

FAIRCoT: ENHANCING FAIRNESS IN DIFFUSION MODELS VIA CHAIN OF THOUGHT REASONING OF MULTIMODAL LANGUAGE MODELS

Anonymous authors

Paper under double-blind review

ABSTRACT

In the domain of text-to-image generative models, biases inherent in training datasets often propagate into generated content, posing significant ethical challenges, particularly in socially sensitive contexts. We introduce FairCoT, a novel framework that enhances fairness in diffusion models through Chain-of-Thought (CoT) reasoning within multimodal generative large language models (LLMs). FairCoT employs iterative CoT refinement and attire-based attribute prediction to systematically mitigate biases, ensuring diverse and equitable representation in generated images. By integrating iterative reasoning processes, FairCoT addresses the limitations of zero-shot CoT in sensitive scenarios, balancing creativity with ethical responsibility. Experimental evaluations across multiple models, including DALL-E and various Stable Diffusion variants, demonstrate that FairCoT significantly improves fairness and diversity metrics without compromising image quality or relevance. Our approach advances ethical AI practices in generative modeling, promoting socially responsible content generation and setting new standards for fairness in AI-generated imagery.

1 INTRODUCTION

The advent of text-to-image generative models has revolutionized artificial intelligence, enabling the synthesis of high-fidelity images from textual descriptions. These advances have unlocked new possibilities in creative expression, design, and accessibility. However, these models often inherit and amplify biases present in their training datasets, leading to ethical concerns—especially when generating content related to sensitive social issues. Addressing these biases is critical to ensure that AI systems are fair, inclusive, and socially responsible.

Existing approaches to mitigate bias in text-to-image models primarily focus on prompt engineering or adjusting model parameters. Handcrafted prompting methods (Bianchi et al., 2023; Bansal et al., 2022) rely heavily on human annotations, which are inherently subjective and can introduce inconsistencies (Sun et al., 2023). Moreover, these methods can be costly and sub-optimal due to the extensive manual effort required. On the other hand, debiasing techniques involving parameter fine-tuning (Gandikota et al., 2024; Shen et al., 2023) or modifying text embeddings (Chuang et al., 2023) are computationally intensive and often limited to open-source diffusion models. These methods can inadvertently affect model alignment and are typically restricted to specific types of biases addressed during fine-tuning (Sun et al., 2023).

To address these challenges, we introduce FairCoT, a novel method that leverages Chain-of-Thought (CoT) reasoning within multimodal large language models (MLLMs) to refine the generative process of text-to-image models. FairCoT enables models to identify and mitigate biases in their outputs by generating and refining fairness-aware reasoning paths. It operates by integrating iterative reasoning refinement and controlled evaluation to guide generation toward more diverse and equitable outputs. Leveraging MLLMs’ reasoning capabilities, FairCoT assesses potential biases and adjusts the generation accordingly. During the CoT generation phase, it generates reasoning steps that consider fairness constraints related to sensitive attributes (e.g., gender, race, age, and religion). Feedback from the controlled evaluations refines the reasoning steps in subsequent iterations, allowing dynamic adjustment of outputs based on fairness considerations. At inference, the MLLM adapts the

most relevant Chain-of-Thought to the new task. It then generates a set of text prompts inspired by this adapted reasoning to guide the diffusion model in producing fair outputs.

This approach addresses limitations of zero-shot CoT reasoning in sensitive contexts by providing explicit, iterative fairness guidance. Unlike prompt engineering or fine-tuning methods, FairCoT operates at the reasoning level, making it applicable to both open and closed-source models without parameter updates. By leveraging MLLMs’ reasoning capabilities, FairCoT directly influences the generative process to align with ethical objectives, ensuring outputs are high-quality and socially responsible. Our contributions are summarized as follows:

1. **FairCoT Framework:** We introduce FairCoT, a simple and effective method that applies Chain-of-Thought (CoT) reasoning for bias reduction in text-to-image (T2I) models. It avoids retraining, works for both open and closed-source models, and preserves alignment.
2. **Multi-Bias Generalization:** FairCoT addresses multiple bias types simultaneously, including sensitive attributes and objects, and generalizes well across domains.
3. **Improved Attribute Prediction:** We present an attire-based method using CLIP for improving the detection of sensitive attributes like religion, making us the first to tackle religious bias in T2I models.
4. **Iterative Bootstrapping with MLLMs:** We apply an iterative bootstrapping process using MLLMs and CoT for debiasing, the first use reasoning for T2I models and fairness effectively.

FairCoT represents a significant advance in the pursuit of equitable and responsible AI. It is applicable to both open and closed-source text-to-image models and can address multiple bias types simultaneously. By integrating this method with LLM-powered diffusion models like DALL-E, we demonstrate its robustness and versatility. Furthermore, FairCoT can be applied upon request, helping to avoid overrepresentation or underrepresentation of minorities in specific contexts.

The remainder of this paper is structured as follows. In Section 2, we review related work on bias mitigation in generative models. Section 3 details the technical architecture of FairCoT, including the iterative reasoning refinement process and the integration of attire-based attribute prediction. Section 4 presents the experimental results with comprehensive analysis, and Section 5 discusses the broader implications of our work and potential future directions.

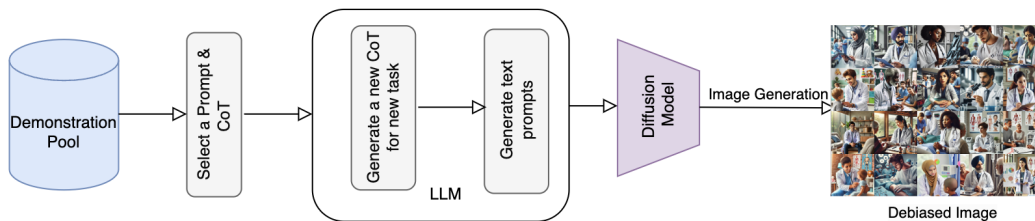


Figure 1: FairCoT Inference, where an MLLM generates text prompts from Chain of thought to produce fair images in Diffusion models

2 RELATED WORK

This section discusses relevant work on bias in vision-language models, the impact of dataset biases, language-driven bias mitigation, advances in large language models, and attribute prediction.

Bias in Vision-Language Models Bias in vision-language models is a significant concern, as these models often inherit and amplify societal biases present in training data. Hall et al. (2023) investigated gender bias in zero-shot vision-language models, revealing performance disparities and calibration issues based on perceived gender in images, highlighting how language influences both expanding and biasing vision tasks. Similarly, Kim et al. (2023) proposed a bias-to-text (B2T) method using pre-trained vision-language models to detect visual biases by generating captions

108 for misclassified images and identifying bias-indicative keywords, effectively pinpointing biases
109 without human annotation.

110 Shrestha et al. (2024) introduced FairRAG, focusing on mitigating biases in human generation tasks
111 by incorporating fair retrieval methods. Their approach adjusts retrieval processes to include diverse
112 and representative examples, reducing biases in generated content. On the other hand, Shen et al.
113 (2023) proposed fine-tuning text-to-image diffusion models for fairness using a single textual in-
114 version token, demonstrating that targeted fine-tuning can mitigate demographic biases, although it
115 may be computationally intensive and limited to specific models. **Furthermore, He et al. (2024) pre-
116 sented the Iterative Distribution Alignment (IDA) method, addressing social biases in T2I diffusion
117 models by guiding the diffusion process away from biased outputs through iterative weight updates
118 based on Kullback-Leibler (KL) divergence.** However, these methods often require extensive com-
119 putational resources or are limited to certain models, highlighting the need for a more efficient and
120 generalizable approach to bias mitigation in T2I models.

121
122 **Impact of Dataset Bias** Dataset biases significantly impact vision-language models. Garcia et al.
123 (2023) highlighted widespread societal biases in datasets across tasks like image captioning, text-
124 image classification, and text-to-image generation, emphasizing the need for careful data curation.
125 Additionally, Birhane et al. (2023) showed that larger datasets can amplify biases. Janghorbani &
126 de Melo (2023) developed the MMBias benchmark for assessing bias, contributing to debiasing
127 methods using additive residuals. Moreover, the PATA dataset introduced by Seth et al. (2023)
128 provided insights into the effect of data on bias, underscoring the necessity of addressing imbalances
129 in training data.

130 **Language-Driven Approaches in Bias Mitigation** Language-driven strategies have been pro-
131 posed for bias mitigation. Chuang et al. (2023) used text embedding projection for debiasing vision-
132 language discriminative and generative models. On the other hand, Smith et al. (2023) proposed
133 dataset debiasing by enhancing datasets with synthetic, gender-balanced sets. In text-to-image mod-
134 els, Bianchi et al. (2023) suggested adding gender terms to prompts to balance gender representation
135 in images. Similarly, Bansal et al. (2022) advocated adding ethical statements to prompts to directly
136 encourage fairness.

137
138 **Advances in Large Language Models** Recent advances in LLMs have enhanced model reasoning
139 and debiasing capabilities. Sun et al. (2023) introduced iterative bootstrapping in Chain-of-Thought
140 (CoT) prompting to improve problem-solving capabilities in models like ChatGPT. Zelikman et al.
141 (2022) proposed Self-Taught Reasoner (STaR), enabling models to self-supervise and refine rea-
142 soning steps without additional labeled data. Furthermore, Lyu et al. (2023) focused on improving
143 the faithfulness of reasoning steps in LLMs, addressing hallucination, and enhancing reliability in
144 sensitive contexts. However, Shaikh et al. (2022) highlighted risks of zero-shot CoT reasoning in
145 socially sensitive domains, showing that models may generate biased or harmful content without
146 proper guidance, underscoring the need for mechanisms to minimize biased outputs.

147 **Attribute Prediction** Attribute prediction is crucial for assessing demographic representations in
148 generated content. CLIP (Radford et al., 2021) has been widely used for zero-shot image classi-
149 fication and attribute prediction due to its ability to learn visual concepts from natural language
150 supervision. Radford et al. (2021) found high accuracy (96%) for gender classification across all
151 races using CLIP. They averaged around 93% for racial classification and approximately 63% for
152 age classification. In addition, Shen et al. (2023) adopted the eight race categories from the FairFace
153 dataset but found classifiers struggled to distinguish between certain categories. Therefore, to im-
154 prove race attribute prediction, they consolidated them into four broader classes: WMELH (White,
155 Middle Eastern, Latino Hispanic), Asian (East Asian, Southeast Asian), Black, and Indian. Han
156 et al. (2017) presented a deep multi-task learning approach for heterogeneous face attribute estima-
157 tion, emphasizing multi-task learning to improve attribute prediction accuracy and robustness across
158 diverse populations.

159 Our work builds upon these studies by integrating Chain-of-Thought reasoning within multimodal
160 generative LLMs to enhance fairness in diffusion models. By leveraging iterative reasoning and at-
161 tire-based attribute prediction, we address limitations identified in previous works, contributing to
ethical AI practices in text-to-image generation.

3 METHODS

In this section, we introduce FairCoT, a framework designed to enhance fairness in AI-generated imagery by integrating Multimodal Large Language Models (LLMs) and Contrastive Language-Image Pre-training (CLIP). We also propose an attire-based method for predicting religious attributes, aiming to improve CLIP’s attribute prediction for challenging tasks, leading to accurate automatic image labeling. The framework operates in two primary phases: CoT generation and inference, each comprising several key components.

3.1 CHAIN OF THOUGHT GENERATION PHASE

3.1.1 INITIAL IMAGE GENERATION

We begin by defining a set of professions $\mathcal{P} = \{p_1, p_2, \dots, p_n\}$ that are commonly depicted in the working industry. These professions are chosen to cover a wide range of societal roles to ensure the generalizability of our approach, each belonging to one of the following areas: Healthcare and Medical, Legal and Business, Service and Hospitality, Security and Protection, Education and Information, Engineering and Technical, and Research and Analytics.

To represent diversity, we identify demographic attributes $\mathcal{D} = \{\text{gender, age, race, religion}\}$ that are essential. For the attribute of religion, we further specify a set of religious groups $\mathcal{R} = \{r_1, r_2, \dots, r_k\}$. We utilize a Multimodal Large Language Model to generate prompts that specify a profession. Formally, for the given set of professions \mathcal{P} , the LLM produces a set of prompts $\mathcal{S} = \{s_1, s_2, \dots, s_n\}$, where each prompt s_i is initially “n photos of p_i ”.

The generated prompts \mathcal{S} are then used to guide the text-to-image model to produce an initial set of images $\mathcal{I} = \{I_1, I_2, \dots, I_m\}$. This stage is critical as it provides the raw data for subsequent bias evaluation and refinement processes (see Figure 3).

3.1.2 ENHANCED ATTRIBUTE PREDICTION

We predict the attributes for the generated images using CLIP zero-shot classification. For attributes that CLIP does not accurately predict due to their complex nature, we propose an attire-based method to improve the prediction.

We input the set of religious groups \mathcal{R} into the LLM, which generates a detailed list of attires associated with the corresponding religions. This step recognizes the diverse visual expressions of religious identities. The LLM outputs an attire list $\mathcal{A} = \{a_1, a_2, \dots, a_l\}$, where each attire a_j corresponds to a specific religious group (e.g., hijabs for Islam, turbans for Sikhism, kippahs for Judaism).

To analyze each generated image $I_i \in \mathcal{I}$, we employ CLIP to detect the most prominent attire $a_j \in \mathcal{A}$. This is achieved by computing similarity scores between the image embeddings and textual embeddings of the attires:

$$\text{Score}(I_i, a_j) = \cos(\phi_I(I_i), \phi_T(a_j)),$$

where ϕ_I and ϕ_T are the image and text embedding functions of CLIP, respectively. The attire with the highest score is selected and mapped to the corresponding religion, which will be the predicted attribute for that image.

3.1.3 BIAS AND ALIGNMENT EVALUATION AND ITERATIVE BOOTSTRAPPING

To assess the uniformity of the attribute distribution across the images, we compute the normalized entropy H' over the set of demographic attributes:

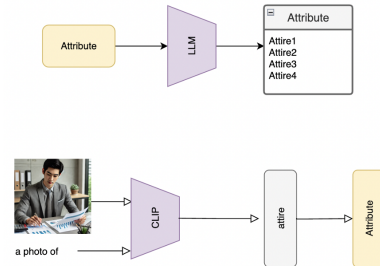


Figure 2: Improving CLIP attribute prediction

216
217
218
219
220
221
222
223
224
225
226
227
228
229
230
231
232
233
234
235
236
237
238
239
240
241
242
243
244
245
246
247
248
249
250
251
252
253
254
255
256
257
258
259
260
261
262
263
264
265
266
267
268
269

$$H' = - \left(\frac{1}{\log k} \sum_{j=1}^k p(a_j) \log p(a_j) \right),$$

where $p(a_j)$ is the empirical probability of attribute a_j appearing in the image set \mathcal{I} . We also measure the alignment between the generated images and the expectations set by the initial prompts of the professions using the CLIP-Textual (CLIP-T) score:

$$\text{CLIP-T Score} = \frac{1}{m} \sum_{i=1}^m \cos(\phi_I(I_i), \phi_T(s_i)),$$

where s_i is the prompt used to generate image I_i .

3.1.4 CoT DEBIASING

Starting with an initial Chain-of-Thought CoT_0 obtained through zero-shot debiasing (Kojima et al., 2022), we prompt the MLLM with r_0 : “Think step by step before generating images while considering several races, genders, religions, and ages and treating people of these categories equally,” which generates CoT_0 (see Figure 3).

Having the initial Chain-of-Thought CoT_0 as a baseline, the model iteratively enhances fairness. In each iteration t , the MLLM refines the CoT based on the bias assessments until the images reach convergence criteria. The iterative process is as follows:

1. **Bias Evaluation:** Compute H'_t and CLIP-T Score at iteration t .
2. **CoT Refinement:** If $(H'_t > H'_{t-1})$ and $(\text{CLIP-T}_t > \tau \text{CLIP-T}_{t_0})$, update CoT_t to address the identified biases; where $\tau < 1$ is the acceptable drop in alignment for compromising fairness.
3. **CoT Generation:** Generate CoT_t using prompt r_t : “Can you think again? Consider generating images of different religions, races, ages, and genders”.
4. **Image Production:** Produce new images \mathcal{I}_t using the diffusion model guided by CoT_t .
5. **Iteration:** Increment t and repeat.

The iterative process continues until the fairness criteria are satisfied:

$$H'_t \leq H'_{t-1} \quad \text{or} \quad \text{CLIP-T Score} \leq \tau \text{CLIP-T}_{t_0}.$$

Upon convergence, we document the detailed CoT_t that describes the iterative reasoning and adjustments made to achieve the fairness standards.

3.2 INFERENCE PHASE

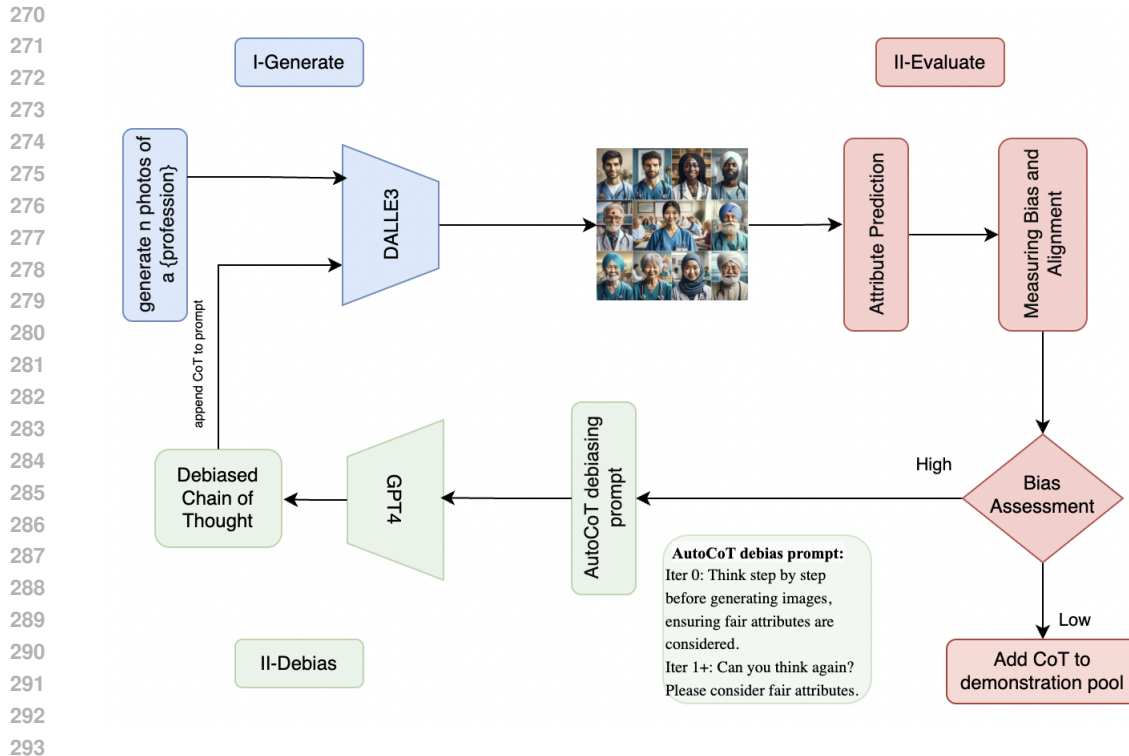
3.2.1 DEMONSTRATION POOL AND APPLICATION

The images \mathcal{I} that meet the fairness standards, along with their corresponding Chains-of-Thought CoT, prompts s , and professions p , are archived in a demonstration pool $\mathcal{D}_{\text{pool}}$. This repository serves as a template for future tasks, ensuring that the learned fairness principles are replicated in new contexts.

3.2.2 INFERENCE

For a new task involving a different profession p_{new} , we select an appropriate CoT from $\mathcal{D}_{\text{pool}}$ based on the seven areas considered for professions. The MLLM adapts this CoT to generate a new CoT_{new} tailored to p_{new} (see Figure 1). We utilize the MLLM to generate prompts for the new profession inspired by the new CoT_{new} . The LLM produces a set of prompts $\mathcal{S} = \{s_1, s_2, \dots, s_n\}$, where each prompt s_i is crafted to encourage diversity in the subsequent image generation process.

The adapted prompts \mathcal{S}_{new} guide the diffusion model to produce images \mathcal{I}_{new} that adhere to the established fairness principles. This ensures that the new images maintain the diversity and fairness standards set by FairCoT.



294
295
296
297
298
299

Figure 3: CoT Generation, CoT is generated and saved in a demonstration pool to debias diffusion models. The process involves iterative steps, starting with image generation, followed by bias and alignment evaluation, and then debiasing through CoT generation. We use an MLLM capable of image generation, such as GPT-4 with DALLE, for this purpose

300 4 EXPERIMENTAL RESULTS

301
302
303
304
305
306
307

We conducted a comprehensive set of experiments to evaluate the effectiveness of FairCoT in enhancing fairness and diversity in text-to-image diffusion models. Drawing inspiration from the methodologies of Sun et al. (2023), Zelikman et al. (2022), Shaikh et al. (2022), Shen et al. (2023) our experiments were designed to assess FairCoT’s capability to mitigate biases while maintaining high-quality image generation.

308 4.1 EXPERIMENTAL SETUP

309 4.1.1 MODELS EVALUATED

310
311
312
313
314
315
316
317

Our evaluation focused on both closed-source and open-source text-to-image generative models. We included DALL-E, a closed-source, large-scale model known for high-quality image generation. In addition, we assessed several variants of Stable Diffusion. Specifically, we used SDv1-5, the initial version that serves as a baseline (Rombach et al., 2022); SDv2-1, an updated version with enhanced capabilities (Rombach et al., 2022); and SDXL-turbo, an enhanced version optimized for fast real-time performance (Sauer et al., 2023).

318
319
320
321
322
323

For each model, wherever possible, we compared multiple configurations to assess their effectiveness in promoting fairness. The configurations included General Prompting, which involves standard prompts without any bias mitigation strategies applied. We also used Ethical Intervention, where prompts are augmented with ethical statements to encourage fairness, following the approach of Bansal et al. (2022). Additionally, we evaluated DebiasVL, involving models debiased using text embedding projection (Chuang et al., 2023); FairD, where models employ the Fair Diffusion method for debiasing (Friedrich et al., 2023); and Finetune, consisting of models fine-tuned for

324 fairness (Shen et al., 2023). Lastly, we introduced FairCoT, our proposed method applied to both
 325 full-body images and headshots.

326 We focused on four attributes—gender, race, age, and religion in our experiments. Gender included
 327 female and male categories, race was consolidated into WMELH, Asian, Black, and Indian, and
 328 age groups were young and old (Shen et al., 2023). For religion, we focused on the top three reli-
 329 gions globally Islam, Christianity, Hinduism, and a neutral category for individuals without religious
 330 attributes (CIA, 2023).

332 4.1.2 EVALUATION METRICS

333 To quantitatively assess fairness and diversity, we employed the Bias-Normalized Entropy metric
 334 (H'), which measures the uniformity of attribute distribution (e.g., gender, race, age, religion) across
 335 generated images. Higher values indicate greater diversity and reduced bias. We also used the CLIP-
 336 T score to evaluate the semantic alignment between generated images and input prompts, ensuring
 337 that diversity enhancements do not compromise image relevance.

340 4.2 RESULTS

342 4.2.1 GENERAL TEST RESULTS

343 Table 1 presents the Bias-Normalized Entropy scores and CLIP-T scores for the general test across
 344 different models and methods over 20 professions. [A comprehensive list of professions is available](#)
 345 [in section 6.2.1 in the appendix.](#)

346 Table 1: Comparison FairCoT with debiasVL (Chuang et al., 2023), Ethical Intervention (Bansal
 347 et al., 2022), Finetune (Shen et al., 2023), and FairD (Friedrich et al., 2023).

Model	Prompt	Bias-Normalized Entropy \uparrow				Generation
		Gender	Race	Age	Religion	CLIP-T \uparrow
DALLE-CoTgen	General	0.56	0.38	0.68	0.33	0.27
	Ethical Int.	0.84	0.67	0.7	0.36	0.27
	Ours	0.93	0.83	0.9	0.68	0.26
DALLE-test	General	0.99	0.89	0.23	0.27	0.27
	Ethical Int.	0.87	0.65	0.29	0.59	0.26
	Ours	0.99	0.95	0.57	0.75	0.26
SDv1-5	General	0.47	0.55	0.28	0.27	0.28
	Ethical Int.	0.72	0.56	0.27	0.32	0.27
	FairD.	0.31	0.52	0.17	0.39	0.26
	DebiasVL	0.08	0.23	0.61	0.22	0.27
	Finetune	0.96	0.74	0.25	0.28	0.26
	Ours	0.97	0.96	0.49	0.85	0.26
	Ours-face	0.98	0.96	0.47	0.78	0.25
Ours-llama	0.97	0.96	0.49	0.85	0.26	
SDXL-turbo	General	0.25	0.38	0.35	0.24	0.30
	Ethical Int.	0.33	0.08	0.16	0.22	0.28
	Ours	0.98	0.92	0.43	0.84	0.26
	Ours-face	0.99	0.94	0.60	0.92	0.26
SDV2-1	General	0.50	0.55	0.40	0.36	0.28
	Ethical Int.	0.58	0.46	0.20	0.38	0.26
	DebiasVL	0.56	0.50	0.26	0.25	0.29
	Ours	0.98	0.95	0.38	0.85	0.26
	Ours-face	0.98	0.96	0.43	0.87	0.26

372 FairCoT consistently achieved the highest Bias-Normalized Entropy scores across gender, race, age,
 373 and religion attributes compared to baseline methods. For instance, in SDv1-5, FairCoT improves
 374 the gender entropy from 0.47 (General) to 0.97, and the race entropy from 0.55 (General) to 0.96.
 375 The CLIP-T scores remain competitive, indicating that the improved diversity does not compromise
 376 image-text alignment.

4.2.2 MULTIFACE RESULTS

We extended our evaluation to multifaceted scenarios, generating images containing three individuals over 10 professions, using llama-3.2-11B-v-Instruct added to GPT-3.5. Table 2 shows the results.

In multi-face scenarios, FairCoT maintains high diversity across attributes for both GPT 3.5 and llama. For SDv1-5, the gender entropy increases from 0.57 (General) to 0.95 (FairCoT), and race entropy from 0.47 to 0.84. The CLIP-T scores remain consistent, demonstrating that FairCoT effectively enhances diversity without sacrificing semantic relevance.

Table 2: Evaluation for Multi-Face Generation

Model	Prompt	Bias-Normalized Entropy \uparrow				Generation
		Gender	Race	Age	Religion	CLIP-T \uparrow
DALL-E	General	0.76	0.76	0.89	0.71	0.23
	Ethical Int.	0.94	0.83	0.63	0.66	0.26
	Ours	0.95	0.88	0.70	0.82	0.26
SDv1-5	General	0.57	0.47	0.41	0.36	0.27
	Ethical Int.	0.77	0.63	0.23	0.44	0.26
	Finetune	0.96	0.71	0.27	0.50	0.27
	Ours	0.95	0.84	0.51	0.81	0.25
	Ours-llama	0.87	0.86	0.44	0.76	0.25
SDXL-turbo	General	0.43	0.31	0.39	0.36	0.27
	Ethical Int.	0.65	0.48	0.31	0.40	0.24
	Ours	0.82	0.80	0.59	0.79	0.24
	Ours-llama	0.80	0.80	0.47	0.60	0.25
SDv2-1	General	0.58	0.40	0.49	0.46	0.26
	Ethical Int.	0.75	0.59	0.24	0.66	0.22
	Ours	0.87	0.79	0.40	0.76	0.25
	Ours-llama	0.88	0.84	0.52	0.74	0.25

4.2.3 MULTICONCEPT DEBIASING RESULTS

We further evaluated FairCoT in multi-concept scenarios, where images involve multiple concepts like adults/kids, animals, objects, and commuting methods. Table 3 summarizes the results.

FairCoT demonstrates robust performance in multi-concept scenarios, achieving near-uniform attribute distributions added to achieving diversity over non-human categories like dog breeds and laptop brands compared to baselines generating MacBooks (D’Inca et al., 2024). For example, in SDv1-5, the gender entropy increases from 0.27 (General) to 0.99 (FairCoT), and race entropy from 0.61 to 0.93. These results indicate that FairCoT effectively handles complex prompts while enhancing fairness. Further details are available in the appendix.

Table 3: Evaluation for Multi-concept Generation

Model	Prompt	Bias-Normalized Entropy \uparrow				Generation
		Gender	Race	Age	Religion	CLIP-T \uparrow
DALL-E	General	0.69	0.68	0.65	0.25	0.28
	Ethical Int.	0.77	0.71	0.35	0.58	0.26
	Ours	0.97	0.93	0.65	0.73	0.28
SDv1-5	General	0.27	0.61	0.50	0.47	0.30
	Ethical Int.	0.56	0	0	0.24	0.30
	Finetune	0.81	0.82	0.58	0.45	0.29
	Ours	0.99	0.93	0.39	0.79	0.27
	Ours-llama	0.97	0.95	0.69	0.72	0.27
SDXL-turbo	General	0.43	0.54	0.33	0.35	0.30
	Ethical Int.	0.34	0	0	0.29	0.29
	Ours	0.98	0.88	0.40	0.86	0.27
	Ours-llama	0.90	0.84	0.58	0.68	0.27
SDv2-1	General	0.79	0.66	0.53	0.50	0.29
	Ethical Int.	0.72	0.55	0.27	0.60	0.28
	Ours	0.99	0.87	0.71	0.85	0.26
	Ours-llama	0.95	0.84	0.74	0.63	0.27

4.3 IMPROVING CLIP ATTRIBUTE PREDICTION FOR RELIGION

Accurate attribute prediction is crucial for assessing demographic representations and ensuring fairness across sensitive attributes in generated images. During our experiments, we observed that CLIP’s attribute prediction for religion had limitations due to the subtle visual cues associated with religious attire and symbols.

To enhance the accuracy of religious attribute prediction, we proposed an attire-based method enhanced by LLMs. We compared the performance of our improved attribute predictor (Ours) with the original CLIP model (Vanilla) against a set of hand-labeled images (Hand), which served as the ground truth.

The agreement between Ours and the Hand labels is approximately 75%, while the agreement between Vanilla and the Hand labels is around 41.12%. This significant improvement demonstrates that our enhanced attribute predictor aligns more closely with the true labels compared to the original model.

Table 4: Comparison of Agreement with Hand Labels

Model	Agreement with Hand Labels (%)
Attribute Vanilla Prediction	41.12
Attire Enhanced Prediction(Ours)	75

The improved accuracy in religious attribute prediction allows FairCoT to more effectively identify and mitigate biases related to religion. With a higher agreement percentage, the enhanced CLIP model provides a more reliable assessment of religious diversity in generated images.

This advance is particularly important because religious attributes can be subtle and are often conveyed through specific attire or symbols that may not be prominently featured. By refining the attribute prediction, FairCoT ensures that underrepresented religious groups are more accurately depicted, contributing to a more equitable and inclusive representation.

4.4 ABLATION STUDY

To assess the contribution of each component in FairCoT, we conducted an ablation study with various configurations. In terms of LLM Selection, we compared two versions: NoLLM, where FairCoT operates without using a Large Language Model (LLM) for generating text prompts from the Chain-of-Thought (CoT), and the full FairCoT with LLM integration. For the Iteration component, we evaluated AutoCoT, representing FairCoT without iterative reasoning refinement, against the full version with iterative refinement. Regarding CoT Selection, we experimented with three methods: random selection of CoT examples; selection based on cosine similarity; and our proposed selection method based on professional areas.

Table 5 presents the Bias-Normalized Entropy scores for each configuration.

Table 5: Ablation Study for LLM intervention, iteration, and CoT selection method

Ablation	Model	Prompt	Bias-Normalized Entropy \uparrow				Generation
			Gender	Race	Age	Religion	CLIP-T \uparrow
LLM Selection	DALLE test	NoLLM	0.92	0.82	0.90	0.64	0.26
		Ours	0.99	0.94	0.58	0.80	0.26
Iteration	DALLE CoTGen	AutoCoT	0.92	0.66	0.89	0.51	0.26
		Ours	0.93	0.83	0.90	0.68	0.26
CoT selection	SD test	Random	0.99	0.92	0.49	0.77	0.25
		Cosine	0.96	0.91	0.48	0.83	0.25
		Ours	0.97	0.97	0.51	0.85	0.26

The ablation study of over 10 professions reveals that each component contributes significantly to FairCoT’s performance. Without LLM integration (NoLLM) which limits generation to 10 images at a time, there is a noticeable drop in race and religion entropy scores. The iterative refine-

486 ment (Ours) outperforms the non-iterative approach (AutoCoT), particularly in race and religion
487 attributes. Moreover, our CoT selection method achieves the highest entropy scores, indicating its
488 effectiveness in selecting relevant reasoning paths.

490 4.5 DISCUSSION

491 Our experimental results demonstrate that FairCoT significantly enhances fairness and diversity in
492 text-to-image diffusion models across various scenarios and models. By achieving higher Normal-
493 ized Entropy scores, FairCoT effectively mitigates biases in generated images while maintaining
494 high CLIP-T scores, ensuring that image quality and relevance are not compromised. Compared
495 with finetuning approaches, such as those proposed by Shen et al. (2023). While finetuning reduces
496 biases, it requires retraining the model and may not generalize across different models or prompts.
497 FairCoT operates at the prompt level, achieving better bias reduction while providing a flexible and
498 model-agnostic solution that can be applied to any text-to-image diffusion model without the need
499 for additional training.

500 The qualitative results provided in the appendix further support these findings, showing that FairCoT
501 generates images with diverse demographic attributes, addressing the limitations of baseline models
502 that often reflect societal biases present in training data.

503 The ablation study underscores the importance of each component within FairCoT, highlighting
504 that iterative Chain-of-Thought reasoning and our CoT selection method are critical for achieving
505 optimal performance.

507 4.6 LIMITATIONS AND FUTURE WORK

508 While FairCoT shows substantial improvements, certain limitations exist. The reliance on attribute
509 classifiers assumes accurate prediction, which may vary across different demographic groups or
510 attributes. Future work could explore integrating more robust, possibly domain-specific attribute
511 prediction models.

512 **We acknowledge that our approach to reducing religious bias by incorporating diverse attires does
513 not imply that attire directly signifies religion. Rather, our goal was to enhance fairness by repre-
514 senting individuals in attires that are often underrepresented. This approach may not fully capture
515 the complexity of religious identity, and we recognize it as a limitation. Future work should explore
516 more nuanced methods for addressing religious biases without relying solely on attire representation.**

517 Additionally, extending FairCoT to address other forms of bias, such as those related to disability,
518 socio-economic status, or intersectional attributes, would enhance its applicability. Moreover, Fair-
519 CoT relies on MLLMs that can generate images in the training phase; therefore, further research
520 on open-sourcing these models will assist in its adoption for enhancing fairness in AI-generated
521 content.

524 5 CONCLUSION

525 FairCoT is an innovative framework that mitigates biases in text-to-image generative models by
526 leveraging iterative Chain-of-Thought reasoning and attire-based attribute prediction using CLIP. It
527 effectively reduces biases related to sensitive attributes such as gender, race, age, and religion while
528 maintaining high image quality, demonstrating robustness across different models like DALL-E
529 and Stable Diffusion. Our experimental results underscore FairCoT’s superiority over traditional
530 debiasing strategies, especially when model parameters are inaccessible, highlighting its practicality
531 and effectiveness. By balancing bias mitigation with image quality retention, FairCoT significantly
532 promotes inclusivity and fairness in AI-generated imagery, representing a substantial advance toward
533 ethical and responsible AI.

536 REFERENCES

537 Hritik Bansal, Da Yin, Masoud Monajatipoor, and Kai-Wei Chang. How well can text-to-
538 image generative models understand ethical natural language interventions? *arXiv preprint*
539 *arXiv:2210.15230*, 2022.

- 540 Federico Bianchi, Pratyusha Kalluri, Esin Durmus, Faisal Ladhak, Myra Cheng, Debora Nozza,
541 Tatsunori Hashimoto, Dan Jurafsky, James Zou, and Aylin Caliskan. Easily accessible text-to-
542 image generation amplifies demographic stereotypes at large scale. In *Proceedings of the 2023*
543 *ACM Conference on Fairness, Accountability, and Transparency*, pp. 1493–1504, 2023.
- 544
545 Abeba Birhane, Vinay Prabhu, Sang Han, and Vishnu Naresh Boddeti. On hate scaling laws for
546 data-swamps. *arXiv preprint arXiv:2306.13141*, 2023.
- 547
548 Ching-Yao Chuang, Varun Jampani, Yuanzhen Li, Antonio Torralba, and Stefanie Jegelka. Debias-
549 ing vision-language models via biased prompts. 2023.
- 550 CIA. Religions - the world factbook, 2023. URL [https://www.cia.gov/
551 the-world-factbook/field/religions/](https://www.cia.gov/the-world-factbook/field/religions/). Retrieved 28 April 2023.
- 552
553 Moreno D’Inca, Elia Peruzzo, Massimiliano Mancini, DeJia Xu, Vidit Goel, Xingqian Xu,
554 Zhangyang Wang, Humphrey Shi, and Nicu Sebe. Openbias: Open-set bias detection in text-
555 to-image generative models. In *Proceedings of the IEEE/CVF Conference on Computer Vision*
556 *and Pattern Recognition (CVPR)*, pp. 12225–12235, June 2024.
- 557
558 Felix Friedrich, Manuel Brack, Lukas Struppek, Dominik Hintersdorf, Patrick Schramowski, Sasha
559 Luccioni, and Kristian Kersting. Fair diffusion: Instructing text-to-image generation models on
560 fairness. *arXiv preprint arXiv:2302.10893*, 2023.
- 561
562 Rohit Gandikota, Hadas Orgad, Yonatan Belinkov, Joanna Materzyńska, and David Bau. Unified
563 concept editing in diffusion models. In *Proceedings of the IEEE/CVF Winter Conference on*
Applications of Computer Vision, pp. 5111–5120, 2024.
- 564
565 Noa Garcia, Yusuke Hirota, Yankun Wu, and Yuta Nakashima. Uncurated image-text datasets:
566 Shedding light on demographic bias. 2023.
- 567
568 Melissa Hall, Laura Gustafson, Aaron Adcock, Ishan Misra, and Candace Ross. Vision-language
569 models performing zero-shot tasks exhibit gender-based disparities. 2023.
- 570
571 Hu Han, Anil K Jain, Fang Wang, Shiguang Shan, and Xilin Chen. Heterogeneous face attribute
572 estimation: A deep multi-task learning approach. *IEEE transactions on pattern analysis and*
machine intelligence, 40(11):2597–2609, 2017.
- 573
574 Ruifei He, Chuhui Xue, Haoru Tan, Wenqing Zhang, Yingchen Yu, Song Bai, and Xiaojuan Qi. De-
575 biasing text-to-image diffusion models. In *Proceedings of the 1st ACM Multimedia Workshop on*
576 *Multi-Modal Misinformation Governance in the Era of Foundation Models*, MIS ’24, pp. 29–36,
577 New York, NY, USA, 2024. Association for Computing Machinery. ISBN 9798400712012. doi:
10.1145/3689090.3689387. URL <https://doi.org/10.1145/3689090.3689387>.
- 578
579 Sepehr Janghorbani and Gerard de Melo. Multimodal bias: Introducing a framework for stereotypi-
580 cal bias assessment beyond gender and race in vision language models. 2023.
- 581
582 Younghyun Kim, Sangwoo Mo, Minkyu Kim, Kyungmin Lee, Jaeho Lee, and Jinwoo Shin. Ex-
583 plaining visual biases as words by generating captions. 2023.
- 584
585 Takeshi Kojima, Shixiang Shane Gu, Machel Reid, Yutaka Matsuo, and Yusuke Iwasawa. Large
586 language models are zero-shot reasoners. *Advances in neural information processing systems*,
35:22199–22213, 2022.
- 587
588 Qing Lyu, Shreya Havaldar, Adam Stein, Li Zhang, Delip Rao, Eric Wong, Marianna Apidianaki,
589 and Chris Callison-Burch. Faithful chain-of-thought reasoning. *arXiv preprint arXiv:2301.13379*,
590 2023.
- 591
592 Alec Radford, Jong Wook Kim, Chris Hallacy, Aditya Ramesh, Gabriel Goh, Sandhini Agarwal,
593 Girish Sastry, Amanda Askell, Pamela Mishkin, Jack Clark, et al. Learning transferable visual
models from natural language supervision. In *International conference on machine learning*, pp.
8748–8763. PMLR, 2021.

- 594 Robin Rombach, Andreas Blattmann, Dominik Lorenz, Patrick Esser, and Björn Ommer. High-
595 resolution image synthesis with latent diffusion models. In *Proceedings of the IEEE/CVF Con-*
596 *ference on Computer Vision and Pattern Recognition (CVPR)*, pp. 10684–10695, June 2022.
597
598
599 Axel Sauer, Dominik Lorenz, Andreas Blattmann, and Robin Rombach. Adversarial diffusion dis-
600 tillation. *arXiv preprint arXiv:2311.17042*, 2023.
601
602
603 Ashish Seth, Mayur Hemani, and Chirag Agarwal. Dear: Debiasing vision-language models with
604 additive residuals. 2023.
605
606
607 Omar Shaikh, Hongxin Zhang, William Held, Michael Bernstein, and Diyi Yang. On second
608 thought, let’s not think step by step! bias and toxicity in zero-shot reasoning. *arXiv preprint*
609 *arXiv:2212.08061*, 2022.
610
611
612 Xudong Shen, Chao Du, Tianyu Pang, Min Lin, Yongkang Wong, and Mohan Kankanhalli. Fine-
613 tuning text-to-image diffusion models for fairness. *arXiv preprint arXiv:2311.07604*, 2023.
614
615
616 Robik Shrestha, Yang Zou, Qiuyu Chen, Zhiheng Li, Yusheng Xie, and Siqi Deng. Fairrag: Fair
617 human generation via fair retrieval augmentation. In *Proceedings of the IEEE/CVF Conference*
618 *on Computer Vision and Pattern Recognition*, pp. 11996–12005, 2024.
619
620
621 Brandon Smith, Miguel Farinha, Siobhan Mackenzie Hall, Hannah Rose Kirk, Aleksandar Shtedrit-
622 ski, and Max Bain. Balancing the picture: Debiasing vision-language datasets with synthetic
623 contrast sets. *arXiv preprint arXiv:2305.15407*, 2023.
624
625
626 Jiashuo Sun, Yi Luo, Yeyun Gong, Chen Lin, Yelong Shen, Jian Guo, and Nan Duan. Enhancing
627 chain-of-thoughts prompting with iterative bootstrapping in large language models. *arXiv preprint*
628 *arXiv:2304.11657*, 2023.
629
630
631 Eric Zelikman, Yuhuai Wu, Jesse Mu, and Noah Goodman. Star: Bootstrapping reasoning with
632 reasoning. *Advances in Neural Information Processing Systems*, 35:15476–15488, 2022.
633
634
635
636
637
638

640 APPENDIX

642 6.1 QUALITATIVE ANALYSIS

644 6.1.1 QUALITATIVE ANALYSIS OF INFERENCE RESULTS

645 Figure 4 provides visual examples comparing images generated by the baseline model and FairCoT
646 for the prompt ”a photo of a doctor.”
647

648
649
650
651
652
653
654
655
656
657
658
659
660
661
662
663
664



665
666
667
668
669
670
671
672
673
674
675
676
677
678
679
680
681
682
683
684
685
686
687
688
689
690
691
692
693
694
695
696
697
698
699

Figure 4: Qualitative comparison between the baseline model (left) and FairCoT (right) for the prompt "a photo of a doctor." FairCoT exhibits greater diversity in gender, race, age, and religion attributes.

The baseline DALLE predominantly generates images of young, male individuals from the WMELH group. In contrast, FairCoT produces a diverse set of images representing various genders, races, ages, and religious backgrounds, demonstrating its effectiveness in mitigating biases.

700
701



Figure 5: Qualitative comparison between the baseline SDv2-1 model (left) and FairCoT (right) for the prompt "a photo of a doctor." FairCoT exhibits greater diversity in gender, race, age, and religion attributes.

702
703
704
705
706
707
708
709
710
711
712
713
714
715
716
717
718
719
720
721
722
723
724
725
726
727
728
729
730
731
732
733
734
735
736
737
738
739
740
741
742
743
744
745
746
747
748
749
750
751
752
753
754
755



Figure 6: Qualitative comparison between the baseline SDXL-turbo model Ethical intervention(a), general (b), Faircot face shot (c), and FairCoT (d) for the prompt "a photo of a doctor." FairCoT exhibits greater diversity in gender, race, age, and religion for attributes in both face shot and full image scenarios.

756
757
758
759
760
761
762
763
764
765
766
767
768
769
770
771
772
773
774
775
776
777
778
779
780
781
782
783
784
785
786
787
788
789
790
791
792
793
794
795
796
797
798
799
800
801
802
803
804
805
806
807
808
809



Figure 7: Qualitative comparison between the baseline SDXL-turbo model Ethical intervention(a), general (b), Faircot face shot (c), and FairCoT (d) for the prompt "a photo of a Judge." FairCoT exhibits greater diversity in gender, race, age, and religion for attributes in both face shot and full image scenarios

810
811
812
813
814
815
816
817
818
819
820
821
822
823
824
825
826
827
828
829
830
831
832
833
834
835
836
837
838
839
840
841
842
843
844
845
846
847
848
849
850
851
852
853
854
855
856
857
858
859
860
861
862
863



Figure 8: Qualitative comparison between the baseline SDv1 model FairD(a), finetune (b), Faircot face shot (c), and FairCoT (d) for the prompt "a photo of a Judge." FairCoT exhibits greater diversity in gender, race, age, and religion for attributes in both face shot and full image scenarios



892 Figure 9: Qualitative comparison between the baseline SDv1 model FairD(a), finetune (b), Faircot
893 face shot (c), and FairCoT (d) for the prompt "a photo of a doctor." FairCoT exhibits greater diversity
894 in gender, race, age, and religion for attributes in both face shot and full image scenarios.
895
896
897

898 The images of SDXL-turbo, SDv1-5 and SDv2-1 showcase a stark contrast between FairCoT-
899 generated diversity, general prompt, and baselines including fine-tune Shen et al. (2023), ethical
900 intervention Bansal et al. (2022), and fair diffusion Friedrich et al. (2023) uniformity in depicting
901 doctors and judges. The general prompt repetitively features a single, older Caucasian male doctor
902 in various poses and settings, underscoring a lack of diversity and implying a narrow representation
903 of the medical profession. This homogeneous depiction not only limits the portrayal to a specific
904 demographic but also overlooks the rich diversity inherent in the global medical community.

905 Other baseline models tend to over-represent certain underrepresented groups—such as dispro-
906 portionately featuring images of Black individuals in Shen et al. (2023) and females in Friedrich et al.
907 (2023), Shen et al. (2023) and Bansal et al. (2022)—resulting in skewed outcomes rather than en-
908 hancing overall fairness (see Figures 6a, 6b, 8a, 8b, 9a, and 9b). This over-representation distorts
909 the balance of diversity by focusing excessively on specific groups, thereby failing to achieve true
910 fairness and inclusivity.

911 Conversely, the right side, generated by FairCoT, displays a vibrant and inclusive array of medical
912 professionals, representing a variety of races, genders, and ages, as well as including individuals
913 with different religious attire such as hijabs and turbans. This side illustrates dynamic interac-
914 tions between doctors and patients, showcasing professionals in active, engaging roles across varied
915 healthcare environments. The inclusion of underrepresented groups and the portrayal of doctors
916 in a range of contexts highlight FairCoT's commitment to promoting diversity and realism in AI-
917 generated imagery, thus providing a more accurate reflection of the diverse nature of the healthcare
field.

6.1.2 QUALITATIVE ANALYSIS OF GENERALIZATION RESULTS

To further illustrate the effectiveness of our FairCoT framework, we present qualitative results showcasing how the model performs in various complex scenarios involving multiple subjects and potential biases.

Multiface Generalization

We generated images depicting three doctors using DALLE and three pharmacists using SDv2-1 to assess the representation of professionals in medical fields. FairCoT exhibits superior performance in ensuring diverse and inclusive representations across gender, race, age, and religion. The images from FairCoT display a balanced gender representation, extensive racial diversity, and explicit inclusion of religious attire (e.g., hijabs and turbans), which indicates a nuanced consideration of sensitive attributes. In contrast, images generated from general prompts, while maintaining some diversity, do not showcase the same level of demographic detail or attention to religious attributes. Moreover, FairCoT images depict doctors/pharmacists in a variety of professional scenarios, emphasizing a broad contextual relevance that enriches the portrayal of each individual beyond mere occupational stereotypes. This comparison underscores FairCoT’s effectiveness in enhancing the fairness and inclusivity of AI-generated content, particularly in sensitive social contexts like healthcare.

Figure 10, Figure 11



Figure 10: Qualitative comparison between the DALLE baseline model (left) and FairCoT (right) for the prompt “a photo of three doctors.” FairCoT exhibits greater diversity in gender, race, age, and religion attributes.

972
973
974
975
976
977
978
979
980
981
982
983
984
985
986
987
988
989
990



991 Figure 11: Qualitative comparison between the baseline SDv2-1 model (left) and FairCoT (right)
992 for the prompt "a photo of three pharmacists." FairCoT exhibits greater diversity in gender,
993 age, and religion attributes.
994

995 Photo of a Person with a Laptop

996
997
998
999
1000
1001
1002
1003
1004
1005
1006
1007
1008
1009
1010
1011
1012
1013
1014



1015 Figure 12: comparison between the DALL-E baseline model (left) and FairCoT (right) for the prompt
1016 "a photo of a person with a computer." FairCoT exhibits greater diversity in gender, race, age, and
1017 religion attributes.
1018

1019
1020
1021
1022
1023
1024
1025

This scenario combines a human subject with a technological Computer Figure 12 , testing the model's tendency toward occupational stereotypes. FairCoT-generated images (right side) demonstrate a strong commitment to diversity. These images showcase individuals from various racial and ethnic backgrounds, age groups, religions, and settings, ranging from casual to formal office environments. The laptops featured span a mix from high-end to budget-friendly brands, indicating an awareness of socio-economic diversity and making technology accessibility a part of the inclusivity narrative. The portrayal extends across different professional contexts from creative spaces to more traditional offices, emphasizing both collaborative and individual work styles.

Conversely, the general prompt-generated images (left side) display less racial and gender diversity but with a tendency towards younger adults and more uniform, high-end Apple computers (D’Inca et al., 2024). This selection suggests a bias towards depicting professionals with expensive equipment, typically in modern and upscale settings, potentially reinforcing stereotypes about success and access to technology. Unlike FairCoT, the general prompt images less frequently depict budget-friendly brands or culturally distinct attire, indicating a narrower view of socio-economic backgrounds and less emphasis on comprehensive inclusivity. Overall, FairCoT’s approach not only embraces human diversity but also considers the broader context of economic accessibility, offering a more inclusive view of technology use in various professional and personal scenarios..

Photo of a Kid with a Dog

Generating an image of a child with a dog tests the model’s ability to accurately represent multiple subjects while avoiding cultural or racial biases Figure 13 . FairCoT images exhibit a pronounced diversity in both child representation, featuring a variety of races, and in the types of dog breeds, ranging from common ones like Golden Retrievers to less common like Dalmatians. This diversity showcases FairCoT’s commitment to inclusivity by balancing gender representation among children and providing a rich assortment of dog breeds.

On the other hand, while general prompt images do portray diversity, they tend to focus more on Caucasian and Asian children and popular dog breeds, suggesting a more conservative approach. Although these images also maintain gender balance, the scenarios depicted are less varied compared to those in the FairCoT-generated images. This side-by-side evaluation underscores FairCoT’s effectiveness in enhancing fairness and diversity in AI-generated imagery, not only in the representation of human subjects but also in the animals featured, illustrating a broader and more inclusive approach.



Figure 13: Qualitative comparison between the DALL-E baseline model (left) and FairCoT (right) ”a photo of a kid with a dog.” FairCoT exhibits greater diversity in gender, race, age, and religion attributes.

Photo of a Person Commuting

Depicting a person commuting examines how the model represents everyday activities across different demographics Figure 14 . In the comparison of images depicting various commuting scenarios, FairCoT-generated images (right side) stand out for their inclusive and diverse portrayal of commuters and commuting methods. These images feature a broad spectrum of individuals, including varying races, ages, religions and physical abilities, such as the presence of mobility aids like wheelchairs, reflecting a commitment to inclusivity. Additionally, FairCoT emphasizes sustainable commuting options such as bicycles, alongside traditional methods like public transport and driving,

1080 which underscores an environmental consciousness. This diverse representation not only caters to
 1081 different personal preferences but also highlights urban and sustainable commuting practices.
 1082

1083 On the other hand, general prompt-generated images (left side) also display a variety of commuters,
 1084 but with a narrower focus, predominantly featuring younger, able-bodied individuals and less repre-
 1085 sentation of older age groups or those with physical disabilities. The commuting methods depicted
 1086 lean more towards conventional modes such as driving and public transport, with fewer instances of
 1087 non-traditional or eco-friendly methods compared to FairCoT. These images generally portray typi-
 1088 cal urban settings and maintain a balance in gender representation, though they do not showcase the
 1089 same breadth of cultural attire or the emphasis on sustainability seen in FairCoT. This side-by-side
 1090 analysis illustrates FairCoT’s stronger emphasis on creating images that are not only inclusive of
 1091 a wider demographic but also promote greater awareness of sustainable and accessible commuting
 1092 options.



1110 Figure 14: Qualitative comparison between the baseline model (left) and FairCoT (right) for the
 1111 prompt "a photo of a person commuting". FairCoT exhibits greater diversity in gender, race, age,
 1112 and religion attributes.
 1113

1114
 1115 These qualitative examples demonstrate that FairCoT not only improves quantitative metrics but
 1116 also enhances the fairness and diversity of generated images in practice. By effectively reducing
 1117 biases across multiple subjects and contexts, our framework contributes to more equitable and rep-
 1118 resentative text-to-image generation.
 1119

1120 6.2 IMPLEMENTATION DETAILS

1121 6.2.1 TRAIN AND INFERENCE

1122 **Healthcare and Medical Professions:**

1123 Train: Nurse

1124 Test: Doctor; Pharmacist; Dentist

1125 **Legal and Business Professions:**

1126 Train: Financial Advisor

1127 Test: Judge ; Legal Consultant; Accountant

1128 **Service and Hospitality Professions:**

1129 Train: Servant
 1130
 1131
 1132
 1133

1134 Test: Janitor;Barista ;Housekeeper

1135 **Security and Protection Professions:**

1137 Train: Bus Driver

1138 Test: Firefighter; Bodyguard

1140 **Education and Information Professions:**

1141 Train: Teacher

1143 Test: Research Assistant ;Librarian ;Instructional Coordinator

1144 **Engineering and Technical Professions:**

1145 Train: Mechanical Engineer

1147 Test: Electrical Engineer ;Architect ;Structural Engineer

1148 **Research and Analytical Professions:**

1149 Train: Researcher

1151 Test: Economist ; Financial Auditor ;Research Analyst

1152

1153 6.2.2 IMPLEMENTATION DETAILS

1154

1155 **Models Used:** We employ the OpenAI GPT-3.5 Turbo architecture for the LLM and the Stable
1156 Diffusion model for image generation. CLIP with a ViT-B/32 backbone is used for embedding
1157 computations.

1158

1159 **Computing Resources:** Experiments are conducted on servers equipped with a single NVIDIA
1160 A100 GPU to handle the computational demand of image generation and analysis.

1161 **Attributes:** In our experiments, we focused on four key demographic attributes to assess and
1162 enhance fairness in the generated images: gender, race, age, and religion. For gender, we considered
1163 two categories: female and male, aligning with common demographic distinctions used in similar
1164 studies. Regarding race, we adopted consolidated categories to capture a broad spectrum of racial
1165 identities while acknowledging the challenges in distinguishing between certain subgroups. The
1166 categories are: WMELH (including White, Middle Eastern, and Latino Hispanic individuals), Asian
1167 (encompassing East Asian and Southeast Asian individuals), Black, and Indian. For age, we cat-
1168 egorized individuals into two groups: young and old, allowing us to assess age representation and
1169 identify potential biases toward particular age groups in the generated images. In terms of religion,
1170 we focused on the top three religions globally— Islam, Christianity, and Hinduism—and included a
1171 neutral category for individuals who do not display identifiable religious attributes or attire.

1172 **Code Availability:** To ensure reproducibility, all code and scripts used in the experiments are made
1173 available in a public repository.

1174 **Parameter Settings:** For the training phase, DALL-E was used using OpenAI API, and the iterative
1175 process takes an average of 3.6 iterations. For inference, the computation time is the same as the
1176 general response, which is a single text prompt. For DALL-E, no user GPUs are needed; for SD,
1177 a single A100 GPU was used with an average time of 74.3 seconds for 20 images per profession
1178 with a guidance scale of 7.5 and number of inference steps of 150. This shows the superiority of our
1179 method compared to other pretraining-based methods, as it can be used in resource-scarce scenarios.

1180

1181

1182 Table 6: Inference Time of FairCoT on Different Models(per profession)

1183	Model	Time (seconds)
1184	SDv1-5	51
1185	SDXL-turbo	113
1186	SDv2-1	59

1187

1188 6.3 SAMPLE CHAIN OF THOUGHTS FOR NURSING

1189

1190 6.3.1 AUTOCoT FOR NURSE:

1191

1192 We apply the "think step by step before generating images while considering several race, ethnicities,
1193 religion, and ages and treating people of these categories equally now can you generate the 10 -
1194 images taking these thoughts into consideration?" prompt.

1195 The AutoCoT generated by MLLM is "When generating images, especially of people in various
1196 occupations or scenarios, it's important to consider a wide range of factors such as race, ethnic-
1197 ity, religion, age, and gender. These factors should be treated with equal importance and respect,
1198 ensuring a balanced and diverse representation.

1199 For instance, if creating images of professionals like doctors, nurses, teachers, or engineers, it's
1200 crucial to depict individuals from different racial and ethnic backgrounds, genders, and ages. This
1201 approach not only reflects the diversity of the real world but also promotes inclusivity and helps to
1202 challenge stereotypes.

1203 When generating images, I aim to:

1204

1205 Include a Variety of Races and Ethnicities: Representing people from different racial and ethnic
1206 backgrounds, like Caucasian, Black, Hispanic, Middle-Eastern, South Asian, East Asian, Native
1207 American, and others.

1208 Consider Various Ages: Including young, middle-aged, and older individuals in the images.

1209

1210 Balance Gender Representation: Ensuring that both men and women are represented across different
1211 roles and scenarios.

1212 Acknowledge Different Religions and Cultures: Where relevant, showing cultural or religious di-
1213 versity through attire or other cultural symbols.

1214 Portray Diverse Physical Abilities: Including individuals with different physical abilities in various
1215 roles and activities.

1216

1217 By taking these steps, the aim is to create a set of images that not only serves the purpose of the
1218 request but also reflects a rich tapestry of human diversity."

1219

1220 6.3.2 CoT REFINEMENT AT ITERATION 1:

1221

1222 Prompting the MLLM to "can you think again?consider generating images of different religions,
1223 races, ages, and genders", we refine the CoT and regenerate the images. This step is repeated
1224 iteratively to improve fairness. After first iteration , the chain of thought is updated to "Religious
1225 Diversity: Include symbols or attire that respectfully represent different religions. For example, a
1226 nurse wearing a hijab to represent Islam, another wearing a turban for Sikhism, or a Star of David
1227 necklace for Judaism.

1228 Racial and Ethnic Diversity: Ensure representation from various racial and ethnic backgrounds,
1229 such as Caucasian, Black, Hispanic, Middle-Eastern, South Asian, East Asian, Native American,
1230 and others.

1231 Age Diversity: Depict nurses of different ages, including young adults, middle-aged individuals,
1232 and seniors, to reflect the reality of the workforce.

1233 Gender Diversity: Balance the representation of male and female nurses, breaking stereotypes about
1234 gender roles in nursing.

1235

1236 By incorporating these elements, the images will not only be diverse but also culturally sensitive
1237 and inclusive. This approach helps to reflect the real-world diversity of the nursing profession and
1238 society as a whole. Let's generate these images now."

1239

1240 6.3.3 FAIRCOT FOR NURSE:

1241

The converged chain of thought for nurse after 4 iterations is:

1242 Religious Diversity: Each image was intended to showcase nurses from different religious back-
1243 grounds, symbolized through specific attire or symbols. This included:

1244 A nurse wearing a hijab, represents Islam. A nurse with a Sikh turban, represents Sikhism. A
1245 Christian cross necklace, representing Christianity. A Star of David necklace, representing Judaism.
1246 A Hindu bindi, representing Hinduism.

1247
1248 Racial and Ethnic Inclusivity: I aimed to depict nurses from a variety of racial and ethnic groups.
1249 This diversity is crucial to reflect the global nature of healthcare and to resonate with a wide audi-
1250 ence. The groups represented included:

1251 Caucasian Black Hispanic Middle Eastern South Asian East Asian Native American African

1252 Age Diversity: Recognizing that nurses come from all walks of life and age groups, I included:

1253
1254 Young adults, represent those who are perhaps newer to the profession. Middle-aged individuals,
1255 portraying experienced nurses. Elderly nurses, show the wisdom and longevity in their career.

1256 Gender Representation: To challenge and move beyond traditional gender roles in nursing, the im-
1257 ages included:

1258 Male nurses, to counter the stereotype of nursing as a predominantly female profession. Female
1259 nurses, acknowledge their significant presence in the field. A balance of genders across different
1260 racial and religious backgrounds. Setting and Role Variability: Nurses work in various environments
1261 and roles, so the images reflected:

1262 Hospital settings Clinics Emergency rooms Research laboratories Care homes School infirmaries
1263 Community health centers Surgical rooms Mental health facilities Cultural Sensitivity: Care was
1264 taken to ensure that the representation of religious and cultural symbols was respectful and accurate.

1265
1266 This approach aimed to create a diverse and inclusive portrayal of nurses, highlighting the multi-
1267 faceted nature of the profession and the wide range of people who contribute to it. The goal was
1268 to produce images that not only fulfill the request for diversity but also respect and celebrate the
1269 differences that enrich the nursing field.

1270

1271 6.3.4 FAIRCOT FOR DOCTOR AT INFERENCE USING GPT 3.5:

1272

1273 To generate the Doctor CoT, we prompt the MLLM to create a chain of thought inspired by the Nurse
1274 CoT. The prompt provided is: "consider this chain of thought for nurses "xxx" Can you inspired by
1275 this generate a similar chain of thought for doctors". Religious Diversity:

1276 To capture the diversity of religious beliefs among doctors, images could include:

1277
1278 • A doctor wearing a hijab, representing Muslim physicians.

1279 • A doctor with a Sikh turban, reflecting Sikh physicians.

1280 • A Christian cross pin on a lab coat, representing Christian physicians.

1281 • A Star of David on a necklace, symbolizing Jewish physicians.

1282 • A Hindu tilak or bindi, representing Hindu physicians. Racial and Ethnic Inclusivity:

1283
1284 It's essential to represent doctors from a wide array of racial and ethnic backgrounds, showing the
1285 global nature of the medical profession. This could include:

1286
1287 • Caucasian doctors.

1288 • Black doctors.

1289 • Hispanic doctors.

1290 • Middle Eastern doctors.

1291 • South Asian doctors.

1292 • East Asian doctors.

1293 • Native American doctors.

- 1296 • African doctors. Age Diversity:
1297 Doctors come in all ages, and their images should reflect this:
1298 • Young doctors, perhaps in residency, showing those early in their careers.
1300 • Middle-aged doctors, representing those in the peak of their careers with substantial experience.
1301
1302 • Elderly doctors, showcasing those who continue to contribute their wisdom and expertise despite
1303 being past traditional retirement age. Gender Representation:
1304 Challenging traditional gender roles in medicine is crucial:
1305 • Male doctors, highlighting men in roles traditionally seen in all specialties.
1306 • Female doctors, emphasizing women’s significant and growing presence in all fields of medicine.
1307 • Non-binary or gender-nonconforming doctors, recognizing the importance of gender diversity.
1308 Setting and Role Variability:
1309 Doctors work in various environments and roles, which should be depicted: • Hospital settings.
1310 • Private clinics.
1311 • Emergency rooms.
1312 • Research laboratories.
1313 • Rural medical facilities.
1314 • Urban community health centers.
1315 • Specialty practices like dermatology, pediatrics, or oncology.
1316 • Academic settings, teaching the next generation of doctors. Cultural Sensitivity:
1317 Efforts must be made to ensure the accurate and respectful representation of cultural and religious
1318 symbols in the imagery. This involves:
1319 • Consulting with cultural experts or members of the communities being represented to ensure ac-
1320 curacy and respectfulness.
1321 • Using attire and symbols appropriately and contextually correctly in medical settings.
1322
1323
1324
1325
1326
1327
1328
1329
1330 6.3.5 FAIRCOT FOR KID WITH A DOG USING LLAMA V2 11B INSTRUCT:
1331 • A young white male child playing with a Labrador Retriever in a park.
1332 • A middle-aged Hispanic female child petting a Chihuahua on the couch.
1333 • An Asian child riding a bicycle with a Poodle on a leash.
1334 • A young Black male child cuddling a Bulldog on the floor.
1335 • A middle-aged Caucasian female child reading a book with a German Shepherd on her lap.
1336 • A young Hispanic child holding a sign that says ”I love my Service Dog” with a Golden Retriever
1337 next to them.
1338 • An East Asian child playing with a Pitbull in a fenced backyard.
1339 • A young Black child on a skateboard with a Doberman Pinscher running alongside.
1340 • A middle-aged South Asian male child eating a sandwich with a Pug on his lap.
1341 • A young Caucasian child feeding a Rottweiler in a dog park.
1342 • A middle-aged Native American female child sitting on a couch with a Chihuahua on her shoulder.
1343 • A young African child playing soccer with a Labrador Retriever in a park.
1344 • A Middle Eastern child playing with a cat and a rabbit in a living room.
1345
1346
1347
1348
1349

- 1350 • A young Hispanic child sleeping with a Bulldog next to them in a toddler bed.
- 1351
- 1352 • A middle-aged East Asian male child playing a video game with a Shih Tzu on the couch.
- 1353 • A young Caucasian child holding a sign that says "I love my Dog" with a Golden Retriever next to
- 1354 them.
- 1355 • An Asian child riding a scooter with a Poodle on the back.
- 1356
- 1357 • A young Black male child giving a dog a bath in a backyard.
- 1358 • A middle-aged South Asian female child playing with a cat and a mouse in a living room.
- 1359
- 1360 • A young Caucasian child dressed as a pirate with a Pug on a leash.
- 1361

1362 6.3.6 PROMPTS FOR DOCTOR:

1364 To produce 20 prompts inspired by the Doctor chain of thought, we ask the MLLM: "can you use
1365 it to generate 20 prompts that will be used to generate 20 images in stable diffusion(1 image per
1366 prompt) following these guidelines".

1367 Muslim Doctor in a Hospital: An image of a Middle Eastern female doctor wearing a hijab and a
1368 white lab coat, consulting a digital tablet in a busy hospital corridor.

1370 Sikh Doctor in Consultation: A South Asian male doctor wearing a turban, in a clinic office, dis-
1371 cussing treatment plans over medical documents with a patient.

1372 Christian Doctor at Work: A Black female doctor wearing a white lab coat with a visible Christian
1373 cross necklace, examining a patient's x-ray in a hospital's radiology department.

1374 Jewish Doctor in Surgery: A Caucasian male doctor with a Star of David necklace, performing
1375 surgery in a well-equipped operating room, focused and calm.

1377 Hindu Doctor During Rounds: An Indian female doctor with a bindi on her forehead, making rounds
1378 in a hospital ward, checking on patients and updating charts.

1379 Young Caucasian Doctor: A young, male Caucasian doctor in a lab coat, interacting with children
1380 in a pediatric ward, using a stethoscope to listen to a child's heartbeat.

1381 Elderly Black Doctor: An elderly Black male doctor with grey hair, giving a lecture in a university
1382 classroom, with medical students listening intently.

1384 Hispanic Doctor in Emergency Room: A Hispanic female doctor in an emergency room, urgently
1385 treating a patient with medical staff around, displaying teamwork and critical care.

1386 Middle Eastern Doctor in Research: A Middle Eastern male doctor in a lab, examining samples
1387 under a microscope, surrounded by advanced scientific equipment.

1388 South Asian Doctor in Community Clinic: A South Asian female doctor consulting with elderly
1389 patients in a community health center, providing advice and prescriptions.

1391 East Asian Doctor in Mental Health Facility: An East Asian male doctor in a mental health facility,
1392 having a therapy session in a calm and soothing environment.

1393 Native American Doctor in Rural Setting: A Native American female doctor providing medical care
1394 in a rural clinic, interacting with local residents and offering healthcare.

1395 African Doctor in Maternal Health: An African female doctor in a maternity ward, assisting in a
1396 delivery, with nurses around, showcasing care and expertise.

1397 Male Doctor in Dermatology Clinic: A male doctor of any ethnicity in a dermatology clinic, con-
1398 sulting with a patient about skincare, in a modern medical office.

1400 Female Doctor in Oncology: A Middle-aged Caucasian female doctor in an oncology department,
1401 discussing treatment options with a cancer patient and their family.

1402 Male Nurse Transitioning to Doctor in Family Practice: A male nurse of Hispanic descent, now a
1403 family practice doctor, providing a check-up for a small child in a clinic.

1404 Gender-Nonconforming Doctor in Surgery: A gender-nonconforming doctor performing orthopedic
1405 surgery in a hospital operating room, depicted with focus and precision.

1406 Female Muslim Doctor in Pediatric Oncology: A young Muslim female doctor wearing a hijab,
1407 comforting a young cancer patient in a pediatric oncology ward.

1408 Sikh Doctor in Geriatrics: An elderly Sikh male doctor discussing health issues with elderly patients
1409 in a geriatric care facility, wearing a lab coat and a turban.

1410 Christian Doctor in Public Health: A Christian female doctor with a cross necklace giving a public
1411 health presentation at a community center, using charts and models to educate attendees.

1412
1413

1414 1415 7 AGREEMENT AND MISCLASSIFICATION ANALYSIS 1416

1417

1418 We evaluated the performance of two models, denoted as "Ours" and "Vanilla," by comparing their
1419 predicted labels to the ground truth, referred to as the "hand" labels. The agreement between the
1420 models' predictions and the "hand" labels was quantified, and a misclassification analysis was per-
1421 formed to further investigate how each class was predicted.

1422

1423 7.1 RELIGIOUS ATTIRE 1424

1425 **Christianity**

1426 a person wearing a cross necklace

1427 a person in a nun's habit

1428 a person in a priest's cassock

1429 a person wearing a Christian religious robe

1430 a person attending a Christian church service

1431 **Islam**

1432 a person wearing a hijab

1433 a person wearing a thobe or dishdasha

1434 a person wearing an abaya

1435 a person wearing a kufi

1436 a person attending a mosque for prayers

1437 **Hinduism**

1438 a person wearing a sari with a bindi

1439 a person wearing a dhoti or kurta

1440 a person with a tilak on their forehead

1441 a person in traditional Hindu wedding attire,

1442 a person performing a Hindu ritual with a sacred thread

1443 **Neutral**

1444 a person with no visible religious attire

1445 a person in casual, everyday clothing

1446 a person in modern Western clothing

1447 a person with no religious symbols visible

1448 a person in neutral, plain attire

7.2 AGREEMENT ANALYSIS

Evaluation:

We evaluated our method over 485 images with a single human labeler as the task is easy so high agreement is expected. The agreement percentages for both models are presented in Table 7, showing the alignment of "Ours" and "Vanilla" with the ground truth across different label classes.

Class	Ours Agreement (%)	Vanilla Agreement (%)
Hindu	75.00	41.12
Muslim	95.00	100.00
Neutral	75.00	25.43
Christian	75.00	41.12

Table 7: Agreement of models with "hand" labels.

Misclassification Analysis:

The misclassification rates, i.e., the percentage of times each class was misclassified, were computed and are presented in Table 8. Notably, "Ours" performs consistently across all classes, whereas "Vanilla" struggles particularly with the "Neutral" class.

Class	Ours Misclassification (%)	Vanilla Misclassification (%)
Hindu	25.00	58.88
Muslim	5.00	0.00
Neutral	20.96	74.57
Christian	25.00	58.88

Table 8: Misclassification rates by class.

Confusion Matrix Details:

To further analyze the misclassifications, we present the confusion matrices for "Ours" and "Vanilla". These matrices illustrate the specific classes that each true class was misclassified as, providing insights into the model's weaknesses and guiding further improvements.

True Class	Christian	Hindu	Muslim	Neutral
Christian	26	0	0	16
Hindu	1	50	1	39
Muslim	1	0	57	2
Neutral	36	9	16	230

Table 9: Confusion Matrix for "Ours" model.

True Class	Christian	Hindu	Muslim	Neutral
Christian	32	3	1	6
Hindu	4	65	21	1
Muslim	0	0	60	0
Neutral	110	45	62	74

Table 10: Confusion Matrix for "Vanilla" model.

From these matrices, it is evident that both models show varying degrees of misclassification. The "Ours" model frequently confuses "Neutral" with "Christian," while the "Vanilla" model shows significant confusion between "Neutral" and all other classes, particularly "Christian" and "Hindu." These findings highlight areas where model improvements can be targeted, especially in differentiating between similar classes.