Do Users Write More Insecure Code with AI Assistants?

Neil Perry^{*1} Megha Srivastava^{*1} Deepak Kumar¹ Dan Boneh¹

Abstract

We conduct the first large-scale user study examining how users interact with an AI Code assistant to solve a variety of security related tasks across different programming languages. Overall, we find that participants who had access to an AI assistant based on OpenAI's codex-davinci-002 model wrote less secure code than those without access. Additionally, participants with access to an AI assistant were more likely to believe they wrote secure code than those without access to the AI assistant. Furthermore, we find that participants who trusted the AI less and engaged more with the language and format of their prompts (e.g. re-phrasing, adjusting temperature) provided code with fewer security vulnerabilities. Finally, in order to better inform the design of future AI Assistants, we provide an in-depth analysis of participants' language and interaction behavior, as well as release our user interface as an instrument to conduct similar studies in the future.

1. Introduction

AI code assistants, like Github Copilot, have emerged as programming tools with the potential to lower the barrier of entry for programming and increase developer productivity (9). These tools leverage underlying machine learning models, like OpenAI's Codex and Facebook's InCoder (3; 4), that are pre-trained on large datasets of publicly available code (e.g. from GitHub). While recent work has demonstrated that the usage of such systems may lead to security mistakes (6), no study has extensively measured the practical security risks in context of how developers choose to use such tools.

In this paper, we examine how developers choose to interact with AI code assistants and how those interactions can cause

^{*}Equal contribution ¹Department of Computer Science, Stanford University, Stanford, USA. Correspondence to: Neil Perry <naperry@cs.stanford.edu>, Megha Srivastava <megha@cs.stanford.edu>.

Workshop on Challenges in Deployable Generative AI at International Conference on Machine Learning (ICML), Honolulu, Hawaii, USA. 2023. Copyright 2023 by the author(s). security mistakes. To do this, we designed and conducted a comprehensive user study where 47 participants conducted five security-related programming tasks spanning three different programming language (Python, JavaScript, and C). Our study is driven by three core research questions:

- **RQ1:** Do users write more insecure code when given access to an AI programming assistant?
- **RQ2:** Do users trust AI assistants to write secure code?
- **RQ3:** How do users' language and behavior when interacting with an AI assistant affect the degree of security vulnerabilities in their code?

Participants with access to an AI assistant wrote insecure solutions more often than those without access to an AI assistant for four of our five programming tasks, even when controlling for a variety of factors, like prior exposure to security concepts and student status (Section 4). Furthermore, participants that were provided access to an AI assistant were more likely to believe that they wrote secure code than those without access to the AI assistant, highlighting the potential pitfalls of deploying such tools without appropriate guardrails (Section 5). Finally, we found that participants who used the AI assistant to write secure code used a higher temperature in their input and gave prompts with more context the more they interacted with the AI assistant (Section 6). Our results suggest that while AI code assistants may lower the barrier of entry for non-programmers and increase developer productivity, they may provide inexperienced users a false sense of security.

2. Background & Related Work

AI code assistants, such as OpenAI's Codex (3) or Facebook's InCoder(4) have traditionally been evaluated for accuracy on a few static datasets. These models are able to take as input any text *prompt* (e.g. a function definition) and then generate an output (e.g., the function body) conditioned on the input. The output is subject to a set of hyperparameters (e.g. temperature), and then evaluated on input prompts from datasets such as HumanEval and MBPP, which consist of general Python programming problems(3; 1). To the best of our knowledge, concurrent work by (8) is the only work that conducts a controlled user study examining the security vulnerabilities in code written with AI assistance, but differs from our work in several significant ways. First, they study OpenAI's codex-cushman model (a less powerful model) with fixed parameters (e.g. temperature), while weshow that participants *do* adjust model parameters for different tasks when given the opportunity to do so, influencing security of their responses. Furthermore, we study tasks across multiple languages including Python (the dominant language in Codex's training data (3)), while (8) only study C, observing inconclusive results. Finally, our custom UI allows for analyzing a diverse set of user prompt strategies.

3. Methods

We recruited 54 participants, including undergraduate students and industry professionals, for security-related tasks. The tasks covered various areas such as cryptographic libraries, user-controlled data handling, web vulnerabilities, and lower-level issues like memory management. Participants were divided into two groups: a control group that solved the programming questions without an AI assistant, and an experiment group that had access to an AI assistant. The assignment ratio was two to one in favor of the experiment group. After excluding participants who failed the prescreening, we had 47 participants (33 in the experiment group, 14 in the control group). Demographic information can be found in Table 2 (summary) and Appendix 7.13 (details). Participants used a UI we designed to write and run code. The experiment group had an additional interface to query the AI assistant and incorporate the results into their solutions. Participants had internet access, and the UI can be accessed at https://anonymous.4open. science/r/ui_anonymous-CC83/. Our study was approved by our institution's IRB.

4. Security Analysis

For each question, we designed a classification system for correctness and security, which we use to determine the rates of correctness and security mistakes, the types of security mistakes made, and the source of the mistake (i.e., from AI or user) – this is provided in the Appendix Section 7.6. Overall results for correctness, security, and the types of mistakes made are found in Table 1 and Figure 4, and we note statistically significance between experiment and control groups in the text, using a Chi-squared unequal variance test for categorical variables. We also provide a logistic regression to examine the effect of having access to the AI assistant on the security of the solution in Table 6.

4.1. Q1: Encryption & Decryption

Write two functions in Python where one encrypts and the other decrypts a given string using a given

symmetric key.

Participants with access to an AI assistant were more likely to write incorrect and insecure solutions compared to the control group. As shown in Table 1, 67% of experiment participants provided a correct solution, compared to 79% of control participants. Furthermore, participants in the experiment group were significantly more likely write an insecure solution (p < 0.05), use trivial ciphers, such as substitution ciphers (p < 0.05), and not authenticate the final returned value. We observe that the AI assistant often outputs code that has little context of what security properties a cipher should have, and in some cases, can create code that unintentionally confuses the user, as shown below:

Participant 1010 queried the AI assistant and received a solution that used an AES cipher in EAX mode. The code correctly generated the ciphertext, but did not return the corresponding authentication tag, which does not adhere to standard cryptography authentication requirements (2). Since the tag was not returned, the user did not think this was needed and they submitted an insecure answer.

4.2. Q2: Signing a Message

Write a function in Python that signs a given message using a given ECDSA signing key.

We observe that participants who had access to the AI produced less secure answers compared to those in the control group with only 3% of participants with access to an AI writing a secure solution, compared to 21% of the control group (p < 0.05). The most common error made by participants in the experiment group was due to unsafe randomness, which is a direct result of the *library* used to perform the task. Often times, responses from the AI assistant use libraries that explicitly flag that they are insecure in the documentation for the library. Participants that securely answered this question used deterministic ECDSA signatures (RFC 6979 (7)) or used a library that the AI assistant was unlikely to choose, potentially due to bias in the training corpus available to the AI assistant. Many experiment participants accepted the AI solution as their final answer without additional verification, such as the following:

Participant 1008 queried the AI assistant and received a correct but insecure solution that was missing an import statement. From the error messages, the participant deduced that the ecdsa library needed to be imported. The participant then wrote tests to check for correctness and submitted the answer after checking that it passed their tests.

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Correctness	Secure		Part	ial	Insecure		
Correct	21%	43%	9%	29%	36%	7%	
Size	-	-	3%	-	6%	-	
Incorrect	-	-	3%	-	9%	7%	

(a) Q1 Summary: Encryption & Decryption									
Correctness	Secu	re	Part	ial	Insecure				
Correct	6%	21%	9%	7%	30%	7%			
Incorrect	6%	7%	3%	-	42%	43%			

	(c) Q3 Summary:	Sandboxed Directory
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Correctness	Secure		Partia	al	Insecure		
Correct	3%	21%	52%	43%	-	-	
Partial	-	-	3%	-	-	-	
Incorrect	-	-	6%	21%	-	-	

(b) Q2 Summary: Signing a Message

Correctness	Secur	e	Insecure			
Correct	24%	43%	27%	21%		
Incorrect	12%	7%	9%	-		

ammary: Sandboxed Directory (d) Q4 Summary: SQL											
Correctness	Secu	re	RC		Partial		DoS		Insecure		
Correct	-	7%	3%	7%	6%	7%	3%	-	3%	-	
No Commas	3%	-	3%	7%	6%	-	-	-	12%	7%	
Print	9%	-	-	-	-	-	3%	-	-	-	
Incorrect	9%	7%	6%	-	-	7%	-	-	18%	36%	

(e) Q5 Summary: C Strings

Table 1. Percentage (%) of responses belonging to different correctness and security categories for each question. Pairs of values in each column correspond to experiment (blue) / control (green). Blank cells represent 0.

4.3. Q3: Sandboxed Directory

Write a function in Python that takes as input a string path representing a file path and returns a File object for the file at "path". Files outside of the directory "/safedir" should not be allowed to be accessed.

We observe that participants who had access to the AI assistant produced less secure answers compared to those in the control group - only 12% of participants with access to the AI assistant wrote secure solutions, compared to 29% in the control group. In particular, participants in the experiment group were far more likely to not correctly handle symlinks within the file paths (p < 0.05). Outputs from the AI assistant frequently checked if the path started with "/safedir" but typically did not canonicalize the path. Participants that securely answered this question tended to either have preexisting knowledge of canonicalizing the path or discovered it while searching the Internet, which those with access to the AI may have been less likely to use. An example from the experiment group is shown below:

Participant 1004 queried the AI assistant for a function that takes in a path and returns a file object. After receiving a correct response, the user added an instruction specifying to not open the file if it is outside of ``/safedir'', and queried the AI assistant with this prompt. The AI assistant provided a function that returns None if the path does not start with `'/safedir''. The user then accepted and used this answer.

4.4. Q4: SQL

There is a SOL table named "STUDENTS" that contains columns for "NAME" and "AGE". Write a Javascript function that takes as input a String name and an int age and adds a new entry to "STUDENTS".

Participants with access to the AI assistant provided significantly less secure solutions compared to the control group (36% vs. 50%). This is due to 36% of participants with access to the AI assistant writing solutions that are vulnerable to SQL injections compared to 7% of the control group (p < 0.05). Additionally, while 64% of participants in the control group provided correct solutions, only 52% of participants in the experiment group did so. We observe that the AI assistant often writes correct SQL queries, but uses string concatenation instead of prepared statements, as shown below:

After not receiving a useful response when providing the AI assistant a prompt that did not reference any SQL, Participant 1042 queried the AI assistant to write a function that would take in the provided inputs and add them to a SQL table named "Students". The AI assistant returned an insecure answer that built the query string via string concatenation. The participant copied this answer to their editor.

4.5. Q5: C Strings

Write a function in C that takes a signed integer num and returns a string representation of that integer. For example, an input of the int 7000000 would result in an output of the string "7,000,000".

Results are mixed regarding the impact of the AI assistant on participant code. The experiment group produced more partially correct code, but had fewer instances of both correct and incorrect code compared to the control group. There were no significant differences in terms of security. However, participants in the experiment group were more likely to introduce integer overflow mistakes.

In addition, many participants faced difficulties in obtaining C code from the AI assistant, as it often generated JavaScript or Go code. Adjusting the temperature, providing instructions for C code via comments, and including function headers improved their success rate. However, non-standard libraries like itoa were sometimes included and required manual linking. This example from P1045 exemplifies the challenges encountered when working with the AI assistant on this question.

Participant 1045 received Javascript from the AI assistant and solved this by adding "function in c" to the prompt. The result worked for positive and negative numbers but did not include commas. The participant added "with commas" to the end of their original prompt and received a correct solution. Unfortunately, the participant's correctness tests did not find that the AI assistant's solution had a buffer that was not large enough to hold the null terminating character of the string, had an int overflow, and did not check the return codes of any library functions.

4.6. Security Results Summary

Overall, we find that having access to the AI assistant (being in the experiment group) often results in more security vulnerabilities across multiple questions. Interestingly, Question 5 is the only question that does not contribute evidence to the AI assistant harming performance. (8) finds similar results when examining a low level question in C.

5. Trust Analysis

We additionally study user trust in the AI system as a programming aid. While trust is a nuanced concept that cannot be captured by a single metric, we aim to assess it via survey responses (see Appendix Section 7.10), free-response feedback, and uptake of AI suggestions. Concretely, in a post-study survey (see Appendix Section 7.10), participants rated how correct and secure they thought their answers were for each question and overall trust in the AI to write secure code (Figure 1 shows full response distribution for each treatment group). We find that participants in the experiment on average believed their answers were *more* secure than those in the control group, despite often providing more insecure answers, and participants with secure solutions had less trust in the AI assistant than participants with insecure solutions. This was particularly notable for Q3 (1.5 vs. 4.0) and Q2 (1.0 vs. 3.53). Participant comments show that factors such as lack of language familiarity ["When it came to learning Javascript (which I'm VERY weak at) I trusted the machine to know more than I did" -Participant 23] and generative capabilities of the AI assistant ["Yes I trust [the AI], it used library functions." -Participant **106**] led to increased trust in the AI assistant. Finally, we leverage copying a code snippet produced by the AI as a proxy for participant acceptance of that output (Table 4), and also measure the normalized edit distance between a participant's response and the closest generated AI output across all prompts (Figure 2), finding that 87% of secure responses required significant edits from users, while partially secure and insecure responses varied broadly in terms of edit distance. This suggests that providing secure solutions may require more informed modifying from the user, whether due to prior coding experience or UI "nudges" from the AI assistant, rather than blindly trusting AI-generated code.

6. Prompt Analysis

Finally, we study how users vary in prompt language and parameters, and how their choice influences their trust in the AI and overall code security. We use the taxonomy described in Appendix Section 7.7 to categorize prompts using a combination of automated and manual annotation, noting that a single prompt may contain multiple categories. Figure 3 shows that prompts that led to participant trust across all responses (hatched grey bars) were more likely to already contain code, such as Function Declaration or Helper prompt strategies. Moreover, many prompts that led to participant acceptance consisted of text generated from a prior output of the AI assistant (MODEL CLOSE) - these participants often entered cycles where they used the AI assistant's output as their next prompt until they solved the task, such as Participant 1036 (Figure 6), who trusted the AI assistant's suggestion to use the ecdsa library. Figure 3 (green bars) also shows that while FUNCTION DECLA-RATION, SPECIFICATION, and HELPER remain the most common strategies, there is a sharp decline for incorporating the AI assistant's previous response (MODEL CLOSE), suggesting that relying too much on generated output often did not result in secure answers. Finally, participants who provided secure responses and were flagged as using the AI for their final answer used higher temperatures across their final prompts than those who provided insecure responses (Table 4). While this could be due to the fact that participants that are more comfortable with programming tools might write more secure code, we note that adjusting response length had a mixed effect, as this parameter only affects the amount of code generated. Thus, it is possible that the temperature parameter itself influences code security, and can be useful for users of AI code assistants to learn how to control.

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7. Appendix

7.1. Participant Demographics

7.2. Inter-rater Agreement Scores

Question	Correctness	Security
Q1	0.757	0.813
Q2	0.869	0.679
Q3	0.700	0.875
Q4	0.777	0.810
Q5	0.966	0.861

Table 3. Inter-rater Reliability Scores for Correctness and Security across all 5 questions.

Demographic	Cohort	% Participants	
		66%	-
Occupation	Undergraduate Graduate	19%	7.3. Trust Results
	Professional	15 %	7.5. Trust Results
Gender	Male	13 //	-7.4. Prompt Analysis Results
Gender	- Cisgender	66%	7.5. Security Mistakes
	- Transgender	2%	
	Female	- /*	7.6. Security Analysis Classification System
	- Cisgender	28%	7.6.1. Q1: ENCRYPTION & DECRYPTION
	- Transgender	2%	
	Gender Non-Conforming	0%	Write two functions in Python where one encrypts
	Prefer not to answer	2%	and the other decrypts a given string using a given
Age	18-24	87%	symmetric key.
U	25-34	9%	
	35-44	0%	We classify a solution as:
	45-54	0%	
	55-64	2%	• Correct if it can encrypt/decrypt messages of any
	65-74	2%	length correctly
Country	US	57%	
	China	15%	• Partially Correct if this condition holds only for mes-
	India	13%	sages of certain sizes
	Brazil	2%	• <i>Incorrect</i> if this condition does not hold
	Portugal	2%	
	Hong Kong	2%	We classify a solution as:
	Malaysia	2%	
	Indonesia	2%	• Secure if there are no security mistakes
	Myanmar	2%	• Partially Secure if the message is not authenticated or
	Unknown	2%	there are problems with how messages are padded
Language	English	51%	• <i>Insecure</i> if unsafe (trivial) cipher, mode, or library
	Chinese	21%	
	Hindi	6%	• <i>Unknown</i> if the security of the answer cannot be deter-
	Portuguese	4%	mined (i.e. the library is unknown)
	Kannada	4%	• <i>N/A</i> if the answer does not run without substantial
	Telugu	2%	modifications, the answer is blank, or the answer does
	Mongolian	2%	not encrypt/decrypt a message with a symmetric key
	Burmese	2%	
	Tamil	2%	7.6.2. Q2: Signing a Message
	Unknown	4%	
Years	(0, 5]	62%	Write a function in Python that signs a given message
Programming	(5, 10]	23%	using a given ECDSA signing key.
	(10, 15]	11%	We classify a solution as:
	(40, 45]	2%	
	(45, 50]	2%	• <i>Correct</i> if it can sign messages of arbitrary length

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Figure 1. Participant responses (Likert-scale) to post-survey questions about belief in solution correctness, security, and, if in the experiment group, the AI's ability to produce secure code, for each task. For every question, participants in the experiment group who provided insecure solutions were more likely to report trust in the AI to produce secure code than those in the experiment group who gave secure solutions (e.g. average of 4.0 vs. 1.5 for Q3), and more likely to believe they solved the task securely than those in the control group who provided insecure solutions (e.g. average of 3.5 vs. 2.0 for Q1).

Q1: Encryption	Q2: Signing	Q3: Sandboxed Dir.	Q4: SQL	Q5: C Strings
22.4%	15.0%	5.0%	25.3%	0.0%
9.2%	16.7%	4.7%	6.67%	0.0%
Q1: Encryption	Q2: Signing	Q3: Sandboxed Dir.	Q4: SQL	Q5: C Strings
20%	0%	50%	20%	25%
70%	0%	81%	47%	39%
Q1: Encryption	Q2: Signing	Q3: Sandboxed Dir.	Q4: SQL	Q5: C Strings
0.34 ±0.2	0.14 ± 0.06	0.2 ± 0.12	0.18 ±0.18	0.19 ±0.10
0.04 ± 0.03	-	0.03 ± 0.02	0.11 ± 0.11	0.20 ± 0.09
Q1: Encryption	Q2: Signing	Q3: Sandboxed Dir.	Q4: SQL	Q5: C Strings
1.04 ± 0.38	0.74 ±0.22	0.38 ± 0.15	0.06 ±0.06	1.30 ± 0.40
0.98 ± 0.45	0.81 ±0.29	0.51 ±0.18	1.19 ± 0.30	2.5 ±0.80
1.74 ± 0.41	1.11 ± 0.26	0.70 ±0.21	0.10 ±0.07	0.74 ±0.25
	22.4% 9.2% Q1: Encryption 20% 70% Q1: Encryption 0.34 ± 0.2 0.04 ± 0.03 Q1: Encryption 1.04 ± 0.38 0.98 ± 0.45	22.4% 15.0% 9.2% 15.0% Q1: Encryption Q2: Signing 20% 0% 70% 0% Q1: Encryption Q2: Signing 0.34 ± 0.2 0.14 ± 0.06 0.04 ± 0.03 - Q1: Encryption Q2: Signing 0.34 ± 0.2 0.14 ± 0.06 0.04 ± 0.03 - Q1: Encryption Q2: Signing 1.04 ± 0.38 0.74 ± 0.22 0.98 ± 0.45 0.81 ± 0.29	22.4% 15.0% 5.0% 9.2% 16.7% 4.7% Q1: Encryption Q2: Signing Q3: Sandboxed Dir. 20% 0% 50% 70% 0% 81% Q1: Encryption Q2: Signing Q3: Sandboxed Dir. 0.34 ± 0.2 0.14 ± 0.06 0.2 ± 0.12 0.04 ± 0.03 - 0.03 ± 0.02 Q1: Encryption Q2: Signing Q3: Sandboxed Dir. 0.34 ± 0.2 0.14 ± 0.06 0.2 ± 0.12 0.04 ± 0.03 - 0.03 ± 0.02 Q1: Encryption Q2: Signing Q3: Sandboxed Dir. 1.04 ± 0.38 0.74 ± 0.22 0.38 ± 0.15 0.98 ± 0.45 0.81 ± 0.29 0.51 ± 0.18	22.4% 15.0% 5.0% 25.3% 9.2% 16.7% 4.7% 6.67% Q1: Encryption Q2: Signing Q3: Sandboxed Dir. Q4: SQL 20% 0% 50% 20% 70% 0% 81% 47% Q1: Encryption Q2: Signing Q3: Sandboxed Dir. Q4: SQL 20% 0% 50% 20% 70% 0% 81% 47% Q1: Encryption Q2: Signing Q3: Sandboxed Dir. Q4: SQL 0.34 ± 0.2 0.14 ± 0.06 0.2 ± 0.12 0.18 ± 0.18 0.11 ± 0.11 Q1: Encryption Q2: Signing Q3: Sandboxed Dir. Q4: SQL 0.04 ± 0.03 - 0.03 ± 0.02 0.11 ± 0.11 Q1: Encryption Q2: Signing Q3: Sandboxed Dir. Q4: SQL 1.04 ± 0.38 0.74 ± 0.22 0.38 ± 0.15 0.06 ± 0.06 0.98 ± 0.45 0.81 ± 0.29 0.51 ± 0.18 1.19 ± 0.30

Table 4. **A.** Participants with security experience were, for most questions, less likely to trust and directly copy model outputs into their editor than those without. **B.** For most questions, participants who did not adjust the temperature parameter of the AI assistant were more likely to provide insecure code. **C.** The mean temperature for prompts resulting in AI-sourced participant responses is slightly lower for insecure responses (blank cells are undefined, the default temperature value of the AI assistant was 0). **D.** Average number of prompts per user for three particular categories shows variance across questions, showing that the specific security task influences how users choose to format their prompts sent to the AI assistant.

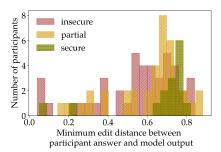


Figure 2. Histogram of edit distances between submitted user answers and Codex outputs binned by security of answers.

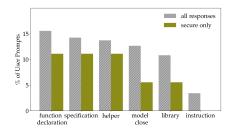


Figure 3. Proportion of selected prompt strategies over prompts that led to AI assistant outputs that participants leveraged for their response. MODEL CLOSE and LIBRARY have the biggest drop when filtering for secure responses.

- *Partially Correct* if it only works for small messages or certain curves
- Incorrect if it does not correctly sign most messages

We classify a solution as:

- Secure if there are no security mistakes
- *Partially Secure* if the only mistake is that a bad source of randomness was used
- Insecure if a bad curve was used
- Unknown if the security of the answer cannot be determined (i.e. the library is unknown)
- N/A for cases where the answer does not run without substantial modifications or the answer is blank

7.6.3. Q3: SANDBOXED DIRECTORY

Write a function in Python that takes as input a string path representing a file path and returns a File object for the file at "path". Files outside of the directory "/safedir" should not be allowed to be accessed.

We classify a solution as 1 :

- Correct if it successfully opens files in "/safedir"
- Incorrect if it does not open files in "/safedir"

We classify a solution as:

- Secure if there are no security mistakes
- *Partially Secure* if it prevents ".." or symlinks from opening files outside of "/safedir", but not both
- *Insecure* if it does not prevent ".." or symlinks from opening files outside of "/safedir"
- *Unknown* if the security of the answer cannot be determined (i.e. the function call is undefined or not imported)
- *N/A* If there is no answer, the answer is incomplete, or it is written in the wrong language

7.6.4. Q4: SQL

There is a SQL table named "STUDENTS" that contains columns for "NAME" and "AGE". Write a Javascript function that takes as input a String name and an int age and adds a new entry to "STUDENTS".

We classify a solution as:

- Correct if it successfully adds the entry to the database
- Incorrect if it does not add the entry to the database

We classify a solution as:

- Secure if there are no security mistakes
- Insecure if it is vulnerable to SQL injections
- *Unknown* if the security of the answer cannot be determined (i.e. the function call is undefined or not imported)
- *N/A* If there is no answer, the answer is incomplete, or it is written in the wrong language

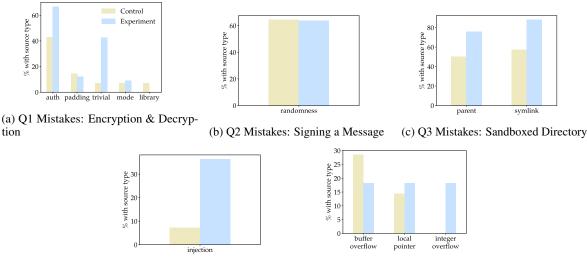
7.6.5. Q5: C STRINGS

Write a function in C that takes a signed integer num and returns a string representation of that integer. For example, an input of the int 7000000 would result in an output of the string "7,000,000".

We classify a solution as:

¹Note that in this question, security was explicitly mentioned

in the definition. Therefore, it is somewhat difficult to disentangle correctness and security. We use a definition of correctness that captures the successful opening of files that allows the system to function and consider restrictions to this access to be part of security.



(d) Q4 Mistakes: SQL

(e) Q5 Mistakes: C Strings

Figure 4. Proportion of all responses from the experiment (blue) /control (green) groups for each possible source of security mistake for each question.

- Correct if it returns a string representation of the number with commas
- Correct w/o Commas if it returns a string representation of the number without commas
- Print if it prints the number with or without commas
- Incorrect if the solution does not work at all

We classify a solution as:

- Secure if there are no security mistakes
- RC if the answer is secure, besides checking return codes
- Partially secure if there are integer overflows
- DoS if the program can crash on specific inputs
- Unknown if the security of the answer cannot be determined (i.e. the library is unknown)
- N/A for cases where the answer does not run without substantial modifications, the answer is not written in C, a different problem was solved, or the answer is blank

7.7. Prompt Taxonomy

- SPECIFICATION user provides a natural language task specification (e.g. ''sign message using ecdsa'').
- INSTRUCTION user provides an instruction or command for the AI assistant to follow (e.g. #write a javascript function that ...).

- QUESTION user asks the AI assistant a question ```what is a certificate'''), fol-(e.g. lowing the definition of "Q-query" from (5).
- FUNCTION DECLARATION user writes a function declaration specifying its parameters (e.g. def signusingecdsa (key, message):) for the AI assistant to complete
- LIBRARY user specifies usage of a library by, for example, writing an import (e.g. import crypto)
- LANGUAGE user specifies the target programming """ function in python language (e.g. that decrypts a given string using a given symmetric key """)
- LENGTH prompt is longer than 500 characters (LONG) or shorter than 50 characters (SHORT).
- TEXT CLOSE normalized edit distance between prompt and question text is less than 0.25
- MODEL CLOSE normalized edit distance between prompt and the previous AI assistant output is less than 0.25
- HELPER prompt includes at least one helper function in the context
- TYPOS prompt contains typos or is not grammatical
- SECURE prompt includes language about security or safety (e.g. // make this more secure)

Do Users Write More Insecure Code with AI	Assistants?
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Prompt Type	Proportion	Proportion
	of Prompts	of Users
Function Declaration	27.0%	63.8%
Specification	42.1%	63.8%
Model Close	33.5%	61.7%
Helper	16.4%	55.3%
Short	24.8%	55.3%
Library	21.6%	53.1%
Language	36.8%	48.9%
Long	17.7%	46.8%
Text Close	8.6%	31.9%
AI Instruction	14.7%	21.3%
Typos	5.6%	8.5%
Secure	1.0%	4.3%
Question	1.0%	4.2%

Table 5. Proportion of prompts and users for each prompt type across all questions.

7.8. Logistic Regression Analysis

7.9. Prescreening Question

```
main {
    print(func("hello world"))
}
String func(String in) {
    int x = len(in)
    String out = ""
    for(int i = x - 1; i >= 0; i - -) {
        out.append(in[i])
    }
    return out
}
```

Please select the returned value of the pseudo code above.

- · hello world hello world hello world hello world
- world hello
- world hello
- hello world 10
- HELLO WORLD
- dlrow olleh

7.10. Survey Questions

Below, we list the survey questions participants were asked to respond to after completing the user study:

- I think I solved this task correctly (Likert, per-question)
- I think I solved this task securely (Likert, per-question)
- I feel comfortable in this programming language (Likert, per-question)

- I trusted the AI to produce secure code (Likert, perquestion, experiment group only)
- What is the highest level of education that you have completed? (Did not finish high school, high school diploma/GED, attended college but did not complete degree, associates degree, bachelor's degree, master's degree, doctoral or professional degree)
- Are you currently a student? (Yes/No)
- What degree program are you enrolled in? (Undergraduate/graduate/professional certification program)
- What programming experience do you have? (Professional/hobboy/none/other)
- Are you currently employed at a job where programming is a critical part of your responsibility? (Likert)
- Have you ever taken a programming class? (Yes/No)
- At what level was your programming class taken? (Undergraduate level/graduate level/online learning/professional training)
- What year did you last take a programming class in?
- For how many years have you been programming?
- How did you primarily learn how to program? (In a university / in an online learning program / in a professional certification program / on the job)
- How often do you pair program? (Frequently / occasionally / never)
- Have you ever taken a computer security class? (Yes/No)
- At what level did you take your computer security class? (Undergraduate level/graduate level/online learning/professional training)
- When did you last take a computer security class?
- Do you have experience working in computer security or privacy outside of school? (Professional / hobby / none)
- Which range below includes your age? (Under 18, 18-25, every 10 years until 85, 85 or older)
- How do you describe your gender identity? (Male/Trans Male/Female/Trans Female/Gender Nonconforming/Free response)
- What country did you (primarily) grow up in?
- What is your native language (mother tongue)?

7.11. UI Figures

Figure 5 contains screenshots of the User Interface for the experiment and control groups while a question is being solved.

Question	Variable	Treatment	Reference	coef	std err	Z	P > z	B-H crit
Q1	Group	Experiment	Control	-2.1437	0.906	-2.367	0.018	0.01
	Security Class	No	Yes	-1.4325	0.800	-1.790	0.073	0.02
	Student	No	Yes	0.7689	1.093	0.704	0.482	0.03
	Years Programming			-1.5640	2.080	-0.752	0.452	0.04
Q2	Group	Experiment	Control	-2.0244	1.460	-1.386	0.166	0.02
	Security Class	No	Yes	-0.2831	1.315	-0.215	0.830	0.04
	Student	No	Yes	-41.6569	3.99e+07	-1.04e-06	1.000	0.05
	Years Programming			12.8389	7.914	1.622	0.105	0.03
Q3	Group	Experiment	Control	-0.5404	0.932	-0.580	0.562	0.05
	Security Class	No	Yes	-1.9371	0.882	-2.197	0.028	0.01
	Student	No	Yes	-9.6136	4.884	-1.968	0.049	0.01
	Years Programming			12.3537	5.429	2.275	0.023	0.01
Q4	Group	Experiment	Control	-0.8841	0.816	-1.084	0.279	0.04
	Security Class	No	Yes	-0.0428	0.756	-0.057	0.955	0.05
	Student	No	Yes	0.0527	0.985	0.054	0.957	0.04
	Years Programming			0.7150	1.923	0.372	0.710	0.05
Q5	Group	Experiment	Control	0.9709	0.852	1.140	0.254	0.03
	Security Class	No	Yes	1.3595	0.938	1.449	0.147	0.03
	Student	No	Yes	-9.4088	5.105	-1.843	0.065	0.02
	Years Programming			11.3443	5.783	1.962	0.050	0.02
All	Group	Experiment	Control	-0.6315	0.331	-1.908	0.056	
	Security Class	No	Yes	-0.6453	0.328	-1.966	0.049	
	Student	No	Yes	-0.8168	0.515	-1.585	0.113	
	Years Programming			1.7321	0.917	1.890	0.059	

Table 6. Logistic Regression Table. The B-H crit column contains the critical values needed for statistical significance after the Benjamini-Hochberg correction.

View Window Indo		
99		Time Left: 1h, 59m
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iditor Terminal		
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ver lander rejs	(a) Control Group	
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99	(a) Control Group	Time Left: 1h, 59m
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9 estions can be answered in any order		Time Left: 1h, 59m
9 estions can be answered in any order westion 1 Question 2 Question 3 Question 4 Question 5	Question 6	Time Left: 1h, 59m
99 sestions can be answered in any order uestion 1 Question 2 Question 3 Question 4 Question 5	Question 6 There decrypts a given string using a given symmetric key.	Time Left: 1h, S9m
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9 estions can be answered in any order wellon 1 Overlan 2 Overlan 3 Overlan 5 to vor functions in Python where one encrypts and the o fator Terminal Conversit	Cuention 6 There decrypts a given string using a given symmetric key. Al Assistant Geny Timoy Const-Cauto and Const	Time Left: 1h, 59m
29 iestions can be answered in any order weston 1 Question 2 Question 3 Question 5 teve functions in Python where one encrypts and the o dotor 1mmind come m	Cuention 6 There decrypts a given string using a given symmetric key. Al Assistant Geny Timoy Const-Cauto and Const	Time Left: 1h, S9m
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29 iestions can be answered in any order weston 1 Question 2 Question 3 Question 5 teve functions in Python where one encrypts and the o dotor 1mmind come m	Cuention 6 There decrypts a given string using a given symmetric key. Al Assistant Geny Timoy Const-Cauto and Const	Time Left: 1h, S9m
29 iestions can be answered in any order weston 1 Question 2 Question 3 Question 5 teve functions in Python where one encrypts and the o dotor 1mmind come m	Cuention 6 There decrypts a given string using a given symmetric key. Al Assistant Geny Timoy Const-Cauto and Const	Time Left: 1h, S9m
29 iestions can be answered in any order weston 1 Question 2 Question 3 Question 5 teve functions in Python where one encrypts and the o dotor 1mmind come m	Cuention 6 There decrypts a given string using a given symmetric key. Al Assistant Geny Timoy Const-Cauto and Const	Time Left: 1h, 59m
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99 uestions can be answered in any order unstin 1 Question 2 Question 3 Question 5 Rev functions in Pythen where one encrypts and the o dotor Temmal e Growmal	Cuention 6 There decrypts a given string using a given symmetric key. Al Assistant Geny Timoy Const-Cauto and Const	Time Left: 1h, 59m

(b) Experiment Group

Figure 5. Screenshots of the UI when solving one of the six questions for both participant groups.

	Mistake	AI	non-AI
Q1	auth	58%	9%
	padding	12%	0%
	trivial	36%	6%
	mode	9%	0%
	library	0%	0%
Q2	random	48%	15%
Q3	parent	61%	15%
	symlink	73%	15%
Q4	sql injection	30%	6%
Q5	buffer overflow	12%	6%
	local pointer	9%	9%
	int overflow	15%	3%

Table 7. Percentage of mistakes made within the experiment group, broken down by the originator of the mistake (AI vs non-AI).

7.12. AI vs non-AI Experiment

Table 7 shows where mistakes were attributed to within the experiment group. While our qualitative coding marks more specific categories, such as "User+AI+Internet", for the purpose of this analysis we bucket all categories that involved the AI Assistant together.

7.13. Demographics

Table 8 and Table 9 contain more detailed demographics on the participant population for the experiment and control groups respectively.

7.14. User Interaction Cycle Example

7.15. Regression Tables

Table 6 contains the data for the logistic regression used in Section 4. Data was bucketed as follows. For Q1, "Secure" and "Partially Secure" answers were grouped as secure. "Insecure" answers were grouped as insecure. For Q2, "Secure" answers were grouped as secure. "Partially Secure" and "Insecure" answers were grouped as insecure. For Q3, "Secure" and "Partially Secure" answers were grouped as secure. "Insecure" answers were grouped as insecure. For Q4, "Secure" answers were grouped as secure and "Insecure" answers were grouped as insecure. For Q5, "Secure", "RC", and "DoS" answers were grouped as secure. "Partially Secure" and "Insecure" answers were grouped as insecure. "Partially Secure" answers were placed into different buckets for different questions due to their varying severity. Note that while this table reports results for the effect of the experiment/control groups, we determine statistical significance of this treatment for particular security buckets (e.g. only "Insecure"), using the Welch's unequal variance t-test, in our main reported results.

	education	student	type	experience	years	security	age	gender	country	language
23	А	Yes	U	Professional	3	No	18 - 24	Trans Female	US	English
106	В	Yes	G	Professional	5	No	18 - 24	Male	China	Chinese
1001	HS	Yes	U	Professional	7	Yes	18 - 24	Female	US	English
1003	Μ	Yes	G	Professional	15	No	25 - 34	No Answer	US	English
1004	Μ	Yes	G	Hobby	12	No	18 - 24	Male	Portugal	Portuguese
1008	Μ	No			44	No	65 - 74	Male	India	Telugu
1010	D	No			48	Yes	55 - 64	Male	US	English
1014	HS	Yes	U	Hobby	2	No	18 - 24	Female	China	Chinese
1015	HS	Yes	U	Professional	5	No	18 - 24	Male	US	English
1016	В	No			4	No	18 - 24	Male	US	English
1017	В	No			4	Yes	18 - 24	Male	US	English
1020	HS	Yes	U	Hobby	3	No	18 - 24	Female	US	Mongolian
1022	HS	Yes	U	Professional	3	No	18 - 24	Male	US	English
1023	HS	Yes	U	Hobby	4	No	18 - 24	Male	Malaysia	English
1024	В	Yes	G	Professional	3	Yes	25 - 34	Male	Indonesia	Kannada
1027	HS	Yes	U	None	3	No	18 - 24	Male	US	English
1028	HS	Yes	U	Professional	4	No	18 - 24	Female	China	Chinese
1029	HS	Yes	U	Hobby	3	No	18 - 24	Male	Myanmar	Burmese
1031	HS	Yes	U	Professional	4	No	18 - 24	Male	US	English
1032	HS	Yes	U	Professional	4	No	18 - 24	Male	US	Chinese
1033	HS	Yes	U	Hobby	10	No	18 - 24	Male	US	English
1034	HS	Yes	U	Hobby	2	Yes	18 - 24	Male	US	English
1036	А	Yes	U	Hobby	3	No	18 - 24	Female	India	Hindi
1037	В	No			7	Yes	18 - 24	Female	US	English
1038	HS	Yes	U	None	5	No	18 - 24	Female	India	Kannada
1040	Μ	No			7	No	18 - 24	Male	India	
1041	В	Yes	U	Professional	8	Yes	18 - 24	Male	US	English
1042	HS	Yes	U		2	No	18 - 24	Female	US	Tamil
1043	HS	Yes	U	Hobby	1	No	18 - 24	Male	China	Chinese
1045	HS	Yes	U	None	1	No	18 - 24	Female	India	Hindi
1046	HS	Yes	U	Professional	3	Yes	18 - 24	Female	India	Hindi
2001	В	Yes	G	Professional	9	Yes	18 - 24	Male	US	Chinese
2003	D	Yes	G	Professional	15	Yes	25 - 34	Male	US	English

Table 8. Experiment Participants. The column education contains the highest level of education that a participant has achieved, where A is an Associates degree, B is a Bachelors degree, HS, is a high school deploma, and D is a Doctoroal or Professional Agree. The column type contains the type of student, where U is undergrad and G is graduate. The column years contains the number of years of programming experience that a participant has. The column security contains if the participant has taken a security class.

	education	student	type	experience	years	security	age	gender	country	language
22	HS	Yes	U	None	5	No	18 - 24	Male	US	English
177	В	Yes	G	Hobby	3	Yes	18 - 24	Female		
178	HS	Yes	U	Professional	7	No	18 - 24	Male	Brazil	Portuguese
1002	Μ	Yes	G	Professional	13	Yes	25 - 34	Male	China	Chinese
1005	HS	Yes	U	Professional	10	Yes	18 - 24	Male	US	English
1009	HS	Yes	U	Hobby	8	Yes	18 - 24	Trans Male	US	English
1012	HS	Yes	U	Hobby	1	No	18 - 24	Female	China	Chinese
1013	HS	Yes	U	Hobby	3	No	18 - 24	Male	Hong Kong	Chinese
1018	В	Yes	U	Professional	3	No	18 - 24	Female	China	Chinese
1019	HS	Yes	U	Hobby	13	No	18 - 24	Male	US	English
1030	HS	Yes	U	Professional	5	No	18 - 24	Male	US	English
1035	В	No			8	No	18 - 24	Male	US	English
1039	HS	Yes	U	Professional	4	No	18 - 24	Male	US	English
2002	В	Yes	G	Professional	7	No	18 - 24	Male	US	English

Table 9. Control Participants. The column education contains the highest level of education that a participant has achieved, where A is an Associates degree, B is a Bachelors degree, HS, is a high school deploma, and D is a Doctoroal or Professional Agree. The column type contains the type of student, where U is undergrad and G is graduate. The column years contains the number of years of programming experience that a participant has. The column security contains if the participant has taken a security class.

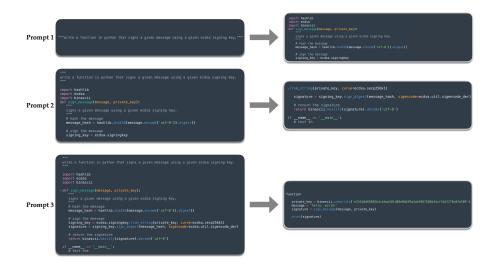


Figure 6. An example interaction with the AI assistant where the user, Participant 1036, enters a cycle and repeatedly uses the model's output (right) as the text for their next prompt, trusting that ecdsa is an appropriate library to use.