# EEG2TEXT: Open Vocabulary EEG-to-Text Decoding with EEG Pre-Training and Multi-View Transformer

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#### **<sup>001</sup>** Abstract

 Deciphering the intricacies of the human brain has captivated curiosity for centuries. Re- cent strides in Brain-Computer Interface (BCI) technology, particularly using motor imagery, have restored motor functions such as reach- ing, grasping, and walking in paralyzed in- dividuals. However, unraveling natural lan- guage from brain signals remains a formidable challenge. Electroencephalography (EEG) is a non-invasive technique used to record electri- cal activity in the brain by placing electrodes on the scalp. Previous studies of EEG-to- text decoding have achieved high accuracy on small closed vocabularies, but still fall short of high accuracy when dealing with large open vocabularies. We propose a novel method, EEG2TEXT, to improve the accuracy of open vocabulary EEG-to-text decoding. Specifically, EEG2TEXT leverages EEG pre-training to en- hance the learning of semantics from EEG sig- nals and proposes a multi-view transformer to model the EEG signal processing by different t spatial regions of the brain. Experiments show 025 that EEG2TEXT has superior performance, out- performing the state-of-the-art baseline meth-027 ods by a large margin of up to 5% in abso- lute BLEU and ROUGE scores. EEG2TEXT shows great potential for a high-performance open-vocabulary brain-to-text system to facili-tate communication.

#### **032** 1 Introduction

 Recent advances in brain-computer interface (BCI) technology have demonstrated exciting progress in restoring the capabilities of patients with paralysis, 036 such as reaching [\(Hochberg et al.,](#page-9-0) [2012\)](#page-9-0), grasping [\(Aflalo et al.,](#page-8-0) [2015;](#page-8-0) [Bouton et al.,](#page-8-1) [2016\)](#page-8-1), and walk- ing [\(Lorach et al.,](#page-9-1) [2023\)](#page-9-1). The heart of BCI is its ability to accurately decode complex brain signals. Despite the advances in decoding brain signals re- lated to motion, decoding brain signals related to speech remains a formidable challenge. Previous

research translating speech-related brain signals to **043** text (brain-to-text) primarily relies on electrocor- **044** ticography (ECoG), an invasive electrophysiologi- **045** cal monitoring method that uses electrodes placed **046** directly on the exposed brain surface to record ac- **047** tivity from the cerebral cortex. ECoG offers higher **048** temporal and spatial resolution than traditional non- **049** invasive scalp electroencephalography (EEG), with **050** a significantly better signal-to-noise ratio. How- **051** ever, the invasive nature of ECoG is undesirable for **052** BCI applications. EEG, though offering lower sig- **053** nal quality than ECoG, is non-invasive and widely **054** available, making it ideal for BCI if its noisy sig- **055** nals can be accurately decoded. **056**

Previous studies of EEG-to-text decoding [\(Herff](#page-8-2) **057** [et al.,](#page-8-2) [2015;](#page-8-2) [Sun et al.,](#page-9-2) [2019;](#page-9-2) [Anumanchipalli et al.,](#page-8-3) **058** [2019;](#page-8-3) [Makin et al.,](#page-9-3) [2020;](#page-9-3) [Panachakel and Ramakr-](#page-9-4) **059** [ishnan,](#page-9-4) [2021;](#page-9-4) [Moses et al.,](#page-9-5) [2021;](#page-9-5) [Nieto et al.,](#page-9-6) [2022\)](#page-9-6) **060** have achieved high accuracy on small closed vocab- **061** ularies, but still fall short of high accuracy when **062** dealing with large open vocabularies. These ap- **063** proaches primarily target high accuracy  $(> 90\%)$  064 but are often confined to small closed vocabularies **065** and struggle to decode semantically similar words **066** beyond training sets. Recent studies broaden the **067** scope from closed to open-vocabulary EEG-to-text **068** decoding [\(Wang and Ji,](#page-10-0) [2021;](#page-10-0) [Willett et al.,](#page-10-1) [2023;](#page-10-1) **069** [Tang et al.,](#page-9-7) [2023;](#page-9-7) [Duan et al.,](#page-8-4) [2023\)](#page-8-4), drastically **070** expanding the vocabulary size by over 100-fold, **071** from several hundred to tens of thousands of words. **072** Notably, two of these studies [\(Wang and Ji,](#page-10-0) [2021;](#page-10-0) 073 [Duan et al.,](#page-8-4) [2023\)](#page-8-4) leverage a pre-trained large lan- **074** guage model BART [\(Lewis et al.,](#page-9-8) [2019\)](#page-9-8), and repre- **075** sent the state-of-the-art for open vocabulary brain- **076** to-text decoding. However, these studies are in **077** their nascent stages and are challenged by their **078** limited accuracy. 079

To improve the accuracy of EEG-to-text decod- **080** ing with open vocabularies, we propose a novel **081** EEG-to-text decoding method based on transform- **082** ers. First, we introduce a Convolutional Neural **083**

<span id="page-1-0"></span>

Figure 1: The overall framework of open-vocabulary EEG-to-text translation. The first sub-figure comes from [\(Nagel and Spüler,](#page-9-9) [2018\)](#page-9-9).

 Network (CNN) module before the base trans- former model to enhance the model's ability to handle long EEG signals. Second, we conduct pre-training of the transformer model by recon- structing randomly masked EEG signals from the input data. This pre-training step helps our trans- former model better learn the semantics of EEG signals. Last, we propose a multi-view transformer architecture, where each single-view transformer is the pre-trained model from the previous step, to model the EEG signal processing by different spatial regions of the brain. Experiments show that EEG2TEXT has superior performance, outper- forming the state-of-the-art baseline methods by a large margin of up to 5% in absolute BLEU and ROUGE scores. EEG2TEXT shows great potential for a high-performance open-vocabulary brain-to- text system to facilitate communication. We will open-source our code and dataset to facilitate future studies of EEG-to-text translation.

## **<sup>104</sup>** 2 Task Definition

 Our task involves decoding corresponding text from EEG signals (Figure [1\)](#page-1-0). The data acquisi- tion process involves 1) attaching an EEG cap to each subject's head, 2) displaying the text (reading materials) on a screen, and 3) recording the EEG and eye-tracking (for verification and calibration of the EEG signals) data while the subject is read- ing the text. The EEG signals are further extracted from the recorded data and fed as input to a decod- ing model to predict the original text the subject was reading on the screen.

**116** Formally, this task can be formulated as a **117** sequence-to-sequence machine translation task:

118 
$$
P(Y|X) = \arg \max_{Y} \prod_{t=1}^{T'} P(y_t|y_{< t}, X) \quad (1)
$$

119 where  $T'$  represents the length of the target sen-120 tence  $Y$ ;  $y_t$  represents the word or token at position 121  $t$  in the target sentence  $Y$ ;  $y_{\leq t}$  represents the words or tokens preceding position t in the target sen- **122** tence  $Y$ ;  $X$  represents the input EEG data; and 123  $P(y_t|y_{< t}, X)$  is the conditional probability of gen- 124 erating word  $y_t$  given the previous words  $y_{< t}$  and **125** the input EEG data  $X$ . Our goal is to maximize  $126$ the probability  $P(Y|X)$  of generating the target 127 sentence given the input EEG data. **128** 

## 3 Methodology **<sup>129</sup>**

#### 3.1 Baseline Model **130**

Our baseline model [\(Wang and Ji,](#page-10-0) [2021\)](#page-10-0) takes the **131** word-level EEG features as the input to a trans- **132** former model followed by a pre-trained BART **133** model for text decoding. The raw EEG signals are **134** typically stored as a two-dimensional array with **135** one dimension for time and the other for chan- **136** nels (the number of electrodes used to collect EEG **137** signals). Each value in this two-dimensional ar- **138** ray corresponds to the signal strength collected **139** at the corresponding time for the corresponding **140** channel. In the baseline model, the word-level **141** EEG features are extracted from eight independent **142** frequency bands from the raw EEG signals. The **143** above eight word-level EEG features are simply **144** concated across all the channels as input to the **145** decoder framework. **146** 

The baseline model faces the following chal- **147** lenges: 1) the reliance on eye-tracking calibration **148** for word-level EEG feature extraction introduces **149** error propagation and lacks generalizability to sce- **150** narios such as inner speech decoding [\(Martin et al.,](#page-9-10) 151 [2018;](#page-9-10) [Nalborczyk et al.,](#page-9-11) [2020\)](#page-9-11), 2) there is room **152** for improvement in EEG representation learning **153** through self-supervised pre-training, and 3) the **154** lack of spatial resolution modeling ignores the vary- **155** ing importance of different brain regions in lan- **156** guage processing. To overcome these challenges, **157** we propose a novel framework, EEG2TEXT, that **158** achieves superior performance for open-vocabulary **159** EEG-to-text translation. **160**

<span id="page-2-0"></span>

Figure 2: The overall framework of EEG2TEXT. It takes the sentence EEG signals as input and decodes the original text as output. EEG2TEXT includes major steps of 1) a base convolutional transformer model, 2) pre-training for EEG encoding, and 3) a multi-view transformer for different spatial regions of the brain.

## **161** 3.2 Convolutional Transformer for **162** Sentence-Level EEG Encoding

 Instead of using the word-level EEG features crafted based on the eye-tracking data, we directly use the sentence-level EEG signals as input to our model. Using sentence-level EEG signals offers several advantages over word-level EEG features. It provides richer information without error prop- agation from the eye-tracking data and exhibits better generalizability to other tasks, such as in- ner speech decoding, where acquiring eye-tracking data is infeasible.

 However, the sentence-level EEG signals pose a challenge due to their excessive length (24K times- tamps), potentially overloading laboratory-level GPUs if directly input into the transformer layer. Traditional Transformer models [\(Vaswani et al.,](#page-9-12) [2017\)](#page-9-12) (max input length: 512 tokens) and their [l](#page-8-5)ong-input variations, such as Longformer [\(Beltagy](#page-8-5) [et al.,](#page-8-5) [2020\)](#page-8-5) (max input length: 4096 tokens) and BigBird [\(Zaheer et al.,](#page-10-2) [2020\)](#page-10-2) (max input length: 4096 tokens) cannot deal with our long EEG data. Recently, there are some new architectures, specif- ically designed for extremely long sequence data [\(Fu et al.,](#page-8-6) [2022;](#page-8-6) [Poli et al.,](#page-9-13) [2023;](#page-9-13) [Gu and Dao,](#page-8-7) [2023\)](#page-8-7) up to one million input tokens. Inspired by 187 these models, we introduce a convolutional transformer model that incorporates a CNN module for **188** compressing raw EEG signals. Utilizing CNN- **189** Transformer for modeling long sequences has been **190** proven effective in previous EEG signal processing **191** tasks [\(Song et al.,](#page-9-14) [2022\)](#page-9-14). So we choose this CNN- **192** Transformer as the base architecture to develop our **193** models. This CNN module comprises two convo- **194** lutional layers, adept at both temporal and spatial **195** (or channel) compression. We also compared two **196** input formats of the sentence-level EEG signals: 1) **197** the raw signals, and 2) the spectrogram of the sig- **198** nals. The spectrogram of a signal (Appendix Figure **199** [A1\)](#page-12-0) is a two-dimensional image, where the x-axis **200** represents time, the y-axis represents frequency, **201** and the image pixel value represents the magni- **202** tude of the signal at each time-frequency pair. The **203** sentence-level EEG signals are then input into the **204** CNN module to obtain compressed EEG signals, **205** which are then fed into the transformer model for **206** subsequent feature extraction and text translation. **207**

## 3.3 Transformer Pre-Training for an **208** Enhanced EEG Encoding **209**

To enhance the semantic understanding of the **210** EEG signals, we propose EEG pre-training on the **211** sentence-level EEG signals for brain-to-text trans- **212** [l](#page-9-15)ation. There is one recent work, LaBraM [\(Jiang](#page-9-15) **213**

 [et al.,](#page-9-15) [2024\)](#page-9-15), on pre-training diverse EEG data across different tasks. However, their input only compasses sparse EEG channels (less than 64) and short signals (less than 14 seconds), while our sen- tence EEG signals for text translation are collected from dense EEG channels (105) and composed of much longer lengths (48 seconds). Therefore, our input EEG signal significantly exceeds the input length limit of the pre-trained LaBraM model.

 We propose a self-supervised pre-training of our convolutional transformer model for parameter ini- tialization (Figure [2\)](#page-2-0). Inspired by the masked lan- guage model pre-training strategies [\(Devlin et al.,](#page-8-8) [2018;](#page-8-8) [Joshi et al.,](#page-9-16) [2019;](#page-9-16) [Liu et al.,](#page-9-17) [2019\)](#page-9-17), we for- mulate our self-supervised pre-training objective as follows:

$$
\theta^* = \arg \max_{\theta} \sum_{(i,j) \in \mathcal{D}} \log P(M|C; \theta), \quad (2)
$$

 where M represents the masked tokens; C repre-232 sents the context or surrounding tokens;  $\theta^*$  repre-**sents the optimal model parameters;**  $\theta$  **represents**  the model parameters being optimized; D repre-**b** sents the training data, where  $(i, j)$  are pairs of sentences or sentence fragments; and  $P(M|C;\theta)$ is the probability of predicting the masked tokens.

 During the self-supervised pre-training stage, we add a convolutional decoder module on top of the convolutional transformer encoder to decode the input EEG signals. The input is the sentence-level EEG signals masked with different strategies and the output is the sentence-level EEG signals re- constructed by the CNN decoder. Specifically, we compared three different masking strategies for the sentence-level EEG signals as follows:

- **247** Masked Token Prediction [\(Devlin et al.,](#page-8-8) [2018\)](#page-8-8): **248** randomly masking 15% of all the tokens.
- **249** [•](#page-9-16) Continuous Masked Token Prediction [\(Joshi](#page-9-16) **250** [et al.,](#page-9-16) [2019\)](#page-9-16): randomly masking a sequence of **251** consecutive tokens until a total of 15% of all the **252** tokens are masked.
- **253** Re-Masked Token Prediction [\(Liu et al.,](#page-9-17) [2019\)](#page-9-17): **254** re-randomizing the masking of 15% of all the **255** tokens for each training epoch.

 It is important to highlight that our self- supervised pre-training step allows for seamless in- tegration of EEG data from diverse tasks, including image recognition. In our experiments, we further incorporated an image EEG dataset [\(Gifford et al.,](#page-8-9)

<span id="page-3-0"></span>

Brain Re- gions	Corresponding Electrodes
$\mathcal{C}_{\mathcal{C}}$	E36, E104, Cz, E30, E105, E41, E103, E7, E31, E35, E80, E106, E110
F	E4, E27, E123, E24, E124, E33, E122, E11, E19, E20, E118
O	E70, E83, E75, E74, E82
P	E52, E92, E60, E58, E64, E96, E95, E85, E51, E97, E62, E50, E53, E59, E61, E69, E78, E86, E89, E91, E101
T	E114, E45, E108, E44, E39, E43, E115, E120
FP	E22, E9, E15
AF	E23, E3, E26, E2, E16, E10, E18
<b>CP</b>	E37, E87, E42, E93, E47, E98, E55, E54, E79
FC.	E13, E112, E29, E111, E28, E117, E6, E5, E12
FT	E121, E34, E116, E38
PO	E67, E77, E65, E90, E72, E66, E71, E76, E84
TР	E100, E46, E102, E57, E40, E109

Table 1: 12 brain regions with corresponding channels.

[2022\)](#page-8-9) during pre-training, aiming to showcase the **261** model's adaptability to EEG signals from multi- **262** modal data and explore the potential for enhanced **263** translation performance through the combination **264** of EEG signals from diverse data modalities. **265**

The goal of this pre-training step is to have the **266** convolutional transformer learn meaningful con- **267** cepts such as context, relationships, and semantics **268** present in sentence-level EEG signals during this **269** pre-training process. After pre-training, the param- **270** eters are saved and used as the initial parameters **271** for the final multi-view transformer model. **272**

## 3.4 Multi-View Transformer for Different **273 Spatial Regions of the Brain 274**

Another important feature of our model is the novel **275** multi-view transformer decoder architecture we in- **276** troduced that encodes different regions of the brain **277** with a different convolutional transformer (Figure **278** [2\)](#page-2-0). The multi-view transformer model takes into **279** account the fact that different brain regions poten- **280** tially play different roles in language processing. **281** This spatial modeling therefore can improve the **282** model performance, but has been overlooked in **283** previous work. **284**

We partition the 105 channels into 12 groups 285 based on their spatial location under the guidance **286** [o](#page-9-18)f Geodesic Hydrocel system's technical note [\(Luu](#page-9-18) **287** [and Ferree,](#page-9-18) [2005\)](#page-9-18) (Table [1\)](#page-3-0). Geodesic Hydrocel **288**

4

 system (Electrical Geodesics, Eugene, Oregon) is an electrode net design used in our main dataset ZuCo [\(Hollenstein et al.,](#page-9-19) [2018\)](#page-9-19) to record EEG data. In the technical note, the majority of the 105 chan- nels have been matched with the channels in the tra- ditional 10-10 EEG system [\(Chatrian et al.,](#page-8-10) [1985\)](#page-8-10). The 10-10 EEG system explicitly names channels according to the brain regions they correspond to, such as F: Frontal lobe; O: Occipital lobe. Based on the naming rule, the matched channels have been categorized accordingly. For the remaining unmatched channels, we find the channel with the closest L2 distance to it and classify them into the same category.

 After the partition of the electrodes, we create a multi-view transformer model including 12 con- volutional transformers at the bottom level, where each convolutional transformer encodes the EEG signals from the electrodes in that region. On top of the 12 convolutional transformers, we add a global transformer to unify the information from different brain regions. The combined information from the global transformer is further fed into the BART model for text decoding.

 In summary, the multi-view transformer envi- sions multiple parallel convolutional transformer models where each captures different aspects of EEG signals combined from different spatial re- gions of the brain regions. This approach enhances the spatial resolution of the model and further im-proves the text decoding performance.

## **<sup>320</sup>** 4 Experiment

## **321** 4.1 Experimental Setup

 [D](#page-9-19)ataset We utilize both the ZuCo [\(Hollenstein](#page-9-19) [et al.,](#page-9-19) [2018\)](#page-9-19) and Image-EEG [\(Gifford et al.,](#page-8-9) [2022\)](#page-8-9) for pre-training and use ZuCo to train the multi- view transformer and BART model for text decod-ing. Details of both datasets are listed below.

- **327** ZuCo [\(Hollenstein et al.,](#page-9-19) [2018\)](#page-9-19) contains EEG **328** and eye-tracking data from 12 healthy adult na-**329** tive English speakers engaged in natural English **330** text reading for 4 - 6 hours. This dataset covers **331** two standard reading tasks and a task-specific **332** reading task, offering EEG and eye-tracking data **333** for 21,629 words across 1,107 sentences and **334** 154,173 fixations.
- **335** Image-EEG [\(Gifford et al.,](#page-8-9) [2022\)](#page-8-9) is a large and **336** rich dataset containing high temporal resolution **337** EEG signals of images of objects on natural back-**338** grounds. The dataset included 10 participants,

each performing 82,160 trials across 16,740 im- **339** age conditions. **340**

Baselines We compare EEG2TEXT with two **341** baseline models for open-vocabulary EEG-to-text **342** translation. **343** 

- Baseline (EEGtoText) [\(Wang and Ji,](#page-10-0) [2021\)](#page-10-0) uses **344** word-level EEG signals as input to a transformer **345** model followed by a pre-trained BART model **346** for decoding. EEGtoText is the first paper that **347** proposed the open-vocabulary EEG-to-text trans- **348** lation task. **349**
- DeWave [\(Duan et al.,](#page-8-4) [2023\)](#page-8-4) introduces a dis- **350** crete codex encoding after the transformer layer, **351** and uses both word-level EEG features and the **352** raw EEG signals as input. DeWave is the most re- **353** cent related work and it only included EEGtoText **354** [\(Wang and Ji,](#page-10-0) [2021\)](#page-10-0) as its baseline. **355**

We use BLEU and ROUGE scores as evaluation 356 metrics and conduct parameter study. The details **357** can be found in Appendix [A](#page-11-0) and Appendix [B.](#page-11-1) **358**

## 4.2 Results **359**

Main Results Table [2](#page-5-0) shows our main experi- **360** [m](#page-10-0)ental results. The baseline method [\(Wang and](#page-10-0) **361** [Ji,](#page-10-0) [2021\)](#page-10-0) achieves a moderate performance in text **362** decoding with BLEU scores. DeWave [\(Duan et al.,](#page-8-4) **363** [2023\)](#page-8-4) slightly improved the performance across **364** all metrics, demonstrating the effectiveness of dis- **365** crete encoding. EEG2TEXT improved the text **366** decoding performance by a large margin due to **367** several technical innovations. First, a single convo- **368** lutional transformer achieved slightly lower BLEU **369** scores (BLEU-1: -1.3%; BLEU-2: -0.5%; BLEU- **370** 3: -0.2%; BLEU-4: -0.0%) but higher ROUGE- **371** 1 scores (F1-score: +3.7%; Precision: +2.4%; **372** Recall: -0.9%) compared to DeWave. Second, **373** EEG2TEXT with pre-training further enhanced the **374** BLEU scores (BLEU-1: +1.8%; BLEU-2: +1.9%; **375** BLEU-3: +1.8%; BLEU-4: +1.6%) and ROUGE-1 **376** scores (F1-score: +4.2%; Precision: +2.4%; Recall: **377** +0.0%) compared to DeWave. Pre-training proved **378** effective in enhancing text generation by provid- **379** ing a strong initialization foundation for our model. **380** Third, EEG2TEXT with multi-view transformers **381** achieved the highest scores across all metrics, with **382** a significant increase in the BLEU scores (BLEU- **383** 1: +4.7%; BLEU-2: +5.6%; BLEU-3: +6.0%; **384** BLEU-4: +5.9%) and ROUGE-1 scores (F1-score: **385** +8.5%; Precision: +6.8%; Recall: +4.2%) com- **386** pared to DeWave. EEG2TEXT excelled in gen- **387**

<span id="page-5-0"></span>

<b>Methods</b>	<b>BLEU-N</b>				<b>ROUGE-1</b>		
	$N = 1$		$N = 2$ $N = 3$	$N = 4$	F	P	R
Baseline (Wang and Ji, 2021)	0.401	0.231	0.125	0.068	0.301	0.317	0.288
DeWave (Duan et al., 2023)	0.413	0.241	0.139	0.082	0.288	0.337	0.306
<b>EEG2TEXT</b> (Convolutional Transformer)	0.400	0.236	0.137	0.082	0.325	0.361	0.297
$EEG2TEXT$ (+ Pre-training)	0.445	0.274	0.175	0.117	0.341	0.383	0.310
EEG2TEXT (+ Multi-View Transformer)	0.460	0.297	0.199	0.141	0.373	0.405	0.348

Table 2: Performance comparison of EEG2TEXT with baseline methods.

<span id="page-5-1"></span>

<b>Methods</b>	<b>BLEU-N</b>				<b>ROUGE-1</b>		
		$N = 1$ $N = 2$ $N = 3$ $N = 4$			F		
Spectrogram + Transformer		$0.386$ $0.220$ $0.121$ $0.067$				0.306 0.342	0.306
Spectrogram + Convolutional Transformer	0.374	0.209	0.112	0.061	0.302	0.339	0.274
EEG signal + Convolutional Transformer	0.400	$0.236$ $0.137$		0.082	0.325	0.361	0.297

Table 3: Ablation study of different input formats of the EEG signals.

**388** erating coherent, contextually relevant, and high-**389** quality text.

 Convolutional Transformer We first compare different input representations of the EEG signals to see how the representation affects the perfor- mance of a base convolutional transformer model. In this ablation study, we compare the raw EEG sig- nals with their spectrograms using the fast Fourier transform [\(Cochran et al.,](#page-8-11) [1967\)](#page-8-11) to convert the original one-dimensional time array into a two- dimensional time-frequency matrix. The results are shown in Table [3.](#page-5-1) Using the raw EEG as the input consistently led to better performance than using the spectrogram as the input. The spectrogram only keeps the magnitude information and ignores the phase information of the raw EEG signal. The supe- rior performance of the raw EEG signal suggested that the phase information might be important for decoding. Therefore, the raw EEG signals are used as the input in subsequent experiments.

 EEG Pre-Training We then conducted ablation experiments to compare the effectiveness of three pre-training strategies: 1) Masked Token Prediction [\(Devlin et al.,](#page-8-8) [2018\)](#page-8-8), 2) Continuous Masked Token Prediction, and 3) Re-Masked Token Prediction [\(Liu et al.,](#page-9-17) [2019\)](#page-9-17). The results are shown in Table [4.](#page-6-0) The Re-Masked Token Prediction [\(Liu et al.,](#page-9-17) [2019\)](#page-9-17) exhibits the best performance among all the three masking strategies. One potential reason is that the convolutional transformer model can learn more diverse semantic information by masking different tokens in each training epoch during pre-training.

**420** In the above study, we focused on identifying **421** the optimal pre-training strategy among the three [w](#page-8-9)ithout incorporating image-EEG data [\(Gifford](#page-8-9) **422** [et al.,](#page-8-9) [2022\)](#page-8-9). As an additional component, we intro- **423** duced image-EEG data to assess the compatibility **424** of our model with EEG signals from multi-modal **425** inputs. Leveraging our self-supervised pre-training **426** strategy, we directly incorporated image-EEG data **427** into the pre-training phase to enable the model to **428** glean knowledge from diverse sources. The re- **429** sults, detailed in Table [5,](#page-6-1) demonstrate that adding **430** image-EEG data significantly enhances translation **431** performance for both the single convolutional trans- **432** former and the multi-view transformer. **433**

Multi-View Transformer Finally, we compare **434** different training strategies of the multi-view trans- **435** former to demonstrate the effectiveness of the **436** multi-view transformer and find the best training **437** strategy. The image-EEG data was not included **438** in this ablation study. Specifically, we compared **439** three training strategies as follows: **440**

- Only Global Transformer: Fixing the parame- **441** ters of all 12 convolutional transformer modules **442** and training only the global transformer for text **443** decoding. 444
- Global Transformer + One Convolutional **445** Transformer: During each training epoch, ran- **446** domly activate and train one convolutional trans- **447** former with the global transformer while fixing **448** the parameters of the remaining 11 convolutional **449** transformers. **450**
- Global Transformer + Three Convolutional **451** Transformers: During each training epoch, ran- **452** domly activate and train three convolutional **453** transformers with the global transformer while **454**

<span id="page-6-0"></span>

<b>Methods</b>	<b>BLEU-N</b>				<b>ROUGE-1</b>		
			$N=1$ $N=2$ $N=3$ $N=4$		E		
Masked Token Prediction	0.409	$0.242 \quad 0.141$		0.087	0.325 0.357		0.300
Continuous Masked Token Prediction	0.411	0.243	0.137	0.078	0.319	0.352	0.294
Re-Masked Token Prediction	0.431	0.260	0.157	0.098	0.330	0.361	0.306

Table 4: Ablation study of different pre-training strategies of the EEG signals.

<span id="page-6-1"></span>

Table 5: Ablation study of adding image-EEG data into pre-training.

**455** fixing the parameters of the remaining nine con-**456** volutional transformers.

**457** We have a large dataset with 2K batches to ensure **458** each individual Transformer is trained sufficiently.

 The results in Table [6](#page-7-0) demonstrate that activating three convolutional transformers together with the global transformer achieves the best performance. This suggests further improvement may be attain- able by increasing the number of activated convo- lutional transformers during each training epoch if more GPU resources are available.

 Case Study Table [7](#page-7-1) shows our case study re- sults. In the first sentence, the baseline model ac- curately translates "good," whereas EEG2TEXT, in addition, accurately captures the first half of the sentence with "movie" (synonymous with "film"). Additionally, EEG2TEXT correctly translates the second half of the sentence with "disaster movie" corresponding to "monstrous one" in the original sentence. In the second sentence, EEG2TEXT ac- curately captured "won Nobel Prize in Chemistry," while the baseline produced incorrect information, stating "Pulitzer Prize" and the wrong field, "Lit- erature." In the third sentence, both EEG2TEXT and the baseline correctly identified "book" and "Pulitzer Prize." However, EEG2TEXT, in ad- dition, correctly identified the field as "Biogra- phy," while the baseline erroneously outputted "Fic-tionography."

 In addition, we conducted an interesting case study to show that EEG2TEXT has the ability of zero-shot image-to-text translation. Details can be found in Appendix [D.](#page-11-2)

#### 5 Related Work **<sup>488</sup>**

Brain Computer Interface The landscape of **489** brain-to-speech and brain-to-text decoding encom- **490** passes three principal approaches grounded in the **491** features they capture: motor imagery-based, overt **492** speech-based, and inner speech-based. These meth- **493** ods explore a variety of brain signals, including **494** electroencephalogram (EEG), electrocorticography **495** (ECoG), and functional magnetic resonance imag- **496** ing (fMRI). Despite these endeavors, existing ap- **497** proaches exhibit limitations concerning vocabulary **498** size, articulation dependence, speed, and device **499** compatibility. Motor imagery-base systems, exem- **500** plified by point-and-click [\(Pandarinath et al.,](#page-9-20) [2017\)](#page-9-20) 501 [m](#page-10-3)echanisms and imaginary handwriting [\(Willett](#page-10-3) **502** [et al.,](#page-10-3) [2021\)](#page-10-3), show high accuracy but modest typing **503** rates. Overt speech-based techniques for decoding **504** speech offer expedited communication rates. How- **505** ever, they require either physical vocal tract move- **506** ment [\(Herff et al.,](#page-8-2) [2015;](#page-8-2) [Anumanchipalli et al.,](#page-8-3) 507 [2019;](#page-8-3) [Makin et al.,](#page-9-3) [2020\)](#page-9-3) or mental articulation **508** imagination [\(Moses et al.,](#page-9-5) [2021;](#page-9-5) [Willett et al.,](#page-10-1) 509 [2023\)](#page-10-1). This engenders language dependency and **510** pronunciation variations across languages. Another **511** line of research tackles articulation dependency by **512** decoding imagined speech [\(Nieto et al.,](#page-9-6) [2022\)](#page-9-6) or **513** [r](#page-9-4)eading text [\(Sun et al.,](#page-9-2) [2019;](#page-9-2) [Panachakel and Ra-](#page-9-4) **514** [makrishnan,](#page-9-4) [2021\)](#page-9-4). Our work follows this line of 515 decoding reading text directly from EEG signals. **516**

EEG-to-Text Translation Prior investigations **517** into EEG-to-text translation, as documented in **518** the literature [\(Herff et al.,](#page-8-2) [2015;](#page-8-2) [Sun et al.,](#page-9-2) [2019;](#page-9-2) **519** [Anumanchipalli et al.,](#page-8-3) [2019;](#page-8-3) [Makin et al.,](#page-9-3) [2020;](#page-9-3) **520** [Panachakel and Ramakrishnan,](#page-9-4) [2021;](#page-9-4) [Moses et al.,](#page-9-5) **521** [2021;](#page-9-5) [Nieto et al.,](#page-9-6) [2022\)](#page-9-6), have demonstrated com- **522**

<span id="page-7-0"></span>

Table 6: Ablation study of different training strategies of the multi-view transformer.

<span id="page-7-1"></span>

(1)	Ground Truth: It's not a particularly <b>good film</b> , but neither is it a <b>monsterous</b> one.
	Baseline Output: was a a bad good story, but it is it bad bad. one.
	EEG2TEXT output: 's a a great romantic movie, but it is not the disaster movie one.
(2)	Ground Truth: He won a <b>Nobel Prize in Chemistry</b> in 1928
	Baseline Output: was the Pulitzer Prize for Literature in 18.
	EEG2TEXT Output: won <b>Nobel Prize in Chemistry</b> for 1935 for
(3)	Ground Truth: The book was awarded the 1957 <b>Pulitzer Prize for Biography</b> .
	Baseline Output: first is published the Pulitzer Pulitzer Prize for Fictionography.
	EEG2TEXT Output: book is a the <b>Pulitzer Prize for Biography</b> and.

Table 7: Case study of the output sentences comparing EEG2TEXT and the baseline method [\(Wang and Ji,](#page-10-0) [2021\)](#page-10-0).

 mendable accuracy when applied to limited and closed vocabularies. Nevertheless, these studies en- counter challenges in attaining comparable levels of accuracy when confronted with more extensive and open vocabularies. New investigations have expanded their focus from closed-vocabulary EEG- to-text translation to encompass open-vocabulary scenarios [\(Wang and Ji,](#page-10-0) [2021;](#page-10-0) [Willett et al.,](#page-10-1) [2023;](#page-10-1) [Tang et al.,](#page-9-7) [2023;](#page-9-7) [Duan et al.,](#page-8-4) [2023\)](#page-8-4). The two research studies most similar to our work are a baseline method [\(Wang and Ji,](#page-10-0) [2021\)](#page-10-0) and DeWave [\(Duan et al.,](#page-8-4) [2023\)](#page-8-4). The baseline method proposes a framework utilizing transformer and pre-trained BART language models, which establish baseline performance of open-vocabulary EEG-to-text trans- lation. DeWave employs a quantization encoder to derive discrete encoding and aligns it with a pre- trained language model for the open-vocabulary EEG-to-text translation. The limitations of both the baseline method and DeWave lie in their re- liance on eye-tracking calibration for word-level EEG feature extraction that introduces error propa- gation and lacks generalizability to scenarios such as inner speech decoding. EEG2TEXT improves the open-vocabulary EEG-to-text translation per- formance as well as enhancing the generality by requiring only sentence-level EEG signals as input.

**550** EEG Pre-Training Recent work, such as Brain-**551** BERT [\(Wang et al.,](#page-10-4) [2023\)](#page-10-4), BENDR [\(Kostas et al.,](#page-9-21) **552** [2021\)](#page-9-21), MAEEG [\(Chien et al.,](#page-8-12) [2022\)](#page-8-12) and LaBraM

[\(Jiang et al.,](#page-9-15) [2024\)](#page-9-15), has been done on EEG signal **553** pre-training that greatly inspired EEG2TEXT. **554**

BrainBERT converts intracranial recordings to **555** spectrograms, masks multiple continuous bands **556** of random frequencies and time intervals from **557** spectrograms, and reconstructs the spectrogram. **558** BENDR uses a convolutional layer to convert the **559** raw EEG signals to embedding features, which are **560** [m](#page-8-8)asked by using masked token prediction [\(Devlin](#page-8-8) 561 [et al.,](#page-8-8) [2018\)](#page-8-8) and reconstructed. MAEEG uses the **562** same input, convolutional layer, and masking strat- **563** egy as BENDR while MAEEG's reconstruction **564** goal is the raw EEG signals. LaBraM segments the **565** EEG signal into channel patches and is pre-trained **566** by predicting the masked EEG channel patches. **567** EEG2TEXT directly masks the raw EEG signals **568** with the pre-training objective to reconstruct the **569** raw EEG signals. EEG2TEXT also experimented **570** with various masking strategies and incorporated **571** EEG signals for the pre-training process. **572**

#### 6 Conclusion **<sup>573</sup>**

In this work, we proposed a novel EEG-to-text de- **574** coding model, EEG2TEXT that takes raw EEG **575** signals as input and leverages EEG pre-training **576** and a multi-view transformer to enhance the de- **577** coding performance. EEG2TEXT achieved supe- **578** rior performance for open-vocabulary EEG-to-text **579** decoding. Future work includes expanding the **580** model's capabilities to EEG signals from diverse **581** multi-modal data. **582**

## **<sup>583</sup>** 7 Ethics Statement

 This research strictly followed the highest ethical standards and best practices as outlined in the ACL Code of Ethics. ZuCo [\(Hollenstein et al.,](#page-9-19) [2018\)](#page-9-19) and Image-EEG [\(Gifford et al.,](#page-8-9) [2022\)](#page-8-9) datasets we used are open-source datasets that follow CC-By Attribu- tion 4.0 International license, ensuring there were no concerns regarding privacy, confidentiality, or personal information. Data and pre-trained models are used under a specified license that is compati- ble with the conditions under which access to data was granted. The data is sufficiently anonymized to make identification of individuals impossible to en- sure compliance with ethical guidelines. Moreover, we carefully considered the broader impacts and potential applications of our work to prevent any inadvertent harm or misuse. Therefore, we believe this research is ethically sound.

#### **<sup>601</sup>** 8 Limitations

**602** In this paper, we proposed a novel EEG-to-text **603** decoding model called EEG2TEXT. Despite our **604** efforts, the model still has some limitations.

 Reliance on pre-trained models Our architec- tural framework relies on the pre-trained model, BART, which may make biased decisions influ- enced by its pre-training data. While our experi- ments have not shown explicit performance issues due to biases, we must recognize that this obser- vation may be limited to the specific dataset and pre-trained model we used. It is essential to stay vigilant and continue exploring methods to miti- gate and correct potential biases that could arise when using pre-trained models.

 GPU requirements Since our multi-view model needs to train multiple convolutional transformers at the same time, there is a certain requirement for the scale of GPU. Laboratory-level GPU can only support the training of a small number of convolu- tional transformer models at the same time. To train all convolutional transformers at the same time to fully realize the potential of the multi-view model, researchers need a GPU with great performance.

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#### <span id="page-11-0"></span>819 **A** Evaluation Metrics

**820** We utilize BLEU-1, BLEU-2, BLEU-3, BLEU-4, **821** and ROUGE-1 evaluation metrics to compare the **822** performance of EEG2TEXT with the baselines.

823 The BLEU-N scores  $(N = 1, 2, 3, 4)$  are used **824** to measure the quality of the generated text, with **825** higher values indicating better performance.

$$
BLEU = BP \cdot \exp\left(\sum_{n=1}^{N} w_n \cdot \log\left(\frac{\text{count}_{\text{clip},n}}{\text{count}_{\text{ref},n}}\right)\right),\tag{3}
$$

 where BLEU represents the BLEU score; BP rep- resents the brevity penalty; N represents the max **n-gram order;**  $w_n$  represents the n-gram weights; **count**<sub>clin n</sub> represents count of candidate n-grams 831 in reference and  $count_{ref,n}$  represents count of ref-erence n-grams.

**833** ROUGE-1 scores, which include F (F1-score), P **834** (precision), and R (recall), are used to evaluate the **835** overlap between generated text and reference text.

$$
ROUGE-1 = \frac{\sum_{ref} \sum_{1\text{-gram}} \min(match, ref)}{\sum_{ref} \sum_{1\text{-gram}} ref},\tag{4}
$$

837 where ROUGE-1 represents the ROUGE-1 score; **838** match represents the count of matching 1-gram; ref **839** represents the count of 1-gram.

#### <span id="page-11-1"></span>840 **B** Parameter Study

 We used four A40 GPUs as our computing infras- tructure and each training epoch took about 40 minutes. The ZuCo dataset [\(Hollenstein et al.,](#page-9-19) [2018\)](#page-9-19) split of our experiments are shown in Ta- ble [8.](#page-11-3) The optimal hyper-parameters for our results are listed in Table [9.](#page-11-4) The value ranges of each hyper-parameter are listed below:

**848** • Batch Size ∈ {4, 8, 16}

- 849  **Learning Rate** ∈ {1×10<sup>-6</sup>, 3 × 10<sup>-6</sup>, 5 × 10<sup>-6</sup>, 850 **7.5** ×  $10^{-6}$ ,  $8 \times 10^{-6}$ ,  $9 \times 10^{-6}$ ,  $1 \times 10^{-5}$ ,  $2 \times$ 851  $10^{-5}$ ,  $3 \times 10^{-5}$ ,  $4 \times 10^{-5}$ ,  $5 \times 10^{-5}$ ,  $7.5 \times 10^{-5}$ , 852  $1 \times 10^{-4}$ ,  $3 \times 10^{-4}$ ,  $5 \times 10^{-4}$ ,  $7.5 \times 10^{-4}$ ,  $1 \times$ 10−<sup>3</sup> **853** }
- **854** Epoch ∈ {15}

## **<sup>855</sup>** C EEG to Spectrogram

**856** Figure [A1](#page-12-0) shows a piece of EEG signals and its **857** corresponding spectrogram.

<span id="page-11-3"></span>

# Train	# Dev	# Test
10967	1392	1444

Table 8: Statistics of ZuCo [\(Hollenstein et al.,](#page-9-19) [2018\)](#page-9-19), depicting the sizes of the training, testing, and development set.

<span id="page-11-4"></span>

<b>Methods</b>	<b>Batch Size</b>	<b>Learning Rate</b>
<b>EEG2TEXT</b> (Convolutional Transformer)	4	$1 \times 10^{-5}$
EEG2TEXT (+ Pre-training)		$5 \times 10^{-5}$
EEG2TEXT (+ Multi-View Transformer)		$5 \times 10^{-5}$

Table 9: Optimal hyper-parameters for EEG2TEXT ablations.

## <span id="page-11-2"></span>D Zero-Shot Image-to-Text Translation **<sup>858</sup>**

Figure [A2a](#page-12-1) and [A2b](#page-12-1) show the zero-shot image- **859** to-text translation results. We directly input the **860** EEG signals of image-EEG data into the multi-view **861** transformer model after training, and the output **862** results are image-to-text translation results. The **863** first image contains multiple cars, and the output **864** accurately captures the "car" keyword. The second **865** image contains a fish, and the output captures the **866** "fish" keyword equally accurately. **867**

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<span id="page-12-0"></span>

Figure A1: a piece of EEG signals and its corresponding Spectrogram

<span id="page-12-1"></span>

(a) An image of car. The translation result of EEG2TEXT is: "alog,,. **car**,,,,,,,,,,,,,,,,,,,,,,"



(b) An image of car. The translation result of EEG2TEXT is: "fish,.... has,,,,,,,,,,,,,,,,,,,,,,,,,,,,,

Figure A2: Zero-Shot Image-to-Text Translation.