# **Discovering and Achieving Goals with World Models**

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### Abstract

010 How can an artificial agent learn to solve a wide range of tasks in a complex visual environment in the absence of external supervision? We decompose this question into two problems, global exploration of the environment and 015 learning to reliably reach situations found during exploration. We introduce the Explore Achieve Network (ExaNet), a unified solution to these by 018 learning a world model from the high-dimensional images and using it to train an explorer and 020 an achiever policy from imagined trajectories. Unlike prior methods that explore by reaching previously visited states, our explorer plans to discover unseen surprising states through foresight, which are then used as diverse targets 025 for the achiever. After the unsupervised phase, ExaNet solves tasks specified by goal images 027 without any additional learning. We introduce 028 a challenging benchmark spanning across four 029 standard robotic manipulation and locomotion domains with a total of over 40 test tasks. Our agent substantially outperforms previous approaches to unsupervised goal reaching and achieves goals that require interacting with multiple objects in sequence. Finally, to demonstrate the scalability and generality of our approach, we train a single general agent across four distinct environments. For videos, see https://sites.google.com/view/ exanet/home.

#### 1 Introduction

This paper tackles the question of how to build an autonomous agent that can achieve a diverse set of tasks specified by a user at test time, such as a legged robot standing in certain pose, a robotic arm rearranging blocks between bins, or performing chores in a kitchen. Such a general system would be difficult to realize within the traditional reinforcement learning (RL) paradigm, where a user specifies task rewards that the agent finds by sampling its environment. Designing task rewards requires domain knowledge, is time-consuming, and prone to human errors. Moreover, traditional RL would have to explore and retrain for every

#### **Unsupervised Interaction**



Figure 1: ExaNet learns a world model without any supervision, and uses it to train two policies in imagination. The *explorer* finds new images and the *achiever* learns to reach them. Once trained, the achiever reaches user-specified goals zero-shot without further training at test time.

new task. Instead, the problem of solving diverse tasks is often studied under the paradigm of unsupervised RL, where an agent learns skills without any supervision, which enable solving human-specified goals with no further training.

**Two challenges** Building a capable unsupervised agent for reaching arbitrary goals presents two major challenges. First, the user-specified goals are often diverse and rare situations, hence the agent needs to globally explore its environment. Second, the agent then needs to learn to reliably achieve the diverse intrinsic goals it found during exploration to prepare itself for user-specified goals at test time. We propose a unified approach that learns a world model together with an explorer policy and a goal achiever policy in a fully unsupervised manner to address both challenges.

**Goal exploration** Prior methods for unsupervised goal reaching approach the exploration problem by relabeling trajectories with previously visited states as goals (Andrychowicz et al., 2017; Warde-Farley et al., 2018) or by sampling goals from a density model of previous inputs (Nair et al.,

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Discovering and Achieving Goals with World Models



Figure 2: We benchmark our method across four visual control tasks of varying difficulty: RoboYoga (Walker, Quadruped), RoboBins, and RoboKitchen. A representative sample of the test-time goals is shown here. RoboYoga benchmark features complex locomotion and precise control of high-dimensional agents, RoboBins features manipulation with multiple objects, and RoboKitchen features a variety of diverse tasks that require complex control strategies such as opening a cabinet.

2018). The goals can be sampled uniformly (Nair et al., 2018), or rarely visited goals can be oversampled (Ecoffet et al., 2019; Pong et al., 2019; Zhang et al., 2020). These approaches have in common that they explore by visiting goals that either have been reached before or are interpolations of previously reached states. They do not explore far beyond the frontier and suffer from a chicken and egg problem: the policy does not yet know how to reach interesting goals and thus repeats already known behaviors. We observe that this leads to poor exploration performance in such methods. To rectify this issue, we leverage a learned world model to train an explorer policy in imagination. Instead of "generating" a goal, explorer "discovers" goals by executing a sequence of actions optimized in imagination to find novel states with high information gain (Sekar et al., 2020; Shyam et al., 2018). These states can be several steps away from the frontier unlocking diverse data for goal reaching in environments where exploration is nontrivial.

**Goal reaching** The diverse experience collected by the explorer provides start and goal states for training the goal *achiever* policy. Because ExaNet does not rely on goal relabeling (Andrychowicz et al., 2017), we are free to train the achiever using on-policy trajectories generated by the world model (Hafner et al., 2019; 2020; Kaiser et al., 2019; Sutton, 1991). This requires measuring the distance between an the states along an imagined trajectory and the goal, a non-trivial problem when inputs are high-dimensional images. We empirically analyze two choices for the distance measures, namely the cosine distance in latent space and a learned temporal distance and provide recommendations on which distance function is appropriate for different settings.

Contributions The introduce the Explore Achieve Network (ExaNet), an unsupervised goal reaching agent that trains an *explorer* and an *achiever* within a shared world model. At test time, the achiever solves challenging locomotion and manipulation tasks provided as user-specified goal images. For a thorough evaluation, we introduce a new challenging goal reaching benchmark by defining a total of 40 diverse goal images across 4 different robot environments. In contrast to common RL benchmarks such as Atari (Bellemare et al., 2013) that require training over 50 different agents and thus enormous computational resources, our unsupervised RL benchmark only requires training 4 agents, which are then evaluated across many tasks, allowing for faster iteration time and making the research more accessible. Using this benchmark, we experimentally study the following scientific questions:

- Does the separation into explorer and achiever policies enable reaching more challenging goals than were previously possible and outperform state-of-the-art approaches?
- How does forward-looking exploration of goals compare to previous goal exploration strategies?
- How does the distance function affect the ability to reach goals in different types of environments?
- Can we train one general MaxNet to control different robots across visually distinct environments?

### 2 Explore Achieve Network (ExaNet)

Our aim is to build an agent that can achieve arbitrary userspecified goals after learning in the environment without any supervision. This problem presents two challenges, collecting trajectories that contain diverse goals and learning to reach these goals when specified as a goal image. We introduce a simple solution based on a world model and imagination training that addresses both challenges. The

	$\pi^{\mathrm{e}}(a_t \mid z_t)$ , Achiever $\pi^{\mathrm{g}}(a_t \mid z_t, g)$
2:	while exploring do
3:	Train $\mathcal{M}$ on $\mathcal{D}$
4:	Train $\pi^{e}$ in imagination of $\mathcal{M}$ to maximize exploration rewards $\sum_{t} r_{t}^{e}$ .
5:	Train $\pi^{g}$ in imagination of $\mathcal{M}$ to maximize $\sum_{t} r_{t}^{g}(z_{t}, g)$ for images $g \sim \mathcal{D}$ .
6:	(Optional) Train $d(z_i, z_j)$ to predict distances $j - i$ on the imagination data from last step.
7:	Deploy $\pi^{\mathrm{e}}$ in the environment to explore and grow $\mathcal D$
8:	Deploy $\pi^{g}$ in the environment to achieve a goal image $g \sim \mathcal{D}$ to grow $\mathcal{D}$ .
9:	end while
10:	while evaluating do
11:	given: Evaluation goal g
12:	Deploy $\pi^{g}$ in the world to reach g.
13:	end while
worl	d model represents the agent's current knowledge about environment and is used for training two policies, the

explorer and the achiever. To explore novel situations, we construct an estimate of which states the world model is still uncertain about. To reach goals, we train the goalconditioned achiever in imagination, using the images found so far as unsupervised goals. At test time, the agent reaches user-specified goals by deploying the achiever. A summary of the training procedure is given in Algorithm 1.

#### 141 142 **2.1 World Model**

To efficiently predict potential outcomes of future actions 143 in environments with high-dimensional image inputs, we 144 leverage a Recurrent State Space Model (RSSM) (Hafner 145 et al., 2018) that learns to predict forward using compact model states that facilitate planning (Buesing et al., 2018; 147 Watter et al., 2015a). In contrast to predicting forward in 148 image space, the model states enables efficient parallel plan-149 ning with a large batch size and can reduce accumulating 150 errors (Saxena et al., 2021). The world model consists of 151 the following components: 152

153	Encoder:	$e_t = \operatorname{enc}_{\phi}(x_t)$	
154	Posterior:	$q_{\phi}(s_t \mid s_{t-1}, a_{t-1}, e_t)$	
155	Dynamics:	$p_{\phi}(s_t \mid s_{t-1}, a_{t-1})$	(1)
157	Image decoder:	$p_{\phi}(x_t \mid s_t)$	
158	Reward predictor:	$p_{\phi}(r_t \mid s_t)$	
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The model states  $s_t$  contain a deterministic component  $h_t$ and a stochastic component  $z_t$  with diagonal Gaussian distribution. The deterministic component is implemented as the recurrent state of a Gated Recurrent Unit (GRU) (Cho et al., 2014). The encoder and decoder are convolutional neural networks (CNNs) and the remaining components are multi-layer perceptrons (MLPs). The world model is trained with the evidence lower bound (ELBO) and stochastic backpropagation (Kingma and Welling, 2013; Rezende et al., 2014) with the Adam optimizer (Kingma and Ba, 2014).

### 2.2 Explorer

To efficiently explore, we seek out surprising states imagined by the world model (Schmidhuber, 1991; Sekar et al., 2020; Shyam et al., 2018; Sun et al., 2011), as opposed to retrospectively exploring by revisiting previously novel states (Bellemare et al., 2016; Beyer et al., 2019; Burda et al., 2018; Pathak et al., 2017). As the world model can predict model states that correspond to unseen situations in the environment, the imagined trajectories contain more novel goals, compared to model-free exploration that is limited to the replay buffer. To collect informative novel trajectories in the environment, we train an exploration policy  $\pi^e$  from the model states  $s_t$  in imagination of the world model to maximize an exploration reward:

Explorer: 
$$\pi^{e}(a_t \mid s_t)$$
  
Explorer Value:  $v^{e}(s_t)$  (2)

To explore the most informative states, we estimate the epistemic uncertainty as a disagreement of an ensemble of transition functions. We train an ensemble of 1-step models to predict the next model state from the current model state. The ensemble model is trained alongside the world model on model states produced by the encoder  $q_{\phi}$ . Because the ensemble models are initialized at random, they will differ, especially for inputs that they have not been trained on (Lakshminarayanan et al., 2016; Pathak et al., 2019):

Ensemble: 
$$f(s_t, \theta^k) = \hat{z}_{t+1}^k$$
 for  $k = 1..K$  (3)

The exploration reward is the variance of the ensemble predictions, which approximates the expected information gain (Ball et al., 2020; Sekar et al., 2020):

$$r_t^{\mathrm{e}}(s_t) \doteq \frac{1}{N} \sum_n \operatorname{Var}_{\{\mathrm{k}\}} \left[ f(s_t, \theta_k) \right]_n \tag{4}$$

The explorer  $\pi^e$  maximizes the sum of future exploration rewards  $r_t^e$  using the Dreamer algorithm (Hafner et al., 2019), which considers long-term rewards into the future by maximizing  $\lambda$ -returns under a learned value function. As a result, the explorer is trained to seek out situations are as informative as possible from imagined latent trajectories of the world model, and is periodically deployed in the environment to add novel trajectories to the replay buffer, so the world model and goal achiever policy can improve.

## 2.3 Achiever

To leverage exploration for learning to reach goals, we train a goal achiever policy  $\pi^g$  that receives a model state and a goal as input. Our aim is to train a general policy that is capable of reaching many diverse goals. To achieve this in



Figure 3: Explore Achieve Networks learn a single general world model that is used to train an explorer and a goal achiever policy. The explorer ( $\pi^e$ , left) is trained on imagined latent state rollouts of the world model  $s_{t:T}$  to maximize the disagreement objective  $r_t^e = \text{LD}(s_t)$ . The goal achiever ( $\pi^g$ , right) is conditioned on a goal g and is also trained on imagined rollouts to minimize a distance function  $d(s_{t+1}, e_g)$ . Goals are sampled randomly from replay buffer images. For training a temporal distance function, we use the imagined rollouts of the achiever and predict the number of time steps between each two states. By combining forward-looking exploration and data-efficient training of the goal achiever in imagination, Explore Achieve Network provides a simple and powerful solution for unsupervised reinforcement learning.

a data-efficient way, it is crucial that environment trajectories that were collected with one goal in mind are reused to also learn how to reach other goals. While prior work addressed this by goal relabeling which makes off-policy policy optimization a necessity (Andrychowicz et al., 2017), we instead reuse and amplify past trajectories via the world model that is trained on past trajectories lets us generate an unlimited amount of new imagined trajectories for training the goal achiever on-policy in imagination. This simplifies policy optimization and can improve stability, while still sharing all collected experience across many goals.

Achiever: 
$$\pi^{g}(a_t \mid s_t, e_g)$$
  
Achiever Value:  $v^{g}(s_t, e_g)$  (5)

To train the achiever, we sample a goal image  $x_g$  from the replay buffer and compute its embedding  $e_g = \text{enc}_{\phi}(x_g)$ . The achiever aims to maximize an unsupervised goal-reaching reward  $r^g(s_t, e_g)$ . We discuss different choices for this reward in Section 2.4. We again use the Dreamer algorithm (Hafner et al., 2019) for training, where now the value function also receives the goal embedding as input.

208 In addition to imagination training, we found it important to 209 perform practice trials with the achiever in the true environ-210 ment, so that any model inaccuracies along the goal reaching 211 trajectories may be corrected. To perform practice trials, 212 we sample a goal from the replay buffer and execute the 213 goal achiever policy for that goal in the environment. These 214 trials are interleaved with exploration episodes collected by 215 the exploration policy in equal proportion. We note that 216 the goal achiever learning is entirely unsupervised because 217 the practice goals are simply images the agent encountered 218 through exploration or during previous practice trails. 219

#### 2.4 Latent Distances

Training the achiever policy requires us to define a goal achievement reward  $r^g(s_t, e_g)$  that measures how close the latent state  $s_t$  should be considered to the goal  $e_q$ . One simple measure is the cosine distance in the latent space obtained by inputting image observations into the worldmodel. However, such a distance function brings "visually" similar states together even if they could be farther apart in "temporal" manner as measured by actions needed to reach from one to other. This bias makes this suitable only to scenarios where most of pixels in the observations are directly controllable, e.g., trying to arrange robot's body in certain shape, such as RoboYoga poses in Figure 2. However, many environments contain agent as well as the world, such as manipulation involves interacting with objects that are not directly controllable. The cosine distance would try matching the entire goal image, and thus places a large weight on both matching the robot and object positions with the desired goal. Since the robot position is directly controllable it is much easier to match, but this metric overly focuses on it, yielding poor policies that ignore objects. We address this is by using the number of timesteps it takes to move from one image to another as a distance measure (Hartikainen et al., 2020; Kaelbling, 1993). This ignores large changes in robot position, since these can be completed in very few steps, and will instead focus more on the objects. This temporal cost function can be learned purely in imagination rollouts from our world model allowing as much data as needed without taking any steps in the real world.

**Cosine Distance** To use cosine distance with ExaNets, for a latent state  $s_t$ , and a goal embedding  $e^g$ , we use the latent inference network q to infer  $s^g$ , and define the reward as the

220 cosine similarity:

$$r_t^g(s_t, e_g) \doteq \sum_i \overline{s}_{ti} \overline{s}_{gi}$$
where  $\overline{s}_t = s_t / \|s_t\|_2$ ,  $\overline{s}_g = s_g / \|s_g\|_2$ 
(6)

This metric is the cosine of the angle between the two vectors  $s_t, s_g$  in the *N*-dimensional latent space. Using this simple metric in our Explore-Achieve framework, we obtain an effective agent for unsupervised goal reaching, especially for environments with a single controllable agent.

**Temporal Distance** To use temporal distances with ExaNets, we train a neural network d to predict the number of time steps between two image predicted embeddings of an imagination trajectory. We sample a trajectory containing  $s_i$ by running the current goal-reaching policy in imagination using a random initial and goal images sampled from the replay buffer. We select the second state  $s_j$  to be a random state later in the same trajectory and regress towards the ground truth number of time steps between two states. We implement the temporal distance in terms of predicted image embeddings  $\hat{e}_{t+k}$  to remove extra recurrent information:

Predicted CNN embedding:	$\operatorname{emb}(s_t) = \hat{e}_t \approx e_t$
Temporal distance:	$d_{\omega}(\hat{e}_t, \hat{e}_{t+k}) \approx k/H,$
	(7)

where H is the maximum distance equal to the imagination horizon. Training distance function only on imagination data from the same trajectory would cause it to predict poor distance to far away states coming from other trajectories, such as images that are impossible to reach during one episode. To incorporate learning signal from such far-away goals, we include them by sampling images from a different trajectory. We annotate these negative samples with the maximum possible distance, so that the agent always prefers images that were seen in the same trajectory.

$$r_t^g(s_t, e_g) = -d_\omega(\hat{e}_t, e_g)$$
  
where  $\hat{e}_t = \operatorname{emb}(s_t), \quad e_g = \operatorname{enc}_\phi(x_g)$  (8)

We note this learned distance function depends on the training data policy. However, as the policy becomes more competent, the distance estimates will be closer to the optimal number of time steps to reach a particular goal (Hartikainen et al., 2020). In our method, we always use the data from the latest policy to train the distance function via the imagination training, ensuring that the convergence is fast.

### **3** Experiments

We compare ExaNet to several goal reaching approaches to evaluate its performance and understand the contributions of the individual components. As few prior methods have shown reaching diverse goals from image inputs, we perform a fair comparison by implementing the baselines with the same model and policy optimization as our method:

- **DDL** Dynamic Distance Learning Hartikainen et al. (2020) trains a temporal distance function similar to our method. Following the original algorithm, DDL uses greedy exploration and trains the distance function on the replay buffer instead of in imagination.
- **DIAYN** Diversity is All You Need (Eysenbach et al., 2018) learns a latent skill space using mutual information between skills and reached states. We augment DIAYN with our explorer policy and use the skill predictor to obtain a skill for a given test image (Choi et al., 2020).
- **GCSL** Goal-Conditioned Supervised Learning (Ghosh et al., 2019) trains the goal policy on replay buffer goals and mimics the actions that previously led to the goal. We also augment GCSL with our explorer policy, as we found no learning success without it.
- **SkewFit** SkewFit (Pong et al., 2019) uses model-free hindsight experience replay and explores by sampling goals from the latent space of a VAE (Kingma and Welling, 2013; Rezende et al., 2014). Being a state-of-the-art agent, we use the original implementation.

We introduce three benchmarks for unsupervised goal reaching by defining goal images for a diverse set of four existing environments, shown in Figure 2:

- **RoboYoga** constists of the walker and quadruped domains of the DeepMind Control Suite (Tassa et al., 2018), with 12 goal images each that correspond to different body poses for each of the two environments, such as lying down, standing up, and balancing.
- **RoboBins** Based on MetaWorld (Yu et al., 2020), we create a scene with a Sawyer robotic arm, two bins, and two blocks of different colors. The goal images specify tasks that include reaching, manipulating only one block, and manipulating both blocks.
- **RoboKitchen** is the challenging environment from (Gupta et al., 2019), where a franka robot can interact with various objects such as a burner, light switch, sliding cabinet, hinge cabinet, microwave, or kettle. Our goal images describe tasks that require interacting with only one object, as well as interacting with two objects.

#### 3.1 RoboYoga Benchmark

RoboYoga environments are directly controllable, since they only contain the robot and no other objects. We recall that for such settings we expect the cosine distance to be an effective metric, since success requires exactly matching the goal image. Training is thus faster compared to using temporal distances, where the metric is learned from scratch. From Figure 4 we see that this is indeed the case, and ExaNet with the cosine metric outperforms all prior approaches on both RoboYoga environments. Furthermore with temporal distances ExaNet makes better progress compared to prior work on a much larger number of goals as can be seen

**Discovering and Achieving Goals with World Models** 



Figure 4: **RoboYoga Quadruped Benchmark.** Left: success rates averaged across all 12 tasks. Right: final performance on each specific task, ranging from light green (0) to dark blue (100%). We observe that the simple latent cosine distance function works well on this task, substantially outperforming other competing agents. In the heatmap, most agents can solve the easy tasks, but only ExaNet makes progress on solving a majority of the tasks and achieves good performance.

from the per-task performance, even though average success over goals looks similar to DDL. We found similar results on the Walker environment, included in the appendix.

### 3.2 RoboBins Benchmark

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301 RoboBins involves interaction with blocks, which are not 302 directly controllable, and so we expect ExaNets to perform 303 better with the temporal distance metric. ExaNets beats all 304 prior approaches, and is able to make progress on many 305 different goals. From the per-task performance in Figure 5 306 we see that the main difference in performance between 307 using temporal distance and cosine is on the tasks involving 308 two blocks, which are the most complex tasks in this envi-309 ronment (the last 3 columns of the per-task plot). The best 310 performing prior method is DDL which solves reaching, 311 but struggles on other tasks. This is because DLL sees a 312 lot less data relevant to the harder tasks owing to poorer 313 exploration since it doesn't have the disagreement objective. 314 We see that while skewfit make some progress on reaching. 315 it completely fails on harder tasks involving manipulation. 316

#### 317 3.3 RoboKitchen Benchmark

318 This benchmark involves a diverse set of objects, that require 319 different manipulation behavior. We see from Figure 6 that 320 our approach with temporal distances is able to achieve multiple goals, some of which require sequentially completing 322 2 tasks in the environment. All prior methods barely make 323 progress due to the challenging nature of this benchmark, 324 and furthermore using the cosine distance function makes 325 very limited progress. The gap in performance between using the two distance functions is much larger in this envi-327 ronment compared to RoboBins since there are many more 328 objects and they are not as clearly visible as the blocks. 329

#### 3.4 Single Agent Across All Environments

In the previous sections we have shown that our approach can reach diverse goals in different environments. However, we trained a new agent for every new environment, which doesn't scale well to large numbers of environments. Thus we investigate if we can train a train a single agent across all the environments in the benchmark (i.e RoboKitchen, RoboBins, Walker and Quadruped). From Figure 8 we see that our approach with learned temporal distance is able to make progress on tasks from RoboKitchen, RoboBins Reaching, RoboBins Pick & Place and Walker, while the best prior method on the single-environment tasks (DDL) mainly solves walker tasks and reaching from RoboBin.

#### 3.5 Ablation Study

Ablation of different components We ran ablations of our approach on the RoboBins environment, where we examined the effect of removing negative sampling while training the distance function, removing disagreement for the exploration policy, and training the distance function with real world data from the replay buffer instead of imagination data. From the plots in Figure 7 we see that using a separate explorer policy is the most critical component, and without the explore the agent does not collect good data from which to learn from. Without negative sampling the agent learns slower, and this is probably because the distance function doesn't produce reasonable outputs when queried on images that are more than horizon length apart, since it is never trained on such data. Training the distance function with real data converges to slightly lower success than using imagination data, since real data is sampled in an off-policy manner due to its limited quantity.

Discovering and Achieving Goals with World Models



Figure 5: **RoboBin Goal Benchmark.** Left: success rates averaged across all 8 tasks. Right: final performance on each specific task. While the simple latent cosine distance function works on simple goals, temporal distances outperform it on the harder tasks requiring manipulations of several blocks (last three heatmap columns), as this distance metric is able to focus on the part of the environment that's hardest to manipulate. We further observe that other competing agents perform poorly and only solve the easiest reaching tasks, struggling either with exploration or learning the downstream policy.



Figure 6: **RoboKitchen Benchmark.** Left: success rates averaged across all 12 tasks. Right: final performance on each specific task. This environment presents both extremely challenging exploration and downstream control, with most prior agents never solving any tasks. ExaNet is able to learn both an effective explorer and achiever policy. Temporal distances help ExaNet focus on small parts such as the light switch, necessary to solve these tasks. ExaNet makes progress on four out of six base tasks, and is even able to achieve goal images requiring interacting with two objects.

# 4 Related Work

Learning to Achieve Goals Learning to reach many different goals has been commonly addressed with modelfree methods that learn a single goal-conditioned policy (Andrychowicz et al., 2017; Kaelbling, 1993; Schaul et al., 2015). Recent work has combined these approaches with various ways to generate training goals, such as asymmetric self-play (OpenAI et al., 2021; Sukhbaatar et al., 2017) or by sampling goals of intermediate difficulty (Ecoffet et al., 2019; Florensa et al., 2018). These approaches can achieve remarkable performance in simulated robotic domains, however, they focus on the settings where the agent can directly perceive the low-dimensional environment state.

A few works have attempted to scale these model-free methods to visual goals by using contrastive (Warde-Farley et al., 2018) or reconstructive (Nair et al., 2018; Pong et al., 2019) representation learning. However, these approaches struggle to perform meaningful exploration problem as no clear reward signal is available to guide the agent toward solving interesting tasks. Chebotar et al. (2021); Tian et al. (2020) avoid this challenge by using a large dataset of interesting behaviors. Pong et al. (2019); Zhang et al. (2020) explore by generating goals similar to those that have already been seen, but do not try to explore truly novel states.

**Discovering and Achieving Goals with World Models** 



Figure 7: **Ablations** Testing different components of ExaNets with temporal distances on the RoboBins benchmark. We observe that training a separate exploration policy is crucial for solving most tasks, as the agent never discovers them in the *no explorer* version. Training temporal distance on negative samplies significantly speeds up learning, and both negative sampling and training in imagination as opposed to real data is important for performance on the hardest tasks.



Figure 8: **Single agent** trained across Kitchen, RoboBin, Walker, with final performance on each specific task. ExaNet with temporal distance is able to make progress on tasks from all environments, while ExaNet+cosine and DDL don't make progress on the kitchen tasks.

Particularly relevant approaches used model-based methods to learn to reach goals via explicit planning (Ebert et al., 2018; Finn and Levine, 2017) or learning model-regularized policies (Pathak et al., 2018). However, these approaches are limited by short planning horizons. In contrast, we learn long-horizon goal-conditioned value functions which allows us to solve more challenging tasks. More generally, most of the above approaches are limited by simplistic exploration, while our method leverages model imagination to search for novel states, which significantly improves exploration and in turn the downstream capabilities of the agent.

Learning Distance Functions A crucial challenge in visual goal-reaching settings is the choice of the reward or
the cost function for the goal achieving policy. Several approaches use representation learning to create a distance
in the feature space (Nair et al., 2018; Warde-Farley et al.,
2018; Watter et al., 2015b). However, this naive distance
function may not be most reflective of how hard a particular

goal is to reach. One line of research has proposed using the mutual information between the current state and the goal as the distance metric (Achiam et al., 2018; Choi et al., 2020; Eysenbach et al., 2018; Gregor et al., 2016), however, it remains to be seen whether this approach can scale to more complex tasks.

Other works proposed temporal distances that measure the amount of time it takes to reach the goal. One approach is to learn the distance with approximate dynamic programming using Q-learning methods (Eysenbach et al., 2019; Florensa et al., 2019; Kaelbling, 1993). Our approach is most similar to Hartikainen et al. (2020), who learn a temporal distance with simple supervised learning on recent policy experience. In contrast to (Hartikainen et al., 2020), we always train this distance function on the most recent policy data in imagination, and we further leverage world models and powerful exploration strategies to scale to significantly harder tasks.

# 5 Conclusion

We presented Explorer Achiever Network (ExaNet), a unified agent for unsupervised RL that explores its environment, learns to reach the discovered goals, and solves image-based tasks at test time in zero-shot way. By searching for novelty in imagination, ExaNet explores better than prior approaches and discovers meaningful behaviors in more diverse environments than considered by prior work. Further, ExaNet is able to solve challenging downstream tasks specified as images, even being able to train a single policy in several different environments together. By proposing a challenging benchmark and the first agent to achieve meaningful performance on these tasks, we hope to stimulate future research on unsupervised agents, which we believe are fundamentally more scalable than traditional agents that require a human to design the tasks and rewards for learning.

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### A Additional results

Videos and Code We provide additional qualitative results of ExaNet task executions in a video provided both as zip file in supplementary as well as on the project website (https://sites.google.com/view/exanet/). We invite the reviewers to look at the supplemental videos to better put our quantitative results in context. We also provide our source code for reproducibility.

**Results** We are providing the remaining results we did not have space for in the main paper. These include results on the walker environment in Figure 11. We further provide co-incidental success rates during exploration in Figure 9. We also show all the goals for all the environments in Figure 10.

#### **B** Additional experimental details

Environments The episode length is 150 for RoboBin and RoboKitchen and 1000 for RoboYoga. We show all goals in Figure 10 For both Walker and Quadruped, the success criterion is based on the largest violation across all joints. The global rotation of the Quadruped is expressed as the three independent Euler angles. Global position is not taken into account for the success computation. RoboBin. The success criterion is based on placing all objects in the correct position within 10 cm. For reaching task, the success is based on placing the arm in the correct position within 10 cm. RoboKitchen uses 6 degrees of freedom end effector control implemented with simulation-based inverse kinematics. The success criterion is based on placing all objects in the correct position with a threshold manually determined by visual inspection. Note that this is a strict criterion: the robot needs to place the object in the correct position, while not perturbing any other objects.

Evaluation details We reported success percentage at the final step of the episode. All experiments were ran 3 seeds. Plots were produced by binning every 3e5 samples. Heatmap shows performance at the best timestep. Each model was trained on a single high-end GPU provided by either an internal cluster or a cloud provider. The training took 2 to 5 days. The final experiments required approximately 100 training runs, totalling approximately 200 GPU-days of used resources.

**Implementation details** We base our agent on the Dreamer implementation. For sampling goals to train the achiever, we sample a batch of replay buffer trajectories and sample both the initial and the goal state from the same batch, therefore creating a mix of easy and hard goals. To collect data in the real environment with the achiever, we sample the goal uniformly from the replay buffer. We include code in the supplementary material. The code to reproduce all experiments will be made public upon the paper release under an open license.

**Hyperparameters** ExaNets hyperparameters follow Dreamer V2 hyperparameters for DM control (which we use for all our environments). For the explorer, we use the default hyperparameters from the Dreamer V2 codebase (Hafner et al., 2020). We use action repeat of 2 following Dreamer. ExaNets includes only one additional hyperparameter, the proportion of negative sampled goals for training the distance function. It is specified in Table 1. The hyperparameters were chosen by manual tuning due to limited compute resources. The base hyperparameters are shared across all methods for fairness.

#### **Baselines implementation details**

- **DIAYN**. We found that this baseline performs best when the reverse predictor is conditioned on the single image embedding *e* rather than latent state *s*. We use a skill space dimension of 16 with uniform prior and Gaussian reverse predictor with constant variance. For training, we produce the embedding using the embedding prediction network from Section 2.4. We observed that DIAYN can successfully achieve simple reaching goals using the skill obtained by running the reverse predictor on the goal image. However, it struggles with more complex tasks such as pushing, where it only matches the robot arm.
- GCSL. We found that this baseline performs best when the policy is conditioned on the single image embedding *e* rather than latent state *s*. This baseline is trained on the replay buffer images and only uses imagined rollouts to train an explorer policy. For training, we sample a random image from a trajectory and sample the goal image from the uniform distribution over the images later in the trajectory following (Ghosh et al., 2019). We similarly observe that this baseline can perform simple reaching goals, but struggles with more complex goals.



