# VCGD: Visual Cue Guided Decoding with Caption Model for Mitigating Hallucination in Multimodal Large Language Models

Anonymous EMNLP submission

#### Abstract

Multimodal large language models (MLLMs) demonstrate strong capabilities in multimodal understanding, reasoning, and interaction but still face the fundamental limitation of hallucinations, where they generate erroneous or fabricated information. We propose Visual Clue-Guided Decoding (VCGD), a novel decoding strategy that incorporates precise visual cues generated by a Caption Model during the decoding phase. These cues serve as comparative references for the model's own outputs, effectively mitigating hallucination phenomena. Specifically, VCGD leverages highquality visual descriptions to guide MLLMs in correcting perceptual biases while generating answers. Furthermore, we introduce a Reinforcement Learning (RL)-based training paradigm for the Caption Model, in which a Reward Agent provides feedback on the quality of visual clues, further enhancing the accuracy of visual information. Extensive experiments across multiple benchmark datasets and state-of-the-art MLLMs demonstrate that VCGD significantly reduces hallucination rates and substantially improves cross-modal consistency. Our method exhibits strong generalizability and scalability, offering an effective decoding enhancement strategy that can be seamlessly integrated into existing multimodal frameworks. Code is available at https:// anonymous.4open.science/r/VCGD-C860.

## 1 Introduction

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Large Language Models (LLMs) (OpenAI, 2023b; Touvron et al., 2023; Achiam et al., 2023; Jiang et al., 2023; Bai et al., 2023a) have marked a pivotal advancement in natural language processing. Building upon their success, researchers have expanded these models into multimodal domains, giving rise to Multimodal Large Language Models (MLLMs) (Achiam et al., 2023; Liu et al., 2024d; Team et al., 2023; Bai et al., 2023b). While MLLMs demonstrate remarkable proficiency in tackling a wide

1 Train Caption Model	2 Decoding with Caption Model					
Caption Model (Base) (Sert) (R4-GRPO)	$\overbrace{MLLMs}^{\leftarrow} + \underset{\substack{\text{Caption}\\(RA-GRPO)}}{\leftarrow} \xrightarrow{\bullet} \overleftarrow{\bigcirc}$					

Figure 1: Figure ① illustrates the training procedure of the Caption Model, which consists of two stages: the *Cold-Start Stage* and the *Reinforcement Learning Stage*. Figure ② illustrates the use of the Caption Model to assist the MLLM in contrastive decoding, thereby alleviating hallucination issues.

array of visual tasks (Zhang et al., 2023; Li et al., 2024; Black et al., 2024), as well as in understanding (Lai et al., 2024) and generating complex content (Brooks et al., 2023; Geng et al., 2024), they are not without limitations. A particularly critical issue is the so-called "*Hallucination*" phenomenon. In practice, MLLMs often produce inaccurate or fabricated responses when interpreting user-provided images and prompts—ranging from irrelevant or nonsensical descriptions to misidentified colors, incorrect object counts, and erroneous spatial relationships within the scene. Such tendencies severely undermine their reliability and present substantial obstacles to their deployment in real-world applications.

The issue of hallucinations in MLLMs originates from the intricacies of their training pipeline, which typically includes an alignment-based projection during pre-training, followed by fine-tuning on a relatively limited amount of instruction-following data. To tackle these hallucination problems, various strategies have been proposed. Some focus on resolving inconsistencies by refining data quality and alignment (Liu et al., 2023a; Wang et al., 2024a), while others emphasize scaling up model architectures (Zhai et al., 2023) or incorporating reinforcement learning-based techniques (Yu et al., 2023; Sun et al., 2024). A distinct line of work involves reactive techniques (Huang et al., 2023;

Deng et al., 2024), which intervene directly during 073 the decoding process to suppress inaccurate outputs. 074 Inspired by contrastive decoding (CD) strategies 075 introduced by Li et al. (2023b), which compare the outputs of expert and amateur models, recent developments in CD-based methods for MLLMs have explored contrasting visual-conditioned generations 079 to suppress hallucinations, taking into account factors such as visual noise (Leng et al., 2023), imageinduced bias (Zhu et al., 2024), and detailed visual grounding (Chen et al., 2024), and self-generated description (Kim et al., 2024).

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We investigate the following research question: If the model is incapable of accurately perceiving visual content through its own capacity, it becomes highly susceptible to generating hallucinations. Therefore, a key question arises: can auxiliary models be incorporated to provide precise visual cues during decoding, thereby reducing the likelihood of hallucination? To address this issue, we propose a novel Visual Cue Guided Decoding strategy. Specifically, we leverage a caption model to provide precise visual cues during decoding, thereby mitigating the inherent biases of the model in visual perception. To further enhance caption quality, we introduce a reinforcement learning algorithm based on a Reward-Agent framework, termed RA-GRPO. This algorithm optimizes the caption generation process by providing reward signals across three dimensions: accuracy, informativeness, and redundancy control. As a result, it facilitates the generation of more precise and pragmatically useful image descriptions. The specific process is briefly illustrated in Figure 1, which includes two main stage: 1) Train Caption Model, where the Caption Model is obtained through a two-stage training procedure; (2) Decoding with *Caption Model*, the Caption Model is employed to assist MLLMs in decoding.

By conducting extensive experiments and analyses on prevailing cutting-edge MLLMs (Liu et al., 2023c; Chen et al., 2023b; Liu et al., 2024c), we corroborate the effectiveness of our method in reducing hallucination in various benchmarks (Li et al., 2023c; Liu et al., 2023d; Tong et al., 2024). Our contribution can be summarized into four-fold as follows:

• We propose Visual Clue Guided Decoding (VCGD), a novel decoding strategy that enhances the model's visual perception by leveraging precise visual clues. These clues are derived from captions generated by an external Caption Model, while suppressing the model's own perception to reduce visual bias. 124

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- We propose an approach for training the Caption Model using reinforcement learning to generate accurate and informative visual clues that effectively guide the decoding process.
- We introduce a reward mechanism for a dedicated **Reward Agent**, which evaluates the quality of the generated captions based on three dimensions: accuracy, informativeness, and redundancy control.
- We evaluate the proposed decoding approach on various benchmarks using state-of-the-art MLMMs. Experimental results demonstrate that VCGD significantly reduces hallucinations.

## 2 Related Work

## 2.1 Multimodal Large Language Models

Recent advancements in MLLMs research are primarily attributed to the evolution of LLMs (Wang et al., 2024c; Zhuo et al., 2024; Lu et al., 2024; Su et al., 2024). With the aid of advanced LLMs like LLaMA (Touvron et al., 2023) and Owen (Bai et al., 2023a), a batch of MLLMs such as LLaVA-1.5 (Liu et al., 2024d), Qwen-VL (Bai et al., 2023b), LLaVA-NEXT (Liu et al., 2024c), InternVL (Chen et al., 2023b) and mPLUGOwl2 (Ye et al., 2024) have emerged, which can comprehend and generate a wide array of content by utilizing information from distinct modalities like texts and images. Despite the success, current MLLMs suffer from serious hallucination problems. Thus, in this paper, we focus on mitigating hallucination problems to promote the use of MLLMs in practical scenarios.

## 2.2 Hallucinations in MLLMs

Hallucinations in MLLMs have significantly impeded their usage in the real world, especially for tasks that rely on precise captions. Recently, numerous studies focus on the construction of datasets for *evaluating* hallucination phenomena (Rohrbach et al., 2018; Li et al., 2023d; Wang et al., 2023; Sun et al., 2023a; Zhong et al., 2024; Tong et al., 2024; Wu et al., 2024; Cao et al., 2024; Huang et al., 2024b; Mubarak et al., 2024; Jing et al., 2024; Lovenia et al., 2023; Zhai et al., 2023; Wan and Bansal, 2022; Zhang et al., 2024; Min et al., 2023;

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Yan et al., 2024). Concurrently, significant attention is directed towards *analyzing* the underlying causes of hallucinations (Tao et al., 2024; Sui et al., 2024; Fadeeva et al., 2024).

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Moreover, various approaches have been proposed to mitigate hallucinations in MLLMs, including training-free and training-based approaches. Training-based approaches seek to mitigate hallucinations in MLLMs via further training, such as Supervised Fine-Tuning (SFT) (Liu et al., 2023b) or preference learning (Sun et al., 2023a; Yu et al., 2024a; Li et al., 2023a; Zhao et al., 2023; Gunjal et al., 2024; Liu et al., 2024a; Yu et al., 2024b; Zhou et al., 2024; Jiang et al., 2024; Jing and Du, 2024). Training-free approaches address potential hallucinations by post-processing the outputs of MLLMs (Leng et al., 2024; Huang et al., 2024a; Yin et al., 2023; Manevich and Tsarfaty, 2024; Wang et al., 2024b; Kim et al., 2024). For example, VCD (Leng et al., 2024) aims to address the model's overreliance on linguistic priors and statistical biases by comparing the output distributions from unaltered and visually perturbed inputs. Woodpecker (Yin et al., 2023) introduces post-processing aimed at mitigating biases from language priors. ICD (Wang et al., 2024b) suppresses hallucinations through disturbance instructions affecting multimodal alignment. Similarly, LCD (Wang et al., 2024b) uses visual noise to guide the decoding process to leverage the language modality to mitigate hallucinations. CODE (Kim et al., 2024) utilize self-generated description as contrasting visual counterpart and correct hallucinatory responses based on the model understanding. Inspired by Kim et al. (2024), our work aligns with CD-based approaches that utilize visual clues from Caption Models to guide decoding. Unlike previous works that focus on manipulating information or self-generated descriptions, we argue that if the model fails to accurately identify the visual content and self-generated description, no amount of correction can resolve hallucinations. We utilize visual clues from Caption Models as a contrasting visual counterpart to correct hallucinatory responses.

## 3 Methodology

216Our proposed VCGD framework consists of two217main components: training the Caption Model218(Section 3.1) and decoding with the Caption Model219(Section 3.2).

## 3.1 Caption Model

## 3.1.1 Overview

We design and train a Caption Model. As shown in Figure 1, inspired by the DeepSeek-R1 (Guo et al., 2025) approach, the training of the Caption Model is divided into two stages: *the cold-start stage* and *the reinforcement learning (RL) stage*.

**Cold-Start Stage.** We construct triplet data consisting of images, questions, and answers based on ShareGPT4V (Chen et al., 2023a) and LLaVA-CoT (Xu et al., 2024). We then utilize GPT-4 to summarize the original questions (Q) and answers (A), extracting Visual Cues that are critical for problem solving, which are subsequently used as training targets.

**RL Stage.** The Visual Cues that support problem solving, exclude irrelevant details, and remain highly consistent with the image content, and we optimize the Caption Model based on our designed Reward-Agent framework (RA-GRPO), as shown in Figure 2.

## 3.1.2 Reward Agent

We design a Reward Agent comprising three reward signals as illustrated in Figure 2: the Accuracy Reward, the Matching Reward, and the Image-Consistency Reward.

Accuracy Reward. In order that the Visual Clues (VC) can effectively capture visual information and assist the model in understanding image content, we employ a Large Language Model (LLM), incorporating the VC as contextual input—essentially allowing the VC to serve as the LLM's "eyes". These clues represent the visual perception available to the LLM, based on which it generates an answer to the given question. A reward is then assigned depending on the correctness of the answer. The reward is defined as follows:

$$\operatorname{Reward}_{Acc} = \begin{cases} 1.0, & \text{if } \operatorname{Rollout}_{Q+VC} = \operatorname{True} \\ 0.0, & \text{if } \operatorname{Rollout}_{Q+VC} = \operatorname{False} \end{cases}$$
(1)

**Matching Reward**. This reward signal is designed to encourage the Caption Model to generate VC that minimize the inclusion of redundant information related to the image content but irrelevant to the given question. To achieve this, we introduce LLaMA as a discriminator J. Specifically, the process is as follows: the discriminator J first analyzes the question Q and identifies a set of key points  $K_i$  required to answer Q. Subsequently, the alignment between each VC and the identified key



Figure 2: **Caption Model Train framework:** (1) Reward Agent contains Accuracy Reward, Matching Reward, and Image-Consistency Reward. (2) RL Train: For each data instance, we first employ the Caption Model to sample and generate *G* Visual Clues (VC). For each VC, the Reward Agent evaluates the corresponding answer candidate and assigns a reward score. The parameters are then optimized using the RA-GRPO algorithm.

points (Key) is computed (Equation (2)) to quantify the amount of useful information contained within the VC. This mechanism suppresses the generation of redundant content that is irrelevant to answering the question.

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$$\operatorname{Reward}_{\operatorname{Match}} = \frac{1}{|K|} \sum_{i=1}^{|K|} (K_i \subseteq \operatorname{VC})$$
(2)

**Image Consistency Reward.** The image consistency reward aims to reduce hallucination phenomena induced by the VC. Specifically, we employ the FineCLIP (Asokan et al., 2025) model to compute the CLIP-Score for each VC, followed by a normalization process, as formalized in Equation (3). This score quantifies the consistency between the visual clue and the corresponding image content.

$$\text{Reward}_{\text{IC}} = \frac{\sum_{i=1}^{N} \text{CLIP-Score}(\text{VC}_i, \text{Image})}{N}$$
(3)

where min and max denote the minimum and maximum CLIP-Scores across the VC, respectively.

**Final Reward.** The final reward signal produced by the Reward Agent is a composite of the three aforementioned sub-rewards, as follows:

$$Reward = Reward_{Acc} + Reward_{Match} + Reward_{IC} \quad (4)$$

## 3.1.3 Reinforcement Learning

To further enhance caption quality, inspired by Dai et al. (2024), we propose a Reward-Agent framework (RA-GRPO), as shown in Figure 2. RA-GRPO is a reinforcement learning (RL) algorithm that avoids learning a value critic by computing normalized advantages within a group of sampled actions.

Specifically, given a prompt s, we sample G outputs  $\{a_1, ..., a_G\} \sim \pi_{\theta}(\cdot|s)$ , evaluate them with a reward function r(s, a) from Reward Agent. We compute the reward as  $r^i$ , and repeatedly compute the rewards for all paths from group, i.e.,  $\{r^1, r^2, ..., r^G\}$ .

To estimate the advantage of each trajectory, we normalize its reward relative to the group as follow:

$$\hat{A}^{i} = \frac{r^{i} - \text{mean}(\{r^{1}, r^{2}, ..., r^{G}\})}{\text{std}(\{r^{1}, r^{2}, ..., r^{G}\})}, \quad (5)$$

where the mean group reward serves as the baseline, and  $\hat{A}_i$  measures how much better or worse  $r_i$  is compared to other trajectories within the group. Following this, we optimize the policy model with

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Figure 3: The overall decoding procedure of VCGD. After Caption Model generate Visual Clues for the image, the model recursively outputs logits from each v and v + vc. By contrasting between two log-likelihoods, VCGD produces more contextual and correct responses that match the given visual content suppressing inconsistent words (*serveral* $\rightarrow$ *four*).

the loss defined as:

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$$\mathcal{L}_{RA-GRPO} = -\frac{E}{Q \in D_s} \left[\frac{1}{M} \sum_{i=1}^{M} \left(\frac{\pi_{\theta}(\mathbf{c}^i|Q)}{[\pi_{\theta}(\mathbf{c}^i|Q)]_{\text{no grad}}} \hat{A}^i - \beta D_{KL}(\pi_{\theta}||\pi_{ref})\right],$$
(6)

where KL divergence is adopted to regularize the policy model, preventing excessive deviation from the reference model. The reference model is typically initialized as the same model as the policy model but remains frozen during RL training. The KL divergence between the policy model and the reference model is estimated as in (Shao et al., 2024):

$$D_{KL}(\pi_{\theta}||\pi_{ref}) = \frac{\pi_{ref}(\mathbf{c}^{i}|Q)}{\pi_{\theta}(\mathbf{c}^{i}|Q)} - \log \frac{\pi_{ref}(\mathbf{c}^{i}|Q)}{\pi_{\theta}(\mathbf{c}^{i}|Q)} - 1.$$
(7)

## 3.2 Visual Clue Guided Decoding

An overview of our proposed VCGD framework is shown in Figure 3.

#### 3.2.1 Problem Setup and Preliminaries

Let  $M_{\theta}$  denote a Multimodal Large Language Model (MLLM) parameterized by  $\theta$  that autoregressively generates responses for the given visual contents v and input textual query x. Then the model maps the logit distribution to the next token prediction output  $y_t \in R^{|\mathcal{V}|}$  at time step t in the vocabulary set  $\mathcal{V}$  such that  $y_t \sim p_{\theta}(y_t|v, x, y_{< t}) \propto \text{logit}_{\theta}(y_t|v, x, y_{< t})$ , where  $y_{< t}$  indicates all previously generated tokens.

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#### **3.2.2** Contrastive Decoding with Disturbance

We can obtain a pair of visual content and precise visual clues from the Caption Model (v, vc), where v represents the image information and vccorresponds to  $Caption(y|v, x_0)$ . By contrasting the logit variations between the set of information during model response generation, we can formulate the next-word prediction using our proposed VCGD method:

$$y_t \sim \text{Softmax} \left[ (1 + \alpha_t) \text{logit}_{\theta}(y_t \mid v, x, y_{< t}) + \alpha_t \text{logit}_{\theta}(y_t \mid v + vc, x, y_{< t}) \right].$$
(8)

Inspired by CODE (Kim et al., 2024), we define the dynamic constraint  $\alpha_t$  as:

$$1 - \mathcal{D}_{\mathrm{bd}}(P_t^v \mid P_t^{v+vc}), \tag{9}$$

$$\mathcal{D}_{bd}(P||Q) = \frac{1}{2} \sum_{i=1}^{n} (p_i + q_i) \log_2(|p_i - q_i|^k + 1),$$
(10)

where  $\mathcal{D}_{bd}(P||Q) \ge 0$  and equals 0, if and only if p=q, and k denotes a smoothing parameter. Here,

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the upper-bound of the divergence apparently exists, such that  $\mathcal{D}_{bd}(P||Q) \leq \sum_{i=1}^{n} p_i \log_2 2 = 1$ , due to the following condition  $|p_i - q_i| \leq 1$ .

That implements a token-level feedback control 354 mechanism that dynamically adjusts the information weight based on the proximity of two distributions. The primary role of this constraint is to maintain a balanced variation in logits given the predictive discrepancies between the v and v + vcdistributions. Specifically, when the two distribu-360 tions are sufficiently close (*i.e.*,  $P_t^v \approx P_t^{v+vc}$ ), the value of  $\mathcal{D}_{bd}(P_t^v \mid P_t^{v+vc})$  approaches zero, indicating minimal distributional divergence. In this case,  $\alpha_t$  approaches 1, thereby allowing greater amplification of the logits' variation when predicting 365 the next token. 366

## 3.2.3 Adaptive Information Constraint

The VCGD objective is designed to favor tokens preferred by the MLLMs output while imposing penalties on tokens influenced by instruction disturbances. However, it also might erroneously reward tokens representing implausible concepts. To address this issue, we refine the VCGD objective to incorporate an adaptive plausibility constraint  $\mathcal{V}_{head}$ . By comparing prediction distributions between  $P_t^v$ and  $P_t^{v+vc}$ , we filter out less relevant tokens from the candidate pool as follows:

$$\mathcal{V}_{\text{head}}(y_{\leq t}) = \{ y_t \in \mathcal{V} : p_\theta(y_t \mid v, x, y_{\leq t}) \\ \geq \beta_t \max_w p_\theta(w \mid v, x, y_{\leq t}) \}, \quad (11)$$

where  $\beta_t$  dynamically regulate the token candidate pool utilizing the divergence term in Eq. (10), defined as  $\beta_t = \mathcal{D}_{bd}(P_t^v || P_t^{v+vc})$ . This strategy can expand the token searching pool when the nexttoken prediction, derived from both visual content and comprehensive description, shows a similar distribution yet uncertainty in selecting the candidate token (*i.e.*, false negatives). Finally, we only consider the next-token prediction within  $\mathcal{V}_{\text{head}}(y_{\leq t})$ , and for the tokens satisfying  $y_t \notin \mathcal{V}_{head}(y_{\leq t})$ , we set their logits to  $-\infty$  to filter out from the candidate pool.

#### Experiment 4

#### 4.1 Experimental Setup

## 4.1.1 Caption Model

During the Cold-Start Stage, we sample 160K data points from ShareGPT4V (Chen et al., 2023a) and LLaVA-CoT (Xu et al., 2024) to train Qwen-2.5-VL-7B. In the RL stage, we sample 50K data points from the aforementioned datasets and use Owen-2.5-7B as Rollout Model, with rollout=8 and K-L=0.

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## 4.1.2 Inference Model

We apply VCGD on three MLLMs in different sizes, LLaVA-1.5-13B (Liu et al., 2024b), LLaVA-NeXT-34B (Liu et al., 2024c) and InternVL-26B (Chen et al., 2023b).

### 4.1.3 Evaluation Benchmarks

We evaluate the performance of VCGD on four widely used benchmarks, including POPE (Li et al., 2023d), MMVP (Tong et al., 2024), MMHalBench (Sun et al., 2023b), and LLaVA-Bench (In-the-Wild) (Liu et al., 2023d) for MLLMs with a special focus on hallucination. The benchmarks are detailed in Appendix A.

## 4.1.4 Baselines

We compare our method with six baseline decoding strategies. For conventional decoding strategies, we use greedy decoding, nucleus sampling (Holtzman et al., 2020), and beam search Additionally, we select the recent decoding. state-of-the-art (SOTA) methods, including the OPERA method (Huang et al., 2023), the VCD method (Leng et al., 2023), and the CODE method (Kim et al., 2024) as comparative decoding approaches.

## 4.2 Main Results

Table 1 presents the primary experimental results. We observe the following points:

**Results on MMVP.** The MMVP benchmark comprehensively evaluate CLIP blind pairs across 9 different visual modalities. As shown in Table 1, the results indicate a significant improvement in average accuracy after employing VCGD contrastive decoding.

Results on POPE. Our method demonstrates consistent improvements over previous baselines across various settings. The composition of POPE focuses solely on questioning the existence of objects, rather than their absence (e.g., "Is there {something} in the image?"). The combinatorial results of a high accuracy and F1 score indicate that our method can boost the existing MLLMs to effectively mitigate hallucination by cautiously confirming yes for the existence of objects (i.e., the model does not often make up objects).

Model					MN	AVP					PO	PE	LLaVA QA90	MM Ben	Hal ch
	Ø	Q	۲۵	<b>†</b> \$	<b>@</b> 1	•	$\pmb{\Phi}_{o}^{o}$	Α	0	Avg↑	$Acc_{adv}$	$F1_{adv}$	Overall	Overall	Hal↓
LLaVA-1.5-13B															
+ Greedy	30.7	27.2	0.0	12.5	10.0	53.3	16.6	50.0	40.0	30.6	84.0	82.6	82.4	2.39	52.0
+ Beam	19.2	27.2	11.1	25.0	10.0	60.0	16.6	70.0	35.0	32.6	84.1	82.7	83.5	2.33	53.1
+ Nucleus	26.9	27.2	22.2	12.5	20.0	33.3	0.0	60.0	20.0	26.6	80.6	79.4	79.3	2.03	60.4
+ Opera	42.3	36.3	11.1	25.0	10.0	56.6	16.6	70.0	35.0	33.3	84.0	82.5	80.7	2.22	55.0
+ VCD	34.6	18.1	22.2	37.5	50.0	43.3	33.3	40.0	35.0	34.0	81.0	80.3	79.3	2.28	54.0
+ CODE	19.2	31.8	11.1	25.0	20.0	53.3	16.6	80.0	40.0	34.0	84.2	82.8	83.5	2.49	51.0
+ VCGD(ours)	40.2	38.4	22.2	37.5	20.0	60.0	16.6	80.0	45.0	37.2	85.0	84.7	82.2	2.62	49.0
LLaVA-NeXT-34B															
+ Greedy	38.4	40.9	16.6	37.5	30.0	60.0	0.0	80.0	35.0	40.6	86.5	87.0	90.7	3.30	34.0
+ Beam	38.4	31.8	22.2	37.5	50.0	60.0	0.0	80.0	30.0	40.6	84.1	82.7	94.5	3.26	35.4
+ Nucleus	34.6	22.7	27.7	25.0	20.0	43.3	0.0	50.0	45.0	33.3	84.9	85.3	90.0	3.08	40.6
+ Opera	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
+ VCD	42.3	22.7	22.2	37.0	50.0	46.6	16.6	80.0	40.0	39.3	85.2	85.6	92.1	3.16	39.5
+ CODE	34.6	36.3	33.3	25.0	50.0	70.0	0.0	70.0	30.0	42.6	86.9	87.5	95.3	3.43	34.0
+ VCGD(ours)	50.0	40.9	22.2	62.5	50.0	60.0	16.6	60.0	45.0	47.5	87.8	89.3	93.8	3.88	31.3
InternVL-26B															
+ Greedy	42.3	36.3	27.7	25.0	30.0	80.0	33.3	80.0	45.0	48.0	85.8	86.4	86.6	3.15	33.3
+ Beam	38.4	45.4	22.2	37.5	50.0	83.3	50.0	70.0	45.0	50.6	86.8	86.6	89.3	3.36	31.2
+ Nucleus	50.0	31.8	27.7	12.5	60.0	70.0	33.3	60.0	25.0	44.0	81.2	81.7	86.4	3.14	37.5
+ Opera	42.3	27.2	16.6	25.0	30.0	76.6	50.0	70.0	50.0	45.3	86.3	86.6	88.7	3.32	32.2
+ VCD	30.7	36.3	11.1	12.5	50.0	66.6	50.0	50.0	55.0	42.0	81.7	82.1	88.3	2.94	42.0
+ CODE	42.3	50.0	44.4	12.5	30.0	83.3	50.0	70.0	40.0	51.3	86.9	87.5	92.2	3.52	30.2
+ VCGD(ours)	25.0	50.0	44.4	50.0	60.0	83.3	56.6	80.0	55.0	55.9	88.2	89.8	94.8	3.48	31.2

Table 1: Experimental results of various hallucination benchmarks on different decoding strategies. The best result for each metric in **each group** is in bold.

	MMVP	PC	POPE LLaVA QA90		MMHal Bench						
	Avg	Acc	F1	Oa	Oa	$\mathrm{Hal}\downarrow$					
LLaVA-1.5-13B											
VC As Prefix	35.4	84.8	83.6	85.5	2.69	49.6					
VCGD	37.2	85.0	84.7	82.2	2.61	49.0					
	LLaVA-NeXT-34B										
VC As Prefix	45.5	87.2	88.6	95.2	3.68	32.5					
VCGD	47.5	87.8	89.3	93.8	3.88	31.3					
InternVL-26B											
VC As Prefix	56.3	87.5	88.2	93.6	3.38	33.1					
VCGD	55.9	88.2	89.8	94.8	3.48	31.2					

Table 2: Comparison of using VC as prompt prefixes versus incorporating them through the VCGD.

**Results on LLaVA-QA90.** To explore the broader applicability of our method beyond basic multiple-choice formats, we evaluate sentence-level model outputs on the LLaVA-QA90 (Liu et al., 2023d). As shown in Table 1, VCGD achieves competitive performance compared to other contrastive decoding (CD) methods.

Results on MMHal-Bench. Additionally, we

compare our models in MMHal-Bench (Sun et al., 2024) specialized to evaluate hallucination effects sourced from more challenging image-question pairs. As in the result, our method generally not only improves overall average score with consistent results among other baseline MLLMs, but also effectively mitigates the hallucination ratio.

#### 4.3 Ablation Analysis

We conduct analysis on VCGD considering the following questions: (Q1) To what extent do the Cold-Start Stage and the RL Stage contribute to the performance improvement of the Caption Model? (Q2) Are all three reward functions in the Reward Agent necessary? (Q3) What would be the effect on performance if the Visual Cues generated by the Caption Model were used directly as prompt prefixes, instead of being processed through the CD method?

A1: Both the Cold-Start Stage and the RL Stage are necessary. To validate the improvements in Caption Model performance brought about by the Cold-Start and RL Stages, as shown in Table 3, we employed three versions of Caption Model: the untrained version, the Cold-Start version, and the RL version, for generating Visual Cues during

	MMVP	PO	PE	LLaVA QA90	MMHal Bench					
	Avg	Acc	F1	Oa	Oa	$\mathrm{Hal}\downarrow$				
LLaVA-1.5-13B										
No Train	32.3	83.8	81.9	80.0	2.36	52.4				
Cold-Start	35.3	84.5	82.9	81.4	2.38	52.2				
RL	37.2	85.0	84.7	82.2	2.62	49.0				
LLaVA-NeXT-34B										
No Train	43.7	87.1	87.9	89.8	3.52	33.6				
Cold-Start	44.8	87.2	88.2	90.4	3.58	33.2				
RL	47.5	87.8	89.3	93.8	3.88	31.3				
InternVL-26B										
No Train	50.8	87.5	88.4	92.9	3.31	31.0				
Cold-Start	51.9	87.3	88.2	93.2	3.35	32.2				
RL	55.9	88.2	89.8	94.8	3.48	31.2				

Table 3: Ablation results of Caption Models at different training stages.

VCGD. The results indicate that both the Cold-Start and RL Stages contribute positively to the final performance.

A2: All three reward functions in the Reward Agent are necessary. To validate the contribution of each reward functions to Reward Agent, we conduct an ablation study in Table 4. The results demonstrate that all three reward functions are essential for achieving the final objectives. They complement each other, and their combined use is crucial for improving overall model performance. The results also show that the  $Reward_{Acc}$  is the most effective.

A3: Visual Cues as prompt prefixes are effective, but less so than the VCGD. As shown in Table 2, we conducted the following ablation experiments, where the Visual Cues generated by the Caption Model were directly used as context prefixes for testing. Specifically, we used the input format "{Original question} \n The following are the Visual Cues of the image, please use these visual cues to answer the question: \n {Visual cues}". The experimental results indicate that this method performs well in benchmark, validating the effectiveness of the Caption Model. However, compared to the results obtained using the VCGD, its performance is somewhat inferior.

#### 4.4 Case Study

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To provide a more intuitive demonstration of VCGD's performance in mitigating hallucinations,

<b>P</b> .	MN		MMVP	РО	POPE LLaVA QA90		MMHal Bench					
$I_{CA}$ I	$m_M$	10 <sub>IC</sub>	Avg	Acc	F1	Oa	Oa	Hal ↓				
LLaVA-1.5-13B												
1			34.8	84.7	84.0	82.3	2.53	51.3				
	1		32.2	84.3	83.1	80.8	2.29	52.2				
		1	33.3	83.9	82.5	80.3	2.25	52.7				
1		1	36.6	84.8	84.2	82.6	2.55	50.6				
1	1		36.8	84.9	84.4	82.8	2.58	50.0				
	1	1	32.6	84.5	82.9	81.8	2.45	50.2				
1	1	1	37.2	85.0	84.7	82.2	2.62	49.0				
LLaVA-NeXT-34B												
1			46.1	87.5	88.9	93.0	3.74	31.8				
	1		45.3	86.9	88.3	92.8	3.68	32.3				
		1	45.0	87.1	88.2	92.7	3.70	31.9				
1		1	46.8	87.6	88.9	93.2	3.80	31.5				
1	1		47.0	87.5	89.0	93.3	3.83	31.0				
	1	1	45.7	87.3	88.3	92.9	3.79	31.7				
1	1	1	47.5	87.8	89.3	93.8	3.88	31.3				
			Inte	ernVL	-26B							
1			53.8	87.9	88.9	93.8	3.44	31.2				
	1		52.8	87.8	88.7	93.4	3.38	31.2				
		1	54.1	88.0	89.2	93.2	3.35	32.5				
1		1	54.3	88.0	89.3	94.1	3.46	31.0				
1	1		55.6	88.1	88.4	94.3	3.43	29.0				
	1	1	55.2	87.3	88.7	93.6	3.41	29.0				
1	1	1	55.9	88.2	89.8	94.8	3.48	31.2				

Table 4: Ablation results of different reward in Reward Agent.  $R_A$  denote Reward<sub>Acc</sub>,  $R_M$  denote Reward<sub>Match</sub>, and  $R_{IC}$  denote Reward<sub>I-C</sub>. The results demonstrate that each component Reward<sub>Acc</sub>, Reward<sub>Match</sub>, and Reward<sub>I-C</sub> plays an indispensable role in the effective-ness of the Reward Agent.

we conducted case studies of the VCGD. For detailed results, please refer to the Appendix B.

### 5 Conclusion

In this paper, we propose VCGD, a novel strategy that uses high-quality Visual Cues from Caption Model to guide MLLMs during decoding, reducing hallucinations. The Caption Model is further improved via reinforcement learning, where a Reward Agent evaluates the quality of visual clues. Experiments on multiple benchmarks show that VCGD enhances cross-modal consistency, lowers hallucination rates, and integrates seamlessly into existing multimodal systems.

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521 Limitations

In this paper, we focus on addressing the hallucination problem in MLLMs by introducing our novel 523 VCGD approach. We demonstrate the effectiveness of this method through rigorous evaluations 525 on a variety of hallucination discrimination benchmarks. Furthermore, we qualitatively assess its performance on generative benchmarks, which are 528 essential for detecting hallucinated content. While 529 generative benchmarks play a critical role, there remains a notable lack of established metrics capable 531 of thoroughly analyzing hallucinations. This highlights an important direction for future research: 533 the development of robust automatic metrics to 534 enhance the evaluation of open-ended generative 535 performance. 536

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## **A** Evaluation Benchmarks

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We introduce additional details about the benchmarks we used for evaluation. Benchmarking the evaluation of hallucination phenomena in Multimodal Large Language Models (MLLMs) can generally be categorized into discriminative and generative types. Discriminative benchmarks detect hallucinations by assessing the predicted answers within given options (e.g., multiple-choice or true/false questions), whereas generative benchmarks typically employ more advanced language models (e.g., GPT-based evaluations) to score the descriptions generated by the target model. Under this classification, we have carefully selected four benchmarks to test the baseline models.

As discriminative benchmarks, we primarily use two datasets for detailed evaluation. Specifically, **POPE** (Li et al., 2023c) is a commonly used benchmark that detects target hallucinations by transforming target label information sourced from the Microsoft COCO dataset (MSCOCO) (Chen et al., 2015). POPE employs binary classification performance on simple true/false questions across three distinct subsets: random, common, and adversarial. MMVP (Tong et al., 2024) aims to evaluate the understanding of visual details across nine different visual modes through paired classification accuracy. Given its evaluation design, which involves comparing two similar CLIP-blind image pairs, MMVP requires Multimodal Large Language Models (LMMs) to capture subtle visual differences.

We use two benchmarks as generative benchmarks, extending the evaluation scope to openended image description tasks, rather than being limited to evaluating within the context of given answer options. In general, ChatGPT (OpenAI, 2023a) is used to score the quality of sentences generated by the model. LLaVA-Bench (In-the-Wild) (Liu et al., 2023d) is a scoring ratio, defined as the sum of the absolute values of model scores divided by the sum of the absolute values of ground truth scores, all of which are evaluated by GPT-4 (OpenAI, 2023c). It includes three types of questions: dialogue, detailed descriptions, and complex reasoning. MMHal-Bench (Sun et al., 2024) evaluates the degree of hallucination across eight different question types, including: target attributes, adversarial targets, comparisons, counting, spatial relations, environment, overall descriptions, and others. GPT-4 measures the severity of hallucinations on a scale from 0 to 7, where higher scores

indicate fewer hallucinations.

## **B** Case Study

Details of VCGD's performance in mitigating hal-<br/>lucinations are shown in Figure 4 and 5. We present<br/>two case studies involving the VCGD: we com-<br/>pared the performance differences of the InternVL<br/>model in generative and discriminative tasks un-<br/>der two settings: without and with the VCGD<br/>method. Additionally, specific examples of the<br/>Io29<br/>method to assist in the anal-<br/>ysis.1023<br/>1024

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Figure 4: VCGD's performance on discriminative task. ✓ represents a correct answer, while ★ represents an incorrect answer.





Question: Describe the image in detail.

## InternVL(Original):

The image shows a clear plastic container filled with small white dumplings. The container is placed on a white surface, which could be a table or a counter. There is a fork nearby, possibly used for serving or eating the dumplings. The dumplings are arranged neatly in the container, and the overall presentation appears to be clean and appetizing.

## Caption Model:

1. The glass is fogged with condensation, indicating that the food inside is being kept warm in a steamer.

2. Each bun is placed on a small piece of white paper, a common practice for steamed buns to prevent sticking.

3. A metal pair of tongs is placed inside the display, suggesting the buns are ready to be served.

## InternVL(VCGD):

This image shows a steamed bun display case, commonly used to keep buns warm and moist. Inside the case, several white steamed buns are placed on small paper liners. The glass walls are fogged up with condensation, indicating a hot and humid interior environment. A pair of metal tongs is placed in the front, used for picking up the buns. The setting appears to be a food stall or a small eatery, possibly serving breakfast or snacks.

Figure 5: VCGD's performance on generative task. Text highlighted in red denotes hallucinatory descriptions.