

# DHP: DISCRETE HIERARCHICAL PLANNING FOR HRL AGENTS

**Anonymous authors**

Paper under double-blind review

## ABSTRACT

Hierarchical Reinforcement Learning (HRL) agents often struggle with long-horizon visual planning due to their reliance on error-prone distance metrics. We propose Discrete Hierarchical Planning (DHP), a method that replaces continuous distance estimates with discrete reachability checks to evaluate subgoal feasibility. DHP recursively constructs tree-structured plans by decomposing long-term goals into sequences of simpler subtasks, using a novel advantage estimation strategy that inherently rewards shorter plans and generalizes beyond training depths. In addition, to address the data efficiency challenge, we introduce an exploration strategy that generates targeted training examples for the planning modules without needing expert data. Experiments in 25-room navigation environments demonstrate a 100% success rate (vs. 90% baseline). The method also generalizes to momentum-based control tasks and requires only  $\log N$  steps for replanning. Theoretical analysis and ablations validate our design choices.

## 1 INTRODUCTION

Hierarchical planning enables agents to solve complex tasks through recursive decomposition Dietterich (2000), but existing approaches face fundamental limitations in long-horizon visual domains. While methods using temporal distance metrics Pertsch et al. (2020); Ao et al. (2021) or graph search Eysenbach et al. (2019) have shown promise, their reliance on precise continuous distance estimation creates two key challenges:

- **Coupled Learning Dynamics:** Distance estimates depend on the current policy’s quality, where suboptimal policies produce misleading distances and practical implementations may require arbitrary distance cutoffs Ao et al. (2021); Eysenbach et al. (2019).
- **Exploratory Objective:** The intrinsic rewards used for training explorers may not align with the planning objective leading to inaccurate distance measures by design (Fig. 9).

We address these issues by reformulating hierarchical planning through discrete reachability – a paradigm shift from "How far?" to "Can I get there?". Our method (DHP) evaluates plan feasibility through binary reachability checks rather than continuous distance minimization. This approach builds on two insights: local state transitions are easier to model than global distance metrics, and reachability naturally handles disconnected states through 0/1 signaling.

Our key contributions:

- A reachability-based discrete reward scheme for planning. (Sec. 2.3.2, Fig. 7d).
- An advantage estimation algorithm for tree-structured plans (Sec. 2.3.3, Fig. 7b).
- A memory conditioned exploration strategy outperforming expert data (Sec. 2.4, Figs. 7c,10).
- An extensive ablation study that measures the contribution of each module (Sec. 3.2).

Empirical results confirm these design choices. On the 25-room navigation benchmark, DHP achieves perfect success rates (100% vs 90%) with shorter path lengths (Sec. 3.1). Our ablation studies demonstrate that both the reachability paradigm and the novel advantage estimation contribute significantly to these gains (Section 3.2). We also test our method in a momentum-based RoboYoga environment for generalizability. Video: <https://sites.google.com/view/dhp-video/home>.

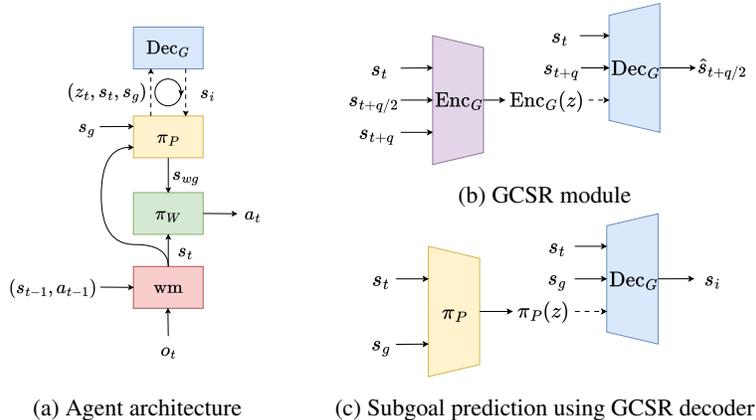


Figure 1: Illustrations for different module architectures. (a) Overall planning agent architecture. The world model predicts the state  $s_t$ , the planner takes the current and goal states  $(s_t, s_g)$  to output a latent variable  $z$ , the GCSR Decoder is then used to predict a subgoal  $s_i$ . Then the subgoal is used as a goal to predict another subgoal. This continues recursively till a reachable subgoal  $s_{wg}$  is found, which is then passed to the worker. (b) The GCSR module is a conditional VAE that consists of an encoder and a decoder optimized to predict midway states, given the initial and final states. (c) The planning policy uses the GCSR decoder to predict subgoals.

## 2 DISCRETE HIERARCHICAL PLANNING (DHP)

In the context of Markovian Decision Processes (MDP), a Reinforcement Learning task can be imagined as an agent transitioning through states  $s_t$  using actions  $a_t$ . Our task is to find the shortest path between any two given states  $(s_t, s_g)$ . To do this, we first use an explorer to collect a dataset of useful trajectories possible within the environment. Then we learn a planning policy that learns to predict subgoals, decomposing the initial task into two simpler subtasks. The recursive application of the policy breaks the subtasks further till subtasks directly manageable by the worker are found.

### 2.1 AGENT ARCHITECTURE

We use the base architecture from the Director Hafner et al. (2022) as it has been observed to provide a practical method for learning hierarchical behaviors directly from pixels. It consists of three modules: world-model, worker, and manager. The world model is implemented using the Recurrent State Space Module (RSSM) Hafner et al. (2019), which learns state representations  $s_t$  using a sequence of image observations  $o_t$ . The worker policy  $\pi_W$  learns to output environmental actions  $a_t$  to reach nearby states  $s_{wg}$ . The manager  $\pi_M$  is a higher-level policy that learns to output desirable sub-goal states  $s_{wg}$  for the worker (updated every  $K$  steps) in the context of an external task and the exploratory objective jointly. We replace the manager with our explorer policy  $\pi_E$  and the planning policy  $\pi_P$  as required. Figure 1a shows the agent architecture during inference using  $\pi_P$ . The worker and the world-model are trained using the default objectives from the Director (for more details see Appendix B). First, we describe our planning policy and then derive an exploratory strategy fit for it.

### 2.2 PLANNING POLICY

The Planning policy  $\pi_P$  is a goal-conditioned policy that takes the current and goal state as inputs to yield a subgoal. However, predicting directly in the continuous state space leads to the problem of high-dimensional continuous control Hafner et al. (2022); Pertsch et al. (2020). To reduce the search space for the planning policy, we train a discrete Conditional Variational AutoEncoder (CVAE) that learns to predict midway states  $s_{t+q/2}$  given an initial and a final state  $(s_t, s_{t+q})$ . We refer to this module as Goal-Conditioned State Recall (GCSR). It consists of an Encoder and a Decoder (Fig. 1b). The Encoder takes the initial, midway, and final states  $(s_t, s_{t+q/2}, s_{t+q})$  as input to output a distribution over a latent variable  $\text{Enc}_G(z|s_t, s_{t+q/2}, s_{t+q})$ . The Decoder uses the states  $(s_t, s_{t+q})$  and a sample from the latent distribution  $z \sim \text{Enc}_G(z)$  to predict the midway state  $\text{Dec}_G(s_t, s_{t+q}, z) \rightarrow \hat{s}_{t+q/2}$ . The module is optimized using the data collected by the explorer to minimize the ELBO objective (Eq. 1). A mixture of categoricals ( $4 \times 4$ ) is used as the prior latent distribution  $p_G(z)$  for all our experiments. Triplets at multiple temporal resolutions  $q \in Q$  are

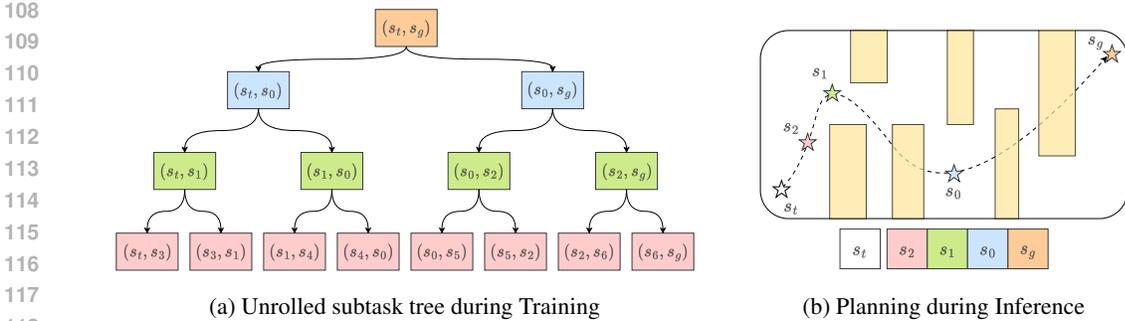


Figure 2: The figure illustrates the plan unrolling process during the training and inference phases. (a) During **Training**, the initial task  $(s_t, s_g)$  is recursively decomposed into smaller tasks by midway subgoal prediction to generate a subtask tree. The lowest level nodes represent the simplest decomposition of the initial task as:  $(s_t, s_g) \rightarrow (s_t, s_3, s_1, s_4, s_0, s_5, s_2, s_6, s_g)$ . (b) During **Inference**, only the first branch of the tree is unrolled. Here, the agent is tasked with reaching  $s_g$ . So it first divides the task  $(s_t, s_g)$  into two chunks by inserting  $s_0$ . Then it proceeds to divide the subtask  $(s_t, s_0)$  by inserting  $s_1$  and ignoring the second part  $(s_0, s_g)$ . The recursive division continues till the first subgoal reachable in  $K$  steps is found. This results in a stack of subgoals shown at the bottom.

extracted, allowing the agent to function at all temporal resolutions. For minimizing overlap between resolutions, we use exponentially increasing temporal resolutions,  $Q = \{2K, 4K, 8K, \dots\}$ .

$$\mathcal{L}(\text{Enc}_G, \text{Dec}_G) = \sum_{q \in Q} \|s_{t+q/2} - \text{Dec}_G(s_t, s_{t+q}, z)\|^2 + \beta \text{KL}[\text{Enc}_G(z|s_t, s_{t+q/2}, s_{t+q}) \| p_G(z)]$$

where  $z \sim \text{Enc}_G(z|s_t, s_{t+q/2}, s_{t+q})$  (1)

The planning policy predicts in the learned latent space, which are expanded into sub-goals using the GCSR decoder as:  $\text{Dec}_G(s_t, s_g, z)$  where  $z \sim \pi_P(z|s_t, s_g)$  (Fig. 1c). Note that the word *discrete* in our title refers to our plan evaluation method (Sec. 2.3.2), not the action space of the planning policy.

### 2.3 PLANNING POLICY OPTIMIZATION

The planning policy is optimized as a Soft-Actor-Critic (SAC) Haarnoja et al. (2018) in three steps: construct plans between random state pairs (Sec. 2.3.1), plan evaluation using discrete rewards and our novel advantage estimation method (Sec. 2.3.2, 2.3.3), and policy updates using policy gradients (Sec. 2.3.4).

#### 2.3.1 PLAN UNROLLING

Given the initial and final states  $(s_t, s_g)$ , subgoal generation methods predict an intermediate subgoal  $s_0$  that breaks the task into two simpler subtasks  $(s_t, s_0)$  and  $(s_0, s_g)$ . The recursive application of the subgoal operator further breaks the task, leading to a tree of subtasks  $\tau$ . The root node  $n_0$  represents the original task  $(s_t, s_g)$ , and each remaining node  $n_i$  in the tree  $\tau$  represents a sub-task. At each node  $n_i$ , the policy predicts a subgoal as:  $s_i = \text{Dec}_G(n_{i,0}, n_{i,1}, z)$  where  $z \sim \pi_P(z_i|n_i)$ . The preorder traversal of the subtask tree of depth  $D$  can be written as  $n_0, n_1, n_2, \dots, n_{2^{D+1}-2}$ . Figure 2a shows an example unrolled tree. The lowest-level nodes show the smallest decompositions of the task under the current planning policy  $\pi_P$ .

**Inference:** Unlike traditional methods for hierarchical planning (eg. cross-entropic methods (CEM) Rubinstein and Kroese (2004); Nagabandi et al. (2018)), which require unrolling multiple full trees followed by evaluation at runtime, our method does not require full tree expansion. A learned policy always predicts the best estimated subgoal by default. Thus, we can unroll only the leftmost branch, as only the first reachable subgoal is required (Fig. 2b). Efficient planning allows the agent to re-plan at every goal refresh step ( $K$ ), thereby tackling dynamic and stochastic environments.

### 2.3.2 DISCRETE REWARDS SCHEME

We want to encourage trees that end in subtasks manageable by the worker. A subtask is worker-manageable if the node goal  $n_{i,1}$  is reachable by the worker from the node initial state  $n_{i,0}$ . Since learning modules inside other learned modules can compound errors, we use a more straightforward method to check reachability. We simulate the worker for  $K$  steps using RSSM imagination, initialized at  $n_{i,0}$  with goal  $n_{i,1}$ . If the `cosine_max` similarity measure between the worker’s final state  $s_{t,i}$  and the assigned goal state is above a threshold  $\Delta_R$ , the node is marked as *terminal* (Eq. 2). The *terminal* nodes do not need further expansion, which is different from the word’s usual meaning in the context of trees. The lowest layer non-*terminal* nodes in a finite-depth unrolled tree are called *truncated* nodes. Computing the *terminal* array  $T_i$  allows supporting imperfect trees with branches terminating at different depths. A plan is considered *valid* if all its branches end in *terminal* nodes. The policy is rewarded 1 at *terminal* nodes and 0 otherwise (Eq. 3). A discrete reward scheme enables optimization that increases the likelihood of *valid* plans compared to distance-based approaches, which gradually optimize the policy to reduce path length.

$$T_i = T_{(i-1)/2} \vee \text{cosine\_max}(s_{t,i}, n_{i,1}) > \Delta_R \quad (2)$$

$$R_i = \begin{cases} 1, & \text{if } T_i == \text{True} \\ 0, & \text{otherwise} \end{cases} \quad (3)$$

### 2.3.3 RETURN ESTIMATION FOR TREES

Taking inspiration from the standard discounted return estimation for *linear* trajectories (sequence of states) Sutton and Barto (2018), we propose an approach for tree trajectories. Returns for a *linear* trajectory are computed as the reward received at the next step and discounted rewards thereafter,  $G_t = R_{t+1} + \gamma G_{t+1}$ . Similarly, the return estimate for trees is the minimum discounted return from the child nodes. Given a tree trajectory  $\tau$ , the Monte-Carlo return (Eq. 4), the 1-step return (Eq. 5), and the lambda return (Eq. 6) for each non-*terminal* node as can be written as:

$$G_i = (1 - T_i) \cdot \min(R_{2i+1} + \gamma G_{2i+1}, R_{2i+2} + \gamma G_{2i+2}) \quad (4)$$

$$G_i^0 = (1 - T_i) \cdot \min(R_{2i+1} + \gamma v_P(n_{2i+1}), R_{2i+2} + \gamma v_P(n_{2i+2})) \quad (5)$$

$$G_i^\lambda = (1 - T_i) \cdot \min(R_{2i+1} + \gamma((1 - \lambda)v_P(n_{2i+1}) + \lambda G_{2i+1}^\lambda), R_{2i+2} + \gamma((1 - \lambda)v_P(n_{2i+2}) + \lambda G_{2i+2}^\lambda)) \quad (6)$$

All branches should end in *terminal* nodes to score a high return with the above formulation. Additionally, since the discount factor diminishes the return with each additional depth, the agent can score higher when the constructed tree is shallow (less maximum depth). This characteristic is similar to *linear* trajectories, where the return is higher for shorter paths to the goal Tamar et al. (2016).

Fig. 3 illustrates example return evaluations for Monte-Carlo returns and  $n$ -step truncated returns that use value estimates to replace rewards at the non-*terminal truncated* nodes. The  $n$ -step returns allow for generalization beyond the maximum unrolled depth  $D$  (Sec. A.2.2). Thus, the tree can be unrolled for higher depths  $D_I$  during inference. We show that the Bellman operators for the above returns are contractions and repeated applications cause the value function  $v_P^\pi$  to approach a stationary  $v^*$  (Sec. A.4). We explore how the return penalizes maximum tree depth and encourages balanced trees (Sec. A.2.3), implying that the optimal policy inherently breaks tasks roughly halfway.

### 2.3.4 POLICY GRADIENTS

Using tree return estimates (we use  $n$ -step lambda returns in all cases), we derive the policy gradients for the planning policy as (Eq. 7, proof in Sec. A.1). We show that if the function  $G_i^\lambda$  is replaced by a function independent of the policy actions, the expectation reduces to 0, implying that we can use the value function as a baseline for variance reduction (Th. A.2). With policy gradients and an entropy term, to encourage random exploration before convergence, we construct the loss function for the actor  $\pi_P$  and critic  $v_P$  as (sum over all nodes except the *terminal* and *truncated* nodes):

216  
217  
218  
219  
220  
221  
222  
223  
224  
225  
226  
227  
228  
229  
230  
231  
232  
233  
234  
235  
236  
237  
238  
239  
240  
241  
242  
243  
244  
245  
246  
247  
248  
249  
250  
251  
252  
253  
254  
255  
256  
257  
258  
259  
260  
261  
262  
263  
264  
265  
266  
267  
268  
269

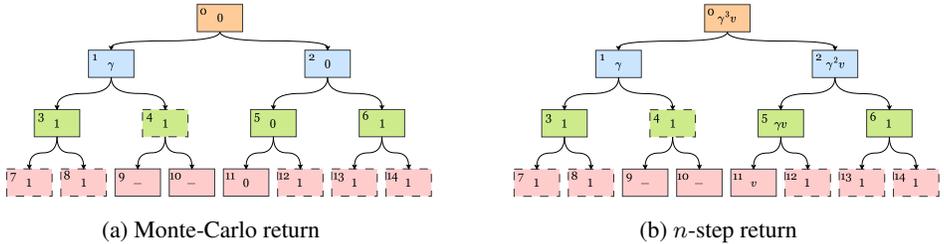


Figure 3: Example return estimations for an imperfect tree (node indices at top-left). The dash-bordered cells indicate *terminal* nodes where the policy receives a 1 reward and the branch terminates. While one of the branches terminates early ( $i = 4$ ), one does not for the unrolled depth ( $i = 11$ ). (a) Since we compute the return as the min of the child nodes, the Monte-Carlo return at the root node is 0 in this case. However, a positive learning signal is still induced at nodes ( $i = 1, 3, 6$ ). (b) Using the critic as a baseline for computing  $n$ -step returns. The  $n$ -step returns allow bootstrapping by substituting the reward with value estimates  $v$  at the *truncated* node ( $i = 11$ ). This induces a learning signal at the root node even if the plan is incomplete for the unrolled depth.

$$\nabla_{\pi_P} J(\pi_P) = \mathbb{E}_{\tau} \sum_{i=0}^{2^D-2} G_i^\lambda(\tau) \nabla_{\pi_P} \log \pi_P(z_i | n_i) \tag{7}$$

$$\mathcal{L}(\pi_P) = -\mathbb{E}_{\tau \sim \pi_P} \sum_{i=0}^{2^D-2} (1 - T_i) \cdot (G_i^\lambda - v_P(n_i)) \log \pi_P(z_i | n_i) + \eta \mathbb{H}[\pi_P(z_i | n_i)] \tag{8}$$

$$\mathcal{L}(v_P) = \mathbb{E}_{\tau \sim \pi_P} \sum_{i=0}^{2^D-2} (1 - T_i) \cdot (v_P(n_i) - G_i^\lambda)^2 \tag{9}$$

## 2.4 EXPLORER

During exploration, an exploration policy  $\pi_E$  is used as a manager to drive the worker behavior. For the same problem of continuous control, the Explorer predicts goals in a discrete latent space learned using a VAE. As the predicted states do not need to be conditioned on other states like the planner, the Explorer VAE learns state representations unconditionally (similar to Director). The Explorer VAE consists of an encoder and a decoder ( $\text{Enc}_U, \text{Dec}_U$ ). The encoder predicts latent distributions using state representations:  $\text{Enc}_U(z | s_t)$ , and the decoder tries to reconstruct the states using the samples from the latent distribution:  $\text{Dec}_U(z)$  (Fig. 4a). As the prediction space is unconstrained, we use a larger latent size ( $8 \times 8$  mixture of categoricals). The VAE is optimized using the ELBO loss (Eq. 25). The Explorer is implemented as an SAC (Fig. 4b) and optimizes an intrinsic exploratory reward.

### 2.4.1 EXPLORATORY REWARD

Since the planning policy  $\pi_p$  uses the GCSR decoder for subgoal prediction, it is limited to the subgoals learned by the GCSR module. The GCSR training data must contain all possible state triplets in the environment for the planner to function well. To achieve this, we formulate our exploratory objective to encourage the Explorer to enact trajectories that are not well-modeled by the GCSR module. If Explorer traverses a trajectory that contains a state triplet  $(s_t, s_{t+q/2}, s_{t+q})$ , the modeling error is measured as the mean squared error between sub-goal  $s_{t+q/2}$  and its prediction using the GCSR decoder. We compute the exploratory rewards for state  $s_t$  based on the previous states as:

$$R_t^E = \sum_{q \in Q} \|s_{t-q/2} - \text{Dec}_G(s_{t-q}, s_t, z)\|^2 \quad \text{where } z \sim \text{Enc}_G(s_{t-q}, s_{t-q/2}, s_t) \tag{10}$$

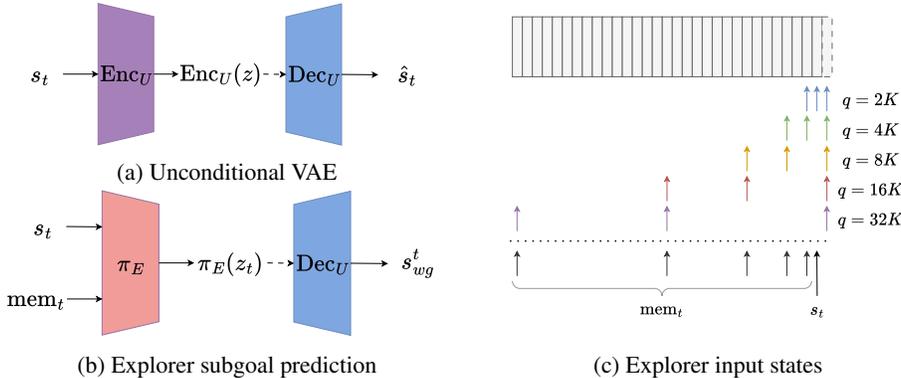


Figure 4: (a) Unconditional VAE that learns to predict states not conditioned on other states. (b) The explorer uses the memory and the VAE decoder to predict subgoals for the worker. (c) Illustration showing the states required as inputs for the Explorer for an example trajectory (top) being played out by an agent. It is a coarse trajectory that shows every  $K$ -th frame. The agent is at state  $s_t$  and will receive rewards when it moves into the placeholder future state  $s_{t+1}$  (dashed border). The rewards at  $s_{t+1}$  will be computed using the GCSR for different temporal resolutions  $q \in Q$  indicated on the right. The colored arrows indicate the state triplet required to compute the exploratory reward at  $s_{t+1}$ . Combining these state dependencies and removing redundancies yields the input requirements indicated below the dashed line. The inputs consist of the current state and the memory.

#### 2.4.2 MEMORY AUGMENTED EXPLORER

Since the exploratory rewards for the current step depend on the past states, the Explorer needs to know them to guide the agent accurately along rewarding trajectories. Fig. 4c shows the state dependencies for the exploratory rewards at different temporal resolutions  $q$ . Each temporal resolution  $q$  requires  $(s_{t-q}, s_{t-q/2})$  for computing reward. For our case, the past states required are:  $[(s_{t-K}, s_{t-2K}), (s_{t-2K}, s_{t-4K}), \dots]$  for each  $q \in \{2K, 4K, \dots\}$  respectively. Removing the duplicates reduces the set of states required to:  $\{s_t, s_{t-K}, s_{t-2K}, \dots\}$ .

To address this, we provide a memory of the past states as an additional input to the exploratory manager SAC  $(\pi_E(s_t, \text{mem}_t), v_E(s_t, \text{mem}_t))$  (Fig. 4b). We implement this by maintaining a memory buffer that remembers every  $K$ -th visited state. Then, we extract the required states as memory for the Explorer. For a trajectory rollout of length  $T$ , the required size of the memory buffer is  $L_{\text{mem}} = T/K$ , and the size of the memory input is  $\log_2 L_{\text{mem}}$ .

**Practical Consideration:** It can be practically infeasible to maintain a large memory buffer. However, our memory formulation is highly flexible and allows us to ignore exploratory rewards that require states far in the past. For all our experiments, we use  $T = 64$  length rollouts with  $L_{\text{mem}} = 8$  and memory input size: 3. The trajectory length also limits the temporal resolutions  $q$  for which the exploratory rewards can be computed. While not entirely optimal, this is sufficient for a significant performance improvement (Fig. 7c).

#### 2.4.3 POLICY OPTIMIZATION

The Explorer is optimized as an SAC using the policy gradients from the REINFORCE objective. RSSM is used to imagine trajectories  $\kappa$ , followed by extracting every  $K$ -th frame of the rollout as abstract trajectories. For clarity, let the time steps of the abstract trajectory be indexed by  $k$ , where  $k = t/K$ . Then, the lambda returns  $G_k^\lambda$  are computed for the abstract trajectories using a discount factor  $\gamma_L$  (Eq. 11). Finally, the lambda returns are used to formulate the explorer actor and critic loss (Eq. 12,13).

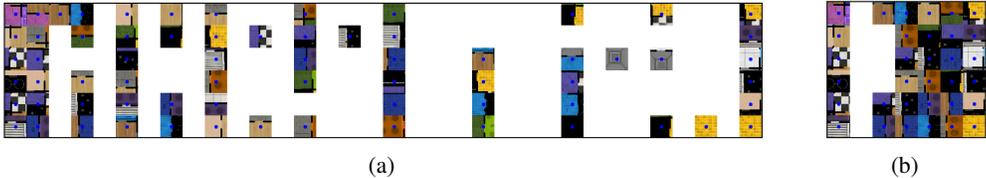


Figure 6: Samples plan by our agent during training and inference. (a) Samples of full plans as sequences of subgoals from the start states (left) to the goal states (right). The subgoals are extracted from the goal states of all *terminal* nodes. The blanks occur when nodes terminate before maximum depth. (b) Sample subgoals generated during inference. The first and last images indicate the initial and goal states. Other images represent subgoals that break the path from the initial to the subgoal image on its right [Same order as 2b]. Blanks are when a reachable subgoal is found before the max depth.

$$G_k^\lambda = R_{k+1}^E + \gamma_L((1 - \lambda)v_E(s_{k+1}) + \lambda G_{k+1}^\lambda) \tag{11}$$

$$\mathcal{L}(\pi_E) = -\mathbb{E}_{\kappa \sim \pi_E} \sum_{k=0}^{T/K-1} (G_k^\lambda - v_E(s_k, \text{mem}_k)) \log \pi_E(z_k | s_k, \text{mem}_k) + \eta \mathbb{H}[\pi_E(z_k | s_k, \text{mem}_k)] \tag{12}$$

$$\mathcal{L}(v_E) = \mathbb{E}_{\kappa \sim \pi_E} \sum_{k=0}^{T/K-1} (v_E(s_k, \text{mem}_k) - G_k^\lambda)^2 \tag{13}$$

### 3 EVALUATION & RESULTS

#### Task Details

We extensively test our agent in the 25-room environment, a 2D maze task where the agent must navigate through connected rooms to reach the target position. Benchmarks from previous methods show average episode duration  $> 150$  steps, indicating a long-horizon task Pertsch et al. (2020). Observations are provided as initial and goal states ( $64 \times 64$  images) and a reward  $0 < R \leq 1$  upon reaching the goal position. Each episode lasts 400 steps before terminating with a 0 reward. We use the same evaluation parameters as the previous benchmarks and average across 100 runs Pertsch et al. (2020). We also test our method in momentum-based environments, such as RoboYoga Mendonca et al. (2021), which can be challenging due to the lack of momentum information in single images (the goal).

#### Agent Hyperparameters

We use a common hyperparameter setup for all tasks. The goal refresh rate is set to  $K = 8$ , and the modeled temporal resolutions as  $Q = \{2K, 4K, 8K, 16K, 32K\}$ . The depth of the unrolled tree during training is  $D = 5$  and during inference is  $D_I = 8$  unless specified otherwise. For the first 3M steps, the explorer is used as the manager; then it shifts to the planning policy. The agent is trained every 16 environmental steps. Please refer to section B for complete training details.

#### 3.1 RESULTS

Figure 6 shows the sample solutions generated by our agent during training and inference. Our agent can navigate the maze to reach far goals successfully and is interpretable.

We compare the performance in terms of the average success rate in reaching the goal state and the average path length against previous methods. Goal-Conditioned Behavioral Cloning (GC BC, Nair et al. (2017)) that learns goal-reaching behavior from example goal-reaching behavior. Visual foresight (VF, Ebert et al. (2018)) that optimizes rollouts from a forward prediction model via the cross-entropic method (CEM, Rubinstein and Kroese (2004); Nagabandi et al. (2020)). Hierarchical

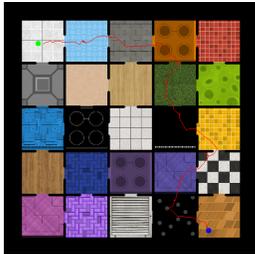


Figure 5: Full maze with a sample run using our agent.

Agent	Success rate	Average episode length	Compute steps	Time complexity
GC BC	7%	402.48	1	1
GC-Director	9%	378.89 ± 87.67	1	1
LEXA (Cos)	20%	321.04 ± 153.29	1	1
VF	26%	362.82	$MN$	$N$
GCP	82%	158.06	$(2N + 1)M$	$\log N$
LEXA (Temp)	90%	70.34 ± 111.14	1	1
DHP (Ours)	100%	73.84 ± 46.54	$\log N$	$\log N$

Table 1: Average Performance of different approaches on the 25-room navigation task over 100 evaluation runs.  $N$  is the number of plan steps, and  $M$  is the number of samples generated per plan.

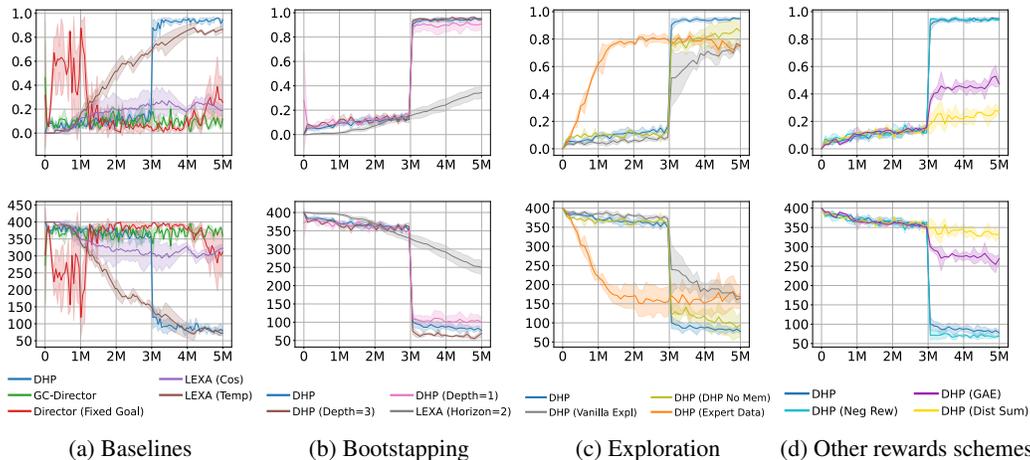


Figure 7: Experimental results (mean and stdev across 3 seeds) shown with episodic reward (*top* row) and average episode length (*bottom* row) against the environmental steps. The sharp rise in performance for our methods indicates the switch from exploration to planning. (a) **Baselines**: Comparing our method DHP with state-of-the-art methods. (b) **Bootstrapping**: Compares shallow training depth models ( $D = 1, 3$ ) with the default training depth. (c) **Explore data** Comparison of planning policy performance trained on different data. (d) Comparison to **Other reward schemes**.

planning using Goal-Conditioned Predictors (**GCP**, Pertsch et al. (2020)) optimized using CEM to minimize the predicted distance cost. Goal-Conditioned Director (**GC-Director**). And **LEXA**, a SOTA sequential planning method that also uses an explorer and a planner but optimizes continuous rewards *cosine* and *temporal*. GC BC, VF, and GCP performances are taken from Pertsch et al. (2020), which uses the same evaluation strategy. Table 1 shows that our model outperforms the previous work in terms of success rate and average episode lengths. Our method and **LEXA (Temp)** yield the shortest episode lengths. However, note that while LEXA explicitly optimizes for path lengths, our method uses an implicit objective.

Fig. 7a shows the score and episode length plots for some methods. Here, we plot an extra experiment, **Director (Fixed Goal)**, where the goal remains fixed and the agent only inputs the current state image. It can be seen that the agent shows signs of learning, the score falls but rises again around 8M steps to  $\sim 70\%$ . Comparing this to **GC-Director** (which completely fails) shows that the issue is not navigation or agent size, but the complexity of a goal-conditioned long-horizon task that requires planning.

### 3.2 ABLATIONS

*Can the planning method generalize to higher depths?*

We train two DHP agents with a maximum tree depth of 3 and 1 during training for planning. The 1 depth agent is only allowed to break the given task once for learning. Fig. 7b shows the comparison of the agents, and it can be seen that all agents perform similarly. Note that LEXA with an equivalent horizon does not perform well.

432 *Does the complex exploration strategy help?*

433 We compare the performance of the planning policy trained against three variants: using expert data  
 434 (collected using a suboptimal policy in Pertsch et al. (2020)), vanilla exploration objective using  
 435 the reconstruction errors from the unconditional VAE (Sec. 2.4), and using an explorer without the  
 436 memory. Fig. 7c shows the comparison, and it can be seen that the default agent performs noticeably  
 437 better.

438 *Can the method perform in other environments?*

439 We test our agent in the Deepmind Control Suite  
 440 Tassa et al. (2018) based RoboYoga Mendonca et al.  
 441 (2021) environment. The task requires `walker` and  
 442 `quadruped` agents to reach a goal body orientation  
 443 specified by an image. The environment is challeng-  
 444 ing because it rewards the agent for maintaining the  
 445 goal position, whereas our agent only plans to reach  
 446 the goal state. Also, the goal states do not encode  
 447 the momentum information. Fig. 8 shows the perfor-  
 448 mance, of our agent at the tasks. Our agent can solve  
 449 the `walker` task, but struggles at `quadruped`. We observed that our `walker` agent maintains the  
 450 overall pose but constantly sways about the goal position. Fig. 12 shows an episode where the agent  
 451 headstands constantly. Looking at the scaling limitations of our method, we implement a minimal  
 452 version of DHP (Sec. F) and evaluate at the OGBench long-horizon large and giant mazes. The  
 453 resulting agent outperforms the current best methods with an *absolute* improvement of +71.2% in  
 the giant humanoid maze.

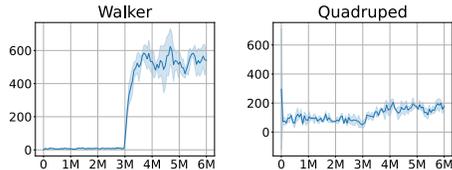


Figure 8: Robo Yoga Environments

454 *How does the method perform with other reward and return schemes?*

455 We compare the default agent against a few variants: **DHP (Neg Rew)** That rewards  $-1$  at non-  
 456 terminal nodes and  $0$  at terminal (like an existence penalty), **DHP (GAE)** that estimates advantages  
 457 as min of the GAE advantages for each child node, and **DHP (Dist Sum)** rewards negative estimated  
 458 distances (between  $n_{i,0}$  and  $n_{i,1}$ ) at each node. Fig. 7d shows that the **Neg Rew** agent performs as  
 459 well as the default method, while the others don't perform as well.

461 **4 RELATED WORK**

462 **Hierarchical RL Agents:** Hierarchical reinforcement learning (HRL) is a set of techniques that  
 463 abstracts actions Botvinick et al. (2009); Wiering and Van Otterlo (2012); Barto and Mahadevan  
 464 (2003); Sutton et al. (1999); Pateria et al. (2021); Nachum et al. (2018). Foundational works, such as  
 465 the options framework Sutton et al. (1999) and MAXQ decomposition Dietterich (2000), introduced  
 466 temporal abstraction, enabling agents to reason at multiple time scales. Modern approaches learn  
 467 hierarchical policies through mutual information (Causal InfoGAN Kurutach et al. (2018), DADS  
 468 Sharma et al. (2020)), latent space planning (Director Hafner et al. (2022)), or trajectory encoding  
 469 (OPAL Ajay et al. (2021)). These results demonstrate that hierarchical decomposition facilitates  
 470 efficient credit assignment in planning.

471 **Planning Algorithms:** Planning methods aim to solve long-horizon tasks efficiently by exploring  
 472 future states and selecting optimal actions LaValle (2006); Choset et al. (2005). Monte Carlo Tree  
 473 Search (MCTS) Browne et al. (2012) expands a tree of possible future states by sampling actions and  
 474 simulating outcomes. While effective in discrete action spaces, MCTS struggles with scalability in  
 475 high-dimensional or continuous environments. Visual Foresight methods Ebert et al. (2018); Finn  
 476 and Levine (2017); Hafner et al. (2019) learned visual dynamics models to simulate future states,  
 477 enabling planning in pixel-based environments. However, they require accurate world models and can  
 478 be computationally expensive. Some use explicit graph search over the replay buffer data Eysenbach  
 479 et al. (2019). Model Predictive Control (MPC) Nagabandi et al. (2018; 2020) is an online planner  
 480 that samples future trajectories and optimizes actions over a finite horizon. These methods rely on  
 481 sampling the future state and thus do not scale well with the horizon length. LEXA Kaelbling (1993)  
 482 is a policy-based linear planner that also uses an explorer for data collection.

483 To address the challenges of long-horizon tasks, some planning algorithms decompose complex  
 484 problems into manageable subtasks by predicting intermediate subgoals Parascandolo et al. (2020);  
 485 Jurgenson et al. (2020); Pertsch et al. (2020). MAXQ Dietterich (2000) decomposes the value  
 function of the target Markov Decision Process (MDP) into an additive combination of smaller MDPs.

486 Sub-Goal Trees Jurgenson et al. (2020) and CO-PILOT Ao et al. (2021) learn a subgoal prediction  
487 policy optimized to minimize the total predicted distance measures of the decomposed subtasks.  
488 GCP Pertsch et al. (2020) and  $k_{\text{SubS}}$  Czechowski et al. (2021) use specialized subgoal predicting  
489 modules to search for plans. DHRL Lee et al. (2022) uses efficient graph search by decoupling the  
490 time horizons of high-level and low-level policies.

491 While these methods have demonstrated success, they rely heavily on distance-based metrics, which  
492 are challenging to learn and sensitive to policy quality Eysenbach et al. (2019); Ao et al. (2021).  
493 In contrast, our method utilizes discrete reachability-based rewards, which are easier to accurately  
494 estimate and provide clearer learning signals.

## 495 5 DISCUSSION & FUTURE WORK

497 DHP architecture enables us to train a future-conditioned (goal) planning policy,  $\pi_P$ , and a past-  
498 conditioned (memory) exploration policy,  $\pi_E$ . The resulting model performs expertly on the standard  
499 25-room long-horizon task than the current SOTA approaches (Fig. 7a). The ablations show that  
500 the method generalizes beyond the training depths (Fig. 7b), the exploratory rewards significantly  
501 impact performance, which are further enhanced using memory (Fig. 7c), and possible alternate  
502 reward schemes (Fig. 7d). Our method relies on imagination for training, which allows for plan  
503 evaluation without the need to access the internal environmental state; however, it may introduce  
504 inaccuracies (Fig. 8). However, we observed better results with discrete rewards than with the  
505 distance-based approach for our model (Fig. 7d). The architecture is flexible, and components can be  
506 used in isolation, e.g., the planning policy optimization can be combined with custom reachability  
507 measures. For future work, the agent can benefit from better and generic goal-state estimation  
508 mechanisms, preferably multimodal. The agent can also learn to generate goals for itself via a  
509 curriculum for targeted exploration, which can benefit exploration in complex environments with  
510 multiple bottleneck states that require a long-term commitment to a goal for efficient exploration.  
511 Given this, we demonstrate that the agent can be beneficial in solving long-range tasks and believe  
512 that the ideas presented in the paper can be valuable to the community independently. The code for  
513 the agent is available at: <URL redacted>.

514  
515  
516  
517  
518  
519  
520  
521  
522  
523  
524  
525  
526  
527  
528  
529  
530  
531  
532  
533  
534  
535  
536  
537  
538  
539

## REFERENCES

- 540  
541  
542 Anurag Ajay, Aviral Kumar, Pulkit Agrawal, Sergey Levine, and Ofir Nachum. {OPAL}: Offline  
543 primitive discovery for accelerating offline reinforcement learning. In *International Conference on*  
544 *Learning Representations*, 2021.
- 545 Shuang Ao, Tianyi Zhou, Guodong Long, Qinghua Lu, Liming Zhu, and Jing Jiang. Co-pilot:  
546 Collaborative planning and reinforcement learning on sub-task curriculum. *Advances in Neural*  
547 *Information Processing Systems*, 34:10444–10456, 2021.
- 548  
549 Andrew G Barto and Sridhar Mahadevan. Recent advances in hierarchical reinforcement learning.  
550 *Discrete event dynamic systems*, 13(1):41–77, 2003.
- 551 Matthew M Botvinick, Yael Niv, and Andrew G Barto. Hierarchically organized behavior and its  
552 neural foundations: A reinforcement learning perspective. *Cognition*, 113(3):262–280, 2009.
- 553  
554 Cameron B Browne, Edward Powley, Daniel Whitehouse, Simon M Lucas, Peter I Cowling, Philipp  
555 Rohlfshagen, Stephen Tavener, Diego Perez, Spyridon Samothrakis, and Simon Colton. A survey  
556 of monte carlo tree search methods. *IEEE Transactions on Computational Intelligence and AI in*  
557 *games*, 4(1):1–43, 2012.
- 558  
559 Howie Choset, Kevin M Lynch, Seth Hutchinson, George A Kantor, and Wolfram Burgard. *Principles*  
560 *of robot motion: theory, algorithms, and implementations*. MIT press, 2005.
- 561  
562 Konrad Czechowski, Tomasz Odrzygóźdź, Marek Zbysiński, Michał Zawalski, Krzysztof Olejnik,  
563 Yuhuai Wu, Łukasz Kuciński, and Piotr Miłoś. Subgoal search for complex reasoning tasks.  
564 *Advances in Neural Information Processing Systems*, 34:624–638, 2021.
- 565  
566 Thomas G Dietterich. Hierarchical reinforcement learning with the maxq value function decomposi-  
567 tion. *Journal of artificial intelligence research*, 13:227–303, 2000.
- 568  
569 Frederik Ebert, Chelsea Finn, Sudeep Dasari, Annie Xie, Alex Lee, and Sergey Levine. Visual  
570 foresight: Model-based deep reinforcement learning for vision-based robotic control. *arXiv*  
571 *preprint arXiv:1812.00568*, 2018.
- 572  
573 Ben Eysenbach, Russ R Salakhutdinov, and Sergey Levine. Search on the replay buffer: Bridging  
574 planning and reinforcement learning. *Advances in neural information processing systems*, 32,  
575 2019.
- 576  
577 Chelsea Finn and Sergey Levine. Deep visual foresight for planning robot motion. In *2017 IEEE*  
578 *International Conference on Robotics and Automation (ICRA)*, pages 2786–2793. IEEE, 2017.
- 579  
580 Tuomas Haarnoja, Aurick Zhou, Pieter Abbeel, and Sergey Levine. Soft actor-critic: Off-policy  
581 maximum entropy deep reinforcement learning with a stochastic actor. In *International conference*  
582 *on machine learning*, pages 1861–1870. Pmlr, 2018.
- 583  
584 Danijar Hafner, Timothy Lillicrap, Ian Fischer, Ruben Villegas, David Ha, Honglak Lee, and James  
585 Davidson. Learning latent dynamics for planning from pixels. In *International conference on*  
586 *machine learning*, pages 2555–2565. PMLR, 2019.
- 587  
588 Danijar Hafner, Kuang-Huei Lee, Ian Fischer, and Pieter Abbeel. Deep hierarchical planning from  
589 pixels. In S. Koyejo, S. Mohamed, A. Agarwal, D. Belgrave, K. Cho, and A. Oh, editors, *Advances*  
590 *in Neural Information Processing Systems*, volume 35, pages 26091–26104. Curran Associates,  
591 Inc., 2022.
- 592  
593 Tom Jurgenson, Or Avner, Edward Groshev, and Aviv Tamar. Sub-goal trees a framework for goal-  
based reinforcement learning. In *International conference on machine learning*, pages 5020–5030.  
PMLR, 2020.
- Leslie Pack Kaelbling. Learning to achieve goals. In *IJCAI*, volume 2, pages 1094–8. Citeseer, 1993.
- Ilya Kostrikov, Ashvin Nair, and Sergey Levine. Offline reinforcement learning with implicit  
q-learning. *arXiv preprint arXiv:2110.06169*, 2021.

- 594 Thanard Kurutach, Aviv Tamar, Ge Yang, Stuart J Russell, and Pieter Abbeel. Learning plannable  
595 representations with causal infogan. *Advances in Neural Information Processing Systems*, 31,  
596 2018.
- 597 Steven M LaValle. *Planning algorithms*. Cambridge university press, 2006.
- 599 Seungjae Lee, Jigang Kim, Inkyu Jang, and H Jin Kim. Dhrl: a graph-based approach for long-  
600 horizon and sparse hierarchical reinforcement learning. *Advances in Neural Information Processing*  
601 *Systems*, 35:13668–13678, 2022.
- 602 Russell Mendonca, Oleh Rybkin, Kostas Daniilidis, Danijar Hafner, and Deepak Pathak. Discovering  
603 and achieving goals via world models, 2021.
- 605 Ofir Nachum, Shixiang Shane Gu, Honglak Lee, and Sergey Levine. Data-efficient hierarchical  
606 reinforcement learning. *Advances in neural information processing systems*, 31, 2018.
- 607 Anusha Nagabandi, Gregory Kahn, Ronald S Fearing, and Sergey Levine. Neural network dynam-  
608 ics for model-based deep reinforcement learning with model-free fine-tuning. In *2018 IEEE*  
609 *international conference on robotics and automation (ICRA)*, pages 7559–7566. IEEE, 2018.
- 611 Anusha Nagabandi, Kurt Konolige, Sergey Levine, and Vikash Kumar. Deep dynamics models for  
612 learning dexterous manipulation. In *Conference on Robot Learning*, pages 1101–1112. PMLR,  
613 2020.
- 614 Ashvin Nair, Dian Chen, Pulkit Agrawal, Phillip Isola, Pieter Abbeel, Jitendra Malik, and Sergey  
615 Levine. Combining self-supervised learning and imitation for vision-based rope manipulation. In  
616 *2017 IEEE international conference on robotics and automation (ICRA)*, pages 2146–2153. IEEE,  
617 2017.
- 619 Giambattista Parascandolo, Lars Buesing, Josh Merel, Leonard Hasenclever, John Aslanides, Jes-  
620 sica B Hamrick, Nicolas Heess, Alexander Neitz, and Theophane Weber. Divide-and-conquer  
621 monte carlo tree search for goal-directed planning. *arXiv preprint arXiv:2004.11410*, 2020.
- 622 Seohong Park, Dibya Ghosh, Benjamin Eysenbach, and Sergey Levine. Hiql: Offline goal-conditioned  
623 rl with latent states as actions. *Advances in Neural Information Processing Systems*, 36:34866–  
624 34891, 2023.
- 625 Seohong Park, Kevin Frans, Benjamin Eysenbach, and Sergey Levine. Ogbench: Benchmarking  
626 offline goal-conditioned rl. *arXiv preprint arXiv:2410.20092*, 2024.
- 628 Shubham Pateria, Budhitama Subagdja, Ah-hwee Tan, and Chai Quek. Hierarchical reinforcement  
629 learning: A comprehensive survey. *ACM Comput. Surv.*, 54(5), jun 2021. ISSN 0360-0300. doi:  
630 10.1145/3453160.
- 631 Karl Pertsch, Oleh Rybkin, Frederik Ebert, Shenghao Zhou, Dinesh Jayaraman, Chelsea Finn,  
632 and Sergey Levine. Long-horizon visual planning with goal-conditioned hierarchical predictors.  
633 *Advances in Neural Information Processing Systems*, 33:17321–17333, 2020.
- 634 Martin L Puterman. *Markov decision processes: discrete stochastic dynamic programming*. John  
635 Wiley & Sons, 2014.
- 636 Reuven Y Rubinstein and Dirk P Kroese. *The cross-entropy method: a unified approach to com-  
637 binatorial optimization, Monte-Carlo simulation, and machine learning*, volume 133. Springer,  
638 2004.
- 639 Archit Sharma, Shixiang Gu, Sergey Levine, Vikash Kumar, and Karol Hausman. Dynamics-aware  
640 unsupervised discovery of skills. In *International Conference on Learning Representations*, 2020.
- 641 Richard S Sutton and Andrew G Barto. *Reinforcement learning: An introduction*, chapter 8. MIT  
642 press, 2018.
- 643 Richard S Sutton, Doina Precup, and Satinder Singh. Between mdps and semi-mdps: A framework  
644 for temporal abstraction in reinforcement learning. *Artificial intelligence*, 112(1-2):181–211, 1999.

648 Aviv Tamar, Yi Wu, Garrett Thomas, Sergey Levine, and Pieter Abbeel. Value iteration networks.  
649 *Advances in neural information processing systems*, 29, 2016.  
650

651 Yuval Tassa, Yotam Doron, Alistair Muldal, Tom Erez, Yazhe Li, Diego de Las Casas, David Budden,  
652 Abbas Abdolmaleki, Josh Merel, Andrew Lefrancq, et al. Deepmind control suite. *arXiv preprint*  
653 *arXiv:1801.00690*, 2018.

654 Marco A Wiering and Martijn Van Otterlo. Reinforcement learning. *Adaptation, learning, and*  
655 *optimization*, 12(3):729, 2012.  
656  
657  
658  
659  
660  
661  
662  
663  
664  
665  
666  
667  
668  
669  
670  
671  
672  
673  
674  
675  
676  
677  
678  
679  
680  
681  
682  
683  
684  
685  
686  
687  
688  
689  
690  
691  
692  
693  
694  
695  
696  
697  
698  
699  
700  
701

## 702 A THEORETICAL PROOFS AND DERIVATIONS

### 703 A.1 POLICY GRADIENTS FOR TREES

704  
705  
706 Given a goal-directed task as a pair of initial and final states  $(s_t, s_g)$ , a subgoal generation method  
707 predicts an intermediate subgoal  $s_0$  that breaks the task into two simpler subtasks  $(s_t, s_0)$  and  $(s_0, s_g)$ .  
708 The recursive application of the subgoal operator further breaks down the task, leading to a tree of  
709 subtasks  $\tau$ , where each node  $n_i$  represents a task. Let the preorder traversal of the subtask tree  $\tau$   
710 of depth  $D$  be written as  $n_0, n_1, n_2, \dots, n_{2^{D+1}-2}$ . The root node  $n_0$  is the given task, and the other  
711 nodes are the recursively generated subtasks. Ideally, the leaf nodes should indicate the simplest  
712 reduction of the subtask that can be executed sequentially to complete the original task. The tree  
713 can be viewed as a trajectory, where each node  $n_i$  represents a state, and taking action  $\pi_P(z_i|n_i)$   
714 simultaneously places the agent in two states, given by the child nodes  $(n_{2i+1}, n_{2i+2})$ . Thus, the  
715 policy function can be written as  $\pi_P(z_i|n_i)$ , the transition probabilities (can be deterministic also)  
716 as  $p_T(n_{2i+1}, n_{2i+2}|z_i, n_i)$ , and the probability of the tree trajectory under the policy  $\tau_{\pi_P}$  can be  
717 represented as:

$$\begin{aligned}
 720 \quad p_{\pi_P}(\tau) &= p(n_0) * [\pi_P(z_0|n_0) * p_T(n_1, n_2|z_0, n_0)] * \\
 721 &\quad [\pi_P(z_1|n_1) * p_T(n_3, n_4|z_1, n_1)] * \\
 722 &\quad [\pi_P(z_2|n_2) * p_T(n_5, n_6|z_2, n_2)] * \dots \\
 723 &\quad [\pi_P(z_{2^D-2}|n_{2^D-2}) * p_T(n_{2^{D+1}-3}, n_{2^{D+1}-2}|z_{2^D-2}|n_{2^D-2})] \\
 724 \\
 725 \quad p_{\pi_P}(\tau) &= p(n_0) \prod_{i=0}^{2^D-2} \pi_P(z_i|n_i) \prod_{i=0}^{2^D-2} p_T(n_{2i+1}, n_{2i+2}|z_i, n_i)
 \end{aligned}$$

728 **Theorem A.1** (Policy Gradients). *Given a tree trajectory  $\tau$  specified as a list of nodes  $n_i$ , generated*  
729 *using a policy  $\pi_P$ . The policy gradients can be written as:*

$$730 \\
 731 \\
 732 \\
 733 \quad \nabla_{\pi_P} J(\pi_P) = \mathbb{E}_{\tau} \sum_{i=0}^{2^D-2} A^i(\tau) \nabla_{\pi_P} \log \pi_{\pi_P}(z_i|n_i)$$

734  
735  
736  
737 *Proof.* The log-probabilities of the tree trajectory and their gradients can be written as:

$$738 \\
 739 \\
 740 \\
 741 \quad \log p_{\pi_P}(\tau) = \log p(n_0) + \sum_{i=0}^{2^D-2} \log \pi_P(z_i|n_i) + \sum_{i=0}^{2^D-2} \log p_T(n_{2i+1}, n_{2i+2}|z_i, n_i) \quad (14)$$

$$742 \\
 743 \\
 744 \quad \nabla_{\pi_P} \log p_{\pi_P}(\tau) = 0 + \nabla_{\pi_P} \sum_{i=0}^{2^D-2} \log \pi_P(z_i|n_i) + 0 = \sum_{i=0}^{2^D-2} \nabla_{\pi_P} \log \pi_P(z_i|n_i) \quad (15)$$

745  
746  
747  
748 The objective of policy gradient methods is measured as the expectation of advantage or some scoring  
749 function  $A(\tau)$ :

$$750 \\
 751 \\
 752 \quad J(\pi_P) = \mathbb{E}_{\tau} A(\tau) = \sum_{\tau} A(\tau) \cdot p_{\pi_P}(\tau) \quad (16)$$

753  
754  
755 Then the gradients of the objective function  $\nabla_{\pi_P} J(\pi_P)$  wrt the policy  $\pi_P$  can be derived as:

$$\begin{aligned}
756 \quad \nabla_{\pi_P} J(\pi_P) &= \nabla_{\pi_P} \sum_{\tau} A(\tau) \cdot p_{\pi_P}(\tau) \\
757 & \\
758 &= \sum_{\tau} A(\tau) \cdot \nabla_{\pi_P} p_{\pi_P}(\tau) \\
759 & \\
760 &= \sum_{\tau} A(\tau) \cdot p_{\pi_P}(\tau) \frac{\nabla_{\pi_P} p_{\pi_P}(\tau)}{p_{\pi_P}(\tau)} \\
761 & \\
762 &= \sum_{\tau} A(\tau) \cdot p_{\pi_P}(\tau) \nabla_{\pi_P} \log p_{\pi_P}(\tau) \\
763 & \\
764 &= \mathbb{E}_{\tau} A(\tau) \cdot \nabla_{\pi_P} \log p_{\pi_P}(\tau) \\
765 & \\
766 &= \mathbb{E}_{\tau} \sum_{i=0}^{2^D-2} A^i(\tau) \nabla_{\pi_P} \log \pi_P(z_i | n_i) \quad (\text{Using Eq. 15}) \\
767 & \\
768 & \\
769 & \\
770 & \\
771 & \quad \square
\end{aligned}$$

772 **Theorem A.2** (Baselines). *If  $A(\tau)$  is any function independent of policy actions  $z_i$ , say  $b(n_i)$ , then*  
773 *its net contribution to the policy gradient is 0.*  
774

$$775 \quad \mathbb{E}_{\tau} \sum_{i=0}^{2^D-2} b(n_i) \nabla_{\pi_P} \log \pi_P(z_i | n_i) = 0$$

776 *Proof.* If  $A(\tau)$  is any fixed function that does not depend on the actions  $\pi_P(z_i | n_i)$  and only on the  
777 state, say  $b(n_i)$ . Then  $b(n_i)$  will be independent of the trajectory  $\tau$ , and it can be sampled from the  
778 steady state distribution under policy  $\rho_{\pi_P}$  for any state  $n_i$  without knowing  $\tau$ . In that case,  
779

$$\begin{aligned}
780 \quad \mathbb{E}_{\tau} \sum_{i=0}^{2^D-2} b(n_i) \nabla_{\pi_P} \log \pi_P(z_i | n_i) &= \sum_{i=0}^{2^D-2} \mathbb{E}_{\tau} [b(n_i) \nabla_{\pi_P} \log \pi_P(z_i | n_i)] \\
781 & \\
782 &= \sum_{i=0}^{2^D-2} \mathbb{E}_{n_i \sim \rho_{\pi_P}} \mathbb{E}_{a \sim \pi_P} [b(n_i) \nabla_{\pi_P} \log \pi_P(z_i | n_i)] \\
783 & \\
784 &= \sum_{i=0}^{2^D-2} \mathbb{E}_{n_i \sim \rho_{\pi_P}} [b(n_i) \mathbb{E}_{a \sim \pi_P} \nabla_{\pi_P} \log \pi_P(z_i | n_i)] \\
785 & \\
786 &= \sum_{i=0}^{2^D-2} \mathbb{E}_{n_i \sim \rho_{\pi_P}} [b(n_i) \sum_a \pi_P(z_i | n_i) \frac{\nabla_{\pi_P} \pi_P(z_i | n_i)}{\pi_P(z_i | n_i)}] \\
787 & \\
788 &= \sum_{i=0}^{2^D-2} \mathbb{E}_{n_i \sim \rho_{\pi_P}} b(n_i) [\nabla_{\pi_P} \sum_a \pi_P(z_i | n_i)] \\
789 & \\
790 &= \sum_{i=0}^{2^D-2} \mathbb{E}_{n_i \sim \rho_{\pi_P}} b(n_i) [\nabla_{\pi_P} 1] \quad (\text{Sum of probabilities is 1}) \\
791 & \\
792 &= 0 \\
793 & \\
794 & \\
795 & \\
796 & \\
797 & \\
798 & \\
799 & \\
800 & \\
801 & \\
802 & \quad \square
\end{aligned}$$

## 803 A.2 POLICY EVALUATION FOR TREES

804 We present the return and advantage estimation for trees as an extension of current return estimation  
805 methods for linear trajectories. As the return estimation for a state  $s_t$  in linear trajectories depends  
806 upon the next state  $s_{t+1}$ , our tree return estimation method uses child nodes  $(n_{2i+1}, n_{2i+2})$  to  
807 compute the return for a node  $n_i$ . We extend the previous methods, like lambda returns and Gen  
808 realized Advantage estimation (GAE) for trees.  
809

The objective of our method is to reach nodes that are directly reachable. Such nodes are marked as terminal, and the agent receives a reward. For generalization, let's say that when the agent takes an action  $z_i$  at node  $n_i$ , it receives a pair of rewards  $(R_{2i+1}(n_i, z_i), R_{2i+2}(n_i, z_i))$  corresponding to the child nodes. Formally, the rewards  $R(\tau)$  are an array of length equal to the length of the tree trajectory with  $R_0 = 0$ . Then, the agent's task is to maximize the sum of rewards received in the tree trajectory  $\mathbb{E}_\tau \sum_{i=0}^{\infty} R_i$ . To consider future rewards, the returns for a trajectory can be computed as the sum of rewards discounted by their distance from the root node (depth),  $\mathbb{E}_\tau \sum_{i=0}^{\infty} \gamma^{[\log_2(i+1)]-1} R_i$ . Thus, the returns for each node can be written as the sum of rewards obtained and the discount-weighted returns thereafter:

$$G_i = (R_{2i+1} + \gamma G_{2i+1}) + (R_{2i+2} + \gamma G_{2i+2}) \quad (17)$$

Although this works theoretically, a flaw causes the agent to collapse to a degenerate local optimum. This can happen if the agent can generate a subgoal very similar to the initial or goal state ( $\|s_t, s_{\text{sub}}\| < \epsilon$  or  $\|s_g, s_{\text{sub}}\| < \epsilon$ ). A common theme in reward systems for subgoal trees is to have a high reward when the agent predicts a reachable or temporally close enough subgoal. Thus, if the agent predicts a degenerate subgoal, it receives a reward for one child node, and the initial problem carries forward to the other node.

Therefore, we propose an alternative objective that optimizes for the above objective under the condition that both child subtasks  $(n_{2i+1}, n_{2i+2})$  get solved. Instead of estimating the return as the sum of the returns from the child nodes, we can estimate it as the minimum of the child node returns.

$$G_i = \min(R_{2i+1} + \gamma G_{2i+1}, R_{2i+2} + \gamma G_{2i+2}) \quad (18)$$

This formulation causes the agent to optimize the weaker child node first and receive discounted rewards if all subtasks are solved (or have high returns). It can also be noticed that the tree return for a node is essentially the discounted return along the linear trajectory that traces the path with the least return starting at that node. Next, we analyze different return methods in the tree setting and try to prove their convergence.

### A.2.1 LAMBDA RETURNS

TD( $\lambda$ ) returns for linear trajectories are computed as:

$$G_t^\lambda = R_{t+1} + \gamma((1 - \lambda)V(s_{t+1}) + \lambda G_{t+1}^\lambda) \quad (19)$$

We propose, the lambda returns for tree trajectories can be computed as:

$$G_i^\lambda = \min(R_{2i+1} + \gamma((1 - \lambda)V(n_{2i+1}) + \lambda G_{2i+1}^\lambda), R_{2i+2} + \gamma((1 - \lambda)V(s_{2i+2}) + \lambda G_{2i+2}^\lambda)) \quad (20)$$

This essentially translates to the minimum of lambda returns using either of the child nodes as the next state. For theoretical generalization, note that the min operator in the return estimate is over the next states the agent is placed in. Thus, in the case of *linear* trajectories where there is only one next state, the min operator vanishes and the equation conveniently reduces to the standard return formulation for *linear* trajectories.

Next, we check if there exists a fixed point that the value function approaches. The return operators can be written as:

$$\begin{aligned} \mathcal{T}^\lambda V(n_i) &= \mathbb{E}_\pi[\min(R_{2i+1} + \gamma((1 - \lambda)V(n_{2i+1}) + \lambda G_{2i+1}^\lambda), \\ &\quad R_{2i+2} + \gamma((1 - \lambda)V(n_{2i+2}) + \lambda G_{2i+2}^\lambda))] \\ \mathcal{T}^0 V(n_i) &= \mathbb{E}_\pi[\min(R_{2i+1} + \gamma V(n_{2i+1}), R_{2i+2} + \gamma V(n_{2i+2}))] \\ \mathcal{T}^1 V(n_i) &= \mathbb{E}_\pi[\min(R_{2i+1} + \gamma G_{2i+2}, R_{2i+2} + \gamma G_{2i+2})] \end{aligned}$$

**Lemma A.3** (Non-expansive Property of the Minimum Operator). *For any real numbers  $a, b, c, d$ , the following inequality holds:*

$$|\min(a, b) - \min(c, d)| \leq \max(|a - c|, |b - d|).$$

*Proof.* To prove the statement, we consider the minimum operator for all possible cases of  $a, b, c$ , and  $d$ . Let  $\min(a, b)$  and  $\min(c, d)$  be the minimum values of their respective pairs.

**Case 1:**  $a \leq b$  and  $c \leq d$

In this case,  $\min(a, b) = a$  and  $\min(c, d) = c$ . The difference becomes:

$$|\min(a, b) - \min(c, d)| = |a - c|.$$

Since  $\max(|a - c|, |b - d|) \geq |a - c|$ , the inequality holds.

**Case 2:**  $a \leq b$  and  $c > d$

Here,  $\min(a, b) = a$  and  $\min(c, d) = d$ . The difference becomes:

$$|\min(a, b) - \min(c, d)| = |a - d|.$$

Since  $b \geq a$ ,  $|a - d| \leq |b - d| \leq \max(|a - c|, |b - d|)$ , and the inequality holds.

**Case 3:**  $a > b$  and  $c \leq d$

Here,  $\min(a, b) = b$  and  $\min(c, d) = c$ . The difference becomes:

$$|\min(a, b) - \min(c, d)| = |b - c|.$$

Since  $a \geq b$ ,  $|b - c| \leq |a - c| \leq \max(|a - c|, |b - d|)$ , and the inequality holds.

**Case 4:**  $a > b$  and  $c > d$

Symmetrical to Case 1.

**Conclusion:**

In all cases, the inequality

$$|\min(a, b) - \min(c, d)| \leq \max(|a - c|, |b - d|)$$

is satisfied. Therefore, the minimum operator is non-expansive.  $\square$

**Theorem A.4** (Contraction property of the return operators). *The Bellman operators  $\mathcal{T}$  corresponding to the returns are a  $\gamma$ -contraction mapping wrt. to  $\|\cdot\|_\infty$*

$$\|\mathcal{T}V_1 - \mathcal{T}V_2\|_\infty \leq \gamma\|V_1 - V_2\|_\infty$$

*Proof.* We start with the simpler case,  $\mathcal{T}^0$ . Let  $V_1, V_2$  be two arbitrary value functions. Then the max norm of any two points in the value function post update is:

$$\begin{aligned} \|\mathcal{T}^0V_1 - \mathcal{T}^0V_2\|_\infty &= \|\mathbb{E}_\pi[\min(R_{2i+1} + \gamma V_1(n_{2i+1}), R_{2i+2} + \gamma V_1(n_{2i+2}))] - \\ &\quad \mathbb{E}_\pi[\min(R_{2i+1} + \gamma V_2(n_{2i+1}), R_{2i+2} + \gamma V_2(n_{2i+2}))]\|_\infty \\ &= \|\mathbb{E}_\pi[\min(R_{2i+1} + \gamma V_1(n_{2i+1}), R_{2i+2} + \gamma V_1(n_{2i+2})) - \\ &\quad \min(R_{2i+1} + \gamma V_2(n_{2i+1}), R_{2i+2} + \gamma V_2(n_{2i+2}))]\|_\infty \\ &\leq \|\min(R_{2i+1} + \gamma V_1(n_{2i+1}), R_{2i+2} + \gamma V_1(n_{2i+2})) - \\ &\quad \min(R_{2i+1} + \gamma V_2(n_{2i+1}), R_{2i+2} + \gamma V_2(n_{2i+2}))\|_\infty \\ &\leq \max(\|\gamma V_1(n_{2i+1}) - \gamma V_2(n_{2i+1})\|_\infty, \|\gamma V_1(n_{2i+2}) - \gamma V_2(n_{2i+2})\|_\infty) \\ &\leq \gamma \max(\|V_1(n_{2i+1}) - V_2(n_{2i+1})\|_\infty, \|V_1(n_{2i+2}) - V_2(n_{2i+2})\|_\infty) \\ &\leq \gamma \max(\|V_1(n_j) - V_2(n_j)\|_\infty, \|V_1(n_k) - V_2(n_k)\|_\infty) \\ &\leq \gamma\|V_1 - V_2\|_\infty \quad (\text{merging max with } \|\cdot\|_\infty) \end{aligned}$$

A similar argument can be shown for  $\|\mathcal{T}^1 V_1 - \mathcal{T}^1 V_2\|_\infty$  and  $\|\mathcal{T}^\lambda V_1 - \mathcal{T}^\lambda V_2\|_\infty$ . Using the non-expansive property (Th. A.3) and absorbing the max operator with  $\|\cdot\|_\infty$  leads to the standard form for linear trajectories.

$$\begin{aligned} \|\mathcal{T}^\lambda V_1 - \mathcal{T}^\lambda V_2\|_\infty &\leq \|\gamma((1-\lambda)(V_1 - V_2) + \lambda(\mathcal{T}^\lambda V_1 - \mathcal{T}^\lambda V_2))\|_\infty \\ &\leq \gamma(1-\lambda)\|V_1 - V_2\|_\infty + \gamma\lambda\|\mathcal{T}^\lambda V_1 - \mathcal{T}^\lambda V_2\|_\infty \quad (\text{Using triangle inequality}) \\ (1-\gamma\lambda)\|\mathcal{T}^\lambda V_1 - \mathcal{T}^\lambda V_2\|_\infty &\leq \gamma(1-\lambda)\|V_1 - V_2\|_\infty \\ \|\mathcal{T}^\lambda V_1 - \mathcal{T}^\lambda V_2\|_\infty &\leq \frac{\gamma(1-\lambda)}{1-\gamma\lambda}\|V_1 - V_2\|_\infty \end{aligned}$$

For contraction,  $\frac{\gamma(1-\lambda)}{1-\gamma\lambda} < 1$  must be true.

$$\begin{aligned} \frac{\gamma(1-\lambda)}{1-\gamma\lambda} &< 1 \\ \gamma(1-\lambda) &< 1-\gamma\lambda \\ \gamma - \gamma\lambda &< 1-\gamma\lambda \\ \gamma &< 1 \end{aligned}$$

Which is always true.

Since  $\mathcal{T}^1$  is a special case of  $\mathcal{T}^\lambda$ , it is also a contraction.  $\square$

## A.2.2 BOOTSTRAPPING WITH D-DEPTH RETURNS

When the subtask tree branches end as terminal (or are masked as reachable), the agent receives a reward of 1, which provides a learning signal using the discounted returns. However, when the branches do not end as terminal nodes, it does not provide a learning signal for the nodes above it, as the return is formulated as min of the returns from child nodes. In this case, we can replace the returns of the non-terminal leaf nodes with their value estimates. Therefore, in the case that the value estimate from the end node is high, indicating that the agent knows how to solve the task from that point onwards, it still provides a learning signal. The  $n$ -step return for a linear trajectory is written as:

$$G_t^{(n)} = R_{t+1} + \gamma G_{t+1}^{(n-1)}$$

with the base case as:

$$G_t^{(1)} = R_{t+1} + \gamma V(s_{t+1})$$

We write the  $n$ -step returns for the tree trajectory as:

$$G_i^{(d)} = \min(R_{2i+1} + \gamma G_{2i+1}^{(d-1)}, R_{2i+2} + \gamma G_{2i+2}^{(d-1)})$$

with the base case as:

$$G_i^{(1)} = \min(R_{t+1} + \gamma V(n_{2i+1}), R_{t+2} + \gamma V(n_{2i+2}))$$

Value estimates help bootstrap at the maximum depth of the unrolled subtask tree  $D$  and allow the policy to learn from incomplete plans.

## A.2.3 PROPERTIES OF TREE RETURN ESTIMATES

In section A.2 it can be seen how the tree return formulation for a node essentially reduces to the linear trajectory returns along the path of minimum return in the subtree under it. When the value function has reached the stationary point. For a subtask tree, if all branches end as terminal nodes, the return

will be  $\gamma^{D'}$ , where  $D'$  is the depth of the deepest non-*terminal* node. Otherwise, it would be  $\gamma^{DV'}$  where  $V'$  is the non-*terminal truncated* node with the minimum return. Thus, it can be seen how higher depth penalizes the returns received at the root node with the discount factor  $\gamma$ . This property holds for linear trajectories, where the policy converges to the shortest paths to rewards, thereby counteracting discounting Sutton and Barto (2018); Puterman (2014). Thus, our goal-conditioned policy similarly converges to plans trees with minimum maximum depth:  $\min_{\pi_P}(\max d_i)$ , where  $d_i$  is the depth of node  $n_i$ .

This property also implies that the returns for a balanced tree will be higher than those for an unbalanced tree. The same sequence of leaf nodes can be created using different subtask trees. When the policy does not divide the task into roughly equally tough sub-tasks it results in an unbalanced tree. Since the tree is constrained to yield the same sequence of leaf nodes, its maximum depth  $D_U$  will be higher than or equal to a balanced tree  $D_U \geq D_B$ . Thus, at optimality, the policy should subdivide the task in roughly equal chunks. However, it is worth noting that two subtask trees with different numbers of leaf nodes can have the same maximum depth.

## B ARCHITECTURE & TRAINING DETAILS

### B.1 WORKER

The worker is trained using  $K$ -step imagined rollouts ( $\kappa \sim \pi_W$ ). Given the imagined trajectory  $\kappa$ , the rewards for the worker  $R_t^W$  are computed as the `cosine_max` similarity measure between the trajectory states  $s_t$  and the prescribed worker goal  $s_{wg}$ . First, discounted returns  $G_t^\lambda$  are computed as  $n$ -step lambda returns (Eq. 22). Then the Actor policy is trained using the REINFORCE objective (Eq. 23) and the Critic is trained to predict the discounted returns (Eq. 24).

$$R_t^W = \text{cosine\_max}(s_t, s_{wg}) \quad (21)$$

$$G_t^\lambda = R_{t+1}^W + \gamma_L((1 - \lambda)v(s_{t+1}) + \lambda G_{t+1}^\lambda) \quad (22)$$

$$\mathcal{L}(\pi_W) = -\mathbb{E}_{\kappa \sim \pi_W} \sum_{t=0}^{K-1} [(G_t^\lambda - v_W(s_t)) \log \pi_W(z|s_t) + \eta \mathbf{H}[\pi_W(z|s_t)]] \quad (23)$$

$$\mathcal{L}(v_W) = \mathbb{E}_{\kappa \sim \pi_W} \sum_{t=0}^{K-1} (v_W(s_t) - G_t^\lambda)^2 \quad (24)$$

### B.2 EXPLORER

The ELBO objective for the unconditional state recall (UCSR) module is given as:

$$\mathcal{L}(\text{Enc}_U, \text{Dec}_U) = \|s_t - \text{Dec}_U(z_t)\|^2 + \beta \text{KL}[\text{Enc}_U(z_t|s_t) \parallel p_U(z)] \quad \text{where } z_t \sim \text{Enc}_U(z_t|s_t) \quad (25)$$

### B.3 GOAL STATE REPRESENTATIONS

Since the RSSM integrates a state representation using a sequence of observations, it does not work well for single observations. To generate goal state representations using single observations, we train an MLP separately that tries to approximate the RSSM outputs ( $s_t$ ) from the single observations ( $o_t$ ). We refer to these representations as static state representations. Moreover, since GCSR modules require state representations at large temporal distances, it can be practically infeasible to generate them using RSSM. Thus, we use static state representations to generate training data for the GCSR module as well. The MLP is a dense network with a tanh activation at the final output layer. It is trained to predict the RSSM output (computed using a sequence of images) using single-image observations. To avoid saturating gradients, we use an MSE loss on the preactivation layer using labels transformed as  $l_{\text{new}} = \text{atanh}(\text{clip}(l, \delta - 1, 1 - \delta))$ . The clipping helps avoid computational overflows; we use  $\delta = 10^{-4}$ .

1026  
1027  
1028  
1029  
1030  
1031  
1032  
1033  
1034  
1035  
1036  
1037  
1038  
1039  
1040  
1041  
1042  
1043  
1044  
1045  
1046  
1047  
1048  
1049  
1050  
1051  
1052  
1053  
1054  
1055  
1056  
1057  
1058  
1059  
1060  
1061  
1062  
1063  
1064  
1065  
1066  
1067  
1068  
1069  
1070  
1071  
1072  
1073  
1074  
1075  
1076  
1077  
1078  
1079

Name	Symbol	Value
Train batch size	$B$	16
Replay trajectory length	$L$	64
Replay coarse trajectory length	$L_c$	48
Worker abstraction length	$K$	8
Explorer Imagination Horizon	$H_E$	64
Return Lambda	$\lambda$	0.95
Return Discount (tree)	$\gamma$	0.95
Return Discount (worker & explorer)	$\gamma_L$	0.99
State similarity threshold	$\Delta_R$	0.7
Plan temporal resolutions	$Q$	{16, 32, 64, 128, 256}
Maximum Tree depth during training	$D$	5
Maximum Tree depth during inference	$D_{\text{Inf}}$	8
Target entropy	$\eta$	0.5
KL loss weight	$\beta$	1.0
GCSR latent size	-	$4 \times 4$
RSSM deter size	-	1024
RSSM stoch size	-	$32 \times 32$
Optimizer	-	Adam
Learning rate (all)	-	$10^{-4}$
Adam Epsilon	-	$10^{-6}$
Optimizer gradient clipping	-	1.0
Weight decay (all)	-	$10^{-2}$
Activations	-	LayerNorm + ELU
MLP sizes	-	$4 \times 512$
Train every	-	16
Pralllel Envs	-	1

Table 2: Agent Hyperparameters

#### B.4 IMPLEMENTATION DETAILS

We implement two functions: `policy` and `train`, using the hyperparameters shown in Table 2. The agent is implemented in Python/Tensorflow with XLA JIT compilation. Using XLA optimizations, the total training wall time is 2 – 3 days on a consumer GPU (NVIDIA 4090 RTX 24gb). During inference, the compiled policy function runs in 4.6ms on average, enabling real-time replanning at 217.39 times per second (assuming minimal environmental overhead).

##### B.4.1 POLICY FUNCTION

At each step, the policy function is triggered with the environmental observation  $o_t$ . The RSSM module processes the observation  $o_t$  and the previous state  $s_{t-1}$  to yield a state representation  $s_t$ . During exploration, the manager  $\pi_E$  uses the  $s_t$  to generate a worker goal using the unconditional VAE. During task policy, the planning manager  $\pi_P$  generates subgoals in the context of a long-term goal  $s_g$ , and the first directly reachable subgoal is used as the worker’s goal. Finally, the worker generates a low-level environmental action using the current state and the worker goal ( $s_t, s_{\text{wg}}$ ). The algorithm is illustrated in (Alg. 1)

##### B.4.2 TRAIN FUNCTION

The training function is executed every 16-th step. A batch size  $B$  of trajectories  $\kappa$  and coarse trajectories  $\kappa_c$  is sampled from the exploration trajectories or the expert data. The length of extracted trajectories is  $L$  and the length of coarse trajectories is  $L_c$  spanning over  $L_c \times K$  time steps. Then the individual modules are trained sequentially (Alg. 6):

- RSSM module is trained using  $\kappa$  via the original optimization objective Hafner et al. (2019) followed by the static state representations (Sec. B.3).
- The GCSR module is trained using the coarse trajectory  $\kappa_c$  (Sec. 2.2).

---

**Algorithm 1** DHP Policy Function

---

**Require:** Observation  $o_t$ , Goal  $o_g$ , agent state  $t, s_{t-1}, a_{t-1}, s_{wg}, \text{mem\_buff}, \text{mode}$   
**Ensure:** Action  $a_t$ , new agent state

```

1:  $s_t \leftarrow \text{wm}(o_t, s_{t-1}, a_{t-1})$  {World model update}
2: if  $t \bmod K = 0$  then
3:   if  $\text{mode} == \text{eval}$  then
4:      $s_g \leftarrow \text{static\_state}(o_g)$  {Sec B.3}
5:      $d \leftarrow 0$  {Subgoal planning}
6:     while  $\neg \text{is\_reachable}(s_t, s_g) \wedge d < D_I$  do
7:        $z \sim \pi_P(z|s_t, s_g)$ 
8:        $s_g \leftarrow \text{Dec}_G(z, s_t, s_g)$ 
9:        $d \leftarrow d + 1$ 
10:    end while
11:     $s_{wg} \leftarrow s_g$ 
12:  else
13:     $\text{mem}_t \leftarrow \text{extract\_mem}(\text{mem\_buff})$  {Extract memory Sec. 2.4.2}
14:     $z \sim \pi_E(z|s_t, \text{mem}_t)$ 
15:     $s_{wg} \leftarrow \text{Dec}_U(z)$ 
16:  end if
17:   $\text{mem\_buff} \leftarrow \text{concat}(\text{mem\_buff}[1:], s_t)$ 
18: end if
19:  $a_t \sim \pi_W(a_t|s_t, s_{wg})$ 
20: return  $a_t, t + 1, s_t, a_t, s_{wg}, \text{mem\_buff}$ 

```

---

- The worker policy is optimized by extracting tuples  $(s_t, s_{t+K})$  from the trajectories  $\kappa$  and running the worker instantiated at  $s_t$  with worker goal as  $s_{t+K}$  (Sec. B.1).
- The planning policy is trained using sample problems extracted as pairs of initial and final states  $(s_t, s_g)$  at randomly mixed lengths from  $\kappa_c$ . Then the solution trees are unrolled and optimized as in Sec. 2.3.
- Lastly, the exploratory policy is also optimized using each state in  $\kappa$  as the starting state (Sec. 2.4.3).

---

**Algorithm 2** Training the GCSR Module

---

**Require:** Experience dataset  $data$

```

1: Initialize triplets  $\leftarrow \emptyset$ 
2: for all window sizes  $q \in Q$  do
3:   Append  $\text{extract\_triplets}(data, q)$  to triplets {Extract  $(s_t, s_{t+q/2}, s_{t+q})$ }
4: end for
5:  $\text{update\_gcsr}(\text{triplets})$  {Update CVAE using ELBO objective (Eq. 1)}

```

---



---

**Algorithm 3** Training the Worker Policy

---

**Require:** Experience dataset  $data$

```

1:  $(\text{init}, \text{wk\_goal}) \leftarrow \text{extract\_pairs}(data, K)$  {Extract  $(s_t, s_{t+K})$  state pairs}
2:  $\text{traj} \leftarrow \text{imagine}(\text{init}, K)$  {On-policy trajectory rollout}
3:  $\text{rew} \leftarrow \text{cosine\_max}(\text{traj}, \text{wk\_goal})$  {Goal similarity reward}
4:  $\text{ret} \leftarrow \text{lambda\_return}(\text{rew})$  {Compute  $\lambda$ -returns (Eq. 22)}
5:  $\text{update\_worker}(\text{traj}, \text{ret})$  {Update Worker SAC with REINFORCE (Eqs. 23, 24)}

```

---

---

1134 **Algorithm 4** Training the Planner Policy

---

1135 **Require:** Experience dataset  $data$

1136 1:  $task \leftarrow \text{sample\_task\_pairs}(data)$       {Sample  $(s_{\text{init}}, s_{\text{goal}})$  at mixed temporal distances}

1137 2:  $tree \leftarrow \text{imagine\_plan}(task)$       {Generate subtask tree (Sec. 2.3.1)}

1138 3:  $rew, is\_term \leftarrow \text{is\_reachable}(tree)$       {Node rewards & terminals (Eqs. 2, 3)}

1139 4:  $ret \leftarrow \text{tree\_lambda\_return}(rew, is\_term)$       {Lambda return for trees (Eq. 6)}

1140 5:  $\text{update\_planner}(tree, ret)$       {Update Planner SAC with REINFORCE (Eqs. 8, 9)}

---

1141

1142

1143 **Algorithm 5** Training the Explorer Policy

---

1144 **Require:** Experience dataset  $data$

1145 1:  $(init) \leftarrow \text{extract\_states}(data)$       {Extract  $s_t$  states as initial states}

1146 2:  $traj \leftarrow \text{imagine}(init, H_E)$       {On-policy trajectory rollout}

1147 3:  $rew \leftarrow \text{expl\_rew}(traj)$       {Exploratory reward (Eq. 10)}

1148 4:  $ret \leftarrow \text{lambda\_return}(rew)$       {Compute  $\lambda$ -returns (Eq. 11)}

1149 5:  $\text{update\_explorer}(traj, ret)$       {Update Explorer SAC (Eqs. 12, 13)}

---

1150

1151

1152 **Algorithm 6** Overall Training Procedure

---

1153 **Require:** Experience dataset  $data$ , current mode  $mode$

1154 1:  $\text{train\_rsm}(data)$       {Train world model per Hafner et al. (2019)}

1155 2:  $\text{train\_gcsr}(data)$       {Alg. 2}

1156 3:  $\text{train\_worker}(data)$       {Alg. 3}

1157 4:  $\text{train\_planner}(data)$       {Alg. 4}

1158 5:  $\text{train\_explorer}(data)$       {Alg. 5}

---

1160

1161

## 1162 C BROADER IMPACTS

1163

### 1164 C.1 POSITIVE IMPACTS

1165

1166 The imagination-based policy optimization mitigates hazards that can occur during learning. Efficient  
 1167 training can reduce the carbon footprint of the agents. The agent produces highly interpretable plans  
 1168 that can be verified before execution.

1169

### 1170 C.2 NEGATIVE IMPACTS AND MITIGATIONS

1171

- 1172 • **Inaccurate Training:** Imagination can cause incorrect learning. Mitigation: Rigorous  
 1173 testing using manual verification of world-model reconstructions against ground truths.
- 1174 • **Malicious Use:** Hierarchical control could enable more autonomous adversarial agents.  
 1175 Mitigation: Advocate for gated release of policy checkpoints.

1176

### 1177 C.3 LIMITATIONS OF SCOPE

1178

1179 Our experiments focus on simulated tasks without human interaction. Real-world impacts require  
 1180 further study of reward alignment and failure modes.

1181

1182

1183

1184

1185

1186

1187

## D SAMPLE EXPLORATION TRAJECTORIES

We compare sample trajectories generated by various reward schemes in this section. Fig. 9 shows the sample trajectories of an agent trained to optimize the vanilla exploratory rewards. Fig. 10 shows the sample exploration trajectories of an agent that optimizes only for the GCSR-based rewards. Fig. 11 shows sample exploration trajectories of an agent that optimizes for GCSR exploratory rewards but without memory. The GCSR rewards-based agent generates trajectories that are less likely to lead to repeated path segments or remaining stationary. Removing the memory can sometimes cause inefficient trajectories, where the agent may not perform as expected.

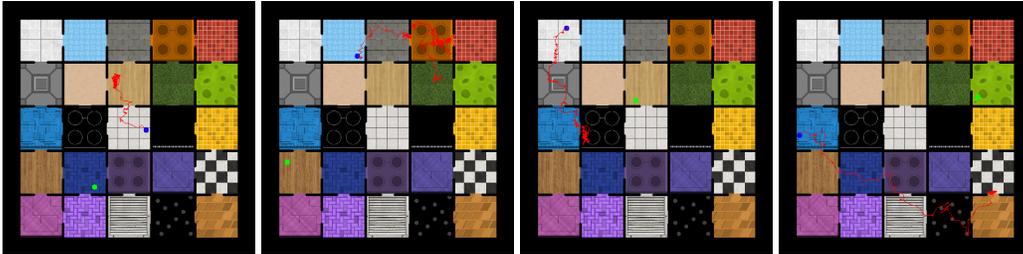


Figure 9: Sample exploration trajectories using the vanilla exploratory rewards. The agent identifies states with unclear representations and successfully navigates to them, indicating sufficient navigation capabilities. However, once the agent reaches the goal, it stays there, leading to lower-quality data.

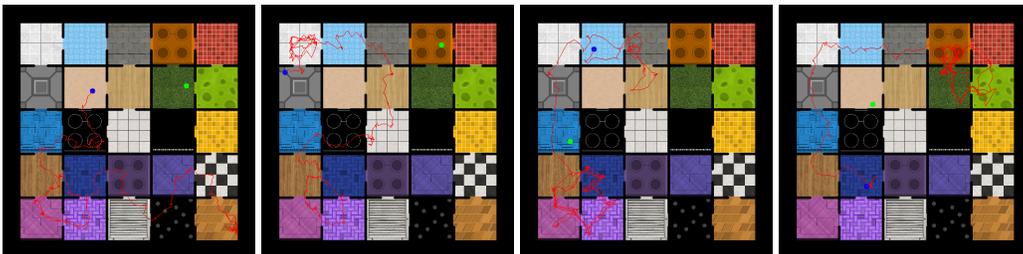


Figure 10: Sample exploration trajectories using the GCSR modules for the path-segments-based rewards. It can be seen that the agent continuously moves and explores longer state connectivity.

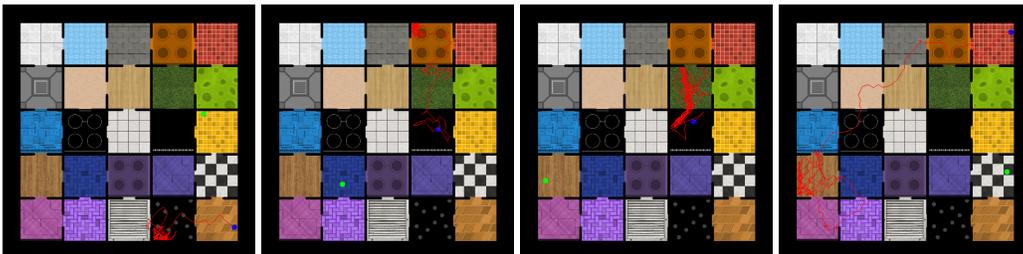


Figure 11: Sample exploration trajectories using the default strategy without the Memory. The resulting data can have some problematic trajectories.

## E ROBO YOGA SAMPLES

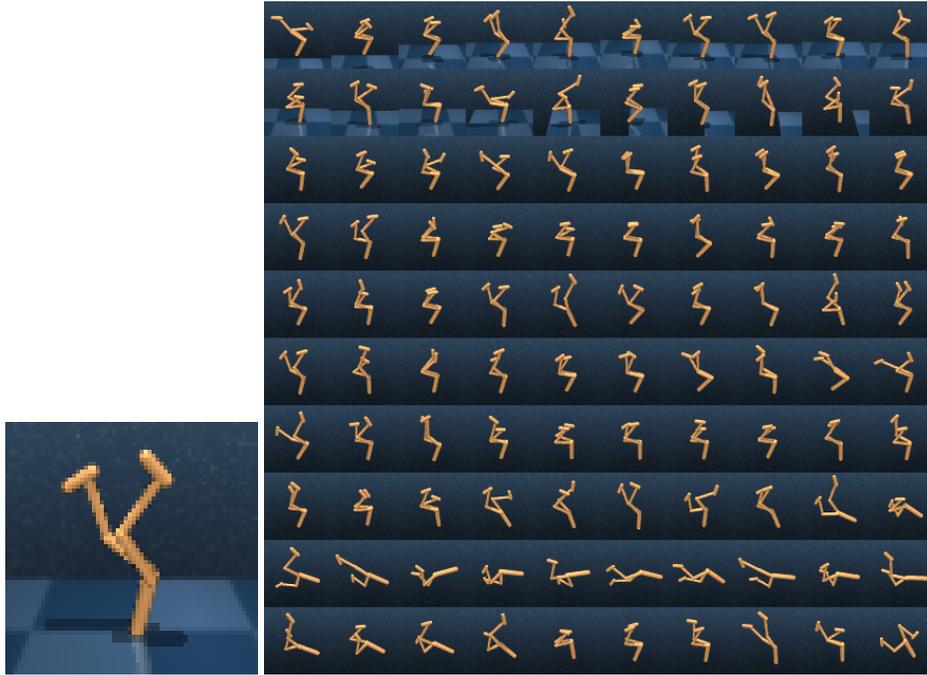


Figure 12: Figure shows a sample trajectory (every 8-th frame) for the walker embodiment given a headstand goal. The agent can maintain a constant headstand; however, it sways about the goal position. This is because the agent is trained to reach the goal position and not to stay there.

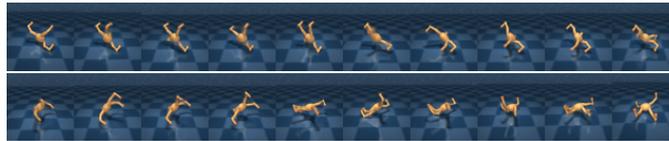


Figure 13: Some failure cases from the plans constructed for the yoga quadruped task where the agent hallucinates wrong midway states that get verified by the similarity check. We believe this is because the quadruped agent has a richer state space than the walker, and the states are not very distinct.

## F OFFLINE DHP

While the online formulation presented in earlier sections is highly flexible and requires minimal external dependencies, scaling to extremely long-horizon and complex tasks (such as OGBench (Park et al., 2024)) reveals practical challenges:

- **Compounding errors in subgoal prediction:** Since subgoals at lower tree levels depend on predictions at higher levels, any hallucinations in the CVAE-based subgoal generation accumulate with depth (Figure 13 shows examples). This becomes problematic when planning over very long horizons where recursive errors compound.
- **Long-horizon exploration inefficiency:** Undirected exploration can require impractically long training times in large environments. Moreover, many states that yield high exploratory rewards may be irrelevant to the external task (e.g., an agent lying upside-down throughout a maze provides novel states but unhelpful coverage).

To address these limitations while preserving our core contributions—discrete reachability checks and tree-structured return estimation—we develop a simplified offline variant of DHP. Demonstrating that our planning principles are architecture-agnostic and applicable across different settings.

### F.1 ARCHITECTURE

The offline agent maintains our core planning objectives while replacing components that proved problematic in complex domains:

1. **Goal representation network**  $\phi(s_t, s_g) \rightarrow z$  (similar to HIQL (Park et al., 2023)): Replaces world-model-based state representations with a learned encoder that directly maps state-goal pairs to a length-normalized representation space.
2. **Hierarchical policies:**
  - **Manager**  $\pi_M(s_t, s_g) \rightarrow z$ : Predicts optimal subgoal representations in the learned  $z$ -space.
  - **Worker**  $\pi_W(s_t, z) \rightarrow a_t$ : Executes low-level actions to reach subgoals.
3. **Goal buffer**  $\mathcal{B}$ . Stores a diverse set of landmark states from the offline dataset. During planning, the buffer retrieves the nearest stored state  $\mathcal{B}(s_t, z) \rightarrow s_g$ , to the predicted representation  $z$ , acting as a discrete decoder. This eliminates hallucination errors by constraining subgoals to states that actually exist in the data.

### F.2 TRAINING OBJECTIVES

The agent is trained using offline datasets collected by noisy expert policies (Park et al., 2024). All modules are trained jointly using samples from the replay buffer.

**Manager Value Function** The manager value function  $V^h(s_t, s_g)$  evaluates the quality of high-level plans. Following our tree-structured return formulation (Sec. 2.3.3), we compute values using the min-operator.

For a given task  $(s_t, s_g)$  decomposed via a midway state  $s_w$ :

$$V^h(s_t, s_g) = \min(R_{\text{left}} + \gamma^h V^h(s_t, s_w), R_{\text{right}} + \gamma^h V^h(s_w, s_g))$$

where  $R_{\text{left}}, R_{\text{right}}$  are binary rewards  $\{0, 1\}$  indicating whether each subtask is reachable within the threshold of subgoal step (replacing the imagination-based check with a distance threshold).

The value function is trained using an expectile regression objective (similar to IQL (Kostrikov et al., 2021), HIQL Park et al. (2023)) to avoid overestimation. However, unlike standard IQL, which regresses toward Bellman backup values, we regress toward our tree-structured return  $G^h$ :

$$G^h(s_t, s_g; s_w) = \min(R_{\text{left}} + \gamma^h \bar{V}^h(s_t, s_w), R_{\text{right}} + \gamma^h \bar{V}^h(s_w, s_g))$$

This is the 1-step tree return from Equation 5, where we use target networks  $\bar{V}^h$  for stability. The loss is then:

$$L_{V^h} = \mathbb{E}(s_t, s_w, s_g)[\mathcal{L}_\tau(G^h(s_t, s_g; s_w) - \bar{V}^h(s_t, s_g))]$$

where  $\mathcal{L}_\tau$  is the asymmetric expectile loss:

$$\mathcal{L}_\tau(u) = |\tau - 1[u < 0]| \cdot u^2$$

with expectile  $\tau = 0.7$ . This asymmetric loss causes the value function to approximate an upper expectile of the tree-structured return distribution, avoiding overestimation while maintaining optimism for planning.

**Manager Actor** The manager policy learns to predict subgoal representations that maximize the advantage:

$$\pi_M(z|s_t, s_g) \propto \exp(\beta \cdot A^h(s_t, s_w, s_g))$$

where  $s_w$  is the midway state between  $(s_t, s_g)$  in the dataset trajectory, and the advantage is:

$$A^h(s_t, s_w, s_g) = \min(V^h(s_t, s_w), V^h(s_w, s_g)) - V^h(s_t, s_g)$$

This encourages the manager to predict subgoals that create balanced, high-value decompositions. The policy is trained via advantage-weighted regression (AWR):

$$\mathcal{L}_{\pi_M} = -\mathbb{E}_{(s_t, s_w, s_g)}[\exp(\beta \cdot A^h) \cdot \log \pi_M(\phi(s_t, s_w)|s_t, s_g)]$$

where  $\beta = 3.0$  is the temperature parameter controlling the strength of advantage weighting.

**Worker Value Function** The worker value function  $V^l(s_t, z)$  where  $z = \phi(s_t, s_g)$  evaluates how well the agent can reach subgoal  $s_g$  from state  $s_t$ . It is trained using standard IQL expectile regression:

$$\mathcal{L}_{V^l} = \mathbb{E}_{(s_t, s', s_g)}[\mathcal{L}_\tau(r + \gamma^l V^l(s_t, z) - V^l(s_t, z))]$$

where  $r = \text{Float}[d(s', s_g) \leq 1]$  is a sparse binary reward indicating goal achievement, and  $\gamma^l = 0.99$  is the discount factor. Similar to HIQL (Park et al., 2023), the goal representation module  $\phi$  is trained using the gradients from the value function loss.

**Worker Actor** The worker policy is trained to imitate actions that have high advantages:

$$L_{\pi_W} = -\mathbb{E}(s, a, s', s_{t+K})[\exp(\beta \cdot (V^l(s', z) - V^l(s_t, z))) \cdot \log \pi_W(a_t|s_t, z)]$$

where  $z = \phi(s_t, s_{t+K})$ . This encourages the worker to execute actions that make progress toward the subgoal  $s_{t+K}$ .

**Goal Buffer Update** The goal buffer is populated and maintained using farthest point sampling (FPS) to ensure diversity:

1. **Initialization:** Sample  $N$  candidate goals from the offline dataset
2. **Diversity selection:** Every 10000 steps, we iteratively select states that maximize minimum distance to already-selected states:  $s_{\text{next}} = \arg \max_{s \in \text{candidates}} \min_{s' \in \mathcal{B}} d(s, s')$  where  $d$  is a value-based distance estimate  $-V^l(s, s')$ .

The buffer capacity is set to 2048 goals, which we found to work well for all tasks. But it can be task-dependent. Using value-based FPS ensures the buffer contains goals at varying difficulty levels, not just perceptually diverse states.

Task	GCBC	GCIVL	GCIQL	QRL	CRL	HIQL	DHP ( <i>Ours</i> )
antmaze-large-navigate-v0	24 ± 2	16 ± 5	34 ± 4	75 ± 6	83 ± 4	91 ± 2	<b>93.9 ± 1</b>
antmaze-giant-navigate-v0	0 ± 0	0 ± 0	0 ± 0	14 ± 3	16 ± 3	65 ± 5	<b>72.3 ± 5</b>
humanoidmaze-large-navigate-v0	1 ± 0	2 ± 1	2 ± 1	5 ± 1	24 ± 4	49 ± 4	<b>82.8 ± 5</b>
humanoidmaze-giant-navigate-v0	0 ± 0	0 ± 0	0 ± 0	1 ± 0	3 ± 2	12 ± 4	<b>83.2 ± 4</b>

Table 3: Performance on OGBench navigation tasks.

### F.3 INFERENCE

During inference, the manager recursively decomposes tasks up to depth  $D = 8$ . For each decomposition, the manager predicts a goal representation  $\pi_M(s_t, s_g) \rightarrow z$ . Then, the  $z$  is used to retrieve the nearest state by comparing the goal representations of the stored states  $\phi(s_t, s_i) \forall s_i \in \mathcal{B}$  with the predicted  $z$  using the mean-squared error. The first reachable subgoal in the decomposed subgoal stack (say  $s_w$ ) is used as the worker’s subgoal to predict the action as:  $\pi_W(s_t, \phi(s_t, s_w))$ . Reachability is determined by the normalized value criterion  $\tilde{V}^l(s_t, z) > \theta$ , where  $\tilde{V}^l = (V^l - \mu)/\sigma$  is the value estimate normalized by running statistics  $(\mu, \sigma)$  collected during training for valid subgoals ( $s_{t+K}$ ). We set  $\theta = -2.0$ , which corresponds to subgoals that are in the top 97.5% of value estimates, preventing over-optimism.

### F.4 EVALUATION

We evaluate the offline DHP agent on the OGBench navigation benchmark (Park et al., 2024), which features significantly larger and more complex environments than the 25-room task:

- **AntMaze-Large/Giant:** Large continuous mazes requiring precise locomotion control.
- **HumanoidMaze-Large/Giant:** High-dimensional humanoid morphology (17 DoF) in large mazes, requiring both locomotion and balance.

Table 3 shows that offline DHP achieves state-of-the-art performance, with particularly strong *absolute* gains on the HumanoidMaze tasks (+33.8% on large, +71.2% on giant compared to HIQL). Our planning method is highly interpretable, as shown in the subgoal visualization in Fig. 14. For video results, please visit <https://sites.google.com/view/dhp-video/home>. These are the best results on the OGBench humanoid tasks to the best of our knowledge. These results demonstrate that:

- **Core contributions generalize:** The discrete reachability paradigm and tree-structured returns transfer successfully to the offline setting.
- **Architecture modularity:** Our planning principles work with both online (CVAE+world model) and offline (goal buffer+representation learning) implementations.
- **Scalability:** The method handles high-dimensional morphologies and giant environments where the online version struggled.

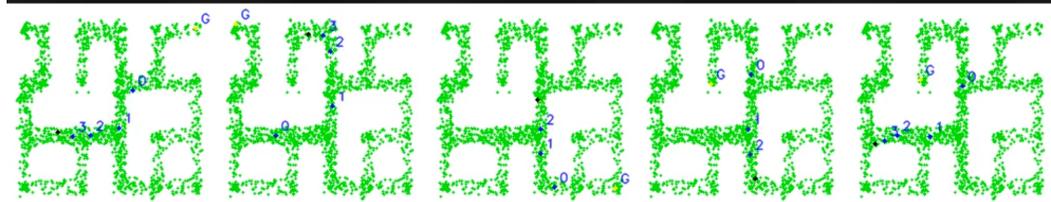
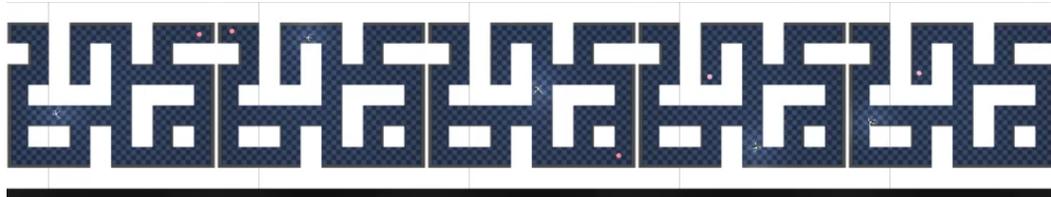
### F.5 COMPARISON TO ONLINE DHP

The offline variant trades exploration flexibility for robustness:

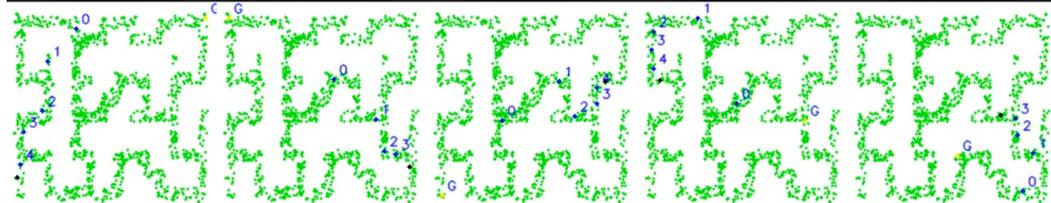
#### Advantages:

- Eliminates subgoal hallucinations via buffer-based retrieval
- Scales to high-dimensional state spaces (humanoid)
- No world model training required

1458  
 1459  
 1460  
 1461  
 1462  
 1463  
 1464  
 1465  
 1466  
 1467  
 1468  
 1469  
 1470  
 1471  
 1472  
 1473  
 1474  
 1475  
 1476  
 1477  
 1478  
 1479  
 1480  
 1481  
 1482  
 1483  
 1484  
 1485  
 1486  
 1487  
 1488  
 1489  
 1490  
 1491  
 1492  
 1493  
 1494  
 1495  
 1496  
 1497  
 1498  
 1499  
 1500  
 1501  
 1502  
 1503  
 1504  
 1505  
 1506  
 1507  
 1508  
 1509  
 1510  
 1511



(a) Ant Maze Large



(b) Ant Maze Giant

Figure 14: Samples of plan visualizations at the OGBench navigation tasks. The green points signify the stored states in the buffer  $\mathcal{B}$ . The black dot specifies the agent's current position. The yellow dot labeled 'G' is the final goal. And the subgoals are represented by blue dots, with their indices in the subgoal stack shown next to each. The agent recursively plans until a reachable subgoal is found, then moves towards it.

- 1512           • Handles extremely long horizons (giant mazes)  
1513

1514 **Tradeoffs:**

- 1515  
1516           • Requires pre-collected offline data  
1517           • Subgoal space limited to buffer contents (though 2048 landmarks prove sufficient)  
1518           • Cannot discover entirely novel subgoals beyond training distribution  
1519

1520 Both variants validate that our core insight—replacing distance metrics with discrete reachability and  
1521 using tree-structured advantages—is the key to effective hierarchical planning, independent of the  
1522 specific architecture used.  
1523

1524  
1525  
1526  
1527  
1528  
1529  
1530  
1531  
1532  
1533  
1534  
1535  
1536  
1537  
1538  
1539  
1540  
1541  
1542  
1543  
1544  
1545  
1546  
1547  
1548  
1549  
1550  
1551  
1552  
1553  
1554  
1555  
1556  
1557  
1558  
1559  
1560  
1561  
1562  
1563  
1564  
1565

1566  
 1567  
 1568  
 1569  
 1570  
 1571  
 1572  
 1573  
 1574  
 1575  
 1576  
 1577  
 1578  
 1579  
 1580  
 1581  
 1582  
 1583  
 1584  
 1585  
 1586  
 1587  
 1588  
 1589  
 1590  
 1591  
 1592  
 1593  
 1594  
 1595  
 1596  
 1597  
 1598  
 1599  
 1600  
 1601  
 1602  
 1603  
 1604  
 1605  
 1606  
 1607  
 1608  
 1609  
 1610  
 1611  
 1612  
 1613  
 1614  
 1615  
 1616  
 1617  
 1618  
 1619

$L$	State space size	Success rate	Path lengths
2	16	100%	$2.42 \pm 0.56$
3	512	86.47%	$3.12 \pm 1.66$

Table 4: Performance at the lights-out puzzle.

## G LIGHTSOUT PUZZLE

Lightsout is a complex puzzle where the agent is given a binary 2D array representing the state of lights on/off in a grid of rooms. The objective is to turn off the lights in all rooms; but, toggling the lights in room  $(i, j)$  toggles the lights of connected rooms  $[(i - 1, j), (i + 1, j), (i, j - 1), (i, j + 1)]$ . We measure reachability by iterating over all actions to check if the goal state can be reached in one step (errorless check). The agent is required to plan a path from the initial state to the final all-out state.

To assess the planning capability of DHP, the agent is stripped down to just the planning actor and critic, both of which are implemented as simple dense MLPs. The actor outputs directly in the state space. For a grid  $L \times L$ , the size of the state space is  $2^{L^2}$ . Thus, the agent must choose the right subgoal state of the possible  $2^{L^2}$  at each step in tree planning. This is more complex than the 25-room task, where the agent had to essentially pick from 25 rooms at each step. The agent plans up to a depth of  $D = 5$ , and all branches must terminate in success (within a depth of  $D = 5$ ) in a single attempt to score 1; otherwise, it scores 0. Another added complication is that some subgoals can be dead ends and may not lead to the goal. We observe that our agent performs decently (path lengths refer to the lengths of the successful paths). Table 4 shows the final results.