Detecting Motivated Reasoning in the Internal Representations of Language Models

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Abstract

Large language models (LLMs) sometimes produce chains-of-thought (CoT) that do not faithfully reflect their internal reasoning. In particular, a biased context with a hint can cause a model to change its answer while rationalizing the hinted option without acknowledging its reliance on the hint, a form of unfaithful motivated reasoning. We investigate this phenomenon in the Qwen2.5-7B-Instruct model on the MMLU benchmark and show that motivated reasoning can be detected in the model's internal representations. We train non-linear probes over the model's residual stream and find that the hinted option is consistently predictable from representations at the end of CoT. Focusing on cases where the model changes its output to the hint without mentioning it, we demonstrate that probes can (i) predict whether the model will follow a hint from its internal representations early in the CoT, and (ii) determine whether a hint-consistent final answer was counterfactually dependent on the hint based on internal representations at the end of CoT.

1 Introduction

Large language models (LLMs) use chain-of-thought (CoT) reasoning to produce intermediate reasoning steps before giving a final output [19, 14, 7]. This ability enables skills such as planning, search, and verification to solve complex tasks, and improves their performance [15, 5, 12, 16, 17]. From a theoretical standpoint, models become computationally more expressive with a larger workspace available for inference-time computations in the form of CoT [6, 10, 8, 13, 11]. In addition, CoT reasoning offers appealing safety promises by making it possible to trace the computations that lead to a model's final decision through monitoring its CoT [1].

However, a model's CoT does not necessarily explain its internal computations. Prior work on faithfulness shows that CoT explanations can be unfaithful: they may rationalize a biased or hint-driven answer without mentioning the true cause of the decision [18]. Recent studies demonstrate that even reasoning models often fail to verbalize the influence of misleading hints, highlighting a gap between internal reasoning and CoT explanation [3, 4].

This gap motivates studying the internal representations of LLMs directly, to identify cognitive behaviors such as motivated reasoning, where the model plans toward a hint-consistent answer. Mechanistic interpretability works have shown traces of such behaviors in the model [9]. By studying the internal representations of the model in a biased context with a hint, our contributions are the following:

Model always recalls the hint. We show that a probe can perfectly predict the hint from the internal representations of the model at the end of CoT, even when the CoT does not mention the hint.

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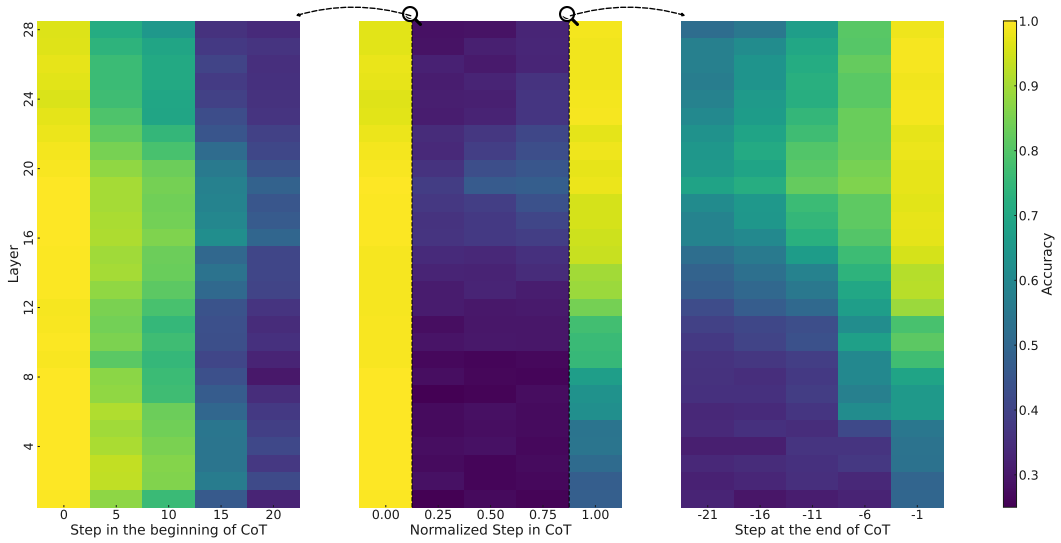

Figure 1: Hint prediction probe accuracy across layers of the model and (middle) steps normalized by CoT length, (left) steps in the beginning of CoT, and (right) steps at the end of CoT before the final output.

Early switch to a hint detection. We show that the model's switching to a hint can be predicted from the model internal representations before CoT generation.

Reliance on a hint detection. We show that the model's reliance on the hint to produce a hint-consistent final output can be detected from its internal representations at the end of CoT.

2 Setup

While a language model's CoT is commonly interpreted as the model's reasoning trace leading to its final response and CoT monitoring is becoming adopted as a AI safety approach, its effectiveness depends on the CoT being a faithful explanation of the way the model reaches its answer.

Inspired by this, recent works have evaluated faithfulness of language models under paired unbiased and biased prompts [18, 3, 4]. The unbiased prompt presents only the question, while the biased prompt includes a hint suggesting one of the answer choices. These studies show that models can be misled by such hints: even when the unbiased answer is correct, the biased answer may change to match the hint. Crucially, the chain-of-thought in these cases sometimes rationalizes the hinted answer without acknowledging the hint's influence. In our experiments we will follow the setting of these studies [18, 3, 4].

Setting and notation. For each unbiased prompt x_u and biased prompt x_h with hint h, the model M produces

$$(c_u, a_u) = M(x_u), \qquad (c_h, a_h) = M(x_h),$$

where a_u and a_h denote the model's final answers and c_u, c_h the generated chains-of-thought. We categorize the paired outcomes (a_u, a_h) with respect to the hint h as follows:

1. **Resist** ($a_u \neq h \rightarrow a_h \neq h$)**:** The model does not follow the hint in either condition.
2. **Switch** ($a_u \neq h \rightarrow a_h = h$)**:** The model changes its answer to follow the hint.
3. **Redundant** ($a_u = h \rightarrow a_h = h$)**:** The model selects the hint in both conditions.
4. **Abandon** ($a_u = h \rightarrow a_h \neq h$)**:** The model initially selects the hint but moves away from it under bias (rare).

We are specifically interested in the cases where the model switches its answer to the hint but does not mention the hint in its CoT (we check this by searching for the keywords 'hint' and 'expert' in c_h).

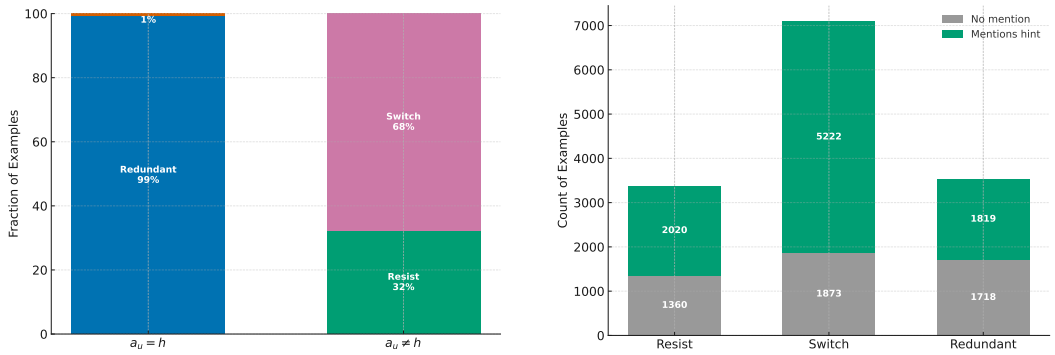

Figure 2: (left) Model behavior in response to biased prompts, conditioned on whether the hint confirms with the unbiased response. (right) Fraction of CoT that explicitly mention the hint within each category.

Probing tasks. We design complementary experiments to capture different aspects of detecting motivated reasoning:

1. **Hint prediction.** We train probes on internal representations of the model to predict the hint h. We use the accuracy of these hint prediction probes accross layers and positions in CoT to examine where and when the model retrieves the information about the hint.
2. **Switching to the hint detection.** Among the cases where $a_u \neq h$ and the CoT does not mention the hint, we want to distinguish switch cases ($a_h = h$) from resist cases ($a_h \neq h$). They both are in conflict with the hint, but only the switch cases ultimately adopt the hint. There are 1873 switch cases and 1360 resist cases among those not mentioning the hint. We train probes on model internal representations to predict whether the model switches.
3. **Reliance on the hint detection.** Among items where $a_h = h$ and the CoT does not mention the hint, we want to distinguish switch cases ($a_u \neq h$) from redundant cases ($a_u = h$). They both end with the hint, but only the switch cases are *counterfactually dependent* on the hint. There are 1873 switch cases and 1718 redundant cases among those not mentioning the hint. We train probes on model internal representations to predict whether the model relies on the hint.

Together, these probing tasks capture complementary aspects of the problem: when the model accesses the information about the hint during its computations, whether the model begins to bend toward a hinted answer early in reasoning, and whether its final choice is counterfactually reliant on the hint.

2.1 Experimental Setup

Model. We conduct experiments with the Qwen2.5-7B-Instruct model. We prompt the model to think step-by-step and then write its final option letter. We sample with temperature 0 and set the maximum number of generation tokens to 2048.

Data. We use the MMLU benchmark, which contains multiple-choice questions across diverse domains. Each question has four candidate answers. For every question we construct two paired prompts: 1) an *unbiased prompt* x_u containing only the question, and 2) a *biased prompt* x_h formed by appending a hint of the form: `Hint: An expert indicates the answer is <h>.` The hinted choice h is sampled uniformly at random. The model's responses (c_u, a_u) and (c_h, a_h) are then paired to categorize outcomes into the four transition types.

Probing. To analyze motivated reasoning, we extract residual stream activations after each attention block, at multiple generation steps of c_h. We train a nonlinear Recursive Feature Machine (RFM) probe [2] on these representations, with one probe per layer. We also experimented with training separate probes for each layer–step combination. Interestingly, the layer-level probe performed as well as step-specific probes within that layer, so we report results using the layer-level probes.

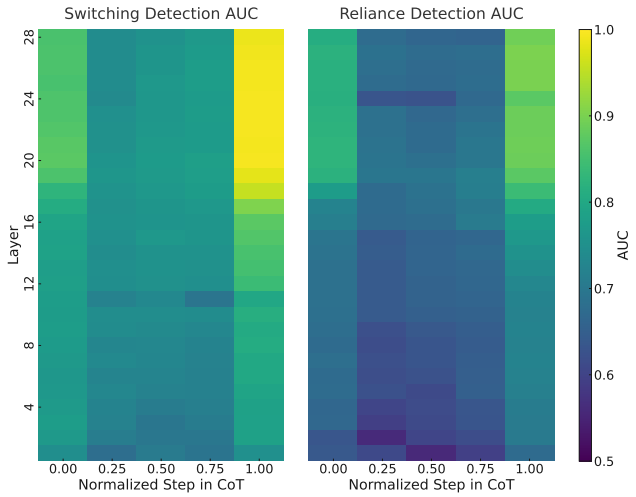

Figure 3: AUC of probes detecting (left) whether the model switches its hint-inconsistent output to the hint (resist vs switch), and (right) whether the model's hint-consistent output relies on the hint (redundant vs switch). In both cases, we have only retained the cases where the CoT does not mention the hint.

3 Experiments & Results

Models frequently adopt the hinted answer. Consistent with prior work [3, 4, 18], we find that the model is highly sensitive to biased prompts. Its accuracy drops from 74.46% in the unbiased setting to 45.94% under hints, far exceeding the baseline change rate of 2–6% due to stochasticity and prompt sensitivity. When the hint confirms the unbiased answer, the model almost always retains it; when the hint conflicts, it usually switches to the hinted option. Notably, in many of these switch cases the model's CoT does not explicitly acknowledge the hint (See Figure 2).

Model recalls the hint at the end of CoT. The hint prediction probe's accuracy shows that the hint is perfectly detectable in the beginning and end of CoT, but not in the middle (See Figure 1). Note that this includes the cases in which the model does not mention the hint at the end of its CoT. Moreover, while the hint is better detectable in the first layers in the early stage of CoT, it is only detectable in the final layers in the late stage of CoT.

Switching to the hint is detectable before CoT generation. The switching detection probe that is trained to predict whether the model follows a hint that contradicts the model's unbiased answer, achieves an accuracy of %79.69 with AUC of %87.22 before CoT generation (See Figure 3). This shows the possibility of detecting motivated reasoning intention from the internal representations of the model, even before generating CoT. The probe expectedly achieves perfect accuracy at the end of CoT because it can compare the model's final output with the hint.

Reliance on the hint is detectable at the end of CoT. The reliance detection probe that is trained to decide whether the model is relying on the hint or it would output the same answer in an unbiased context achieves an accuracy of %82.42 with AUC of %90.12 at the end of CoT (See Figure 3). This shows the possibility of detecting the model's reliance on the hint, even though its CoT does not mention the hint.

4 Discussion & Conclusion

In this paper, we focused on motivated reasoning as a cognitive behavior of language models that cannot always be detected by monitoring their CoT. By probing the internal representations of the model, we traced its access to the hint in the biased context and showed that it is possible to detect the model's intention to switch to the hint early in its CoT, as well as its reliance on the hint late in its CoT. We note that hints that are consistent with the correct answer may be processed differently from misleading hints; understanding this distinction remains an important direction for future work.

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