Emotion-Annotated Data in NLP: Perspectives on Recent Resources and Practices

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Abstract

Automated Emotion Recognition in language is a challenging task that has attracted considerable attention especially in recent years. We present a summary of our findings and observations based on a thorough analysis of recent resources and related practices.

1 Introduction

The task of automated emotion recognition (AER) in language as an application of NLP has substantial real-world application potential from analyzing large corpora of literary texts to enhancing intelligent chatbots. AER deals with recognizing specific emotions in the text, such as anger, sadness, or joy. This is a challenging task, as opposed to simpler tasks such as sentiment analysis or polarity detection. For example, consider the statement "An old friend called out of the blue": this could convey surprise and joy, or nostalgia and sadness, or even anxiety, depending on the individual and their relationship with the friend.

When corpora are collected for AER, they must be annotated with emotions. There is great variability, for example, in annotation schemes (e.g., single vs. multi-label) or even which emotions are used. Annotating the data with emotions is inherently not a simple task: in the example we used above, we could consider the speaker's versus the reader's perspective, and the latter might differ from one person to another (Mohammad, 2022).

Despite these challenges, there has been a surge of AER research since 2018 (Plaza-del Arco et al., 2024). In this work, we summarize our findings and discuss our observations based on our earlier systematic study of recent emotion-annotated resources and related practices (2018 to now).¹

2 Resources and related practices

Overview: Many of the datasets we found in our review came from social media such as Twitter/X (Mohammad et al., 2018; Barbieri et al., 2020) or Reddit (Demszky et al., 2020). There were a few corpora containing self-written statements or essays (Kleinberg et al., 2020; Troiano et al., 2019). Other sources include TV scripts (Hsu et al., 2018), news headlines (Oberländer et al., 2020), movie subtitles (Öhman et al., 2020) and literary narratives (Liu et al., 2019). Related to topics, certain corpora explore reactions to news (Tafreshi et al., 2021; Huguet Cabot et al., 2021) or COVID-19 (Yang et al., 2020). Regarding emotions, most datasets feature a few basic emotions, with distributions varying across datasets.

Lack of Resources/Awareness: Based on our study, there is currently no comprehensive resource (repository) that encompasses all available emotion-annotated corpora. Existing well-known ML/NLP data repositories such as Hugging Face contain only a handful of emotion-annotated text corpora, most of which are lacking documentation or even citation/author. Regarding studies and surveys, in 2018, Oberländer and Klinger (2018) conducted a unified framework and analysis of 14 corpora. Their work was shared online to allow comparisons of the corpora. Recent surveys we reviewed, e.g. (Deng and Ren, 2021; Kusal et al., 2023), do not cover many of the datasets we discovered in our study. Recently, Plaza-del Arco et al. (2024) reviewed over 150 ACL papers and offered a detailed overview of trends and gaps, aligning with many of our findings.

It should be noted that certain datasets are wellknown in the NLP community: e.g. *GoEmotions* (Demszky et al., 2020) and *TweetEval* (Barbieri et al., 2020) based on *Affect in Tweets* (Mohammad et al., 2018), each cited more than 700 times (per Google scholar, Aug. 2024). These are

¹The in-depth study and analysis is part of a larger (journal) article. This extended abstract summarizes our findings citing example articles: they should be interpreted as representative examples and not as a comprehensive review.

also examples of the sweeping trend we observed: most data were collected from social media or online forums, with each record containing a short post or comment. On the other hand, we identified very different corpora that are not as well-known, e.g. *Real World Worry Waves Dataset (RW3D)* (van der Vegt and Kleinberg, 2023) with UK survey responses (essays and emotion self-ratings) related to COVID-19 over 3 years, and *EmotionArcs* (Öhman et al., 2024) with emotional arcs from over 9,000 English novels. Sharing available resources in a centralized repository would improve resource awareness and standardization, with great potential to advance research in this field, for example benchmarking efforts.

Issues with existing resources: As we mentioned earlier, most data come from social media or online forums. The language on these platforms includes misspellings, emojis, abbreviations, etc., which makes it difficult to parse or follow. The collected datasets do not represent linguistic patterns or human communication outside of these platforms. Additionally, it is known that many of the social media platforms are biased: for example, platforms such as Reddit are not representative of a diverse population, and are instead biased towards young male users (Demszky et al., 2020). The vast majority of data is in English, a common issue in NLP. There are efforts to present datasets in other languages, and we also found some datasets in multiple languages, e.g. Universal Joy (Lamprinidis et al., 2021) with anonymized Facebook posts in 18 languages. A recent work explored emotion detection in low/moderate-resource languages with transfer learning (Tafreshi et al., 2024). Specifically for emotion detection, one should consider linguistic and cultural differences (De Bruyne, 2023).

There is great variability in how data has been annotated with emotions. The collectors of the data have followed different emotion taxonomies borrowed from Psychology (Plaza-del Arco et al., 2024). Most datasets use basic emotions, usually relying on Ekman taxonomy from the 1970s (Ekman, 1992), and to a lesser extent Plutchik (1984). The Ekman representation links emotions to facial expressions or similar: this has been challenged by Barrett (2017), who also highlighted the need to consider context in interpreting emotions. De Bruyne (2023) discussed how these basic emotions are too broad to be realistic and thus useful. At the same time, using a large number of detailed emotions might increase the overlap of the emotions, which is harder (more confusing) for annotators (Öhman, 2020). A few works used finegrained emotion labeling, e.g. (Demszky et al., 2020; Imran et al., 2022).

Annotation practices also reveal challenges. For example, there is a lack of detailed or uniform reporting on annotator demographics and training (Plaza-del Arco et al., 2024), and great variability in number of annotators, metrics for interannotator agreement etc., as also observed by Stajner (2021). Only a couple of works followed data statements proposed by Bender and Friedman (2018). Given the subjectivity of the AER task, it could be beneficial to consider disagreements in annotations (Basile et al., 2021). Finally, ethical considerations, as presented by Mohammad (2022), emphasize the importance of having tasks that are clearly defined and also considering how emotions are expressed and perceived by different individuals.

Limited Interdisciplinary Work: Research integrating NLP with Humanities, Psychology and Social Sciences remains limited. McGillivray et al. (2020) and Öhman et al. (2023) focused on Digital Humanities, Behnke et al. (2023) on Psychology/CS perspectives, and Demszky et al. (2023) discussed LLMs in Psychology. Interdisciplinary collaboration is vital for refining emotion models and developing culturally and contextually relevant applications.

3 Conclusions

Based on our in-depth exploration of recent AER resources and related practices, we summarized our findings including issues and challenges. By exploring strategies for overcoming them, we can promote a more integrated approach that enhances the effectiveness and applicability of AER techniques. Towards that goal, we recently presented a unified framework built from several emotionannotated corpora, with which we conducted initial benchmarking experiments (Koufakou et al., 2024). We shared our code and data information online.² Building on our in-depth analysis of related datasets, we are currently curating a repository that includes details and comparisons, while also seeking ways to engage with researchers beyond the NLP community.

²https://github.com/a-koufakou/ EmoDetect-Unifv

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