Stutter Makes Smarter: Learning Self-Improvement for Large Language Models

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Abstract

Large language models (LLMs) excel in generating coherent text but are limited 1 by their large parameters and high memory requirements. Recent studies suggest 2 that dynamically adjusting inference operations can enhance performance without 3 significantly increasing model size. We introduce the stutter mechanism, which 4 enables self-improvement by selectively applying additional layers to challenging 5 tokens, mimicking a human stutter to allocate more computational effort where 6 needed. Our experiments with Pythia models show that the stutter mechanism 7 consistently improves performance across benchmarks. Notably, the Pythia-410M-8 stutter model outperforms the larger Pythia-1B model on WinoGrande and WSC. 9 Additionally, our method is data-efficient, requiring less than 1% of the pretraining 10 data for additional training. These results demonstrate the stutter mechanism's 11 potential to enhance LLMs' efficiency and performance in real-world applications. 12

13 **1 Introduction**

Decoder-only transformers are the standard for large language models, excelling in generating coherent and contextually relevant text. However, efficiency and adaptability to varying input complexities remain areas for improvement. Typically, transformers process all inputs uniformly, ignoring varying difficulty levels. Inspired by recent upscaling studies, we aim to enhance language capabilities without significantly increasing model size.

19 In this paper, we propose the stutter mechanism, a minimally intrusive method to dynamically enhance 20 a transformer's language ability through self-improvement. Similar to a human stuttering at key points in speech, this method selectively applies additional layers to challenging tokens, thereby 21 improving performance without significant resource increase. This approach focuses on how to 22 apply more layers once challenging tokens are identified, and it is compatible with any method that 23 determines which tokens deserve more computational effort. The stutter mechanism requires only 24 minor modifications to the existing transformer architecture, making it a minimally intrusive yet 25 highly effective way to enhance the model's language capabilities through self-improvement. 26

We implemented our method on Pythia-160M, Pythia-410M, and Pythia-1B. Results show that the
 stutter mechanism effectively improves accuracies on various benchmarks. With this mechanism,
 smaller models can outperform larger ones. Our contributions are threefold:

- Innovative Mechanism for Enhanced Language Capability: We introduce the stutter mechanism, a novel and minimally intrusive method that dynamically allocates additional computational resources to more challenging tokens. This mechanism is compatible with existing methods for identifying tokens that require more computational effort, making it a versatile addition to current transformer architectures.
- **Performance Improvements on Various Benchmarks**: We demonstrate that the stutter mechanism consistently enhances the performance of transformer models on various bench-

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marks. Specially, the Pythia-410M model, enhanced by the stutter mechanism, outperforms
 the larger Pythia-1B model on WinoGrande and WSC.

Data and Computational Efficiency: We show that only one billion tokens (less than 1% of the pretraining data) are sufficient to train the stutter mechanism, reducing the computation time and cost significantly.

42 2 Methods



Figure 1: Overview of the proposed model architecture and stutter mechanism. (A) **Model Architecture**. Each purple column represents an inference step. Starting from the bottom, tokens are embedded as h_0^n and propagated through the transformer. When thinking upon the token (e.g., "*cute*"), the same token is fed into the model again for the second pass. During the second pass, the stutter mechanism is applied, using the hidden states of the chosen layer (highlighted). (B) **Stutter block**. In the second pass, each layer includes a stutter block with token-retrospect map applied after the pretrained feed-forward and attention mechanisms, along with a residual connection. (C) **Skipped attention**. During the second pass, the attention mechanism skips the hidden state from the first pass while attending to the previous tokens as usual.

In a prototypical transformer with L layers and a sequence of tokens $X = \{x_1, \ldots, x_N\}$, the input representation of layer l and token n is denoted as h_l^n . The initial input h_0^n corresponds to the embedding of the previous output token. The transformation at layer l is given by $h_{l+1}^n =$ FF(Attn($h_l^{0:n-1}, h_l^n$)), where FF is the feed-forward network and Attn is the attention mechanism¹. By the end of L layers, the output h_{L+1}^n is converted into logits by the language head $y^n =$ Head(h_{L+1}^n).

49 2.1 Stutter mechanism

The stutter mechanism enhances the model's ability to process a specific token n by performing inference twice. In the first pass, the model processes token n and stores the hidden state $h_{l^*}^n$, capturing its semantic information. The hidden state before the last layer $h_{l^*}^n = h_L^n$ is chosen as the semantic information from the first pass.

In the second pass, the stutter mechanism is applied, and each layer includes a stutter block, consisting of the original Attn and FF components, along with a token-retrospect map utilizing $h_{l^*}^n$. The intermediate representation of layer l in the second pass is r_l^n , with $r_0^n = h_0^n$. The input r_l^n of the layer l first goes through the original architecture, producing an output $o_{l+1}^n = \text{FF}(\text{Attn}(h_l^{0:n-1}, r_l^n))$.

The o_{l+1}^n is then integrated with the hidden states from the first pass $h_{l^*}^n$ using the token-retrospect map. For layers l not higher than the chosen layer l^* , the transformation is described by:

 $r_{l+1}^n = \text{token-retrospect}(o_{l+1}^n, h_{l^*}^n) + o_{l+1}^n,$

¹For simplicity, we have omitted the notation for positional embedding, normalization layers, and residual connections, although they are typically present in transformer architectures

where the token-retrospect map is the key component of the stutter mechanism. It is defined as:

$$\text{token-retrospect}(o_{l+1}^n, h_{l^*}^n) = \left(\frac{q_{o_{l+1}^n}^T k_{h_{l^*}^n}}{\sqrt{d_k}}\right) v_{h_{l^*}^n}, \qquad \forall l \le l^*,$$

where $q_{o_{l+1}^n} = W_l^q o_{l+1}^n$, $k_{h_{l^*}^n} = W_l^k h_{l^*}^n$, $v_{h_{l^*}^n} = W_l^v h_{l^*}^n$ and W_l^q , W_l^k and W_l^v are additional attention parameters for training.

To enhance token generation with the help of its own insights, we apply attention to two hidden states linearly without using Softmax in the token-retrospect map. This allows the model to leverage stored

⁶² hidden states for additional context. The stutter mechanism integrates the original model's result with

⁶³ hidden states from the chosen layer, improving contextual understanding and token generation.

64 2.2 Training and Loss

To train the proposed architecture, we start with an existing transformer and freeze all its weights 65 except those in the token-retrospect map. Our primary objective is to demonstrate the effectiveness 66 of the stutter mechanism, so the selection of specific tokens to stutter is beyond the scope of this 67 paper. Therefore, during training, we stutter every token exactly once. Initially, we pass the training 68 sequence X through the inherited transformer to capture $h_{l^*}^{0:N}$. Then, we train the stutter transformer 69 by stuttering at every token, with each layer augmented by attending to the additional input. Only the 70 additional attention parameters in the token-retrospect map are trained, which constitute only 10% of 71 the entire model, requiring less data for training. Performance saturation was achieved with only 1 72 73 billion tokens, which is less than 1% of the pretraining data, showing competitive data efficiency.

74 We use the next token prediction loss as our primary loss term. This loss function is essential 75 for language modeling tasks because it evaluates the model's ability to predict the next token in a 76 sequence given the previous tokens.

77 **3 Experiments**

We used "The Pile" as our training dataset, a large-scale text corpus with about 210 million samples. We trained on 1 billion tokens for each model, using a parallel training setting similar to the Pythia model, combining hidden states, MLP outputs, attention outputs and token-retrospect outputs. We stored the input hidden states of the *L*-th layer for each token and initialized the token-retrospect map with Gaussian initialization. Checkpoints were saved every 5000 steps and evaluated on the LAMBADA dataset. Stuttering was enabled for all tokens during inference, with each token allowed to repeat once.

85 3.1 Evaluation

⁸⁶ We evaluate the performance of different size of Pythia models on various benchmark datasets:

- **Pythia Model**: We used Pythia 160M, 410M, and 1B as base models to show the stutter mechanism's effectiveness across scales.
- Benchmarks: Evaluations were conducted on LAMBADA, PIQA, WinoGrande, WSC,
 ARC-e, ARC-c, SciQ, and LogiQA datasets, testing various aspects of language understanding and reasoning.
- This section provides a comprehensive analysis of the performance improvements, distribution alignment, and layer effectiveness of the stutter mechanism in Pythia models. The analysis is divided into three main points:
- Performance Analysis of Pythia Models: The stutter mechanism generally enhances performance across benchmarks. As shown in Table 1, Pythia-160M-Stutter improves LAMBADA 5-shot accuracy from 0.271 to 0.295 and 0-shot accuracy from 0.353 to 0.383.
 Similar improvements are seen in Pythia-410M and Pythia-1B models. Notably, Pythia-410M-Stutter achieves performance close to Pythia-1B, and even outperforms it in WSC and WinoGrande evaluation.

Benchmark	160M	160M-Stutter	410M	410M-Stutter	1B	1B-Stutter
LAMBADA PIQA WinoGrande WSC ARC-e ARC-c SciQ LogiQA	0.271 / 0.353 0.625 / 0.623 0.513 / 0.513 0.575 / 0.575 0.442 / 0.436 0.180 / 0.194 0.780 / 0.754 0.235 / 0.196	0.295 / 0.383 0.631 / 0.625 0.519 / 0.519 0.615 / 0.615 0.456 / 0.449 0.185 / 0.180 0.789 / 0.776 0.225 / 0.201	0.442 / 0.516 0.680 / 0.667 0.533 / 0.532 0.659 / 0.659 0.545 / 0.518 0.218 / 0.214 0.892 / 0.815 0.230 / 0.216	0.449 / 0.524 0.688 / 0.682 0.538 / 0.538 0.670 / 0.670 0.553 / 0.519 0.219 / 0.219 0.894 / 0.829 0.215 / 0.213	0.485 / 0.562 0.714 / 0.707 0.534 / 0.534 0.666 / 0.667 0.586 / 0.569 0.256 / 0.244 0.917 / 0.839 0.238 / 0.225	0.509 / 0.578 0.716 / 0.700 0.542 / 0.542 0.681 / 0.681 0.596 / 0.572 0.257 / 0.240 0.927 / 0.853 0.216 / 0.224
1 0.8 0.6 0.4 0.2 0	Pythia-1 Pythia-160N	60M 1-Stutter	le WSC AR	C-e ARC-c	SciQ LogiQ	DA
$\begin{array}{c} 10 \\ \text{Accuracy Difference (\%)} \\ 0 \\ -5 \\ \end{array}$ (b)	(a) Layer 10 Layer 11 Layer 12 LAMBADA P Pythia-160M-Str	IQA WinoGrand	le WSC AR	C-e ARC-c s (0-shot) - Baseli	SciQ LogiQ ne Subtracted	DA

Table 1: Performance of Pythia-160M/410M/1B and Pythia-160M/410M/1B-Stutter on Various Benchmarks. Metrics are presented as 5-shot accuracy / 0-shot accuracy.

Figure 2: (a) KL Divergence (b) Ablation study of different chosen layers

- KL divergence Analysis: We evaluated the KL divergence of Pythia-160M and Pythia-102
 160M-Stutter with Pythia-1B as the target distribution. The stutter mechanism effectively aligns the output distribution of the smaller Pythia-160M model closer to that of the larger Pythia-1B model, as shown in Figure 2a.
- Effectiveness of h_{l^*} : We experimented with employing the stutter mechanism at different layers of the Pythia-160M model. Figure 2b shows that attending to layer 10 and layer 11 yields similar performance, while layer 12 generally results in lower improvements. This suggests that the last layer filters out some semantic information, making it less effective for the stutter mechanism.

110 4 Conclusion and Future Work

We propose the stutter mechanism to enhance LLM performance by facilitating an extended thinking process. This approach optimizes computational efficiency and improves performance across benchmark datasets. Future research could focus on optimizing the repeating mechanism, refining heuristics for the stutter mechanism, and interpreting the reasoning mechanism of LLMs to build trust and transparency in AI systems.

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171 A Appendix / supplemental material

172 A.1 Related work

In this section, an overview of key concepts and techniques relevant to the development of transformer models is provided. We discuss the architecture and scaling trends of decoder-only transformers, methods for upscaling and pruning, and approaches to improve computational efficiency. Additionally, we explore the loss functions used in training and the confidence levels of transformers in token prediction.

178 A.1.1 Decoder-only transformers

The Generative Pre-trained Transformer (GPT) series by OpenAI showcases the power of decoderonly transformer architectures [13, 2]. GPT-2, released in 2019 with 1.5 billion parameters, demonstrated impressive text generation capabilities. GPT-3, introduced in 2020, expanded to 175 billion parameters, significantly enhancing performance and enabling more complex and accurate text generation. This progression highlights the trend that increasing model parameters leads to substantial performance improvements [6].

As the number of parameters increases, the depth of the model also tends to increase. For example, GPT-2 has 48 layers, while GPT-3 scales up to 96 layers. This trend is also observed in various large language models where more layers are added to accommodate the growing number of parameters, thereby enhancing the model's capacity to learn complex patterns and dependencies in the data [15]. This scaling law is further supported by studies showing that larger models continue to improve performance with increased size [7].

191 A.1.2 Upscaling

While increasing the number of parameters and layers can enhance model performance, it also 192 introduces significant computational challenges. To address these challenges, upscaling methods 193 are employed to increase the parameter count and the depth of a transformer. These methods can 194 be broadly categorized into training-free attempts and upscale-and-train attempts. Training-free 195 upscaling involves techniques such as parameter sharing and repeating layers without additional 196 training. Recently, merged LLMs have shown success in improving performance without re-training. 197 An evolutionary algorithm is proposed in [1] to search for a better merge combination which is costly 198 and limits the number of repetitions. 199

On the other hand, upscale-and-train methods involve increasing the model size and then training it on large datasets to achieve better performance. For instance, the SOLAR 10.7B model demonstrates effective depth upscaling techniques that significantly enhance model performance [8]. Additionally, the authors in [3] discuss how scaling pathways can be used to efficiently upscale models.

204 A.1.3 Layers skipping and pruning

Despite the benefits of upscaling, the increased model size can lead to inefficiencies during inference. 205 To decrease the runtime computational requirements of a transformer, various methods such as layer 206 skipping and pruning are employed. Layer skipping involves dynamically skipping certain layers 207 during inference based on the input data, thereby reducing the computational load. Pruning, on the 208 other hand, involves removing less important weights or neurons from the model, which can signifi-209 cantly reduce the model size and inference time while conceding some performance. The authors in 210 [4] explore these techniques in detail, showing how selective layer usage can maintain performance 211 while reducing computational costs. Another approach proposed in [12, 10] demonstrates that layer 212 sparsity can be contextualized, suggesting that not all layers are necessary for processing simpler 213

214 input tokens. In addition, observations from [5] show that early-exiting in critical layers (around layer

215 28 in GPT2-XL) improves the model performance.

216 A.1.4 How confident is a transformer on a given token

Understanding the training and inference processes is essential [11], but it is equally important to 217 evaluate the model's confidence in its predictions. The confidence of a transformer on a given token 218 can be measured by the probability distribution it outputs for the next token prediction. Studies 219 have shown that transformers can generate high-confidence predictions for certain tokens, which can 220 be used to gauge the model's certainty in its predictions. While there are extensive studies on the 221 overall performance of transformers in generating sequences, there is ongoing research to understand 222 the confidence levels at the token level. For example, authors in [14, 9] discuss the confidence and 223 interpretability of transformer layers in generating specific tokens. Additionally, the study delves into 224 how models process and generate tokens with varying levels of confidence [5]. 225