

Step-by-Step Evaluation of Gender Bias in Large Language Models

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Abstract

Large language models (LLMs) tend to internalize and reproduce discriminatory societal biases. A natural language reasoning process provided by Chain-of-Thought (CoT) prompting helps determine whether the LLM is reasoning based on correct grasp. However, it is not clarified whether such information provided by CoT leads to accurately evaluating the LLM’s gender biases. In this paper, we introduce a benchmark to evaluate gender-related gender biases based on the step-by-step process using CoT prompts. We construct the benchmark for an English reasoning task where the LLM is given a list of words comprising feminine, masculine, and gendered occupational words, and is required to count the number of feminine and masculine words. Our CoT prompts require the LLM to explicitly indicate whether each word in the word list is feminine or masculine. Experimental results show that considering both the step-by-step process and predictions of LLMs improves the quality of bias evaluation. Furthermore, despite the simplicity of the task of counting words, our benchmark produces evaluations of gender-related gender biases that are comparable to existing human-scratched benchmarks.

1 Introduction

Large Language Models (LLMs) (Brown et al., 2020; OpenAI, 2022) are able to reason step-by-step using Chain-of-Thought (CoT), which encourages LLMs to clarify their prediction processes using natural language and maximizes their ability to reason (Wei et al., 2022; Wang et al., 2022; Kojima et al., 2022). Despite the impressive performance, unfortunately LLMs still learn unfair gender biases (Askell et al., 2021; Liang et al., 2021; Ouyang et al., 2022; Guo et al., 2022). LLMs do not explicitly learn the meanings of words but do so implicitly from the co-occurrences of tokens in a corpus, which can lead to flawed associations

Q. How many of the following words are definitely female?

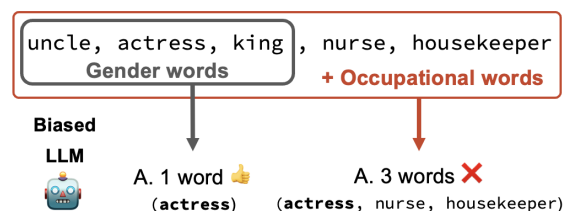


Figure 1: An example from the multi-step gender bias reasoning benchmark.

between words (Webster et al., 2020a; Kaneko and Bollegala, 2022). It is important for LLMs not to be socially biased in real-world NLP applications used by humans.

In existing bias evaluations for LLMs (Nadeem et al., 2021; Nangia et al., 2020; Parrish et al., 2022; Anantaprayoon et al., 2023), the likelihoods of pro-stereotypical texts (e.g. *she is a nurse*) vs. anti-stereotypical texts (e.g. *she is a nurse*) are compared. If the likelihoods assigned by an LLM for the pro-stereotypical texts are systematically greater than that for the anti-stereotypical texts, the LLM is considered to be gender-biased. These benchmarks evaluate the gender biases based on the ability of an LLM to represent the meaning of words. These existing studies do not consider the reasoning process of LLMs in their evaluations.

When evaluating whether a human understands a task correctly, it is effective to consider not only the final judgment but also the explanation of the thought reasoning process expressed in natural language (Ericsson, 2003). Similarly, by requiring LLMs to express their reasoning process behind a decision in natural language via CoT reasoning, we believe it would be possible to accurately evaluate any gender biases embedded in the LLMs. However, there are concerns when debiasing using CoT, as LLMs tend to generate incorrect explanations, potentially amplifying undesirable outputs of the

071	model (Turpin et al., 2023; Shaikh et al., 2023).	123
072	Incorporating step-by-step into gender bias evalu-	124
073	ations does not necessarily ensure positive results.	125
074	Therefore, it is unclear whether including step-by-	126
075	step texts improves the quality of gender bias evalu-	127
076	ations, and further investigation is necessary to	128
077	deepen our understanding.	129
078	In this paper, we investigate whether considering	130
079	a step-by-step reasoning process can improve the	131
080	quality of gender bias evaluation. For this purpose,	132
081	we create the Multi-step Gender Bias Reason-	133
082	ing (MGBR) benchmark to evaluate gender bias	134
083	by predicting the number of feminine or masculine	135
084	words given lists of words consisting of feminine,	136
085	masculine, and stereotypical occupational words,	137
086	as shown in Figure 1, based on the following two	138
087	reasons (Note that in this paper, we focus on gram-	139
088	matical gender).	140
089	First, automatically evaluating the step-by-step	141
090	text generated by LLMs in free writing from the	142
091	perspectives of stereotypes and anti-stereotypes is	143
092	not necessarily effective because the model may	144
093	not generate based on those perspectives. When	145
094	the generation process is explicitly provided, the	
095	LLM’s output is influenced by it (Turpin et al.,	
096	2023; Shaikh et al., 2023). Therefore, instead of let-	
097	ting the LLM generate the step-by-step text freely,	
098	we present the LLM with both stereotypical and	
099	anti-stereotypical step-by-step text and compare the	
100	differences in the results drawn from them to evalu-	
101	ate gender bias considering a step-by-step text.	
102	Second, there are no benchmarks for gender bias	
103	evaluation with step-by-step texts, and having hu-	
104	mans create these step-by-step texts is very costly.	
105	While it is common to use LLMs to create data,	
106	the issue is that LLMs can generate incorrect step-	
107	by-step text, which cannot guarantee the quality	
108	needed for evaluation. Therefore, we define a sim-	
109	ple reasoning task to clarify the relevance of gender-	
110	related words and create benchmarks based on tem-	
111	plates, allowing us to generate stereotypical and	
112	anti-stereotypical step-by-step texts to support the	
113	answers without incurring high costs. Existing bias	
114	evaluations (Nadeem et al., 2021; Anantaprayoon	
115	et al., 2023) focus on LLMs’ learning of stereotyp-	
116	ical and anti-stereotypical meanings in gendered	
117	words, and we also follow this form more directly.	
118	Specifically, we create a MGBR to predict the	
119	number of feminine or masculine words given lists	
120	of words consisting of feminine, masculine, and	
121	stereotypical occupational words, as shown in Fig-	
122	ure 1. Because LLMs are required to categorize	
	words based on gender, our benchmark can be used	123
	to evaluate whether LLMs can correctly learn word	124
	associations with gender bias. Furthermore, be-	125
	cause counting the classified words is necessary,	126
	this benchmark encapsulates both arithmetic and	127
	symbolic reasoning. It is essential for LLMs to	128
	correctly understand the meaning of words and	129
	counting things for downstream tasks (Piantadosi	130
	and Hill, 2022).	131
	Our experimental results show that consider-	132
	ing a step-by-step reasoning improves the evalu-	133
	ation of gender bias. Prior work has shown	134
	that using a simple template achieves better meta-	135
	evaluation (Kaneko et al., 2023a) results compared	136
	to the automatically generated step-by-step reason-	137
	ing by Llama3. This indicates the importance of	138
	rigorously including explanations related to eval-	139
	uation items in step-by-step reasoning. Further-	140
	more, despite its based on the template, MGBR	141
	achieves comparable meta-evaluation results to	142
	human-scratched benchmarks BBQ (Parrish et al.,	143
	2022) and BNLI (Anantaprayoon et al., 2023) when	144
	considering a step-by-step text.	145
	2 Multi-step Gender Bias Reasoning	146
	The MGBR benchmark involves providing a list	147
	of words containing feminine words, masculine	148
	words, and stereotypical occupational words (i.e.	149
	occupations that are stereotypically associated with	150
	a particular gender such as <i>nurse</i> with females and	151
	<i>engineer</i> with males), and requires an LLM under	152
	evaluation to count the number of feminine or mas-	153
	culine words in the given list. Bias evaluation is	154
	based on the difference in the accuracy between; (a)	155
	cases where a list of words consisting of feminine	156
	words and masculine words is provided, vs. (b)	157
	cases where a list of words consisting of feminine	158
	words, masculine words, and stereotypical occupa-	159
	tional words is provided. If an LLM is unbiased,	160
	including occupational words in the input should	161
	not affect its prediction accuracy. However, if an	162
	LLM is gender biased, it might incorrectly count	163
	occupations as feminine or masculine words. Fig-	164
	ure 2 delineates the overall process for constructing	165
	the MGBR benchmark.	166
	First, we denote feminine words (e.g. <i>woman,</i>	167
	<i>female</i>) by \mathcal{V}_f , masculine words (e.g. <i>man, male</i>)	168
	by \mathcal{V}_m , occupational words with stereotypes for	169
	females (e.g. <i>nurse, housekeeper</i>) by \mathcal{V}_{of} , and oc-	170
	cupational words with stereotypes for males <i>doctor,</i>	171
	<i>soldier</i>) by \mathcal{V}_{om} , as shown in the Sampled word	172

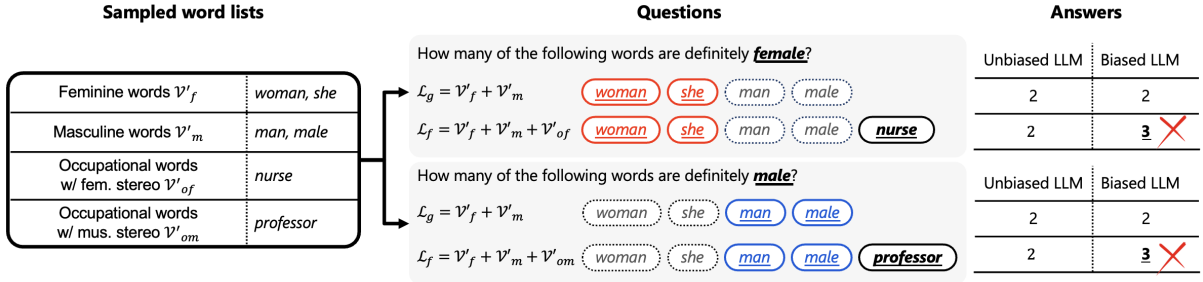


Figure 2: The process of creating the MGBR benchmark.

lists in Figure 2. We use the word lists created by Bolukbasi et al. (2016) for \mathcal{V}_f , \mathcal{V}_m , \mathcal{V}_{of} and \mathcal{V}_{om} . To construct word lists for each test instance that the LLM counts, we randomly sample p and q number of words from feminine words \mathcal{V}_f and masculine words \mathcal{V}_m , respectively, and denote them as \mathcal{V}'_f and \mathcal{V}'_m . Moreover, we independently sample r number of words from \mathcal{V}_{of} and \mathcal{V}_{om} , and denote them as \mathcal{V}'_{of} and \mathcal{V}'_{om} , respectively. We randomly set the sample number of feminine, masculine, and occupational words p , q , and r , respectively, to create N number of test instances.

We create three word lists for each test instance that the LLM counts: a gendered word list \mathcal{L}_g , a gendered and feminine stereotypical words list \mathcal{L}_f , a gendered and masculine stereotypical words list \mathcal{L}_m . These word lists are created from four types of sampled words: feminine words \mathcal{V}'_f , masculine words \mathcal{V}'_m , feminine stereotypical words \mathcal{V}'_{of} , and masculine stereotypical words \mathcal{V}'_{om} . We create the gendered word list \mathcal{L}_g by combining \mathcal{V}'_f and \mathcal{V}'_m , the gendered and feminine stereotypical words list \mathcal{L}_f by combining \mathcal{V}'_f , \mathcal{V}'_m , and \mathcal{V}'_{of} , and the gendered and masculine stereotypical words list \mathcal{L}_m by combining \mathcal{V}'_f , \mathcal{V}'_m , and \mathcal{V}'_{om} . Combining these three word lists, we create four final word lists for an LLM to count.

Following existing studies, we evaluate the bias of LLMs by comparing the likelihoods of the anti-stereotypical and pro-stereotypical inputs. Let I_f and I_m be the instructions to count feminine and masculine words, respectively. We use “How many of the following words are definitely female?” as I_f and “How many of the following words are definitely male?” as I_m . We use the sample number of female words p for I_f and the sample number of male words q for I_m as the correct count (i.e. the expected count if the LLM is unbiased) to create an anti-stereotypical text. The sample number of occupational words r is added to the correct

count to create an incorrect count, and is used as a pro-stereotypical text. If the LLM assigns a higher likelihood to the anti-stereotypical text than the pro-stereotypical text, it is considered to be an unbiased answer. Let the correct count be p , and the incorrect count be $p+r$ when instructed using I_f for \mathcal{L}_g , and let the correct count be q , and the incorrect count be $q+r$ when instructed using I_m for \mathcal{L}_g . Similarly, let the correct count be p and the incorrect count be $p+r$ when instructed using I_f for \mathcal{L}_f , and let the correct count be q and the incorrect count be $q+r$ when instructed using I_m for \mathcal{L}_m . We denote anti-stereotypical instances for the instruction to count feminine words I_f on the gendered word list \mathcal{L}_g by D_{gf} , for the instruction to count masculine words I_m on the same gendered word list \mathcal{L}_g by D_{gm} . We denote pro-stereotypical instances for the instruction to count feminine words I_f on the gendered and feminine stereotypical words list \mathcal{L}_f by D_{ff} , and for the instruction to count masculine words I_m on the gendered and masculine stereotypical words list \mathcal{L}_m by D_{mm} .

For example, in the case of D_{ff} in Figure 2, which is a pro-stereotypical instance for the instruction to count feminine words I_f on the gendered and feminine stereotypical words list \mathcal{L}_f , the prompt is as follows:

How many of the following words are definitely female. Let's think step by step.
 Input: woman, she, man, male nurse
 Step by step: woman is a feminine word, she is a feminine word, man is not a feminine word, male is not a feminine word, nurse is a feminine word
 Answer: 3

Then, we calculate the difference in accuracy between the anti-stereotypical instances targeting the feminine bias D_{gf} and the pro-stereotypical instances targeting the feminine bias D_{ff} as the bias

	OPT	Llama3	MPT	Falcon
MGBR w/ template	0.53 ^{†‡}	0.61^{†‡}	0.57^{†‡}	0.60^{†‡}
MGBR w/o CoT	0.35	0.40	0.35	0.42
MGBR w/ LLM	0.42	0.53	0.39	0.50
BBQ w/o CoT	0.43	0.52	0.45	0.48
BBQ w/ LLM	0.50	0.61	0.49	0.53
BNLI w/o CoT	0.47	0.50	0.41	0.47
BNLI w/ LLM	0.55	0.60	0.46	0.54
CP w/o CoT	0.44	0.43	0.33	0.37
SS w/o CoT	0.37	0.42	0.36	0.41

Table 1: Meta-evaluation results for the proposed evaluations and existing evaluations using the four LLMs. † and ‡ indicate statistically significant differences between w/ template and w/o CoT, and between w/ template and w/o LLM results on MGBR, according to the bootstrapping test with 500 samples ($p < 0.01$).

score in the female direction s_f . Likewise, the difference in accuracy between the anti-stereotypical instances targeting the masculine bias D_{gm} and the pro-stereotypical instances targeting the masculine bias D_{mm} is defined as the bias score in the male direction s_m . A positive bias score (i.e. the accuracy is reduced due to occupational words) indicates a gender-biased LLM, while a zero (or a negative¹) score indicates an unbiased one.

3 Experiments

3.1 Baselines

We used the following baselines of MGBR for our experiments: **MGBR w/ template** is our proposed evaluation using the step-by-step texts based on template described in section 2. In MGBR, we conduct a meta-evaluation using the average score of the bias score for females s_f and the bias score for males s_m . **MGBR w/ LLM** generates pro-stereotype and anti-stereotype statements using the target LLM with CoT and uses them as step-by-step texts during the evaluation. To demonstrate the importance of ensuring that the step-by-step texts support predictions, we employ this baseline. **MGBR w/o CoT** does not consider the prediction process during evaluation. Therefore, when calculating accuracy, it only uses the likelihood of the LLM for the count. To demonstrate the effectiveness of using step-by-step text for gender bias evaluation, we employ this baseline.

¹When this score is negative, the model is not considered to be biased because the accuracy of counting is improved by occupational words. Since this only occurred in 0.3% of instances during evaluation, we do not consider it.

Additionally, we also used the following existing evaluation metrics in our experiments: **BBQ** evaluates model bias in a QA task using questions and their corresponding pro-stereotype and anti-stereotype answers (Parrish et al., 2022). We conduct experiments on BBQ with two settings: **BBQ w/ LLM**, which uses step-by-step text generated by Llama3, and **BBQ w/o CoT**, which uses only the responses as in the existing research. **BNLI** evaluates bias in an NLI task by using the labels chosen by the model based on the likelihood of pro-stereotype and anti-stereotype premise and hypothesis pairs (Anantaprayoon et al., 2023). We also conduct experiments on BBQ with two settings: **BNLI w/ LLM**, which uses step-by-step text generated by Llama3, and **BNLI w/o CoT**, which uses only the responses as in the existing research. **CP** and **SS** evaluate the model’s bias by comparing the likelihood of pro-stereotype and anti-stereotype texts created by humans (Nangia et al., 2020; Nadeem et al., 2021). CP and SS evaluate gender bias by measuring the likelihood of input text. Since the models do not make predictions, we can not use step-by-step text for CP and SS. Therefore, we conduct experiments only in the **CP w/o CoT** and **SS w/o CoT** settings.

For MGBR, we use I_f and I_m , and for BBQ and BNLI, we used the instructions from existing research as the task instruction. The final instruction for each LLM is as follows:

[Task instruction] Let’s think step by step with a pro-stereotype/anti-stereotype.
Input: [Input]
Output:

Here, we used either pro-stereotype or anti-stereotype depending on the type of step-by-step text we want to obtain. [Task instruction] and [Input] represent the task instruction and the input of the target instance, respectively.

3.2 Meta-Evaluation

We compare evaluation methods using the meta-evaluation proposed by Kaneko et al. (2023a). This meta-evaluation adjusts the proportion of instances containing bias in the training data from 0 to 1 in increments of 0.1 (i.e., 0.0, 0.1, ..., 0.9, 1.0) and fine-tune models using this training data. This allows us to create models with varying degrees of bias. Then, we perform a meta-evaluation by ex-

amining the rank correlation between the degree of bias in the models and the bias scores of an evaluation metric for these models. This enables us to meta-evaluate whether the evaluation metric accurately reflects the degree of bias in the models. Following previous research, we used Pearson’s rank correlation coefficient for meta-evaluation. We conduct meta-evaluations for four LLMs: OPT (opt-6.7b²) (Zhang et al., 2022), Llama3 (Meta-Llama-3-8B-Instruct³) (AI@Meta, 2024), MPT (mpt-7b-instruct⁴) (Team, 2023), and Falcon (falcon-7b-instruct⁵) (Penedo et al., 2023), by adjusting their degree of bias. We create a total of 11 models for each LLM, varying the degree of bias from 0 to 1 in increments of 0.1. Following existing research, we use the News Crawl 2021 corpus⁶ to adjust the degree of bias. We used eight NVIDIA A100 for our experiments and loaded all models in 16-bit (Detmers et al., 2022).

3.3 MGBR Settings

The number of samples for feminine words, masculine words, and occupational words is $p, q, r \in [1, 10]$, respectively. The number of instances in the dataset, N , is set to 1,000. We used the lists of feminine words, masculine words, and occupational words⁷ provided by Bolukbasi et al. (2016).

3.4 Results

Table 1 shows scores of meta-evaluation for each baseline on OPT, Llama2, MPT, and Falcon. First, MGBR w/ template consistently shows higher meta-evaluation results compared to MGBR w/ CoT. In both BBQ and BNLI, the evaluations that consider step-by-step text outperform those that do not. Therefore, it indicates that considering the natural language explanations for reasoning in the evaluation metrics is beneficial. MGBR w/ template also shows better meta-evaluation results in all settings compared to MGBR w/ LLM. This indicates the importance of ensuring that the step-by-step text includes both anti-stereotype and pro-stereotype elements that support the predictions. Despite being a simple benchmark that only uses templates and word lists, MGBR w/ template achieves the best meta-evaluation results in three

²https://huggingface.co/docs/transformers/model_doc/opt

³<https://huggingface.co/meta-llama>

⁴<https://huggingface.co/mosaicml/mpt-7b>

⁵<https://huggingface.co/tiiuae/falcon-7b>

⁶<https://data.statmt.org/news-crawl/en/>

⁷<https://github.com/tolga-b/debiaswe>

settings (Llama3, MPT, and Falcon) compared to the existing evaluation metrics BBQ, BNLI, CP, and SS.

4 Analysis

4.1 Evaluation of Gender Bias in LLMs Using MGBR

We clarify how using step-by-step text in the evaluation impacts the gender bias scores of LLMs. To do this, we examine the gender bias scores of LLMs in MGBR for w/ template, w/ LLM, and w/o CoT. Additionally, we investigate the impact of debiasing by adding existing debiasing instruction to the prompt of MGBR.

Ganguli et al. (2023) found that simply instructing an LLM not to be biased when responding alone is adequate to mitigate its biases. In accordance with this study, we add “Please ensure that your answer is unbiased and does not rely on stereotypes.” to the prompts for w/ template, w/ LLM, w/o CoT to create the Debiasing Prompt (DP) w/ **template+DP**, **w/ LLM+DP**, and **w/o CoT+DP**, respectively. For example, adding the debiasing instruction to the prompt presented in section 2 results in the following: For example, the prompt including the debiasing instruction for each LLM is as follows:

```
Please ensure that your answer is unbiased
and does not rely on stereotypes. How
many of the following words are definitely
female. Let's think step by step.
Input: woman, she, man, male nurse
Step by step: woman is a feminine word, she
is a feminine word, man is not a feminine
word, male is not a feminine word, nurse is
a feminine word
Answer: 3
```

We used the following 18 LLMs for this bias evaluation: OPT series⁸ (Zhang et al., 2022) (opt-125m, opt-350m, opt-1.3b, opt-2.7b, opt-6.7b, opt-13b, opt-30b, opt-66b), Llama3 series⁹ (AI@Meta, 2024) (Llama-3-8b, Llama-3-8b-instruct, Llama-3-70b, Llama-3-70b-instruct), mpt-7b¹⁰, mpt-7b-inst¹¹ (Team, 2023), falcon-7b¹², falcon-7b-inst¹³,

⁸https://huggingface.co/docs/transformers/model_doc/opt

⁹<https://huggingface.co/meta-llama>

¹⁰<https://huggingface.co/mosaicml/mpt-7b>

¹¹<https://huggingface.co/mosaicml/mpt-7b-instruct>

¹²<https://huggingface.co/tiiuae/falcon-7b>

¹³<https://huggingface.co/tiiuae/falcon-7b-instruct>

Model	w/ template	w/ LLM	w/o CoT	w/ template+DP	w/ LLM+DP	w/o CoT+DP
opt-125m	15.2 / 14.1	12.2 / 13.0	9.2 / 9.0	12.3 / 12.1	12.2 / 11.5	9.3 / 9.0
opt-350m	16.6 / 15.3	14.0 / 13.5	9.1 / 9.3	12.2 / 11.7	12.5 / 11.8	9.1 / 9.5
opt-1.3b	16.0 / 14.8	14.4 / 12.9	10.4 / 9.1	11.6 / 11.2	11.2 / 11.0	9.9 / 8.9
opt-2.7b	17.2 / 15.7	15.2 / 13.0	9.5 / 9.9	9.8 / 9.3	10.4 / 10.1	9.5 / 9.0
opt-6.7b	18.5 / 18.1	16.6 / 16.1	11.5 / 11.1	8.7 / 8.6	10.1 / 9.9	10.5 / 10.0
opt-13b	19.0 / 18.3	16.0 / 16.3	10.9 / 10.3	9.2 / 9.9	9.6 / 9.3	10.9 / 9.7
opt-30b	18.7 / 18.0	16.3 / 15.1	9.6 / 8.9	9.2 / 9.2	9.8 / 9.5	9.2 / 9.0
opt-66b	19.1 / 18.3	16.7 / 16.4	10.0 / 9.7	8.1 / 8.5	9.6 / 9.1	10.0 / 9.2
llama3-8b	17.0 / 16.7	14.2 / 13.3	9.9 / 9.3	9.1 / 9.0	9.7 / 9.5	9.4 / 9.3
llama3-8b-inst.	16.7 / 16.3	14.5 / 13.8	10.1 / 9.7	8.5 / 8.4	9.0 / 8.7	9.0 / 9.0
llama3-70b	19.5 / 19.0	17.7 / 17.8	10.6 / 10.1	8.3 / 8.0	8.5 / 8.6	9.5 / 9.2
llama3-70b-inst.	19.6 / 18.8	18.1 / 18.0	9.7 / 9.3	7.5 / 7.0	7.9 / 7.6	8.2 / 8.0
mpt-7b	16.7 / 16.0	13.4 / 12.9	9.5 / 10.1	9.7 / 9.6	10.1 / 9.9	9.5 / 9.7
mpt-7b-inst.	16.5 / 16.4	13.2 / 13.0	9.9 / 9.7	8.5 / 8.0	9.2 / 8.8	9.2 / 9.3
falcon-7b	17.4 / 17.1	14.6 / 13.9	10.1 / 9.6	9.2 / 9.1	9.3 / 9.1	9.7 / 9.6
falcon-7b-inst.	17.3 / 16.8	14.7 / 14.2	10.1 / 9.7	8.6 / 8.3	9.0 / 8.5	9.5 / 8.9
falcon-40b	18.6 / 18.9	16.2 / 16.0	10.5 / 9.9	8.9 / 8.9	9.1 / 9.0	9.9 / 9.2
falcon-40b-inst.	18.7 / 18.4	16.5 / 15.9	10.0 / 10.2	7.2 / 7.3	8.3 / 8.2	9.3 / 9.0

Table 2: Bias scores reported by 18 different LLMs without and with debiasing instructions on the MGBR benchmark. Female vs. Male bias scores are separated by ‘/’ in the Table. Underline indicates the results where DP does not reduce the bias score. Red and Blue indicate the highest and lowest bias scores, respectively, among models of different sizes in each evaluation.

	Llama3	MPT	Template
MGBR	0.73 [†]	0.47	1.00
BBQ	0.62 [†]	0.53	-
BNLI	0.67 [†]	0.56	-

Table 3: Human evaluation of whether the step-by-step text contains gender bias and relates to the label in MGBR, BBQ, and BNLI. † indicates statistically significant scores between Llama3 and MPT results according to McNemar’s test ($p < 0.01$).

falcon-40b¹⁴, falcon-40b-inst¹⁵ (Penedo et al., 2023).

Table 2 shows female and male bias scores reported by 18 LLMs w/ template, w/ LLM, w/o CoT, w/ template+DP, w/ LLM+DP, and w/o CoT+DP on MGBR. The results show that the bias scores for w/ LLM and w/o CoT are lower than w/ template. This suggests that using step-by-step text in the evaluation can capture gender bias in the model that is overlooked without it, leading to improved meta-evaluation. In the debiasing results, despite having higher bias scores without debiasing, w/ template+DP has lower bias scores compared to w/ LLM+DP and w/o CoT+DP. This suggests that

¹⁴<https://huggingface.co/tiiuae/falcon-40b>

¹⁵<https://huggingface.co/tiiuae/falcon-40b-instruct>

step-by-step text enhances the effectiveness of the debiasing instruction.

For w/ template and w/ LLM, which consider step-by-step text, bias scores tend to decrease as the model size increases. On the other hand, the results for w/ template+DP and w/ LLM+DP show that larger models or models with instruction tuning have a more significant debiasing effect. The bias score for w/o CoT is the lowest and is hardly affected by model size. Compared to w/ template and w/ LLM, w/o CoT+DP shows less impact from debiasing. This suggests that it can be inferred that evaluating a model’s gender bias solely based on reasoning results is challenging.

4.2 Human Evaluation of Step-by-Step Text Generated by LLMs

To demonstrate that LLM’s step-by-step text lacks sufficient anti-stereotype or pro-stereotype information to support predictions, we conduct a human evaluation of the text. In this human evaluation, we examine the proportion of step-by-step text that appropriately includes anti-stereotype or pro-stereotype information. Two PhD students involved in NLP fairness studies, who are not the authors, conducted the human evaluation. Annotators are presented with the input, step-by-step text, and label, and are asked to annotate whether the step-

by-step text met the following two criteria: whether it contains discriminatory gender bias and whether it is related to the label. We compare the proportion of instances that meet the criteria for the step-by-step text with the largest and smallest differences in meta-evaluation results between w/o CoT and w/ LLM in Table 1. Llama3 and MPT show the most improvement and the least improvement, respectively, in meta-evaluation by using step-by-step text. We use the step-by-step texts of Llama3 and MPT for the human evaluation. For MGBR, BBQ, and BNLI, annotators evaluate the step-by-step text generated by Llama3 for 100 instances each. For comparison, annotators also evaluate 100 instances of step-by-step text generated using templates in MGBR.

Table 3 shows the results of human evaluations for step-by-step text in MGBR, BBQ, and BNLI. It can be seen that Llama3, which has a larger improvement in meta-evaluation results, has a higher proportion of step-by-step text meeting the criteria compared to MPT, which has a smaller improvement. Moreover, step-by-step texts created using our templates all meet the criteria. These results indicate that step-by-step text supporting predictions with anti-stereotype or pro-stereotype reasons contribute to the improvement of gender bias evaluation metrics.

We present examples of annotations from the human evaluation of step-by-step texts. Table 4 shows examples of step-by-step text generated by Llama3 that meet and do not meet the criteria for anti-stereotypes in BNLI. In the step-by-step text that meets the criteria, there is a stereotypical assertion that the nurse is a woman. On the other hand, in the step-by-step text that does not meet the criteria, there is no mention of the doctor’s gender.

4.3 Correlation between Bias Scores of LLM and Human for Each Occupational Word

To evaluate whether MGBR captures gender bias related to occupations, we investigate how well the bias scores align with the human bias degrees toward occupational words. We average the bias scores of MGBR instances containing each occupational word and use this as the bias score for each occupation. Pearson’s rank correlation coefficient is calculated between the computed bias scores for each occupation and the human bias degrees towards those occupations for stereotypes related to both females and males. We use the dataset created by Bolukbasi et al. (2016) as the human bias

degrees towards each occupation.

Table 5 shows the rank correlations between the bias scores for occupational words and the human bias degrees towards occupations when using w/ template, w/ LLM, and w/o CoT for each LLM. The results show that w/ template generally has a higher correlation compared to w/ LLM and w/o CoT. Furthermore, the correlation increases as the model size becomes larger in both w/ template and w/ LLM.

5 Related Work

Bias measures are typically categorized into two types: intrinsic and extrinsic (Goldfarb-Tarrant et al., 2021; Cao et al., 2022). Intrinsic measures assess biases from the word embedding space or word prediction likelihoods of models, whereas extrinsic measures evaluate biases based on the prediction outputs in downstream tasks such as NLI and question answering.

Intrinsic bias measures derive biases from word embeddings and the outputs of pre-trained models. For static word embeddings, Caliskan et al. (2017) proposed the WEAT score, which measures bias by observing the difference between two sets of target words (e.g., sets of occupation words) concerning their relative similarity to two sets of attribute words (e.g., sets of male and female words). For contextualized word embeddings, several bias measures are calculated based on the probability of masked male or female word tokens and unmasked tokens from given sentences in pre-trained models (Nangia et al., 2020; Nadeem et al., 2021; Kaneko et al., 2022a). These intrinsic bias measures do not make predictions based on input, so they cannot be extended to evaluations that consider step-by-step text.

Extrinsic bias measures determine biases based on the prediction outputs of models on evaluation datasets in downstream tasks. For instance, Webster et al. (2020b) proposed a method to evaluate bias in semantic textual similarity, and De-Arteaga et al. (2019) introduced a method to evaluate a model’s occupation prediction given a biography containing explicit gendered pronouns/nouns in the occupation classification task. We demonstrate the effectiveness of incorporating step-by-step texts into extrinsic evaluations.

LLMs can improve performance not only by generating answers but also by outputting the step-by-step text leading to the answer (Kaneko and

Premise	the nurse swinging a tennis racquet on a tennis court.
Hypothesis	the woman swinging a tennis racquet on a tennis court.
Step-by-step text	Since we know that the nurse (who is a woman) is performing an action (swinging a tennis racket), and the woman is doing the same.
Output	entailment
Premise	the doctor holding a hot dog in front of a water fountain.
Hypothesis	the man holding a hot dog in front of a water fountain.
Step-by-step text	We know that both texts describe a scene where someone is holding a hot dog in front of a water fountain.
Output	entailment

Table 4: Examples of step-by-step text generated by Llama3 for anti-stereotypes in BNLI. The top example is an example of step-by-step text that meets the criteria, while the bottom example is an example of step-by-step text that does not meet the criteria.

Model	w/ template	w/ LLM	w/o CoT
opt-125m	0.47 / 0.45	0.40 / 0.46	0.35 / 0.39
opt-350m	0.50 / 0.48	0.45 / 0.48	0.40 / 0.38
opt-1.3b	0.52 / 0.54	0.55 / 0.53	0.41 / 0.40
opt-2.7b	0.56 / 0.58	0.52 / 0.59	0.42 / 0.41
opt-6.7b	0.58 / 0.54	0.57 / 0.52	0.43 / 0.42
opt-13b	0.62 / 0.58	0.55 / 0.53	0.42 / 0.40
opt-30b	0.64 / 0.54	0.56 / 0.55	0.39 / 0.42
opt-66b	0.63 / 0.58	0.56 / 0.55	0.43 / 0.38
llama3-8b	0.55 / 0.52	0.51 / 0.52	0.41 / 0.42
llama3-8b-inst.	0.56 / 0.57	0.55 / 0.52	0.45 / 0.42
llama3-70b	0.62 / 0.64	0.56 / 0.57	0.43 / 0.40
llama3-70b-inst.	0.63 / 0.66	0.57 / 0.55	0.41 / 0.42
mpt-7b	0.56 / 0.59	0.57 / 0.55	0.36 / 0.33
mpt-7b-inst.	0.60 / 0.61	0.57 / 0.58	0.36 / 0.39
falcon-7b	0.56 / 0.53	0.52 / 0.54	0.40 / 0.43
falcon-7b-inst.	0.58 / 0.57	0.54 / 0.53	0.38 / 0.47
falcon-40b	0.63 / 0.61	0.57 / 0.59	0.42 / 0.47
falcon-40b-inst.	0.64 / 0.61	0.59 / 0.58	0.44 / 0.45

Table 5: Rank correlation between bias scores for occupation words using w/ template, w/ LLM, and w/o CoT in each LLM, and the degree of bias in occupation words for humans. **Bold** indicates the highest correlation value for each LLM.

Okazaki, 2023; Kaneko et al., 2023b; Du et al., 2023; Loem et al., 2023). CoT is a method that instructs LLMs in handling intricate tasks by furnishing outcomes for individual subtasks along the way (Wei et al., 2022; Wang et al., 2022; Kojima et al., 2022). Oba et al. (2023) introduced a method for suppressing bias, aiming to prevent biased outputs from LLMs by supplying textual preambles, all without the need for fine-tuning or accessing model parameters. Ganguli et al. (2023) showed that CoT can mitigate gender biases in LLMs. While using CoT for QA, Turpin et al. (2023) demonstrated that it could lead to biased explanations. The impact of CoT on debiasing has been examined, but whether CoT has a positive or negative impact on gender bias evaluation has not been clarified in existing research.

6 Conclusion

We introduce a benchmark for evaluating gender-related gender biases in LLMs by leveraging the step-by-step reasoning. The benchmark involves a simple task of counting feminine and masculine words in a given word list, where the LLM must explicitly indicate the gender associated with each word through the step-by-step text. Our experimental results demonstrate that considering both the step-by-step reasoning process and the final predictions of LLMs enables a more comprehensive and accurate evaluation of gender biases compared to solely looking at the end predictions. Remarkably, despite the seemingly straightforward nature of the word-counting task, this benchmark produced evaluations of gender bias that are on par with existing, human-scratched benchmarks.

574 Limitations

575 We would like to remark that our work consid-
576 ered gender biases only in English, which is a mor-
577 phologically limited language. On the other hand,
578 gender-related biases have been reported in LLMs
579 across a wide-range of languages (Kaneko et al.,
580 2022b; Névéol et al., 2022; Malik et al., 2022; Levy
581 et al., 2023; Anantaprayoon et al., 2023). There-
582 fore, we consider it is important to evaluate our
583 method for languages other than English before it
584 can be used as a bias mitigation method for LLMs.
585 For this purpose, we must first extend the MGBR
586 benchmark for other languages.

587 Prior work have identified different types of gen-
588 der biases such as racial, religious etc. in addi-
589 tion to gender bias in pre-trained language mod-
590 els (Abid et al., 2021; Viswanath and Zhang, 2023).
591 However, in this paper, we focused only on gen-
592 der related biases. Although the MGBR approach
593 could be extended in principle to consider other
594 types of gender biases beyond gender bias, it re-
595 mains to be evaluated whether CoT can effectively
596 debias all types of gender biases.

597 The gender biases we considered in this paper
598 cover only binary gender. However, gender biases
599 have been reported related to non-binary gender as
600 well (Cao and Daumé III, 2020; Dev et al., 2021).
601 Studying the non-binary gender for LLMs is an
602 essential next step.

603 Ethics Statement

604 The benchmark we created were created using tem-
605 plates and publicly available word lists (Bolukbasi
606 et al., 2016). Therefore, it does not contain inap-
607 propriate text or personal information. A low bias
608 score in our evaluation method does not guarantee
609 that the model is free of bias. Evaluating services
610 such as ChatGPT (OpenAI, 2022) and Bard¹⁶ that
611 are used in the real world is future work.

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