HuMouS: <u>Human Mo</u>tion Synthesis with Fine GRAINED CONTROL <u>U</u>SING LATENT <u>Space Manipu-</u> LATION OF CYCLE-CONSISTENT DIFFUSION MODELS

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Paper under double-blind review

Abstract

We address the problem of spatially guided text-to-motion synthesis. While there has been work to incorporate spatial constraints in text-to-motion diffusion models, existing methods still face significant challenges in generating motions that align with the conditional controls. To this end, we propose Cycle Consistent Diffusion, a novel approach that improves controllable generation by explicitly optimizing frame-level cycle consistency between generated motions and conditional controls. Specifically, for an input conditional control, we ensure that the output motion and the input spatial constraint are forced to be consistent. A straightforward implementation though consistent with the input often does not match fine-grained control signals. To this end, we introduce a novel test-time optimization framework that directs our pre-trained cycle consistent diffusion model towards user-defined sparse constraints. We demonstrate approximately 5 to 10 percent improvement in controllability of motion synthesis on the HumanML3D dataset, while significantly reducing foot skating artifacts.

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1 INTRODUCTION

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Controlled Human Motion synthesis is essential for several applications ranging from gaming to robotics. The problem is challenging due to the immense space of possible human motions and the 031 cost of capturing high-quality data. Recently, the emergence and improvements of diffusion models (Tevet et al., 2023b), along with the introduction of large-scale motion datasets such as AMASS 033 (Mahmood et al., 2019) and the concomitant text-labeled motion datasets (Guo et al., 2022b) have 034 lead to significant strides in text-to-motion generation. However, several commands cannot be entirely provided using text descriptions, and thus the provision of only text as the control signal is insufficient for several applications such as fine-grained human interaction synthesis. Often, an an-037 imator wants to provide a sparse spatial control signal along with a text input (Starke et al., 2019; 038 Clavet, 2016). For example, an animator may wish for the precise end-effector of a character to terminate a specific location or for the character to sit at a specific location in space. In this work, we focus on the problem of incorporating spatial control signals over any joint at any given time into 040 text-conditioned human motion generation, as shown in Fig. 1. 041

042 This problem poses significantly more challenges. While text provides an abstract signal that may be 043 satisfied by multiple generated sequences, spatial signals provide more difficult constraints. For the 044 objective to be adequately satisfied, the synthesized motion must match the precise spatial constraint provided by the animator, whereas such fine-grained alignment requirements are absent for textguided synthesis. While there have been studies on incorporating spatial constraints (Xie et al., 046 2024; Karunratanakul et al., 2023a; Shafir et al., 2024) in diffusion-based motion synthesis methods, 047 they either rely on approximate guidance to guide diffusion models towards motions that satisfy 048 constraints or they require inpainting at every denoising step which in turn requires a very dense control signal. As such, their performance for sparse spatial constraints remains unsatisfactory. 050

To this end, we propose a novel solution that casts the problem of motion synthesis as a simultaneous sampling and optimization problem. We design a novel objective that directs spatially constrained pre-trained diffusion motion models toward satisfying user-defined sparse joint constraints. Our solution draws inspiration from ideas of test-time alignment introduced in research related to the



Figure 1: Given sparse spatial constraints and a text command, our method can synthesize diverse motions such as 'sit,' 'grab,' and 'crawl' and can synthesize walking in various styles while accurately following sparse spatial constraints.

sampling of text-to-image diffusion models (Prabhudesai et al., 2023; Eyring et al., 2024; Tang et al., 2024; Fan et al., 2023).

When used with existing motion diffusion architectures, such a test-time optimization often leads to degenerate solutions. To address this problem, we design a novel, Cycle Consistent, Spatially Constrained Diffusion Model that generates motions in accord with animator-provided spatial constraints. The idea is that if we translate motion from the control domain to the synthesized domain and back, we should arrive where we started. We leverage this insight to explicitly design a loss that encourages such consistency during the synthesis process.

A proper solution design adopting this idea is critical as a naive implementation typically ignores the text prompt while fully satisfying the spatial constraint, i.e., the diffusion model satisfies the reward
 - in our case, the spatial constraint - but ignores the original prompt. This is a common observation
 in diffusion sampling, called 'reward hacking' Tang et al. (2024). To address this, we introduce a novel loss function in the context of human motion that penalizes motions in the low support region of the original Gaussian noise and thus prevents reward-hacking.

Our full framework leads to 5 - 10 percentage point improvements in terms of foot-skate ratio and control error over existing state-of-the-art spatially controlled motion synthesis methods on the HumanML3D dataset. We further demonstrate that when coupled with path planning, our idea can be used to generate long-term human motion in diverse 3D scenes. By using some user-provided spatial locations in a 3d scene as key points to direct motion, we synthesize diverse motions such as walking with raised hands and twirling chained together in 3D scenes. To the best of our knowledge, our paper is the first to demonstrate the use of diffusion models for the synthesis of chained, diverse motion with fine-grained control in 3D scenes.

To summarize, our contributions are 1) We propose a novel algorithm *HuMouS* for controlled motion
 synthesis that leads to state-of-the-art results in spatially constrained text-to-motion synthesis. 2) We
 introduce the idea of a cycle-consistent spatially constrained diffusion model for controlled motion
 synthesis. 3) We demonstrate that when coupled with path-planning and incorporating some sparse
 user-provided constraints, our framework allows for synthesizing chained diverse motions in large 3D scenes.

108 2 RELATED WORK

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Diffusion Models Diffusion-based probabilistic generative models (DPMs) are a class of generative 111 models learned by progressive denoising of the input data, (Ho et al., 2020; Sohl-Dickstein et al., 112 2015; Song & Ermon, 2019; Song et al., 2021b). Diffusion models have been successfully shown 113 to produce state-of-the-art results in a range of diverse tasks: such as image generation (Ramesh 114 et al., 2022; Rombach et al., 2022; Saharia et al., 2022), image-conditioned editing (Meng et al., 115 2022; Choi et al., 2021; Brooks et al., 2023; Hertz et al., 2022; Balaji et al., 2022), super-resolution 116 (Saharia et al., 2021; Li et al., 2022), 3D shape generation (Poole et al., 2022; Watson et al., 2022), 117 speech synthesis (Kong et al., 2021; Popov et al., 2021), video generation (Ho et al., 2022b;a), controlled image synthesis (Zhang et al., 2023; Ju et al., 2023) depth estimation (Saxena et al., 118 2023) and reinforcement learning (Janner et al., 2022). Our method is inspired by Controlnet++ 119 (Li et al., 2024) which produces SoTA results for text-to-image synthesis by introducing the idea of 120 cycle consistency. In contrast, our method focuses on human motion synthesis. 121

122 **Controlling Diffusion Models** Several methods have been proposed to introduce conditioning fac-123 tors into the denoising process of diffusion models such as inpainting, (Chung et al., 2022; Choi et al., 2021; Meng et al., 2022), classifier-based guidance (Dhariwal & Nichol, 2021; Chung et al., 124 2022), and classifier-free guidance (Rombach et al., 2022; Saharia et al., 2022; Ramesh et al., 2022; 125 Ho & Salimans, 2022). It has also been shown possible to embed images into the latent codes of the 126 diffusion model by hacking the denoising process (Meng et al., 2022), optimizing for latent codes 127 (Wallace et al., 2023) (Huberman-Spiegelglas et al., 2024). More recently, performing a sampling-128 time operation has been shown to be a powerful paradigm for synthesizing better image samples 129 (Ben-Hamu et al., 2024; Novack et al., 2024; Tang et al., 2024). 130

Human Motion Prediction. Human Motion Prediction is a long-studied problem in vision and 131 graphics. Early works use Hidden Markov Chains (Brand & Hertzmann, 2000) and Gaussian Pro-132 cesses (Wang et al., 2007), physics-based models (Liu et al., 2005) for predicting future motion. 133 Recurrent neural networks (Graves, 2013; Hochreiter & Schmidhuber, 1997) have been used for 134 motion prediction (Fragkiadaki et al., 2015; Martinez et al., 2017; Alahi et al., 2016) also in com-135 bination with Graph Neural Networks (Kipf & Welling; Mao et al., 2019; Li et al., 2020b; Dang 136 et al., 2021), and variational Auto-encoders (Kingma & Welling, 2014; Habibie et al., 2017; Zhang 137 et al., 2021; Yuan & Kitani, 2020). Transformers have recently emerged as a powerful paradigm for 138 motion synthesis (Aksan et al., 2020; Li et al., 2021; 2020a; Petrovich et al., 2021; 2022). Motion 139 Inbetweening (Duan et al., 2021; Harvey et al., 2020; Oreshkin et al., 2022; Yuan et al., 2022; Aksan 140 et al., 2019; Kaufmann et al., 2020) is another classic paradigm for motion synthesis where the task is to fill in frames between animator provided keyframes. However, unlike our method, they do not 141 focus on spatially constrained motion synthesis. 142

Human Motion Synthesis. Motion matching (Reitsma & Pollard, 2007), learned motion matching (Clavet, 2016; Holden et al., 2020) and motion graphs (Lee et al., 2002; Fang & Pollard, 2003; Kovar et al., 2008; Safonova et al., 2004; Safonova & Hodgins, 2007) are common methods employed in the video-gaming industry for generating kinematic motion sequences.

147 Deep learning variants such as Holden et al. (Holden et al., 2017) introduce phase-conditioning in 148 an RNN to model the periodic nature of walking motion. In several works by Starke et al. (Starke 149 et al., 2019; 2021; 2020), the idea of motion phases is used for motion synthesis in various settings 150 such as a basketball game and synthetic objects. All these methods generate high-quality motion 151 but often require manual work for non-intuitive phase labeling of phases in motion sequences. More 152 recently (Tevet et al., 2023b), diffusion models have emerged as a powerful paradigm for human motion synthesis. Several follow-up works introduce physics (Yuan et al., 2023), blended-positional 153 encoding (Barquero et al., 2024), field-based pose conditioning (Kulkarni et al., 2023) for improved 154 motion quality. However, unlike our paper, they do not focus on fine-grained spatial constraints 155 or do not condition on text. Closely related to our work, (Karunratanakul et al., 2023a) introduces 156 the idea of optimizing latent codes of motion diffusion models, but unlike us they focus on motion 157 editing and as our experiments indicate, their performance remains unsatisfactory for sparse-control 158 signals. 159

Humans in 3D Scenes. The relationship between humans, scenes, and objects is another long-studied problem. Early works include methods based on 3D object detection (Gupta & Davis, 2007; Gupta et al., 2011) and affordance prediction using human poses (Delaitre et al., 2012; Grabner

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Figure 2: We train a spatially constrained diffusion by enforcing cycle consistency between the input constraint and the synthesized motion.

179 et al., 2011; Fouhey et al., 2014). Several recent works generate plausible static poses conditioned 180 on a 3D scene (Li et al., 2019; Zhang et al., 2021; Wang et al., 2017; Zhang et al., 2020; Hassan et al., 181 2021b; Zhao et al., 2022) using recently captured human interaction datasets (Hassan et al., 2019; 182 Guzov* et al., 2021; Savva et al., 2016; Bhatnagar et al., 2022; Taheri et al., 2020; Cao et al., 2020). 183 Some works use reinforcement learning to synthesize walking in 3D scenes (Ling et al., 2020; 184 Zhang & Tang, 2022; Hassan et al., 2023). Other works focus on a single action, such as grabbing 185 or sitting (Taheri et al., 2022; Wu et al., 2022; Hassan et al., 2021a; Zhang et al., 2022) while others 186 use VAE or mixture-of-experts networks to generate short term motion in 3D scenes. (Wang et al., 187 2022; 2021a; Cao et al., 2020; Wang et al., 2021b). Unlike our method, all these methods generate repetitive walking motion and do not focus on text or spatial guidance in their synthesis process. 188

3 METHOD

192 We aim to synthesize human motion corresponding to user-provided sparse animation signals (such 193 as the location of the hand and the foot). To this end, we represent all motion parameters in relative 194 coordinates (Sec. 3.1). We first train a Spatially constrained Diffusion Model (Sec. 3.2) with Cycle 195 Consistency for Joints (Sec. 3.3. We then refine the output of this step using a novel test time 196 refinement step (Sec. 3.4). In Sec. 3.5 we further demonstrate that such motions can be chained for the synthesis of chained diverse motions in large 3D scenes. 197

3.1 BACKGROUND

200 Motion generation with diffusion model. A diffusion probabilistic model is a generative denoising 201 model that learns to invert a forward diffusion process. A forward diffusion process is defined as 202 $q(\mathbf{x}_t|\mathbf{x}_0) = \mathcal{N}(\sqrt{\alpha_t}\mathbf{x}_0, (1-\alpha_t)\mathbf{I})$ where \mathbf{x}_0 is a clean motion and \mathbf{x}_t is a noisy motion at the level 203 of t defined by noise schedule α_t . Due to the specific design of the diffusion process, the reverse 204 diffusion denoising process $p(x_{t-1}|x_t, x_0)$, which starts from pure Gaussian noise x_T generates 205 human motion, can be approximated as.

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$$p(\boldsymbol{x}_{t-1}|\boldsymbol{x}_t) = \mathcal{N}(\boldsymbol{\mu}_t, (1 - \alpha_t)\boldsymbol{I}),$$
(1)

where $x_t \in \mathbb{R}^{N \times D}$ denotes the motion at the tth noising step and there are T diffusion denoising 209 steps in total. Following (Tevet et al., 2023b), the standard in motion synthesis is to represent motion 210 as an array of N poses stacked together, where each pose has a dimension equal to the number of 211 joints in the skeleton used D is the number of features corresponding to all joints in the frame. 212

The mean in each step is μ_t , which is an approximated neural network \mathcal{D} that learns to predict 213 ground-truth motion from noisy motion. $\widehat{x}_0 = \mathcal{D}(x_t, t, c_t; \theta)$ conditioned on the timestep t and a 214 text input c_t . The text condition is passed through a clip encoder (Tevet et al., 2023b) before being 215 concatenated with the motion sequence.

The exact $\mu_t(\theta)$ can be computed as:

$$\boldsymbol{\mu}_{t} = \frac{\sqrt{\bar{\alpha}_{t-1}}\beta_{t}}{1-\bar{\alpha}_{t}}\widehat{\boldsymbol{x}_{0}} + \frac{\sqrt{\alpha_{t}}(1-\bar{\alpha}_{t-1})}{1-\bar{\alpha}_{t}}\boldsymbol{x}_{t}$$
(2)

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223 224 where $\beta_t = 1 - \alpha_t$ and $\bar{\alpha}_t = \prod_{s=0}^t \alpha_s$.

The model parameters θ are optimized to minimize the objective

$$\mathcal{L}_{\text{train}} = \|\widehat{\boldsymbol{x}_0} - \boldsymbol{x}_0\|_2^2 \tag{3}$$

where x_0 is the ground-truth human motion sequence. We denote the whole function involving all the denoising steps as \mathcal{G} . In essence, at test time, we have a function $\mathcal{G} : \mathbb{R}^{N \times D} \mapsto \mathbb{R}^{N \times D}$ that maps Gaussian Noise X_T to motion sequences.

While diffusion models are stochastic, there exist deterministic sampling processes that share the same marginal distribution. These processes include those defined by probability flow ODE (Song et al., 2021b) or by reformulating the diffusion process to be non-Markovian as in DDIM (Song et al., 2021a).

Motion representation. Following (Tevet et al., 2023a) and Guo et al. (2022b), the relative-root representation (Guo et al., 2022a) has been widely adopted for text-to-motion diffusion models. This idea represents motions as a matrix of human joint features over the motion frames with shape $N \times D$, where D = 263 and N are the representation size and the number of motion frames, respectively. Each motion frame represents root relative rotation and velocity, root height, joint locations, velocities, rotations, and foot contact labels.

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3.2 SPATIALLY CONSTRAINED DIFFUSION MODEL

Our goal is to train a spatially constrained diffusion model which synthesizes motion in accordance with a user-provided spatial constraint c_s and text-prompt c_t . While the user is free to provide spatial constraints corresponding to any frame in the motion sequence or to any joint in any of the frames we ensure that these constraints are represented in a standard format $c_s \in \mathbb{R}^{N \times D}$ to ensure alignment with the motion representation 3.1.

In order to modify the diffusion approximation function for it it incorporates spatial constraints c_s as well $\mathcal{D}(\boldsymbol{x}_t, t, \boldsymbol{c}_t, \boldsymbol{c}_s; \theta)$, we use a spatial module \mathcal{P} which learns to parse the 3D sparse locations provided by the user. Specifically, it is a trainable copy of the Transformer encoder in the motion diffusion model that learns to enforce the spatial constraints. In addition to the spatial constraint c_s , this module also takes the text constraint c_t as input.

The main transformer, instead of only using self-attention during the forward pass, unlike the original MDM formulation, also incorporates a cross-attention layer. After every self-attention layer that processes the noisy motion x_t , we use a cross-attention block with the output of the spatial block $P(c_s, c_t)$. To effectively handle the sparse control signals in time, we mask out the features at frames where there are no valid control signals,

Inspired by (Zhang et al., 2023; Xie et al., 2024), the spatial module is initialized with zeros, so that at the beginning, it has numerically insignificant output. As the training goes on, the spatial module learns the spatial constraints and adds the learned feature corrections to the corresponding layers in the motion diffusion model to amend the generated motions implicitly.

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3.3 CYCLE CONSISTENCY FOR JOINTS

Following (Xie et al., 2024), to reduce ambiguity inherent in the local pose representation (Sec. 3.1), the spatial control signal c_s is provided in the global 3D coordinates. However, this introduces a discontinuity between the input-output spaces of the diffusion model (Sec. 3.1) We transform the output of the diffusion model from local space using a function \mathcal{T} that lifts the output of the diffusion model $G(c_s, c_t, x_T, t)$ from local coordinates to global coordinates, where $G(c_s, c_t, x_T, t)$ denotes the full function that the model performs to generate the motion x_0 from random noise x_T .

This operation ensures that the input constraint and the output of the diffusion model are in the same space and allows us to quantify the output further. Once transformed into global coordinate $\mathcal{T}(\mathcal{G})$

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Figure 3: We optimize for the latent code of our spatially constrained diffusion model. A naive implementation often ignores the text and generates foot-skate. Hence, we use a specific initialization and regularization.

can be sub-sampled using $m{m_s} \in [0,1]^{N imes D}$ - the mask of the user provided constraint to mask out non-controlled joints. We minimize the consistency loss between the input condition c_s and the corresponding output condition (see. Fig. 3) \hat{c}_s of the generated motion $\mathcal{T}(\mathcal{G}(c_s, c_t, x_T, T))$:

$$\mathcal{L}_{\text{cycle}} = \mathcal{L}(\boldsymbol{c}_{\boldsymbol{s}}, \boldsymbol{m}_{\boldsymbol{s}} \odot \mathcal{T}(\mathcal{G}(\boldsymbol{c}_{\boldsymbol{s}}, \boldsymbol{c}_{\boldsymbol{t}}, \boldsymbol{x}_{\boldsymbol{T}}, T)$$
(4)

However, imposing a cycle-consistent loss involving the whole diffusion process is impractical because of the spatial requirements of a GPU. Instead of randomly sampling from noise, we add noise to the training motion x_0 , using the forward process $q(x_t|x_0)$ (Sec. 3.1), thereby explicitly disturbing the consistency between the diffusion inputs x_0 and their conditional spatial control c_s .

When the added noise is small, the original motion can be predicted x_0 by performing a single-step sampling on the disturbed motion sequence x_t and by directly using the denoised motion $\hat{x}_0 =$ $\mathcal{D}(\boldsymbol{c_s}, \boldsymbol{c_t}, \boldsymbol{x_t}, t)$ to impose the cycle consistency loss:

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$$\mathcal{L}_{\text{cycle}} = \mathcal{L}(c_s, m_s \odot \mathcal{T}(\mathcal{D}(c_s, c_t, x_t, t))).$$
(5)

302 Essentially, the process of adding noise destroys the consistency between the input and its condition. 303 Then the cycle consistency loss in Eq. 4 instructs the diffusion model to generate motion that 304 can reconstruct the consistency, thus enhancing its ability to follow the spatial constraint during generation. We find, following Li et al. (2024), that only when the timestep is less than a threshold 305 t_{thresh} is there enough information in the reconstructed motion for it to be possible to impose a 306 cycle consistency constraint. Thus the loss is the combination of diffusion training loss and reward 307 loss: 308

$$\mathcal{L}_{\text{total}} = \begin{cases} \mathcal{L}_{\text{train}} + \lambda \cdot \mathcal{L}_{\text{cycle}}, & \text{if } t \leq t_{\text{thre}}, \\ \mathcal{L}_{\text{train}}, & \text{otherwise,} \end{cases}$$
(6)

where t_{thre} denotes the timestep threshold, which is a hyper-parameter used to determine whether a noised motion x_t should be utilized for reward fine-tuning.

314 3.4 RUNTIME REFINEMENT

The spatially constrained diffusion model allows us to inject 3D sparse spatial constraints into a 316 text-to-motion synthesis framework. However, we observe that when used as a stand-alone module, 317 the network fails to follow the exact spatial constraint. We find that the latent space of the learned 318 Spatially constrained diffusion model (Sec. 3.2) is smooth when the spatial constraint is fixed. This 319 motivates performing optimization on an expressive *latent* space z, which provides valid motion 320 samples when decoded (Fig. 3.4). A naive refinement task can be formulated by minimizing the 321 following loss: 322

$$\mathcal{L}_{reward} = ||\boldsymbol{m}_s \odot \mathcal{T}(\mathcal{G}(\boldsymbol{z}, \boldsymbol{c}_s, \boldsymbol{c}_t, T)) - \boldsymbol{c}_s||_2)$$
(7)

It should also be noted here that when the optimization is performed with a naive text-to-motion
 diffusion model without any spatial conditioning, the method produces significant foot-skating. We
 hypothesize that the latent space of the spatial conditioned diffusion model is fundamentally different
 from the latent space of a regular Motion Diffusion Model as it is significantly biased towards the
 conditional path provided during training. trajectories when the motion covers a long spatial extent.
 (See Sec. 4)

We find that when formulated as above, with random initializing, the optimization outputs motion that satisfies the reward but ignores the text. This is a known problem in sampling from diffusion models (Eyring et al., 2024; Tang et al., 2024) commonly called 'reward-hacking' where the model satisfies the optimization constraint but ignores other inputs. To address this problem, we use two key ideas:

Initialization. We use the output of $\mathcal{G}((c_s, c_t, x_T, T))$ embedded back into the latent space of \mathcal{G} , using DDIM Inversion Song et al. (2020) to initialize the refinement step. We find that setting the text to an empty string leads to significant improvement in the optimization results and, as such, do not use the original noise vector mapped x_T but embed the synthesized motion back to the latent code with the text-off diffusion model. Please note that without our spatially constrained diffusion, it would be impossible to provide any dense initialization to the method, and without initialization, the method produces significant foot-skate.

Probability Regularization. Although this strategy provides an initialization where the spatial
 constraints are satisfied coarsely, the optimization still generates solutions where the input text is not
 precisely followed and focuses more on satisfying the explicit test-time constraint. To address this,
 we regularize noise vectors to remain within the high-probability region of the Gaussian distribution
 as follows:

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$$\mathcal{L}_{reg} = \mathbb{E}_{\Pi} \left[\log p_1(M_1(\Pi \boldsymbol{z})) + \log p_2(M_2(\Pi \boldsymbol{z})) \right], \tag{8}$$

where Π is a permutation matrix and $p_1(M_1())$ and $p_2(M_2())$ are regularization functions used in High-Dimensional Statistics Wainwright (2019); Tang et al. (2024). We find this regularization to be essential for alleviating reward hacking problems in spatially constrained motion synthesis.

354 The final refinement problem is thus:

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 $\boldsymbol{z}^* = \operatorname*{arg\,min}_{\boldsymbol{z}} \mathcal{L}_{refine} = \mathcal{L}_{reward} + \gamma \mathcal{L}_{reg}. \tag{9}$

This optimization is iteratively solved using gradient descent. Starting from the initialized noise, we arrive at a prediction x, and evaluate the criterion function \mathcal{L}_{refine} , then obtain the gradient $\nabla_z \mathcal{L}_{refine}$ by backpropagating through the diffusion function \mathcal{G} s To obtain the desired motion, we pass the optimized noise vector through the diffusion model $x_F = \mathcal{G}(c_s, c_t, z^*)$. We denote the entire algorithm detailed above using function \mathcal{F} . Hence, $x_F = \mathcal{F}(c_s, c_t)$.

3.5 CHAINED MOTION IN 3D SCENES

In this section, we demonstrate how *HuMouS* can also be used to synthesize human motion in large 3D scenes.

Input. We assume that the user provides P sets of action-points $\mathcal{A} = \{a_i\}_{i=1}^{P}$, and action-texts $\mathcal{B} = \{b_i\}_{i=1}^{P}$. Each text command details what action is to be performed and the keypoint details where the action is to be performed, such as "person walks while waving" or "a person sits". The actions-points are sparse - such as the location of the root (for example to indicate that the character should sit at location) or the location of the right hand (for example to indicate that a person should perform a waving action at that location).

Separate Synthesis. Corresponding to the P sets of instructions, we first synthesize P sets of motion sequences. We do so by first computing an obstacle-free path between two different action-points using the A-starHart et al. (1968) algorithm. If these paths are longer than a pre-determined length, they are further broken into waypoints.



Figure 4: Our method allows for the synthesis of chained diverse motions such as dancing in 3D scenes.

These waypoints act as the sparse spatial constraint guiding the motion synthesis process. We create a spatial control singal where the root location of frames 2 seconds apart are constrained to match the waypoints. Thus corresponding to each of the *P* instructions we define a sparse spatial constraint $\{c_s^j\}_{j=1}^P$ and $\{c_t^j\}_{j=1}^P$. Now we use these constraints with our function \mathcal{F} to generate *P* separate disjointed motion sequences - $\{s^j = \mathcal{F}(c_s^j, c_t^j)\}_{j=1}^P$ that avoid obstacles in a 3D scene and follow user-provided spatial and textual constraints.

399 **Chained Synthesis.** Next we describe how these disjointed motion sequences $\{s^j\}_{j=1}^P$ are joined 400 together to form a long chained coherent motion sequence. To join sequence j and j + 1, we sample 401 the last Q frames from s^{j} and the spatial constraint c_{s}^{j} along with the first Q frames from s^{j+1} 402 and the sparse spatial constraint c_s^{j+1} . We aim to synthesize J = N - (2Q) motion frames that 403 synthesize the transition between the two motion sequences. These two subsampled sparse spatial constraints are joined together to form an N timeframe long sparse spatial constraint c_{join} where 404 the middle J frames are left blank. Furthermore, since we use the SMPL parameters to represent 405 our motion, we can define a dense spatial constraint on the 2Q known frames. Please note that these 406 motion sequences are synthesized by the function \mathcal{F} and hence all the SMPL, joint parameters are 407 known. The target c_{tar} thus contains joint information for every joint in the first Q frames and 408 the last Q frames and is left blank for the middle J frames. Using this information, we perform a 409 refinement step that minimizes 410

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 $\mathcal{L}_{reward} = ||\boldsymbol{m}_{tar} \odot \mathcal{T}(\mathcal{G}(\boldsymbol{c}_{join}, \boldsymbol{z}, T)) - \boldsymbol{c}_{tar}||_2)$ (10)

The mask m_{tar} is defined such it is blank for the middle J frames and full for the known Q frames. In essence we aim to synthesize a motion sequence where the first Q and last Q frames match the motion synthesized in the previous step but the diffusion prior is asked to inpaint the Q frames in the middle.

The steps outlined above are repeated for all the P-1 transitions to finally synthesize a long chained motion sequence that respects the spatial, textual constraints defined by the user along with the constraints of the 3D scene. Please note that we do not claim to generate SoTA human motion in 3D scenes but are trying to show that diffusion allows for the synthesis of diverse chained motions in large 3d Scenes which to the best of our knowledge has not been shown before.

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4 Experiments

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Implementation Details. All our experiments are done with pytorch on a single NVIDIA V100 GPU. For all experiments, we use the Adam optimizer with a decaying learning rate that starts from 10⁻⁵. For the refinement part, we use 400 steps. Our diffusion model is trained with T=1000 steps. For the refinement step, we use a deterministic DDIM-Sampler for mapping noise to motion with only 10 steps. There is a trade-off between quality and speed and we find 10 steps to be a reasonable compromise in this regard.

	Joint	R-Precision \uparrow	Diversity \uparrow	Foot-Skate \downarrow	Traj Err \downarrow	Loc. Error \downarrow	Avg Err. \downarrow
Ours		0.724	9.72	0.0596	0.0389	0.0081	0.034
Omnicontrol	Pelvis	0.691	9.545	0.0571	0.0404	0.0085	0.0367
DNO		0.603	9.345	0.0672	0.0404	0.0085	0.0389
Ours		0.699	9.733	0.0662	0.0594	0.0094	0.0314
Omnicontrol	Left Foot	0.696	9.553	0.0692	0.0594	0.0094	0.0314
DNO		0.603	9.345	0.0672	0.0404	0.0085	0.0389
Ours		0.721	9.56	0.0648	0.0646	0.0101	0.0314
Omnicontrol	Right Foot	0.701	9.481	0.0668	0.0666	0.0120	0.0334
DNO		0.603	9.345	0.0672	0.0404	0.0085	0.0389
Ours		0.694	9.736	0.0523	0.0701	0.0114	0.0501
Omnicontrol	Left Hand	0.680	9.436	0.0562	0.0801	0.0134	0.0529
DNO		0.712	9.048	0.069	0.078	0.0156	0.0558
Ours		0.701	9.690	0.0559	0.0792	0.0121	0.0463
Omnicontrol	Right Hand	0.692	9.519	0.0601	0.0813	0.0127	0.0519
DNO		0.768	9.040	0.0676	0.819	0.0145	0.0489
Ours		0.723	9.233	0.0561	0.0597	0.0092	0.0371
Omnicontrol	All	0.693	9.016	0.0608	0.0617	0.0107	0.0404
DNO		0.630	8.930	0.0793	0.0795	0.0011	0.0416

Table 1: Quantitative Results on the Human ML3D Dataset

455 Metrics. We adopt the evaluation protocol from (Xie et al., 2024). To evaluate and ablate our method we use the following metrics: 456

457 *R*-*Precision* evaluates the **relevancy** of the generated motion to its text prompt, while *Diversity* mea-458 sures the **variability** within the generated motion. In order to evaluate the controlling performance, 459 following (Karunratanakul et al., 2023b), we report *foot skating ratio* as a proxy for the **incoher**-460 ence between trajectory and human motion and physical plausibility. We also report Trajectory error, Location error, and Average error of the locations of the controlled joints in the keyframes to 461 measure the control accuracy. 462

463 Following (Xie et al., 2024), all evaluations are done to generate 196 frames and five sparsity levels 464 in the controlling signal, including 1, 2, 5, 49 (25% density), and 196 keyframes (100% density). 465 The time steps of keyframes are randomly sampled. We report the average performance over all 466 density levels.

467 **Datasets.** When applicable, we evaluate generated motions on the HumanML3D (Guo et al., 2022b) 468 dataset, which contains 44,970 motion annotations of 14,646 motion sequences from AMASS (Mah-469 mood et al., 2019) and HumanAct12 (Guo et al., 2020) datasets. 470

Baselines. We compare our method with the two strongest current baselines - Omnicontrol (Xie 471 et al., 2024) and DNO (Karunratanakul et al., 2023a). Please note that as Xie et al. (2024) reports 472 numbers for Shafir et al. (2024) that are significantly worse tha Xie et al. (2024), we do not compare 473 with it. However, DNO focuses mainly on motion editing while we focus on controlled motion 474 synthesis, We modify the method slightly to ensure that the comparison is fair. For initialization, 475 we use a motion that is synthesized using MDM as there is no straightforward way to input spatial 476 constraints to DNO. All of these existing methods use the same pose representations and thus 477 inherit the limitations detailed in 3.1.

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Our method also surpasses the previous state-of-the-art method Omnicontrol by reducing Avg. Control err. by 5 to 10%. In addition, our foot skating ratio is the lowest compared to all other methods.

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186 187		R-Precision \uparrow	Diversity \uparrow	Foot-Skate ↓	Traj Err↓	Loc. Error ↓	Avg Err. \downarrow
88	w/o cycle	0.724	9.721	0.0603	0.0389	0.0099	0.0399
89	w/o spatial	0.691	9.545	0.0571	0.0502	0.0125	0.0467
0	w/o initialization	0.599	9.733	0.0662	0.0598	0.0094	0.0384
)1	w/o regularization	0.644	8.542	0.0601	0.0594	0.0088	0.0364
92 93	Full	0.723	9.233	0.0621	0.0597	0.0092	0.0371

Table 2: Ablation Study regarding the various components of our method.



508 Figure 5: Text Prompt: A person walks while playing a violin. As the figure indicates, DNO often 509 fails to obey the precise user-provided trajectory and ignores the text prompt, while Omnicontrol 510 and DNO often produce significant foot skating artifacts. Overall, our method produces the most 511 natural poses and follows the input prompt more closely.

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ABLATION STUDIES 4.1

517 In this section we ablate the various components of our method. 518

There are two main components of our method: the learning part and the refinement part. In this 519 experiment, we ablate the various components of the learning part of our method. The results of 520 these experiments are reported in Table. 2. We switch off the cycle, and spatial encoder and do not 521 perform any refinement. To analyze the components of our refinement step, in an experiment, we 522 don't use any initialization, and in another one, we switch off the regularization loss. These results 523 are reported in lines 4 and 5 of the table. As Table 2, shows all component lead to incremental 524 improvements. 525

It should be noted that though the regularization and initialization increase Foot-Skate and slightly 526 degrade the quality of control over the motion, they significantly improve the motion's fidelity to the 527 text prompt. 528

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5 CONCLUSION

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533 We have presented a novel method for spatially constrained text-to-motion synthesis. We introduce 534 the idea of cycle consistency in the context of human motion and show that it leads to improved per-535 formance. We also introduce the idea of latent space manipulation with a novel test-time optimiza-536 tion algorithm that directs pre-trained spatially constrained diffusion models toward user-defined 537 preferences. We have further demonstrated that when coupled with path planning and some userprovided sparse key points, our framework can synthesize long-term human motion in 3D scenes. 538 We hope our work will inspire further research in the field of text-to-motion synthesis and contribute to advancements in computer animation.

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