# MM-EMOG: Multi-label Emotion Graph Representation for Mental Health Classification on Social Media

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#### Abstract

More than 80% of people who commit suicide disclose their intention to do so on social media. The main information we can use in social 004 media is user-generated posts since personal information is not always available. Identifying all possible emotions in a single textual 007 post is crucial to detecting the user's mental state; however, human emotions are very com-009 plex, and a single text instance likely expresses multiple emotions. This paper proposes a new multi-label emotion graph representation for social media post-based mental health classi-013 fication. We first construct a word-document graph tensor to describe emotion-based con-015 textual representation using emotion lexicons. Then, it is trained by multi-label emotions and 017 conducts a graph propagation for harmonising heterogeneous emotional information, and is 019 applied to a textual graph mental health classification. We perform extensive experiments 021 on three publicly available social media mental health classification datasets, and the results show clear improvements.<sup>12</sup>

## 1 Introduction

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According to the World Health Organization (2021) (WHO), more than 80% of the people who commit suicide disclose their suicidal ideation and intention to do so on social media. Hence, early detection of their mental disorders and suicidal thoughts is critical for good governance. The direction of recent studies has been to incorporate more social media components to capture as much available contextual information as possible, such as historical posts (Cao et al., 2019, 2022; Mathur et al., 2020; Sawhney et al., 2020, 2021a,b,c; Shing et al., 2018; Sinha et al., 2019), and user and post metadata information (Cao et al., 2019, 2022). While more contextual sources may be ideal for assessing an individual's mental health state, access to these data has become increasingly restrictive due to heightened data privacy concerns. This complicates research reproducibility since each study selects features based on what social media components are available to them. Due to this trend, the main information that can be used for mental health issue detection from social media are only usergenerated posts. Our research focuses on detecting mental illnesses by analysing only social media textual posts with the question, 'What would be the most important component from which we can identify the mental health condition using pure text from social media?' The answer can be found in the WHO's definition of mental disorder, stating that 'A mental disorder is characterized by a clinically significant disturbance in an individual's cognition, emotional regulation, or behaviour.' (World Health Organization, 2022). The ideal setup for mental state detection via textual posts would identify all possible emotions and integrate those feelings and emotional statuses.

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Recent studies use deep learning to fine-tune contextual embeddings using mental health classification as a downstream task (Lara et al., 2021; Sawhney et al., 2021c). However, these studies focus on learning a single emotion for a word or text. Due to the complexity of human emotions, it is very likely that multiple emotions are expressed by a single textual post and that those emotions can be correlated. To represent emotions and their correlation with the text, we can consider two types of textual representation techniques: sequential text representation and graph-based text representation. While sequential text representation promotes capturing text features from local consecutive word sequences, graph-based text representation can attract widespread attention and successfully understand word and document relationships (Yao et al., 2019; Liu et al., 2020; Wang et al., 2022).

<sup>&</sup>lt;sup>1</sup>Warning: This paper contains examples that are suicidal and depressive in nature.

<sup>&</sup>lt;sup>2</sup>All relevant code and data will be made available on Github upon acceptance.

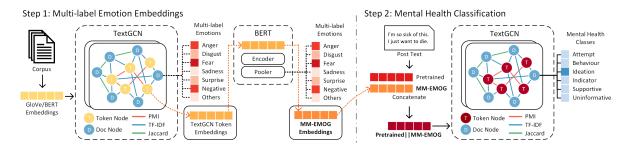


Figure 1: Overview of MM-EMOG Architecture

This paper proposes the MM-EMOG, a new multi-label, graph-based emotion representation for mental health classification using user-generated social media posts. We first construct a worddocument graph tensor to describe emotion-based contextual representation using emotion lexicons. Then, it is trained by multi-label emotions and conducts graph propagation for harmonising heterogeneous emotional information. The trained multi-label emotion representation is applied with a textual graph mental health classification model.

The main contributions of this paper can be summarised as follows: 1) We propose a new multilabel emotion representation for mental health classification using only social media posts, 2) To our knowledge, no other studies have utilised GCN in a purely textual capacity for these tasks. We are the first to apply multi-label and graph-based textual emotion representation, 3) Our proposed model, MM-EMOG, achieved the highest performance on three publicly available social media mental health classification datasets.

# 2 MM-EMOG

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#### 2.1 MM-EMOG Construction

Figure 1 Step 1 shows MM-EMOG architecture. We adapt TextGCN (Yao et al., 2019) to learn local and global emotional trend via a graph-based structure G = (V, E, A), where V is a set of word and document nodes, E is a set of word-word, worddoc, and doc-doc edges, and A are edge weights. **Node Construction** We first preprocess the post text in two steps: further de-identification of emails, usernames, and URLs by replacement of tokens; and emoticon preservation which retains emoticons and emojis to be contextualised as individual tokens. We then create nodes by using each post as a document node and each token in the corpus as the word or token node. Token nodes are created either through 1) word split tokenisation (W) or 2) wordpiece tokenisation (WP) using the BERT tokeniser. For wordpiece tokens, we incorporate emoticons to the tokeniser vocabulary for emoticon preservation and only apply lowercasing without additional cleaning. For word split tokens, we employ a simple text cleaning process that removes some punctuations and separates contractions. Stopwords are kept to retain negation words. Finally, for word split tokens, we initialise token nodes using GloVe embeddings and average the weight of all token nodes to represent the document node. For wordpiece tokens, we use BERT embeddings where the learned vector for [CLS] is used to initialise the document node and the minimum of all learned vector for each token is used for the token nodes. 118

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**Edge Construction** We leverage all types of cooccurrence relationships between tokens and documents using Pointwise Mutual Information (PMI) for word-to-word edges, TF-IDF for word-to-doc edges, and Jaccard similarity for doc-to-doc edges (Han et al., 2022).

## 2.2 MM-EMOG Learning

**Multi-label Document Emotions** We first generate document-level, multi-label emotion classes to use as targets. We leverage emotion lexicons that contain word-emotion associations<sup>3</sup>. Assume a document with words  $W=\{w_1, \ldots, w_p\}$  where p is the number of unique words and a lexicon containing terms  $K=\{k_1, \ldots, k_q\}$  where q is the number of lexicon terms. Each lexicon term  $k_j$  is associated to one or more emotions  $EM=\{em_1, \ldots, em_r\}$  where r is the number of emotion classes<sup>4</sup> in the lexicon. When  $w_i=k_j$ , we extract the emotions  $EM_{k_j}$  associated with  $w_i$ . The final multi-label emotion class for the document is the union of all emotions associated with all of the words in the document  $EM_d=\{EM_{w_1} \cup EM_{w_2} \cup \ldots EM_{w_p}\}$ .

<sup>&</sup>lt;sup>3</sup>We refer to both emotion and sentiment as "emotion".

<sup>&</sup>lt;sup>4</sup>Positive emotions are grouped into "other" as higher risk classes are more affected by negative emotions.

Multi-label Emotion Training To incorporate 155 complex emotions into contextual embeddings, the 156 node representations V and the adjacency matrix 157 A are passed to a two-layer GCN where the second 158 layer has an output dimension of s and a linear layer with an output dimension of r. We set s160 to 768 to follow popular pretrained embeddings. 161 Graph propagation takes the input and maps each 162 instance to multiple emotions. ReLu is used with 163 binary cross entropy loss for multi-label learning. 164 Back propagation updates the initial representations to incorporate emotion information during 166 model training. The learned token node representations from the second GCN layer is extracted and 168 used as the initial weights for BERT. During BERT 169 training, the hidden layer of the [CLS] token is 170 used for multi-label classification through a linear layer with an output dimension of r. Similarly, we 172 use binary cross entropy loss function. The learned 173 weights are extracted as multi-emotion contextual 174 representations MM-EMOG EmoWord (EW) or 175 EmoWordPiece (EWP) embeddings.

# 2.3 Mental Health Post Classification

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We evaluate MM-EMOG through a mental health post classification task (Figure 1 Step 2). Similar to Step 1, we leverage the corpus-wide co-occurrence information from TextGCN using the same graph construction method. For token node representations, we concatenate BERT and MM-EMOG embeddings and average all tokens for each document representation. Finally, the graph is passed to twolayers of GCN with a final output dimension equal to the number of mental health classes. Categorical cross entropy is used for single label classification.

# **3** Experimental Setup

More Detailed Setup Info is on Appendix A.

**Datasets** We use three public datasets: *TwitSuicide* (Long et al., 2022), *CSSRS* (Gaur et al., 2019), and *Depression* (MacAvaney et al., 2021)<sup>5</sup>.

Emotion Lexicons To incorporate emotional context, we use the NRC Emotion Lexicon (EmoLex) (Mohammad and Turney, 2013), NRC Twitter Emotion Corpus (TEC) (Mohammad and Kiritchenko, 2015), and SenticNet (Cambria et al., 2022)<sup>6</sup>.

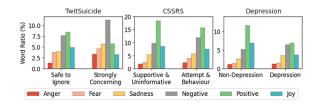


Figure 2: Emotion comparison using SenticNet lexicon

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Baselines and Metrics<sup>7</sup> We provide post-onlybased mental health classification baselines using BERT (Devlin et al., 2018), RoBERTa (Liu et al., 2019), MentalBERT and MentalRoBERTa (Ji et al., 2021). Due to class imbalance, we evaluate our models using accuracy, weighted F1, and class F1. **Implementation Details MM-EMOG** is trained using 90:10 train/val split over the entire corpus for 200ep with a 10ep early stop using Adam optimiser. The TextGCN phase uses d=200, dr=0.5, 1r=0.02, and L=2. The BERT phase uses dr=0.5, 1r=1e-05, and max=256<sup>8</sup>. Batch sizes are 64, 32, and 16 for TwitSuicide, CSSRS, and Depression respectively. For the classification task, we follow evaluation setups from previous studies: 10 and 5-fold cross-validation for TwitSuicide and CSSRS respectively; 80:20 train/test split for Depression. We search for optimal hyperparameters using Optuna with a 90:10 split on the train set or on the whole dataset for CV setups. Appendix B enumerates the hyperparameter search space and the best-found values. Results are reported on an average of 10 independent runs using Google Colab GPU hosted runtimes.

## 4 Emotion Analysis

We analyse to check the feasibility of emotion lexicons for detecting multi-label emotions. After matching post words to lexicon emotions, we find an increase of negative emotions from the least to the most concerning classes while a negative trend emerges for the positive emotions (Figure 2). This demonstrates how social media posts contain emotional markers consistent with different levels of suicide ideation and depression. The heterogeneity of these emotions motivate the use of a multi-label approach in learning emotional contextual representations for mental health classification.

<sup>&</sup>lt;sup>5</sup>*TwitSuicide*: Data available upon request.; *CSSRS*: https://github.com/AmanuelF/Suicide-Risk-Assessment-using-Reddit; *Depression*: https://github.com/swcwang/ depression-detection

<sup>&</sup>lt;sup>6</sup>EmoLex: https://saifmohammad.com/WebPages/NRC-Emotion-Lexicon.htm; TEC: http://saifmohammad.com/ WebPages/lexicons.html; SenticNet: https://sentic.net

<sup>&</sup>lt;sup>7</sup>Due to the unavailability of code and data from previous studies, it is difficult to directly apply the same baseline.

<sup>&</sup>lt;sup>8</sup>ep: epoch; d: hidden dimension; dr: dropout; lr: learning rate; L: GCN layers; max: max length

| TwitSuicide           | Acc          | F1 (w)       | (SC)         | (SI)         |
|-----------------------|--------------|--------------|--------------|--------------|
| BERT                  | 55.15        | 54.25        | 33.96        | 61.49        |
| RoBERTa               | 45.00        | 38.86        | 00.00        | 60.43        |
| MBERT                 | 63.33        | 63.29        | 48.00        | 71.23        |
| MRoBERTa              | 45.75        | 44.02        | 24.46        | 53.22        |
| Ours (EW2-EmoLex)     | 67.97        | 65.26        | 28.06        | 75.96        |
| Ours (EW2-TEC)        | 71.86        | 71.03        | 52.64        | 78.03        |
| Ours (EW2-SenticNet)  | <u>70.12</u> | <u>68.80</u> | 44.09        | <u>76.84</u> |
| CSSRS                 | Acc          | F1 (w)       | (A,B,I)      | (UN)         |
| BERT                  | 53.02        | 44.38        | 16.75        | 22.59        |
| RoBERTa               | 28.66        | 25.86        | 00.00        | 23.38        |
| MBERT                 | 51.75        | 50.02        | 28.84        | 35.16        |
| MRoBERTa              | 36.04        | 30.92        | 00.00        | 21.75        |
| Ours (EWP1-EmoLex)    | 73.07        | 70.79        | 43.82        | 72.71        |
| Ours (EWP1-TEC)       | <u>72.34</u> | <u>69.79</u> | <u>41.54</u> | <u>72.09</u> |
| Ours (EWP1-SenticNet) | 70.07        | 67.41        | 37.86        | 71.14        |
| Depression            | Acc          | F1 (w)       | (D)          | (ND)         |
| BERT                  | 73.59        | 62.40        | 00.00        | 84.79        |
| RoBERTa               | 73.59        | 62.40        | 00.00        | 84.79        |
| MBERT                 | 73.59        | 62.40        | 00.00        | 84.79        |
| MRoBERTa              | 73.59        | 62.40        | 00.00        | 84.79        |
| Ours (EWP2-EmoLex)    | 77.56        | 76.61        | 52.31        | 85.33        |
| Ours (EWP2-TEC)       | <u>77.64</u> | 76.61        | <u>49.40</u> | <u>85.61</u> |
| Ours (EWP2-SenticNet) | 78.16        | <u>76.20</u> | 48.51        | 86.13        |

MBert: MentalBERT; MRoBERTa: MentalRoBERTa; EW: word split; EWP: word piece; 1: simple cleaning; 2: added de-identification and emoticon preservation.

Table 1: Overall results using BERT with MM-EMOG. Best scores are **bold faced**. Next best are <u>underlined</u>. Class-based scores are shown for the most and least concerning classes (Appendix A.1).

#### 5 Results

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**Overall Performance** We evaluate MM-EMOG through a mental health classification task. Table 1 shows results from our proposed system against baselines. Due to small percentages of the most concerning classes for CSSRS, we report a combined weighted F1-score for AT, BE, and ID classes (Appendix A.1). Overall, our system outperforms all the baselines with an 8%, 21%, and 14% improvement for TwitSuicide, CSSRS, and Depression respectively. Moreover, there is a notable increase in performance over the most concerning classes showing that through multi-label contextual emotion representation learning, MM-EMOG can capture emotional intricacies where heightened negative emotions are present. We note that due to severe binary class imbalance of 74:26, all the baselines for *Depression* are only predicting the majority class. Without using class weights or balancing methods, our system shows better performance. Ablation Results To analyse what lexical compo-

Ablation Results to analyse what lexical compo nents are beneficial for learning contextual emo tional representations, we compare different em-

beddings based on the lexicon used to train them. Twitter-based datasets achieve better performance when trained with TEC and SenticNet which both include hashtags, emoticons, or emojis more frequently used on Twitter than on Reddit. This implies the importance of including these components in learning emotion representations for social media. We also compare the effect of different tokenisation methods and of further de-identification and emoticon preservation (Section 2.1). We observe that Twitter-based datasets have better performance for de-identified and emoticon preserved setups. This may be due to the frequent use of usernames, URLs, emoticons and emojis on the platform. De-identification reduces noise during model training while preserving emoticons as separate tokens contextualises them like words. Comparing tokenisation setups, both CSSRS and Depression achieve better performance when wordpiece tokenised while a simple word split is better for TwitSuicide. We note that during graph construction using the word split setup, TwitSuicide's vocabulary size is only 330 while Depression and CSSRS have 1,178 and 2,673 respectively. The smaller graph of *TwitSuicide* allowed it to perform better on word split setup. Longer and larger datasets benefit more from wordpiece tokenisation because of the deconstruction of out-of-vocabulary words. Finally, we compared concatenating MM-EMOG embeddings with BERT and MentalBERT embeddings. There were no significant improvements in using one over the other so we retain BERT embeddings for the rest of the experiments.

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# 6 Conclusion

Mental Illness Detection through individual social media posts is a challenging task due to limited information. Since mental health is deeply rooted in emotions, identifying all possible emotions within the text is crucial to further enrich contextual representations. We introduced MM-EMOG (Multilabel Mental Health Emotion Graph), which contextualises and harmonises complex heterogeneous emotions through a corpus-based, multi-label learning framework. Our results show that MM-EMOG successfully outperforms baselines in three social media mental health datasets with notable improvements over the most concerning classes. In the future, we aim to release a pretrained MM-EMOG model with generalised emotion representations for mental health downstream tasks.

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# Limitations

We acknowledge three limitations of our study. First, we use mainly English-based datasets, lex-311 icons, and baseline models. Low-resource lan-312 guages were not explored in this study but is an 313 open direction for the future. We also note that 314 despite being marked as English, some posts may 315 contain a mix of different languages. Second, the computational resource needed for building and training graph networks grows exponentially with 318 length and size of the datasets. We are limited by 319 the resource available to us which only allowed a 320 maximum of 256 words from each post. Lastly, there is not enough publicly available state-of-theart models for single post-only, text-based mental 323 324 health classification. Thus, we provide baselines based on widely used pretrained language models.

# Ethical Considerations

While our work is mainly at a foundational research 327 stage and not yet for production and deployment, 328 we recognise that mental health classification using social media may be used to profile and disadvantage people with mental health issues in certain situations such as employment and housing appli-332 cations. However, we aim for the safeguarded use of any future health care application borne from this research primarily for early detection and prevention of extreme outcomes of mental illnesses such as self-harm and suicide. Two possible future 337 338 applications are 1) for individual patient monitoring at the hands of mental health experts with proper patient consent or 2) for a population level monitoring for better mental health resource planning. 341

> We also consider the inherent risks that accompany the use of publicly available data specially from social media. The datasets used in this study has been further de-identified before use in any model training and evaluation. Furthermore, we make it a point to mask published examples to prevent reverse searches that would lead back to the poster's account.

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# **A** Experiment Details

# A.1 Datasets

We provide more information about the datasets used to evaluate our system. Table 1 summarises statistics while Figure 1 shows the class distribution for each dataset.

|                 | TwitSuicide | CSSRS     | Depression |
|-----------------|-------------|-----------|------------|
| Platform        | Twitter     | Reddit    | Twitter    |
| Total Posts     | 660         | 2,680     | 3,200      |
| Total Users     | 645         | 375       | -          |
| Num. Classes    | 3           | 6         | 2          |
| Eval Method     | 10 CV       | 5 CV      | 80/20      |
| Length          | 13 - 147    | 2 - 6,221 | 6 - 374    |
| Ave. Length     | 90.32       | 451.67    | 90.08      |
| Word Count      | 3 - 31      | 1 - 1,051 | 1 - 77     |
| Ave. Word Count | 16.85       | 85.51     | 17.43      |

## Table 1: Dataset statistics

**TwitSuicide** (Long et al., 2022) is a dataset of Twitter posts gathered through searching suiciderelated terms and annotated by one psychologist and two computer scientists based on three risk levels outlined by (O'Dea et al., 2015): *Strongly Concerning* (SC; 15.61%), *Possibly Concerning* (PC; 40.00%), and *Safe to Ignore* (SI; 44.39%).

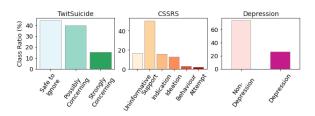


Figure 1: Class Distribution

The **Reddit C-SSRS Dataset** (CSSRS) (Gaur et al., 2019) is acquired from 15 mental healthrelated subreddits and annotated by four clinical psychiatrists based on the Columbia-Suicide Severity Rating Scale (Posner et al., 2008). We use the post-level annotations with six classes: *Actual Attempt* (AT; 1.83%), *Suicidal Behavior* (BE; 2.87%), *Suicidal Ideation* (ID; 12.57%), *Suicidal Indicator* (IN; 15.67%), *Supportive* (SU; 50.45%), and *Uninformative* (UN; 16.60%). We note that the dataset contains medical entity normalized posts as detailed on the original authors' paper.

The **Twitter Depression Dataset** (Depression) is used as a basis for the practice dataset for CLPsych 2021 (MacAvaney et al., 2021). Using depression-related hashtags, tweets are collected, stripped off of hashtags, and annotated using binary classes: *Depression* (D; 26.34%) and *Non-Depression* (ND; 73.66%).

#### A.2 Emotion Lexicons

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To create emotion-rich contextual embeddings, we use three widely used emotion lexicons that associate one or more emotion or sentiment to words or concepts. Table 2 enumerates the emotion types for each lexicon.

| Lexicon   | Emotion Types  |
|-----------|--|
| EmoLex    | Anger, Anticipation*, Disgust, Fear, Joy*,                               |
|           | Sadness, Surprise, Trust <sup>*</sup> , Positive <sup>*</sup> , Negative |
| TEC       | Anger, Anticipation*, Disgust, Fear, Joy*,                               |
|           | Sadness, Surprise, Trust*  |
| SenticNet | Anger, Calmness*, Disgust, Eagerness*, Fear,                             |
|           | Joy*, Pleasantness*, Sadness, Positive*,                                 |
|           | Negative   |

\*Combined into "other".

Table 2: Emotion types for each lexicon

**EmoLex** (Mohammad and Turney, 2013) is a crowdsourced word-emotion and word-polarity pairings. The lexicon contains 6,453 terms matched to at least one of two sentiments or eight emotions.

**TEC** (Mohammad and Kiritchenko, 2015) is an automatically created lexicon using emotion hash-

tags from Twitter. Word co-occurence scores determine the word-emotion association. We apply a threshold of at least 0.5 to remove weakly associated pairs. A total of 16,862 terms including hashtags, emoticons, common stop words, proper names, and numerical figures are associated to at least one of eight emotions. 537

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**SenticNet** (Cambria et al., 2022) is a conceptlevel knowledge base created through commonsense knowledge graphs. We use SenticNet7 which generate symbolic representations through subsymbolic techniques. A total of 149,673 concepts including emoticons and emojis are associated to one sentiment and two of 24 fine-grained emotions. We simplify these to eight primary emotions by grouping them based on their positive and negative intensity levels. Further, for simplicity, we utilitse only the one word concepts.

#### A.3 Baseline Experiments

All baseline models are trained for 15 epochs with 1e-04 learning rate, 256 max length, and 8 batch size. Other hyperparameters are left to the default values set by the model creators on HuggingFace<sup>9</sup>.

#### **B** Hyperparameter Search

We utilize Optuna<sup>10</sup> to search for optimal hyperparameters for the mental health classification task. Each model setup is separately searched for 50 trials maximizing accuracy using a 90:10 split of the whole dataset for cross-validated datasets or of the training set for datasets with defined splits. We search for the following hyperparameters: number of hidden layers  $L=\{2,3,4,5\}$ , hidden layer dimension  $H=\{100,200,300,400,500\}$ , dropout  $dr=\{0.01,0.05,0.1,0.5\}$ , learning rate  $lr=\{0.01,0.02,0.03,0.04,0.05\}$ , and weight decay  $wd=\{0,0.005,0.05\}$ . Best found values are summarized on Table 3.

#### C Qualitive Analysis: Case Studies

We further evaluate MM-EMOG with a qualitative assessment of the produced predictions. On Table 4, each sample is compared to the prediction of the two best performing baseline models, BERT and MentalBERT. We note that for the *Ideation* (ID) class of *CSSRS*, our system distinguishes between simultaneous expression of support and ideation. Expressions of empathy such as "*I know what you* 

<sup>&</sup>lt;sup>9</sup>https://huggingface.co/

<sup>&</sup>lt;sup>10</sup>https://github.com/optuna/optuna

|               | TwitSuicide |      |           |        | CSSRS |           | Depression |      |           |  |
|---------------|-------------|------|-----------|--------|-------|-----------|------------|------|-----------|--|
|               | EmoLex      | TEC  | SenticNet | EmoLex | TEC   | SenticNet | EmoLex     | TEC  | SenticNet |  |
| EW1           |             |      |           |        |       |           |            |      |           |  |
| dropout       | 0.5         | 0.01 | 0.5       | 0.01   | 0.1   | 0.05      | 0.01       | 0.1  | 0.05      |  |
| num layers    | 4           | 2    | 2         | 2      | 2     | 2         | 2          | 2    | 2         |  |
| num hidden    | 200         | 400  | 400       | 300    | 200   | 500       | 200        | 200  | 200       |  |
| learning rate | 0.01        | 0.03 | 0.04      | 0.05   | 0.03  | 0.03      | 0.05       | 0.02 | 0.05      |  |
| weight decay  | 0           | 0    | 0         | 0      | 0     | 0         | 0          | 0    | 0         |  |
| EW2           |             |      |           |        |       |           |            |      |           |  |
| dropout       | 0.5         | 0.01 | 0.01      | 0.01   | 0.01  | 0.05      | 0.01       | 0.5  | 0.05      |  |
| num layers    | 2           | 2    | 2         | 2      | 2     | 2         | 2          | 2    | 2         |  |
| num hidden    | 200         | 200  | 400       | 300    | 400   | 200       | 200        | 200  | 200       |  |
| learning rate | 0.02        | 0.05 | 0.01      | 0.03   | 0.05  | 0.04      | 0.05       | 0.03 | 0.01      |  |
| weight decay  | 0           | 0    | 0         | 0      | 0     | 0         | 0          | 0    | 0         |  |
| EWP1          |             |      |           |        |       |           |            |      |           |  |
| dropout       | 0.5         | 0.01 | 0.1       | 0.01   | 0.1   | 0.5       | 0.1        | 0.5  | 0.1       |  |
| num layers    | 2           | 2    | 2         | 2      | 2     | 2         | 2          | 2    | 2         |  |
| num hidden    | 100         | 100  | 200       | 200    | 200   | 400       | 200        | 200  | 200       |  |
| learning rate | 0.05        | 0.01 | 0.04      | 0.04   | 0.04  | 0.05      | 0.01       | 0.02 | 0.05      |  |
| weight decay  | 0           | 0    | 0         | 0      | 0     | 0         | 0          | 0    | 0         |  |
| EWP2          |             |      |           |        |       |           |            |      |           |  |
| dropout       | 0.5         | 0.5  | 0.1       | 0.01   | 0.5   | 0.05      | 0.05       | 0.1  | 0.01      |  |
| num layers    | 2           | 2    | 5         | 2      | 2     | 2         | 2          | 2    | 2         |  |
| num hidden    | 200         | 500  | 300       | 200    | 500   | 200       | 200        | 200  | 200       |  |
| learning rate | 0.02        | 0.04 | 0.04      | 0.04   | 0.04  | 0.05      | 0.04       | 0.05 | 0.02      |  |
| weight decay  | 0           | 0    | 0.005     | 0      | 0     | 0         | 0          | 0    | 0         |  |

EW: word split; EWP: word piece; 1: simple cleaning; 2: added de-identification and emoticon preservation.

Table 3: Best-found hyperparameters for all datasets, all lexicons, and all preprocessing setups.

mean" and "I feel the same way" are frequently 583 expressed on the Supportive (SU) class however, 584 585 these are directed toward situations that trigger negative emotions like having no one to talk to or be-586 ing in an unpleasant environment. For the ID class, 587 588 empathy is expressed towards hopelessness and self-harm. MM-EMOG captures emotional context 589 that differentiates these better. 590

| Example   | Actual | Ours | BERT | MBERT |
|---|--------|------|------|-------|
| TwitSuicide   |        |      |      |       |
| i'm SO fucking tired i want to die. *** adrenal exhaustion *** since surgery,<br>I've not been well ***   | SC     | SC   | PC   | PC    |
| *** tired, *** foot hurts *** don't want to be here   | PC     | PC   | SC   | SC    |
| *** victim of a failed suicide attempt *** I dont wet-shave my neck. Ouch   | SI     | SI   | PC   | SC    |
| CSSRS   |        |      |      |       |
| Aannnnnnd I failed again. *** pills *** stomach Muscle cramp and Common cold chills   | AT     | AT   | SU   | IN    |
| *** VA hospital for three months *** awesome.   | BE     | BE   | SU   | BE    |
| I know what you mean. I think about blowing my brains *** the immensely<br>sweet relief *** constant Anxiety and Fear no longer exist. All of my issues<br>will disappear, and thats all that matters. Why is suicide bad, again? *** why<br>should I continue? *** | ID     | ID   | SU   | SU    |
| *** Im still sad that I had to go trough my life, sometimes bit angry to fate,<br>*** nothing to show of my life. *** no longer bitter and *** that I was/am<br>bad and deserved this.***   | IN     | IN   | SU   | ID    |
| *** you didnt study the right way :) Things change *** so dont give up! I thought I wouldnt make it *** but then I changed majors ***   | SU     | SU   | IN   | UN    |
| *** dressed in some of my finer casual *** made myself some coffee. ***<br>today is better ***  | UN     | UN   | SU   | AT    |
| Depression  |        |      |      |       |
| *** scares get re opened *** pooring salt in them. I hate this feeling. ***<br>pain im in again   | D      | D    | ND   | ND    |
| *** so revolting, yet so irresistible *** I must have it  | ND     | ND   | ND   | ND    |

Table 4: Qualitative comparison of MM-EMOG predictions over the two best performing baseline models: BERT and MentalBERT (MBERT). Examples are masked to prevent reverse search for each post.