

000 001 002 003 004 005 006 007 008 009 010 011 012 013 014 015 016 017 018 019 020 021 022 023 024 025 026 027 028 029 030 031 032 033 034 035 036 037 038 039 040 041 042 043 044 045 046 047 048 049 050 051 052 053 MOALIGN: MOTION-CENTRIC REPRESENTATION ALIGNMENT FOR VIDEO DIFFUSION MODELS

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ABSTRACT

Text-to-video diffusion models have enabled high-quality video synthesis, yet often fail to generate temporally coherent and physically plausible motion. A key reason is the models' insufficient understanding of complex motions that natural videos often entail. Recent works tackle this problem by aligning diffusion model features with those from pretrained video encoders. However, these encoders mix video appearance and dynamics into entangled features, limiting the benefit of such alignment. In this paper, we propose a motion-centric alignment framework that learns a disentangled motion subspace from a pretrained video encoder. This subspace is optimized to predict ground-truth optical flow, ensuring it captures true motion dynamics. We then align the latent features of a text-to-video diffusion model to this new subspace, enabling the generative model to internalize motion knowledge and generate more plausible videos. Our method improves the physical commonsense in a state-of-the-art video diffusion model, while preserving adherence to textual prompts, as evidenced by empirical evaluations on VideoPhy, VideoPhy2, VBench, and VBench-2.0, along with a user study.

1 INTRODUCTION

Text-to-video diffusion models have enabled high-fidelity video synthesis across domains from entertainment to simulation. Recent systems like *Wan2.1* (Wan et al., 2025), *CogVideoX* (Yang et al., 2025b), *HunyuanVideo* (Lab, 2025), *PyramidalFlow* (Jin et al., 2025), and *Open-Sora Plan* (Lin et al., 2024a) leverage Diffusion Transformers (DiTs) and large-scale training to achieve impressive visual quality and scalability. Despite high visual quality, these models often generate videos with unnatural motion and physics violations, such as unsupported floating objects, implausible collisions, or inconsistent trajectories. These artifacts reveal a key limitation: while current models excel at generating photorealistic frames, they lack a deep understanding of motion dynamics, which is crucial for producing videos that are both visually and physically plausible.

Efforts to improve the physical plausibility of video generation generally fall into three broad categories: (i) *Simulation-based methods* incorporate physics engines or differentiable simulators in the generation process to model rigid-body dynamics, fluid interactions, or thermodynamic effects (Lin et al., 2024b;c; Liu et al., 2024; Xie et al., 2025; 2024; Zhang et al., 2024; Lin et al., 2025). While effective, these approaches are computationally intensive, domain-specific, and hard to scale to diverse open-world content. (ii) *Non-simulation-based methods* aim to enhance realism without explicit simulation, often by scaling model capacity, leveraging LLM-guided self-refinement, or introducing auxiliary objectives such as 3D point regularization and representation alignment to encourage physically coherent motion (Chen et al., 2025; Wang et al., 2025; Xue et al., 2025; Zhang et al., 2025b; Hwang et al., 2025). These strategies improve appearance and sometimes temporal consistency, but often prioritize visual semantics over true motion dynamics. (iii) *Conditioning-based approaches* use motion cues like trajectories, optical flow, or pose sequences to guide generation via control mechanisms (Shi et al., 2025; Geng et al., 2025; Zhang et al., 2025c). While effective for temporal coherence, they rely on these extra inputs and preprocessing at inference time, making them impractical for text-only generation.

More broadly, existing methods either rely on external guidance (e.g., physics engines or inference-time controls) or influence motion only indirectly through capacity scaling or appearance-centric alignment, leaving the core issue unresolved: embedding motion understanding directly into the

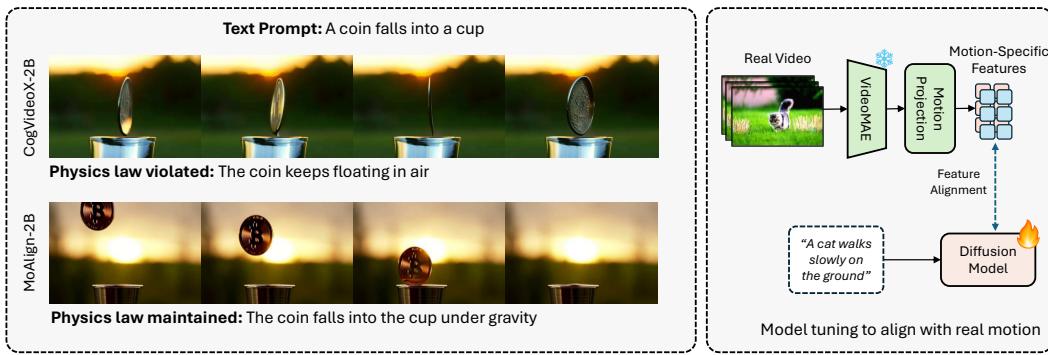


Figure 1: **Problem (Left):** Physics laws are often violated in outputs of video diffusion models. Base CogVideoX model (top) cannot generate a coin falling into a cup: the coin floats in the air instead. Our MoAlign method (bottom) improves this. **Proposed solution (Right):** Our finetuning pipeline aligns internal representations of the diffusion model with motion-specific features extracted from VideoMAEv2.

model’s latent space. Recent benchmarks reveal that current video diffusion models under-encode motion dynamics in their latent space, leading to identity inconsistency, unstable trajectories, and physics violations, even when individual frames appear realistic (Huang et al., 2024; Zheng et al., 2025; Bansal et al., 2025a). We aim to bridge this gap by aligning the diffusion model’s latent features with representations from video encoders trained on real videos, which inherently encode motion observed in the physical world (Zhang et al., 2025b; Hwang et al., 2025). This, however, creates two challenges: (i) alignment may default to matching static appearance features instead of capturing true motion dynamics (Zhang et al., 2025b), and (ii) hard feature matching risks destabilizing pretrained representations during fine-tuning (Hwang et al., 2025). As a result, current alignment-based methods enhance visual fidelity but fall short in enforcing coherent motion. This raises a key question: *how can we design a fine-tuning strategy that explicitly targets motion dynamics, without introducing extra inference-time requirements or compromising model stability?*

To tackle these challenges, we propose a motion-centric fine-tuning framework that disentangles dynamic structure from static appearance. We leverage features from a pretrained video encoder, e.g. VideoMAEv2 (Wang et al., 2023), and learn a projection into a low-dimensional subspace, supervised to predict optical flow, encouraging the subspace to isolate motion-relevant information from entangled semantics. We then align the diffusion model’s latent features to these motion representations via a soft relational alignment mechanism. **In contrast to prior representation-alignment approaches, e.g. REPA (Leng et al., 2025) or VideoREPA (Zhang et al., 2025b) that relied on joint appearance–motion representations, we make use of motion-only feature space.** And unlike VideoJAM (Chefer et al., 2025) which also used optical flows to improve motion coherence, our method does not expand the output space of the diffusion model and does not increase the cost of the inference procedure. We summarize our contributions as follows:

- We suggest a method to learn a motion-specific subspace from a pretrained video encoder by optimizing its projected features to predict ground-truth optical flow, enabling a disentangled motion representation.
- We propose to align diffusion model features to this learned motion subspace using soft relational alignment, internalizing motion dynamics without external conditioning or simulation.
- We demonstrate improved temporal coherence and physical plausibility on CogVideoX (Yang et al., 2025b), a state-of-the-art diffusion model, through a user study and evaluations on physics benchmarks VideoPhy (Bansal et al., 2025a), VideoPhy2 (Bansal et al., 2025b)) while maintaining high visual fidelity in VBench (Huang et al., 2024), and VBench-2.0 (Zheng et al., 2025).

108

2 RELATED WORKS

109
110 We group prior efforts to improve physical and temporal realism in text-to-video generation into four
111 areas: architectural advancements, simulation-based methods, conditioning-based motion control,
112 and representation alignment. Each addresses part of the problem, yet none fully internalizes motion
113 dynamics within the generative model as our framework does.114
115 **Text-to-video diffusion models.** Early T2V models adapted image pipelines with U-Nets and
116 frame-wise synthesis, but struggled with temporal consistency and realistic motion (Ho et al., 2022;
117 Hong et al., 2023). Transformer-based designs soon improved spatiotemporal modeling via token
118 compression and attention (Villegas et al., 2023; Yan et al., 2021). Recent systems like CogVideoX,
119 Wan2.1, PyramidalFlow, or Sora push fidelity and scale with 3D-aware representations, pyramidal
120 flow, and spacetime patches, yet videos still show identity drift and physically implausible dynamics
121 (Yang et al., 2025b; Wan et al., 2025; Jin et al., 2025; OpenAI, 2024). We address this gap
122 by internalizing motion through a fine-tuning strategy that disentangles appearance from motion
123 without external conditioning or simulation.124
125 **Simulation-based approaches.** Methods that integrate physics engines or differentiable simulators
126 capture rigid-body, fluid/elastic, or material-aware interactions (Liu et al., 2024; Zhang et al., 2024;
127 Xie et al., 2024; Liu et al., 2025). Some combine simulation with LLM-guided reasoning or hand-
128 crafted priors (Xue et al., 2025; Zhang et al., 2025a), and others employ physics-guided generation
129 (Xie et al., 2025; Montanaro et al., 2024). While realism improves, these approaches are domain-
130 specific, compute-heavy, and hard to scale to open-world content. Our method avoids simulation
131 and instead embeds motion understanding directly into the model.132
133 **Condition-based motion control.** Another line conditions generation on motion cues such as optical
134 flow, trajectories, or poses, injected via encoders/adapters (Koroglu et al., 2025; Geng et al.,
135 2025; Terauchi & Yanai, 2021). Plug-and-play customization and temporal in-context fine-tuning
136 further enhance control (Bian et al., 2025; Kim et al., 2025). These methods achieve strong coherence
137 when accurate conditions exist, but require extra inputs or preprocessing at inference, limiting
138 practicality for text-only generation. We instead internalize motion priors within the latent space.139
140 **Representation alignment.** Alignment methods match internal features of generators to pretrained
141 encoders to improve semantics and training efficiency, but are largely spatial and image-centric (Yu
142 et al., 2025; Leng et al., 2025). Video extensions, e.g. VideoREPA, distill spatiotemporal relations
143 via token-level relational matching (Zhang et al., 2025b). However, hard alignment can destabilize
144 pretrained representations and entangled features can mix appearance with motion (Zhang et al.,
145 2025b; Hwang et al., 2025). We build on this direction with *soft relational alignment* to a motion-
146 specific subspace, disentangling dynamics from appearance to internalize motion without sacrificing
147 stability. Besides VideoREPA, closest works to ours are Track4Gen (Jeong et al., 2025) and
148 VideoJAM (Chefer et al., 2025), which introduce motion supervision. Track4Gen operates in an
149 image-to-video setting, using optical-flow-based point trajectories to enforce local correspondence
150 at a single UNet block, but it does not address global motion dynamics or physical plausibility.
151 VideoJAM jointly predicts RGB optical flow, and appearance, injecting motion via inference-time
152 inner-guidance through a learned auxiliary output. In contrast, our method neither predicts flow
153 nor requires inference-time changes: we learn a motion-only subspace from a frozen VideoMAE
154 and align the diffusion transformer to its spatio-temporal geometry, enabling motion priors without
155 altering the generation interface.156

3 METHOD

157 Our method builds upon recent advances in video diffusion modeling and representation alignment.
158 We first review the fundamentals of video diffusion models and the REPA framework, which form
159 the basis of our motion-centric fine-tuning strategy. Then, we introduce our proposed approach for
160 internalizing motion dynamics via soft relational alignment.161

3.1 PRELIMINARIES

162 **Video diffusion models.** Modern text-to-video diffusion models, such as CogVideoX (Yang et al.,
163 2025b), generate videos by learning to reverse a forward noising process applied to latent repre-

162 sentations of video frames. These models operate in the latent space of a pretrained 3D Variational
 163 Autoencoder (VAE), which compresses the input video both spatially and temporally. Let
 164 $x_0 \in \mathbb{R}^{F \times H \times W \times C}$ denote a clean video with F frames. The VAE encoder maps x_0 to a latent
 165 representation $z_0 \in \mathbb{R}^{F' \times H' \times W' \times C'}$, where $F' < F$ due to temporal downsampling. The forward
 166 diffusion process perturbs z_0 by adding Gaussian noise over T timesteps. The goal of the model is to
 167 learn a denoising function $\epsilon_\theta(z_t, t, c)$ that predicts the added noise ϵ , conditioned on the text prompt
 168 c and timestep t . The training objective minimizes the mean squared error $\mathcal{L}_{\text{diff}}$ between the true and
 169 the predicted noise. During inference, the model samples $z_T \sim \mathcal{N}(0, I)$ and iteratively denoises it
 170 to obtain z_0 , which is then decoded by the VAE to produce the final video. CogVideoX employs
 171 a transformer-based architecture (MM-DiT) as a denoiser ϵ_θ . It uses bidirectional spatio-temporal
 172 attention to model dependencies across frames.

173 **Representation alignment.** Diffusion Transformers (DiTs), including those used in CogVideoX,
 174 learn internal representations during the denoising process. However, these representations often
 175 lag behind those learned by self-supervised visual encoders in terms of semantic richness and dis-
 176 criminative power. REPresentation Alignment (REPA) addresses this gap by introducing a simple
 177 yet effective regularization that aligns the hidden states of the diffusion model with pretrained visual
 178 features (Yu et al., 2025). Originally, REPA was proposed for image models: Let x^* be a clean
 179 input frame and \mathcal{E} a pretrained visual encoder (e.g., DINOv2). The encoder produces a patch-wise
 180 representation $\mathbf{Y}^* = \mathcal{E}(x^*) \in \mathbb{R}^{N \times D_e}$, where N is the number of patches and D_e the embedding
 181 dimension. During training, the image diffusion model \mathcal{D}_ξ processes a noisy latent input z_s along
 182 with condition c and timestep s and produces hidden states $\mathbf{H}_s = \mathcal{D}_\xi(z_s, s, c)$. These are projected
 183 via a small trainable network \mathcal{P}_ϕ to match the dimensionality of \mathbf{Y}^* . REPA encourages alignment
 184 by maximizing the similarity between corresponding patches:

$$\mathcal{L}_{\text{REPA}}(\xi, \phi) = -\mathbb{E}_{x^*, \epsilon, s} \left[\frac{1}{N} \sum_{n=1}^N \text{sim}(\mathbf{Y}_n^*, \mathcal{P}_\phi(\mathbf{H}_{s,n})) \right], \quad (1)$$

185 where $\text{sim}(\cdot, \cdot)$ denotes cosine similarity. This loss is added to the standard diffusion objective:

$$\mathcal{L}_{\text{total}} = \mathcal{L}_{\text{diff}} + \lambda \mathcal{L}_{\text{REPA}}, \quad (2)$$

186 with λ controlling the strength of alignment. Empirically, REPA improves convergence speed and
 187 generation quality, especially when applied to early transformer layers. However, in case of video
 188 models aligning each latent frame independently may lead to temporal inconsistencies, motivating
 189 extensions such as cross-frame alignment (Hwang et al., 2025).

190 3.2 MOTION-CENTRIC FINE-TUNING

191 Our goal is to internalize motion understanding within the diffusion model by aligning its latent
 192 features to a *motion-specific subspace*. We achieve this through a two-stage fine-tuning framework:
 193 (i) learning motion-centric features from a pretrained video encoder, and (ii) aligning the diffusion
 194 model’s hidden states to this motion subspace via soft relational alignment. This approach avoids
 195 reliance on external simulators or conditioning inputs, and instead distills dynamic structure directly
 196 into the generative model.

197 **Stage 1: Learning motion-centric features.** The objective of this stage is to extract features
 198 that encode motion dynamics, disentangled from static appearance and context. This is a challeng-
 199 ing task: motion is inherently relational, emerging from temporal changes across frames, whereas
 200 appearance is directly observable in individual frames. Consequently, features extracted from pre-
 201 trained video encoders often entangle motion with appearance, object identity, and scene seman-
 202 tics (Assran et al., 2023; Wang et al., 2021; Zhu et al., 2020). Without explicit supervision, there is
 203 no guarantee that learned representations isolate motion-specific information.

204 To address this, we *construct a motion-specific subspace* by supervising a projection of pretrained
 205 video features to predict optical flow. Given a video clip $x_0 \in \mathbb{R}^{F \times H \times W \times C}$, we extract spatiotem-
 206 poral features $\mathbf{S} = \mathcal{V}(x_0) \in \mathbb{R}^{F'' \times H'' \times W'' \times D_v}$ using a frozen video encoder \mathcal{V} , e.g. VideoMAEv2.
 207 These features are projected into a lower-dimensional space via a learnable head \mathcal{M}_ψ :

$$\mathbf{M} = \mathcal{M}_\psi(\mathbf{S}) \in \mathbb{R}^{F'' \times H'' \times W'' \times D_m}, \quad D_m \ll D_v. \quad (3)$$

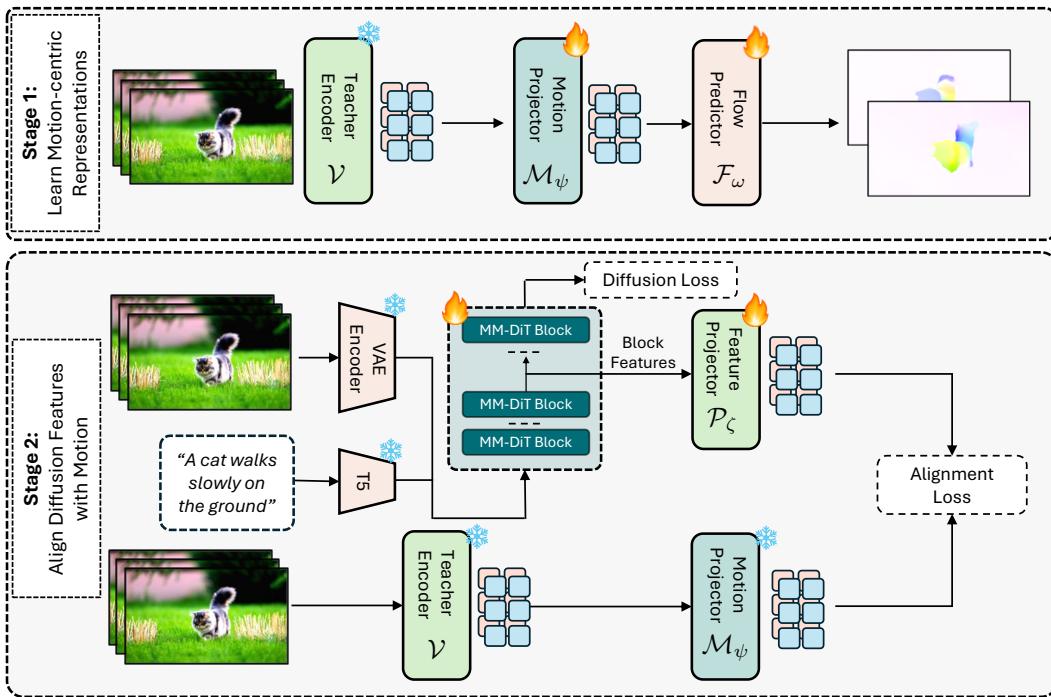


Figure 2: **Overview of our motion-centric fine-tuning framework.** *Stage 1* trains a motion-aware teacher by extracting features from a pretrained video encoder and supervising them with ground-truth optical flow. *Stage 2* aligns the latent features of the video diffusion model (MM-DiT) to the motion-specific subspace via a soft relational alignment loss. This two-stage process internalizes motion understanding without requiring external conditioning or simulation at inference time.

This dimensionality bottleneck is critical. By compressing the feature space, we constrain the model to retain only the most salient information relevant to the downstream task. Prior work has shown that such compression promotes abstraction and suppresses irrelevant appearance cues (Yang et al., 2025a; 2024; Lew et al., 2025). In our case, it biases the representation toward motion by limiting capacity for encoding static content.

To enforce motion specificity, we supervise \mathbf{M} using ground-truth optical flow \mathcal{O} computed between consecutive frames of x_0 . A lightweight decoder \mathcal{F}_ω maps \mathbf{M} to predicted flow $\hat{\mathcal{O}} = \mathcal{F}_\omega(\mathbf{M})$, and the training objective is:

$$\mathcal{L}_{\text{flow}}(\psi, \omega) = \left\| \hat{\mathcal{O}} - \mathcal{O} \right\|_1. \quad (4)$$

Optical flow provides dense, low-level supervision that directly encodes pixel-wise motion. By forcing the compressed features to predict flow, we constrain the subspace to encode dynamic structure rather than static semantics. This approach is supported by recent work in motion-aware video modeling, which demonstrates that flow-based supervision improves temporal coherence and physical plausibility (Koroglu et al., 2025; Yang et al., 2024; Lew et al., 2025).

In summary, this stage constructs a motion-specific subspace by (i) compressing high-dimensional video features to suppress appearance, and (ii) enforcing motion supervision via optical flow prediction. The resulting features serve as a distilled representation of dynamics, which we use as a target for aligning the diffusion model in Stage 2.

Stage 2: Aligning diffusion features to motion. To internalize motion dynamics within the generative model, we align the latent features of the video diffusion model to the motion-specific subspace learned in Stage 1. We adopt a *soft relational alignment strategy* based on the Token Relation Distillation loss introduced in VideoREPA paper (Zhang et al., 2025b), which matches the pairwise similarity structure of token-level features across space and time.

270 Consider latent features of the diffusion model $\mathbf{Y}_t \in \mathbb{R}^{\tilde{F} \times \tilde{H} \times \tilde{W} \times \tilde{D}}$ extracted from a noisy input z_t .
 271 We apply a small projection network \mathcal{P}_ζ to obtain the tensor $\mathbf{Z} \in \mathbb{R}^{F'' \times H'' \times W'' \times D_m}$ of the same
 272 size as \mathbf{M} , output of \mathcal{M}_ψ . We denote the corresponding spatial features of f -th latent frame as \mathbf{Z}_f
 273 and \mathbf{M}_f , respectively, $1 \leq f \leq F''$. We reshape them to token matrices $\mathbf{Z}_f^b, \mathbf{M}_f^b \in \mathbb{R}^{H'' \cdot W'' \times D_m}$.
 274 The spatial similarity matrix for frame f is defined as:
 275

$$S_Z^{\text{spatial}}(f)[i, j] = \text{sim}(\mathbf{Z}_{f,i}, \mathbf{Z}_{f,j}), \quad S_M^{\text{spatial}}(f)[i, j] = \text{sim}(\mathbf{M}_{f,i}, \mathbf{M}_{f,j}), \quad (5)$$

276 where $\mathbf{Z}_{f,i}, \mathbf{M}_{f,i} \in \mathbb{R}^{D_m}$ denote the i -th token of \mathbf{Z}_f^b and \mathbf{M}_f^b , $1 \leq i, j \leq H'' \cdot W''$. For temporal
 277 similarity, we flatten all frames into a sequence of $F'' \cdot H'' \cdot W''$ tokens and compute cross-frame
 278 similarities. Let $\mathbf{Z}^{(i)}$ and $\mathbf{M}^{(i)}$ denote the i -th token in the full sequence. The temporal similarity
 279 matrices are:
 280

$$S_Z^{\text{temporal}}[i, j] = \text{sim}(\mathbf{Z}^{(i)}, \mathbf{Z}^{(j)}), \quad S_M^{\text{temporal}}[i, j] = \text{sim}(\mathbf{M}^{(i)}, \mathbf{M}^{(j)}). \quad (6)$$

281 As in Sec. 3.1, we employ cosine similarity as the $\text{sim}(\cdot, \cdot)$ function. To emphasize inter-frame
 282 dynamics, we exclude intra-frame pairs and apply a temporal weighting scheme. Namely, let Δ_{ij}
 283 denote the distance between frames that tokens with indices i and j belong to, and define the tem-
 284 poral weight matrix W :
 285

$$W_{ij} = \begin{cases} \exp\left(-\frac{\Delta_{ij}}{\tau}\right), & \text{if } \Delta_{ij} \neq 0 \\ 0, & \text{otherwise} \end{cases} \quad (7)$$

286 where τ is a temperature hyperparameter. The final alignment loss combines spatial and weighted
 287 temporal components:
 288

$$\mathcal{L}_{\text{align}}(\theta, \zeta) = \frac{1}{F''} \sum_{f=1}^{F''} \left\| S_Z^{\text{spatial}}(f) - S_M^{\text{spatial}}(f) \right\|_1 + \left\| W \odot S_Z^{\text{temporal}} - W \odot S_M^{\text{temporal}} \right\|_1, \quad (8)$$

289 where \odot denotes element-wise multiplication and $\|\cdot\|_1$ is the mean absolute error. This formulation
 290 extends the original Token Relation Distillation loss by introducing temporal weighting W which
 291 prioritizes temporal consistency in the local vicinity of frame. The final training objective equals
 292

$$\mathcal{L}_{\text{total}} = \mathcal{L}_{\text{diff}} + \lambda \mathcal{L}_{\text{align}}, \quad (9)$$

293 where λ controls the strength of motion supervision. This strategy enables the diffusion model to
 294 internalize motion dynamics without requiring external conditioning or compromising the stability.
 295

304 4 EXPERIMENTAL SETUP

305 We detail the implementation of our motion-centric fine-tuning framework, including model archi-
 306 tecture, training configurations, and optimization strategies.
 307

308 4.1 MODEL AND TRAINING CONFIGURATION.

309 We build upon CogVideoX-2B (Yang et al., 2025b), a transformer-based latent video diffusion
 310 model composed of MM-DiT blocks with joint spatio-temporal attention. CogVideoX operates
 311 in the latent space of a 3D VAE compressing input videos by a factor of 4 along the temporal axis.
 312

313 **Stage 1: Learning motion-centric features.** For motion supervision, we use Video-
 314 MAEv2 (Wang et al., 2023) as a frozen video encoder to extract spatiotemporal features. In Stage 1,
 315 these features are compressed using a 3D convolutional network that reduces the channel dimension
 316 from 768 to 64 while preserving temporal structure, encouraging the retention of motion-relevant
 317 information. The compressed features are then decoded into dense optical flow using a lightweight
 318 transposed convolutional network that progressively upsamples spatial resolution in a UNet-like
 319 fashion. This setup ensures that the compressed features capture dynamic structure, as they are
 320 explicitly trained to regress RAFT-computed ground-truth flow using L1 loss. All VideoMAEv2
 321 weights remain frozen during this stage. We train this stage using the AdamW optimizer with a
 322 learning rate of 1×10^{-4} , $\beta_1=0.9$, $\beta_2=0.95$, and weight decay of 1×10^{-3} . Training is conducted
 323 for 50,000 iterations using four NVIDIA H100 GPUs (80GB VRAM each) with a batch size of 128.
 324

324
 325 **Table 1: VideoPhy2 results.** We report
 326 semantic adherence (SA) and physical
 327 correctness (PC). Our model achieves
 328 highest joint score and demonstrates
 329 better trade-off than alternatives.

Method	SA	PC	Joint
CogVideoX-2B	27.1	64.5	22.3
Static baseline	15.6	91.0	15.1
CogVideoX-2B (FT)	26.4	73.1	22.8
VideoREPA-2B (paper)	21.0	72.5	—
VideoREPA-2B (reimpl.)	26.1	73.3	23.0
MoAlign-2B (ours)	28.8	75.0	24.9

330
 331 **Table 2: VideoPhy results.** While fine-tuning on our data
 332 lowers SA across models, our method maintains a compet-
 333 itive SA and achieves the highest PC scores across all four
 334 interaction types, demonstrating robust physical modeling
 335 through motion-centric alignment.

Method	Solid-Solid		Solid-Fluid		Fluid-Fluid		Overall	
	SA	PC	SA	PC	SA	PC	SA	PC
CogVideoX-2B	24.7	16.9	67.5	24.8	69.0	40.0	49.8	23.9
CogVideoX-2B (FT)	22.5	29.6	62.1	34.5	58.2	45.5	44.9	34.1
VideoREPA-2B (reimpl.)	23.2	31.0	66.9	39.3	54.6	52.7	46.7	37.9
MoAlign-2B (ours)	24.7	31.7	66.9	40.7	67.3	56.4	49.3	39.4

336 **Stage 2: Aligning diffusion features to motion.** In Stage 2, we align the latent features of
 337 CogVideoX to the motion-specific subspace learned in Stage 1. We use a lightweight MLP pro-
 338 projector that maps high-dimensional MM-DiT features (1920 channels) to a compact 64-dimensional
 339 space via a 4-layer MLP with SiLU activations. The projected features are temporally upsampled
 340 and spatially downsampled using a convolutional head. This transformation ensures compatibil-
 341 ity with the motion subspace dimensions while preserving relational structure. The alignment is
 342 applied to the 18th MM-DiT layer, and optimized using our soft relational alignment loss with tem-
 343 poral weighting. We set $\lambda=0.5$ and $\tau=10.0$, and train using AdamW with a learning rate of 2×10^{-6}
 344 and batch size 32. Training is conducted for 4000 iterations using four NVIDIA H100 GPUs (80GB
 345 VRAM each). We use the AdamW optimizer with a learning rate of 2×10^{-6} , a batch size of 32,
 346 and enable mixed precision training via PyTorch AMP.

347 **Dataset.** For fine-tuning our models we used a 350K subset of the video dataset used by Open-
 348 Sora Plan (Lin et al., 2024a), along with a set of 16K synthetic video samples generated by the
 349 Wan2.1 14B model, with prompts sourced from the same set as for the Open-Sora Plan dataset.

350 5 RESULTS

351 5.1 COMPARISON WITH BASELINES

352 We evaluate our method across three complementary axes of video generation: (i) physical plausi-
 353 bility, using the VideoPhy (Bansal et al., 2025a) and VideoPhy2 (Bansal et al., 2025b) benchmarks;
 354 (ii) general generation quality, using VBench (Huang et al., 2024) and VBench-2.0 (Zheng et al.,
 355 2025); and (iii) perceptual realism, via a blind user study. Each evaluation targets a distinct aspect
 356 of generative fidelity, from adherence to physical laws to semantic alignment and human preference.

357 **VideoPhy2.** This recent benchmark evaluates physical plausibility while focusing on action-
 358 centric scenarios involving human-object interactions. Videos are generated from 591 extended
 359 prompts, and scored using the VideoPhy2-AutoEval model. This model predicts two metrics on a
 360 5-point scale: *Semantic Adherence (SA)* which measures how well the video matches the prompt
 361 and *Physical Commonsense (PC)* which assesses whether the motion and interactions are physically
 362 plausible. The primary metric is the *Joint score*, defined as the fraction of videos rated ≥ 4 on both
 363 SA and PC dimensions. Tab. 1 highlights the importance of holistic evaluation: a degenerate static
 364 baseline, which simply repeats the first frame, achieves a deceptively high PC score by avoiding
 365 motion violations, but fails on SA, resulting in a low Joint score.

366 We compare our MoAlign method against the base model CogVideoX-2B and recent VideoREPA
 367 approach that aimed to improve physical plausibility. To decouple the effect of training data and
 368 different alignment methods, we also finetuned the base model on the same dataset and with the
 369 same training budget, this checkpoint is referred to as *FT*. As shown in Tab. 1, our training data has
 370 marginal effect on Joint score.

371 Compared to the base model, MoAlign-2B achieves improvement both for individual dimensions
 372 and Joint score. Since Zhang et al. (2025b) have not reported the Joint score for their VideoREPA
 373 method, we reimplemented it and evaluated independently in the same setup. While VideoREPA-2B
 374 improves PC, it suffers from a noticeable drop in SA, resulting in a lower gain in Joint score than
 375 our method. This suggests that alignment to entangled features may improve physical realism at the

378
 379 **Table 3: General video quality.** All methods maintain the original technical quality, as indicated
 380 by VBench. On VBench-2.0 MoAlign demonstrates improvement in Total score, mainly driven by
 381 improved instance preservation, dynamic spatial relationship and human anatomy.

Model	VBench			VBench-2.0					
	Total	Quality	Semantic	Total	Creativity	Commonsense	Controllability	Human Fidelity	Physics
CogVideoX-2B	80.6	81.6	76.6	54.9	52.8	60.2	26.6	81.1	53.9
CogVideoX-2B (FT)	80.3	81.1	77.1	54.7	58.7	60.8	25.6	83.4	44.9
VideoREPA-2B	80.5	81.3	77.2	55.0	56.9	61.4	25.9	85.4	45.1
MoAlign-2B (ours)	81.3	82.0	78.2	55.9	52.8	65.5	25.7	86.7	48.8

382
 383 cost of prompt fidelity. In contrast, our method aligns to disentangled motion features, improving
 384 both motion realism and semantic alignment. This indicates that internalizing dynamic structure
 385 via motion-specific supervision leads to more coherent and faithful video generation. [We have
 386 further investigated the effectiveness of MoAlign on Wan2.1 \(1.3B\); the results are available on
 387 Appendix A.5](#)

388
 389 **VideoPhy.** The second benchmark focuses on material-centric interactions across three categories:
 390 solid–solid, solid–fluid, and fluid–fluid. Videos are generated from 343 prompts. Scoring is per-
 391 formed using the VideoConPhysics auto-rater, which evaluates SA and PC dimensions. In contrast
 392 with VideoPhy2, extended prompts were not standardized in this benchmark. Therefore we opted
 393 for sampling videos from all models with the short prompts provided by Bansal et al. (2025a).

394 As shown in Tab. 2, we observe a consistent trend across all method: finetuning on our data tends to
 395 reduce SA scores compared to the base model ([note that FT model without any alignment performs
 396 the worst](#)). We attribute this to the shortage of relevant examples in the dataset. At the same time, PC
 397 reflects the plausibility of generated physics irrespective of the fact if it follows the textual prompt.
 398 Notably, our method [most effectively mitigates the drop in SA among all finetuned variants while
 399 achieving the highest PC scores across all interaction types](#). This proves that the proposed MoAlign
 400 training strategy overcomes the limitations of training data better than other considered methods.

401
 402 **VBench and VBench-2.0.** To ensure that improvements in physical plausibility do not come at
 403 the cost of overall video quality, we evaluate all methods with two other commonly used toolkits.
 404 VBench focuses more on perceptual characteristics such as aesthetics, temporal smoothness, object-
 405 scene consistency, etc., while its second version targets intrinsic faithfulness of generated videos.

406 We report the aggregated metrics for both benchmarks in Tab. 3. Please refer to the Supplementary
 407 for more fine-grained results. First of all, we note that all methods keep the VBench Total score
 408 approximately constant which suggests that none of them worsens the technical quality of genera-
 409 tions. For VBench-2.0, VideoREPA is on par with the base model in terms of Total score, while our
 410 method brings noticeable improvement. This gain is achieved mainly by means of Commonsense
 411 and Human Fidelity metrics which cover, among others, such dimensions as instance preservation,
 412 dynamic spatial relationship, and human anatomy – highly important aspects for physical plausibil-
 413 ity. The significant drop of Physics score for all finetuned models has the same explanation as in
 414 VideoPhy case: our training data lacks samples related to thermotics and materials which are pivotal
 415 for this category.

416
 417 **User study.** To complement automated metrics, we conduct a blind user study to assess temporal
 418 coherence and physical plausibility from a human perspective. We compare three models: the base
 419 CogVideoX-2B, VideoREPA-2B, and our MoAlign-2B. For each model, we generate 50 videos us-
 420 ing extended prompts sampled from a mix of VBench-2.0 and VideoPhy2, and collect 672 pairwise
 421 preferences in side-by-side comparisons.

422 As shown in Tab. 6, our method is preferred significantly more often in both comparisons, indicating
 423 that motion-centric alignment not only improves physical plausibility and automated scores, but also
 424 enhances perceived realism and prompt fidelity. These results confirm that our framework leads to
 425 more coherent and visually compelling video generation, as validated by human judgment.

426
 427 We provide examples of videos used for the user study in the Supplementary.

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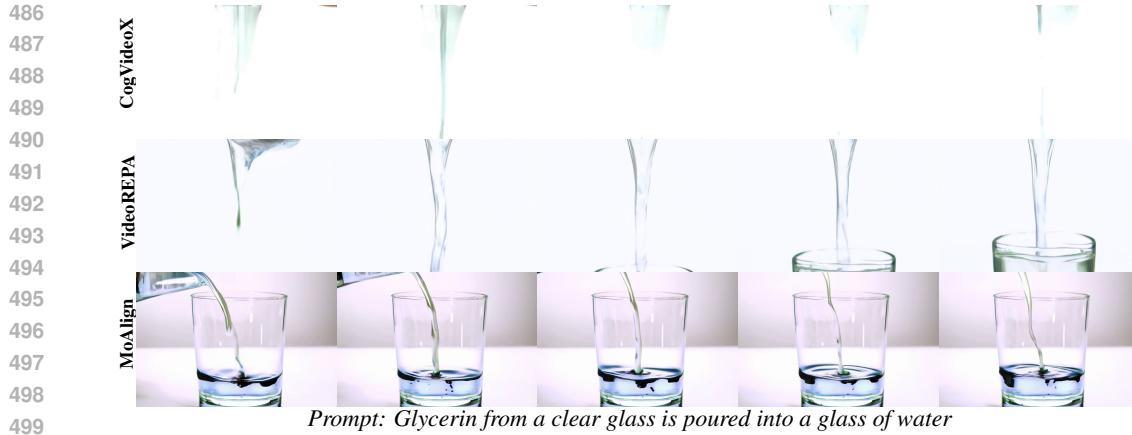


Figure 3: **Qualitative results.** MoAlign shows both glasses and a coherent pouring motion, while baselines miss key elements or exhibit inconsistent fluid behavior.

material deformation, liquids, and granular media, none of which appears in the datasets used for our Stage-1 motion-teacher training, or Stage-2 diffusion finetuning. Second, MoAlign provides implicit physics through motion statistics learned from real videos, but does not explicitly model forces, material properties, or long-horizon causal reasoning, and may therefore struggle with scenarios requiring reasoning beyond motion alone, a limitation also discussed in prior works like VideoJAM (Chefer et al., 2025). While addressing these limitations primarily requires video data containing such phenomena, incorporating them would only require retraining the lightweight Stage-1 module followed by standard Stage-2 alignment, without re-training VideoMAE or CogVideoX from scratch. We view extending MoAlign toward richer physics domains as an exciting direction for future work.

7 CONCLUSION AND FUTURE WORK

In this work we presented a method for improving temporal coherence and physical plausibility in pretrained video diffusion models. Our pipeline called MoAlign is based on the trainable alignment of internal diffusion features to motion-specific representations extracted from original videos. We demonstrated that such representations result in better quality than general features extracted from a pretrained self-supervised video encoder. Also, we showed that such alignment works better if it prioritizes local vicinity of each frame over long-range temporal dependencies. We evaluated our approach with four recent and commonly used benchmarks, as well as a user preference study.

In our experiments we found that several quality metrics were hurt for all finetuning-based methods that we tried. We attribute that to the limitations of our training dataset, and suggest that MoAlign may further benefit from better data curation. Nevertheless, our method demonstrated stronger resilience to shortcomings of the collected dataset than the baselines.

As a downside of our method, we noted that sometimes it improves the physical commonsense at the expense of reduced motion in the generated videos. We consider this limitation as a viable direction for future work.

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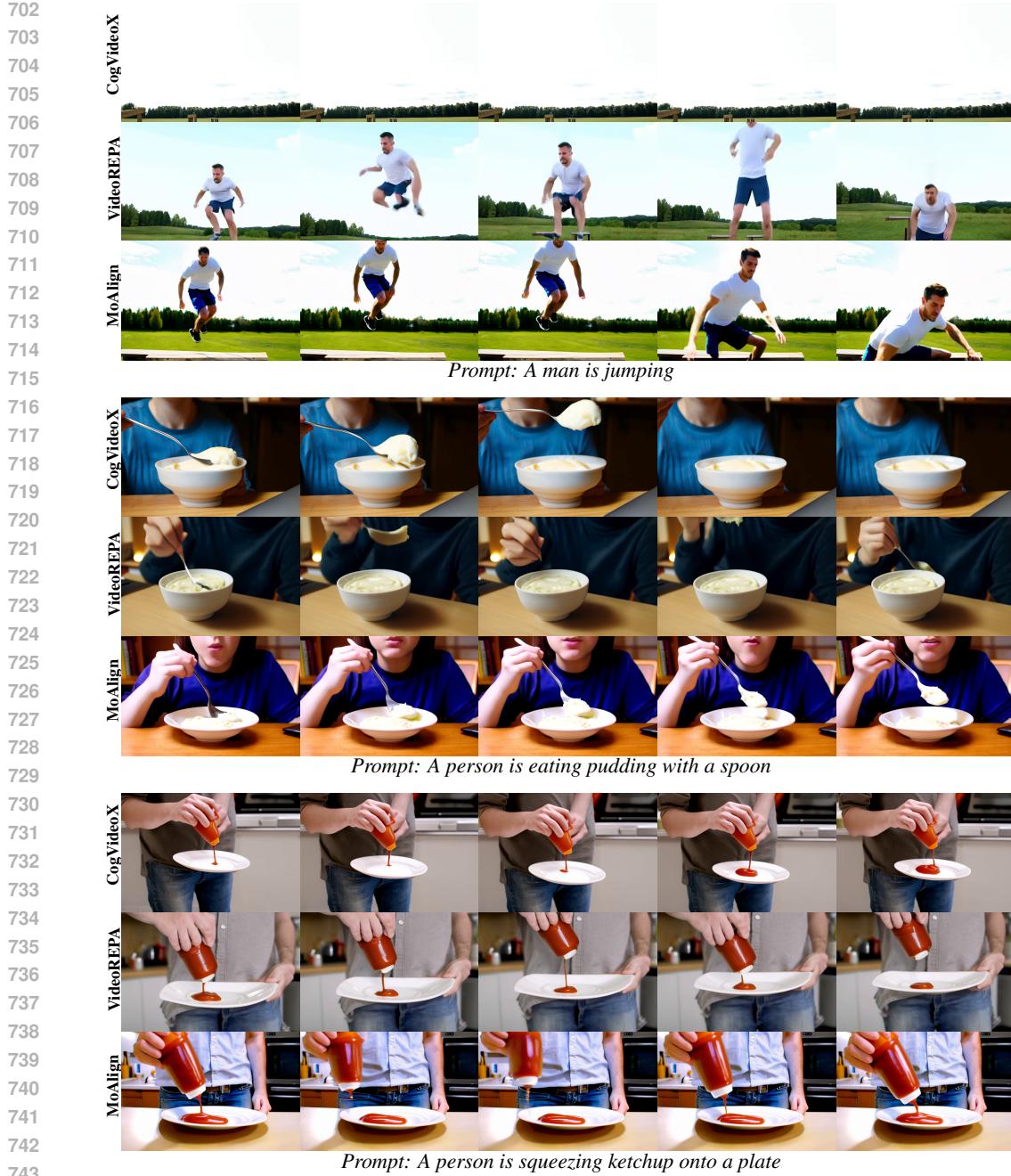


Figure A.1: Qualitative comparison across methods for three prompts. In the first video, our method (MoAlign) preserves realistic human motion without deformation. In the second, it captures accurate hand-mouth interaction while baselines fail to represent the subject. In the third, it models physically plausible ketchup flow, unlike the erratic behavior seen in baselines. See supplementary videos for full comparisons.

A APPENDIX

The Appendix consists of the following sections: Qualitative results (Sec. A.1), VBench and VBench-2.0 full results (Sec. A.2), Stage 1 training details (Sec. A.3), and Stage 2 training details (Sec. A.4). Sec. A.7 provides details about usage of LLMs in this project.

756 A.1 QUALITATIVE RESULTS
757758 We present qualitative comparisons in Figure A.1 across three scenarios involving human motion,
759 object manipulation, and fluid dynamics. In each case, our method demonstrates superior temporal
760 coherence and physical plausibility compared to existing baselines.761 In the **first video**, depicting a man jumping, our method produces smooth and anatomically consistent
762 motion. The subject maintains realistic posture and limb articulation throughout the sequence.
763 In contrast, both CogVideoX and VideoREPA exhibit noticeable distortions, including unnatural
764 body twisting and implausible joint movements. In the **second video**, where a person is eating pud-
765 ding with a spoon, our model accurately captures the interaction: the spoon visibly scoops pudding,
766 and the subject’s mouth moves in coordination. The baselines fail to preserve this interaction —
767 the person is either missing or the spoon disappears mid-sequence, breaking temporal and semantic
768 consistency. In the **third video**, showing a man squeezing ketchup onto a plate, our method
769 correctly models the accumulation of ketchup over time. The quantity on the plate increases as ex-
770 pected. Conversely, the baselines display erratic behavior: ketchup appears, disappears, and even
771 flows back into the bottle, violating intuitive physical dynamics.772 To facilitate further comparison, we include **eight video files** in the supplementary material. Each
773 file contains a grid of six videos arranged in two rows and three columns. Each row corresponds to
774 a different prompt, and each column shows the output from one of the three methods: CogVideoX,
775 VideoREPA, and our MoAlign. This layout allows viewers to easily compare the outputs across
776 methods for the same prompt and observe differences in motion consistency, semantic fidelity, and
777 physical realism.778 A.2 V BENCH AND V BENCH-2.0 RESULTS
779

780 We present fine-grained results on the benchmarks in Tabs. A.1, A.2, A.3, A.4, and A.5.

781 **Notable decrease in dynamic degree and side-effect.** We observe that by applying MoAlign, dy-
782 namic degree drops most notably among all the other VBench metrics. The Dynamic Degree metric
783 in VBench primarily measures the *magnitude* of pixel-space motion (e.g., optical-flow amplitude)
784 rather than the physical plausibility of that motion. Upon closer inspection, we find that the higher
785 dynamic degree scores achieved by the baseline CogVideoX largely stem from exaggerated or un-
786 stable motions — such as abrupt limb jumps, temporal jitter, or transient body parts — which inflate
787 flow magnitude without corresponding to realistic dynamics.788 On the other hand, MoAlign tends to reduce these unstable high-amplitude artifacts, leading to
789 smoother and more physically grounded trajectories, which as expected lowers amplitude-based
790 motion metrics. Importantly, note that this does not indicate a degenerate “low-motion” solution:
791 physics-centric metrics such as VideoPhy and VideoPhy2 improve (e.g., +3.1 Joint), and the Joint
792 metric is explicitly designed to penalize low-motion outputs. As shown in the Table 1, the Static
793 Baseline, containing no motion, achieves a very high PC score but suffers a dramatic collapse in
794 Joint, whereas MoAlign improves Joint over both the base model and the static case. This hints
795 that MoAlign preserves meaningful motion while reducing mostly the nonphysical components.
796 Qualitatively, the model continues to produce clear global motion (e.g., in dancing/running prompts),
797 but with more realistic velocities and fewer nonphysical transitions.798 A.3 STAGE 1 TRAINING DETAILS
799800 To learn a motion-centric representation disentangled from static appearance, we have a two-stage
801 network to predict ground-truth optical flow from features extracted by a frozen VideoMAEv2 en-
802 coder. The encoder outputs token-level features of dimension 768, which are passed through a
803 3D convolutional compressor that reduces them to a 64-dimensional subspace. This compression
804 network consists of two convolutional layers: the first is a temporal convolution with kernel size
805 (3, 1, 1) and padding (1, 0, 0), which captures motion patterns across frames and maps the input to
806 256 channels. The second is a pointwise (1 × 1 × 1) convolution that compresses the channel di-
807 mension to 64. Both layers are followed by SiLU activations. The input to this network is of shape
808 [B, 768, 24, H, W], and the output is [B, 64, 24, H, W], representing our learned motion subspace
809 optimized to retain dynamic structure while suppressing static semantics.

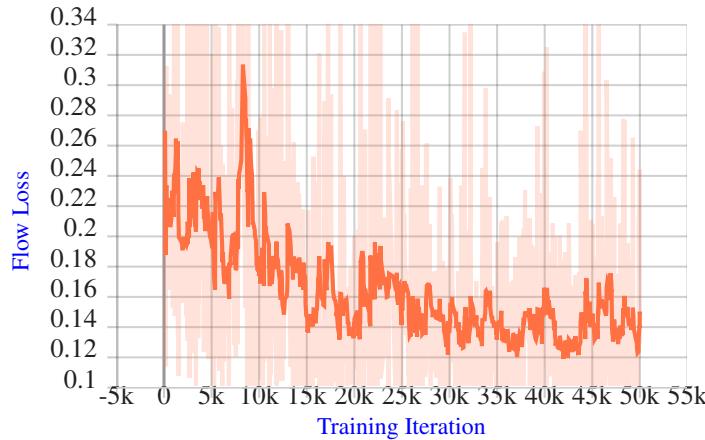


Figure A.2: Stage-1 motion projector head training convergence. The training converges at ~ 30 k iterations. The full 50k training takes ~ 22 hours.

The compressed features are then fed into a flow prediction network designed to regress dense optical flow maps. This network begins with a 3D convolution that refines the temporal resolution from 24 to 23 using a kernel of $(2, 3, 3)$ and padding $(0, 1, 1)$, followed by a ReLU activation. It then applies two stages of spatial upsampling using transposed convolutions: the first upsamples by $2 \times$ with a kernel of $(1, 4, 4)$ and stride $(1, 2, 2)$, mapping to 32 channels; the second upsamples again by $2 \times$ to 16 channels. Each transposed convolution is followed by a ReLU. A final 3D convolution with kernel size 3 and padding 1 produces the flow vectors with 2 output channels. The resulting tensor is interpolated to a fixed shape of $[B, 2, 23, 128, 192]$ using trilinear interpolation, and then permuted to $[B, 23, 2, 128, 192]$ for compatibility with the ground-truth flow format.

The model is trained using L1 loss against RAFT-computed ground-truth flow, with all Video-MAEv2 weights kept frozen. We use the AdamW optimizer with a learning rate of 1×10^{-4} , $\beta_1 = 0.9$, $\beta_2 = 0.95$, and weight decay of 1×10^{-3} . Training is conducted for 50,000 iterations on four NVIDIA H100 GPUs (80GB VRAM each), with a batch size of 128 and mixed precision enabled via PyTorch AMP. Input videos are resized to 160×240 and truncated to 49 frames, with center cropping applied to ensure consistent input dimensions. Validation is performed every 1000 steps using a held-out set.

Stage-1 training saturation. Figure A.2 shows the training curve for learning the motion subspace from VideoMAE representations. We observe that the training saturates in around 30k iterations. The full training of 50k iterations for the first stage takes ~ 22 hours. Note that the learned motion subspace projector is independent of the stage-2 training, the intrinsics of the diffusion model and its fine-tuning; thus the same motion sub-space projector once trained can be reused for various diffusion representation alignment episodes.

Table A.1: **VBench** results (part 1/2): consistency, motion, object-level metrics.

Method	Subject Consistency	Background Consistency	Temporal Flickering	Motion Smoothness	Dynamic Degree	Aesthetic Quality	Imaging Quality	Object Class	Multiple Objects	Human Action
CogVideoX-2B	92.9	94.7	97.1	97.6	70.3	62.9	63.2	86.8	66.8	97.2
CogVideoX (FT)	95.2	96.0	98.8	98.2	48.1	62.5	60.1	88.8	66.2	96.2
VideoREPA	95.7	96.3	98.9	98.2	44.4	63.2	61.1	88.2	71.1	96.2
MoAlign (ours)	95.8	96.4	99.0	98.4	42.2	64.5	64.5	89.6	75.2	98.4

Table A.2: **VBench** results (part 2/2): appearance, style, and overall scores.

Method	Color	Spatial Relationship	Scene	Appearance Style	Temporal Style	Overall Consistency	Quality Score	Semantic Score	Total Score
CogVideoX-2B	78.6	71.8	50.8	24.5	24.4	26.7	81.6	76.6	80.6
CogVideoX (FT)	84.4	69.6	52.4	24.4	24.4	26.3	81.1	77.1	80.3
VideoREPA	83.8	69.1	50.2	24.6	24.4	26.4	81.3	77.2	80.5
MoAlign (ours)	80.4	75.4	49.9	24.2	24.3	26.4	82.0	78.2	81.3

Table A.3: **VBench-2.0 results** (part 1/3).

Method	Human Identity	Dynamic Spatial Relationship	Complex Landscape	Instance Preservation	Multi-View Consistency	Human Clothes	Dynamic Attribute	Complex Plot
CogVideoX-2B	75.1	19.8	14.0	84.8	20.3	85.6	23.8	8.1
CogVideoX (FT)	79.7	18.8	13.3	91.8	8.7	88.1	17.6	9.2
VideoREPA	81.9	22.2	15.1	92.4	6.3	90.4	16.5	8.5
MoAlign	80.6	26.1	16.2	95.3	10.0	94.2	16.5	8.6

Table A.4: **VBench-2.0 results** (part 2/3).

Method	Mechanics	Human Anatomy	Composition	Human Interaction	Motion Rationality	Material	Diversity	Motion Order Understanding
CogVideoX-2B	64.2	82.6	55.6	60.3	35.6	68.1	50.0	10.1
CogVideoX (FT)	57.5	82.3	54.9	64.7	29.9	58.5	62.6	9.9
VideoREPA	55.6	84.0	55.6	66.3	30.5	61.5	58.2	10.6
MoAlign	57.9	85.3	53.3	64.7	35.6	64.6	52.3	8.9

Table A.5: **VBench-2.0 results** (part 3/3).

Method	Camera Motion	Thermotics	Creativity Score	Commonsense Score	Controllability Score	Human Fidelity Score	Physics Score	Total Score
CogVideoX-2B	49.7	63.0	52.8	60.2	26.6	81.1	53.9	54.9
CogVideoX (FT)	45.7	54.7	58.7	60.8	25.6	83.4	44.9	54.7
VideoREPA	42.3	57.1	56.9	61.4	25.9	85.4	45.1	55.0
MoAlign	38.9	62.8	52.8	65.5	25.7	86.7	48.8	55.9

A.4 STAGE 2 TRAINING DETAILS

In the second stage, we align the latent features of the CogVideoX diffusion model to the motion-centric subspace learned in Stage 1. This is achieved by introducing a lightweight projection network that maps internal representations from CogVideoX to the same 64-dimensional space used for motion supervision. Specifically, we extract hidden states from the 18th MM-DiT block of CogVideoX and pass them through a temporal-spatial projection head. This head first applies a temporal convolution stack consisting of a $(3, 1, 1)$ 3D convolution followed by a SiLU activation, and then a pointwise $(1 \times 1 \times 1)$ convolution with another SiLU activation. These layers reduce the input channel dimension from 1920 to 256 and then to 64, preserving temporal structure while compressing appearance information.

After temporal processing, the features are interpolated along the time axis by a factor of 2 using trilinear interpolation. The resulting tensor is then passed through a spatial downsampling layer to match with the spatial dimension of the videomae compressed features. This layer is a single 3×3 convolution with stride 3. This operation reduces the spatial resolution by approximately $3 \times$, yielding a final output of shape that is compatible with the motion subspace.

During training, we freeze the VideoMAEv2 encoder and the motion compressor from Stage 1, and optimize only the CogVideoX transformer and the projection head. The training objective combines the standard denoising loss from the diffusion model with a soft relational alignment loss that matches the pairwise similarity structure of the projected features to those from the motion subspace. We use a temporal weighting scheme with $\tau = 10$ to emphasize long-range inter-frame consistency. The alignment loss is weighted by a factor of 0.5 and added to the diffusion loss. Training is performed using AdamW with a learning rate of 2×10^{-6} , batch size 32, and mixed precision enabled. The model is trained for 4000 steps on four NVIDIA H100 GPUs (80GB VRAM each), with validation conducted every 500 steps using a held-out set of prompts.

Stage-2 alignment depth. As noted in Section 5.2, the choice of which CogVideoX block to align is a key factor for effective motion transfer. Prior alignment-based works (e.g., REPA, VideoREPA) similarly report that applying the alignment loss at a single, well-chosen mid-level layer yields the best performance, whereas spreading supervision across multiple blocks can overly constrain the denoising trajectory. In our case, we evaluated several transformer blocks of CogVideoX and found that aligning at the 18th transformer block provides the strongest improvement in VideoPhy2 scores (see Tab. 5 in the main paper). We attribute the better performance of layers from the middle of the network to the internal dynamic of the denoising transformer. Namely, earlier layers primarily

918 encode low-level appearance features, while later blocks mainly refine high-frequency details and
 919 translate the representation to the output domain (since CogVideoX is not x_0 -parametrized). While
 920 finding the theoretically justified algorithm for layer selection is an appealing research direction, in
 921 this work we opted for empirical comparison of several inner blocks.
 922
 923

924 A.5 EXPERIMENTS ON WAN2.1 1.3B

926 To evaluate the effectiveness of our motion representation alignment method, we applied a similar
 927 alignment strategy to fine-tune WAN2.1 (1.3B), a widely used state-of-the-art efficient video diffu-
 928 sion model. Table A.6 presents the results. As shown, incorporating MoAlign fine-tuning improves
 929 all relevant metrics (SA, PC, and Joint score), though the gains are more moderate compared to
 930 those observed with CogVideoX.
 931

932 Table A.6: Quantitative assessment of effectiveness of incorporating MoAlign on Wan2.1 (1.3B), as
 933 measured on VideoPhy2.
 934

935 Method	936 SA	937 PC	938 Joint
936 Wan-1.3B	937 28.7	64.1	23.7
937 Wan-1.3B + MoALign	938 29.8	939 64.6	940 25.1

941 A.6 COMPARISON WITH VIDEOJAM

943 To compare our MoAlign method with other approaches, we attempted to train the recently proposed
 944 VideoJAM (Chefer et al., 2025) modification of the video model. The training setup, base diffusion
 945 model, and dataset were identical to those used for Stage 2 of MoAlign (see Sec. 4.1). In our
 946 experiments, we found that under this training budget, VideoJAM remained far from convergence
 947 and produced unsatisfactory video outputs.
 948

949 VideoJAM extends the original video generation model by simultaneously predicting the RGB vi-
 950 sualization of the video’s optical flow. This design introduces capabilities that were absent in the
 951 base model. The dynamics of training losses support this claim: at the start of training, the ‘flow’
 952 component of the diffusion MSE loss is very high but gradually decreases, while the ‘video’ compo-
 953 nent is initially low — reflecting the model’s prior video-generation pretraining — then rises, peaks,
 954 and slowly declines. This indicates that during the early phase of VideoJAM training, the video and
 955 flow objectives conflict, and the model requires substantial adaptation to align with the new joint
 956 objective. However, this adaptation is resource-intensive.
 957

958 In the original work by Chefer et al. (2025), VideoJAM was trained on 3 million video clips (50K
 959 iterations on 32 GPUs) at a spatial resolution of 256×256 . This far exceeds the requirements
 960 for MoAlign’s Stage 2, which uses only 4K steps on 4 GPUs. We consider these findings strong
 961 evidence that our method offers better training efficiency for practitioners.
 962

963 A.7 USE OF LARGE LANGUAGE MODELS

964 We used Microsoft Copilot (a large language model) to aid in polishing the writing of this sub-
 965 mission. The model was employed solely for improving clarity and readability; all ideas, technical
 966 content, and conclusions are our own.
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