On Merits of Biased Gradient Estimates for Meta Reinforcement Learning

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Abstract

Despite the empirical success of meta reinforcement learning (meta-RL), there 1 are still a number poorly-understood discrepancies between theory and practice. 2 Critically, biased gradient estimates are almost always implemented in practice, 3 whereas prior theory on meta-RL only establishes convergence under unbiased 4 gradient estimates. In this work, (1) We show that unbiased gradient estimates have 5 variance O(N) which linearly depends on the sample size N of the inner loop 6 updates; (2) We propose linearized score function (LSF) gradient estimates, which 7 have bias $O(1/\sqrt{N})$ and variance O(1/N); (3) We show that most empirical prior 8 work in fact implements variants of the LSF estimates; (4) We establish convergence 9 guarantees for the LSF estimates in meta-RL, showing better dependency on N10 than prior work. Due to time constraints, the proof and appendix are not yet 11 complete. They will be complete for camera-ready. 12

13 1 Introduction

By design, many reinforcement learning (RL) algorithms learn from scratch. This entails RL to achieve high profile success in a number of important and challenging applications [1–3]. However, at the same time, RL is highly inefficient compared to how humans learn, usually consuming orders of magnitude more samples to acquire skills at the same level as humans. One potential source of such inefficiencies is that unlike humans, RL algorithms do not exploit prior knowledge on the tasks at hand.

To resolve such an issue, meta-reinforcement learning (meta-RL) formalizes the learning and transfer 20 21 of prior knowledge in RL [4]. On a high level, an agent interacts with a distribution of tasks at metatraining time. The objective is that after meta-training, the agent can learn significantly faster when 22 faced with unseen tasks at *meta-testing* time. If an agent achieves good performance at meta-testing 23 time, it embodies the ability to transfer knowledge from prior experiences during meta-training. 24 There are many concrete formulations of meta-RL (see, e.g. [5–13]), Our focus is meta-RL through 25 gradient-based adaptations [4], where the agent carries out policy gradient (PG) inner loop updates 26 [14] at both meta-training and meta-testing time. 27

Motivation. Our work is motivated by a number of important discrepancies between meta-RL theory and practice. Recently, there is a growing interest in establishing performance guarantees for meta-RL algorithms with unbiased gradient estimates [15]. However, since the inception of the field, meta-RL practitioners have almost always implemented biased gradient estimates [4, 16–19]. It is natural to ask: why are unbiased gradient estimates potentially undesirable in practice, and what do we gain by introducing bias into gradient estimates?

Our focus. We focus on the *N*-sample meta-RL objective where the inner loop updates are *N*sample PG estimates. In prior work, this was called the E-MAML objective [16, 17, 15], as opposed to the MAML objective [4] where the inner loop update is exact PG. This objective is of practical

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³⁷ interest, because at meta-testing time, inner loop updates can only be implemented with *N*-sample

- ³⁸ PG estimates. See Sec 2 for details.
- 39 **Contributions.** We make a few contributions that bridge meta-RL theory and practice.
- **High variance of unbiased estimates.** By formulating the meta-RL objective as a generic N-sample additive Monte-Carlo objective, we show that the unbiased gradient estimates have variance on the order of O(N), rendering the estimates useless when N is large (see Sec 3).
- Novel derivation of biased estimates. We propose the linearized score function (LSF) gradient estimate for the *N*-sample additive Monte-Carlo objective, which has variance O(1/N) and bias $O(1/\sqrt{N})$. Its application to meta-RL enjoys better properties at large *N* (see Sec 4).
 - **Prior work implements biased estimates.** We observe that despite their claims of unbiasedness, most prior work in fact implements variants of LSF estimates. This implies they are both biased w.r.t. the MAML and the N-sample meta-RL objective (see Sec 5).
- Performance guarantee with better dependency at large N. We provide performance guarantee of meta-RL algorithms with biased gradient estimates. Such guarantee contrasts with results of unbiased estimates, where the guarantee degrades significantly at large N due to high variance [15] (see Sec 6).

55 2 Background

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56 2.1 Task-based reinforcement learning

⁵⁷ Consider a Markov decision process (MDP) with state space S and action space A. At time $t \ge 0$, ⁵⁸ the agent takes action $a_t \in A$ in state $s_t \in S$, receives a reward r_t and transitions to a next state ⁵⁹ $x_{t+1} \sim p(\cdot|s_t, a_t)$. Without loss of generality, we assume that the at t = 0 the agent starts at the ⁶⁰ same state. We assume the reward $r_t = r(s_t, a_t, g)$ to be a deterministic function of state-action pair ⁶¹ (s_t, a_t) and the task variable $g \in G$. The task variable $g \sim p_G$ is sampled for every episode. A policy ⁶² $\pi : S \to \mathcal{P}(A)$ specifies a distribution over actions at each state. We further assume that the MDP ⁶³ terminates within a finite horizon of H almost surely under all policies.

⁶⁴ **Parameterized policy.** In general, the policy is parameterized π_{θ} with parameter $\theta \in \mathbb{R}^{D}$,

Value function. Let $\tau := (s_t, a_t, r_t)_{t=0}^{H-1}$ be a trajectory. The policy π_{θ} induces a distribution over trajectories $p_{\theta,g}(\tau) := \prod_{t=0}^{H-1} p(x_{t+1}|s_t, a_t) \pi_{\theta}(a_t|s_t, g)$. We define $R(\tau, g) := \sum_{t=0}^{H-1} \gamma^t r_t$ as the cumulative return along trajectory τ under task g. We also define the value function as the expected returns over trajectories $V_g(\pi_{\theta}) := \mathbb{E}_{\tau \sim p_{\theta}} [R(\tau, g)]$. We also overload the notations $V_g(\theta) := V_g(\pi_{\theta})$.

Note that unlike other work in RL, we define the value function as expected cumulative returns starting from the *initial state*. This definition will greatly simplify notations in later sections.

Policy gradient and stochastic estimates. Policy gradient (PG) [14] is the gradient of the value function with respect to policy parameter $\nabla_{\theta}V_g(\theta) = \mathbb{E}_{\tau \sim p_{\theta}}[R(\tau, g)\nabla_{\theta}\log p_{\theta,g}(\tau)]$. In practice, it is not feasible to compute PG exactly and it is of interest to construct stochastic PG estimates given sampled trajectories. Indeed, $\hat{\nabla}_{\theta}V_g(\theta) = R(\tau, g)\nabla_{\theta}\log p_{\theta,g}(\tau)$ with $\tau \sim p_{\theta}$ is an unbiased PG estimate in that $\mathbb{E}[\hat{\nabla}_{\theta}V_g(\theta)] = \nabla_{\theta}V_g(\theta)$.

76 2.2 Meta reinforcement learning

⁷⁷ Meta-RL aims to maximize the average value function evaluated at the updated policy parameter ⁷⁸ $\theta'_N = \theta + \eta \frac{1}{N} \sum_{i=1}^N R(\tau_i, g) \nabla_\theta \log p_{\theta,g}(\tau_i)$ obtained by ascent with *N*-sample PG estimates. Here, ⁷⁹ $(\tau_i)_{i=1}^N \sim p_\theta$ i.i.d. and η is a fixed stepsize. Formally, consider the following optimization problem,

$$\max_{\theta} \mathbb{E}_g \left[L_N(\theta, g) \right], L_N(\theta, g) \coloneqq \mathbb{E}_{(\tau_i)_{i=1}^N} \left[V_g \left(\theta + \eta \frac{1}{N} \sum_{i=1}^N R(\tau_i, g) \nabla_\theta \log p_{\theta, g}(\tau_i) \right) \right], \quad (1)$$

⁸⁰ The expectations are over the goal distribution $g \sim p_{\mathcal{G}}$ and random trajectories $(\tau_i)_{i=1}^N \sim p_{\theta}$. The

⁸¹ N-sample PG estimate update from θ to θ'_N is called the *inner loop update*. We call L_N the N-

sample meta-RL objective due to its critical dependency on N. Since the task distribution $p_{\mathcal{G}}$ does not

- ⁸³ depend on θ , we mostly focus on discussing of properties of L_N as a function of θ in later sections.
- ⁸⁴ The *N*-sample meta-RL objective was initially proposed in [16, 17] under the name E-MAML and

analyzed in [15] in more theoretical contexts.

The limit case $N \to \infty$. Under mild conditions, the limit exists when $N \to \infty$ and Eqn 1 converges to the following problem

$$\max_{\boldsymbol{\theta}} \mathbb{E}_g \left[L_{\infty}(\boldsymbol{\theta}, g) \right], L_{\infty}(\boldsymbol{\theta}, g) \coloneqq V_g \left(\boldsymbol{\theta} + \eta \nabla_{\boldsymbol{\theta}} V_g(\boldsymbol{\theta}) \right).$$
(2)

In other words, the inner loop update becomes exact PG ascent. This objective was proposed in the
 initial MAML framework [4].

Short notes on prior work. Though prior literature mainly focuses on deriving gradient estimates
 to the MAML objective, we show that there is a fundamental challenge in obtaining unbiased
 estimates (see Sec 5). Instead, we start the discussion in Sec 3 on the N-sample meta-RL objective.

93 2.3 Estimating stochastic gradient of Monte-Carlo objectives

To facilitate discussions in later sections, we provide a brief background on optimizing general Monte-Carlo objectives. Monte-Carlo (MC) objectives are common in RL, generative modeling and various probability inference problems (see, e.g., [20, 21] for related reviews). In its general form, MC objectives are defined as $L(\theta) := \mathbb{E}_{X \sim p_{\theta}} [f(X)]$ where random variables X are drawn from a distribution p_{θ} that depends on learnable parameter θ . For simplicity, we first consider when f

depends explicitly on X only, though it can also depend on θ . To optimize $L(\theta)$, it is of direct interest to construct unbiased estimates to $\nabla_{\theta} L(\theta)$.

101 Score function gradient estimate. The score function (SF) gradient estimate is well defined under 102 the general assumption that f is bounded.

$$\nabla_{\theta}^{\mathrm{SF}}L(\theta) \coloneqq f(X) \nabla_{\theta} \log p_{\theta}(X), X \sim p_{\theta}.$$

By construction, The estimate is unbiased. However, due to the gradient of score function $\nabla_{\theta} \log p_{\theta}(X)$, the estimate often has high variance in practice.

Path-wise gradient estimate. If there exists an elementary distribution $\zeta \sim p_{\zeta}$ (e.g. normal distribution $\mathcal{N}(0,1)$) and parameter-dependent transformation function \mathcal{T}_{θ} such that $\mathcal{T}_{\theta}(\zeta)$ is equal in distribution to $X \sim p_{\theta}$, we call X reparameterizable. When X is reparameterizable and f is differentiable, the path-wise (PW) gradient estimate exists and is unbiased

$$\hat{\nabla}^{\mathbf{PW}}_{\theta} L(\theta) \coloneqq [\nabla_X f(X)]_{X = \mathcal{T}_{\theta}(\zeta)} \nabla_{\theta} \mathcal{T}_{\theta}(\zeta), \zeta \sim p_{\zeta}.$$

Intuitively, PW gradient estimate makes use of the gradient $\nabla_X f(X)$ and enjoys lower variance compared to the SF gradient estimate in many applications [22]. However, the PW gradient estimate is less generally applicable due to assumptions on X and f. For example, those assumptions are not satisfied for important applications such as RL and meta-RL.

3 Meta-RL as *N*-sample additive Monte-Carlo objective

We start our discussion by extending the MC objective to *N*-sample additive MC objective. This general framework encompasses meta-RL as a special case and entails the natural derivative of a new estimate in Sec 4.

117 3.1 *N*-sample additive Monte-Carlo objective

Let $(X_i)_{i=1}^N \sim p_\theta$ be i.i.d. samples from a parameterized distribution p_θ on domain \mathcal{X} . Define $\phi : \mathcal{X} \mapsto \mathbb{R}^h$ as feature mapping function and let $f : \mathbb{R}^h \mapsto \mathbb{R}$ be a scalar function. We define the N-sample additive MC objective as follows,

$$L(\theta) \coloneqq \mathbb{E}_{(X_i)_{i=1}^N} \left[f\left(\frac{\sum_{i=1}^N \phi(X_i)}{N}\right) \right].$$
(3)

The *N*-sample additive MC objective can be recovered as a special case of the MC objective by defining $X := (X_i)_{i=1}^N$. However, we will find it very useful to make clear the dependency on *N* samples when studying the property of $L(\theta)$. In addition, the objective defines interactions between $\phi(X_i)$ in an additive manner, which seems quite restrictive. We will see later that this restrictive definition generalizes the meta-RL objective $L_N(\theta, g)$ as a special case.

¹²⁶ We ground the discussion with a toy example.

Toy *N***-sample additive MC objective.** Consider when p_{θ} is a parameterized Gaussian distribution $\mathcal{N}(\mu, \sigma^2)$ where $\sigma > 0$ is fixed. The feature mapping ϕ and objective f are both identity functions.

129 **3.2** Gradient estimates for *N*-sample additive MC objective

¹³⁰ The SF gradient estimate to the *N*-sample additive MC objective is

$$\hat{\nabla}_{\theta}^{\text{SF}}L(\theta) \coloneqq f\left(\frac{\sum_{i=1}^{N} \phi(X_i)}{N}\right) \sum_{i=1}^{N} \nabla_{\theta} \log p_{\theta}(X_i), (X_i)_{i=1}^{N} \sim p_{\theta}.$$
(4)

Since the SF estimate changes distributions over N variables at the same time, $\sum_{i=1}^{N} \nabla_{\theta} \log p_{\theta}(X_i)$ sums over N terms. This implies high variance, which we calculate exactly for the toy example.

Lemma 3.1. In the toy MC objective example, $\mathbb{V}\left[\hat{\nabla}^{\text{SF}}_{\theta}L(\theta)\right] = O(N).$

The variance depends linearly on N! This makes the estimate very hard to use in applications with large N. Compared to the SF estimate, when the PW estimate $\hat{\nabla}_{\theta}^{\text{PW}}L(\theta)$ is available, it has much lower variance. In the toy example, it is indeed the case since $X = \sigma \cdot \zeta + \mu, \zeta \sim \mathcal{N}(0, 1)$,

137 **Lemma 3.2.** In the toy MC objective example, $\mathbb{V}\left[\hat{\nabla}_{\theta}^{PW}L(\theta)\right] = 0.$

The zero variance is specialized to the toy example. Since PW gradient estimates are not applicable in RL and meta-RL, we will not discuss them further. Nevertheless, they serve as an golden standard for low-variance unbiased gradient estimates.

141 **3.3** Gradient estimates when f, ϕ depends on θ

Next, we the discussion to the case where f, ϕ depends on parameter θ . Define the *generalized* N-sample additive MC objective as follows

$$G(\theta) \coloneqq \mathbb{E}_{(X_i)_{i=1}^N} \left[f\left(\frac{\sum_{i=1}^N \phi(X_i, \theta)}{N}, \theta\right) \right].$$
(5)

144 We start by deriving exact gradient to the objective

Lemma 3.3. Let $\bar{\phi}_N \coloneqq \frac{1}{N} \sum_{i=1}^N \phi(X_i, \theta)$. The generalized *N*-sample additive MC objective has gradient $\nabla_{\theta} G(\theta)$ as follows where $(X_i)_{i=1}^N \sim p_{\theta}$ i.i.d.,

$$\mathbb{E}_{(X_i)_{i=1}^N} \left[\underbrace{\underbrace{f\left(\bar{\phi}_N, \theta\right)\sum_{i=1}^N \nabla_{\theta} \log p_{\theta}(X_i)}_{\text{term (i)}} + \underbrace{\nabla_{\theta} f\left(\theta, \bar{\phi}_N\right) + \left(\frac{1}{N}\sum_{i=1}^N \nabla_{\theta} \phi(\theta, X_i)\right) \nabla_{\bar{\phi}_N} f(\theta, \bar{\phi}_N)}_{\text{term (ii)}} \right]$$

147 **Generalized SF gradient estimate.** With access to samples $(X_i)_{i=1} \sim p_{\theta}$, we define the general-148 ized SF gradient estimate $\hat{\nabla}_{\theta}^{\text{SF}} G(\theta)$ as follows

$$\underbrace{f\left(\bar{\phi}_{N},\theta\right)\sum_{i=1}^{N}\nabla_{\theta}\log p_{\theta}(X_{i})}_{\text{term (i)}} + \underbrace{\nabla_{\theta}f\left(\theta,\bar{\phi}_{N}\right) + \left(\frac{1}{N}\sum_{i=1}^{N}\nabla_{\theta}\phi(X_{i},\theta)\right)\nabla_{\bar{\phi}_{N}}f(\bar{\phi}_{N},\theta)}_{\text{term (ii)}}.$$
(6)

The two terms in the estimate echo the two terms in the exact gradient in Lemma 3.3. Term (i) corresponds to the SF estimate in Eqn 4. Term (ii) is a direct result of how f, ϕ depends on θ . We provide a full derivation in Appendix A. Examining term (i) and term (ii), we argue that the variance of the overall estimate mainly comes from term (i). This is because term (ii) **averages** over N terms (e.g., with $\bar{\phi}_N$) whereas term (i) **sums** over N score function gradients $\nabla_{\theta} \log p_{\theta}(X_i)$.

3.4 Meta-RL as generalized N-sample additive MC objective 154

- With the conversion: $X_i \coloneqq \tau_i, \phi(X_i, \theta) \coloneqq R(\tau_i, g) \nabla_{\theta} \log p_{\theta,g}(\tau_i)$ and $f(\bar{\phi}_N, \theta) = V_g(\theta + \eta \bar{\phi}_N)$, we can cast meta-RL as a special instance of the generalized N-sample additive MC objective. 155
- 156
- We start by computing gradient of the N-sample objective $J_N(\theta, g) \coloneqq \nabla_{\theta} L_N(\theta, g)$ as a direct result 157 of Lemma 3.3. 158

Lemma 3.4. Let $\tau_i \sim p_{\theta}$ i.i.d., $\nabla V_g(\theta'_N)$ denotes $[\nabla_{\theta} V_g(\theta)]_{\theta=\theta'_N}$ and $\theta'_N \coloneqq \theta + \theta$ 159

 $\eta \frac{1}{N} \sum_{i=1}^{N} R(\tau_i, g) \nabla_{\theta} \log p_{\theta, g}(\tau_i)$ is the (random) updated parameter. Then the gradient $J_N(\theta, g) \coloneqq \nabla_{\theta} L_N(\theta, g)$ is 160 161

$$\underbrace{\mathbb{E}_{(\tau_i)_{i=1}^N}\left[V_g(\theta'_N)\sum_{i=1}^N \nabla_\theta \log p_{\theta,g}(\tau_i)\right]}_{=:J_N^{(i)}(\theta,g)} + \underbrace{\mathbb{E}_{(\tau_i)_{i=1}^N}\left[\left(I + \eta \frac{1}{N}\sum_{i=1}^N R(\tau_i,g)\nabla_\theta^2 \log p_{\theta,g}(\tau_i)\right)\nabla V_g(\theta'_N)\right]}_{=:J_N^{(ii)}(\theta,g)}$$
(7)

We reiterate intuitions about the two gradient terms in the context of meta-RL. The parameter θ 162 influences the objective $L_N(\theta, q)$ in two different ways. The first term arises from the fact that the N 163 random trajectories are sampled from p_{θ} , which depends on θ . The second term is a result of how θ 164 impacts $L_N(\theta, q)$ explicitly through the inner loop N-sample PG estimate. 165

Unbiased meta-RL gradient estimate. In the following, we specify an algorithmic procedure to 166 construct unbiased estimates to $J_N(\theta, g)$. This is a direct instantiation of the generalized SF gradient 167 estimate in Eqn 6 in the context of meta-RL. 168

- **Corollary 3.5.** First, sample $(\tau_i)_{i=1}^N \sim p_\theta$ and computed the updated parameter θ'_N . Then, construct unbiased estimates to $\nabla V_g(\theta'_N)$ and $V_g(\theta'_N)$, e.g. with trajectories sampled under $\pi_{\theta'_N}$. Let these 169 170
- estimates be $\nabla \hat{V}_q(\theta'_N)$ and $\hat{V}_q(\theta'_N)$ respectively¹. The final estimate is 171

$$\underbrace{\hat{V}_{g}(\theta_{N}')\sum_{i=1}^{N}\nabla_{\theta}\log p_{\theta,g}(\tau_{i})}_{=:\hat{J}_{N,\text{SF}}^{(i)}(\theta,g)} + \underbrace{\left(I + \eta \frac{1}{N}\sum_{i=1}^{N}R(\tau_{i},g)\nabla_{\theta}^{2}\log p_{\theta,g}(\tau_{i})\right)\nabla\hat{V}_{g}(\theta_{N}')}_{=:\hat{J}_{N,\text{SF}}^{(ii)}(\theta,g)}.$$
(8)

Both terms are unbiased $\mathbb{E}[\hat{J}_{N,\text{SF}}^{(i)}(\theta,g)] = J_N^{(i)}(\theta,g), \mathbb{E}[\hat{J}_{N,\text{SF}}^{(ii)}(\theta,g)] = J_N^{(ii)}(\theta,g)$ with respect to the two terms in Eqn 7. This implies that the overall estimate is also unbiased. 172 173

Variance of the unbiased gradient estimate. As direct implications of the properties of SF gra-174 dient estimate and generalized SF gradient estimate, \hat{J}_N has very high variance. In fact, building 175 on the N-sample additive MC objective toy example, we can construct meta-RL examples where 176 $\mathbb{V}[\hat{J}^{(ii)}] = O(N)$. See Appendix A for more details. Our objective now is to develop new estimates 177 which bypass the high variance of the unbiased estimate. 178

Linearized score function gradient estimate 4 179

We now introduce a major development in this paper: a new gradient estimate for the N-sample 180 additive MC objective. This estimate is in general biased but has significantly lower variance 181 (O(1/N)) compared to the SF estimate (O(N)) when N is large, making it attractive in practice. 182

4.1 Linearized SF gradient estimate for N-sample additive MC objective. 183

When the PW gradient estimate is applicable, it often has lower variance than the SF gradient estimate. 184 Previously, we argue that this is because PW leverages gradient information in the objective f while 185 SF does not. Building on this intuition, we propose a new gradient estimate called *linearized score* 186 function (LSF) gradient estimate as follows, 187

$$\hat{\nabla}_{\theta}^{\text{LSF}}L(\theta) \coloneqq \left[\nabla f\left(\bar{\phi}_{N}\right)\right]^{T} \frac{1}{N} \sum_{i=1}^{N} \phi(X_{i}) \nabla_{\theta} \log p_{\theta}(X_{i}).$$
(9)

¹For now, we just require the estimates to be unbiased. In Section 6, we make these estimates concrete for refined convergence analysis.

Recall that $\bar{\phi}_N := \frac{\sum_{i=1}^N \phi(X_i)}{N}$ and $\nabla f(\bar{\phi}_N)$ denotes $[\nabla_x f(x)]_{x=\bar{\phi}_N}$. The LSF gradient estimate makes use of the gradient of f yet does not require reparameterization of the random variables X. In this sense, it is more general than the PW gradient estimate, yet leverages more information than the SF estimate. Indeed, LSF achieves significant variance reduction than SF.

192 **Lemma 4.1.** In the toy MC objective example, $\mathbb{V}\left[\hat{\nabla}_{\theta}^{\text{LSF}}L(\theta)\right] = O(1/N).$

In the toy example, the PW gradient estimate is the gold standard unbiased estimate with zero variance. Yet, as discussed before, it is not generally applicable. The LSF gradient estimate has variance O(1/N), which decays as N increases. This makes LSF applicable in large N regimes. However, unlike the SF estimate which is by design unbiased, the LSF estimate is in general biased.

197 **Lemma 4.2.** In general, when f is twice continuously differentiable and $\|\nabla_x^2 f(x)\|_2 \leq C$ for all x198 in domains of f with a constant C. Then $\text{Bias}[\hat{\nabla}_{\theta}^{\text{LSF}} L(\theta)] = O(1/\sqrt{N})$.

Derivation of the estimate. The naming *linearized* implies how the estimate was derived in the first place, which we show in Appendix A. In a nutshell, LSF is derived using a local linearization of $f(\bar{\phi}_N)$ used in the SF estimate, based on Taylor expansion. This allows LSF to utilize gradient information $\nabla f(\bar{\phi}_N)$ to reduce variance, yet still remain generally applicable.

4.2 Gradient estimate for Generalized *N*-sample additive MC objective

We extend the LSF gradient estimate to the generalized *N*-sample additive MC objective in Eqn 5. We do so by replacing the term (i) SF estimate by LSF estimate in Eqn 6. This produces the generalized LSF gradient estimate $\hat{\nabla}_{\mu}^{\text{LSF}}G(\theta)$ as follows,

$$\underbrace{\left[\nabla_{\bar{\phi}_{N}} f\left(\bar{\phi}_{N},\theta\right)\right]^{T} \frac{1}{N} \sum_{i=1}^{N} \phi(X_{i},\theta) \nabla_{\theta} \log p_{\theta}(X_{i},\theta)}_{\text{term (i)}} + \underbrace{\nabla_{\theta} f\left(\theta,\bar{\phi}_{N}\right) + \left(\frac{1}{N} \sum_{i=1}^{N} \nabla_{\theta} \phi(X_{i},\theta)\right) \nabla_{\bar{\phi}_{N}} f(\bar{\phi}_{N},\theta)}_{\text{term (ii)}}}_{\text{term (ii)}}$$
(10)

²⁰⁷ Due to the bias in the LSF gradient estimate, the generalized LSF estimate is also biased. However, ²⁰⁸ the key trade-off is that the new term (i) in Eqn 10 **averages** over N samples and achieves significantly

smaller variance than the generalized SF estimate.

210 4.3 Biased gradient estimate to the meta-RL objective.

²¹¹ We next apply the generalized LSF gradient estimate to the *N*-sample meta-RL objective.

Corollary 4.3. Let $u_i := \nabla_{\theta} \log p_{\theta,g}(\tau_i)$. Define $\nabla \hat{V}_g, \hat{V}_g$ in the same way as in Lemma 3.5. Then the LSF gradient estimate $\hat{J}_{N,\text{LSF}}(\theta, g)$ to $L_N(\theta, g)$ is expressed as follows,

$$\underbrace{\left(\frac{1}{N}\sum_{i=1}^{N}R(\tau_{i},g)u_{i}u_{i}^{T}\right)\nabla\hat{V}_{g}(\theta_{N}')}_{=:\hat{J}_{N,\mathrm{LSF}}^{(i)}(\theta,g)} + \underbrace{\left(I+\eta\frac{1}{N}\sum_{i=1}^{N}R(\tau_{i},g)\nabla_{\theta}^{2}\log p_{\theta,g}(\tau_{i})\right)\nabla\hat{V}_{g}(\theta_{N}')}_{=:\hat{J}_{N,\mathrm{LSF}}^{(i)}(\theta,g)}, \quad (11)$$

While the unbiased SF estimate $\hat{J}_{N,\text{SF}}^{(iii)}$ has high variance when N is large, the LSF estimate $\hat{J}_{N,\text{LSF}}^{(i)}$ achieves a good trade-off between bias and variance. We will show how such trade-off impacts the convergence analysis in Section 6.

Connections to exact gradient for meta-RL objective $L_{\infty}(\theta, g)$. It is now worthwhile to contrast the generalized LSF estimate to the gradient of $J_{\infty}(\theta, g) \coloneqq \nabla_{\theta} L_{\infty}(\theta, g)$. **Corollary 4.4.** Let $u_i \coloneqq \nabla_{\theta} \log p_{\theta,g}(\tau_i)$ and $\theta' = \theta + \eta \mathbb{E}_{\tau \sim p_{\theta,g}}[R(\tau,g)\nabla_{\theta} \log p_{\theta,g}(\tau)]$ be the updated parameter with exact PG ascent. In the following, let $(\tau_i)_{i=1}^N \sim p_{\theta,g}$ i.i.d., then $J_{\infty}(\theta,g)$ is

$$\underbrace{\mathbb{E}_{(\tau_i)_{i=1}^N} \left[\frac{1}{N} \sum_{i=1}^N R(\tau_i, g) u_i u_i^T \nabla V_g(\theta') \right]}_{=:J_{\infty}^{(i)}(\theta, g)} + \underbrace{\mathbb{E}_{(\tau_i)_{i=1}^N} \left[\left(I + \eta \frac{1}{N} \sum_{i=1}^N R(\tau_i, g) \nabla_{\theta}^2 \log p_{\theta, g}(\tau_i) \right) \nabla V_g(\theta') \right]}_{=:J_{\infty}^{(ii)}(\theta, g)}$$
(12)

Here, since θ' is the updated parameter resulting from exact PG ascent, it is not easy to construct unbiased estimate to $J_{\infty}(\theta, g)$. This is because even if we can compute θ'_N as *N*-sample unbiased estimate to θ' , in general we still have $\nabla V_g(\theta') \neq \mathbb{E}[\nabla V_g(\theta'_N)]$. However, note that there are similarities between the parametric forms of $\hat{J}_{N,\text{LSF}}(\theta, g)$ and $J_{\infty}(\theta, g)$. We can interpret $\hat{J}_{N,\text{LSF}}(\theta, g)$ as also a biased estimate to $\hat{J}_{N,\text{LSF}}(\theta, g)$, obtained by replacing θ' with θ'_N .

5 Discussion on prior work

N-sample meta-RL objective. As noted earlier, the *N*-sample meta-RL objective was considered in both empirical [16, 17] and theoretical contexts [15]. This objective is of practical interest because of budget on inner loop samples. The limit case $N = \infty$ was considered in the original MAML formulation of meta-RL [4].

Unbiased gradient to the limit case $J_{\infty}(\theta, g)$. In the author's original implementation of the MAML gradient estimate with auto-differentiation libraries [4], a term equivalent to $J_{\infty}^{(i)}(\theta, g)$ was unintentionally dropped, resulting in a biased estimate. This fuels the motivation for a number of follow-up work to derive unbiased gradients [23, 18]. However, they are **biased** in general. This is mainly because practical algorithms can only estimate $\nabla_g V_g(\theta'_N)$ instead of $\nabla_g V_g(\theta')$, as required by $J_{\infty}(\theta, g)$ in Eqn 12. This observation was also hinted at recently in [19].

Prior work in fact constructs the LSF gradient estimate. Since most prior work derive meta-RL gradient estimates based on $J_{\infty}(\theta, g)$ [23, 17–19], and due to the *accidental* replacement of θ' by θ'_N , we conclude that they in fact construct variants of the LSF gradient estimate (see comments following Corollary 4.4). In particular they construct \hat{J} such that $\mathbb{E}[\hat{J}] = \mathbb{E}[\hat{J}_{N,\text{LSF}}(\theta, g)]$ but with potentially lower variance. All of them focus on reducing variance of estimating the multiplier matrix to $\nabla V_g(\theta'_N)$. Variance reduction methods include control variates [18], as well as introducing further bias to the LSF gradient estimate [17, 19].

Unbiased gradient estimate to *N*-sample meta-RL objective. The exact gradient and unbiased gradient estimate to *N*-sample meta-RL objective was derived in [16, 17, 15]. A comprehensive derivation was carried out in [17], where they contrasted $J_{\infty}(\theta, g)$ with $J_N(\theta, g)$. However, they erroneously claimed that $J_{\infty}^{(ii)}(\theta, g) = J_N^{(ii)}(\theta, g)$ and only differs in $J_{\infty}^{(i)}(\theta, g) \neq J_N^{(i)}(\theta, g)$. This is not true. Our derivation shows that $J_{\infty}^{(ii)}(\theta, g) \neq J_N^{(ii)}(\theta, g)$ in general because $\mathbb{E}[\nabla V_g(\theta'_N)] \neq$ $\nabla V_q(\theta')$.

Convergence analysis of gradient-based meta-learning and meta-RL. Recently, [24] established generic convergence guarantees for gradient-based meta-learning algorithms for supervised learning with one inner loop update. Recently, [25] extended the analysis to multi-step inner loop updates.

For meta-RL, [15] established convergence for the *N*-sample meta-RL objective. They motivated the objective in a similar manner as [16, 17] and constructed unbiased estimates exactly as the generalized SF estimate $\hat{J}_{N,SF}(\theta, g)$. However, since the estimate has variance linear in *N*, the final guarantee becomes less applicable in practice. Contrast to this work, we show how the biased generalized LSF estimate achieves performance guarantee with more desirable dependency on *N*.

²⁵⁹ 6 Full Algorithm and Convergence theory with biased gradient estimate

We start by presenting the meta-RL full algorithm with generalized LSF estimate. This algorithm closely resembles how practical algorithms are implemented. The same algorithm with generalized SF estimate was analyzed in [15].

6.1 Full algorithm and key assumptions 263

The full meta-RL algorithm is in Algorithm 1. Two important notes: (1) We instantiate the unbiased 264 265

gradient estimate $\nabla V_g(\theta'_N)$ by *M*-sample PG estimates with trajectories collected under the updated parameter θ'_N ; (2) So far we have focused on presenting gradient estimate for a single task g. In 266

practice, we sample a batch of B tasks $(g_i)_{i=1}^B$ and compute gradient estimate for each $\hat{J}_{N,\text{LSF}}(\theta, g_i)$. 267

The overall gradient $\hat{J}_{N,\text{LSF}}$ is an average across tasks, which is used for the final update at each 268

iteration $\theta \leftarrow \theta + \alpha \hat{J}$ with learning rate $\alpha > 0$. 269

Algorithm 1 N-sample meta-RL algorithm with linearized SF gradient estimate

Require: Inputs: Hyper-parameters: batch sizes (B, N, M). Step size η . Initial parameter θ . for ite = 1, 2... do **Inner loop sampling**. Sample B task variables g_i and N trajectories under $(\tau_{i,j})_{j=1}^N \sim p_{\theta,g_i}$. Inner update. Compute inner loop update $\theta'_{i,N} = \theta + \eta \frac{1}{N} \sum_{j=1}^{N} R(\tau_{i,j}, g_i) \nabla_{\theta} \log p_{\theta,g_i}(\tau_{i,j})$. Outer sampling at adapted parameters. Collect *M* trajectories $(\tau'_{i,k})_{k=1}^{M} \sim p_{\theta'_{i,N},g_i}$ for the outer loop PG estimate $\nabla_{\theta} \hat{V}_{g_i}(\theta'_{i,N}) = \frac{1}{M} \sum_{k=1}^M R(\tau'_{i,k}, g_i) \nabla_{\theta} \log p_{\theta,g_i}(\tau'_{i,k}).$

Gradient estimate and update. Compute $\hat{J}_{N,\text{LSF}}(\theta, g_i)$ based on Eqn 11. Then compute $\hat{J}_{N,\text{LSF}} = \frac{1}{B} \sum_{i=1}^{B} \hat{J}_{N,\text{LSF}}(\theta, g_i)$ as the average estimate. Update outer loop $\theta \leftarrow \theta + \alpha \hat{J}_{N,\text{LSF}}$. end for Output trained meta-RL policy π_{θ} .

We also need a few common assumptions [15] for theoretical analysis. 270

Assumption 6.1. (Smooth parameterization assumptions) For all $s \in S, a \in A, g \in G$, $\|\nabla_{\theta} \log \pi_{\theta}(a|s,g)\|_{2} \leq G_{1}$ and $\|\nabla_{\theta}^{2} \log \pi_{\theta}(a|s,g)\|_{2} \leq G_{2}$. In addition, for all $\theta_{1}, \theta_{2} \in \mathbb{R}^{D}$, 271 272 $\|\nabla_{\theta}^{2} \log \pi_{\theta_{1}}(a|s,g) - \nabla_{\theta}^{2} \log \pi_{\theta_{2}}(a|s,g)\|_{2} \leq \rho \|\theta_{1} - \theta_{2}\|_{2}.$ 273

6.2 Main result 274

The meta-RL objectives takes an average over the parameter-independent distribution $g \sim p_{\rm G}$ and 275 hence its overall gradients are $J_N(\theta) := \mathbb{E}_g[J_N(\theta, g)]$ and for the limit case $J_\infty(\theta) := \mathbb{E}_g[J_\infty(\theta, g)]$. 276 As previously discussed, the generalized LSF estimate is biased in general. We start by characterizing 277 its bias against $J_N(\theta)$. We have the following. 278

Proposition 6.2. For all $\theta \in \mathbb{R}^D$, $\left\|\mathbb{E}\left[\hat{J}_{N,\text{LSF}}(\theta)\right] - J_{\infty}(\theta)\right\|_2 \leq O(1/\sqrt{N})$ and 279 $\|J_{\infty}(\theta) - J_N(\theta)\|_2 \le O(1/\sqrt{N}).$ 280

The above also implies a bound on the bias $\left\|\mathbb{E}\left[\hat{J}_{N,\text{LSF}}(\theta)\right] - J_N(\theta)\right\|_2 = O(1/\sqrt{N})$. This is 281 consistent with the result in Sec 4. We next characterize the variance of the generalized LSF estimate. 282 283

Proposition 6.3. For all
$$\theta \in \mathbb{R}^D$$
, $\mathbb{V}\left[\hat{J}_{N,\mathsf{LSF}}(\theta)\right] \leq O(1/M) + O(1/N) + O(1/B)$.

The three terms on the upper bound above indicate these three sources of randomness that contribute 285 the variance of the generalized LSF estimate $\hat{J}_{N,LSF}(\theta)$: the batch of B tasks, the batch of N inner loop trajectories τ_{ij} per task and the batch of M trajectories τ'_{ik} for estimating outer loop PG. By 286 287 letting $B \to \infty, M \to \infty$, we see that the variance is of order O(1/N). This is consistent with the 288 variance of the LSF estimate for the N-sample additive MC objective in Sec 4. 289

The above implies convergence guarantees for the biased gradients, we will complete the result in 290 camera-ready. We will also make explicit comparison to [15] and show that our guarantees have more 291

superior dependency on N. 292

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A Derivation of the Linearized Score Function Estimate

Since X_i s are i.i.d., we expect the average $\frac{1}{N} \sum_{i=1}^N \phi(X_i)$ to approach $\bar{\phi} \coloneqq \mathbb{E}[\phi(X_i)]$ as $N \to \infty$. Consider the Taylor expansion of $f(\bar{\phi})$ with $\frac{1}{N} \sum_{i=1}^N \phi(X_i)$ as its reference point,

$$f\left(\bar{\phi}\right) = f\left(\frac{1}{N}\sum_{i=1}^{N}\phi(X_i)\right) + \left[\nabla f\left(\frac{1}{N}\sum_{i=1}^{N}\phi(X_i)\right)\right]^T \left[\bar{\phi} - \left(\frac{1}{N}\sum_{i=1}^{N}\phi(X_i)\right)\right] + o\left(\left\|\bar{\phi} - \frac{1}{N}\sum_{i=1}^{N}\phi(X_i)\right\|_2\right)$$

Rearranging terms, we get

$$f\left(\frac{1}{N}\sum_{i=1}^{N}\phi(X_{i})\right) = f\left(\bar{\phi}\right) + \left[\nabla f\left(\frac{1}{N}\sum_{i=1}^{N}\phi(X_{i})\right)\right]^{T}\left[\left(\frac{1}{N}\sum_{i=1}^{N}\phi(X_{i})\right) - \bar{\phi}\right] + o\left(\left\|\bar{\phi} - \frac{1}{N}\sum_{i=1}^{N}\phi(X_{i})\right\|_{2}\right)$$

Now consider each term above. The constant term $f(\bar{\phi})$ is independent of θ and produces zero gradient. If we drop the residual term, we are left with the central term .

Note that the central term contains $\overline{\phi}$, which we do not have access to. If we multiply the above terms with $\sum_i \nabla \log p(X_i)$, and by dropping terms with expectation zero as well as $\overline{\phi}$ (when dropping $\overline{\phi}$ the expected gradient does not change), we arrive at the LSF estimate

$$\left[\nabla f\left(\frac{1}{N}\sum_{i=1}^{N}\phi(X_{i})\right)\right]^{T}\left(\frac{1}{N}\sum_{i=1}^{N}\phi(X_{i})\nabla_{\theta}\log p(X_{i})\right).$$