Low-rank Momentum Factorization for Memory Efficient Training

Anonymous authors
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Abstract

Fine-tuning large foundation models presents significant memory challenges due to stateful optimizers like AdamW, often requiring several times more GPU memory than inference. While memory-efficient methods like parameter-efficient fine-tuning (e.g., LoRA) and optimizer state compression exist, recent approaches like GaLore bridge these by using low-rank gradient projections and subspace moment accumulation. However, such methods may struggle with fixed subspaces or computationally costly offline resampling (e.g., requiring full-matrix SVDs). In this work, we propose MoFaSGD, which maintains a dynamically updated low-rank SVD representation of the first-order momentum, closely approximating its full-rank counterpart throughout training. This factorization enables a memory-efficient fine-tuning method that adaptively updates the optimization subspace at each iteration. Crucially, MoFaSGD leverages the computed low-rank momentum factors to perform efficient spectrally normalized updates, offering an alternative to subspace moment accumulation without additional computational overhead. Theoretically, we establish convergence guarantees for MoFaSGD, demonstrating an optimal rate for non-convex stochastic optimization under standard assumptions. Empirically, we demonstrate MoFaSGD's effectiveness on large language model alignment benchmarks, achieving a competitive trade-off between memory reduction (comparable to LoRA) and performance compared to state-of-the-art low-rank optimization methods. Our implementation is available at `https://github.com/AnonCode1/MFSGD.git`.

1 Introduction

Advancements in AI have been propelled by initial scaling laws, which boost pre-training performance via ever-larger models and datasets Kaplan et al. (2020). However, adapting these large foundation models to downstream tasks, such as instruction or preference tuning Ouyang et al. (2022), often requires several times more GPU memory than inference alone. This memory burden largely stems from storing optimizer states (e.g., momentum terms) required by ubiquitous methods like AdamW. To alleviate these costs, various strategies have emerged. Parameter-Efficient Fine-Tuning (PEFT) methods, like the popular LoRA technique Hu et al. (2021), restrict model updates to low-rank adapters, drastically reducing memory overhead by training only a small fraction of parameters. Variants such as DoRA Liu et al. (2024), AdaLoRA Zhang et al. (2023), VeRA Kopiczko et al. (2023) and rsLoRA Kalajdzievski (2023) have further refined low-rank parameterization. Other approaches focus on compressing optimizer states directly; methods like AdaFactor Shazeer & Stern (2018), SM3 Anil et al. (2019), and quantization techniques Modoranu et al. (2024); Feinberg et al. (2024) factorize or reduce the precision of moments. Alternatively, stateless methods like signSGD Bernstein et al. (2018) and SWAN Ma et al. (2024) avoid momentum accumulation altogether by carefully normalizing gradients each iteration. A complementary line of research explores **low-rank subspace optimization**, where methods aim to reduce memory by projecting gradients onto a smaller, dynamically changing projection subspace, allowing full parameter updates but operating within this lower-dimensional space. Key examples include GaLore Zhao et al. (2024a), Flora Hao et al. (2024), and ReLoRA Lialin et al. (2023). However, applying these dynamic subspace techniques effectively presents difficulties. **Challenges in Online Subspace Updates.** While promising, dynamically updating the optimization

subspace online – as done in methods like GaLore – faces key obstacles. First, managing optimizer states (particularly momentum) during abrupt subspace changes is non-trivial; existing methods may reset states Lialin et al. (2023), transform them Hao et al. (2024), or leave them unchanged Hao et al. (2024). Second, determining the new subspace, often based on gradients, can incur high computational costs (e.g., full SVD on large gradient matrices Zhao et al. (2024a)), hindering scalability. These limitations highlight the need for more efficient, iteration-level subspace adaptation strategies.

Contributions. Motivated by the success of gradient-based techniques for memory-efficient fine-tuning, the advantages of dynamic projection subspaces over static ones, and the potential for online subspace updates to better track full-rank optimization dynamics, we address the following research questions:

(Q1) Can we mitigate the challenges of online subspace resampling through a computationally efficient update strategy while rigorously tracking projection residuals?

(Q2) Can we directly estimate adaptive optimizer trajectories using low-rank factors, instead of relying on compressed accumulation of subspace moments?

(Q3) Can we match the per-iteration complexity of standard adaptive optimizers while maintaining LoRA-level memory savings?

We answer these questions affirmatively by introducing an online subspace optimization method—Momentum Factorized SGD (MoFaSGD)—which maintains a dynamically updated low-rank SVD factorization of the first-order momentum.. We define this factorization as:

$$\hat{\boldsymbol{M}}_t = \boldsymbol{U}_{t+1} \operatorname{Diag}(\boldsymbol{\sigma}_{t+1}) \boldsymbol{V}_{t+1}^\top \approx \beta \hat{\boldsymbol{M}}_{t-1} + (1-\beta)\boldsymbol{G}_t \quad \text{(First-Momentum Factorization)} \tag{1}$$

Here, $\hat{\boldsymbol{M}}_t$ denotes the approximate first-order momentum at iteration t, $\boldsymbol{G}_t$ is the gradient at iteration t, and β is the momentum decay factor. The low-rank SVD factors $\boldsymbol{U}_{t+1} \in \mathbb{R}^{m \times r}$ (left singular vectors), $\boldsymbol{\sigma}_{t+1} \in \mathbb{R}^r$ (singular values), and $\boldsymbol{V}_{t+1} \in \mathbb{R}^{n \times r}$ (right singular vectors) serve as the optimizer state in our algorithm.

Motivated by our observation that gradient momentums (EMAs) often exhibit low-rank structure, MoFaSGD applies a specific low-rank approximation strategy: maintaining an online, low-rank SVD factorization of the *first-order momentum.* This differs from state compression methods that typically target second moments Shazeer & Stern (2018) and avoids the complex factored approximations of curvature used in methods like Shampoo or KFAC Gupta et al. (2018); Martens & Grosse (2015). The factorization is updated efficiently at each iteration using tangent space projections, bypassing costly offline resampling Zhao et al. (2024a). Crucially, MoFaSGD leverages the *same* continuously updated low-rank momentum factors $(\boldsymbol{U}_{t+1}, \boldsymbol{V}_{t+1})$ to perform spectral normalization ($\boldsymbol{W}_{t+1} \leftarrow \boldsymbol{W}_t - \eta \boldsymbol{U}_{t+1} \boldsymbol{V}_{t+1}^\top$). This integrated approach provides adaptive step directions, inspired by methods like Shampoo Gupta et al. (2018) and Muon Jordan et al. (2024b), but without requiring separate, computationally intensive matrix operations (SVD, roots, Newton-Schulz) on the gradient or momentum buffer at each step. MoFaSGD thus seeks LoRA-like memory savings through its unified low-rank momentum representation, aiming to enable dynamic, adaptive full-parameter updates efficiently. Notably, while normalization methods like Muon also offer adaptive updates, they typically still maintain full-rank momentum buffers ($\mathcal{O}(mn)$ memory) and apply full-rank updates after normalization Jordan et al. (2024b), unlike MoFaSGD's inherently low-rank approach to momentum representation and update generation.

2 Related Work

To improve memory efficiency for training large-scale neural networks, various strategies have emerged, including parameter-efficient fine-tuning, subspace optimization, optimizer state compression, stateless approaches, and partial update techniques. Moreover, second-order and preconditioning methods such as Shampoo Gupta et al. (2018) have been gaining popularity due to their faster convergence compared to AdamW, albeit with even higher memory requirements, as studied in detail in Kasimbeg et al. (2025).

We detail some of these methods—including subspace optimization, optimizer state compression, stateless approaches, and gradient spectral normalization—below, while the rest are deferred to Appendix A.

Subspace Optimization   Instead of adding components, subspace optimization methods aim to reduce the memory cost of gradients and optimizer states while enabling full-parameter updates Zhao et al. (2024a). These often project gradients onto a low-rank subspace Gur-Ari et al. (2018); Gressmann et al. (2020); Yang et al. (2023); Vogels et al. (2020). GaLore Zhao et al. (2024a) projects gradients onto a subspace defined by either the left or right singular vectors of the gradients, computed via SVD, and accumulates optimizer states within this subspace, thereby reducing the required optimizer memory. Flora Hao et al. (2024) periodically resamples the subspace projection matrix using a multivariate Gaussian distribution for low-rank gradient projections. AdaRankGrad Refael et al. (2024) dynamically adjusts gradient rank during training. LDAdam Robert et al. (2024) and APOLLO Zhu et al. (2024) maintain optimizer states in low-dimensional representations, adopting similar strategy to subspace moment accumulation as in Galore Zhao et al. (2024a). A key challenge is managing the subspace: computing it can require costly operations (like full SVD Zhao et al. (2024a)), and updating it infrequently can lead to stale information, while frequent updates can disrupt optimizer state accumulation Zhao et al. (2024a). Managing optimizer states across subspace changes also requires careful strategies Lialin et al. (2023); Hao et al. (2024).

Optimizer State Compression   This approach directly reduces the memory footprint of existing optimizer states, primarily the second moments used in adaptive methods. AdaFactor Shazeer & Stern (2018) and SM3 Anil et al. (2019) achieve this through factorization techniques, reducing memory complexity from $\mathcal{O}(mn)$ to $\mathcal{O}(m + n)$. Quantization methods like 8-bit Adam Dettmers et al. (2021) and 4-bit variants Li et al. (2023) reduce the precision of stored moments, achieving near full-precision performance with significant memory savings. CAME Luo et al. (2023) and Adapprox Zhao et al. (2024b) refine these compression techniques for potentially better accuracy.

Stateless and Gradient Normalization Methods   Eliminating optimizer states entirely provides maximal memory efficiency. signSGD Bernstein et al. (2018) achieves this by using only the sign of the gradient. Lion Chen et al. (2024) similarly reduces the memory footprint of AdamW by discarding the second-moment estimate. Gradient normalization methods such as SWAN Ma et al. (2024) and Muon Jordan et al. (2024b) emulate the behavior of adaptive optimizers without storing second-moment statistics. Muon, in particular, applies momentum followed by orthogonalization of the momentum matrix ($\boldsymbol{U_M V_M^\top}$, where $\boldsymbol{M} = \boldsymbol{U_M \Sigma_M V_M^\top}$) using efficient Newton–Schulz iterations Jordan et al. (2024b), drawing connections to accumulation-free variants of Shampoo Jordan et al. (2024b); Bernstein & Newhouse (2024). However, Muon still retains the Nesterov momentum, and thus is not considered fully stateless.

Positioning MoFaSGD   The landscape of memory-efficient optimization presents a spectrum of trade-offs. PEFT methods offer high memory savings but restrict model updates Hu et al. (2021). Subspace methods enable full-parameter updates but encounter challenges such as costly or potentially disruptive subspace resampling and subspace moment accumulation Zhao et al. (2024a); Hao et al. (2024). Optimizer state compression techniques focus on reducing the storage cost of standard statistics like second moments Shazeer & Stern (2018); Dettmers et al. (2021). Second-order and preconditioning methods aim for faster convergence using curvature approximations but often incur significant computational overhead that requires amortization Gupta et al. (2018); George et al. (2018). Stateless methods are memory-efficient but discard historical information Bernstein et al. (2018); Ma et al. (2024). This work introduces Momentum Factorized SGD (MoFaSGD) to navigate these challenges.

3   Preliminaries

In this section, we introduce necessary notations and naming conventions, as well as basic background information on subspace and adaptive optimization methods.

Notation and Conventions   We denote matrices with bold capital letters (e.g., $\boldsymbol{X}$), vectors with bold lowercase letters (e.g., $\boldsymbol{x}$), and scalars with non-bold letters (e.g., x). The Frobenius inner product for matrices is denoted as $\langle \cdot, \cdot \rangle$ (e.g., $\langle \boldsymbol{X}, \boldsymbol{Y} \rangle = \mathrm{Tr}(\boldsymbol{X}^\top \boldsymbol{Y})$). Norms are denoted by $\| \cdot \|$, with specific norms indicated using subscripts (e.g., $\| \cdot \|_\mathrm{F}$ for the Frobenius norm). The loss function is represented by $\mathcal{L}(\cdot)$. Without loss of generality, we denote the model parameters as $\boldsymbol{W}_t \in \mathbb{R}^{m \times n}$, and the full-rank gradient at

W_t is denoted as $G_t = \frac{\partial \mathcal{L}(W)}{\partial W}|_{W_t} \in \mathbb{R}^{m \times n}$. Subscript indices t denote the iteration step of any optimizer for each weight matrix. Gradients are defined based on the specific batches used in the corresponding iteration. To simplify notation, we use the same symbols as previously defined where applicable. For any matrix $X \in \mathbb{R}^{m_1 \times m_2}$, the vectorization operator $\text{Vec}(\cdot)$ stacks its columns into a single vector, denoted as $x = \text{Vec}(X) \in \mathbb{R}^{m_1 m_2 \times 1}$. The vectorized version of a matrix is always denoted by the corresponding bold lowercase letter. The Kronecker product is denoted as $\otimes$, such that for $X \in \mathbb{R}^{m_1 \times n_1}$ and $Y \in \mathbb{R}^{m_2 \times n_2}$, the Kronecker product $X \otimes Y \in \mathbb{R}^{m_1 m_2 \times n_1 n_2}$. The symbol $\odot$ denotes the element-wise (Hadamard) product between two matrices of the same dimensions. For further details on notation, please refer to Appendix D.1.

Adaptive methods with Switched off Momentums All adaptive methods, when switching off the first gradient momentum, can be understood as a form of online mirror descent where we have:

$$w_{t+1} = \arg\min_{w} \mathcal{L}(w_t) + \langle w - w_t, g_t \rangle + \frac{1}{2\eta} \| w - w_t \|_{P_t} = w_t - \eta P_t^{-1} g_t \tag{2}$$

where the preconditioner P_t can be any positive semidefinite matrix, and $\mathcal{L}(w_t) + \langle w_{t+1} - w_t, g_t \rangle$ is the local approximation of the loss function. For instance, if we let $P_{t,\text{AdaGrad}} = \left[\sum_{i=1}^{t} g_i g_i^\top \right]^{\frac{1}{2}}$, we exactly recover full-matrix Adagrad Duchi et al. (2011). Interestingly, let $L_t = \sum_{i=1}^{t} G_i G_i^\top$ and $R_t = \sum_{i=1}^{t} G_i^\top G_i$. Also recall from our notation that $g_t = \text{Vec}(G_t)$, where $g_t \in \mathbb{R}^{mn}$ and $G_t \in \mathbb{R}^{m \times n}$. Then, if we let $P_{t,\text{Shampoo}} = (R_t \otimes L_t)^{\frac{1}{4}}$, we can exactly recover the Shampoo updates for matrices Gupta et al. (2018). Now, here is an interesting observation. If we consider the fact that $g_t g_t^\top$ closely approximates the Gauss-Newton components of the true Hessian, as rigorously argued in Morwani et al. (2024), it would make sense to switch off covariance momentum (second moment) and consider the following preconditioners based on Adagrad and Shampoo: $P_{t,1} = \left[g_t g_t^\top \right]^{\frac{1}{2}}$ and $P_{t,2} = (G_t^\top G_t \otimes G_t G_t^\top)^{\frac{1}{4}}$. Performing a simple derivation, one can show that using the diagonal version of $P_{t,1}$ and plugging it back into Equation 2, we recover Signed-SGD Bernstein et al. (2018). Moreover, if we consider the reduced SVD of the gradient $G_t = U_{G_t} \Sigma_{G_t} V_{G_t}^\top$, then we can write $P_{t,2} = (V_{G_t} \Sigma_{G_t}^2 V_{G_t}^\top \otimes U_{G_t} \Sigma_{G_t}^2 U_{G_t}^\top)^{\frac{1}{4}}$. Using Lemma D.1 in the appendix, we have:

$$P_{t,2} = (V_{G_t} \Sigma_{G_t}^2 V_{G_t}^\top \otimes U_{G_t} \Sigma_{G_t}^2 U_{G_t}^\top)^{\frac{1}{4}} = (V_{G_t} \otimes U_{G_t})(\Sigma_{G_t}^{\frac{1}{2}} \otimes \Sigma_{G_t}^{\frac{1}{2}})(V_{G_t} \otimes U_{G_t})^\top \tag{3}$$

Note that, we can write $g_t = \text{Vec}(G_t) = (V_{G_t} \otimes U_{G_t}) \text{Vec}(\Sigma_{G_t})$. Now plugging this and the preconditioner $P_{t,2}$ into Equation 2, we have:

$$\begin{aligned} w_{t+1} &= w_t - \eta (V_{G_t} \otimes U_{G_t})(\Sigma_{G_t}^{-\frac{1}{2}} \otimes \Sigma_{G_t}^{-\frac{1}{2}})(V_{G_t} \otimes U_{G_t})^\top g_t \\ &= w_t - \eta (V_{G_t} \otimes U_{G_t})(\Sigma_{G_t}^{-\frac{1}{2}} \otimes \Sigma_{G_t}^{-\frac{1}{2}}) \text{Vec}(\Sigma_{G_t}) \\ &= w_t - \eta (V_{G_t} \otimes U_{G_t}) \text{Vec}(I_r) = w_t - \eta U_{G_t} V_{G_t} \end{aligned} \tag{4}$$

Hence, we can see that using $P_{t,2}$ recovers spectrally normalized updates, which are sometimes referred to as gradient whitening and studied in Bernstein & Newhouse (2024); Jordan et al. (2024b); Ma et al. (2024). Additional background on the historical development of adaptive optimization methods is provided in Appendix B.

Subspace Optimization Methods Many studies support the conjecture that gradients during the training of deep neural networks exhibit a low-rank structure, lying in a low-dimensional subspace Gur-Ari et al. (2018); Gressmann et al. (2020); Yang et al. (2023). This property has been studied both theoretically and empirically and has been leveraged to improve optimization algorithms ranging from communication-efficient distributed training Vogels et al. (2020) to efficient fine-tuning Hu et al. (2021); Lialin et al. (2023); Hao et al. (2024); Zhao et al. (2024a). Galore Zhao et al. (2024a) aims to explicitly leverage this property to perform subspace training, where gradients are projected and accumulated in a low-rank subspace, leading to significant memory footprint reduction. Since our main methodology is low-rank subspace training, we briefly clarify the subspace methods mathematically, leaning towards Galore's view. Let $W_t \in \mathbb{R}^{m \times n}$ represent the model parameters, and let $Q_t \in \mathbb{R}^{m \times r}$ be the projection matrix defining the subspace at iteration

t. Then, Galore Zhao et al. (2024a) performs the following update:

$$
\begin{aligned}
\boldsymbol{G}_{t,r} &= \boldsymbol{Q}_t^\top \boldsymbol{G}_t \in \mathbb{R}^{r \times n} && \text{(Subspace projection)} \\
\boldsymbol{M}_{t,r} &= \beta_1 \boldsymbol{M}_{t-1,r} + (1-\beta_1)\boldsymbol{G}_{t,r} && \text{(First subspace moment)} \\
\boldsymbol{V}_{t,r} &= \beta_2 \boldsymbol{V}_{t-1,r} + (1-\beta_2)(\boldsymbol{G}_{t,r} \odot \boldsymbol{G}_{t,r}) && \text{(Second subspace moment)} \\
\boldsymbol{W}_{t+1} &= \boldsymbol{W}_t - \eta_t \boldsymbol{Q}_t \left(\frac{\boldsymbol{M}_{t,r}}{\sqrt{\boldsymbol{V}_{t,r}}} \right) && \text{(Project back and update)}
\end{aligned}
\tag{5}
$$

Moreover, by switching off subspace momentum accumulations, the Galore update can simply be seen as projected gradient descent: $\boldsymbol{W}_{t+1} = \boldsymbol{W}_t - \eta_t \boldsymbol{Q}_t \boldsymbol{Q}_t^\top \boldsymbol{G}_t$. In addition to subspace accumulation, Galore performs offline updates of the subspace $\boldsymbol{Q}_t$ by updating it as $\boldsymbol{U}_{\boldsymbol{G}_t}^{1:r}$, the top-$r$ left singular vectors of $\boldsymbol{G}_t$, obtained via an SVD operation at predetermined intervals.

4 Momentum Factorized SGD with Spectral Normalization

In this section, we propose Momentum Factorized SGD (MoFaSGD), our novel memory-efficient optimization method, and provide its theoretical underpinnings. We begin in Subsection 4.1 by detailing the core algorithmic ideas behind MoFaSGD. This includes the motivation derived from the low-rank structure observed in optimizers, the process of maintaining and efficiently updating low-rank momentum factors using tangent space projection (Algorithm 2), and the subsequent use of these factors for spectrally normalized parameter updates (Algorithm 1). Following the algorithmic description, Subsection 4.2 presents the convergence properties and theoretical analysis of MoFaSGD, justifying our design choices and establishing formal performance guarantees.

4.1 The MoFaSGD Algorithm

Algorithm 1 MoFaSGD

Require: Step size η, scaling factor α, decay β, rank r
Ensure: Optimized weights $\boldsymbol{W}_t$
 1: Initialize $\boldsymbol{W}_0$
 2: $\boldsymbol{G}_0 \leftarrow \nabla_{\boldsymbol{W}} \mathcal{L}(\boldsymbol{W}_0)$
 3: Initialize moment factors $(\boldsymbol{U}_0, \boldsymbol{\Sigma}_0, \boldsymbol{V}_0) \leftarrow \text{SVD}_r(\boldsymbol{G}_0)$
 4: $t \leftarrow 0$
 5: **repeat**
 6: $\quad \boldsymbol{G}_t \leftarrow \nabla_{\boldsymbol{W}} \mathcal{L}(\boldsymbol{W}_t)$
 7: $\quad (\boldsymbol{U}_{t+1}, \boldsymbol{\Sigma}_{t+1}, \boldsymbol{V}_{t+1}) \leftarrow \text{UMF}(\boldsymbol{G}_t, \boldsymbol{U}_t, \boldsymbol{\Sigma}_t, \boldsymbol{V}_t, \beta)$
 8: $\quad \boldsymbol{W}_{t+1} \leftarrow \boldsymbol{W}_t - \eta \boldsymbol{U}_{t+1} \boldsymbol{V}_{t+1}^\top$
 9: $\quad t \leftarrow t + 1$
10: **until** convergence criterion is met
11: **return** $\boldsymbol{W}_t$

Algorithm 2 Update Momentum Factors (UMF)

Require: $\boldsymbol{G}_t, (\boldsymbol{U}_t, \boldsymbol{\Sigma}_t, \boldsymbol{V}_t)$, decay β
Ensure: $(\boldsymbol{U}_{t+1}, \boldsymbol{\Sigma}_{t+1}, \boldsymbol{V}_{t+1})$
 1: Compute: $\boldsymbol{G}_t \boldsymbol{V}_t, \boldsymbol{U}_t^\top \boldsymbol{G}_t, \boldsymbol{U}_t^\top \boldsymbol{G}_t \boldsymbol{V}_t$
 2: Compute $(\boldsymbol{U}_t', \boldsymbol{U}_t'', \boldsymbol{V}_t', \boldsymbol{V}_t'')$ from Eqs 7, 8
 3: $\boldsymbol{U}_{t+1} \leftarrow \boldsymbol{U}_t' \boldsymbol{U}_t''$
 4: $\boldsymbol{V}_{t+1} \leftarrow \boldsymbol{V}_t' \boldsymbol{V}_t''$
 5: $\boldsymbol{\Sigma}_{t+1} \leftarrow \boldsymbol{\Sigma}_t''$
 6: **return** $(\boldsymbol{U}_{t+1}, \boldsymbol{\Sigma}_{t+1}, \boldsymbol{V}_{t+1})$

Motivation: Low-Rank Momentum Factors Feinberg et al. (2024) show that the exponential moving average (EMA) of gradient covariance $\sum_{i=1}^t \beta^{t-i} \boldsymbol{G}_i \boldsymbol{G}_i^\top$ and $\sum_{i=1}^t \beta^{t-i} \boldsymbol{G}_i^\top \boldsymbol{G}_i$ maintain low-rank structure and spectral decay properties throughout training, and Zhao et al. (2024a) argues the gradients themselves become low-rank during fine-tuning. Building on these interesting observations, it seems reasonable to conjecture that the gradient momentum $\sum_{i=1}^t \beta^{t-i} \boldsymbol{G}_i$ enjoys low-rank properties. We experimentally evaluate this conjecture in Section 5.3 and show that most of the gradient EMA mass is centered around its top few singular values. Another point of view is that LoRA Hu et al. (2021) is based on the observation that the final fine-tuning update is low-rank, and Galore Zhao et al. (2024a) is built on the observation that the gradient, in general, both in pre-training and fine-tuning, maintains low-rank structure. Thus, leveraging the low-rank property of the gradient EMA is somewhere between the implicit assumptions underlying Galore and LoRA. Building on this conjecture, we propose to maintain a low-rank SVD factorized representation of the first momentum. We highlight that this factorization plays two major roles in our algorithm design. First, it is leveraged for online subspace sampling, and second, it provides a low-rank estimation of the first

momentum (gradient EMA). We address its role in online subspace sampling now. Later in this section, we highlight the second role it plays as an estimate of the gradient EMA. Formally, we define the low-rank moment factors as:

$$\hat{M}_t \triangleq \sum_{i=1}^{t} \beta^{t-i} G_i \sim U_{t+1} \Sigma_{t+1} V_{t+1}^\top \qquad \text{(Low-rank Moment Factors)}$$

where $\{G_i\}_{i=1}^{t}$ are the observed gradients until iteration t. The left moment factor $U_{t+1} \in \mathbb{R}^{m \times r}$ and the right moment factor $V_{t+1} \in \mathbb{R}^{n \times r}$ are orthogonal matrices, while $\Sigma_{t+1} \in \mathbb{R}^{r \times r}$ is diagonal. Our method is to map the full-rank gradient G_t to the tangent space of the previous moment factor representation (U_t, Σ_t, V_t), in order to ensure a smooth adaptation of the subspace when a new gradient arrives. Formally, we leverage the tangent space of the previous iteration $\mathcal{T}_{(U_t, \Sigma_t, V_t)}$ as the new subspace for projection, which we denote as $\mathcal{T}_t$:

$$\mathcal{T}_t = \left\{ U_t M V_t^\top + U_p V_t^\top + U_t V_p^\top \mid M \in \mathbb{R}^{r \times r}, U_p \in \mathbb{R}^{m \times r}, V_p \in \mathbb{R}^{n \times r}, U_t^\top U_p = \mathbf{0}, V_t^\top V_p = \mathbf{0} \right\} \quad (6)$$

and the projection to this subspace can be derived as follows:

$$\hat{G}_t \triangleq \texttt{Proj}_{\mathcal{T}_t}(G_t) = U_t U_t^\top G_t + G_t V_t V_t^\top - U_t U_t^\top G_t V_t V_t^\top \qquad \text{(Online subspace projection)}$$

where the definition of projection to the tangent space is $\texttt{Proj}_{\mathcal{T}_t}(G_t) = \underset{G \in \mathcal{T}_t}{\arg\min} \|G - G_t\|_\mathrm{F}$.

As we later show in Theorem 4.3, projecting onto the tangent subspace of previous gradients results in a lower compression error compared to the left, right, or two-sided subspace projections used in GaLore Zhao et al. (2024a).

Efficient Momentum Factor Updates The second component of our approach is to efficiently approximate the current moment factor $\hat{M}_t$ given the projected gradient $\hat{G}_t$ and the previous moment factor $\hat{M}_{t-1}$. A naive way to perform this update is $\hat{M}_t = \mathrm{SVD}_r\big(\hat{G}_t + \beta \hat{M}_{t-1}\big)$ where $\mathrm{SVD}_r(\cdot)$ denotes the rank-r truncated singular value decomposition. However, this approach involves a computationally expensive SVD operation, which we aim to avoid in the first place. Another approach is to first observe that both $\hat{M}_{t-1}$ and $\hat{G}_t$ have rank r, and hence $\hat{G}_t + \beta \hat{M}_{t-1}$ has rank at most $2r$. We show that this observation can be leveraged to approximate $\hat{M}_t$ in $\mathcal{O}((m+n)r^3)$, which is much more efficient than an SVD operation on the full matrix. Let $(U_t', R_{U_t}) = \mathrm{QR}\big(\big[U_t \quad G_t V_t\big]\big)$, and $(V_t', R_{V_t}) = \mathrm{QR}\big(\big[V_t \quad G_t^\top U_t\big]\big)$, where QR stands for the QR decomposition, and note that $U_t' \in \mathbb{R}^{m \times 2r}$, $V_t' \in \mathbb{R}^{n \times 2r}$ and $R_{U_t}, R_{V_t} \in \mathbb{R}^{2r \times 2r}$. Then we can write:

$$\begin{aligned}
\hat{G}_t + \beta \hat{M}_{t-1} &= U_t U_t^\top G_t + G_t V_t V_t^\top + U_t (\beta \Sigma_t - U_t^\top G_t V_t) V_t^\top \\
&= \begin{bmatrix} U_t & G_t V_t \end{bmatrix} \begin{bmatrix} \beta \Sigma_t - U_t^\top G_t V_t & I_r \\ I_r & \mathbf{0}_r \end{bmatrix} \begin{bmatrix} V_t^\top \\ U_t^\top G_t \end{bmatrix} = U_t' \big(R_{U_t} \begin{bmatrix} \beta \Sigma_t - U_t^\top G_t V_t & I_r \\ I_r & \mathbf{0}_r \end{bmatrix} R_{V_t}^\top \big) V_t'^\top
\end{aligned} \quad (7)$$

Now, let $U_t'' \Sigma_t'' V_t''^\top = \mathrm{SVD}_r\big(R_{U_t} \begin{bmatrix} \beta \Sigma_t - U_t^\top G_t V_t & I_r \\ I_r & \mathbf{0}_r \end{bmatrix} R_{V_t}^\top \big)$, and note that the inner matrix has rank at most r, and $U_t'', U_t'' \in \mathbb{R}^{r \times r}$. We can finally write our momentum factor update rule as:

$$U_{t+1} = U_t' U_t'' \quad , \quad V_{t+1} = V_t' V_t'' \quad , \quad \Sigma_{t+1} = \Sigma_t'' \quad (8)$$

The computation complexity of our approach includes two QR decompositions, $\mathcal{O}((m+n)r^2)$, one full SVD on a $2r \times 2r$ matrix, $\mathcal{O}(r^3)$, and hence the total complexity is $\mathcal{O}((m+n)r^2 + r^3)$.

From Momentum Factors to Spectrally Normalized Updates Inspired by the connection between spectrally normalized gradient updates and effective non-diagonal preconditioning methods like Shampoo Gupta et al. (2018), and motivated by the strong empirical performance of Muon Jordan et al. (2024b), which applies spectral normalization to gradient momentum, we leverage our low-rank momentum factorization (Equation Low-rank Moment Factors) for the main optimizer step. We term this method Momentum Factorized SGD (MoFaSGD), defined by the update rule:

$$W_{t+1} = W_t - \eta U_{t+1} V_{t+1}^\top \quad (9)$$

Here, $\boldsymbol{U}_{t+1} \in \mathbb{R}^{m \times r}$ and $\boldsymbol{V}_{t+1} \in \mathbb{R}^{n \times r}$ represent the left and right singular vectors derived from the efficiently computed low-rank approximation of the first-order momentum, $\hat{\boldsymbol{M}}_t$. MoFaSGD (summarized in Algorithm 1) contrasts with Muon, which operates on the full-rank momentum $\boldsymbol{M}_t$ (requiring $\mathcal{O}(mn)$ memory) and uses Newton-Schulz iterations to approximate $\boldsymbol{U}_{\boldsymbol{M}_t} \boldsymbol{V}_{\boldsymbol{M}_t}^\top$ for its update step. Consequently, MoFaSGD can be viewed as a memory-efficient, low-rank variant of Muon.

Furthermore, we highlight the key distinctions between MoFaSGD and GaLore Zhao et al. (2024a). GaLore employs a two-stage process: 1) Projecting gradients onto a low-rank subspace defined by the singular vectors of the *gradient* itself, updated periodically (referred to as offline subspace resampling), and 2) Accumulating first and second moments (akin to Adam) within this low-rank subspace.

MoFaSGD adopts different strategies for both stages. Firstly, regarding the subspace definition, MoFaSGD performs gradient low-rank projection, but crucially, onto the *tangent space* defined by the singular vectors of the *gradient momentum* ($\hat{\boldsymbol{M}}_t$). This online, per-iteration subspace adaptation contrasts with GaLore's offline resampling based on single gradients. The choice of the tangent space projection is theoretically motivated by its optimality in minimizing projection residuals (Theorem 4.3), while using the momentum's singular vectors aims for a more stable subspace that evolves smoothly, mitigating potential noise in individual gradients.

Secondly, concerning the optimizer update, MoFaSGD deliberately avoids accumulating moments *within* the subspace, unlike GaLore. Instead, MoFaSGD directly uses the computed momentum factors ($\boldsymbol{U}_{t+1}, \boldsymbol{V}_{t+1}$) to perform the spectrally normalized update in Equation 9. This design choice aims to circumvent potential errors arising from subspace moment accumulation, particularly when the subspace changes frequently (i.e., near-online updates, or small subspace update intervals in GaLore). As empirically supported in Section 5.3, frequent subspace updates can indeed negatively impact GaLore's performance, suggesting that subspace moment accumulation errors might increase with the frequency of subspace changes.

In summary, MoFaSGD's *novelty* lies in its unique combination of: 1) Projecting gradients onto the dynamically updated tangent space derived from the low-rank *momentum* factors, and 2) Utilizing these factors directly for spectrally normalized updates, thereby bypassing the potential pitfalls of subspace moment accumulation inherent in methods like GaLore.

4.2 Convergence and Theoretical Analysis

Our analysis focuses on solving a non-convex optimization problem of the form:

$$\min_{\boldsymbol{W} \in \mathbb{R}^{m \times n}} \mathcal{L}(\boldsymbol{W}) = \mathbb{E}_\xi \big[\mathcal{L}(\boldsymbol{W}, \xi) \big] \tag{10}$$

where we assume access to an unbiased, variance-bounded stochastic gradient oracle $\nabla \mathcal{L}(\boldsymbol{W}, \xi)$. Below, we first introduce the necessary definitions and assumptions that underpin our theoretical results.

Definitions and Assumptions. For any optimization iterate $\boldsymbol{W}_i$, we denote the full-batch gradient by $\bar{\boldsymbol{G}}_i = \nabla \mathcal{L}(\boldsymbol{W}_i)$ and the stochastic gradient by $\boldsymbol{G}_i = \nabla \mathcal{L}(\boldsymbol{W}_i, \xi_i)$. Formally, we leverage the following standard assumptions throughout our analysis:

Assumption 4.1. *$\mathcal{L}(.)$ is L-smooth with respect to the nuclear norm $\|.\|_*$. In other words, for any two arbitrary $\boldsymbol{W}_1, \boldsymbol{W}_2 \in \mathbb{R}^{m \times n}$, we have: $\|\nabla \mathcal{L}(\boldsymbol{W}_1) - \nabla \mathcal{L}(\boldsymbol{W}_1)\|_* \leq L \|\boldsymbol{W}_1 - \boldsymbol{W}_2\|_2$*

Note that the above assumption naturally generalizes the typical smoothness condition from vector optimization and has been previously utilized in the literature Large et al. (2025); Bernstein & Newhouse (2024). Additionally, we assume the availability of a stochastic gradient oracle satisfying standard properties:

Assumption 4.2. *For any model parameter $\boldsymbol{W}$, we have access to an unbiased and variance-bounded stochastic oracle, as follows: $\mathbb{E}_\xi[\nabla \mathcal{L}(\boldsymbol{W}, \xi)] = \nabla \mathcal{L}(\boldsymbol{W})$, and $\mathbb{E}_\xi[\|\nabla \mathcal{L}(\boldsymbol{W}, \xi) - \nabla \mathcal{L}(\boldsymbol{W})\|_*] \leq \sigma$*

With these definitions and assumptions clarified, we now present an intuitive overview of our main theoretical results, which highlight the strengths and optimality of our proposed MoFaSGD algorithm.

Optimality of Tangent Space Projection (Theorem 4.3). We establish that projecting each gradient $\boldsymbol{G}_t$ onto the tangent space defined by its singular vectors achieves the minimal projection residual error

among a broad class of low-rank projection schemes, such as projection onto the left or right singular vector subspaces.

Optimal $O(1/\sqrt{T})$ Convergence Rate (Theorem 4.5). Under Assumptions 4.1 and 4.2, MoFaSGD achieves convergence to a stationary point at the optimal $O(1/\sqrt{T})$ rate. Critically, the factorization of momentum does not degrade the asymptotic convergence rate.

Proof Outline. Our proof structure involves three primary steps. First, we decompose the momentum low-rank approximation error by defining the full-rank momentum as $\boldsymbol{M}_t = \sum_{i=0}^{t} \beta^{t-i} \boldsymbol{G}_i$, and breaking down the approximation error into two key components: $\|\hat{\boldsymbol{M}}_t - \bar{\boldsymbol{G}}_t\|_* \leq \|\boldsymbol{M}_t - \bar{\boldsymbol{G}}_t\|_* + \|\hat{\boldsymbol{M}}_t - \boldsymbol{M}_t\|_*$. These terms are individually controlled via exponential averaging and tangent-space projections. Second, we rigorously prove the optimality of the tangent-space projection (Theorem 4.3), demonstrating that $\hat{\boldsymbol{G}}_t = \boldsymbol{U}_t \boldsymbol{U}_t^\top \boldsymbol{G}_t + \boldsymbol{G}_t \boldsymbol{V}_t \boldsymbol{V}_t^\top - \boldsymbol{U}_t \boldsymbol{U}_t^\top \boldsymbol{G}_t \boldsymbol{V}_t \boldsymbol{V}_t^\top$ minimizes the residual $\|\boldsymbol{G}_t - \hat{\boldsymbol{G}}_t\|_{\mathrm{F}}$, thus ensuring optimal fitting into the evolving momentum subspace. Lastly, by combining the upper bounds on the aforementioned terms with a standard descent lemma under nuclear-norm smoothness, we derive our final convergence behavior. Through careful bounding of the approximation terms from the prior steps, and leveraging them in our derived descent lemma under nuclear-norm smoothness, we arrive at our main convergence result.

The low-rank factorization of gradient momentum as described by Equation Low-rank Moment Factors is the cornerstone of our proposed method. The quality of the momentum approximation plays a key role in the effectiveness of our approach. Hence, here we also provide an intuitive sketch of our theoretical analysis to bound the factorization residual $\|\hat{\boldsymbol{M}}_t - \boldsymbol{M}_t\|_* = \|\sum_{i=1}^{t} \beta^{t-i} \boldsymbol{G}_i - \boldsymbol{U}_{t+1} \boldsymbol{\Sigma}_{t+1} \boldsymbol{V}_{t+1}^\top\|_{\mathrm{F}}^2$. By recursively bounding this term, we can show that it is sufficient to bound the term $\|\boldsymbol{U}_{t+1} \boldsymbol{\Sigma}_{t+1} \boldsymbol{V}_{t+1}^\top - \beta \boldsymbol{U}_t \boldsymbol{\Sigma}_t \boldsymbol{V}^\top - \boldsymbol{G}_t\|_{\mathrm{F}}$, which can itself be shown to be bounded by $\|\mathtt{Proj}_{\mathcal{T}_t}(\boldsymbol{G}_t) - \boldsymbol{G}_t\|_{\mathrm{F}}$. Thus, we can see that the quality of the factored momentum approximation directly relates to the residual of the gradient low-rank projection.

We argue that the choice of tangent space projection is optimal in the sense of minimizing the term $\|\mathtt{Proj}_{\mathcal{T}_t}(\boldsymbol{G}_t) - \boldsymbol{G}_t\|_{\mathrm{F}}$, and we present the following theorem to provide insight into this.

Theorem 4.3. *Let $\boldsymbol{L} \in \mathbb{R}^{m \times r}$, $\boldsymbol{R} \in \mathbb{R}^{n \times r}$ be any arbitrary sketching matrices, and $(\alpha_1, \alpha_2, \alpha_3)$ be any arbitrary triple of scalars. Let $\mathtt{Proj}_{(\boldsymbol{L}, \boldsymbol{R})}(\boldsymbol{G}) = \alpha_1 \boldsymbol{L} \boldsymbol{L}^\top \boldsymbol{G} + \alpha_2 \boldsymbol{G} \boldsymbol{R} \boldsymbol{R}^\top + \alpha_3 \boldsymbol{L} \boldsymbol{L}^\top \boldsymbol{G} \boldsymbol{R} \boldsymbol{R}^\top$. Then, the projection residual is minimized when $(1)(\alpha_1, \alpha_2, \alpha_3) = (1, 1, -1)$ and $(2)\boldsymbol{L}^\top \boldsymbol{L} = \boldsymbol{R}^\top \boldsymbol{R} = \boldsymbol{I}_r$. In this case, the residual is $\|\mathtt{Proj}_{(\boldsymbol{L}, \boldsymbol{R})}(\boldsymbol{G}_t) - \boldsymbol{G}_t\| = (\boldsymbol{I} - \boldsymbol{L} \boldsymbol{L}^\top) \boldsymbol{G}_t (\boldsymbol{I} - \boldsymbol{R} \boldsymbol{R}^\top)$.*

Remark 4.4. Note that if we let $\boldsymbol{L} = \boldsymbol{U}_{\boldsymbol{G}_t}^{1:r}$ and $\boldsymbol{R} = \boldsymbol{V}_{\boldsymbol{G}_t}^{1:r}$, then we can conclude that the residual error would be upper bounded by $\sigma_{\boldsymbol{G}_t}^{r+1:\min(m,n)} = \sum_{i=r+1}^{\min(m,n)} \sigma_{\boldsymbol{G}_t}^i$, which, considering the low-rank property of the gradient, we expect it to be small, or even zero if the rank of the full gradient is less than r. Note that the subspace projection in Galore Zhao et al. (2024a) is actually equivalent to letting either $(\alpha_1, \alpha_2, \alpha_3) = (0, 0, 1)$ or $(\alpha_1, \alpha_2, \alpha_3) = (1, 0, 0)$.

Now, we are ready to present our main convergence bound for Algorithm 1.

Theorem 4.5. *Let Assumptions 4.1 and 4.2 hold. Moreover, assume $\mathrm{rank}(\boldsymbol{G}_0) \leq r$. By letting $\beta \leq \frac{1}{3}$ and $\eta \leq 1$, the iterates of Algorithm 1 satisfy the following:*

$$\frac{1}{T} \sum_{t=0}^{T} \mathbb{E}[\|\nabla \mathcal{L}(\boldsymbol{W}_t)\|_*] \leq \mathcal{O}\left(\frac{\mathcal{L}(\boldsymbol{W}_0) - \mathbb{E}[\mathcal{L}(\boldsymbol{W}_{T+1})]}{\eta T} + \eta L + \frac{\sigma}{\sqrt{T}} \right) \tag{11}$$

Moreover, if we set $\eta = \Theta\left(\sqrt{\frac{\mathcal{L}(\boldsymbol{W}_0) - \mathbb{E}[\mathcal{L}(\boldsymbol{W}_{T+1})]}{TL}} \right)$, we can derive the following simplified bound as:

$$\frac{1}{T} \sum_{t=0}^{T} \mathbb{E}[\|\nabla \mathcal{L}(\boldsymbol{W}_t)\|_*] \leq \mathcal{O}\left(\frac{(\mathcal{L}(\boldsymbol{W}_0) - \mathbb{E}[\mathcal{L}(\boldsymbol{W}_{T+1})])^{\frac{1}{2}} \sqrt{L} + \sigma}{\sqrt{T}} \right) \tag{12}$$

Remark 4.6. The convergence metric used for Theorem 4.5 is the stationary point with respect to the nuclear norm, which is averaged over all gradients. When setting $\sigma = 0$, we can see that our Algorithm 1 achieves the rate of $\mathcal{O}(\frac{1}{\sqrt{T}})$, which is known to be optimal in the sense of non-convex stochastic optimization under smoothness and an unbiased, bounded stochastic gradient oracle Arjevani et al. (2023).

5 Experiments

To evaluate the effectiveness and efficiency of our proposed method, Momentum Factorized SGD (MoFaSGD, described in Algorithm 1), we conduct experiments across three distinct setups: language model pre-training, natural language understanding (NLU) fine-tuning, and large language model instruction-tuning. These setups allow us to assess MoFaSGD's performance across different training regimes and task complexities.

5.1 Pre-training setup: NanoGPT Speedrun

We first evaluate MoFaSGD in a pre-training context using the Modded NanoGPT benchmark Jordan et al. (2024a). This benchmark focuses on training a GPT-2 architecture on a subset of the FineWeb dataset Penedo et al. (2025) and measures performance using validation perplexity on a held-out partition of FineWeb. The benchmark's default optimizer is Muon Jordan et al. (2024b), which holds current training speed records for this task and serves as a strong, competitive baseline.

We compare MoFaSGD against full fine-tuning baselines AdamW Loshchilov et al. (2017) and Muon, as well as the low-rank baseline GaLore Zhao et al. (2024a). Following the standard NanoGPT speedrun setup, we use the hyperparameters tuned for Muon. We tune the learning rates for AdamW, GaLore, and MoFaSGD, along with GaLore's SVD frequency and MoFaSGD's momentum decay (β) via grid search, selecting the best configuration based on final validation perplexity (details in Appendix C.2). We evaluate ranks $r \in \{16, 32, 128\}$, common choices for low-rank methods in pre-training setup.

Our primary experiment uses a budget of 0.73 billion tokens from FineWeb, aligning with the budget used by Muon to reach the target perplexity of 3.27. Figure 1a shows the validation perplexity curves. MoFaSGD consistently outperforms GaLore across all tested ranks, achieving lower final perplexity. The performance advantage is particularly noticeable at lower ranks ($r = 16$), suggesting that MoFaSGD's dynamic subspace tracking (via tangent space projection) might be more effective at capturing important momentum directions compared to GaLore's less frequent offline SVD updates, especially under stricter rank constraints. As expected, both low-rank methods underperform the full-rank AdamW and Muon baselines within this specific token budget. This is likely because full-rank methods have more degrees of freedom, and the $0.73B$ token budget, optimized for Muon's convergence speed, might be insufficient for low-rank methods to fully match their performance.

To assess longer-term performance, we conduct an extended run for $10,000$ steps ($\sim 5.3B$ tokens) using rank $r = 32$ for both MoFaSGD and GaLore. As shown in Figure 1b, MoFaSGD maintains its performance advantage over GaLore, indicating that the benefits of its momentum factorization approach persist during longer training phases.

(a) GPT-2 Perplexity over $\sim 1.39k$ steps.

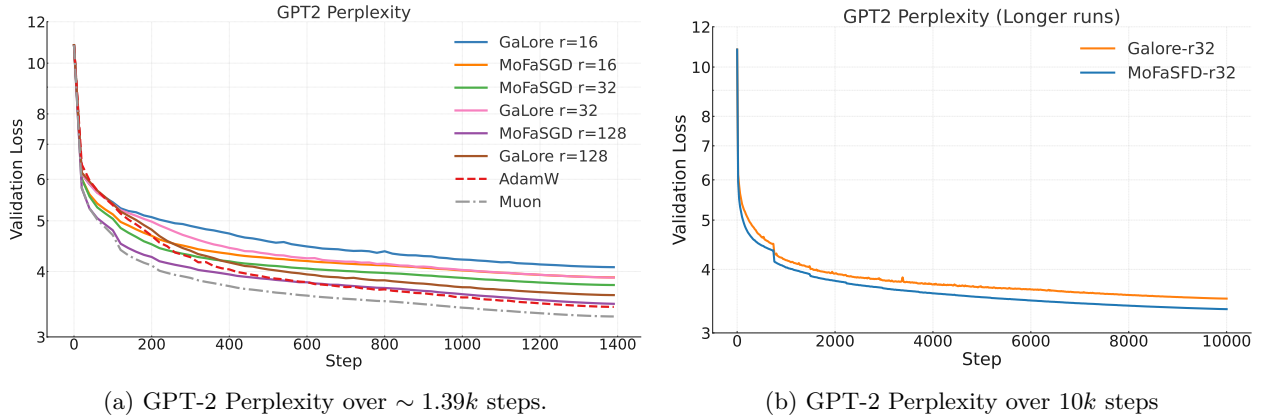(b) GPT-2 Perplexity over $10k$ steps

Figure 1: Comparison of optimizer performance on GPT-2 using validation perplexity loss.

5.2 Post-training Evaluation: Setups and Results

We evaluate MoFaSGD in two post-training scenarios: standard NLU fine-tuning on GLUE and complex

GLUE Benchmark We follow the experimental setup detailed in Zhao et al. (2024a) for fine-tuning a RoBERTa-Base model ($125M$ parameters) on seven diverse NLU tasks from the GLUE benchmark Wang (2018): MNLI, QQP, SST-2, MRPC, CoLA, QNLI, and RTE. We use the same hyperparameters as Zhao et al. (2024a) for comparison baselines to ensure fairness. For MoFaSGD (with ranks $r = 4$ and $r = 8$), we tune the learning rate for each task based on validation accuracy, keeping the momentum decay β fixed at 0.95 (details in Appendix C.3). Final validation accuracy and loss are used for evaluation.

Tulu3 Instruction Tuning To assess performance on more complex alignment tasks, we fine-tune the LLaMA-3.1 8B model on the `tulu-3-sft-mixture` dataset, a large ($\sim 900K$ samples) and diverse instruction-tuning dataset Lambert et al. (2024). We adopt most hyperparameters from the Tulu3 setup Lambert et al. (2024), training for one epoch with an effective batch size of 128; however, we use only a subsample of 200K examples to reduce the training budget. We perform a grid search over learning rates for each optimizer. For the low-rank methods (MoFaSGD, LoRA, GaLore), we use rank $r = 8$. Key hyperparameters for MoFaSGD (β) and the baselines (GaLore SVD frequency, LoRA alpha) are set as specified in Appendix C.4. We evaluate the final checkpoints using the OLMES evaluation framework Gu et al. (2024), benchmarking across MMLU, TruthfulQA, BigBenchHard, GSM8K, and HumanEval.

Performance Analysis In these post-training tasks, we compare MoFaSGD against LoRA Hu et al. (2021) optimized with AdamW, and GaLore Zhao et al. (2024a), which are prevalent methods for memory-efficient fine-tuning. We also include results for full-parameter fine-tuning with AdamW as a performance ceiling reference. Table 1 compares the theoretical complexities, highlighting MoFaSGD's comparable memory footprint to LoRA alongside efficient online subspace updates.

Optimizer	Memory Complexity	Subspace Resampling
GaLore	$mn + mr + 2nr$	$\mathcal{O}(m^2 n)$, offline
LoRA	$mn + 3mr + 3nr$	-
MoFaSGD	$mn + mr + nr + r$	$\mathcal{O}((m+n)r^3)$, online

Table 1: Comparison of memory and subspace resampling complexity for low-rank optimizers. Let $\boldsymbol{W} \in \mathbb{R}^{m \times n}$ represent model parameters, and r is the rank of low-rank optimizers (w.l.o.g assume $m \leq n$). Note that memory complexity includes model parameters and buffers in optimizer state.

The training loss curves in Figures 2a and 2b illustrate MoFaSGD's convergence behavior. In both the simpler GLUE fine-tuning and the complex Tulu3 instruction-tuning, MoFaSGD consistently achieves lower training loss compared to LoRA and GaLore. This suggests more effective optimization dynamics, potentially stemming from the synergistic effect of adaptive low-rank momentum factorization and the spectrally normalized updates, which might offer better preconditioning than the standard updates used in LoRA or the subspace accumulation in GaLore.

Table 2 summarizes the final validation accuracies on the GLUE tasks (ranks r=4 and r=8). MoFaSGD achieves performance comparable to, and on average slightly better ($+0.5\%$ for $r = 4$, $+0.47\%$ for $r = 8$) than, both LoRA and GaLore, while using slightly less estimated memory. This demonstrates MoFaSGD's competitiveness and memory efficiency on standard NLU benchmarks.

Table 3 presents the results on the challenging instruction-tuning benchmarks using the Tulu3 setup (rank $r = 8$). MoFaSGD outperforms both GaLore ($+0.8\%$ avg.) and LoRA ($+2.3\%$ avg.) on the average score across the five benchmarks. This highlights MoFaSGD's potential advantage in complex tasks where accurately capturing the training dynamics over long sequences and diverse instructions is crucial. However, consistent with prior work (Wang et al. (2023)), all low-rank methods exhibit a performance gap compared to full fine-tuning with AdamW (MoFaSGD is -4.2% avg. vs AdamW). This gap underscores the inherent trade-off between memory efficiency and achievable performance, particularly as task complexity increases

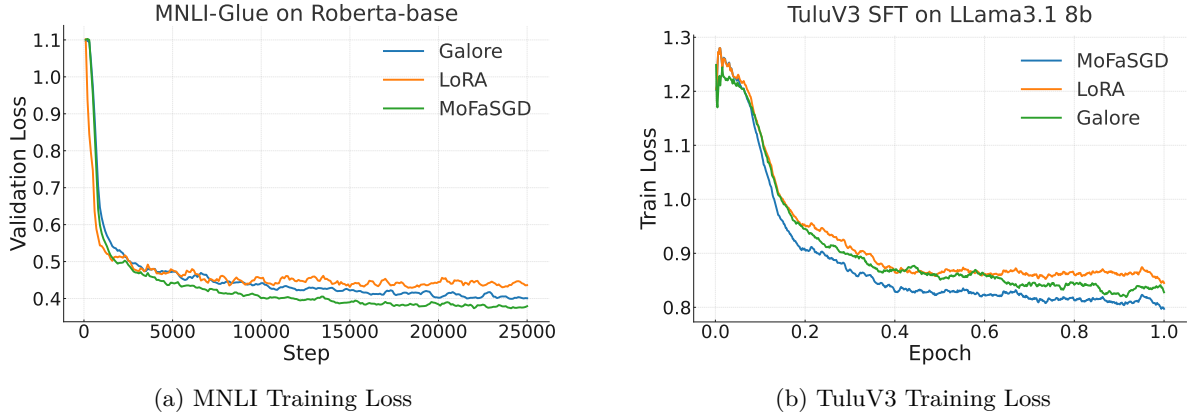(a) MNLI Training Loss   (b) TuluV3 Training Loss

Figure 2: Training loss curves for post-training setups.

and may require capturing subtle, high-rank parameter updates that low-rank approximations inherently miss.

Table 2: Comparison of final validation accuracies (%) on seven GLUE tasks (MNLI, QQP, SST-2, MRPC, CoLA, QNLI, RTE) when fine-tuning a RoBERTa-base model using different optimizers. For GaLore, LoRA, and MoFaSGD, we report results with rank $r \in \{4, 8\}$. Memory usage is estimated for each method, and the final column shows the average accuracy. Note that for memory measurement, we include only the parameters and the optimizer states for a fair comparison.

Optimizer	MNLI	QQP	SST-2	MRPC	CoLA	QNLI	RTE	Memory	Avg.
AdamW (Full-Rank)	86.8	91.98	94.48	90.90	62.25	93.15	79.41	747M	85.57
Galore $(r = 4)$	**85.23**	89.62	**94.17**	90.72	60.33	**93.20**	77.22	253M	84.36
LoRA $(r = 4)$	84.25	89.73	93.59	90.53	60.42	92.91	78.59	257M	84.29
MoFaSGD$(r = 4)$	85.12	**89.85**	94.15	**90.78**	**61.91**	93.10	**79.08**	251M	84.86
Galore $(r = 8)$	86.01	89.65	94.04	90.65	59.96	**93.16**	78.14	257M	84.52
LoRA $(r = 8)$	85.18	90.15	93.87	**90.82**	61.11	93.05	78.77	264M	84.71
MoFaSGD$(r = 8)$	**86.32**	**90.26**	**94.36**	90.75	**62.16**	93.12	**79.28**	253M	85.18

Table 3: Final scores of Llama-3.1 8B on the Tulu3-SFT-mixture dataset using four different optimizers. The table reports performance on MMLU, TruthfulQA, BigBenchHard, GSM8K, and HumanEval, along with the average of these five benchmarks (Avg.).

Optimizer	MMLU	TruthfulQA	BigBenchHard	GSM8K	HumanEval	Avg.
AdamW (Full-Rank)	62.8	46.5	66.7	72.7	81.0	65.9
Galore	58.9	44.2	57.6	68.4	75.2	60.9
LoRA	56.1	42.6	56.5	67.9	73.9	59.4
MoFaSGD	**59.4**	**45.8**	**58.3**	**68.4**	**76.8**	**61.7**

5.3 Ablations

Momentum Spectral Analysis A key motivation for MoFaSGD is the conjecture that the first moment (i.e., the EMA of gradients) approximately preserves a low-rank structure throughout training. This conjecture stems from the GaLore hypothesis on the low-rankness of the gradients themselves Zhao et al. (2024a), and, more importantly, from the observation in Feinberg et al. (2024), which shows a fast spectral decay in the EMA of the gradient covariance, as discussed in more detail in Section 4.1. To empirically investigate our

conjecture, we analyze the first-moment buffer ($\boldsymbol{M}_t$) from the AdamW optimizer states generated during the Tulu3 instruction-tuning setup. For each relevant parameter matrix $\boldsymbol{M}_t$, we perform SVD and compute the energy ratio captured by the top-r singular values as $\frac{\sum_{i=1}^{r} \sigma_{i,\boldsymbol{M}_t}^2}{\|\boldsymbol{M}_t\|_{\mathrm{F}}^2}$. This ratio represents the percentage of the momentum's total energy contained within the top-r subspace. We compute the average of this ratio across all 2D weight matrices in the model at various training steps. Figure 3a shows the average energy ratio for $r = 16$ and $r = 32$ throughout training. We observe that the top-32 singular values consistently capture around 80% of the momentum's energy, while the top-16 capture approximately 75%. This persistent and significant concentration of energy in a low-rank subspace strongly supports our hypothesis.
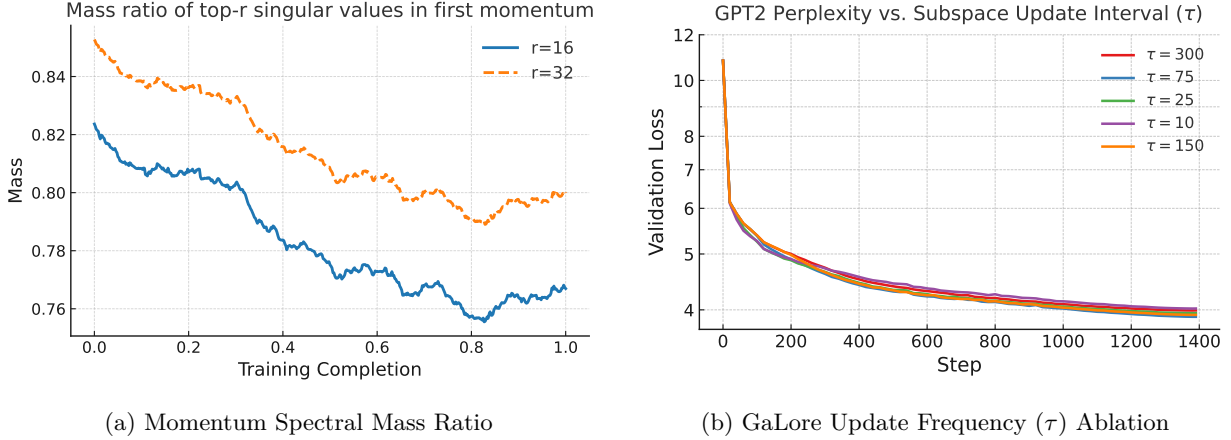

(a) Momentum Spectral Mass Ratio

(b) GaLore Update Frequency (τ) Ablation

Figure 3: (a) Average mass ratio of the AdamW first moment captured by top-r singular vectors during Tulu3 fine-tuning ($r = 16, 32$). (b) Validation perplexity vs. subspace update interval (τ) for GaLore ($r = 32$) on NanoGPT.

Impact of GaLore's Subspace Update Frequency We analyze the impact of subspace update frequency in methods like GaLore compared to MoFaSGD's implicit per-iteration adaptation. MoFaSGD updates its momentum factors ($\boldsymbol{U}_{t+1}, \boldsymbol{\Sigma}_{t+1}, \boldsymbol{V}_{t+1}$) at every step using Algorithm 2, while GaLore performs explicit, costly subspace updates (e.g., full SVD on the gradient) at intervals τ. To investigate whether simply increasing GaLore's update frequency (decreasing τ) matches the benefits of MoFaSGD's online subspace adaption, we conduct an ablation study on τ using the NanoGPT pre-training setup ($0.73B$ token budget with rank $r = 32$). We vary τ across $\{10, 25, 75, 150, 300\}$ steps. Figure 3b shows the validation perplexity curves. Intriguingly, very frequent updates ($\tau = 10$ or $\tau = 25$) do not yield the best performance, performing slightly worse than less frequent updates (e.g., $\tau = 150$). This aligns with GaLore's findings Zhao et al. (2024a) and suggests that overly frequent subspace changes in GaLore can disrupt optimizer state accumulation. This finding underscores the challenge of online subspace changes and suggests that MoFaSGD's approach – avoiding abrupt subspace changes by dynamically updating momentum factors for direct use in updates, offers a potentially more stable and efficient way to leverage low-rank structures at each iteration.

6 Conclusion

In this work, we propose a novel memory-efficient optimizer, MoFaSGD, which consumes comparable or even less memory than LoRA-like methods while achieving strong convergence performance. The core idea is to maintain a low-rank factorization of momentum as the optimizer state and leverage this representation to directly update model parameters at each iteration using spectrally normalized updates, building upon the success of similar approaches in full-training scenarios. We provide a comprehensive theoretical analysis and establish an upper bound on convergence for stochastic non-convex optimization, matching existing lower bounds. Moreover, we empirically demonstrate the effectiveness of our method compared to standard low-rank optimization approaches in both pre-training and post-training setups.

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A Additional Related Works

Parameter-Efficient Fine-Tuning (PEFT)   To reduce the memory associated with full-parameter updates, PEFT methods constrain updates to a small subset of parameters or add minimal trainable components. Adapters introduce small bottleneck layers into the model Houlsby et al. (2019), while the popular LoRA technique Hu et al. (2021) injects trainable low-rank matrices into existing weight layers, drastically reducing memory by training only these adapters Hu et al. (2021). Variants include AdaLoRA for adaptive rank allocation Zhang et al. (2023), VeRA using shared low-rank matrices Kopiczko et al. (2023), and DoRA decomposing updates into magnitude/direction Liu et al. (2024). Other PEFT methods tune only biases (BitFit Zaken et al. (2021)) or learn input embeddings (prompt tuning Li & Liang (2021); Lester et al. (2021)). QLoRA Dettmers et al. (2024) further combines LoRA with 4-bit weight quantization. While memory-efficient, PEFT methods generally keep the base model fixed and rely on the capacity of the trained low-rank components.

Second-Order and Preconditioning Methods   These methods aim primarily to accelerate convergence and improve optimization performance by incorporating curvature information, offering potentially more effective descent directions compared to first-order methods George et al. (2018); Duvvuri et al. (2024); Gupta et al. (2018). Exact second-order information (e.g., using the full Hessian in Newton's method or the full gradient covariance in full-matrix Adagrad Duchi et al. (2011); Duvvuri et al. (2024)) is computationally infeasible for large models due to the prohibitive cost ($\mathcal{O}(d^2)$ memory, $\mathcal{O}(d^3)$ computation) of storing and manipulating the required matrices George et al. (2018); Duvvuri et al. (2024); Gupta et al. (2018). Therefore, practical methods rely on approximations to make harnessing second-order information tractable. Quasi-Newton methods like LBFGS Liu & Nocedal (1989); Duvvuri et al. (2024) build implicit Hessian approximations but can still be memory-intensive Duvvuri et al. (2024).

A major family of approximations leverages Kronecker product factorizations. KFAC (Kronecker-Factored Approximate Curvature) Martens & Grosse (2015) approximates the Fisher Information Matrix (an approximation of the Hessian Martens (2020)) block-diagonally using Kronecker products specific to network layer types Martens & Grosse (2015); Grosse & Martens (2016). Shampoo Gupta et al. (2018), motivated by full-matrix Adagrad Gupta et al. (2018); Anil et al. (2019), uses Kronecker products of gradient statistics ($\boldsymbol{GG}^\top, \boldsymbol{G}^\top\boldsymbol{G}$) as a preconditioner Gupta et al. (2018). While powerful, these factored approximations require computing matrix roots or inverses, which are computationally demanding and often amortized over multiple steps, potentially using stale curvature estimates Gupta et al. (2018); George et al. (2018).

Refinements seek to improve accuracy or efficiency. EKFAC George et al. (2018) builds on KFAC by performing cheaper diagonal updates within the Kronecker-factored eigenbasis (KFE), yielding a provably better Fisher approximation George et al. (2018). CASPR Duvvuri et al. (2024) uses Kronecker sums, aiming for a potentially better Adagrad approximation than Shampoo's Kronecker product Duvvuri et al. (2024). SOAP Vyas et al. (2024) runs AdamW within Shampoo's eigenbasis, aiming for improved stability and fewer hyperparameters, especially when the basis update is infrequent Vyas et al. (2024). These methods highlight the ongoing effort to balance the power of second-order information with computational feasibility George et al. (2018); Vyas et al. (2024).

On-the-Fly and Partial Updates   These techniques reduce memory by avoiding large buffers or distributing states. LOMO Lv et al. (2023b) applies updates immediately, AdaLOMO Lv et al. (2023a) adds adaptivity, BAdam Luo et al. (2024) uses weight blocks, and ZeRO Rajbhandari et al. (2020) shards states in distributed settings.

B Additional Preliminaries

Adaptive Optimization Methods   Adaptive optimization methods have become essential for training deep neural networks. By adjusting learning rates on a per-parameter (or per-dimension) basis using information from past gradients and the loss curvature, they often lead to significantly faster convergence than vanilla stochastic gradient descent (SGD) in practice. Starting with Adagrad Duchi et al. (2011), they proposed leveraging the gradient preconditioner $\boldsymbol{P}_t = \sum_{i=1}^{t} \boldsymbol{g}_i \boldsymbol{g}_i^\top \in \mathbb{R}^{mn \times mn}$ and performing the update

rule as $\boldsymbol{w}_{t+1} = \boldsymbol{w}_t - \eta \boldsymbol{P}_t^{-\frac{1}{2}} \boldsymbol{g}_t$, where in our notation $\boldsymbol{g}_i = \text{Vec}(\boldsymbol{G}_i) \in \mathbb{R}^{mn}$ and $\boldsymbol{w}_t = \text{Vec}(\boldsymbol{W}_t)$. Note that considering only the diagonal terms of $\boldsymbol{P}_t$ and using an exponential moving average (EMA) of gradient covariances (e.g., $\boldsymbol{P}_t = \sum_{i=1}^{t} \beta_2^{t-i} \boldsymbol{g}_i \boldsymbol{g}_i^\top$) led to an early variant of RMSprop Tieleman & Hinton (2012), and further using EMA of the gradients themselves, $\hat{\boldsymbol{g}}_t = \sum_{i=1}^{t} \beta_1^{t-i} \boldsymbol{g}_t$, instead of the plain $\boldsymbol{g}_t$, yields the well-known Adam Kingma & Ba (2015). However, the mentioned methods are limited forms of second-order methods, where the preconditioner matrix is restricted to being diagonal. Considering either the original Adagrad Duchi et al. (2011) perspective or second-order optimization methods such as Newton's method, it is natural to move beyond diagonal preconditioners to achieve even faster convergence. However, storing a non-diagonal preconditioner is often not feasible due to the size of DNNs, requiring $O(m^2 n^2)$ memory. Shampoo Gupta et al. (2018) proposed maintaining a Kronecker approximation $\boldsymbol{P}_t \sim \boldsymbol{R}_t \otimes \boldsymbol{L}_t$, where $\boldsymbol{L}_t \in \mathbb{R}^{m \times m}$ and $\boldsymbol{R}_t \in \mathbb{R}^{n \times n}$, thereby reducing the number of parameters required for storing the preconditioning matrix to $O(m^2 + n^2)$. Morwani et al. (2024) showed that Shampoo Gupta et al. (2018) closely approximates the full Adagrad preconditioner, unified all aforementioned methods, and argued that the gradient covariance $\boldsymbol{g}_t \boldsymbol{g}_t^\top$ closely approximates the Gauss–Newton components of the Hessian at $\boldsymbol{w}_t$, thereby drawing an interesting connection between Adagrad Duchi et al. (2011) and second-order optimization methods.

C Experimental Details

This section provides detailed configurations, hyperparameters, tuning procedures, and dataset information for the experiments presented in the main paper, aiming to ensure reproducibility.

C.1 General Implementation Details

- **Software:** Experiments were implemented using standard libraries for deep learning, including PyTorch, Hugging Face Transformers, and Accelerate. Specific library versions are detailed in the code repository.

- **Hardware:** All experiments were conducted on NVIDIA A100 GPUs. The number of GPUs may have varied slightly depending on the specific experimental setup (e.g., 4 GPUs for Tulu3 tuning).

- **Code:** The implementation for MoFaSGD is available at `https://github.com/AnonCode1/MFSGD.git`.

C.2 Pre-training: NanoGPT Speedrun

Hyperparameters and Tuning   For this benchmark, Muon hyperparameters were kept at the tuned defaults provided by Jordan et al. (2024a). Learning rates for AdamW, GaLore, and MoFaSGD were tuned via grid search over $\{1e-4, 2e-4, 3e-4, 5e-4, 8e-4, 1e-3, 3e-3, 5e-3, 8e-3, 1e-2, 2e-2, 5e-2\}$. MoFaSGD's momentum decay β was tuned over $\{0.5, 0.85, 0.90, 0.95\}$. GaLore's SVD frequency was tuned over $\{10, 25, 75, 150, 300\}$. The best-performing hyperparameters based on final validation perplexity were selected.

Key hyperparameters selected for the NanoGPT pre-training experiments are summarized in Table 4.

C.3 NLU Fine-tuning: GLUE Benchmark

Hyperparameters and Tuning   The experimental setup, including hyperparameters for baseline optimizers (AdamW, GaLore, LoRA+AdamW), directly follows the configuration reported in Zhao et al. (2024a) for RoBERTa-Base on GLUE. For our method, MoFaSGD, learning rates were tuned via grid search over $\{1e-5, 2e-5, 5e-5, 1e-4, 5e-4\}$ for each task and rank combination (r=4 and r=8), and the batch size was fixed to 16 for all experiments. The MoFaSGD momentum decay β was also kept fixed at 0.95. The learning rate yielding the best validation accuracy on each specific task was selected. The final selected hyperparameters for MoFaSGD across the evaluated GLUE tasks are presented in Table 5.

Table 4: Final Selected Hyperparameters for NanoGPT Pre-training Experiment ($0.73B$ tokens)

Optimizer	Rank	Learning Rate (LR)	SVD Freq.	MoFaSGD β
Muon	-	5e-2	N/A	N/A
AdamW	-	2e-3	N/A	N/A
GaLore	$r = 16$	2e-2	150	N/A
	$r = 32$	8e-3	75	N/A
	$r = 128$	8e-3	75	N/A
MoFaSGD (Ours)	$r = 16$	1e-3	N/A	0.85
	$r = 32$	5e-4	N/A	0.85
	$r = 128$	3e-4	N/A	0.85
Batch Size (Tokens)		524,288 tokens		
LR Schedule		Stable then linear decay with cool-down of 0.4		

Table 5: Final Selected MoFaSGD Hyperparameters for GLUE Tasks (RoBERTa-Base).

Hyperparameter	Rank	MNLI	QQP	SST-2	MRPC	COLA	QNLI	RTE
Learning Rate (LR)	$r = 4$	1e-4	5e-5	5e-5	1e-4	2e-5	2e-5	5e-5
	$r = 8$	5e-5	5e-5	2e-5	5e-5	1e-5	1e-5	5e-5
MoFaSGD β	$r = 4, \ 8$				0.95			
Batch Size	$r = 4, \ 8$				16			
Epochs	$r = 4, \ 8$				15			

C.4 Instruction Tuning: Tulu3

Hyperparameters and Tuning The setup largely follows Lambert et al. (2024). Learning rates for all optimizers were selected from the grid $\{1e-5, 5e-5, 1e-4, 5e-4, 1e-3\}$. The final LR for each method was chosen based on final validation loss on a held-out subset of the tulu-3-sft mixture. Note, we used 5% of the sampled dataset for validation. Final selected hyperparameters for the Tulu3 instruction tuning experiment are summarized in Table 6.

Table 6: Final Selected Hyperparameters for Tulu-3 Instruction Tuning

Hyperparameter	GaLore	LoRA	MoFaSGD (Ours)
Learning Rate (LR)	5e-5	5e-5	1e-4
Rank (r)	8	8	8
LoRA Alpha	N/A	16	N/A
GaLore SVD Freq.	200	N/A	N/A
MoFaSGD β	N/A	N/A	0.95
Effective Batch Size		128	
Epochs		1	

Momentum Spectral Analysis

- **Methodology:** Analysis was performed on the Tulu3 instruction-tuning run using the default optimizer AdamW with a learning rate of $1e-5$ and a batch size of 128 for one epoch. We directly inspected the AdamW state buffer for the first-moment EMA (M_t) (`state['exp_avg']`) after each backward pass periodically. SVD was performed on these buffers, and the energy ratio for rank r was computed as $\frac{\sum_{i=1}^{r} \sigma_{i,M_t}^2}{\|M_t\|_{\mathrm{F}}^2}$.

D   Proofs and Technical Details

D.1   Mathematical Tools and Notations

Kronecker Product and Vectorization   Here, we introduce the background regarding the definition of Kronecker product, Vectorization, and well-known properties of these operators that make it easier to work with them. The Kronecker product is denoted as $\otimes$, and for any arbitrary $\boldsymbol{X} \in \mathbb{R}^{m_1 \times n_1}$ and $\boldsymbol{Y} \in \mathbb{R}^{m_2 \times n_2}$, is defined as follows, where $x_{i,j}$ are the elements on row i and column j of the matrix $\boldsymbol{X}$:

$$\boldsymbol{X} \otimes \boldsymbol{Y} = \begin{bmatrix} x_{1,1}\boldsymbol{Y} & x_{1,2}\boldsymbol{Y} & \cdots & x_{1,n_1}\boldsymbol{Y} \\ x_{2,1}\boldsymbol{Y} & x_{2,2}\boldsymbol{Y} & \cdots & x_{2,n_1}\boldsymbol{Y} \\ \vdots & \vdots & \ddots & \vdots \\ x_{m_1,1}\boldsymbol{Y} & x_{m_1,2}\boldsymbol{Y} & \cdots & x_{m_1,n_1}\boldsymbol{Y} \end{bmatrix} \tag{13}$$

Moreover, we define the vectorization operator Vec(.) that stacks columns of the matrix as a vector. Particularly, we have:

$$\mathrm{Vec}(\boldsymbol{X}) = \begin{bmatrix} x_{1,1} \\ x_{2,1} \\ \vdots \\ x_{m_1,1} \\ x_{1,2} \\ x_{2,2} \\ \vdots \\ x_{m_1,n_1} \end{bmatrix} \in \mathbb{R}^{m_1 n_1} \tag{14}$$

The following lemma summarizes basic properties of $\otimes$ and Vec(.) that we leverage throughout our proofs in the paper. Since this lemma covers basic, well-known properties in Matrix Algebra, we refer the reader to Horn & Johnson (1994) for proofs and details.

Lemma D.1. *Let A, B, C and D be arbitrary matrices and assume that operations in each property are well-defined with respect to their dimensions. We have:*

1. *Scalar Multiplication:* $\boldsymbol{A} \otimes (\alpha\boldsymbol{B}) = \alpha(\boldsymbol{A} \otimes \boldsymbol{B}) = (\alpha\boldsymbol{A}) \otimes \boldsymbol{B}$

2. *Associativity:* $(\boldsymbol{A} \otimes \boldsymbol{B}) \otimes \boldsymbol{C} = \boldsymbol{A} \otimes (\boldsymbol{B} \otimes \boldsymbol{C})$

3. *Distributivity over addition:* $(\boldsymbol{A}+\boldsymbol{B}) \otimes \boldsymbol{C} = (\boldsymbol{A} \otimes \boldsymbol{C}) + (\boldsymbol{B} \otimes \boldsymbol{C})$, *and* $\boldsymbol{A} \otimes (\boldsymbol{B}+\boldsymbol{C}) = (\boldsymbol{A} \otimes \boldsymbol{B}) + (\boldsymbol{A} \otimes \boldsymbol{C})$

4. *Not necessarily commutative:* $(\boldsymbol{A} \otimes \boldsymbol{B}) \neq (\boldsymbol{B} \otimes \boldsymbol{A})$

5. *Transpose:* $(\boldsymbol{A} \otimes \boldsymbol{B})^T = \boldsymbol{A}^T \otimes \boldsymbol{B}^T$

6. *if $\boldsymbol{A}$ and $\boldsymbol{B}$ are positive-semidefinite, we have $(\boldsymbol{A} \otimes \boldsymbol{B})^s = \boldsymbol{A}^s \otimes \boldsymbol{B}^s$ for any positive real s, and if $\boldsymbol{A}$ is positive definite, it holds for any real s.*

7. *Mixed-product property:* $(\boldsymbol{A} \otimes \boldsymbol{B})(\boldsymbol{C} \otimes \boldsymbol{D}) = \boldsymbol{AC} \otimes \boldsymbol{BD}$

8. *Outer product:* $\boldsymbol{u} \otimes \boldsymbol{v} = \boldsymbol{uv}^T$

9. *Mixed Kronecker matrix-vector product:* $(\boldsymbol{A}^T \otimes \boldsymbol{B}) \mathrm{Vec}(\boldsymbol{C}) = \mathrm{Vec}(\boldsymbol{BCA})$

D.2   Proofs

Now we are ready to present our key technical proofs.

Proof of Theorem 4.3. In order to prove Theorem 4.3, we first introduce the following lemma.

Lemma D.2. *Consider the reduced SVD decomposition of the left and right sketches as follows* $\boldsymbol{L} = \boldsymbol{U_L}\boldsymbol{\Sigma_L}\boldsymbol{V_L^T}$ *and* $\boldsymbol{R} = \boldsymbol{U_R}\boldsymbol{\Sigma_R}\boldsymbol{V_R^T}$. *Then, the vectorized unsketched representation of any arbitrary matrix* $\boldsymbol{G} \in \mathbb{R}^{m \times n}$ *can be decomposed as follows:*

$$\text{Vec}(\boldsymbol{LL^T G} + \boldsymbol{GRR^T}) = \boldsymbol{U_{L,R}}\boldsymbol{\Sigma_{L,R}}\boldsymbol{U_{L,R}^T}\,\text{Vec}(\boldsymbol{G}) \tag{15}$$

where $\boldsymbol{U_{L,R}} \in \mathbb{R}^{mn \times r(m+n-r)}$ *is a semi-orthogonal matrix (i.e.,* $\boldsymbol{U_{L,R}^T}\boldsymbol{U_{L,R}} = \boldsymbol{I}_{r(m+n-r)}$*), and* $\boldsymbol{\Sigma_{L,R}} \in \mathbb{R}^{(m+n-r) \times (m+n-r)}$ *is a diagonal matrix, defined as below:*

$$\boldsymbol{U_{L,R}} = \begin{bmatrix} \boldsymbol{U_R} \otimes \boldsymbol{U_L}, \boldsymbol{U_R} \otimes \boldsymbol{U_L^\perp}, \boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L} \end{bmatrix}$$
$$\boldsymbol{\Sigma_{L,R}} = \begin{bmatrix} \boldsymbol{\Sigma_R^2} \otimes \boldsymbol{I_r} + \boldsymbol{I_r} \otimes \boldsymbol{\Sigma_L^2} & \boldsymbol{0} & \boldsymbol{0} \\ \boldsymbol{0} & \boldsymbol{\Sigma_R^2} \otimes \boldsymbol{I_{n-r}} & \boldsymbol{0} \\ \boldsymbol{0} & \boldsymbol{0} & \boldsymbol{I_{m-r}} \otimes \boldsymbol{\Sigma_L^2} \end{bmatrix} \tag{16}$$

Proof of Lemma D.2. Recall the left singular vectors of the left and right sketch matrices, $\boldsymbol{U_L} \in \mathbb{R}^{m \times r}$ and $\boldsymbol{U_R} \in \mathbb{R}^{n \times r}$. We can augment these reduced bases with $m - r$ and $n - r$ orthogonal vectors to get full orthonormal bases as follows: $[\boldsymbol{U_L}, \boldsymbol{U_L^\perp}] \in \mathbb{R}^{m \times m}$ and $[\boldsymbol{U_R}, \boldsymbol{U_R^\perp}] \in \mathbb{R}^{n \times n}$. Note that since each of these expanded bases are square orthonormal matrices, we can write $\boldsymbol{U_L^T}\boldsymbol{U_L} = \boldsymbol{I_r}$, $(\boldsymbol{U_L^\perp})^T\boldsymbol{U_L^\perp} = \boldsymbol{I_{m-r}}$, and also $\boldsymbol{U_L^T}\boldsymbol{U_L^\perp} = \boldsymbol{0}$. Similar properties hold for $\boldsymbol{U_R}$. Moreover, again based on the orthonormality of the augmented bases, we can write:

$$\boldsymbol{U_L}\boldsymbol{U_L^T} + \boldsymbol{U_L^\perp}(\boldsymbol{U_L^\perp})^T = \boldsymbol{I_m} \quad , \quad \boldsymbol{U_R}\boldsymbol{U_R^T} + \boldsymbol{U_R^\perp}(\boldsymbol{U_R^\perp})^T = \boldsymbol{I_n} \tag{17}$$

Now, note that leveraging Lemma D.1 we can write:

$$\begin{aligned} \text{Vec}(\boldsymbol{LL^T G} + \boldsymbol{GRR^T}) &= \text{Vec}(\boldsymbol{LL^T G}) + \text{Vec}(\boldsymbol{GRR^T}) \\ &= \left(\boldsymbol{I_n} \otimes \boldsymbol{LL^T} + \boldsymbol{RR^T} \otimes \boldsymbol{I_m}\right)\text{Vec}(\boldsymbol{G}) \\ &= \left(\boldsymbol{I_n} \otimes \boldsymbol{U_L}\boldsymbol{\Sigma_L^2}\boldsymbol{U_L^T} + \boldsymbol{U_R}\boldsymbol{\Sigma_R^2}\boldsymbol{U_R^T} \otimes \boldsymbol{I_m}\right)\text{Vec}(\boldsymbol{G}) \end{aligned} \tag{18}$$

Using Equation 18 and properties in Lemma D.1, we can further write:

$$\begin{aligned} \boldsymbol{I_n} \otimes \boldsymbol{U_L}\boldsymbol{\Sigma_L^2}\boldsymbol{U_L^T} &= \left(\boldsymbol{U_R}\boldsymbol{U_R^T} + \boldsymbol{U_R^\perp}(\boldsymbol{U_R^\perp})^T\right) \otimes \left(\boldsymbol{U_L}\boldsymbol{\Sigma_L^2}\boldsymbol{U_L^T}\right) \\ &= \boldsymbol{U_R}\boldsymbol{U_R^T} \otimes \boldsymbol{U_L}\boldsymbol{\Sigma_L^2}\boldsymbol{U_L^T} + \boldsymbol{U_R^\perp}(\boldsymbol{U_R^\perp})^T \otimes \boldsymbol{U_L}\boldsymbol{\Sigma_L^2}\boldsymbol{U_L^T} \\ &= \left(\boldsymbol{U_R} \otimes \boldsymbol{U_L}\boldsymbol{\Sigma_L}\right)\left(\boldsymbol{U_R} \otimes \boldsymbol{U_L}\boldsymbol{\Sigma_L}\right)^T + \left(\boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L}\boldsymbol{\Sigma_L}\right)\left(\boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L}\boldsymbol{\Sigma_L}\right)^T \\ &= \left(\boldsymbol{U_R} \otimes \boldsymbol{U_L}\right)\left(\boldsymbol{I_r} \otimes \boldsymbol{\Sigma_L^2}\right)\left(\boldsymbol{U_R} \otimes \boldsymbol{U_L}\right)^T + \left(\boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L}\right)\left(\boldsymbol{I_{n-r}} \otimes \boldsymbol{\Sigma_L^2}\right)\left(\boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L}\right)^T \end{aligned} \tag{19}$$

Using a similar derivation as in Equation 19, we obtain:

$$\boldsymbol{U_R}\boldsymbol{\Sigma_R^2}\boldsymbol{U_R^T} \otimes \boldsymbol{I_m} = \left(\boldsymbol{U_R} \otimes \boldsymbol{U_L}\right)\left(\boldsymbol{\Sigma_R^2} \otimes \boldsymbol{I_r}\right)\left(\boldsymbol{U_R} \otimes \boldsymbol{U_L}\right)^T + \left(\boldsymbol{U_R} \otimes \boldsymbol{U_L^\perp}\right)\left(\boldsymbol{\Sigma_R^2} \otimes \boldsymbol{I_{m-r}}\right)\left(\boldsymbol{U_R} \otimes \boldsymbol{U_L^\perp}\right)^T \tag{20}$$

Now plugging Equation 19 and Equation 20 back into Equation 18, we get:

$$\begin{aligned} \text{Vec}(\boldsymbol{LL^T G} + \boldsymbol{GRR^T}) = &\Big[\left(\boldsymbol{U_R} \otimes \boldsymbol{U_L}\right)\left(\boldsymbol{I_r} \otimes \boldsymbol{\Sigma_L^2}\right)\left(\boldsymbol{U_R} \otimes \boldsymbol{U_L}\right)^T + \left(\boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L}\right)\left(\boldsymbol{I_{n-r}} \otimes \boldsymbol{\Sigma_L^2}\right)\left(\boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L}\right)^T \\ &+ \left(\boldsymbol{U_R} \otimes \boldsymbol{U_L}\right)\left(\boldsymbol{\Sigma_R^2} \otimes \boldsymbol{I_r}\right)\left(\boldsymbol{U_R} \otimes \boldsymbol{U_L}\right)^T \\ &+ \left(\boldsymbol{U_R} \otimes \boldsymbol{U_L^\perp}\right)\left(\boldsymbol{\Sigma_R^2} \otimes \boldsymbol{I_{m-r}}\right)\left(\boldsymbol{U_R} \otimes \boldsymbol{U_L^\perp}\right)^T\Big]\text{Vec}(\boldsymbol{G}) \\ = &\Big[\left(\boldsymbol{U_R} \otimes \boldsymbol{U_L}\right)\left(\boldsymbol{I_r} \otimes \boldsymbol{\Sigma_L^2} + \boldsymbol{\Sigma_R^2} \otimes \boldsymbol{I_r}\right)\left(\boldsymbol{U_R} \otimes \boldsymbol{U_L}\right)^T \\ &+ \left(\boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L}\right)\left(\boldsymbol{I_{n-r}} \otimes \boldsymbol{\Sigma_L^2}\right)\left(\boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L}\right)^T \\ &+ \left(\boldsymbol{U_R} \otimes \boldsymbol{U_L^\perp}\right)\left(\boldsymbol{\Sigma_R^2} \otimes \boldsymbol{I_{m-r}}\right)\left(\boldsymbol{U_R} \otimes \boldsymbol{U_L^\perp}\right)^T\Big]\text{Vec}(\boldsymbol{G}) \end{aligned} \tag{21}$$

To complete the proof, it remains to show that the block matrix

$$\boldsymbol{U_{L,R}} = \left[\boldsymbol{U_R} \otimes \boldsymbol{U_L}, \boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L}, \boldsymbol{U_R} \otimes \boldsymbol{U_L^\perp}\right] \in \mathbb{R}^{mn \times r(m+n-r)} \tag{22}$$

is semi-orthogonal, i.e. $\boldsymbol{U_{L,R}^T U_{L,R}} = \boldsymbol{I}_{r(m+n-r)}$.

First, note that pairs of sub-blocks are mutually orthogonal. For instance,

$$\left(\boldsymbol{U_R} \otimes \boldsymbol{U_L}\right)^T\left(\boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L}\right) = \left(\boldsymbol{U_R^T U_R^\perp}\right) \otimes \left(\boldsymbol{U_L^T U_L}\right) = \boldsymbol{0}.$$

A similar argument applies to all other sub-block pairs.

Moreover, each sub-block is orthonormal in its own right. For example,

$$\left(\boldsymbol{U_R} \otimes \boldsymbol{U_L}\right)^T\left(\boldsymbol{U_R} \otimes \boldsymbol{U_L}\right) = \left(\boldsymbol{U_R^T U_R}\right) \otimes \left(\boldsymbol{U_L^T U_L}\right) = \boldsymbol{I}_r \otimes \boldsymbol{I}_r = \boldsymbol{I}_{r^2}.$$

Hence, $\boldsymbol{U_{L,R}}$ is a semi-orthogonal, and the result follows. $\qquad\square$

Now we turn to proving Theorem 4.3.

Let the reconstructed gradient after projection be $\tilde{\boldsymbol{G}} = \mathtt{Proj}_{(\boldsymbol{L,R})}(\boldsymbol{G}) = \alpha_1 \boldsymbol{LL^T G} + \alpha_2 \boldsymbol{GRR^T} + \alpha_3 \boldsymbol{LL^T GRR^T}$. We can write:

$$\mathrm{Vec}(\tilde{\boldsymbol{G}}) = \mathrm{Vec}(\alpha_1 \boldsymbol{LL^T G} + \alpha_2 \boldsymbol{GRR^T}) + \alpha_3 (\boldsymbol{RR^T} \otimes \boldsymbol{LL^T})\,\mathrm{Vec}(\boldsymbol{G}) \tag{23}$$

Replacing $\boldsymbol{L}$ and $\boldsymbol{R}$ with their corresponding reduced SVD decompositions, we have:

$$(\boldsymbol{RR^T} \otimes \boldsymbol{LL^T}) = \boldsymbol{U_R \Sigma_R^2 U_R^T} \otimes \boldsymbol{U_L \Sigma_L^2 U_L^T} = (\boldsymbol{U_R} \otimes \boldsymbol{U_L})(\boldsymbol{\Sigma_R^2} \otimes \boldsymbol{\Sigma_L^2})(\boldsymbol{U_R} \otimes \boldsymbol{U_L})^T \tag{24}$$

Now, note that using Equation 21 from Lemma D.2 and Equation 24, we can rewrite:

$$\begin{aligned}
\mathrm{Vec}(\tilde{\boldsymbol{G}}) = &\left[(\boldsymbol{U_R} \otimes \boldsymbol{U_L})(\alpha_1 \boldsymbol{I}_r \otimes \boldsymbol{\Sigma_L^2} + \alpha_2 \boldsymbol{\Sigma_R^2} \otimes \boldsymbol{I}_r + \alpha_3 \boldsymbol{\Sigma_R^2} \otimes \boldsymbol{\Sigma_L^2})(\boldsymbol{U_R} \otimes \boldsymbol{U_L})^T \right. \\
&\quad + \alpha_2 (\boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L})(\boldsymbol{I}_{n-r} \otimes \boldsymbol{\Sigma_L^2})(\boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L})^T \\
&\quad \left. + \alpha_3 (\boldsymbol{U_R} \otimes \boldsymbol{U_L^\perp})(\boldsymbol{\Sigma_R^2} \otimes \boldsymbol{I}_{m-r})(\boldsymbol{U_R} \otimes \boldsymbol{U_L^\perp})^T \right] \mathrm{Vec}(\boldsymbol{G}) \\
\triangleq &\; \boldsymbol{P_{L,R}}\,\mathrm{Vec}(\boldsymbol{G})
\end{aligned} \tag{25}$$

where in the last equality, we define $\boldsymbol{P_{L,R}} \in \mathbb{R}^{mn \times mn}$ as the corresponding projection matrix of $\mathtt{Proj}_{(\boldsymbol{L,R})}$.

Now, note that we can use Equation 17 to write:

$$\begin{aligned}
\boldsymbol{I}_{mn} = \boldsymbol{I}_n \otimes \boldsymbol{I}_m = &(\boldsymbol{U_R} \otimes \boldsymbol{U_L})(\boldsymbol{U_R} \otimes \boldsymbol{U_L})^T + (\boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L})(\boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L})^T + (\boldsymbol{U_R} \otimes \boldsymbol{U_L^\perp})(\boldsymbol{U_R} \otimes \boldsymbol{U_L^\perp})^T \\
&+ (\boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L^\perp})(\boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L^\perp})^T
\end{aligned} \tag{26}$$

Now we are ready to propose our Kronecker decomposition of the subspace projection residual.

$$\begin{aligned}
\mathrm{Vec}(\tilde{\boldsymbol{G}} - \boldsymbol{G}) = &(\boldsymbol{I}_n \otimes \boldsymbol{I}_m - \boldsymbol{P_{L,R}})\,\mathrm{Vec}(\boldsymbol{G}) = \\
&\left[(\boldsymbol{U_R} \otimes \boldsymbol{U_L})(\alpha_1 \boldsymbol{I}_r \otimes \boldsymbol{\Sigma_L^2} + \alpha_2 \boldsymbol{\Sigma_R^2} \otimes \boldsymbol{I}_r + \alpha_3 \boldsymbol{\Sigma_R^2} \otimes \boldsymbol{\Sigma_L^2} - \boldsymbol{I}_r \otimes \boldsymbol{I}_r)(\boldsymbol{U_R} \otimes \boldsymbol{U_L})^T \right. \\
&\quad + (\boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L})(\alpha_2 \boldsymbol{I}_{n-r} \otimes \boldsymbol{\Sigma_L^2} - \boldsymbol{I}_{n-r} \otimes \boldsymbol{I}_r)(\boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L})^T \\
&\quad + (\boldsymbol{U_R} \otimes \boldsymbol{U_L^\perp})(\alpha_3 \boldsymbol{\Sigma_R^2} \otimes \boldsymbol{I}_{m-r} - \boldsymbol{I}_r \otimes \boldsymbol{I}_{m-r})(\boldsymbol{U_R} \otimes \boldsymbol{U_L^\perp})^T \\
&\quad \left. + (\boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L^\perp})(\boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L^\perp})^T \right] \mathrm{Vec}(\boldsymbol{G}).
\end{aligned} \tag{27}$$

Thus, we can see that Equation 27 completely characterizes the projection residual, which is split into four terms that are pairwise perpendicular (having zero inner products). It is straightforward to verify that if the conditions in Theorem 4.3 hold, then the first three terms in Equation 27 will be exactly zero, and we remain with the following optimal term for the projection residual:

$$\mathrm{Vec}(\tilde{\boldsymbol{G}}_{\mathrm{optimal}} - \boldsymbol{G}) = (\boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L^\perp})(\boldsymbol{U_R^\perp} \otimes \boldsymbol{U_L^\perp})^T\,\mathrm{Vec}(\boldsymbol{G}). \tag{28}$$

$$\square$$

D.2.1 Convergence Proofs

In this section, we aim to find an upper bound on the iteration complexity of Algorithm 1 for finding an ϵ-stationary point defined by the averaged nuclear norm of gradients. First, we recall the necessary assumptions and notations.

Update Rule Let $\{\boldsymbol{W}_t\}_{t=1}^T$ be the iterates of Algorithm 1. Then we have the following equivalent update rule:

$$\boldsymbol{W}_{t+1} = \boldsymbol{W}_t - \eta \boldsymbol{U}_{t+1}\boldsymbol{V}_{t+1}^T \quad , \quad \hat{\boldsymbol{M}}_t = \boldsymbol{U}_{t+1}\boldsymbol{\Sigma}_{t+1}\boldsymbol{V}_{t+1}^T \quad , \quad \boldsymbol{M}_t = \sum_{i=0}^{t} \beta^{t-i}\boldsymbol{G}_t \tag{29}$$

where $\boldsymbol{M}_t$ represents the full-rank momentum, and $\boldsymbol{G}_t = \nabla\mathcal{L}(\boldsymbol{W}_t, \xi_t) \in \mathbb{R}^{m \times n}$ is the stochastic gradient at parameter $\boldsymbol{W}_t$. Moreover, let $\hat{\boldsymbol{M}}_t$ be the low-rank momentum factorization, where $\boldsymbol{U}_i \in \mathbb{R}^{m \times r}$, $\boldsymbol{V}_i \in \mathbb{R}^{n \times r}$, $\boldsymbol{\Sigma}_i \in \mathbb{R}^{r \times r}$, and their updates are detailed in Algorithm 2.

Definitions Now we recall the necessary definitions. We let the optimization objective be represented as $\mathcal{L}(\boldsymbol{W}) = \mathbb{E}_\xi[\mathcal{L}(\boldsymbol{W}, \xi)]$, and moreover assume we have access to an unbiased, variance-bounded (σ) gradient oracle. For any optimization iterate $\boldsymbol{W}_i$, the full-batch gradient is denoted as $\bar{\boldsymbol{G}}_i = \nabla\mathcal{L}(\boldsymbol{W}_i)$, and the stochastic gradient is denoted as $\boldsymbol{G}_i = \nabla\mathcal{L}(\boldsymbol{W}_i, \xi_i)$. Based on assumptions on the gradient oracle, we have $\bar{\boldsymbol{G}}_i = \mathbb{E}[\boldsymbol{G}_i]$, and $\mathbb{E}[\|\boldsymbol{G}_i - \bar{\boldsymbol{G}}_i\|_*] \leq \sigma$. Moreover, we say a function $\mathcal{L}(.) : \mathbb{R}^{m \times n} \to r$ is L-smooth with respect to an arbitrary norm $\|.\|$ if for any two parameters $\boldsymbol{W}_1, \boldsymbol{W}_2$, we have $\|\nabla\mathcal{L}(\boldsymbol{W}_1) - \nabla\mathcal{L}(\boldsymbol{W}_2)\|_* \leq L\|\boldsymbol{W}_1 - \boldsymbol{W}_2\|_2$.

Next, we propose our descent lemma.

Lemma D.3 (Descent lemma). *Let $\{\boldsymbol{W}\}_{t=0}^T$ be the iterates of Algorithm 1, optimized under a loss function that satisfies Assumption 4.1. Then, we have:*

$$\mathcal{L}(\boldsymbol{W}_{t+1}) \leq \mathcal{L}(\boldsymbol{W}_t) - \eta\|\bar{\boldsymbol{G}}_t\|_* + 2\eta\|\hat{\boldsymbol{M}}_t - \bar{\boldsymbol{G}}_t\|_* + \frac{\eta^2 L}{2} \tag{30}$$

Proof of Lemma D.3. First note that $\mathcal{L}(.)$ is L-smooth with the nuclear norm. Therefore for any $\boldsymbol{W}_1, \boldsymbol{W}_2 \in \mathbb{R}^{m \times n}$ we have: $\|\nabla\mathcal{L}(\boldsymbol{W}_1) - \nabla\mathcal{L}(\boldsymbol{W}_2)\|_* \leq L\|\boldsymbol{W}_1 - \boldsymbol{W}_2\|_2$, where $\|.\|_2$ is the spectral norm. Due to this property, we can leverage Proposition 5 in Large et al. (2025) to argue that for any $\boldsymbol{W}_1, \boldsymbol{W}_2$ we have:

$$\mathcal{L}(\boldsymbol{W}_2) \leq \mathcal{L}(\boldsymbol{W}_1) + \langle\nabla\mathcal{L}(\boldsymbol{W}_1), \boldsymbol{W}_2 - \boldsymbol{W}_1\rangle_F + \frac{L}{2}\|\boldsymbol{W}_1 - \boldsymbol{W}_2\|_2 \tag{31}$$

Thus, considering the update rule as in Equation 29, for two consecutive iterates $\boldsymbol{W}_t$ and $\boldsymbol{W}_{t+1}$, we can write:

$$\mathcal{L}(\boldsymbol{W}_{t+1}) \leq \mathcal{L}(\boldsymbol{W}_t) - \eta\langle\bar{\boldsymbol{G}}_t, \boldsymbol{U}_{t+1}\boldsymbol{V}_{t+1}^T\rangle + \frac{L\eta^2}{2}\|\boldsymbol{U}_{t+1}\boldsymbol{V}_{t+1}^T\|_2 \tag{32}$$

Now note that if we take $\|.\|_*$ as a function, its subgradient is well-known and can be derived as follows: the subgradient set at $\boldsymbol{X} = \boldsymbol{U}\boldsymbol{\Sigma}\boldsymbol{V}^T$ is $\partial\|\boldsymbol{X}\|_* = \{\boldsymbol{U}\boldsymbol{V}^T + \boldsymbol{H} : \boldsymbol{U}^T\boldsymbol{H} = 0, \boldsymbol{V}^T\boldsymbol{H} = 0, \|\boldsymbol{W}\|_2 \leq 1\}$. Now since the nuclear norm is a convex function, for any $\boldsymbol{X} = \boldsymbol{U}\boldsymbol{\Sigma}\boldsymbol{V}^T$ and $\boldsymbol{Y}$, we have:

$$\|\boldsymbol{Y}\|_* \geq \|\boldsymbol{X}\|_* + \langle\boldsymbol{U}\boldsymbol{V}^T, \boldsymbol{Y} - \boldsymbol{X}\rangle \tag{33}$$

Now replace $\boldsymbol{Y} = \hat{\boldsymbol{M}}_t - \bar{\boldsymbol{G}}_t$ and $\boldsymbol{X} = \hat{\boldsymbol{M}}_t = \boldsymbol{U}_{t+1}\boldsymbol{\Sigma}_{t+1}\boldsymbol{V}_{t+1}^T$; then we can rewrite Equation 32 as:

$$\mathcal{L}(\boldsymbol{W}_{t+1}) \leq \mathcal{L}(\boldsymbol{W}_t) - \eta\|\hat{\boldsymbol{M}}_t\|_* + \eta\|\hat{\boldsymbol{M}}_t - \bar{\boldsymbol{G}}_t\|_* + \frac{\eta^2}{2}L \tag{34}$$

where we also used the fact that $\|\boldsymbol{U}\boldsymbol{V}^T\|_2 = 1$. Using the triangle inequality, we have $\|\hat{\boldsymbol{M}}_t\|_* \geq \|\bar{\boldsymbol{G}}_t\|_* - \|\hat{\boldsymbol{M}}_t - \bar{\boldsymbol{G}}_t\|_*$, and plugging this into Equation 34 completes the proof. $\square$

As indicated in Lemma D.3, the term $\|\hat{\boldsymbol{M}}_t - \bar{\boldsymbol{G}}_t\|_*$ is the main challenge for deriving the upper bound. Note that we can write $\|\hat{\boldsymbol{M}}_t - \bar{\boldsymbol{G}}_t\|_* \leq \|\boldsymbol{M}_t - \bar{\boldsymbol{G}}_t\|_* + \|\hat{\boldsymbol{M}}_t - \boldsymbol{M}_t\|_*$. Thus, we aim to bound each decomposed term separately. Note that the first decomposed term $\|\boldsymbol{M}_t - \bar{\boldsymbol{G}}_t\|_*$ measures the nuclear norm difference between the full-batched gradient and the first momentum. Moreover, the second decomposed term $\|\hat{\boldsymbol{M}}_t - \boldsymbol{M}_t\|_*$ measures the low-rank compression error of the full-rank momentum.

Lemma D.4. *Under Assumptions 4.1 and 4.1 we have:*

$$\sum_{t=1}^{T} \mathbb{E}[\|\boldsymbol{M}_t - \bar{\boldsymbol{G}}_t\|_*] \le \frac{\beta}{1-\beta} \sum_{t=0}^{T-1} \mathbb{E}[\|\bar{\boldsymbol{G}}_t\|_*] + \frac{T\sigma}{(1-\beta)\sqrt{B}} \tag{35}$$

Proof of Lemma D.4. Let $\boldsymbol{\Delta}_t = \boldsymbol{G}_t - \bar{\boldsymbol{G}}_t$. We can write $\|\boldsymbol{M}_t - \bar{\boldsymbol{G}}_t\|_* \le \|\boldsymbol{M}_t - \boldsymbol{G}_t\|_* + \|\boldsymbol{\Delta}_t\|_* = \beta\|\boldsymbol{M}_{t-1}\|_* + \|\boldsymbol{\Delta}_t\|_*$. Moreover, we have $\|\boldsymbol{M}_t\|_* \le \|\boldsymbol{G}_t\|_* + \beta\|\boldsymbol{M}_{t-1}\|_*$, which, upon unrolling, gives $\|\boldsymbol{M}_t\|_* \le \sum_{i=0}^{t} \beta^{t-i} \|\boldsymbol{G}_i\|_*$. Thus, we can write $\|\boldsymbol{M}_t - \boldsymbol{G}_t\|_* \le \beta \sum_{i=0}^{t-1} \beta^{t-1-i} \|\boldsymbol{G}_i\|_*$. Finally, remembering the fact that $\sum_{i=0}^{j} \beta^i = \frac{1-\beta^{j+1}}{1-\beta} \le \frac{1}{1-\beta}$, we have:

$$\sum_{t=1}^{T} \|\boldsymbol{M}_t - \bar{\boldsymbol{G}}_t\|_* \le \frac{\beta}{1-\beta} \sum_{t=0}^{T-1} \|\bar{\boldsymbol{G}}_t\|_* + \frac{1}{1-\beta} \sum_{t=0}^{T} \|\boldsymbol{\Delta}_t\|_* \tag{36}$$

Now taking the expectation and leveraging Assumption 4.1, we have:

$$\sum_{t=1}^{T} \mathbb{E}[\|\boldsymbol{M}_t - \bar{\boldsymbol{G}}_t\|_*] \le \frac{\beta}{1-\beta} \sum_{t=0}^{T-1} \mathbb{E}[\|\bar{\boldsymbol{G}}_t\|_*] + \frac{T\sigma}{(1-\beta)\sqrt{B}} \tag{37}$$

$\square$

We now bound the second term $\|\hat{\boldsymbol{M}}_t - \boldsymbol{M}_t\|_*$. We have the following lemma:

Lemma D.5. *Let $\|\hat{\boldsymbol{M}}_t - \boldsymbol{M}_t\|_*$ be the compression error of the low-rank momentum estimation at iteration t. Then under Assumption 4.1 and the condition $\mathrm{rank}(\boldsymbol{G}_0) \le r$, we have the following bound:*

$$\sum_{t=1}^{T} \mathbb{E}\big[\|\hat{\boldsymbol{M}}_t - \boldsymbol{M}_t\|_*\big] \le \frac{\eta L T}{1-\beta} + \frac{2\sigma T}{\sqrt{B}(1-\beta)} \tag{38}$$

Proof of Lemma D.5. First note that we have:

$$\|\hat{\boldsymbol{M}}_t - \boldsymbol{M}_t\|_* = \|\beta\boldsymbol{M}_{t-1} + \boldsymbol{G}_t - \hat{\boldsymbol{M}}_t\|_* \le \beta\|\hat{\boldsymbol{M}}_{t-1} - \boldsymbol{M}_{t-1}\|_* + \|\boldsymbol{G}_t + \beta\hat{\boldsymbol{M}}_{t-1} - \hat{\boldsymbol{M}}_t\|_* \tag{39}$$

Now considering the momentum factor update rule in 2, we can replace $\hat{\boldsymbol{M}}_t$ with $\hat{\boldsymbol{G}}_t + \beta\hat{\boldsymbol{M}}_{t-1}$, where $\hat{\boldsymbol{G}}_t = \boldsymbol{U}_t\boldsymbol{U}_t^T\boldsymbol{G}_t + \boldsymbol{G}_t\boldsymbol{V}_t\boldsymbol{V}_t^T - \boldsymbol{U}_t\boldsymbol{U}_t^T\boldsymbol{G}_t\boldsymbol{V}_t\boldsymbol{V}_t^T$. Therefore, we can write:

$$\|\hat{\boldsymbol{M}}_t - \boldsymbol{M}_t\|_* \le \beta\|\hat{\boldsymbol{M}}_{t-1} - \boldsymbol{M}_{t-1}\|_* + \|(\boldsymbol{I} - \boldsymbol{U}_t\boldsymbol{U}_t^T)\boldsymbol{G}_t(\boldsymbol{I} - \boldsymbol{V}_t\boldsymbol{V}_t^T)\|_* \tag{40}$$

Interestingly, the term $\|(\boldsymbol{I} - \boldsymbol{U}_t\boldsymbol{U}_t^T)\boldsymbol{G}_t(\boldsymbol{I} - \boldsymbol{V}_t\boldsymbol{V}_t^T)\|_*$ can be regarded as the low-rank compression error of gradients happening in our Algorithm 1. Thus, now we aim to bound this term. We have:

$$\|(\boldsymbol{I} - \boldsymbol{U}_t\boldsymbol{U}_t^T)\boldsymbol{G}_t(\boldsymbol{I} - \boldsymbol{V}_t\boldsymbol{V}_t^T)\|_* \le \|(\boldsymbol{I} - \boldsymbol{U}_t\boldsymbol{U}_t^T)(\boldsymbol{G}_t - \boldsymbol{G}_{t-1})(\boldsymbol{I} - \boldsymbol{V}_t\boldsymbol{V}_t^T)\|_* + \|(\boldsymbol{I} - \boldsymbol{U}_t\boldsymbol{U}_t^T)\boldsymbol{G}_{t-1}(\boldsymbol{I} - \boldsymbol{V}_t\boldsymbol{V}_t^T)\|_*$$

$$\le \|(\boldsymbol{I} - \boldsymbol{U}_t\boldsymbol{U}_t^T)(\bar{\boldsymbol{G}}_t - \bar{\boldsymbol{G}}_{t-1})(\boldsymbol{I} - \boldsymbol{V}_t\boldsymbol{V}_t^T)\|_* + \|(\boldsymbol{I} - \boldsymbol{U}_t\boldsymbol{U}_t^T)\boldsymbol{G}_{t-1}(\boldsymbol{I} - \boldsymbol{V}_t\boldsymbol{V}_t^T)\|_* + \|\boldsymbol{\Delta}_t - \boldsymbol{\Delta}_{t-1}\|_*$$

$$\le L\|\boldsymbol{W}_t - \boldsymbol{W}_{t-1}\|_2 + \|(\boldsymbol{I} - \boldsymbol{U}_t\boldsymbol{U}_t^T)\boldsymbol{G}_{t-1}(\boldsymbol{I} - \boldsymbol{V}_t\boldsymbol{V}_t^T)\|_* + \|\boldsymbol{\Delta}_t - \boldsymbol{\Delta}_{t-1}\|_*$$

$$\le \eta L + \|(\boldsymbol{I} - \boldsymbol{U}_t\boldsymbol{U}_t^T)\boldsymbol{G}_{t-1}(\boldsymbol{I} - \boldsymbol{V}_t\boldsymbol{V}_t^T)\|_* + \|\boldsymbol{\Delta}_t - \boldsymbol{\Delta}_{t-1}\|_*$$

$$\tag{41}$$

where in the last inequality, we used the smoothness property in Assumption 4.1, and also the fact that $\boldsymbol{W}_t - \boldsymbol{W}_{t-1} = -\eta\boldsymbol{U}_t\boldsymbol{V}_t^T$.

Next, we bound the term $\|(\boldsymbol{I} - \boldsymbol{U}_t\boldsymbol{U}_t^T)\boldsymbol{G}_{t-1}(\boldsymbol{I} - \boldsymbol{V}_t\boldsymbol{V}_t^T)\|_*$. First note that based on Equation 7, we can see that $\mathrm{Range}([\boldsymbol{U}_{t-1} \quad \boldsymbol{G}_{t-1}\boldsymbol{V}_{t-1}]) \subseteq \mathrm{Range}(\boldsymbol{U}_t)$, and therefore we have $\mathrm{Range}(\boldsymbol{U}_{t-1}) \subseteq \mathrm{Range}(\boldsymbol{U}_t)$. Now we can write:

$$\|(\boldsymbol{I} - \boldsymbol{U}_t\boldsymbol{U}_t^T)\boldsymbol{G}_{t-1}(\boldsymbol{I} - \boldsymbol{V}_t\boldsymbol{V}_t^T)\|_* \le \|(\boldsymbol{I} - \boldsymbol{U}_t\boldsymbol{U}_t^T)(\boldsymbol{G}_{t-1} - \hat{\boldsymbol{G}}_{t-1})(\boldsymbol{I} - \boldsymbol{V}_t\boldsymbol{V}_t^T)\|_*$$

$$+ \|(\boldsymbol{I} - \boldsymbol{U}_t\boldsymbol{U}_t^T)\hat{\boldsymbol{G}}_{t-1}(\boldsymbol{I} - \boldsymbol{V}_t\boldsymbol{V}_t^T)\|_*$$

$$\le \|(\boldsymbol{I} - \boldsymbol{U}_t\boldsymbol{U}_t^T)(\boldsymbol{G}_{t-1} - \hat{\boldsymbol{G}}_{t-1})(\boldsymbol{I} - \boldsymbol{V}_t\boldsymbol{V}_t^T)\|_*$$

$$\le \|(\boldsymbol{I} - \boldsymbol{U}_{t-1}\boldsymbol{U}_{t-1}^T)\boldsymbol{G}_{t-1}(\boldsymbol{I} - \boldsymbol{V}_{t-1}\boldsymbol{V}_{t-1}^T)\|_* \tag{42}$$

where in the last inequality we leveraged the bound from Theorem 4.3 that upper bounds the tangent space projection error. Particularly, the fact that $\|\boldsymbol{G}_{t-1} - \hat{\boldsymbol{G}}_{t-1}\|_* = \|(\boldsymbol{I} - \boldsymbol{U}_{t-1}\boldsymbol{U}_{t-1}^T)\boldsymbol{G}_{t-1}(\boldsymbol{I} - \boldsymbol{V}_{t-1}\boldsymbol{V}_{t-1}^T)\|$. Now plugging Equation 42 into Equation 41, we have the following recursive equation:

$$\|(\boldsymbol{I} - \boldsymbol{U}_t\boldsymbol{U}_t^T)\boldsymbol{G}_t(\boldsymbol{I} - \boldsymbol{V}_t\boldsymbol{V}_t^T)\|_* \leq \|(\boldsymbol{I} - \boldsymbol{U}_{t-1}\boldsymbol{U}_{t-1}^T)\boldsymbol{G}_{t-1}(\boldsymbol{I} - \boldsymbol{V}_{t-1}\boldsymbol{V}_{t-1}^T)\|_* + \eta L + \|\boldsymbol{\Delta}_t - \boldsymbol{\Delta}_{t-1}\|_* \quad (43)$$

Unrolling this recursive relation, and considering the SVD initialization at the beginning of Algorithm 1, we would have:

$$\|(\boldsymbol{I} - \boldsymbol{U}_t\boldsymbol{U}_t^T)\boldsymbol{G}_t(\boldsymbol{I} - \boldsymbol{V}_t\boldsymbol{V}_t^T)\|_* \leq \|(I - \boldsymbol{U}_0\boldsymbol{U}_0^T)\boldsymbol{G}_0(I - \boldsymbol{V}_0\boldsymbol{V}_0^T)\|_* + \eta L t + \sum_{i=1}^t \|\boldsymbol{\Delta}_t - \boldsymbol{\Delta}_{t-1}\|_* \quad (44)$$

Let $e_0 = \|(I - \boldsymbol{U}_0\boldsymbol{U}_0^T)\boldsymbol{G}_0(I - \boldsymbol{V}_0\boldsymbol{V}_0^T)\|_*$. Note that due to the way we initialize $\boldsymbol{U}_0$ and $\boldsymbol{V}_0$, e_0 is expected to be small. For instance, if we assume $\text{rank}(\boldsymbol{G}_0) \leq r$, then we would have $e_0 = 0$. Therefore, for simplicity we can ignore this term.

Now plugging Equation 44 back into Equation 40 we have:

$$\mathbb{E}\big[\|\hat{\boldsymbol{M}}_t - \boldsymbol{M}_t\|_*\big] \leq \beta\mathbb{E}\big[\|\hat{\boldsymbol{M}}_{t-1} - \boldsymbol{M}_{t-1}\|_*\big] + \eta L t + \frac{2t\sigma}{\sqrt{B}} \quad (45)$$

Similar to Equation 36, we can unroll the above equation to get:

$$\sum_{t=1}^T \mathbb{E}\big[\|\hat{\boldsymbol{M}}_t - \boldsymbol{M}_t\|_*\big] \leq \frac{\eta L T}{1 - \beta} + \frac{2\sigma T}{\sqrt{B}(1 - \beta)} \quad (46)$$

where we also used the fact that $\hat{\boldsymbol{M}}_0 = \boldsymbol{M}_0$. $\qquad\square$

Proof of Theorem 4.5. Taking the expectation and unrolling the descent lemma, Lemma D.3, we can write:

$$\begin{aligned}
\frac{1}{T}\sum_{t=0}^T \mathbb{E}[\|\bar{\boldsymbol{G}}_t\|_*] &\leq \frac{\mathcal{L}(\boldsymbol{W}_0) - \mathbb{E}[\mathcal{L}(\boldsymbol{W}_{T+1})]}{\eta T} + \frac{2}{T}\sum_{t=0}^T \mathbb{E}[\|\hat{\boldsymbol{M}}_t - \bar{\boldsymbol{G}}_t\|_*] + \frac{\eta^2 L}{2} \\
&\leq \frac{\mathcal{L}(\boldsymbol{W}_0) - \mathbb{E}[\mathcal{L}(\boldsymbol{W}_{T+1})]}{\eta T} + \frac{\eta^2 L}{2} + \frac{2}{T}\sum_{t=0}^T \mathbb{E}[\|\hat{\boldsymbol{M}}_t - \boldsymbol{M}_t\|] + \frac{2}{T}\sum_{t=0}^T \mathbb{E}[\|\boldsymbol{M}_t - \bar{\boldsymbol{G}}_t\|_*]
\end{aligned} \quad (47)$$

Plugging Equation 37 (Lemma D.4) and Equation 46 (Lemma D.5) into Equation 47 yields

$$(1 - \frac{2\beta}{1 - \beta})\frac{1}{T}\sum_{t=0}^T \mathbb{E}[\|\bar{\boldsymbol{G}}_t\|_*] \leq \frac{\mathcal{L}(\boldsymbol{W}_0) - \mathbb{E}[\mathcal{L}(\boldsymbol{W}_{T+1})]}{\eta T} + \frac{\eta^2 L}{2} + \frac{4\sigma}{(1 - \beta)\sqrt{B}} + \frac{2\eta L}{1 - \beta} \quad (48)$$

Now let $\beta \in (0, \frac{1}{3})$, $\eta < 1$, and $B = T$; then we can rewrite the above equation as follows:

$$\frac{1}{T}\sum_{t=0}^T \mathbb{E}[\|\bar{\boldsymbol{G}}_t\|_*] \leq \mathcal{O}\left(\frac{\mathcal{L}(\boldsymbol{W}_0) - \mathbb{E}[\mathcal{L}(\boldsymbol{W}_{T+1})]}{\eta T} + \eta L + \frac{\sigma}{\sqrt{T}}\right) \quad (49)$$

Finally, by letting $\eta = \Theta\left(\sqrt{\frac{\mathcal{L}(\boldsymbol{W}_0) - \mathbb{E}[\mathcal{L}(\boldsymbol{W}_{T+1})]}{TL}}\right)$, we have the final upper bound as follows:

$$\frac{1}{T}\sum_{t=0}^T \mathbb{E}[\|\bar{\boldsymbol{G}}_t\|_*] \leq \mathcal{O}\left(\frac{(\mathcal{L}(\boldsymbol{W}_0) - \mathbb{E}[\mathcal{L}(\boldsymbol{W}_{T+1})])^{\frac{1}{2}}\sqrt{L} + \sigma}{\sqrt{T}}\right). \quad (50)$$

$\qquad\square$