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# Emergence of Implicit World Models from Mortal Agents

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1 Life possesses agency and behaves autonomously [1, 2]. Agency refers to the ability to autonomously  
2 set goals based on intrinsic motivation (IM) and act toward achieving them. Life, by autonomously  
3 setting its own goals, is able to proactively respond to unknown situations and unpredictable events,  
4 and adjust its behavior using feedback from the environment. When attempting to mimic the agency  
5 of life, it is crucial for artificial agents to intrinsically set their own goals. Intrinsic goal setting has  
6 been explored through concepts like prediction information maximization [3, 4, 5], empowerment  
7 maximization [6], curiosity-driven learning [7, 8, 9, 10], and novelty-based learning [11, 12]. In many  
8 of these IM approaches, however, researchers explicitly design motivations, such as “novelty is good”  
9 in novelty-based learning. As a result, the complete internalization of goals within artificial agents  
10 has not yet been fully achieved, and flexible adaptation to the environment based on autonomous goal  
11 setting remains a challenge.

12 The most fundamental goal of life is to avoid death. Avoiding death means maintaining a state  
13 of being alive, that is, possessing homeostasis [13, 14, 15], which involves acquiring energy from  
14 external sources and keeping one’s internal state within a certain range. The homeostasis is based on  
15 the objective of sustaining the very existence (being) of the self. The characterization of life based on  
16 the goal of maintaining the persistence of being was proposed as autopoiesis by Maturana and Varela  
17 [16] and later extended by Barandiaran et al. to define agency [17]. Autopoiesis is a process by which  
18 life, driven by the meta-goal of preserving its own existence (being), autonomously sets multiple  
19 internalized motivations, such as acquiring energy or escaping predators, and generates open-ended  
20 behaviors to achieve them (Appendix A) [18]. This suggests the renaissance of research stance that  
21 the existence of the agent itself and the extrinsic motivation (EM) to maintain it precedes the agent’s  
22 IM, which this stance akin to the perspective of classical suggestions, such as Parisi’s internal robotics  
23 [19], and Di Paolo’s approach to the homeostatic adaptation using evolutionary optimizations [18].

24 A theoretical framework where homeostasis as the core of the EM is known as homeostatic reinforce-  
25 ment learning (homeostatic RL) in computational neuroscience [20, 21, 22]. By combining deep  
26 RL [23, 24], recent studies have reported the emergence of various goal-directed behaviors [25, 26].  
27 These results suggest a possibility of the emergence of highly adaptive process of the artificial systems  
28 from our perspective, such as world models and IM (Appendix B) [27, 28, 29, 30, 31, 32, 33]. In this  
29 paper, by combining meta-RL [34, 35] and deep homeostatic RL, we hypothesize the possibility of  
30 explaining such IMs as an emergent property of homeostatic systems, together with world models.  
31 The further discussion in Appendix C suggests that including recurrent neural networks (RNN) in  
32 homeostatic RL may naturally lead to the meta-learning ability of agents. Furthermore, as reported  
33 by Wang et al. [34, 35], computational experiments have shown that, even though all of the agent  
34 architecture and optimization are carried out in *model-free*, such meta-RL agents behave like *model-*  
35 *based* [35]. This suggests that the agent acquires a process for implicitly constructing a model of the  
36 environment (*implicit* world model) within the unstructured network, and uses it for learning and  
37 exploration.

38 By conducting meta-RL based on the unified EM (homeostasis), we propose a “mortal agent” that  
39 can open-endedly generate IMs and world models according to the agent-environment coupling.

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152 **A Mini Review for Autopoesis**

153 This review provides a comprehensive overview of the development of the concept of autopoesis since  
 154 its inception 50 years ago, and its computational models. The concept of autopoesis, first introduced  
 155 by Chilean biologists Humberto Maturana and Francisco Varela in the early 1970s [36, 37, 38, 39],  
 156 has had a profound impact on our understanding of life, cognition, and complex systems. Autopoesis  
 157 refers to the process by which self-maintaining and self-producing systems sustain themselves and  
 158 maintain their identity through continuous interactions with their environment. The concept of  
 159 autopoesis later became connected with ideas such as enaction related to the sensorimotor loop [2]  
 160 and agency [17], and biological autonomy [40, 1].

161 We then delve into the diverse research streams that have emerged in the field as computational  
 162 model, examining the Category theory approach, Enactive approach, Synthetic Biology approach,  
 163 and Bayesian approach each with its unique contributions to the understanding of autopoesis. First,  
 164 there is the approach using category theory. This begins with Rosen’s (M,R) system [41], and more  
 165 recently, discussions on closure have been conducted by Moreno and Mossio [1], and Hirota, Saigo  
 166 and Taguchi[42]. Next is the Enactive Approach. While Di Paolo and Froese have conceptually  
 167 organized the interactions between agents and their environment [2, 40], computational models like  
 168 the Sensorimotor Lenia [43], which employs cellular automata, have been proposed. The third is the  
 169 Synthetic Biology approach, which began with Ganti’s chemoton[44] and has been further modeled  
 170 by Luisi [45]. Lastly, there is the formulation of autopoietic systems using the free energy principle  
 171 and Markov blankets [46, 47].Autopoesis has developed both conceptually and computationally over  
 172 the past 50 years, serving as an important guideline for constructing artificial agency.

173 **B Graphical abstract**

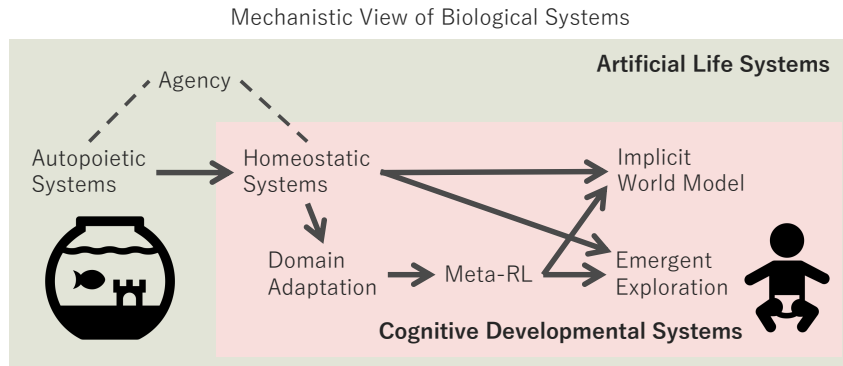


Figure 1: Relation diagram of our proposal on the emergent abilities of autonomous cognitive developmental systems, from mechanistic (= undirected, unsupervised) perspective of autonomous biological systems.

174 **C Architecture for Mortal Agent**

175 By combining recent meta-RL [34, 35] and deep homeostatic RL, we propose the possibility of  
 176 explaining IM as an emergent property of systems adapting to a domain, together with a world model.  
 177 To do this, we first focus on the possibility of mapping meta-RL and homeostasis RL (Figure 2).  
 178 Specifically, the external observations  $x_t$ , latest action selection  $a_{t-1}$ , and latest reward  $r_{t-1}$  required  
 179 for domain adaptation in meta-RL. These multi-modal observation are thought to correspond to  
 180 exteroception  $x^e$ , proprioception  $x^p$ , and interoception  $x^i$ , in homeostatic RL [25] respectively. The  
 181 multi-modal observation is common situation in studies of cognitive developmental robotics [48, 49].  
 182 Therefore, the inclusion of a recurrent neural networks (RNNs), which is essential for meta-RL, in the  
 183 model architecture of homeostasis RL agent may minimally lead to the potential for a meta-learning  
 184 ability.

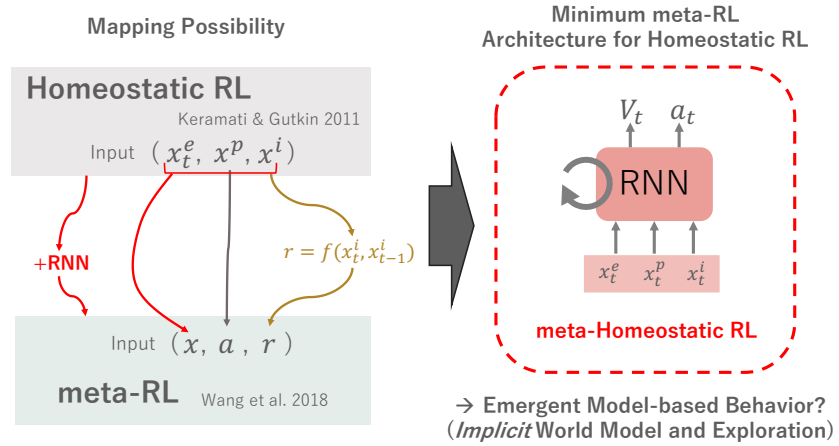


Figure 2: Implication of homeostatic extrinsic reward system combined with recurrent connection for the emergence of implicit world models and exploration.