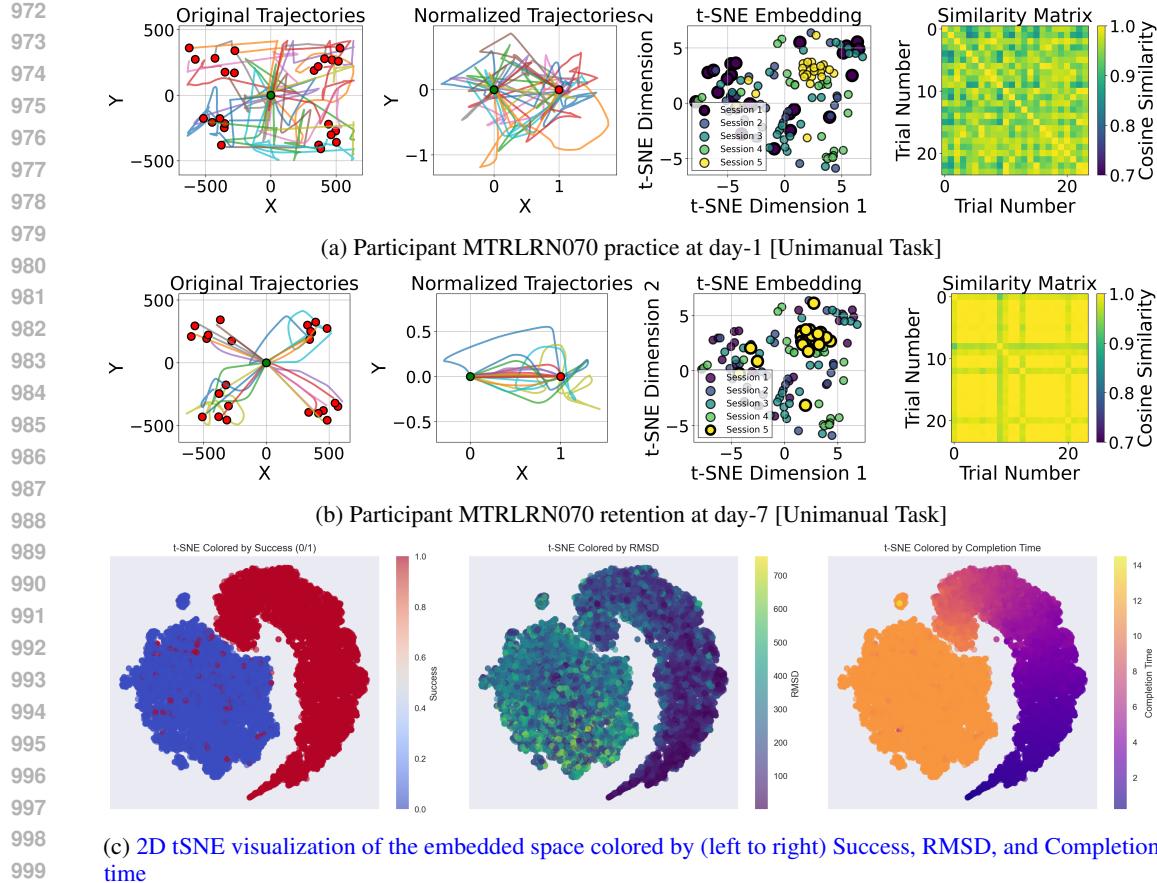


Figure 7: Trajectory representations in embedding space. (a–b) Embedded layout and trial-by-trial trajectory similarity for a Unimanual participant. (c) t-SNE shows tighter clusters for higher-skill learners (moon shape); unsuccessful trials form a compact ‘ball’ cluster and are associated with longer durations and greater path deviation.

A.3 SENSITIVITY AND CLUSTERING ANALYSIS

Figures 7a and 7b compare a participant’s embedded trial-by-trial trajectory similarity on the first practice day versus Day-7 retention. At Day 7, embeddings exhibit closer, more stable neighborhoods and reduced dispersion, indicating learning adaptivity and a shift toward exploitative control. The 2D t-SNE projection (Fig. 7c) separates the D_1 latent space by motor performance, where higher motor performance trials form close clusters near the task manifold, whereas lower-performing trials cluster in diffuse regions associated with longer competition time and larger path deviations (RMSD).

We conducted a sensitivity analysis on D_1 over window $W \in \{5, 10, 25, 50, 75, 100, 150, 225, 300, 450\}$, decay $\alpha \in \{0.05, 0.1, 0.2, 0.3, 0.5\}$, and $(\beta_1, \beta_2) \in \{0.1, 0.3, 0.5, 0.7, 0.9\}^2$ to identify stable parameters for the E–E metric calculation. Three convergent patterns founded in the chosen configuration:

- S-/R-/T-Corr curves rise sharply and plateaued near $W \approx 120$ aligning with a participant’s full trial count (Figure 8);
- Normalized E–E varies $< 6\%$ (CV) across $\alpha \in [0.05, 0.3]$, $\beta_1 \in [0.05, 0.2]$, $\beta_2 \in [0.3, 0.9]$. The setting $\alpha = 0.05$, $\beta_1 = 0.10$, $\beta_2 = 0.90$ balances strong early exploration ($\beta_2 \gg \beta_1$) with a smooth decay to a modest baseline (β_1);
- The MIN distance (minimum Euclidean distance in embedding to any prior trial within the decayed window) consistently outperformed KNN averaging on ranking quality, indicating sharper novelty discrimination (Table 6a).

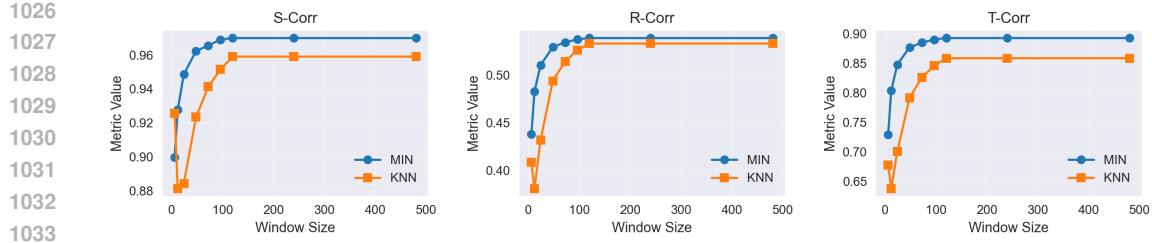


Figure 8: Sensitivity curves comparing MIN vs. KNN. Curves plateau near $W \approx 120$; MIN consistently dominates KNN across decay settings.

Table 6: Novelty metric comparison and clustering diagnostics on SMT-Learner embeddings.

(a) Novelty metric comparison				(b) Clustering diagnostics			
Metric variant	ROC AUC	PR AUC	F1	Algo	k/ϵ	Silhouette	Purity
min_dist (MIN)	0.5521	0.5403	0.6994	KMeans	3	0.478900	0.962428
knn_avg (KNN)	0.4962	0.5026	0.6927	KMeans	5	0.405406	0.982313

PR: Precision–Recall; AUC: Area Under the Curve.
min_dist: minimum distance to any prior trial within window W
knn_avg: mean distance to the K nearest prior trials

Clustering diagnostics on SMT-Learner embeddings confirmed separability with density-based methods, results in Table 6b. DBSCAN at $\epsilon = 1.0$ achieves the highest silhouette score with near-perfect purity, reinforcing that the latent geometry supports separable task–performance manifolds. These diagnostics substantiate the parameterization used for downstream E–E estimation.

A.4 CASE STUDY: OPTIMAL STRATEGY DETECTION

Our framework is capable to detect motor tasks with potentially multiple optimal strategies. We reasoned that the optimal solution to our experimental task was to move to the target in the most efficient path, thereby reducing uncertainty and physiological effort. Optimal solutions could also vary dependent on other environmental conditions (presence of reward, verbal instructions). To provide further clarification, we conducted a case study analysis showing two distinct optimal strategies: (1) Curvature optimization to near-straight paths (mostly used for unimanual), and (2) Stepwise optimal movement with directional changes (mostly used for bimanual). The Table 7 shows the case study results with participants MTRLRN070 and MTRLRN015 (Figure 9 illustrates original trajectories). The E–E framework successfully captured both strategies with a significant E–E ratio reduction (curvature: $0.56 \rightarrow 0.04$, and stepwise: $0.57 \rightarrow 0.07$). Curvature optimization resulted in highly consistent smooth movements (lower final E–E), while stepwise control maintained inherent variability in segmented movements (higher final E–E). This case study demonstrates that SMT-Learner can

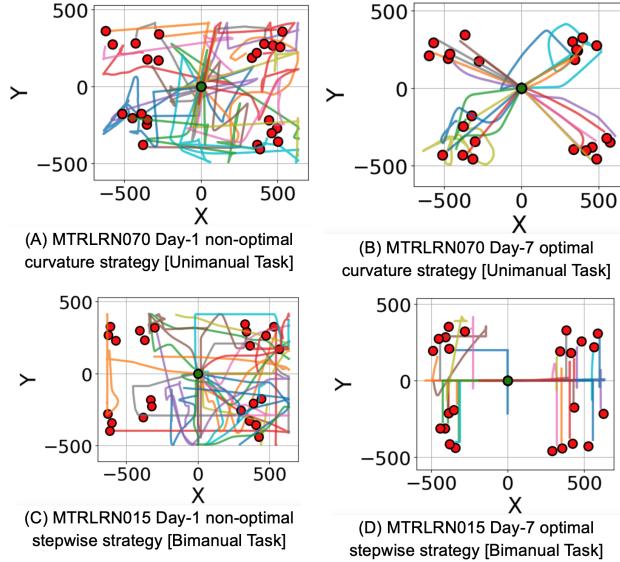


Figure 9: Case study: example of curvature and stepwise optimal movement strategies in motor skill learning

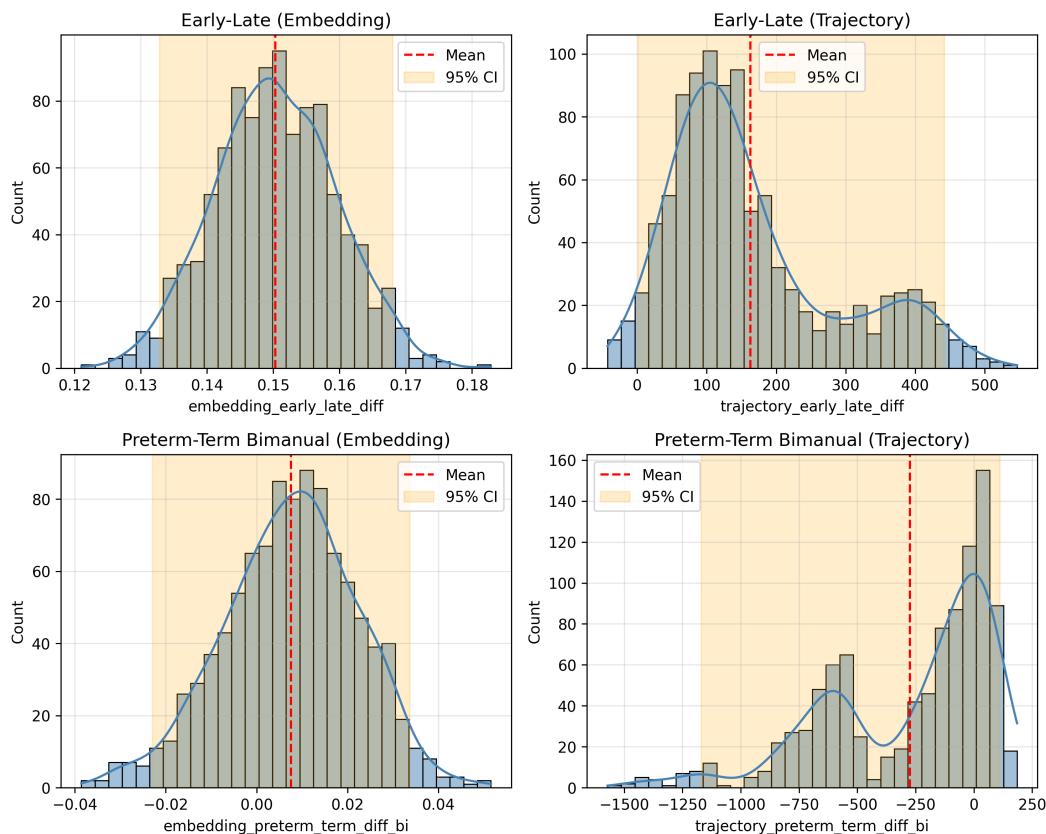
1080 handle multiple optimal strategies in the movement space, enabling quantitative differentiation of
 1081 strategic signatures.
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1083 Table 7: Case study results showing difference between two distinct optimal strategies (participant
 1084 MTRLRN070: Curvature and MTRLRN015: Stepwise)
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Strategy	E-E Ratio		Success Rate		Completion Time (s)		RMSD	
	Day-1	Day-7	Day-1	Day-7	Day-1	Day-7	Day-1	Day-7
Curvature	0.5579	0.0433	91.67%	100%	7.34	2.36	152.74	35.84
Stepwise	0.5718	0.0681	20.83%	100%	10.19	5.10	270.91	152.85

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 1091 **A.5 CAPTURING MOTOR CONTROL BEYOND GEOMETRY: SMT-LEARNER EMBEDDINGS**
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1093 We computed E-E ratios on normalized trajectories and in the learned embedding using $N = 1000$
 1094 random samples from D_1 Term and Preterm cohorts. As shown in Figure 10, embedding-space
 1095 E-E yields stable, interpretable effects with tight confidence intervals (CIs), whereas trajectory-
 1096 space E-E exhibits large-magnitude, high-variance estimates driven by residual geometric/scale
 1097 variability despite normalization. For early→late learning, the embedding difference is 0.1503 with
 1098 a narrow 95% CI [0.1329, 0.1680], while the trajectory estimate is 162.71 with a very wide CI
 1099 [1.79, 441.73]. For Preterm-Term (bimanual), the embedding difference is 0.0075 with CI [-0.0229,
 1100 0.0337], whereas the trajectory-based mean difference is -274.75 with a wide CI [-1169.24, 112.60].
 1101 These results indicate that SMT-Learner’s embeddings capture higher-order control structure beyond
 1102 geometric variability and provide a scale-stable E-E metric.
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 1106 Figure 10: Randomized sampling distributions of E-E differences in embedding space vs. normalized
 1107 trajectory space ($N = 1000$). Embedding E-E shows tight, stable CIs; trajectory E-E exhibits high
 1108 variance due to residual geometric/scale effects.
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