

000 001 002 003 THE FREE TRANSFORMER 004 005 006 007

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014 015 ABSTRACT 016

017 We propose an extension of the decoder Transformer that conditions its generative
018 process on random latent variables. Those variables are learned without supervi-
019 sion thanks to a variational procedure. Experimental evaluations show that allow-
020 ing such a conditioning translates into substantial improvements on downstream
021 tasks.
022

023 1 INTRODUCTION 024

025 Since their invention, the Transformer (Vaswani et al., 2017), and more specifically the decoder-only
026 Transformers used originally for the GPT series of models (Radford et al., 2018), have become the
027 core components of AI systems.
028

029 It is remarkable that, after almost a decade, and in spite of improvements on many aspects of this
030 class of methods, the autoregressive modelling of Transformers remains essentially unchallenged.
031 We propose in this paper to revisit this key design aspect by allowing richer and more natural density
032 models to emerge:
033

- 034 • We extend the auto-regressive model of the decoder Transformer by allowing the condition-
035 ing on latent variables, thanks to a formulation as a conditional Variational Autoencoder
036 (§ 3.1).
- 037 • We propose an implementation that requires a very modest computational and memory
038 usage overhead (§ 3.2).

039 The benefits of the proposed method are shown by training 1.5B and 8B models from scratch and
040 assessing performance on multiple downstream benchmarks (§ 4).
041

042 2 MOTIVATION 043

044 Decoder Transformers are auto-regressive discrete density approximators. They model a sequence
045 of tokens S_1, \dots, S_T by estimating the conditional distribution of each given those preceding it.
046 Sampling is done by generating one token after another, each time computing the distribution of the
047 next symbol given those generated so far.
048

049 The only density modelling and sampling that such models implement is that of the generated tokens.
050 In particular, a decoder Transformer does not make additional latent decisions about the stream of
051 symbols to generate. Its only decisions are the choices of the tokens themselves.
052

053 Consider, for instance, that we train such a model to generate movie reviews and that we want to
054 have two clearly separated categories of negative and positive reviews. Given a large enough model
055 and the necessary amount of training data, there is no doubt that a decoder Transformer trained on a
056 dataset of that form would work perfectly and would generate these two types of reviews. However,
057 to do so, it would generate tokens one after another and decide, based on the words generated so far,
058 whether the review it is currently generating is a positive or a negative one, and continue the process
059 accordingly. In particular, *the model would not make the explicit decision to generate a negative or*
060 *a positive review*. It would produce tokens, and this notion of a negative or positive review would be
061 implicit in their posterior probabilities.
062

063 Due to the chain rule, any density can be modelled as autoregressive. However, in particular when
064 the “natural” structure involves conditioning on latent variables, the autoregressive model of the
065 signal may be a great deal more complex than the full joint model including the latent.
066

054 We can consider a simple example illustrating that point. Let $Z \sim \mathcal{B}(0.5)$ be a latent “coin flip”,
 055 and X_1, \dots, X_T be equal to Z with independent flips of probability ϵ .
 056

057 The X_t s are conditionally independent given Z , and we have

$$058 \quad P(X_t = 1 \mid Z = z) = \epsilon z + (1 - \epsilon)(1 - z) \quad (1)$$

060 however, expressed as an auto-regressive model without Z , we get:

$$061 \quad P(X_{t+1} = 1 \mid X_1 = x_1, \dots, X_t = x_t) = \frac{\left(\frac{\epsilon}{1-\epsilon}\right)^{\sum_{s=1}^t x_s} (1-\epsilon)^t \epsilon + \left(\frac{1-\epsilon}{\epsilon}\right)^{\sum_{s=1}^t x_s} \epsilon^t (1-\epsilon)}{\left(\frac{\epsilon}{1-\epsilon}\right)^{\sum_{s=1}^t x_s} (1-\epsilon)^t + \left(\frac{1-\epsilon}{\epsilon}\right)^{\sum_{s=1}^t x_s} \epsilon^t}. \quad (2)$$

066 We could easily come with worse examples when expressed autoregressively, for instance when the
 067 latent variables are positions in the sequence, e.g. indexes where certain patterns occur as in the
 068 example of § 4.1. What we observe in such cases is that it requires running estimates of proba-
 069 bilities (“probability that the target appears here”) for which estimation errors are unavoidable and
 070 problematic.

071 The consequence is that a purely auto-regressive density model suffers potentially from several
 072 drawbacks:

- 074 • It requires an unnecessarily complicated computation, and greater capacity, to implicitly
 075 make post-hoc decisions or infer latent quantities from the generated tokens.
- 076 • It may be sent off track during the process if, by mistake, a few tokens generated are
 077 erroneous, ambiguous or contradictory with those generated previously.
- 078 • Key concepts do not appear spontaneously due to the “natural” factorization of the distri-
 079 bution, but are built post-hoc by necessity to fit the training samples better. This may be a
 080 fundamental weakness when operating out of distribution.

082 The main objective of the present work is to address these issues by providing the model with the
 083 freedom of conditioning its auto-regressive process on latent random quantities that are not imposed
 084 by the training examples.

085 For instance, for the review generator example above, the model could use a random Boolean value
 086 to decide once for all whether the tokens it produces are from the distribution of negative or positive
 087 reviews, removing the need for a complicated posterior estimate from the tokens already generated.

089 3 METHOD

092 Any latent random value Y_r , whatever its statistical dependency with the tokens S_1, \dots, S_t and
 093 other latent Y_1, \dots, Y_{r-1} sampled so far, can be expressed under reasonable assumptions as
 094 $f_r(S_1, \dots, S_t, Y_1, \dots, Y_{r-1}, Z_r)$ where Z_r is a value coming from a random generator.

095 Hence, if we provide the model with enough random values Z_1, Z_2, \dots sampled independently
 096 during generation, a proper training procedure could in principle build families of latent variables
 097 with arbitrary dependency structure, as long as the model’s capacity allows it to encode f_r .

098 In the same way that the choice of a token during sampling can be expressed as a function of
 099 a random value and the logits, any activation which is a function of a random value and other
 100 activations can be interpreted as a decision made by the model during the generative process. Such
 101 decisions make the latent activation non-deterministic functions of the tokens, and observing the
 102 latter only gives a partial information about the former.

104 3.1 CONDITIONAL VARIATIONAL AUTOENCODER

106 Generating a full sequence from scratch with a model that depends on a random variable Z is trivial:
 107 sample $Z \sim P(Z)$ and then run the standard auto-regressive process, with the computation of the
 108 logits modulated by Z .

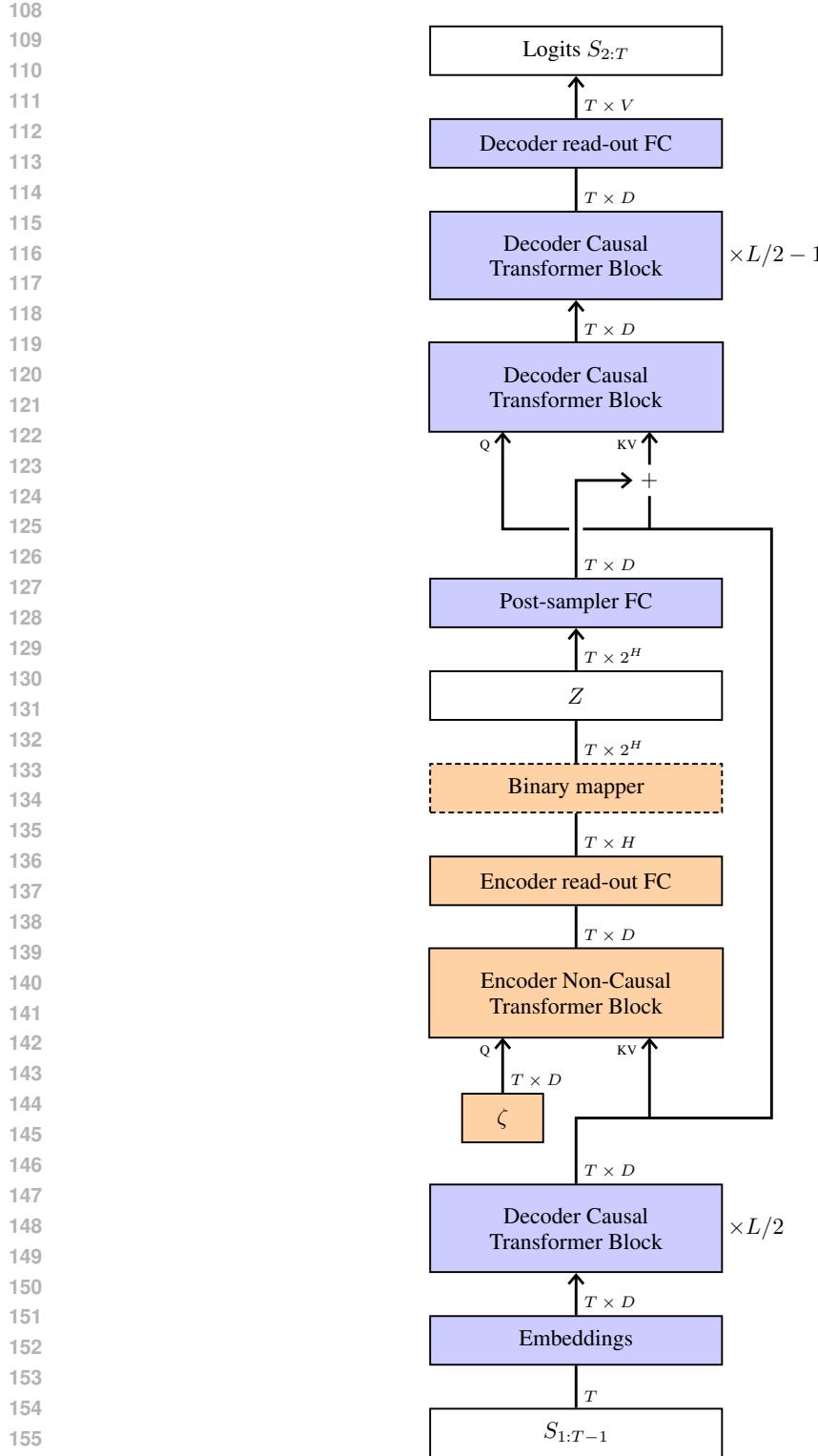


Figure 1: The Free Transformer. We omit the normalization layers and residual connections from the model and the batch size from the tensor shapes for clarity. The operators in orange are specific to the encoder and are evaluated only for training or KV cache pre-filling, those with a dashed contour have no trainable parameters. The Binary Mapper is described in § 3.4. During generation, the encoder is not evaluated and Z is sampled uniformly among the one-hot vectors of dimension 2^H .

162 Training the model, however, is far more involved. Given a training sample S , the objective is to
 163 maximize

$$165 \quad P(S) = \int_z P(S | Z = z)P(Z = z)dz, \quad (3)$$

166 which can be estimated only if we can get Z s consistent with S , that is Z s that we would sample if
 167 the overall process was generating S . This amounts to a complex inference problem if we want Z
 168 to capture meaningful structural properties of the sequence.

169 Providing those Z s is the role of the encoder of a Variational Autoencoder (Kingma & Welling,
 170 2013), whose main purpose is to sample from a “good” distribution $Q(Z | S)$ so that a sampled Z
 171 modulates the decoder in a way that leads it to generate S .

172 We follow this approach and optimize jointly the parameters of the decoder and the parameters of a
 173 second model, which is an encoder in the VAE sense.

174 Even though the noise Z has no relation to S initially, if the training succeeds, the model will use
 175 it to structure the generative process. In the example of a movie review generator of the previous
 176 section, for instance, given a review from the training set, the encoder would implicitly classify it
 177 as positive or negative, and generate a consistent Z . Increasing $P(S | Z)$ with that Z could be
 178 interpreted as improving the “negative review generator” or the “positive review generator” that are
 179 implicitly encoded in the decoder’s weights.

180 A key element of this approach is to limit the amount of information flowing from the encoder to
 181 the decoder through Z , so that the encoder does not provide quantities that should be computed by
 182 the decoder. At the limit the encoder could copy entirely S into Z so that a trivial decoder, useless
 183 without the encoder, hence in inference, would score perfectly in training.

184 The formal derivation of the VAE shows that the proper measure of information is the Kullback-
 185 Leibler divergence between $Q(Z | S)$ and $P(Z)$, and that the loss to minimize should sum it with
 186 the reconstruction loss, which here is the usual cross-entropy.

190 3.2 MODEL STRUCTURE

191 In what follows, we call “Transformer Block” the usual combination of a Multi-Head Attention layer
 192 and a MLP-like tokenwise module, with normalisation layers and residual connections.

193 As pictured on Figure 1, the Free Transformer is a standard decoder with a noise Z injected in its
 194 middle layer. This allows to share half of the Transformer blocks of the decoder with the encoder,
 195 cutting down drastically the computational overhead by having a single Transformer block that has
 196 to be computed specifically for the encoder. Hence, as we will see, this model possesses all the
 197 components of a decoder Transformer and has an additional non-causal block and two linear layers
 198 for the encoder. While we did not investigate what is the best depth to inject Z , doing it too early
 199 would reduce the encoder’s capacity, and doing it too late would reduce the decoder’s capacity to
 200 process the latent variables.

201 For clarity, we omit in what follows the batch size in the tensor shapes.

202 As a standard decoder Transformer, the Free Transformer processes a sequence of tokens by first
 203 encoding them with the embedding table into a tensor X_0 of shape $T \times D$.

204 Then it evaluates sequentially the first $L/2$ Transformer blocks to get $X_{L/2}$ of same shape, and
 205 at this point, it samples a sequence of one-hot vectors $Z = (Z_1, \dots, Z_T) \in \{0, 1\}^{T \times C}$. During
 206 generation, this is done by sampling, for each Z_t , an index c uniformly in $\{0, \dots, C - 1\}$, and then
 207 encoding it as a one-hot vector of dimension C . During training or KV cache pre-filling, Z has to
 208 be consistent with the tokens of S already fixed, and the sampling is done with the encoder instead,
 209 as described in § 3.3.

210 This tensor Z is processed by a linear layer to obtain a tensor R of shape $T \times D$. Then, the $L/2 + 1$ th
 211 Transformer block gets as input for queries the tensor $X_{L/2}$ and as input for keys and values the
 212 tensor $X_{L/2} + R$. The rest of the Transformer blocks are evaluated in sequence to get X_L which is
 213 processed by the read-out linear layer to obtain the logit tensor L of shape $T \times V$, where V is the
 214 vocabulary size.

216 3.3 ENCODER AND LOSS
217218 As stated in the previous section, during training or KV cache pre-filling, the tensor Z is sampled
219 with the encoder.
220221 The Free Transformer possesses one Transformer block specific to the encoder, which is non-causal,
222 making the encoder as a whole non-causal. This is necessary since the conditioning by the decoder
223 may have long-range effects, requiring the full sequence to be taken into account to get a proper
224 conditional distribution of the latent.
225226 This encoder-specific block gets as input for the queries a trained token embedding ζ replicated to
227 match the sequence length, and for the keys and values the output of the first half of the decoder's
228 blocks. The motivation for using a learned constant input for the queries instead of the standard
229 representation of the input sequence is to prevent the encoder from building a token-wise mapping
230 and make it instead capture global properties of the sequence that may be more transferable across
231 tasks and data-sets.
232233 A linear readout computes from the encoder block's output a vector of dimension $H = 16$ for
234 every token. These components are interpreted as logits of individual bit, used to sample a value in
235 $\{0, \dots, 2^H - 1\}$ which is encoded into a one-hot vector of dimension $2^H = 65,536$, with gradient
236 pass-through, as described in § 3.4.
237238 Hence, the random embedding Z is a sequence of T one-hot vectors Z_t of dimension 2^H . The
239 prior distribution used for generation is uniform $P(Z_t = z) = 1/2^H$, and $Q(Z | S = s)$ is the
240 distribution corresponding to the sampling with the encoder described above. The KL divergence is
241 then equal to
242

243
244
$$\mathbb{D}_{\text{KL}}\left(Q(Z_t | S_1, \dots, S_T) \parallel P(Z_t)\right) = H \log 2 + \sum_{z=1}^{2^H} Q(Z = z | S) \log Q(Z = z | S). \quad (4)$$

245

246 We control it by adding it to the loss, and prevent its collapse by using a token-wise free bits method
247 (Kingma et al., 2016). This means that we sum the KL divergence of individual Z_t that are above a
248 threshold κ and ignore the others.
249250 This leads us to use for training loss the sum of the standard cross-entropy and the following quantity
251

252
253
$$\frac{1}{T} \sum_{t=1}^T \max \left(0, \mathbb{D}_{\text{KL}}\left(Q(Z_t | S_1, \dots, S_T) \parallel P(Z_t)\right) - \kappa\right), \quad (5)$$

254

255 where the threshold κ is an hyperparameter.
256257 3.4 BINARY MAPPER
258259 The last linear layer of the encoder computes for every index t of the sequence being processed a
260 vector $L_t = (L_{t,1}, \dots, L_{t,H}) \in \mathbb{R}^H$, whose components are interpreted as the logits of individual
261 bits of a binary encoding.
262263 The Binary Mapper samples those bits $B_{t,1}, \dots, B_{t,H}$ independently with
264

265
266
$$P(B_{t,h} = 1) = \frac{1}{1 + e^{-L_{t,h}}}, \quad (6)$$

267

268 and outputs a one-hot vector Y_t of dimension 2^H corresponding to the resulting value:
269

270
271
$$Y_{t,d} = \begin{cases} 1 & \text{if } d = 1 + \sum_{h=1}^H 2^{h-1} B_{h,t} \\ 0 & \text{otherwise.} \end{cases} \quad (7)$$

272

270 During training, the computation also propagates the gradient of the probabilities of the 2^H values.
 271 If $U(d) = (U_1(d), \dots, U_H(d)) \in \{0, 1\}^H$ is the binary encoding of d , and we define G_t as
 272

$$\begin{aligned} 273 \quad G_{t,d} &= P(B_t = U(d-1)) \\ 274 \quad &= \exp \left(\sum_h \log P(B_{t,h} = U_h(d-1)) \right) \\ 275 \quad &= \exp \left(\sum_h (1 - U_h(d-1)) \log \left(1 - \frac{1}{1 + e^{-L_{t,h}}} \right) + U_h(d-1) \log \left(\frac{1}{1 + e^{-L_{t,h}}} \right) \right), \\ 276 \end{aligned}$$

277 then the Binary Mapper outputs
 278

$$279 \quad Y_{t,d} + G_{t,d} - \text{detach}(G_{t,d}), \quad (8)$$

280 where $\forall x, \text{detach}(x) = x$ and $J_{\text{detach}}(x) = 0$.
 281

282 The motivation for using a binary encoding instead of having the encoder output 2^H logits directly
 283 is to facilitate the gradient pass-through thanks to the monotonicity of the sigmoid.
 284

285 4 EXPERIMENTS

286 We first test the qualitative behavior of the Free Transformer on a synthetic task in § 4.1, then
 287 compare it on multiple benchmarks to baselines with 1.5B and 8B parameters models for various
 288 KL divergence thresholds in § 4.4, and finally assess the performance gain of a 8B parameter model
 289 trained on 1T tokens in § 4.5.
 290

291 4.1 SYNTHETIC DATASET

292 To confirm that the Free Transformer indeed utilizes Z to condition its generative process, we de-
 293 signed a synthetic dataset and trained a small Free Transformer with different free-bits thresholds.
 294 Doing so allows to observe what aspects of the modeling are packed by the encoder in Z .
 295

296 Each sequence in our synthetic training set is generated as follows:
 297

- 301 • start with a string of 64 underscores “_”,
- 302 • pick an upper case letter and a position in the sequence at random, and replace the under-
 303 scores there with a “target” made of the selected letter repeated 8 times,
- 304 • replace any character with an exclamation mark with probability 1/16
- 305 • concatenate a prompt made of the target’s letter followed by a “>”.
 306

307 A few sequences generated with that process are shown in Figure 2, Appendix B.
 308

309 We trained a Free Transformer on this data for four different values of the free bits threshold κ , and
 310 generated with the same random prompt three groups of sequences with each model, as pictured in
 311 Figure 3, Appendix B. For each model, in the blue group, the noise Z is sampled independently for
 312 each sequence, whereas we sampled one Z only for each of the green groups, used to generate all
 313 its sequences.
 314

315 For very low values of the KL divergence, the model behaves like a vanilla model (Figure 3, top left),
 316 and when the value increases, the model encodes initially the position of the target alone in the latent
 317 state (Figure 3, top right), then encodes both the target position and the noise (Figure 3, bottom left),
 318 and finally encodes the full sequence, resulting in incorrect generation (Figure 3, bottom right).
 319

320 4.2 BASELINE ARCHITECTURES

321 For assessing performance on standard benchmarks we used decoder-only Transformers imple-
 322 mented in a sota proprietary Transformer codebase. Those are well optimized models using the
 323 SwiGLU non-linearity (Shazeer, 2020), pre-normalization with RMSNorm (Zhang et al., 2019),
 324 Rotary Positional Embedding (RoPE, Su et al. 2021), and Group Query Attention (GQA, Ainslie
 325 et al. 2023). The vocabulary size is $2^{17} \approx 130k$.
 326

324 We used two sizes of models:
 325

326 • A 1.5B model, with 28 layers, weight tying between the embeddings and the logit readout,
 327 model dimension 1536, 12 query heads, and 2 key-value heads. It is trained with 47B
 328 tokens, which requires 32 H100s for ≈ 12 hours.
 329 • A 8B model with the structure of a Llama-3, which is 32 layers, model dimension 4096,
 330 32 query heads, and 8 key-value heads. It is trained with 200B tokens which requires 256
 331 H100s for ≈ 24 hours, or with 1T tokens, which takes 5 days.
 332

333 We compare those baselines to the equivalent Free Transformers, which require one additional layer
 334 for the encoder during training and KV cache pre-filling, resulting in a compute and memory over-
 335 head of $1/28 \approx 3.6\%$ for the 1.5B and $1/32 \approx 3.1\%$ for the 8B.
 336

337 4.3 SETUP AND HYPERPARAMETERS

338 We kept our findings as clear as possible by avoiding other sources of performance improvement:
 339

340 • We stuck to the baseline architecture, optimizer, and learning rate schedule that were used
 341 to train the baselines, and did not optimize any hyperparameter for our setup.
 342 • We avoided any recipes for the VAE components, such as removing sampling in inference.
 343 We followed the formal expressions rigorously.
 344 • We fixed H to 16 so that the dimension of Z_t was comparable to the vocabulary size of 2^{17} .
 345

346 We stress that the optimization hyperparameters were highly tuned for the baselines, and it is prob-
 347 able that a combination of an encoder and a decoder has specific requirements that would greatly
 348 benefit from an adapted training procedure.
 349

350 4.4 EXPLORATORY RESULTS

351 We ran a series of experiments to assess the general behavior of the Free Transformer, and to cali-
 352 brate the κ threshold.
 353

354 For any value of κ , the cross-entropy goes down regularly during training, with no more instability
 355 and spikes than what happens with the baselines. The KL divergence rapidly goes under κ and
 356 stays there. When we compare the cross-entropies for various κ , they go down when κ increases
 357 as expected, but the values remain extremely close, with a difference of the order of 0.01 for a
 358 cross-entropy of ≈ 2 for the 1.5B and ≈ 1.8 for the 8B.
 359

360 For both sizes of models, setting $\kappa = 4 \log 2$, corresponding to 4 bits of information per token,
 361 resulted in a collapse of the cross-entropy, indicating that the encoder found a way to channel fully
 362 the tokens to predict, and resulting in a collapse of performance on the downstream tasks. It is
 363 noteworthy that the baseline 8B model reaches during training a cross-entropy of $1.8 = 2.59 \log(2)$,
 364 hence may explain why allowing 2 bits does not collapse, while allowing 4 bits does.
 365

366 The performance on downstream tasks are given in Appendix E, Table 2 for the 1.5B models, and
 367 Table 3 for the 8B models, both for four different values of κ corresponding to $1/2$ to 2 bits of
 368 information per token. Graphs of performance during training are given in Appendix F in Figures 4
 369 and 5.
 370

371 We observe a substantial increase of performance on HumanEval+, MBPP, and GSM8K which are
 372 arguably the benchmarks requiring some form of reasoning, and there also is a clear improvement
 373 for the 8B model with $1/2$ bit of KL divergence on MMLU and CSQA, which are multi-choice
 374 questions.
 375

376 4.5 RESULTS WITH 1T TOKENS TRAINING

377 To measure improvement in a more realistic setting, closer to models actually used in real applica-
 378 tions, we trained 8B models on 1T tokens, which improves drastically the performance of both the
 379 baseline and the Free Transformer.
 380

8B models (1T tokens)						
	Final value			Average (last third)		
	Baseline	Free Transformer 1/2 bit	Baseline	Free Transformer 1/2 bit		
Generative code/math						
human_eval_plu (pass@1)	0.268	0.299	+11.36%	0.245	0.256	+4.22%
mbpp (pass@1)	0.428	0.440	+2.80%	0.396	0.421	+6.08%
gsm8k (em)	0.321	0.331	+2.83%	0.280	0.296	+5.84%
Multi-choice general knowledge / common sense						
mmlu (macro_avg/acc_char)	0.592	0.623	+5.20%	0.567	0.596	+5.16%
csqa (acc_char)	0.707	0.748	+5.79%	0.689	0.733	+6.28%
hellaswag (acc_char)	0.799	0.799	-0.01%	0.787	0.788	+0.18%
winogrande (acc_char)	0.739	0.735	-0.53%	0.725	0.727	+0.27%
obqa (acc_completion)	0.564	0.562	-0.35%	0.556	0.551	-0.86%
arc_challenge (acc_completion)	0.542	0.535	-1.42%	0.524	0.522	-0.40%
arc_easy (acc_completion)	0.721	0.711	-1.41%	0.706	0.711	+0.68%
piqa (acc_char)	0.805	0.812	+0.88%	0.802	0.807	+0.61%
Multi-choice text understanding						
race.high (acc_char)	0.473	0.463	-2.06%	0.467	0.460	-1.55%
race.middle (acc_char)	0.632	0.634	+0.33%	0.623	0.624	+0.16%
boolq (acc_completion)	0.713	0.725	+1.63%	0.755	0.754	-0.10%
Culture						
nq (em)	0.248	0.247	-0.22%	0.229	0.227	-0.76%
tqa (em)	0.583	0.577	-1.00%	0.549	0.544	-0.90%

Table 1: Performance of 8B models trained on 1T tokens. We also provide the average over the last third of the iterations to mitigate the irregularity of the performance increase during training and get a more accurate estimate of the relative improvement. The optimization hyperparameters were tuned for the baseline and kept unchanged, but the Free Transformers require 3.1% more compute and parameters for the encoder. See Figure 6 in Appendix F for the performance during training.

432 Given the results with 200B tokens, we chose the value $\kappa = \log(2)/2$ corresponding to half a bit of
 433 information per token at most.

434 The performance on downstream tasks are given in Table 1 and the corresponding graphs during
 435 training in Figure 6 of Appendix F. We provide in the table the performance measured at the end
 436 of the training as for the other configurations, but in addition we also give the average over the last
 437 third of the training. We can observe on the graphs that the rate of improvement tend to be constant
 438 on this interval, which justifies averaging to mitigate the performance fluctuations.

439 The key result is the boost of performance on HumanEval+, MBPP, GSM8K, MMLU and CSQA,
 440 confirming what we observed in the smaller settings, and a greater stability on other tasks.

443 5 PREVIOUS WORK

444 There have been several attempts at combining a VAE and a decoder Transformer, generally with a
 445 focus on improving topic models and providing ways to guide the generation.

446 The OPTIMUS model (Li et al., 2020) combines a pre-trained BERT as text embedding / encoder,
 447 with a GPT-2 playing the role of decoder, which are fine-tuned with a VAE-like loss.

448 The latent embedding Z is computed thanks to a CLS token, that is by adding a token to the input
 449 and a read-out to extract its embedding in the output. To modulate the GPT-2 generation with it,
 450 it is either (1) concatenated as an additional token in every layer, or (2) added to the input token
 451 embeddings. Collapse of the KL divergence is prevented during training with the free bits method
 452 (Kingma et al., 2016).

453 This approach allows for better guided text generation with GPT-2 and better generalization on low-
 454 data languages with BERT.

455 Xie et al. (2021) extend OPTIMUS with a multi-objective loss, adding in particular the prediction
 456 of the story topic, using the output of another model as ground truth, to obtain a better embedding
 457 space.

458 The CVAE proposed by Fang et al. (2021) combines two pre-trained GPT-2, one used as the encoder
 459 without causal masking. The embedding Z is an average of the encoder’s output, and the authors
 460 propose three ways to modulate the decoder with linear images of it: (1) add it to each input token
 461 embedding, (2) concatenate it to the Ks and Vs in every layer, (3) add it before the softmax. Experi-
 462 ments demonstrate that this method allows controlling the generation without hurting the quality of
 463 the result.

464 AdaVAE (Tu et al., 2022) is similarly the combination of two pre-trained GPT-2, the first without
 465 causal masking playing the role of the encoder. The latent embedding Z is extracted from its output
 466 with a slightly modified attention operator. It is then injected into the decoder by either concatenating
 467 an image of it to the keys and values as in OPTIMUS, or before the softmax as in CVAE.

471 6 CONCLUSION

472 The Free Transformer is a direct extension of a standard decoder Transformer, with the abstract
 473 structure of a conditional VAE. It is implemented with a single additional non-causal Transformer
 474 block and requires a few percent of computational and memory usage overhead.

475 Its structure makes it able to learn latent random variables unsupervised, and to condition its gen-
 476 erative process on them. In some ways, this approach aims at achieving in latent space with an
 477 autoencoder what reasoning models do with chains-of-thought in token space and an RL procedure
 478 (DeepSeek-AI et al., 2025). A combination of the two is, of course, promising.

479 The performance boost without tuning the optimization hyperparameters across multiple bench-
 480 marks and two sizes of models, is a strong signal that the overall approach actually improves the
 481 inductive bias of the vanilla Transformer.

482 Many properties and design choices should be explored. The performance curves during training
 483 are often unstable, possibly due to the coupling of the optimization of the encoder and the decoder,

486 and using different optimization methods could be fruitful. The random embedding itself could take
 487 many forms, and the one used in our implementation is arbitrary.
 488

489 Finally, the behavior in larger scales, both in parameter count and dataset size, remains to be inves-
 490 tigated.

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A ALGORITHMS

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Algorithm 1 Forward pass of a standard decoder Transformer

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```

1: procedure FORWARD(tokens)
2:   x  $\leftarrow$  embeddings(tokens)
3:   for n = 1, ..., B do
4:     x  $\leftarrow$  blocks[n](in = x)
5:   end for
6:   logits  $\leftarrow$  linear_readout(RMS_norm(x))
7:   return logits
8: end procedure

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Algorithm 2 Forward pass of a Free Transformer

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1: procedure FORWARD(tokens)
2:   x  $\leftarrow$  embeddings(tokens)
3:   for n = 1, ..., B/2 do
4:     x  $\leftarrow$  blocks[n](in = x)
5:   end for
6:   if train or prefill then
7:     y  $\leftarrow$  encoder_block(in_q = zeta, in_kv = x)
8:     o  $\leftarrow$  encoder_linear_readout(RMS_norm(y))
9:     z  $\leftarrow$  binary_mapper(o)
10:   else
11:     z  $\leftarrow$  one_hot(uniform_sampler())
12:   end if
13:   r  $\leftarrow$  linear_post_sampler(z)
14:   x  $\leftarrow$  blocks[B/2 + 1](in_q = x, in_kv = x + r)
15:   for n = B/2 + 1, ..., B do
16:     x  $\leftarrow$  blocks[n](in = x)
17:   end for
18:   logits  $\leftarrow$  linear_readout(RMS_norm(x))
19:   return logits
20: end procedure

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702 B SYNTHETIC EXPERIMENT

Figure 2: The synthetic sequences of § 4.1 are of fixed length, with a “target” made of a random letter repeated 8 times at a random position, an i.i.d. noise of exclamation marks, and a prompt indicating the target’s letter.

Figure 3: Results with a Free Transformer trained on the synthetic sequences of § 4.1 for different prompts and free bit thresholds. To investigate the information encoded in the latent tensor, we sample a Z per sequence of a blue box, and a Z per green box. For very low values of the KL divergence, the model behaves like a vanilla model (top left), and when the KL divergence increases, the model encodes initially the position of the target alone in the latent state (top right), then encodes both the target position and the noise (bottom left), and finally encodes the full sequence, resulting in incorrect generation (bottom right).

756 **C EVALUATION BENCHMARKS**
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- 758 • HellaSwag: Multiple choices. Common sense focusing on physically situated scenarios.
759 (Zellers et al., 2019)
- 760 • WinoGrande: Large-scale adversarial Winograd-style pronoun resolution (fill-in-the-
761 blank) designed to reduce annotation artifacts. (Sakaguchi et al., 2019)
- 762 • ARC (AI2 Reasoning Challenge): Grade-school science multiple choice. (Clark et al.,
763 2018)
- 764 • PIQA: Physical commonsense multiple choice about everyday goals and affordances. (Bisk
765 et al., 2019)
- 766 • OpenBookQA (OBQA): Open-book science QA: combines a provided set of core facts
767 with commonsense/world knowledge to answer questions. (Mihaylov et al., 2018)
- 768 • RACE: Multiple-choice reading comprehension from Chinese middle-school English ex-
769 ams. (Lai et al., 2017)
- 770 • MMLU: “Massive Multitask Language Understanding”. Questions spanning STEM, hu-
771 manities, social sciences, etc. (Hendrycks et al., 2021)
- 772 • CommonsenseQA (CSQA): Multiple-choice QA requiring commonsense relational knowl-
773 edge (leveraging ConceptNet relations). (Talmor et al., 2019)
- 774 • BoolQ: Yes/no questions paired with passages to evaluate reading comprehension and
775 entailment-like inference. (Clark et al., 2019)
- 776 • GSM8K: Grade-school math word problems requiring multi-step arithmetic reasoning.
777 (Cobbe et al., 2021)
- 778 • HumanEval+: An augmented version of OpenAI’s HumanEval (Chen et al., 2021) with
779 many more unit tests per problem to reduce test fragility and overfitting in code generation
780 evaluation. (Liu et al., 2023)
- 781 • MBPP: “Mostly Basic Programming Problems.” Short Python programming tasks solvable
782 by entry-level programmers; includes text spec and example tests. (Austin et al., 2021)
- 783 • NQ: “Natural Questions.” Real user queries paired with Wikipedia pages. (Kwiatkowski
784 et al., 2019)

785 **D PERFORMANCE MEASURES**
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- 787 • For generated answers:
 - 788 – pass@1 is the proportion of generated pieces of code that produce the expected be-
789 havior when executed.
 - 790 – em (“exact match”) is the proportion of generated endings of a sequence that perfectly
791 match a reference solution.
- 792 • For multi-choice based on log probabilities:
 - 793 – acc_completion is the proportion of correct responses when the choice is based on the
794 sum of the log probabilities normalized with the number of tokens of each possible
795 choices.
 - 796 – acc_char is the same as acc_completion but normalizes with the number of characters.
 - 797 – macro_avg/acc_char is the average of acc_char over multiple sub-categories of ques-
798 tions.

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810 E EXPLORATORY PERFORMANCE
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	Baseline	Free Transformer					2 bits
		1/4 bit	1/2 bit	1 bit			
Generative code/math							
human_eval_plu (pass@1)	0.055	0.079	+44.44%	0.079	+44.44%	0.085	+55.56%
mbpp (pass@1)	0.112	0.144	+28.57%	0.148	+32.14%	0.152	+35.71%
gsm8k (em)	0.025	0.028	+12.12%	0.027	+6.06%	0.033	+30.30%
Multi-choice general knowledge / common sense							
mmlu (macro_avg/acc_char)	0.252	0.265	+5.31%	0.261	+3.76%	0.254	+1.07%
csqa (acc_char)	0.199	0.175	-11.93%	0.199	+0.00%	0.187	-6.17%
hellaswag (acc_char)	0.593	0.591	-0.40%	0.594	+0.15%	0.592	-0.27%
winogrande (acc_char)	0.603	0.604	+0.13%	0.598	-0.79%	0.600	-0.52%
obqa (acc_completion)	0.446	0.450	+0.90%	0.468	+4.93%	0.460	+3.14%
arc_challenge (acc_completion)	0.400	0.392	-1.93%	0.386	-3.43%	0.405	+1.29%
arc_easy (acc_completion)	0.596	0.602	+0.92%	0.592	-0.64%	0.603	+1.06%
piqa (acc_char)	0.734	0.736	+0.22%	0.738	+0.52%	0.734	+0.07%
Multi-choice text understanding							
race.high (acc_char)	0.390	0.382	-2.20%	0.390	+0.00%	0.387	-0.81%
race.middle (acc_char)	0.532	0.511	-3.93%	0.519	-2.49%	0.522	-1.83%
boolq (acc_completion)	0.583	0.632	+8.39%	0.614	+5.35%	0.648	+11.12%
Culture							
nq (em)	0.081	0.069	-15.36%	0.073	-9.56%	0.075	-7.17%
tqa (em)	0.205	0.191	-6.93%	0.190	-7.58%	0.200	-2.84%

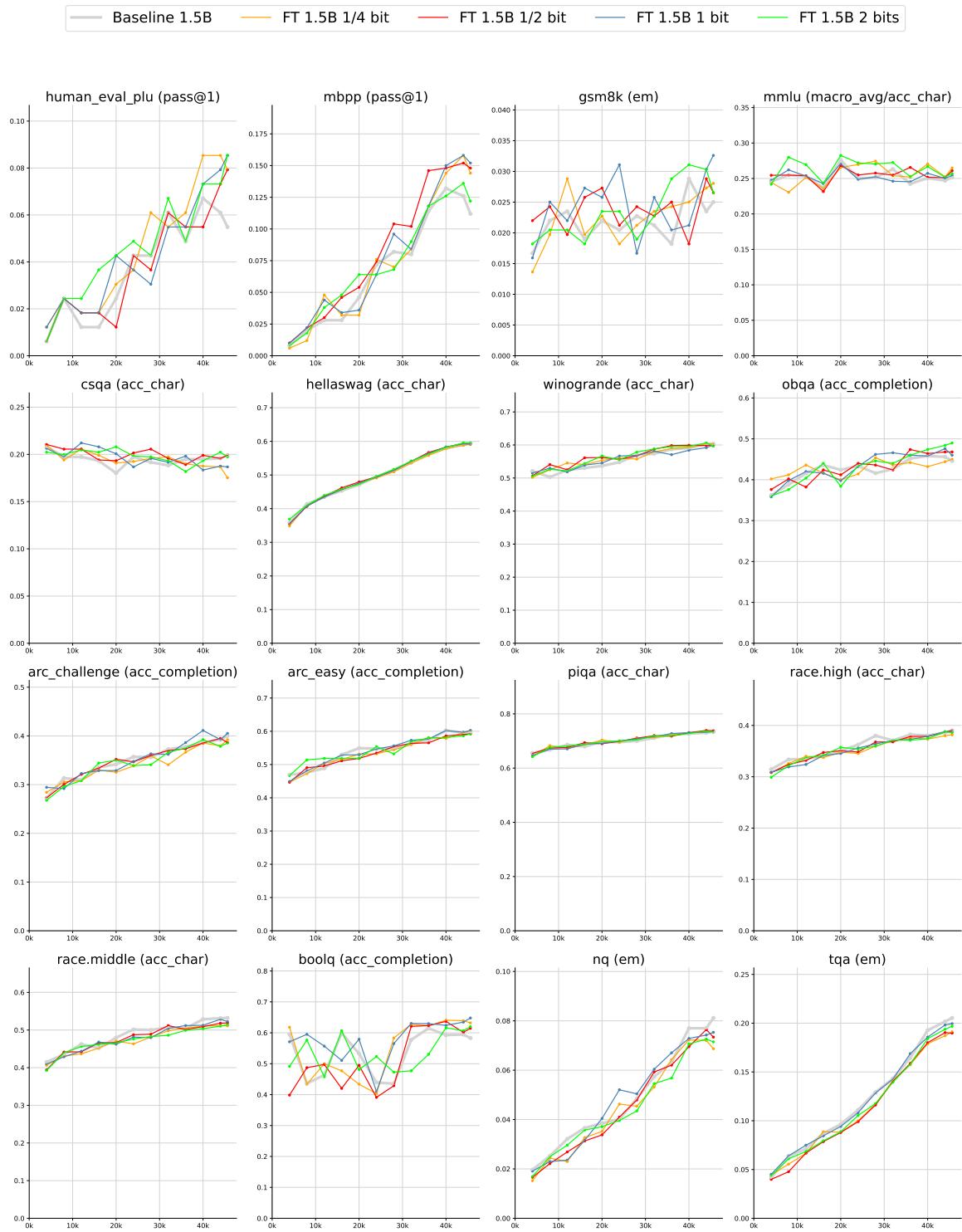
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839 Table 2: Performance of 1.5B models trained on 47B tokens. The training procedure was tuned
840 for the baseline and kept unchanged, but the Free Transformers require 3.6% more compute and
841 parameters for the encoder. See Figure 4 in Appendix F for the performance during training.

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8B models (200B tokens)							
	Baseline	Free Transformer					
		1/4 bit	1/2 bit	1 bit	2 bits		
Generative code/math							
human_eval_plu (pass@1)	0.159	0.171	+7.69%	0.189	+19.23%	0.165	+3.85%
mbpp (pass@1)	0.278	0.330	+18.71%	0.306	+10.07%	0.298	+7.19%
gsm8k (em)	0.086	0.079	-8.77%	0.095	+9.65%	0.104	+20.18%
Multi-choice general knowledge / common sense							
mmlu (macro_avg/acc_char)	0.359	0.337	-6.13%	0.398	+10.97%	0.365	+1.81%
csqa (acc_char)	0.356	0.292	-17.93%	0.450	+26.21%	0.346	-2.99%
hellaswag (acc_char)	0.735	0.737	+0.26%	0.737	+0.26%	0.732	-0.45%
winogrande (acc_char)	0.680	0.667	-1.86%	0.664	-2.32%	0.664	-2.32%
obqa (acc_completion)	0.522	0.508	-2.68%	0.484	-7.28%	0.530	+1.53%
arc_challenge (acc_completion)	0.465	0.483	+3.87%	0.468	+0.55%	0.452	-2.95%
arc_easy (acc_completion)	0.677	0.676	-0.25%	0.665	-1.81%	0.668	-1.44%
piqa (acc_char)	0.774	0.780	+0.77%	0.782	+1.05%	0.785	+1.41%
Multi-choice text understanding							
race.high (acc_char)	0.433	0.447	+3.30%	0.443	+2.25%	0.444	+2.58%
race.middle (acc_char)	0.594	0.592	-0.35%	0.591	-0.47%	0.587	-1.17%
boolq (acc_completion)	0.705	0.632	-10.37%	0.632	-10.33%	0.687	-2.47%
Culture							
nq (em)	0.181	0.183	+1.38%	0.167	-7.67%	0.173	-4.14%
tqa (em)	0.440	0.438	-0.28%	0.443	+0.80%	0.434	-1.19%

903 Table 3: Performance of 8B models trained on 200B tokens. The training procedure was tuned
904 for the baseline and kept unchanged, but the Free Transformers require 3.1% more compute and
905 parameters for the encoder. See Figure 5 in Appendix F for the performance during training.

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918 F PERFORMANCE DURING TRAINING
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969 Figure 4: Experiments with 1.5B models trained on 47B tokens. Comparison on standard bench-
970 marks of the baseline and our models. The optimization hyperparameters were tuned for the baseline
971 and kept unchanged, but the Free Transformers require 3.6% more compute and parameters for the
encoder.

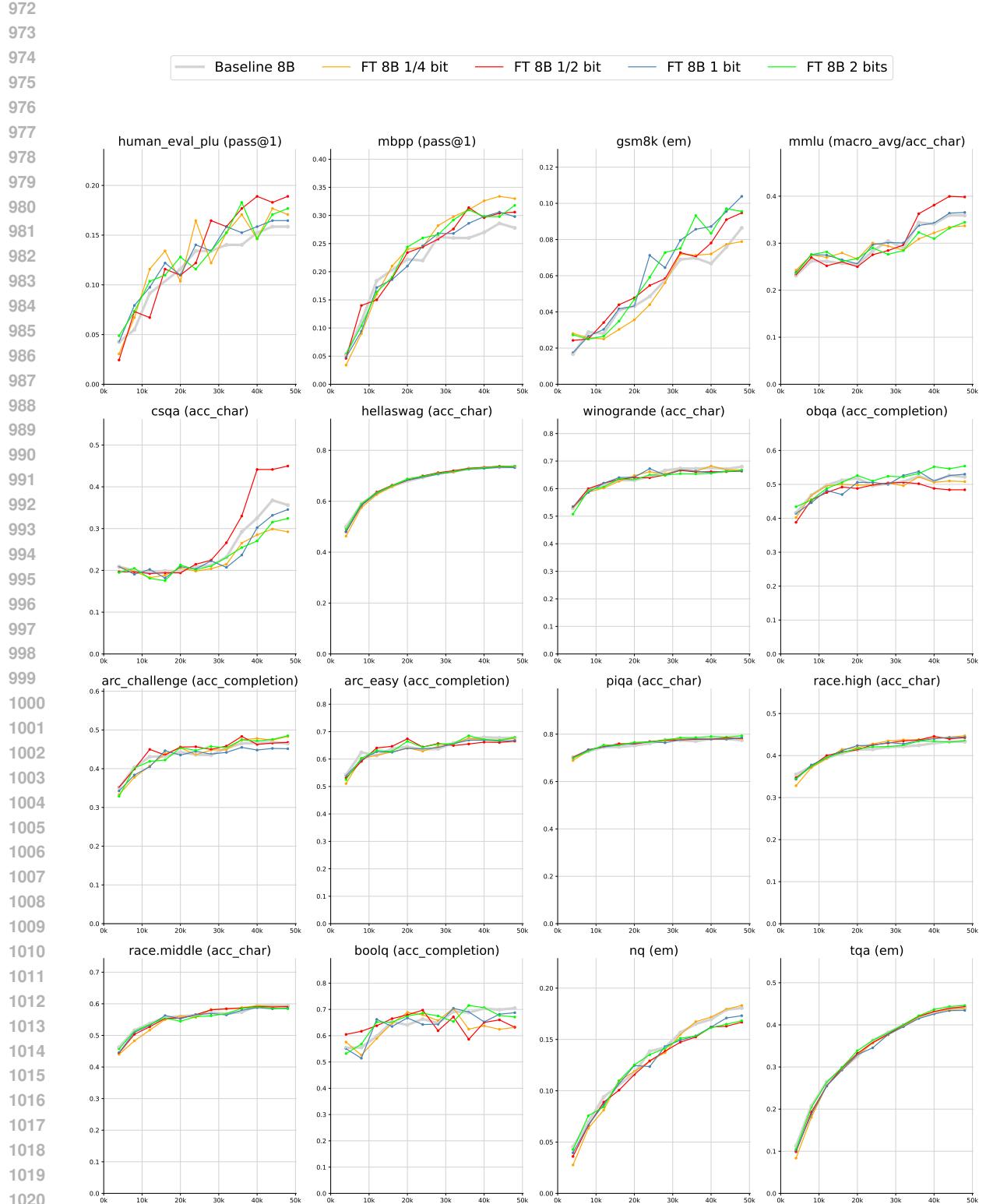


Figure 5: Experiments with 8B models trained on 200B tokens. Comparison on standard benchmarks of the baseline and our models. The training procedure was tuned for the baseline and kept unchanged, but the Free Transformers require 3.1% more compute and parameters for the encoder.

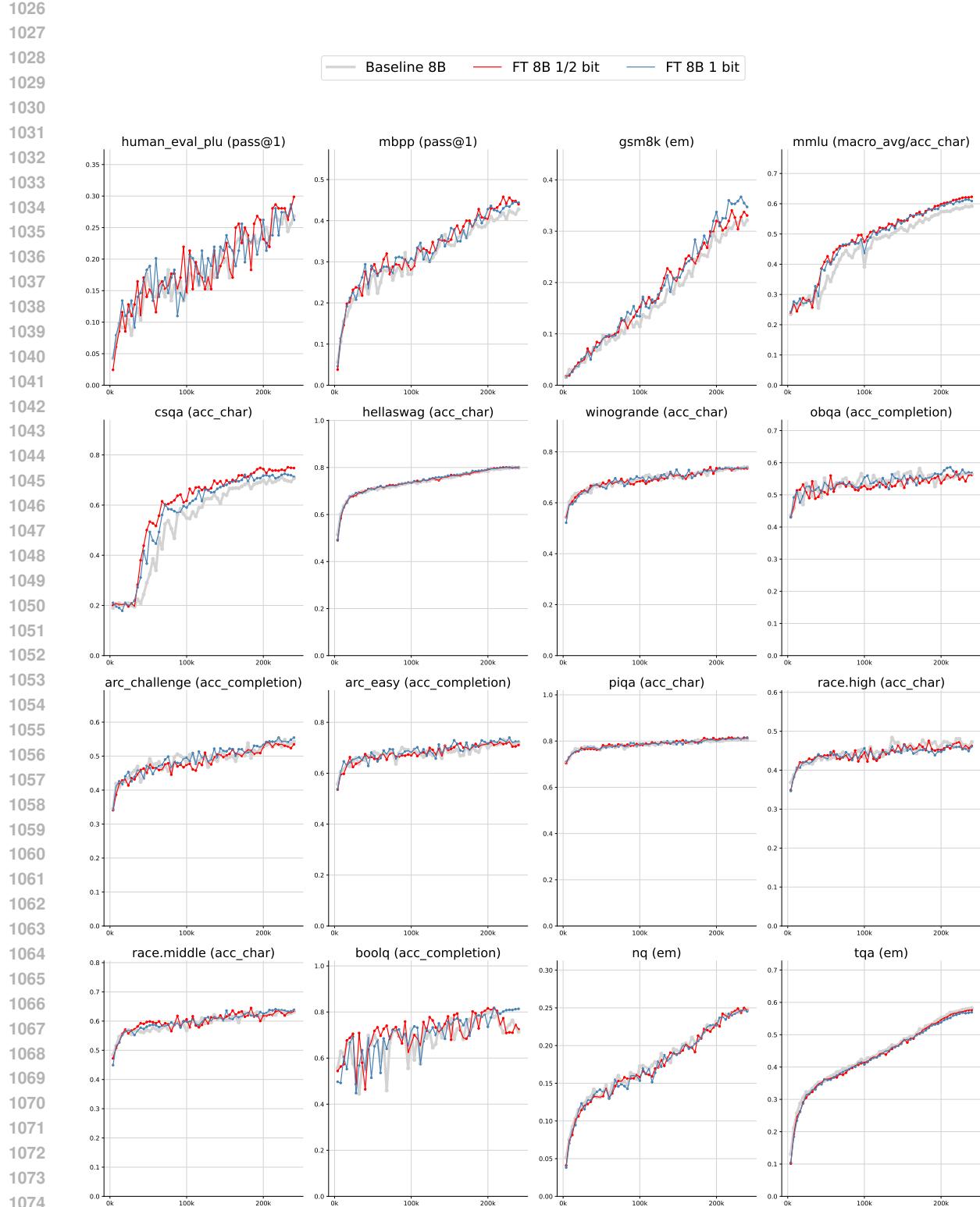


Figure 6: Experiments with 8B models trained on 1T tokens. Comparison on standard benchmarks of the baseline and our models. The training procedure was tuned for the baseline and kept unchanged, but the Free Transformers require 3.1% more compute and parameters for the encoder.