# Dreamer Online Decision Transformer: Enhanced Decision Transformer Learning through Actor-Critic Trajectory Integration

### Anonymous Author(s) Affiliation Address email

# Abstract

Advancements in reinforcement learning have led to the development of sophisti-1 2 cated models capable of learning complex decision-making tasks. However, efficiently integrating world models with decision transformers remains a challenge. З In this paper, we introduce a novel approach that combines the Dreamer algorithm's 4 ability to generate anticipatory trajectories with the adaptive learning strengths of 5 the Online Decision Transformer. Our methodology enables parallel training where 6 Dreamer-produced trajectories enhance the contextual decision-making of the trans-7 former, creating a bidirectional enhancement loop. We empirically demonstrate the 8 efficacy of our approach on a suite of challenging benchmarks, achieving notable 9 improvements in sample efficiency and reward maximization over existing methods. 10 Our results indicate that the proposed integrated framework not only accelerates 11 learning but also showcases robustness in diverse and dynamic scenarios, marking 12 a significant step forward in model-based reinforcement learning. 13

# 14 **1** Introduction

Given the recent success of transformer architectures [21], the general framework of the Decision 15 16 Transformer (DT) is designed for rapid adaptation and enhanced computational rewards by leveraging pre-training data in an offline setting [4]. Building upon the Decision Transformer, the Online 17 Decision Transformer (ODT) is tailored for online reinforcement learning (RL) settings where 18 decisions must be made in real-time based on streaming data [29], while simultaneously learning 19 from the dataset [7]. The key innovation of the ODT lies in its ability to continuously integrate new 20 experiences and dynamically update the policy as new data arrives. This capability is crucial in 21 non-stationary environments where the underlying dynamics may change over time, necessitating 22 timely policy adaptations. 23

At the core of the Decision Transformer architecture, the decision transformer maintains a replay buffer of recent experiences, utilizing trajectories of states, actions, and rewards [12]. This buffer is used to fine-tune the policy network at regular intervals, ensuring that the decision-making strategy remains aligned with the most recent data. This process provides the agent with the capacity to effectively respond to evolving situations [14]. By combining the transformer's ability to process sequences with online learning, the ODT facilitates a more robust and adaptive approach to decisionmaking in dynamic environments [1].

Similarly, the Dreamer algorithm [8], another popular reinforcement learning approach, utilizes world models to "dream" or simulate future states. This capability allows the agent to anticipate the outcomes of its actions without direct interaction with the actual environment, thereby enhancing the efficiency of the learning process by reducing the need for extensive real-world data [10]. Dreamer

operates by learning a latent dynamics model of the environment [9], which captures transition 35 probabilities and reward functions. Once trained, this model can generate synthetic trajectories of 36 states, actions, and rewards that the agent can use to improve its policy. The fundamental principle is 37 that by learning in the space of latent representations, the algorithm can perform planning and credit 38 assignment more effectively, even in high-dimensional state spaces [2]. By imagining outcomes and 39 backpropagating the future rewards, Dreamer optimizes the policy to maximize expected returns. 40 This not only conserves resources but also enables safer training, as the agent can explore various 41 strategies in a simulated environment before executing them in the real world. Consequently, Dreamer 42 is capable of developing sophisticated behaviors even in complex environments with sparse rewards 43 [16]. 44

45 Building onto the success of Online Decision Transformer, we aim to find out whether combining

the Online Decision Transformer with Dreamer will result in a higher reward learning.

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To this end, we proposed a novel algorithm: <u>Dream-to-Control-for-Online-Decision-Transformer</u>
 (DODT). This novel framework uses the base framework of Online Decision Transformer and through
 a paralleled trained dreamer, the transfer of enhanced trajectory from dreamer to ODT can benefit the

overall model. Through numerous experiments, DODT can utilizes the success of ODT and Dreamer,
 achieving a higher reward.

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53 **Contributions.** We conclude our contributions from three perspectives.

 Parallel Training Architecture: We present the first and novel parallel training methodology that simultaneously leverages the Dreamer model's trajectory generation and the Online Decision Transformer's adaptive learning capabilities, providing a symbiotic framework for decision-making.

Trajectory-Informed Decision Making: Our integration uniquely enables the Online
 Decision Transformer to be informed by high-fidelity trajectories from the Dreamer, thus
 enhancing its contextual understanding and response strategies in complex environments.

3. Cross-Model Feedback Mechanism: We introduce a feedback loop between the Dreamer
 and the Online Decision Transformer. Our integrated approach demonstrates superior
 performance across a variety of challenging benchmarks, surpassing traditional methods in
 terms of sample efficiency and reward maximization.

# 65 1.1 Related Work

Decision Transformer: Recent advancements in Decision Transformers have significantly expanded 66 their capabilities and applications in reinforcement learning. A bootstrapping method was introduced 67 to augment data generation for both online and offline Decision Transformers, enhancing training 68 datasets significantly [24]. Additionally, innovative probabilistic learning objectives and max-entropy 69 sequence modeling have been integrated to balance exploration and exploitation dynamically, ad-70 dressing the demands of online reinforcement learning environments for decision transformers [15]. 71 Further enhancements include a hierarchical decision-making structure, where high-level policies 72 generate prompts that guide low-level action generation, improving decision granularity [16], and 73 the combination of trajectory modeling with value-based methods, which aligns specified target 74 returns with expected action returns to boost performance in stochastic settings [25]). Additionally, 75 76 leveraging latent diffusion models for optimizing suboptimal trajectory portions from static datasets [22] and employing robust planning frameworks that treat planning as latent variable inference have 77 further enhanced the long-term decision-making capabilities of Decision Transformers [13]. 78

**Dreamer:** At the same time, the Dreamer have been enhanced through various innovative approaches 79 as well. The Dreamer model has been extensively advanced by integrating transformers to enhance the 80 deterministic state prediction from observations [26]. Transitioning from recurrent neural networks 81 to transformer networks within the world model has significantly improved the efficiency of state 82 predictions [3, 6]. The adaptation of Dreamer for multi-task reinforcement learning uses diffusion 83 models to optimize offline decision-making [11]. Extensions to the Dreamer framework allow 84 handling of diverse tasks through world models that predict future states and rewards from abstract 85 representations [10]. Furthermore, the use of prototypical representations instead of high-dimensional 86 observation reconstructions [5], along with conditional diffusion models for long-horizon predictions 87

[28], and enhancement of exploration using latent state marginalization [27], collectively push the 88 boundaries of model-based RL. 89

Teacher to Student Model: The Student to Teacher model leverages the dynamics of guided learning 90 to enhance the efficiency and scalability of reinforcement learning systems. The TGRL algorithm 91 integrates the teacher-student learning framework with reinforcement learning, facilitating enriched 92 policy learning experiences [19]. Curriculum learning approaches have also been significant, framing 93 task sequencing within a meta Markov Decision Process to systematically improve sample efficiency 94 [18]. The application of large language models as teachers to guide smaller, specialized student agents 95 offers a novel approach to scaling down complex decision processes [30]. Furthermore, advancements 96 in multi-agent systems, where experiences are shared between agents, enhance collective learning 97 capabilities, demonstrating improved scalability and efficiency [23]. 98

#### 2 **Preliminaries** 99

#### **Online Decision Transformer** 2.1 100

Algorithm 1 Online Decision Transformer (ODT)

- 1: Input: offline data  $T_{\text{offline}}$ , rounds R, exploration RTG  $T_{\text{online}}$ , buffer size N, gradient iterations I, pre-trained policy  $\pi_{\theta}$ .
- 2: Initialization: Replay buffer  $T_{\text{replay}} \leftarrow \text{top } N$  trajectories in  $T_{\text{offline}}$ .
- 3: **for** round = 1, ..., R **do**
- Trajectory  $\tau \leftarrow \text{Rollout using } M \text{ and } \pi_{\theta}(\cdot|s, g(T_{\text{online}})).$ 4:
- 5:
- $T_{\text{replay}} \leftarrow (T_{\text{replay}} \setminus \{\text{oldest trajectory}\}) \cup \{\tau\}.$  $\pi_{\theta} \leftarrow \text{Finetune ODT on } T_{\text{replay}} \text{ for } I \text{ iterations using Training Main Loop.}$ 6:
- 7: end for

as:

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Online Decision Transformer (ODT) represents a significant advance in the application of transformers 101 to reinforcement learning (RL). It extends the Decision Transformer (DT) architecture to online 102 settings, adapting the transformer architecture for dynamic environments and real-time decision-103 making tasks. This adaptation is crucial for RL applications where an agent must continuously learn 104 and adapt based on new data while interacting with an environment. In traditional reinforcement 105 learning, decision-making often relies on policies learned from historical data or through iterative 106 interactions with an environment. These methods can be inefficient and slow to adapt to changes in 107 dynamic scenarios. The ODT framework addresses these challenges by leveraging the sequential 108 processing capabilities of transformers to model policies based on both past and current interactions, 109 integrating learning and decision-making in an online fashion. 110

The core of ODT is a transformer architecture trained to optimize a sequence modeling objective that 111

predicts the next action based on a history of states, actions, and rewards. Given a history encoded as 112

sequences, the ODT models the conditional probability of actions given past experiences, formulated 113

$$\pi(a_t|s_t, g_t) \approx P(a_t|\text{context}),$$

where  $g_t$  represents the return-to-go, a sum of future rewards, and  $s_t$  denotes the current state. The 115 context comprises past states, actions, and achieved rewards up to time t. 116

The policy is refined using a replay buffer  $T_{replay}$  that stores trajectories: 117

$$T_{\text{replay}} = \{\tau_1, \tau_2, \dots, \tau_N\},\$$

where each  $\tau_i$  is a trajectory containing sequences of states, actions, and rewards. During training, 118

this buffer is continuously updated by replacing the oldest trajectories with new ones obtained from 119

recent environment interactions, ensuring that the policy adapates to the most recent data. 120

The ODT utilizes the transformer's capability to process sequences of data to dynamically update its 121

policy based on the replay buffer. The policy  $\pi_{\theta}$  is optimized by fine-tuning the transformer model 122 on sequences drawn from  $T_{replay}$ , using the objective: 123

$$\pi_{\theta} \leftarrow \arg \max_{\pi} \mathbb{E}\left[\sum_{t=0}^{T} \gamma^{t} r_{t}\right],$$

where  $r_t$  is the reward at time t and  $\gamma$  is the discount factor.

<sup>125</sup> During online interactions, the ODT first collect data from the environment using the current policy

<sup>126</sup>  $\pi_{\theta}$  then update the replay buffer  $T_{\text{replay}}$  by incorporating new trajectories and discarding the oldest.

After that, it refines the policy  $\pi_{\theta}$  by training on a sampled batch from  $T_{\text{replay}}$ . This continuous loop

<sup>128</sup> of feedback and adaptation allows the ODT to maintain a policy that is responsive to the evolving

<sup>129</sup> dynamics of the environment. The integration of a transformer-based sequence model with an RL

policy training framework enables the ODT to leverage the strengths of both sequence modeling and

131 reinforcement learning techniques.

#### 132 2.2 Dreamer

### Algorithm 2 Dreamer

1: Initialize dataset D with S random seed episodes. 2: Initialize neural network parameters  $\theta, \phi, \psi$  randomly. 3: while not converged do 4: for update step  $c = 1 \dots C$  do 5: // Dynamics learning 6: Draw *B* data sequences  $\{(\mathbf{a}_t, \mathbf{o}_t, r_t)\}_{t=k}^{k+L} \sim D$ . 7: Compute model states  $s_t \sim p_{\theta}(s_t | s_{t-1}, a_{t-1}, o_t)$ . 8: Update  $\theta$  using representation learning. 9: // Behavior learning Imagine trajectories  $\{(s_r, a_r)\}_{r=t}^{t+H}$  from each  $s_t$ . 10: 11: Predict rewards  $E(r_t|s_t)$  and values  $V(s_t)$ . Compute value estimates  $V_{\psi}(s_t)$ . 12: Update  $\phi \leftarrow \phi + \alpha \nabla_{\phi} \sum_{t=r}^{t+H} V_{\psi}(s_t)$ . Update  $\psi \leftarrow \psi - \alpha \nabla_{\psi} \frac{1}{2} \sum_{t=r}^{t+H} (\psi(s_t) - V_{\psi}(s_t))^2$ . 13: 14: 15: end for 16: // Environment interaction 17:  $\mathbf{o}_1 \leftarrow \text{env.reset}()$ 18: for time step  $t = 1 \dots T$  do 19: Compute  $s_t \sim p_{\theta}(s_t | s_{t-1}, a_{t-1}, o_t)$ . 20: Compute  $a_t \sim q_{\phi}(a_t|s_t)$  with the action model. 21: Add exploration noise to  $a_t$ . Execute action  $a_t$  and observe reward  $r_t$  and new observation  $o_{t+1}$ . 22: 23: Add experience to dataset  $D \leftarrow D \cup \{(\mathbf{o}_t, a_t, r_t)\}_{t=1}^T$ . 24: end for 25: end while

The Dreamer algorithm represents a significant step forward in latent dynamics learning for control by leveraging model based reinforcement learning, mostly for model based RL. By abstracting the observation space into a compact latent space, the dreamer can efficiently predicts future states and rewards, enabling it to plan and learn policies entirely through latent imagination.

<sup>137</sup> The world model in Dreamer consists of three key components:

138	• <b>Representation Model</b> : $p(s_t s_{t-1}, a_{t-1}, o_t)$ , which encodes observations into a latent state,
139	integrating past actions and states.

• **Transition Model:**  $q(s_t|s_{t-1}, a_{t-1})$ , which predicts the next latent state given the current state and action, facilitating the generation of future trajectories without real-world interaction.

• **Reward Model**:  $q(r_t|s_t)$ , which estimates the immediate reward from the current latent state, crucial for evaluating the desirability of states within imagined trajectories.

Dreamer utilizes latent imagination to learn optimal behaviors by simulating trajectories in the latent space, derived from the learned world model. This approach allows Dreamer to perform efficient, farsighted planning by propagating value estimates backward through imagined trajectories. The key mathematical formulations in this process include the Action Model:  $a_{\tau} \sim q_{\phi}(a_{\tau}|s_{\tau})$ , which opti-

- mizes actions to maximize expected returns, and the Value Model:  $v_{\psi}(s_{\tau}) \approx \mathbb{E}\left[\sum_{\tau=t}^{t+H} \gamma^{\tau-t} r_{\tau} | s_{\tau}\right]$ , which estimates the value of latent states over a finite horizon H.
- 151 The optimization objectives are:

### **• Action Optimization:**

$$\max_{\phi} \mathbb{E}_{q_{\theta}, q_{\phi}} \left[ \sum_{\tau=t}^{t+H} V_{\lambda}(s_{\tau}) \right],$$

aiming to find the policy parameters  $\phi$  that maximize the sum of discounted future values estimated by the value model.

#### Value Regression:

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$$\min_{\psi} \mathbb{E}_{q_{\theta}, q_{\phi}} \left[ \frac{1}{2} \sum_{\tau=t}^{t+H} \| v_{\psi}(s_{\tau}) - V_{\lambda}(s_{\tau}) \|^2 \right],$$

minimizing the prediction error of the value model, aligning it with the computed value
 estimates to ensure consistency and stability in policy evaluation.

Dreamer's integration of deep learning with latent variable models for reinforcement learning showcases several advantages over both traditional model-based and model-free methods. By optimizing behavior in a compact, learned representation of the world, Dreamer achieves remarkable data efficiency and scalability, effectively handling environments with complex, high-dimensional sensory inputs. This makes it a powerful tool for a wide range of applications, from robotics to virtual simulations, where sample efficiency and rapid adaptation to new scenarios are critical.

# 164 **3** Algorithm: Dreamer Online Decision Transformer for RL

Algorithm 3 DODT: Parallel ODT Training with Dreamer Trajectories

- 1: **Input:** offline data  $T_{\text{offline}}$ , exploration RTG  $T_{\text{online}}$ , buffer sizes N, D, training rounds R, gradient iterations I.
- 2: Initialization: Initialize replay buffers  $T_{replay}$  and D as per Algorithms 1 and 2.
- 3: Initialize policies  $\pi_{\theta}$  (ODT) and  $\phi, \psi$  (Dreamer) with pre-training or random weights.
- 4: Load environment and set up necessary configurations.
- 5: **for** round = 1, ..., R **do**
- 6: // Dreamer Interaction Phase (Algorithm 2)
- 7:  $\mathbf{o}_1 \leftarrow \text{env.reset}()$
- 8: **for** time step  $t = 1 \dots T$  **do**
- 9: Use Dreamer to compute  $a_t \sim q_{\phi}(a_t|s_t)$  for the current state.
- 10: Execute  $a_t$  in the environment, observe new state  $o_{t+1}$ , reward  $r_t$ .
- 11: Update Dreamer's dataset  $D \leftarrow D \cup \{(\mathbf{o}_t, a_t, r_t)\}.$
- 12: Use Dreamer's model to perform learning updates.
- 13: **end for**
- 14: // ODT Interaction Phase (Algorithm 1)
- 15:  $\tau \leftarrow$  Generate trajectory using Dreamer's  $\pi_{\theta}$  for exploration with RTG  $T_{\text{online}}$ .
- 16: Update ODT's replay buffer  $T_{\text{replay}} \leftarrow (T_{\text{replay}} \setminus \{\text{lowest reward trajectory}\}) \cup \{\tau\}.$
- 17: Finetune  $\pi_{\theta}$  using ODT on  $T_{\text{replay}}$  for *I* gradient iterations.
- 18: // Evaluate Performance
- 19: Evaluate the combined performance of Dreamer and ODT.
- 20: Log performance metrics.
- 21: end for

Algorithm 1) and Dreamer (Algorithm 2) into a cohesive framework to enhance learning in complex

Our new algorithm (DODTS, Algorithm 3) integrates the Online Decision Transformer (ODT,

<sup>167</sup> environments. This integration exploits the generative model capabilities of Dreamer and the

decision-making prowess of ODT, providing a robust solution to decision-making tasks in dynamic
 environments.

The algorithm begins with initializing the respective replay buffers:  $T_{\text{replay}}$  for ODT and D for Dreamer. Model parameters  $\pi_{\theta}$  for ODT and  $\phi, \psi$  for Dreamer are initialized either from pre-trained states or randomly. During each round of training, Dreamer engages with the environment to generate new trajectories, enhancing its generative and predictive capabilities. Concurrently, ODT generates trajectories using its policy  $\pi_{\theta}$ , optimized towards a specific reward-to-go. These trajectories are added to the ODT's replay buffer  $T_{\text{replay}}$ , and the policy  $\pi_{\theta}$  is fine-tuned based on these new experiences.

In this integrated framework, the models continuously exchange information, where the trajectories 176 generated by Dreamer enhance the contextual dataset for ODT, enabling it to refine its decision-177 making process with richer environmental feedback. This interaction is further optimized through a 178 series of gradient iterations and buffer updates, ensuring both models evolve towards maximizing their 179 performance in predicting and making effective decisions. The strength of our approach lies in its 180 ability to maintain a continuous loop of feedback and learning between the two models. This not only 181 accelerates the learning process but also enhances the quality of the decision-making and predictive 182 accuracy, leveraging the strengths of both models to address the complexities of the tasks at hand. 183 Our contributions underscore the novelty and impact of this integrated approach, as outlined at the 184 beginning of the document. The parallel training architecture, trajectory-informed decision-making, 185 and cross-model feedback mechanism collectively push the boundaries of what is achievable in 186 autonomous learning systems, setting new benchmarks for efficiency and effectiveness in complex 187 environments. 188

# 189 **4** Experiment

Dataset	ODT	DODT
Hopper - medium	97.94 ± 2.10	$96.84 \pm 2.19$
Hopper - medium -replay	88.89 ± 6.33	90.31 ± 3.57
Walker2d - medium	76.79 ± 2.30	$75.49 \pm 1.82$
Walker2d - medium -replay	76.86 ± 4.04	$74.98 \pm 1.45$
Half-cheetah - medium	$42.16 \pm 1.48$	$60.93 \pm 6.83$
Half-cheetah - medium -replay	$40.42 \pm 1.61$	$57.82 \pm 5.79$
Ant - medium	$90.79 \pm 5.80$	92.01 ± 4.91
Ant - medium -replay	$91.57 \pm 2.73$	93.54 ± 6.31
Sum	605.02	641.89

We conducted the experiments within the MuJoCo simulation environment [20], and a detailed comparative analysis was performed between the Online Decision Transformer (ODT) and the Dreamer Online Decision Transformer (DODT). Both of these models were evaluated across a suite of tasks designed to probe their efficacy under varying conditions reflective of real-world complexity.

We analyzed the performance of the Online Decision Transformer (ODT) and the Dreamer Online 194 Decision Transformer (DODT) across various tasks. Results indicate that ODT excels in environments 195 with less complexity, such as "Hopper - medium" and "Walker2d - medium," suggesting better 196 suitability for stable, predictable contexts. In contrast, DODT showcases superior performance 197 in more complex scenarios, including "Half-cheetah - medium" and "Ant - medium," particularly 198 when historical replay is incorporated. This improvement highlights DODT's effective integration 199 of Dreamer's generative modeling with ODT's adaptive decision-making, enhancing its ability to 200 handle environmental variability and uncertainty. 201

Overall, DODT outperforms ODT with a total score of 641.89 compared to 605.02, demonstrating robust adaptability across varied tasks. This suggests that combining generative trajectory modeling with adaptive decision frameworks may significantly advance reinforcement learning applications requiring high generalization and responsiveness to dynamic conditions.

# **206 5 Conclusion and Future Work**

In this paper, we introduced the Dreamer Online Decision Transformer (DODT), a novel algorithm 207 that integrates the Dreamer model's trajectory generation into the Online Decision Transformer, 208 enhancing the model's capability to make informed, sequential decisions. Tested within the MuJoCo 209 simulation environment, DODT not only surpasses the Online Decision Transformer (ODT) in terms 210 of total reward achievement but also demonstrates improved sample efficiency and robustness across 211 a variety of dynamic tasks. This integration allows for a deeper understanding of and responsiveness 212 to changing environmental conditions, as DODT leverages Dreamer's ability to simulate and evaluate 213 214 future states to optimize decision-making strategies in real-time, significantly boosting the system's 215 adaptiveness and overall performance.

Limitations: Despite its effectiveness, the DODT framework has certain limitations that need to be
addressed in future work. The computational overhead associated with running two complex models
in parallel can be substantial, potentially limiting its applicability in resource-constrained scenarios.
Furthermore, while the integration allows for enhanced performance in complex environments, it
might introduce additional complexity in tuning and convergence, requiring more sophisticated
techniques to manage the interplay between the two models effectively.

**Future Directions:** For future research, we aim to explore methods to reduce the computational 222 demands of the DODT, potentially through model simplification or more efficient training algorithms. 223 Additionally, we plan to eliminate the reliance on a pre-trained dataset from D4RL. Another promising 224 direction is the exploration of the transfer learning capabilities of DODT, where the model could be 225 pre-trained in a simulated environment and fine-tuned in real-world applications, thereby enhancing 226 its practical utility. Moreover, investigating the scalability of DODT to multi-agent systems and its 227 performance in non-MuJoCo environments would provide deeper insights into the versatility and 228 robustness of the integrated model approach. 229

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